Asian American adolescents and college students are less likely to seek treatment despite greater severity of psychological symptoms.

RESULTS

METHODS

• Databases: PsycInfo
• Key search terms: Asian, help seeking, mental health services
• Databases: PsycInfo

AIMS

1. Explore Asian American adolescents’ and college students’ mental health help-seeking behaviors
2. Uncover specific barriers to utilization of mental health services in the Asian American adolescent and college student populations
3. Identify gaps in existing literature

REFERENCES


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