MINISTRY OF HEALTH OF UKRAINE
The Higher State Educational Department of Ukraine
«Ukrainian Medical Stomatological Academy»
The Chair of Ukrainian Studies and Humanities

E.N. Shevchenko, V.I. Vladymyrova, V.G. Yufymento

BASICS OF PSYCHOLOGY.
BASICS OF PEDAGOGICS

METHODOICAL INSTRUCTIONS
FOR INDEPENDENT WORK OF STUDENTS

POLTAVA
Methodical instructions were worked out by:

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V. I. Vladymyrova - Senior Assistant;
V. G. Yufymenko – Assistant.

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of Poltava National Pedagogical University named after V.G. Korolenko.

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medical stomatological academy» (protocol № 7 from 23.04.2015)

Shevchenko E.N., Vladymyrova V.I., Yufymenko V.G.

Methodical instructions for independent work of students of medical and
stomatological departments / Shevchenko E.N., Vladymyrova V.I., Yufymenko

Methodical instructions for independent work of students on basics of
psychology and essentials of pedagogics were prepared according to the acting
academic curriculum (2014).
<table>
<thead>
<tr>
<th>№</th>
<th>TOPIC</th>
<th>HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>History of psychology development. Psychology and its connection with other sciences.</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>Psyche and consciousness development.</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>Basic directions in psychology. The theory about reflex nature, behaviorism, structural psychology, psychoanalytic direction.</td>
<td>2</td>
</tr>
<tr>
<td>4</td>
<td>Psychological theories of the personality in foreign (V. James, S. Freud, K. Yurg, A. Adler, Je. Fromm, etc.) and domestic (the cultural and historical theory of the identity of L. S. Vygotsky, the theory of the identity of S. Rubenstein, the theory of activity of the identity of M. Leontyev, the theory of the identity of B. Ananyev, the concept of the identity of G. Kostiuk, S. Maksimenk's concept) psychological science.</td>
<td>2</td>
</tr>
<tr>
<td>5</td>
<td>Physiological mechanisms of informative and emotional-volitional processes, temperament, character.</td>
<td>2</td>
</tr>
<tr>
<td>6</td>
<td>Psychological theories of memory (associative, activity, physiological and biochemical), thinking (I. Sechenov, L. Vygotsky, S. Rubenstein, P. Galperin, G. Kostiuk's theory) and emotional (Ch. Darwin, James-Lang's theories, Kennona-Barda, etc.).</td>
<td>2</td>
</tr>
<tr>
<td>7</td>
<td>Concept of groups.</td>
<td>2</td>
</tr>
<tr>
<td>8</td>
<td>History of pedagogics development. Modern pedagogics concepts in Ukraine.</td>
<td>2</td>
</tr>
<tr>
<td>9</td>
<td>The notion of personality in psychology. Personality development and education.</td>
<td>2</td>
</tr>
<tr>
<td>10</td>
<td>Features of pedagogical activity in the course of education and training of different age groups.</td>
<td>1</td>
</tr>
<tr>
<td>11</td>
<td>Structure of education. Pedagogics of the higher school as branch of modern education.</td>
<td>1</td>
</tr>
<tr>
<td>12</td>
<td>National higher school and Bologna Process.</td>
<td>2</td>
</tr>
<tr>
<td>13</td>
<td>Education in the different countries of the world.</td>
<td>2</td>
</tr>
<tr>
<td>14</td>
<td>Educational process and its characteristic (intellectual, moral, labor, physical, family training).</td>
<td>1</td>
</tr>
<tr>
<td>15</td>
<td>The standard of speech as a psychology and pedagogical problem (lexicon, ways of mastering the standard of speech, self-expression of the personality in speeches, education of the standard of speech of the doctor).</td>
<td>1</td>
</tr>
</tbody>
</table>
MAKING UP THE DICTIONARY OF PSYCHOLOGICAL TERMS

**Maintenance of a task**
Make the Thematic Dictionary of Psychological Terms and Concepts task which has to contain definition of basic concepts to seminar lessons in a subject, interpretation of the special terms and concepts which are found in texts of articles, textbook.

**Methodical recommendations**
It is expedient to include all psychological terms and concepts which contents it is unknown or not quite clear for the student in the dictionary. Interpretation of concepts can be found in special psychological dictionaries, encyclopedic dictionaries and reference books of the general direction, explanatory dictionaries of Ukrainian, explanatory dictionaries of foreign words. Except interpretation of concept, it is necessary to specify a source and the author on whom moves definitions.

<table>
<thead>
<tr>
<th>Control subject</th>
<th>Criteria of an assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Verification of the dictionary on seminar</td>
<td>Independence of performance of a task; compliance of number of the written-out words, terms, concepts real their quantities in respect of seminar occupation, texts of articles; accuracy of interpretation of special words, terms, concepts; correctness of registration of links to interpretation sources (dictionaries, reference books, textbooks, etc.)</td>
</tr>
<tr>
<td>Control definitions on a subject during seminar occupation</td>
<td>Correctness and completeness of answers</td>
</tr>
<tr>
<td>Control definitions at modular examination</td>
<td><strong>Correctness and completeness of the answer</strong></td>
</tr>
</tbody>
</table>

MAKING AN ABSTRACT OF ARTICLE

**Maintenance of a task**
To make abstracts of articles of the leading domestic and foreign authors on problems of the general psychology on separate subjects.

**Methodical recommendations**
- To read questions to which it is necessary to pay attention at making an abstract of concrete articles. The list of questions moves in methodical recommendations to independent work on each subject.
- On dictionaries, textbooks, grants and reference books find interpretation of unfamiliar terms and concepts.
- To enter answers to questions in the abstract of article.

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</thead>
<tbody>
<tr>
<td>Control of the abstract of articles on seminar occupation</td>
<td>Existence of the abstract of article, independence of performance of a task, lighting in the abstract of basic provisions of article, a statement of the main contents, correctness of answers to questions to contents of the article.</td>
</tr>
<tr>
<td>Examination of the contents of articles during modular examination</td>
<td>Correctness and completeness of the answer to questions according to contents of articles</td>
</tr>
</tbody>
</table>
INDEPENDENT STUDY OF THE THEORETICAL QUESTIONS

Maintenance of a Task
Independently to find and acquire answers to theoretical questions.

Methodical recommendations
Independent work on theoretical questions provides methodical recommendations:
a) Search of the answer to a question in the specified information sources.
b) Interpretation of special terms and concepts which occur in the text, according to the dictionary.
c) Scheduling the developed plan of the answer.
d) Extract of the main theses of the answer.
e) Scheduling the structural and logical scheme of the answer.
f) Self-checking implementation: the answer to a question without support on information sources.

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<td>Examination of the contents of articles during modular examination</td>
<td>Correctness, completeness and argumentativeness of the answer.</td>
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</table>

PREPARATION TO SEMINAR OCCUPATION

It is expedient to carry out preparation to seminar occupation in such sequence:

1. To read the plan of seminar occupation.
2. To give lecture on an occupation subject. To learn contents of the main psychological terms and concepts on a subject.
3. To develop the questions submitted for seminar occupation according to textbooks and reference books.
4. To perform tasks for independent work on a subject.
5. To perform practical tasks to seminar occupation.
6. To answer questions for self-checking.
<table>
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<tr>
<th>Subject</th>
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<tbody>
<tr>
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</tr>
<tr>
<td>Substantial module № 1</td>
<td>Basics of psychology.</td>
</tr>
<tr>
<td>Subject of independent work 1</td>
<td>History of psychology development.</td>
</tr>
<tr>
<td></td>
<td>Psychology and its connection with other sciences.</td>
</tr>
<tr>
<td>Course</td>
<td>I</td>
</tr>
<tr>
<td>Faculty</td>
<td>Stomatological. Medical.</td>
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</table>

1. **Relevance of a subject:** the knowledge of this subject will help students to understand history of development of psychological science, importance of psychological preparation in practical activities of future doctor.

2. **Specific aims:** to find out essence of psychological science, its subject, tasks; emergence and development; communication of psychology with other sciences; the main tendencies of development of the psychological phenomena and knowledge in the modern world.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

4. **Basic knowledge, abilities, skills necessary for studying of a subject:**

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<tr>
<th>Names of the previous disciplines</th>
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<tbody>
<tr>
<td>Biology</td>
<td>To classify methods of psychology and to know specifics of their application</td>
</tr>
</tbody>
</table>

5. **Tasks for independent work.**

*Task N. 1. Development of theoretical questions.*

*Questions for independent work:*

1. Value of psychology of training and education of children.
2. Structure and problems of practical psychology.
4. History of development of psychology in Ukraine in the XIX-XX centuries.
The recommended literature:
<table>
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<tr>
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<td>Subject of independent work 2</td>
<td>Psyche and consciousness development.</td>
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1. **Relevance of a subject:** the knowledge of this subject will help students to development of mentality and importance of psychological preparation in work of future doctor will help students to understand knowledge of this subject.

2. **Specific aims:** to find out essence of psychological science, its subject, tasks; emergence and development; communication of psychology with other sciences; the main tendencies of development of the psychological phenomena and knowledge in the modern world.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

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5. **Tasks for independent work.**

*Task 1. Making an abstract of article*


*Methodical recommendations*

In article A.N. Zhdan "Psychology history. Here antiquity up to now "needs to pay attention to the following questions:

Who from researchers offered the concept "cognitive map".

Open an essence of it name.

Explain difference between classical and subjective behaviorism.

Open essence of the theory of operant behaviorism.

What directions of domestic psychology took an important place in development of "behavioral" psychology?

Specify who from psychologists developed the doctrine about development of the highest mental
Explain why L.S. Vygotsky's concept call "cultural and historical"?
Specify, what basic provisions of the doctrine offered by A.N. Leontyev?
Specify, foreign psychology, what of the directions, determined by an object of research the healthy creative person?

The recommended literature:
1. **Relevance of a subject:** the knowledge of this subject will help students to understand the main basics of psychological science, importance of psychological preparation in practical activities of future doctor.

2. **Specific aims:** to find out essence of psychological science, its subject, tasks; emergence and development; communication of psychology with other sciences; the main tendencies of development of the psychological phenomena and knowledge in the modern world.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

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</table>

5. **Tasks for independent work.**

*Task N. 1. Development of theoretical questions.*

*Questions for independent work:*

1. Psyche origin and development.
2. Development of psychic activity mechanism.
3. Psyche development at the different stages of animal world evolution.

*The recommended literature:*

2. Endler N. S. Persons, situations, and their interactions. In A. I. Rabin, J. Aronoff, 
A. M. Barclay, R. A. Zucker (Eds.). Further explorations in personality. – New York : Wiley, 
1981.
4. Lamie J. T. The psychology of personality : An epistemological inquiry // J. T. Lamie. – New 
<table>
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<th>Subject</th>
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<tbody>
<tr>
<td>Module № 1</td>
<td>Basics of psychology.</td>
</tr>
<tr>
<td>Substantial module № 1</td>
<td>Basics of psychology.</td>
</tr>
<tr>
<td>Subject of independent work 4</td>
<td>Psychological theories of the personality in foreign (V. James, S. Freud, K. Yurg, A. Adler, Je. Fromm, etc.) and domestic (the cultural and historical theory of the identity of L.S. Vygotsky, the theory of the identity of S. Rubenstein, the theory of activity of the identity of M. Leontyev, the theory of the identity of B. Ananyev, the concept of the identity of G. Kostiuk, S. Maksimenk's concept) psychological science.</td>
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<td>I</td>
</tr>
<tr>
<td>Faculty</td>
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</tbody>
</table>

1. **Relevance of a subject:** the knowledge of this subject will help students to understand psychological theories of the personality in domestic and foreign psychology

2. **Specific aims:** to consider psychological theories of the personality in foreign and domestic psychology.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

4. **Basic knowledge, abilities, skills necessary for studying of a subject:**

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5. **Tasks for independent work.**

*Task N. 1. Development of theoretical questions.*
Questions for independent work:

1. The notion of personality in psychology.
2. Personality and its structure.
4. Personality development and education.
5. Personality theories.

The recommended literature:

Subject | Basics of psychology. Basics of pedagogics.
--- | ---
Module № 1 | Basics of psychology.
Substantial module № 1 | Basics of psychology.
Subject of independent work 5 | Physiological mechanisms of informative and emotional-volitional processes, temperament, character.
Course | I
Faculty | Stomatological. Medical.

1. **Relevance of a subject**: the knowledge of this subject will help students to understand physiological mechanisms of informative and emotional-volitional processes, temperament, character.

2. **Specific aims**: to consider psychological theories of physiological mechanisms of informative and emotional-volitional processes, temperament, character.

3. **Purposes of development of the identity of future expert**: awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

4. **Basic knowledge, abilities, skills necessary for studying of a subject**:

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</tr>
</thead>
<tbody>
<tr>
<td>Biology</td>
<td>To classify physiological mechanisms of informative and emotional-volitional processes, temperament, character.</td>
</tr>
</tbody>
</table>

5. **Tasks for independent work.**

*Task N. 1. Development of theoretical questions.*

*Questions for independent work:*

1. Concept of emotions and senses.
2. Physiological basis of emotions and senses.
3. Emotions and senses expression.
4. Forms of emotions and senses experiences.

*The recommended literature:*


Subject | Basics of psychology. Basics of pedagogics.
---|---
Module № 1 | Basics of psychology.
Substantial module № 1 | Basics of psychology.
Subject of independent work 6 | Psychological theories of memory (associative, activity, physiological and biochemical), thinking (I. Sechenov, L. Vygotsky, S. Rubenstein, P. Galperin, G. Kostiuk's theory) and emotional (Ch. Darwin, James-Lang's theories, Kennona-Barda, etc.).

Course | I
Faculty | Stomatological. Medical.

1. **Relevance of a subject:** the knowledge of this subject will help students to understand psychological theories of memory, thinking and emotional.

2. **Specific aims:** to consider psychological theories of physiological mechanisms of memory, thinking and emotional.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

4. **Basic knowledge, abilities, skills necessary for studying of a subject:**

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<th>Received skills</th>
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<tbody>
<tr>
<td>Biology</td>
<td>To understand psychological theories of memory, thinking and emotional.</td>
</tr>
</tbody>
</table>

5. **Tasks for independent work.**

*Task N. 1. Development of theoretical questions.*

*Questions for independent work:*

1. Memory concept.
2. Memory theories.
3. Memory types.
5. Forms of thinking.
6. Concept of emotions and senses.
7. Physiological basis of emotions and senses.
The recommended literature:
1. **Relevance of a subject:** the knowledge of this subject will help students to understand concept of groups.

2. **Specific aims:** to consider psychological theories of concept of groups.

3. ** Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

4. **Basic knowledge, abilities, skills necessary for studying of a subject:**

<table>
<thead>
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<th>Names of the previous disciplines</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Biology</td>
<td>To diagnose changes in processes of attention, feelings and perception</td>
</tr>
</tbody>
</table>

5. **Tasks for independent work.**

   **Task N. 1. Development of theoretical questions.**

   **Questions for independent work:**
   1. Concept of groups.
   2. Interpersonal relations in group.
   3. Psychological compatibility and conflict in interpersonal relations.

   **The recommended literature:**
<table>
<thead>
<tr>
<th>Subject</th>
<th>Basics of psychology. Basics of pedagogics.</th>
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</thead>
<tbody>
<tr>
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<td>Basics of psychology.</td>
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<tr>
<td>Substantial module № 2</td>
<td>Basics of pedagogics.</td>
</tr>
<tr>
<td>Subject of independent work № 8</td>
<td>History of pedagogics development. Modern pedagogics concepts in Ukraine.</td>
</tr>
<tr>
<td>Course</td>
<td>I</td>
</tr>
<tr>
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</table>

1. **Relevance of a subject:** the knowledge of this subject will help students to understand history of pedagogics development. Modern pedagogics concepts in Ukraine.

2. **Specific aims:** to consider psychological theories with the history of pedagogics development.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

4. **Basic knowledge, abilities, skills necessary for studying of a subject:**

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<tbody>
<tr>
<td>Biology</td>
<td>to distinguish types of memory</td>
</tr>
</tbody>
</table>

5. **Tasks for independent work.**

   **Task N. 1. Development of theoretical questions.**

   **Questions for independent work:**
   1. Concept of attention.
   2. Physiological basis of attention.
   3. Types and forms of pupils attention.
   4. Attention characteristics.

   **The recommended literature:**
<table>
<thead>
<tr>
<th>Subject</th>
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<td>Substantial module № 2</td>
<td>Basics of pedagogics.</td>
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<tr>
<td>Subject of independent work № 9</td>
<td>The notion of personality in psychology.</td>
</tr>
<tr>
<td></td>
<td>Personality development and education.</td>
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<td>I</td>
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<tr>
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1. **Relevance of a subject:** the knowledge of this subject will help students to understand the notion of personality in psychology. Personality development and education.

2. **Specific aims:** to consider psychological theories with the personality development and education.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

4. **Basic knowledge, abilities, skills necessary for studying of a subject:**

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<tbody>
<tr>
<td>Biology</td>
<td>To describe personality development</td>
</tr>
</tbody>
</table>

5. **Tasks for independent work.**

   **Task N. 1. Development of theoretical questions.**

   **Questions for independent work:**
   1. The notion of personality in psychology.
   2. Personality and its structure.
   4. Personality development and education.

   **The recommended literature:**
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<td>Substantial module № 2</td>
<td>Basics of pedagogics.</td>
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<tr>
<td>Subject of independent work 10</td>
<td>Features of pedagogical activity in the course of education and training of different age groups.</td>
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1. **Relevance of a subject:** the knowledge of this subject will help students to understand features of pedagogical activity in the course of education and training of different age groups.

2. **Specific aims:** to consider psychological theories with the training of different age groups.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

4. **Basic knowledge, abilities, skills necessary for studying of a subject:**

<table>
<thead>
<tr>
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<tr>
<td>Biology</td>
<td>To define methods of scientific and pedagogical researches. To distinguish types of memory.</td>
</tr>
</tbody>
</table>

5. **Tasks for independent work.**

*Task N. 1. Development of theoretical questions.*

*Questions for independent work:*

1. System of pedagogical science.
2. Methods of pedagogical research.

*The recommended literature:*


1. **Relevance of a subject:** the knowledge of this subject will help students to understand structure of education. Pedagogics of the higher school as branch of modern education.

2. **Specific aims:** to consider psychological theories with the education.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

4. **Basic knowledge, abilities, skills necessary for studying of a subject:**

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5. **Tasks for independent work.**

*Task N. 1. Development of theoretical questions.*

*Questions for independent work:*

2. Activity as the development factor.
3. Age and specific features of development.

*The recommended literature:*


1. **Relevance of a subject:** the knowledge of this subject will help students to understand the system of organized national higher school and Bologna Process.

2. **Specific aims:** to consider psychological theories with the education.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

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5. **Tasks for independent work.**

**Task N. 1. Development of theoretical questions.**

**Questions for independent work:**

1. Concept and structure of education.
2. Essence and laws of educational process at the higher school.
3. Value of education in development of society and individual.
4. Bologna process and the national higher school.

**The recommended literature:**

<table>
<thead>
<tr>
<th>Subject</th>
<th>Basics of psychology. Basics of pedagogics.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Module № 1</td>
<td>Basics of psychology.</td>
</tr>
<tr>
<td>Substantial module № 2</td>
<td>Basics of pedagogics.</td>
</tr>
<tr>
<td>Subject of independent work 13</td>
<td>Education in the different countries of the world.</td>
</tr>
<tr>
<td>Course</td>
<td>I</td>
</tr>
<tr>
<td>Faculty</td>
<td>Stomatological. Medical.</td>
</tr>
</tbody>
</table>

1. **Relevance of a subject:** the knowledge of this subject will help students to understand the system of education in the different countries of the world.

2. **Specific aims:** to consider psychological theories with the education.

3. **Purposes of development of the identity of future expert:** awareness of the importance of psychology and pedagogical impact of the doctor by students on patients.

4. **Basic knowledge, abilities, skills necessary for studying of a subject:**

<table>
<thead>
<tr>
<th>Names of the previous disciplines</th>
<th>Received skills</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biology</td>
<td>To define methods of scientific and pedagogical researches. To distinguish types of memory.</td>
</tr>
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</table>

5. **Tasks for independent work.**

*Task N. 1.*

Make a presentation in Power Point about the education in the different countries of the world.

*The recommended literature:*

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<tr>
<td>Subject of independent work 14</td>
<td>Educational process and its characteristic (intellectual, moral, labor, physical, family training).</td>
</tr>
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1. **Relevance of a subject:** the knowledge of this subject will help students to understand the educational process and its characteristic (intellectual, moral, labor, physical, family training).

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5. **Tasks for independent work.**

*Task N. 1. Development of theoretical questions.*

*Questions for independent work:*

1. Features and laws of upbringing process.
2. The purposes and problems of upbringing.
3. Upbringing components.
4. The structure of the upbringing process.
5. The aim of education.

*The recommended literature:*

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</tr>
<tr>
<td>Subject of independent work 15</td>
<td>The standard of speech as a psychology and pedagogical problem (lexicon, ways of mastering the standard of speech, self-expression of the personality in speeches, education of the standard of speech of the doctor).</td>
</tr>
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1. **Relevance of a subject:** the knowledge of this subject will help students to understand the standard of speech as a psychology and pedagogical problem (lexicon, ways of mastering the standard of speech, self-expression of the personality in speeches, education of the standard of speech of the doctor).

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5. **Tasks for independent work.**

   *Task N. 1. Development of theoretical questions.*

   **Questions for independent work:**

   1. Specificity and characteristics of upbringing principles.
   2. Forms of organization and methods of upbringing.
   3. Choice and classification of upbringing methods.
   4. Upbringing approaches as pedagogical categories.
The recommended literature: