# Holiday Dialysis "the patient point of view"

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## Holiday dialysis

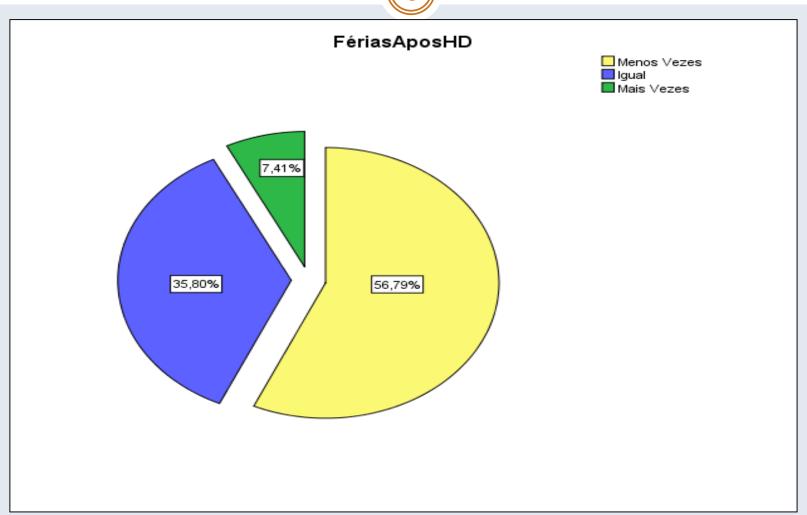


#### Starting point:

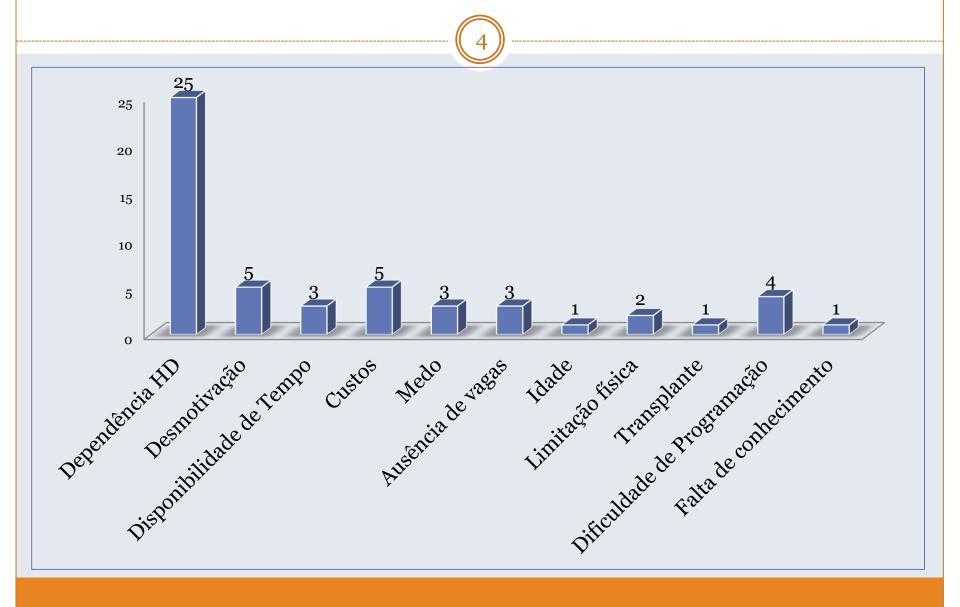
- What we (dialysis providers / travel agencies / patients associations / others) know about holiday dialysis?
- What we know about holiday preferences in this group of patients?
- What patients knows about holiday dialysis?

#### Holiday dialysis - outcomes After started HD





#### Holiday dialysis - outcomes Barriers to travel



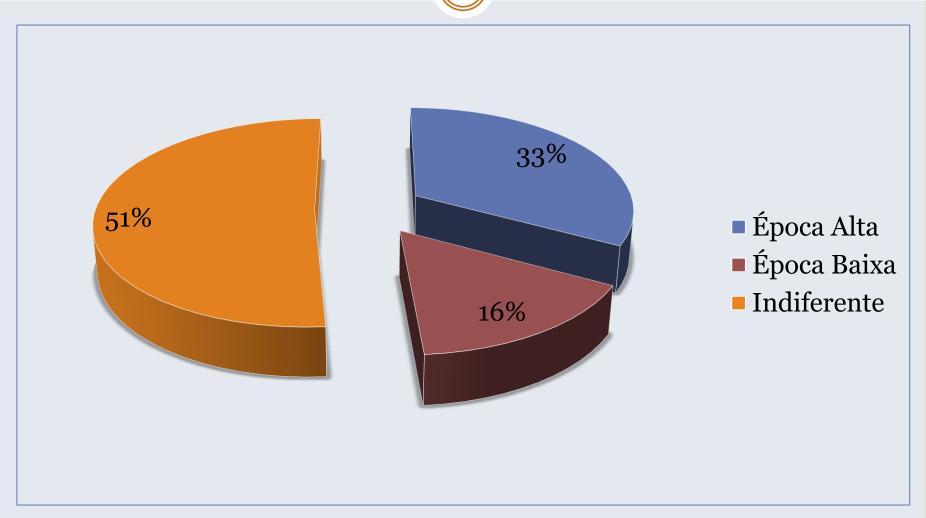
#### Holiday dialysis - outcomes Motivations to travel



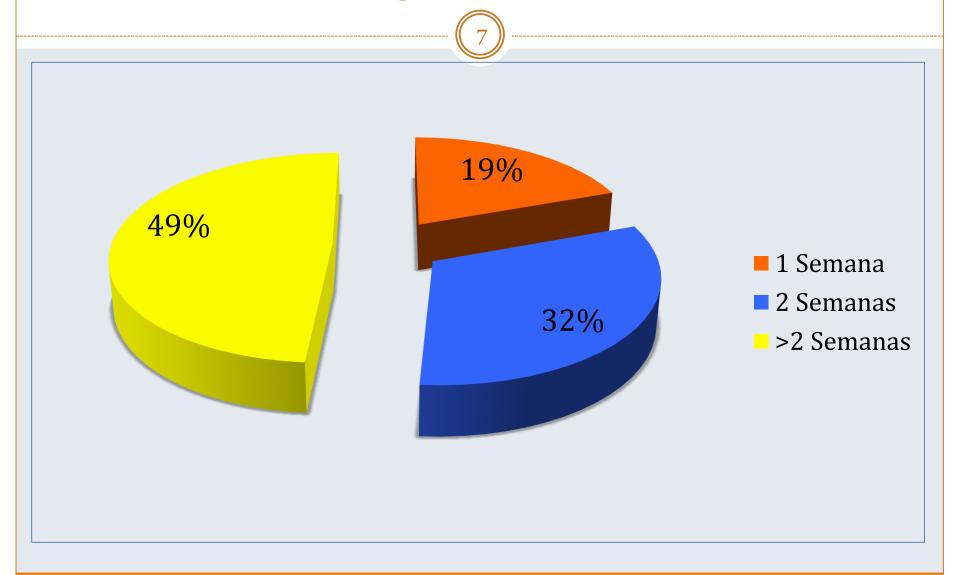


#### Holiday dialysis - outcomes Season preference



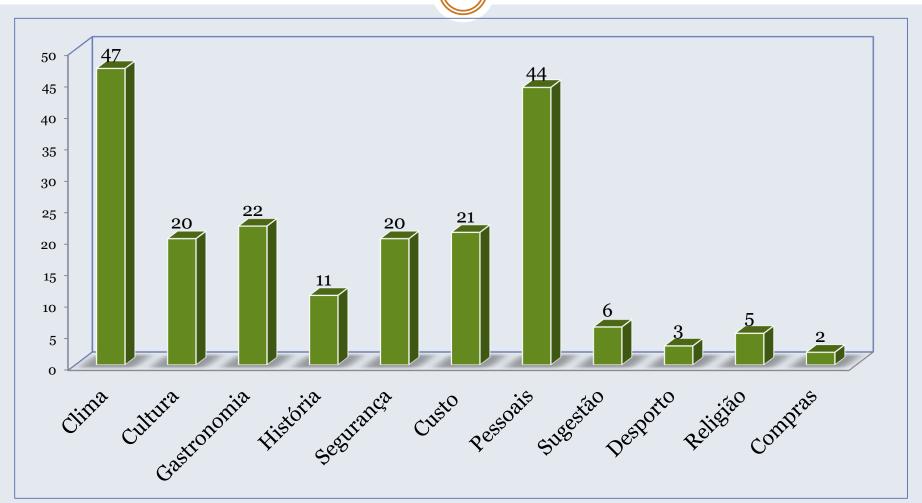


#### Holiday dialysis - outcomes Average travel duration

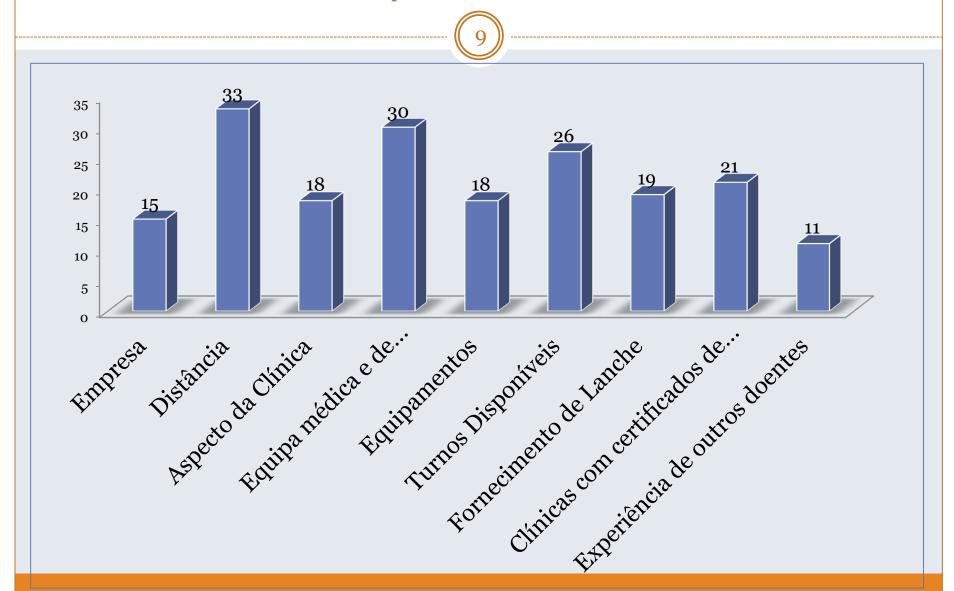


#### Holiday dialysis - outcomes Portugal as a destination

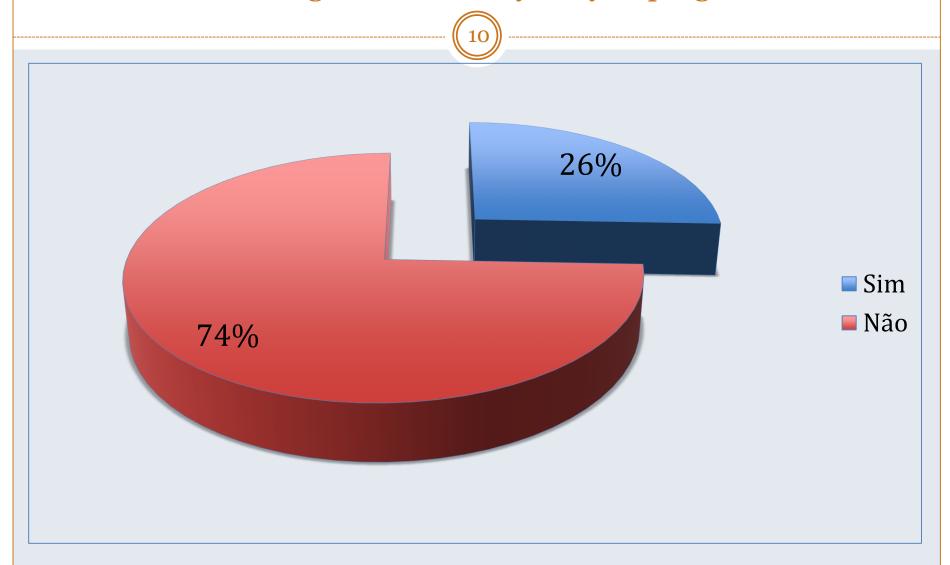




#### Holiday dialysis – outcomes Why clinic matters?



#### Holiday dialysis – outcomes Knowledge about holiday dialysis program



# Holiday dialysis - Conclusions



- When the patients begin hemodialysis then decreases their trip activity
- Dependence, depression, cost and difficulty to program holidays are the principal barriers
- Rest, tourism and visiting family and friends are among the principal motivations
- Patients haven't season preference
- Portuguese to portugal because of weather, gastronomy, cost, culture, safety, personal issues
- Distance, clinical team and shift available are the main reason to choose one clinic in spite of other
- Patients have little information about holiday dialysis

# Holiday dialysis "An end to a new begining"



- Apply the questionnaire in other countries
- Apply the questionnaire to clinical team
- Improve the questionnaire involving the stakeholders

# Thank you Merci Gracias Tack Danke Teşekkür ederim Dank u Dziękuję Obrigado Grazie Köszönöm σας ευχαριστώ

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