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22 **Abstract**

23

24 Malaria is a widespread vector-borne disease infecting a wide range of terrestrial
25 vertebrates including reptiles, birds and mammals. In addition to being one of the most deadly
26 infectious diseases for humans, malaria is a threat to wildlife. The host immune system
27 represents the main defence against malaria parasites. Identifying the immune effectors
28 involved in malaria resistance has therefore become a major focus of research. However, this
29 has mostly involved humans and animal models (rodents) and how the immune system
30 regulates malaria progression in non-model organisms has been largely ignored. The aim of
31 the present study was to investigate the role of nitric oxide (NO) as an immune effector
32 contributing to the control of the acute phase of infection with the avian malaria agent
33 *Plasmodium relictum*. We used experimental infections of domestic canaries in conjunction
34 with the inhibition of the enzyme inducible nitric oxide synthase (iNOS) to assess the
35 protective function of NO during the infection, and the physiological costs paid by the host in
36 the absence of an effective NO response. Our results show that birds treated with the iNOS
37 inhibitor suffered from a higher parasitaemia, but did not pay a higher cost of infection
38 (anaemia). While these findings confirm that NO contributes to the resistance to avian malaria
39 during the acute phase of the infection, they also suggest that parasitaemia and costs of
40 infection can be decoupled.

41

42 **Keywords**

43 Avian malaria, *Plasmodium relictum* lineage SGS1, experimental infection, nitric oxide,
44 immune defence, immunopathology.

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47

48 **1. Introduction**

49

50 Malaria protozoa still severely threaten the health of human populations, causing
51 around 700,000 of deaths worldwide in 2010 (World Health Organization, 2011). The
52 negative health implications of *Plasmodium* infections have stimulated considerable attention
53 on the study of immunity to malaria (see for instance Doolan et al., 2009; Langhorne et al.,
54 2008), in both humans, who are obviously less amenable to experimental approaches, and in
55 animal models (Artavanis-Tsakonas et al., 2003). Thus, the current knowledge of the
56 immunological pathways involved in resistance/tolerance of malaria infection comes mainly
57 from rodent malaria models, *Plasmodium chabaudii*, *P. berghei* and *P. yoelii* (Good and
58 Doolan, 1999; Langhorne et al., 2004; Roetynck et al., 2006).

59 *Plasmodium* parasites have a complex life cycle involving a mosquito vector, in which
60 sexual reproduction of the pathogen occurs, and a vertebrate host in which the parasite
61 reproduces asexually. Invertebrates and vertebrates differ in many aspects of their immune
62 system which might impose a challenge to the parasite in terms of its ability to adapt to
63 different immunological environments (Hammerschmidt and Kurtz, 2005). However, both
64 hosts share some immunological pathways, in particular the innate arm of the immune system
65 where cytotoxic compounds are released shortly after the infection (i.e. nitric oxide).

66 Immunity of vertebrate hosts to malaria involves a complex network of immunological
67 effectors. The control of the acute phase of the infection (peak parasitaemia being reached
68 between 8 and 16 days post-infection, depending on the model system considered) depends on
69 the activation of a helper T-cell 1 (Th1) response (Taylor-Robinson et al., 1993). Pro-
70 inflammatory cytokines, such as tumor necrosis factor- α (TNF- α) and interferon- γ (IFN- γ),
71 are produced and released with the further activation of macrophages that release cytotoxic

72 compounds. The acute phase of the infection is then followed by a chronic phase with very
73 low parasitaemia eventually leading to recurrent relapses (Huldén et al., 2008). The shift from
74 acute to chronic infection is paralleled by a shift from a Th1 to a helper T-cell 2 (Th2)
75 response, with the production of immunoglobulins (IgGs) specific to the current parasite
76 strains (Taylor-Robinson and Looker, 1998; Taylor-Robinson et al., 1993). Multiple
77 exposures to malaria parasites therefore lead to a partial immunity that has been called
78 premunition (Soe et al., 2001), whereas total immunity is probably prevented by the antigenic
79 variation of malaria parasites producing variants that escape the pre-existing antibody
80 repertoire (Newbold, 1999).

81 In addition to humans (and non-human primates) and rodents, malarial parasites are
82 widespread pathogens of birds and reptiles (Valkiūnas, 2005), principally in tropical and
83 temperate areas. Avian malaria is thought to be non-lethal in hosts that have a long co-
84 evolutionary relationship with the parasite (Fallis and Desser, 1977). Nevertheless, recent
85 experimental infections have also shown that avian malaria parasites can be costly and
86 substantially reduce host fitness (Knowles et al., 2010; Palinauskas et al., 2008, 2009;
87 Zehtindjiev et al., 2008). Moreover, immunologically naïve and domestic populations can
88 have large significant negative consequences of infection in terms of mortality, raising both
89 conservation and economic concerns (Atkinson, 1999; Atkinson and Van Riper III, 1991;
90 Cellier-Holzem et al., 2010; Van Riper et al., 1986; Williams, 2005). The introduction of
91 malaria parasites to the Hawaii archipelago is the classical example of the impact of
92 *Plasmodium* on natural populations of birds that have no co-evolutionary history with the
93 parasite. Upon introduction of the mosquito vector, endemic bird species became infected
94 with *Plasmodium relictum* and experienced a dramatic decline in number, due to high
95 infection-induced mortality (Atkinson et al., 1995; Van Riper et al., 1986). Interestingly, a
96 few years after the introduction of the pathogen, local bird populations now seem better able

97 to tolerate the infection while paying much smaller costs (Woodworth et al., 2005). Similarly,
98 infection of domestic birds (i.e., chickens) with *Plasmodium gallinaceum* can lead to very
99 high mortality depending on the age of the host (young chicks may suffer up to 80%
100 mortality) and the inoculum size (Williams, 2005).

101 In spite of the importance of avian malaria for the functioning of natural populations
102 and domestic animals, immunity to avian malaria has been poorly studied. In the last decade,
103 a few studies have reported a number of associations between major histocompatibility
104 complex (MHC) alleles and *Plasmodium* prevalence and parasitaemia (Bonneaud et al., 2006;
105 Loiseau et al., 2008, 2011; Westerdahl, et al., 2005, 2012). However, experimental
106 approaches are mostly lacking.

107 Among the possible effectors that might contribute to the control of the acute phase of
108 the infection, nitric oxide is a very good candidate. Nitric oxide (NO) is a highly reactive and
109 unstable free-radical gas that is produced by the oxidation of L-arginine to citrulline by the
110 enzyme inducible NO synthase (iNOS) (Vincendeau et al., 2003). iNOS is rapidly synthesized
111 by a wide array of cells and tissues in response to pro-inflammatory cytokines produced
112 during the infection (Rivero, 2006). NO has both suppressive and stimulatory functions: it
113 inhibits and promotes cell proliferation, it modulates the production of cytokines, chemokines
114 and growth factors, and it directly acts as a non-specific cytotoxic effector molecule (Bogdan
115 et al., 2000). Previous work has shown that NO has a cytostatic (cessation of growth) and
116 cytotoxic effect on different *Plasmodium* species both *in vitro* and *in vivo*) (Taylor-Robinson,
117 1997; Taylor-Robinson and Looker, 1998; Taylor-Robinson and Smith, 1999). Interestingly,
118 NO is an immune effector shared by both vectors and vertebrate hosts (Rivero, 2006).

119 Epidemiological studies have also reported negative correlations between severity of
120 malaria infection in children and iNOS expression (Anstey et al., 1996). Similarly, in the
121 mosquito vector, induction of iNOS expression contributes to control infection with

122 *Plasmodium* parasites (Luckhart et al., 1998; Peterson et al., 2007). Evidence for avian hosts
123 is, however, restricted to a single study where *in vivo* NO production by macrophages isolated
124 from chickens infected with *Plasmodium gallinaceum* was positively correlated with
125 parasitaemia (Macchi et al., 2010).

126 In this article, we wished to explore experimentally the role played by NO in the
127 regulation of the acute phase of the infection with *Plasmodium relictum* in domestic canaries
128 (*Serinus canaria*). This was achieved by using the specific iNOS inhibitor aminoguanidine
129 (AG) (Allen, 1997; Wideman et al., 2006). In addition to assessing parasitaemia in AG-
130 treated and control hosts, we also measured the cost of infection in the absence of a functional
131 NO response.

132

133 **2. Material and methods**

134

135 2.1 Bird husbandry

136

137 The experiment was conducted during the autumn of 2009. Birds were kept in
138 individual cages (0.6 x 0.4 x 0.4 m), with food (commercial seed mix, Versele-Laga,
139 Belgium), grit and water provided *ad libitum*. The temperature was kept constant ($21 \pm 1^\circ\text{C}$),
140 under a controlled daily light cycles (LD 13:11 h). The birds originated from a bird breeder
141 and were kept under the above conditions three weeks before the start of the experiment.

142 The experiments were performed under the licence # 21-CAE-085 delivered by the
143 departmental veterinary service.

144

145 2.2 Experiment 1: Experimental inhibition of the NO response

146

147 To check whether AG has an inhibitory effect on the iNOS as reported for chickens,
148 we performed an experiment where non-infected domestic canaries were either treated with
149 AG [intraperitoneal injection of 1mg AG dissolved in 100 μ L of phosphate buffer saline
150 (PBS)] or kept as control and injected with the same volume of PBS. Within each of these
151 treatments, half of the birds had their inflammatory response stimulated by an intraperitoneal
152 injection of *Escherichia coli* lipopolysaccharide (LPS) (0.02mg dissolved in 100 μ L of PBS),
153 whereas the other half received a same volume PBS injection. Each experimental group
154 contained 9 birds. We took a blood sample (ca 100 μ L) from the brachial vein before the
155 treatment started (h0) and after nine hours (h9) to measure plasmatic concentrations of NO.
156 Nine hours post-challenge corresponds to the peak of LPS-induced NO production (Takahashi
157 et al., 1999).

158 NO production was indirectly measured using the Griess reaction. Because of the very
159 short half life of nitric oxide (few seconds) in biological tissues, NO was measured by
160 quantifying nitrates (NO_3^-) and nitrites (NO_2^-) (NO_x). NO_x were produced during the reaction
161 with different oxygen species (Sild and Horak, 2009). First, ZnSO_4 and NaOH solutions were
162 added to deproteinize the plasma. The supernatant produced by this reaction was recovered
163 and a glycine buffer was added. In the second step, nitrate was reduced to nitrite by using
164 cadmium granules, activated with sulfuric acid and CuSO_4 solutions. The last step consists in
165 the Griess reaction, in which plasma products were put in a microplate and Griess reagent
166 (sulphanilamide and *N*-naphthylethylene-diamine) was added. The microplate was placed into
167 a spectrophotometer at 25°C, under shaker. Spectrophotometric measurements were done at
168 540nm and measures were taken every 5 minutes for 30 minutes (SPECTRAMaxPLUS384,
169 Molecular Devices). We used the optical density (OD) values at 30 minutes. NO_x
170 concentrations were determined using a standard curve of known nitrate concentration.

171 Standards were obtained by successive dilutions of a NO₃⁻ solution at 100μM. A full
172 description of the method can be found in Sild and Horak (2009).

173

174 2.3 Experiment 2: Effects of aminoguanidine on parasitaemia and cost of infection

175

176 Parasites used for the experimental infections were obtained from a natural population
177 of house sparrows (*Passer domesticus*) in Dijon, France and cryopreserved at -80°C. Blood
178 (ca. 200 μl) of SGS1 infected house sparrows [as detected by a nested PCR method
179 (Waldenström et al., 2004) that amplifies a section of the mitochondrial cytochrome b gene
180 and sequencing of the PCR products] was intraperitoneally injected into domestic canaries. At
181 day 10 post-infection, blood of infected canaries was cryopreserved using the protocol
182 described in Diggs et al. (1975). Briefly, fresh infected heparinized blood was centrifuged at
183 800g for 5 minutes and the supernatant removed. A cryopreserving solution (6.2M glycerol +
184 0.14M Na lactate + 0.0005M KCl + PBS to 500ml) was added dropwise with gentle vortexing
185 to packed red blood cells at 4 to 1 volumes. Blood was then stored at -80° C. For the present
186 experiment, cryopreserved blood was thawed at 37° without agitation for 2 minutes. We then
187 added 0.2 volume of 12% NaCl (dropwise with gentle vortexing), allowed to stand for 5
188 minutes and added 9 volumes of 1.6% NaCl dropwise as above. Blood was then centrifuged
189 for 5 minutes at 650g and the pellet resuspended in PBS.

190 Thawed blood was directly transferred intraperitoneally into five domestic canaries,
191 using 0.5 ml insulin syringes, in order to increase parasite intensity. Eleven days after
192 infection, we measured the haematocrit of these five birds and prepared blood smears for
193 microscopic examination. Smears were made by spreading a drop of blood from each bird on
194 a glass slide, fixing with absolute methanol and then staining with 10% Giemsa solution
195 (Sigma–Aldrich). We counted the number of asexual infectious stages of the parasite

196 observed in a total of 10,000 erythrocytes. Parasite intensities and haematocrit allowed us to
197 evaluate the number of parasites per μl of blood for each bird (a haematocrit of 50%
198 corresponded approximately to 5,000,000 erythrocytes per microliter of blood). We collected
199 blood from donors, which was subsequently diluted in 0.9% saline solution to obtain the
200 desired number of parasites per inoculum.

201 In a 2-way factorial design, we investigated the effects of AG, and hence the effect of
202 NO synthesis inhibition, on parasitaemia of *P. relictum*. For this purpose, 60 non-infected
203 canaries were randomly distributed among four experimental groups ($n = 15$ per group). At
204 day 0, the first group was intraperitoneally inoculated with a dose of 1×10^6 parasites (lineage
205 SGS1) and received a daily injection of 1mg of AG (in 100 μl of PBS) until day 15 post-
206 infection (AG^+/P^+). The second group was infected with the same sized parasite inoculum but
207 only received a daily injection of 100 μl of PBS (AG^-/P^+). The third group was sham-infected
208 and received the same daily injection of AG as group 1 (AG^+/P^-). The final group served as a
209 double negative control since birds were sham infected and received a daily injection of PBS
210 (AG^-/P^-). Sham infection was performed by injecting a volume of PBS (50 μl) corresponding
211 to the volume of parasite inoculum. Previous work has shown that injecting PBS represents an
212 appropriate control similar to injecting non-infected blood (Cellier-Holzem et al., 2010).

213 Birds were monitored at day 5, 8, 10, 14 and 17 post-infection. At each of these time
214 points, we recorded body mass to the nearest 0.1 g and we collected a blood sample from the
215 left brachial vein using heparinized capillaries. Twenty microliters were used to assess
216 haematocrit after centrifugation for 5 min at 10,000 rpm; 20 μl were flushed with 500 μl of
217 Queen Lysis Buffer for parasite quantification.

218 Parasitaemia was assessed using a quantitative PCR, following the protocol described
219 in Cellier-Holzem et al. (2010). For each individual we conducted two qPCR reactions in the
220 same run: one targeting the nuclear 18s rDNA gene of *Plasmodium* (Primers 18sPlasm7 (5'-

221 AGC CTG AGA AAT AGC TAC CAC ATC TA-3'), 18sPlasm8 (5'-TGT TAT TTC TTG
222 TCA CTA CCT CTC TTC TTT-3'), and fluorescent probe Plasm Hyb2 (5'-6FAM-CAG
223 CAG GCG CGT AAA TTA CCC AAT TC-BHQ1-3')); and the other targeting the 18s rDNA
224 gene of birds (Primers 18sAv7 (5'-GAA ACT CGC AAT GGC TCA TTA AAT C-3'),
225 18sAv8 (5'-TAT TAG CTC TAG AAT TAC CAC AGT TAT CCA-3') and fluorescent probe
226 18sAv Hyb (5'-VIC-TAT GGT TCC TTT GGT CGC TC-BHQ1-3')). Parasite intensities
227 were calculated as relative quantification values (RQ) as $2^{-(Ct_{18sPlasmodium} - Ct_{18s Bird})}$ using the
228 software SDS 2.2 (Applied Biosystem). Ct represents the number of PCR cycles at which
229 fluorescence is first detected as statistically significant above the baseline and RQ can be
230 interpreted as the fold-amount of target gene (*Plasmodium* 18s rDNA) with respect to the
231 amount of the reference gene (host 18s rDNA). All qPCR reactions were carried out in an
232 ABI Prism 7900 cycler (Applied Biosystem).

233

234 2.4 Statistical analyses

235

236 2.4.1 Experiment 1: experimental inhibition of the NO response by aminoguanidine

237

238 The effect of treatments on NO_x concentration (log-transformed) at h0 and h9 was
239 investigated using a Kruskal-Wallis test.

240

241 2.4.2 Experiment 2: Effects of aminoguanidine on parasitaemia and cost of infection

242

243 Changes in log-transformed parasitaemia were modelled using a Generalized Linear
244 Mixed Model (GLMM) with a beta distribution of errors (Duerr et al., 2004). Time post-
245 infection, squared time post-infection, treatment (AG vs control) and the two-way interactions

246 (time * treatment, squared time * treatment) were included as fixed factors. Individual
247 identity was declared as a random factor to take into account the repeated measures of
248 individuals. Degrees of freedom were corrected using the Satterthwaite method. Obviously,
249 this analysis only concerned experimentally infected birds.

250 The physiological cost of infection was assessed by changes in body mass and
251 haematocrit during the course of the experiment. For our measures of parasitaemia, we used
252 GLMMs with a normal distribution of errors and Satterthwaite correction for degrees of
253 freedom. The models included time post-infection, squared time post-infection, treatment
254 (AG vs. control), infectious status (infected vs non-infected), the two- and three-way
255 interactions as fixed effects. Individual identity was declared as a random effect.

256 All tests were performed using SAS v.9.2 (SAS 2002)

257

258 **3. Results**

259

260 3.1 Experiment 1: experimental inhibition of the NO response by aminoguanidine

261

262 At time h0, NO_x concentration did not differ among the four groups ($X^2_3=3.21$,
263 $P=0.36$). At time h9, the AG⁻/LPS⁺ group had a statistically significant higher NO_x
264 concentration than the AG⁺/LPS⁺ group ($X^2_3=8.57$, $P=0.036$) (Fig.1).

265

266 3.2 Experiment 2: Effects of aminoguanidine on parasitaemia and cost of infection

267

268 Parasitaemia of experimentally infected birds not treated with AG showed the
269 expected bell-shaped variation with time, reaching a peak at day 14 pi. Parasitaemia of AG-
270 treated birds, however showed a steady increase (with the exception of day 11 pi), with peak

271 parasitaemia being reached at day 17 pi. This resulted in a statistically significant interaction
272 between squared time and treatment (Table 1, Fig. 2).

273 Infection was costly in terms of haematocrit. Infected birds suffered a clear drop in
274 haematocrit with minimum values reached at day 11 pi, whereas the haematocrit level of non-
275 infected birds remained constant through the experimental period (Fig. 3). This resulted in a
276 statistically significant interaction between squared time and infectious status (Table 2).
277 Interestingly, however, variation in haematocrit did not depend on the aminoguanidine
278 treatment (Table 2), in spite of infected, AG-treated birds having higher parasitaemia.

279 Body mass was not affected by either infectious status nor AG treatment (Table 3).

280

281 **4. Discussion**

282

283 The aim of this study was to experimentally assess the contribution of a specific
284 immunological pathway (the NO response) to the control of *Plasmodium relictum* (lineage
285 SGS1) parasitaemia in domestic canaries. Even though aminoguanidine has already been
286 shown to be an effective inhibitor of iNOS in chickens (Wideman et al., 2006), we first
287 wished to check whether its inhibitory function was preserved in domestic canaries. In
288 agreement with the results reported for chickens, we found that LPS injected birds had a
289 smaller NO response when simultaneously injected with AG. It is worthwhile to note that the
290 inhibitory effect was not total and AG-treated birds did produce some NO upon stimulation
291 with LPS.

292 AG-treated canaries were less able to control the acute phase of infection with
293 *Plasmodium relictum* compared to control animals, suggesting that NO contributes to the
294 immunological defences deployed during the infection with avian malaria. This is in
295 agreement with previous results involving other malaria parasites infecting mammalian hosts

296 (see Taylor-Robinson, 2010 for a recent review). Our results therefore corroborate the well-
297 established idea that NO has important anti-parasitic properties. Several studies have used
298 similar experimental approaches to manipulate the NO response in insects and vertebrates.
299 For instance, in the mosquito *Anopheles gambiae*, the inhibition of nitric oxide with inert L-
300 arginine leads to a decrease in the ability of mosquitos to kill *Escherichia coli* bacteria
301 (Hillyer and Estevez-Lao, 2010). In another mosquito species, *Anopheles stephensi*, a
302 provision of the NOS substrate, L-ARGININE, reduced *Plasmodium* infections, whereas a
303 dietary provision of the NO inhibitor L-NAME significantly increased parasite burden
304 (Luckhart et al., 1998). Moreover, nitric oxide is associated with *Plasmodium* ookinete lysis
305 (Peterson et al., 2007). In vertebrates, the role of NO as an effective immune effector against
306 malaria has only been explored in humans (Anstey et al., 1996; Hobbs et al., 2002) and mice
307 (Taylor-Robinson, 2010). Wang et al. (2009) showed that mice experimentally infected with
308 *Plasmodium yoelii* exhibit an increase in NO which coincides with a decrease in parasitaemia.
309 Some authors have even suggested that supplementation with the nitric oxide synthetic
310 metabolite (S-nitrate) could be used as a therapy against *Plasmodium* infection (Nahrevanian
311 et al., 2008).

312 Although our finding that AG-treated birds suffered from increased parasitaemia
313 strongly suggests a role for NO in the control of the acute phase of the infection with
314 *Plasmodium relictum*, a definitive conclusion cannot be drawn without measuring NO
315 production following the experimental infection. We did not have a clear prediction on when
316 would be the best time to measure NO during the infection period. Ideally, we would have
317 measured NO on a daily basis but daily blood sampling would have certainly induced too
318 much stress. Future work should nevertheless be directed towards establishing the link
319 between NO production and parasitaemia in this system.

320 In spite of their increased parasitaemia, AG-treated birds did not seem to pay a higher
321 cost of infection compared to control individuals. Haematocrit level, body mass and mortality
322 (only 4 birds died during the experiment, one in AG⁺/P⁻ group, one in AG⁺/P⁺ group, and two
323 in AG⁻/P⁺ group) did not differ between AG-treated and control hosts. A visual inspection of
324 figure 3 suggests that AG-treated birds have a lower haematocrit especially at day 14 and 17
325 p.i., that is when parasitaemia reaches its maximum values. However, there is no statistical
326 support to the idea that AG-treated birds had a lower haematocrit compared to control
327 individuals. Even when restricting the analysis to infected birds, the difference in haematocrit
328 between AG⁻ and AG⁺ individuals was very far from reaching the significance threshold (time
329 p.i. * AG treatment, $F_{1,131} = 0.11$, $p = 0.740$; squared time p.i. * AG treatment, $F_{1,130} = 0.33$, p
330 $= 0.564$). These results might appear somewhat puzzling because infection does incur costs in
331 our model system, especially in terms of reduction in haematocrit level (Cellier-Holzem et al.,
332 2010; the present study). A reduction in haematocrit is partly the direct consequence of the
333 asexual reproduction of the parasites within the red blood cells and the subsequent lysis and
334 release of merozoites in the blood stream. Since haematocrit levels and parasitaemia are
335 usually negatively correlated (the more parasites, the more lysis of red blood cells takes place)
336 we should have expected that AG-treated birds paid a higher cost of infection. Anaemia and
337 haematocrit reduction could also partly arise as a consequence of immune responsiveness,
338 with immune effectors targeting infected red blood cells. Indeed, in a rodent malaria system,
339 it has been estimated that 10% of anaemia is due to an over-reacting immune response
340 (Graham et al., 2005b). We might then speculate that inhibiting the NO response produced
341 two counter-balancing effects: increased parasitaemia enhances the cost of infection, but
342 reduced NO production also reduces the costs of the immune defence.

343 These results can feed the current debate on the relationship between parasite
344 multiplication and virulence (the trade-off model for the evolution of parasite virulence) and

345 the role played by immunopathology as a major determinant of virulence (Alizon et al., 2009;
346 Day et al., 2007; Graham et al., 2005a; Long and Graham, 2011). Nevertheless, the idea that
347 down-regulating the immune response decouples the cost of infection from parasitaemia
348 undoubtedly requires further work to be fully established.

349 We found no effect of *Plasmodium* infection and AG treatment on body mass. Benign
350 environmental conditions, with *ad libitum* food and water, and constant temperature, might
351 contribute to explain this result. Interestingly, other studies based on experimental infection of
352 European passerines in the lab have reported a similar lack of effect of infection on body mass
353 (Palinauskas et al., 2008, 2011; Zehindjiev et al., 2008). These results suggest that, in
354 addition to the role plaid by favourable environmental conditions, a lost in body mass is not
355 include in the physiological costs of infection with *Plasmodium relictum* for birds that have
356 coevolved with the parasite. A different picture emerges for host species that did not coevolve
357 with the parasite, as shown by the experimental infection of Hawaiian birds with *Plasmodium*
358 *relictum*. Both *Myadestes obscurus* and *Hemignathus virens* have been shown to suffer from a
359 substantial decrease in body mass following the infection with *Plasmodium relictum*
360 (Atkinson et al., 2000, 2001).

361 Parasitaemia was highly variable among infected birds. Among-individual variation in
362 parasite intensity is a common finding (Cellier-Holzem et al., 2010; Palinauskas et al., 2009;
363 Zehindjiev et al., 2008), and multiple sources may account for this Individual hosts vary in
364 their genetic background and this can shape their susceptibility to infection (Bonneaud et al.,
365 2006; Loiseau et al., 2008, 2011; Westerdahl, et al., 2005, 2012). In addition host age and sex
366 might also contribute to generate among-individual variation in parasite intensity (McCurdy
367 et al., 1998; Sol et al., 2000; Williams, 2005).

368 Vector borne parasites have to face and adapt to different environments (the vector
369 and the host) to complete their life cycle. Shared immunological pathways between the vector

370 and the host could therefore be the main target of immune-mediated selection acting on the
371 parasite. Nitric oxide is one such shared immunological pathway, and we might expect
372 parasites to evolve strategies to escape the NO produced in response to infection. Indeed, it
373 has been suggested that some protozoa (*Trypanosoma cruzi* and *Leishmania major*) can
374 deplete the substrate of the NOS (L-arginine) by activating arginases (Vincendeau et al.,
375 2003). Whether *Plasmodium* parasites have evolved the same escape strategy remains an open
376 question.

377
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382

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567

568 **Figure captions**

569

570 Fig. 1. Mean (\pm SE) NO_x concentration in domestic canaries that were injected with LPS (or
571 PBS as a control) and with aminoguanidine (AG) (or PBS as a control), giving rise to four
572 experimental groups (AG⁻/LPS⁺, AG⁺/LPS⁺, AG⁻/LPS⁻, AG⁺/LPS⁻). NO_x was measured 9
573 hours post-challenge.

574

575 Fig. 2. Changes in parasitaemia (mean \pm SE) during the course of the experiment. Triangles
576 represent birds in the AG⁻/P⁺ group, and dots birds in the AG⁺/P⁺ group.

577

578 Fig. 3. Variation in haematocrit (mean \pm SE) during *Plasmodium relictum* infection. Solid
579 lines and black triangles represent birds in the AG⁻/P⁺ group, dashed lines and white triangles
580 birds in the AG⁻/P⁻ group, solid lines and black dots birds in the AG⁺/P⁺ group, and dashed
581 lines and white dots birds in the AG⁺/P⁻ group.