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## **Deletion of AMPK $\alpha$ 1 Attenuates the Anticontractile Effect of Perivascular Adipose Tissue (PVAT) and Reduces Adiponectin Release.**

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Short title: AMPK and PVAT function

## **Abstract**

**Background:** Perivascular adipose tissue (PVAT) surrounds most blood vessels and secretes numerous active substances, including adiponectin which produce a net anticontractile effect in healthy PVAT. AMP-activated protein kinase (AMPK) is a key mediator of cellular energy balance and may mediate the vascular effects of adiponectin. In this study we investigated the role of AMPK within PVAT in mediating the anticontractile effect of PVAT.

**Methods:** Endothelium-denuded aortic rings from wild-type (Sv129) and  $\alpha_1$ AMPK knockout (KO) mice were mounted on a wire myograph. Dose-response curves to the AMPK-independent vasodilator cromakalim were studied in vessels with and without PVAT and the effect of preincubation with conditioned media (CM) and adiponectin on relaxation also studied. The effect of AMPK $\alpha_1$  KO on the secretory profile of PVAT was assessed by ELISA.

**Results:** Thoracic aortic PVAT from KO mice was morphologically indistinct from WT and primarily composed of brown adipose tissue. PVAT augmented relaxation to cromakalim in WT but not KO mice. Addition of WT PVAT augmented relaxation in KO aortic rings but KO PVAT had no effect in WT mice. PVAT from KO mice secreted significantly less adiponectin and addition of adiponectin to either KO or WT aortic rings without PVAT augmented relaxation to cromakalim. An adiponectin blocking peptide significantly attenuated relaxation in WT rings with PVAT but not in KO rings.

**Conclusion:** This study demonstrates that AMPK $\alpha_1$  has a critical role in maintaining the anticontractile actions of PVAT; an effect independent of the endothelium but likely mediated through altered adiponectin secretion or sensitivity.

**Abbreviations:** PVAT- perivascular adipose tissue; AMPK- AMP-activated protein kinase; WT- wild type; KO- knock-out; WAT- white adipose tissue; BAT- brown adipose tissue; CM- conditioned media; VSMCs- vascular smooth muscle cells; UCP-1- uncoupling protein-1; ACC- Acetyl CoA carboxylase; ADRF- adventitia-derived relaxing factor; sGC- Soluble guanylyl cyclase.

## Table of links

TARGETS	
Other protein targets	Enzymes
<a href="#">Uncoupling Protein-1 (UCP-1)</a>	<a href="#">AMPK</a>
	<a href="#">ACC</a>
Receptor	
<a href="#">Adipo1 receptor (AdipoR1)</a>	

LIGANDS
<a href="#">Adiponectin</a>
A769662
<a href="#">U46619</a>
<a href="#">Cromakalim</a>
<a href="#">AICAR</a>

These Tables list key protein targets and ligands in this article which are hyperlinked to corresponding entries in <http://www.guidetopharmacology.org>, the common portal for data from the IUPHAR/BPS Guide to PHARMACOLOGY (Southan *et al.*, 2016) and are permanently archived in the Concise Guide to PHARMACOLOGY 2015/16 (Alexander *et al.*, 2015a,b).

## 1. Introduction

Perivascular adipose tissue (PVAT) surrounds almost all blood vessels and is increasingly recognised as an important regulator of vascular tone. As an active endocrine organ the adipocytes and stromal cells within PVAT produce and secrete a range of adipokines, inflammatory cytokines, and other factors which can influence the tone of the underlying blood vessel (Dubrovskaja *et al.*, 2004; Malinowski *et al.*, 2008; Weston *et al.*, 2013). PVAT can release substances with vasodilatory activity such as adipocyte-derived relaxing factor (ADRF) (Galvez *et al.*, 2006; Lohn *et al.*, 2002; Verlohren *et al.*, 2004), leptin (Vecchione *et al.*, 2002), adiponectin (Chen *et al.*, 2003; Fesus *et al.*, 2007), angiotensin 1–7 (Ang 1-7) (Lee *et al.*, 2009), hydrogen peroxide (Gao *et al.*, 2007), nitric oxide (NO) (Gil-Ortega *et al.*, 2010) and hydrogen sulphide (H<sub>2</sub>S) (Fang *et al.*, 2009) but also vasoconstrictor factors such as angiotensin II (Ang II) (Galvez-Prieto *et al.*, 2008) and superoxide anions (Gao *et al.*, 2006). Consequently, a balance exists and much research effort has been channeled into discovering what causes the function of PVAT to change in disease states such as obesity and metabolic syndrome where PVAT become deleterious to blood vessel activity.

PVAT is composed of brown adipocytes, white adipocytes or a mixture of both depending on the vascular bed (Cinti, 2011; Fitzgibbons *et al.*, 2011; Gao, 2007). In healthy humans and experimental animals, PVAT has a net anticontractile effect (Greenstein *et al.*, 2009; Lohn *et al.*, 2002), but the precise mechanisms remain elusive. The anti-contractile effect is likely due to release of transmissible factors; a process that requires calcium but is not dependent on perivascular nerve activity (Dubrovskaja *et al.*, 2004). In rat mesenteric vessels the anticontractile effect of PVAT is dependent on activation of delayed rectifier potassium channels (K<sub>v</sub>) on the vascular smooth muscle (Verlohren *et al.*, 2004) while in rat aortic rings, Gao *et al.* found that a PVAT-derived transmissible factor induced relaxation by: (1) an endothelium-dependent effect via NO release and subsequent K<sub>Ca</sub> channel activation, and (2) an endothelium-independent mechanism involving H<sub>2</sub>O<sub>2</sub> and subsequent activation of sGC (Gao *et al.*, 2007). More recent work has identified adiponectin as an abundant adipokine with anticontractile activity. In mouse mesenteric vessels and rat aorta, adiponectin was found to relax vascular smooth muscle cells via K<sub>v</sub> channel opening and membrane hyperpolarisation (Fesus *et al.*, 2007). However, other studies using mouse mesenteric vessels found that adiponectin requires the presence of large conductance calcium-activated potassium channels (BK<sub>Ca</sub>) in order to hyperpolarise VSMCs and exert an anticontractile effect (Lynch *et al.*, 2013). Interestingly, a recent study by Weston's group has shown that

adiponectin-mediated hyperpolarisation was inhibited by a selective inhibitor of AMP-activated protein kinase (AMPK) and that the effect of adiponectin was mimicked by the AMPK activator, A769662 (Weston *et al.*, 2013). Activation of AMPK is proposed to trigger opening of myocyte BK<sub>Ca</sub> channels and release of NO which accounts for the anticontractile effect of adiponectin. Indeed, in mice lacking the AMPK $\alpha$ 2 catalytic subunit isoform, globular adiponectin failed to induce vascular relaxation (Meijer *et al.*, 2013) suggesting that adiponectin requires AMPK to exert an anticontractile effect.

Although AMPK is often described as a cellular energy gauge and modulator of cellular metabolism (Hardie *et al.*, 2003), it also has important roles in maintaining vascular homeostasis (Ewart *et al.*, 2011). It is expressed throughout the vessel wall and can respond to changes in cellular energy state (Evans *et al.*, 2005; Fleming *et al.*, 2005), hormonal changes (Cheng *et al.*, 2007; Nagata *et al.*, 2004), and drugs (Bilodeau-Goeseels *et al.*, 2011; Ford *et al.*, 2012; Levine *et al.*, 2007) to regulate vascular tone. AMPK activation can induce vasodilation via phosphorylation and activation of endothelial NO synthase (eNOS) at Ser<sup>1177</sup> (Davis *et al.*, 2006; Morrow *et al.*, 2003) and Ser<sup>633</sup> (Chen *et al.*, 2009) to increase NO production and vascular relaxation (Davis *et al.*, 2006; Morrow *et al.*, 2003). AMPK can also induce endothelium-independent relaxation via reduced sensitivity of myosin light-chain kinase (MLCK) to intracellular calcium (Horman *et al.*, 2008). Collectively, these findings suggest that AMPK activation can induce vasodilation but may also be involved in the vascular effects of PVAT. However, despite AMPK $\alpha$ 1 being the dominant vascular isoform, nothing is known about its role in mediating the anticontractile effect of PVAT.

The aim of this study was to investigate aortic PVAT function in a mouse with a global AMPK $\alpha$ 1 isoform knockout. Furthermore, we wished to study whether lack of this AMPK isoform in the vascular wall affects the generation and vascular effects of adiponectin.

## 2. Methods

### 2.1. Animal model and artery preparation

Mice used in this study were housed at the University of Glasgow and maintained on 12 hour cycles of light and dark and at ambient temperature. Wild type (Sv129- WT) mice were originally purchased from Harlan Laboratories (Oxon, UK). AMPK $\alpha_1$  knockout mice (KO) were kindly supplied by Benoit Viollet (Institut Cochin, Paris, France), the generation of which has been described previously (Jørgensen *et al.*, 2004). In all experiments age-matched male and female WT and KO mice were used since pilot experiments showed no gender difference in vessel contractility and relaxation (data not shown). Procedures conformed to the *Guide for the Care and Use of Laboratory Animals* published by the US National Institutes of Health (NIH Publication No. 85-23, revised 1996) and Directive 2010/63/EU of the European Parliament. Mice were terminally anaesthetized via intraperitoneal injection of sodium pentobarbital (200mg ml<sup>-1</sup>) and the thoracic and abdominal aorta was removed to ice cold oxygenated (95% O<sub>2</sub>:5% CO<sub>2</sub>) Krebs' solution. In some experiments, mesenteric and other fat depots were also removed for histological analysis.

### 2.2. Histological analysis

Thoracic aortae with intact PVAT were fixed overnight in 10% acetic zinc formalin, dehydrated and embedded in paraffin. Sections (5  $\mu$ m) of aorta were cut on a rotary microtome and stained with haematoxylin and eosin. To compare the morphology of aortic PVAT to other fat depots, mesenteric PVAT, subscapular brown adipose tissue (BAT) and epididymal white adipose tissue (WAT) were also fixed, sectioned and stained with H&E.

Immunohistochemistry was used to detect antigens of interest within the PVAT. Briefly, slides were deparaffinised and antigens were retrieved by heating in a microwave oven in Sodium Citrate buffer (10 mM Na citrate, 0.05% (v/v) Tween 20, pH 6.0) for 10 min. Slides were cooled at room temperature and endogenous peroxidase activity blocked by immersing in 3 % (v/v) H<sub>2</sub>O<sub>2</sub> in methanol for 20 min. Non-specific antibody binding was blocked using 2.5 % (v/v) normal horse serum (ImmPRESS Reagent Kit, Vector labs, USA) for 1 h at room temperature and primary antibodies were then added overnight at 4°C. Primary antibodies were diluted in 1 % (w/v) BSA in PBS and used at the following concentrations: anti-total AMPK 1:100 (Abcam #131512), anti-phospho-AMPK Thr172 1:100 (Cell Signalling Technology #2535), anti-UCP-1 1:500 (Abcam #10983). Blanks and negative controls were

included in each staining run. Secondary antibodies were incubated for 1 h at room temperature (ImmPRESS anti-rabbit Ig antibodies; Vector Labs, USA for UCP-1 or Biotinylated anti-rabbit IgG antibody from Histostain-Plus bulk kit, Life technologies, UK for total and phosphor-AMPK). Antibody binding was visualised using DAB (3,3'-diaminobenzidine) chromogenic substrate (Vector Laboratories) and haematoxylin counter stain. Sections were photographed using AxioVision microscope software (Zeiss, Germany).

### 2.3. *Small vessel wire myography*

The thoracic and, in some experiments the abdominal aorta was cut into 2mm rings. Some rings were cleaned of PVAT and others were left with the PVAT intact. In all cases the endothelium on the luminal surface was removed by gently rubbing the interior of the vessel with a piece of fine wire and removal confirmed by lack of (<10%) vasodilator response to  $10^{-6}$  M acetylcholine. Artery rings were mounted on two stainless steel pins in a four channel wire myograph (Danish Myo Technology), set to an optimum tension of 9.8 mN (Weingartner *et al.*, 2015) and allowed to equilibrate for at least 30 min before use. Vessels were bathed in Krebs' buffer of the following composition: 118 mM NaCl, 4.7 mM KCl, 1.2 mM MgSO<sub>4</sub>, 25 mM NaHCO<sub>3</sub>, 1.03 mM KH<sub>2</sub>PO<sub>4</sub>, 11 mM glucose and 2.5 mM CaCl<sub>2</sub> at 37°C and gassed continuously with 95% O<sub>2</sub> and 5% CO<sub>2</sub>. Reproducible responses were obtained to 40mM KCl and 30nM 9,11-Dideoxy-9 $\alpha$ ,11 $\alpha$ -methanoepoxy prostaglandin F<sub>2 $\alpha$</sub>  (U46619, Tocris) before commencing experiments. Cumulative concentration-response curves to the K<sup>+</sup> channel opener cromakalim ( $1 \times 10^{-9}$  to  $1 \times 10^{-6}$  M; Sigma-Aldrich, Poole, UK), added at 10 min intervals were constructed. Data were expressed as a percentage loss of U46619-induced tone.

To produce conditioned media (CM), thoracic aortic PVAT from WT and KO mice was carefully dissected, weighed and incubated in warmed Krebs' solution at 37 °C for 1 h. The conditioned medium was transferred to the recipient myograph chamber containing an aortic ring at baseline tension. The ring was then contracted and dose-response curves to cromakalim constructed as previously. In some experiments, PVAT from KO mice was added to WT aortic rings and vice-versa (termed a cross-over experiment).

To study the role of adiponectin in the anticontractile effect of PVAT, two separate experiments were performed. Firstly, 5 $\mu$ g mL<sup>-1</sup> of an adiponectin blocking peptide against adiponectin receptor 1 (AdipoR1; GeneTex, UK) was added to precontracted aortic rings



with and without PVAT. Secondly, globular adiponectin ( $1\mu\text{g mL}^{-1}$  diluted in 1% (w/v) bovine serum albumin (BSA); Enzo Life Sciences Ltd, UK) was added to arteries prior to contracting with U46619. In both cases, dose-response curves to cromakalim were then constructed in WT and KO aortic rings.

#### *2.4. Effect of cromakalim on AMPK activity in cultured cells*

Rat aortic smooth muscle cells from Wistar-Kyoto rats were provided Dr Augusto Montezano (University of Glasgow) and maintained in Dulbecco's modified Eagle medium (DMEM) supplemented with 10% (v/v) FBS (Invitrogen, UK),  $100\text{ U mL}^{-1}$  penicillin and  $100\mu\text{g mL}^{-1}$  streptomycin. At passage 4 to 5 the cells were washed with PBS and incubated in serum-free medium for 2 hours. Cells were incubated with the AMPK-activating agent AICAR ( $10^{-2}$ - $10^{-3}\text{M}$ ) or cromakalim ( $10^{-8}$ - $10^{-6}\text{M}$ ) for 45 minutes, the medium was removed, lysis buffer added (50 mM Tris pH7.4, 50 mM NaF, 1 mM  $\text{Na}_4\text{P}_2\text{O}_7$ , 1 mM EGTA, 1mM EDTA, 1% (v/v) Triton X-100, 1 mM DTT and 1% cocktail of protease inhibitors with  $2\text{mM Na}_3\text{VO}_4$ ) and the cells collected by scraping. Lysates were placed on ice for 30 min, centrifuged at 8000 rpm for 10 min and supernatants collected and used for immunoblotting.

#### *2.5 Protein expression/immunoblotting*

The protein content of VSMC lysates (or in some experiments PVAT lysates or conditioned media samples) was determined using Coomassie Plus Protein Assay Reagent (Perbio, USA) against a BSA standard curve. Samples were run on NuPAGE Novex 4-12 % Bis-Tris mini gels (Life Technologies), transferred to nitrocellulose membranes and incubated with specific rabbit anti-total AMPK $\alpha$  (Cell Signalling Technology #2603), anti-AMPK $\alpha$ 1 (Abcam #ab110036), anti-AMPK $\alpha$ 2 (Generous gift from Prof. Grahame Hardie, University of Dundee, UK), anti-phospho-Thr<sup>172</sup> AMPK (Cell Signalling Technology #2535) and anti-phospho-Ser<sup>79</sup> ACC (Cell Signalling Technology #3661) antibodies. All primary antibodies were diluted 1:1000 in 50% (v/v) TBS, 50% (v/v) Odyssey®-Block (LI-COR, USA). Immunolabelled proteins were visualized using infrared dye-labelled secondary antibodies and an Odyssey Sa Infrared Imaging System (LI-COR, USA) and expression normalised to anti-GAPDH antibody immunoreactivity (Cell Signaling Technology).

## 2.6 Array and adiponectin ELISA

Adipokine expression profiling was performed using an Adipokine proteome profiler, (R&D systems, UK) following the protocol provided by the manufacturer. Briefly, 1 ml of pooled samples of homogenised PVAT or conditioned medium from WT and KO mice were added to the array membranes and incubated at 4°C overnight. After washing, membranes were incubated with 2 ml of horseradish peroxidase–conjugated streptavidin at room temperature for 30 min and the presence of adipokines detected by chemiluminescence. The resultant film images were scanned with a densitometer and converted to densitometric units using Quantity One software (Bio-Rad Laboratories, Hercules, CA, USA). Data were normalized against an internal control as recommended by the manufacturer.

To study adiponectin release by PVAT, a mouse adiponectin/Acrp30 Quantikine ELISA Kit (MRP300, R&D systems, Minneapolis, MN) was used. Samples of homogenised PVAT and conditioned media from WT and KO mice were prepared and protein concentration determined. Adiponectin was detected as a colourimetric reaction measuring absorbance of the ELISA plate at 450 nm with wavelength correction using a FLUOstar OPTIMA microplate reader (BMG Labtech, Germany). The mean absorbance from each sample was measured in duplicate and the adiponectin concentration was determined by comparison with the standard curve.

## 2.7. Statistical analysis

All results are expressed as mean  $\pm$  standard error of the mean (SEM). The n number stated in all cases represents the number of mice from which tissue was obtained. Data were analysed with GraphPad Prism 5.0 software. Myography data was analysed using 2-way ANOVA. When comparing three or more data groups, two-way ANOVA followed by Bonferroni post-hoc tests were used. When comparing two or more data groups a Newman–Keuls post hoc test was used. In all cases, a p value of less than 0.05 was considered statistically significant.

### 3. Results

#### 3.1. PVAT morphology and AMPK expression

In haematoxylin and eosin stained sections, there were no gross differences in PVAT or other fat depots between WT and AMPK $\alpha_1$  KO mice (Figure 1). In both strains, thoracic PVAT had the appearance of BAT with round nuclei, and small, multilocular lipid droplets, whereas mesenteric PVAT was very similar to WAT, with large single lipid vacuoles and marginal nuclei. Abdominal PVAT showed features of both BAT and WAT. Immunohistochemical staining for the brown adipose tissue marker UCP-1 was similar in WT and KO aortic PVAT with very low staining in mesenteric fat and some staining present in abdominal aortic PVAT (supplementary Figure S1, S2).

AMPK $\alpha$  and phospho-AMPK $\alpha$  (pAMPK $\alpha$ ) were detected immunohistochemically in thoracic PVAT and there was a marked reduction in both total and phospho-AMPK $\alpha$  Thr172 in KO mice (data not shown). Western blotting was used to quantify AMPK levels in homogenised PVAT. As expected, there was a marked reduction in total levels of AMPK $\alpha$ , phospho-AMPK $\alpha$  Thr<sup>172</sup> and phospho-ACC Ser<sup>79</sup> (pACC). When expressed relative to total AMPK $\alpha$ , there was a modest reduction in the level of phosphorylated AMPK $\alpha$  in KO mice in comparison with wild type (Figure 2). There was no substantial difference in AMPK $\alpha_2$  immunoreactivity between genotypes.

#### 3.2. Anticontractile effect of PVAT and importance of AMPK

The presence or absence of the vascular endothelium did not affect the contractile response to U46619 in WT or KO aortae (data not shown). In aortic rings without PVAT there was no significant difference in contraction between WT and KO mice (Figure 3A). In rings containing PVAT, contraction to U46619 was significantly reduced in the WT but not the KO mice (Figure 3A), indicating an anticontractile effect of the PVAT which was lost when the PVAT is deficient in AMPK $\alpha_1$ .

The presence of PVAT significantly increased the relaxation to cromakalim in thoracic aortic rings from WT mice but this effect was completely absent in AMPK $\alpha_1$  KO mice (Figure 3B, C). To check that the effect of PVAT was not specific to the thoracic aorta, the experiment was repeated in abdominal aorta and similar results were found: WT vessels with intact PVAT, maximum relaxation ( $E_{\max}$ ) to cromakalim was  $53.3 \pm 5.2\%$  with PVAT, and  $24.5 \pm$

5.7% without PVAT ( $n = 6$ ;  $p < 0.05$  vs. PVAT+) while in KO mice PVAT had no effect on  $E_{\max}$  to cromakalim ( $22.8 \pm 5.8\%$  vs.  $17.4 \pm 4.1\%$ ,  $n = 6$ ;  $p = \text{ns}$ ).

In WT mice, PVAT which had been dissected free of the artery and added back into the organ bath was able to augment relaxation to cromakalim equally as well as when the PVAT was in contact with the artery ( $E_{\max}$   $54.5 \pm 8.3\%$  vs.  $49.9 \pm 6.7\%$ ;  $n = 5$ ;  $p = \text{ns}$ ), suggesting the PVAT releases a transmissible factor which is responsible for increased relaxation. In contrast, addition of PVAT from KO mice to an aortic ring from WT mice did not augment relaxation to cromakalim (Figure 4A, B) whereas adding WT PVAT to a KO aortic ring did augment relaxation. Furthermore, addition of conditioned media (CM) produced by WT PVAT was able to augment cromakalim-induced relaxation in WT aortic rings while CM produced by KO PVAT was unable to augment relaxation (Figure 4C, D). Wild type CM also significantly attenuated contraction to U46619 in WT rings without PVAT ( $1.19 \pm 0.1\text{g}$  vs.  $0.86 \pm 0.1\text{g}$  with addition of CM;  $n = 12$ ;  $p < 0.05$ ). In contrast, KO conditioned media showed a non-significant trend toward increased contraction ( $2.33 \pm 1.3\text{g}$  vs.  $2.80 \pm 1.4\text{g}$  with addition of CM;  $n = 12$ ). Transfer of WT PVAT into KO vessels without PVAT and CM experiments indicates that the deficiency in the KO mouse is likely to be at least partly related to differences in release of adipokines by the PVAT.

### *3.3. Cromakalim does not activate AMPK in vascular smooth muscle cells*

To rule out the possibility that vasodilation to cromakalim is altered in KO mice because cromakalim activates AMPK, cultured rat VSMCs were treated with a range of concentrations of cromakalim and the AMPK activator AICAR as a positive control. Cromakalim did not increase phosphorylation of AMPK in the vascular smooth muscle and had no effect on the phosphorylation of the downstream substrate ACC. AICAR caused an increase in AMPK activity (supplementary Figure S3) at a concentration of  $10^{-3}$  M.

### *3.4 Adipocytokine profile and effect of AMPK KO*

Adipocytokine profiling of PVAT-derived conditioned media showed a striking reduction in the amount of adiponectin released by PVAT from AMPK $\alpha$ 1 KO mice ( $n = 2$ ; data not shown). Further quantification of this difference by ELISA in  $n = 5$  samples of conditioned medium from KO and WT mice revealed a significant reduction in the quantity of adiponectin released by KO PVAT (Figure 5).

### *3.5 Effect on adiponectin on vessel function*

Addition of globular adiponectin to WT aortic rings without PVAT significantly increased relaxation to cromakalim (Figure 6A). Interestingly, globular adiponectin enhanced the relaxation to cromakalim in KO vessels both with and without PVAT (Figure 6B, C). Blocking adiponectin receptors in WT aortic rings with intact PVAT significantly attenuated relaxation to cromakalim (Figure 7A) while in KO arteries with intact PVAT, the blocking peptide had no effect (Figure 7B). Taken together, these results suggest that KO PVAT releases less adiponectin but that the medial smooth muscle cells are still able to respond to exogenously added adiponectin.

#### 4. Discussion

The main findings of this study are that the anticontractile effect of aortic PVAT is lost in mice which lack AMPK $\alpha$ 1 and this is due to reduced generation of a transmissible factor, likely adiponectin, by the PVAT. The results also demonstrate that the lack of an anticontractile effect in the KO mouse is not due to alterations in PVAT morphology or the ratio of BAT to WAT or to the absence of AMPK expression in the medial smooth muscle cells of the aorta. Since incubation with globular adiponectin augmented relaxation to cromakalim in KO arteries without PVAT, it is also unlikely to be due to a reduced sensitivity of the medial VSMCs to adiponectin. In summary, AMPK $\alpha$ 1 plays a critical role in maintaining the anticontractile actions of PVAT; an effect independent of the endothelium but likely mediated through altered adiponectin secretion.

Morphological studies revealed no difference in PVAT from WT and KO mice. Thoracic aorta was similar in appearance to depots of BAT from the subscapsular region while abdominal aorta showed a mixture of WAT and BAT. This is in agreement with previous studies using Sv129 mice (Cinti, 2011; Frontini *et al.*, 2010) and also from other mouse strains (Cannon *et al.*, 2004; Fitzgibbons *et al.*, 2011; Padilla *et al.*, 2013). It has been speculated that differences in PVAT phenotype could contribute to disease susceptibility of certain regions of the arterial tree (Greif *et al.*, 2009; Jeong *et al.*, 2007), possibly through release of proinflammatory cytokines (Chatterjee *et al.*, 2009; Payne *et al.*, 2010; Zhao *et al.*, 2003). Certainly, in animal models of obesity, there is evidence for a detrimental effect of PVAT on vascular function in aortic (Ma *et al.*, 2010) and mesenteric arteries (Ketonen *et al.*, 2010; Marchesi *et al.*, 2009) and in animals fed a high fat diet, there was reduced phosphorylation of AMPK in thoracic aortic PVAT, an increased adipocyte size and increased intimal thickness (Ma *et al.*, 2010). Taken together, these studies suggest that AMPK in the PVAT is likely to be protective and this agrees with the data presented here showing that the anticontractile effect of thoracic (and abdominal) PVAT is lost in mice lacking AMPK $\alpha$ 1. We also demonstrated that in the KO mouse there was reduced phosphorylated and total AMPK in PVAT as well as reduced phosphorylation of the downstream kinase ACC. There was also no obvious compensatory upregulation in AMPK $\alpha$ 2 isoforms. The dramatic effect of  $\alpha$ 1 KO on PVAT function is in agreement with other studies showing that in adipose tissue the catalytic  $\alpha$ 1 subunit is the major isoform expressed and is also responsible for the major part of AMPK activity (Daval *et al.*, 2005; Lihn *et al.*, 2004).

The lack of AMPK $\alpha$ 1 caused the PVAT to lose its anticontractile effect and its presence no longer augmented relaxation to cromakalim. To rule out any differences being due to cromakalim acting through AMPK, we added cromakalim to cultured vascular smooth muscle cells and found it had no effect on AMPK expression or phosphorylation. Many other studies have found an anticontractile effect of PVAT in a variety of vascular beds (Gao *et al.*, 2005b; Greenstein *et al.*, 2009) and in vessels contracted with several different vasoconstrictor agents including phenylephrine, 5-HT, angiotensin II and U 46619 (Gao *et al.*, 2005a; Lohn *et al.*, 2002; Verlohren *et al.*, 2004). The mechanism has been proposed as release of transferable relaxation factor(s), termed adventitia-derived relaxation factor (ADRF). The nature of ADRF is largely unknown. However, it has been shown to act in part via activation of K<sup>+</sup> channels and tyrosine kinase and independent of NO and sympathetic nerve stimulation (Lohn *et al.*, 2002). Our data agree with this in that transfer of CM from WT mice augmented relaxation of aortic rings with PVAT. In addition, it was not necessary for the PVAT to be in contact with the vessel to exert an anticontractile effect. In our protocol we added the CM prior to contraction of the vessel ring with U46619 and found that WT but not KO CM attenuated aortic contraction. This strongly suggests a transmissible factor is responsible for attenuating contraction and augmenting relaxation which is produced by aortic PVAT and in the KO mice this factor is reduced or absent. The deficiency in the KO mouse is unlikely to be due to a lack of AMPK in the medial smooth muscle cells since in cross over studies WT PVAT was able to augment the relaxation response to cromakalim in KO vessels. However, it is worth noting that relaxations to cromakalim tended to be lower in KO rings without PVAT and while exogenously added WT PVAT or WT conditioned media significantly augmented relaxation to cromakalim in KO aortic rings, it still did not reach levels seen in WT vessels with intact PVAT. This suggests there may be some deficit in function of the VSMCs in the KO mice and future experiments should use an adipocyte-specific AMPK KO to address this.

The release of the vasorelaxing factors (ADRF) has been reported to be dependent on calcium (Ca<sup>2+</sup>) and is regulated by intracellular signalling pathways involving tyrosine kinase and protein kinase A and not to be dependent on perivascular nerve endings (Dubrovskaja *et al.*, 2004). There are very few studies where the role of AMPK in release of ADRFs has been investigated. A study by Lihn *et al* indicated that the AMPK activator AICAR stimulated adipose tissue AMPK $\alpha$ 1 activity and adiponectin gene expression and reduced the release of TNF- $\alpha$  and IL-6 (Lihn *et al.*, 2004). These cytokines have been shown to have inhibitory

effects on adiponectin gene expression and release (Fasshauer *et al.*, 2002; Lihn *et al.*, 2003; Maeda *et al.*, 2002), meaning that activity of AMPK in the PVAT could regulate adiponectin expression (Lihn *et al.*, 2004). Similarly, the PPAR $\gamma$  agonist troglitazone which also activates AMPK has a positive effect on adiponectin expression in mature adipocytes (Phillips *et al.*, 2003). However, other studies using cultured 3T3-L1 adipocytes found that prolonged exposure to AMPK activating agents actually causes a significant reduction in adiponectin protein content of the adipocytes (Huypens *et al.*, 2005).

To clarify how AMPK $\alpha$ 1 KO affects the secretion of adipocytokines by aortic PVAT, we performed an array and the most striking difference was a reduction in adiponectin in KO PVAT and CM. Quantitative studies using ELISA further confirmed a significant reduction in adiponectin in KO CM. Since adiponectin is a vasodilator (Fesus *et al.*, 2007), it could account for the lack of an anticontractile effect in KO PVAT. Indeed, in WT mice the anticontractile effect of PVAT was abolished using a adiponectin receptor blocking peptide, an effect demonstrated previously in human gluteal arteries (Fesus *et al.*, 2007) and mouse mesenteric arteries (Lynch *et al.*, 2013). We also demonstrated the ability of both KO and WT aortic rings without PVAT to increase relaxation to cromakalim when pretreated with globular adiponectin. Since all rings were denuded of endothelium, it suggests the ability of adiponectin having direct access to vascular smooth muscle cells (Weston *et al.*, 2013). The adiponectin enhanced vascular relaxation was also observed in in KO vessels with intact PVAT, indicating that there was no perfusion barrier between PVAT and vascular smooth muscle layer. Additionally, vascular relaxation was seen in both wild type and AMPK $\alpha$ 1 knockout vessels suggesting that adiponectin can act directly on vascular smooth muscle cells and that the AMPK $\alpha$ 1 isoform is not involved.

Only one vasodilator was used in the current study; the K<sub>ATP</sub> channel activator cromakalim. K<sub>ATP</sub> channels in VSMCs may be involved in mediating the anticontractile effects of PVAT since a previous study showed an inhibitory effect of glibenclamide (Lohn *et al.*, 2002). K<sub>ATP</sub> channels appear to regulate basal tone in a number of vascular bed such as coronary circulation (Samaha *et al.*, 1992) and mesenteric vessels (Nelson *et al.*, 1995) and inhibition of this channel by glibenclamide has been found to attenuate coronary and cerebral autoregulation (Hong *et al.*, 1994; Narishige *et al.*, 1993). In our study, since PVAT enhanced the relaxation induced by cromakalim, adiponectin released by the PVAT may act in part through modulating K<sub>ATP</sub> channels. However, the role and the mechanism of activation need to be further investigated.



In conclusion, we have shown that PVAT has a profound anticontractile effect on mouse aortic rings. The effect may be due to release of adiponectin by the PVAT and this release is regulated by the activity of AMPK $\alpha$ 1. In mouse aortic rings, adiponectin augments relaxation to cromakalim in an endothelium-independent manner although other effects of adiponectin on the endothelium cannot be ruled out. Indeed, although aortic rings in this study were mechanically denuded, endothelial cells in vessels within the vasa vasorum will remain and adiponectin may have effects here. Clinically, there is evidence that PVAT becomes dysfunctional in obese humans and plasma adiponectin is reduced (Aghamohammadzadeh *et al.*, 2015). Alterations in AMPK activity in the PVAT may be behind this effect.

**Conflicts of interest:**

There are no conflicts of interest to declare

**Author contributions:**

TAM, ABU & OJK performed the experiments, acquired and analysed the data and prepared the figures. TAM drafted sections of the paper. IS & SK conceived and planned the experiments, SK prepared the final version of the manuscript and SK and IS proof read the final version of manuscript.

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## Figure & Legends:

Figure 1: Representative photomicrographs showing the morphology of fat depots in WT and AMPK $\alpha$ 1 KO mice. Panels A & B- subscapular brown adipose tissue (BAT) Panels C & D- epididymal white adipose tissue (WAT), Panels E & F- thoracic perivascular adipose tissue (PVAT), Panels G & H- abdominal PVAT and Panels I & J- mesenteric PVAT. Aortic PVAT had the morphology of BAT. AO= aorta, MA= mesenteric artery, scale bar = 20 $\mu$ m).

Figure 2: Western blotting showing expression of AMPK $\alpha$  isoforms and the downstream kinase ACC expression in PVAT from WT (right lanes) and KO mice (left lanes). KO mouse PVAT showed a reduction in expression of AMPK $\alpha$ 1 and total AMPK $\alpha$  with no change in AMPK $\alpha$ 2. KO PVAT also had significantly reduced phosphoAMPK and ACC. \* $p$ <0.05 WT PVAT;  $n$ =5.

Figure 3: A- U46619-induced contraction was not significantly different in WT and KO thoracic aorta rings in the absence of PVAT. In vessels with attached PVAT, there was a significant reduction in contraction in WT but not KO aortic rings. ( $n$ =7; \* $p$ <0.05 and \*\*\* $p$ <0.001). B- The presence of PVAT significantly augmented the relaxation to cromakalim in WT aortic rings ( $n$ =7; \*\*\* $p$ <0.001 vs. PVAT(-)). C- In aortic rings from AMPK $\alpha$ 1 KO mice, the presence of PVAT had no effect on relaxation to cromakalim ( $n$ =7).

Figure 4: In cross-over experiments using aortic rings without PVAT, addition of WT PVAT enhanced cromakalim induced relaxation in KO aortic rings (A). However, addition of KO PVAT to WT aortic rings (B) did not significantly alter the relaxation to cromakalim ( $n$ =6; \*\*\* $p$ <0.001 vs. PVAT(-)). Conditioned media from WT aortic PVAT significantly enhanced relaxation to cromakalim (C) while KO conditioned media had no effect on relaxation to cromakalim (D). ( $n$ =6; \*\*\* $p$ <0.001 vs. PVAT(-)).



Figure 5: Adiponectin concentration of conditioned media from WT and KO mice determined using an ELISA kit. WT PVAT released significantly more adiponectin than KO PVAT (\*\* $p < 0.01$ ;  $n = 5$ ).

Figure 6: A- Incubation of WT aortic rings without PVAT with  $1\mu\text{g mL}^{-1}$  globular adiponectin significantly augmented relaxation to cromakalim. In KO mice, incubation with globular adiponectin significantly enhanced relaxation to cromakalim in aortic rings without PVAT (B) and also in rings where the PVAT was intact (C). ( $n = 5$ , \*\*\* $p < 0.001$  vs. PVAT(-)).

Figure 7: In aortic rings with intact PVAT, addition of  $5\mu\text{g mL}^{-1}$  of the adiponectin receptor 1 (AdipoR1) blocking peptide significantly attenuated relaxation to cromakalim in WT mice (A) but had no effect in rings from KO mice (B). ( $n = 6$ , \*\*\* $p < 0.001$  vs PVAT(+)).

## Supplementary Figures

Figure S1: Brown adipose tissue marker (UCP-1) present in different depots of adipose tissue from both wild type and AMPK $\alpha_1$  knockout mice. Representative histological sections of brown adipose tissue (BAT) (A&B), white adipose tissue (WAT)(C&D), thoracic PVAT (E&F), abdominal PVAT (G&H) and mesenteric PVAT (I&J) stained with anti UCP-1 and counterstained with haematoxylin. Positive immunoreactivity for UCP-1 is indicated by brown colour. (AO= aorta, MA= mesenteric artery, scale bar 20  $\mu$ m, magnification x20)

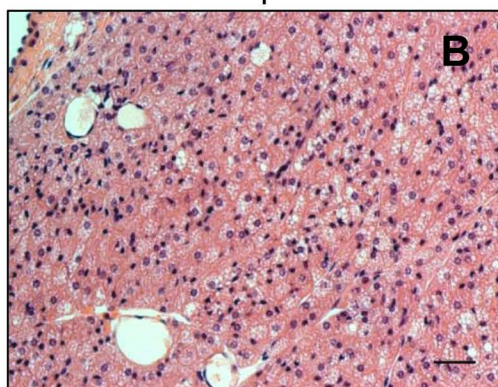
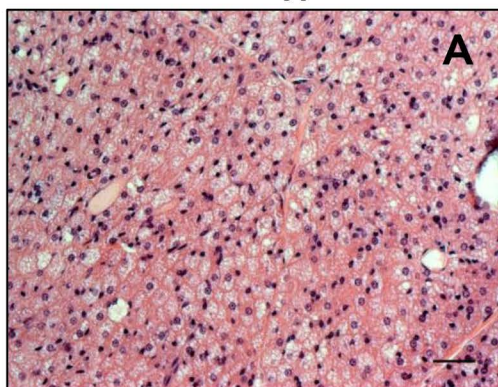
Figure S2: Brown adipose tissue marker (UCP-1) expression in different PVAT depots. UCP-1 expression was divided by GAPDH to adjust for protein loading. Western blots were performed in BAT (brown adipose tissue); WAT (white adipose tissue); TA (thoracic artery PVAT); AA (abdominal aorta PVAT); MES (mesenteric artery PVAT) from WT and KO homogenates. Blot shown are representative n=3 for all groups.

Figure S3: AMPK expression and activity in cultured rat aortic vascular smooth muscle cells (VSMCs). VSMCs samples were treated with AICAR and cromakalim, lysed and immunoblotting was performed. Graphs are expressed as the fold-change of the phosphorylated form of each enzyme divided by the total AMPK $\alpha$  (B) or total ACC (C) to measure the activation of the enzyme. Blots shown are representative; n=3 for all groups.

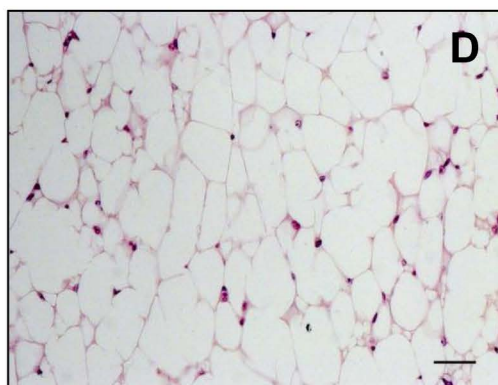
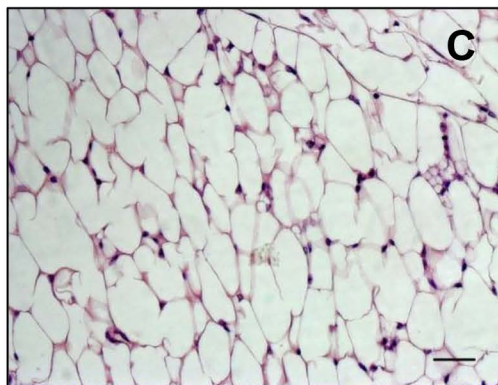
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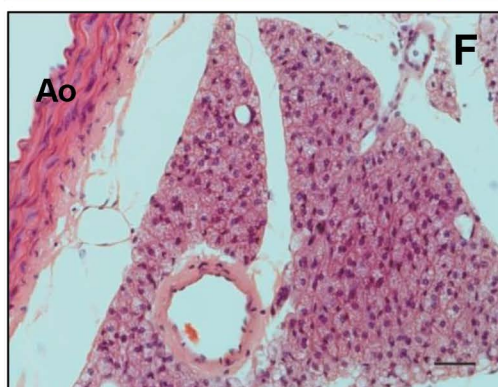
Brown Adipose Tissue



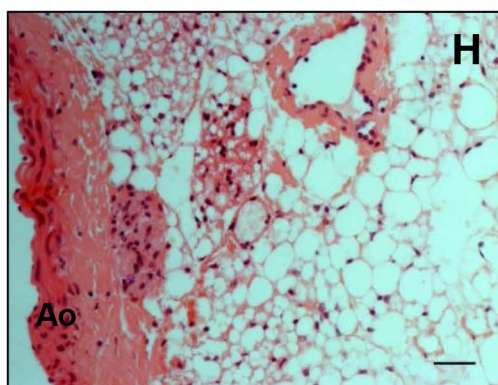
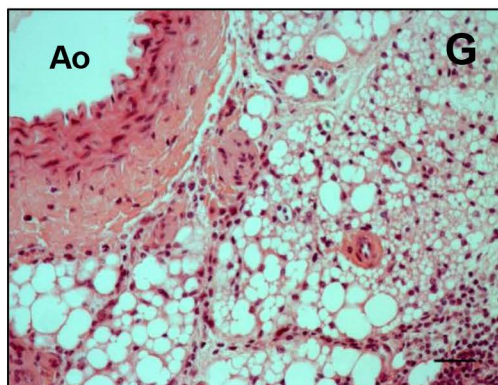
White Adipose Tissue



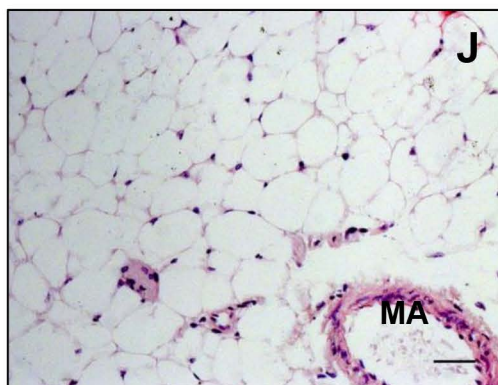
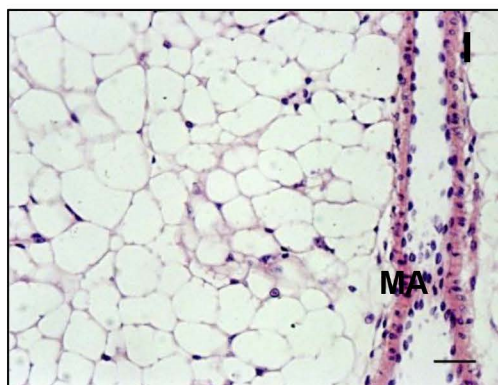
Thoracic aorta PVAT

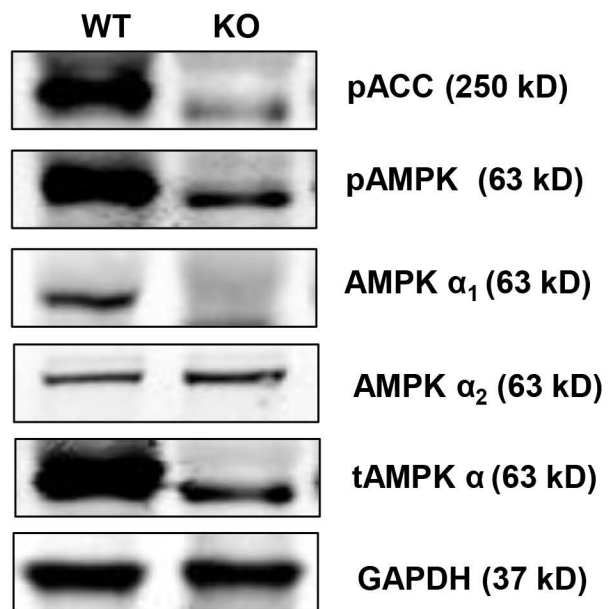


Abdominal Aorta PVAT

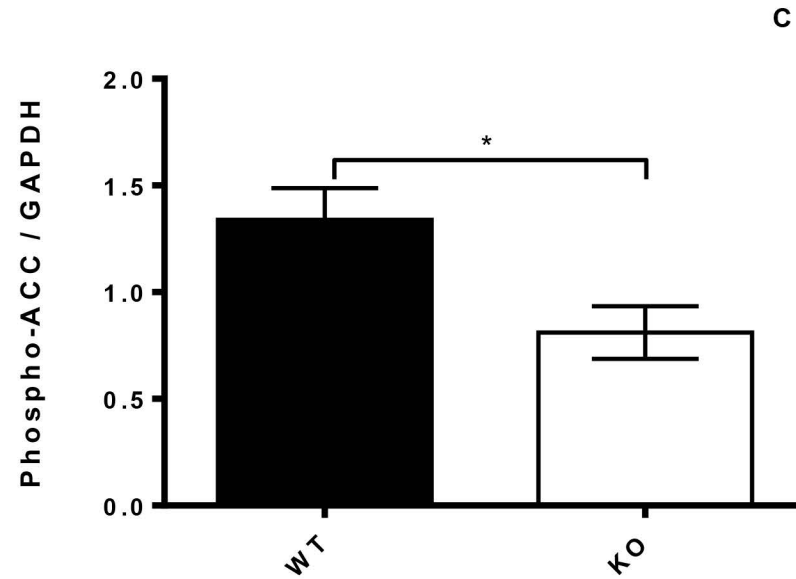
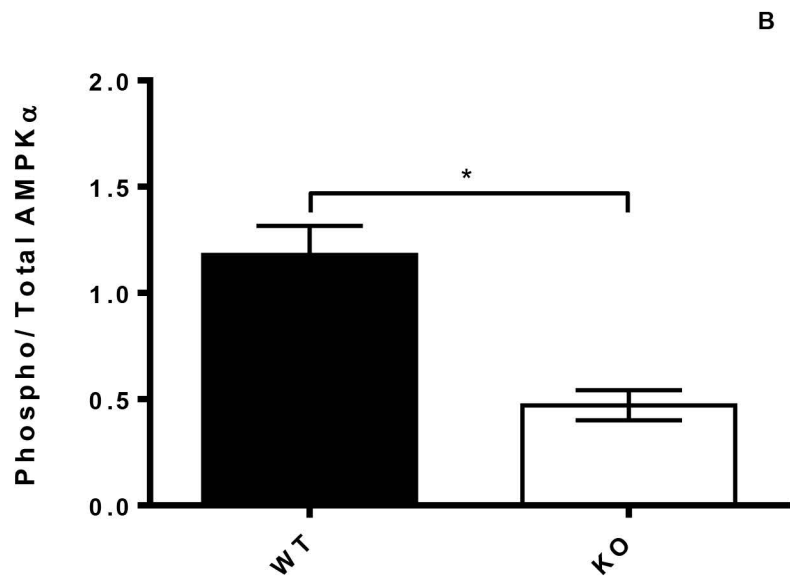


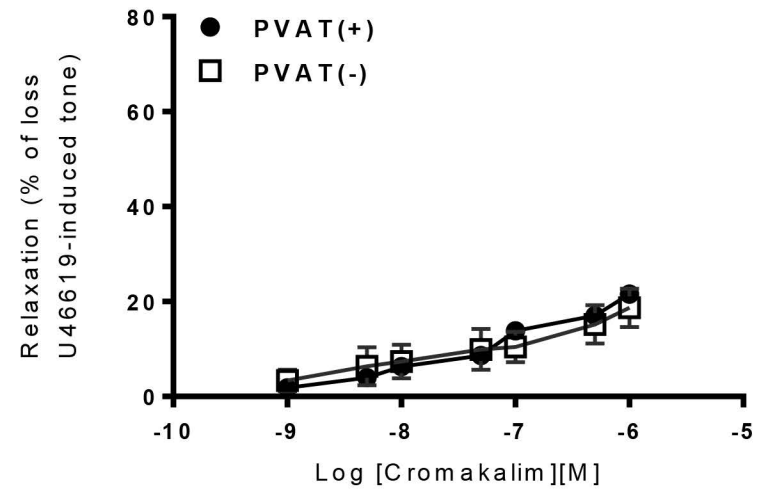
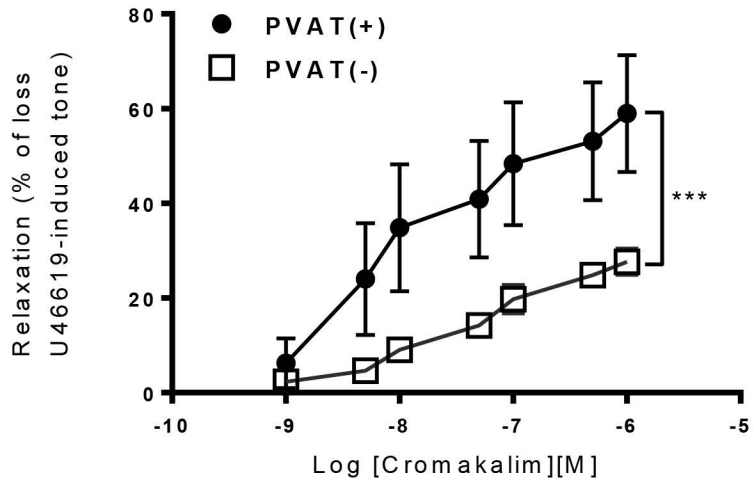
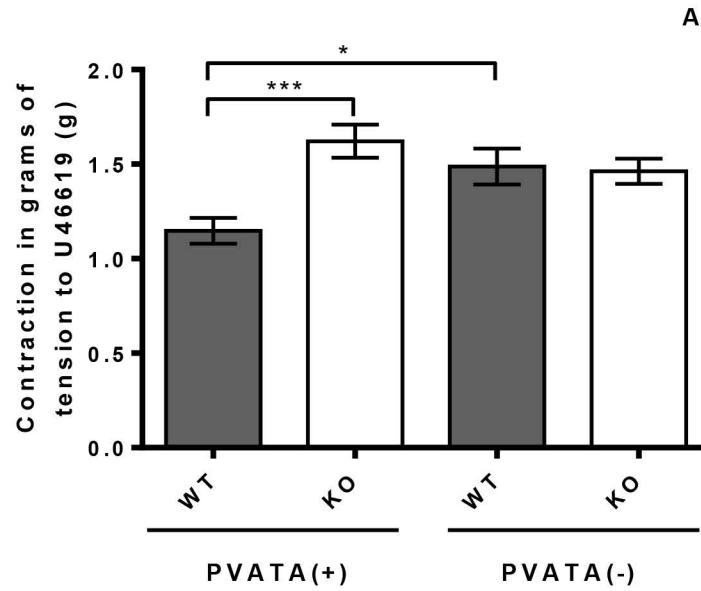
Mesenteric Artery PVAT

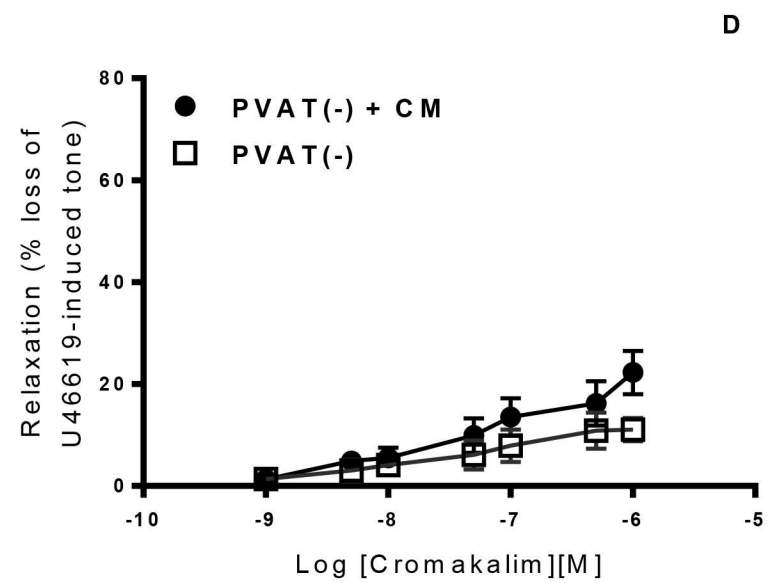
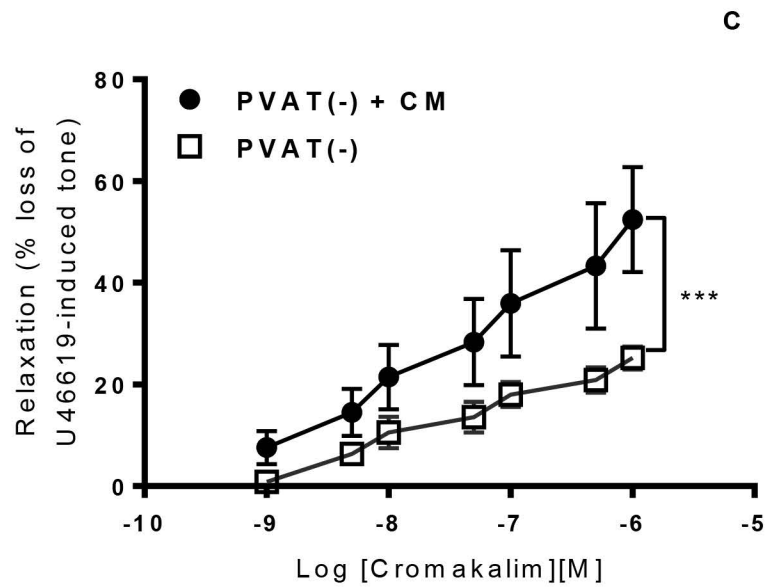
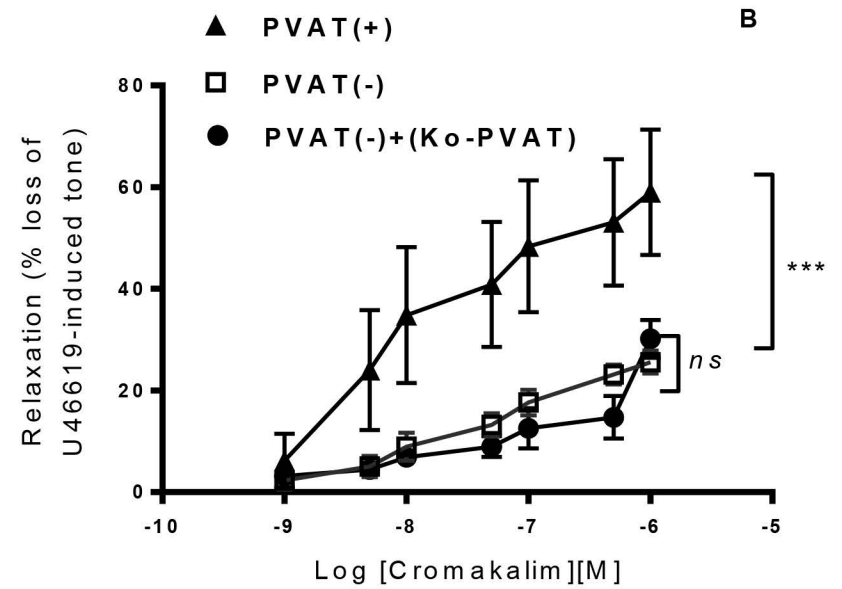
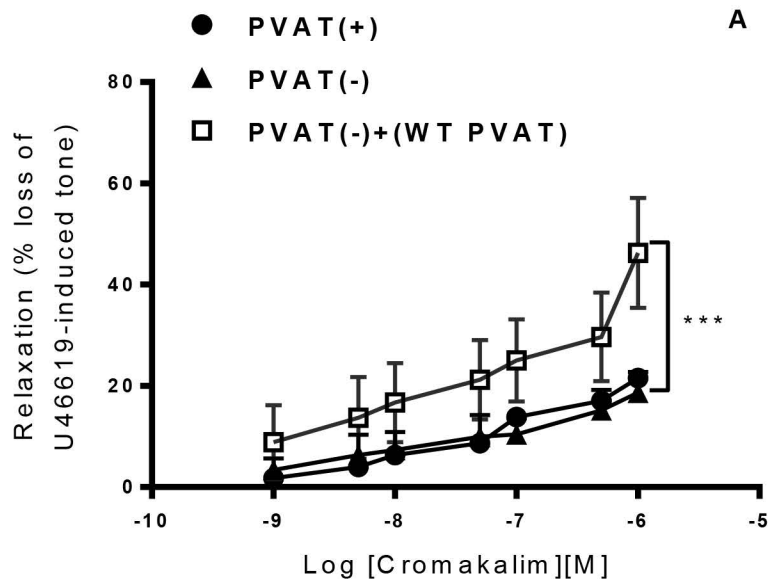


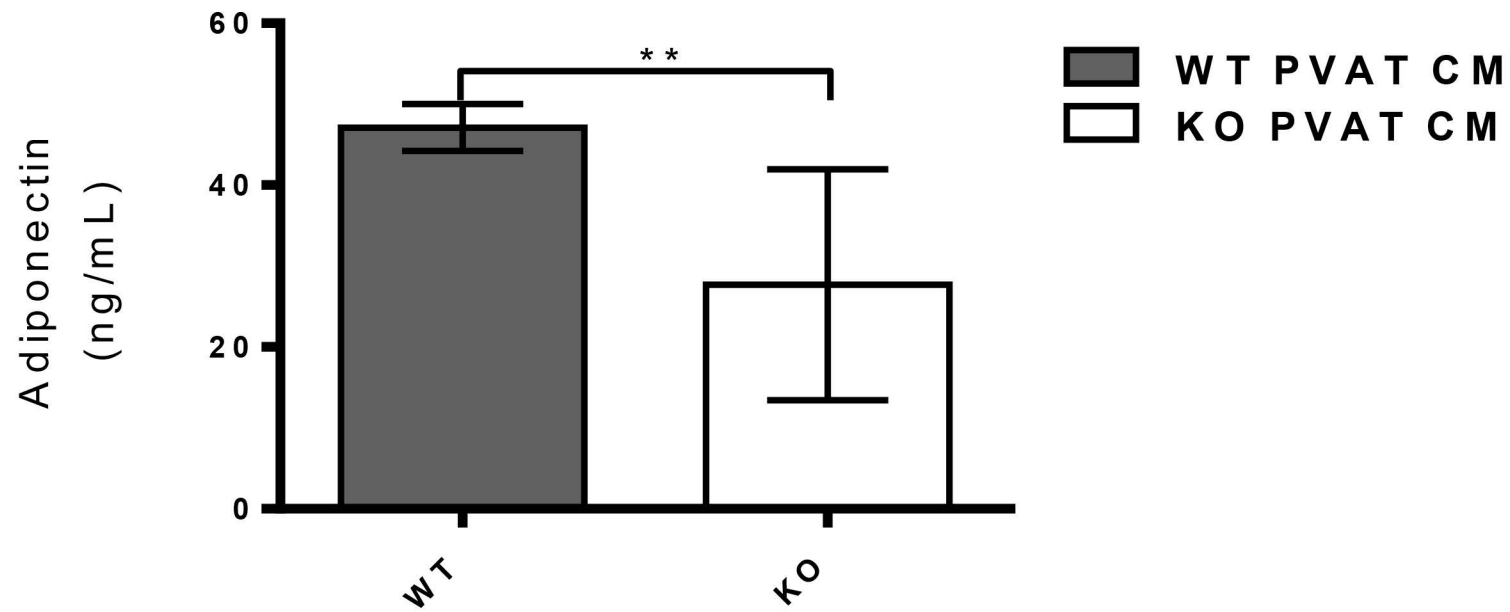


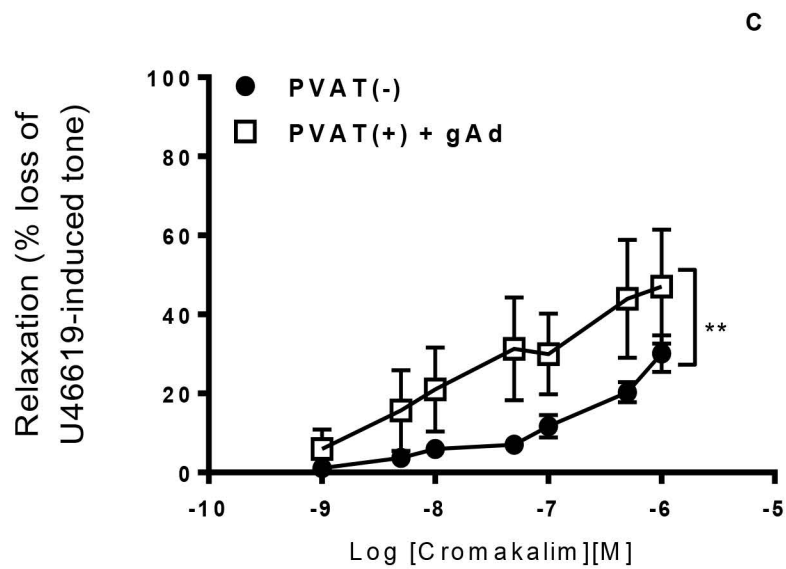
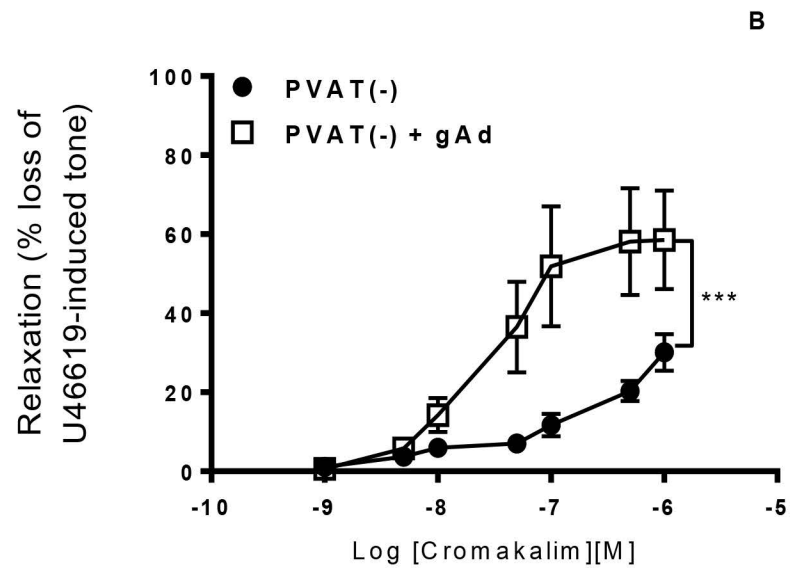
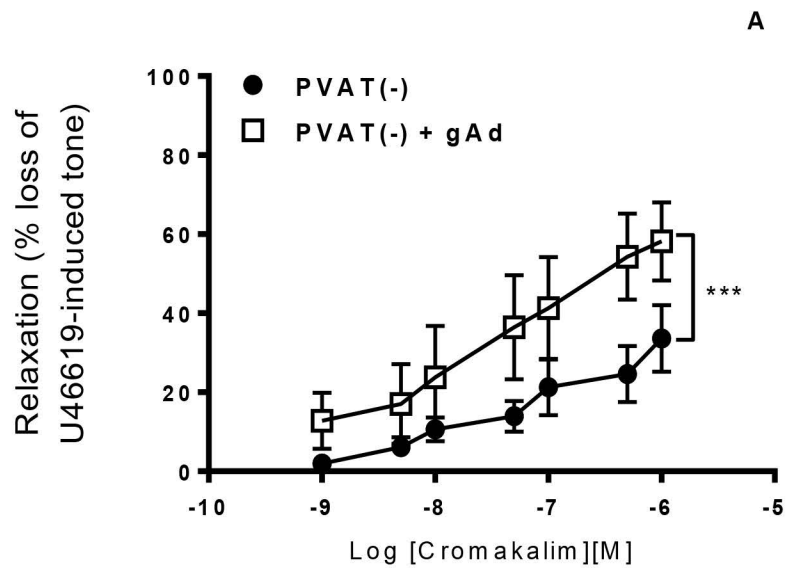
**A**



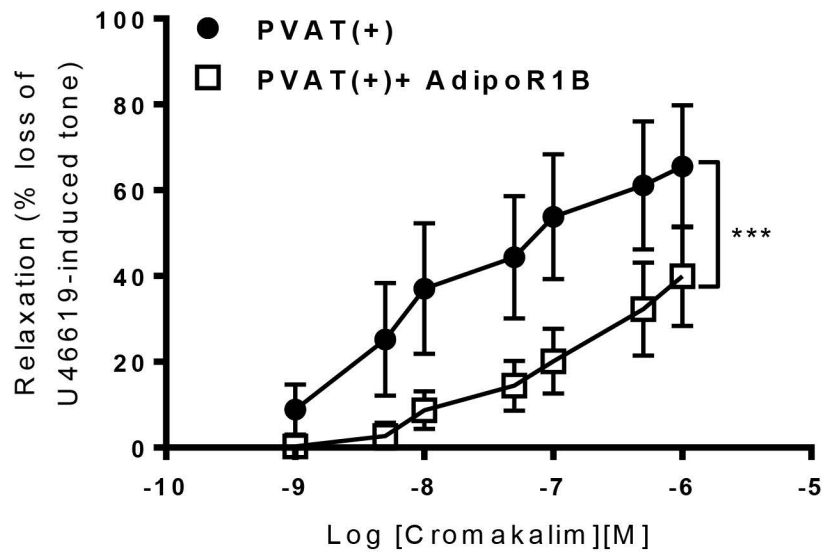
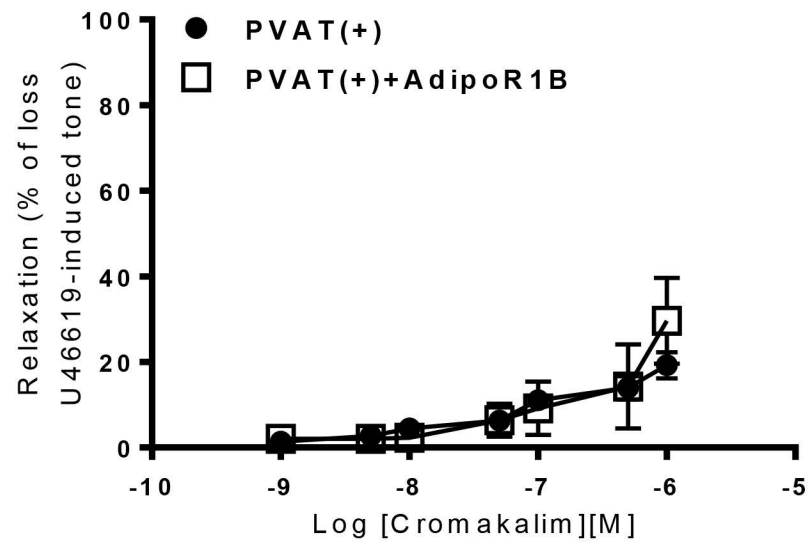








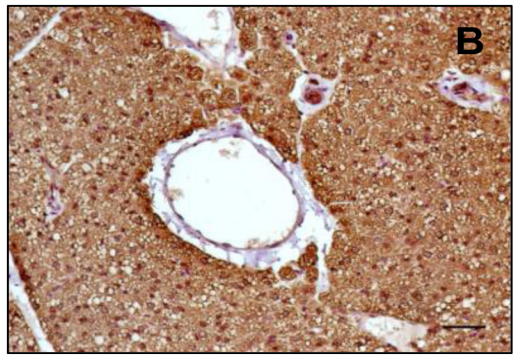
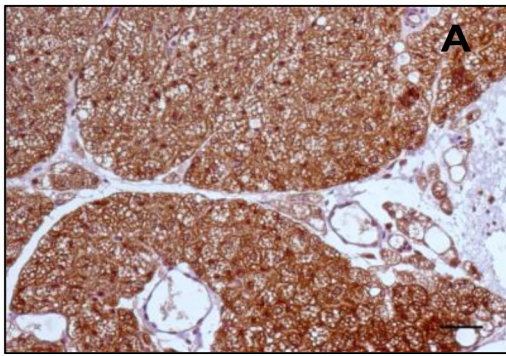


**A****B**

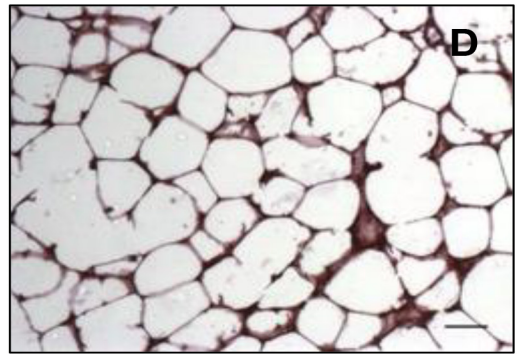
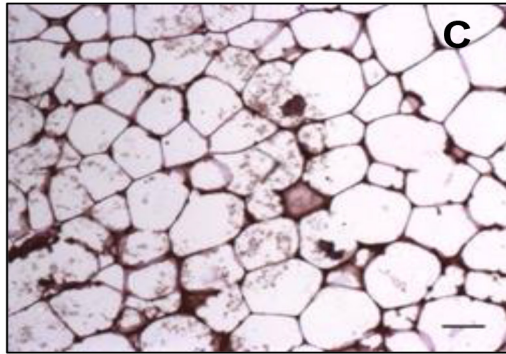
Wild Type

AMPK $\alpha_1$  KO

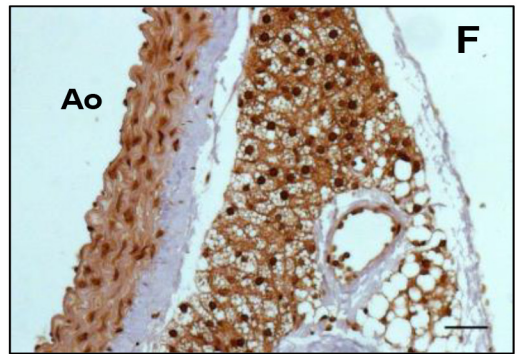
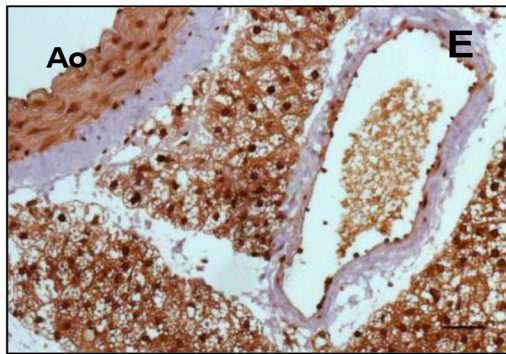
Brown Adipose Tissue



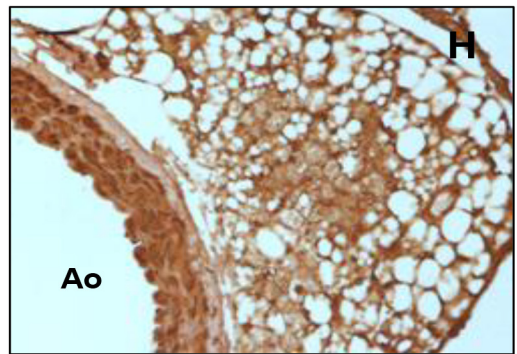
White Adipose Tissue



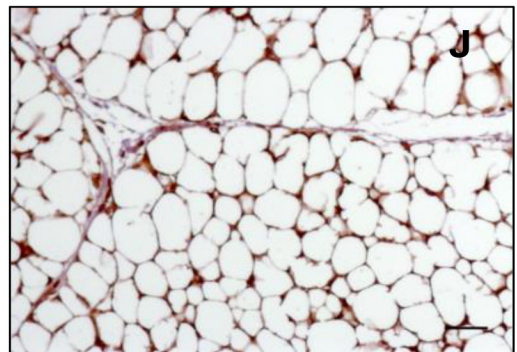
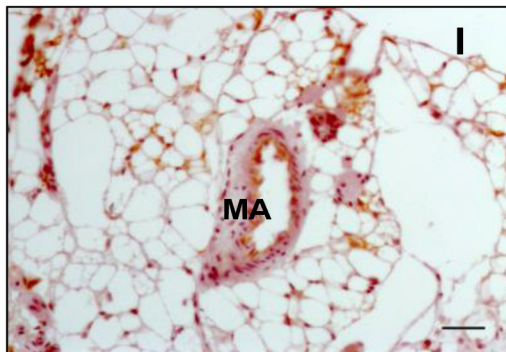
Thoracic Aorta PVAT

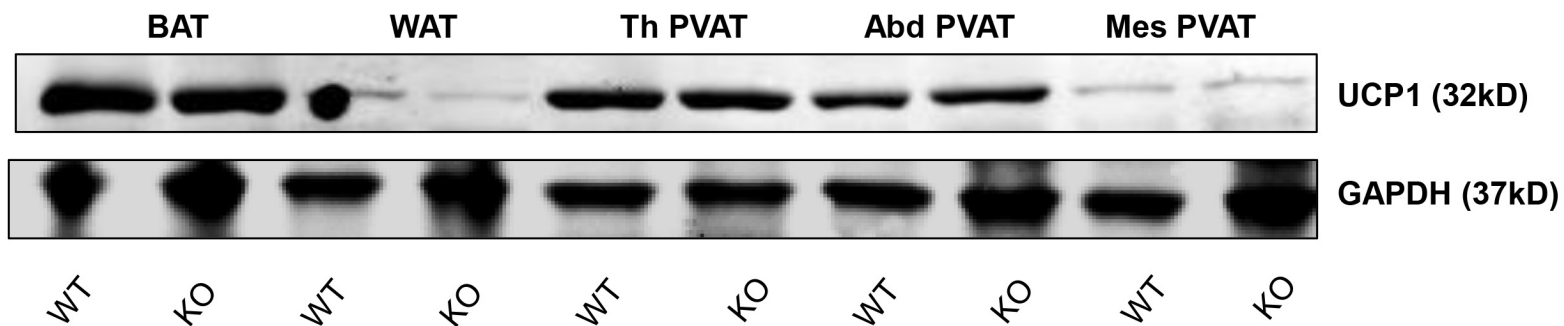
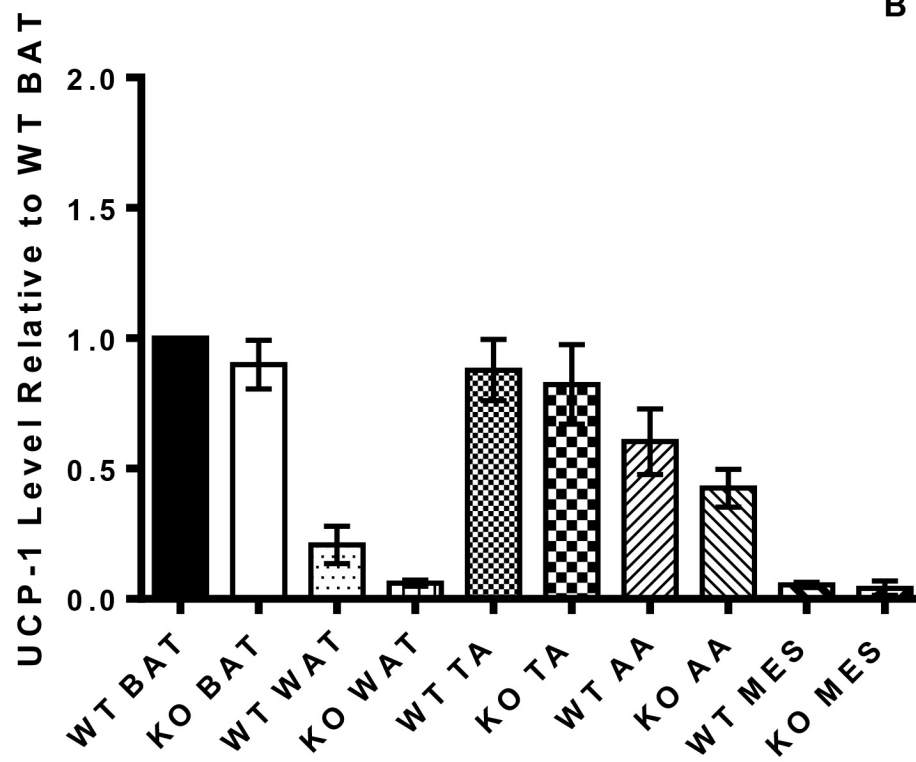


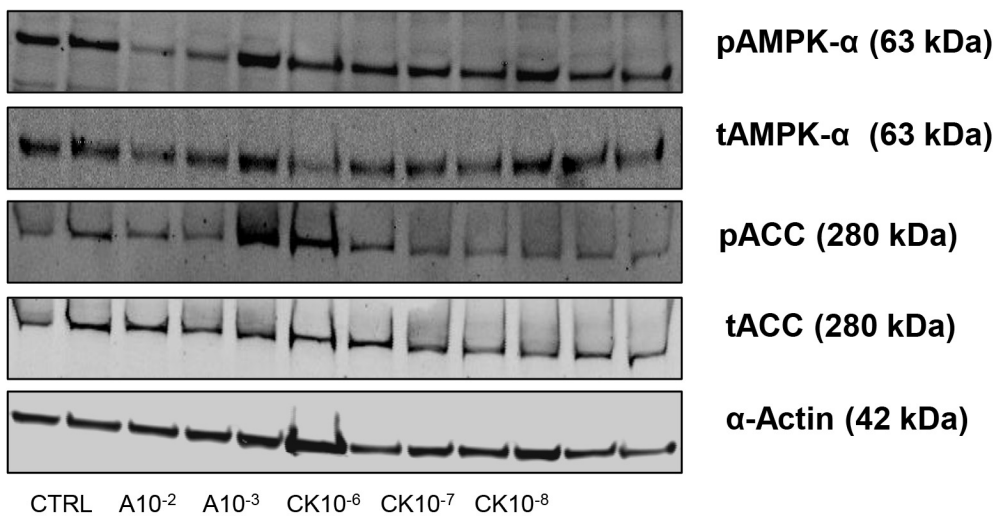
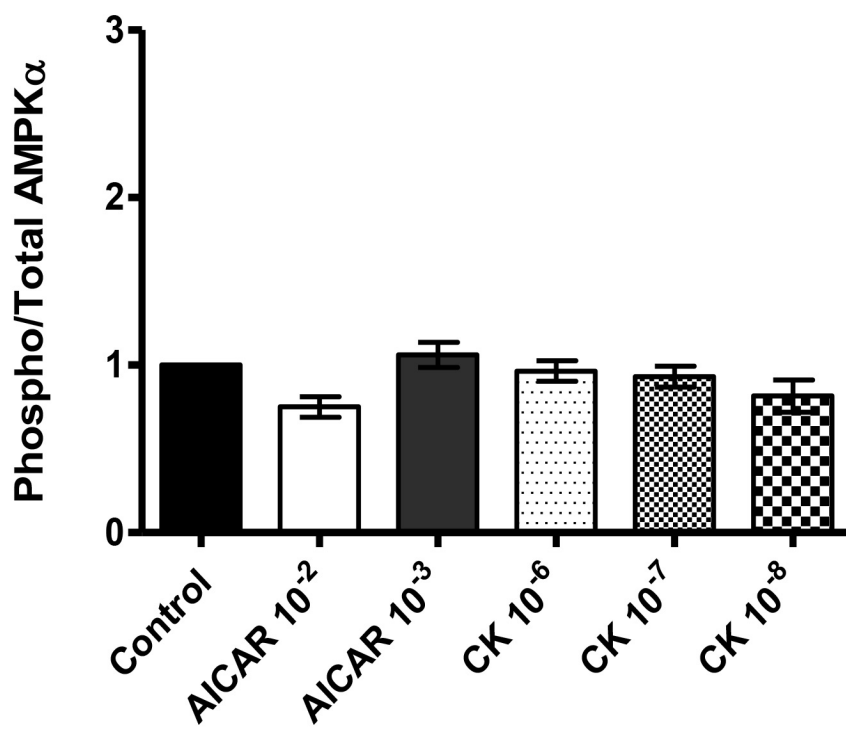
Abdominal Aorta PVAT



Mesenteric Artery PVAT



**A****B**

**A****B****C**