Molecular detection of *Mycoplasma pneumoniae* by quantitative real-time PCR in patients with community acquired pneumonia

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Background & objectives: *Mycoplasma pneumoniae* is the most important and common cause of community-acquired pneumonia (CAP). The conventional detection methods (culture and serology) lack sensitivity. PCR offers a better approach for rapid detection but is prone to carry over contamination during manipulation of amplification products. Quantitative real-time PCR (qRT-PCR) method offers an attractive alternative detection method. In the present study, qRT-PCR, PCR and serology methods were used to detect *M. pneumoniae* infection in cases of pneumonias and findings compared.

Methods: A total of 134 samples consisting of blood (for serology) and respiratory secretions (for PCR and qRT-PCR) from 134 patients were collected. The blood samples were tested for IgG, IgM and IgA using commercially available kits. For standardization of PCR of *M. pneumoniae P1* gene was cloned in pGEMTEasy vector. Specific primers and reporter sequence were designed and procured for this fragment. The qRT-PCR assay was performed to prepare the standard curve for *M. pneumoniae* positive control DNA template and detection in patient samples.

Results: Of the 134 patients, 26 (19%) were positive for antibodies against *M. pneumoniae*. IgG was positive in 14.92 per cent (20) cases, IgM in 4.47 per cent (6) and IgA was positive in 5.22 per cent (7) cases. In the qRT-PCR assay 19 per cent (26) samples were positive. Of the 26 qRT-PCR positive samples, nine could be detected by serology. PCR was positive for 25 samples. An extra sample negative by PCR was detected by qRT-PCR. Thus, real-time PCR assay, PCR and serology in combination could detect *M. pneumoniae* infection in 43 patients.

Interpretation & conclusions: The study shows that 17 patients were detected by serology alone, 17 were detected by qRT-PCR only and nine patients were positive by both serology and real-time PCR. Of the 134 samples tested, 25 were positive by conventional PCR, but qRT-PCR could detect one more sample that was negative by PCR and serology. These results suggest that a combination of two or three methods may be required for reliable identification of CAP due to *M. pneumoniae*.

Key words Community-acquired pneumonia (CAP) - *Mycoplasma pneumonia* - Quantitative real-time PCR (QRT-PCR) - serology

Mycoplasma pneumoniae accounts for as many as 10-30 per cent of all cases of commonly acquired pneumonia (CAP)[1] in general population and for 25-71 per cent in closed populations[2] such as students and military recruits living in dormitories. *M. pneumoniae* has been frequently observed in patients suffering with respiratory illness and is also reported to be associated with acute exacerbation of bronchial asthma and chronic obstructive pulmonary disease (COPD)[3], acute respiratory distress syndrome (ARDS)[4], polyarthritis[5], stroke[6], Guillain-Barre syndrome[7], and coronary artery diseases (CAD)[8].

Infections caused by *M. pneumoniae* have been recognized worldwide. Earlier infections with *M. pneumoniae* were generally reported to be affecting people between the age of 5 and 25 yr. The incidence of *M. pneumoniae* pneumonia requiring hospitalization increases with age, highlighting the importance of this pathogen in the elderly hospitalized with pneumonia. Clinically *M. pneumoniae* pneumonia cannot be differentiated from pneumonia caused by other bacteria and viruses. Mycoplasma infection in India has been reported for 35 per cent patients with community acquired pneumonia in both children as well as in adults[9]. *M. pneumoniae* can produce a wide range of clinical symptoms ranging from pneumonia, bronchitis, upper respiratory disease to inapparent infections.

M. pneumoniae grows slowly in culture and can take weeks to grow[1,10]. Thus, it is difficult to carry out culture analysis for routine diagnosis. Diagnosis of *M. pneumoniae* infection still relies on conventional serological procedures; however, these are generally non-specific and lack sensitivity. Molecular diagnosis by PCR assays have been described for the detection of *M. pneumoniae*. Targets reported for PCR are *P1 gene*[11,12], 16SrRNA[13] and *Tuf* gene encoding elongation factor Tu[14,15]. Real-time PCR[16-18] based assays targeting some of the above mentioned genes have been described and have an advantage over conventional PCR in terms of sensitivity and specificity[19,20]. In the present study, a *P1 gene* based, real-time PCR assay was employed to detect *M. pneumoniae* infections among Indian patients. Further, conventional PCR and detection of all immunoglobulin classes (IgG, IgM & IgA) were also attempted and results were compared.

Material & Methods

Strain and samples: Standard strain of *M. pneumoniae* M129 was procured from ATCC, USA. A total of 134 clinical samples consisting of blood and respiratory tract fluids (107 throat swabs, 19 nasopharyngeal aspirates, 6 endotracheal aspirates, and 2 broncoalveolar lavage) were collected between May 2005 and August 2008 from the patients diagnosed to have CAP and admitted at medicine & paediatrics wards of All India Institute of Medical Sciences (AIIMS), New Delhi, India. Serum extracted from blood samples and respiratory tract fluids was stored at -20°C until use. The study protocol was approved by the Institute's ethics committee. Patients included in the study were based on the following criteria:

Inclusion criteria: *(i)* Community acquired pneumonia (CAP): Presence of at least one of the major clinical criteria (cough, sputum production, fever > 37.8°C) or two of the minor criteria (pleuritic chest pain, dyspnoea, altered mental state, sign of pulmonary consolidation on examination or total leukocyte count of 12000/µl).

(ii) Presence of a new pulmonary infiltrate/ shadow on chest X-ray suggestive of pneumonia at/ within 24 h of hospitalization.

(iii) Patient residing in community.

Exclusion criteria: *(i)* Hospital acquired pneumonia *i.e.* pneumonia that developed 72 h after hospitalization or within 7 days of discharge.

(ii) Pulmonary shadow due to a cause other than pneumonia.

All patients fulfilling the inclusion criteria were included.

Culture: The *M. pneumoniae* standard strain was revived according to ATCC guidelines (*www.atcc.org*). In brief, the lyophilized culture was resuspended in 6 ml pleropnemonia like organism (PPLO) broth. A single drop was used to inoculate PPLO agar; 3 ml suspension was used to prepare glycerol stocks and stored at -70°C. The remaining 3ml suspension was incubated at 37°C and 5 per cent CO_2 incubator till growth was observed with change in colour from red to yellow.

Genomic DNA: PPLO broth culture or samples in PPLO broth after colour change to yellow were used for genomic DNA extraction. Culture (200 µl) was centrifuged at 22,000 *g* for 15 min to pellet the cells. The pellet was washed with PBS (*p*H 7.2). After washing twice, pellet was resuspended in 100 µl autoclaved double distilled water. Tubes were placed in boiling water bath for 10 min and then centrifuged for 30 sec to sediment the debris[21,22]. The supernatant was collected in new micro-centrifuge tubes and stored at -20°C until used.

PCR and positive control preparation: For *M. pneumoniae P1* adhesin gene specific primers were used (Table I). The target sequence for amplification was a 543 bp segment of the gene coding for P1 adhesin protein. The 25 µl PCR reaction consisted of 1X PCR buffer (Bangalore Genei, India), 1.5 mM MgCl₂ (Bangalore Genei, India), 200 µM dNTPs (MBI Fermentas, USA), 20 pmol of each primer (Sigma-Aldrich, USA), 1 Unit of Taq polymerase (Bangalore Genei, India) and 5 µl of extracted genomic DNA. The reaction was performed in a thermocycler (Perkin Elmer, USA). The target sequence for amplification was a 543bp fragment of the *P1* gene and PCR was done as described earlier[23]. In brief, PCR run consisted of 35 cycles of amplification, each at 94°C for 1 min, 55°C for 1 min and 72°C for 2 min and final elongation step of 10 min at 72°C. A negative control was systematically run in parallel. This method was used for PCR amplification from patient samples. The 543 bp PCR product from *M. pneumoniae* M129 (ATCC, USA) standard strain was cloned in pGEM-T Easy (Promega, USA) vector according to manufacturer's instructions. The positive clone was confirmed by restriction digestion and sequencing. This clone was used subsequently as a positive control for standardization of *M. pneumoniae* PCR and real-time PCR assay by serially diluting the plasmid.

Quantitative real-time PCR assay: The clone once confirmed by sequencing was used to extract DNA in large quantity. For this, a 100 ml Luria Bertani (LB) broth containing ampicillin (100 µg/ml) was inoculated with the glycerol stock. The culture was incubated at 37°C in a shaker. The overnight grown culture was harvested and the plasmid extraction was done using the Qiagen Midi kit (Qiagen, USA). The plasmid DNA extracted was quantified spectrophotometrically. The final concentration of the plasmid DNA was

575 ng/µl. The copy number calculation was done using the following formula:

$$\text{Copy number} = \frac{6.023 \times 10^{23} \text{ (copies/mol)} \times \text{Concentration of standard (g/µl)}}{\text{MW (g/mol)}}$$

Conc. of std- Obtained spectrophotometrically

MW- Molecular weight of each pGEM-T Easy plasmid with cloned gene.

Using the above formula *M. pneumoniae P1* gene cloned in pGEM-T Easy vector was calculated to be 14×10^{10} copies/µl and a set of dilutions were prepared for standard curve preparation. The primers for real time assay were synthesized corresponding to a 73 bp fragment internal to the 543 bp fragment of *P1* gene which is detected by Fam-dye labelled reporter sequence. These primers and reporter sequences (Table I) were synthesized by Applied Biosystems, USA. Along with the positive reactions of dilutions of template DNA, a no-template control (NTC) was also included. The reactions were performed in a final volume of 20 µl containing 1 µl 20X assay mix (primers & probe), 10µl 2x TaqMan® Universal Master Mix (enzyme, buffer & dNTPs) and 9 µl DNA diluted in RNase free water. Amplification and product detection were performed with the ABI Prism™ 7700 Sequencing Detection System, USA. Once the reaction for standard curve was finalized, similar reactions were performed for DNA extracted from patients' throat swab samples.

Serology: Serum was separated from the venous blood samples and stored at -20°C till assayed. Serum specimens collected in acute phase from patients were used to detect IgM, IgA and IgG antibodies against *M. pneumoniae* by commercial ELISA kits (Verion/Serion, Germany). A titre of IgG >30 U/ml, a titre >1.1RU of IgM and a titre > 14 U/ml of IgA were considered as positive.

Statistical analysis: Fisher exact and Pearson Chi square tests were used to analyse clinical signs and symptoms and demographic data (age & sex).

Results

Demographic profile: A total of 134 patients were enrolled in the study. Of these, 92 (69%) were males and 42 (31%) were females. The patients positive for *M. pneumoniae* by any test (serology, PCR and real-time PCR) consisted of 27 (29%) males and 16 (38%) females. The study group included 37 (28%) paediatric and 97 (72%) adult patients. There were 6

Table I. PCR and real-time PCR primers for *P1* adhesin gene of *M. pneumoniae*

PCR
Forward primer: 5' CAAGCCAAACACGAGCTCCGGCC 3'
Reverse primer: CAGTGTCAGCTGTTTGTCCTTCCCC-3'
Real-time PCR
Forward primer: 5' AACCTCGCGCCTAATACTAATACG 3'
Reverse primer: 5' TTGCGGCGTTGCTTTCAG 3'
Reporter sequence: 5' Fam-AAAGTCGACCAACCCC-NFQ 3'
FAM, 6-caboxyfluorescein
Synthesized by Applied Biosystems, USA

Table II. Age distribution for *M. pneumoniae* positive (serology & qRT-PCR) and negative patients

| Age group (yr)	*M. pneumoniae* +ve	*M. pneumoniae* -ve	Total patients
0-15	6	31	37
16-30	10	18	28
31-45	5	6	11
46-60	10	18	28
61-75	11	17	28
76-90	1	1	2
Total	43	91	134

(16%) paediatric and 37 (38%) adult patients positive for *M. pneumoniae* by any test done in the study. *M. pneumoniae* positivity using serology and qRT-PCR in different age groups is given in Table II. Overall, real-time PCR assay, PCR and serology in combination could detect *M. pneumoniae* infection in 43 patients.

PCR and positive control preparation: The *M. pneumoniae* standard strain maintained in the laboratory was used for genomic DNA extraction. The genomic DNA extracted was used for PCR amplification of 543bp fragment of P1 gene (Fig. a). The PCR amplified product was cloned in pGEM-T Easy

vector and confirmed by restriction digestion (Fig. b) and sequencing. This clone was used subsequently as a positive control for standardization of *M. pneumoniae* PCR and real-time PCR assay. A total of 25 patients were found positive for conventional PCR.

Real-time PCR: In the qRT-PCR assay for *M. pneumonia*, standard curve was obtained using *P1* gene cloned in pGEM-T Easy vector as positive control. The cycle threshold (C_T) values obtained for different dilutions of control plasmid were in the range of 10-31 for concentration range of 90 to 9×10^8 copies/reaction. The minimum detection limit was found to be 90 copies/reaction. The sensitivity and specificity of *M. pneumoniae* real time PCR assay were 34.6 and 84.2 per cent, respectively. Patient samples using DNA extracted from respiratory secretions (throat swabs, nasopharyngeal aspirates, endotracheal aspirates and broncoalveolar-lavage) were tested with the standardized assays. A total of 26 (19%) samples were found to be positive out of 134 patient samples by real-time PCR assay.

Serology: Of the 134 patients, 26 were positive for any class of immunoglobulins by ELISA; of these, IgG was positive in 20 (14.92%) cases, IgM was positive in 6 (4.47%) cases and IgA was positive in 7 (5.22%) cases. Combination of IgG+IgM+IgA were positive in 2, IgG+IgM in 2 and IgG+IgA in 1 patient.
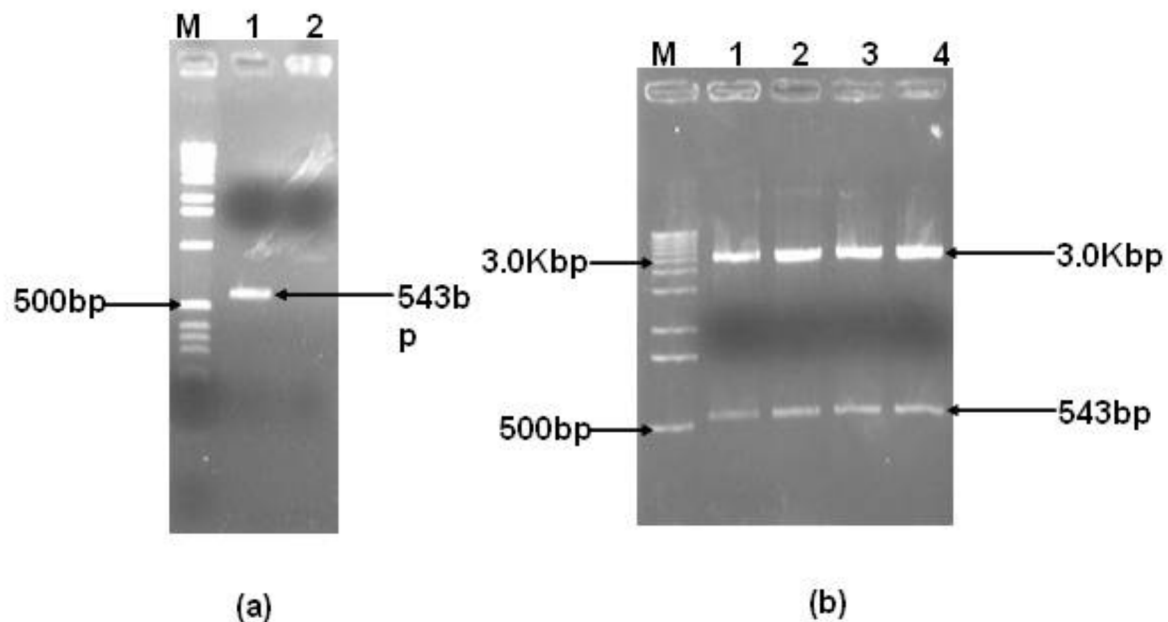
Fig. a. PCR amplification of *P1* gene fragments for positive control preparation. Lane M: 1 kbp ladder, lane 1: P1 gene 543 bp positive PCR, lane 2: no template control. **b.** Restriction digestion of positive clones. Lane M: 1 kbp ladder, lanes 1-4: positive clones.

Clinical signs and symptoms: The comparison of clinical data of CAP patients diagnosed for *M. pneumoniae* based on qRT-PCR assay and serology (Table III), revealed that fever, cough, headache and dyspnoea were equally positive in both the groups. Of the clinical signs crepitations and pleural rub (Table III) was higher in serology positive cases though it was not significant. Wheeze, decreased breadth sounds and significant chest X-ray were equally positive in both the groups. The clinical signs and symptoms for *M. pneumoniae* positive (serology and qRT-PCR) and *M. pneumoniae* negative patients did not show any significant difference (Table IV).

Discussion

Many bacterial and viral infections often share clinical features and symptoms which are difficult to distinguish clinically[24,25]. A sensitive and effective method of detecting these agents is required so that the correct treatment is offered and unnecessary use of antibiotics can be avoided. The standard laboratory method for the diagnosis of *M. pneumoniae* as an aetiological agent for CAP has been the culture or serology[26]. PCR has been shown to be a better diagnostic test than conventional techniques[19,27]. Real-time PCR significantly reduces time to give results and has an advantage over conventional PCR as detection is performed in a closed system in real time, thus minimizing the risk of contamination. In the present study, a real-time PCR assay that targets the *P1* adhesin gene for the diagnosis of *M. pneumoniae* infections was performed along with serology and conventional PCR. Based on *P1* gene detection, qRT-PCR assay was developed to detect *M. pneumoniae* infections in 134 patients. Using both qRT-PCR and serology, overall 43 (of the 134) patients (32.08%) were found positive. qRT-PCR was positive in 26 of the 134 (19.4%) samples as compared to conventional PCR

Table III. Clinical signs & symptoms of *M. pneumoniae positive* [serology (n=17) & qRT-PCR (n=17) and positive for both (n=9)] and negative patients for community acquired pneumonia.

Clinical signs	*M. pneumoniae* positive N=43 (%)	*M. pneumoniae* negative N=91 (%)	Clinical symptoms	*M. pneumoniae* positive N=43 (%)	*M. pneumoniae* negative N=91 (%)
Pleural rub	2 (5)	4 (4.5)	Fever	32 (74.5)	77 (85)
Wheeze	9 (21)	11 (12)	Cough	39 (91)	77 (85)
Crepitations	22 (51)	44 (48.5)	Headache	2 (5)	9 (10)
Bronchial breathing	4 (9)	8 (9)	Vomiting	4 (9)	13 (14)
Whispering pectoriloquy	0 (0)	1 (1)	Abdominal pain	3 (7)	6 (7)
Decreased breath sounds	3 (7)	0 (0)	Diarrhoea	8 (19)	11 (12)
Significant chest X-ray	42 (98)	91 (100)	Dyspnoea	27 (63)	58 (64)

Table IV. Clinical symptoms and signs for serology and real-time PCR positive patients for community acquired pneumonia

Clinical signs	Serology N=26 (%)	Real- time PCR N=26 (%)	Clinical symptoms	Serology N=26 (%)	Real- time PCR N=26 (%)
Pleural rub	3 (11.5)	0 (0)	Fever	18 (69)	20 (77)
Wheeze	5 (19)	6 (23)	Cough	23 (88)	23 (88)
Crepitations	16 (61.5)	11 (42)	Headache	1 (4)	1 (4)
Bronchial breathing	1 (4)	2 (8)	Vomiting	4 (15)	0 (0)
Whispering pectoriloquy	0 (0)	0 (0)	Abdominal pain	3 (11.5)	1 (4)
Decreased breath sounds	3 (11.5)	3 (11.5)	Diarrhoea	5 (19)	4 (15)
Significant chest X-ray	25 (96)	26 (100)	Dyspnoea	14 (54)	16 (61.5)

Nine patients were positive for both serology and RT-PCR

in 25 of the 134 samples tested. However, 17 cases positive by qRT-PCR were negative by serology (Table V). Serology showed 17 samples positive which were negative by qRT-PCR was negative. Of these 17 cases, only IgG antibody was detected in 11 cases whereas IgA and IgM were absent. In these cases the presence of IgG antibodies alone can be due to past infection and, therefore, real-time PCR missed only six cases of acute infection where IgA/IgM was also detected.

Our study showed that clinical signs like pleural rub and crepitations were more in serology positive patients compared to sero negatives though not significantly. Tempelton *et al*[28] reported that none of the patients with *M. pneumoniae* infections had pulmonary diseases in contrast majority of patients in our study were observed with pulmonary disease. Clinical signs and symptoms

among *M. pneumoniae* positive (serology and qRT-PCR) and negative patients were also compared, but no significant difference was observed. This suggests that *M. pneumoniae* infection cannot be differentiated from other pulmonary infections on the basis of clinical signs and symptoms. Thus, for better patient management a laboratory diagnosis is important to detect or to rule out *M. pneumoniae* infection from other respiratory infections.

Tempelton *et al*[28] reported 12 (11%) positive results by qRT-PCR assay for *M. pneumoniae* infection in a group of 106 patients. Other studies have shown 20-21 per cent positivity by qRT-PCR assay[29,30]. Our study showed 19.4 per cent (26/134) positive samples by qRT-PCR assay and 18.6 per cent (25/134) by PCR which is close to the reported studies from other geographical locations. One additional case was picked by qRT-PCR

Table V. Comparison of results of real-time PCR with conventional PCR and serology						
RT-PCR positive patients	C_T value	Copy No.	IgG	IgM	IgA	PCR
1.	15	1.3×10^6	-	-	-	+
2.	18	1.8×10^5	-	-	-	+
3.	21	1.1×10^4	-	-	-	+
4.	24	1.4×10^4	-	-	-	+
5.	24	1.3×10^4	-	-	-	+
6.	24	1.3×10^4	-	-	-	+
7.	24	1.3×10^4	-	-	-	+
8.	24	1.2×10^4	-	-	-	+
9.	24	3.6×10^3	-	-	-	+
10.	24	3.4×10^3	-	-	-	+
11.	25	7.3×10^3	-	-	-	+
12.	25	6.3×10^3	-	-	-	+
13.	25	6.3×10^3	-	-	-	+
14.	25	2.9×10^3	-	-	-	+
15.	28	4.5×10^3	-	-	-	-
16.	28	3.6×10^3	-	-	+	+
17.	28	2.5×10^3	-	+	-	+
18.	28	2.4×10^3	+	-	-	+
19.	28	2.2×10^3	-	-	-	+
20.	28	1.7×10^3	+	+	+	+
21.	29	2.0×10^3	+	-	-	+
22.	29	1.9×10^3	+	+	-	+
23.	29	1.5×10^3	+	-	+	+
24.	29	1.5×10^3	+	-	-	+
25.	29	1.1×10^3	-	-	-	+
26.	30	9.0×10^2	+	-	-	+

which was negative by both PCR as well as serology.

There were 17 samples positive by RT-PCR having high copy number but were not detected by serological test. All these cases were having clinical symptoms for less than one week duration. During early period of infection organism load is usually high in the throat swab sample but detectable amount of antibodies are not generated, and hence such samples are missed by serological methods.

The merit of this study is that three different classes of antibodies, qRT-PCR and PCR have been done in all the cases, whereas none of the earlier studies have looked for IgA, IgM and IgG simultaneously in the same sets of samples. Thurman *et al*[30] used real-time PCR and IgG/IgM antibody detection kit in the investigation of outbreaks of CAP due to *M. pneumoniae* and showed 81 per cent positive results with IgM antibodies and 54 per cent with IgG/IgM. Morozumi *et al*[31] reported sensitivity and specificity of real-time PCR related to serological assay as 90.2 and 97.9 per cent of real-time PCR positive samples. In our study although both PCR and qRT-PCR showed concordant results, serology was positive in only one third (9/26) of these cases, therefore, sensitivity and specificity of qRT-PCR compared to serological assay (ELISA) was 34.6 and 84.2 per cent, respectively. As reported by Thurman *et al*[30], the sensitivity of the real-time PCR assay reduces with the delay in collection of samples from the onset of the disease.

In conclusion, our study indicated that no single available test was reliable for identification of *M. pneumoniae* infections. A combination of two or three methods can be the most reliable approach for identification of CAP due to *M. pneumoniae*, especially in the absence of other suspected respiratory pathogens. However, qRT-PCR may not only detect *M. pneumoniae* infection early in the course of disease but also quantitates bacterial load and helps to initiate specific antibiotic therapy. The qRT-PCR assay can be used to rule out infection with *M. pneumoniae* when the samples are tested for new emerging respiratory pathogens.

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