

# New Equations for Atomic Mass, Mass per Nucleon and Mass defects of Elements in Terms of Rest Mass Based Neutron Numbers

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## Abstract

Conventional neutron numbers are based on the approximations that the mass of the electron is zero and that those of the proton and neutron are each equal to unity. It was shown, by using the exact rest masses, that the neutron numbers are actually one or two less than the conventional ones for atomic masses greater than 108. Presented here are new equations for the atomic mass, mass per nucleon and mass defects for the most abundant stable isotope (or the one with the longest half life) of each of the 118 elements of the Periodic Table.

## 1. Introduction

Atomic masses of nuclides are usually interpreted through the mass defects (MD),  $\Delta A_{Z,N}$ , or the binding energies (B.E.),<sup>1-3</sup>

$$MD = A_{Z,N} - A_r = \Delta A_{Z,N} = B.E./c^2 \quad (1a)$$

$$A_{Z,N} = Zm_H + Nm_n \quad (1b)$$

where  $A_{Z,N}$  is the expected mass sum for a nuclide with atomic number Z and neutron number N ( $= A - Z$ ), A is the mass number<sup>4a</sup>,  $A_r$  is the actual atomic mass<sup>4b</sup> relative to that of the carbon 12 isotope of atomic mass 12 u (u = atomic mass unit<sup>4c</sup>, 1u = 931.494028 MeV), B.E., the binding energy, is the energy equivalent of the mass defect and c is the velocity of electromagnetic radiation. There have been several attempts to explain the exact values of the B.E., see e.g.<sup>5-8</sup>. However, the equations have so far been semi

empirical and no exact solution has been found yet. In this work, rather than mass defects, the atomic masses as such have been interpreted based on the rest masses of the electron, proton and neutron. Simple equations have been presented for the atomic mass, mass per nucleon and mass defects, and the article has been divided into suitable sections.

## 2. The conventional neutron numbers

The mass number, A, of an isotope of an element is defined<sup>1-3,4a</sup> as the rounded up whole integer closest to the relative atomic mass,  $A_r$ , of the isotope. (The recommended symbols A for mass number<sup>4a</sup> and  $A_r$  for relative atomic mass<sup>4b</sup> used here replace M and A, respectively, used in the previous work<sup>9,10</sup> on rest mass based neutron numbers). In Table 1 are presented the values of Z (column 2),  $A_r$  (column 3, data from<sup>11,12</sup>) and the conventional neutron number N (= A - Z, column 4) for the most abundant stable isotope (or the one with the longest half life) of each of the 118 elements of the Periodic Table<sup>13</sup>. Also marked with asterisks in column 1 of Table 1, are the 21 elements which occur 100% in only one stable natural isotopic form. The exact atomic masses for the nine nuclides listed in the last rows of Table 1 are not yet known<sup>13</sup>, but for the whole numbers.

## 3. The rest mass based neutron numbers

In the absence of the knowledge of the exact masses, the mass ( $m_e$ ) of the electron was assumed<sup>1-3</sup> to be zero and those of the proton ( $m_p$ ) and neutron ( $m_n$ ) to be 1u, and the mass number, A, was considered to be equal to the nucleon number, Z + N. The conventional neutron numbers (N) are simply taken as the difference, A - Z. Note that this also implies that in equation (1b),  $A_{Z,N} = Z + N = A$  and the mass defect and binding energy,  $\Delta A_{Z,N} = A - A_r$ . It was pointed out in<sup>9</sup> that, although the exact rest masses of the electron, proton and neutron have become known with high precision<sup>8,11,12</sup> ( $m_e = 0.000548580\text{u}$ ,  $m_p = 1.007276467\text{u}$  and  $m_n = 1.008664916\text{ u}$ ), and the original idea that atomic masses of isotopes are whole numbers<sup>14</sup> have long changed in the light of later accurate data<sup>8,11,12</sup>, the definition of the conventional neutron numbers as  $N = A - Z$  has continued to be in use, while the rest mass of the neutron and the conventional neutron number were used in equation (1b) to calculate  $A_{Z,N}$ , e.g. see<sup>1-3</sup>.

Therefore, the exact rest mass based neutron numbers,  $N_{r.m.}$  (this replaces the symbol  $N'$  used before<sup>9</sup>) were calculated in<sup>9,10</sup> for the then known 105 nuclides, from the atomic masses ( $A_r$ ) in<sup>11,12a</sup> as,

$$A_r = Zm_H + N_{r.m.}m_n \quad (2)$$

$$N_{r.m.} = (A_r - Zm_H)/m_n \quad (3)$$

where  $m_H = (m_e + m_p) = 1.00782505$  u is the mass of an atom of hydrogen isotope (H). Here, the values of  $N_{r.m.}$  calculated using the recent atomic mass data<sup>12b</sup> (see column 3, Table 1) are tabulated in column 5 of Table 1. In<sup>9</sup> the values of  $N_{r.m.}$ , were rounded up and denoted by  $N$  (in italics, to distinguish it from  $N$ , the conventional number) such that  $N > N_{r.m.} > (N - 1)$ , were shown to be 1)  $N = N$ , for all nuclides with  $A_r < 108$  (for  $Z < 48$ , see Table 1), 2)  $N = N - 1$  for those with  $A_r$  in the range,  $108 < A_r > 251$  (for  $Z = 48$  to  $Z = 98$ ) and 3)  $N = N - 2$  for  $A_r > 251$  (for  $Z = 99$  and above). These can be seen by comparing the values of  $N$  (column 4) and  $N$  (column 6) in Table 1. Besides, it was pointed out<sup>9</sup> that, of the three particles, the electron, proton and neutron, since the last is the least stable (decays with a half life of about 10 mins. in the free state<sup>15</sup>),  $N_{r.m.} < N$  and that the above equation (2) for the atomic mass gives the highest mass defect per nucleon, in accordance with the criterion for stability<sup>2</sup>.

#### 4. Equation for the atomic mass

This work reports the interesting finding that a graph of  $A_r$  versus the nucleon number,  $Z + N_{r.m.}$  (see column 7, Table 1) for all the present nuclides from  $Z = 1$  to 118, is a straight line with a slope,  $m^*$ , and a small intercept (see Figure 1). Also plotted in this graph are the coordinates for the nuclides of 21 elements which exist in only one stable isotopic form. The slope of this line is 1.00833917 u. This is close to that for the whole region from  $Z = 1$  to 118,  $m^* = 1.00834045$  u. The product  $(Z + N_{r.m.})m^*$  reproduces  $A_r$  for all the 118 nuclides with an accuracy of ~ - 0.005 u in the third decimal place (see column 10, Table 1).

On re-writing equation (2) in terms of the nucleon number,  $(Z + N_{r.m.})$ , it follows that the atomic mass,  $A_r$  is given (up to the sixth decimal place) by the equations,

$$A_r = (Z + N_{r.m})m^* + [N_{r.m} \delta m_n - Z\delta m_H] \quad (4a)$$

$$= Z(m^* - \delta m_H) + N_{r.m}(m^* + \delta m_n) \quad (4b)$$

$$= Zm_H + N_{r.m}m_n \quad (2)$$

where  $m^* = m_H + \delta m_H = m_n - \delta m_n = 1.00834045$  u,  $\delta m_H + \delta m_n = (m_n - m_H) = 0.00083987$  u,  $\delta m_n = 0.00032447$  u and  $\delta m_H = 0.00051540$  u ( $< m_e = 0.00054858$  u). The second term in the square brackets,  $[N_{r.m} \delta m_n - Z\delta m_H] = \delta A_r$  is negative (see column 11, Table 1) and it accounts for the deviation of  $A_r$  from  $(Z + N_{r.m})m^*$  from the third to the sixth decimal place. Note that the equation (4a) for the atomic mass contains the three constants,  $m^*$ ,  $\delta m_H$  and  $\delta m_n$ .

Equation (4a) may be interpreted to mean that out of the mass,  $(Z + N_{r.m})m^*$ , the subtracted amount,  $\delta A_r$  is the mass shared by both  $Z$  and  $N_{r.m}$ , where  $\delta m_H$  and  $\delta m_n$  are distributed between H and n as shown by equation (4b) and their sum  $\delta m_H + \delta m_n = (m_n - m_H)$ . These values are compared with those of the quarks in the section below.

## 5. Neutrons, protons and quarks

If one considers the mass ( $m_n$ ) of a neutron as constituted by two down quarks of mass  $m_{qd}$  each and one up quark of mass  $m_{qu}$  and the mass of a proton ( $m_p$ ) as made of those of two up quarks and one down quark,<sup>16</sup> then,  $(m_n + m_p)/3 = m_{qd} + m_{qu} = 0.671947128$  u = 625.9147369 MeV and  $m_n - m_p = m_{qd} - m_{qu} = \delta m_H + \delta m_n + m_e = 0.001388449$  u = 1.2933320 MeV. From these, one gets,

$$m_{qd} = 0.33666779 \text{ u} (= 313.6040349 \text{ MeV}) \quad (6a)$$

$$m_{qu} = 0.33527934 \text{ u} (= 312.3107025 \text{ MeV}) \quad (6b)$$

These masses are close to those of constituent quarks<sup>17</sup>. The mass of the quark by itself, which is bound to the constituent quark by gluons, is termed the current quark mass, which is around 2.01 MeV (= 0.002158 u) for the up quark and 4.79 MeV (= 0.005142 u) for the down quark<sup>17d,e</sup>. These are about ten times higher

than  $\delta m_n = 0.00032447$  u ( $= 0.3022419$  MeV),  $\delta m_H = 0.0005154$  u ( $= 0.4800920$  MeV) and  $m_e = 0.00054858$  u ( $= 0.5109990$  MeV).

## 6. Equation for the mass per nucleon

On dividing equation (4a) by  $Z + N_{r.m}$ , the atomic mass per nucleon,  $m_A$  is obtained as,

$$m_A = A_r/(Z + N_{r.m}) = m^* - \delta A_r/(Z + N_{r.m}) \quad (5a)$$

$$= m_H + N_{r.m} (m_n - m_H)/(Z + N_{r.m}) \quad (5b)$$

Equation (5b) shows the linear increase of  $m_A$  from the value  $m_A = m_H$  at  $N_{r.m} = 0$  as the ratio  $N_{r.m}/(Z + N_{r.m})$  (see column 8, Table 1) increases and reaches  $m_A = m_n$  at  $Z = 0$ . The values of  $m_A$  are given in column 10 of Table 1. Figure 2 shows the linear variation of  $m_A$  with  $N_{r.m}/(Z + N_{r.m})$  for all the nuclides. The slope of the line  $= (m_n - m_H) = 0.00083987$  u and the intercepts,  $m_A = m_n$  at  $N_{r.m} = 1$  (for the neutron,  $Z = 0$ ) and  $m_A = m_H$  at  $N_{r.m} = 0$  (for hydrogen,  $Z = 1$ ).

## 7. Variation of the ratio $(A_r - Zm_H)/A_r$ with $Z$

The ratio,  $(A_r - Zm_H)/A_r = N_{r.m}m_n/A_r$  of the mass of neutrons in the atom to the atomic mass (data in column 8, Table 1) varies with  $Z$  as shown in Figure 3. The 21 nuclides which are available 100% in only one natural isotopic form are shown as filled circles. The rare gas nuclides are marked as open squares with the dotted line passing through them. The nuclides (He, C, N, O, Ne, Mg, Si, S and Ca) for which the ratio,  $N_{r.m}m_n/A_r \sim 0.5$  are marked as open squares. Note that of these, C, N, O and S, are the primary atoms in the life giving molecules, like the amino acids and DNA<sup>18</sup>. It is interesting that for values of  $Z > 75$ , the ratio,  $N_{r.m}m_n/A_r$  reaches a limiting value of about 0.61 (which is close to  $0.618 = 1/\phi$ , where  $\phi$  is the Golden ratio<sup>19,20</sup>).

## 8. Equation for the mass defects of nuclides

The equation (1) for the mass defect written with the rest mass based whole neutron number,  $N$ , becomes

$$MD = A_{Z,N} - A_r = \Delta A_{Z,N} = (N - N_{r.m.})m_n \quad (6)$$

where  $A_{Z,N} = Zm_H + Nm_n$ . Figure 4 shows a plot of MD vs  $Zm_H$ . It can be seen that there are three regions i)  $Z = 1$  to 47, ii)  $Z = 48$  to 98 and iii)  $Z = 99$  to 118. The points in the first two regions are found to be close to straight lines (with the slopes  $a \sim 0.02$  as given in the Figure 4) which can be represented by,

$$MD = \Delta A_{Z,N} = (N - N_{r.m.})m_n \sim aZm_H - b \quad (7)$$

## 9. Summary

In this work, instead of the conventional semi empirical interpretations of the atomic masses through the binding energies, atomic masses as such of the most abundant stable isotopes of all the elements have been represented by the equation (4), in terms of the rest mass based neutron numbers and three constants. Also, the mass per nucleon is expressed as a linear function of the ratio  $Z/(Z + N_{r.m.})$  or  $N_{r.m.}/(Z + N_{r.m.})$  by the equations (5a, b). For large values of  $Z$ , the ratio  $(A_r - Zm_H)/A_r$  is found to reach a limiting value of about 0.61, which is close to the reciprocal of the Golden ratio. The mass defects are shown to vary nearly linearly with the atomic number for  $Z = 1$  to 98. All the relevant data are presented in Table 1 and supporting Figures 1 – 4 have been provided.

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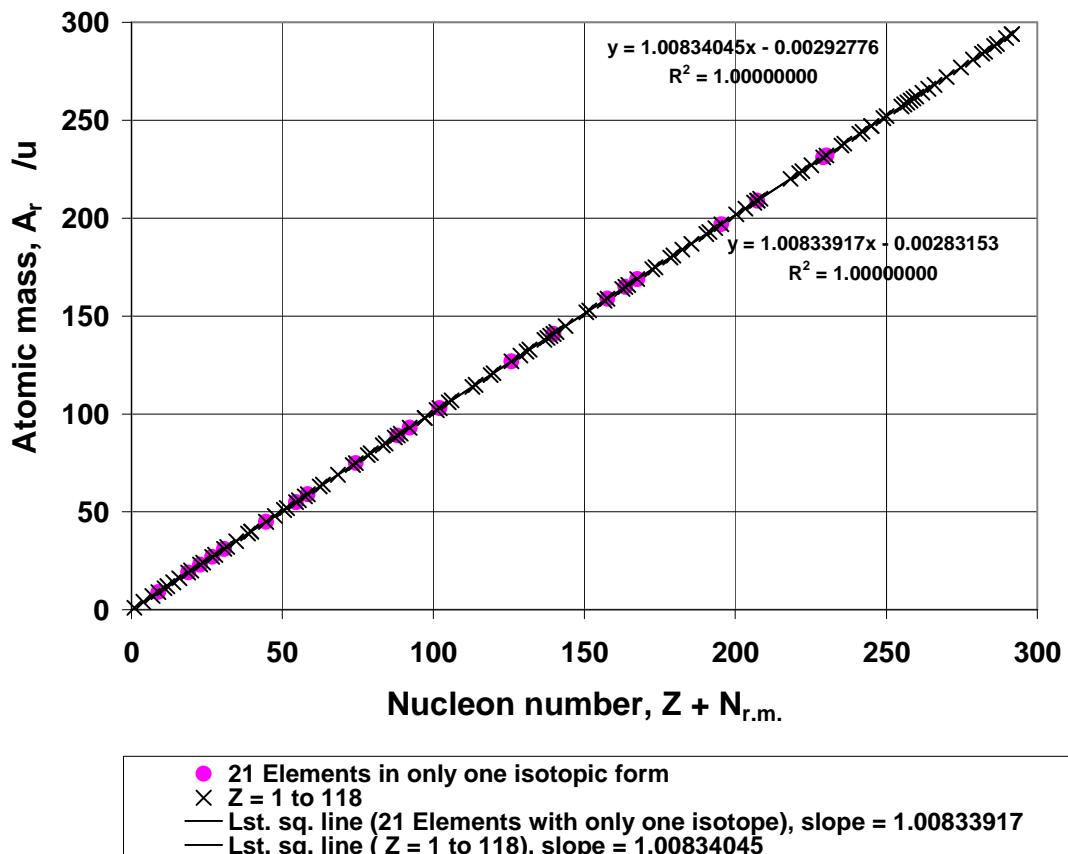
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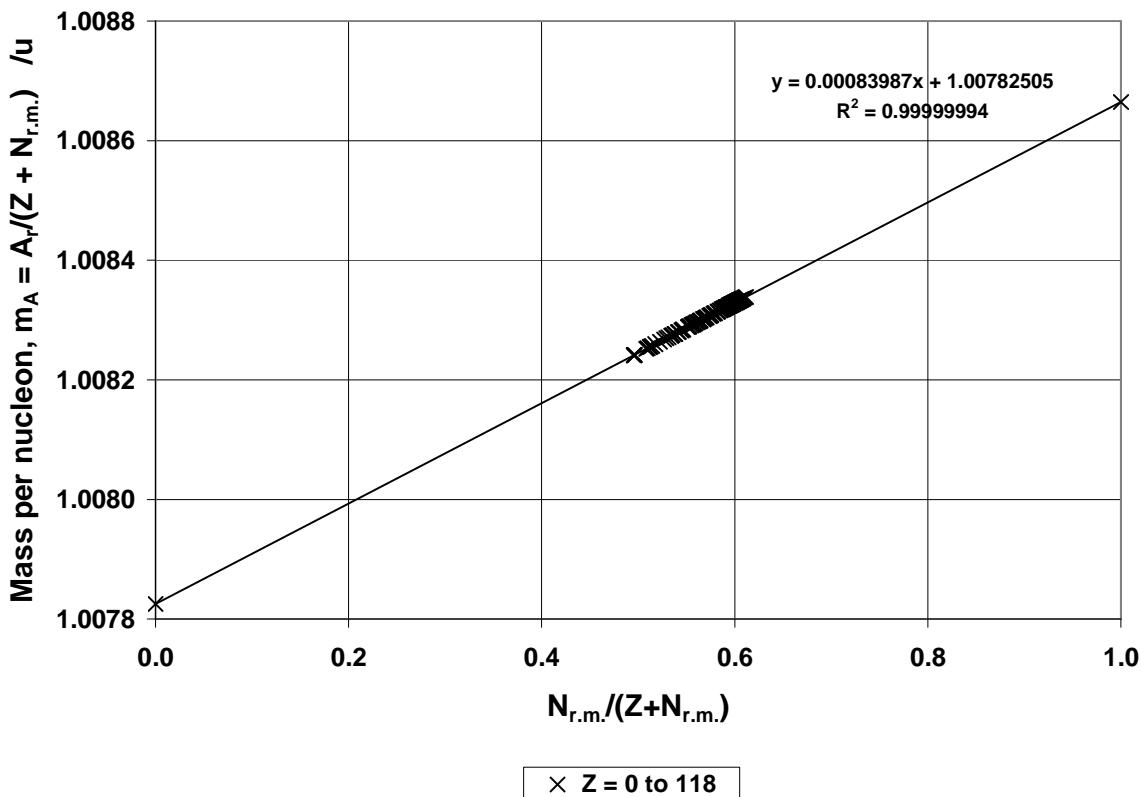
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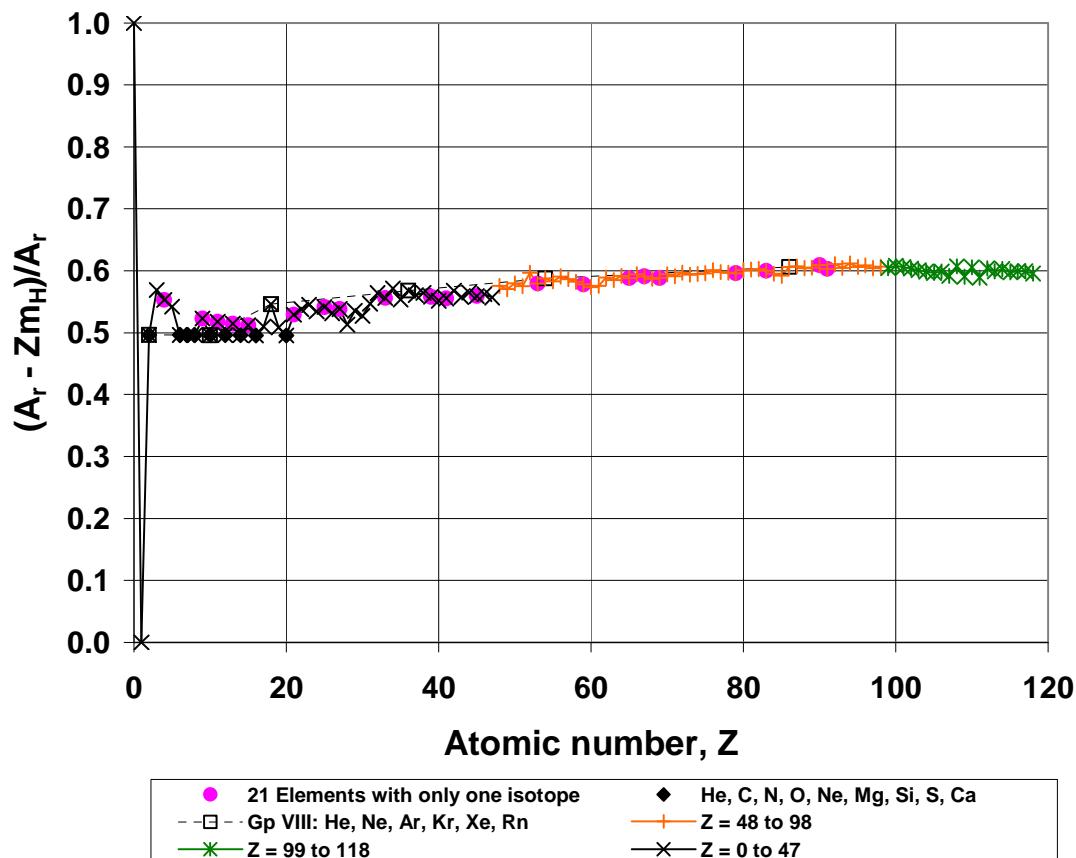
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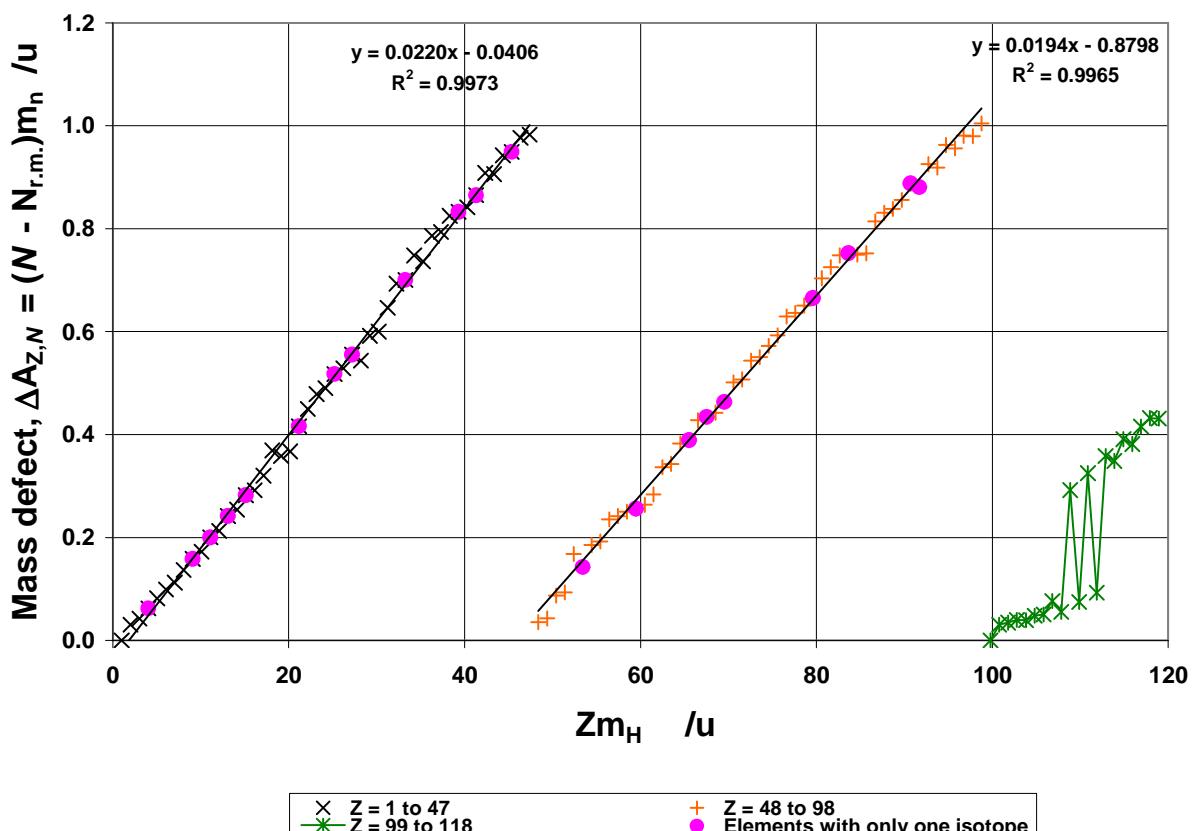
**Figure 1:** Dependence of relative atomic mass ( $A_r$ ) on the nucleon number,  $Z + N_{r.m.}$  for the most abundant stable isotope of each of the nuclides from  $Z = 0$  to 118.



**Figure 2:** Linear increase of the mass per nucleon ( $m_A$ ) with  $N_{r.m.}/(Z + N_{r.m.})$  for the most abundant stable isotope of each of the nuclides from  $Z = 0$  to 118.



**Figure 3:** Dependence of the ratio,  $(A_r - Zm_H)/A_r$ , of the mass of neutrons to that of atomic mass, on atomic number, Z for the most abundant stable isotope of each of the nuclides from Z = 0 to 118.



**Figure 4:** Dependence of mass defects,  $(N - N_{r.m.})m_n$  on  $Zm_H$  for the most abundant stable isotope of each of the nuclides from  $Z = 0$  to 118.

**Table 1: Atomic numbers, Z, relative atomic masses, Ar, conventional neutron numbers, N, rest mass based neutron numbers, N<sub>r.m.</sub>, rounded up values, N, of N<sub>r.m.</sub>, and mass per nucleon, m<sub>A</sub>, for the most abundant isotope (or one with longest half life) of each element. The 21 nuclides available in only one natural isotopic form are marked with asterisks (\*).  $\delta A_r = N_{r.m.} \delta m_n - Z \delta m_H$ ;  $A_{r,cal} = (Z+N_{r.m.})m^* + \delta A_r$  and  $m^* = 1.0083392$  u**

1	2	3	4	5	6	7	8	9	10	11	12
X	Z	A <sub>r</sub> (in u)	N	N <sub>r.m.</sub>	N	Z+N <sub>r.m.</sub>	N <sub>r.m.</sub> m <sub>n</sub> /A <sub>r</sub>	m <sub>A</sub> (in u)	(Z+N <sub>r.m.</sub> )m <sup>*</sup>	δA <sub>r</sub>	A <sub>r,calc</sub>
n	0	<b>1.008665</b>	1	1.000000	1	1.000000	1.000000	1.0086649	1.008340	0.000324	<b>1.008665</b>
H	1	<b>1.007825</b>	0	0.000000	0	1.000000	0.000000	1.0078250	1.008340	-0.000515	<b>1.007825</b>
He	2	<b>4.002603</b>	2	1.969884	2	3.969884	0.496415	1.0082418	4.002995	-0.000392	<b>4.002603</b>
Li	3	<b>7.016004</b>	4	3.958231	4	6.958231	0.569060	1.0083028	7.016266	-0.000262	<b>7.016004</b>
Be*	4	<b>9.012182</b>	5	4.938094	5	8.938094	0.552683	1.0082891	9.012641	-0.000459	<b>9.012182</b>
B	5	<b>11.009306</b>	6	5.918894	6	10.918894	0.542285	1.0082803	11.009963	-0.000656	<b>11.009306</b>
C	6	<b>12.000000</b>	6	5.901910	6	11.901910	0.496087	1.0082415	12.001177	-0.001177	<b>12.000000</b>
N	7	<b>14.003074</b>	7	6.888609	7	13.888609	0.496198	1.0082416	14.004447	-0.001373	<b>14.003074</b>
O	8	<b>15.994915</b>	8	7.864172	8	15.864172	0.495927	1.0082414	15.996487	-0.001572	<b>15.994915</b>
F*	9	<b>18.998403</b>	10	9.842691	10	18.842691	0.522569	1.0082638	18.999848	-0.001445	<b>18.998403</b>
Ne	10	<b>19.992440</b>	10	9.829022	10	19.829022	0.495897	1.0082414	19.994405	-0.001965	<b>19.992440</b>
Na*	11	<b>22.989770</b>	12	11.801436	12	22.801436	0.517782	1.0082597	22.991610	-0.001840	<b>22.989770</b>
Mg	12	<b>23.985042</b>	12	11.788991	12	23.788991	0.495773	1.0082413	23.987402	-0.002360	<b>23.985042</b>
Al*	13	<b>26.981538</b>	14	13.760578	14	26.760578	0.514419	1.0082569	26.983773	-0.002235	<b>26.981538</b>
Si	14	<b>27.976927</b>	14	13.748249	14	27.748249	0.495672	1.0082412	27.979682	-0.002755	<b>27.976927</b>
P*	15	<b>30.973762</b>	16	15.720172	16	30.720172	0.511930	1.0082548	30.976392	-0.002630	<b>30.973762</b>
S	16	<b>31.972071</b>	16	15.710738	16	31.710738	0.495647	1.0082412	31.975220	-0.003149	<b>31.972071</b>
Cl	17	<b>34.968853</b>	18	17.682609	18	34.682609	0.510049	1.0082532	34.971877	-0.003024	<b>34.968853</b>
Ar	18	<b>39.962383</b>	22	21.634075	22	39.634075	0.546052	1.0082835	39.964641	-0.002258	<b>39.962383</b>
K	19	<b>38.963707</b>	20	19.644810	20	38.644810	0.508551	1.0082520	38.967126	-0.003418	<b>38.963707</b>
Ca	20	<b>39.962591</b>	20	19.635946	20	39.635946	0.495616	1.0082411	39.966528	-0.003937	<b>39.962591</b>
Sc*	21	<b>44.955910</b>	24	23.587203	24	44.587203	0.529220	1.0082693	44.959080	-0.003170	<b>44.955910</b>
Ti	22	<b>47.947947</b>	26	25.554369	26	47.554369	0.537579	1.0082764	47.950994	-0.003047	<b>47.947947</b>
V	23	<b>50.943964</b>	28	27.525482	28	50.525482	0.544991	1.0082826	50.946887	-0.002923	<b>50.943964</b>
Cr	24	<b>51.940512</b>	28	27.514302	28	51.514302	0.534317	1.0082736	51.943954	-0.003442	<b>51.940512</b>
Mn*	25	<b>54.938050</b>	30	29.486922	30	54.486922	0.541381	1.0082796	54.941367	-0.003317	<b>54.938050</b>
Fe	26	<b>55.934942</b>	30	29.476083	30	55.476083	0.531537	1.0082713	55.938778	-0.003836	<b>55.934942</b>
Co*	27	<b>58.933200</b>	32	31.449417	32	58.449417	0.538269	1.0082770	58.936912	-0.003711	<b>58.933200</b>
Ni	28	<b>57.935348</b>	30	29.460970	30	57.460970	0.512921	1.0082557	57.940220	-0.004872	<b>57.935348</b>
Cu	29	<b>62.929601</b>	34	33.413152	34	62.413152	0.535562	1.0082747	62.933706	-0.004105	<b>62.929601</b>
Zn	30	<b>63.929147</b>	34	33.404944	34	63.404944	0.527058	1.0082675	63.933770	-0.004623	<b>63.929147</b>
Ga	31	<b>68.925581</b>	38	37.359289	38	68.359289	0.546720	1.0082840	68.929437	-0.003855	<b>68.925581</b>
Ge	32	<b>73.921178</b>	42	41.312804	42	73.312804	0.563719	1.0082983	73.924266	-0.003088	<b>73.921178</b>
As*	33	<b>74.921596</b>	42	41.305461	42	74.305461	0.556093	1.0082919	74.925202	-0.003606	<b>74.921596</b>
Se	34	<b>79.916522</b>	46	45.258311	46	79.258311	0.571227	1.0083046	79.919361	-0.002839	<b>79.916522</b>
Br	35	<b>78.918338</b>	44	43.269534	44	78.269534	0.553033	1.0082894	78.922338	-0.003999	<b>78.918338</b>
Kr	36	<b>83.911507</b>	48	47.220642	48	83.220642	0.567619	1.0083016	83.914740	-0.003233	<b>83.911507</b>
Rb	37	<b>84.911789</b>	48	47.213164	48	84.213164	0.560844	1.0082959	84.915540	-0.003751	<b>84.911789</b>
Sr	38	<b>87.905614</b>	50	49.182103	50	87.182103	0.564336	1.0082988	87.909241	-0.003627	<b>87.905614</b>
Y*	39	<b>88.905848</b>	50	49.174577	50	88.174577	0.557901	1.0082934	88.909993	-0.004145	<b>88.905848</b>
Zr	40	<b>89.904704</b>	50	49.165685	50	89.165685	0.551603	1.0082881	89.909367	-0.004663	<b>89.904704</b>
Nb*	41	<b>92.906376</b>	52	51.142404	52	92.142404	0.555242	1.0082912	92.910913	-0.004537	<b>92.906376</b>
Mo	42	<b>97.905408</b>	56	55.099325	56	97.099325	0.567658	1.0083016	97.909177	-0.003769	<b>97.905408</b>
Tc	43	<b>97.907216</b>	55	54.101950	55	97.101950	0.557372	1.0082930	97.911824	-0.004608	<b>97.907216</b>
Ru	44	<b>101.904350</b>	58	57.065579	58	101.065579	0.564844	1.0082993	101.908512	-0.004162	<b>101.904350</b>
Rh*	45	<b>102.905504</b>	58	57.058966	58	102.058966	0.559284	1.0082946	102.910183	-0.004679	<b>102.905504</b>
Pd	46	<b>105.903483</b>	60	59.032023	60	105.032023	0.562243	1.0082971	105.908038	-0.004554	<b>105.903483</b>

<b>Ag</b>	47	<b>106.905094</b>	60	59.025863	60	106.025863	0.556917	1.0082926	106.910166	-0.005072	<b>106.905094</b>
<b>Cd</b>	48	<b>113.903358</b>	66	64.964841	<b>65</b>	112.964841	0.575293	1.0083080	113.907018	-0.003660	<b>113.903358</b>
<b>In</b>	49	<b>114.903878</b>	66	64.957598	<b>65</b>	113.957598	0.570220	1.0083038	114.908056	-0.004178	<b>114.903878</b>
<b>Sn</b>	50	<b>119.902197</b>	70	68.913812	<b>69</b>	118.913812	0.579730	1.0083118	119.905607	-0.003410	<b>119.902197</b>
<b>Sb</b>	51	<b>120.903818</b>	70	68.907661	<b>69</b>	119.907661	0.574876	1.0083077	120.907745	-0.003927	<b>120.903818</b>
<b>Te</b>	52	<b>129.906223</b>	78	76.833564	<b>77</b>	128.833564	0.596579	1.0083259	129.908094	-0.001871	<b>129.906223</b>
<b>I*</b>	53	<b>126.904468</b>	74	72.858428	<b>73</b>	125.858428	0.579095	1.0083112	126.908144	-0.003676	<b>126.904468</b>
<b>Xe</b>	54	<b>131.904155</b>	78	76.815998	<b>77</b>	130.815998	0.587408	1.0083182	131.907062	-0.002907	<b>131.904155</b>
<b>Cs</b>	55	<b>132.905447</b>	78	76.809521	<b>77</b>	131.809521	0.582934	1.0083145	132.908872	-0.003425	<b>132.905447</b>
<b>Ba</b>	56	<b>137.905241</b>	82	80.767197	<b>81</b>	136.767197	0.590746	1.0083210	137.907897	-0.002656	<b>137.905241</b>
<b>La</b>	57	<b>138.906348</b>	82	80.760537	<b>81</b>	137.760537	0.586441	1.0083174	138.909522	-0.003173	<b>138.906348</b>
<b>Ce</b>	58	<b>139.905434</b>	82	80.751873	<b>81</b>	138.751873	0.582190	1.0083138	139.909126	-0.003692	<b>139.905434</b>
<b>Pr*</b>	59	<b>140.907648</b>	82	80.746310	<b>81</b>	139.746310	0.578010	1.0083103	140.911857	-0.004209	<b>140.907648</b>
<b>Nd</b>	60	<b>141.907719</b>	82	80.738623	<b>81</b>	140.738623	0.573882	1.0083069	141.912446	-0.004727	<b>141.907719</b>
<b>Pm</b>	61	<b>144.912744</b>	84	82.718666	<b>83</b>	143.718666	0.575763	1.0083084	144.917344	-0.004600	<b>144.912744</b>
<b>Sm</b>	62	<b>151.919728</b>	90	88.666289	<b>89</b>	150.666289	0.588696	1.0083193	151.922914	-0.003185	<b>151.919728</b>
<b>Eu</b>	63	<b>152.921226</b>	90	88.660016	<b>89</b>	151.660016	0.584799	1.0083160	152.924929	-0.003703	<b>152.921226</b>
<b>Gd</b>	64	<b>157.924101</b>	94	92.620747	<b>93</b>	156.620747	0.591571	1.0083217	157.927034	-0.002933	<b>157.924101</b>
<b>Tb*</b>	65	<b>158.925343</b>	94	92.614220	<b>93</b>	157.614220	0.587803	1.0083186	158.928794	-0.003450	<b>158.925343</b>
<b>Dy</b>	66	<b>163.929171</b>	98	96.575896	<b>97</b>	162.575896	0.594237	1.0083240	163.931852	-0.002680	<b>163.929171</b>
<b>Ho*</b>	67	<b>164.930319</b>	98	96.569276	<b>97</b>	163.569276	0.590589	1.0083209	164.933517	-0.003198	<b>164.930319</b>
<b>Er</b>	68	<b>165.930290</b>	98	96.561489	<b>97</b>	164.561489	0.586983	1.0083179	165.934006	-0.003716	<b>165.930290</b>
<b>Tm*</b>	69	<b>168.934211</b>	100	98.540438	<b>99</b>	167.540438	0.588361	1.0083190	168.937801	-0.003589	<b>168.934211</b>
<b>Yb</b>	70	<b>173.938858</b>	104	102.502925	<b>103</b>	172.502925	0.594411	1.0083241	173.941677	-0.002819	<b>173.938858</b>
<b>Lu</b>	71	<b>174.940768</b>	104	102.497061	<b>103</b>	173.497061	0.590973	1.0083212	174.944105	-0.003336	<b>174.940768</b>
<b>Hf</b>	72	<b>179.946549</b>	108	106.460673	<b>107</b>	178.460673	0.596750	1.0083261	179.949115	-0.002566	<b>179.946549</b>
<b>Ta</b>	73	<b>180.947996</b>	108	106.454349	<b>107</b>	179.454349	0.593412	1.0083233	180.951079	-0.003083	<b>180.947996</b>
<b>W</b>	74	<b>183.950933</b>	110	108.432322	<b>109</b>	182.432322	0.594571	1.0083242	183.953890	-0.002957	<b>183.950933</b>
<b>Re</b>	75	<b>186.955751</b>	112	110.412160	<b>111</b>	185.412160	0.595696	1.0083252	186.958581	-0.002830	<b>186.955751</b>
<b>Os</b>	76	<b>191.961479</b>	116	114.375719	<b>115</b>	190.375719	0.600989	1.0083296	191.963538	-0.002059	<b>191.961479</b>
<b>Ir</b>	77	<b>192.962924</b>	116	114.369394	<b>115</b>	191.369394	0.597837	1.0083270	192.965501	-0.002576	<b>192.962924</b>
<b>Pt</b>	78	<b>194.964774</b>	117	115.354880	<b>116</b>	193.354880	0.596797	1.0083261	194.967546	-0.002772	<b>194.964774</b>
<b>Au*</b>	79	<b>196.966552</b>	118	116.340294	<b>117</b>	195.340294	0.595778	1.0083253	196.969520	-0.002968	<b>196.966552</b>
<b>Hg</b>	80	<b>201.970626</b>	122	120.302213	<b>121</b>	200.302213	0.600803	1.0083295	201.972824	-0.002198	<b>201.970626</b>
<b>Tl</b>	81	<b>204.974412</b>	124	122.281028	<b>123</b>	203.281028	0.601736	1.0083303	204.976483	-0.002071	<b>204.974412</b>
<b>Pb</b>	82	<b>207.976636</b>	126	124.258294	<b>125</b>	206.258294	0.602640	1.0083310	207.978581	-0.001945	<b>207.976636</b>
<b>Bi*</b>	83	<b>208.980383</b>	126	124.254251	<b>125</b>	207.254251	0.599726	1.0083286	208.982845	-0.002461	<b>208.980383</b>
<b>Po</b>	84	<b>208.982416</b>	125	123.257099	<b>124</b>	207.257099	0.594907	1.0083245	208.985717	-0.003300	<b>208.982416</b>
<b>At</b>	85	<b>209.987131</b>	125	123.254016	<b>124</b>	208.254016	0.592046	1.0083221	209.990948	-0.003817	<b>209.987131</b>
<b>Rn</b>	86	<b>220.011384</b>	134	132.192989	<b>133</b>	218.192989	0.606052	1.0083339	220.012816	-0.001432	<b>220.011385</b>
<b>Fr</b>	87	<b>223.019731</b>	136	134.176325	<b>135</b>	221.176325	0.606847	1.0083346	223.021035	-0.001304	<b>223.019732</b>
<b>Ra</b>	88	<b>224.020202</b>	136	134.169034	<b>135</b>	222.169034	0.604104	1.0083322	224.022024	-0.001821	<b>224.020203</b>
<b>Ac</b>	89	<b>227.027747</b>	138	136.151576	<b>137</b>	225.151576	0.604910	1.0083329	227.029441	-0.001693	<b>227.027748</b>
<b>Th*</b>	90	<b>232.038050</b>	142	140.119670	<b>141</b>	230.119670	0.609097	1.0083364	232.038972	-0.000921	<b>232.038051</b>
<b>Pa*</b>	91	<b>231.035879</b>	140	138.126941	<b>139</b>	229.126941	0.603040	1.0083314	231.037963	-0.002083	<b>231.035880</b>
<b>U</b>	92	<b>238.050783</b>	146	144.082416	<b>145</b>	236.082416	0.610504	1.0083376	238.051450	-0.000666	<b>238.050784</b>
<b>Np</b>	93	<b>237.048167</b>	144	142.089246	<b>143</b>	235.089246	0.604605	1.0083327	237.049996	-0.001829	<b>237.048168</b>
<b>Pu</b>	94	<b>244.064198</b>	150	148.045839	<b>149</b>	242.045839	0.611842	1.0083387	244.064610	-0.000411	<b>244.064199</b>
<b>Am</b>	95	<b>243.061373</b>	148	146.052461	<b>147</b>	241.052461	0.606094	1.0083339	243.062947	-0.001573	<b>243.061374</b>
<b>Cm</b>	96	<b>247.070347</b>	151	149.027829	<b>150</b>	245.027829	0.608406	1.0083359	247.071471	-0.001123	<b>247.070348</b>
<b>Bk</b>	97	<b>247.070299</b>	150	148.028614	<b>149</b>	245.028614	0.604327	1.0083324	247.072263	-0.001963	<b>247.070300</b>
<b>Cf</b>	98	<b>251.079580</b>	153	151.004286	<b>152</b>	249.004286	0.606631	1.0083344	251.081093	-0.001513	<b>251.079581</b>
<b>Es</b>	99	<b>252.082970</b>	153	150.999889	<b>151</b>	249.999889	0.604199	1.0083323	252.085000	-0.002030	<b>252.082971</b>

<b>Fm</b>	100	<b>257.095100</b>	157	154.969795	<b>155</b>	254.969795	0.607995	1.0083355	257.096358	-0.001257	<b>257.095101</b>
<b>Md</b>	101	<b>258.098425</b>	157	154.965333	<b>155</b>	255.965333	0.605614	1.0083335	258.100199	-0.001774	<b>258.098426</b>
<b>No</b>	102	<b>259.101021</b>	157	154.960149	<b>155</b>	256.960149	0.603251	1.0083315	259.103313	-0.002291	<b>259.101022</b>
<b>Lr</b>	103	<b>260.109693</b>	157	154.960989	<b>155</b>	257.960989	0.600915	1.0083296	260.112500	-0.002806	<b>260.109694</b>
<b>Rf</b>	104	<b>261.108751</b>	157	154.952297	<b>155</b>	258.952297	0.598582	1.0083276	261.112076	-0.003324	<b>261.108752</b>
<b>Db</b>	105	<b>262.114152</b>	157	154.949894	<b>155</b>	259.949894	0.596277	1.0083257	262.117993	-0.003840	<b>262.114153</b>
<b>Sg</b>	106	<b>266.121933</b>	160	157.924079	<b>158</b>	263.924079	0.598570	1.0083276	266.125324	-0.003391	<b>266.121934</b>
<b>Bh</b>	107	<b>264.124733</b>	157	154.944868	<b>155</b>	261.944868	0.591718	1.0083218	264.129606	-0.004873	<b>264.124734</b>
<b>Hs</b>	108	<b>277</b>	169	166.710363	<b>167</b>	274.710363	0.607057	1.0083347	277.001571	-0.001571	<b>277.000001</b>
<b>Mt</b>	109	<b>268.138823</b>	159	156.926141	<b>157</b>	265.926141	0.590313	1.0083207	268.144084	-0.005261	<b>268.138824</b>
<b>Ds</b>	110	<b>281</b>	171	168.677667	<b>169</b>	278.677667	0.605478	1.0083334	281.001964	-0.001963	<b>281.000001</b>
<b>Rg</b>	111	<b>272.153484</b>	161	158.907979	<b>159</b>	269.907979	0.588950	1.0083195	272.159133	-0.005649	<b>272.153485</b>
<b>Cn</b>	112	<b>285</b>	173	170.644970	<b>171</b>	282.644970	0.603942	1.0083321	285.002356	-0.002356	<b>285.000001</b>
<b>Uut</b>	113	<b>284</b>	171	168.654393	<b>169</b>	281.654393	0.598999	1.0083280	284.003518	-0.003517	<b>284.000001</b>
<b>Uuq</b>	114	<b>289</b>	175	172.612273	<b>173</b>	286.612273	0.602450	1.0083309	289.002749	-0.002748	<b>289.000001</b>
<b>UUp</b>	115	<b>288</b>	173	170.621697	<b>171</b>	285.621697	0.597570	1.0083268	288.003910	-0.003909	<b>288.000001</b>
<b>Uuh</b>	116	<b>292</b>	176	173.588167	<b>174</b>	289.588167	0.599631	1.0083285	292.003463	-0.003462	<b>292.000001</b>
<b>Uus</b>	117	<b>294</b>	177	174.571819	<b>175</b>	291.571819	0.598927	1.0083279	294.003659	-0.003658	<b>294.000001</b>
<b>Uuo</b>	118	<b>294</b>	176	173.572652	<b>174</b>	291.572652	0.595499	1.0083250	294.004499	-0.004498	<b>294.000001</b>