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**Phase-locking of the Boreal Summer Atmospheric Response to Dry Land Surface
Anomalies in the Northern Hemisphere**

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Abstract

Past modeling simulations, supported by observational composites, indicate that during boreal summer, dry soil moisture anomalies in very different locations within the United States continental interior tend to induce the same upper-tropospheric circulation pattern: a high anomaly forms over west-central North America and a low anomaly forms to the east. The present study investigates the causes of this apparent phase locking of the upper-level circulation response and extends the investigation to other land regions in the Northern Hemisphere. The phase locking over North America is found to be induced by zonal asymmetries in the local basic state originating from North American orography. Specifically, orography-induced zonal variations of air temperature, those in the lower troposphere in particular, and surface pressure play a dominant role in placing the soil moisture-forced negative Rossby wave source (dominated by upper-level divergence anomalies) over the eastern leeward side of the Western Cordillera, which subsequently produces an upper-level high anomaly over west-central North America, with the downstream anomalous circulation responses phase-locked by continuity. The zonal variations of the local climatological atmospheric circulation, manifested as a climatological high over central North America, help shape the spatial pattern of the upper-level circulation responses. Considering the rest of the Northern Hemisphere, the northern Middle East exhibits similar phase locking, also induced by local orography. The Middle Eastern phase locking, however, is not as pronounced as that over North America; North America is where soil moisture anomalies have the greatest impact on the upper-tropospheric circulation.

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46 **1. Introduction**

47 Land-atmosphere coupling provides an important source of subseasonal to seasonal predictability
48 over North America during the warm season (e.g., Koster *et al.* 2011). While atmospheric
49 processes (e.g., precipitation deficits) play an obvious role in forcing land surface soil moisture
50 anomalies, there is increasing evidence that a regional dry soil moisture anomaly can enhance the
51 probability of certain large-scale atmospheric circulation patterns, which may in turn reinforce
52 the original dry land anomaly, constituting a positive land-atmosphere feedback loop. For
53 example, Koster *et al.* (2014) and Koster *et al.* (2016) found through modeling studies that the
54 upper-level atmospheric circulation response to various regional dry soil moisture anomalies in
55 the United States (US) continental interior consists of a high anomaly that forms over west-
56 central North America and a low anomaly that forms to the east, regardless of the specific
57 location of the soil moisture anomaly. Such phase locking of the upper-level atmospheric
58 circulation anomalies was found to occur both in Atmospheric General Circulation Model
59 (AGCM) simulations in which the land surface in various regions was artificially dried by
60 zeroing local precipitation before it reached the land surface, and in simple stationary wave
61 model (SWM) experiments forced with idealized diabatic heating anomalies that mimic those
62 produced by the local dry land surface anomalies in the AGCM simulations. Furthermore, both
63 the AGCM-based and SWM-based patterns generally agree with observational composites based
64 on continental-scale soil moisture dryness (Koster *et al.* 2016) – that is, the simulated phase-
65 locked patterns are supported by the observational data.

66 The phase locking of the upper-level circulation anomalies, as seen in the models, is intriguing,

67 and its cause is unclear. It is presumably associated with zonal asymmetries in the three-
68 dimensional (3-D) summertime climatological basic state, which consists of zonal variations of
69 zonal wind, meridional wind, air temperature and surface pressure. In the upper troposphere, the
70 zonal variations of the Northern Hemisphere summertime atmospheric circulation, namely
71 stationary waves, include the Asian monsoonal anticyclones centered over the Tibetan Plateau
72 and the Iranian Plateau and the oceanic subtropical troughs in the North Pacific and North
73 Atlantic (Fig. 1a); in the lower troposphere, they include the Asian monsoonal low, the north
74 Pacific subtropical high and the north Atlantic subtropical high (Fig. 1b). These circulation
75 features are largely baroclinic and are maintained by global diabatic heating (e.g., Ting 1994;
76 Rodwell and Hoskins 2001). Over North America, the dominant summertime circulation feature
77 is a barotropic high that resides over the western two-thirds of North America (Fig. 1a) and
78 peaks in the middle troposphere (not shown). The low-level circulation over the central US is
79 dominated by the Great Plains Low-Level Jet (Fig. 1b) (LLJ, e.g., Bonner 1968; Helfand and
80 Schubert 1995). Past stationary wave modeling studies have shown that these circulation features
81 over North America are maintained by the nonlinear interaction between orography and
82 atmospheric flow forced by diabatic heating (e.g., Ting 1994; Ting *et al.* 2001; Ting and Wang
83 2006). For example, the time-mean Great Plains LLJ forms as the trade winds along the southern
84 flank of the North Atlantic subtropical high turn northward upon encountering the Sierra Madre
85 Oriental and obtain anticyclonic shear vorticity (Ting and Wang 2006). The zonal variations of
86 air temperature and surface pressure are strongly affected by orography. At a given σ level in the
87 atmosphere, where σ is defined as the ratio of the pressure of the level to surface pressure,
88 regions with mountains tend to be colder than those without mountains (Fig. 1c). We note that
89 the opposite is true for the comparison of temperature in pressure coordinates, where at a given

90 pressure level, regions at higher elevations (e.g. with mountains) tend to be warmer than those at
91 lower elevations (not shown). Surface pressure has the direct imprint of orography (Fig. 1d): the
92 higher the surface elevation, the lower the surface pressure.

93 Building on the work of Koster *et al.* (2016), this study focuses on the physical mechanisms by
94 which zonal asymmetries in the climatological basic state appear to phase-lock the upper-level
95 atmospheric circulation anomalies forced by dry land conditions over the US continental interior.
96 The problem is addressed both with an SWM analysis of the processes maintaining the relevant
97 components of the 3-D basic state and with idealized AGCM experiments that specifically
98 isolate the impacts of North American orography and land-sea contrast on the phase locking. The
99 investigation is then extended to other regions of the Northern Hemisphere.

100 **2. Models and Experiments**

101 *2a. NASA GEOS AGCM and experiments*

102 The NASA GEOS AGCM is used here to isolate the separate effects of orography and land-sea
103 contrasts in maintaining the summertime climate that induces the phase locking. The GEOS
104 AGCM (Rienecker *et al.*, 2008; Molod *et al.*, 2012) is a state-of-the-art atmospheric modeling
105 system maintained by the Global Modeling and Assimilation Office (GMAO) at NASA's
106 Goddard Space Flight Center. The GEOS AGCM used in this study is the version underlying the
107 recent Modern-Era Retrospective analysis for Research and Applications, version 2 (MERRA-2)
108 (Gelaro *et al.* 2017). This version (with internal designation Ganymed_4_0) employs the finite-
109 volume dynamics of Lin (2004). Its various physics packages (Bacmeister *et al.*, 2006) include a
110 modified form of the Relaxed Arakawa-Schubert convection scheme (Moorthi and Suarez, 1992)
111 with stochastic Tokioka limits on plume entrainment (Tokioka 1988), prognostic cloud

112 microphysics (Bacmeister *et al.* 2006), and the Catchment Land Surface Model (Koster *et al.*,
113 2000).

114 North American orography and land-sea contrast are presumably the main drivers for the zonal
115 asymmetries in the summertime climatological circulation over North America. In order to
116 investigate their separate roles in determining the summertime climatology, we performed two
117 GEOS AGCM runs, one with the default representation of North American orography (referred
118 to as the “M” run, where M stands for mountains) and one in which the orography is removed,
119 i.e., the North American continent is made artificially flat (the “noNA” run, where NA stands for
120 North American mountains). Both runs were integrated from 1989 to 2014, forced with observed
121 Sea Surface Temperature (SST) and sea ice fraction based on the 1° resolution weekly product of
122 Reynolds *et al.* (2002), as well as time-varying greenhouse gases (see Schubert *et al.* 2014 for
123 more details). The first three years (1989-1991) of both runs were discarded as spinup, so that the
124 summertime climatology examined here is the mean of June-July-August (JJA) averaged over
125 the period 1992-2014. Our analysis of these AGCM runs is focused solely on their boreal
126 summer climatologies, which should be robustly determined from the 23-year simulation period
127 (1992-2014). We note that the linear trends of the basic state variables over the period 1992-
128 2014 are modest: their impacts on the mean basic state and the subsequent SWM solutions
129 (forced by imposed regional idealized heating anomalies) are small overall. The influence of
130 North American orography on the summertime climate is assessed by comparing the M and
131 noNA runs, with a focus on the character of the climatological basic state variables. The effect of
132 the land-sea contrast on the summertime climatology is studied by examining the zonal
133 asymmetry of the 3-D climatological basic state in the noNA run. As will be discussed in Section
134 3b, the zonal asymmetries of climatological atmospheric circulation over North America in the

135 noNA simulation arise primarily from diabatic heating anomalies due to land-sea contrasts
136 associated with the North American continent.

137 Our investigation also identifies the northern Middle East as another region in the Northern
138 Hemisphere that exhibits the phase locking behavior (see Section 3c). To investigate the role of
139 local orography in inducing the phase locking over the northern Middle East, we performed a
140 third AGCM experiment in which the Iranian Plateau is removed, i.e., the local topography there
141 is flattened (the “noIP” run, where IP stands for the Iranian Plateau). The effect of the Iranian
142 Plateau is then determined by comparing the noIP run with the M run.

143 While AGCMs have been an important tool for studying the role of orography on the nature of
144 the Earth’s climate (e.g., Nigam *et al.* 1986, Broccoli and Manabe 1992, Ting and Wang 2006), a
145 few potential caveats are worth noting. First, since SST and sea ice are prescribed, the runs do
146 not realistically account for any impact (and possible subsequent feedback) of orography on the
147 oceanic boundary conditions (e.g., Kitoh 2002). Second, the vegetation and soil types prescribed
148 in the noNA and noIP runs match those of the M run, despite the fact that orography has an
149 obvious impact on the character of these boundary conditions. We assume here that accounting
150 accurately for these issues would have at most a secondary impact on the large-scale atmospheric
151 circulation (Yasunari *et al.* 2006), particularly in the upper troposphere, which is the focus of this
152 study. That is, ignoring ocean feedbacks and orography-dependent boundary conditions should
153 not impact our main conclusions.

154 *2b. Experiments with a nonlinear stationary wave model*

155 A nonlinear stationary wave model (Ting and Yu 1998) is used here for several purposes: (i) to

156 identify regional phase locking that occurs in the Northern Hemisphere, (ii) to determine those
157 aspects of the regional climatological basic state that control the phase locking, and (iii) to
158 diagnose the maintenance of summertime climatological stationary waves induced by orography
159 as simulated by the GEOS AGCM (Section 2a). The SWM, which is based on the 3-D primitive
160 equations in σ coordinates, is time-dependent and nonlinear. The model has rhomboidal
161 wavenumber-30 truncation in the horizontal and 14 unevenly spaced σ levels in the vertical. The
162 inputs for the SWM include a specified basic state and fixed stationary wave forcings. The basic
163 state is derived from fields from a reanalysis or an AGCM simulation, consisting of 3-D zonal
164 wind (U), meridional wind (V), air temperature (T) and logarithm of 2-D surface pressure (Ps),
165 which can be zonally averaged or zonally varying. The stationary wave forcings consist of
166 orography, diabatic heating and transient flux convergences. The model has been shown to be a
167 valuable tool for diagnosing the maintenance of the climatological atmospheric circulation as
168 well as circulation anomalies on various timescales (e.g., Ting and Yu 1998; Schubert *et al.*
169 2011). See Ting and Yu (1998) for a detailed description of the model. Tables 1-3 list the
170 stationary wave experiments performed in this study.

171 The SWM is used to identify regional phase locking in the Northern Hemisphere. Koster *et al.*
172 (2016) found phase locking behavior over North America both in AGCM simulations forced
173 with regional dry land surface anomalies and in simpler SWM experiments forced with idealized
174 heating anomalies that mimic those induced by a regionally dry land surface. Because of its
175 simplicity and ease of use, the SWM is chosen over the AGCM in the present study to search for
176 regional phase locking outside of North America. Following Koster *et al.* (2016), the areal extent
177 of the imposed heating anomaly in the SWM is given horizontal half-widths of 5° longitude and
178 5° latitude, as indicated using region 4 in Fig. 2; Fig. 2 inset illustrates the vertical profile of the

179 imposed heating anomaly. The horizontal and vertical distributions of the imposed idealized
180 heating anomaly in Fig. 2 are consistent with those produced by the locally dried land surfaces in
181 the GEOS AGCM simulations of Koster *et al.* (2016). For the identification of regional phase
182 locking, an extensive series of SWM experiments is performed (A0 in Table 1), which consist of
183 independent runs forced with regional idealized heating anomalies placed every 7° in longitude
184 (0.5°E through 357.5°E) and every 7° in latitude (5.5°N through 68.5°N) across the Northern
185 Hemisphere (520 runs in total), each run using the zonally varying summertime climatological
186 basic state from MERRA-2. (The regions covered by 13 of these SWM simulations are indicated
187 in Fig. 2.) The SWM results are then examined to identify regional phase locking. We note that
188 the SWM results presented here are basically insensitive to the specific reanalysis used to
189 construct the climatological basic state; results from test runs with basic states constructed using
190 other reanalyses (e.g. MERRA, NCEP/NCAR reanalysis) agree very well with those based on
191 MERRA-2 (not shown).

192 As will be shown, the analysis identifies two regions of phase locking, namely, North America
193 and the northern Middle East. For both regions, a number of additional SWM experiments (see
194 Tables 2, 3) are performed and analyzed to determine the aspects of the climatological basic state
195 that induce the phase locking. Each of these SWM experiments consists of several runs, each
196 run imposing an idealized diabatic heating anomaly over one of the regions defined in Fig. 2,
197 using the vertical heating profile indicated in the Fig. 2 inset. Specifically, each of the SWM
198 experiments for the phase locking over North America consists of 7 runs, forced respectively
199 with an idealized heating anomaly imposed at region 1 through 7. Likewise, each of the SWM
200 experiments for the northern Middle East consists of 6 runs, forced respectively with an idealized
201 heating anomaly imposed at region i1 through i6. These SWM experiments differ only in the

202 summertime climatological basic state they use (e.g., zonally varying or zonally averaged
203 globally, or a combination of the two over separate regions, taken from either the MERRA-2 or
204 the GEOS AGCM simulations). The basic states and stationary wave forcings used are described
205 in detail in Tables 2-3, and they will also be described in Section 3 as the results are presented.

206 Finally, to better understand the effect of orography on the distribution of regional climatological
207 stationary waves, we use the SWM to diagnose the maintenance of the climatological stationary
208 wave differences seen between our GEOS AGCM simulations with and without orography. Here
209 the SWM experiments use the 3-D climatological basic state from the AGCM simulation without
210 orography (e.g., the noNA run) and are forced with the diagnosed stationary wave forcing
211 differences between the AGCM simulations with and without orography (e.g., the M vs. noNA
212 simulations); these forcing differences include orography itself and the diabatic heating changes
213 induced by the orography. We note that the diabatic heating is taken directly from the AGCM
214 output: we do not add the contributions from transient heat flux convergences to it. In fact, the
215 changes in transient flux convergences induced by the orography are not considered here given
216 their overall small contribution to climatological stationary waves in the summer hemisphere
217 (e.g., Ting and Wang 2006). Specifically, SWM experiments B1-B3 in Table 2 are used to
218 diagnose the climatological stationary waves maintained by North American orography, whereas
219 experiments E1-E3 in Table 3 diagnose the climatological stationary waves forced by the Iranian
220 Plateau.

221 In the above SWM runs, with the specified basic state and fixed stationary wave forcing(s), the
222 SWM reaches a steady state after being integrated for about 20 days. The stationary wave model
223 responses are then obtained by averaging the model solutions over days 31-50.

224 **3. Results**

225 *3a. Basic state controls on phase locking over North America*

226 In order to isolate those aspects of the 3-D climatological basic state that control phase locking
227 over North America, we performed four SWM experiments (A1-A4 in Table 2) that differ from
228 each other only in the underlying climatological basic state employed. All of the basic states
229 used here were derived from the recent NASA MERRA-2 reanalysis (Gelaro *et al.* 2017). The
230 four experiments use respectively (i) a 3-D zonally varying basic state (i.e., one that captures the
231 full complexity of the climatological atmospheric circulation), (ii) a zonal mean basic state, (iii) a
232 3-D zonally varying basic state over North America (120°W-60°W) and a zonal mean basic state
233 elsewhere, and (iv) a zonal mean basic state over North America (120°W-60°W) and 3-D zonally
234 varying basic state elsewhere. While the juxtaposition of a regional zonal mean basic state and a
235 3-D zonally varying basic state in experiments (iii) and (iv) is rather artificial, it has been shown
236 to be an effective approach for isolating and assessing the effect of a 3-D zonally varying basic
237 state over a specific region (e.g., Ting and Wang 2006).

238 The basic character of the phase locking is illustrated by the SWM experiment A1 that uses the
239 full 3-D zonally varying JJA mean basic state (Fig. 3). It is clear from Figs. 3a-g that although
240 the heating anomalies imposed at regions 2 through 6 are at very different longitudes in the US,
241 the basic spatial pattern of their forced upper-level atmospheric circulation response is mostly the
242 same – a high anomaly forms over west-central North America, and a low anomaly forms over
243 the east. The vertical distribution of the responses (averaged over 35°N-50°N) is also similar
244 between these SWM runs: the high anomaly over west-central North America peaks in the upper

245 troposphere and extends down to the lower troposphere, while the downstream low anomaly
246 mainly occurs in the upper troposphere (Figs. 3h-n).

247 This similarity constitutes the phase locking examined in this paper. It is expressed more
248 succinctly in Fig. 4b, which shows, as a function of longitude, the upper-level atmospheric
249 circulation responses averaged between 35°N and 50°N for each of the 7 SWM runs that use the
250 3-D zonally varying JJA mean basic state. The spatial pattern of the phase-locked circulation
251 anomaly is exemplified in Fig. 4a, using the upper-level circulation response to the heating
252 anomaly imposed at region 4. The y-axis in Fig. 4b is keyed to the run number; that is, the
253 shading at a given y-value is based on the responses produced in the corresponding SWM run.
254 To see, for example, the average streamfunction response as a function of longitude when a
255 heating anomaly is located over region 3 in Fig. 2, one simply needs to read the values displayed
256 in Fig. 4b for y=3. Note that if the circulation response to a heating anomaly moved in tandem
257 with the heating anomaly's location, the shading contours in Fig. 4b would appear as diagonal
258 lines. Such diagonality, however, is essentially absent here. The salient feature of Fig. 4b is the
259 "blockiness" of the pattern – the fact that the longitudes of the maxima and minima are roughly
260 the same in the different runs, particularly for the runs with the heating anomalies imposed over
261 regions 2 through 6. Blockiness in this kind of plot is indeed an intrinsic signature of the phase
262 locking behavior being examined here.

263 Again, four separate 7-run SWM experiments (A1-A4) were performed, each making a different
264 assumption about the character of the underlying climatological basic state (Section 2b). Figures
265 4c-d, 4e-f, and 4g-h repeat Figs. 4a-b (A1) for the experiments A2, A3 and A4, respectively.
266 Phase locking is clearly seen only when the 3-D zonally varying basic state over North America

267 is used (Figs. 4a-b, e-f); it disappears when the zonal mean basic state is prescribed over North
268 America (Figs. 4c-d, g-h). The zonal variations of the local basic state are thus critical to the
269 phase locking. They also greatly strengthen the upper-level circulation responses and shape their
270 spatial pattern (e.g., compare Fig. 4a with Fig. 4c).

271 The zonal variations of the basic state over North America consist of the climatological high in
272 the middle and upper troposphere (Fig. 1a), the Great Plains LLJ in the lower troposphere (Fig.
273 1b), and distinct geographical variations of air temperature (T) (Fig. 1c) and surface pressure (Ps)
274 (Fig. 1d) that are closely tied to North American topography. We are interested here in isolating
275 the contribution of the zonal variations of atmospheric circulation (U, V) to the phase locking
276 from that of the zonal variations of T and Ps. Two additional SWM experiments, A5 and A6,
277 were therefore performed: A5 uses a basic state with zonal-mean U and V and zonally varying T
278 and Ps (Figs. 5a-b), whereas A6 uses a basic state with zonally varying U and V and zonal-mean
279 T and Ps (Figs. 5c-d). Comparison of the results in Fig. 5 with those in Figs. 4a-b clearly shows
280 that zonal variations of T and Ps play a key role in maintaining the phase locking as well as in
281 accounting for much of the magnitude of the upper-level circulation response. Two additional
282 SWM experiments (not shown) were performed that are identical to A5 but in their basic state
283 use respectively i) zonally varying T near surface (σ : from 1 to 0.98) and zonal mean T above
284 that, and ii) zonally varying T in the lower troposphere (σ : from 1 to 0.78) and zonal mean T
285 above that. The comparison of those results with A5 shows that it is primarily the zonal
286 variations of T in the lower troposphere, those near surface in particular, and Ps that produce the
287 phase locking. The spatial pattern of the phase-locked circulation response (Fig. 5a), particularly
288 that of the low anomaly response along the eastern US, however, differs from that of the
289 response when the 3-D basic state is used (Fig. 4a). It instead resembles the response with the

290 zonal mean basic state (Fig. 4c), in which the downstream low anomaly has a southwest-
 291 northeast tilt, the high anomaly over the west-central North America also does not extend to
 292 80°W as seen in Fig. 4a. By comparison, while the upper-level circulation anomalies induced by
 293 the zonal variations of U and V are weak and do not contribute strongly to phase locking, they
 294 nevertheless contribute to shaping the spatial pattern of upper-level circulation responses and
 295 bring it closer to the observed (Figs. 5c-d). Thus, the phase-locking of the upper-level
 296 circulation response in Figs. 4a-b is maintained by zonal asymmetries of all the basic state
 297 variables, with the zonal asymmetries of T and Ps playing a key role in maintaining the phase
 298 locking and those of atmospheric circulation shaping the spatial pattern of the circulation
 299 response.

300 In an attempt to understand the dynamical mechanisms associated with the phase locking, we
 301 computed the Rossby Wave Source (RWS) (Sardeshmukh and Hoskins, 1988) for the upper-
 302 level circulation response in the SWM:

$$303 \quad RWS = -V'_x \cdot \nabla(\bar{\zeta} + f) - \bar{V}_x \cdot \nabla\zeta' - (\bar{\zeta} + f)\nabla \cdot V'_x - \zeta'\nabla \cdot \bar{V}_x, \quad (1)$$

304 where V'_x is the divergent wind vector, ζ is the relative vorticity, f is the Coriolis parameter, and $\bar{\quad}$
 305 and \prime indicate the climatological basic state and SWM response to an imposed idealized heating
 306 anomaly, respectively. A caveat in applying this analysis here is that the RWS anomalies
 307 essentially arise from the forced atmospheric circulation anomalies and so the RWS diagnosis is
 308 unlikely to help establish cause and effect relationships. Nevertheless, as shown below, the RWS
 309 diagnosis can help us determine the dominant processes and better understand the dynamics of
 310 the SWM solutions.

311 In the context of the SWM experiments, an imposed near-surface local heating anomaly excites
312 anomalous ascendance, which induces convergence at the surface and divergence in the middle
313 and upper troposphere. The strongest divergence response occurs in the lower mid-troposphere,
314 but the response there moves in tandem with the imposed heating anomalies and is not phase
315 locked. As shown below, the divergence response in the upper troposphere, while considerably
316 weaker, is what is relevant to the upper-level phase locking. Specifically, in the upper
317 troposphere, the divergence response interacts with the mean basic state to produce the RWS that
318 drives the upper-level atmospheric circulation response. Figure 6 shows that the imposed heating
319 anomaly over region 4 leads to a strong negative vorticity source over the US Great Plains in the
320 upper troposphere, with weaker positive vorticity sources to the west and east. These vorticity
321 sources subsequently excite an upper-level high anomaly over west-central North America and a
322 low anomaly to the east. Not surprisingly, the upper-level RWS (Fig. 6b) displays a phase
323 locking similar to the upper-level circulation response (Fig. 4b). A decomposition of the RWS
324 into individual terms shows the predominant role of the stretching of the mean absolute vorticity
325 by the forced divergence response $(-\bar{\zeta} + f)\nabla \cdot V'_x$, the spatial distribution of which is
326 determined by the upper-level divergence response (Fig. 6c), which displays a phase locking as
327 well (Fig. 6d).

328 We attempted to provide further insight into the mechanisms by which the zonal asymmetries of
329 T and Ps lead to the phase locking. We first examined how the individual terms in the SWM
330 (e.g., those associated with the tendencies of upper level vorticity and eddy streamfunction)
331 evolve to a steady state. These additional tests, however, turned out to be of limited value. The
332 basic state variables and perturbation variables in the SWM equations are too strongly
333 intertwined to allow the isolation of clear cause and effect relationships. We then turned to a

334 simple thermodynamic framework for potential temperature (θ). In the framework, diabatic
335 heating is balanced by the time tendency of θ , the horizontal transports of θ by zonal and
336 meridional winds, and the vertical transports by vertical motion. Potential temperature is chosen
337 here because it combines the information of T and Ps. It is warmer over regions of higher
338 elevations than over those of lower elevations in both σ and pressure coordinates: over
339 mountains, while the temperature is colder, the pressure is also lower; the effect of the decrease
340 in pressure on θ overwhelms that of the decrease in temperature, resulting in warmer θ there.
341 Over North America, θ is considerably warmer over the high-elevation Western Cindarella than
342 over the rest of the continent to the east, which leads to considerable horizontal gradients over
343 much of the North American continental interior. Now consider a case in which a heating
344 anomaly is imposed in the continental interior and the zonal mean of the climatological θ is used
345 in the basic state, the heating anomaly is largely balanced by the changes in vertical motion,
346 because the contribution from the horizontal transports of the climatological θ is small by design.
347 In a parallel case in which the 3-D climatological θ is used in the basic state, however, the zonal
348 asymmetry of the climatological θ would come into play: the low-level heating-induced
349 anomalous convergent atmospheric flow would bring in warm θ air from the western North
350 America, which would subsequently enhance the anomalies in low-level convergence and
351 ascendance; the zonal asymmetry of the climatological θ presumably also helps anchor the
352 upper-level atmospheric responses to the central North America, where it has the greatest
353 horizontal gradients. While the above arguments are mostly qualitative, they are supported by the
354 SWM results. Compared to the SWM results in which the zonal mean basic state is used, the
355 SWM results that use the 3-D MERRA-2 basic state show notably stronger low-level divergence
356 responses as well as stronger atmospheric circulation responses in both the lower and upper

357 troposphere (not shown). Furthermore, the upper-level temperature response displays a phase-
358 locked spatial pattern, with a warm anomaly over the western-central North America and a cold
359 anomaly over the eastern North America (not shown). The phase-locked anomalous temperature
360 responses are presumably connected with the phase-locked wind responses (e.g. Fig. 4a) via
361 geostrophic adjustment.

362 Collectively, the above stationary wave modeling diagnosis together with the RWS analysis
363 point to the importance of North American topography (e.g., via its impacts on the zonal
364 asymmetries of climatological T in the lower troposphere and Ps) in phase locking the upper-
365 level divergence response, and hence the RWS and upper-level circulation response. The
366 separate roles of North American orography and land-sea contrast are investigated in the next
367 subsection using GCM simulations.

368 *3b. Maintenance of the local base state: Relative roles of North American orography and land-*
369 *sea contrast*

370 This subsection examines the M and noNA AGCM simulations along with supplemental SWM
371 experiments (B1-B3, C1-C3) to assess the relative roles of North American orography and land-
372 sea contrast in contributing to the 3-D basic state that induces phase locking over North America.
373 As discussed in Section 2a, the M simulation includes the default North American topography
374 whereas the noNA simulation is run without it – it runs instead with a flattened continental
375 interior. The effect of orography on the distribution of local T and Ps is fairly straightforward
376 (Figs. 1c-d) and is well captured by the GEOS AGCM, at least to the first order (not shown).
377 Much of the discussion in this subsection thus focuses on the effect of orography on
378 climatological stationary waves (U, V). While not key to the phase locking itself, U and V have

379 been shown to be important in maintaining the spatial pattern of the phase-locked circulation
380 anomalies (Figs. 5c-d). As such, by including U and V we obtain a more complete picture of the
381 effect of North American orography on all the basic variables that constitute the climatological
382 base state.

383 The GEOS AGCM does a credible job of reproducing relevant features in the observations, as
384 represented by MERRA-2; a comparison of Fig. 7a and Fig. 1a shows that the M simulation
385 reproduces reasonably well the climatological stationary waves produced in the reanalysis, and
386 the T and Ps fields from the M simulation (not shown) are similarly in agreement with the
387 corresponding MERRA-2 fields. The comparison between the M (Fig. 7a) and noNA
388 simulations (Fig. 7b) shows that North American orography plays a key role in shaping the local
389 atmospheric circulation. In particular, the North American high is clearly present in the M run
390 (Fig. 7a) but is absent in the noNA run (Fig. 7b). North American orography is also essential for
391 shaping and strengthening the north Atlantic jet stream and storm tracks (not shown) (Brayshaw
392 *et al.* 2009), which would otherwise be rather weak at their observed locations.

393 Like other high-elevation mountains, the North American orography can directly affect the
394 climatological atmospheric circulation by obstructing atmospheric flow that impinges upon it,
395 and it can indirectly affect the climatological circulation by modifying the spatial distribution of
396 climatological diabatic heating and transient flux convergence (e.g., Ting and Wang 2006). To
397 better understand how these factors influence the generation of the climatological high over the
398 continent, we performed three supplemental SWM experiments (B1-B3) that use the 3-D
399 climatological basic state from the noNA AGCM simulation but have imposed on them
400 stationary wave forcing features specific to the M simulation. Specifically, the experiments B1,

401 B2 and B3 are respectively forced with i) North American orography, ii) the summertime
402 climatological diabatic heating difference between the M and noNA runs (i.e., the modification
403 of diabatic heating due to North American orography), and iii) these two stationary wave
404 forcings combined. The diabatic heating differences between the M and noNA runs (Fig. 7f)
405 consist of a moderate increase over the US Great Plains, a strong increase along the eastern
406 Sierra Madre Occidental and a reduction off the west coast of Mexico. The heating increase over
407 the US Great Plains is associated with the model simulation of the Great Plains LLJ, which is
408 present in the M simulation but not in the noNA simulation, broadly consistent with Ting and
409 Wang (2006). The precipitation changes over and near western Mexico are due to the physical
410 blocking of the moisture-laden trade winds by the Sierra Madre Occidental; the orographic
411 uplifting of the atmospheric flow facilitates the formation of local precipitation and enhances
412 latent heat release there. Changes in the transient vorticity and heat flux convergences due to
413 North American orography are not considered here given that their effects on climatological
414 stationary waves in the summer hemisphere are small overall (Ting *et al.* 2001; Ting and Wang
415 2006).

416 When forced with both North American orography and the orography-induced changes in
417 diabatic heating, the SWM reproduces much of the upper-level stationary wave differences seen
418 between the M and noNA AGCM simulations, particularly the climatological high over North
419 America (cf. Fig. 7d with 7c). This suggests that the SWM does a credible job of reproducing
420 the orography-related climatological stationary waves in the GEOS AGCM and that any changes
421 in the transient vorticity and heat flux convergences induced by North American orography
422 contribute little to the North American high. Examined together, the B1-B3 SWM experiments
423 show that the North American high is primarily maintained by North American orography

424 interacting with the 3-D climatological atmospheric flow from the noNA run (cf. Fig. 7e with
425 7d); the modification of diabatic heating due to North American orography in fact acts in the
426 opposite direction, forcing an upper-level low over North America (Fig. 7f). Additional SWM
427 experiments forced with regional diabatic heating changes indicate that the low over North
428 America in Fig. 7f is mainly forced by the heating increase over the US (not shown) and that the
429 contribution from the interaction between the flows forced by North American orography and the
430 orography-induced heating changes is negligible (also not shown). It is worth noting that while
431 the 3-D climatological basic state in the noNA simulation has, by construction, no contribution
432 from North American orography, it nevertheless contains substantial zonal variations. The zonal
433 variations over North America and nearby regions are largely forced by the diabatic heating over
434 the Intra-Americas Seas (IAS) and tropical Atlantic regions (not shown), the distribution of which
435 is determined by the land-sea distribution of the North American continent. Therefore, the
436 climatological high over North America is in essence determined by some combination of the
437 local orography and the land-sea distribution of the North American continent, consistent with
438 findings from past studies (e.g., Ting 1994, Ting *et al.* 2001).

439 We next examine, through three additional SWM experiments (C1-C3), the relative importance
440 of these two factors in determining the phase locking. The climatological background states
441 used in these three SWM experiments are respectively (i) the 3-D zonally varying climatological
442 basic state from the M simulation, (ii) the 3-D zonally varying climatological basic state from the
443 noNA simulation, and (iii) the zonal mean basic state from the noNA simulation. The SWM
444 results with the 3-D zonally varying basic state from the M simulation (C1) (Figs. 8a-b) are
445 broadly consistent with those based on MERRA-2 (Figs. 4a-b). The weaker magnitude of the
446 upper-level circulation response from the M simulation (Figs. 8a-b) compared to MERRA-2

447 (Figs. 4a-b) is presumably due to the GEOS model's underestimation of the summertime jet
448 stream over North America and the North Atlantic. The overall agreement with the MERRA-2
449 results, however, particularly the reproduction of the upper-level phase locking signature (Fig.
450 8b), lends further support for our use of climatological background states from free-running
451 GEOS AGCM simulations in this investigation.

452 Figure 8 includes the results of the SWM experiments C2 and C3 as well. The land-sea contrast
453 strengthens the upper-level atmospheric circulation response and reinforces the high anomaly
454 (c.f. Figs. 8c-d with 8e-f); in particular, for the heating anomaly imposed at region 4, it places the
455 high anomaly at the correct geographical location (cf. Fig. 8c with 8a). Its contribution to the
456 phase locking of the upper-level circulation anomalies, however, is only secondary (cf. Fig. 8b
457 with 8d); its forced circulation anomalies in general move spatially in tandem with the imposed
458 heating anomalies. A comparison of Figs. 8b, 8d, and 8f show that phase locking is clearly only
459 reproduced when the effects of North American orography are included in the basic state – the
460 orography induces phase locking through its maintenance of zonal asymmetries in the basic state,
461 primarily those in air temperature and surface pressure, over North America.

462 *3c. Phase locking over other Northern Hemisphere land regions*

463 This subsection extends the investigation to the entire Northern Hemisphere, examining the
464 potential for phase locking in regions outside of North America. The basis of the search for
465 phase locking behavior is an extensive series of SWM experiments in which regional idealized
466 heating anomalies are imposed (in independent runs) every 7° in latitude and every 7° in
467 longitude across the Northern Hemisphere, using the 3-D climatological basic state from
468 MERRA-2 (Table 1). Figure 9 provides a Northern Hemisphere version of Fig. 4b, the figure

469 with the representative “blocky” pattern that serves as a signature of phase locking. (Results for
470 latitudes south of 19.5°N show no indication of phase locking and are not included in the figure.)
471 The phase locking signature for North America (centered at 107.5°W on the y-axis) is clearly
472 seen in Fig. 9d. Another region with significant phase locking potential lies in the northern
473 reaches of the Middle East (centered at 42.5°E on the y-axis in Figs. 9d-e). An imposed heating
474 anomaly over the northern Middle East, regardless of its specific locations, tends to force an
475 upper-level atmospheric circulation anomaly with the same spatial pattern: a high anomaly forms
476 over the northwestern Middle East, with a downstream wave train guided by the summertime
477 south Asian jet (Figs. 10a-b). Figure 9 also offers the hint of a third phase locking region in
478 Mongolia (centered at 105.5°E on the y-axis in Fig. 9e).

479 We look now in more detail at the regional phase locking over the northern Middle East, using
480 the methodology we employed above for North America. SWM experiments D2-D3 were
481 performed with different versions of the climatological basic state; the results, shown in Fig. 10,
482 indicate that local zonal variations of the basic state are critical for the phase locking. Figure 10d
483 shows that the phase locking over the northern Middle East is reproduced when we use the 3-D
484 zonally varying basic state over 0° - 65°E and a zonal mean state over 65°E - 360°E (D2).

485 However, when we do the reverse – when we use a zonal mean state over 0° - 65°E and the 3-D
486 zonally varying state over 65°E - 360°E (D3), the phase locking signature disappears (Fig. 10f).

487 A comparison of the M and noIP AGCM simulations (cf. Fig. 7a with Fig. 11a) shows that the
488 Iranian Plateau not only leads to distinct zonal variations of T and Ps (not shown), but also
489 makes a substantial contribution to the upper level high over the Middle East and extends the
490 climatological stationary waves westward to cover northern Africa (Fig. 11a). The Iranian

491 Plateau also enhances the low-level southwesterlies over the Arabian Sea and northern Indian
492 subcontinent (Fig. 11c) and the accompanying atmospheric moisture transport, contributing to
493 the strong latent heat release along the southern edge of the Tibetan Plateau (Figs. 11c). We note
494 that the main features over much of the Northern Hemisphere (Figs. 11b-c) are statistically
495 robust; these JJA features appear even for averaging periods as short as 6 years. These results,
496 based on the GEOS AGCM, are consistent with recent studies using other models (e.g., Simpson
497 *et al.* 2015; Liu *et al.* 2017).

498 The nature of the stationary wave differences between the M and noIP runs (Fig. 11b) is
499 diagnosed by performing three SWM experiments (E1-E3) that use the 3-D climatological basic
500 state from the noIP run but are forced with i) the Iranian Plateau (Fig. 11e), ii) the summertime
501 climatological diabatic heating differences between the M and noIP simulations (Fig. 11f), and
502 iii) these two stationary wave forcings combined (Fig. 11d). When forced with both the Iranian
503 Plateau and its induced diabatic heating changes, the SWM is capable of reproducing much of
504 the climatological stationary wave differences between the M and noIP simulations (cf. Figs. 11b
505 and 11d). The comparison between Fig. 11d and the SWM responses to the individual stationary
506 wave forcing terms (Figs. 11e-f) shows that the physical barrier imposed by the Iranian Plateau
507 accounts for much of the stationary wave features over the Eurasian Continent, which consist of
508 an upper-level high over the northern Middle East and a downstream wave train extending across
509 central Asia (Fig. 11e). The diabatic heating, on the other hand, forces a larger scale upper-level
510 high that stretches across central and southern Asia and extends westward to northern Africa
511 (Fig. 11f). The diabatic heating also accounts for some of the stationary wave features seen
512 across the rest of the globe.

513 We further investigate the role of local orography, primarily the Iranian Plateau, in inducing the
514 phase locking by performing two additional SWM experiments (F1-F2), each forced by regional
515 idealized diabatic heating anomalies over the northern Middle East (regions i1 through i6 in Fig.
516 2). The two experiments differ only in the 3-D zonally varying climatological basic states used:
517 F1 takes these states from the M (control) simulation, and F2 takes them from the noIP
518 simulation. In these SWM experiments, phase locking over the Middle East occurs only when
519 the basic state from the M run is used. (A comparison of Figs. 10a-b against Figs. 12a-b indeed
520 suggests that the free-running GEOS AGCM matches MERRA-2's ability to produce a 3-D
521 climatological basic state that leads to phase locking in this region.) When the 3-D
522 climatological basic state from the noIP is used, the phase locking over the northern Middle East
523 disappears, and the upper-level atmospheric circulation responses themselves are rather weak
524 (Figs. 12c-d). These results suggest that the 3-D zonally varying basic state that induces phase
525 locking over the northern Middle East is essentially maintained by the Iranian Plateau. The
526 physical mechanisms operating over the northern Middle East appear to be similar to those over
527 North America; in both cases, regional phase locking is induced by zonal variations in the local
528 basic state that originate from local orography.

529 **4. Summary and Discussion**

530 Past modeling analyses have shown that the response of the upper-tropospheric atmospheric
531 circulation to regional dry land surface anomalies in the US continental interior during boreal
532 summer tends to be locked in phase: a high forms over west-central North America and a low
533 forms to the east, regardless of the specific location of the land surface anomaly. This study
534 investigates the causes of this phase locking by isolating those features of the climatological

535 basic state that control it and by determining how these features are maintained. Our results show
536 that the phase locking over North America is induced by zonal asymmetries in the local
537 climatological basic state. Specifically, the zonal asymmetries of T (particularly those in the
538 lower troposphere) and Ps induce the phase locking by placing the soil moisture-forced negative
539 Rossby wave source (dominated by upper-level divergence anomalies) over the eastern leeward side of
540 the Western Cordillera, which produces an upper-level high anomaly over west-central North
541 America, with the downstream anomalous circulation responses phase-locked by continuity. The
542 zonal variations of the local climatological atmospheric circulation, manifested as a
543 climatological high over central North America, help shape the spatial pattern of the upper-level
544 circulation responses. It is further found that the relevant zonal asymmetries in the climatological
545 basic state originate from North American orography. The zonal variations of T and Ps directly
546 reflect the impact of orography, while the climatological high over central North America exists
547 due to the nonlinear interaction between North American orography and the thermally-driven
548 atmospheric flow that impinges on it, supporting previous studies (e.g., Ting 1994; Ting *et al.*
549 2001).

550 While the focus on North America is a natural extension of our efforts to better understand the
551 results of Koster *et al.* (2016), we also looked more broadly at the phase-locking phenomenon by
552 examining whether other land regions in the Northern Hemisphere exhibit similar behavior, and
553 whether the mechanisms causing the phase-locking in these other regions are the same. There is
554 indeed another region in the Northern Hemisphere (the northern Middle East) that exhibits phase
555 locking, and, as in North America, this phase locking is induced by zonal variations in the local
556 basic state resulting from local orography. It is, however, quite possible that in the northern
557 Middle East, the potential for phase locking will have limited impact on the local atmospheric

558 circulation and hydroclimate. The idealized SWM experiments we performed to address phase
559 locking over the northern Middle East used an imposed heating anomaly appropriate for dry land
560 surfaces over North America (Koster *et al.* 2016), which may considerably overestimate the
561 actual heating anomalies produced by dry land surfaces in the northern Middle East, which is
562 already climatologically dry. Setting the Middle East question aside, we can at least conclude
563 that, according to our modeling results, orography-induced phase locking does occur over North
564 America – thanks to the Rocky Mountains, North America is one place where soil moisture
565 anomalies have the potential to affect significantly the large scale circulation.

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647 Monsoon Systems and the Tropics. *Journal of Hydrometeorology*, **7**:4, 626-641.

648 Table 1. Stationary wave model runs performed to identify phase locking in the Northern Hemisphere.

Experiment	Basic State	Data used to derive basic state	Stationary wave forcing
A0	3-D	MERRA-2	Idealized heating anomalies placed every 7° in longitude (0.5°E through 357.5°E) and every 7° in latitude (5.5°N through 68.5°N) across the Northern Hemisphere

649

650 Table 2. List of stationary wave model experiments performed to investigate the phase locking over North America. Note that A1 is a
651 subset of the A0 runs (Table 1).

Experiment	Basic State	Data used to derive basic state	Stationary wave forcing
A1	3-D	MERRA-2	Idealized heating anomalies imposed at regions 1 through 7
A2	Zonal mean		
A3	3-D over 120°W-60°W, zonal mean elsewhere		
A4	Zonal mean over 120°W-60°W, 3-D elsewhere		
A5	3-D T and Ps, zonal mean U and V		
A6	Zonal mean T and Ps, 3-D U and V		
B1	3-D	noNA simulation	North American orography (NA_orography)
B2			Diabatic heating difference between M and noNA simulations (M minus noNA) (NA_heating)
B3			NA_orography plus NA_heating
C1	3-D	M simulation	Idealized heating anomalies imposed at regions 1 through 7

C2		noNA simulation	
C3	Zonal mean		

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Table 3. List of stationary wave model experiments performed to investigate the phase locking over the northern Middle East. Note that D1 is a subset of the A0 runs (Table 1).

Experiment	Basic State	Data used to derive basic state	Stationary wave forcing
D1	3-D	MERRA-2	Idealized heating anomalies imposed at regions i1 through i6
D2	3-D over 0°-65°E, zonal mean elsewhere		
D3	Zonal mean over 0°-65°E, 3-D elsewhere		
D4	3-D T and Ps, zonal mean U and V		
E1	3-D	noIP simulation	Iranian Plateau orography (IP_oro­graphy)
E2			Diabatic heating difference between M and noIP simulations (M minus noIP) (IP_heating)
E3			IP_oro­graphy plus IP_heating
F1	3-D	M simulation	Idealized heating anomalies imposed at regions i1 through i6
F2		noIP simulation	

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656

657 **Figure Captions**

658 Figure 1. (a) The JJA climatological (1992-2014) eddy streamfunction ($10^6 \text{ m}^2\text{s}^{-1}$) at
659 $\sigma=0.257$ in MERRA-2. (b) Same, but for eddy streamfunction ($10^6 \text{ m}^2\text{s}^{-1}$) at $\sigma=0.866$. (c)
660 Same, but for air temperature (K) at $\sigma=0.68$. (d) Same, but for logarithm of surface
661 pressure (pascal).

662 Figure 2. Regions of imposed diabatic heating anomaly considered in the stationary wave
663 model (SWM) experiments (labeled 1 through 7 over North America, and i1 through i6
664 over the northern Middle East, where i indicates the Iranian Plateau), and spatial
665 distribution of the imposed idealized heating anomaly (shaded, K day^{-1}) near the ground
666 surface (model sigma level $\sigma=0.9966$) for region 4. Inset: vertical profile of idealized
667 diabatic heating anomaly (K day^{-1}) imposed in the SWM atmosphere over a selected
668 geographical area.

669 Figure 3. (a)-(g) The spatial distribution of the eddy streamfunction response ($10^6 \text{ m}^2\text{s}^{-1}$)
670 at $\sigma=0.257$ to the idealized diabatic heating anomaly imposed at regions 1 through 7 (the
671 7 regions are indicated using black boxes, also see Fig. 2 for their definitions), as
672 produced by the SWM with three-dimensional (3-D) zonally-varying JJA mean basic
673 state from MERRA-2 for the period 1992-2014. (h)-(n) Vertical profile of the eddy
674 streamfunction response averaged between 35°N - 50°N .

675 Figure 4. (a) The spatial distribution of the eddy streamfunction response at $\sigma=0.257$ to
676 the idealized diabatic heating anomaly imposed at region 4, to illustrate the phase-locked
677 circulation pattern. (b) The eddy streamfunction response at $\sigma=0.257$ averaged between
678 35°N - 50°N for regions 1 through 7 (y-axis: region number); the shading for $y=4$, for

679 example, shows the results for the experiment with the heating anomaly imposed over
680 region 4. Note that without the phase locking, the contours would appear as diagonal
681 lines. (c)-(d) Same as (a)-(b) but for the SWM runs that use the zonal mean basic state
682 from MERRA-2. (e)-(f) Same as (a)-(b) but for the SWM runs that use the 3-D zonally
683 varying basic state over the North American domain (120°W-60°W) and zonal mean
684 basic state elsewhere. (g)-(h) Same as (a)-(b) but for the SWM runs that use the zonal
685 mean basic state over the North American domain (120°W-60°W) and 3-D zonally
686 varying basic state elsewhere. Units: $10^6 \text{ m}^2\text{s}^{-1}$.

687 Figure 5. (a)-(b) Same as Figs. 4a-b but for the SWM runs that use a MERRA-2 basic
688 state derived using zonal mean zonal wind (U) and meridional wind (V) and zonally
689 varying temperature (T) and surface pressure (Ps). (c)-(d) Same as (a)-(b) but for a
690 MERRA-2 basic state derived using zonally varying U and V and zonal mean T and Ps.
691 Units: $10^6 \text{ m}^2\text{s}^{-1}$.

692 Figure 6. (a) The Rossby Wave Source (RWS) (10^{-11} s^{-2}) for the SWM response at
693 $\sigma=0.257$ to the idealized diabatic heating anomaly imposed at region 4 with 3-D
694 climatological JJA basic state from MERRA-2. (b) The RWS at $\sigma=0.257$ averaged
695 between 35°N-50°N for SWM responses to idealized diabatic heating anomalies imposed
696 at regions 1 through 7. (c)-(d) Same as (a)-(b) but for the SWM divergence responses
697 (10^{-7} s^{-1}) at $\sigma=0.257$.

698 Figure 7. (a) The JJA climatological (1992-2014) eddy streamfunction ($10^6 \text{ m}^2\text{s}^{-1}$) at
699 $\sigma=0.257$ ($10^6 \text{ m}^2\text{s}^{-1}$) in the Mountain (M) simulation. (b) Same as (a) but for the AGCM
700 simulation that has North American orography removed (noNA). (c) Same as (a) but for

701 the eddy streamfunction difference between the M and noNA simulations. (d) The eddy
702 streamfunction response at $\sigma=0.257$ to the North American orography and the JJA
703 climatological diabatic heating difference between the M and noNA simulations
704 combined, produced by the SWM with 3-D zonally varying climatological JJA basic state
705 from the noNA simulation. (e) Same as (d) but for the SWM response to North American
706 orography. (f) Same as (d) but for the SWM response to JJA climatological diabatic
707 heating difference between the M and noNA simulations, the JJA climatological heating
708 difference averaged between 600mb and 400mb is indicated using red contours (contour
709 interval: 1K).

710 Figure 8. (a) The eddy streamfunction response at $\sigma=0.257$ to the idealized diabatic
711 heating anomaly imposed at region 4, produced by the SWM with 3-D zonally varying
712 climatological JJA basic state from the M simulation. (b) The eddy streamfunction
713 response at $\sigma=0.257$ averaged between 35°N-50°N forced by idealized diabatic heating
714 anomalies imposed at regions 1 through 7. (c)-(d) Same as (a)-(b) but for the 3-D zonally
715 varying climatological JJA basic state from the noNA simulation. (e)-(f) Same as (a)-(b)
716 but for the zonal mean JJA basic state from the noNA simulation. Unit: $10^6 \text{ m}^2 \text{ s}^{-1}$.

717 Figure 9. Identification of regional phase locking over the Northern Hemisphere land
718 using the output of an extensive series of independent SWM runs forced with regional
719 idealized heating anomalies placed every 7° in latitude (0.5°E through 357.5°E) and every
720 7° in longitude (5.5°N through 68.5°N) across the Northern Hemisphere; all the SWM
721 runs use 3-D zonally varying climatological JJA basic state from MERRA-2. (a) The
722 eddy streamfunction response at $\sigma=0.257$ averaged between 20°N-35°N forced by
723 idealized diabatic heating anomalies imposed every 7° in longitude along 19.5°N. The y-

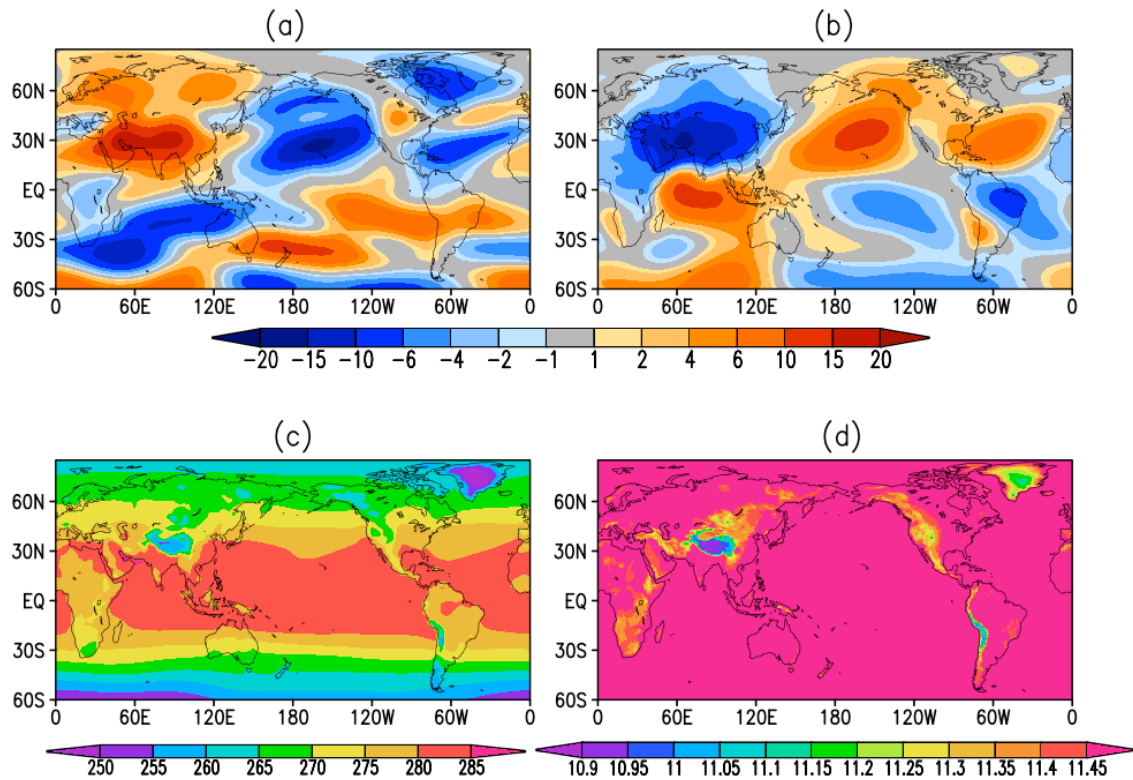
724 axis indicates the longitudes that the imposed heating anomalies are centered at; the
725 shading for $y=42.5^\circ\text{E}$, for example, shows the results for the SWM experiment with the
726 heating anomaly imposed over the 7° by 7° region centered at $42.5^\circ\text{E}19.5^\circ\text{N}$. (b) Same,
727 but for the SWM responses averaged between 25°N - 40°N forced by heating anomalies
728 imposed along 26.5°N . (c) Same, but for the SWM responses averaged between 30°N -
729 45°N forced by heating anomalies imposed along 33.5°N . (d) Same, but for the SWM
730 responses averaged between 35°N - 50°N forced by heating anomalies imposed along
731 40.5°N . The phase locking over North America and the northern Middle East are marked
732 using black arrows. (e) Same, but for the SWM responses averaged between 40°N - 55°N
733 forced by heating anomalies imposed along 47.5°N . (f) Same, but for the SWM responses
734 averaged between 40°N - 55°N forced by heating anomalies imposed along 54.5°N . (g)
735 Same, but for the SWM responses averaged between 50°N - 65°N forced by heating
736 anomalies imposed along 61.5°N . (h) Same, but for the SWM responses averaged
737 between 60°N - 75°N forced by heating anomalies imposed along 68.5°N . Unit: $10^6 \text{ m}^2 \text{ s}^{-1}$.

738 Figure 10. (a) The eddy streamfunction response at $\sigma=0.257$ to an idealized diabatic
739 heating anomaly imposed at region i3 produced by the SWM with a 3-D zonally varying
740 climatological (1992-2014) JJA basic state from MERRA-2, to illustrate the phase-locked
741 circulation pattern over the northern Middle East. (b) The eddy streamfunction response
742 at $\sigma=0.257$ averaged between 30°N - 60°N for idealized diabatic heating anomalies
743 imposed at regions i1 through i6, to demonstrate the phase locking over the northern
744 Middle East. (c)-(d) Same as (a)-(b) but using 3-D zonally varying basic state west of
745 65°E and zonal mean basic state elsewhere from MERRA-2. (e)-(f) Same as (a)-(b) but

746 using zonal mean basic state west of 65°E and 3-D zonally varying basic state elsewhere
747 from MERRA-2. Unit: $10^6 \text{ m}^2\text{s}^{-1}$.

748 Figure 11. (a) The JJA climatological (1992-2014) eddy streamfunction ($10^6 \text{ m}^2\text{s}^{-1}$) at
749 $\sigma=0.257$ in the noIP simulation. (b) Same as (a) but for the difference between the M and
750 noIP simulations. (c) The JJA climatological difference between the M and noIP
751 simulations in their vertically integrated diabatic heating (shaded, K day^{-1}) and winds at
752 $\sigma=0.866$ (vector, m s^{-1}); only wind vectors with magnitude greater than 3 m s^{-1} are shown.
753 (d) The eddy streamfunction response at $\sigma=0.257$ to the Iranian Plateau and the JJA
754 climatological diabatic heating difference between the M and noIP simulations combined,
755 produced by the SWM with 3-D zonally varying climatological JJA basic state from the
756 noIP simulation. (e) Same as (d) but for the SWM response to the Iranian Plateau. (f)
757 Same as (d) but for the SWM response to the JJA climatological diabatic heating
758 difference between the M and noIP simulations.

759 Figure 12. (a) The eddy streamfunction response at $\sigma=0.257$ to the idealized diabatic
760 heating anomaly imposed at region i3, produced by the SWM with 3-D zonally varying
761 climatological JJA basic state from the M simulation. (b) The eddy streamfunction
762 response at $\sigma=0.257$ averaged between 30°N-60°N forced by idealized diabatic heating
763 anomalies imposed at regions i1 through i6. (c)-(d) Same as (a)-(b) but for the 3-D
764 zonally varying climatological JJA basic state from the noIP simulation. Unit: $10^6 \text{ m}^2\text{s}^{-1}$.



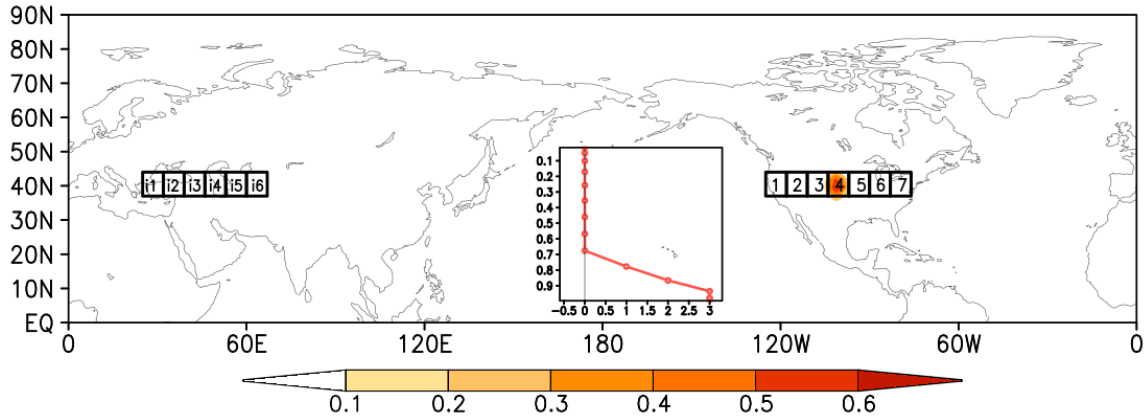
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766 Figure 1. (a) The JJA climatological (1992-2014) eddy streamfunction ($10^6 \text{ m}^2\text{s}^{-1}$) at
 767 $\sigma=0.257$ in MERRA-2. (b) Same, but for eddy streamfunction ($10^6 \text{ m}^2\text{s}^{-1}$) at $\sigma=0.866$. (c)
 768 Same, but for air temperature (K) at $\sigma=0.68$. (d) Same, but for logarithm of surface
 769 pressure (pascal).

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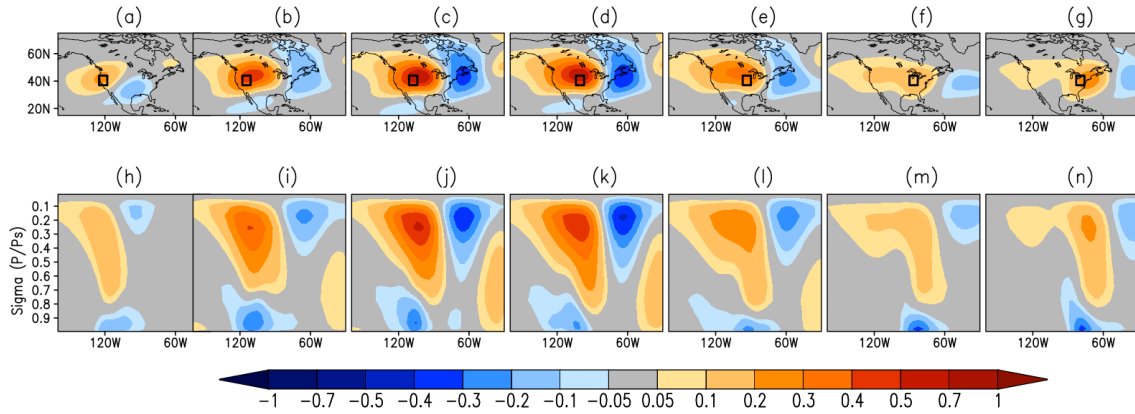
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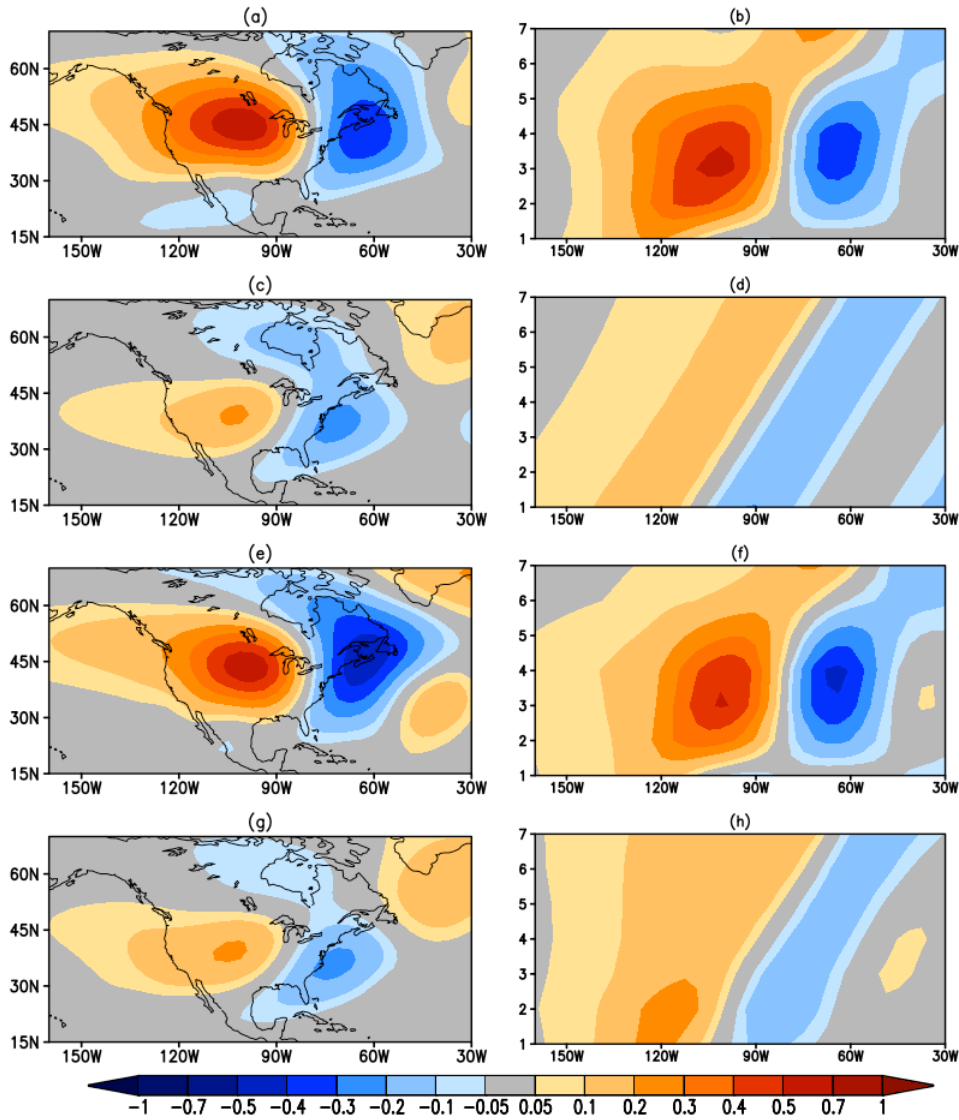
774 Figure 2. Regions of imposed diabatic heating anomaly considered in the stationary wave
775 model (SWM) experiments (labeled 1 through 7 over North America, and i1 through i6
776 over the northern Middle East, where i indicates the Iranian Plateau), and spatial
777 distribution of the imposed idealized heating anomaly (shaded, K day^{-1}) near the ground
778 surface (model sigma level $\sigma=0.9966$) for region 4. Inset: vertical profile of idealized
779 diabatic heating anomaly (K day^{-1}) imposed in the SWM atmosphere over a selected
780 geographical area.

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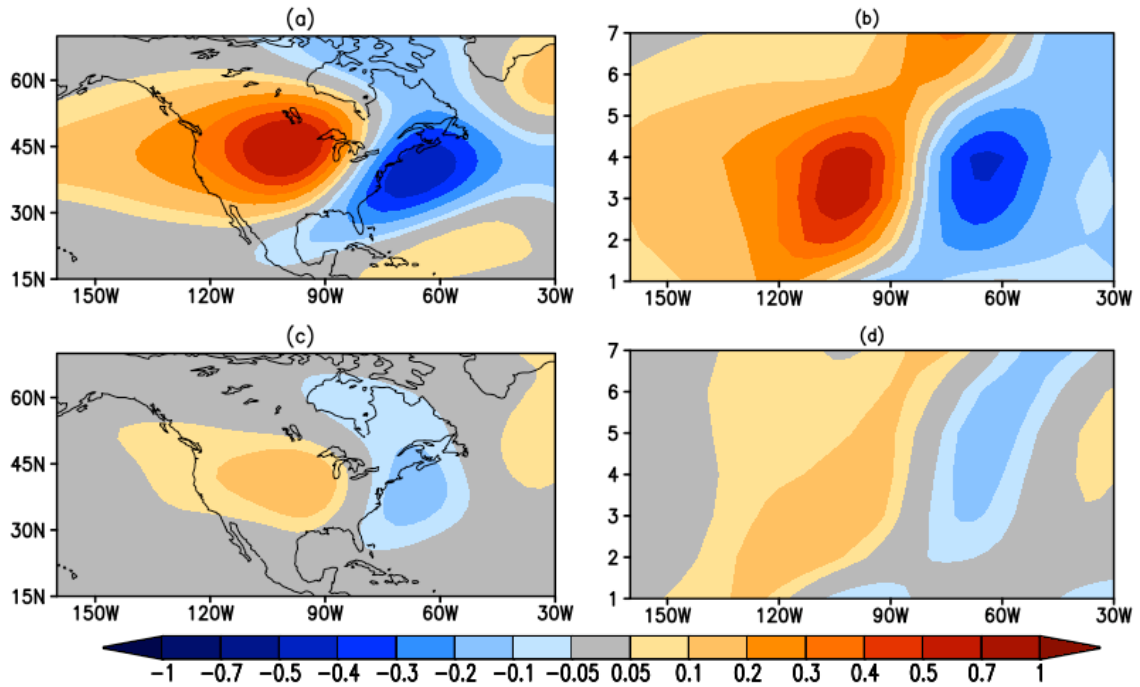
783 Figure 3. (a)-(g) The spatial distribution of the eddy streamfunction response ($10^6 \text{ m}^2\text{s}^{-1}$)
 784 at $\sigma=0.257$ to the idealized diabatic heating anomaly imposed at regions 1 through 7 (the
 785 7 regions are indicated using black boxes, also see Fig. 2 for their definitions), as
 786 produced by the SWM with three-dimensional (3-D) zonally-varying JJA mean basic
 787 state from MERRA-2 for the period 1992-2014. (h)-(n) Vertical profile of the eddy
 788 streamfunction response averaged between 35°N-50°N.



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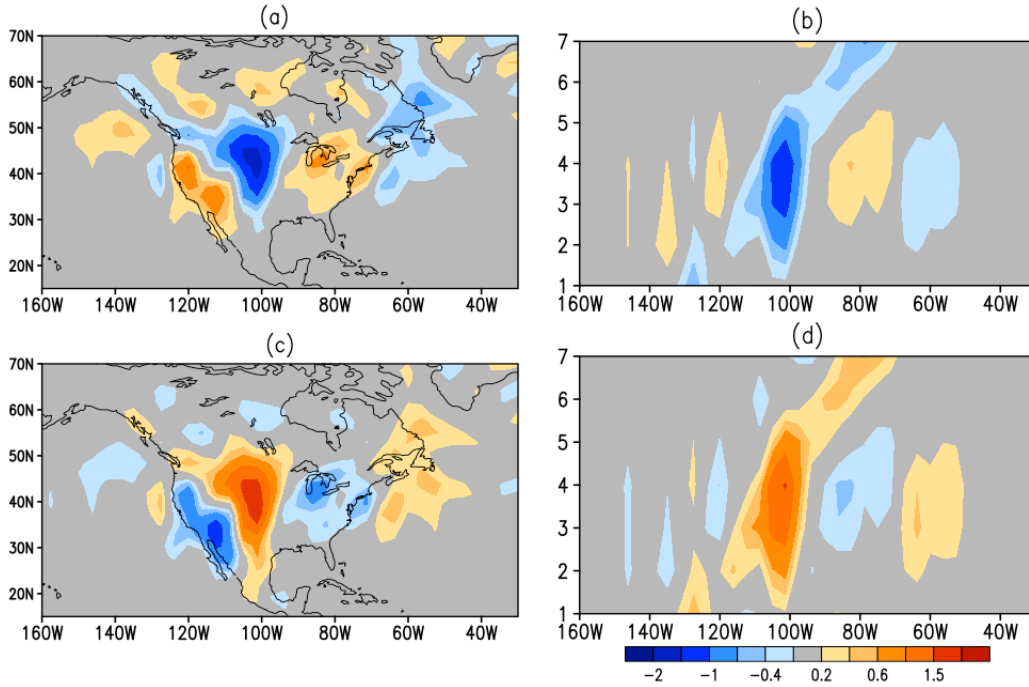
790 Figure 4. (a) The spatial distribution of the eddy streamfunction response at $\sigma=0.257$ to
 791 the idealized diabatic heating anomaly imposed at region 4, to illustrate the phase-locked
 792 circulation pattern. (b) The eddy streamfunction response at $\sigma=0.257$ averaged between
 793 35°N - 50°N for regions 1 through 7 (y-axis: region number); the shading for $y=4$, for
 794 example, shows the results for the experiment with the heating anomaly imposed over
 795 region 4. Note that without the phase locking, the contours would appear as diagonal
 796 lines. (c)-(d) Same as (a)-(b) but for the SWM runs that use the zonal mean basic state
 797 from MERRA-2. (e)-(f) Same as (a)-(b) but for the SWM runs that use the 3-D zonally
 798 varying basic state over the North American domain (120°W - 60°W) and zonal mean
 799 basic state elsewhere. (g)-(h) Same as (a)-(b) but for the SWM runs that use the zonal
 800 mean basic state over the North American domain (120°W - 60°W) and 3-D zonally
 801 varying basic state elsewhere. Units: $10^6 \text{ m}^2 \text{ s}^{-1}$.

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804 Figure 5. (a)-(b) Same as Figs. 4a-b but for the SWM runs that use a MERRA-2 basic
 805 state derived using zonal mean zonal wind (U) and meridional wind (V) and zonally
 806 varying temperature (T) and surface pressure (Ps). (c)-(d) Same as (a)-(b) but for a
 807 MERRA-2 basic state derived using zonally varying U and V and zonal mean T and Ps.
 808 Units: $10^6 \text{ m}^2 \text{ s}^{-1}$.



809

810 Figure 6. (a) The Rossby Wave Source (RWS) (10^{-11} s^{-2}) for the SWM response at
 811 $\sigma=0.257$ to the idealized diabatic heating anomaly imposed at region 4 with 3-D
 812 climatological JJA basic state from MERRA-2. (b) The RWS at $\sigma=0.257$ averaged
 813 between 35°N - 50°N for SWM responses to idealized diabatic heating anomalies imposed
 814 at regions 1 through 7. (c)-(d) Same as (a)-(b) but for the SWM divergence responses
 815 (10^{-7} s^{-1}) at $\sigma=0.257$.

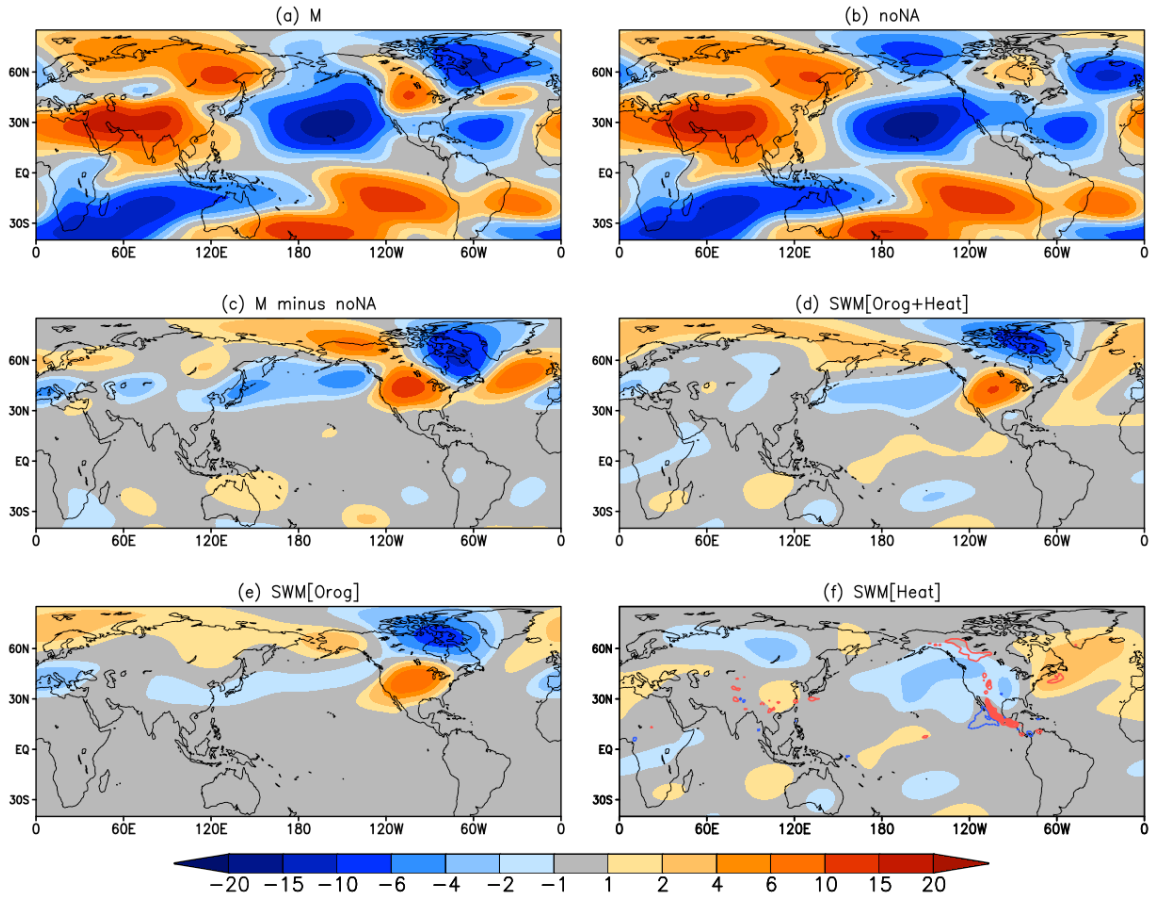
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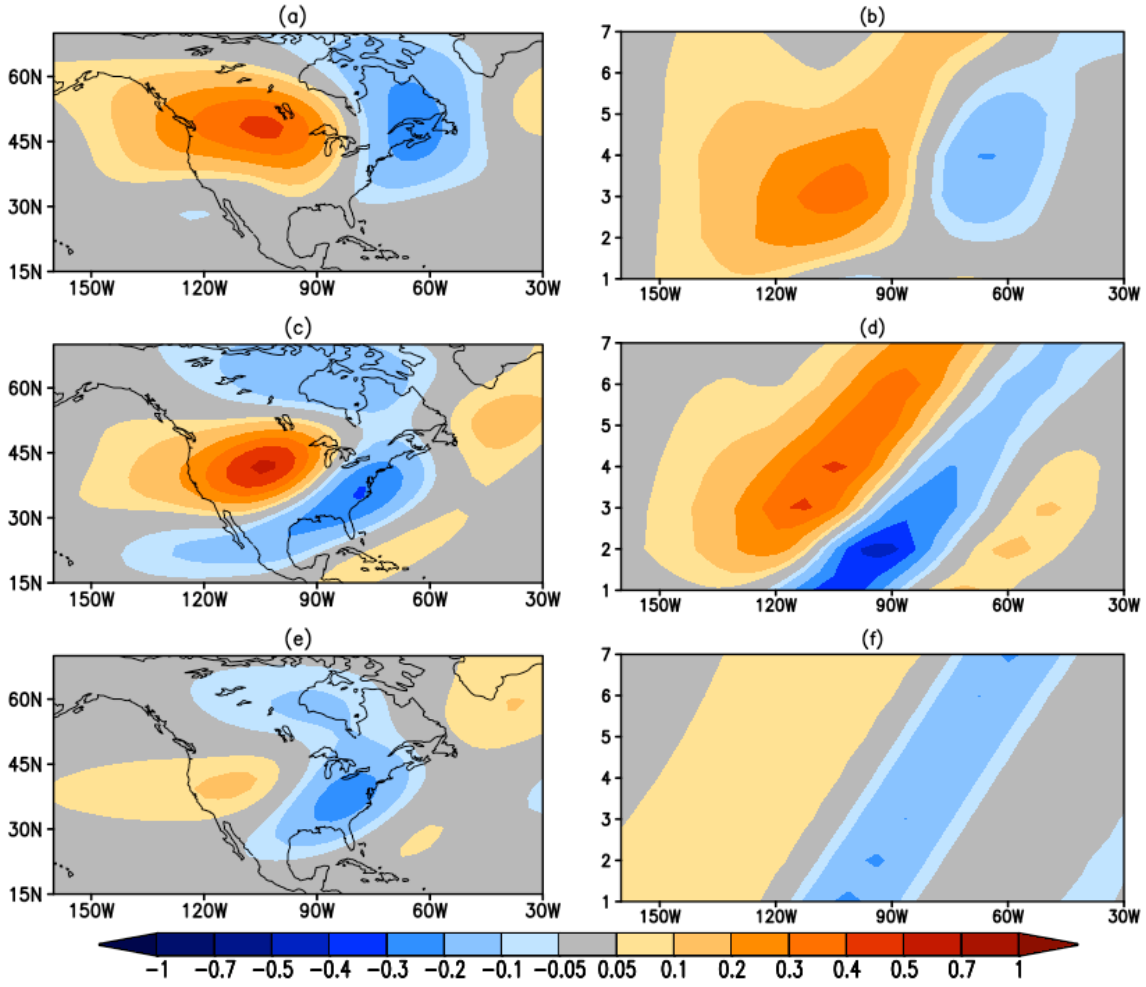


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822 Figure 7. (a) The JJA climatological (1992-2014) eddy streamfunction ($10^6 \text{ m}^2\text{s}^{-1}$) at
 823 $\sigma=0.257$ ($10^6 \text{ m}^2\text{s}^{-1}$) in the Mountain (M) simulation. (b) Same as (a) but for the AGCM
 824 simulation that has North American orography removed (noNA). (c) Same as (a) but for
 825 the eddy streamfunction difference between the M and noNA simulations. (d) The eddy
 826 streamfunction response at $\sigma=0.257$ to the North American orography and the JJA
 827 climatological diabatic heating difference between the M and noNA simulations
 828 combined, produced by the SWM with 3-D zonally varying climatological JJA basic state
 829 from the noNA simulation. (e) Same as (d) but for the SWM response to North American
 830 orography. (f) Same as (d) but for the SWM response to JJA climatological diabatic
 831 heating difference between the M and noNA simulations, the JJA climatological heating
 832 difference averaged between 600mb and 400mb is indicated using red contours (contour
 833 interval: 1K).

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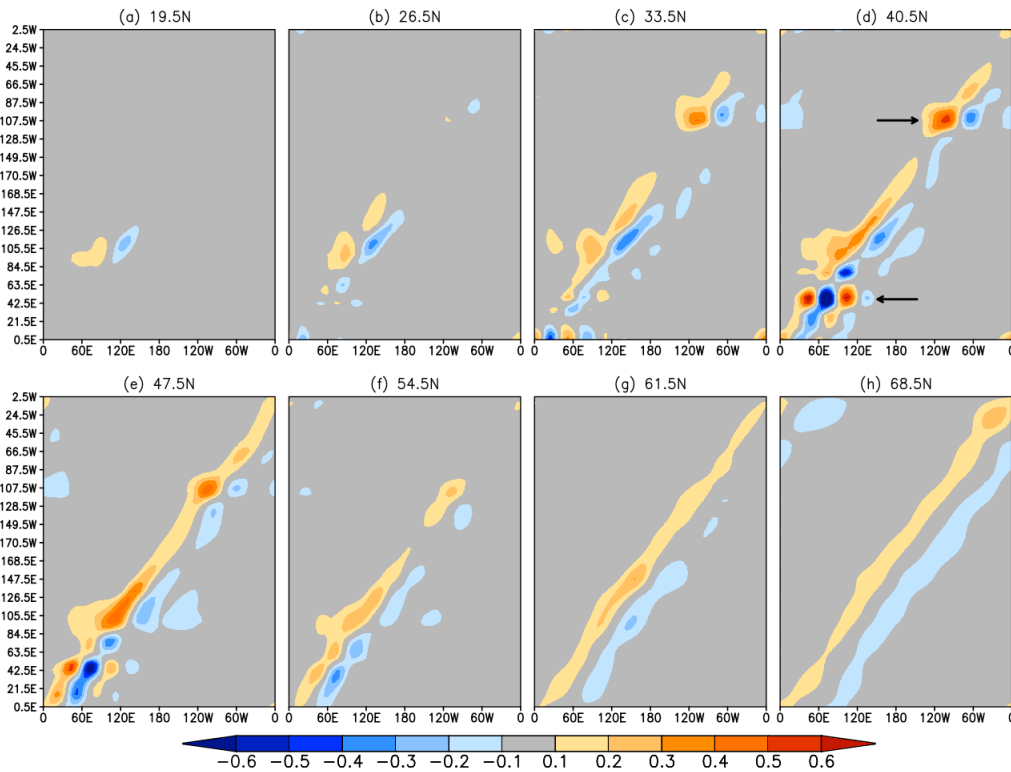


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837 Figure 8. (a) The eddy streamfunction response at $\sigma=0.257$ to the idealized diabatic
 838 heating anomaly imposed at region 4, produced by the SWM with 3-D zonally varying
 839 climatological JJA basic state from the M simulation. (b) The eddy streamfunction
 840 response at $\sigma=0.257$ averaged between 35°N - 50°N forced by idealized diabatic heating
 841 anomalies imposed at regions 1 through 7. (c)-(d) Same as (a)-(b) but for the 3-D zonally
 842 varying climatological JJA basic state from the noNA simulation. (e)-(f) Same as (a)-(b)
 843 but for the zonal mean JJA basic state from the noNA simulation. Unit: $10^6 \text{ m}^2 \text{ s}^{-1}$.

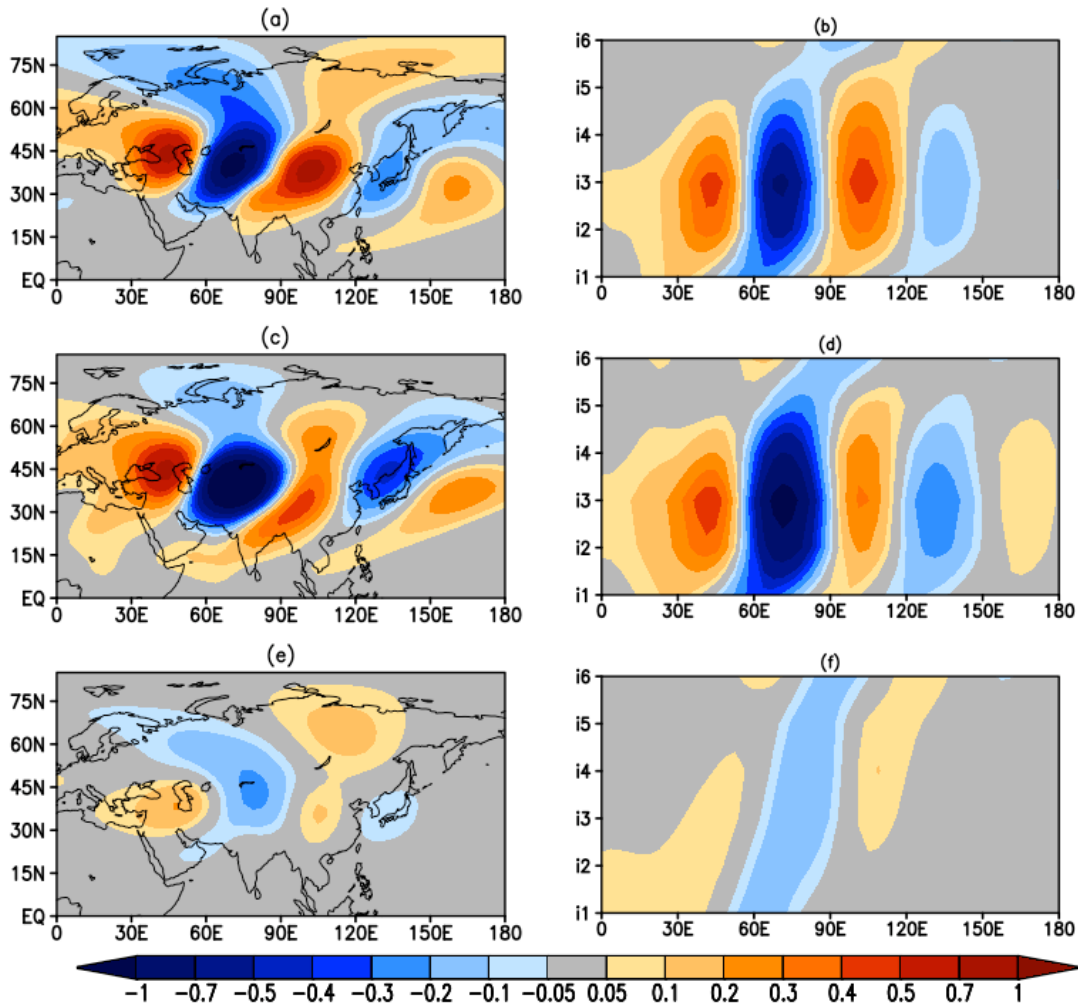
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847 Figure 9. Identification of regional phase locking over the Northern Hemisphere land
 848 using the output of an extensive series of independent SWM runs forced with regional
 849 idealized heating anomalies placed every 7° in latitude (0.5°E through 357.5°E) and every
 850 7° in longitude (5.5°N through 68.5°N) across the Northern Hemisphere; all the SWM
 851 runs use 3-D zonally varying climatological JJA basic state from MERRA-2. (a) The
 852 eddy streamfunction response at $\sigma=0.257$ averaged between 20°N - 35°N forced by
 853 idealized diabatic heating anomalies imposed every 7° in longitude along 19.5°N . The y-
 854 axis indicates the longitudes that the imposed heating anomalies are centered at; the
 855 shading for $y=42.5^\circ\text{E}$, for example, shows the results for the SWM experiment with the
 856 heating anomaly imposed over the 7° by 7° region centered at 42.5°E along 19.5°N . (b) Same,
 857 but for the SWM responses averaged between 25°N - 40°N forced by heating anomalies
 858 imposed along 26.5°N . (c) Same, but for the SWM responses averaged between 30°N -
 859 45°N forced by heating anomalies imposed along 33.5°N . (d) Same, but for the SWM
 860 responses averaged between 35°N - 50°N forced by heating anomalies imposed along
 861 40.5°N . The phase locking over North America and the northern Middle East are marked
 862 using black arrows. (e) Same, but for the SWM responses averaged between 40°N - 55°N
 863 forced by heating anomalies imposed along 47.5°N . (f) Same, but for the SWM responses
 864 averaged between 40°N - 55°N forced by heating anomalies imposed along 54.5°N . (g)
 865 Same, but for the SWM responses averaged between 50°N - 65°N forced by heating
 866 anomalies imposed along 61.5°N . (h) Same, but for the SWM responses averaged
 867 between 60°N - 75°N forced by heating anomalies imposed along 68.5°N . Unit: $10^6 \text{ m}^2 \text{ s}^{-1}$.



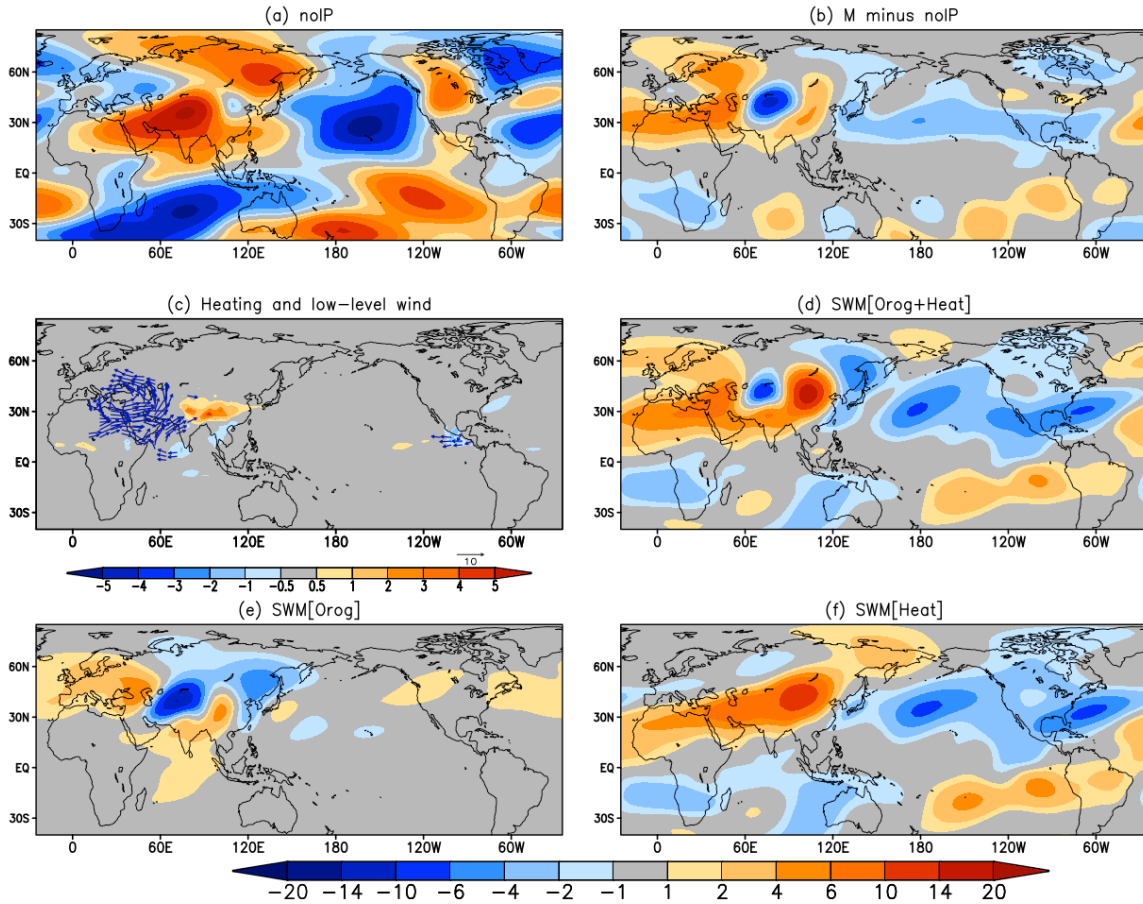
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869 Figure 10. (a) The eddy streamfunction response at $\sigma=0.257$ to an idealized diabatic
 870 heating anomaly imposed at region i3 produced by the SWM with a 3-D zonally varying
 871 climatological (1992-2014) JJA basic state from MERRA-2, to illustrate the phase-locked
 872 circulation pattern over the northern Middle East. (b) The eddy streamfunction response
 873 at $\sigma=0.257$ averaged between 30°N-60°N for idealized diabatic heating anomalies
 874 imposed at regions i1 through i6, to demonstrate the phase locking over the northern
 875 Middle East. (c)-(d) Same as (a)-(b) but using 3-D zonally varying basic state west of
 876 65°E and zonal mean basic state elsewhere from MERRA-2. (e)-(f) Same as (a)-(b) but
 877 using zonal mean basic state west of 65°E and 3-D zonally varying basic state elsewhere
 878 from MERRA-2. Unit: $10^6 \text{ m}^2 \text{ s}^{-1}$.

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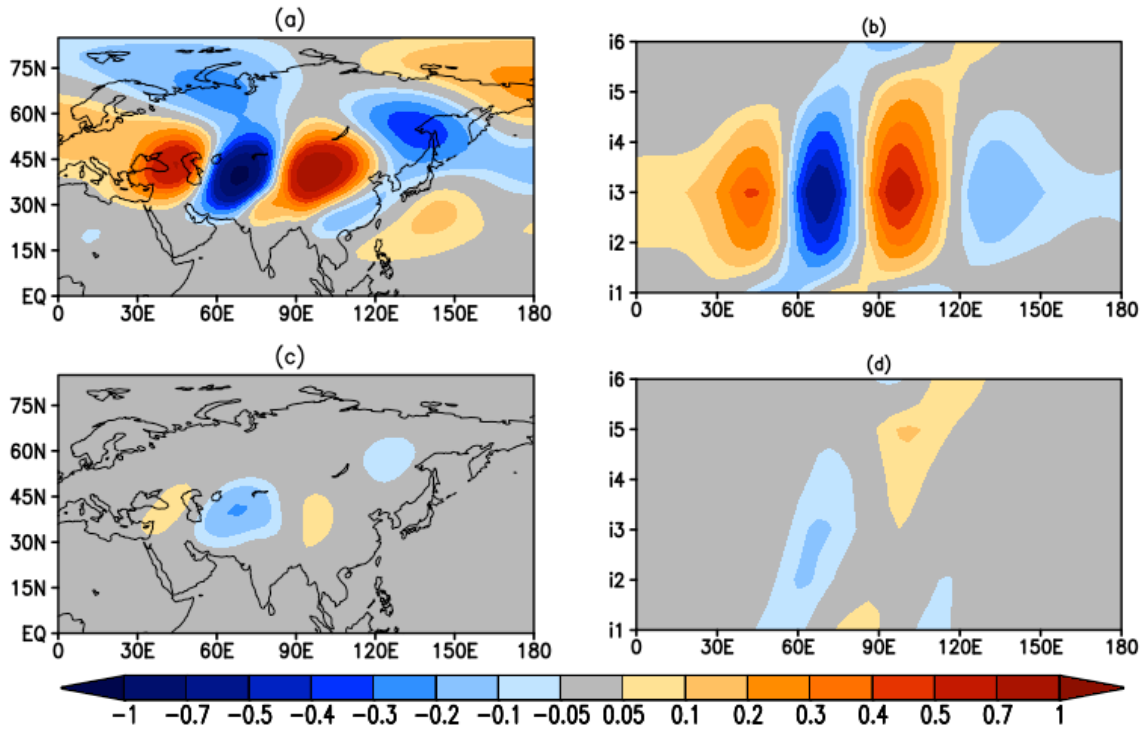
883 Figure 11. (a) The JJA climatological (1992-2014) eddy streamfunction ($10^6 \text{ m}^2\text{s}^{-1}$) at
884 $\sigma=0.257$ in the noIP simulation. (b) Same as (a) but for the difference between the M and
885 noIP simulations. (c) The JJA climatological difference between the M and noIP
886 simulations in their vertically integrated diabatic heating (shaded, K day^{-1}) and winds at
887 $\sigma=0.866$ (vector, m s^{-1}); only wind vectors with magnitude greater than 3 m s^{-1} are shown.
888 (d) The eddy streamfunction response at $\sigma=0.257$ to the Iranian Plateau and the JJA
889 climatological diabatic heating difference between the M and noIP simulations combined,
890 produced by the SWM with 3-D zonally varying climatological JJA basic state from the
891 noIP simulation. (e) Same as (d) but for the SWM response to the Iranian Plateau. (f)
892 Same as (d) but for the SWM response to the JJA climatological diabatic heating
893 difference between the M and noIP simulations.

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899 Figure 12. (a) The eddy streamfunction response at $\sigma=0.257$ to the idealized diabatic
900 heating anomaly imposed at region i3, produced by the SWM with 3-D zonally varying
901 climatological JJA basic state from the M simulation. (b) The eddy streamfunction
902 response at $\sigma=0.257$ averaged between 30°N - 60°N forced by idealized diabatic heating
903 anomalies imposed at regions i1 through i6. (c)-(d) Same as (a)-(b) but for the 3-D
904 zonally varying climatological JJA basic state from the noIP simulation. Unit: $10^6 \text{ m}^2 \text{ s}^{-1}$.

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