

1 **Migraine aura: retracting particle-like waves in weakly**
2 **susceptible cortex**

3 M. A. Dahlem^{1,2,3} and N. Hadjikhani^{4,5}

4 ¹*Institut für Theoretische Physik, Technische Universität Berlin, Hardenbergstraße 36, 10623*
5 *Berlin, Germany*

6 ²*Klinik für Neurologie II, Otto-von-Guericke-Universität Magdeburg, 39120 Magdeburg, Ger-*
7 *many*

8 ³*Leibniz Institute für Neurobiologie, 39118 Magdeburg, Germany*

9 ⁴*Brain Mind Institute, EPFL, Lausanne, Switzerland*

10 ⁵*Martinos Center for Biomedical Imaging, Massachusetts General Hospital, Harvard Medical*
11 *School, Charlestown, MA 02129, USA*

12 **Cortical spreading depression (SD) has been suggested to underlie visual migraine aura. De-**
13 **spite a precise match in speed, the spatio-temporal patterns of SD and aura symptoms on the**
14 **cortical surface ordinarily differ in aspects of size and shape. We show that this mismatch is**
15 **reconciled by utilizing that both pattern types bifurcate from an instability point of generic**
16 **reaction-diffusion models. To classify these spatio-temporal pattern we suggest a suscepti-**
17 **bility scale having the value $\sigma = 1$ at the instability point. We predict that human cortex is**
18 **only weakly susceptible to SD ($\sigma < 1$), and support this prediction by directly matching visual**
19 **aura symptoms with anatomical landmarks using fMRI retinotopic mapping. We discuss the**
20 **increased dynamical repertoire of cortical tissue close to $\sigma = 1$, in particular, the resulting**
21 **implications on migraine pharmacology that is hitherto tested in the regime ($\sigma \gg 1$), and**
22 **potentially silent aura occurring below a second bifurcation point at $\sigma = 0$ on the susceptible**
23 **scale.**

24 1 Introduction

25 Migraine aura is a collection of transient neurological symptoms characterized by a gradual onset
26 as the distinctive clinical feature. It may be classified into sensory and cognitive modalities. Visual
27 aura predominate, usually consisting of a distortion in the visual field often characterized by an
28 expanding zigzag pattern at the leading front and a scotoma in the back¹⁻⁶ (Fig. 1 (a)). Direct
29 correlations between aura percepts and neural properties have been demonstrated, e. g., the typical
30 zigzag patterns are reflected in reversed cortical feature maps^{2,7,8}. While the pseudohallucinatory
31 percept during the aura (visual or other) is specific from the affected sensory modality and is
32 independent of etiology⁹, the spatio-temporal course of aura progression is a clear signature of the
33 underlying pathological process.

34 Reverse retinotopic mapping of aura symptoms reveals a constant propagation speed of about
35 3 mm/min on the cortical surface^{1,6} (Fig. 1 (b)). The remarkable slow velocity fits with the pace
36 of spreading depression (SD), a profound but transient all-or-none type process characterized by
37 redistribution of ions across cell membranes and nearly complete neuronal depolarization^{10,11}. This
38 suggests that both phenomena rely on the same propagation mechanism¹².

39 Despite the precise match in speed of mapped aura symptoms and SD, both processes ordi-
40 narily differ in aspects of size and shape on the cortical surface. While SD waves usually invade
41 the entire gray matter region and stop only at the border to white matter—at least if observed in
42 the most prone brain regions, the hippocampus and neocortex of nonprimate mammals—migraine
43 aura symptoms, in contrast, seem to be more spatially confined. This can be deduced from the

44 fact that visual symptoms often last not longer than 20 min corresponding to a distance of 60 mm,
45 the length of the early visual areas located along the sulcus calcarine (Fig. 1). It is the central
46 result of this article to show that this mismatch in size and shape between mapped aura symp-
47 toms and SD propagation may be reconciled by utilizing that both pattern types occur in a generic
48 reaction-diffusion model but are separated by a bifurcation, that is, a sudden qualitative change in
49 the spatio-temporal SD pattern after only a small smooth change made to cortical susceptibility
50 to SD. Our predictions are supported by directly matching visual aura symptoms with anatomical
51 landmarks using fMRI retinotopic mapping.

52 Our results lead us to the conclusion that SD in humans is much closer to a bifurcating
53 instability point of pattern formation than in nonprimate mammals. From a synergetics point of
54 view, the brain is in general viewed as a self-organizing pattern forming system that operates close
55 to instability points¹³. In the case of migraine aura, the crucial instability point separates transient
56 from sustained wave propagation. Being close to the instability point dramatically changes the
57 dynamical repertoire. This factor, as will be discussed, should have severe implications on the
58 design of migraine drug tests. Moreover, it may favor the hypothesis of the occurrence of silent
59 aura in diagnosed forms of *migraine without aura*¹⁴.

60 **2 Results**

61 The visual aura symptoms typically affect only a part, albeit large part, of a visual hemifield (VH).
62 The affected area forms an expanding circular arc often centred close to the fovea. In Fig. 1

63 (a), a sequence of subsequent migraine aura “snapshots” visualizes the typical course of a visual
64 disturbance in the right VH. The perimetric data is taken from Lashley¹ and the corresponding
65 spatio-temporal pattern in the primary visual cortex (V1) is obtained by reversed retinotopic map-
66 ping (Fig. 1 (b)). The crescent pattern in the VH translates into a wave segment resembling a
67 “particle-like wave”¹⁵, as described in the next subsection. From this pattern, we can estimate an
68 average length of the wave front of about 35 mm and a propagation speed of 3mm/min. Therefore,
69 such a wave segment temporarily recruits a total of about 2100mm² cortical surface within 20 min
70 into the depolarized SD state, that is, only approximately 1.7% of the surface of one human cortical
71 hemisphere.

72 **Susceptibility scale based on wave instabilities** Transient and spatially confined waves were
73 first suggested to cause aura symptoms in a descriptive mathematical model considering the mo-
74 tion of curves with free ends¹⁶. These curves represent segments of excitation fronts with two
75 open ends, as shown in Fig. 1 (b). Furthermore, unstable—and thus also transient and spa-
76 tially confined—waves, termed *particle-like waves* have been found and studied in the chem-
77 ical Belousov-Zhabotinskii (BZ) reaction and their spatio-temporal dynamics are described by
78 reaction-diffusion (RD) equations^{15,17,18}. Particle-like wave propagation differs significantly from
79 the current view of SD as a pattern engulfing posterior cortex (Fig. 1 (a)).

80 We suggest to introduce a macroscopic susceptibility scale σ to classify such spatio-temporal
81 RD patterns in excitable media that are weakly susceptible to SD wave propagation. A two-point
82 definition is used for calibrating this scale, whereby $\sigma = 1$ represents particle-like waves and

83 $\sigma = 0$ the propagation boundary (see Methods). The two points are defined each by such a
84 bifurcation point. The value $\sigma = 1$ separates excitable media with capacity to propagate growing
85 waves segments ($\sigma > 1$) from those where only retracting waves segments ($\sigma < 1$) occur. When
86 susceptibility changes to a value below $\sigma = 0$, the amplitude of the wave decreases so that a wave
87 segment not only retracts from its sides (decreasing length as indicated by green arrow heads in
88 Fig. 2 (b)) but also its wave profile collapses (decreasing width).

89 The two bifurcation at $\sigma = 0$ and $\sigma = 1$ are generic in the sense that they apply to excitable
90 media based on RD mechanisms irrespective of the particular model. In Fig. 2, generic spatio-
91 temporal RD patterns are classified into four intervals based on a linear scale between the points
92 $\sigma = 0$ and $\sigma = 1$. The linear scale and the locus of further bifurcation points on this scale depend
93 on the specific RD model. We used the FitzHugh-Nagumo system (FHN) and fixed all parameters
94 but the threshold β such that the experimentally observed re-entrant pattern of retinal SD, which
95 performs a complex meandering¹⁹, is obtained at $\sigma > 2$ (Methods)^{20,21}.

96 Four susceptibility intervals are relevant for reconciling the mismatch in size and shape be-
97 tween mapped aura symptoms and SD propagation. They are ordered by decreasing susceptibility:
98 (a) ($\sigma > 1$): sustained waves, (b) ($1 > \sigma > 0$): retracting waves, (c) ($\sigma < 0$): collapsing waves, (d)
99 ($\sigma < -2.2$): no spread.

100 The regime (a) has the highest susceptibility to spreading phenomena due to the lowest
101 threshold values among the four intervals. The spatio-temporal patterns obtained in (a) show the
102 typical course of SD waves observed in animal experiments. In particular, an SD wave, initiated at

103 the occipital pole and propagating in anterior direction, will eventually engulf the whole cortical
104 surface. In this regime, wave segments with free open ends curl in to form rotors (spiral shaped
105 waves), therefore the lower bound $\sigma = 1$ is called the rotor boundary (RB)²⁰. RB is marked by
106 the occurrence of particle-like waves. Adhering strictly to the definition of particle-like waves as
107 a wave form with natural length and shape that will either grow or decay when perturbed, RB
108 is wave size dependent¹⁷. In the limit of large wave segments (critical fingers^{22,23}) susceptibility
109 approaches a lower bound that is used as the defining point for calibrating σ .

110 In both the intervals (b) and (c) transient waves forms occur. In (b), the interval with higher
111 susceptibility among (b) and (c), 2D wave segments with free open ends, such as shown in Fig. 1
112 (b), eventually disappear because open ends retract and thereby constantly reduce the instanta-
113 neous size of excitation. In susceptibility interval (c) the RD equations describe rather a process
114 of facilitated diffusion than travelling wave processes in excitable media. For this reason, the
115 boundary between (b) and (c) is called propagation boundary (PB)^{20,23}. In (c), the pulse evo-
116 lution, following an initial increase in the activator, is similar to passive diffusion only that the
117 spatially elevated distribution collapses slower than without the activator reaction and this process
118 can be directed, if the spatial distribution of activator and inhibitor are not symmetric. In regime
119 (d), an initially imposed localized spatial distribution of the activator collapses without broadening
120 (spreading boundary (SB)) because the reaction part provides a sink that decreases the activator
121 faster than it is transported outwards by diffusion²⁴.

122 **Effects of gyrification on RD waves** Critical properties of RD waves such as retracting particle-
123 like wave propagation in the weakly susceptibility domain $1 > \sigma > 0$ are modulated by the bending
124 of the cortical surface. This can be deduced from experimental and theoretical^{25–28} studies of the
125 chemical BZ model systems of RD waves on curved surfaces in the regime of weakly excitable
126 media. Weak excitability is not strictly defined but usually refers to values close to $\sigma = 1$. In these
127 systems, it is shown that propagation depends crucially on the geometric properties of the surface.
128 As a consequence, we can predict that a correlation must exist between anatomical landmarks and
129 the course of aura symptoms if migraine aura is caused by a RD process.

130 In this subsection, we consider the gross gyral morphology in relation to the typical aura
131 onset, course and ending. But before, we refer to a particular curvature-induced phenomenon that
132 provided a mechanism how wave segments can emerge in the first place. It was shown that the
133 wave front can undergo a critical deformation above which propagation is blocked²⁹. A broken
134 wave front is needed to distinguish spatio-temporal pattern obtained in the susceptibility intervals
135 ($\sigma > 1$) and ($1 > \sigma > 0$). The evolution of closed wave fronts does not differ much until the front
136 breaks open, for instance due to a local curvature-induced excitation block. Then the resulting
137 open ends will either grow or retract if the susceptibility σ is in the interval ($\sigma > 1$) and ($1 > \sigma > 0$),
138 respectively.

139 If migraine aura is caused by retracting RD waves ($1 > \sigma > 0$) that are guided by anatomical
140 landmarks, the main course of the neurological symptoms within different people can be similar,
141 because many studies of human cytoarchitecture show that sensory and motor areas have some

142 relationship to the gross sulcal and gyral morphology. In some cases very precise correlations
143 between sulci and functional entities could be demonstrated, most prominent is the calcarine sulcus
144 (CS) as a landmark of the primary visual cortex (V1)³⁰. Furthermore, the primary auditory cortex
145 has a clear spatial relationship with Heschl's gyrus^{31,32}, and the motor cortex can be identified by
146 the position of the central sulcus³³. Yet a substantial interindividual and interhemisphere variability
147 in both size and location of anatomical landmarks is observed³⁴, and major sulci and gyri are
148 individually composed of smaller gyral folds and sulci indents, which provides a variability for
149 individual local characteristics of the spatio-temporal aura symptoms.

150 Due to CS's precise landmark position of V1³⁰ its geometric properties are best suited for
151 comparison with visual aura symptoms. Furthermore, its retinotopic mapping of visual input is
152 well studied in human³⁵⁻³⁸. We therefore consider the gross morphology of CS and the relative
153 position of V1 in relation to the typical onset, course and ending of crescent shaped visual aura as
154 shown in Fig. 1.

155 **Onset** Most of the crescent shaped aura pattern start in one VH close to the fovea (center of
156 gaze). The neural representation of the fovea is located at the occipital pole often extending about
157 10 mm onto the lateral convexity. CS is formed by the cuneus and lingual gyrus on the medial
158 surface and runs forward to the corpus callosum. Approximately two-thirds of V1 lies within the
159 CS walls³⁰. A difference of 1° visual angle between the onset of aura symptoms and the fovea
160 corresponds to a cortical distance of about 1cm (see Fig. 1) because of the large linear cortical
161 magnification factor M (see Methods) close to the fovea. Therefore, the crescent aura symptoms

162 start near the entrance of CS.

163 **Course** Typical crescent pattern propagate along the horizontal hemimeridian (HM) towards the
164 visual periphery. The pattern extends into both quadrants of the VH, which is a clear sign that it is
165 caused in V1. V1 is the only of the early visual areas where the two quadrants of the VH are not
166 split along HM³⁹. Extrastriate visual cortical areas represent the two quadrants of VH in dorsal and
167 ventral areas that are connected only close to the fovea. And the pattern is caused in early visual
168 areas because orientation selective cells with moderate receptive field sizes are only found there.
169 They represent the individual edges of the zigzag aura percept at the propagating front⁸.

170 The locus of the neural representation of HM in V1 is near the fundus of CS. Individual aura
171 reports show an asymmetric propagation to either the upper or lower visual field quadrant^{1-3,6}. If
172 the visual field defect falls behind in one visual quadrant, this could indicate that M is larger in
173 this quadrant. In deed, anatomical data suggest that V1 proceeds farther anteriorly in the lingual
174 gyrus^{30,40}, which suggests that more cortical surface is devoted to upper quadrant, however, fMRI
175 data show that the dorsal and ventral compartments of V1 are at least similar in absolute extent
176 measured in geodesic distance³⁸.

177 **Ending** Visual aura symptoms stop in the periphery of the VH. The extreme periphery of the VH
178 is represented at the anterior boundary of V1 close to the T-shaped or sometimes Y-shaped junction
179 of the CS and the medial part parieto-occipital sulcus. Such a junction might act as a diode being

180 transparent for wave propagation only in one direction, but not in the other. Critical properties
181 of excitation waves on curved surfaces that lead to a curvature-dependent loss of excitability have
182 been studied in BZ system²⁸.

183 The CS as a major sulci is composed of smaller gyral folds and sulci indents resulting in a
184 complex surface. While the gross morphology of CS can determine the basic course of particle-like
185 wave propagation, it is this individually complex surface that needs to be considered if precisely
186 recorded perimetric data of visual aura progression are compared with anatomy. Furthermore, only
187 rather sharp deformations of the cortical surface can directly induce a critical deformation in the
188 wave front above which propagation is then blocked²⁹. The effect of smaller gyral folds and sulci
189 is considered in the next subsection.

190 **fMRI retinotopy and perimetric aura data** To investigate the effects of small gyrification pat-
191 tern on RD waves, the 3D form of V1 and its retinotopic map was obtained by fMRI from a mi-
192 graineur (PVV) who has made precise perimetric recordings of his visual aura⁴¹. In Fig. 3 (a), the
193 right V1 is shown. Its color codes the azimuthal angle of the contralateral left VH by a half HVS
194 (hue, value, saturation) color wheel, in counterclockwise direction from red (upper hemimeridian)
195 via light green (HM) to cyan (lower hemimeridian). The rostral/caudal (r, c) and dorsal/ventral (d,
196 v) directions are indicated by a cross.

197 The dorsal bank of the right CS is noticeable heavily ramified with small gyral folds and
198 sulci indents. The progression pattern of the visual field defect in the lower visual quadrant shows
199 accordingly a rather complex pattern. The spatial progression is marked in Fig. 3 (b) by drawing

200 with white lines the current position of the propagating field defect at one minute intervals within
201 24 minutes. The wave runs from minute 4 to 13 in the lower visual quadrant and this quadrant is
202 mapped, as can be seen by the color code, onto the dorsal bank of CS. Partly the wave pulsates
203 back and forth between 11-13 minute and eventually terminates in the lower end of this visual
204 quadrant in an excitation block, but continues to propagate within the upper quadrant.

205 In Fig. 3 (c), the left V1 is shown with the color coding azimuthal angles of the contralateral
206 right VH by the other half HVS color wheel, in counterclockwise direction from cyan (lower
207 hemimeridian) via dark magenta (HM) to red (upper hemimeridian). Marked with white lines at
208 one minute intervals, the spatial progression of the visual aura in the right VH is shown in Fig. 3
209 (d). As can be seen by the color code, the wave runs from minute 1 to 8 over a gyral crown (gc)
210 as part of the cuneus. Between minute 8 to 15 the wave disappeared, but reappeared at minute
211 15 propagating upwards in the visual field for a duration lasting 12 minutes being approximately
212 parallel to visual hemimeridians, i. e., running from the dorsal to the ventral bank of CS and ending
213 on the anterior edge of the lingual gyrus.

214 **3 Discussion**

215 The crescent shaped aura pattern, as shown in Fig. 1 (a), is often reported¹⁻⁶ but the phenomenol-
216 ogy of migraine aura is much richer as documented by the variety of illustrations and descriptions
217 collected on the Migraine Aura Foundation website (www.migraine-aura.org). In a single migraine
218 aura attack, migraineurs can also experience diverse visual, as well as sensory, motor and language

219 disturbances^{42,43}. This variety clearly indicates that other areas beside early visual cortex can be
220 affected, even cortical areas outside the occipital lobes, and it therefore seemingly supports the
221 idea that the process causing the aura can engulf all of posterior cortex on its course, like a cortical
222 SD wave observed in animal experiments.

223 Schematic drawings similar to Fig. 2 (a) illustrate engulfing spatio-temporal wave patterns.
224 Such illustrations are found in modern textbooks of headache⁴⁴ and appeared first in Lauritzen's
225 seminal paper spearheading the SD theory of migraine aura⁴⁵. They became paradigmatic for
226 migraine with aura. However, they might need to be revised, as we show.

227 The activity pattern causing crescent shaped aura is remarkably similar to a particle-like wave
228 segment on the cortical surface (Fig. 1), a pattern that exists only in cortex being weakly suscep-
229 tible to SD. Other factors also support the concept that human cortex is only weakly susceptible
230 to SD, maybe foremost that susceptibility becomes the lower the higher up the species is in the
231 phylogenetic tree. Another clear indication is that SD propagation is modulated by cortical mor-
232 phology, as can be seen in Fig. 3. Similar pattern were also observed for the gyrencephalic feline
233 brain⁴⁶, but there the primary SD wave engulfed the hemisphere and only succeeding secondary
234 waves remained within the originating gyrus and were more fragmented. Since secondary waves
235 run into partly refractory tissue, susceptibility to SD is decreased.

236 The engulfing wave pattern is originally motivated by SD propagating in the smooth cortex
237 of rats and rabbits. It has been debated whether SD can occur in the highly convoluted cortex
238 of humans, until spatial and temporal events were followed using high-field functional MRI⁴⁷

239 demonstrating that at least eight characteristics of SD are present and the events are time-locked
240 to percept onset of the aura in human cortex. However, the precise spatio-temporal course of the
241 events is still ambiguous. Much of posterior cortex, including several retinotopically organized
242 visual areas, showed simultaneous activation during much of the period of the aura, while the
243 percept in the VHS is reported to be more spatially confined.

244 As already noted by Wilkinson⁴⁸ this mismatch in fMRI data and aura percept can be ex-
245 plained by at least two alternatives: (i) either SD engulfs all of posterior cortex. Then only a subset
246 of this activation results in sensory awareness. Or (ii), the spread of the SD wave is, in contrast to
247 the fMRI data, more limited in extent. Then the rest of the observed activation in adjacent cortical
248 areas represents synaptic activation through feed-forward and feedback circuitry. While (i) is in
249 agreement with observed cortical SD wave patterns in animals, it opens up questions about the
250 nature of the often reported limitation to spatially confined crescent-shaped visual field defects. In
251 (ii) spatially confined SD waves causing corresponding field defects are simply postulated⁴⁸.

252 If SD in human is more limited in extent, the mismatch with animal data needs to be ad-
253 dressed. To reconcile this, we provide a theoretical framework, which is, moreover, of practical
254 use to both experimental neuroscientists and clinicians. We propose a susceptibility scale σ based
255 on nonlinear bifurcation analysis. Not unlike the Celsius temperature scale, the term *susceptibil-*
256 *ity to SD* is made a precise scale by a two-point definition, i. e., two macroscopically observable
257 cortical states at which a phase transition in SD pattern formation occurs. The relevance and ap-
258 plicability of this scale is described in the following.

259 The weakly susceptible state ($1 > \sigma > 0$) of human cortex to SD can be achieved in exper-
260 imental migraine models if the tissue is preconditioned reducing excitability towards the gray
261 marked regime in Fig. 2. The procedure to find this regime experimentally is described in the
262 Methods section for retinal SD. Retinal SD is accompanied with an intrinsic optical signal that
263 makes precise spatio-temporal recordings of the evolutionary SD pattern possible. Similar precise
264 spatio-temporal recordings have been made in cortex using a fluorescent, voltage-sensitive dye ⁴⁹.

265 We predict that effects of antimigraine drugs depend on the susceptibility range they are
266 tested in, because the dynamical behavior of a nonlinear system changes drastically when cross-
267 ing a bifurcation point. Antimigraine drugs tests and tests to unravel the mechanism of SD in
268 retina⁵⁰⁻⁵² have been performed far away from the regime ($1 > \sigma > 0$). This can be shown, by pre-
269 cisely measuring in this system the complex meandering pattern of spiral SD¹⁹. On the σ scale,
270 obtained from the generic FHN model, these pattern occur above $\sigma > 2$ and are separated by two
271 further bifurcations ²¹. In general, SD experiments are performed in the most prone tissue regions
272 where SD can more easily be observed. This might remind one at Watzlawick's man searching for
273 his keys under the streetlight rather than where he lost them⁵³.

274 Furthermore, our results supports the idea that SD could activate the trigeminovascular sys-
275 tem that generates and maintains migraine pain ⁵⁴ even in diagnosed forms of *migraine without*
276 *aura*. For susceptibility values below the weakly susceptible regime, the model predicts spatio-
277 temporal SD pattern that do not break away from an initially restricted focus. We can draw a direct
278 analogy to clinically silent epilepsy caused by interictal activity that does not break away from a

279 focus. Likewise, previously proposed silent aura, in which “some migraineurs exhibit blood flow
280 ‘fingerprints’ of CSD [cortical SD] and aura but are subjectively unaware that the phenomenon
281 is propagating”¹⁴, may be explained by localized SD patterns occurring at the one end of the in-
282 creased dynamical repertoire that emerges if being close to a bifurcation.

283 4 Methods

284 **Susceptibility scale in experimental and mathematical models** A two-point definition is used
285 for calibrating the newly introduced susceptibility scale σ . These two points are macroscopically
286 observable states. We shortly describe an experimental procedure to measure such states. A precise
287 determination of these two states in an animal model of SD is, however, beyond the scope of our
288 proof of concept. RB ($\sigma = 1$) can be obtained by changing the tissue excitability until open wave
289 segments stop curling in to form reentrant SD waves with freely rotating open ends forming two
290 centers (spiral SD)⁵⁵. For instance, to obtain an SD wave segment in submerged retina (for details,
291 see Ref. ¹⁹), an initially closed circular SD wave front can be broken (at a diameter of about
292 0.75 mm) by local application of 0.5 ml Ringer solution through a pipette (tip diameter 0.5 mm)
293 containing a tenfold raised Mg^{2+} concentration (10 mM) (Fig. 4).

294 In Fig. 5 a retinal SD wave segment is shown that evolves into a double spiral ($\sigma > 1$). The
295 mathematical model (see below) predicts that after crossing $\sigma = 1$ (RB), the open ends of the wave
296 segments retract (direction indicated by green arrows in Fig. 5) and the SD wave eventually van-
297 ishes. The Mg^{2+} concentration in Ringer at which this transition occurs is in this experimental

298 set-up difficult to determined, because the initial raise in Mg^{2+} needed to break the circular wave
299 front cannot sufficiently fast be washed out. However, it is known that lowering calcium concentra-
300 tion to 0.5 mM and increasing magnesium to 2.0 mM turns the tissue absolute refractory to SD⁵⁶,
301 which corresponds to the regime $\sigma < 0$ and giving a lower bound of $\sigma = 0$.

302 The locus of RB as a function of excitability represents a critical perturbation threshold¹⁷,
303 separating an attractor characterized by spiral waves from an attractor characterized by the uniform
304 physiological steady state of the cortex. Such a threshold (RB) must exist if spiral SD waves occur
305 in the tissue and therefore the existence of RB is independent of the particular model that describes
306 the pattern formation process. The locus of PB can be obtain similarly by decreasing further the
307 tissue excitability until reentrant SD waves collapse even if their open ends are attached to either
308 the border of the retina or a lesion (circling SD⁵⁷).

309 In mathematical models of SD, the critical points RB and PB are found by bifurcation anal-
310 ysis. Some SD models investigate the local ignition of SD by mathematical models of single
311 cells and their surrounding compartments^{58,59}. Those models lack a spatial extension beyond the
312 cell size. They cannot yet address the clinically relevant question whether a local ignition stays
313 confined or breaks away but such microscopic models help to understand the pathophysiological
314 mechanism of SD and if they will be extended by a spatial coupling, such as a diffusion term, also
315 those models become accessible to the bifurcation analysis described in the following.

We exemplify with a standard RD scheme of activator-inhibitor type the determination of the
location of RB and PB in the parameter space of this model and how to obtain from a parameter

value the susceptibility scale σ . By choosing an activator-inhibitor type SD model, we assume that all quantities with a positive feedback loop can be lumped together, such as extracellular potassium concentration $[K^+]_o$ and inward currents^{60,61}. They become a single *activator* variable u . The rate of change in u is given by a single nonlinear reaction rate f . Likewise, a single inhibitor variable v represents the recovery processes with reaction rate g . Processes represented by inhibitor kinetics are, amongst others, the effective regulation of $[K^+]_o$ by the neuron's Na^+-K^+ ion pump and the glia-endothelial system. The general form of a RD equation is then

$$\begin{aligned}\frac{\partial u}{\partial t} &= f(u, v) + D\nabla^2 u \\ \frac{\partial v}{\partial t} &= g(u, v),\end{aligned}\tag{1}$$

316 where the term $D\nabla^2 u$ represents the spatial coupling of the local dynamics by diffusion of u with
317 diffusion coefficient D .

The variety of macroscopic RD pattern in u and v , such as spirals and retracting waves, is largely independent of the specific reaction rates $f(u, v)$ and $g(u, v)$, as long as the local dynamics ($D = 0$) show all-or-none type behavior. To obtain the scale σ shown in Fig. 2 we chose the FitzHugh-Nagumo equations $f(u, v) = u - u^3/3 - v$ and $g(u, v) = (u + \beta)/25$, where β is a threshold parameter that selects the pattern. In this system, particle-like waves can be stabilized with a control term that changes β as a linear function of wave size, a feedback mechanism first proposed for chemical BZ waves¹⁷. At $\beta_{RB} = 1.34$ the limit of large particle-like waves is reached (critical fingers^{22,23}). The propagation boundary is found by transforming Eqs. 1 into a co-moving frame and determine the largest value $\beta_{PB} = 1.39$ for which bounded profile solutions exist²⁴. The

susceptibility scale, as a linear function of β with the defining points $\sigma = 1$ and $\sigma = 0$ corresponding to RB and PB, respectively, is then obtained by

$$\sigma(\beta) = \frac{\beta - \beta_{RB}}{\beta_{RB} - \beta_{PB}} + 1. \quad (2)$$

318 This formula is independent on the specific choice of β as a parameter to change excitability, e. g.,
319 in an experimental system β_{RB} and β_{PB} could be taken as the concentration of Mg^{2+} as described
320 above. If more then on parameter is accessible to change tissue excitability a shortest, i.e., metrical,
321 distance between RB and PB can be defined via pharmacokinetic-pharmacodynamic models²⁴.

322 **Perimetric recordings and retinotopic mapping** The perimetric data shown in Fig. 1 were taken
323 from Lashley's precise drawings published in 1941¹. The radial coordinate (eccentricity) of the
324 crescent shaped aura pattern in the right VH was calibrated assuming the blind spot (not shown in
325 Fig. 1) at 10° . The eccentricity is then obtained assuming the percept is projected to a flat tangent
326 plane with respect to the center of the spherical visual field. This tangent plane serves as the canvas
327 to draw the aura percept. The azimuthal coordinate can be taken directly form the drawing in the
328 tangent plane.

329 The flat retinotopic map in Fig. 1 (b) was created by using the monopole map, that is, the
330 complex logarithm $w = A \log(z/E_2 + 1)$ with the cortical magnification parameter $E_2 = 0.75$ and
331 $A = 17.3$ adjusted to human data⁶². The complex coordinates z and w describe locations in the
332 visual field and in the cortical domain, respectively. The magnitude of z is the visual eccentricity
333 θ and its argument ϕ is the azimuth ($z = \theta e^{i\phi}$). The real and complex parts of w are Cartesian
334 coordinates on the cortical surface. From the monopole map it follows that the linear cortical

335 magnification factor along HM is $M(\theta) = \frac{A}{\theta + E_2}$.

336 The perimetric data shown in Fig. 3 were provided by a participant (PVV) who fulfills the
337 International Headache Society criteria for the diagnosis of migraine with aura. As a research
338 engineer he trained himself to make precise recordings during his migraine with aura attacks and
339 documented over 350 aura episodes over 10 years⁴¹. To compare the topography of the visual
340 aura with anatomical landmarks of the cortex, the retinotopic organization in the visual cortex was
341 obtained with functional magnetic resonance imaging (fMRI). The data were acquired in a 3-Tesla
342 scanner, using echoplanar imaging as described in Refs.^{47,63}. All procedures were approved by
343 MGH IRB.

344 **Acknowledgement**

345 The authors want to acknowledge PVV for his active participation in data collection and are in-
346 debted to Jochem Rieger, Jan Tusch, Roland Aust, and Josh Snyder for technical assistance, and to
347 Gerald Hiller for comments on the manuscript. MAD was supported by the Deutsche Forschungs-
348 gemeinschaft (DA 602/1-1 and SFB 555). NH was supported by NIH grant 5PO1NS 35611-09.

- 349 1. Lashley, K. Patterns of cerebral integration indicated by scotomas of migraine. *Arch. Neurol. Psychiatry* **46**, 331–339 (1941).
- 352 2. Richards, W. The fortification illusions of migraines. *Sci. Am.* **224**, 88–96 (1971).
- 353 3. Pöppel, E. Fortification illusion during an attack of ophthalmic migraine. Implications for the

- 354 human visual cortex. *Naturwissenschaften* **60**, 554–555 (1973).
- 355 4. Jung, R. [Translocation of cortical migraine phosphenes through eye movements and vestibular stimulation]. *Neuropsychologia* **17**, 173–185 (1979).
- 356
- 357 5. Hubel, D. H. *Eye, Brain, and Vision* (W H Freeman & Co, New York, 1988).
- 358 6. Grüsser, O.-J. Migraine phosphenes and the retino-cortical magnification factor. *Vision Research* **35**, 1125–1134 (1995).
- 359
- 360 7. Schwartz, E. L. A quantitative model of the functional architecture of human striate cortex with application to visual illusion and cortical texture analysis. *Biol Cybern* **37**, 63–76 (1980).
- 361
- 362 8. Dahlem, M. A., Engelmann, R., Löwel, S. & Müller, S. C. Does the migraine aura reflect cortical organization. *Eur. J. Neurosci.* **12**, 767–770 (2000).
- 363
- 364 9. ffytche, D. H. & Howard, R. J. The perceptual consequences of visual loss: 'positive' pathologies of vision. *Brain* **122**, 1247–1260 (1999).
- 365
- 366 10. Leão, A. A. P. Spreading depression of activity in the cerebral cortex. *J. Neurophysiol.* **7**, 359–390 (1944).
- 367
- 368 11. Somjen, G. G. Mechanisms of spreading depression and hypoxic spreading depression-like depolarization. *Physiol. Rev.* **81**, 1065–1096 (2001).
- 369
- 370 12. Milner, P. M. Note on a possible correspondence between the scotomas of migraine and spreading depression of Leão. *Electroencephalogr. Clin. Neurophysiol.* **10**, 705 (1958).
- 371

- 372 13. Haken, H. *Synergetics, An Introduction* (Springer, Berlin, 1983), 3 edn.
- 373 14. Moskowitz, M. A. Defining a pathway to discovery from bench to bedside: the trigeminovas-
374 cular system and sensitization. *Headache* **48**, 688–690 (2008).
- 375 15. Sakurai, T., Mihaliuk, E., Chirila, F. & Showalter, K. Design and control of wave propagation
376 patterns in excitable media. *Science* **296**, 2009–2012 (2002).
- 377 16. Dahlem, M. A. & Müller, S. C. Migraine aura dynamics after reverse retinotopic mapping of
378 weak excitation waves in the primary visual cortex. *Biol. Cybern.* **88**, 419–424 (2003).
- 379 17. Mihaliuk, E., Sakurai, T., Chirila, F. & Showalter, K. Feedback stabilization of unstable
380 propagating waves. *Phys. Rev. E* **65**, 065602 (2002).
- 381 18. Mikhailov, A. S. & Showalter, K. Control of waves, patterns and turbulence in chemical
382 systems. *Phys. Rep.* **425**, 79–194 (2006).
- 383 19. Dahlem, M. A. & Müller, S. C. Self-induced splitting of spiral-shaped spreading depression
384 waves in chicken retina. *Exp. Brain Res.* **115**, 319–324 (1997).
- 385 20. Winfree, A. T. Varieties of spiral wave behaviour: An experimentalist’s approach to the theory
386 of excitable media. *Chaos* **1**, 303–334 (1991).
- 387 21. Dahlem, M. A. & Müller, S. C. Reaction-diffusion waves in neuronal tissue and the window
388 of cortical excitability. *Ann. Phys.* **13**, 442–449 (2004).
- 389 22. Karma, A. Universal limit of spiral wave propagation in excitable media. *Phys. Rev. Lett.* **66**,
390 2274–2277 (1991).

- 391 23. Hakim, V. & Karma, A. Theory of spiral wave dynamics in weakly excitable media: asymp-
392 totic reduction to a kinematic model and applications. *Phys. Rev. E* **60**, 5073–5105 (1999).
- 393 24. Dahlem, M. A., Schneider, F. M. & Schöll, E. Efficient control of transient wave forms to
394 prevent spreading depolarizations. *J. Theo. Biol.* **251**, 202–209 (2008).
- 395 25. Maselko, J. & Showalter, K. Chemical waves on spherical surfaces. *Nature* **339**, 609–611
396 (1989). 10.1038/339609a0.
- 397 26. Davydov, V. A., Zykov, V. S. & Mikhailov, A. S. Kinematics of autowave structures in ex-
398 citable media. *Sov. Phys. Usp.* **34**, 665–684 (1991).
- 399 27. Davydov, V. A., Manz, N., Steinbock, O., Zykov, V. S. & Müller, S. C. Excitation fronts on a
400 periodically modulated curved surface. *Phys. Rev. Lett.* **85**, 868–871 (2000).
- 401 28. Davydov, V. A., Manz, N., Steinbock, O. & Müller, S. C. Critical properties of excitation
402 waves on curved surfaces: Curvature-dependent loss of excitability. *Europhys. Lett.* **59**, 344–
403 350 (2002).
- 404 29. Davydov, V. A., Morozov, V. G. & Davydov, N. V. Critical properties of autowaves propagat-
405 ing on deformed cylindrical surfaces. *Physics Letters A* **307**, 265–268 (2003).
- 406 30. Andrews, T. J., Halpern, S. D. & Purves, D. Correlated size variations in human visual cortex,
407 lateral geniculate nucleus, and optic tract. *J. Neurosci* **17**, 2859–2868 (1997).

- 408 31. Gaschler-Markefski, B. *et al.* Statistical methods in functional magnetic resonance imaging
409 with respect to nonstationary time-series: auditory cortex activity. *Magn. Reson. Med.* **38**,
410 811–820 (1997).
- 411 32. Rademacher, J. *et al.* Probabilistic mapping and volume measurement of human primary
412 auditory cortex. *Neuroimage* **13**, 669–683 (2001).
- 413 33. Lotze, M. *et al.* fMRI evaluation of somatotopic representation in human primary motor
414 cortex. *Neuroimage* **11**, 473–481 (2000).
- 415 34. Roland, P. E. & Zilles, K. Structural divisions and functional fields in the human cerebral
416 cortex. *Brain Res. Brain Res. Rev.* **26**, 87–105 (1998).
- 417 35. Engel, S. A. *et al.* fMRI of human visual cortex. *Nature* **369**, 525 (1994).
- 418 36. Sereno, M. I. *et al.* Borders of multiple visual areas in humans revealed by functional magnetic
419 resonance imaging. *Science* **268**, 889–893 (1995).
- 420 37. Engel, S. A., Glover, G. H. & Wandell, B. A. Retinotopic organization in human visual cortex
421 and the spatial precision of functional MRI. *Cereb. Cortex* **7**, 181–192 (1997).
- 422 38. Qiu, A. *et al.* Estimating linear cortical magnification in human primary visual cortex via
423 dynamic programming. *Neuroimage* **31**, 125–138 (2006).
- 424 39. Polimeni, J. R., Balasubramanian, M. & Schwartz, E. L. Multi-area visuotopic map complexes
425 in macaque striate and extra-striate cortex. *Vision research* **46**, 3336–3359 (2006). Published
426 online July 10, 2006.

- 427 40. Stensaas, S. S., Eddington, D. K. & Dobelle, W. H. The topography and variability of the
428 primary visual cortex in man. *J. Neurosurg.* **40**, 747–755 (1974).
- 429 41. VanValkenburgh, P. Evidence indicating that pre-migraine csd can begin in either v1 or v2,
430 and cross a border into the other. *Journal of Vision* **5**, 90 (2005).
- 431 42. Russell, M. B. & Olesen, J. A nosographic analysis of the migraine aura in a general popula-
432 tion. *Brain* **119**, 355–361 (1996).
- 433 43. Vincent, M. & Hadjikhani, N. Migraine aura and related phenomena: beyond scotomata and
434 scintillations. *Cephalalgia* **27**, 1368–1377 (2007).
- 435 44. Silberstein, S. D., Stiles, A. & Young, W. B. (eds.) *Atlas of Migraine and Other Headaches*
436 (Taylor & Francis, London, 2005).
- 437 45. Lauritzen, M. Pathophysiology of the migraine aura. The spreading depression theory. *Brain*
438 **117**, 199–210 (1994).
- 439 46. James, M. F. *et al.* Cortical spreading depression in the gyrencephalic feline brain studied by
440 magnetic resonance imaging. *J. Physiol. (Lond.)* **519 Pt 2**, 415–425 (1999).
- 441 47. Hadjikhani, N. *et al.* Mechanisms of migraine aura revealed by functional MRI in human
442 visual cortex. *Proc. Natl. Acad. Sci. USA* **98**, 4687–4692 (2001).
- 443 48. Wilkinson, F. Auras and other hallucinations: windows on the visual brain. *Prog. Brain Res.*
444 **144**, 305–320 (2004).

- 445 49. Farkas, E., Pratt, R., Sengpiel, F. & Obrenovitch, T. P. Direct, live imaging of cortical spread-
446 ing depression and anoxic depolarisation using a fluorescent, voltage-sensitive dye. *J. Cereb.*
447 *Blood Flow Metab.* **28**, 251–262 (2008).
- 448 50. Wiedemann, M., de Lima, V. M. & Hanke, W. Effects of antimigraine drugs on retinal spread-
449 ing depression. *Naunyn Schmiedebergs Arch. Pharmacol.* **353**, 552–556 (1996).
- 450 51. Brand, S., Fernandes de Lima, V. M. & Hanke, W. Pharmacological modulation of the refrac-
451 tory period of retinal spreading depression. *Naunyn Schmiedebergs Arch. Pharmacol.* **357**,
452 419–425 (1998).
- 453 52. Scheller, D., Tegmeier, F. & Schlue, W. R. Dose-dependent effects of tetraethylammonium
454 on circling spreading depressions in chicken retina. *J. Neurosci. Res.* **51**, 85–89 (1998).
- 455 53. Watzlawick, P. *The situation is hopeless, but not serious (The pursuit of unhappiness)* (W. W.
456 Norton & Company, 1993).
- 457 54. Sanchez-Del-Rio, M., Reuter, U. & Moskowitz, M. A. New insights into migraine pathophys-
458 iology. *Curr. Opin. Neurol.* **19**, 294–298 (2006).
- 459 55. Gorelova, N. A. & Bures, J. Spiral waves of spreading depression in the isolated chicken
460 retina. *J. Neurobiol.* **14**, 353–363 (1983).
- 461 56. Rodrigues, P. S., Guimarães, A. P., de Azeredo, F. A. & Martins-Ferreira, H. Involvement of
462 GABA and ACh in retinal spreading depression: effects of "low calcium-high magnesium"
463 solutions. *Exp. Brain Res.* **73**, 659–664 (1988).

- 464 57. Martins-Ferreira, H., De Oliveira Castro, G., Struchiner, C. J. & Rodrigues, P. S. Circling
465 spreading depression in isolated chick retina. *J Neurophysiol* **37**, 773–784 (1974).
- 466 58. Kager, H., Wadman, W. J. & Somjen, G. G. Simulated seizures and spreading depression in
467 a neuron model incorporating interstitial space and ion concentrations. *J. Neurophysiol.* **84**,
468 495–512 (2000).
- 469 59. Makarova, J., Ibarz, J. M., Canals, S. & Herreras, O. A steady-state model of spreading
470 depression predicts the importance of an unknown conductance in specific dendritic domains.
471 *Biophys. J.* **92**, 4216–4232 (2007).
- 472 60. Grafstein, B. Locus of propagation of spreading cortical depression. *J Neurophysiol* **19**, 308–
473 316 (1956).
- 474 61. Müller, M. & Somjen, G. G. Na⁺ dependence and the role of glutamate receptors and Na⁺
475 channels in ion fluxes during hypoxia of rat hippocampal slices. *J. Neurophysiol.* **84**, 1869–
476 1880 (2000).
- 477 62. Horton, J. C. & Hoyt, W. F. The representation of the visual field in human striate cortex. A
478 revision of the classic Holmes map. *Arch Ophthalmol* **109**, 816–824 (1991).
- 479 63. Tootell, R. B. H., Hadjikhani, N. K., Mendola, J. D., Marrett, S. & Dale, A. M. From retinotopy
480 to recognition: fmri in human visual cortex. *Trends in Cognitive Sciences* **2**, 174–183 (1998).

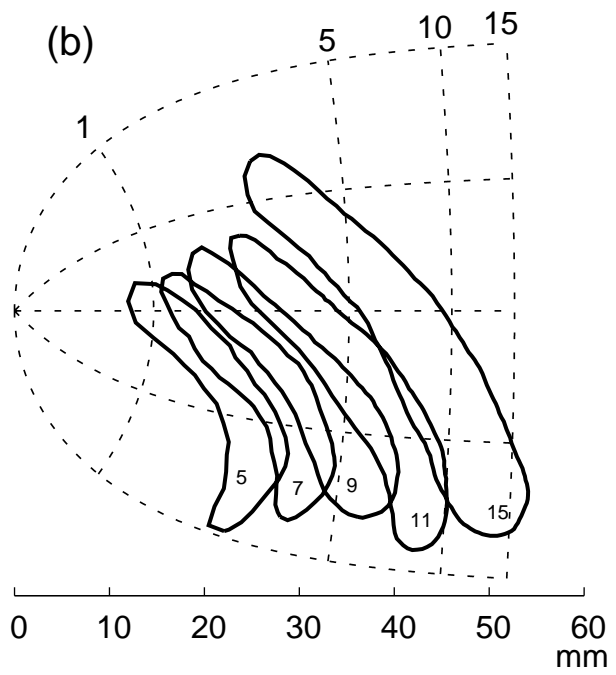
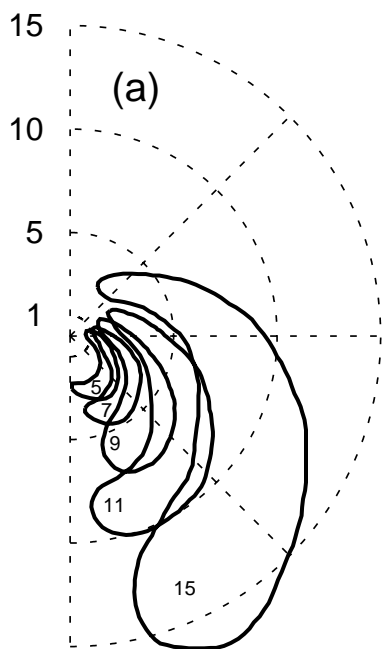
481 **Figure 1** (a) Right visual hemifield (dotted polar grid) with five subsequent sketched
482 “snapshots” of a traveling visual migraine aura symptom in the shape of a crescent pat-
483 tern. Numbers inside the scotom gives the time passed (in minutes) since first occurrence.
484 (b) Visual field disturbance shown by reversed retinotopic mapping.

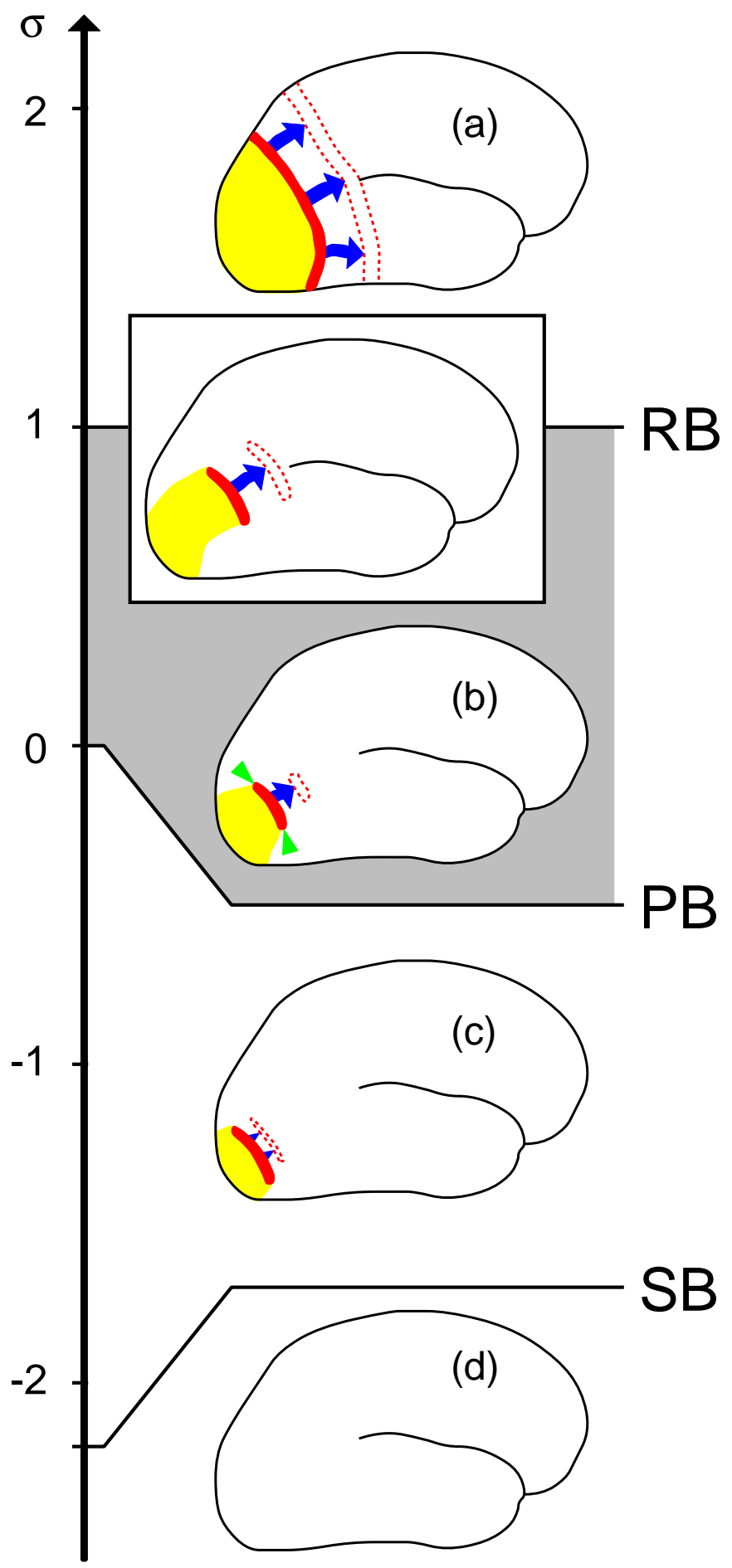
485 **Figure 2** Schematic view of the spatio-temporal course of a reaction-diffusion wave for
486 different tissue susceptibility values σ : wave front (red), recovery phase (yellow), blue
487 arrows indicate normal velocity, future location is dashed (red). (a) sustained wave, (b)
488 retracting wave, indicated by green arrow heads, (c) collapsing wave, (d) no spread. The
489 gray σ interval is defined as weakly susceptible.

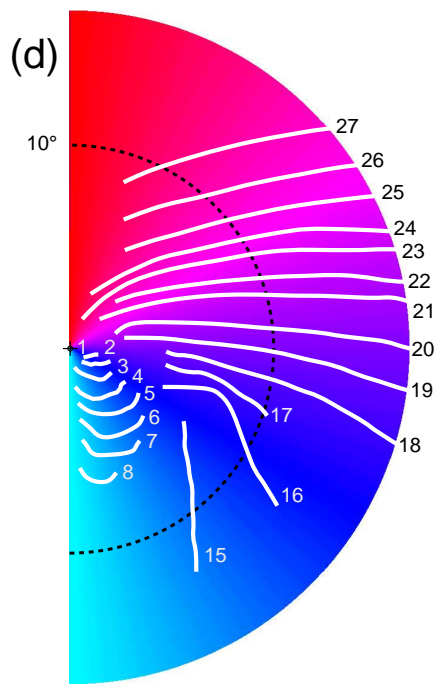
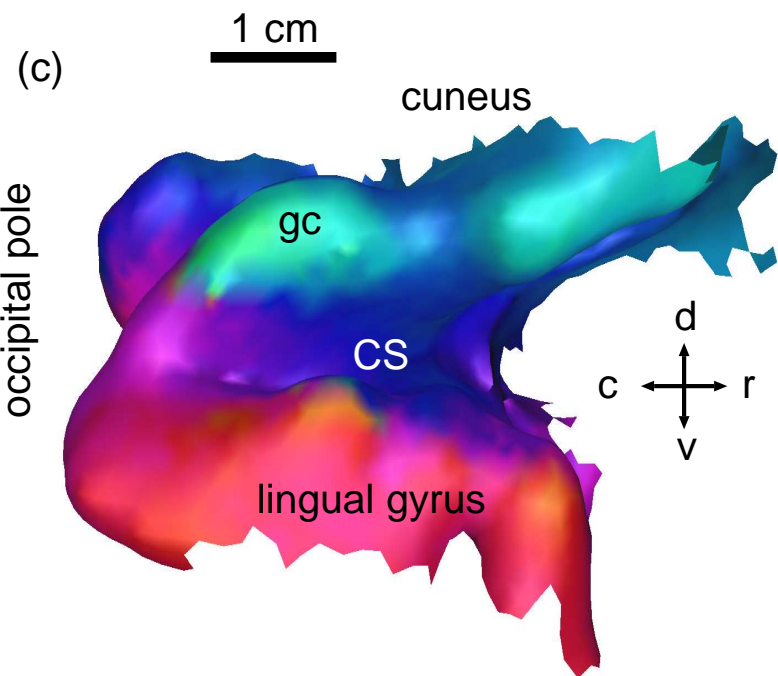
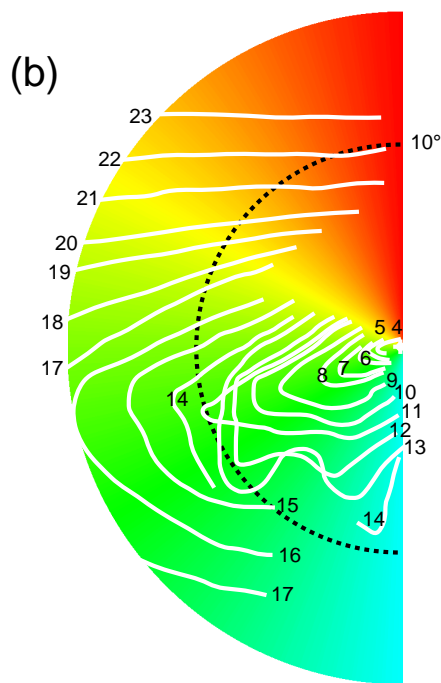
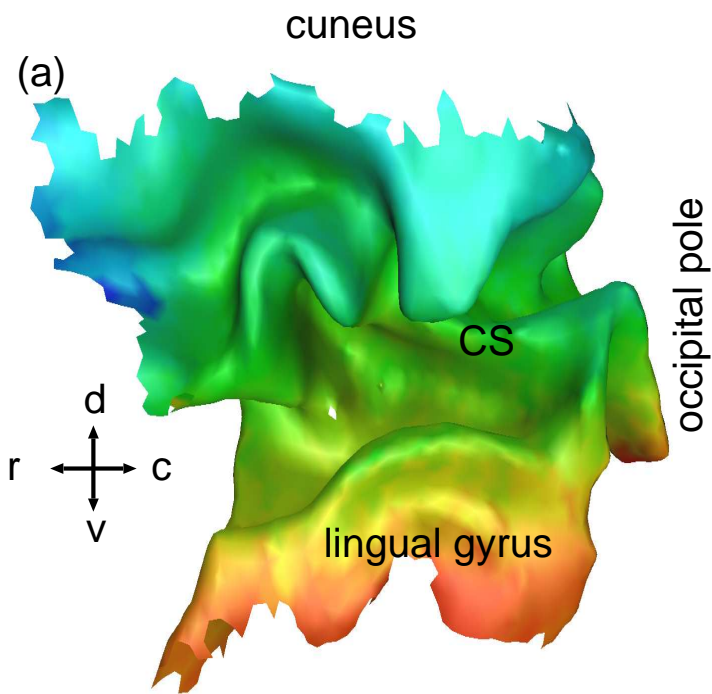
490 **Figure 3** 3D form of primary visual cortex (V1). The representation of the azimuthal
491 coordinate of the two visual hemifields (VH) is given by the HVS (hue, value, saturation)
492 color wheel: (a) right V1 (b) left VH (c) left V1 (d) right HV. The current position of the visual
493 field defect, occurring during two different migraine aura attacks and each exclusively in
494 one HV, are indicated by white lines, with numbers denoting the time in minutes after
495 onset.

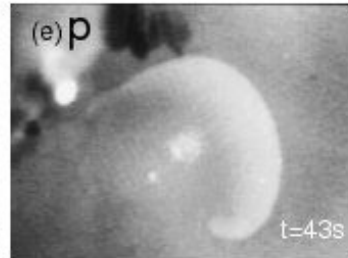
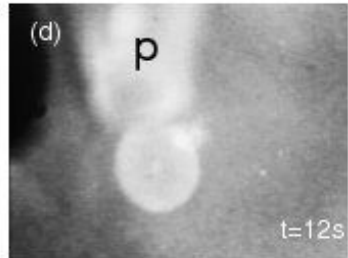
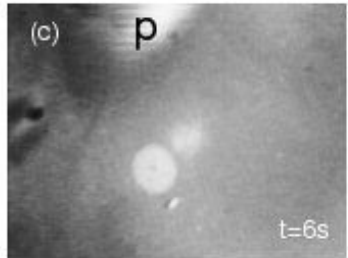
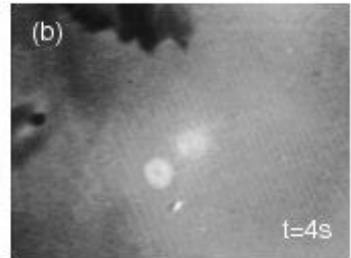
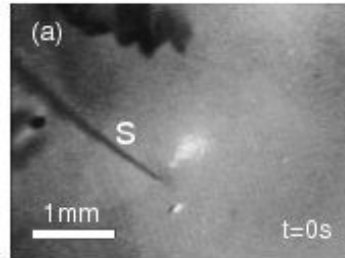
496 **Figure 4** Creation of an SD wave segment with free open ends in submerged retina.
497 (a) Mechanical stimulation with sharp glass needle s, (b) circular SD wave evolves, (c)-
498 (d) local application of Mg^{2+} via pipette p, (e) wave propagation is locally blocked and
499 consequently SD front brakes open and curls in to form a spiral at the lower open end,
500 while the upper open end is guided by the Mg^{2+} -pipette to the border of the retina where
501 it attaches.

502 **Figure 5** Retinal SD wave segment propagating (blue arrows) with free open ends that
503 grow (red arrow) and therefore curl in to form a double spiral. At lower susceptibility
504 values, RD models of SD predict that open ends retract (green arrows) and the wave
505 vanishes.









1 mm

