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# Article

# Leaf Gas Exchange, Plant Water Relations and Water Use Efficiency of *Vigna Unguiculata* L. Walp. Inoculated with Rhizobia under Different Soil Water Regimes

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Abstract: Impact of soil water regimes on physiological responses and water use efficiency (WUE) for Vigna unguiculata L. Walp. (cowpea) inoculated with rhizobia still remains implicit. Therefore, the goal of the current study was to examine the leaf gas exchange, abscisic acid (ABA) and hydraulic signaling, WUE and carbon and oxygen isotopic compositions ( $\delta^{13}$ C and  $\delta^{18}$ O) of cowpea under different soil water levels. The treatments included soil water regimes at three levels (90%, 70%, and 50% of soil water holding capacity (SWHC)) and two inoculation forms (inoculated and non-inoculated with rhizobia). The results showed that across the inoculation treatments, reduced soil water regimes depressed both stomatal conductance  $(g_s)$  and photosynthesis  $(A_n)$  of the leaves, nonetheless, the decrease of  $g_s$  was more pronounced compared with the reduction in  $A_n$ . Consequently, the intrinsic water use efficiency (WUE<sub>i</sub>) was improved in the treatments under decreased soil water conditions. Plant WUE was also improved when soil water contents decreased as exemplified by the increased leaf  $\delta^{13}$ C and  $\delta^{18}$ O, indicating the enhanced plant WUE was mainly attributed to the decrease of  $g_s$ . Significant interactions between soil water regimes and rhizobia treatments for root water potential (RWP), leaf water potential (LWP), and  $g_s$  were found due to the different responses of rhizobia to varied soil water regimes. Inoculation could improve plant water status and gs under 70% and 90% SWHC compared to 50% SWHC with negative effect from rhizobia. A moderate soil water regime is suggested for cowpea production in terms of high WUE with a minor biomass reduction.

**Keywords:** abscisic acid;  $\delta^{13}$ C;  $\delta^{18}$ O; rhizobium inoculation; stomata; water potential



## 1. Introduction

Water deficit represents the most important restriction for biomass production in many tropical areas of developing countries [1]. Compared to other legumes, cowpea (*Vigna unguiculata* L. Walp.) is a vital food legume that has been cultivated successfully in tropical and sub-tropical regions where water is scarce [2,3]. It is a major source of dietary protein for humans as well as for animal feeding [4], and it can grow under limited water and high temperatures in low fertility soils. Further, it has the capacity to fix nitrogen which improves soil fertility. Therefore, it is considered as one of the important crops under future climate change scenarios where an increase in temperature and reduction in rainfall has been predicted in these regions [5]. Nowadays, cowpea is critical in saving the lives of people in Africa and other developing countries, as cowpea is the major crop for food security. However, in cowpea production most of the African farmers depend largely on natural rainfall, which is low and erratic, resulting in low and unstable yield [6]. Therefore, a better understanding of cowpea's responses to water stress is essential for improving yield and quality under future climate scenarios.

Stomata of leaves become partially closed in response to drought stress, which regulates the photosynthesis and transpiration rate and consequently modulates water use efficiency (WUE) [7,8]. Many studies on cowpea found that drought stress reduced photosynthesis (A<sub>n</sub>), g<sub>s</sub> and transpiration [9–11]. It has been shown that drought stress increased endogenous abscisic acid (ABA) concentration in leaves of cowpea, which induces partial stomatal closure even at moderate soil water deficits [12–14]. In addition, hydraulic signals communicate the water status between root and shoot, regulating stomatal aperture, photosynthesis, and plant performance under limiting water availability [15]. Leaf or plant level WUE increases under moderate water stress [11,16–19], and this provides great potential for sustaining crop yield in drought-prone environments [6,16,19]. Increasing WUE at the leaf level means either to maintain stomatal conductance (g<sub>s</sub>) lower, which has more effect on transpiration than on photosynthesis, or to maintain high photosynthetic rate simultaneously with decreasing g<sub>s</sub> [20–22]. Reduced irrigation regimes, such as deficit irrigation, expose the plants to moderate drought stress, and this can induce chemical and/or hydraulic signaling, thereby, modulating g<sub>s</sub>, hence, enhancing WUE [15,23].

Rhizobia is a soil microorganism which is considered as one of the major symbiotic fixers of nitrogen [24]. Previous studies have demonstrated that rhizobia nodulation is affected by soil water regimes [25]. Jemo et al. [26] observed that the nodulation of cowpea was significantly decreased by water deficit at different soil phosphorus levels, presumably, due to the decreased infection and nodulation rates. Yanni et al. [27] reported that inoculation with tolerant rhizobia could increase the yield of seeds for the common bean in contrast to the non-inoculated plants under both well-watered and water-deficit treatments. Figueiredo et al. [28,29] and Bano et al [30] noticed that rhizobia could alleviate the drought stress for plants. However, the symbiotic efficiency was largely determined by rhizobium strains applied and soil conditions [26,28,31,32]. Hence, whether and how inoculation affects plant water status and leaf gas exchange in cowpea under varied soil water regimes is not well documented because of the uncertain inoculation effect in response to rhizobia inoculation to cowpea plants which have rarely been found to respond to inoculation [33]. Therefore, more researches are still necessary to illuminate the impact of soil water regimes on physiological responses for rhizobia inoculated cowpea.

Carbon isotopic composition ( $\delta^{13}$ C) of plants provides important information for long-term measurement of WUE [7,34], which is regulated by  $A_n$  and/or  $g_s$ . Furthermore, oxygen isotopic composition ( $\delta^{18}$ O) of plants is influenced by  $g_s$  but is not remarkably affected by  $A_n$  [35]. The concurrent measurements of  $\delta^{13}$ C and  $\delta^{18}$ O, therefore, can help to differentiate the relative significance of  $A_n$  and  $g_s$  on modulating WUE [35]. Therefore, the goal of the current study was to examine how soil water regimes affect plant physiological responses and WUE for rhizobia inoculated cowpea.

#### 2. Materials and Methods

#### 2.1. The Growing Conditions and Treatments

The experiment was carried out between April and August 2017 in a temperature-controlled glasshouse at the Chinese Academy of Agricultural Sciences (CAAS), Beijing, China. The average temperatures in the day and night during the experimental period were 27 and 22 °C, respectively, and the average air humidity was 70% during the experimental period. The photon flux density ranged from 450 to 800  $\mu$ mol m<sup>-2</sup> s<sup>-1</sup>. The experimental pots with a 16 cm diameter and 22 cm height and perforated holes at their basal parts were used. During the experimental period, leaching was not observed from the bottom of the pots. The soil was naturally dried and sieved by a 5 mm mesh, and then 6.72 kg of the soil was filled into each pot reaching a bulk density of 1.20 g dry soil cm<sup>-3</sup>. The soil was sandy loam. The pot water-holding capacity of the soil was 35.0%, and the permanent wilting point was 11.0%. The soil had a pH of 7.6, a total N of 1.0 g kg<sup>-1</sup>, and total C of 9.0 g kg<sup>-1</sup>. For each pot, an equal amount of N, P, and K fertilizers were mixed homogeneously into the soil at the rate of 2.85 g pot<sup>-1</sup>, 5.75 g pot<sup>-1</sup>, and 1.88 g pot<sup>-1</sup> as NH<sub>4</sub>NO<sub>3</sub>, KH<sub>2</sub>PO<sub>4</sub>, and K<sub>2</sub>SO<sub>4</sub>, respectively, to meet the macronutrient demand during the growth period.

The treatments included three soil water regime levels (90%, 70%, and 50% of soil water holding capacity (SWHC), denoted as 90, 70 and 50, respectively) and two inoculation forms (inoculated and non- inoculated with rhizobia, designated as R and NR, respectively). The treatments with 90% of SWHC or NR were considered as control treatments for water and rhizobia inoculation treatments, respectively. The experiment was a completely randomized design with four replications for each treatment. The rhizobia (*Bradyrhizobium japonicum*, strain LXB0002) were provided by Leading Bio-agricultural CO., Ltd (Beijing, China). The seeds were supplied by the International Crops Research Institute for the Semi-Arid Tropics (ICRISAT). The seeds of cowpea (cultivar IT82E-18) were sterilized, and then the recommended dose of 150 mL of inoculants per 80 kg of seeds was applied to the seeds by mixing seeds homogenously with rhizobia. Three inoculated seeds were sown in each pot. Ten days after germination, plants in each pot were thinned to one plant. The plants in the pots were well irrigated, and twenty days after germination, the irrigation treatments were initiated. The soil water contents in the pots were measured daily (15:30–16:00 by using a time domain reflectometer (Soil Moisture Equipment Corp, Goleta, CA, USA). Two probes with the length of 15 cm were installed in each pot, and then the soil water contents were measured. The plants were irrigated daily between 16:00 to 17:00. Plant water use was computed by irrigation quantity, soil water contents measured, and the soil volume in the pots.

#### 2.2. Sampling, Measurements and Analyses

The stomatal conductance ( $g_s$ ), evapotranspiration (E) and photosynthetic rate ( $A_n$ ) were measured weekly with photosynthetically active radiation at 1800 µmol m<sup>-2</sup> s<sup>-1</sup> with Li-6400 Portable Photosynthesis System (Li-Cor Biosciences, Lincoln, NE, USA) from 9:00 to 11:00 am on upper fully expanded leaves of plants. Sixty-one days after initiation of the irrigation treatment, the plants were harvested. The sampling and measurements of roots and leaves for ABA concentration ([ABA]<sub>root</sub> and [ABA]<sub>leaf</sub>), root and leaf water potential (RWP and LWP) as well as carbon and oxygen isotopic compositions ( $\delta^{13}$ C and  $\delta^{18}$ O) followed the procedures described in Wang et al. [36]. The area of leaves was determined by using a leaf area meter (model 3050A, Li-Cor Biosciences, Lincoln, NE, USA). The dry weight of biomass samples was measured at 70 °C in the oven to constant weight. The water use efficiency (WUE) of plants was computed as above-ground dry weight/plant water use. Intrinsic water use efficiency (WUE<sub>i</sub>) was determined as  $A_n/g_s$ .

## 2.3. Statistical Analysis

The data were firstly evaluated by Homogeneity test, and all the data followed the normal distribution. Therefore, they were not transformed and were analyzed by two-way analysis of

variance (ANOVA) with SPSS 23.0 software (IBM Corporation, New York, NY, USA). Differences between treatments were tested when the value was less than 0.05 by Ducan's multiple range test. The significances for each experimental factor as well as the interactions between treatments were obtained. Linear regression was deployed to determine the correlations between the parameters determined by using SPSS 23.0 software (IBM Corporation, New York, NY, USA).

# 3. Results

### 3.1. Soil Water Changes

Daily average soil water contents differed significantly among the water treatments (Figure 1). In the treatment with high soil water content, soil water contents remained around 24% during the treatment period. Soil water contents were kept around 19% and 14% in the treatments with medium and low soil water levels, respectively. The treatments with or without rhizobia inoculation had similar soil water contents.



**Figure 1.** Changes of daily average soil water contents in the pots under the soil water levels at 90%, 70%, and 50% of soil water holding capacity (SWHC) and rhizobia inoculation (with rhizobia (R) and without rhizobia (NR)). Values are means  $\pm$  standard error (SE) (n = 4).

# 3.2. Leaf Gas Exchange

The analysis across soil water treatments showed that the leaf gas exchange was not affected by rhizobia inoculation (Figure 2), while soil water regimes significantly influenced the averaged  $A_n$ ,  $g_s$ , and WUE<sub>i</sub> across the inoculation treatments. The treatment with high soil water content had the highest  $A_n$  and  $g_s$ , followed by the treatments with medium and low soil water contents. Consequently, the WUE<sub>i</sub> increased under the treatments with low and medium soil water levels in comparison with high soil water treatment. The significant interaction between water level and inoculation was found for  $g_s$  (Figure 2).

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**Figure 2.** Effect of soil water regimes and rhizobia inoculation on (**A**) averaged photosynthesis (A<sub>n</sub>), (**B**) stomatal conductance (g<sub>s</sub>), and (**C**) intrinsic water use efficiency (WUE<sub>i</sub>) of cowpea during the experimental period. 50, 70 and 90 denote 50%, 70%, and 90% of SWHC. R and NR indicate inoculation with and without rhizobia. Values are means  $\pm$  SE (n = 8 for 90%, 70% and 50% of SWHC treatments and n = 12 for R and NR treatments). Different letters indicate significant differences in the experimental factor at *p* < 0.05 according to Duncan's multiple range test.

#### 3.3. Leaf Area and Root Nodule Number

Across the inoculation treatments, leaf area decreased significantly with the reduced soil water contents (Figure 3). The high soil water treatment had the highest leaf area, intermediate under treatment with medium soil water content, and lowest under treatment with low soil water content. Nevertheless, leaf area was not affected by inoculation treatment. The number of root nodules was increased by 36% when plants were inoculated with rhizobia, though the root nodule number was not statistically different between the inoculation treatments across the soil water levels.



**Figure 3.** (**A**) Leaf area and (**B**) root nodule number of cowpea under different soil water regimes (90%, 70%, and 50% of SWHC) and rhizobia inoculation. Values are means + SE (n = 8 for 90%, 70%, and 50% of SWHC treatments and n = 12 for R and NR treatments). Different letters indicate significant differences in the experimental factor at p < 0.05 according to Duncan's multiple range test.

## 3.4. Plant Water Status and ABA Concentration

When analyzed across the inoculation treatments, LWP was similar under different soil water regimes whereas RWP was significantly decreased under the water-stressed treatments (Figure 4). Rhizobia inoculation had no significant effect on LWP and RWP. However, the interactions between water level and rhizobia treatment for LWP and RWP were significant (Figure 4). [ABA]<sub>root</sub> and [ABA]<sub>leaf</sub> were similar among the soil water treatments or between the inoculation treatments (Figure 5).



**Figure 4.** (A) Leaf water potential (LWP) and (B) root water potential (RWP) of cowpea under different soil water regimes (90%, 70%, and 50% of SWHC) and rhizobia inoculation. Values are means + SE (n = 8 for 90%, 70%, and 50% of SWHC treatments and n = 12 for R and NR treatments). Different letters indicate significant differences in the experimental factor at p < 0.05 according to Duncan's multiple range test.



**Figure 5.** (A) Leaf abscisic acid and (B) root abscisic acid (ABA) concentration of cowpea under different soil water regimes (90%, 70%, and 50% of SWHC) and rhizobia inoculation. Values are means + SE (n = 8 for 90%, 70%, and 50% of SWHC treatments and n = 12 for R and NR treatments).

# 3.5. Biomass Accumulation, Plant Water Use, Water Use Efficiency, Plant $\delta^{13}C$ and $\delta^{18}O$

Across the inoculation treatments, the above-ground dry biomass, plant water use, and WUE differed significantly among the soil water regimes, while they were similar between the inoculation treatments (Table 1). Plants under medium and low soil water treatments consumed significantly less water compared with the well-watered treatment. The biomass accumulation was significantly decreased in the low soil water treatments compared to the medium and high soil water treatments. The treatments with medium and low soil water contents had significantly higher plant WUE than that in the treatment with high soil water content. The low soil water treatment had the highest plant  $\delta^{13}$ C and  $\delta^{18}$ O, intermediate under treatment with medium soil water content, and lowest under treatment with low soil water condition. WUE<sub>i</sub> was significantly positively correlated with leaf  $\delta^{13}$ C (Figure 6). Furthermore, significant positive linear relationships between plant  $\delta^{18}$ O and  $g_s$ , between plant  $\delta^{18}$ O and E, and also between plant  $\delta^{13}$ C were observed.

**Table 1.** Effect of soil water regimes, rhizobia inoculation and their interactions on biomass accumulation, plant water use, water use efficiency (WUE), plant carbon and oxygen isotopic compositions ( $\delta^{13}$ C and  $\delta^{18}$ O) of cowpea under different soil water regimes (90%, 70%, and 50% of soil water holding capacity (SWHC)) and rhizobia inoculation. Values are means ± SE (n = 8 for 90%, 70%, and 50% of SWHC treatments and n = 12 for inoculated and non- inoculated (R and NR) treatments). Means with different letters indicate significant differences and ns denotes not significant at *p* < 0.05 according to Duncan's multiple range test.

Factors	Above-Ground Dry Biomass (g plant <sup>-1</sup> )	Plant Water Use (L plant <sup>-1</sup> )	WUE (g L <sup>-1</sup> )	Plant δ <sup>13</sup> C (‰)	Plant δ <sup>18</sup> Ο (‰)
Water level					
90	$162.9\pm10.1a$	$48.1 \pm 2.1a$	$3.4\pm0.1b$	$-27.41\pm0.16b$	$26.89\pm0.27b$
70	$138.5\pm8.2a$	$36.4\pm1.5b$	$3.8\pm0.1a$	$-26.67\pm0.15a$	$\textbf{27.38} \pm \textbf{0.29ab}$
50	$80.9\pm2.6b$	$22.7\pm0.9c$	$3.6\pm0.1$ ab	$-26.50\pm0.32a$	$27.86\pm0.10a$
Significance	***	***	*	*	*
Inoculation					
R	$123.0\pm13.0$	$34.8\pm3.6$	$3.5\pm0.1$	$-27.03\pm0.23$	$27.21\pm0.25$
NR	$135.0\pm11.9$	$37.8\pm3.4$	$3.6\pm0.1$	$-26.74\pm0.17$	$27.50\pm0.18$
Significance	ns	ns	ns	ns	ns
Water level x Inoculation					
Significance	ns	ns	ns	ns	ns

\*, \*\*\* Indicate significance levels at p < 0.05 and p < 0.001, respectively; ns denotes no significance.



**Figure 6.** Relationships between (**A**) plant  $\delta^{13}$ C and WUE<sub>i</sub>, (**B**) plant oxygen isotopic composition ( $\delta^{13}$ C) and g<sub>s</sub>, (**C**) plant oxygen isotopic composition ( $\delta^{18}$ O) and g<sub>s</sub>, (**D**) plant  $\delta^{18}$ O and E, (**E**) plant carbon isotopic composition ( $\delta^{13}$ C) and  $\delta^{18}$ O under soil water and inoculation treatments. The solid squares and triangles denote the data points in the inoculated and non-inoculated treatment, respectively. \* indicates the significance at *p* < 0.05, while \*\* denotes the significance of regression line at *p* < 0.01.

# 4. Discussion

Increasing WUE is becoming crucial in improving crop productivity under water stress conditions. When analyzed across the inoculation treatments, soil water regimes showed a significant effect on leaf gas exchange and WUE at the leaf level (WUE<sub>i</sub>) (Figure 2). The  $A_n$  and  $g_s$  decreased with the reduction of soil water regimes. WUE<sub>i</sub> increases when a reduction in  $g_s$  is more prominent than in  $A_n$  [37]. The results showed that  $g_s$  was impaired more significantly than the  $A_n$  by the partial closure of stomata under deficit soil water conditions. Consequently, medium and low water treatments increased WUE<sub>i</sub> compared with high soil water treatment. This indicates that the significant reduction in  $g_s$  was primarily responsible for the increase of WUE<sub>i</sub> in the treatments with medium and low soil water regimes. A decrease in  $A_n$  and  $g_s$  under water deficit was previously observed in cowpea plants when irrigation was maintain lower than 70% of soil water holding capacity [9–11,17,38]. The severe water stress in the low water treatment inhibited physiological activities, and consequently, led to decreased leaf biomass growth [23,39,40]. For the medium soil water treatment, RWP, leaf area, and biomass growth were also depressed to some extent. However, they were not decreased significantly when compared with those under the high soil water regime. Chemical and/or hydraulic signaling can play crucial functions during water stress, such as they act on stomatal regulation

and transpiration [23,41–43]. Previous studies have reported increased leaf ABA concentration in cowpea plants under water stress after withholding water or at soil water content between 20% and 30% [3,13,44]. Similarly, Luchi et al. [12] also reported that water stress imposed by withholding water for one month resulted in a significant increase of [ABA]<sub>leaf</sub> in cowpea plants. However, in the present study, similar [ABA]<sub>leaf</sub> and [ABA]<sub>root</sub> were found under different soil water regimes, though an increase in [ABA]<sub>leaf</sub> and [ABA]<sub>root</sub> by 18% and 17% was observed in the treatment with low soil water content in comparison with the high soil water regime. In the current study, reduced soil water regimes significantly reduced RWP, which could decrease leaf expansion and  $g_s$  in the deficit water treatments. Previous studies documented that cowpea plants could maintain leaf water status to overcome limited water supply as exemplified by an insignificant change in LWP after withholding water [38]. In the current study, LWP was sustained under the water-stressed treatments compared to the high water treatment. This indicated that when the cowpea plants were under water-stressed conditions, they quickly adapted to such conditions via decreasing leaf expansion and stomatal opening, thus, the leaf water status was maintained compared with well-watered plants. Likewise, Verbree et al. [45] found that cowpea did not show any significant differences in LWP after three weeks of withholding irrigation. It is noteworthy that, inoculation with rhizobia did not show a significant effect on plant physiological activities across the soil water treatments, however, significant interactions between soil water regimes and rhizobia treatments were observed for LWP, RWP, and g<sub>s</sub>. This indicated that the impact of rhizobia on LWP, RWP, and gs was dependent on the specific soil water regimes. The results showed that under the treatments with 70% and 90% SWHC, rhizobia inoculation increased RWP, LWP, and gs, however, under treatment with 50% SWHC, inoculation with rhizobia showed a negative effect on plant water status and stomatal opening (data not shown). Similarly, Tairo et al. [46] reported a significant interaction between water stress and rhizobia in common bean (*P. vulgaris*) and noticed that applying rhizobia inoculation and stressing plants with water enhanced plant growth and seed yield. In future studies, the interactions between soil water regimes and rhizobia merit further investigation.

Previous studies in cowpea showed an increase of WUE at the whole plant level under limited water supply [47]. In the present study, plants under the medium and low water treatments improved WUE by 12% and 6% compared with the treatment with high soil water content. However, other studies observed decreases in WUE in some cowpea varieties when soil water potential was maintained at -75 kPa [9]. This variation of WUE under limited water supply may be due to the differences in the cultivar used, the intensity of the stress imposed, and the environmental conditions [48]. To explore further how the WUE were regulated by leaf gas exchange during the treatment period as affected by different soil water regimes, carbon and oxygen isotopic composition were determined as long-term time-integrated measurements. Many studies have shown that water stress increases  $\delta^{13}$ C in plant biomass [6,18,49]. In good agreement with this, a significant increase of  $\delta^{13}$ C value was observed in the plants under low and medium water treatments together with improved WUE in these two treatments compared to the high water treatment (Table 1). Previous studies have reported a positive correlation between plant  $\delta^{13}$ C and WUE [21,50–52]. The results showed that plant  $\delta^{13}$ C was positively and linearly correlated with WUE<sub>i</sub>. The difference in plant  $\delta^{13}$ C is caused by either variation in g<sub>s</sub> or  $A_n$ , or both [34,53]. As mentioned above, in the current study, both  $g_s$  and  $A_n$  were decreased in the treatments with reduced soil water regimes. However, gs decreased more pronouncedly compared with the reduction in An in these treatments. To further differentiate the impact of these two factors on modulating WUE, oxygen isotopic composition ( $\delta^{18}$ O) was determined in the present study to indicate time-integrated measurement of  $g_s$  during the treatment period, as plant  $\delta^{18}O$  is mainly influenced by changes in  $g_s$  and transpiration in comparison with variations in  $A_n$ . Hence, plant  $\delta^{18}$ O can be used to differentiate whether differences in  $\delta^{13}$ C are mainly a result of variations in g<sub>s</sub> or A<sub>n</sub> [34,42,54,55]. As expected, the medium and low soil water treatments increased  $\delta^{18}$ O values by 3‰ and 4‰, respectively, when compared with those under the high soil water regime. Significant negative linear relationships were found between plant  $\delta^{18}$ O and  $g_s$  as well as between plant  $\delta^{18}$ O and E (Figure 6). It is said that when  $g_s$  determines the variations of  $\delta^{13}C$ , a positive relationship between

 $\delta^{18}$ O and  $\delta^{13}$ C should exist [54–58], which was found in our study (Figure 6). This indicates that the increased  $\delta^{13}$ C and WUE in the treatments with decreased soil water regimes were mainly attributed to the reduced  $g_s$ .

Nodulation was not significantly affected by soil water regimes or rhizobia inoculation, though plant inoculated with rhizobia increased their nodule number compared to those non-inoculated. Consequently, inoculation showed minimal relation with plant growth and physiological responses. Similar results have been reported in previous studies in cowpea but not in conditions of water stress [59,60]. They studied the effect of rhizobia inoculation in different soil types under well-watered condition and concluded that rhizobia were ineffective to improve biomass production and the number of nodules. Ulzen et al. [61] reported contrasting responses of rhizobia inoculation in two sites inoculated even with the same strains under rainfall condition and concluded that the non-response of rhizobia at Nyagli site was due to the lower native number of strains and other unknown factors. Furthermore, some previous studies found that cowpea inoculated with two glums species did not significantly affect leaf gas exchange under the volumetric soil water content around 8% [62]. Similarly, the ineffectiveness of rhizobia was also reported in soybean [63,64]. Nonetheless, Figueiredo et al. [65] noted that water deficit significantly decreased nodule number and weight for cowpea at more negative soil water potential lower than -60 kPa. Likewise, Mouradi et al. [32] reported that water stress level at 40% of SWHC significantly reduced the number and dry weight of nodules for alfalfa. In the above-mentioned studies, it is noteworthy that the symbiotic efficiency varied according to specific rhizobium strains in response to soil water regimes. Catroux et al. [66] reported that the effectiveness of inoculants is largely determined by the rhizobia available to effectively be involved in the process of infection in the soil after application. It appears that the efficiency of rhizobium strains is largely dependent upon the tolerance of rhizobia and the varied soil environments which cause the discrepancies for the results in the above-mentioned studies. In the present study, the strain of the rhizobia might not be tolerant to water stress, or the symbiotic effectiveness of the inoculation might be negatively affected by water deficit, leading to the trivial impact of rhizobia inoculation on plants. Therefore, more researches are still needed to further examine plant WUE as regulated synchronously by soil water contents and inoculation with varied strains of rhizobia. Importantly, before the application of rhizobium strains in the field, investigations should be made to examine the inoculation efficiency of rhizobium strains and their relations with soil environments for specific crops.

## 5. Conclusions

Reduction in soil water regimes decreased stomatal conductance ( $g_s$ ), and depressed photosynthesis rate ( $A_n$ ), nonetheless,  $g_s$  decreased more pronouncedly compared with the reduction in  $A_n$  regulated mainly by hydraulic signals for cowpea inoculated with rhizobia. In consequence, WUE<sub>i</sub> was improved under reduced soil water regimes. Plant  $\delta^{13}$ C and WUE increased significantly under the medium and low water treatments. Leaf  $\delta^{18}$ O indicated that the increase of leaf  $\delta^{13}$ C and WUE in the condition with decreased soil water contents were principally ascribed to the decrease of  $g_s$ . Moderate soil water content is suggested for cowpea production in terms of high WUE with mild biomass reduction. When rhizobia are used for crop production, it is suggested that the effectiveness and benefit of strains are tested in specific locations even in the same growing zone.

**Author Contributions:** Y.W. designed the experiment. M.T. conducted the experiment with C.W., L.L., R.K.S. and H.M. M.T. and C.W. processed and analyzed the data. M.T. drafted the manuscript. Y.W. and F.L. revised the manuscript. H.X., X.Z., C.Y. and Y.Z. assisted with the experiment. All the authors reviewed the manuscript and approved the content of this manuscript.

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