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Spring 2013

# HABIT Spring 2013

Department of Comparative Medicine, College of Veterinary Medicine

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## Recommended Citation

Department of Comparative Medicine, College of Veterinary Medicine, "HABIT Spring 2013" (2013). *HABIT Newsletter*.  
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# H.A.B.I.T

Human-Animal Bond in Tennessee



*The 2013 spring exam period found H.A.B.I.T teams helping UT students in Hodges Library, the School of Information Sciences, Pendergrass Library on the Institute of Agriculture Campus, as well as Katz Library at the College of Law.*

## MAKING EXAM TIME A LITTLE LESS STRESSFUL

The “baby gate” is up! That’s the invitation to students in the College of Veterinary Medicine to drop by and visit with a dog in the H.A.B.I.T. office. Located in the main hall at the Veterinary School, the H.A.B.I.T. office is especially busy at exam time. Stressed students are often found sitting on the floor on either side of the gate, stroking one of several dogs that spend time there. The office really belongs to humans, Karen Armsey and Ruth Sapp. They love to accommodate the stream of visitors. “We hear about the latest break ups, make ups and class news. We often joke that we can tell which exam is going on that day by the number of people at the gate seeking a little stress relief. Sometimes they are there simply because they miss a dog they had to leave behind to come back to school. “I miss my dog” is a frequently heard comment.”



The H.A.B.I.T. office is in a terrific location for the College of Veterinary Medicine students, and even for the students on the Agricultural campus. Cross the bridge onto main campus, however, and there were no such perks for those students or staff. Who could provide a break in their stressful routine with a “fur fix”? Along came Hodges Library staff members Teresa Walker and Megan Venable with an interest in helping their students. With these ladies as champions, there can be no doubt that changes would be coming soon to main campus!

In 2012, the librarians got a conservative start with their “de-stressing” ideas. During spring exams, H.A.B.I.T. provided one volunteer team in a room off the main hallway at Hodges Library. A sign was posted and the team was in place to welcome visitors. No one was prepared to find 180 students waiting in line for their time with the dog. “Hank Jr.” and his human, Jerri, were amazed, honored and almost overwhelmed by the response from the students.

A call went out the next day to the H.A.B.I.T. office asking for reinforcements. Karen and Ruth sent an urgent request for volunteers and their dogs. More time was also added to the schedule. This worked. Students were able to spend as much time as they wished with the dogs and were no longer limited to a 5 minute block. Exams were forgotten for a moment. Students relaxed long enough to smile, laugh, and tell stories.

Because of this success, H.A.B.I.T dogs returned to Hodges Library during fall 2012 exams and added a new location at the College of Information Sciences.

*cont' on page 12*

### H.A.B.I.T. Human-Animal Bond in Tennessee

2407 River Dr. Room A205  
Knoxville, TN 37996-4543  
Phone- 865-974-5633  
Fax- 865-974-5386

Contact: [habit@utk.edu](mailto:habit@utk.edu)  
[www.vet.utk.edu/habit](http://www.vet.utk.edu/habit)

**In Memory of  
Goldie Rector,  
July 13, 1999 –  
February 24, 2012**

Goldie was a H.A.B.I.T dog who served at Halls Elementary School as part of the Ruff Reading program. She loved her job as a H.A.B.I.T volunteer, and she loved playing with her stuffed animals and her tennis balls. She had a very pure soul and a sunny disposition that made everyone who came in contact with her fall in love with her. Goldie was happy to see everyone, and she even greeted her veterinarians with her tail wagging. She, however, loved her family most of all, and we are left to mourn the loss of this very precious member of our family. We were so lucky to have her in our lives and will always remember her as the happy, loving Golden Retriever that she was, but she will forever be missed.

Kathy Rector and Alex



## **BARBEQUE, BIDDING AND BLUEGRASS AN EVENING OF GOOD BEHAVIOR WITH HABIT**

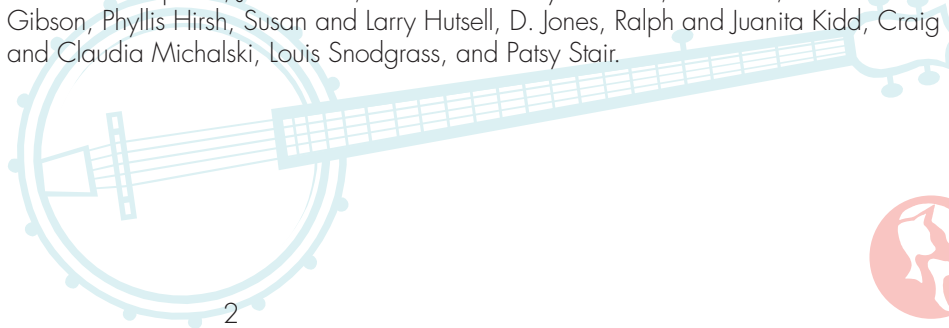
On April 16 of this year, with the help of Dr. Ali Swofford and Swofford Financial, H.A.B.I.T once again held its major spring fundraiser at that Knoxville Museum of Art.

This is the second year we were able to hold this event. Last year's live program featured a presentation by Anne McKinney, Esq, entitled "Knoxville Tennessee Pet Parents: The Art of Planning for Your Pet's Future," as well as a presentation by K-Town Sound. In addition to the entertainment, there was a silent auction that raised more than \$6,000.

This year, we were able to offer an informative presentation by Dr. Julia Albright, Assistant Professor of Veterinary Behavior and PetSafe® Chair in Small Animal Behavioral Research, and Nelle Wyatt and her dog showing what can be done with training. Dr. Albright took questions from the attendees and was able to help them with their personal pet issues. These questions range from house breaking issues to how to keep a cat from scratching up the couch.

The crowd was also entertained by Dr. Hugh McCampbell, who played his banjo and told stories about his life as a small town veterinarian. Guests were also entertained by the music of Clint Young and Seth Smith, better known as the Debauchery Roadshow. This music was the perfect background for the enjoyment of F.A.T.S Hickory Smoked BBQ, who provided food for the event (<http://fatshickorysmokedbbq.com/>). Beverages were donated by the following: Coca-Cola Bottling Company of Knoxville, Eagle Distributing Company (<http://eaglebud.com>), Beverage Control Inc., and The Naked Grape wines. With the help of The Pour Guys and All Occasions Party Rentals, the evening ran smoothly.

Once again, the silent auction was a huge success. With the addition of a live auction run by Bear Stephenson, we raised over \$8,000. The reason it was so successful was due to the hard work of the following people: George and Shelby Bass, Janet Cable, Katherine Chapman, Joan Cohn, Eddie and Sandy Edwards, Patti Frost, Rick and Pam Gibson, Phyllis Hirsh, Susan and Larry Hutsell, D. Jones, Ralph and Juanita Kidd, Craig and Claudia Michalski, Louis Snodgrass, and Patsy Stair.





This event continues to grow, with the attendance this year up by 80%. We look forward to this event continuing to grow in both attendance and in its ability to support the work done by the H.A.B.I.T program's volunteer teams.

H.A.B.I.T would like to thank the following supporters:

The University of Tennessee  
College of Veterinary Medicine  
[www.vet.utk.edu](http://www.vet.utk.edu)

Swofford Financial  
[www.swoffordfinancial.com](http://www.swoffordfinancial.com)

East Tennessee PBS  
[www.easttennesseepbs.org](http://www.easttennesseepbs.org)

Steve and Joan Cohn

PetSafe/ Radio Systems  
[www.petsafe.net](http://www.petsafe.net)

Linder Capital Advisors

Joshua Travis at Jackson Insurance

Dogwood Animal Hospital

Asheville Highway Animal Hospital

Nancy Kessler at Small Paws Petite Boarding



*Keynote speaker Dr. Julia Albright, Assistant Professor of Veterinary Behavior and PetSafe® Chair in Small Animal Behavioral Research at The University of Tennessee College of Veterinary Medicine*



# H.A.B.I.T Volunteer Teams Awarded ETCH's Buddy Award

East Tennessee Children's Hospital's Volunteer Services introduced a new award this year at their volunteer lunch – The Buddy Award. This award memorializes Buddy Williams, who had been their Hospital Chief of Security and who passed away in 2011.

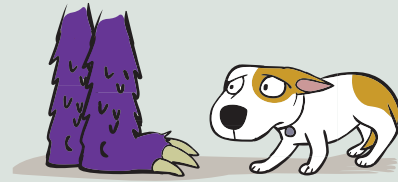
According to Alexis Niceley, head of Volunteer Services, "The Buddy Award goes to a volunteer who is a friend to all, who uplifts a patient's spirit, who listens without judging, and who brings joy to all when they enter Children's Hospital." This description of who receives the award shows why the H.A.B.I.T volunteer teams are a perfect choice to be named first-time winners. Congratulations to all our teams at ETCH, you are all winners!



# Body Language of Fear in Dogs

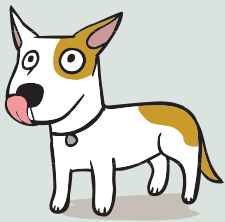


**Slight Cowering**



**Major Cowering**

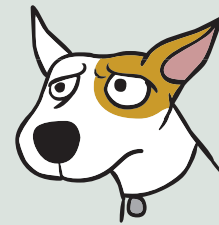
## More Subtle Signs of Fear & Anxiety



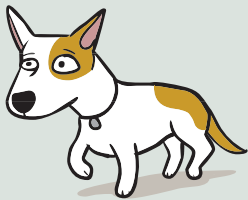
**Licking Lips**  
when no food nearby



**Panting**  
when not hot or thirsty



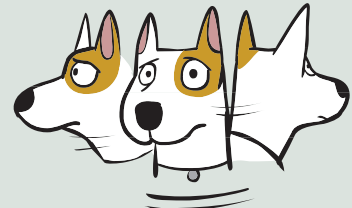
**Brows Furrowed, Ears to Side**



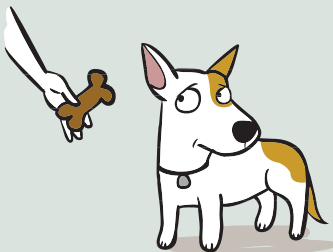
**Moving in Slow Motion**  
walking slow on floor



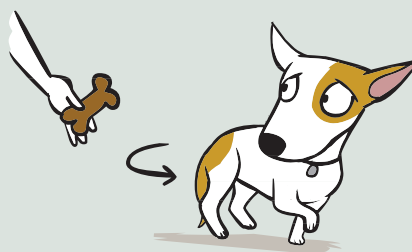
**Acting Sleepy or Yawning**  
when they shouldn't be tired



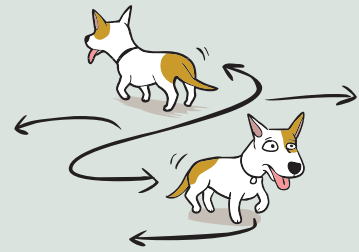
**Hypervigilant**  
looking in many directions



**Suddenly Won't Eat**  
but was hungry earlier



**Moving Away**



**Pacing**

© 2011 Dr. Sophia Yin, DVM, MS

**Dr. Sophia Yin, DVM, MS**  
*The Art and Science of Animal Behavior*

For additional free dog bite prevention resources and more dog behavior books and products, visit [www.drSophiaYin.com](http://www.drSophiaYin.com).



# H.A.B.I.T. ANIMALS AND STRESS

H.A.B.I.T. visits can cause stress in your animal. There, it has been said, and the “cat’s out of the bag”. No matter how much you and your animal enjoy the H.A.B.I.T. visits, both you and your animal are stressed by them. I can hear what you are saying as you read this: “No, my dog loves his visit he is never stressed by it.” Or even “I have trained my dog not to be stressed by the things that she comes in contact with on a visit.” Stress is not always a bad thing, it has just gotten a bad name. What we need to remember is that there can be a difference between your H.A.B.I.T. animal being stressed by a visit, and the animal experiencing distress and/or anxiety during a visit. So what is the difference? Stress can be measured objectively by stress hormones. Anxiety is a mental state which cannot be objectively measured in an animal. Stress is a normal response, and in small doses, it can help you get things done. Distress and anxiety, however, can be a response to stress and can lead to fear. And fear; can lead to medical problems or even aggression. As H.A.B.I.T. volunteers know fear or aggression and a H.A.B.I.T. visit do not mix.

So how do we know if our animal is feeling anxious or fearful? What can be the outward signs of an inward state? The following list is from several behavior experts who are also very familiar with animals used in visitations and therapy settings.

## Dogs: Before the visit

- Reluctance to enter the car/ facility/ room
- Loss of attention span
- Laying down, reluctant to move, lethargic

## Before or during the visit

- Sweating paws
- Salivation (a particular problem with some breeds)
- Muscle tension
- Restlessness
- Body shaking
- Paw lifting (not to be confused with the dog that has been trained to shake hands)
- Yawning
- Aggression
- Hyper vigilance (they sit or walk stiffly and are scanning the environment for danger, ears up, eyes wide open)
- Intensified startle reflex
- Diarrhea or loose stool
- Urinating in inappropriate places
- Vomiting
- Loss of appetite (just a note, remember that there should be NO treats on a visit)

## During the visit

- Avoiding contact with the patient
- Excessive panting/dilated pupils/posture changes
- Pulling handler away from interaction
- Uncooperative behavior/ignoring commands

## Before or after the visit

- Behavioral or temperament change
- Aggravation of a medical problem
- Change in sleep and/or activity pattern
- Also see the illustration from Dr. Sophia Yin’s site (<http://drsophiayin.com>). It shows some of these and other signs in your dog.

**Cats** show a different set of signs that they may be distressed, and they include but are not limited to:

- Alert inactivity (they sit or lay very still but are scanning the environment for danger, ears up, eyes may be partially closed).
- Tense muscle tone
- Crouching position
- Pupil dilation
- Males may spray even if they are neutered
- Inappropriate elimination (urination or defecation)
- Pacing back and forth
- Loss of appetite
- Pulling out of fur
- Trembling
- Excessive meowing
- Hiding from the world, under beds, behind curtains etc.
- Physical symptoms and illness – some illnesses and disorders (such as acne) have been associated with stress. Stress can also be a response to physical illness, so it is most important to check with your vet to rule out a medical condition.

**Rabbits** show a whole different set of stress signs, and information on these can be found by going to House Rabbit Society at <http://rabbit.org>

While this article cannot show all the signs that your H.A.B.I.T. animal may show when they feel anxious, we hope that it has given you some things to think about and to look for before, during, and after your H.A.B.I.T. visit. Please remember that you are your animal’s best advocate, and it is your job to make sure that they enjoy their visits. No matter how much we as the human may want it, not all dogs, cats or rabbits are made to be H.A.B.I.T. animals and we need to be OK with that. Trying to make an animal part of H.A.B.I.T. team, when the animal is not the right temperament, is not fair to the animal or to the people that you would visit.

Please remember that your veterinarian is the best person to talk with about your animal and stress, or about any other health issues that your companion may be having.

## WEB SITES FOR MORE INFORMATION ON ANIMAL BEHAVIOR AND POSITIVE DOG TRAINING

<http://drsophiayin.com> ~ Dr Sophia Yin

<http://www.apdt.com> ~ Association of Pet Dog Trainers

<http://www.clickertraining.com> ~ Karen Pryer

<http://positively.com> ~ Victoria Stilwell

[http://www.siriuspup.com/behavior\\_problems.html](http://www.siriuspup.com/behavior_problems.html) ~ Dr. Ian Dunbar



# SAVE THE DATE

# BARBEQUE, BIDDING AND BLUEGRASS WITH HABIT

Tuesday April 1, 2014  
4:00 to 7:00 pm

Seminar & celebration at  
the Knoxville Museum of Art

All proceeds of this event will go to support H·A·B·I·T programs in our east TN community. Thank you.

For more info contact the H·A·B·I·T office by email: [habit-et@utk.edu](mailto:habit-et@utk.edu) or by calling (865) 974-5633.

## UTVMC'S Behavioral Team:



**Dr. Julia Albright**

Dr. Julia Albright is a native Tennessean. She attended Vanderbilt University (B.S.), University of Tennessee Knoxville (M.S., Experimental Psychology), and the University of Tennessee College of Veterinary Medicine (D.V.M.) before completing a three-year residency and a one-year post-doctoral program in Animal

Behavior at Cornell University College of Veterinary Medicine. She is a Diplomat of College of Veterinary Behaviorists, and she holds the Petsafe® Chair in Small Animal Behavior Research at the University Of Tennessee College Of Veterinary Medicine.



**Nelle Wyatt**

Nelle graduated from Columbia State Community College (Columbia TN) with a degree in Veterinary Technology. She worked in private mixed animal veterinary practices, biomedical research, and animal shelter management before coming to the University of Tennessee Veterinary Medical Center. She became interested in animal

behavior after realizing that positive reinforcement is the key to success for all species. She completed the Purdue Dogs! Course in 1999 and has attended training and behavior conferences and workshops annually since. She is currently working toward her Veterinary Technician Specialty in Behavior and is a Certified Professional Dog Trainer- Knowledge Assessed.

### REMINDER FOR ALL H.A.B.I.T VOLUNTEERS

When you are making a H.A.B.I.T visit, or working a special event as a H.A.B.I.T volunteer remember that you must wear your name tag, and your animal must have on a clean scarf. If you need a new badge or scarf please contact the office and we will send one to you.

At no time can you use a retractable leash on your pet when on a H.A.B.I.T visit or working a special event.



# RUFF READING Year-end Wrap Up

It's been a great year for the Ruff Reading program thanks to all our H.A.B.I.T. volunteers who have maintained existing programs and those who have helped us add new schools and programs.

In the Knoxville area, we continue to have lots of support for Knox County Schools, and this year we've been able to add some private schools and faith-based, afterschool programming. H.A.B.I.T. has been pleased to work with Freedom Christian Academy and Christian Academy of Knoxville, along with two locations in the Emerald Youth Foundation afterschool programs. It's been exciting to work with the new afterschool programs, as we've been able to offer some opportunities to volunteer with school-aged children during non-traditional hours.

We always seek to add new schools or revive programs that might have been lacking in interest or volunteers for a while, and this year we've been able to expand our library programming, too. In the past year, we've had new programs at the Clinton Public Library, Morristown Hamblen Public Library, and Vonore Public Library, and the Public Library at Tellico Village will be starting this summer. We're continuing our expansion in the Tri Cities area and also reaching down toward the Chattanooga area. We started a new program in Washington County Schools at Ridgeview Elementary in Gray, as well as at two new schools in the Monroe County area: Madisonville Primary and Sweetwater Elementary.

H.A.B.I.T. is excited about the opportunities for expansion outside our original service area, and we always want to remind our supporters that we need to maintain our established and long-term programs. We have schools in the outlying areas of Washington County that still need volunteers and some schools in Sullivan County that would like to resume their programs if we can provide volunteers. In the Knoxville area, we have inner-city programs, like West Haven Elementary in the Norwood area, that have a couple of volunteers and are so excited about the possibilities of the Ruff Reading program that they would like to have more.

**If you have a H.A.B.I.T. dog and would like to see about adding a classroom to the work that your dog does with H.A.B.I.T., please contact Ruth Sapp at the H.A.B.I.T. office at 865-974-5633 or by email at [habit-et@utk.edu](mailto:habit-et@utk.edu)**



# Sapphire's Story

In January 2009, I took my two sons with me to the Washington County Animal Shelter so that they could help me find our newest family member. It was a cold and dreary day as we made our way through the indoor and outdoor kennels, looking for the perfect match. The boys were drawn to another dog or two, but I knew she was the one as soon as I saw her. I looked into her soulful eyes as she looked straight at me, seemingly beseeching me to take her home with me. She was quiet and calm, amidst the din created by the barking of the other dogs. Liking the way she handled herself, I persuaded the boys that she was the one. The shelter staff informed us that she had been there for nearly 3 weeks, so we truly felt we were going to save her life by taking her home with us. We have never regretted our decision!

After getting cleaned up, fed, and healthy, she turned out to be a beautiful dog. We named her Sapphire. Thankfully, she maintained her calm nature, taking nearly three weeks before we ever heard her bark! She had a knack for jumping up on furniture like a cat, running as fast as a racehorse, and helping herself to any food left on the kitchen counter by mistake. After being with us for about 6 months, she bravely intervened when our elderly beagle was attacked by a pack of wild dogs on our farm property. She took on the other dogs so that our beagle, Tanner, could make her way to safety (and a subsequent emergency vet clinic visit!). Our beagle is no longer with us (she died of natural causes several years later), but she seemed to tolerate the new puppy a lot better after this experience.

As Sapphire matured, I began to realize that her calmness was very therapeutic to me. I would come home after a long and hectic day of work as a pediatrician, and would literally feel the tension slip away as I sat with her and just rubbed her on the head. She seemed to enjoy this, too! In my work, I had seen and heard about the proven benefits of pet therapy, and I began to think that Sapphire might be a good candidate for this type of work. I mentioned it to her veterinarian, Dr. Sally



Janie - resident, "Sapphire", and Jill - HABIT volunteer

Maclane, at one of our visits, and she then informed me about her association with the H.A.B.I.T. program. She agreed that Sapphire would probably excel as a pet therapy dog, so my oldest son and I attended an informational meeting in February 2012. For the last 6 months or so, Sapphire has been visiting the residents at Asbury Place of Johnson City, a nursing home facility. She gets so excited when she sees me getting her harness, leash, and H.A.B.I.T. bandana out to get ready to "go to work"! She can't seem to get in the car fast enough. She is making new friends there who seem to look forward to her visits, and I am amazed by the physical changes I can see in the residents as they touch and pet Sapphire, and often share stories with us about their own pets.

Our experience with H.A.B.I.T. has been very positive. So much so, that I plan to eventually get our second dog involved, hopefully with one of the school reading programs, which seems best suited for her. In addition, our involvement has helped to expose my boys to the importance of volunteerism, as they both plan to work with our dogs in the future as H.A.B.I.T. volunteers.



Vera - resident, "Sapphire", and Jackson - HABIT volunteer

## STRESS & THE HUMAN ANIMAL

When we talk about a H.A.B.I.T. team, we need to remember that it is: a human and animal team. We tend to forget about the human part of the team. I guess that we just assume that you (as the human) know what stress is and how it affects your health. But just in case you do not know, then here is some information for you.

The American Psychological Association's "Stress in America" report informs us that the effects of stress in the body include: headache, fatigue, sleep problems, and stomach upset. Behavior problems can include: social withdrawal, overeating, or angry outbursts.

If you find yourself stressed by your H.A.B.I.T. visits and think that you need a change in placements, or even a break from the visits, please let the office know.



# PAW PRINTS by Karen Armsey

Before you read the article please go hug your pet, go ahead the article will wait...pet hugged? Good, now on to the article.

Sometimes dogs die; they are not old; there is no emergency trip to the veterinarian; they just die. That is what happened to my "Little"; he just died. When I was a small girl I remember someone talking about how a relative of theirs just "woke up dead". That is what "Little" did: he woke up dead.

For those of you who did not know him, "Little" was a failed foster who moved into my house just until we could find him a good home; He did find a good home, mine. From the moment he got out of the car that first night he fit right in with the other dogs. He was the initiator of all the really good play sessions at the house and loved nothing more than to run the yard with the other dogs like a goof. "Little" loved to steal tan socks and cloth napkins out of the laundry. He would only chew them until they had a hole in it and would then leave them in the hall, with the missing fabric next to them. "Little" hated to get into the car, but loved car rides once he was in; and most of the pictures that I have of him look like he is afraid that I am trying to steal his soul with the camera. He did not realize just how big he was, and would let me hold him in my lap like a baby and rub his belly until he would fall asleep.

"Little" took to being a H.A.B.I.T. dog like a fish to water; he loved it. His work took him to an adult day program with me, and with other volunteers to a class at First Lutheran School, and to Thompson Cancer Survival Center. He could work a special event where there were hundreds of humans and animals without blinking, and walk a gauntlet of children without a care. I had big plans for him, but he had other plans.

One weekend during last summer, my husband and I took a long weekend to just get away while a well-loved dog sitter stayed with the dogs. Saturday morning she had to call us and tell us that she had found him dead that morning. That is the worst call in the world that you have to make as a pet sitter; I have had to make that call, so I know how she was feeling



"Little"

when she made it. She told me that he had just fallen asleep that night and that was it: he was gone. "Little" was not even 2 years old, and he was gone. I am not going to tell you about the hole that was and still is in my heart. Anyone who has lost a loved pet knows how it feels.

There are good and bad things about working at the College of Veterinary Medicine. The good thing was that I knew who to call about having his body cremated. The bad thing (and it is only a bad thing in this situation) is that my friends at work are learners; they want to know what happened, why it happened, and if they can stop it from happening again. Because of this need for knowledge, my decision not to have him necropsied was and still is seen as crazy; how could I not want to know what happened? "Little" was not sick, I know that he was not poisoned. That just leaves one of two thoughts: that there was something that I missed and it killed him, or his heart just went blip when it should have gone bleep. If I had done the necropsy and found out that there was something that I missed, I would have felt bad my whole life; how could I have not seen it? So I am choosing to think that it was just a cardiac issue that we did not know that he had. I like to think that he just went to sleep and at some point during the night he just stopped.

I have to be honest it is hard to say that a house with anywhere from 3-4 dogs in it is quiet, but it is different. I don't have anyone who will let me rub their belly until they fall asleep; the amount of play is down; and it is a lot easier at feeding time. While "Little" was not my heart dog, I did and still do love him and will always miss not only what he was, but what I thought he was going to be. So I will end this like I started it, go hug your pet; go ahead, the world will wait.



"Little" and Jessie



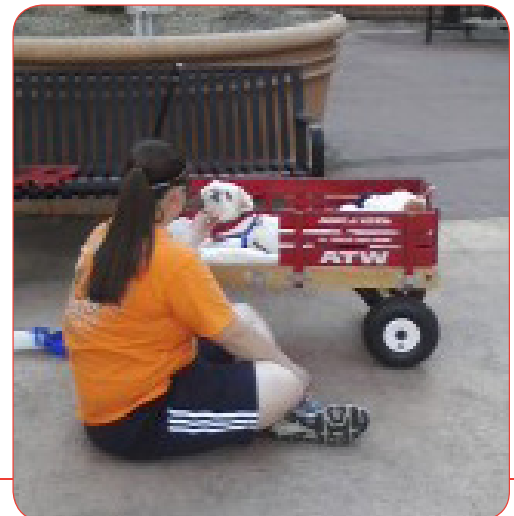


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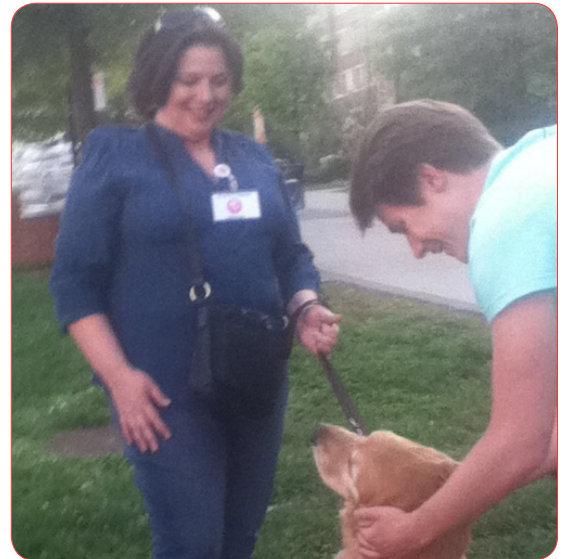
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This new location was the brain child of Dr. Ed Cortez, Director of the School of Information Sciences (SIS). Dr Cortez had seen the good work of H.A.B.I.T team Donna Silvey and "Boudreaux". Ms. Silvey, who works in the SIS office, reported that staff and students would stop by her office on days "Boudreaux" was there either before or after his regular H.A.B.I.T visit. Donna and "Boudreaux", along with Beth Cole (and "Oreo"), who also works at SIS, not only filled in during shifts when other volunteers were unable to work, but they were also the support staff for the volunteers when they visited, helping to insure that there was always water for both dog and human, and a comfortable blanket on the floor for the dog to sit on. Dr Cortez was so impressed by the work of the H.A.B.I.T. dogs, that he also has recently become a H.A.B.I.T. volunteer team along with his dog "Jazz".



# WHAT IS EXPECTED OF H.A.B.I.T. VOLUNTEERS

1. Remember, you are your animal's advocate.
2. Maintain a positive attitude. We are there to promote therapeutic change, not just to entertain.
3. Dress appropriately as defined by the facility, and be on time.
4. Be willing to listen, cooperate, and communicate with residents, facility contact person, and Monitor
5. Sign in and out, and record the number of residents visited each week.
6. Be responsible for your animal:
  - a. Keep animal clean, well groomed, and free of external parasites.
  - b. The animal must wear a clean H.A.B.I.T. scarf.
  - c. Have control of the animal at all times.  
Dogs must be on a short lead, carried, or in a cart.
  - d. Keep an eye on the animal while conversing.
  - e. Recognize stress in the animal and remove immediately, if necessary.
  - f. Be aware of items on the floor.
  - g. Do not visit if your animal is ill or is behaving inappropriately.
7. Take your commitment seriously. Notify the facility contact or Monitor as soon as possible if you are not able to make a scheduled visit. If you cannot reach either of the above people, then contact the H.A.B.I.T. office.
8. Respect the rights of residents and staff.
9. If approached about publicity, please contact the H.A.B.I.T. office.
10. Treats are not to be given at any time by anyone other than the H.A.B.I.T. volunteer.
11. Work closely with your Monitor to keep an open line of communication so that any problems can be addressed early and corrected.
12. Choke or pinch collars are not to be used while on a H.A.B.I.T. visit.
13. A retractable leash may not be used at any H.A.B.I.T. event or while on a H.A.B.I.T. visit.
14. If you are ill please do not make your H.A.B.I.T. visit, many of those that we visit have compromised immunity.
15. If there is any type of problem, please contact the H.A.B.I.T. office. A problem can be, but is not limited to, your animal growling, biting, or scratching; or breaking of a client's skin. Even if one of these incidents happens accidentally, it must be reported to the H.A.B.I.T. office. Your H.A.B.I.T. visits will be suspended until a report can be prepared (this is routine procedure).





# H.A.B.I.T.

*Human-Animal Bond in Tennessee*

## In Memory

- Anne Wayland Lambert by Lois Cameron-Gerhold
- Jeanne Gentry by Nora Slifer
- "Peyton" by Walter Lambert
- "Goldie" Rector by Kathy & Alex Rector
- "Florence" Higgins by Mary Leslie & David Dotson
- "Maggie" by Margaret & Douglas Greene
- "WuFu" by Chris Stoddart
- "Football" Moser by Tony & Kathy DiValentin
- "Rio" by Carol & Kevin Stone
- "Rij" Sherer "Rio" Stone "Monroe" Hutsell by Susan & Larry Hutsell
- "Spotz" by Suzanne Worrell

## H.A.B.I.T. Losses

- "Rio" Stone
- "Sax" Phillips
- "Chipper" Durbin
- "Football" Moser
- "Rij" Sherer
- "Little" Armsey
- "Aspen" Owens
- "Monroe" Hutsell
- "Abby" Wueller

## In Honor

- Walter Lambert & Peyton by Rebecca Wynn
- Erin Joy Norton by Rebecca Wynn
- Ryne James Marshall by Rebecca Wynn
- Ms. Suzie & "Schatzie" by Mary Jones
- Ms. Donna & "Rio" by Mary Jones
- Ms. Jean & "Bailey" by Mary Jones
- Ms. Donna & "Riley" by Mary Jones
- Dr. Mark & Janet Jones by Kathleen Jones

## Donations

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- Shawna & Lee Dittrich
- Sharon Koester
- Verna Fenwick
- Tennessee Alpha Beta Chapter
- Floyd & Dorothy Judd
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**Thank you for your donations.**

# H.A.B.I.T.

*Human-Animal Bond in Tennessee*



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