UNIVERSITY OF BIRMINGHAM University of Birmingham Research at Birmingham

Does the urban gradient influence the composition and ectoparasite load of nests of an urban bird species?

Reynolds, Silas; Davies, Clare; Elwell, Emily; Tasker, Peter; Williams, Amy; Sadler, Jonathan; Hunt, Daniel

DOI 10.3184/175815516X14725499175665

Document Version Peer reviewed version

Citation for published version (Harvard): Reynolds, S, Davies, C, Elwell, E, Tasker, P, Williams, A, Sadler, J & Hunt, D 2016, 'Does the urban gradient influence the composition and ectoparasite load of nests of an urban bird species?', Avian Biology Research, vol. 9, no. 4, pp. 224-234. https://doi.org/10.3184/175815516X14725499175665

Link to publication on Research at Birmingham portal

Publisher Rights Statement:

Checked for eligibility: 22/03/2017

http://www.ingentaconnect.com/contentone/stl/abr/2016/0000009/00000004/art00002?crawler=true

General rights

Unless a licence is specified above, all rights (including copyright and moral rights) in this document are retained by the authors and/or the copyright holders. The express permission of the copyright holder must be obtained for any use of this material other than for purposes permitted by law.

Users may freely distribute the URL that is used to identify this publication.

• Users may download and/or print one copy of the publication from the University of Birmingham research portal for the purpose of private study or non-commercial research.

• User may use extracts from the document in line with the concept of 'fair dealing' under the Copyright, Designs and Patents Act 1988 (?) • Users may not further distribute the material nor use it for the purposes of commercial gain.

Where a licence is displayed above, please note the terms and conditions of the licence govern your use of this document.

When citing, please reference the published version.

Take down policy

While the University of Birmingham exercises care and attention in making items available there are rare occasions when an item has been uploaded in error or has been deemed to be commercially or otherwise sensitive.

If you believe that this is the case for this document, please contact UBIRA@lists.bham.ac.uk providing details and we will remove access to the work immediately and investigate.

- Does the urban gradient influence the composition and ectoparasite load of nests of an urban
 bird species?
- 3

S. James Reynolds¹*, Clare S. Davies¹, Emily Elwell¹, Peter J. Tasker¹, Amy Williams¹, Jonathan P.
Sadler², and Dan Hunt²

6

¹School of Biosciences, College of Life & Environmental Sciences, University of Birmingham,
 Edgbaston, Birmingham B15 2TT, UK

9 ²School of Geography, Earth & Environmental Sciences, College of Life & Environmental Sciences,
 10 University of Birmingham, Edgbaston, Birmingham B15 2TT, UK

11

12 *Corresponding author: email: J.Reynolds.2@bham.ac.uk

13

14 **Abstract:** Urbanisation has profound impacts on birds via, for example, changes in activity budgets, distributions and movements influenced by resource availability, and the connectedness of preferred 15 16 habitats. We live in an urbanising world and yet understand little about how urbanisation affects the basic biology of organisms that share urban spaces with us. A case in point is nest construction and 17 18 nest maintenance behaviours that require significant investments of time and energy by birds early in 19 the breeding attempt. Here, we studied how position on an urban gradient in the city of Birmingham, 20 UK, influenced the composition and ectoparasite load of nests of Blue Tits (Cyanistes caeruleus). In 21 total, we deconstructed 131 nests removed from nestboxes at the end of the breeding season in 2014 at 22 30 different locations along an urban gradient. Nest composition varied significantly along this 23 gradient with significant relationships between feather content and built cover (negative), and 24 connected tree cover (positive). Notably, anthropogenic materials were found in 73% of nests but 25 their inclusion was unrelated to position on the urban gradient. The only identifiable ectoparasites in 26 nests were Siphonapterans (fleas) and although ectoparasite load was unrelated to position on the 27 urban gradient, it was positively related to nest mass. Taken together, we show that even for a 28 common species that is often referred to as an 'urban adapter', the urban gradient influences nest 29 composition and ectoparasite load, and thus potentially reproductive outcomes of small passerines. 30 The challenge is to roll out this approach over multiple years to test the applicability of our findings 31 over longer timeframes and their broader implications for a wide range of bird species that are 32 routinely found breeding in increasingly urbanised landscapes globally.

33

34 1. INTRODUCTION

35 We live in a rapidly urbanising world (United Nations, Department of Economic and Social Affairs,

36 Population Division, 2014) with 54% of the human population residing in urban areas in 2014. As a

37 result of urbanisation, many bird species have to adapt rapidly to the concomitant changes in habitat 38 structure (Rodewald et al., 2013), predation risk (López-Flores et al., 2009), food availability (Jones 39 and Reynolds, 2008), temperature regimes (Deeming et al., 2012) and nest site availability (Chace 40 and Walsh, 2006). In recent years there have been a number of studies that have documented marked changes in life-history strategies of birds co-existing with large (and ever increasing) human 41 42 populations (reviewed in Chace and Walsh, 2006). For example, Chamberlain et al. (2009) found that 43 when compared to non-urban birds, urban Great Tits (Parus major) and Blue Tits (Cvanistes 44 *caeruleus*) laid earlier, produced smaller clutches, reared lighter nestlings and had lower productivity per nesting attempt. These effects were mediated through widespread availability of supplementary 45 food in urban areas resulting in birds in higher body condition laying eggs earlier than rural 46 conspecifics (Schoech and Bowman, 2001); lower availability of natural foods, however, resulted in 47 poorer provisioning of urban broods and thus ultimately reduced productivity. In another study 48 49 Rolshausen et al. (2009) described a migratory divide between sympatric Eurasian Blackcaps (Sylvia 50 *atricapilla*) that showed rapid changes in phenotype and reproductive isolation. This migratory divide 51 was established through increased anthropogenic food availability in urban centres, resulting in changes in overwintering strategies of some birds and representing a possible mechanism for 52 53 speciation.

54 We know much about how urbanisation influences the behaviour and ecology of birds with 55 research findings summarised in a number of books (e.g. Bird et al., 1996; Marzluff et al., 2001; Lepczyk and Warren, 2012; Gil and Brumm, 2013). Fuller et al. (2012) found that the availability of 56 57 food resources to birds breeding in urban areas was positively related to human population density 58 both at regional scales and within a single large city (i.e. Sheffield, UK). The population densities of 59 some small passerines such as the House Sparrow (Passer domesticus), the Common Blackbird 60 (Turdus merula) and the Common Starling (Sturnus vulgaris) were positively related to the density of 61 bird feeders in the city of Sheffield, UK. By contrast, other species that regularly visit bird feeders in 62 urban gardens, such as Great and Blue Tits, Common Wood Pigeons (Columba palumbus) and Winter 63 Wrens (Troglodytes troglodytes), they were not (Fuller et al., 2012).

64 Compared with our knowledge of how urbanisation influences bird distribution and abundance, our understanding of the nesting biology of birds in our towns and cities remains more limited 65 (reviewed in Deeming and Reynolds, 2015). This is surprising given that investment of time and 66 energy in nest building and maintenance is far from trivial in many species (Hansell, 2000; Stanley, 67 68 2002). Bird abundance is in part determined by their productivity but we now need to go beyond 69 studies that, for example, simply examine how the breeding performance of birds varies with 70 urbanisation (e.g. Tremblay et al., 2003; Hedblom and Söderström, 2012; Partecke et al., 2012). 71 There is a pressing need to investigate nest building and resultant nest composition in response to 72 urbanisation to allow us to understand in greater detail how such reproductive phases are shaped by 73 ecological context and how they explain life-history strategies of birds. Smith et al. (2013) examined

74 how food availability (as a proxy for urbanisation) influenced nest building of Blue and Great Tits and 75 found that food supplementation advanced the onset of nest construction and egg laying in both 76 species, and truncated the nest construction period of Blue Tits (but not Great Tits). However, the 77 nest-lining period was not influenced by food availability in either species. Nest composition has been 78 examined in relation to altitude (e.g. Kern and van Riper, 1984), latitude (e.g. Deeming et al., 2012; 79 Mainwaring et al., 2012), timing of laying (e.g. Mainwaring and Hartley, 2008; Britt and Deeming, 80 2011), and ectoparasite load (e.g. Petit et al., 2002; Suárez-Rodríguez et al., 2012), but not within an urban context. In the case of nest defence against ectoparasites, we know that many species actively 81 82 select specific nest constituents to reduce the ectoparasite burden that if uncontrolled can dramatically 83 reduce offspring growth and/or survival (reviewed in López-Rull and Macías Garcia, 2015).

In this study we examine how the composition and ectoparasite load of nests of an urban 'adapter' common passerine species, the Blue Tit (Croci *et al.*, 2008), varied along an urban gradient in the city of Birmingham, UK. First, we collected nests at the end of the 2014 breeding season from clusters of identical nestboxes at various points along an urban gradient (as defined by two land cover metrics) and deconstructed them to examine nest composition. Secondly, the same nests were examined to quantify ectoparasite load. In this way it was possible to examine how nest composition was related to the ectoparasite load experienced by the nest occupants.

91

92 **2. METHODS**

93 In January of 2014, 10 nestboxes were erected at each of 31 separate sites in the city of Birmingham 94 that provided a broad range of diversity along two urban gradients defined according to connected tree 95 cover and built cover. Descriptions of how the urban land cover measures were derived and a list of 96 the 31 sites identified in the study are provided in Appendix 1. Figure 1 shows the distribution of 97 some of these 31 sites throughout the city and representative photographs illustrate the habitat at each 98 of them.

At the end of the breeding season (i.e. August 2014) all nests (N = 163) were removed from nestboxes and immediately placed in individual tin-foil containers with cardboard lids. Nests were then stored in a domestic chest freezer (Space Max Whirlpool, Whirlpool UK Appliances Ltd, Croydon, UK) prior to nest deconstruction. Nestboxes at one site (namely 'Grand Union Canal' – see Appendix 1 for further details) contained no Blue Tit nests and so subsequent findings are based on nests from the remaining 30 sites. All but three nestboxes, containing Great Tits, provided nests made by Blue Tits. Of these 160 nests, 107 progressed beyond the egg stage.

Each nest was removed from the chest freezer, any eggs and dead chicks still contained in the nest cup were removed and then it was weighed to the nearest 0.0001 g on an electronic balance (Sartorius 1712, Göttingen, Germany). Each nest was then defrosted overnight at room temperature for a minimum of 15 hours before processing. On average it took 1 hour and 34 minutes to process each nest in the laboratory by deconstructing them and assessing ectoparasite load. Each nest was then separated into cup and base components by one person (AW) to maintain consistency and each wasthen weighed separately.

113 The cup and the base of each nest were deconstructed separately. Nest constituents were separated using fine-point tweezers and placed into the following categories: moss, dry grass, 114 feathers, hair, fur, natural fibres and anthropogenic materials. Natural fibres consisted predominantly 115 of wool or wool-like material while anthropogenic materials were fibres that had undergone 116 117 processing such as plastics, dved wool, cotton, etc.. Material of each constituent was weighed separately to the nearest 0.0001 g on an electronic balance (see above for details) and then stored in 118 separate sealed Ziploc bags. The remaining material following separation of other nest constituents 119 was weighed and then examined to quantify ectoparasite load of each nest. It comprised dead skin 120 (from nestlings and tending adults), faeces, dust particles, invertebrates, pupae cases and any other 121 122 nest material not falling into the main nest constituents. It was searched methodically twice using 123 fine-point tweezers and a $\times 10$ hand lens for all ectoparasites which were removed and counted into 124 weighing boats. Following ectoparasite removal, all remaining material was stored in a sealed Ziploc 125 bag. Subsequent identification of larvae removed from nest materials as being ectoparasites proved inconclusive and thus they were excluded from subsequent statistical analysis. 126

127 Statistical analysis of nest composition data treated the nest constituents separately but in the 128 case of ectoparasite load, we combined hair, fur and natural fibres into a new category called 'animal 129 fibres'; these nest materials are functionally alike in acting in a similar manner as substrate for 130 ectoparasites in nests (Hansell, 2000). All statistical analysis was carried out using SPSS (SPSS 23 for 131 Windows 7, IBM Corporation, New York, New York, USA). The sampling unit for analyses was the 132 nest site location and thus all data from analyses of nest composition and ectoparasite load are 133 presented as site averages (range: 1-9 nestboxes). This approach attempts to control for statistical non-134 independence of nests from the same site where habitat and microclimatic variables were likely 135 shared across all nestboxes. However, summary data for nest mass and nest composition in terms of 136 masses of the different are provided in Appendix 2.

Nests were categorised along the urban gradient into 'low' (0-33%), 'medium' (34-66%) and 137 138 'high' (67-100%) connected tree cover and built cover. This inevitably resulted in unequal sample sizes between categories for statistical comparisons. Proportional (bound) data were not normally 139 distributed and thus were normalised using arcsine square-root transformation prior to one-way 140 analyses of variance (ANOVA). Significant ANOVA outputs were followed by post hoc Tukey's 141 142 tests. Ectoparasite loads were count data, were not normally distributed and so we used Mann-Whitney U-tests and Kruskal-Wallis tests for statistical comparisons. Linear regression analysis was 143 144 used to elucidate relationships between variables where one could be established as a dependent 145 variable. In all cases statistical analyses were conducted using an alpha threshold of 0.05.

146

147 **3. RESULTS**

In total 131 Blue Tit nests were deconstructed with 107 of them having contained live chicks duringthe breeding season and 24 of them having failed at the egg stage.

150

151 **3.1 Nest composition**

All nests were composed of a base of moss with the nest lining comprising dry grass, feathers, natural fibres, anthropogenic materials and fur (Appendix 2). The composition of nests according to the relative masses of each of these components did not differ significantly in nests from low, medium and high connected tree cover categories of the urban gradient (Fig. 2a; $F_{2,27} = 0.15$, P = 0.86). However, the composition of nests from low, medium and high built cover categories of the urban gradient was significantly different (Fig. 2b; $F_{2,27} = 5.70$, P = 0.009) with more natural fibres found in nests in high built cover (P < 0.05).

If urban land cover is treated as a continuous (rather than a categorical) variable, few 159 statistically significant changes in nest composition were found along the urban gradient. Feathers 160 were the only nest component to be significantly positively correlated with connected tree cover (Fig. 161 3a; R = 0.41, df = 28, P = 0.02), and they were negatively correlated with built cover (Fig. 3b; R = -162 0.42, df = 28, P = 0.02). Natural fibre content of nests was marginally negatively correlated with 163 connected tree cover (Fig. 3c; R = -0.33, df = 28, P = 0.07), but it was marginally positively 164 correlated with built cover (Fig. 3d; R = 0.32, df = 28, P = 0.08). Although anthropogenic materials 165 166 were found in 73% of all nests, their contribution to overall nest composition did not differ 167 significantly in relation to the location of nest sites along the urban gradient.

168

169 **3.2 Ectoparasite load**

Fleas (Siphonaptera) were the only ectoparasites discovered in the nests and on average each of the 131 nests that were deconstructed contained 184 fleas. The 107 nests that contained live pulli during the 2014 breeding season contained many more fleas than the 24 nests that did not (U = 380, n₁ = 107, n₂ = 24, P < 0.0001). As a result all subsequent analyses were performed on nests that only contained pulli. Flea counts did not differ significantly in nests from low, medium and high connected tree cover categories of the urban gradient (H = 0.93, df = 2, P = 0.63), and nor did they differ between built cover categories of the urban gradient (H = 0.77, df = 2, P = 0.68).

Flea count did not appear to be dependent on the relative proportions of the different components of nests (all R^2 s < 0.07, all Ps > 0.05). The only nest trait that was related to flea abundance was nest mass, with the two variables being positively related (Fig. 4; $R^2 = 0.27$, df = 28, PR = 0.004).

181

182 4. DISCUSSION

183 Compared with other reproductive phases, the nest phase (including its construction and ongoing184 maintenance) is under-studied, especially in relation to the urban gradient. Therefore, our study was

185 based upon the general reproductive behaviour of small passerines in urban environments in response 186 to habitat connectivity, foraging resource and activity budgets, rather than on the specifics of their 187 nesting biology per se. Thus, we might have expected that birds in urban areas would construct nests 188 of similar insulative property to those constructed by birds in more rural areas providing benefits to 189 the former as a result of the urban heat island (UHI) effect translating into a warmer nest 190 microclimate. Alternatively, we might have expected that birds nesting in more urban environments 191 would have less well insulated nests because of the nest microclimate being warmer (Deviche and 192 Davies, 2014). However, both expectations are accompanied by the caveat that there is little evidence to suggest that increases of even a few °C in ambient temperature associated with the UHI effect 193 influence the recrudescence of reproductive systems of birds and thus nest building, timing of egg 194 195 laying etc.. We also expected that in nests from more urban areas, the proportion of anthropogenic 196 materials might increase while that of more natural nest components might decrease, simply based 197 upon predicted changes in their relative availabilities along the gradient. Similarly, we also suspected 198 that Blue Tit nests might incorporate less natural aromatic plants (based upon their availability) at 199 more urban nest sites and thus that ectoparasite loads of such nests might increase (Mennerat et al., 2009). However, with the study of Mennerat et al. (2009) having taken place in Corsica, we know 200 little about the presence of aromatic plants along our urban gradient and, if available, the propensity 201 202 of birds in the city to use them as nest constituents.

203 We found similar nest components to other studies of Blue Tit nests here in the UK and in 204 western mainland Europe (see Table 4.1 in Deeming and Mainwaring, 2015) with the exception that 205 nests at some sites such as RSPB Woodland - Cannon Hill Park and Soho Pool Wharf contained large 206 amounts of anthropogenic materials (see Appendix 2 for further details). Nevertheless, we found few 207 statistically significant effects of the urban gradient on the composition (Figs 2 and 3) and ectoparasite 208 loads (Fig. 4) of nests. The feather content of nests varied significantly in relation to connected tree 209 cover (positive) and built cover (negative), perhaps reflecting the availability of feathers to nestbuilding birds. In Blue Tits we know that feathers are an important nest component (Britt and 210 Deeming, 2011) but Mainwaring et al. (2015) found that they may serve a signalling function in the 211 212 detection of intrusions by competitive birds into nestboxes of resident males, rather than providing a 213 thermoregulatory benefit during incubation and/or chick rearing as has been found in other species (Møller, 1984). Nests of conspecifics either in artificial nestboxes or in natural tree cavities represent 214 215 sources of feathers to intruding birds that can be incorporated into their own nest contents. We would 216 predict that breeding density of tits is probably higher in areas of the city with less built cover 217 (reviewed by Marzluff, 2001), and more connected tree cover, but we lack such empirical data 218 currently from the city of Birmingham to investigate this hypothesis further. Further studies along the 219 urban gradient in the city might include assessments of: the usage of breeding sites other than 220 nestboxes we provided by tits in urban areas; the availability of natural and anthropogenic nest materials at breeding sites; and how breeding density across the gradient influences the compositionand ectoparasite load of individual nests.

223 We found that the relationships between natural fibre content of nests, and urban built cover 224 and connected tree cover, were only marginally significant and our findings suggest that we need 225 more data from more cities and over more breeding seasons before we can reach firmer conclusions. 226 We understand very little about how far birds will travel to obtain such natural nest components in 227 urban habitats but if they travel as extensively as they do in searching for micronutrients such as calcium in the pre-laying phase (e.g. Wilkin et al., 2009), then birds might cross many breeding 228 territories of conspecifics and heterospecifics, risking many agonistic encounters, and flying many 229 230 hundreds of metres, also risking elevated predation risk, in doing so. Given that Wilkin et al. (2009) 231 examined birds breeding in a woodland outside of a city, further initial work is needed to study search 232 efforts of birds nest building in cities and their investment in sourcing nest materials.

233 A surprise finding of the study was the presence of anthropogenic material (e.g. plastics, dyed 234 wool, cotton) in most nests (73% of all nest deconstructed) irrespective of their position on the urban 235 gradient. We had predicted that birds in areas with more built cover and less connected tree cover would have more ready access to such nest material. The inclusion of such materials in the majority of 236 237 deconstructed nests suggests that birds may obtain significant benefits from them which may 238 contribute to reducing energetic costs of incubating adults (Cresswell et al., 2003), and increasing 239 chick growth rates (Lombardo et al., 1994), and ultimately fitness (Hepp et al., 2015). Surgey et al. (2012) provided artificially dyed wool of different colours to four tit species (Paridae) nesting in rural 240 241 woodland and found that while the collection of it (as examined by nest deconstruction) appeared 242 opportunistic, some birds travelled extensively to many different sources to collect it as valuable nest 243 material. It is clear that we still know relatively little about the relative contributions of different nest 244 constituents to breeding performance of birds in urban habitats. Until we know more, it is difficult to 245 understand how such nest materials shape life-history strategies of urban birds.

Finally, we examined the relationship between the ectoparasite load of nests that had 246 contained chicks during the breeding season and their position on the urban gradient; the only 247 248 ectoparasites found were fleas. We know that nestboxes are more prone to infestations of fleas than natural cavities (Wesołowski and Stańska, 2001), but we were surprised that other nest ectoparasites 249 (reviewed by López-Rull and Macías Garcia, 2015) were not detected during nest deconstruction. We 250 251 found no indication that nesting Blue Tits had employed plant aromatics (Mennerat et al., 2009), 252 cigarette butts (Suárez-Rodríguez et al., 2012) etc.. as defence against ectoparasites. Of course, extensive further work is required in the city to assess the availability of both to nesting birds across 253 254 the gradient. Furthermore, there was no significant relationship between ectoparasite load and feather 255 content of nests as we might have expected. Winkler (1993) found that removal of feathers from the 256 nests of Tree Swallows (Tachycineta bicolor) depressed the growth of nestlings and resulted in them 257 carrying greater ectoparasite burdens than nestlings in unmanipulated nests. The only significant 258 relationship was between ectoparasite load and overall nest mass (Fig. 4). To fleas and other 259 ectoparasites in nests, those containing chicks represent the peak of food availability provided by 260 brooding adults, growing chicks, faeces and undigested food in the nest lining (Heeb et al., 1996; Lea 261 and Klandorf, 2002). Despite the criticisms of Wesołowski and Stańska (2001) of nestboxes and their inherent biases in studies such as ours, newly established nestboxes contained no material prior to the 262 263 2014 breeding season and thus ectoparasites counted in our study were associated with the current 264 breeding attempt. Therefore, they had not burrowed into materials from previous seasons in order to enter diapause (Tauber et al., 1986). 265

266 There is an urgent need for further research to investigate the nesting biology of birds in 267 urban habitats. Specifically, we need to know how changes in the built cover and connected tree cover brought about by land clearance and construction of roads and buildings, for example, influence the 268 269 breeding performance of birds. Cavity nesters such as Blue Tits are an ideal study species in this 270 regard but we acknowledge the concerns of Wesołowski (2011) who outlined reasons why nestbox 271 studies are not directly comparable to those of birds nesting in natural cavities. Some of his 272 recommendations, such as the reporting of type and size of nestboxes, are easily adopted, but others, such as comparisons with 'reference' natural cavities and assessment of avian breeding densities, are 273 274 less easily derived in an urban environment for a species that breeds in such a diversity of nesting 275 locations (Gosler and Clement, 2007). However, we accept the shortcomings of nestbox studies and 276 we support the recommendations of Wesołowski (2011) that every effort should be made to provide 277 as much accompanying information as possible in published outputs. Of course, the Blue Tit is a good 278 model species for the study of city-dwelling birds but we continue to question how findings from our 279 study can be applied to other 'urban' species. We believe that research over the next few years will 280 significantly improve our understanding of the breeding biology of a number of such species and we 281 encourage others in other large cities to respond to the challenge of working along their respective 282 urban gradients. A pressing concern is how we quantify urbanisation within a relevant context for a breeding bird. Here, we assessed the urban matrix according to built cover and connected tree cover to 283 identify potential sites for nestboxes but this still fails to control for considerable habitat heterogeneity 284 285 between sites (Chamberlain et al., 2008). This is especially pertinent at the urban-suburban interface where dramatic changes in reproductive outputs in response to habitat type can occur (e.g. Crick et 286 al., 2002). Recent developments using GIS by Seress et al. (2014) have shown some potential to 287 288 relate urbanisation 'scores' directly to aspects of avian biology (i.e. body condition scores of House 289 Sparrows [Passer domesticus]). Whether this approach offers similar benefits in assessing how 290 urbanisation influences the nesting biology of birds remains to be tested but we hope that this, and 291 other points of discussion in the present study, will urge researchers to investigate nest construction 292 and maintenance in much more detail in the future.

293

294 Acknowledgements

- Laboratory work was funded by the School of Biosciences (to CSD, EE, PJT & AW) while fieldwork during which nests were collected from nestboxes was funded through a NERC Studentship with the British Trust for Ornithology as a CASE partner (to DH). Many thanks to all those at the Nest Construction & Function 2015 Conference at the University of Lincoln who provided many constructive comments on the study and to Charles Deeming and Mark Mainwaring for providing comments that significantly improved the manuscript.
- 301
- 302 References
- Bird, D.M., Varland, D.E. and Negro, J.J. (1996) *Raptors in human landscapes: Adaptation to built and cultivated environments*. Academic Press, London, UK.
- Britt, J. and Deeming, D.C. (2011) First-egg date and air temperature affect nest construction in Blue
 Tits *Cyanistes caeruleus*, but not in Great Tits *Parus major*. *Bird Study*, **58**, 78–89.
- Chace, J.F. and Walsh, J.J. (2006) Urban effects on native avifauna: a review. *Landsc. Urban Plan.*,
 74, 46–69.
- Chamberlain, D.E., Cannon, A.R., Toms, M.P., Leech, D.I., Hatchwell, B.J. and Gaston, K.J. (2009)
 Avian productivity in urban landscapes: a review and meta-analysis. *Ibis*, **151**, 1–18.
- Cresswell, W., Holt, S., Reid, J.M., Whitfield, D.P. and Mellanby, R.J. (1993) Do energetic demands
 constrain incubation scheduling in a biparental species? *Behav. Ecol.*, 14, 97–102.
- 313 Crick, H.Q.P., Robinson, R.A., Appleton, G.F., Clark, N.A. and Rickard, A.D. (2002) Investigation
- 314 *into the causes of the decline of Starlings and House Sparrows in Great Britain.* British Trust
 315 for Ornithology, Thetford, UK.
- Croci, S., Butet, A. and Clergeau, P. (2008) Does urbanization filter birds on the basis of their
 biological traits? *Condor*, **110**, 223–240.
- Deeming, D.C. and Mainwaring, M.C. (2015) Functional properties of nests. Pp. 29–49. In: Deeming,
 D.C. and Reynolds, S.J. (Eds). *Nests, eggs, & incubation: New ideas about avian reproduction.*Oxford Univ. Press, Oxford, UK.
- Deeming, D.C., Mainwaring, M.C., Hartley, I.R. and Reynolds, S.J. (2012) Local temperature and not
 latitude determines the design of Blue Tit and Great Tit nests. *Avian Biol. Res.*, 5, 203–208.
- 323 Deeming, D.C. and Reynolds, S.J. (2015) Nests, eggs, & incubation: New ideas about avian
 324 reproduction. Oxford Univ. Press, Oxford, UK.
- Deviche, P. and Davies, S. (2014) Reproductive phenology of urban birds: environmental cues and
 mechanisms. Pp. 98–115. In: Gil, D. and Brumm, H. (Eds). *Avian urban ecology: Behavioural and physiological adaptations*. Oxford Univ. Press, Oxford, UK.
- Fuller, R.A., Irvine, K.N., Davies, Z.G., Armsworth, P.R. and Gaston, K.J. (2012) Interactions
 between people and birds in urban landscapes. Pp. 249–266. In: Lepczyk, C.A. and Warren,
 P.S. (Eds). Urban bird ecology and conservation. Studies in Avian Biology No. 45, Univ.
- 331 California Press, Berkeley, CA, USA.

- Gil, D. and Brumm, H. (2013) Avian urban ecology: Behavioural and physiological adaptations.
 Oxford Univ. Press, Oxford, UK.
- Gosler, A.G. and Clement, P. (2007) Family Paridae (Tits and chickadees). Pp. 662–750. In: del
 Hoyo, J., Elliott, A. and Christie, D.A. (Eds). *Handbook of the birds of the world*. Volume 12.
 Picathartes to tits and chickadees. Lynx Edicions, Barcelona, Spain.
- Hale, J.D., Davies, G., Fairbrass, A.J., Matthews, T.J., Rogers, C.D.F. and Sadler, J.P. (2013)
 Mapping lightscapes: spatial patterning of artificial lighting in an urban landscape. *PLoS ONE*,
 8(5), e61460.
- Hansell, M. (2000) Bird nests and construction behaviour. Cambridge Univ. Press, Cambridge, UK.
- Hedblom, M. and Söderström, B. (2012) Effects of urban matrix on reproductive performance of
 Great Tit (*Parus major*) in urban woodlands. *Urban Ecosyst.*, 15, 167–180.
- Heeb, P., Werner, I., Richner, H. and Kölliker, M. (1996) Horizontal transmission and reproductive
 rates of hen fleas in great tit nests. *J. Anim. Ecol.*, 65, 474–484.
- Hepp, G.R., DuRant, S.E. and Hopkins, W.A. (2015) Influence of incubation temperature on offspring
 phenotype and fitness in birds. Pp. 171–178. In: Deeming, D.C. and Reynolds, S.J. (Eds). *Nests*, *eggs*, & *incubation: New ideas in avian reproduction*. Oxford Univ. Press, Oxford, UK.
- Jones, D.N. and Reynolds, S.J. (2008) Feeding birds in our towns and cities: a global research
 opportunity? *J. Avian Biol.*, **39**, 265–271.
- Kern, M.D. and van Riper III, C. (1984) Altitudinal variations in nests of the Hawaiian honeycreeper
 Hemignathus virens virens. Condor, 92, 761–767.
- Lea, R.W. and Klandorf, H. (2002) The brood patch. Pp. 100–118. In: Deeming, D.C. (Ed.). Avian
 incubation: Behaviour, environment, and evolution. Oxford Univ. Press, Oxford, UK.
- Lepczyk, C.A. and Warren, P.S. (2012) Urban bird ecology and conservation. Studies in Avian
 Biology No. 45, Univ. California Press, Berkeley, CA, USA.
- Lombardo, M.P., Bosman, R.M., Faro, C.A., Houtteman, S.J. and Kluisza, T.S. (1995) Effect of
 feathers as nest insulation on incubation behavior and reproductive performance of Tree
 Swallows (*Tachycineta bicolor*). *Auk*, **112**, 973–981.
- López-Flores, V., MacGregor-Fors, I. and Schondube, J. E. (2009) Artificial nest predation along a
 Neotropical urban gradient. *Landscape Urban Plan.*, 92, 90–95.
- 361 López-Rull, I. and Macías Garcia, C. (2015) Control of invertebrate occupants of nests. Pp. 82–96. In:
- 362 Deeming, D.C. and Reynolds, S.J. (Eds). Nests, eggs, & incubation: New ideas in avian
 363 reproduction. Oxford Univ. Press, Oxford, UK.
- Mainwaring, M.C. and Hartley, I.R. (2008) Seasonal adjustments in nest cup lining in Blue Tits
 Cyanistes caeruleus. Ardea, 96, 278–282.
- Mainwaring, M.C., Hartley, I.R., Bearhop, S., Brulez, K., du Feu, C.R., Murphey, G., Plummer, K.E.,
 Webber, S.L., Reynolds, S.J. and Deeming, D.C. (2012) Latitudinal variation in blue tit and
- 368 great tit next characteristics indicates environmental adjustment. J. Biogeogr., **39**, 1669–1677.

- Mainwaring, M.C., Wolfenden, A., Read, J.E., Robson, J.M.A., Tomlinson, C.J. and Hartley, I.R.
 (2015) Feathering the nest: the effects of feather supplementation to Blue Tit nests. *Avian Biol. Res.*
- 372 Marzluff, J.M. (2001) Worldwide urbanization and its effects on birds. Pp. 19–47. In: Marzluff, J.M.,
- Bowman, R. and Donnelly, R. (Eds). *Avian ecology and conservation in an urbanizing world*.
 Kluwer Academic Publishers, Boston, MA, USA.
- 375 Marzluff, J.M., Bowman, R. and Donnelly, R. (2001) Avian ecology and conservation in an
 376 *urbanizing world*. Kluwer Academic Publishers, Boston, MA, USA.
- Mennerat, A., Perret, P., Bourgault, P., Blondel, J., Gimenez, O., Thomas, D.W., Heeb, P. and
 Lambrechts, M.M. (2009) Aromatic plants in nests of blue tits: positive effects on nestlings. *Anim. Behav.*, 77, 569–574.
- 380 Møller, A.P. (1984) On the use of feathers in birds' nests: predictions and tests. *Ornis Scand.*, 15, 38–
 381 42.
- Partecke, J., Van't Hof, T. and Gwinner, E. (2004) Difference in the timing of reproduction between
 urban and forest European Blackbirds (*Turdus merula*): result of phenotypic flexibility or
 genetic differences? *Proc. R. Soc. Lond. B*, 271, 1995–2001.
- Petit, C., Hossaert-McKay, M., Perret, P., Blondel, J. and Lambrechts, M.M. (2002) Blue tits use
 selected plants and olfaction to maintain an aromatic environment for nestlings. *Ecol. Lett.*, 5,
 585–589.
- Rodewald, A.D., Kearns, L.J. and Shustack, D.P. (2013) Consequences of urbanizing landscapes to
 reproductive performance of birds in remnant forests. *Biol. Cons.*, 160, 32–39.
- Rolshausen, G., Segelbacher, G., Hobson, K.A. and Schaefer, H.M. (2009) Contemporary evolution
 of reproductive isolation and phenotypic divergence in sympatry along a migratory divide.
 Curr. Biol., 19, 2097–2101.
- Schoech, S.J. and Bowman, R. (2001) Variation in the timing of breeding between suburban and
 wildland Florida Scrub-Jays: Do physiologic measures reflect different environments? Pp. 289–
- 306. In: Marzluff, J.M., Bowman, R. and Donnelly, R. (Eds). *Avian ecology and conservation in an urbanizing world*. Kluwer Academic Publishers, Boston, MA, USA.
- Seress, G., Lipovits, Á., Bókony, V. and Czúni, L. (2014) Quantifying the urban gradient: A practical
 method for broad measurements. *Landsc. Urban Plan.*, 131, 42–50.
- Smith, J.A., Harrison, T.J.E., Martin, G.R. and Reynolds, S.J. (2013) Feathering the nest: food
 supplementation influences nest construction by Blue (*Cyanistes caeruleus*) and Great Tits
 (*Parus major*). Avian Biol. Res., 6, 18–25.
- 402 Stanley, T.R. (2002) How many kilojoules does a Black-billed Magpie nest cost? J. Field Ornithol.,
 403 73, 292–297.

- Suárez-Rodríguez, M., López-Rull, I. and Garcia, C.M. (2012) Incorporation of cigarette butts into
 nests reduces nest ectoparasite load in urban birds: new ingredients for an old recipe? *Biol. Lett.*, 9, 20120931.
- Surgey, J., du Feu, C.R. and Deeming, D.C. (2012) Opportunistic use of a wool-like artificial material
 as lining of tit (Paridae) nests. *Condor*, 114, 385–392.
- 409 Tauber, M.J., Tauber, C.A. and Masaki, S. (1986) *Seasonal adaptations of insects*. Oxford Univ.
 410 Press, Oxford, UK.
- Tremblay, I., Thomas, D.W., Lambrechts, M.M., Blondel, J. and Perret, P. (2003) Variation in Blue
 Tit breeding performance across gradients in habitat richness. *Ecology*, 84, 3033–3043.
- 413 United Nations, Department of Economic and Social Affairs, Population Division (2014) World
 414 urbanization prospects: The 2014 revision, highlights (ST/ESA/SER.A/352). The United
 415 Nations, New York, NY, USA.
- Wesołowski, T. (2011) Reports from nestbox studies: a review of inadequacies. *Acta Ornithol.*, 46, 13–17.
- Wesołowski, T. and Stańska, M (2001) High ectoparasite loads in hole-nesting birds: a nestbox bias? *J. Avian Biol.*, 32, 281–285.
- Wilkin, T.A., Gosler, A.G., Garant, D., Reynolds, S.J. and Sheldon, B.C. (2009) Calcium effects on
 life-history traits in a wild population of the Great Tit (*Parus major*): analysis of long-term data
 at several spatial scales. *Oecologia*, **159**, 463–472.
- 423 Winkler, D.W. (1993) Use and importance of feathers as nest lining in Tree Swallows (*Tachycineta*
- 424 *bicolor*). *Auk*, **110**, 29–36.

425 Figure titles

Figure 1 The distribution of nine of the 31 sites in the city of Birmingham from which Blue Tit nests were obtained from 10 nestboxes at each to investigate the effects of the degree of urbanisation on their composition and ectoparasite load. See Appendix 1 for further details of how the urbanisation measures were derived and of the 31 sites that were studied during 2014.

Figure 2 The composition of Blue Tit nests collected from nestboxes at 30 sites in the city of Birmingham in 2014 from various parts of the urban gradient categorised as low (0-33%), medium (34-66%) and high (67-100%) according to (a) connected tree cover and (b) built cover (see Appendix 1 for further details of how urban measures were derived). Nest components are expressed as percentages of nest mass (to control for differences in nest size) and Ns denote the number of nests that were deconstructed for each category.

Figure 3 Mean percentage mass of (a & b) feathers and (c & d) natural fibres in Blue Tit nests at 30
sites in the city of Birmingham in 2014 collected from nestboxes at various parts of the urban gradient
defined according to connected tree cover and built cover, respectively (see Appendix 1 for further
details of how urban measures were defined).

- 440 Figure 4 The relationship between the mean ectoparasite load and the mean mass of nests of Blue Tits
- 441 containing chicks collected from nestboxes in the city of Birmingham in 2014 at various parts of the
- 442 urban gradient (see Appendix 1 for further details).





444 Figure 2.



Figure 3.



Figure 4.

Appendix 1. Details of each of 31 nest sites along the urban gradient of the city of Birmingham, UK, from which Blue Tit nests were removed from nestboxes for deconstruction at the end of the 2014 breeding season.

Nest site location	Longitude	Latitude	Connected tree	Built	
			cover * (%)	cover* (%)	
Barrack Street Recreation	52.48712	-1.87998	64	59	
Ground					
Batchelors Farm Park	52.48228	-1.81945	46	15	
Burberry Brickworks	52.45	-1.85503	46	45	
Callow Brook	52.39754	-2.00746	72	66	
Chamberlain Gardens	52.4741	-1.92784	81	54	
City Centre Gardens	52.48058	-1.90888	27	75	
Cowley Road Recreation	52.45492	-1.85157	29	66	
Ground					
Garrison Lane Park	52.47975	-1.87418	21	66	
Grand Union Canal	52.4799	-1.88319	27	81	
Handsworth Park	52.51017	-1.92668	80	23	
Highgate Park	52.46958	-1.88354	40	64	
Hilltop and Manwood	52.51944	52.51944 -1.94563 53		0	
Country Park					
Holders Lane Woods	52.44227	-1.90883	83	9	
Moillet Street Park	52.48831	-1.94518	32	59	
Oakwood Road Coppice	52.54695	-1.84722	97	25	
Park Lane Pos	52.52434	-1.79095	35	53	
Park Street Gardens	52.48056	-1.88966	8	75	
Perry Hall Playing Fields	52.52467	-1.91674	15	1	
Phillips Street Park	52.49774	-1.89448	35	71	
Popes Lane	52.41084	-1.95138	85	25	
Rookery Park	52.51784	-1.8368	79	34	
RSPB Sandwell Valley	52.53356	-1.95051	73	5	
RSPB Woodland – Cannon	52.44854	-1.90335	88	18	
Hill Park					
Selly Park Recreation	52.4385	-1.92525	52	29	
Ground					
Sheldon Country Park	52.45663	-1.78889	78	25	
Soho Pool Wharf	52.49608	-1.92231	55	44	

Sutton Park	52.55792	-1.84301	57	2
The Radleys	52.46763	-1.77304	47	57
Warstone Lane Cemetery	52.4885	-1.91525	31	70
Woodgate Valley – Country	52.44891	-1.99576	86	2
Park				
Woodgate Valley – The	52.43688	-2.0141	55	21
Pines				

*Urban land cover measures were derived using GIS layers using Lidar vector data for connected tree cover and 2×2 m raster pixels for built cover. For both measures we know that a circle with a 250 m radius has a total area of 196,350 m² and this was used to calculate the number of 4 m² pixels (see above) that were built/unbuilt from the raster layer, and the area of connected tree cover from the vector layer. Both cover measures are then expressed as percentages of total areas at each site. For more general information regarding how such land cover measures are derived using GIS please see Hale *et al.* (2013).

Appendix 2. Details of the composition of Blue Tit nests removed from 30 nest site locations along the urban gradient of the city of Birmingham, UK at the end of the 2014 breeding season.

Nest site location	Mean nest	Mean nest	Mean mass (± 1 SE) (g) at each nest site location of following nest components:					nts:	
	mass*	dry mass							
	(±1SE)	(±1 SE) (g)							
	(g)		Moss	Grass	Feathers	Hair	Fur	Natural	Anthropogenic
								fibres	materials
Barrack Street	20.26 ± 4.07	8.90 ± 2.27	2.78 ± 1.20	1.90 ± 0.45	1.13 ± 0.39	0.18 ± 0.06	0.01 ± 0.004	0.99 ± 0.34	1.92 ± 1.80
Recreation									
Ground									
Batchelors Farm	20.59 ± 3.45	8.70 ± 1.14	5.61 ± 0.94	1.62 ± 0.39	0.79 ± 0.20	0.03 ± 0.01	0.18 ± 0.10	0.35 ± 0.18	0.12 ± 0.11
Park									
Burberry	26.22 ± 10.80	15.01 ± 6.11	10.04 ± 6.78	3.05 ± 0.69	0.67 ± 0.25	0.24 ± 0.21	0.03 ± 0.03	0.94 ± 0.43	0.05 ± 0.04
Brickworks									
Callow Brook	19.68 ± 1.76	9.63 ± 0.88	6.03 ± 0.70	2.09 ± 0.22	0.58 ± 0.16	0.02 ± 0.007	0.01 ± 0.008	0.74 ± 0.30	0.15 ± 0.12
Chamberlain	18.88 ± 4.17	9.43 ± 1.44	4.29 ± 1.44	3.83 ± 0.23	0.91 ± 0.24	0.28 ± 0.09	-	0.09 ± 0.08	0.02 ± 0.01
Gardens									
City Centre	15.30 ± 3.01	8.92 ± 2.07	3.47 ± 1.11	3.07 ± 0.99	0.83 ± 0.21	0.17 ± 0.10	0.10 ± 0.04	1.14 ± 0.50	0.15 ± 0.06
Gardens									
Cowley Road	24.02 ± 7.58	8.41 ± 0.82	3.90 ± 0.78	2.87 ± 0.30	0.41 ± 0.15	0.03 ± 0.01	0.02 ± 0.02	1.02 ± 0.57	0.18 ± 0.10
Recreation									
Ground									
Garrison Lane	25.85	10.99	3.60	5.29	0.01	0.08	-	1.90	0.13

Park									
Handsworth Park	24.47 ± 2.51	7.58 ± 1.26	0.92 ± 0.44	3.50 ± 0.68	1.22 ± 0.13	0.06 ± 0.04	0.07 ± 0.06	0.92 ± 0.44	0.89 ± 0.56
Highgate Park	17.19 ± 3.14	7.88 ± 1.46	4.86 ± 0.90	0.84 ± 0.36	0.47 ± 0.16	0.27 ± 0.19	0.20 ± 0.16	1.18 ± 0.65	0.06 ± 0.04
Hilltop and	20.70 ± 2.75	9.62 ± 1.57	3.18 ± 0.67	3.85 ± 0.62	1.88 ± 0.62	0.03 ± 0.01	0.01 ± 0.01	0.66 ± 0.23	0.01 ± 0.007
Manwood									
Country Park									
Holders Lane	18.26 ± 1.39	10.20 ± 0.53	5.11 ± 0.70	2.11 ± 0.61	1.37 ± 0.33	0.22 ± 0.11	0.09 ± 0.07	0.66 ± 0.21	0.64 ± 0.50
Woods									
Moillet Street	23.00 ± 5.72	8.34 ± 1.53	4.05 ± 0.98	2.47 ± 0.13	1.22 ± 0.70	0.15 ± 0.02	0.01 ± 0.01	0.33 ± 0.13	0.11 ± 0.11
Park									
Oakwood Road	18.26	10.39	2.33	5.77	1.73	0.05	0.04	0.42	0.04
Coppice									
Park Lane Pos	15.78 ± 2.51	6.80 ± 1.07	2.03 ± 0.60	2.04 ± 0.48	0.64 ± 0.15	0.22 ± 0.12	0.14 ± 0.05	1.20 ± 0.31	0.54 ± 0.46
Park Street	19.36	8.96	4.90	2.85	0.66	0.02	0.01	0.49	0.03
Gardens									
Perry Hall	17.49 ± 1.47	8.71 ± 0.82	3.30 ± 0.63	3.13 ± 0.30	1.34 ± 0.45	0.06 ± 0.02	0.11 ± 0.09	0.71 ± 0.26	0.07 ± 0.05
Playing Fields									
Phillips Street	12.03 ± 2.95	7.10 ± 1.47	3.70 ± 0.70	1.35 ± 0.92	0.48 ± 0.23	0.08 ± 0.02	0.02 ± 0.01	1.43 ± 0.95	0.03 ± 0.03
Park									
Popes Lane	17.42 ± 1.35	7.49 ± 0.48	4.30 ± 0.65	1.25 ± 0.34	1.38 ± 0.24	0.13 ± 0.05	0.01 ± 0.003	0.43 ± 0.17	0.01 ± 0.004
Rookery Park	26.66 ± 2.08	9.39 ± 1.34	2.74 ± 0.85	3.77 ± 0.56	1.70 ± 0.41	0.20 ± 0.09	0.06 ± 0.04	0.73 ± 0.23	0.19 ± 0.12
RSPB Sandwell	17.88 ± 3.81	8.24 ± 1.29	4.94 ± 0.74	1.20 ± 0.36	0.45 ± 0.19	1.08 ± 0.81	0.02 ± 0.01	0.55 ± 0.30	0.005 ± 0.004
Valley									

RSPB Woodland	18.81 ± 2.19	11.19 ± 3.29	5.30 ± 1.47	1.93 ± 0.59	1.01 ± 0.35	0.01 ± 0.01	0.98 ± 0.98	0.51 ± 0.32	1.45 ± 1.24
– Cannon Hill									
Park									
Selly Park	26.23 ± 7.90	10.85 ± 5.05	2.17 ± 0.38	4.77 ± 3.88	1.63 ± 0.86	0.79 ± 0.31	0.39 ± 0.11	0.89 ± 0.89	0.21 ± 0.12
Recreation									
Ground									
Sheldon Country	24.09 ± 6.32	8.42 ± 1.38	3.72 ± 1.04	2.19 ± 0.30	1.30 ± 0.33	0.04 ± 0.01	0.02 ± 0.02	1.08 ± 0.54	0.07 ± 0.05
Park									
Soho Pool Wharf	15.91 ± 3.89	6.95 ± 1.65	2.29 ± 0.59	2.18 ± 1.16	0.13 ± 0.07	0.12 ± 0.05	-	0.66 ± 0.32	1.57 ± 1.51
Sutton Park	20.70	8.70	5.22	1.10	1.37	0.16	0.66	-	0.20
The Radleys	25.43 ± 4.41	10.68 ± 1.80	4.02 ± 1.33	2.96 ± 0.79	0.99 ± 0.33	0.36 ± 0.24	0.07 ± 0.07	2.07 ± 1.16	0.22 ± 0.17
Warstone Lane	18.63 ± 4.81	7.30 ± 1.90	4.16 ± 1.27	1.03 ± 0.37	0.87 ± 0.55	0.03 ± 0.02	0.02 ± 0.02	1.12 ± 0.36	0.07 ± 0.02
Cemetery									
Woodgate Valley	22.20 ± 3.23	10.83 ± 1.47	7.54 ± 1.67	1.35 ± 0.38	0.77 ± 0.19	0.22 ± 0.13	0.36 ± 0.35	0.49 ± 0.20	0.10 ± 0.09
– Country Park									
Woodgate Valley	26.85 ± 6.98	12.54 ± 2.63	8.08 ± 2.22	2.36 ± 0.64	1.28 ± 0.24	0.10 ± 0.06	0.02 ± 0.02	0.50 ± 0.27	0.19 ± 0.18
– The Pines									

*Nests weighed immediately after their removal from the chest freezer but before thawing and deconstruction – see Methods for further details. '-' signifies an absence of a nest component.