

Hydrogel-Coated Microneedle Arrays for Minimally-Invasive Sampling and Sensing of Specific Circulating Nucleic Acids from Skin Interstitial Fluid.

Dana Al Sulaiman,^{†, #} Jason Y. H. Chang,^{‡, #} Nitasha R. Bennett,[†] Helena Topouzi,[†] Claire A. Higgins,[†] Darrell J. Irvine^{‡, ¥, ¶, Φ, §} and Sylvain Ladame^{†*}*

[†] Department of Bioengineering, Imperial College London, London SW7 2AZ, U.K.

[‡] Koch Institute for Integrative Cancer Research, [¥] Department of Materials Science and Engineering, [¶] Department of Biological Engineering, Massachusetts Institute of Technology, Cambridge, MA 02139, U.S.A. ^Φ Ragon Institute of MIT, MGH, and Harvard, Boston MA 02139. [§] Howard Hughes Medical Institute, 4000 Jones Bridge Rd., Chevy Chase, MD.

[*] Email: s.ladame@imperial.ac.uk; djirvine@mit.edu

[#] D.A.S and J.Y.H.C contributed equally to this work

Abstract. Minimally-invasive technologies that can sample and detect cell-free nucleic acid biomarkers from liquid biopsies have recently emerged as clinically useful for early diagnosis of a broad range of pathologies, including cancer. Although blood has been so far the most commonly interrogated body fluid, skin interstitial fluid has been mostly overlooked despite containing the same broad variety of molecular biomarkers originating from cells and surrounding blood capillaries. Minimally-invasive technologies have emerged as a method to sample this fluid in a pain-free manner and often take the form of microneedle patches. Herein, we developed microneedles that are coated with an alginate-peptide nucleic acid hybrid material for sequence-specific sampling, isolation and detection of nucleic acid biomarkers from skin interstitial fluid. Characterized by fast sampling kinetics and large sampling capacity (~6.5 μ L in 2 min), this platform technology also enables the detection of specific nucleic acid biomarkers either on the patch itself or in solution after light-triggered release from the hydrogel. Considering the emergence of cell-free nucleic acids in bodily fluids as clinically informative biomarkers, platform technologies that can detect them in an automated and minimally invasive fashion have great potential for personalized diagnosis and longitudinal monitoring of patient-specific disease progression.

Keywords: microneedle; hydrogel; skin interstitial fluid; microRNA; biomarker.

Liquid biopsies have the potential to revolutionize the way patients are screened, treated and monitored, all of which are key drivers of precision medicine.¹⁻⁴ Although affordable full genome sequencing may help identify individuals at risk of developing specific pathologies, snapshots provided by point-of-care testing through simple technologies that are both low-cost and highly automated remain essential for public screening or personalized longitudinal monitoring. Circulating, cell-free nucleic acids (cfNAs) in liquid biopsies have been reported as predictive, diagnostic and prognostic biomarkers for a broad range of conditions, most notably cancer.⁵⁻⁸ Among them microRNAs (or miRs),⁹⁻¹⁴ a class of non-coding RNAs 19-25 nucleotides in length, hold the greatest promise as either individual biomarkers or in combinations.¹⁵⁻¹⁹ Hence, there is a growing demand for sensing technologies that can detect specific nucleic acids in biological fluids and that can be implemented in the clinic. Research on cfNAs has so far been limited almost exclusively to those found in blood or urine.²⁰⁻²³ However, recent experimental evidence suggests that all species of RNA (including miRs) previously found in blood are also present, in similar proportions, within interstitial fluid (ISF)²⁴ validating this type of bodily fluid as a greatly overlooked source of biomarkers for personalized medicine. Surrounding cells within a tissue, ISF serves as an exchange medium between blood plasma and cells and contains a combination of molecular constituents found in both sources. Skin ISF is found within several hundred microns of the skin surface, primarily in the connective tissue dermis where only few capillary beds and pain receptors reside. It can therefore be sampled in a pain-free manner, without any risk of blood contamination. This contrasts with blood drawing techniques that can be invasive (venous blood) or result in poor quality samples (fingerstick capillary blood).

Minimally-invasive technologies for skin ISF sampling have emerged that are based on compact patches of microneedles (MNs).²⁵⁻³⁴ They are typically made of an array of microscale solid,

porous or hollow needles from materials such as glass, metal, silicon or other polymers.^{35,36} Hollow needles were designed to create pathways for ISF extraction *via* capillary force or vacuum-induced suction. They represent very useful alternatives to invasive sampling technologies traditionally based on micro-dialysis and requiring tubing implantation under local anesthetics. Current limitations of many of the MN patches engineered so far include low sampling capacity (<2 μ L) and/or long sampling times (*e.g.* > 1h to sample enough ISF volumes for subsequent biomarker analysis). In addition, to the best of our knowledge, there has been no report of MNs engineered to sample and detect specific nucleic acid biomarkers from skin ISF. So far, MN were at best used for sampling and releasing total skin ISF and circulating nucleic acids detected after heavy sample processing and PCR-based analysis.³⁷

Herein, we report on the engineer hydrogel-coated MN patches that can sample and isolate specific miRNA biomarkers from skin ISF at the fastest rate yet while enabling the captured miRNA to be detected *in situ* (Figure 1a). Our versatile platform also offers the capability of light-triggered release of the miRNA for post-sampling off-chip analysis. Poly-L-Lactide (PLLA) arrays of 77 microneedles were chosen as our sampling platform as we previously reported their successful use for either transdermal vaccine delivery or ISF/cell sampling from the skin.³⁸⁻⁴⁴

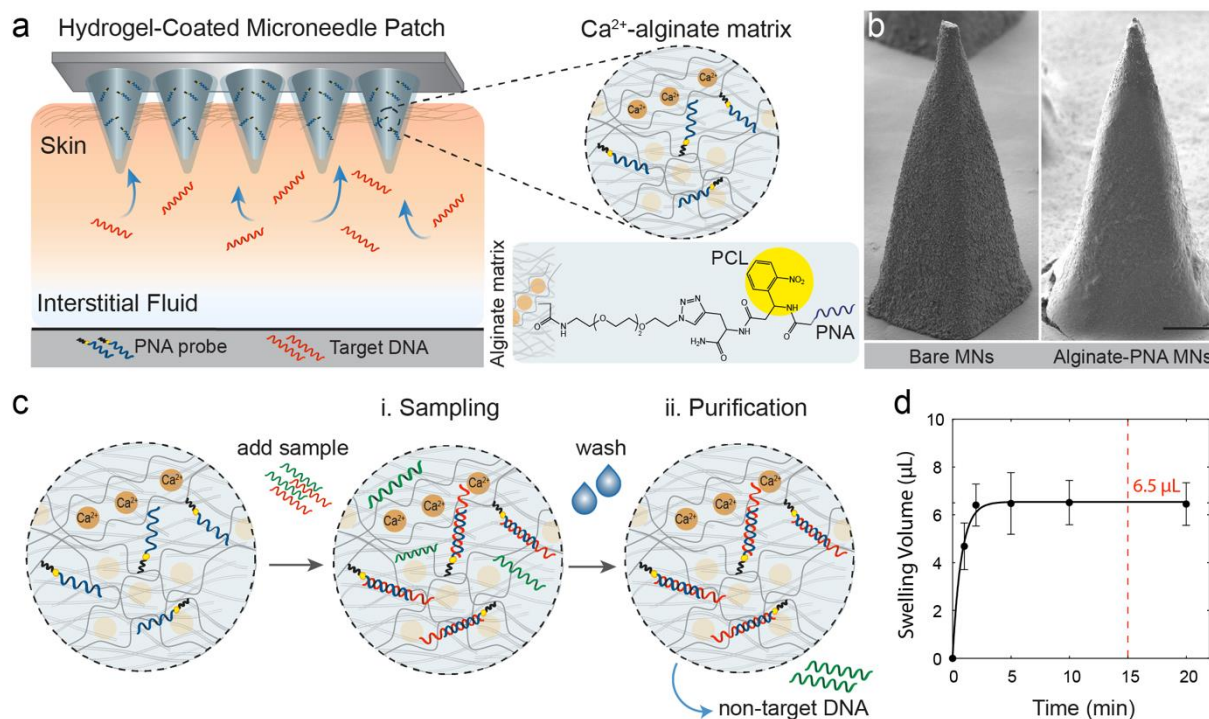


Figure 1. Schematic representation of the hydrogel-coated microneedle platform during sampling of the interstitial fluid. (a) Microneedle arrays (MN) are functionalized with bespoke peptide nucleic acid (PNA) probes (blue) which are covalently bound to an alginate hydrogel matrix via a photo-cleavable linker (PCL, yellow). Minimally-invasive sampling of skin interstitial fluid can be achieved by pressing the coated MN patch onto the skin for 15min. (b) Scanning electron micrograph (5.0 kV, 100x magnification, 10 nm gold sputter coating) of the bare MNs and alginate-PNA hydrogel coated MNs (scale bar = 100 μm). (c) Schematic illustration of the generic protocol for MN sampling of target biomarker (red) and purification to remove non-target sequences (green). Circles represent a magnification of the alginate hydrogel coating on the MN patches. (i) When the MN is applied to sample a solution containing DNA, the target DNA sequence (red) hybridizes to the PNA probe (blue), forming a PNA:DNA duplex. (ii) The MNs are washed to remove any non-specific molecules (green) which have diffused into the hydrogel matrix. (d) Swelling kinetics of the hydrogel MNs fitted by the Spring and Dashpot Voight-based

model (black solid line), showing an equilibrium swelling capacity of $6.5 \pm 0.2 \mu\text{L}$ and a sampling rate constant of 0.74. Error bars show S.E.M. ($N=6$ MN patches).

RESULTS AND DISCUSSION

7 x 7 mm arrays were produced as previously reported by us that were decorated with pyramidal-shaped MNs (Figure S1). The height of the needles was set to 550 μm to enable them to penetrate through the epidermis layer and reach the underlying, ISF containing, dermis layer. For sampling and isolation of specific miRNA biomarkers from skin ISF, the MN array was coated with alginate polymers functionalized with Peptide Nucleic Acid (PNA) capture probes for sequence-specific immobilization of the only miRNA of interest *via* Watson-Crick base pairing. When compared to standard oligonucleotides, PNAs offer the advantage of a greater affinity and sequence-specificity when hybridizing to complementary DNA or RNA strands.⁴⁵⁻⁴⁹ Accessible through easily scalable solid-phase peptide synthesis, PNAs have proven highly valuable analytical tools for nucleic acid sensing, both *in vitro* and *in vivo*, and are particularly well suited for the detection of short oligonucleotides such as miRNAs.⁵⁰⁻⁵³ Herein, a 7-mer PNA (of sequence GACACGC) was designed that was complementary to the 5'-end of miR-210 (5'CUGUGCGUGUGACAGCGGCUGA^{3'}), a recently identified biomarker for early systemic melanoma recurrence and chosen as a model system for our proof-of-concept study (Figure S2). The Melanoma patients with abnormally elevated levels of circulating miR-210 were indeed found to be more likely to have disease recurrence, reinforcing the need for a non-invasive test suitable for longitudinal monitoring.^{54,55} Throughout this proof-of-concept study, a DNA version of miR-210 (DNA-210, 5'CTGTGCGTGTGACAGCGGCTGA^{3'}) was chosen as our target of interest.

The PNA capture probe (Figure S2) was functionalized at its C-terminus with an alkyne moiety to facilitate its covalent immobilization to an azide-modified alginate *via* copper-catalyzed cycloaddition reaction (click chemistry). A photo-cleavable linker (3-Amino-3-(2-nitrophenyl) propanoic acid) (PCL) was also introduced between the alkyne and the PNA sequence to enable the release of the PNA:DNA hybridization complex post ISF sampling *via* photo-activation with near-UV light (300-360nm) (Figure 1a). PNA length of 7-mer was chosen to allow stable PNA:DNA or PNA:RNA heteroduplex formation at human body temperature (melting temperature $T_m > 37\text{ }^\circ\text{C}$), as previously reported.⁵⁶

The alginate-azide polymer was prepared as previously reported by EDC/NHS mediated peptide coupling between low viscosity alginate and 11-azido-3,6,9-trioxyundecan-1-amine (Figure S3), leading to an average level of azide functionalization of 17 mol% (Figure S5).⁵⁷ The alginate-PNA hybrid material was finally assembled by azide-alkyne cycloaddition reaction, in the presence of Cu(II) sulphate, Tris[(1-benzyl-1H-1,2,3-triazol-4-yl)methyl]amine (TBTA) and sodium ascorbate (Figure S4), leading to an overall level of PNA functionalization of 1 mol% as assessed by ¹H-NMR spectroscopy (Figure S5).

Coating of the MN arrays with the newly engineered alginate-PNA proceeded in three steps: pre-coating with poly-L-Lysine followed by deposition of the alginate and finally physical crosslinking with calcium chloride (CaCl₂), leaving enough time for the MN to dry between each step. Once fully dried, scanning electron microscopy (SEM) was used to characterize and compare the physical morphology at the surface of the MN patches with and without alginate-PNA hydrogel coating (Figure 1b). To determine the effect of PNA functionalization on the alginate's physical properties, MN patches coated with unmodified alginate were also analyzed. The SEM micrographs of both types of alginate displayed an interconnected network of pores with a

relatively consistent pore size. Although SEM does only provide information on the hydrogels' structures in their non-swollen dehydrated form, it is noteworthy that the average pore size of the dehydrated alginate-PNA coating however was approximately half that of the unmodified alginate (Figure S6). This could be due to the hydrophobic nature of these charge-free PNAs limiting water uptake and reducing swelling, as previously observed when functionalizing hydrogel fibers with hydrophobic moieties.⁵⁸ Atomic Force Microscopy (AFM) was also used to gain an insight into the topography of the alginate-PNA on surface. For ease of imaging however, the hydrogel was deposited on a glass slide but this time no lyophilization or metal coating was needed, therefore providing a more accurate representation of the hydrogel structure. The surface topography showed a relatively consistent and homogeneously distributed porous structure over the $50 \times 50 \mu\text{m}^2$ area with pores or voids of 200-800nm (Figure S7), only slightly larger than those observed, after lyophilization, by SEM. As earlier studies from our group showed, small oligonucleotides the size of miRNAs could easily diffuse within such porous materials and hybridize to pre-embedded PNAs.⁵⁹

The main limitations of existing ISF sampling platforms are their low sampling capacity and low sampling rates. For example, micro-dialysis techniques typically sample at 1-5 $\mu\text{L}/\text{min}$ while less invasive capillary ultrafiltration is even slower, at 100-150 nL/min. The swelling behavior of our hydrogel-coated MNs was assessed in buffer (PBS) and at physiological body temperature (37°C). Figure 1d describes the volume of liquid absorbed by the MN over time which can be fitted by the Spring and Dashpot Voight-based model commonly used for describing swelling kinetics of hydrogels. According to this model, the hydrogel-coated MNs have an equilibrium swelling capacity of $6.5 \pm 0.2 \mu\text{L}$, with a sampling rate constant of 0.74, meaning that 63% of the full swelling capacity is achieved in less than 1 min. This compares very favorably with other recently

reported hydrogel-coated MN sampling technologies and can at least in part be attributed to the large surface area of the MNs due their pyramidal shape and porous coating structure.

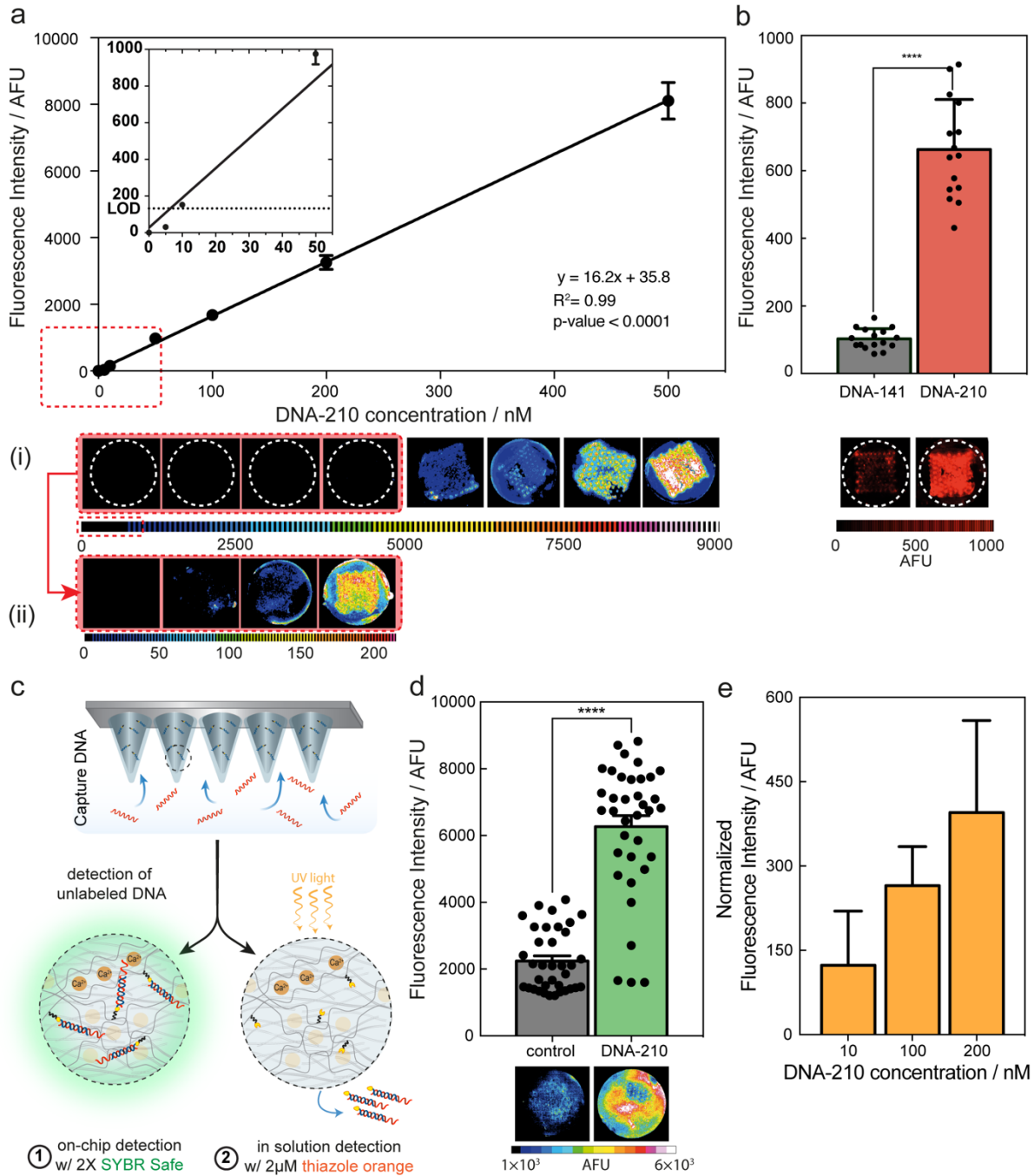


Figure 2. Validation of the MN sampling and release mechanism. (a) Calibration curve showing the mean fluorescence intensity of $N=22$ needles from two MN patches (error bars show S.E.M.), with a linear regression fitting and associated equation with fitting R^2 and p -value. Fluorescence scanner images of representative MN patches after sampling fluorescently-labelled target DNA-210 at given concentrations (0-500 nM). Two color scale/calibration bars were used to facilitate visualization of the large dynamic range of fluorescence values (a (i) and a (ii), respectively). Inset shows magnification of the boxed area in (a) with the y -intercept (y -int) of the calibration curve and the limit of detection (LOD), calculated as three times the standard deviation of the y -int, equivalent to 6 nM. (b) Specificity of MN Platform. Comparison of the mean fluorescence of $N=16$ needles from 2 MN patches after sampling 500 nM of non-complementary DNA-141 (left, grey) and complementary DNA-210 (right, red), with fluorescence scans of representative MN patches shown below. (c) Schematic representation illustrating the two mechanisms for detecting captured unlabeled DNA, either (1) on-chip by dipping the MN into intercalator dye to visualize the PNA:DNA duplex directly on the MN patch, or (2) by releasing the PNA:DNA duplex into solution (UV irradiation) then adding an intercalator dye to the solution. On-chip detection results are plotted in (d) showing a significant difference in fluorescence between MN sampling DNA-210 (500 nM) or control (no DNA target in 100 mM phosphate buffer, pH 7.4) (unpaired two-tailed t -test, $p < 0.0001$). UV-cleaved PNA:DNA duplex detection in solution results are plotted in (e) showing an increase in fluorescence of the release solution after sampling target DNA-210 at 10, 100, or 200 nM. Note that data is normalized by subtracting the background fluorescence of the dye (2 μ M, control i.e. no DNA).

To test the ability of our MN patches to sample and isolate nucleic acids in a sequence specific manner, MNs were dipped into solutions (100 μ L) containing various amounts of DNA-210 (0-500 nM) labelled with Alexa 647 dye. After 15 min sampling, the MNs were washed thoroughly with water and dried overnight at room temperature before imaging with a fluorescence scanner (Typhoon FLA9500, GE Healthcare). As shown in Figure 2a, a plot of the mean fluorescence intensity (N=22 individual microneedles from 2 different MN patches) *versus* DNA concentration demonstrates the ability of our patches to detect target concentrations as low as \sim 6 nM, with a linear regime across almost 2 orders of magnitude (6-500 nM). Sequence specificity was then confirmed by demonstrating the statistically significant ability of the MN patch to discriminate between a complementary and a non-complementary DNA target, both labelled with the same fluorophore (Figure 2b).

In order to demonstrate the possibility to release the captured nucleic acid from the microneedle, MN patches pre-incubated with fluorescently-labelled DNA-210 were placed tips-down in water (100 μ L) within a UV crosslinker (UVP) and irradiated with increasing amounts of UV energy (λ_{ex} = 315 nm, 0-4 J/cm²). After shaking for 1 h, the MNs were rinsed, dried and imaged on a fluorescence scanner. A significant loss in fluorescence intensity of the MN was observed post-irradiation that suggested the release of over 70% of the captured DNA after 1 min of irradiation (Figure S8).

Our MN patches were not only designed to sample specific endogenous nucleic acid biomarkers from skin ISF but also to enable their quantitative detection once sampled. Two different mechanisms for sensing were explored that involved either (i) the direct visualization of the isolated biomarker whilst captured on the microneedle patch or (ii) an alternative two-step process involving light-triggered release of the PNA:DNA complex followed by detection in solution

(Figure 2c). For both sensing strategies, the MN patches were initially dipped into solutions (100 μ L) containing various amounts of unlabeled DNA-210 (10-200 nM), then washed thoroughly to remove any unbound DNA and dried. For direct visualization, the MN patches were then incubated in a solution of DNA intercalator (SYBR Safe, 2X concentration, Invitrogen), washed and imaged with a fluorescence scanner (Figure 2d). For indirect visualization, the DNA-loaded MN were then placed tips-down into 100 μ L of water and photo-irradiated for 3 min at 3 J/cm² in a photo-crosslinker (BLX-315, λ_{ex} = 315 nm). A solution of DNA intercalator was then added to detect the PNA:DNA duplex released in solution (Figure 2e). Both strategies proved successful at detecting nM concentrations of nucleic acids sampled with our MN patches, highlighting the versatility of this platform. Whilst simpler and more direct on-chip detection is perfectly suited for applications that require testing at the point-of-care, the possibility of releasing the captured and purified (*i.e.* separated from all other ISF constituents, including other nucleic acid) material offer the option to detect and sequence less abundant biomarkers (through amplification-based methodologies). It is noteworthy however, that both detection approaches are mutually complementary and could even potentially be carried out sequentially.

Having validated the sensitivity and selectivity of the MN sampling *in vitro*, we sought to investigate the sampling of specific nucleic acids from skin ISF directly in human skin, using an ex-vivo model. Human abdominal skin samples were first prepared by incubation with either a complementary (DNA-210) or a non-complementary (DNA-141) oligonucleotide labelled with Alexa-647 dye (500 nM each) and then washed thoroughly with water. MN patches were then pressed onto the skin surface (15 min, 37°C) for sampling and then washed extensively and dried overnight before fluorescence imaging (Figure 3a). Images were analyzed by taking the average fluorescence of individual microneedles on each patch (N = 48 microneedles from three different

MN patches). These results not only demonstrate that our MNs can indeed sample nucleic acids from skin ISF but also that they retain their high sequence specificity, capturing preferentially (15-fold) the DNA fragment complementary to the PNA incorporated into the hydrogel (Figure 3b).

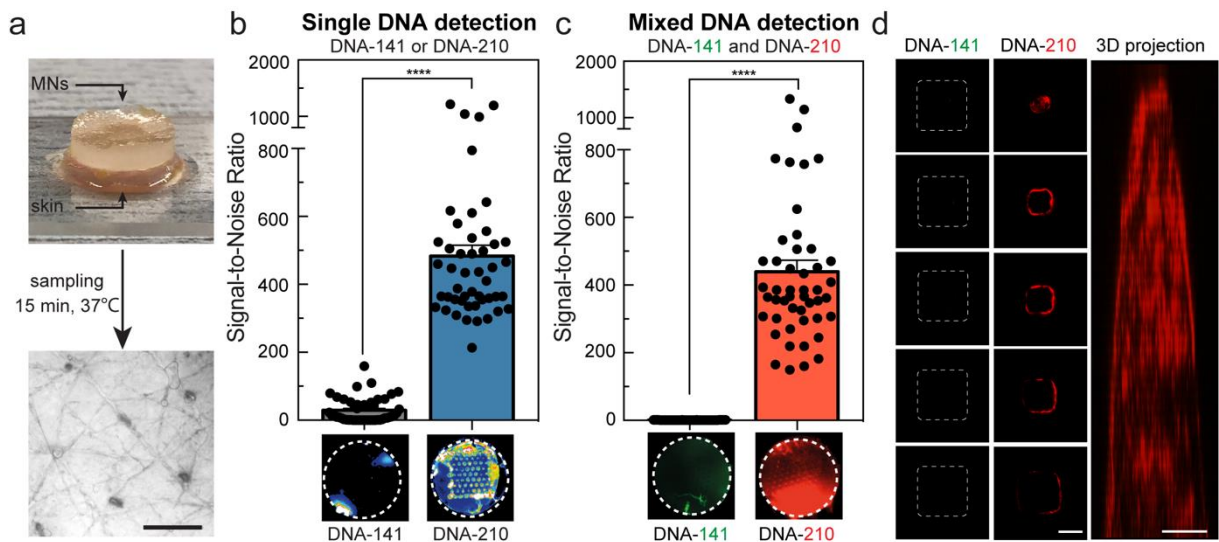


Figure 3. MN Validation with human skin sample. (a) Experimental protocol for applying MNs to human skin biopsies. (Top) MNs were applied to 8mm² human skin biopsies for 15 min at 37°C to sample target and non-complementary DNA. (Bottom) Optical micrograph of human skin showing MNs penetration pattern stained with trypan blue (scale bar = 300µm). SNR is represented as the ratio between average fluorescence intensity of MNs after sampling skin with DNA and without DNA (i.e. control) (N=48 from three MN patches). (b) Bars depict the SNRs after sampling skin incubated with only non-complementary DNA-141 (left, grey) or only complementary DNA-210 (right, blue), both tagged with Alexa-647 dye. (c) Bars depict the SNRs after sampling skin incubated with a mixture of complementary DNA-210 with a Cy5 dye and non-complementary DNA-210 with a Cy2 dye, imaged under Cy2 filter (left, grey) and Cy5 filter (right, red). In (b) and (c) Statistical analysis shows a significant difference between sampling target and

non-complementary DNA (unpaired two-tailed t-test, p-value <0.0001). Representative MN fluorescence scans are displayed below. (d) Representative fluorescent confocal images from the captured DNA bound to the MN are shown in these images. (Left) Non-complementary DNA-141 imaged with 488ex/510em shows little to no fluorescence signal on the MNs. (Middle) Complementary DNA-210 imaged with 647ex/665em shows fluorescence signal bound to the MN. (Right) 3D projection of the fluorescence signal from a single microneedle. (Scale bar = 200 μ m).

To confirm these findings a second experiment was prepared where the skin samples were incubated in a solution containing a mixture of both DNA-210 (red bars) and DNA-141 (green bars) labelled with Alexa-647 and 6-FAM, respectively. After sampling (as described above), MN patches (N = 3 per condition) were imaged successively under two excitation filters (Figure 3c). Whilst no significant difference between the experiments with and without DNA was detectable with the Cy2 filter (for 6-FAM visualization), a very strong signal increase was observed between the DNA-free control and the experiment with DNA, confirming the efficient and sequence-specific capturing of DNA-210 spiked within human skin ISF. Fluorescent confocal imaging of the MNs was also performed to confirm the previous findings and visualize the DNA captured around each MN (Figure 3d). Non-complementary DNA-141 imaged with 488ex/510em showed little to no fluorescence signal on the MNs (Figure 3d, left), while complementary DNA-210 imaged with 647ex/665em showed fluorescence signal bound to the MN (Figure 3d, middle). A 3D projection of the fluorescence signal from a single microneedle is also shown (Figure 3d, right).

CONCLUSION

In summary, we have developed MN patches coated with hybrid alginate-PNA hydrogels that can sample up to 6.5 μL of fluid in 2 minutes. Unlike other sampling technologies reported to date, we demonstrated that attaching PNA oligomers to the hydrogel's fibers also enables the specific sampling, purification and release of the only nucleic acid fragments that are complementary to the PNA sequence. This versatile platform can therefore be easily tuned by simply adapting the PNA sequence to that of any miRNA of interest. Functionalization of the hydrogel with different PNA sequences complementary to different miRNAs is also currently underway in our labs, that will also enable the sampling and sensing of multiple miRNAs simultaneously (known as multiplexed analysis or profiling). Optical sensing of the captured biomarkers is also possible, either directly on-chip or in-solution after an additional light-triggered release step. Using a human skin *ex vivo* model, we also demonstrated that this technology could efficiently capture nucleic acids spiked within skin interstitial fluids with both high efficiency and sequence specificity. With the recent experimental evidence that skin ISF contains the same RNA species (including circulating miRNAs) as blood with comparable natural abundance, minimally-invasive technologies that can not only sample this body fluid but can also interrogate its composition have the potential to transform the field of molecular diagnostics from liquid biopsies.

EXPERIMENTAL METHODS

Solid Phase PNA Synthesis: PNA probe directed against miR-210 was designed to contain an alkyne group (C-terminus) for ease of attachment to the alginate hydrogel fibers as well as a photosensitive group for ease of release by UV irradiation after sampling. The 7-mer PNA oligomer (Figure S2) was synthesized *via* standard Solid Phase Peptide Synthesis (SPPS) exploiting the chemistry of 9-fluoromethoxycarbonyl (Fmoc) protecting groups.

Synthesis of Alginate-PNA conjugates: Alginate was functionalized with azide groups *via* peptide bond formation following a protocol adapted from Breger *et al.* (Figure S3).⁶⁰ Briefly, a 1 wt% solution of alginate was prepared by dissolving 500 mg of alginate (low viscosity alginate from brown algae, ~100,000 g/mol Sigma) in 50 mL of MES buffer (50 mM, pH 4.0). To this solution, the following was added sequentially: 20 mM *N*-ethyl-*N'*-(3-dimethylamino-propyl) carbodiimide hydrochloride (EDC·HCl, Sigma), 140 mM *N*-hydroxysuccinimide (NHS, Sigma), and 1.8 mL of 11-azido-3,6,9-trioxaundecan-1-amine (AA, SelectLab 134179-38-7). The reaction was set at RT overnight with constant stirring. The reaction mixture was next dialyzed (MWCO 12 kDa) against aqueous NaCl for 1 day then against ddH₂O for three days. Finally, the purified product was lyophilized to produce a white product, which was characterized by ¹H-NMR (D₂O, 400 MHz, 363 K).

Alginate-azide was functionalized with PNA-alkyne *via* a copper-catalyzed azide-alkyne cycloaddition reaction (Click chemistry) as adapted from Presolski *et al.*⁵⁷ Briefly, a 1 wt% solution of alginate-azide was prepared in 100 mM phosphate buffer (pH = 7.4). To this solution, PNA-alkyne was added at an amount equivalent to 1 mol% (*i.e.* 8.1 mg PNA-alkyne per 100 mg alginate-azide). Next, copper (II) sulphate (CuSO₄, Sigma) and the ligand Tris[(1-benzyl-1*H*-

1,2,3-triazol-4-yl)methyl]amine (TBTA, Sigma) were mixed together then added to the reaction solution to produce a final concentration of 0.1 mM CuSO₄ and 0.5 mM TBTA. Finally, sodium ascorbate (Sigma) was added to the solution at a final concentration of 5 mM. The reaction vessel was then sealed and left to react at RT overnight. After 24 h, the reaction solution was diluted 5 times, and the reaction was left to proceed for a further 24 h. To chelate and remove copper (II) ions from the solution, 10 mM Ethylenediamine tetraacetic acid (EDTA, Sigma) was added before the entire solution was dialyzed against ddH₂O for three days, lyophilized, and characterized by ¹H-NMR (D₂O, 400 MHz, 363 K).

Preparation of Hydrogel-coated Microneedles: Poly-L-Lactide (PLLA; RESOMER L 207 S, Evonik Industries AG) MNs were prepared as previously reported by us.³⁸ The dimensions of the MN patch can be seen in Figure S1. It is noteworthy that the height of the MN patch, which is 0.55 mm or 550 microns, was designed to allow the needles to penetrate the epidermis layer (100-200 microns) and reach the underlying dermis layer, containing a rich source of IF. The bare MNs were functionalized with an engineered hydrogel coating *via* a three-step coating procedure based on a protocol developed by Mandal *et al.*³⁸ Firstly, 50 μL of a 0.01 wt% solution of positively-charged poly-L-lysine (150,000-300,000 g/mol, Sigma-Aldrich, P4832) was pipetted onto each MN to form an adsorbed layer that will subsequently facilitate electrostatic adhesion of the alginate hydrogel. The solution was removed after 30 min, and the MNs were left to dry under a fume hood at RT for at least 1 h. Secondly, 60 μL of alginate solution, composed of 0.35 mg alginate-PNA and 1.4 mg sucrose (Sigma) in 60 μL ddH₂O, was pipetted onto each MN array. The MNs were then left to dry under a fume hood at RT for at least 3 h. Finally, 50 μL of crosslinking solution,

composed of 20 mM CaCl₂ (Sigma), was pipetted onto each MN, after which the coated arrays were left to dry at RT overnight (>12h).

Sampling Protocol: To visualize the captured DNA after MN sampling, fluorescently-labeled (Alexa-647, unless otherwise indicated) single stranded target DNA-210 (as a proxy for miRNA-210) and non-target DNA-141 (as a proxy for miR-141) were purchased from Invitrogen. For sampling, single MN patches were placed tips-down into individual wells of a clear 48-well microplate (Corning, half-area) filled with 100 μ L of analyte solution. The solution consisted of either water/buffer (control), target DNA-210 or non-target DNA-141 at concentrations indicated for each experiment. After sampling at 37°C for 15 min (unless otherwise indicated), the MNs were removed, washed thoroughly with ddH₂O (10 min, 3 washes) then imaged by a fluorescence scanner (Typhoon FLA 9500, PMT 300V, 25 μ m pixel resolution, λ_{ex} = 635 nm unless otherwise indicated). Images were analyzed by Fiji (Image J) software to quantify fluorescence intensity.

DNA Release Protocol: To release or recover captured NA after sampling, MN patches were placed tips-down into individual wells of a clear 48-well microplate (Corning, half-area) filled with 100 μ L of ddH₂O. Next, the plate was inserted into a UV-crosslinker (BLX-315 crosslinker, 315 nm, Consort) and irradiated with amounts of UV energy as indicated by each experiment to break off the PNA:DNA duplex. After 1h of shaking (250 RPM, RT), the MNs were removed from the wells, rinsed and dried overnight. In the case when DNA was labelled with Alexa-647 dye, the MNs were imaged after release to show loss of fluorescence, equivalent to release of DNA (Typhoon FLA 9500, PMT 300V, 25 μ m pixel resolution, λ_{ex} =635 nm). In the case when DNA

was unlabeled, thiazole orange (TO, 2 μ M) was added to the solution in each well and kept for 30 min before imaging with a plate reader (Omega, λ_{ex} =488 nm, λ_{em} =520 nm, gain=1000).

Preparation of Human Skin Samples: Human abdominal skin with adipose tissue was purchased from Caltag medsystems (Buckingham, U.K.). The sample was washed in Dulbecco's minimal essential medium (DMEM; Gibco Life Technologies) supplemented with 2% Antimycotic-Antibiotic (ABAM; Gibco Life Technologies) for 30 min. Then, it was moved to DMEM supplemented with 1% ABAM for the rest of the procedure. Using sterile surgical scissors, subcutaneous fat was removed in order to obtain only the epidermis with the dermis. A series of 8 mm² area punches were made using a biopsy punch (Stiefel) to create nine skin samples (N=3 replicates per condition) for the following MN sampling experiment.

MN Application to Human Skin: MNs were pressed onto human skin samples by a gentle thumb press. After 15 min at 37°C, MNs were gently removed. To show penetration, skin was stained with trypan blue (0.4% diluted in half by ddH₂O, sterile-filtered, Sigma, T8154). After 10 min, skin samples were rinsed thoroughly then imaged by a wide field microscope under bright field illumination to show a characteristic MN penetration pattern.

MN Sampling from Skin: Just before sampling with MNs, skin samples were removed from the culture media (DMEM with 1% ABAM) then washed thoroughly with ddH₂O (three times). To load the skin with DNA, the samples were gently transferred to 48-well microplates and placed on top of 100 μ L solutions containing either: ddH₂O (control), 500 nM non-target DNA-141, or 500 nM target DNA-210, where both DNA fragments were labelled with Alexa-647 dye (N=3

samples per condition). Skin samples were left to incubate on the solutions overnight in the fridge. On the next day, the samples were carefully removed from the incubation solutions with sterile tweezers, rinsed thoroughly with ddH₂O, then placed in a 48-well microplate. For the MN sampling experiment, single MN patches were gently pressed onto each skin sample by a gentle thumb press, and the MNs were left to sample at 37°C for 15 min. Next, the MNs were gently removed from the skin, rinsed thoroughly (ddH₂O, three times) and left to dry overnight before being imaged with a fluorescence scanner (Typhoon FLA 9500, PMT 400V, 25 μm pixel resolution, λ_{ex} = 635 nm, Cy5 setting). A second experiment was conducted exactly as the first described above but wherein skin samples were left to incubate on a solution containing a mixture of DNA: target DNA-210 tagged with Alexa-647 and non-target DNA-141 tagged with fluorescein, both at 500 nM. The rest of the experiment was prepared as outlined above but the MNs were imaged after sampling at two wavelengths: 635 nm (Cy5 setting) to image the target DNA-210 and 473 nm (Cy2 setting) to image the non-target DNA-141.

It is important to note that when incubating the skin samples in the solutions containing fluorescently-labelled DNA, the samples were floating on the surface with the bottom dermis layer of the skin in contact with the solution. Molecules from the solution could not cross the intact and highly impermeable stratum corneum from the top. Thus, after sampling the skin with MNs, any fluorescence signal detected on the MN originated from molecules which have diffused from solution through the dermis and into the epidermis.

ASSOCIATED CONTENT

Supporting Information.

The following files are available free of charge.

Experimental procedures for the chemical and physical characterization of the PNA and PNA-alginate hydrogels (PDF)

AUTHOR INFORMATION

Corresponding Author

[*s.ladame@imperial.ac.uk](mailto:s.ladame@imperial.ac.uk) [*djirvine@mit.edu](mailto:djirvine@mit.edu)

Author Contributions

These authors contributed equally.

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