# Article

# Cyanotoxin production in seven Ethiopian Rift Valley lakes

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# Abstract

We hypothesized that unusual deaths and illnesses in wild and domestic animals in lake areas of the Rift Valley south of Addis Ababa were caused by toxic cyanobacteria. In the first cyanotoxic analyses conducted in samples from Ethiopia, we found lakes Chamo, Abaya, Awassa, Chitu, Langano, Ziway, and Koka all had concentrations of microcystins (MC) ranging from trace to hazardous, whereas only traces less than limits of detection (LOD) of cylindrospermopsin (CYN) were found. In the December 2006 dry season we sampled the lakes for analyses of MC, CYN, species structures, and calculations of cyanobacteria biomass. We used the Utermöhl technique to analyse cyanobacterial biomass and monitored MC toxins using HPLC-DAD, LC-ESI-MS-MRM, and ELISA-test and CYN with HPLC-DAD and ELISA. The various toxicity tests coincided well. In 4 of the lakes (Chamo, Langano, Ziway, and Koka), the inter-lake range of total MC concentration was 1.3–48 µg L<sup>-1</sup>; in 3 (Abaya, Awassa, and Chitu), we found only traces of MC. *Microcystis aeruginosa* was the dominant species, with *Microcystis panniformis, Anabaena spiroides*, and *Cylindrospermopsis* spp. as subdominants. The MC concentration, especially in Lake Koka, exceeded levels for serious health hazards for humans, cattle, and wildlife.

Key words: CyanoHAB, cylindrospermosin, ELISA, Ethiopian Rift Valley lakes, HPLC, mass spectrometry, microcystins, *Microcystis* 

# Introduction

Cyanobacterial blooms occur in brackish and freshwaters worldwide (Codd et al. 2005a, Carmichael 2008). Although the densest blooms are usually associated with nutrient enrichment, some species also mass-develop in nutrient-poor lakes at higher latitudes (Willén and Willén 1999). In addition to and more serious than aesthetic problems, cyanobacterial blooms of some species produce toxic metabolites. The cytotoxin cylindrospermopsin (CYN) is produced by *Cylindrospermopsis* and some filamentous cyanobacteria, including species of the genera *Anabaena* and *Aphanizomenon* (Banker et al. 1997, Falconer and Humpage 2006, Spoof et al. 2006). Microcystins (MC) are common hepatotoxins produced by genera including *Anabaena*, *Planktothrix*, and *Microcystis* (Chorus and Bartram 1999). In this study we focus on CYN and MC, which have both been associated with a number of critical health hazards (Carmichael et al. 2001, Griffiths and Saker 2003).

Toxic cyanobacterial blooms are reported most frequently from the temperate zone, especially North America and Europe (Carmichael 2008), but reports also come from Australia, South Africa, and Asia (Ueno et al. 1996, van Halderen et al. 1996, Falconer 2001). A very early report counted "many thousands" of intoxicated cattle in Africa, especially South Africa, over several decades (Steyn 1945). The taxon *Microcystis toxica* dominated in the area, and a feeding experiment indicated its toxicity (Stephens 1948). However, the description of this species is superficial and its validity is difficult to confirm.

The few reports from tropical areas are probably due more to limited access to limnological and technical experience than to insufficient toxic bloom formations. Several studies in some lakes in Kenya and Uganda, including toxicity tests of separate taxa, have revealed cvanotoxins, mainly from *Microcystis* aeruginosa, Anabaena spp., and Arthrospira fusiformis (Krienitz et al. 2002, 2003, Ballot et al. 2003, Mwaura et al. 2004, Haande et al. 2007). Arthrospira was first recorded as a producer of microcystins and anatoxins in strains from Lake Sonachi (Ballot et al. 2005). Other toxin-producing strains known in tropical and subtropical regions, such as Microcystis panniformis (Bittencourt-Oliveira et al. 2005) and Cylindrospermopsis raciborskii (Berger et al. 2006, Haande et al. 2008), were not reported as toxic in African lakes, but further investigations are likely to show otherwise. A recent, as vet unpublished, year-round study in the Kenvan part of Lake Victoria, however, reveals that considerable MC concentrations of 90.5 µg L<sup>-1</sup> dominated by *Microcystis* spp. have been recorded at inshore sites in the Nyanza Gulf. At offshore sites concentrations were considerably lower, ranging 0–8  $\mu$ g L<sup>-1</sup> (Sitoki 2010).

In December 2006 we sampled 7 lakes in the Ethiopian Rift Valley (from south to north: Chamo, Abava, Awassa, Chitu, Langano, Ziway, and Koka; Fig. 1) for phytoplankton and cyanotoxin analyses to add to health-related information on their water quality. Few studies have focused on species structure and biomass in these lakes. In lakes Ziway, Awassa, and Chamo, seasonal patterns were investigated (Girma Tilahun 2006, Girma Tilahun and Ahlgren 2010), and especially profound studies were made in L. Awassa, which also included depth distributional patterns of species biomass and diversity (Elizbeth Kebede and Amha Belay 1994). All lakes except L. Chitu were sampled for phytoplankton during a period of short rains in March-May 1991 (Elizabeth Kebede and Willén 1998). In lakes Awassa and Ziway, cyanobacteria dominated all months, while L. Chamo was characterized by a more diverse flora of diatoms, flagellates, and green algae in addition to cyanobacteria.

Local knowledge suggests toxic cyanobacteria as a likely cause of animal and fish mortalities at some of the lakes. At L. Chamo, for example, the deaths of 75 zebras after drinking at the east shore in 1978 coincided with an unusually high fish kill (Amha Belay and Wood 1982). Unfortunately, no analyses of cyanotoxins followed this disastrous case, nor have similar analyses been performed anywhere in Ethiopia (Codd et al. 2005b). Cattle illnesses near L. Koka have been reported several times from the 1980s to as recently as March 2010. Local people have also complained about stomach problems after drinking untreated water from L. Koka and many other lakes.

To ascertain whether these problems could be caused by cyanotoxins we sampled 7 lakes where potentially toxic cyanobacterial species are commonly found. We hypothesized that we would find at least measurable concentrations of MC in L. Koka and of CYN in L. Chamo; however, because we had no support for the analyses, we were limited to using only one sample from each lake. Despite the limited data, our findings may provide valuable justification to support applications from our Ethiopian colleagues for further research in this field.

### Materials and methods

### Study area

The 7 study lakes (from south to north: Chamo, Abaya, Awassa, Chitu, Langano, Ziway, and Koka) vary greatly in altitude, size, physical and chemical characteristics (Fig. 1; Table 1), and history, as described in several papers (e.g., Elizabeth Kebede et al. 1994, Elizabeth Kebede and Willén 1998). All lakes except L. Koka were formed through tectonic or volcano-tectonic processes



**Fig. 1.** Location of the 7 studied lakes in the Ethiopian Rift Valley (shaded) and major cities (filled circles). The dashed line in the map insert indicates the limit of the Rift Valley.

**Table 1.** Morphometric and chemical data of the 7 Ethiopian Rift Valley lakes from Girma Tilahun (2006), Elizabeth Kebede et al. (1994), Elizabeth Kebede and Willén (1998), and Girma Tilahun and Ahlgren (2010). Coordinates from Google Earth.

Parameter	Chamo	Abaya	Awassa	Chitu	Langano	Ziway	Koka
Coordinates N	5°42′– 5°58′	5°58'– 6°34'	6°58′– 7°07′	7°23'– 7°24'	7°30′– 7°42′	7°51′– 8°06′	8°18′– 8°28′
Coordinates E	37°27'– 37°38'	37°36′– 38°03′	38°23'- 38°28'	38°24′– 38°25′	38°40′– 38°49′	38°43′– 38°56′	38°59′– 39°09′
Altitude (m)	1233	1285	1680	1600	1582	1636	1660
Catchment areas (km <sup>2</sup> )	2210	17300	1250		1600	7025	
Surface area (km <sup>2</sup> )	551	1162	88	0.8	241	434	200
Max. depth (m)	20	13	22	21	48	7	
Mean depth (m)	13	7.1	11		17	2.5	
Alkalinity (meq L <sup>-1</sup> )	16.9	9.4	7.7	573	12.5	4.95	2.6
Conductivity ( $K_{25}$ , $\mu$ S cm <sup>-1</sup> )	1910	925	830	49100	1770	410	286
Salinity (g L <sup>-1</sup> )	1.7	0.9	0.8	45	2.4	0.4	0.2
Total N (mg L <sup>-1</sup> )	1.60	0.193*	1.44	—	0.01*	1.32	0.01*
Total P (µg L <sup>-1</sup> )	182	237	34.1	2190	99	68.5	224
Chlorophyll $a$ (µg L <sup>-1</sup> )	30	5.0	19	145	5.9	39	16

\*  $NO_3$ - +  $NO_2$ - +  $NH_4$ -N; —, no data available

associated with the formation of the Great Rift System in Africa. Most lakes have closed basins or are part of closed drainage basins. The Rift Valley is a region of rainfall deficit, with higher rates of evaporation than annual rainfall. Rainy seasons usually occur between March and May (short rains) and from July to September (main rains). In the 2 southernmost lakes, Chamo and Abaya, the main rains usually start in late August. The seasonal rainfalls sometimes cause great fluctuations in size, salinity, alkalinity, and other chemical variables in the individual lakes. December, which was the sampling month in this study, is usually the driest period of the year (Girma Tilahun 2006).

### Sampling procedure

We collected duplicate quantitative samples in the pelagic zone well outside the littoral zone using a van Dorn sampler and integrated samples from the upper metre to perform cyanotoxin (MC and CYN) analyses and to quantify cyanobacterial species. We also collected net samples (10 and 25  $\mu$ m mesh size) to facilitate species identification. We preserved samples for phytoplankton counts with Lugol's solution supplemented with acetic acid and preserved net samples with formaldehyde solution. We kept the remaining quantitative samples cold on glass-fibre filters in the laboratory ( $\leq$ 4 h after sampling) for later filtration for MC and CYN analyses. The volume of filtered samples was 100–200 mL, depending on the plankton density. We kept the filters with the samples in a freezer (–20 °C) until analysis.

### Cyanobacterial toxin analyses

Meriluoto and Codd (2005) and Spoof et al. (2003, 2006) describe the theoretical background and standard operating procedures of practical cyanotoxin analyses. Using ultra-sonication we extracted cyanobacterial material from glass fibre filters (GF/C) in either 75% methanol (for MC) or water (for CYN) and identified and quantified MC and CYN using high-performance liquid chromatography (HPLC), followed by UV absorbance diode-array detection (DAD) or mass spectrometry (MS). For verification, we used enzyme-linked immunosorbent assays, Envirologix Quantiplate Microcystin ELISA Kit (limit of detection [LOD] = 0.15  $\mu$ g L<sup>-1</sup>), and Abraxis Cylindrospermopsin ELISA Kit (LOD = 0.04 L<sup>-1</sup>).

Correlation between log-transformed data of HPLC versus ELISA gave an R-square of 0.991 and p-value of 0.0001 (Tukey-Kramer HSD). Some data in HPLC and ELISA contained zero values; therefore, digit 1 was added to each observation (x + 1) before log-transformation.

# Identification and biomass evaluation of cyanobacteria

The samples preserved in Lugol's were settled in counting chambers and counted in an inverted microscope (Nikon Diaphot 200) using the European standard Utermöhl technique (CEN 2006). The plankton density or the turbidity of the water was usually so high that sedimentation was possible only in 2 mL settling chambers, and the organisms were counted over the whole chamber bottom or parts of it (diagonals). Because many species are small, we used  $40 \times$  objective magnification to assure correct identification, and photomagnified images with calibrated mesh-scale equipment connected to the microscope to measure species sizes.

In addition to the floristic keys in the Süsswasserflora von Mitteleuropa (Komárek and Anagnostidis 1999, 2005), we used the following floristic works to determine the tropical species: Hindák (1975), Komárek and Kling (1991), Watanabe (1995), Komárková-Legnerová and Tavera (1996), Komárková (1998), Komárek and Cronberg (2001), Komárek et al. (2002), Cronberg and Komárek (2004), Komárek (2005), Komárek and Zapomelová (2007), and Nguyen et al. (2007a).

## Results

### Cyanotoxins

We detected and quantified MC by HPLC-DAD in 4 of the lakes: Chamo, Langano, Ziway, and Koka (Table 2). All samples except that from L. Chitu contained MC on the LC-ESI-MS-MS-MRM analyses. Several variants were identified, the main microcystins being MC-RR, MC-YR, and MC-LR. In the ELISA assay MC were detected in all samples, but only in trace amounts in lakes Abaya, Awassa, and Chitu (Table 2).

No CYN was detected by chromatographic methods, but small amounts of CYN were detected by ELISA in all concentrated extracts. In the lake waters, however, all concentrations were below detection levels (LOD =  $0.04 \ \mu g \ L^{-1}$ ). The trace amounts we found might then be false positives, caused by matrix effects in the concentrated samples.

### **Dominant phytoplankton species**

In the Koka reservoir, where the highest total concentration of MC was recorded, *Microcystis aeruginosa* Kütz. dominated, comprising up to 80% of the total cyanobacterial biomass, with *Anabaena spiroides* Komárek as a subdominant (18%) (Table 3).

Lake Chamo was characterized by Cylindrospermopsis raciborskii (Wolosz.) Subba (50%) and A. cf carmichaelii Cronberg and Komárek. A small-celled Microcystis (cell dia 2.5-3.4 µm) attributed to panniformis (Komárek, Komárk.-Legn. Sant'Anna, Azevedo, Senna) due to its flake-like character, was also present in the sample. A first glance of the fresh net sample in the low-magnification stereo-microscope at a nearby laboratory revealed dense colonies of this Microcystis. During the time between sampling and analysis, the colonies fell apart into single cells that made it difficult to attribute species level with certainty, and they may also have decomposed to some degree. Another common cyanophyte in L. Chamo was C. curvispora M. Watanabe (Table 3). Lake Langano contained a dominance of M. aeruginosa (Kütz) Kütz., M. botrys Teiling, and M. flos-aquae (Wittr.) Kirchn. ex

**Table 2.** Compilation of all results of microcystin analyses in 7 Ethiopian lakes. HPLC and ELISA refer to microcystin concentrations. The 2 values in the ELISA results derive from duplicates.

Lakes	Main MC	by HPLC a	nd LC-MS-M	S (µg L <sup>-1</sup> )	Trace amounts	HPLC-DAD	ELISA
	MC-RR	MC-YR	MC-dmLR	MC-LR	<ul> <li>of MCs detected by LC-MS-MS</li> </ul>	total (µg L <sup>-1</sup> )	(µg L <sup>-1</sup> )
Chamo	2.9			1.0	dmRR, dmLR YR, LY, LF	3.9	6.1
Abaya					RR, LR, dmRR LF, YR,	0	trace
Awassa					RR, LR	0	trace
Chitu						0	
Langano	0.2	0.6		0.7	dmLR, dmRR, LA	1.5	1.3
Ziway	0.3	0.4		0.6	dmLR, dmRR	1.3	1.3, 1.3
Koka	2.1	9.7	4.2	28.6	dmRR, LA, LF,	45	48, 54

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Lake/reservoir	Dominating taxa	Total cyano-bacterial biomass ww(mg L <sup>-1</sup> ) Cell number (mL <sup>-1</sup> )	Toxin conc. (µg mg cyano ww <sup>-1</sup> )	Toxin conc. (µg g <sup>-1</sup> dw)
Chamo	Cylindrospermopsis raciborskii, C. curvispora, Anabaena cf. carmichaelii, Microcystis aeruginosa, M. panniformis, M. botrys	1.25 20 000–100 000	3.99	20 000
Abaya	Very turbid water with dominance of picoplankton <2 μm	—	0	
Awassa	Cylindrospermopsis spp., Planktolyngbya tallingii, Raphidiopsis mediterranea, Microcystis. aeruginosa	7.56	0	
Chitu	Arthrospira fusiformis, Anabaenopsis abijatae	*	0	
Langano	Microcystis aeruginosa, M. botrys, M. flos-aquae	0.17 10 000–20 000	8.41	42 000
Ziway	Microcystis aeruginosa	2.09 20 000–100 000	0.62	3100
Koka	Microcystis aeruginosa, M. flos-aquae, M. panniformis, Anabaena spiroides	6.43 > 100 000	7.44	37 000

**Table 3.** Relation between microcystin and total cyanobacterial biomass in 7 Ethiopian lakes, December 2006. Cell-numbers are classified. C/dw = 40-60% and C/ww = 10% (Vollenweider 1960), leading to C/ww/C/dw = dw/ww = 10/50 = 0.2.

\*Sample destroyed due to inefficient preservation. Species determinations made from formaldehyde preserved netsamples.

Forti, while the cyanobacterial-community in L. Ziway was represented almost solely by *M. aeruginosa*. Lake Awassa, where no measurable amounts of cyanotoxins were recorded, had the most diverse cyano-flora of the investigated lakes, characterized by several species of the genera *Cylindrospermopsis*, *Raphidiopsis*, *Planktolyngbya*, *Microcystis*, and *Chroococcus*. The other 2 lakes had no signs of cyanotoxins: L. Abaya had such silty water that detecting any algal species was impossible, and L. Chitu, a saline flamingo lake, was totally dominated by *Arthrospira fusiformis* (Voronichin) Komárek and Lund and *Anabaenopsis abijatae* Kebede and Willén.

# Discussion

The different analyses of MC by HPLC and ELISA coincided well (Table 2); the results can therefore be considered accurate and highly reliable. The highest concentration of total MC,  $45-51 \mu g L^{-1}$ , was detected in L. Koka. This level is much higher than that reported from other lakes in Africa, where most have concentrations

 $<3 \mu g L^{-1}$  (Table 4). One exception may be in the Nyanza Gulf of Lake Victoria, mentioned earlier (data not yet published). The only tropical waters shown in published work to have concentration levels as high as L. Koka are 2 water bodies in Vietnam (Nguyen et al. 2007b).

In lakes Chamo, Langano, and Ziway the microcystin concentrations varied between 1 and 6 µg L<sup>-1</sup>, which are close to concentrations in some other tropical lakes and reservoirs in Kenya (Table 4). Three other lakes, Abaya, Awassa, and Chitu, had concentrations below the detection limit. Toxin content in dried cyanobacterial mass (dw) reached extremely high values in 2 of the lakes, between 20 000 and 42 000  $\mu g g^{-1}$  dw (Table 3), while one lake (Ziway) had levels similar to those of some other tropical lakes (Table 4). Considering the difficulty of estimating the volume of cyanophytes in the present work, particularly with many filamentous species and Microcystis morphotypes, and the conventional use of the factor 0.2 (Vollenweider 1969; Table 3) for calculation of dry weight from wet weight values, the reported estimates of the toxin content (Table 3) should be treated with caution.

Lake and year	Dominant cyano-phytes	Analytical methods	Cyano-toxins	Toxin content (μg g <sup>-1</sup> dw)	Toxin conc. extra-cellular (µg L <sup>-1</sup> )	Toxin conc. intra-cellular (μg L <sup>-1</sup> )	References
L. Baringo Kenya 2001–2002 (n = 4)	Microcystis aeruginosa	HPLC-PDA, MALDI-TOF MS	Microcystins (LR,RR,YR)	310–19 800		0.08-3.3	Ballot et al. (2003)
L. Bogoria Kenya 2001–2003 (n = 9)	Arthrospira fusiformis (>97%)	HPLC-PDA, MALDI-TOF-MS ELISA	Microcystins (LR, RR, YR, LF, LA)	16–155 9–1164	$\overline{\vee}$		Ballot et al. (2004); Krienitz et al. (2005)
L. Nakuru Kenya 2001-2002 (n = 11)	Arthrospira fustformis, Anabaenopsis abijatae, A. arnoldii	HPLC-PDA, MALDI-TOF-MS ELISA	Microcystin (LR, RR, YR, LF, LA)	130–4593 149–4593	$\overline{\vee}$		Ballot et al. (2004); Krienitz et al. (2005)
L. Sonachi Kenya 2001–2002 (n = 5)	Arthrospira fusiformis	HPLC-PDA, MALDI-TOF-MS	Microcystin (RR)	1.6–12.0	$\overline{\lor}$		Ballot et al. (2005)
L. Simbi Kenya 2001–2002 (n = 2)	Arthrospira fustformis Anabaenopsis abijatae	HPLC-PDA, MALDI-TOF-MS	Microcystin (LR, RR, LA, YR)	19.7–39.0	$\overline{\nabla}$		Ballot et al. (2005)
L. Victoria Nyanza Gulf Kenya 2001 (n = 8)	Anabaena flos-aquae, A. discoidea, Microcystis aeruginosa	HPLC-PDA, MALDI-TOF-MS	Microcystins (RR, LR, LA, LF)	39 41	<1.0		Krienitz et al. (2002)
Hot springs at L. Bogoria 2001–2003 (n = 18)	Phormidium terebiformis, Spirulina subsalsa	HPLC-PDA MALDI-TOF-MS	Microcystins	220–845 0–836			Krienitz et al. (2003); Krienitz et al. (2005)
Oxidation ponds <sup>1)</sup> Kenya 2001–2006 (n = 8)	Coccoid greens, Arthrospira fusiformi, Microcystis sp.	HPLC-PDA MALDI-TOF-MS	Microcystins (LR, RR)	0–280 (50000)	l	0-1.7	Kotut et al. (2010)

4. Continu	nd year	Dominont	Andution	Cuano tavino	Tovin contant	Tovin cono	Tovin cono	Dafaranoac
аке ал	na year	Dominant cyano-phytes	Analytical methods	Cyano-toxins	loxin content (μg g <sup>-1</sup> dw)	10XIN conc. extra-cellular (μg L <sup>-1</sup> )	10XIN conc. intra-cellular (μg L <sup>-1</sup> )	Kelerences
Chiv imbab $003-2(0)$	/ero <sup>2)</sup> owe .004	Microcystis aeruginosa, M. wesenbergii, M. novacekii,	ELISA	Microcystins			0.1–1.6	Mhlanga et al. (2006)
leadwa sservoi cenya $000-2^{1}$ 1 = 9	ater irs <sup>3)</sup> 001	Anabaena circinalis, A. crassa, Microcystis aeruginosa, M. flos-aquae, M. viridis	ELISA	Microcystin	I		0–2.85	Mwaura et al. (2004)
)ther tr	ropical	areas:						
Phew Jepal $997-2^{1}$ n = 8	vaTal 000	Aphanizomenon sp., Microcystis sp., Anabaena sp.	ELISA	Microcystins (LR, RR, YR)	3–277			Jones and Jones (2002); Guring et al. (2006)
, Begni lepal 997-2( n = 8)	as Tal 000	Aphanizomenon sp., Microcystis sp., Anabaena sp.	ELISA	Microcystins	262-3300		I	Jones and Jones (2002)
'arious odies <sup>4)</sup> 7ietnan 004 (n	s water n $n \approx 60$	Microcystis spp. Arthrospira massartii, Planktothrix zahidii	ELISA	Microcystins			0 – 76	Nguyen et al. (2007b)
arra B eservc trazil 002 (n	Sonita oir $\iota = 1$ )	Microcystis aeruginosa	ELISA	Microcystins	311 46.0–80.2			Sotero-Santos et al. (2006); Okumura et al. (2007)
oitinga eservc itazil 002 (n	a oir 1 = 1)	Microcystis spp.	ELISA	Microcystins	32.6–35.8 265		l	Okumura et al. (2007)

1	Lake and year	Dominant cyano-phytes	Analytical methods	Cyano-toxins	Toxin content (µg g <sup>-1</sup> dw)	Toxin conc. extra-cellular (μg L <sup>-1</sup> )	Toxin conc. intra-cellular (μg L <sup>-1</sup> )	References
I	Monjolinho reservoir Brazil 2004 (n = 3)	Anabaena circinalis, A. spiroides	ELISA	Microcystins	138-223		28-45	Sotero-Santos et al. (2008)
	Utinga Reservoir <sup>2)</sup> Brazil 1999 (n = 8)	Aphanizomenon, Microcystis viridis; Nostoc sp.; Planktothix sp.; Radiocystis fernandoi	ELISA	Microcystins	2470-4220	I	0-1.25	Vieira et al. (2005)
- <u>6</u> <u>6</u> <u>7</u>	Oxidation pond Source of drink Muruaki, Kahur Huong river. (0) 1.3) (i.e., 2 high	s used by wildlife. ing water for the cit u, Murungari ), Hoamy Reservoir values. 76 and 48 u	ies Harare (Zimbabw (0), small water bodi g L <sup>-1</sup> , the rest <20 ид	e) and Belém-PA (l es such as L. Mung g L <sup>-1</sup> .	Brazil) g (0.05), Nhuy rive	sr (3–19), Dapda	site (1–76), Xu	ano pond (48) and Anlu

Kotut et al. (2010) also presented high toxic content (551 000  $\mu$ g g<sup>-1</sup> dw) of cvanobacterial biomass in an oxidation pond of a Nakuru town sewage treatment plant. However, at that sampling occasion chlorophytes predominated and cyanophytes were very rare (0.002  $\mu$ g L<sup>-1</sup>), causing an unlikely high ratio between toxin concentration and biomass. We believe measures of algal toxins are more usefully expressed as concentrations ( $\mu g L^{-1}$ ) than as calculated content per dry weight. Concentrations facilitate comparisons between lakes. Errors caused by routine recalculations are less likely, and people and animals are usually exposed to the wet form, with the obvious exception of phytoplankton harvested and dried for consumption. Toxins are expressed as concentrations in 7 of the 17 papers cited in Table 4.

Several prerequisites have to be fulfilled for cyanotoxin concentrations to reach harmful levels. Aside from adequate light, temperature, and nutrient conditions, the species involved must have the genetic basis for toxin production. Microcvstis aeruginosa, which was a prevalent cyanophyte in almost all the lakes with confirmed toxin contents in Ethiopia, is a well-known and widespread producer of MC (Wilson et al. 2005). From water bodies in Kenva and Uganda, however, a test of 24 different M. aeruginosa strains revealed just 4 produced MC (Haande et al. 2007). Other Microcystis species with genes for microcystin production are *M. botrvs*, *M. ichtvoblabe*, M. panniformis, and M. viridis (Via-Ordorika et al. 2004, Bittencourt-Oliveira et al. 2005). The genus Cylindrospermopsis, which was present especially in lakes Awassa and Chamo, contains toxin-producing strains in the species C. raciborskii (Schembri et al. 2001). However, the ELISA test revealed CYN in only trace amounts; therefore, when C. raciborskii is present, possible toxicity must be checked during other times of the year. An example of intraannual variation in a Zimbabwian lake was given by Mhlanga et al. (2006), who showed that only 1 of 13 tested months reached measurable toxin concentrations (1.6  $\mu$ g L<sup>-1</sup>), while all other months had values  $<0.5 \ \mu g \ L^{-1}$ .

The alkaline, saline L. Chitu, however, had a plankton flora that was not revealed as toxin-producing in this study. One of the dominants, Arthrospira fusiformis, is used in many countries as a nutrient-rich diet supplement under the name of Spirulina; however, this species has been recorded as toxin-producing in 2 cases in African lakes, which is certainly a matter of concern (Krienitz et al. 2005, Lugomela et al. 2006).

It is extremely important to repeat toxin tests during different times of the year and to record the dominant species connected to toxin production. Note that different genotypes with different toxin-producing abilities may coexist in the same lake. A deeper knowledge of species biomasses in relation to toxin levels may be enough to follow the development and warn people close to the lake when a potentially harmful bloom appears. Many countries have developed guidelines and regulations, especially concerning concentrations of MC-LR or LR concentration equivalents, and in most cases follow the WHO provisional value of 1  $\mu$ g L<sup>-1</sup> for drinking water quality.

Some countries have also made recommendations for CYN where the variations are larger, ranging from 1 to 15  $\mu$ g L<sup>-1</sup>. Australia has developed trigger values for drinking water of livestock with recommendations to keep an MC-LR toxicity equivalent of  $\leq 2.3 \mu$ g L<sup>-1</sup> (WHO 2003). To rate health risks in recreational uses of water, WHO uses a combination of number of cyanobacterial cells and MC concentration:

- Low risk: ≤20000 cyanobacterial cells/mL<sup>-1</sup> and approximate MC-LR-levels of 2–10 μg/L<sup>-1</sup>.
- Moderate risk: 20000–100000 cells/mL<sup>-1</sup> and approximately 20 µg/L<sup>-1</sup> of MC-LR. The health risk increases for people with specific health conditions, for example chronic hepatitis B.
- High risk: scum formations of cyanobacteria with >100 000 cells/mL<sup>-1</sup>. The MC concentration in this category may vary considerably and may also reach mg levels. Such high concentrations cause liver injury in children and are hazardousness for all ages.

The cell count of  $>100\,000 \text{ mL}^{-1}$  in L. Koka represents a high level of risk, especially considering that the sample was taken from outside the littoral scum formation, from the water most people and cattle were using. People using this water for their own or their cattle's consumption definitely need adequate and timely information about health risks.

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