

**INTROVERT PERSONALITY OF TEENAGER IN *FANGIRL*  
NOVEL BY RAINBOW ROWELL (2013): A PSYCHOLOGICAL  
PERSPECTIVE**



**Submitted as a Partial Fulfillment of the Requirements for Getting Bachelor Degree  
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## **INTROVERT PERSONALITY OF TEENAGER IN *FANGIRL* NOVEL BY RAINBOW ROWELL (2013): A PSYCHOLOGICAL PERSPECTIVE**

### **Abstrak**

Skripsi ini berjudul “Kepribadian introvert pada remaja” dalam novel *Fagirl* oleh Rainbow Rowell. Penelitian ini fokus pada kepribadian Cath Avery. Peneliti juga meneliti faktor yang mempengaruhi kepribadian Cath. Tujuan penelitian ini adalah (1) menjelaskan bagaimana karakter Cath dilihat dari teori Jung, (2) menjelaskan bagaimana introvert tercermin dalam kepribadian Cath dan (3) menjelaskan bagaimana Cath mengatasi kepribadian introvert pada dirinya. Metode yang digunakan dalam penelitian ini adalah deskripsi kualitatif. Data dikumpulkan dan selanjutnya dianalisis berdasarkan teori yang diambil peneliti sebagai acuan. Dalam menganalisis data peneliti menggunakan teori psikologi. Hasil penelitian ini menunjukkan bahwa kepribadian introvert terdapat dalam diri Cath. Cath tidak suka berinteraksi dengan orang disekitarnya. Dia selalu menyendiri dikamarnya dengan menulis tentang Simon Snow di fanfic.net. Kepribadian introvert pada dirinya juga terdapat faktor akibat perceraian orang tuanya. Kepribadian introvert pada Cath dijelaskan dengan teori Jung dan sesuai dengan teorinya.

**Kata kunci:** kepribadian introvert, teori psikologi, novel fangirl

### **Abstract**

This research is titled "Introverted personality in teenager" in *Fagirl's* novel by Rainbow Rowell. This research focuses on Cath Avery's personality. The researchers also examined factors that influenced Cath's personality. (1) Cath's character viewed from Jung's theory, (2) to explain how the introvert are reflected in Cath's personality and (3) explain how Cath overcomes her introvert personality. Qualitative description. Then analyzed based on the theory taken by the researcher as a reference. In analyzing the data researcher used psychological theory. The results of this study indicate that the introverted personality is in Cath. Cath doesn't like interacting with people around her. She was always alone in her room by writing about Simon Snow on fanfic.net. Her introvert personality also had a factor due to her parents' divorce. The introvert personality of Cath is explained by the Jung theory and in accordance with his theory.

**Keywords:** introverted personality, psychological theory, fangirl novel

## **1. INTRODUCTION**

According to Rees (1973) there are two definitions of literature (literature); literature in a broad sense (literature in the broad sense) and literature in a special or narrow sense (literature in the narrow sense). Literature in the broadest sense is all forms of writing such as schedules, catalogs, textbooks, travel brochures, etc. The manual for using electronic devices is also a form of literature in general.

Literature in the narrow sense is all writing that expresses ideas, emotions, feelings, and behaviors in life.

The researcher analyze introvert personalities characters of the main character Cath Avery in *Fangirl* Novel by Rainbow Rowell. The problem statements of this research are (1) What is Cath character viewed from Carl Gustav Jung's theory, (2) How is introvert reflected in Cath personality and (3) How does overcome her introvert personality described by using psychological theory. The researcher chooses this issues because Cath Avery's character is the most dominant character in the novel *Fangirl* and very interesting to be analyzed. The researcher using the psychological theory by Carl Gustav Jung.

In this novel Rainbow Rowell was trying to tells how she sees the real world in a teen fiction story. Rowells was trying to introduce the reader into the "characteristic of Cath" and her introvert personality. Rainbow Rowells explain about Cath character with introvert personality, in the first chapter of this novel, Cath's character is described as.

In this research the writer focuses on the Cath's character, Cath's character is described in introvert personality. The writer also sees the influencing factors of Cath's Introvert personality. This character introvert can be seen from the dialogues in the Novel. The writer tends to analyse of introvert personality that is experienced by the main character Cath on *Fangirl* Novel by Rainbow Rowells, it can be benefit for reader in understanding introvert personality by compared with psychological theory. Besides, this novel is interesting to be analysed, because the genre of this novel is fantasy.

Considering the explanation above, the writer limits the scope of this research in analyzing introvert personality of the Novel.

## **2. METHOD**

This reserch is a literature research which uses Rainbow Rowell's literary work as an object of the study. The type of study is descriptive qualitative. The primary data source comes from the novel itself and second data sources are taken from articles, journal, dictionary and the others sources that related to the issue.

Technique of data analysis is document analysis. The researcher is explained this research by using psychological perspective theory.

### **3. FINDINGS AND DISCUSSION**

This chapter will discuss about Cath's character viewed from Jung's theory, Introvert reflected in Cath's personality and Cath's way of overcoming her introvert personality.

#### **3.1 Findings**

##### **3.1.1 Cath's character viewed from Jung's Theory**

According to Jung's theory personality structure is divided into three part:

a. **Consciousness and Ego**

A form of mental activity which in theory doesn't change in different environments. Consist of perceptions, memories, though and conscious feelings of humans.

*"Get your shoes," Reagan said. "I'm showing you where the dining hall is".*

*"No". Cath could already feel the anxiety starting to tear her stomach into nervous little pieces. "It's not just that.... I don't like new pieces. New situations. There'll be all those people and I won't know where to sit--- I don't want to go". (Rowell, 2013:39)*

This situations above shows how introvert in Cath's characteristics. This proves that the nature of the introvert is so attached to him that she doesn't want to be in a place where there are many people.

b. **Personal Unconscious and Complexes**

Actually people who have introverted personalities can socialize with others because basically people who have an introverted personality also want to have a normal life by balancing other people around him who are not people who have introverted personalities. To carry out simple socialization with the environment there will definitely be inner conflict. And people who have introverted personalities will make their own perceptions if they do socialization about other people will accept themselves or not.

*“But it doesn’t matter. Nothing you just said matters, Cath. And most of it isn’t even true. We have lots of stu in common. We talk all the time---we used to. And it just made me want to talk to you more. That’s a really good sign.”*

*“What do we have in comon?”*

*“We like each other”, he said. “What more is there? Also, compared to the rest of the world, we have everything in common. If aliens came down to earth, they probably wouldn’t even be able to tell us apart”. (Rowell, 2013:279-280)*

This situations above it was explained that Cath actually can’t socialize because she is more cool with his own world than socializing with others people. But when Cath find a person who is comfortable and cool to talk she will be able to socialize with others people.

c. Collective Unconscious

Collective unconscious is hereditary. Collective unconscious is the race foundation inherited in the overall structure of personality. For example the nature of caring and affection for families.

*How many days? she wondered. And was he eating? Was he going to the bathroom? Had he shoved his desk up against the door? Had he thrown a stack of ideas out the seventhfloor window? Had he stood in the hallway and shouted, You’re all limp-dicked sellouts! Every one of you! And especially you, Kelly, you fucking brainless hack! Did they have to carry him out? Was it during the day? Did everyone watch? (Rowell, 2013: 213)*

*“Here is my terms: You can go back to school. “Wren and Cath both exhaled. “But you don’t drink. At all. Not in moderation, not with your boyfriend, not at parties---never. You see a counselor every week, starting this week, and you start attending AA meetings”.*

*“Dad”, Wren said. “I’m not an alcoholic”.*

*“Good. It’s not contagious. You’re going to meetings”.*

*“I’ll go with you,” Cath offered.*

*“I’m not done,” their dad said.*

*“What more do you want?” Wren whined. “Blood test?”*

*“You come home every weekend.”*

*“Dad.”*

*“Or you can just move home. It’s your choice, really.”*

*“I have a life,” Wren said. “In Lincoln.”*



*“Don’t talk to me about your life, kid. You’ve shown complete disregard for your life.”*

*Wren’s hands were tight fists, lumps of coal, in her lap. Cath kicked her ankle. Wren’s head dropped. “Fine,” she said. “Fine.”*

*“Good,” their dad said, then took a deep breath and held on to it for a second. “I’ll drive you back later, if you think you’re ready.” (Rowell, 2013:359-360)*

From this conversation above shows that dad cares deeply about his children. Dad gives direction and prohibits things that his child may not do for the future of his child. In the situation above it is explained that dad is very affectionate and cares for Wren and Cath.

The contents of the collective unconscious are called archetypes. Archetypes consist of four parts:

Persona like a mask that creates a certain impression on others and often though not often to hide its true nature.

*Hey, guys, she typed. Sorry about yesterday. First day of school, family stuff, etc. Today might not happen either. But i promise you I’ll be back in black on Tuesday, and that I have something especially wicked planned. Peace out, Magicath.(Rowell, 2013:15)*

She used to read and respond to every comment on her stories--- comments were like gold stars. Cath had an audience now, a following. All these people she didn’t know, because she is a fanfixxs writer. Anima is a feminine nature of a man. Animus is a masculine nature of woman.

*“Oh, Tuhan.” She heard their dad say. “Oh, Wren. Baby.” Cath opened her eyes, and her dad was leaning over them both, kissing both of their foreheads. Cath sat up carefully.*

This is the feminine side of their father. Their father is very romantic and loves Cath and Wren. Father is a single parent now because their mom left them. So that their father took care of them all the time.

*“Look. . . I shouldn’t be here. It was a flike that they called me. You’re here now, your dad’s on his way--- “*

*“You don’t just leave somebody alone in the hospital,” Cath said. It came out a flame.*

This is the masculine side of Cath. She wants to protect her twins. She wanted her mother to stay in the hospital to treat Wren. Because her mother had left them for years and didn’t take care of them. Actions and behavior that deserve to be criticized by society in life.

*“So? Do you have an eating disorder?”*

*“No”.*

*“Then why don’t you eat real food?”*

*“I do.”*

*“Just. Not here.”*

*“Are you one of those freaky eaters?”*

*“No. I--- “---I don’t know where the dining hall is.”*

*“You’ve been living here more than a month.”*

*“I know.”*

*“And you haven’t found the dining hall?”*

*“I haven’t actually looked.”*

*“Why haven’t you asked someone? You could have asked me.”*

*Cath rolled her eyes and looked at Reagan. “Do you really want me asking you stupid questions?”*

*“If they’re about food, water, air, or shelter---yes. Jesus, Cath, i’m your roommate.”*

*“Okay,” Cath said, turning back to her book, “so noted.”*

*“So, do you want me to show you where the dining hall is?”*

*“No, that’s okay.”*

*“You can’t keep living off diet bars. You’re running out.”*

*“I’m not running out. . .” (Rowell, 2013:38)*

This situation above shows that Cath has a strange nature. She didn’t want to eat where there were so many people that she chose to eat in the room.

*Cath wasn’t trying to make new friends here.*

*In some cases, she was actively trying not to make friends, though she usually stopped short of being rude. (Uptight, tense, and mildly misanthropic? Yes. Rude? No.)*

*But everyone around Cath---everybody in her classes and in the dorms---really was trying to make friends, and sometimes she’d have to be rude not to go along with it.*

From the statement above explain that Cath has an introvert personality.

### 3.1.2 Introvert reflected in Cath's personality

“They have a smaller circle of friends, enjoy spending time alone, and may feel some unease in social interactions. They rejuvenate with alone time, rather than by hanging out with their buddies.”

The general attitudes on Cath Avery's personality, will be clarified below:

Reagan who saw Cath's 'pathetic aura' as a loner, declared herself as Cath's friend after she saw Cath's weird logic about how she was comfortable enough even though she did not have any friends. Reagan found Cath ridiculous because she starved herself when Cath did not ask her where the dining hall was. Cath's introvert personality made Reagan thought that Cath should not be afraid of people and started to socialize with actual people.

*“You are. You don't have any friends, your sister dumped you, you're a freaky eater ... And you've got some weird thing about Simon Snow.” ... “I have lots of friends,” “I never see them.” “I just got here. Most of my friends went to other schools. Or they're online.” “Internet friends don't count.” ... “I feel sorry for you, and I'm going to be your friend.”*

Another sign of introvert personality type in Cath was that she did not associate with other college students, especially when they were having a party. She refused Levi's invitation to his party at his house.

*“Hello?” “Hey. It's Levi.” “Hi?” “There's a party at my house tonight.” “There's always a party at your house.” “So you'll come? Reagan's coming.” “What would I do at your party, Levi?” ... “No. Not exactly. Not like that.” “Have fun at your party, Levi.”*

She felt defensive about his invitation because the idea of 'partying' concerned her.

### 3.1.3 Cath's Way of Overcoming Her Introvert Personality

Cath could not find the solution for her introvert personality alone.

Usually Reagan and Levi helped her to solve her 'social' problems.

*“Why haven't you asked someone? You could have asked me.” Cath rolled her eyes and looked at Reagan. “Do you really want me asking you stupid questions?” “If they're*

*about food, water, air, or shelter—yes. Jesus, Cath, I'm your roommate.” (Rowell, 2013: 38)*

The quotation above showed how Cath did not dare to ask Reagan because she was too anxious about Reagan's thoughts about her. Therefore, Reagan had to openly say to Cath that she did not mind if Cath asked her help about something, especially if it was about food. Reagan even emphasized her words towards Cath that asking her is not stupid.

Cath's ego to solve everything by herself often became the problem of her social life, too. Although she knew that sometimes she got a hard time because of that, she was still being stubborn about it.

### **3.2 Discussion**

There are several factors that affect her having an introverted personality such as she who has been abandoned by her mother since childhood, the problem of his parents' divorce which caused her father to be mentally shaken, she is cool with his fanfare world and she prefers to sit in her room by writing about Simon snownya than in the outside world. The situation above very affects Cath's psychologically.

The thing which makes this research different from another similar works is result of the research. Generally, uses of theory psychological with Carl Gustav Jung. Theory Psychological by Carl Gustav Jung in this research explain about what is Cath's character viewed from psychological theory, how is introvert reflected in Cath personality and how does Cath overcome her introvert personality.

The Jung's Theory as a psychological theory has several reason. First, Jung's Theory has a detail about any factors to develop psychological personality. It can be seen in the chapter 2, Jung's Theory had complex theory about psychological personality. It is automatically influenced this research about detail introvert personality of Cath Avery.

From this point, can be seen that theory is match about all text or all conversation in Novel Fangirl. Another reasing causing Carl's Theory is simple to

showing us about introvert personality. So that is why writer trying of the terms in order to explain what introvert personality of Cath Avery.

#### **4. CONCLUSION**

After analyzing the personality character's of Cath Avery in *Fangirl* Novel by Rainbow Rowell using Psychological theory by Carl Gustav Jung, the researcher comes to conclusion about this research. The researcher applies Jung's theory about psychological personality which is compared with situation and conversation text in *Fangirl* by Rainbow Rowell. From this analysis there were several points that could be concluded as the conclusions of this study.

Cath is a teenager who has an introvert personality. She is more cool with her own world and doesn't like to interact with people around her. She spent more time in her room writing fanic stories. She doesn't like being outside there are many people because she feels very crowded and doesn't like noise. In fact she did not like to eat in the cafeteria because it was so crowded that she preferred to eat in her room. She also experienced pressure in herself because her parents divorced and resulted in her father experiencing depression. However, the main character's personality is described by Jung's Theory and it coresponds with the theory.

For the next researchers, they can analyze the child victim of broken home by using Behaviorism Theory. This research can be used as the material to develop literary theory and literary analysis discourse, and can be used for the students as a reference to analyze novels especially using psychological theory.

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