# The effect of orientation of retinal configuration upon accommodation and convergence 

Ken R. Brost<br>Pacific University<br>Ray G. Mans<br>Pacific University<br>Jack B. Shepherd<br>Pacific University

## Recommended Citation

Brost, Ken R.; Mans, Ray G.; and Shepherd, Jack B., "The effect of orientation of retinal configuration upon accommodation and convergence" (1972). College of Optometry. 341.
https://commons.pacificu.edu/opt/341

This Thesis is brought to you for free and open access by the Theses, Dissertations and Capstone Projects at CommonKnowledge. It has been accepted for inclusion in College of Optometry by an authorized administrator of CommonKnowledge. For more information, please contact CommonKnowledge@pacificu.edu.

# The effect of orientation of retinal configuration upon accommodation and convergence 

## Abstract

The effect of orientation of retinal configuration upon accommodation and convergence
Degree Type
Thesis
Degree Name
Master of Science in Vision Science
Committee Chair
C.B. Pratt

Subject Categories
Optometry

## Copyright and terms of use

If you have downloaded this document directly from the web or from CommonKnowledge, see the "Rights" section on the previous page for the terms of use.

If you have received this document through an interlibrary loan/document delivery service, the following terms of use apply:

Copyright in this work is held by the author(s). You may download or print any portion of this document for personal use only, or for any use that is allowed by fair use (Title 17, §107 U.S.C.).
Except for personal or fair use, you or your borrowing library may not reproduce, remix, republish, post, transmit, or distribute this document, or any portion thereof, without the permission of the copyright owner. [Note: If this document is licensed under a Creative Commons license (see "Rights" on the previous page) which allows broader usage rights, your use is governed by the terms of that license.]

Inquiries regarding further use of these materials should be addressed to: CommonKnowledge Rights, Pacific University Library, 2043 College Way, Forest Grove, OR 97116, (503) 352-7209.
Email inquiries may be directed to:.copyright@pacificu.edu

# THE EFFECT OF ORIENTATION OF RETINAL CONFIGURATION UPON ACCOMMODATION AND CONVERGENCE 

PRE-DOCTORAL THESIS
PRESENTED TO
THE FACULIY OF THE COLLEGE OF OPTOMETRY
PACIFIC UNIVERSITY
BY
KEN R. BROST
RAY G. MANS
JACK B. SHEPHERD
IN PARTIAL FULFILLMENT
OF THE REQUIREMENTS FOR THE DEGREE
DOCTOR OF OPTOMETRY
MAY, 1972

## ADVISOR:

DR. C.B. PRATT

## ACRNOWLEDGEMENTS

We would like to thank Dr. Carol Pratt for his assistance and guidance on this project.

When the image of an object point falling on the retina is not conjugate to the object point, a blur circle is formed and an accommodative response is initiated. The larger the blur circle formed the greater the response. As we know, the use of the pinhole influences the size of the blur circle because most all but the paraxial rays are prevented from entering the eye. The result is that the accommodative response is greatly reduced.

Further to the fact that the accommodative response can be influenced by restricting the area of illumination entering the eye it is hypothesized that accomodation can also be influenced by employing certain targets that bear specific orientation to certain restricted areas of illumination.

To clarify this postulation let us consider the foregoing in more detail. Suppose that instead of restricting the area of illumination by a pinhole we employ a slit which we can think of as an elongated pinhole. Under this condition the non-paraxial rays from target detail whose negative vergence is at right angles to the slit direction (after passing through a non-conjugating lens) will be restricted from entering the eye by the edges of the slit. In this case there would be less blur of the retinal image resulting in minimum accommodative response. The nonparaxial rays from target detail whose negative vergence is in the direction of the slit will not be restricted from entering the eye by the edges of the slit. This would result in no reduction of blur of the retinal image and the accomodative response would occur.

For a practical example, suppose that through a horizontal slit we view a block target composed of thin black parallel lines separated by a white space of approximately the same dimension as the width of one of the black parallel lines. Suppose the target is positioned with the lines vertical. The negative vergence from the vertical detail is primarily in the horizontal direction and as previously explained the non-paraxial rays are not restricted from entering the eyes by the slit. The result would be an accommodative response. On the other hand if the target was positioned with the lines horimontal the negative vergence is pirmarily in the vertical direction. Under this situation, as previously explained, the slit will restrict the paraxial rays from entering the eye and the result will be minimal accomodative response.

To test this hypothesis, 30 subjects were each examined under four different conditions. Each subject was presented with the following: (1) a horizontal lined target; (2) a vertical lined target; (3) the horizontal lined target viewed through a horizontal slit; and (4) the vertical lined target viewed through the same horizontal slit. Under each condition accommodative responses were noted using several lens powers. It is hypothesized that under the condition of viewing the horizontal lined target through a horizontal slit, the accommodative response (and the convergence response) will be significantly less than under the other three conditions.

The testing apparatus consisted of two monocularly presented targets separated by a black septum. One of the targets was black lines on a white background with an angular subtense equal to a 20/120 Snellen designation. These lines could be presented either horizontally or vertically, before the right eye. The other target consisted of the lower half of a standard $45-135^{\circ}$ cross-cylinder near-point card, presented to the left eye. There was a horizontal separation of 41 mm and vertical separation of 23 mm between the center of the line target and center of cross-cylinder target.

The testing apparatus was placed on the Bausch and Lomb phoropter at 40 cm . A stenopaic slit was made from electrical tape and placed horizontally on the +0.12 D lens on the right occluder bank of the phoropter. A nearpoint light was adjusted so as to have 3 times the intensity on the right side as the left. It was positioned so that equal reflected light from the target plane passed through each lens port to the subject's right and left eyes when the slit was positioned before the patient's right eye. All data was gathered using this apparatus (see photos) in room $C-1$ in the Optometry Clinic here at Pacific University.

## PROCEDURE

1. The patient was seated in the examination chair and instructed to remove any spectacle correction.
2. The phoropter was adjusted for the patient's near pupillary distance.
3. The reduced Snellen card was placed on the near point rod at 40 cm and the near point light was adjusted to illuminate the letters evenly.
4. The patient was instructed to call the $20 / 20$ acuity letters on the reduced Snellen card.
5. We obtained the results for a monocular negative relative accommodative test ( $21_{m}$--by adding plus monocularly until the 20/20 letters were blurred out, then we reduced the plus until the first perception of two-thirds of the 20/20 letters). These were the starting lenses for all patients.
6. With these monocular negative relative accommodative lenses in place, the near astigmatic correction of each patient was determined by a near cylinder test. (Pratt Near Cylinder Test)
7. With this near cylindrical correction in the phoropter, a monocular near cross cylinder, accommodative posture test (14A) was performed.
8. With the 14A and the near astigmatic correction placed in the phoropter, the testing apparatus was introduced at 40 cm . Four different conditions were presented to each subject's right eye inthe following order: (1) Horizontal target; (2) Vertical target; (3) Horizontal target and horizontal slit; and (4) Vertical target and horizontal slit.
9. The four different conditions were performed using the same method:
A) The near point light was positioned so the illumination on the right target was three times that on the left, and was used only with the horizontal slit in place. When the slit was not
in place, full room illumination ( 29 foot candles) was used. Therefore, right and left eyes had equal target illumination for each condition tested.
B) The following lens sequence was used for bach conditions $24 \mathrm{~A}, 14 \mathrm{~A}+1.00,14 \mathrm{~A}, 14 \mathrm{~A}-1.00,14 \mathrm{~A}-2.00,14 \mathrm{~A}-3.00,24 \mathrm{~A}-2.00$, $14 \mathrm{~A}-1.00$, and 14 A.
c) Before ach now accomodative measuroment, the rotary prism of the left eye was used in aligning the two targets vertically, this represented the convergence posture for each acommodatuve stimulus, and was lart in place.
D) A comresponding accommodative posture was measured on the left sye for ach lens placed before the right eye, for wach condition.

ILLUEPATION OF APPARAYOS


Suptup


DATA

1. Accommodative
2. Convergence
3. Statistical
4. Graphical


DIFFERENCE FROM MEAN Ap OF Ar AT THE CORRESPONDING As


Sign Convention: + = Relaxation (Negative Accommodation)

- = Stimulation (Positive Accommodation)

H = Horizontal Target
$\mathrm{V}=$ Vertical Target
S = Horizontal Slit in Place

DIFFERENCE FROM MEAN $A_{p}$ OF $A_{r}$ AT THE CORRESPONDING $A_{s}$


Sign Convention: + = Relaxation (Negative Accommodation)

- = Stimulation (Positive Accommodation)
$\mathrm{H}=$ Horizontal Target
V = Vertical Target
$S=$ Horizontal Slit in Place

DIFFERENCE FROM MEAN $C_{p}$ OF $C_{r}$ AT CORRESPONDING $A_{s}$

|  | Subject | GM | KB | RM | ED | BD | DF | RB | GI | DR | LL | DN | KB | JJ | TB | DB |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean $\mathrm{Cp}^{-}$ | 180 | 5 so | 6 so | 3so | 6 so | 650 | $2 \times 0$ | 8so | 12 s | 1xo | 3so | $\theta$ | 7 so | 12s | 650 |
| H | $+1.00$ | -3 | $-7$ | -4 | -2 | -2 | -2 | -1 | -2 | -3 | -4 | -1 | -3 | $-7$ | -6 | -3 |
|  | $14 \mathrm{~A}_{\mathrm{p}}$ | 0 | -2 | 0 | 0 | 0 | $+1$ | 0 | -1 | +1 | +1 | 0 | 0 | $+1$ | -2 | -1 |
|  | -1.00 | +7 | +2 | +3 | +5 | +3 | +1 | +4 | +6 | +5 | +2 | +2 | +7 | +8 | +2 | +1 |
|  | -2.00 | +13 | $+7$ | $+7$ | +10 | +6 | +3 | +8 | +8 | $+11$ | +9 | +5 | +13 | $+11$ | +6 | +11 |
|  | $-3.00$ | +23 | $+9$ | +9 | +13 | +10 | $+4$ | +14 | +10 | +14 | $+17$ | $+9$ | +16 | +15 | +10 | +16 |
| v | $+1.00$ | -3 | -3 | -3 | -3 | -2 | -1 | -2 | -3 | -1 | -3 | -3 | -5 | -5 | -4 | -4 |
|  | $14 \mathrm{~A}_{\mathrm{p}}$ | 0 | 0 | +1 | 0 | $+1$ | 0 | 0 | +2 | 0 | -1 | 0 | $+1$ | 0 | -1 | -1 |
|  | -1.00 | +8 | +4 | +5 | +5 | +3 | +1 | +2 | $+7$ | +5 | +5 | +2 | +8 | +8 | $+4$ | $+6$ |
|  | -2.00 | +14 | $+10$ | $+11$ | +6 | +2 | +5 | $+10$ | $+10$ | +11 | +5 | +14 | +14 | +10 | +14 | +10 |
|  | -3.00 | +15 | +13 | $+12$ | +13 | +8 | +4 | +10 | +15 | +16 | +15 | +9 | +20 | +21 | +12 | +19 |
| HS | $+1.00$ | +2 | +2 | $-3$ | -2 | 0 | -2 | -1 | -3 | 0 | -1 | -3 | -2 | -4 | +3 | -2 |
|  | $14 \mathrm{~A} p$ | 0 | +2 | -1 | 0 | 0 | -1 | +1 | 0 | 0 | +2 | -1 | 0 | -1 | +2 | +1 |
|  | -1.00 | +3 | +3 | +3 | +4 | +2 | +1 | +4 | +1 | +3 | +6 | -1 | +3 | +5 | $+4$ | +6 |
|  | -2.00 | +12. | +8 | +8 | +8 | +6 | +2 | +8 | +5 | +11 | +9 | 0 | +6 | +9 | +8 | +13 |
|  | -3.00 | +15 | +15 | $+11$ | +10 | +8 | +2 | +14 | $+7$ | +14 | +15 | +2 | +13 | $+17$ | $+10$ | +19 |
| V | $+1.00$ | -3 | $+1$ | -2 | -2 | 0 | -1 | -1 | -2 | -1 | -2 | -3 | -3 | -5 | -2 | -1 |
|  | $14 \mathrm{~A}_{\mathrm{p}}$ | 0 | 0 | 0 | -1 | +1 | +1 | -1 | 0 | 0 | 0 | -1 | 0 | +1 | +2 | 0 |
|  | -1.00 | +6 | +5 | +2 | +4 | $+4$ | +2 | +5 | +3 | +? | $+4$ | 0 | +6 | +8 | +3 | +8 |
| S | -2.00 | +18 | +9 | +7 | +8 | +7 | +3 | +6 | +7 | +11 | +7 | +13 | +14 | +15 | +8 | +14 |
|  | -3.00 | +27 | +15 | $+11$ | $+11$ | +8 | +2 | +6 | +8 | +16 | +12 | +5 | +20 | +22 | $+10$ | $+18$ |

$$
\begin{aligned}
\text { Sign Convention: } & +=\text { Stimulation (Positive Convergence) in Prism Diopters } \\
& -=\text { Relaxation (Negative Convergence) in Prism Diopters } \\
& H=\text { Horizontal Target } \\
& V=\text { Vertical Target } \\
S & =\text { Horizontal Slit in Place }
\end{aligned}
$$



Sign Convention: $+=$ Stimulation (Positive Convergence) in Prism Diopters

- = Relaxation (Negative Convergence) in Prism Diopters

H = Horizontal Target
$\mathrm{V}=$ Vertical Target
$S=$ Horizontal Slit in Place

| CONDITION | MEAN | STANDARD DEVIATION | STANDARD ERROR | VARIANCE |
| :---: | :---: | :---: | :---: | :---: |
| +1.00 | +. 468 | . 297 | . 055 | . 088 |
| H $\quad 14 \mathrm{~A}_{\mathrm{p}}$ | +. 009 | . 161 | . 026 | . 026 |
| -1.00 | -. 546 | . 291 | . 054 | . 085 |
| -2.00 | -1.033 | . 450 | . 083 | . 202 |
| -3.00 | -1.489 | . 608 | . 113 | . 369 |
| +1.00 | +. 438 | . 247 | . 046 | . 061 |
| V ${ }^{14 A_{p}}$ | +. 020 | . 130 | . 024 | . 017 |
| -1.00 | -. 494 | . 220 | . 04.1 | . 048 |
| -2.00 | -. 982 | . 400 | . 074 | . 160 |
| -3.00 | -1. 594 | . 726 | .135 | . 528 |
| +1.00 | +. 300 | . 257 | . 048 | . 066 |
| H $\quad 14 \mathrm{p}$ | -. 046 | . 146 | - 027 | . 021 |
| s ${ }^{-1.00}$ | -. 391 | . 221 | . 041 | . 049 |
| -2.00 | -. 788 | . 360 | . 067 | . 130 |
| -3.00 | $-1.285$ | . 508 | . 096 | . 258 |
| $+1.00$ | +. 343 | . 287 | . 054 | . 083 |
| V $\quad 14 \mathrm{~A} p$ | -. 034 | . 121 | . 022 | .015 |
| S ${ }^{-1.00}$ | -. 467 | . 238 | . 044 | . 057 |
| -2.00 | -. 934 | . 430 | . 080 | . 185 |
| -3.00 | $-1.449$ | . 661 | .127 | . 436 |


| CONDITION | MEAN | STANDARD DEVIATION | STANDARD ERROR | - VARIANCE |
| :---: | :---: | :---: | :---: | :---: |
| $+1.00$ | -3.172 | 1.713 | . 317 | 2.933 |
| $14 \mathrm{~A}_{\mathrm{p}}$ | -. 276 | . 996 | . 185 | . 993 |
| -1.00 | +3.828 | 1.794 | . 333 | 3.219 |
| -2.00 | +8.034 | 2.680 | . 497 | 7.177 |
| -3.00 | +11. 552 | 4.231 | .787 | 17.899 |
| $+1.00$ | -2.690 | 1.490 | .276 | 2.222 |
| $\mathrm{V} \quad{ }^{14 \mathrm{~A}} \mathrm{p}$ | +. 103 | 1.113 | . 206 | 1.239 |
| -1.00 | $+4.241$ | 1.864 | .345 | 3.475 |
| -2.00 | +8.586: | 3.100 | . 575 | 9.608 |
| -3.00 | +12.069 | 3.927 | . 727 | 15.424 |
| +1.00 | -1.300 | 1.664 | . 308 | 2.769 |
| H $\quad 14 A_{p}$ | +. 310 | 1.105 | . 204 | 1.221 |
| -1.00 | +2.690 | 1.692 | . 314 | 2.864 |
| S -2.00 | +6.207 | 3.244 | . 601 | 10.527 |
| -3.00 | +9.690 | 4.481 | . 832 | 20.079 |
| $+1.00$ | -1.621 | 1.678 | .310 | 2.815 |
| $\mathrm{V} \quad 14 \mathrm{~A}$ | 0.000 | . 926 | . 171 | . 857 |
| $s^{-1.00}$ | $+3.690$ | 2.392 | . 444 | 5.722 |
| -2.00 | +7.690 | 3.992 | .741 | 15.936 |
| -3.00 | +11.241 | 5.661 | 1.050 | 32.047 |

CONDITION TO CONDITION CONVERGENCE "T"
H TO V .77314 ..... 1. 50468
H TO HS $3.56254^{*}$ $4.19470^{*}$.9841374803
V TO HS $3.14795^{*}$ ..... $5.44885^{*}$
v To VS .61135 ..... 2.20134
HS TO VS$3.04205^{*}$3.12131 *
Significant " I " value to the .01 level $=2.763$
H = Horizontal Target
$\mathrm{V}=$ Vertical Target
S = Horizontal Slit in Place

* = Significant Findings

Frequency Distribution of Accommdative Respones at -2.00 Diopter Stimulus Level



Frequency Distribution of Convergent Respones at -2.00 Diopter Stimulus Level


0
$F$

 mf Slit


Prism Diopters
three conditions where the non-paraxial rays were not restricted from forming a large retinal blur circle. Considering the relatively gross target, (20/120), this accommodative response of $50 \%$ is $70 \%$ of the response usually elicited by targets 20/20 in detail. At the -2.00 D stimulus level, the average mean accommodative response was .986D. In the condition where the paraxial rays were restricted, the consensual accommodative response was approximately $40 \%$ that of the accommodative stimulus. At the -2.00D stimulus level, the mean consensual accommodative response was .788D.

Considering the interaction of accommodation and convergence, the convergence activity was also decreased in the condition with the reduction of the accommodative response and was maintained at a consistently higher level in the other three conditions of the higher accommodative response. Statistical evaluation of the data also showed the aforementioned hypothesis to be proven correct to the . 01 level.

It must be noted that all the subjects were between 22 and 31 years of age and all were optometry students. This may have been a biasing factor. The subjects may be assumed to have active accommodative and convergence systems of average or above average facility. The data indicates the manner with which normal subjects react.

If this study were to be redone or expanded, there are several appropriate suggestions one might consider. Further testing could involve a vertical slit rather than a horizontal slit and results compared. Also, one may randomly vary the order of presentation of conditions between subjects to act as a control for fatigue factors. Different angular subtense of lines may be employed.

