Unsupervided Pattern Recognition for the Classification of EMG Signals

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Abstract—The shapes and firing rates of motor unit action potentials (MUAP's) in an electromyographic (EMG) signal provide an important source of information for the diagnosis of neuromuscular disorders. In order to extract this information from EMG signals recorded at low to moderate force levels, it is required: i) to identify the MUAP's composing the EMG signal, ii) to classify MUAP's with similar shape, and iii) to decompose the superimposed MUAP waveforms into their constituent MUAP's. For the classification of MUAP's two different pattern recognition techniques are presented: i) an artificial neural network (ANN) technique based on unsupervised learning, using a modified version of the self-organizing feature maps (SOFM) algorithm and learning vector quantization (LVQ) and ii) a statistical pattern recognition technique based on the Euclidean distance. A total of 1213 MUAP's obtained from 12 normal subjects, 13 subjects suffering from myopathy, and 15 subjects suffering from motor neuron disease were analyzed. The success rate for the ANN technique was 97.6% and for the statistical technique 95.3%. For the decomposition of the superimposed waveforms, a technique using crosscorrelation for MUAP's alignment, and a combination of Euclidean distance and area measures in order to classify the decomposed waveforms is presented. The success rate for the decomposition procedure was 90%.

Index Terms—Electromyography, motor unit action potentials, neural networks, pattern recognition, unsupervised learning.

I. INTRODUCTION

THERE are more than 100 neuromuscular disorders that affect the brain and spinal cord, nerves, or muscles. Many of these diseases are hereditary and life expectancy of many sufferers is considerably reduced. Early detection and diagnosis of these diseases by clinical examination and laboratory tests is essential for their management as well as their prevention through prenatal diagnosis and genetic counselling. Such information is also useful in research which may lead to the understanding of the nature and eventual treatment of these diseases. Laboratory investigations include neurophysiological tests, nerve and muscle biopsies, biochemical analysis, and more recently DNA analysis for the localization and identification of genes. Electromyographic (EMG) examination studies the electrical activity of the muscle and forms a valuable neurophysiological test for the assessment

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of neuromuscular disorders. EMG signals recorded at low to moderate force levels are composed of motor unit action potentials (MUAP's) generated by different motor units. The motor unit is the smallest functional unit of the muscle that can be voluntarily activated. It consists of a group of muscle fibers all innervated from the same motor nerve. The MUAP shape reflects the structural organization of the motor unit. With increasing muscle force the EMG signal shows an increase in the number of activated MUAP's recruited at increasing firing rates, making it difficult for the neurophysiologist to distinguish the individual MUAP waveforms. EMG signal decomposition and MUAP classification into groups of similar shapes provide important information for the assessment of neuromuscular pathology. The objective of this work is to introduce two new pattern recognition techniques for the classification of EMG signals.

Recent advances in computer technology have made automated EMG analysis feasible. Although a number of computer-based quantitative EMG analysis algorithms have been developed, some of them commercially available, practically none of them have gained wide acceptance for extensive routine clinical use. Most importantly, there are no uniform international criteria neither for pattern recognition of similar MUAP's nor for MUAP feature extraction [1], [2]. A brief survey of quantitative EMG studies carried out during the last two decades follows. LeFever and DeLuca [3], [4] used a special three-channel recording electrode and a hybrid visual-computer decomposition scheme based on template matching and firing statistics for MUAP identification. Stalberg et al., in their original system, used waveform template matching [5], whereas more recently in their system called multiple motor unit potentials (multi-MUP), they used different shape parameters as input to a template matching technique [6]. Guiheneuc et al. [7] classified MUAP's at low levels of voluntary contraction through comparison of shape parameters. Coatrieux et al. [8] used both hierarchical and nonhierarchical clustering techniques for MUAP classification. McGill et al. [9] developed the automatic decomposition electromyography (ADEMG) system that used template matching and a specific alignment algorithm for classification. Andreassen [10] followed as closely as possible the manual method developed by Buchthal [11] also using template matching with four templates for the recognition of MUAP's recorded at threshold contraction. Stashuk and De Bruin [12] used a single-fiber EMG needle electrode for signal acquisition and a template matching technique similar to that of LeFever and DeLuca [3], [4], based on power spectrum features and firing statistics. Their system



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required some operator intervention. Haas and Meyer [13], in their system called automatic recognition and tracking of motor unit potentials (ARTMUP) used a hierarchical clustering method, followed by a two-stage decomposition. Pattichis *et al.* [14], [15] used MUAP parameters as input to a sequential parametric pattern recognition classifier. Loudon *et al.* [16] used eight MUAP features as input to a statistical pattern recognition technique for classification. The decomposition of superimposed waveforms used a combination of procedural and knowledge-based methods. Finally Hassoun *et al.* [17], [18] in their system called neural network extraction of repetitive vectors for electromyography (NNERVE) used the time domain waveform as input to a three-layer artificial neural network (ANN) with a "pseudounsupervised" learning algorithm for classification.

There are several limitations in the existing quantitative EMG analysis methods which limit their wider applicability in clinical practice. The need for operator intervention or manually adjusted parameters prevents the implementation of a fully automated process. The use of special electrodes or special equipment makes it difficult to adapt the method in the usual clinical environment. Methods that use firing statistics as a classification criterion will fail in the case of irregular firing patterns as they may be recorded in several diseases. Simple template matching techniques for classification are rather inflexible because of using a fixed threshold and they will be less successful in case of high signal variability. Because noise and variability are inherent in EMG signals, especially in the case of pathology, the use of adaptive pattern recognition techniques is necessary. ANN appear to be attractive for the solution of such a problem because of their following properties: i) they exhibit adaptation or learning, ii) they pursue multiple hypothesis in parallel, iii) may be fault tolerant, iv) may process degraded or incomplete data, v) make no assumptions about underlying data probability density functions, and vi) may create complex classification boundaries [19]. The adaptive ANN classification system proposed by Hassoun et al. [17], [18], used a customized error backpropagation algorithm in a three-layer network where the input vector served also as the target vector. The network was expected to discover the most often appearing MUAP waveforms after the input waveforms were presented to the network several times. This system used a rather complicated network architecture with many layers which required many learning epochs, making the method computationally demanding.

The classification of MUAP's into groups of similar shapes is a typical case of an unsupervised learning pattern recognition problem. In the ANN supervised learning paradigm, as in error backpropagation, the network is trained by providing it with pairs of input and matching output patterns. Since in EMG there is no such *a priori* knowledge of the MUAP classes composing the EMG signal, supervised learning as such cannot be used. In unsupervised learning or self-organization, an output unit is trained to respond to clusters of similar patterns within the input. In this learning paradigm, there is no forehand knowledge of correctly labeled (classified) inputs, but the system is expected to discover statistically salient features of the input population [20].

In this work, two different pattern recognition techniques were developed to classify MUAP's: i) An unsupervised learning ANN using a modified version of the Kohonen selforganizing feature maps (SOFM) algorithm in conjunction with learning vector quantization (LVQ) [21]. The additional use of the LVQ aims to improve the classification performance by slight adaptation of the classification boundaries. The proposed algorithm requires only one learning epoch for training and is, therefore, fast and suitable for real-time applications. ii) A statistical pattern recognition technique based on the Euclidean distance. The objective is to develop an accurate, simple, fast and reliable system which can perform well even with a limited amount of data. Furthermore, an algorithm for the decomposition of superimposed MUAP waveforms is presented using: i) crosscorrelation of each of the unique MUAP waveforms, obtained by the classification process, with each of the superimposed waveforms in order to find the best matching point and ii) a combination of Euclidean distance and area measures in order to classify the components of the decomposed waveform. The system is intended to decompose EMG signals at low to moderate force levels where the number of MUAP's present is 2-6. The proposed techniques were successfully applied in the classification and decomposition of EMG signals recorded from normal (NOR) subjects and subjects suffering from motor neuron disease (MND) and myopathy (MYO). Preliminary results using the algorithms described in this work were reported earlier in a conference paper [22].

The paper is organized as follows. Section II presents the two new pattern recognition techniques, the decomposition of the superimposed waveforms, and the measurement of the MUAP parameters. Section III covers the results and Section IV the discussion.

II. METHOD

The proposed system consists of the following modules: i) data acquisition and preprocessing, ii) segmentation, iii) classification, iv) decomposition of superimposed waveforms, and v) parameter measurement. Fig. 1 illustrates the system flowchart.

A. Data Acquisition and Preprocessing

The EMG signal was recorded from the biceps brachii muscle at low to moderate force levels up to 30% of maximum voluntary contraction (MVC) under isometric conditions. The signal was acquired for 5 s, using the concentric needle electrode. The signal was analogue bandpass filtered at 3–10 kHz, and sampled at 20 kHz with 12-b resolution. The EMG signal was then low-pass filtered at 8 kHz.

B. Segmentation

The next step is to cut the EMG signal into segments of possible MUAP waveforms and eliminate areas of low activity. The segmentation algorithm calculates a threshold depending on the maximum value $\max_i \{x_i\}$ and the mean absolute value $(1/L) \sum_{i=1}^{L} |x_i|$ of the whole EMG signal. Peaks over the calculated threshold T are considered as candidate MUAP's.



Fig. 1. Flowchart of the EMG classification and decomposition system.



Fig. 2. Raw EMG signal. Peaks over threshold are considered as candidate MUAP's.

A window with a constant length of 120 sampling points (i.e., 6 ms at 20 kHz) is applied centerd at the identified peak. If a greater peak is found in the window, the window is centerd at the greater peak; otherwise the 120 points are saved as a candidate MUAP waveform. The threshold T is calculated as follows:

if
$$\max_{i} \{x_i\} > \frac{30}{L} \sum_{i=1}^{L} |x_i|$$
, then $T = \frac{5}{L} \sum_{i=1}^{L} |x_i|$
else $T = \max\{x_i\}/5$

where x_i represents the discrete input values and L is the number of samples in the 5 s EMG signal. The threshold T is allowed to take values between 30 and 100 μ V. The reason for using the mean signal value is that due to occasional recordings of artifacts, the maximum value of the recorded signal may exceed significantly a valid amplitude of the EMG signal and, therefore, the maximum signal value can not be used alone for setting the threshold. Potentials with an amplitude increase (minimum to maximum) of less than 40 μ V in 0.1 ms are rejected as not valid MUAP's. The computed threshold Tfor the segmentation of the EMG signal was introduced to accommodate the wide range in amplitude variations in the recorded EMG signal. It is noted that there is no standardized procedure for estimating the threshold level: Dorfman and McGill [2] mentioned an amplitude threshold of 20–50 μ V, Stalberg *et al.* [6] used a 30- μ V threshold, whereas Andreassen [10] used an amplitude threshold in excess of 50 μ V. The range of T used in this study worked satisfactorily on the 1213 MUAP's analyzed.

A typical EMG recording is given in Fig. 2, and the segmented signal waveforms are shown in Fig. 3.



Fig. 3. Segmented EMG signal in segments of 6 ms and centered at maximum peak.

C. Classification

The segmented EMG signals are processed in order to identify groups of similar MUAP's and to separate superimposed ones. In this work two different methods for MUAP classification are presented: a neural-network-based pattern recognition technique using unsupervised learning, and a statistical technique using the Euclidean distance.

1) Neural-Network Pattern Recognition Technique: A singlelayer neural network is used for the identification and grouping of similar MUAP's and separation of superimposed waveforms. The developed ANN architecture is composed of 120 input nodes and eight output nodes. The selected number of eight output nodes is considered to be satisfactory since the maximum number of MUAP's that can be identified with needle EMG at low to moderate force levels is at most five or six. The classification procedure is implemented in three phases. In the first phase, unsupervised learning is applied based on a modified one-dimensional self-organizing feature map (Kohonen) [21] and competitive learning. In the second phase, in order to improve classification performance, the learning vector quantization method (LVQ2 by Kohonen) [21], is applied in a (self) supervised learning manner. In the third phase, the actual classification takes place. It should be noted that in each learning phase the input is presented to the network only once, for only one learning epoch. This makes the algorithm fast and suitable for real-time applications.

a) Self-organizing feature map (SOFM)—Learning phase 1: The objective of this phase is to provide a first "approximate" quantization of the input space (Voronoi vectors) by adapting the weight vectors of the neurons in the feature map [19]-[21], [23]. A problem with SOFM when the weights are initialized at small random values is that such initialization may give different results at different runs. This is undesired when trying to evaluate and optimize the performance of the algorithm or when the physician wants to review the classification results. In order to avoid this problem, the weights of the output nodes are not initialized at small random values but at 0.0001, except for the weights of the fifth output node which are initialized at 0.01 times the amplitude values of the first segmented input. This leads to the result that at the first iteration, the fifth output node is always the winner since the distance d_5 calculated as described in Step 2 has the smallest value. Thus, the classification results are always the same and the classes are assigned to the same output nodes for different runs. The fifth node was selected since it is in the middle of the output nodes in order to preserve the idea of the neighborhood. The implementation steps are as follows.

Step 1: Initialize weights at 0.0001, except the weights of the fifth output node which are initialized at values equal to 0.01 times the values of the first segmented input.

Step 2: Calculate distances between the input vector x_i and weight vectors w_{ik} for each output node k

$$d_k = \sum_{i=1}^{N} (x_i - w_{ik})^2 \quad \text{where } k = 1, \cdots, 8 \text{ and } N = 120.$$
(1)

The output node with minimum distance is the winner.

Step 3: Adapt the weights. The weights for each output node k and for each i are adapted with

$$w_{ik}(t+1) = w_{ik}(t) + h_k(x_i - w_{ik}(t)).$$
(2)

The learning rate h_k is a Gaussian function that gets narrower with the number of iterations t, which means that the adaptation of the nodes neighboring to the winner decreases. The learning rate is also frequency sensitive for each output neuron, which means that it gets smaller the more often a neuron is selected as a winner

$$h_k = g \exp(-(k - k_w)^2 t/2) / \sqrt{t_{kw}}$$
(3)

where $0 < g \le 1, k_w$ is the winner node, t is the number of iterations, and t_{kw} is the number of times the specific node is selected as the winner. Setting the initial value of g = 1 forces the network to fast learning even with a limited amount of data. When an output node is selected winner for the first time (i.e., a new class is identified), the factor $t_{kw} = 1$ and the learning rate $h_k = 1$ for $k = k_w$. If the calculated $h_k < 0.005$, then the



Fig. 4. Adaptation of the learning rate h_k at the output nodes k at different iterations as given in (3) (with g = 1). It is illustrated that the neighborhood of h_k is getting narrower with the number of iterations t, as well as h_k decreases depending on the number of times an output node k is selected winner. For example, at t = 1 the output node 5 is the winner and $h_5 = 1$, whereas for the neighboring nodes $h_4 = h_6 = 0.6$, $h_3 = h_7 = 0.13$, and $h_2 = h_8 = 0.01$; at t = 2, $h_5 = 0.7$, $h_4 = h_6 = 0.27$; at t = 4, $h_5 = 0.58$, $h_4 = h_6 = 0.08$, etc.

weights of the specific node k are not adapted, since the change in the weights vector will be minimal. This is implemented in order to save computation time.

Step 4: Go to Step 2 and repeat for all segmented inputs.

After all inputs are presented to the network, the first adaptation of the weights vector is completed and the system proceeds to the second learning phase. Fig. 4 illustrates the adaptation of the learning rate h_k at the output nodes kat different iterations as given in (3) (with g = 1). It is illustrated that the neighborhood of h_k is getting narrower as the number of iterations t increases. The learning rate h_k gets its higher value for the winning node ($k = k_w$), whereas it gets significantly smaller values for the rest of the output nodes in the neighborhood. At the same time, h_k decreases depending on the number of times an output node k is selected winner.

b) Learning vector quantization (LVQ)—Learning phase 2: The task of this phase is to adapt the weights vectors slightly (move Voronoi vectors) in order to improve the classification performance [19], [21]. LVQ is actually a supervised learning technique, i.e., it demands forehand knowledge of correctly labeled (classified) inputs. Since such knowledge is not available, it is assumed that the adaptation carried out during the first learning phase is correct and, thus, the segmented inputs will be correctly classified. Weight adaptation and winner selection is again on-going as described in learning phase 1. In this modified version of LVQ2 the implementation steps are:

Step 1: Use the values of the weight vectors as obtained from learning phase 1.

Step 2: Present input and calculate distances d_k between the input vector x_i and weight vectors w_{ik} for each output node k as in (1). The output node with the minimum distance d_{k1}



Fig. 5. MUAP's with similar shapes classified into three different classes.

is the first winner k1 and the output node with the following minimum distance d_{k2} is the second winner k2.

Step 3: Adapt weights. The weights for the first winner output node k1 are adapted with

$$w_{ik1}(t+1) = w_{ik1}(t) + h_{k1} \left(x_i - w_{ik1}(t) \right)$$
(4)

and for the second winner k2 with

$$w_{ik2}(t+1) = w_{ik2}(t) - 0.1(d_{k1}/d_{k2})h_{k1}(x_i - w_{ik2}(t)).$$
(5)

The learning rate h_{k1} is initialized to 0.2 and decreases linearly with the number of times t_{k1w} the specific node k1is selected as the first winner

$$h_{k1} = 0.2 - 0.01 t_{k1w}.$$
 (6)

If $h_{k1} < 0$, then $h_{k1} = 0$.

In other words, the weight vector w_{ik1} with the correct label (first winner) is moved toward the input vector while the weight vector w_{ik2} with the incorrect label (second winner) is moved away from it. The factor d_{k1}/d_{k2} is used for controlling the adaptation of the second winner; if the input vector x_i is close to the decision boundaries defined by the two winners, the factor d_{k1}/d_{k2} takes a greater value moving the second winner far away from the input vector x_i ; otherwise the adaptation is smaller.

Step 4: Go to Step 2 and repeat for all segmented inputs.

After all inputs are presented to the network, the network is trained and the actual classification process starts.

c) Classification phase: In this phase all the input vectors will be classified to one of the output nodes and the superimposed waveforms will be separated. The implementation steps are the following:

Step 1: Calculate distances d_k between the input vector x_i and the weight vectors w_{ik} as in (1). The output node kw with the minimum distance d_{kw} is the winner.

Step 2: In order to separate the superimposed waveforms from simple, nonoverlapping MUAP waveforms, the length l_{kw} of the weight vector of the winner node kw is calculated as the sum of the squares of its vector values

$$l_{kw} = \sum_{i=1}^{N} w_{ikw}^2.$$
 (7)

If $d_{kw}/l_{kw} < 0.2$, then the input is assigned to the MUAP

class of the winner node;

superimposed waveform.

The physical meaning of d_{kw}/l_{kw} is that the greater its value the greater the dissimilarity between the waveforms.

Step 3: Go to Step 2 and repeat for all segmented inputs.

Step 4: If the number of members in a class is three or more, the averaged MUAP waveform is computed and a valid MUAP class is identified; otherwise, the MUAP waveforms are saved with the superimposed waveforms for decomposition.

Fig. 5 illustrates the classification results of the segmented EMG signal given in Fig. 3 where MUAP's with similar shapes are classified into three different classes.

2) Statistical Pattern Recognition Technique: In this iterative procedure the Euclidean distance is used in order to identify and group similar waveforms using a constant threshold. The implementation steps are the following:

Step 1: Start with the first waveform x as input, being the first member of the class.

Step 2: Calculate the vector length of the input waveform x and the distance between x and all the other segmented waveforms y as

$$l_x = \sum_{i=1}^{N} x_i^2$$
 where $N = 120$ (8)

and

$$d_{xy} = \sum_{i=1}^{N} (x_i - y_i)^2.$$
 (9)

Step 3: Find the waveform y with the minimum distance which is the one with the greatest similarity with x and remove it from the input data set.

Step 4: Sliding and baseline correction. First slide the waveform y with minimum distance up to two points backward and up to two points forward in order to find the best alignment position. Recalculate the distance d_{xy} for each case and assign the smallest as d_{\min} . Then, using the beginning and the ending parts of the MUAP waveforms, calculate baseline correction bc as

$$bc = \left(\sum_{i=1}^{10} y_i + \sum_{i=N-9}^{N} y_i - \sum_{i=1}^{10} x_i - \sum_{i=N-9}^{N} x_i\right) / 20.$$
(10)

Subtract bc from waveform y and recalculate distance d_{xy} with x. If it is smaller than d_{\min} , assign it as the new d_{\min} .

If $d_{\min}/l_x < 0.125$,

then add y to class, calculate class

average and assign class

average to input x;

else, if number of class members > 2,

then form a MUAP class;

else, class members are superimposed

assign waveform y to input x;

go to Step 2.

If the minimum distance divided by the vector length of the first waveform is less than a constant threshold, set to 0.125, then the two waveforms form a class. Then the class average is calculated and the procedure is repeated (go to Step 2 with the class average as input) comparing the class average now with all the rest waveforms in order to find the next waveform with the minimum distance. If the condition above is satisfied, then a new waveform is added to the class and a new class average is calculated, and so on. If not, the process stops; if the class members are more than or equal to three, then a MUAP class is formed and its averaged waveform is saved. If they are less than three, they are considered as superimposed waveforms. The process continues where it stopped comparing the last encountered waveform with all the remaining ones until all waveforms are processed. The baseline correction was applied selectively only to the waveform y with the greatest similarity to the reference waveform x and it was applied only if the distance between x and y with baseline correction was smaller than the distance without baseline correction. The use of baseline and slide correction improved the performance of the statistical pattern recognition technique by 5% as documented in Section III. Threshold values were chosen heuristically after extensive testing. It is noted that again there are no widely applicable threshold criteria for assigning a MUAP to a class. The value of 0.125 used in Step 5 was also used by Andreassen [10]. This threshold is critical because a smaller value may split a MUAP class with high waveform variability in two or more subclasses, whereas a greater threshold value may merge resembling MUAP classes. The averaged class waveforms are again the unique MUAP waveforms composing the EMG signal. Fig. 6 illustrates how the segmented signal waveforms of Fig. 3 are ordered according to their similarity and how classes are formed where $d_{\min}/l_x < 0.125$. The MUAP classes are similar to the classes formed by the ANN pattern recognition technique in Fig. 5.

D. Decomposition of Superimposed Waveforms

The needle EMG signal recorded even at low to moderate force levels, contains superimposed potentials. It is important for correct firing rate analysis to identify as many MUAP's as possible through decomposition of the superimposed waveforms into their constituent MUAP's. Although many studies have been published tackling the problem of EMG signal decomposition [3], [4], [7], [9], [12], [13], [16]–[18], no one



Fig. 6. MUAP waveforms ordered according to their similarity. MUAP's with $d_{\min}/l_x < 0.125$ are grouped together into three different classes.

has gained wider acceptance outside the laboratory of origin and there are no standardized criteria for performing decomposition analysis. In this study, a simple decomposition procedure is introduced, where the decomposition algorithm is based on the crosscorrelation of the unique MUAP waveforms with the superimposed waveforms. It is assumed that the correct unique MUAP waveforms composing the superimposed ones are known through one of the previous classification processes. The Euclidean distance and area measures are combined in a heuristic way for decomposing the superimposed waveforms. The decomposition steps are as follows.

Step 1: For each unique MUAP waveform, extract the main part of the MUAP that contains the main spike as follows: Reduce the unique MUAP lengths by dropping the beginning and ending parts of the waveform that are less than 1/15 of the MUAP amplitude (minimum to maximum). The 1/15 of the MUAP amplitude is an estimate of the beginning and ending points of the MUAP main spike. This is critical in order to crosscorrelate only the most important part of the MUAP.

Step 2: Select a superimposed waveform x.

Step 3: Crosscorrelate each reduced MUAP with the superimposed waveform x and find the best matching point, i.e., the point where the crosscorrelation coefficient takes its maximum value.

Step 4: For each matching pair calculate the normalized Euclidean distance, the area difference, and a varying threshold. The normalized Euclidean distance (Nd) is the sum of squares of the values obtained by the subtraction of the reduced MUAP waveform c from the superimposed waveform x for the reduced MUAP length M, divided by the sum of squares of the reduced MUAP vector values

$$Nd = \sum_{i=1}^{M} (x_i - c_i)^2 / \sum_{i=1}^{M} c_i^2.$$
(11)

The average area difference (Ad) is the average of the absolute values obtained by the subtraction of the reduced MUAP from the superimposed waveform for the reduced



Fig. 7. Decomposition of a superimposed waveform into its three constituent MUAP's. (a) Original superimposed waveform, (b) decomposed from MUAP class 5A, (c) decomposed from MUAP class 3A, (d) decomposed from MUAP class 4A, and (e) residual signal.

MUAP length

$$Ad = \sum_{i=1}^{M} |x_i - c_i| / M.$$
 (12)

The varying area threshold (Th) is defined as

$$Th = b + a \sum_{i=1}^{M} |c_i| / M$$
(13)

where b and a are constants with b = 4 and a = 0.5.

Equation (13) was derived empirically to maximize the success rate of the decomposition algorithm.

Step 5: The best matching MUAP is identified as the one with min{ $Nd \times Ad$ / $(Th \times M)$ } and is classified as belonging to the reduced MUAP class if Nd < 0.2 or (Ad < Th and Nd < 0.5). If not classified, the next superimposed waveform is fed in (go to Step 2).

Step 6: The best matching MUAP, if classified in Step 5, is subtracted from the superimposed waveform. The so obtained new waveform is fed in for a next cycle (go to Step 2) until no other MUAP is identified or the maximum waveform value is less than 30 μ V.

Step 7: Complete firing rate table with the newly identified MUAP's.

Fig. 7 shows the decomposition of a superimposed waveform into its three constituent MUAP's given in Fig. 5.

E. Parameter Measurement

For all classified MUAP waveforms, the 6-ms-long MUAP segments are expanded to 25 ms on the original EMG signal where the position of the identified MUAP peak was marked during segmentation. The rationale is that the MUAP

duration is in most of the cases longer than 6 ms and the signal expansion is, therefore, necessary for a correct duration and the other parameter measurement. In order to eliminate discrepancies from the class average due to superpositions in the expanded window, the average and the standard deviation (SD) for each sampling point of all MUAP's in a class are calculated. Values of points beyond ± 1 SD from the average are excluded from computing the class average [6]. For each 25-ms-long averaged MUAP waveform baseline correction is calculated as follows: Starting from the center of the MUAP waveform a measurement window 2-ms long and $10-\mu V$ high is slid toward the beginning of the waveform until the signal is completely enclosed in it. The beginning point for the baseline correction is the middle of the window. The ending point for the baseline correction is calculated in a similar way. The average of the MUAP signal to the left of the beginning point and the right of the ending point, is calculated and subtracted from the waveform. For each MUAP waveform the following parameters are measured.

- *Amplitude:* Amplitude difference between maximum negative and minimum positive peaks.
- *Duration:* Starting from the beginning of the MUAP waveform find the first point where the signal is greater than a threshold equal to 1/15 of the amplitude. The threshold is allowed to take values between ± 10 and $\pm 20 \ \mu$ V. This allows the algorithm to identify the waveform areas close to which the MUAP beginning and ending points are expected to be found. It is also noted that threshold values in this range were used by Stalberg *et al.* [1]. Starting from that point and moving backward to the beginning

 TABLE I
 Classification Success Rate of the Three Algorithms (in Brackets the Number of Identified Classes to Total Number of Classes)

Subjects (Nr)	SOFM with LVQ	SOFM	Statistical
NOR (12)	(358/362) 98.89%	(355/362) 98.07%	(359/362) 99.17%
MYO (13)	(382/387) 98.71%	(368/387) 95.09%	(373/387) 96.38%
MND (15)	(444/464) 95.69%	(427/464) 92.03%	(424/464) 91.38%
TOTAL:	(1184/1213) 97.61%	(1150/1213) 94.81%	(1156/1213) 95.30%



Fig. 8. Average MUAP waveforms expanded to 25 ms with the calculated parameters.

of the waveform, a measurement window 1 ms long and 10 μ V high is slid until the signal is completely enclosed in it. The point in the window closer to the baseline is the MUAP beginning point. The MUAP ending point is calculated in a similar way. The duration of the MUAP is the time interval between MUAP beginning and ending points.

- *Area:* Rectified MUAP integrated over the calculated duration.
- *Rise Time:* Time between maximum negative peak and the preceding minimum positive peak within the duration.
- *Phases:* Number of baseline crossings within the duration where amplitude exceeds $\pm 25 \ \mu$ V, plus one.
- *Turns:* Number of positive and negative peaks where the differences from the preceding and following turn exceed 25 μ V.

Fig. 8 displays the expanded MUAP waveforms of Fig. 5 with the calculated parameters.

III. RESULTS

EMG data collected from 40 subjects were analyzed using the pattern recognition techniques described in Section II. Data were recorded from 12 normal (NOR) subjects, 13 subjects suffering from myopathy (MYO) and 15 subjects suffering from motor neuron disease (MND). Diagnostic criteria were based on clinical opinion, biochemical data and muscle biopsy. Only subjects with no history or signs of neuromuscular disorders were considered as normal. Table I shows the classification success rate on 1213 MUAP's, obtained from 576 EMG recordings. The classification success rate was defined as the percentage ratio of the correctly identified MUAP classes by the algorithm and the number of true MUAP classes present in the signal as identified by an experienced neurophysiologist. The average success rate for the SOFM with LVQ algorithm was 97.6%, for the SOFM algorithm alone 94.8%, and for the statistical pattern recognition algorithm 95.3%. The ANN technique also yielded good results without the LVQ learning phase. Examining the classification success rate for each class, the highest success rate was obtained for the NOR group and the lowest for the MND group. This was the case for all three algorithms. The lowest success rate for the MND group is attributed to the more complex and variable waveform shapes. Also, as shown in Table I, the SOFM with LVQ algorithm improved significantly the success rate for the MND group compared to the other two algorithms. The statistical algorithm gave the highest success rate for the NOR group and the lowest for the MND group compared to the other two algorithms. The use of slide and baseline correction in the statistical technique improved the classification success rate by about 5%. In general, where all three algorithms failed to identify a MUAP class, it was because of inadequate number of class members in the signal and due to waveform variability. In some rare cases MUAP classes with very similar shapes were grouped together. Downsampling the signal by a factor of two at 10 kHz, saved computation time but reduced the success rate by about 1.5% in all cases. The very small reduction in the success rate, is attributed to the fact that approximately 95% of the power content of the whole population of MUAP's investigated falls below 2500 Hz [24]. Thus, downsampling the EMG signal by two, it minimally affects the information content of the signal.

For the decomposition of the superimposed waveforms, the algorithm correctly identified about 90% of the MUAP occurrences in the superimposed waveforms. Fig. 7 illustrates an example where a superimposed waveform composed of three different MUAP's was successfully decomposed.

MATLAB was used for implementing the above algorithms. The processing time on a PC Pentium 233 MHz for a 5-s epoch EMG signal with 77 waveforms was about 0.5 s for the segmentation and about 0.6 s for the classification with SOFM with LVQ, 0.4 s for SOFM, and 1 s for the statistical technique. The processing time for the decomposition of each superimposed waveform with three classes was about 0.02 s. Since

MATLAB is an interpreter, all the timings may be significantly improved by the use of a compiled version of the algorithms.

IV. DISCUSSION

The decomposition of real EMG signals into their constituent MUAP's and their classification into groups of similar shapes is a typical case of an unsupervised learning pattern recognition problem. The number of MUAP classes composing the EMG signal, the number of MUAP's per class, their firing pattern, and the expected shape of the MUAP waveforms are unknown. The problem gets even more difficult because of MUAP waveform variability, jitter of single fiber potentials, and MUAP superpositions. Any automated method for EMG analysis should require no operator intervention; should be fast, robust and reliable; and achieve high success rate in order to be of clinical use. Most of the previous methods briefly described in Section I used mainly template matching which requires a predetermination of the classification boundaries and may fail to detect classes with insufficient frequency of MUAP repetitions and MUAP's with high shape variability. Also, the need for operator intervention, especially in some of the earlier works on the topic [3], [4], and long processing time make their applicability in routine clinical environment difficult, although a high success rate has been reported.

In this work, two different pattern recognition techniques for the classification of MUAP's were investigated: i) an artificial neural network technique based on unsupervised learning, using modified SOFM and LVO, and ii) a statistical pattern recognition technique based on the Euclidean distance. Both pattern recognition techniques described are quite simple in their concepts, and gave a high success rate. The ANN technique performed better than the statistical pattern recognition technique and yielded a higher success rate. ANN's seem more appropriate for the classification of MUAP's because of their ability to adapt and to create complex classification boundaries. The additional use of the LVQ algorithm with the SOFM algorithm optimizes the classification boundaries through slight adaptation of the weights vectors. The result of this process is twofold: i) MUAP's with high variability which during the first learning phase were sorted out as superimposed, to be moved into the MUAP waveform classes, and ii) multiple classes of the same MUAP to be merged. The improvement of the classification performance is clearly demonstrated in the case of the MND group which contains MUAP's with more complex and variable waveform shapes, where the classification success rate of the SOFM with the LVQ algorithm was considerably higher compared to the statistical one. The combination of SOFM with LVQ for fine tuning of the network was also used successfully in speech recognition [21]. Moreover, the ANN technique presented in this study performed well even with a limited amount of data and achieved fast learning in only one epoch. Standard SOFM and standard competitive learning algorithms, investigated for the same real data, required a much greater number of learning epochs in order to converge. The difference between the SOFM algorithm implemented in this study and the standard SOFM [21] is that in the standard SOFM the learning rate is 177

not frequency sensitive, whereas in competitive learning only the first winner is adapted (winner takes it all). The "pseudounsupervised" learning algorithm as proposed by Hassoun *et al.* [17], [18] has a complicated network architecture, requires many learning epochs, and is computationally demanding.

The statistical technique utilized in this study has the disadvantage of using a constant threshold for classification that makes it less flexible, especially when the signal is noisy and with high variability. This has as a result that during the classification phase less MUAP occurrences are identified in comparison to the ANN technique. Also, the computational time increases geometrically with the amount of processed data. On the other hand, the number of classes which can be detected by the statistical technique is unlimited depending only on the number of actual MUAP classes existing in the signal. A similar approach was used by Loudon *et al.* [16], with the difference that waveforms were compared with the last encountered waveform instead of the group average which may lead to less accurate classification results.

It was also observed in both techniques that often, due to waveform variability, MUAP classes coming from the same motor unit, although they looked similar, were not grouped together. Merging of these classes can be achieved by: i) using the firing statistics after the decomposition process or ii) using the statistical pattern recognition technique in a second iteration with a greater constant threshold (= 0.3) and the averaged class waveforms as input.

Another concern is the selection of the length of the segmentation window. In this work the 6-ms-long window was chosen as covering the main MUAP spike duration in most of the disease cases. A shorter window would fail to contain the main MUAP spike in the case of motor neuron disease where MUAP's usually have a much longer duration. This would cause the classification algorithms to fail or would cut a long polyphasic MUAP into two artificial potentials. On the other hand, a shorter segmentation window would result in the identification of more potential occurrences during the classification process in the case of normal or myopathic signals, since only the main spike would be included. The decomposition of the superimposed waveforms complements this drawback in this work.

The time domain vector of the segmented signal was used as input to the classification algorithms without any normalization. This proved to give better results than the frequency domain vector [25] or the use of features characterizing the signal. This is due to the relatively simple shapes of the MUAP waveforms as these may still be identified at low to moderate force levels. Furthermore, the results in this study can be compared with a parametric pattern recognition algorithm where MUAP parameters were input to the classifier [14], [15] and which was evaluated with the same data set. The classification performance was poorer but the algorithm was computationally more efficient since the dimension of the input vector was significantly reduced.

Several new ideas were introduced in this work in order to improve the performance of the algorithms.

1) Learning achieved in only one epoch in the SOFM and LVQ algorithms.

- 2) The learning rate in the SOFM algorithm features the following characteristics: a) it is frequency sensitive i.e., it decreases its value depending on the number of times an output node is selected winner and b) it gets narrower as the number of iterations increases (i.e., it gets its higher value for the winning node where it gets significantly smaller values for the rest of the outputs nodes in the neighborhood).
- 3) The factor d_{k1}/d_{k2} in the LVQ algorithm in order to optimize the adaptation of the weights vector of the second winner.
- The threshold in the classification phase of the ANN technique in order to separate the superimposed waveforms.
- The combination of Euclidean distance and area measures in the decomposition of the superimposed waveforms in order to classify the decomposed waveforms.

In conclusion, the pattern recognition techniques as described in this work make possible the development of a fully automated EMG signal analysis system which is accurate, simple, fast, and reliable enough to be used in routine clinical environment. Future work will evaluate the algorithms developed in this study on EMG data recorded from more muscles and more subjects. In addition, this system may be integrated into a hybrid diagnostic system for neuromuscular diseases based on ANN where EMG [15], muscle biopsy, biochemical and molecular genetic findings, and clinical data may be combined to provide a diagnosis [26].

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