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# The Role of Fluoroquinolones in the Treatment of Tuberculosis in 2019

A. D. Pranger<sup>1,5</sup> · T. S. van der Werf<sup>2,3</sup> · J. G. W. Kosterink<sup>1,4</sup> · J. W. C. Alffenaar<sup>1</sup>

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## Abstract

The inability to use powerful antituberculosis drugs in an increasing number of patients seems to be the biggest threat towards global tuberculosis (TB) elimination. Simplified, shorter and preferably less toxic drug regimens are being investigated for pulmonary TB to counteract emergence of drug resistance. Intensified regimens with high-dose anti-TB drugs during the first weeks of treatment are being investigated for TB meningitis to increase the survival rate among these patients. Moxifloxacin, gatifloxacin and levofloxacin are seen as core agents in case of resistance or intolerance against first-line anti-TB drugs. However, based on their pharmacokinetics (PK) and pharmacodynamics (PD), these drugs are also promising for TB meningitis and might perhaps have the potential to shorten pulmonary TB treatment if dosing could be optimized. We prepared a comprehensive summary of clinical trials investigating the outcome of TB regimens based on moxifloxacin, gatifloxacin and levofloxacin in recent years. In the majority of clinical trials, treatment success was not in favour of these drugs compared to standard regimens. By discussing these results, we propose that incorporation of extended PK/PD analysis into the armamentarium of drug-development tools is needed to clarify the role of moxifloxacin, gatifloxacin and levofloxacin for TB, using the right dose. In addition, to prevent failure of treatment or emergence of drug-resistance, PK and PD variability advocates for concentration-guided dosing in patients at risk for too low a drug-exposure.

## Key Points

The optimal fluoroquinolone dose should be investigated for tuberculosis treatment.

Patients at risk for a too low drug exposure should be selected and monitored.

✉ A. D. Pranger  
a.d.pranger@lumc.nl

<sup>1</sup> Department of Clinical Pharmacy and Pharmacology, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands

<sup>2</sup> Department of Pulmonary Diseases and Tuberculosis, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands

<sup>3</sup> Department of Internal Medicine/Infectious Diseases, University of Groningen, University Medical Center Groningen, Groningen, The Netherlands

<sup>4</sup> PharmacoTherapy, Epidemiology and Economics, Groningen Research Institute of Pharmacy, University of Groningen, Groningen, The Netherlands

<sup>5</sup> Department of Clinical Pharmacy and Toxicology, Leiden University Medical Center, P.O. Box 9600, 2300 RC Leiden, The Netherlands

## 1 Introduction

To end tuberculosis (TB) by 2035, as mentioned in the United Nations Sustainable Development Goals, may be an over-ambitious target as evidence is emerging that the TB incidence is not declining at all [1, 2]. Optimization of drug-resistant TB prevention and treatment is a known challenge of global TB elimination [3]. According to the latest annual WHO report (2018), 558,000 new TB patients were infected with rifampicin-resistant (RR) *M. tuberculosis* (MTB) isolates, resistant against the most important first-line anti-TB agent [4], and in Italy, Iran and India, notation has been made of TB cases resistant against (almost) all second-line anti-TB drugs [5–7]. The biggest threat towards TB elimination could therefore well be the increase of resistance against powerful anti-TB agents.

Fluoroquinolones, i.e. moxifloxacin, gatifloxacin and levofloxacin, are the most valuable second-line anti-TB agents according to the current WHO guidelines (update October 2016) [8]. These recommendations were consistent with our forecasts on particularly moxifloxacin and gatifloxacin based on a review on pharmacokinetics (PK) and pharmacodynamics (PD) of 14 fluoroquinolones for TB [9]. Although moxifloxacin was not recommended until the WHO guidelines

were updated in 2011, our main finding was that the role of moxifloxacin for drug-resistant TB, possibly at a dose of 600 or 800 mg once daily, was underestimated. This conclusion was based on excellent penetration of moxifloxacin in alveolar macrophages, epithelial lining fluid, bone and cerebrospinal fluid; the highest bactericidal and sterilizing activity; and bactericidal activity against ofloxacin-resistant strains [9]. For moxifloxacin, gatifloxacin and levofloxacin, and for the four high-potential fluoroquinolones for TB as defined in 2011 [9], the current marketing and clinical development status is described in Table 1. The four high potentials have never been under clinical development for TB, and the general marketing status of all seven fluoroquinolones has not changed compared to 2011 [9].

Since rifampicin was authorised for treatment of TB more than half a century ago, the US Food and Drug Administration (FDA) and/or European Medicines Agency (EMA) have only approved bedaquiline (2012) and delamanid (2014) for TB as a last remedy in the case of extensive drug resistance [10, 11]. Currently, the TB pipeline is working on simplification of regimens (shorter, less toxic, oral) to counteract drug resistance by promoting drug adherence [12]. Unfortunately, the results of a short-course drug-susceptible TB regimen based on moxifloxacin were disappointing [13, 14]. However, in 2016, the WHO adopted a shorter regimen—still 9–12 months—for selected patients with multidrug-resistant TB (MDR-TB) [8]. Moxifloxacin or gatifloxacin

are preferred components of this shorter regimen, which is restricted to TB patients with no history of second-line drugs and no resistance against pyrazinamide, fluoroquinolones or aminoglycosides [8]. From 2011 onwards, in TB research and WHO guidelines, fluoroquinolones (moxifloxacin, gatifloxacin, levofloxacin) have been given an important share in regimens for drug-susceptible and drug-resistant TB. This role seems justified based on its PK and PD [9]. The aim of this review was to update, summarize and discuss the treatment outcome of regimens based on moxifloxacin, gatifloxacin or levofloxacin for TB.

## 2 Methods

A PubMed search was performed using the keywords “moxifloxacin” OR “levofloxacin” OR “gatifloxacin” AND “tuberculosis”. The limitations “human”, “English” and a publication date of the last “5 years”, and article types “clinical trial”, “randomized controlled trial”, “controlled clinical trial” and “comparative study” were added to the searches. We included articles reporting bacteriological and/or clinical treatment outcome. Publications reporting only pharmacokinetic outcome and/or early bactericidal results were excluded. Trials were included regardless of the extent of drug-resistance and regardless of the localization of TB.

**Table 1** State of clinical development in tuberculosis (TB) treatment and general marketing status as at 2019

	Marketing status other than TB <sup>A,B</sup>	Registered strength (mg)	Clinical development phase for TB (2011–2018) <sup>C, D</sup>
WHO recommended fluoroquinolones (2019)			
Gatifloxacin	Discontinued (USA)	–	III
Levofloxacin	Approved (USA/EU) <sup>E</sup>	250, 500 and 750	IV <sup>F</sup> , II, III
Moxifloxacin	Approved (USA/EU) <sup>E</sup>	400	II <sup>F</sup> , III
High-potential fluoroquinolones based on PK/PD			
Sparfloxacin	Discontinued (USA)	–	None
Sitafoxacin	None	–	None
Trovafoxacin	Discontinued (USA/EU) <sup>E</sup>	–	None
DC-159a	None	–	None

Searches were conducted in March 2018. A second search in December 2018 revealed no change in marketing or clinical development status

Table format partly adopted from Pranger et al. Current Pharmaceutical Design 2011

Oral formulation unless indicated otherwise

PK/PD pharmacokinetics/pharmacodynamics

<sup>A</sup>Marketing status is indicated as the state of the fluoroquinolone on the market of the USA and/or the European Union (EU)

<sup>B</sup>Marketing status ‘none’: registered data was not available on [fda.gov](http://fda.gov) or [ema.europa.eu](http://ema.europa.eu)

<sup>C</sup>Clinical development status ‘none’: no registered trial (Phase I–IV) on [clinicaltrials.gov](http://clinicaltrials.gov) or available as literature on PubMed

<sup>D</sup>Pulmonary TB unless otherwise indicated

<sup>E</sup>Intravenous and oral formulation

<sup>F</sup>For pulmonary TB as well as TB meningitis

All searches were conducted in June 2017. Searches up to and including December 2018 revealed no new articles.

## 3 Results

### 3.1 Pulmonary Tuberculosis

Five clinical trials investigated the treatment outcome of moxifloxacin, gatifloxacin and/or levofloxacin for pulmonary TB (Tables 2, 3). In one clinical trial [15], moxifloxacin was compared with levofloxacin as part of an MDR-TB regimen. In the remaining four clinical trials [13, 14, 16, 17], results of seven fluoroquinolone-based regimens (moxifloxacin: five, gatifloxacin: two) compared to a standard WHO-recommended daily (five times) or thrice-weekly (two times, moxifloxacin: one, gatifloxacin: one) drug-susceptible (DS) TB treatment, were published. A thrice-weekly DS-TB regimen is no longer recommended in the WHO guidelines [18].

#### 3.1.1 Four-month Fluoroquinolone-Containing Regimens

A 2-month shorter regimen was investigated in six out of seven fluoroquinolone regimens for DS-TB, but none of these regimens demonstrated a favourable outcome after a follow-up period of at least 6 months, compared to the standard DS-TB regimen (Tables 2, 3, 5). A remarkably higher TB recurrence rate was observed in the experimental compared to the control arms [13, 14, 17], leading to premature termination of both the moxifloxacin- and gatifloxacin-containing arm in one clinical trial [17]. Additionally, in one of the other clinical trials, non-inferiority was not observed after 12 months of follow-up, but was observed at the end of treatment for two moxifloxacin-containing regimens [13]. Moreover, in the preliminary terminated study [17], with the only thrice-weekly control and experimental regimens, a higher TB recurrence rate was observed for gatifloxacin (16%) compared to moxifloxacin (10%), and almost all recurrences occurred before the sixth month post-treatment. A minimal increase in unfavourable outcome was observed at the end of treatment [17]. Finally, one clinical trial suggested that standard DS-TB treatment might even benefit specific patient populations, like DS-TB patients with an HIV-negative status, if a daily 4-month gatifloxacin regimen is the alternative treatment option [16].

#### 3.1.2 Moxifloxacin

The treatment-shortening potential of moxifloxacin has been the most studied subject in recent years with regard to fluoroquinolones for pulmonary TB (Tables 2, 3). Contrary to the results of these 4-month regimens, the efficacy, including the relapse rate after treatment, of a 6-month course that

included 4 months of once-a-week dosing of moxifloxacin and rifapentine was similar to that of the standard DS-TB regimen [14]. For MDR-TB treatment success, moxifloxacin and levofloxacin (750 mg/day) were equally effective in one clinical trial [15].

### 3.2 Tuberculosis Meningitis

Three clinical trials investigated the survival benefit of a fluoroquinolone added to, or replacing, a drug from the standard regimen for the treatment of TB meningitis (TBM) (Table 4). A significant survival benefit (hazard ratio: 2.13, 95% CI 1.04–4.34,  $P=0.04$ ) was observed for TBM patients, regardless of stage of TBM, treated with levofloxacin (10 mg/kg/day, maximum 500 mg/day) instead of rifampicin, next to isoniazid, pyrazinamide and ethambutol. Although the proportion of patients with an unfavourable outcome did not change in the per-protocol analysis (excluding patients with serious adverse events) for both treatment groups, it was striking that levofloxacin had to be discontinued in 16 of 60 patients mainly due to seizures [19]. In the remaining two clinical trials [20, 21], intensified TBM regimens for DS-TB were investigated that included high-dose fluoroquinolone (levofloxacin or moxifloxacin) and/or high-dose rifampicin during the first weeks of treatment. Adding levofloxacin (20 mg/kg/day) plus rifampicin (5 mg/kg/day) to the standard drug combination during the first 8 weeks of treatment did not contribute to reducing death after 9 months of treatment [20]. Although the sample size was small and the study was exploratory, replacing ethambutol with moxifloxacin (400 or 800 mg) in the first 2 weeks of standard DS-TB treatment was also not associated with any survival benefit [21]. On the other hand, in this study high-dose rifampicin (600 mg intravenously) in the first 2 weeks of treatment was associated with a lower 6-month mortality compared to the standard rifampicin dose (450 mg orally) [21].

## 4 Discussion

### 4.1 Pulmonary Tuberculosis

The main finding of this review is that the 4-month moxifloxacin- or gatifloxacin-containing regimens successfully treated 75–90% of pulmonary TB patients, but none of them demonstrated a favourable outcome after a follow-up period of at least 6 months, compared to the standard DS-TB regimen (Tables 2, 3). Particularly, the TB relapse rate after treatment was remarkable.

MTB has the capacity to survive in a hypoxic environment by switching to a low-replicating and low-metabolic rate, resulting in a difficult-to-treat sub-population of

**Table 2** Treatment outcomes of fluoroquinolone (FQ)-containing regimens for pulmonary tuberculosis (TB)

FQ (mg)	Treatment regimen <sup>A</sup>		Study		Treatment outcome						FQ non-inferior <sup>B</sup>	Refs.
	FQ (months)	Control (months)	Type	No. <sup>C</sup>	Patient	Primary endpoint(s)	End-point <sup>D</sup>	End-point FQ <sup>C</sup>	End-point control <sup>C</sup>	FQ minus control <sup>C,E</sup>		
M 400	S MRZE (2) MRI <sub>500mg</sub> (2) <sup>F</sup>	HRZE (2) HR (4)	Non-inferiority, RCT	193 (M) 188 (C)	Drug-sensitive <sup>G</sup> , smear-positive	Unfavourable outcome (culture-positive, or death, or clinical need to change treatment, or incomplete treatment with positive culture at the end of follow-up) <sup>H</sup>	≥ 6	27 <sup>K</sup> %	14%	13.1 (5.6 to 20.6) %	No	[14]
M 400	S MRZE (2) MRI <sub>1200mg</sub> (4) <sup>J</sup>	HRZE (2) HR (4)	Non-inferiority, RCT	212 (M) 188 (C)	Drug-sensitive <sup>G</sup> , smear-positive	Unfavourable outcome (culture-positive, or death, or clinical need to change treatment, or incomplete treatment with positive culture at the end of follow-up) <sup>H</sup>	≥ 6	14%	14%	0.4 (-5.7 to 6.6) %	Yes	[14]
M 400	S HRZM (2) HRM (2)	HRZE (2) HR (4)	Placebo-controlled, double-blind, non-inferiority, RCT	568 (M) 555 (C)	R- and FQ-sensitive, smear-positive	Unfavourable outcome (bacteriologically or clinically defined failure or relapse)	12	23 <sup>K</sup> %	16%	7.8 (2.7 to 13.0) 0.48 (-2.16 to 3.11) <sup>L</sup>	No	[13]
M 400	S MRZE (2) RM (2)	HRZE (2) HR (4)	Placebo-controlled, double-blind, non-inferiority, RCT	551 (M) 555 (C)	R- and FQ-sensitive, smear-positive	Unfavourable outcome (bacteriologically or clinically defined failure or relapse)	12	24 <sup>K</sup> %	16%	9.0 (3.8 to 14.2) 1.96 (-0.90 to 4.83) <sup>L</sup>	No	[13]

C control, E ethambutol, FQ fluoroquinolone, H isoniazid, M moxifloxacin, RCT randomized controlled trial, Ri rifampentine, R rifampicin, S short-course, Z pyrazinamide

<sup>A</sup>Daily regimen unless indicated otherwise

<sup>B</sup>(Modified) intention-to-treat and per-protocol population unless indicated otherwise

<sup>C</sup>(Modified) intention-to-treat population unless indicated otherwise

<sup>D</sup>Months after the end of control treatment

<sup>E</sup>Point-difference (95% or 97.5% CI)

<sup>F</sup>Administered twice weekly

<sup>G</sup>R, H and M sensitive TB. Most patients with unfavourable DST results were excluded after randomization (late exclusions, excluded from modified intention-to-treat analysis)

<sup>H</sup>Patients with re-infection and pregnant patients were excluded

<sup>I</sup>Remarkable high relapse rate compared to control

<sup>J</sup>Administered once weekly

<sup>K</sup>Approx. 10% relapse rate after the end of treatment

<sup>L</sup>Sensitivity analyses: non-inferior status at the end of treatment

**Table 3** Treatment outcomes of fluoroquinolone (FQ)-containing regimens for pulmonary tuberculosis (TB)

FQ (mg)	Treatment regimen <sup>A</sup>		Study		Treatment outcome					Refs.		
	FQ (months)	Control (months)	Type	No. C	Patient	Primary endpoint(s)	End-point <sup>D</sup>	End-point FQ <sup>C</sup>	End-point control <sup>C</sup>		FQ minus control <sup>C,E</sup>	FQ non-inferior <sup>B</sup>
G 400 S	GHRZ (2) GHR (2)	HRZE (2) HR (4)	Non-inferiority, open-label, RCT	1356	R-sensitive, smear-positive	Unfavourable outcome (culture-positive at the end of treatment, relapse or re-infection, or death, or study drop-out)	24	21%	17%	3.5 (-0.7 to 7.7) % <sup>F</sup>	No	[16]
G 400 S	GHRZ (2) <sup>G</sup> GHR (2) <sup>G</sup>	HRZE (2) <sup>G</sup> HR (4) <sup>G</sup>	Open-label, RCT	136 (G) <sup>H</sup> 165 (C) <sup>H</sup>	Culture-positive	Unfavourable outcome (culture-positive, or death, or clinical need to change treatment) recurrence	0 24	5% <sup>I</sup> 16% <sup>I,J</sup>	3% <sup>I</sup> 6% <sup>I</sup>	-	N/a	[17]
L 750 M 400	LB (3+) <sup>K</sup> MB (3+) <sup>K</sup>	-	Open-label, RCT	77 (L) <sup>L</sup> 74 (M) <sup>L</sup>	MDR, culture-positive	Treatment success (sum of cure and completion) <sup>M</sup> treatment failure (sum of death and failure)	0 0	84% (L) 80% (M) 8% (L) 7% (M)	-	M-L: -4.7 (-17.0 to 7.6) % M-L: -1.0 (-10.1 to 8.1) %	N/a	[15]
M 400 S	MHRZ (2) <sup>G</sup> MHR (2) <sup>G</sup>	HRZE (2) <sup>G</sup> HR (4) <sup>G</sup>	Open-label, RCT	115 (M) <sup>H</sup> 165 (C) <sup>H</sup>	Culture-positive	Unfavourable outcome (culture-positive, or death, or clinical need to change treatment) recurrence	0 24	2% <sup>I</sup> 10% <sup>I</sup>	3% <sup>I</sup> 6% <sup>I</sup>	-	N/a	[17]

<sup>B</sup> Background regimen according to WHO guidelines, C control, E ethambutol, FQ fluoroquinolone, G gatifloxacin, H isoniazid, L levofloxacin, M moxifloxacin, MDR multi-drug resistance, O ofloxacin, RCT randomized controlled trial, R rifampicin, S short-course, Z pyrazinamide

<sup>A</sup>Daily regimen unless indicated otherwise  
<sup>B</sup>(Modified) intention-to-treat and per-protocol population unless indicated otherwise  
<sup>C</sup>(Modified) intention-to-treat population unless indicated otherwise  
<sup>D</sup>Months after the end of treatment  
<sup>E</sup>Point-difference (95% CI)  
<sup>F</sup>Subgroups HIV-negative, cavitation, BMI ≥ 16; 95% CI in favour of Control  
<sup>G</sup>Thrice-weekly  
<sup>H</sup>Premature termination due to the extent of TB recurrence in the G- and M-arm  
<sup>I</sup>Drug-susceptible (DS) TB patients (tested drugs: H,R,E,O): 94% (G), 97% (M) and 84% (C); DS-TB patients: equivalent frequencies for primary endpoints compared to the total group  
<sup>J</sup>FQ vs. control:  $p < 0.05$   
<sup>K</sup>3 months' trial medication, thereafter according to WHO guidelines  
<sup>L</sup>Premature termination due to drop of patient enrollment  
<sup>M</sup>Follow-up analysis comparing all WHO definitions of treatment outcome. Initial study had primary outcome = sputum culture conversion

**Table 4** Treatment outcomes of fluoroquinolone (FQ)-containing regimens for tuberculosis (TB) meningitis

FQ (mg)	Treatment regimen <sup>A</sup>		Study		Treatment outcome			Survival FQ/control				
	FQ (months)	Control (months)	Type	No. <sup>B</sup>	Patient	Primary end-point	End-point months <sup>c</sup>	Endpoint FQ <sup>B</sup> control <sup>B</sup>	Hazard ratio (95% CI) <sup>B</sup>	<i>P</i> value Refs.		
L 20/kg	LR (8 weeks)+HRZE (3) <sup>D</sup>	HRZE (3)	Double-blind, placebo-controlled, RCT	817	Clinical diagnosis, no MDR <sup>E</sup>	Death	0	28%	28%	0.66	[20]	
	HR (6)	HR (6)						28%	Death: 0.94 (0.73–1.22)			
L 10/kg (max. 500)	HLZE (6)	HRZE (6)	Open-label, RCT	120	Clinical diagnosis	Death	0	38% <sup>G</sup>	Survival: 2.13 (1.04–4.34) <sup>F</sup>	0.04	[19]	
M 0	HRZE (2 weeks) <sup>H</sup>	–	Open-label, RCT, factorial design	+ R <sub>450mg</sub> 12	Clinical diagnosis	Death <sup>I</sup>	0	–	Death: 0.76 (0.30–1.94) <sup>J,K</sup>	0.55 <sup>K</sup>	[21]	
	HRZM (2 weeks) <sup>H</sup>	–						+ R <sub>450mg</sub> 58%				
	HRZM (2 weeks) <sup>H</sup>	–						10	60%			
	All arms > 2 weeks: HRZE	–						9	78%			
	HR (4)	–						+ R <sub>600mg</sub> 10	+ R <sub>600mg</sub> 30%			
		9	22%	50%								

*E* ethambutol, *FQ* fluoroquinolone, *H* isoniazid, *L* levofloxacin, *MDR* multi-drug resistance, *M* moxifloxacin, *RCT* randomized controlled trial, *R* rifampicin, *Z* pyrazinamide

<sup>A</sup>Daily regimen

<sup>B</sup>(Modified) intention-to-treat population

<sup>C</sup>Months after the end of treatment

<sup>D</sup>+ 5 mg/kg/day rifampicin (total 15 mg/kg/day) in the first 8 weeks. Streptomycin was added for the first 3 months in treatment-experienced patients

<sup>E</sup>MDR proven by sputum culture or suspected

<sup>F</sup>Adjusted for covariates of survival such as stage of disease

<sup>G</sup>Levofloxacin was withdrawn in 16 patients due to serious adverse events (SAEs). Death in the per-protocol analysis (patients with SAEs excluded): 25% (L) vs. 41% (R)

<sup>H</sup>Six arms: first randomization oral R<sub>450mg</sub> (standard) or intravenous R<sub>600mg</sub> (high-dose), second randomization M<sub>400mg</sub>, M<sub>800mg</sub> or E

<sup>I</sup>Secondary endpoint. No sample size calculation because of the exploratory nature of the study. Sample size was assumed to be sufficient to explore pharmacokinetics and safety of intensified regimens based on M and/or R

<sup>J</sup>Adjusted for R<sub>600mg</sub>, HIV status, and Glasgow coma scale at baseline

<sup>K</sup>M (400 mg, 800 mg) vs. E

persistent TB bacilli in pulmonary TB lesions [22], and thus several months of treatment are needed to attain sterilising treatment. The indication that moxifloxacin or gatifloxacin had the potential to shorten DS-TB treatment was based on the in vitro bactericidal activity of moxifloxacin and gatifloxacin against anaerobic, non-replicating TB bacilli. Also, a stable cure in BALB/c mice was reached after 4 instead of 6 months of treatment with isoniazid replaced by moxifloxacin and a similar or higher proportion of TB patients with negative sputum culture after 8 weeks of treatment was reached with moxifloxacin or gatifloxacin instead of isoniazid or ethambutol [23–28]. A poor predictive value of the pre-clinical study designs used and a sub-optimal exposure of anti-TB drugs at the site of infection might explain the unfavourable results of these shorter-course regimens.

First, the standard BALB/c mouse does not exhibit the TB lesion heterogeneity as seen in humans, making this mouse model possibly unsuitable to study in vivo activity of drugs against non-replicating TB bacilli [29]. The C3HeB/FeJ mouse, on the other hand, may be more suitable [29]. In addition, the two 4-month moxifloxacin-containing regimens of the REMoxTB Phase III study were retrospectively evaluated in a pre-clinical model with C3HeB/FeJ mice [30]. In accordance with the results of the Phase III trial, a stable cure was also not expected after 4 months of treatment based on this murine model [30]. Second, using in vitro PK/PD modelling and Monte Carlo simulations, it has been suggested that a daily dose of 800 mg of moxifloxacin or more is needed for optimal kill of MTB and to suppress drug-resistant mutants in log-phase growth [31, 32]. The optimal sterilizing dose is thus unknown, but 400 mg/day is likely not the optimal dosage of moxifloxacin for TB. In addition, combination therapy with rifampicin might be synergistic for suppression of drug resistance (MTB in log-phase growth), but antagonistic for the time needed to kill the non-growing mycobacterial population [32]. Given the possible paradoxical effect of rifampicin on moxifloxacin, the predictive performance for sterilizing activity of Phase IIB studies, investigating culture conversion at 2 months of moxifloxacin substituted for isoniazid or ethambutol in a standard DS-TB regimen, is at least questionable. Also, PD interactions (synergistic, antagonistic or additive) might be concentration dependent. An in vitro hollow fibre system (HFS) has the ability to study both the bactericidal and sterilizing effects for drug combinations using a variety of concentrations over time [29, 33]. Therefore, the HFS might be a useful model to study potentially sterilizing drugs like moxifloxacin and gatifloxacin, as part of a standard or new TB regimen. Recently, the HFS was used to select the optimal sterilizing dose of both linezolid and ertapenem-clavulanate for TB [34, 35].

Furthermore, in our TB patients treated under direct observation (DOT), moxifloxacin PK variability in plasma was found to be ninefold on 400 mg/day [36]. The PK of

all anti-tuberculosis drugs could be affected by TB disease activity (wasting, loss of lean body mass, fat and serum proteins), HIV, diabetes or drug–drug interactions [37, 38]. The PK interaction between rifampicin and moxifloxacin is well known [39, 40]. Also male gender might be a risk factor for reduced moxifloxacin exposure in the early phase of treatment, which is probably due to disease-related intestinal dysfunction (*publication submitted*). In healthy volunteers, moxifloxacin has a high penetration into alveolar macrophages and epithelial lining fluid [9]. However, based on MALDI mass spectrometry imaging, the penetration of moxifloxacin into the hypoxic sites of pulmonary lesions of TB patients is marginal compared to the oxygen-rich sites, and compared to rifampicin [41]. All together, the optimal sterilizing dose appears to differ from one patient to another, probably due to PK variability, and this advocates for sub-group analyses in pre-clinical animal models (e.g. extent of cavitation) and clinical trials (e.g. low body mass index (BMI)), and also for drug-concentration monitoring in patients at risk for low drug exposure during treatment. Despite limited data on gatifloxacin PK, in one of the Phase III trials (OFLOTUB), the 4-month gatifloxacin-containing regimen was not associated with treatment success for the total group of patients, but was in favour of treatment success for patients without cavitation, for patients with HIV co-infection, and for patients with a low BMI, compared to the standard DS-TB regimen [16].

In recent years, one clinical trial compared two conventional MDR-TB regimens (Tables 2, 3). In accordance with the results of this study [15], a recent individual patient data meta-analysis showed that incorporation of moxifloxacin or levofloxacin in a MDR/RR-TB regimen is associated with treatment success [42]. The current WHO guidelines (October 2016) proposed a shorter-course—still 9–12 months—regimen for RR/MDR-TB patients [8]. This largely standardized gatifloxacin- (or moxifloxacin-) containing regimen is based on three observational studies of cohorts from Bangladesh, Niger and Cameroon, supplemented with individual patient data [8, 43–45]. Although the number of patients in follow-up was limited, MDR/RR-TB patients without previous use of second-line drugs, and without resistance against fluoroquinolones and injectable agents, were found likely enough to benefit from this shorter regimen [8]. An important note is that the short-course Bangladesh regimen included high-dose gatifloxacin (600 mg for a bodyweight of 33–50 kg, 800 mg for > 50 kg) [43, 45]. In the prospective evaluation of the shorter-course regimen for MDR/RR-TB, gatifloxacin was replaced by moxifloxacin because of market withdrawal of gatifloxacin due to dysglycaemia. Although patients with a bodyweight > 50 kg are also treated with 800 mg of moxifloxacin once daily in this STREAM stage 1 trial [46], it is still questionable if this weight-band dosing is optimal for a sterilizing and bactericidal effect. In August



2018, the WHO published a rapid communication regarding reclassification of core anti-TB drugs. Moxifloxacin or levofloxacin have remained core agents in the conventional and shorter course MDR/RR-TB regimen [47]. As earlier suggested for DS-TB, and as was proposed for ertapenem-clavulanate [35], we propose a combination of studies in HFS and Monte Carlo simulations, using RR/MDR-TB patient data, to select the sterilizing fluoroquinolone dose most suitable to be tested in controlled Phase III trials as part of RR/MDR-TB regimens.

## 4.2 Tuberculosis Meningitis

A significant survival benefit for TBM patients treated with a fluoroquinolone-containing regimen was observed in one of the three published clinical trials (Table 4). The idea to use moxifloxacin and levofloxacin for improvement of TBM survival is based on favourable penetration into cerebrospinal fluid (CSF) [9]. Because an evidence-based regimen is lacking, TBM patients are often treated (for a pragmatic longer period) with the standardized pulmonary TB regimen, as recommended by the WHO despite the fact that rifampicin only marginally penetrates into CSF [18, 48]. In the only RCT with favourable results for the patients treated with a fluoroquinolone [19], levofloxacin was compared to rifampicin, both using a standard dose, next to isoniazid, pyrazinamide and ethambutol. The improved outcome for TBM patients treated with levofloxacin might be explained by the much better penetration of levofloxacin into CSF compared to rifampicin [9, 48].

As adequate early-phase treatment is important to prevent patients suffering from TBM to deteriorate, the two remaining clinical studies investigated intensified, high-dose therapies during the early phase of TBM treatment [20, 21]. Although the trial with moxifloxacin was not powered for survival analysis, instead of the high-dose moxifloxacin (800 mg) treatment, the ‘high-dose’ rifampicin (600 mg iv) treatment in the first 2 weeks, given in an attempt to increase CSF drug-exposure, was associated with survival benefit [21]. In this study, the moxifloxacin dose was escalated because of the well-known drug-drug interaction with rifampicin. An additional PK/PD analysis was done to investigate the extent to which exposure was related to outcome [49]. Despite the small sample size, moxifloxacin AUC was not, but the AUC of rifampicin was related to TBM survival, and therefore the authors concluded that increasing the rifampicin dose above 600 mg might be the way forward to further optimize TBM treatment. However, there was a trend to a higher moxifloxacin peak-plasma concentration for patients who survived at least 2 weeks. We therefore agree with the authors that an extended cumulative PK/PD analysis of the TBM regimen is needed to clarify the (long-term) role of moxifloxacin for TBM [50, 51]. The same might

be true for the third study [20], including high dosages of levofloxacin and rifampicin in the first 8 weeks added to isoniazid, rifampicin, pyrazinamide and ethambutol, which did not result in a cumulative survival benefit. Remarkably, the head-to-head comparison of standard dosages of levofloxacin and rifampicin in the first study was in favour of levofloxacin [19], which might support further investigating the relationship between drug-exposure and outcome in a multiple drug-regimen. Also, in other bacteria quinolones have a concentration-dependent killing with a post-antibiotic effect. However, it is at least questionable if the half-life of levofloxacin is long enough to fulfill the criteria for once-daily dosing in TB, i.e. to prevent drug-resistant mutant selection [9]. Further research of the optimal dosing interval of levofloxacin for TB is therefore also important.

Finally, considering that the (protein-unbound) drug-exposure in plasma is closely linked to drug-exposure in CSF, as for plasma, CSF PK variability might play an important role. Therefore, the identification of sub-groups at risk for inadequate CSF exposure might be important for clinical research and clinical practice. Inadequate drug-exposure may result in drug resistance and high drug exposure in toxicity, and, as CSF penetration has to be sufficiently high, second-line treatment options are even more limited for TBM compared to the second-line drug options for pulmonary TB. Aminoglycosides belong to the core RR/MDR-TB agents; however, these drugs have marginal penetration into CSF [48]. In addition, a recent sub-group analysis showed that in isoniazid-monoresistant TB, an intensified combination of levofloxacin and rifampicin in the early phase of treatment was associated with a lower 9-month mortality, although an overall survival benefit was not observed. Levofloxacin combined with rifampicin might therefore provide a survival benefit for isoniazid-resistant TBM patients [20, 52]. With regard to the safety of high-dose fluoroquinolones, data are limited, but no increase of serious adverse events was reported for levofloxacin or moxifloxacin in TBM patients [20, 21, 53]. However, high-dose moxifloxacin was always combined with rifampicin in these studies and a high incidence of seizures was observed by using the standard dose of levofloxacin [19, 21, 53]. The authors of the standard-dose levofloxacin study suggested that there could have been a relatively high seizure potential amongst their patients due to *inter alia* severe meningitis [19]. Also, recently a ‘black box’ warning was launched by the FDA on potential neurotoxicity and low blood sugar levels after administration of fluoroquinolones [54]. However, as long as there is no drug-exposure breakpoint for safety, ECG monitoring is still recommended for high-dose moxifloxacin, especially when combined with bedaquiline in the newest WHO prioritized MDR/RR-TB regimen [47, 55], and one should be aware of seizures when using (high-dose) levofloxacin.

## 5 Conclusion

We provide a comprehensive summary of clinical trials investigating the outcome of fluoroquinolone-containing regimens for TB in the recent years. In general, the results of these trials were not in favour of fluoroquinolones for TB. Moxifloxacin, levofloxacin and gatifloxacin are important second-line anti-TB agents, but we advise extended PK/PD analysis to measure drug exposure, and identify suitable dosing, for clarification of the role of fluoroquinolones as sterilizing agents for pulmonary TB and as first-line agent for TBM. PK variability calls for sub-group analysis or strict inclusion criteria in clinical trials, and for therapeutic drug monitoring in patients at risk for inadequately low exposure. Therefore, to prevent failure of treatment and emergence of drug resistance, a strategy for concentration-guided dosing, including point-of-care tools, is the proposed way forward [56, 57].

## Compliance with Ethical Standards

**Data availability** All data generated or analysed during this literature review are included in this article.

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**Conflict of interest** The authors A.D. Pranger, T.S van der Werf, J.G.W. Kosterink, and J.W.C. Alffenaar, declare that they have no conflicts of interest.

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