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Review article

Expanded carrier screening: A current perspective

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ABSTRACT

Prenatal carrier screening has expanded to include a large number of genes offered to all couples considering pregnancy or with an ongoing pregnancy. Expanded carrier screening refers to identification of carriers of single-gene disorders outside of traditional screening guidelines. Expanded carrier screening panels include numerous autosomal recessive and X-linked genetic conditions, including those with a very low carrier frequency, as well as those with mild or incompletely penetrant phenotype. Therefore, the clinical utility of these panels is still subject of debate. Priority should be given to carrier screening panels that include a comprehensive set of severe childhood-onset disorders. Psychosocial support and genetic counseling should be available prior to screening and for the return of positive results. Systems are needed to reduce the risk of misinterpreting results. Finally, attention should be paid on the impact of expanded carrier screening on health care organizations and burden of cost.

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Background on carrier screening

Carrier screening is defined as a genetic study aimed at discovering the presence of carriers for autosomal recessive or X-

linked recessive disorders in a not at *a priori* risk population, based on the personal and family genetic disease history [1].

Nowadays we count more than 2000 recessive disorders among autosomal and X-linked [2–5]. Recessive disorders affect at least 25 in 10,000 children and 1 in 100 couples are carriers, with a risk of 25% of having a child affected with an autosomal recessive genetic condition [1,5,6]. Currently, carrier screening is becoming a standard practice for individuals with a positive family history of a recessive disease [7].

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We can identify two different time intervals where carrier screening can be offered to individuals or couples: preconception screening before pregnancy, and prenatal during pregnancy. Although the prenatal screening is at present the one most performed, the preconceptional screening seems to be a better alternative to allow the parents conscious reproductive choices [7]. Newborn screening must be distinguished from carrier screening. The aim of newborn screening is to detect diseases for early treatment by testing directly the newborn. Carrier screening may allow the neonates to obtain medical care earlier than newborn screening. Carrier screening alone, however, without newborn screening would miss many affected neonates [8].

One of the major discussions about carrier screening is to whom it should be offered. It can be offered to individuals, usually the woman, or couples, especially when a maternal or paternal mutation is identified. Moreover, populations with different risks for heterozygous carrier frequency can be examined: low risk populations in which the test can be part of a general screening program or high risk populations because of positive family history or being a member of a particular ethnic group [2,7,9,10].

In 2013, the American College of Medical Genetics and Genomics (ACMG) published a position statement on carrier screening.¹¹ For a disorder to be included in carrier screening, ACMG set the following criteria: the at-risk patients and their partners identified would consider having a prenatal diagnosis; when adult-onset disorders are included in the screening panels, patients must provide consent to screening for these conditions; the causative gene(s), mutations and mutation frequencies should be known in the population being tested so that residual risk in those who test negative can be assessed; there must be a strong clinical association between mutation(s) and the severity of the disorder and compliance with ACMG quality control and proficiency testing. Genetic counseling before testing should be available and post-test genetic counseling for those with positive results is recommended. ACMG discourages including as many disorders as possible, not only because it could be not appropriated belonging to a criteria, but also because it could be unpractical for a provider to discuss each clinical condition included in a multidisease carrier screening panel [11]. Other societies such as, ACOG, the National Society of Genetics Counselors and the Society of Maternal-Fetal Medicine (SMFM) agree with ACMG criteria and recommendations [12].

In 2017, the ACOG's Committee Opinion, Carrier Screening in the Age of Genomic Medicine, defined similar criteria and recommendations for clinicians to evaluate predefined commercial expanded carrier panels and to determine their appropriateness [13].

- Expanded carrier screening is an acceptable strategy for pre-pregnancy and prenatal screening
- Counseling should be offered;
- Patients should be counseled regarding residual risk with negative result;
- The reproductive partner of a woman found to be a carrier for a specific condition should be offered screening. If carriers for the same mutation are identified before pregnancy, genetic counseling is encouraged to discuss and maximize reproductive options (donor gametes, preimplantation genetic diagnosis, prenatal diagnosis);
- Given the high variability of genetic panels currently on the market, the disorders selected for inclusion should meet several of the following consensus-determined criteria: have a carrier frequency of 1 in 100 or greater, have a well-defined phenotype, have a detrimental effect on quality of life, cause cognitive or physical impairment, require surgical or medical intervention, or have an onset early in life. Additionally, screened conditions should be able to be diagnosed prenatally and may afford opportunities for antenatal intervention to improve perinatal

outcomes, changes to delivery management to optimize newborn and infant outcomes, and education of the parents about special care needs after birth. Carrier screening panels should not include conditions primarily associated with a disease of adult onset.

Nowadays, carrier screening has expanded to include a larger number of genes offered to all couples considering pregnancy or with an ongoing pregnancy. Benefits of including too many conditions in expanded panels must be weighed against harms in order to limit the psychological consequences of anxiety, stigmatization and confusion, financial expense, and clinician time and optimize the utility of the screening [14–16].

Stevens et al. established more specific criteria for inclusion of genetic conditions on expanded panels and analyzed several commercially available screening panels to evaluate if they are in line with the committee opinion [14]. On average, 73% of conditions on expanded carrier screening panels they analyzed did not match the criteria recommended by ACMG and ACOG. Terhaar et al. found that with a panel of 218 diseases, the likelihood of identifying a carrier can be as high as 36% [15].

New generation expanded carrier screening

In the age of genomic medicine, the interest in the carrier screening is growing as the genetic tests are becoming widely available and their costs are much more affordable. In the past, carrier screening has evaluated a relatively small group of mutations selected based on two main characteristics: high frequency in specific populations and severe morbidity and mortality. Currently, commercial laboratories offer test panels that screen for four to over 1700 diseases, which are not selected based on racial or ethnic background. The majority of conditions are autosomal-recessive, but some may be X-linked or autosomal-dominant single gene disorders. The rationale for expanded carrier screening is that the majority of carrier individuals have no family history of the genetic condition(s) they carry, or are not aware of their full ancestry or true ethnicity. Table 1 shows one of the preconceptional expanded carrier screening panels available on the market, including more than 700 conditions. These expanded panels include also some conditions that result in only mild to moderate health complications (e.g. factor V Leiden), have significant variations in or poorly defined phenotype (e.g. fragile X) or have onset in adulthood (e.g. BRCA1/2). The frequency of some conditions is unknown in the general population, rendering calculation of residual risk after a positive test inconclusive. Including these type of conditions in a screening panel is in direct conflict with the accepted clinical criteria for screening programs [4,6,12]. Moreover, identifying variants of uncertain clinical significance, may create patient anxiety despite counselling, which will complex and time-consuming with the inclusion of large set of disorders on the expanded screening panel. Therefore, the clinical utility of these expanded panels is still subject to debate.

Diseases screened

In 1968, Wilson and Jungner outlined the principles for using a screening test for early disease detection [4]. These principles are still used by the World Health Organization and are still valid to justify a screening program. For reproductive screening, the aim is not of early diagnosis but to facilitate reproductive decision making.

One of the biggest challenges in the development of expanded carrier screening is to identify the appropriate criteria to uniform the test and to reduce the huge variability in current commercially available panels. The European Society of Human Genetics

Table 1

Example of one of the preconceptional expanded carrier screening panel available on the market.

| | Disease Name | PhenOMIM | Gene |
|----|--|----------|----------|
| 1 | 17-alpha-hydroxylase/17,20-lyase deficiency | 202110 | CYP17A1 |
| 2 | 17-beta-hydroxysteroid dehydrogenase X deficiency | 300438 | HSD17B10 |
| 3 | 3-beta-hydroxysteroid dehydrogenase, type II, deficiency | 201810 | HSD3B2 |
| 4 | 3-hydroxy-3-methylglutaric aciduria | 246450 | HMGCL |
| 5 | 3-methylglutaconic aciduria type 1 | 250950 | AUH |
| 6 | 3-methylglutaconic aciduria type 3 | 258501 | OPA3 |
| 7 | 46XY sex reversal 3 | 612965 | NR5A1 |
| 8 | 4-hydroxybutyric aciduria | 271980 | ALDH5A1 |
| 9 | Aarskog-Scott syndrome | 305400 | FGD1 |
| 10 | ABCD syndrome | 600501 | EDNRB |
| 11 | Achalasia-addisonianism-alacrimia syndrome | 231550 | AAAS |
| 12 | Achondrogenesis type 1B | 600972 | SLC26A2 |
| 13 | Acyl-CoA dehydrogenase 9 deficiency | 611126 | ACAD9 |
| 14 | Adrenal hyperplasia, congenital, due to 11-beta-hydroxylase deficiency | 202010 | CYP11B1 |
| 15 | Adrenal insufficiency, congenital, with 46XY sex reversal, partial or complete | 613743 | CYP11A1 |
| 16 | Adrenocortical insufficiency | 612965 | NR5A1 |
| 17 | Adrenoleukodystrophy | 300100 | ABCD1 |
| 18 | Adult neuronal ceroid lipofuscinosis | 256730 | PPT1 |
| 19 | Adult neuronal ceroid lipofuscinosis 10 | 610127 | CTSD |
| 20 | Adult neuronal ceroid lipofuscinosis 4A | 204300 | CLN6 |
| 21 | Aicardi-Goutières syndrome | 225750 | TREX1 |
| 22 | Aicardi-Goutières syndrome 2 | 610181 | RNASEH2B |
| 23 | Aicardi-Goutières syndrome 3 | 610329 | RNASEH2C |
| 24 | Aicardi-Goutières syndrome 4 | 610333 | RNASEH2A |
| 25 | Aicardi-Goutières syndrome 5 | 612952 | SAMHD1 |
| 26 | Aldosteronism, glucocorticoid-remediable | 103900 | CYP11B1 |
| 27 | Allan-Herndon-Dudley syndrome | 300523 | SLC16A2 |
| 28 | Alpers syndrome | 203700 | POLG |
| 29 | Alpha-methylacyl-CoA Racemase deficiency | 614307 | AMACR |
| 30 | Alph A-T halassemia | 604131 | HBA1 |
| 31 | Alph A-T halassemia myelodysplasia syndrome, somatic | 300448 | ATRX |
| 32 | Alph A-T halassemia/mental retardation syndrome | 301040 | ATRX |
| 33 | Alport syndrome | 301050 | COL4A5 |
| 34 | Alport syndrome autosomal recessive (gene COL4A3) | 203780 | COL4A3 |
| 35 | Alport syndrome autosomal recessive (gene COL4A4) | 203780 | COL4A4 |
| 36 | Alström syndrome | 203800 | ALMS1 |
| 37 | Amish infantile epilepsy syndrome | 609056 | ST3GAL5 |
| 38 | Amyotrophic lateral sclerosis 2, juvenile | 205100 | ALS2 |
| 39 | Anauxetic dysplasia | 607095 | RMRP |
| 40 | Angelman syndrome | 105830 | UBE3A |
| 41 | Antenatal Bartter syndrome | 241200 | KCNJ1 |
| 42 | Antenatal Bartter syndrome type 1 | 601678 | SLC12A1 |
| 43 | Antley-Bixler syndrome with genital anomalies and disordered steroidogenesis | 201750 | POR |
| 44 | Aplasia/hypoplasia of limbs and pelvis | 276820 | WNT7A |
| 45 | Aplastic anemia | 609135 | NBN |
| 46 | Apparent mineralocorticoid excess | 218030 | HSD11B2 |
| 47 | Argininosuccinic aciduria | 207900 | ASL |
| 48 | Aromatic L-amino acid decarboxylase deficiency | 608643 | DDC |
| 49 | Arthrogryposis - renal dysfunction - cholestasis | 208085 | VPS33B |
| 50 | Arthrogryposis, renal dysfunction, and cholestasis 2 | 613404 | VIPAR |
| 51 | Ataxia - oculomotor apraxia type 1 | 208920 | APTX |
| 52 | Ataxia with vitamin E deficiency | 277460 | TTPA |
| 53 | Ataxi A-T elangiectasia | 208900 | ATM |
| 54 | Atelosteogenesis type II | 256050 | SLC26A2 |
| 55 | Autism, susceptibility to, X-linked 5 | 300847 | RPL10 |
| 56 | Autoimmune lymphoproliferative syndrome, type IA | 601859 | FAS |
| 57 | Autoimmune lymphoproliferative syndrome, type IB | 601859 | FASLG |
| 58 | Autoimmune lymphoproliferative syndrome, type II | 603909 | CASP10 |
| 59 | Autoimmune polyendocrinopathy syndrome, type I, with or without reversible metaphyseal dysplasia | 240300 | AIRE |
| 60 | Autosomal dominant Charcot-Marie-Tooth disease type 2K | 607831 | GDAP1 |
| 61 | Autosomal recessive ataxia due to ubiquinone deficiency | 612016 | ADCK3 |
| 62 | Autosomal recessive Charcot-Marie-Tooth disease with hoarseness | 607706 | GDAP1 |
| 63 | Autosomal recessive distal spinal muscular atrophy type 4 | 611067 | PLEKHG5 |
| 64 | Autosomal recessive dopa-responsive dystonia | 605407 | TH |
| 65 | Autosomal recessive hypophosphatemic rickets 1 | 241520 | DMP1 |
| 66 | Autosomal recessive hypophosphatemic rickets 2 | 613312 | ENPP1 |
| 67 | Autosomal recessive intermediate Charcot-Marie-Tooth disease type A | 608340 | GDAP1 |
| 68 | Autosomal recessive limb-girdle muscular dystrophy type 2I | 607155 | FKRP |
| 69 | Autosomal recessive limb-girdle muscular dystrophy type 2M | 611588 | FKTN |
| 70 | Autosomal recessive limb-girdle muscular dystrophy type C | 613157 | POMGNT1 |
| 71 | Autosomal recessive limb-girdle muscular dystrophy type C | 609308 | POMT1 |
| 72 | Autosomal recessive limb-girdle muscular dystrophy type C | 613158 | POMT2 |
| 73 | Autosomal recessive malignant osteopetrosis 1 | 259700 | TCIRG1 |
| 74 | Autosomal recessive malignant osteopetrosis 4 | 611490 | CLCN7 |

Table 1 (Continued)

| | Disease Name | PhenOMIM | Gene |
|-----|--|----------|----------|
| 75 | Autosomal recessive nonsyndromic sensorineural deafness type DFNB12 | 601386 | CDH23 |
| 76 | Autosomal recessive nonsyndromic sensorineural deafness type DFNB18 | 602092 | USH1C |
| 77 | Autosomal recessive nonsyndromic sensorineural deafness type DFNB1A (gene GJB2) | 220290 | GJB2 |
| 78 | Autosomal recessive nonsyndromic sensorineural deafness type DFNB2 | 600060 | MYO7A |
| 79 | Autosomal recessive polycystic kidney disease | 263200 | PKHD1 |
| 80 | Autosomal recessive progressive external ophthalmoplegia | 258450 | POLG |
| 81 | Autosomal recessive spastic ataxia of Charlevoix-Saguenay | 270550 | SACS |
| 82 | Autosomal recessive spondylocostal dysostosis 1 | 277300 | DLL3 |
| 83 | Bannayan-Riley-Ruvalcaba syndrome | 153480 | PTEN |
| 84 | Barth syndrome | 302060 | TAZ |
| 85 | Becker muscular dystrophy | 300376 | DMD |
| 86 | Beckwith-Wiedemann syndrome | 130650 | NSD1 |
| 87 | Bet A-T halassemia | 613985 | HBB |
| 88 | Bethlem myopathy | 158810 | COL6A1 |
| 89 | Bethlem myopathy | 158810 | COL6A2 |
| 90 | Bethlem myopathy | 158810 | COL6A3 |
| 91 | Bifunctional enzyme deficiency | 261515 | HSD17B4 |
| 92 | Biotinidase deficiency | 253260 | BTD |
| 93 | Björnstad syndrome | 262000 | BCS1L |
| 94 | Bloom syndrome | 210900 | BLM |
| 95 | Brachytelephalangic chondrodysplasia punctata | 302950 | ARSE |
| 96 | Brittle cornea syndrome | 229200 | ZNF469 |
| 97 | Caffey disease | 114000 | COL1A1 |
| 98 | Canavan disease | 271900 | ASPA |
| 99 | Carbamoylphosphate synthetase deficiency | 237300 | CPS1 |
| 100 | Cardioencephalomyopathy, fatal infantile, due to cytochrome c oxidase deficiency 1 | 604377 | SCO2 |
| 101 | Cardioencephalomyopathy, fatal infantile, due to cytochrome c oxidase deficiency 2 | 615119 | COX15 |
| 102 | Carnitine deficiency, systemic primary | 212140 | SLC22A5 |
| 103 | Carnitine palmitoyl transferase 1A deficiency | 255120 | CPT1A |
| 104 | Carnitine palmitoyl transferase II deficiency, infantile form | 600649 | CPT2 |
| 105 | Carnitine palmitoyl transferase II deficiency, neonatal form | 608836 | CPT2 |
| 106 | Carnitine-acylcarnitine translocase deficiency | 212138 | SLC25A20 |
| 107 | Carpenter syndrome | 201000 | RAB23 |
| 108 | Cartilage-hair hypoplasia | 250250 | RMRP |
| 109 | Cataract - intellectual deficit - hypogonadism | 212720 | RAB3GAP2 |
| 110 | Cataract 40, X-linked | 302200 | NHS |
| 111 | Cerebellar ataxia - intellectual deficit - dysequilibrium syndrome | 224050 | VLDR |
| 112 | Cerebral dysgenesis-neuropathy-ichthyosis-palmoplantar keratoderma syndrome | 609528 | SNAP29 |
| 113 | Cerebrotendinous xanthomatosis | 213700 | CYP27A1 |
| 114 | Charcot-Marie-Tooth disease axonal type 2B1 | 605588 | LMNA |
| 115 | Charcot-Marie-Tooth disease type 4A | 214400 | GDAP1 |
| 116 | Charcot-Marie-Tooth disease type 4E | 605253 | EGR2 |
| 117 | Charcot-Marie-Tooth disease type 4F | 614895 | PRX |
| 118 | Charcot-Marie-Tooth disease type 4H | 609311 | FGD4 |
| 119 | Charcot-Marie-Tooth disease, type 1A | 118220 | PMP22 |
| 120 | Charcot-Marie-Tooth disease, type 1B | 118200 | MPZ |
| 121 | Charcot-Marie-Tooth disease, type 1E | 118300 | PMP22 |
| 122 | Charcot-Marie-Tooth disease, type 2I | 607677 | MPZ |
| 123 | Charcot-Marie-Tooth disease, type 2J | 607736 | MPZ |
| 124 | Chediak-Higashi syndrome | 214500 | LYST |
| 125 | Chilblain lupus 2 | 614415 | SAMHD1 |
| 126 | Childhood-onset hypophosphatasia | 241510 | ALPL |
| 127 | Cholestasis, benign recurrent intrahepatic | 243300 | ATP8B1 |
| 128 | Cholestasis, benign recurrent intrahepatic, 2 | 605479 | ABCB11 |
| 129 | Cholestasis, intrahepatic, of pregnancy, 1 | 147480 | ATP8B1 |
| 130 | Cholestasis, intrahepatic, of pregnancy, 3 | 614972 | ABCB4 |
| 131 | Cholestasis, progressive familial intrahepatic 1 | 211600 | ATP8B1 |
| 132 | Cholestasis, progressive familial intrahepatic 2 | 601847 | ABCB11 |
| 133 | Cholestasis, progressive familial intrahepatic 3 | 602347 | ABCB4 |
| 134 | Chondrodysplasia, Blomstrand type | 215045 | PTH1R |
| 135 | Citrullinemia type I | 215700 | ASS1 |
| 136 | Classic congenital adrenal hyperplasia due to 21-hydroxylase deficiency | 201910 | CYP21A2 |
| 137 | Classic galactosemia | 230400 | GALT |
| 138 | Classic maple syrup urine disease | 248600 | DBT |
| 139 | Classical homocystinuria | 236200 | CBS |
| 140 | COACH syndrome | 216360 | TMEM67 |
| 141 | Cockayne syndrome type A | 216400 | ERCC8 |
| 142 | Cockayne syndrome type B | 133540 | ERCC6 |
| 143 | Coenzyme Q10 deficiency, primary, 5 | 614654 | COQ9 |
| 144 | Coffin-Lowry syndrome | 303600 | RPS6KA3 |
| 145 | COFS syndrome 1 | 214150 | ERCC6 |
| 146 | Cohen Syndrome type 1 | 216550 | VPS13B |
| 147 | Cold-induced sweating syndrome | 272430 | CRLF1 |
| 148 | Combined immunodeficiency with skin granulomas | 233650 | RAG1 |
| 149 | Combined immunodeficiency with skin granulomas | 233650 | RAG2 |
| 150 | Combined oxidative phosphorylation defect type 2 | 610498 | MRPS16 |
| 151 | Combined oxidative phosphorylation defect type 5 | 611719 | MRPS22 |

Table 1 (Continued)

| Disease Name | PhenOMIM | Gene | |
|--------------|---|--------|----------|
| 152 | Combined oxidative phosphorylation deficiency 4 | 610678 | TUFM |
| 153 | Combined pituitary hormone deficiencies, genetic forms | 182230 | HESX1 |
| 154 | Combined pituitary hormone deficiencies, genetic forms | 613038 | POU1F1 |
| 155 | Combined pituitary hormone deficiencies, genetic forms | 262600 | PROP1 |
| 156 | Combined pituitary hormone deficiency with spine abnormalities | 221750 | LHX3 |
| 157 | Complete androgen insensitivity syndrome | 300068 | AR |
| 158 | Complex I, mitochondrial respiratory chain, deficiency of | 252010 | NDUFS6 |
| 159 | Congenital bile acid synthesis defect type 4 | 214950 | AMACR |
| 160 | Congenital disorder of glycosylation type 1a | 212065 | PMM2 |
| 161 | Congenital disorder of glycosylation type 1b | 602579 | MPI |
| 162 | Congenital disorder of glycosylation type 1e | 608799 | DPM1 |
| 163 | Congenital disorder of glycosylation type 1j | 608093 | DPAGT1 |
| 164 | Congenital disorder of glycosylation type 2a | 212066 | MGAT2 |
| 165 | Congenital disorder of glycosylation type 2c | 266265 | SLC35C1 |
| 166 | Congenital disorder of glycosylation type 2d | 607091 | B4GALT1 |
| 167 | Congenital disorder of glycosylation type 2f | 603585 | SLC35A1 |
| 168 | Congenital disorder of glycosylation type 1c | 603147 | ALG6 |
| 169 | Congenital disorder of glycosylation type 1k | 608540 | ALG1 |
| 170 | Congenital disorder of glycosylation, type 1d | 601110 | ALG3 |
| 171 | Congenital disorder of glycosylation, type 1f | 609180 | MPDU1 |
| 172 | Congenital disorder of glycosylation, type 1g | 607143 | ALG12 |
| 173 | Congenital disorder of glycosylation, type 1h | 608104 | ALG8 |
| 174 | Congenital disorder of glycosylation, type 1i | 607906 | ALG2 |
| 175 | Congenital disorder of glycosylation, type 1lb | 606056 | MOGS |
| 176 | Congenital disorder of glycosylation, type 1le | 608779 | COG7 |
| 177 | Congenital disorder of glycosylation, type 1lg | 611209 | COG1 |
| 178 | Congenital disorder of glycosylation, type 1lh | 611182 | COG8 |
| 179 | Congenital disorder of glycosylation, type 1l | 608776 | ALG9 |
| 180 | Congenital disorder of glycosylation, type 1m | 610768 | DOLK |
| 181 | Congenital disorder of glycosylation, type 1n | 612015 | RFT1 |
| 182 | Congenital disorder of glycosylation, type 1q | 612379 | SRD5A3 |
| 183 | Congenital fibrinogen deficiency (gene FGA) | 202400 | FGA |
| 184 | Congenital heart defects, nonsyndromic, 1, X-linked | 306955 | ZIC3 |
| 185 | Congenital hereditary endothelial dystrophy type II | 217700 | SLC4A11 |
| 186 | Congenital lipoid adrenal hyperplasia | 201710 | STAR |
| 187 | Congenital malabsorptive diarrhea due to paucity of enteroendocrine cells | 610370 | NEUROG3 |
| 188 | Congenital muscular dystrophy type 1A | 607855 | LAMA2 |
| 189 | Congenital muscular dystrophy type 1D | 608840 | LARGE |
| 190 | Congenital muscular dystrophy type 4B | 613152 | FKTN |
| 191 | Congenital muscular dystrophy type 5B | 606612 | FKRP |
| 192 | Congenital muscular dystrophy with cerebellar involvement | 613151 | POMGNT1 |
| 193 | Congenital muscular dystrophy with cerebellar involvement | 613155 | POMT1 |
| 194 | Congenital muscular dystrophy with cerebellar involvement | 613156 | POMT2 |
| 195 | Corneal dystrophy - perceptive deafness | 217400 | SLC4A11 |
| 196 | Corpus callosum agenesis - neuropathy | 218000 | SLC12A6 |
| 197 | Corpus callosum hypoplasia-retardation-adducted thumbs-spasticity- hydrocephalus syndrome | 307000 | L1CAM |
| 198 | Cowden syndrome 1 | 158350 | PTEN |
| 199 | Craniofrontonasal dysplasia | 304110 | EFNB1 |
| 200 | Cutis laxa, autosomal dominant 2 | 614434 | FBLN5 |
| 201 | Cutis laxa, autosomal recessive, type IA | 219100 | FBLN5 |
| 202 | Cutis laxa, autosomal recessive, type IB | 614437 | EFEMP2 |
| 203 | Cutis laxa, autosomal recessive, type IIA | 219200 | ATP6V0A2 |
| 204 | Cystic fibrosis; mucoviscidosis | 219700 | CFTR |
| 205 | Cystinosis | 219800 | CTNS |
| 206 | Deafness - encephaloneuropathy - obesity - valvulopathy | 614651 | PDSS1 |
| 207 | Dejerine-Sottas disease | 145900 | MPZ |
| 208 | Dejerine-Sottas disease | 145900 | PMP22 |
| 209 | Dent disease | 300009 | CLCN5 |
| 210 | Dent disease 2 | 300555 | OCRL |
| 211 | Desmoterolosis | 602398 | DHCR24 |
| 212 | Diabetes mellitus, noninsulin-dependent | 125853 | ABCC8 |
| 213 | Diabetes mellitus, permanent neonatal | 606176 | ABCC8 |
| 214 | Diabetes mellitus, transient neonatal 2 | 610374 | ABCC8 |
| 215 | Diastrophic dwarfism | 222600 | SLC26A2 |
| 216 | Dihydropyrimidine dehydrogenase deficiency | 274270 | DPYD |
| 217 | Dilated cardiomyopathy with ataxia | 610198 | DNAJC19 |
| 218 | Donnai-Barrow syndrome | 222448 | LRP2 |
| 219 | Duchenne muscular dystrophy | 310200 | DMD |
| 220 | Dyskeratosis congenita X-linked | 305000 | DKC1 |
| 221 | Dystrophic epidermolysis bullosa pruriginosa | 604129 | COL7A1 |
| 222 | Early infantile epileptic encephalopathy | 308350 | ARX |
| 223 | Early infantile epileptic encephalopathy | 609304 | SLC25A22 |
| 224 | Ectodermal dysplasia 1, hypohidrotic, X-linked | 305100 | EDA |
| 225 | Ectodermal dysplasia, hypohidrotic, with immune deficiency | 300291 | IKBK |
| 226 | Ectodermal, dysplasia, anhidrotic, lymphedema and immunodeficiency | 300301 | IKBK |
| 227 | Ehlers-Danlos syndrome type 6 | 225400 | PLOD1 |
| 228 | Ehlers-Danlos syndrome, cardiac valvular type | 225320 | COL1A2 |

Table 1 (Continued)

| Disease Name | PhenOMIM | Gene | |
|--------------|---|--------|----------|
| 229 | Ehlers–Danlos syndrome, type I | 130000 | COL1A1 |
| 230 | Ehlers–Danlos syndrome, type VIIA | 130060 | COL1A1 |
| 231 | Eiken syndrome | 600002 | PTH1R |
| 232 | Ellis–van Creveld syndrome | 225500 | EVC2 |
| 233 | Ellis–van Creveld syndrome | 225500 | EVC |
| 234 | Encephalopathy due to prosaposin deficiency | 611721 | PSAP |
| 235 | Epidermolysis bullosa simplex with muscular dystrophy | 226670 | PLEC |
| 236 | Epidermolysis bullosa simplex with pyloric atresia | 612138 | PLEC |
| 237 | Epilepsy, progressive myoclonic 2A (Lafora) | 254780 | EPM2A |
| 238 | Epilepsy, progressive myoclonic 2B (Lafora) | 254780 | NHLRC1 |
| 239 | Epilepsy, pyridoxine-dependent | 266100 | ALDH7A1 |
| 240 | Epileptic encephalopathy, early infantile, 15 | 615006 | ST3GAL3 |
| 241 | Epileptic encephalopathy, early infantile, 2 | 300672 | CDKL5 |
| 242 | Epileptic encephalopathy, early infantile, 8 | 300607 | ARHGFB9 |
| 243 | Epileptic encephalopathy, early infantile, 9 | 300088 | PCDH19 |
| 244 | Escobar syndrome | 265000 | CHRN3 |
| 245 | Ethylmalonic encephalopathy | 602473 | ETHE1 |
| 246 | Exudative vitreoretinopathy 2, X-linked | 305390 | NDP |
| 247 | Fabry disease | 301500 | GLA |
| 248 | Failure of tooth eruption, primary | 125350 | PTH1R |
| 249 | Familial dysautonomia | 223900 | IKBKAP |
| 250 | Familial hypomagnesemia - hypercalciuria - nephrocalcinosis - severe ocular involvement | 248190 | CLDN19 |
| 251 | Familial Mediterranean fever | 249100 | MEFV |
| 252 | Fanconi anemia complementation group C | 227645 | FANCC |
| 253 | Fatal infantile lactic acidosis with methylmalonic aciduria | 245400 | SUCLG1 |
| 254 | Fatal mitochondrial disease due to combined oxidative phosphorylation deficiency 3 | 610505 | TSFM |
| 255 | Favism | 134700 | G6PD |
| 256 | Fertile eunuch syndrome | 228300 | GNRHR |
| 257 | Fetal akinesia deformation sequence | 208150 | RAPSN |
| 258 | Fetal akinesia deformation sequence | 208150 | DOK7 |
| 259 | Fetal Gaucher disease | 608013 | GBA |
| 260 | FG syndrome 4 | 300422 | CASK |
| 261 | Fibular hypoplasia or aplasia - femoral bowing - oligodactyly | 228930 | WNT7A |
| 262 | Fraser syndrome (gene FRAS1) | 219000 | FRAS1 |
| 263 | Fraser syndrome (gene FRAS2) | 219000 | FREM2 |
| 264 | Free sialic acid storage disease, infantile form | 269920 | SLC17A5 |
| 265 | French-Canadian type Leigh syndrome | 220111 | LRPPRC |
| 266 | Fucosidosis | 230000 | FUCA1 |
| 267 | Fukuyama congenital muscular dystrophy | 253800 | FKTN |
| 268 | Fumaric aciduria | 606812 | FH |
| 269 | Galactokinase deficiency with cataracts | 230200 | GALK1 |
| 270 | Gallbladder disease 1 | 600803 | ABC4 |
| 271 | Gaucher disease type 2 | 230900 | GBA |
| 272 | Gaucher disease type 3 | 231000 | GBA |
| 273 | Gaucher disease type 3C | 231005 | GBA |
| 274 | Geleophysic dysplasia 1 | 231050 | ADAMTSL2 |
| 275 | Generalized junctional epidermolysis bullosa, non-Herlitz type | 226650 | COL17A1 |
| 276 | Glutaric acidemia type 2 (gene ETFA) | 231680 | ETFPA |
| 277 | Glutaric acidemia type 2 (gene ETFB) | 231680 | ETFB |
| 278 | Glutaric acidemia type 2 (gene ETFDH) | 231680 | ETFDH |
| 279 | Glutaryl-CoA dehydrogenase deficiency | 231670 | GCDH |
| 280 | Glutathione synthetase deficiency with 5-oxoprolinuria | 266130 | GSS |
| 281 | Glycine encephalopathy | 605899 | AMT |
| 282 | Glycine encephalopathy | 605899 | GCSH |
| 283 | Glycine encephalopathy | 605899 | GLDC |
| 284 | Glycogen storage disease due to acid maltase deficiency | 232300 | GAA |
| 285 | Glycogen storage disease due to glucose-6-phosphatase deficiency type 1a | 232200 | G6PC |
| 286 | Glycogen storage disease due to glucose-6-phosphatase deficiency type b | 232220 | SLC37A4 |
| 287 | Glycogen storage disease due to glucose-6-phosphatase deficiency type c | 232240 | SLC37A4 |
| 288 | Glycogen storage disease due to glycogen branching enzyme deficiency, childhood combined hepatic and myopathic form | 232500 | GBE1 |
| 289 | Glycogen storage disease due to glycogen debranching enzyme deficiency | 232400 | AGL |
| 290 | Glycogen storage disease due to muscle glycogen phosphorylase deficiency | 232600 | PYGM |
| 291 | GM1 gangliosidosis type 1 | 230500 | GLB1 |
| 292 | GM1 gangliosidosis type 2 | 230600 | GLB1 |
| 293 | GM1 gangliosidosis type 3 | 230650 | GLB1 |
| 294 | GRACILE syndrome | 603358 | BCS1L |
| 295 | Greenberg dysplasia | 215140 | LBR |
| 296 | Griscelli disease type 1 | 214450 | MYO5A |
| 297 | Griscelli disease type 2 | 607624 | RAB27A |
| 298 | Guanidinoacetate methyltransferase deficiency | 612736 | GAMT |
| 299 | Hemochromatosis, type 2A | 602390 | HFE2 |
| 300 | Hemolytic anemia due to G6PD deficiency | 300908 | G6PD |
| 301 | Hemolytic anemia due to red cell pyruvate kinase deficiency | 266200 | PKLR |
| 302 | Hemophagocytic lymphohistiocytosis, familial, 2 | 603553 | PRF1 |
| 303 | Hemophagocytic lymphohistiocytosis, familial, 3 | 608898 | UNC13D |
| 304 | Hemophagocytic lymphohistiocytosis, familial, 4 | 603552 | STX11 |

Table 1 (Continued)

| | Disease Name | PhenOMIM | Gene |
|-----|--|----------|----------|
| 305 | Hemophagocytic lymphohistiocytosis, familial, 5 | 613101 | STXBP2 |
| 306 | Hemophilia A | 306700 | F8 |
| 307 | Hemophilia B | 306900 | F9 |
| 308 | Hepatic venoocclusive disease with immunodeficiency | 235550 | SP110 |
| 309 | Hepatoencephalopathy due to combined oxidative phosphorylation deficiency type 1 | 609060 | GFM1 |
| 310 | Hereditary fructose intolerance | 229600 | ALDOB |
| 311 | Hereditary sensory and autonomic neuropathy type 4 | 256800 | NTRK1 |
| 312 | Hermansky-Pudlak syndrome 2 | 608233 | AP3B1 |
| 313 | Hermansky-pudlak syndrome 9 | 614171 | PLDN |
| 314 | Heterotaxy, visceral, 1, X-linked | 306955 | ZIC3 |
| 315 | Histidinemia | 235800 | HAMP |
| 316 | Holocarboxylase synthetase deficiency | 253270 | HLCS |
| 317 | Hoyeraal-Hreidarsson syndrome | 300240 | DKC1 |
| 318 | Hyaline fibromatosis syndrome | 228600 | ANTXR2 |
| 319 | Hyperammonemia due to N-acetylglutamate synthetase deficiency | 237310 | NAGS |
| 320 | Hyper-IgE recurrent infection syndrome, autosomal recessive | 243700 | DOCK8 |
| 321 | Hyperinsulinemic hypoglycemia, familial, 1 | 256450 | ABCC8 |
| 322 | Hyperornithinemia-hyperammonemia-homocitrullinuria | 238970 | SLC25A15 |
| 323 | Hypoglycemia of infancy, leucine-sensitive | 240800 | ABCC8 |
| 324 | Hypogonadotropic hypogonadism 7 without anosmia | 146110 | GNRHR |
| 325 | Hypomyelination - congenital cataract | 610532 | FAM126A |
| 326 | Hypoparathyroidism - intellectual deficit - dysmorphism syndrome | 241410 | TBCE |
| 327 | Hypophosphatemic rickets | 300554 | CLCN5 |
| 328 | Ichthyosis follicularis - alopecia - photophobia | 308205 | MBTPS2 |
| 329 | Ichthyosis, autosomal recessive 4B (harlequin) | 242500 | ABCA12 |
| 330 | Ichthyosis, congenital, autosomal recessive 1 | 242300 | TGM1 |
| 331 | Ichthyosis, congenital, autosomal recessive 4A | 601277 | ABCA12 |
| 332 | Ichthyosis, leukocyte vacuoles, alopecia, and sclerosing cholangitis 607626 | | CLDN1 |
| 333 | Immunodeficiency 10 | 612783 | STIM1 |
| 334 | Immunodeficiency 17, CD3 gamma deficient | 615607 | CD3G |
| 335 | Immunodeficiency 18, SCID variant | 615615 | CD3E |
| 336 | Immunodeficiency 19 | 615617 | CD3D |
| 337 | Immunodeficiency 27A, mycobacteriosis, AR | 209950 | IFNGR1 |
| 338 | Immunodeficiency 28, mycobacteriosis | 614889 | IFNGR2 |
| 339 | Immunodeficiency 29, mycobacteriosis | 614890 | IL12B |
| 340 | Immunodeficiency 30 | 614891 | IL12RB1 |
| 341 | Immunodeficiency 31A, mycobacteriosis, autosomal dominant | 614892 | STAT1 |
| 342 | Immunodeficiency 31B, mycobacterial and viral infections, autosomal recessive | 613796 | STAT1 |
| 343 | Immunodeficiency 31C, autosomal dominant | 614162 | STAT1 |
| 344 | Immunodeficiency 33 | 300636 | IKBKG |
| 345 | Immunodeficiency 35 | 611521 | TYK2 |
| 346 | Immunodeficiency 9 | 612782 | ORAI1 |
| 347 | Immunodeficiency, common variable, 1 | 607594 | ICOS |
| 348 | Immunodeficiency, common variable, 3 | 613493 | CD19 |
| 349 | Immunodeficiency-centromeric instability-facial anomalies syndrome 1 | 242860 | DNMT3B |
| 350 | Immunodysregulation, polyendocrinopathy, and enteropathy, X-linked | 304790 | FOXP3 |
| 351 | Incontinentia pigmenti, type II | 308300 | IKBKG |
| 352 | Infantile bilateral striatal necrosis | 271930 | NUP62 |
| 353 | Infantile hypophosphatasia | 241500 | ALPL |
| 354 | Infantile neuroaxonal dystrophy 2A | 256600 | PLA2G6 |
| 355 | Infantile neuroaxonal dystrophy 2B | 610217 | PLA2G6 |
| 356 | Infantile onset spinocerebellar ataxia | 271245 | C10orf2 |
| 357 | Interleukin 1 receptor antagonist deficiency | 612852 | IL1RN |
| 358 | Isolated CoQ-cytochrome C reductase deficiency | 124000 | BCSL1 |
| 359 | Isolated growth hormone deficiency type III | 307200 | BTK |
| 360 | Isolated thyroid-stimulating hormone deficiency | 275100 | TSHB |
| 361 | Isovaleric acidemia | 243500 | IVD |
| 362 | Jeune syndrome | 611263 | IFT80 |
| 363 | Johanson-Blizzard syndrome | 243800 | UBR1 |
| 364 | Joubert syndrome 4 | 609583 | NPHP1 |
| 365 | Joubert syndrome 6 | 610688 | TMEM67 |
| 366 | Joubert syndrome with hepatic defect | 216360 | RPGRIP1L |
| 367 | Joubert syndrome with ocular defect | 608629 | AHI1 |
| 368 | Joubert syndrome with oculorenal defect 5 | 610188 | CEP290 |
| 369 | Junctional epidermolysis bullosa - pyloric atresia | 226730 | ITGA6 |
| 370 | Junctional epidermolysis bullosa with piloric atresia | 226730 | ITGB4 |
| 371 | Junctional epidermolysis bullosa, Herlitz type (gene LAMA3) | 226700 | LAMA3 |
| 372 | Junctional epidermolysis bullosa, Herlitz type (gene LAMB3) | 226700 | LAMA3 |
| 373 | Junctional epidermolysis bullosa, Herlitz type (gene LAMC2) | 226700 | LAMC2 |
| 374 | Junctional epidermolysis bullosa, non-Herlitz type | 226650 | ITGB4 |
| 375 | Junctional epidermolysis bullosa, non-Herlitz type (gene LAMA3) | 226650 | LAMA3 |
| 376 | Junctional epidermolysis bullosa, non-Herlitz type (gene LAMB3) | 226650 | LAMB3 |
| 377 | Junctional epidermolysis bullosa, non-Herlitz type (gene LAMC2) | 226650 | LAMC2 |
| 378 | Juvenile neuronal ceroid lipofuscinosis 3 | 204200 | CLN3 |
| 379 | Kahrizi syndrome | 612713 | SRD5A3 |
| 380 | Kelley-Seegmiller syndrome | 300323 | HPRT1 |
| 381 | Kennedy disease | 313200 | AR |

Table 1 (Continued)

| Disease Name | PhenOMIM | Gene | |
|--------------|--|--------|----------|
| 382 | Ketoacidosis due to beta-ketothiolase deficiency | 203750 | ACAT1 |
| 383 | Krabbe disease | 245200 | GALC |
| 384 | Krabbe disease | 611722 | PSAP |
| 385 | Lacticacidemia due to PDX1 deficiency | 245349 | PDHX |
| 386 | Late infantile neuronal ceroid lipofuscinosis | 610951 | MFS08 |
| 387 | Late infantile neuronal ceroid lipofuscinosis 5 | 256731 | CLN5 |
| 388 | Late infantile neuronal ceroid lipofuscinosis 6 | 601780 | CLN6 |
| 389 | Late infantile neuronal ceroid lipofuscinosis 8 | 600143 | CLN8 |
| 390 | Lathosterolosis | 607330 | SC5DL |
| 391 | Leigh syndrome | 256000 | BCS1L |
| 392 | Leigh syndrome | 256000 | DLD |
| 393 | Leigh syndrome | 256000 | NDUFAF2 |
| 394 | Leigh syndrome | 256000 | NDUFS4 |
| 395 | Leigh syndrome | 256000 | NDUFS7 |
| 396 | Leigh syndrome due to cytochrome c oxidase deficiency | 256000 | COX15 |
| 397 | Leigh syndrome due to mitochondrial complex I deficiency | 256000 | NDUFS3 |
| 398 | Leigh syndrome due to mitochondrial complex I deficiency | 256000 | NDUFS8 |
| 399 | Leigh syndrome due to mitochondrial COX4 deficiency | 256000 | COX10 |
| 400 | Leigh syndrome with nephrotic syndrome | 607426 | COQ2 |
| 401 | Leigh syndrome with nephrotic syndrome | 614652 | PDSS2 |
| 402 | Leigh syndrome, due to COX deficiency | 256000 | SURF1 |
| 403 | Leigh syndrome, X-linked | 308930 | PDHA1 |
| 404 | Leprechaunism | 246200 | INSR |
| 405 | Lesch-Nyhan syndrome | 300322 | HPRT1 |
| 406 | Lethal acantholytic epidermolysis bullosa | 609638 | DSP |
| 407 | Lethal ataxia with deafness and optic atrophy | 301835 | PRPS1 |
| 408 | Lethal congenital contractural syndrome 2 | 607598 | ERBB3 |
| 409 | Lethal congenital contracture syndrome type 1 | 253310 | GLE1 |
| 410 | Lethal osteosclerotic bone dysplasia | 259775 | FAM20C |
| 411 | Lethal restrictive dermopathy | 275210 | LMNA |
| 412 | Lethal restrictive dermopathy | 275210 | ZMPSTE24 |
| 413 | Leukocyte adhesion deficiency, type III | 612840 | FERMT3 |
| 414 | Leydig cell adenoma, somatic, with precocious puberty | 176410 | LHCGR |
| 415 | Leydig cell hypoplasia with hypergonadotropic hypogonadism | 238320 | LHCGR |
| 416 | Leydig cell hypoplasia with pseudohermaphroditism | 238320 | LHCGR |
| 417 | Lhermitte-Duclos syndrome | 158350 | PTEN |
| 418 | Limb girdle dystrophy with epidermolysis bullosa simplex | 613723 | PLEC |
| 419 | Lissencephaly 3 | 611603 | TUBA1A |
| 420 | Lissencephaly syndrome, Norman-Roberts type | 257320 | RELN |
| 421 | Lissencephaly, X-linked | 300067 | DCX |
| 422 | Long chain 3-hydroxyacyl-CoA dehydrogenase deficiency | 609016 | HADH |
| 423 | Luteinizing hormone resistance, female | 238320 | LHCGR |
| 424 | Lymphoproliferative syndrome, X-linked, 2 | 300635 | XIAP |
| 425 | Macrocephaly/autism syndrome | 605309 | PTEN |
| 426 | Macroglobulinemia, Waldenstrom | 153600 | MYD88 |
| 427 | Macular degeneration, age-related, 3 | 608895 | FBN5 |
| 428 | Mandibuloacral dysplasia with type A lipodystrophy | 248370 | LMNA |
| 429 | Mandibuloacral dysplasia with type B lipodystrophy | 608612 | ZMPSTE24 |
| 430 | Mannosidosis, alpha-, types I and II | 248500 | MAN2B1 |
| 431 | Maple syrup urine disease | 248600 | DLD |
| 432 | Maple syrup urine disease (gene BCKDHA) | 248600 | BCKDHA |
| 433 | Maple syrup urine disease (gene BCKDHB) | 248600 | BCKDHB |
| 434 | Marinesco-Sjögren syndrome | 248800 | SIL1 |
| 435 | Masa syndrome | 303350 | L1CAM |
| 436 | Meckel syndrome type 1 | 249000 | MKS1 |
| 437 | Meckel syndrome, type 5 | 611561 | RPGRIP1L |
| 438 | Medium chain acyl-CoA dehydrogenase deficiency | 201450 | ACADM |
| 439 | Megalencephalic leukoencephalopathy with subcortical cysts | 604004 | MLC1 |
| 440 | Menkes disease | 309400 | ATP7A |
| 441 | Mental retardation and microcephaly with pontine and cerebellar hypoplasia | 300749 | CASK |
| 442 | Mental retardation, autosomal recessive 1 | 249500 | PRSS12 |
| 443 | Mental retardation, autosomal recessive 12 | 611090 | ST3GAL3 |
| 444 | Mental retardation, autosomal recessive 13 | 613192 | TRAPP9 |
| 445 | Mental retardation, autosomal recessive 5 | 611091 | NSUN2 |
| 446 | Mental retardation, autosomal recessive, 6 | 611092 | GRIK2 |
| 447 | Mental retardation, with or without nystagmus | 300422 | CASK |
| 448 | Mental retardation, X-linked | 300495 | NLGN4X |
| 449 | Mental retardation, X-linked 19 | 300844 | RPS6KA3 |
| 450 | Mental retardation, X-linked 21/34 | 300143 | ILTRAPL1 |
| 451 | Mental retardation, X-linked 30/47 | 300558 | PAK3 |
| 452 | Mental retardation, X-linked 41 | 300849 | GDI1 |
| 453 | Mental retardation, X-linked 46 | 300436 | ARHGGEF6 |
| 454 | Mental retardation, X-linked 63 | 300387 | ACSL4 |
| 455 | Mental retardation, X-linked 72 | 300271 | RAB39B |
| 456 | Mental retardation, X-linked 9 | 309549 | FTSJ1 |
| 457 | Mental retardation, X-linked 90 | 300850 | DLG3 |
| 458 | Mental retardation, X-linked 93 | 300659 | BRWD3 |

Table 1 (Continued)

| | Disease Name | PhenOMIM | Gene |
|-----|--|----------|----------|
| 459 | Mental retardation, X-linked 96 | 300802 | SYP |
| 460 | Mental retardation, X-linked 97 | 300803 | ZNF711 |
| 461 | Mental retardation, X-linked syndromic 16 | 305400 | FGD1 |
| 462 | Mental retardation, X-linked syndromic 5 | 304340 | AP1S2 |
| 463 | Mental retardation, X-linked syndromic, Christianson type | 300243 | SLC9A6 |
| 464 | Mental retardation, X-linked syndromic, Nascimento-type | 300860 | UBE2A |
| 465 | Mental retardation, X-linked syndromic, Raymond type | 300799 | ZDHHC9 |
| 466 | Mental retardation, X-linked syndromic, Turner type | 300706 | HUWE1 |
| 467 | Mental retardation, X-linked, FRAXE type | 309548 | AF2 |
| 468 | Mental retardation, X-linked, Snyder-Robinson type | 309583 | SMS |
| 469 | Mental retardation, X-linked, syndromic 14 | 300676 | UPF3B |
| 470 | Mental retardation, X-linked, syndromic 15 (Cabezas type) | 300354 | CUL4B |
| 471 | Mental retardation, X-linked, syndromic, Claes-Jensen type | 300534 | KDM5C |
| 472 | Mental retardation, X-linked, with cerebellar hypoplasia and distinctive facial appearance | 300486 | OPHN1 |
| 473 | Mental retardation, X-linked, with isolated growth hormone deficiency | 300123 | SOX3 |
| 474 | Mental retardation-hypotonic facies syndrome, X-linked | 309580 | ATRX |
| 475 | Metachromatic leukodystrophy | 250100 | ARSA |
| 476 | Metachromatic leukodystrophy | 249900 | PSAP |
| 477 | Metaphyseal chondrodysplasia, Murk Jansen type | 156400 | PTH1R |
| 478 | Metaphyseal dysplasia without hypotrichosis | 250460 | RMRP |
| 479 | Methylmalonic acidemia with homocystinuria, type cblC | 277400 | MMACHC |
| 480 | Methylmalonic acidemia with homocystinuria, type cblD | 277410 | MMACHC |
| 481 | Mevalonic aciduria | 610377 | MVK |
| 482 | Micro syndrome | 600118 | RAB3GAP1 |
| 483 | Microphthalmia, syndromic 2 | 300166 | BACOR |
| 484 | Mitochondrial complex I deficiency | 252010 | NDUFA1 |
| 485 | Mitochondrial complex I deficiency | 252010 | NDUFAF2 |
| 486 | Mitochondrial complex I deficiency | 252010 | NDUFAF4 |
| 487 | Mitochondrial complex I deficiency | 252010 | NDUFS3 |
| 488 | Mitochondrial complex I deficiency | 252010 | NDUFS4 |
| 489 | Mitochondrial complex I deficiency | 252010 | NDUFV1 |
| 490 | Mitochondrial complex IV deficiency | 220110 | COX10 |
| 491 | Mitochondrial complex IV deficiency | 220110 | COX6B1 |
| 492 | Mitochondrial complex IV deficiency | 220110 | FASTKD2 |
| 493 | Mitochondrial complex IV deficiency | | SCO1 |
| 494 | Mitochondrial DNA depletion syndrome 1 (MNGIE type) | 603041 | TYMP |
| 495 | Mitochondrial DNA depletion syndrome 5 (encephalomyopathic with or without methylmalonic aciduria) | 612073 | SUCLA2 |
| 496 | Mitochondrial DNA depletion syndrome 8A (encephalomyopathic type with renal tubulopathy) | 612075 | RRM2B |
| 497 | Mitochondrial DNA depletion syndrome 8B (MNGIE type) | 612075 | RRM2B |
| 498 | Mitochondrial DNA depletion syndrome, hepatocerebral form due to DGUOK deficiency 3 | 251880 | DGUOK |
| 499 | Mitochondrial DNA depletion syndrome, myopathic form | 609560 | TK2 |
| 500 | Mitochondrial neurogastrointestinal encephalomyopathy | 613662 | POLG |
| 501 | Mitochondrial respiratory chain complex III deficiency | 124000 | UQCRCB |
| 502 | Mitochondrial respiratory chain complex III deficiency | 124000 | UQCRCQ |
| 503 | Mitochondrial trifunctional protein deficiency | 609015 | HADHA |
| 504 | Mitochondrial trifunctional protein deficiency | 609015 | HADHB |
| 505 | Mohr-Tranebjaerg syndrome | 304700 | TMM8A |
| 506 | Mowat-Wilson syndrome | 235730 | ZEB2 |
| 507 | Mucopolipidosis type 2 | 252500 | GNPTAB |
| 508 | Mucopolipidosis type 3 | 252600 | GNPTAB |
| 509 | Mucopolipidosis type 4 | 252650 | MCOLN1 |
| 510 | Mucopolysaccharidosis 1h | 607014 | IDUA |
| 511 | Mucopolysaccharidosis 1h/s | 607015 | IDUA |
| 512 | Mucopolysaccharidosis 1s | 607016 | IDUA |
| 513 | Mucopolysaccharidosis type 2 | 309900 | IDS |
| 514 | Mucopolysaccharidosis type 3A (Sanfilippo syndrome type A) | 252900 | SGSH |
| 515 | Mucopolysaccharidosis type 4B | 253010 | GLB1 |
| 516 | Mucopolysaccharidosis type 6 | 253200 | ARSB |
| 517 | Mucopolysaccharidosis type 7 | 253220 | GUSB |
| 518 | Mucopolysaccharidosis type IIIB (Sanfilippo B) | 252920 | NAGLU |
| 519 | MULIBREY nanism | 253250 | TRIM37 |
| 520 | Multiple epiphyseal dysplasia type 4 | 226900 | SLC26A2 |
| 521 | Multiple pterygium syndrome, lethal type | 253290 | CHRNA1 |
| 522 | Multiple pterygium syndrome, lethal type | 253290 | CHRNA1 |
| 523 | Multiple pterygium syndrome, lethal type | 253290 | CHRNA1 |
| 524 | Muscle-eye-brain disease | 613153 | FKRP |
| 525 | Muscle-eye-brain disease | 613154 | LARGE |
| 526 | Myasthenia gravis, neonatal transient | 100730 | CHRNA1 |
| 527 | Myasthenia, limb-girdle, familial | 254300 | DOK7 |
| 528 | Myasthenic syndrome, fast-channel congenital | 608930 | CHRNA1 |
| 529 | Myasthenic syndrome, fast-channel congenital | 608930 | CHRNA1 |
| 530 | Myasthenic syndrome, slow-channel congenital | 601462 | CHRNA1 |
| 531 | Myasthenic syndrome, slow-channel congenital | 601462 | CHRNA1 |

Table 1 (Continued)

| Disease Name | PhenOMIM | Gene | |
|--------------|---|--------|-----------|
| 532 | Myopathy, tubular aggregate, 1 | 160565 | STIM1 |
| 533 | Myopathy, tubular aggregate, 2 | 615883 | ORAI1 |
| 534 | Nance-Horan syndrome | 302350 | NHS |
| 535 | Navajo neurohepatopathy | 256810 | MPV17 |
| 536 | Nemaline myopathy 2 | 256030 | NEB |
| 537 | Neonatal adrenoleukodystrophy (gene PEX12) | 266510 | PEX12 |
| 538 | Neonatal adrenoleukodystrophy (gene PEX26) | 614873 | PEX26 |
| 539 | Neonatal adrenoleukodystrophy (gene PEX5) | 202370 | PEX5 |
| 540 | Nephrolithiasis, type 1 | 310468 | CLCN5 |
| 541 | Nephronophthisis 2, infantile | 602088 | INVS |
| 542 | Nephrotic syndrome, type 3 | 610725 | PLCE1 |
| 543 | Nephrotic syndrome, type 1 | 256300 | NPHS1 |
| 544 | Nephrotic syndrome, type 2 | 600995 | NPHS2 |
| 545 | Nephrotic syndrome, type 5, with or without ocular abnormalities | 614199 | LAMB2 |
| 546 | Neurodegeneration due to 3-hydroxyisobutyryl-CoA hydrolase deficiency | 250620 | HIBCH |
| 547 | Neurodegeneration due to cerebral folate transport deficiency | 613068 | FOLR1 |
| 548 | Neuronal ceroid lipofuscinosis 2 | 204500 | TPP1 |
| 549 | Neuropathy, congenital hypomyelinating | 605253 | MPZ |
| 550 | Neutropenia, severe congenital 3, autosomal recessive | 610738 | HAX1 |
| 551 | Niemann-Pick disease type A | 257200 | SMPD1 |
| 552 | Niemann-Pick disease type B | 607616 | SMPD1 |
| 553 | Niemann-Pick disease type C1 | 257220 | NPC1 |
| 554 | Niemann-Pick disease type C2 | 607625 | NPC2 |
| 555 | Nijmegen breakage syndrome | 251260 | NBN |
| 556 | Norrie disease | 310600 | NDP |
| 557 | ntal retardation, autosomal recessive 7 | 611093 | TUSC3 |
| 558 | Occipital horn syndrome | 304150 | ATP7A |
| 559 | Oculocerebrorenal syndrome | 309000 | OCRL |
| 560 | Omenn syndrome | 603554 | DCLRE1C |
| 561 | Omenn syndrome (gene RAG1) | 603554 | RAG1 |
| 562 | Omenn syndrome (gene RAG2) | 603554 | RAG2 |
| 563 | Opitz GBBB syndrome, type I | 300000 | MID1 |
| 564 | Ornithine transcarbamylase deficiency | 311250 | OTC |
| 565 | Osteogenesis imperfecta type 8 | 610915 | LEPRE1 |
| 566 | Osteogenesis imperfecta type VII | 610682 | CRTAP |
| 567 | Osteogenesis imperfecta, type I | 166200 | COL1A1 |
| 568 | Osteogenesis imperfecta, type II | 166210 | COL1A1 |
| 569 | Osteogenesis imperfecta, type III | 259420 | COL1A1 |
| 570 | Osteogenesis imperfecta, type IV | 166220 | COL1A1 |
| 571 | Osteopetrosis with renal tubular acidosis | 259730 | CA2 |
| 572 | Osteopetrosis, autosomal recessive 5 | 259720 | OSTM1 |
| 573 | Paget disease, juvenile | 239000 | TNFRSF11B |
| 574 | Panhypopituitarism, X-linked | 312000 | SOX3 |
| 575 | Pantothenate kinase-associated neurodegeneration | 234200 | PANK2 |
| 576 | Partial androgen insensitivity syndrome | 312300 | AR |
| 577 | Pelizaeus-Merzbacher-like due to GJC2 mutation | 608804 | GJC2 |
| 578 | Peroxisomal acyl-CoA oxidase deficiency | 264470 | ACOX1 |
| 579 | Peroxisome biogenesis disorder 11A (Zellweger) | 614883 | PEX13 |
| 580 | Peroxisome biogenesis disorder 11B | 614885 | PEX13 |
| 581 | Peroxisome biogenesis disorder 6A (Zellweger) | 614870 | PEX10 |
| 582 | Peroxisome biogenesis disorder 6B | 614871 | PEX10 |
| 583 | Perrault syndrome | 233400 | HSD17B4 |
| 584 | Phenylketonuria | 261600 | PAH |
| 585 | Pierson syndrome | 609049 | LAMB2 |
| 586 | Pitt-Hopkins syndrome | 610954 | TCF4 |
| 587 | Plasminogen deficiency type 1 | 217090 | PLG |
| 588 | Pontocerebellar hypoplasia type 2A | 277470 | TSEN54 |
| 589 | Pontocerebellar hypoplasia type 4 | 225753 | TSEN54 |
| 590 | Porphyria, congenital erythropoietic | 263700 | UROS |
| 591 | Precocious puberty, male | 176410 | LHCGR |
| 592 | Primary lateral sclerosis, juvenile | 606353 | ALS2 |
| 593 | Progressive epilepsy - intellectual deficit, Finnish type | 610003 | CLN8 |
| 594 | Properdin deficiency, X-linked | 312060 | CFP |
| 595 | Propionic acidemia (gene PCCA) | 606054 | PCCA |
| 596 | Propionic acidemia (gene PCCB) | 606054 | PCCB |
| 597 | CLCN5 | | |
| 598 | Proximal spinal muscular atrophy type 1 | 253300 | SMN1 |
| 599 | Proximal spinal muscular atrophy type 2 | 253550 | SMN1 |
| 600 | Proximal spinal muscular atrophy type 3 | 253400 | SMN1 |
| 601 | Proximal spinal muscular atrophy type 4 | 271150 | SMN1 |
| 602 | Pseudohermaphroditism, male, with gynecomastia | 264300 | HSD17B3 |
| 603 | Pseudohypoadosteronism type 1, autosomal recessive (gene SCNN1A) | 264350 | SCNN1A |
| 604 | Pseudohypoadosteronism type 1, autosomal recessive (gene SCNN1B) | 264350 | SCNN1B |
| 605 | Pseudohypoadosteronism type 1, autosomal recessive (gene SCNN1G) | 264350 | SCNN1G |
| 606 | Pseudovaginal perineoscrotal hypospadias | 264600 | SRD5A2 |
| 607 | Pycnodysostosis | 265800 | CTSK |
| 608 | Pyogenic bacterial infections, recurrent, due to MYD88 deficiency | 612260 | MYD88 |

Table 1 (Continued)

| Disease Name | PhenOMIM | Gene | |
|--------------|---|--------|----------|
| 609 | Pyridoxal phosphate-responsive seizures | 610090 | PNPO |
| 610 | Pyruvate carboxylase deficiency | 266150 | PC |
| 611 | Pyruvate dehydrogenase phosphatase deficiency | 608782 | PDP1 |
| 612 | Renal-hepatic-pancreatic dysplasia | 208540 | NPHP3 |
| 613 | Renpenning syndrome | 309500 | PQBP1 |
| 614 | Rett syndrome, congenital variant | 613454 | FOXG1 |
| 615 | Rhizomelic chondrodysplasia punctata type 1 | 215100 | PEX7 |
| 616 | Rhizomelic chondrodysplasia punctata type 3 | 600121 | AGPS |
| 617 | Rigid spine syndrome | 602771 | SEPN1 |
| 618 | Roberts syndrome | 269000 | ESCO2 |
| 619 | Roussy-Levy syndrome | 180800 | MPZ |
| 620 | Roussy-Levy syndrome | 180800 | PMP22 |
| 621 | Sandhoff disease | 268800 | HEXB |
| 622 | Sanfilippo syndrome type C | 252930 | HGSNAT |
| 623 | Schneckenbecken dysplasia | 269250 | SLC35D1 |
| 624 | Schwartz-Jampel syndrome | 255800 | HSPG2 |
| 625 | Seckel syndrome | 210600 | ATR |
| 626 | Senior-Loken syndrome | 610189 | CEP290 |
| 627 | Senior-Loken syndrome | 606996 | NPHP4 |
| 628 | Senior-Loken syndrome 1 | 266900 | NPHP3 |
| 629 | Senior-Loken syndrome 5 | 609254 | IQCB1 |
| 630 | Sensory ataxic neuropathy - dysarthria - ophthalmoparesis | 607459 | POLG |
| 631 | Severe combined immunodeficiency due to adenosine deaminase deficiency | 102700 | ADA |
| 632 | Severe combined immunodeficiency due to complete RAG1/2 deficiency | 601457 | RAG1 |
| 633 | Severe combined immunodeficiency due to complete RAG1/2 deficiency | 601457 | RAG2 |
| 634 | Severe combined immunodeficiency due to DCLRE1C deficiency | 602450 | DCLRE1C |
| 635 | Severe combined immunodeficiency with microcephaly, growth retardation, and sensitivity to ionizing radiation | 611291 | NHEJ1 |
| 636 | Severe combined immunodeficiency with sensitivity to ionizing radiation | 602450 | LIG4 |
| 637 | Severe generalized recessive dystrophic epidermolysis bullosa | 226600 | COL7A1 |
| 638 | Severe neonatal-onset encephalopathy with microcephaly | 300673 | MECP2 |
| 639 | Severe T-cell immunodeficiency - congenital alopecia - nail dystrophy | 601705 | FOXP1 |
| 640 | Short-rib thoracic dysplasia 3 with or without polydactyly | 613091 | DYNC2H1 |
| 641 | Shwachman-Diamond syndrome | 260400 | SBS1 |
| 642 | Sialidosis, type I | 256550 | NEU1 |
| 643 | Sialidosis, type II | 256550 | NEU1 |
| 644 | Sickle cell anemia | 603903 | HBB |
| 645 | Simpson-Golabi-Behmel syndrome type 2 | 300209 | OFD1 |
| 646 | Simpson-Golabi-Behmel syndrome, type 1 | 312870 | GPC3 |
| 647 | Síndrome de Dursun | 612541 | G6PC3 |
| 648 | Sjogren-Larsson syndrome | 270200 | ALDH3A2 |
| 649 | Smith-Lemli-Opitz syndrome | 270400 | DHCR7 |
| 650 | Sotos syndrome 1 | 117550 | NSD1 |
| 651 | Spastic paralysis, infantile onset ascending | 607225 | ALS2 |
| 652 | Spastic paraplegia type 2, X-linked | 312920 | PLP1 |
| 653 | Spinal muscular atrophy with respiratory distress | 604320 | IGHMBP2 |
| 654 | Stocco dos Santos X-linked mental retardation syndrome | 300434 | SHROOM4 |
| 655 | Stormorken syndrome | 185070 | STIM1 |
| 656 | Stüve-Wiedemann syndrome | 601559 | LIFR |
| 657 | Subcortical laminar heteropia, X-linked | 300067 | DCX |
| 658 | Succinyl CoA:3-oxoacid CoA transferase deficiency | 245050 | OXCT1 |
| 659 | Sudden infant death with dysgenesis of the testes syndrome | 608800 | TSPYL1 |
| 660 | Sulfite oxidase deficiency due to molybdenum cofactor deficiency type A (gene MOCS1) | 252150 | MOCS1 |
| 661 | Sulfite oxidase deficiency due to molybdenum cofactor deficiency type A (gene MOCS2) | 252150 | MOCS2 |
| 662 | Sulfocysteinuria | 272300 | SUOX |
| 663 | Surfactant metabolism dysfunction, pulmonary, 1 | 265120 | SFTPB |
| 664 | Surfactant metabolism dysfunction, pulmonary, 2 | 610913 | SFTPC |
| 665 | Surfactant metabolism dysfunction, pulmonary, 3 | 610921 | ABCA3 |
| 666 | Syndromic microphthalmia type 9 | 601186 | STRA6 |
| 667 | Tay-Sachs disease | 272800 | HEXA |
| 668 | T-B+ severe combined immunodeficiency due to gamma chain deficiency | 300400 | IL2RG |
| 669 | T-B+ severe combined immunodeficiency due to JAK3 deficiency | 600802 | JAK3 |
| 670 | T-B+ severe combined immunodeficiency, X-linked | 312863 | IL2RG |
| 671 | Tetra-amelia, autosomal recessive | 273395 | WNT3 |
| 672 | Thrombocythemia 2 | 601977 | MPL |
| 673 | Thrombocytopenia, congenital amegakaryocytic | 604498 | MPL |
| 674 | Thrombotic thrombocytopenic purpura, familial | 274150 | ADAMTS13 |
| 675 | Tooth agenesis, selective, X-linked 1 | 313500 | EDA |
| 676 | Trichothiodystrophy, complementation group A | 601675 | GTF2H5 |
| 677 | Tyrosinemia type 1 | 276700 | FAH |
| 678 | Tyrosinemia type 2 | 276600 | TAT |
| 679 | Tyrosinemia type 3 | 276710 | HPD |
| 680 | Ullrich congenital muscular dystrophy | 254090 | COL6A1 |
| 681 | Ullrich congenital muscular dystrophy | 254090 | COL6A2 |
| 682 | Ullrich congenital muscular dystrophy | 254090 | COL6A3 |
| 683 | Unverricht-Lundborg disease | 254800 | CSTB |
| 684 | Usher syndrome type 1 | 276900 | MYO7A |
| 685 | Usher syndrome type 1C | 276904 | USH1C |

Table 1 (Continued)

| Disease Name | PhenOMIM | Gene | |
|--------------|---|--------|----------|
| 686 | Usher syndrome type 1G | 606943 | USH1G |
| 687 | Usher syndrome type 2A | 276901 | USH2A |
| 688 | Usher syndrome type 2C | 605472 | GPR98 |
| 689 | Usher syndrome type 3A | 276902 | CLRN1 |
| 690 | Very long chain acyl-CoA dehydrogenase deficiency | 201475 | ACADVL |
| 691 | Vitamin B12-responsive methylmalonic acidemia type cblA | 251100 | MMAA |
| 692 | Vitamin B12-responsive methylmalonic acidemia type cblB | 251110 | MMAB |
| 693 | Vitamin B12-unresponsive methylmalonic acidemia type mut- | 251000 | MUT |
| 694 | Vitamin D-dependent rickets type 2A | 277440 | VDR |
| 695 | Vitamin D-dependent rickets, type 1 | 264700 | CYP27B1 |
| 696 | Waardenburg-Shah syndrome 4A | 277580 | EDNRB |
| 697 | Waardenburg-Shah syndrome 4B | 613265 | EDN3 |
| 698 | Walker-Warburg syndrome (gene POMGNT1) | 253280 | POMGNT1 |
| 699 | Walker-Warburg syndrome (gene POMT1) | 236670 | POMT1 |
| 700 | Walker-Warburg syndrome (gene POMT2) | 613150 | POMT2 |
| 701 | Weyers acrofacial dysostosis | 193530 | EVC |
| 702 | Wilson disease | 277900 | ATP7B |
| 703 | Wiskott-Aldrich syndrome | 301000 | WAS |
| 704 | Wolcott-Rallison syndrome | 226980 | EIF2AK3 |
| 705 | Wrinkly skin syndrome | 278250 | ATP6V0A2 |
| 706 | Xeroderma pigmentosum complementation group A | 278700 | XPA |
| 707 | Xeroderma pigmentosum complementation group E | 278740 | DDB2 |
| 708 | Xeroderma pigmentosum, group C | 278720 | XPC |
| 709 | Xeroderma pigmentosum/Cockayne syndrome complex complementation group B | 610651 | ERCC3 |
| 710 | Xeroderma pigmentosum/Cockayne syndrome complex complementation group D | 278730 | ERCC2 |
| 711 | Xeroderma pigmentosum/Cockayne syndrome complex complementation group F | 278760 | ERCC4 |
| 712 | Xeroderma pigmentosum/Cockayne syndrome complex complementation group G | 278780 | ERCC5 |
| 713 | X-linked agammaglobulinemia | 300755 | BTK |
| 714 | X-linked centronuclear myopathy | 310400 | MTM1 |
| 715 | X-linked Charcot-Marie-Tooth disease type 5 | 311070 | PRPS1 |
| 716 | X-linked creatine transporter deficiency | 300352 | SLC6A8 |
| 717 | X-linked distal spinal muscular atrophy | 300489 | ATP7A |
| 718 | X-linked hyper-IgM syndrome | 308230 | CD40LG |
| 719 | X-linked intellectual deficit with marfanoid habitus | 309520 | MED12 |
| 720 | X-linked lymphoproliferative disease | 308240 | SH2D1A |
| 721 | Odontonychothermal dysplasia | 257980 | WNT10A |
| 722 | X-linked spinal muscular atrophy type 2 | 301830 | UBA1 |
| 723 | Zellweger syndrome 1A | 214100 | PEX1 |
| 724 | Zellweger syndrome 7A | 614872 | PEX26 |

analysed the mutations screened by different laboratories, 74–210 mutations, and only 29 were found in common [17]. This poor method uniformity doesn't allow expanded carrier screening be a recommended test by clinicians.

Lazarin et al. based a classification algorithm on four tiers of severity: profound, severe, moderate and mild. The disease characteristics chosen were: life span, intellectual disability, impaired mobility, physical malformations and dysmorphic features, sensory impairment, immunodeficiency/cancer, mental illness, reduced fertility, available treatment, and expressivity [18]. In this background, variants of uncertain significance and non pathogenic mutations increase the complexity in choosing the appropriate panel and counselling of patients.

In 2017, the ACOG published a committee opinion about common genetic conditions for which carrier screening is recommended: [19]

- Spinal Muscular Atrophy. This screening should be offered to all women during preconceptional or prenatal period, and to patients with a family history of SMA.
- Cystic Fibrosis. This screening should be offered to all women during preconceptional or prenatal period. Today about two thousand mutations of the CFTR gene are known and the complete analysis of the gene is not recommended for routine screening.
- Hemoglobinopathies. A complete blood count with red blood cells indices should be offered to all women during and before pregnancy, also to diagnose their risk of anemia. If a low mean

corpuscular volume results, a hemoglobin electrophoresis would also be indicated, especially in some at risk populations: African, Mediterranean, Middle Easten, Southeast Asia or West Indian descendants.

- Fragile X Syndrome. This screening should be offered to all women during preconception and prenatal period, if a family history or suggestive intellectual disorders occur. If a woman has unexplained ovarian insufficiency or high levels of FSH before the age of 40, an FMR1 premutation could be present and the screening should be recommended. Prenatal diagnosis for fragile X syndrome should be offered to known carriers of premutation or full mutation.
- Tay-Sachs Disease. This screening should be offered to all women during preconception and prenatal period, if either member of a couple belongs to some particular ethnicity, such as Ashkenazi Jewish, French-Canadian or Cajun, or if there is a suggestive family history.
- Expanded carrier screening does not replace the above risk-based screening recommendations

Analytic and clinical validity and utility

Analytic validity of a genetic test defines its ability to accurately and reliably measure the genotype of interest. Current commercial providers use mostly microarray-based genetic tests covering the most frequent sequence variants in selected genes. Alternatively, whole genes, and not only selected sequence variants can be sequenced by next-generation sequencing (NGS) [7].

Clinical validity of a genetic test defines its ability to detect or predict the associated disorder, including carrier status. It is currently difficult to assess the clinical validity of screening panels due to various confounding factors. Many genes are characterized by numerous variants, not all of them are pathogenic, equally associated with severe phenotype and not all of them are necessarily reported in commercially available panels [7].

As to clinical utility, a genetic test is designed to provide clinical practice with a valid support to improve patient outcomes. In this case, the aim of preconception carrier screening is to facilitate reproductive choices and autonomy of couples. Options for future parents include preimplantation genetic diagnosis, prenatal diagnosis, using donor sperms or oocytes, adoption, or accepting the risk of conceiving an affected child [20,21].

Expanded carrier screening may also support prenatal diagnosis with early management of genetic disorders [20–22]. For example screening for ornithine transcarbamylase deficiency, a rare and potentially fatal disorder in a male neonate, could improve the prognosis [22]. This will also help the parents to better approach the pregnancy and be ready for psychosocial consequences of having a child with a genetic condition.

Another aspect of the expanded carrier screening is the clinical implication on the carrier patient. The screening may reveal genetic conditions that may predispose the carrier to increased morbidity and mortality. Carriers of ataxia telangiectasia have a major risk of breast cancer [23] and heterozygous variants of glucocerebrosidase gene is linked to Parkinson's disease [24].

Attention should be also paid to the impact of expanded carrier screening on the health care organizations and burden of cost. Lynch et al. found that the median time for results disclosure is about 64 min, ranging from 5 to 229 min with preparation work being the most time-consuming activity. [25] Carrier screening requires significant increases in genetic counseling time, and new resources to reduce preparation work or develop other strategies such as the creation of new models to deliver this type of service are needed. [25]

Expanded carrier screening and Noninvasive prenatal diagnosis

Sequencing of cell-free DNA in maternal plasma has enabled definitive noninvasive prenatal diagnosis for monogenic disorders and also for pregnancies with unexpected fetal anomalies. The current standard for testing for Mendelian disorders is gene panels and that is available for many ultrasound abnormalities like holoprosencephaly, congenital heart disease, skeletal dysplasia, and others. Most Mendelian disorders however, are associated with normal prenatal ultrasound findings. Future developments may be toward noninvasive prenatal diagnosis with fetal whole exome or whole genome sequencing. This has been performed on limited disorders so far and to generalize it to diagnose the large number of Mendelian disorders on the expanded carrier screening panels is premature for now [26]. In fact, this highlights even more the importance of clear guidelines for expanded carrier screening panels.

Ethical issues

The introduction of expanded carrier screening raises many concerns about complex decisions, including preimplantation genetic diagnosis, prenatal diagnosis, and pregnancy management and may impact the psychological well-being, perceptions of health, and feelings of discrimination or stigmatization with social consequences. Studies have also demonstrated increased distress levels among carriers [10]. Already pregnancy is a very high emotional state where expanded carrier screening is only one aspect of many evaluations that the pregnant patient has to deal

with. Therefore, careful appraisal of the advantages and disadvantages for universal screening before conception is necessary. Obtaining consent has been considered much more challenging as the carrier screening panels expand [7]. Women may also have a legitimate interest in not knowing their genetic make up to avoid serious psychological consequences.

Conclusion

Expanded carrier screening aims to identify couples who have an increased risk of having an affected child in order to facilitate informed reproductive decision making. New genetic testing technologies enable the expansion of screening to multiple conditions including those with very low carrier frequency, and those with mild or incompletely penetrant phenotypes. Priority should be given to carrier screening panels that include a comprehensive set of severe childhood-onset disorders. Panels should have high clinical validity and clinical utility. Psychosocial support and genetic counseling should be available prior to screening and for the return of positive results. Systems are needed to reduce the risk of misinterpreting results. Finally, attention should be paid on the impact of expanded carrier screening on health care organization and burden of cost.

Conflicts of interest

The authors report no conflict of interest

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