# ExMC Approach to Pharmaceutical Stability Research: An Overview

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#### Goals of Stability Studies

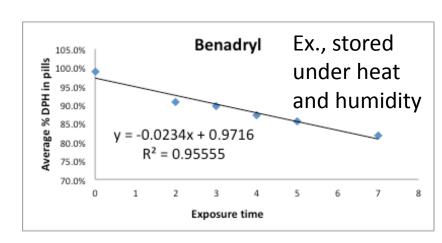
- Identify medications that are stable under real and simulated space conditions, especially deep space radiation
- Identify medications that are potent and safe after their expiration dates

 Ultimately provide a safe and effective formulary for exploratory spaceflight missions

#### Pharmaceutical Stability

- Medication expiration dates are determined according to the protocol:
  - Exposure of medications under recommended storage conditions
  - Potency, purity, and other chemical testing at set timepoints
  - Comparison of results to specified acceptance limits set by the FDA and published in the US Pharmacopeia.





For example, typical acceptance limits for potency are 90.0 – 110.0% for many dosage forms.

#### Challenges

- Developing the laboratory capabilities for chemical testing of exposed medications
- Designing studies with exposure/storage conditions that closely mimic exploratory space mission conditions
- Mining reams of data from FDA report requests

#### Examination of previous FDA stability data

 Data from FDA filings for medications will be requested according to current FDA/NASA Memo of Understanding.

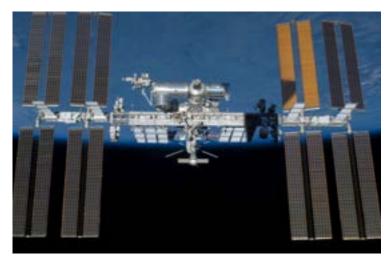
 FDA data will include stability testing results from approval filings – up until the expiration date (shelf life)

Can be used to predict longer term stability



#### ISS-Stored Medication Study

- Store medications on the ISS for return at specific timepoints:
  - At time of expiration
  - One year past expiration
  - Two years
  - Three years
- Chemical analysis will provide results that can be compared to controls stored on Earth:
  - Potency
  - Purity (degradation products)
  - Dissolution (bioavailability)
  - Appearance



https://www.nasa.gov/mission\_pages/station/main/index.html

Degradation products

#### Dribble Study

 Unused medications stored for use on the ISS are returned after they have expired.

 Controls are stored under controlled conditions at JSC for stability comparison, to assess effect of radiation.



https://www.nasa.gov/mission\_pages/station/structure/launch/overview.html

#### NSRL Beam Study

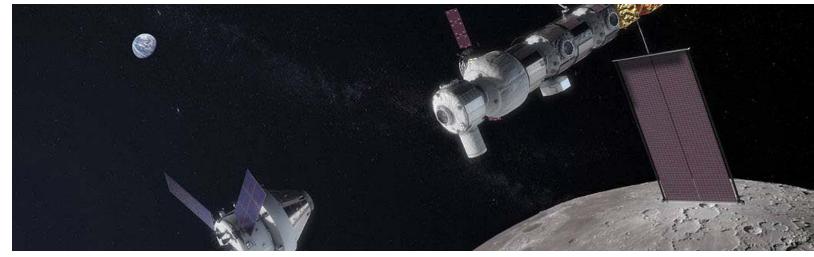
 Initial study of four medications done in 2018: Medications are exposed to simulated deep space radiation, doses of 0.5-1 Gy for short amounts of time.

 Data assessment underway to determine whether this radiation exposure is a good model for the exposure that has been observed on the ISS.

• This type of study would be a good "worst case scenario" for drugs that are expected to be stable.

#### Gateway Spacecraft Study

- Store medications on the gateway spacecraft
- Exposure to radiation outside LEO



https://www.nasa.gov/feature/questions-nasas-new-spaceship

## Development of Analytical Testing Capabilities at JSC

- Needs:
  - Laboratory equipment for chemical analysis testing
  - Personnel
- Advantages over testing at contract labs:
  - Higher sample volume testing at lower cost
  - Ability to react immediately to test results

### Thank You