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Effect of ambient particulate matter exposure on hemostasis

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Epidemiological studies have linked levels of particulate matter (PM) in ambient air to cardiovascular mortality and hospitalizations for myocardial infarction (MI) and stroke. Thrombus formation plays a primary role in potentiating acute cardiovascular events, and this study was undertaken to determine whether pulmonary exposure to PM alters hemostasis. PM was collected from the Chapel Hill, NC airshed and was administered to mice by intratracheal instillation at a dose previously shown to exacerbate myocardial ischemia-reperfusion injury. Twenty-four hours after exposure, an increase occurred in the number of circulating platelets and plasma concentrations of fibrinogen and soluble P-selectin. The concentration of tissue factor pathway inhibitor (TFPI) in plasma was decreased, whereas the plasma concentration of plasminogen activator inhibitor (PAI-1) was increased. Consistent with these observations, bleeding time from a tail-tip transection was shortened. These results provide evidence that PM exposure alters hemostasis in otherwise healthy animals and may thereby promote clot formation and impede clot resolution in susceptible individuals. The results also establish definite hemostatic endpoints that can be used to further investigate the effects of dose and particle characteristics on the toxicity of ambient particles. (Translational Research 2007;149:324-332)

Abbreviations: CBC = complete blood count; ELISA = enzyme-linked immunosorbent assay; ICR = Institute for Cancer Research; MI = myocardial infarction; PAI-1 = plasminogen activator inhibitor; PBS = phosphate-buffered saline; PM = particulate matter; SE = standard error; sP-selectin = soluble P-selectin; TAT = thrombin/antithrombin; TF = tissue factor; TFPI = tissue factor pathway inhibitor; tPA = tissue-type plasminogen activator; US-EPA = United States Environmental Protection Agency

Global epidemiological studies have linked ambient particulate matter (PM) exposure to cardiac arrhythmia, myocardial infarction (MI), cardiac arrest, heart failure, and mortality because of ischemic heart disease.¹⁻³ Empirical evidence collected over the past decade also indicates that airborne

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PM can affect cardiovascular function and may thereby contribute to the pathogenesis of cardiovascular disease.⁴⁻¹²

Ambient PM comprises a heterogeneous mixture of substances, including carbon, metals, nitrates, sulfates, organic compounds, and components of biogenic ori-

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gin.^{13,14} PM is derived from several different sources, including combustion products from gasoline and diesel engines, coal- and oil-fired power plants, biomass burning (eg, fireplaces and forest fires), and natural sources such as wind-blown dust or crushing of crustal materials.^{13,15–18} The US-EPA, currently regulates PM levels on the basis of mass in 2 size ranges: “coarse” PM (2.5–10 microns in diameter) and “fine” PM (0.1–2.5 microns in diameter).¹³ However, increasing attention is being placed on smaller “ultrafine” particles, with a diameter of less than 0.1 micron.¹³ Although these particles contribute very little to PM mass, they dominate particle number and surface area metrics.^{13,19} Furthermore, some have suggested that these smaller particles can more readily exit the lung, where they may directly affect cells and organs of the cardiovascular system.²⁰

Inhalation of PM has been shown to activate pulmonary endothelium, macrophages, and neutrophils.^{21–23} Pulmonary inflammation acts as a catalyst for subsequent systemic inflammation.^{21,22,24} Studies in humans and animals have demonstrated that PM increases the release of neutrophils from bone marrow and the number of subsequently circulating neutrophils.^{19,25} Relocation from an environment with high PM levels to one with negligible PM reverses this effect.²⁶ PM exposure has also been shown to increase C-reactive protein expression, plasma viscosity, and the progression of atherosclerotic lesions.^{13,22,27–30} Furthermore, exposure to concentrated ambient particles has been associated with increased oxidative stress, altered vascular reactivity, and alterations in hemostasis, which are strongly associated with adverse cardiovascular effects.^{10,31–34}

Recent studies indicate that exposure to PM also promotes thrombus formation. Nemmar et al²⁰ have shown that PM from diesel exhaust activates platelets and promotes femoral venous thrombosis in a dose-dependent manner in hamsters. Likewise, Radomski et al³⁵ observed that exposure to carbon particles augmented thrombosis in rats. Addition of these particles directly to human platelets induced platelet aggregation via adenosine 5'-diphosphate-, matrix metalloproteinase-, or protein kinase C-dependent pathways.³⁵ This study was undertaken to elucidate effects of ambient particulate matter on systemic factors involved in hemostasis and thereby to define discrete endpoints that can be used to further investigate the toxicity of airborne particles.

MATERIALS AND METHODS

Animals. For this study, 6- to 10-week-old male Institute for Cancer Research (ICR) mice were obtained from Harlan (Indianapolis, Ind), housed in microisolation, and cared for by the East Carolina University Comparative Medicine staff. All

protocols conformed to the standards in the National Institutes of Health's “Guide for the Care and Use of Laboratory Animals” and were approved by the East Carolina University Institutional Committee on the Care and Use of Laboratory Animals.

Particle collection and extraction. Particles were collected as described by Cozzi et al.¹⁰ Briefly, particles were collected over 7-day periods, during October 2002, in Chapel Hill, NC with a ChemVol High Volume Cascade Impactor (Rupprecht and Patashnick Co., Inc., East Greenbush, NY). Particles (less than 0.15 μm in diameter) were collected onto G5300 filters (Monandock Non-Wovens LLC, Mt. Pocono, Penn), dried under sterile conditions, and stored at -80°C until extracted. Particles were extracted by prewetting the filter with 70% ethanol, and endotoxin-free water was added to yield a total volume of 40 mL. Extraction efficiency was 65–70%. The substrate–water solution was sonicated, and the particle extract was concentrated by lyophilization and stored at -80°C . Extracts were reconstituted to a concentration of 5 mg/mL in water and stored at -80°C . Four consecutive weeks of extracts were pooled into monthly batches. These particles exhibit a total carbon mass fraction of just over 22%; high levels of arsenic, bromide, selenium, sulfur, and zinc; and low levels of iron and titanium (unpublished data). Particle endotoxin levels were measured with a chromogenic limulus amebocyte lysate endpoint assay (QCL-1000; Cambex, Rockland, Me) according to kit instructions. No detectable levels of endotoxin were found on the particles.

Particulate exposure. Mice were exposed to PM as described by Cozzi et al.¹⁰ Briefly, mice were anesthetized with vapors from isoflurane/propanediol and a suspension of 100 μg of PM in 100 μL of sterile phosphate-buffered saline (PBS) (composition in mM: NaCl, 137; NaH_2PO_4 , 10; KH_2PO_4 , 1.47; KCl, 2.7; pH adjusted to 7.4) was prepared and delivered by intratracheal instillation. This dose of PM was previously shown to elicit pulmonary and cardiovascular effects in ICR mice.¹⁰ Vehicle-exposed mice received 100 μL of sterile PBS.

Complete blood count (CBC). Twenty-four hours after exposure, a cardiac blood draw was performed in mice euthanized by intraperitoneal injection of sodium pentobarbital as adapted from Hoff et al.³⁶ Blood was drawn to a total volume of 1 mL using a 25-gauge needle attached to a 1-mL syringe containing 100 μL of 3.8% sodium citrate as an anticoagulant. A CBC was determined on whole blood using a Coulter Counter (Beckman Coulter, Fullerton, Calif). Cell counts were corrected for anticoagulant dilution, averaged between groups, and reported.

Platelet/monocyte interaction. Blood collected 24 h after exposure from a separate set of mice was placed in PGE₁-K₂EGTA anticoagulant tubes and then divided for subsequent analyses. For flow cytometry analysis of CD41, red blood cells were lysed by adding Optilyse C (Beckman Coulter) in a 1:1 ratio and 50 μL of the blood/Optilyse C solution was incubated with a fluorescent-conjugated antibody against CD41 (anti-mouse CD41-FITC; BD Biosciences, San Jose, Calif) or a matched isotype control antibody (IgG₁-FITC; BD Biosciences). The monocyte cell gate was determined by forward- and side-scatter parameters. Flu-

orescence within this gate was analyzed by flow cytometry (FACScan; Becton Dickinson, San Jose, Calif), and mean fluorescence intensity was calculated and reported.

Plasma fibrinogen levels. Whole blood remaining after CBC analyses was centrifuged at 5000 g for 10 min, and plasma was removed. Plasma fibrinogen levels in fresh plasma were determined by a modified thrombin time as described by Clauss et al.³⁷ Briefly, 100 μ L of diluted plasma was incubated at 37°C within the Coag-A-Mate XM coagulation timer (Biomerieux, Durham, NC) before the addition of 100 μ L of Fibriquik thrombin reagent (Biomerieux) to induce coagulation. Clotting times were converted to fibrinogen level based on a human fibrinogen standard curve. Mean fibrinogen levels for each mouse group were calculated and reported.

Plasma thrombin/antithrombin (TAT) levels. Twenty-four hours after exposure, plasma TAT complex concentrations were determined with a human TAT complex-specific sandwich enzyme-linked immunosorbent assay (ELISA) known to cross-react with mouse TAT antigen according to kit instructions (Enzygnost kit; Dade Behring, Marburg, Germany).^{38,39} Briefly, 50 μ L of citrated plasma were incubated in 96 well plates coated with human thrombin-specific antibody. After addition of a peroxidase conjugated antibody to human anti-thrombin and color development, the optical density of the plate was read at 492 nm using a spectrophotometer (Smart-Spec 3000; Bio-Rad, Hercules, Calif). A negative control containing sample buffer was also used to establish a background spectrophotometer reading at 492 nm, which was subtracted from sample readings, and TAT complex concentrations were determined based on a human TAT complex standard curve (2–60 ng/mL) supplied with the kit. Mean plasma TAT concentrations were calculated and reported.

ELISAs for plasma soluble P-selectin (sP-selectin), plasma tissue factor pathway inhibitor (TFPI), plasma tissue-type plasminogen activator (tPA), and plasminogen activator inhibitor (PAI-1). Blood collected via cardiac puncture was placed in collection tubes containing 7.5% EDTA(K₃) anticoagulant (Kendall Monoject 10.25 \times 50 mm; Tyco Healthcare Group LP, Mansfield, Mass) and centrifuged at 5000 g for 10 min to obtain plasma. Plasma sP-selectin, tPA, and PAI-1 concentrations were determined by using commercially available ELISA kits according to the manufacturers' instructions (Quantikine kit; R&D systems, Minneapolis, Minn; Molecular Innovations, Southfield, Mich). Plasma TFPI concentrations were determined by coating 96 well plates with 1:20 diluted plasma in 1% bovine serum albumin in PBS. Rabbit anti-mouse TFPI IgG (1:500; American Diagnostica, Inc., Stamford, Conn), goat anti-rabbit IgG peroxidase conjugate (1:12,000; Sigma-Aldrich, St. Louis, Mo), and 3,3', 5,5' Tetramethylbenzidine substrate reagent (BD Biosciences) were used for detection. Plate absorbance was measured at 450 nm using a microplate reader (Benchmark Microplate Reader; Bio-Rad). Specificity of the anti-TFPI antibody was confirmed by immunoprecipitation as described by Michielsen et al.⁴⁰

Bleeding time determination by tail-tip transaction. Analysis of bleeding from an induced injury was conducted as described by Sato et al.⁴¹ Twenty four hours after exposure,

mice were anesthetized with sodium pentobarbital (50 mg/kg initial dose, 30 mg/kg if supplemental doses were needed), and tail-tips, 5 mm from their distal end, were surgically transected using a scalpel blade. Tails were immediately placed in a tube containing 10 mL of saline warmed to 37°C, and a timer was started. The bleeding time was recorded as the time required for initial stoppage of blood flow. Average bleeding times were calculated and reported for each mouse group. Overall, 20 min after tail transection, blood collected in saline was hemolyzed and the absorbance at 546 nm was used to determine blood volume loss.

Statistics. Values were reported as mean \pm standard error (SE). Differences between groups were compared using the Student *t*-test for unpaired observation or analysis of variance with the Fisher exact test for least significant difference. In all cases, a *P* value of less than 0.05 was used to indicate statistical significance between groups.

RESULTS

Particulate matter effects on circulating blood cell counts. Total leukocyte counts decreased 24 h after PM exposure (vehicle, 5620 \pm 310 cells/mL whole blood; PM, 4608 \pm 331 cells/mL whole blood; *P* = 0.026). These results were consistent with previous findings and confirmed effective delivery of PM.¹⁰ It should be noted that, in some animal studies, increases in circulating polymorphonuclear cells with PM exposure have been reported.^{22,42} For shorter time intervals after PM exposure, it has been reported that circulating neutrophils enter the lungs, which could explain the reduction in total leukocyte counts observed.⁴³

In contrast, circulating platelet numbers in exposed mice increased slightly compared with vehicle controls (Fig 1, A). As PM exposure did not alter circulating RBC number (vehicle, 818,400 \pm 168,465 cells/mL whole blood; PM, 824,333 \pm 139,081 cells/mL whole blood; *P* = 0.43), hemoglobin (vehicle, 13.1 \pm 0.3 g/dL; PM, 13.1 \pm 0.2 g/dL; *P* = 0.95), or hematocrit (vehicle, 41.4 \pm 1.0%; PM, 41.8 \pm 0.9%; *P* = 0.39), the results indicate specific effects on neutrophils and circulating platelets.

Effect of particulate matter on platelet and endothelial activation. sP-selectin may be released by both activated platelets and endothelial cells.^{44,45} PM exposure significantly increased plasma sP-selectin levels 24 h after exposure (Fig 1, B). Interaction of platelets and monocytes was examined as a more specific indicator of platelet activation.⁴⁶ Platelets were labeled with a fluorescent-conjugated antibody specific for mouse platelet glycoprotein IIb (CD41), and association with monocytes was then analyzed by flow cytometry. PM exposure did not alter the number of CD41-positive platelets within the monocyte gate (Fig 2), indicating that PM exposure did not increase binding between platelets and monocytes.

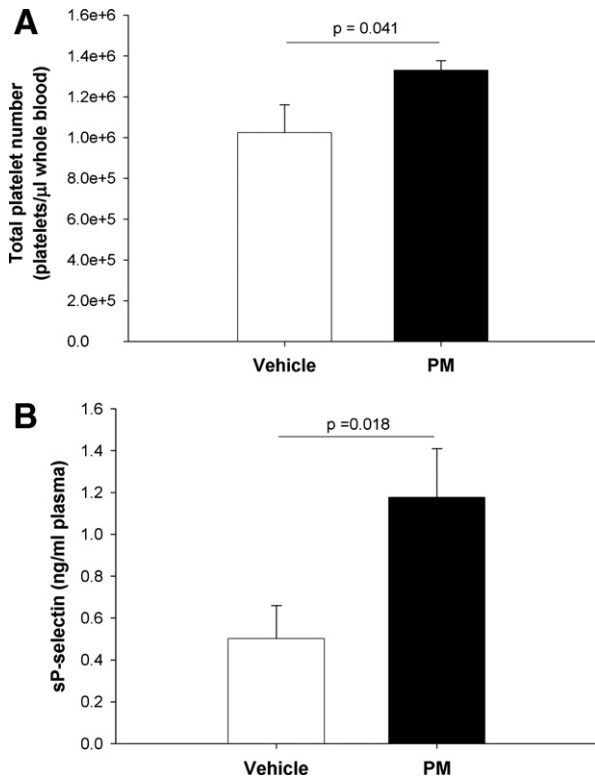


Fig 1. Total platelet number and plasma sP-selectin levels 24 h after exposure. Mice were exposed to vehicle or 100 μ g of PM by intratracheal instillation. (A) Blood was drawn via cardiac puncture 24 h after exposure, and a CBC was performed on each whole-blood sample. Values represent mean platelet numbers \pm SE, n = 11 vehicle control and n = 9 PM exposed animals. (B) Blood was drawn via cardiac puncture 24 h after exposure, and plasma was prepared and assayed with a commercially available mouse specific sP-selectin ELISA kit. Values represent mean \pm SE, n = 6 in each group, repeated in duplicate.

Effect of particulate matter on circulating coagulation proteins. Fibrinogen is the soluble precursor of fibrin, which plays a central role in platelet aggregation and clot formation.⁴⁷ Plasma fibrinogen levels from blood samples obtained via cardiac puncture 24 h after PM or vehicle exposure were significantly increased compared with the vehicle control group (Fig 3).

Thrombin is a serine protease that not only converts soluble fibrinogen into insoluble fibrin, but also it promotes platelet aggregation during clot formation.⁴⁸ Thrombin activity is inhibited when antithrombin binds irreversibly to thrombin forming a TAT complex.⁴⁹ As thrombin is the terminal protease in the coagulation cascade, analysis of TAT complex concentrations within the plasma serves as an indication of coagulation pathway activation.⁵⁰ Plasma TAT concentrations were unchanged 24 h after PM exposure (Fig 4), indicating the lack of ongoing thrombin generation.

TFPI, a glycoprotein released by endothelial cells,

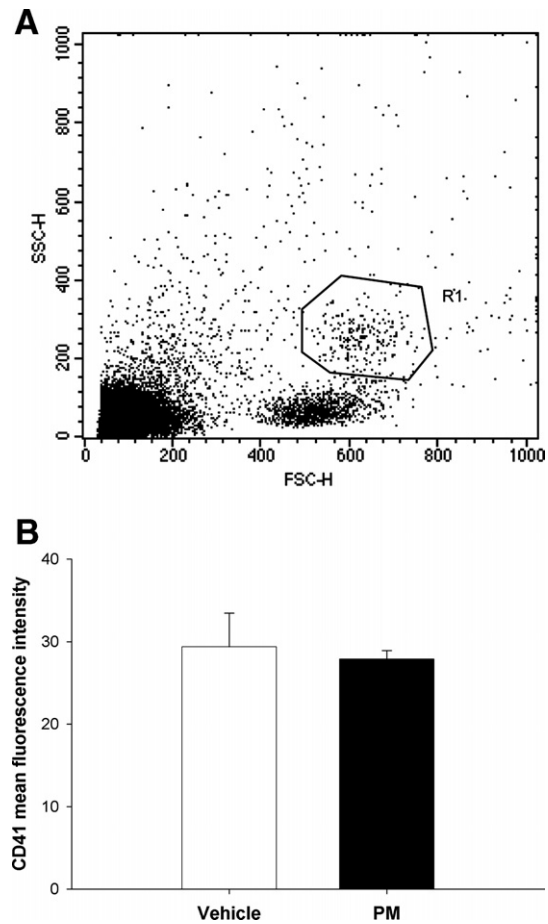


Fig 2. Circulating platelet/monocyte interaction 24 h after PM or vehicle exposure. Blood was drawn via cardiac puncture 24 h after exposure. Platelets in each whole-blood sample were labeled with a mouse-specific fluorescent-conjugated antibody against CD41. (A, gate R1) Flow cytometry was performed, and the monocyte population was gated based on forward and side scatter properties. (B) CD41 represents mean fluorescence intensity within the monocyte gate. Values represent mean \pm SE, n = 6 in each group, repeated in duplicate.

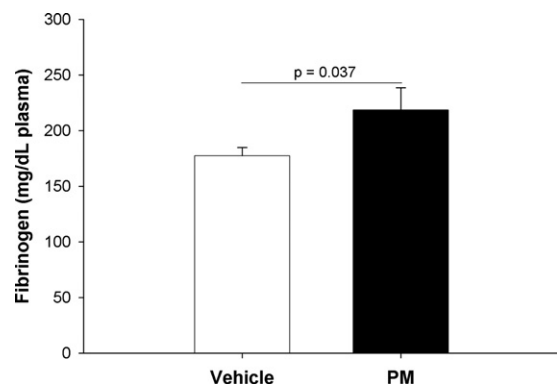


Fig 3. Plasma fibrinogen levels 24 h after PM or vehicle exposure. Blood was drawn via cardiac puncture 24 h after exposure, and plasma was prepared. Plasma fibrinogen levels were determined by a modified thrombin time. Values represent mean fibrinogen concentrations \pm SE, n = 11 vehicle control and 9 PM exposed animals.

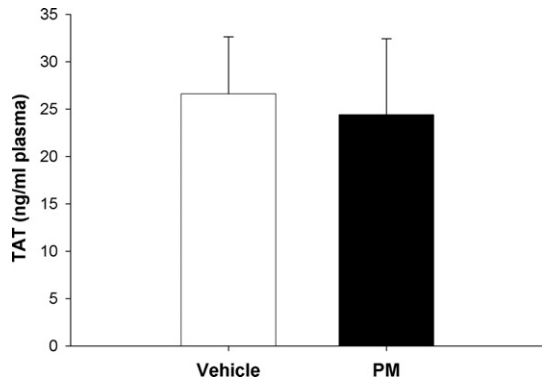


Fig 4. Plasma TAT concentrations 24 h after vehicle or PM exposure. Blood was drawn via cardiac puncture 24 h after exposure, and plasma was prepared. TAT plasma concentrations were determined with a commercially available ELISA kit. Values represent mean TAT concentrations \pm SE, $n = 10$ in each group.

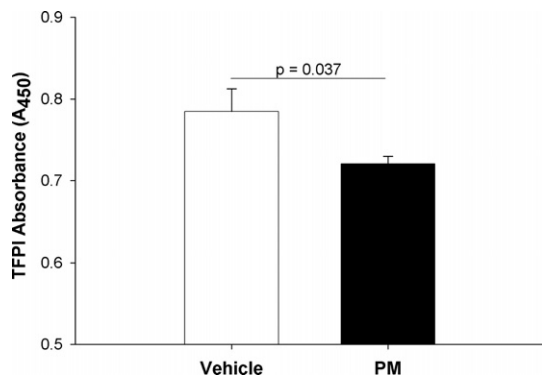


Fig 5. Plasma TFPI absorbance 24 h after vehicle or PM exposure. Blood was drawn via cardiac puncture 24 h after exposure, and plasma was prepared. TFPI concentrations were determined by sandwich ELISA. Values represent mean TFPI concentration \pm SE, $n = 7$ vehicle control and 6 PM exposed animals, repeated in triplicate.

inhibits TF-initiated clotting by binding factor Xa and the TF/VIIa complex, thus inhibiting subsequent thrombin production.^{51,52} Plasma TFPI levels were decreased significantly 24 h after PM exposure when compared with vehicle control (Fig 5).

Effect of particulate matter on the fibrinolytic pathway. Tissue-tPA converts plasminogen into the active protease plasmin, which leads to degradation of fibrin and subsequent vascular thrombus dissolution.⁵³ PM exposure did not change circulating tPA levels 24 h after exposure (Fig 6, A). PAI-1 is a member of the serine protease inhibitor family and is the primary inhibitor of tPA.⁵⁴ Thus, PAI-1 serves to inhibit fibrinolysis and clot dissolution. PM exposure significantly increased circulating PAI-1 levels above vehicle 24 h after exposure (Fig 6, B).

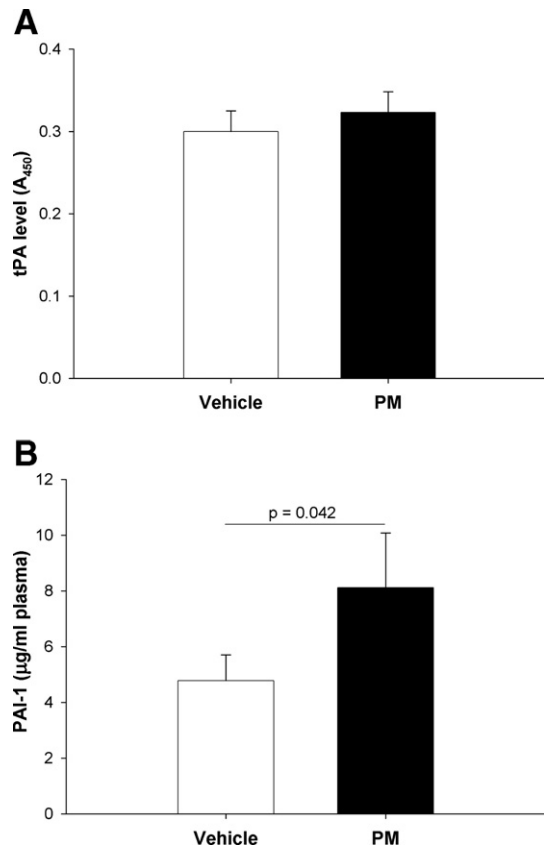


Fig 6. Plasma tPA absorbance and PAI-1 concentrations 24 h after vehicle or PM exposure. Blood was drawn via cardiac puncture 24 h after exposure, and plasma was prepared. Tissue plasminogen activator concentrations were determined with a commercially available ELISA kit and mean sample absorbance \pm SE is shown, assays repeated in duplicate, $n = 21$, vehicle control and 17 PM exposed animals (A). PAI-1 concentrations were determined with a commercially available ELISA kit (B). Values represent mean PAI-1 concentrations \pm SE, $n = 13$ vehicle control and 8 PM exposed animals, repeated in duplicate.

In vivo analysis of particulate matter exposure on hemostasis. In mice, the length of time that blood flows from an induced vascular injury is indicative of the levels of coagulation factors as well as of platelet and endothelial activity.⁵⁵ Bleeding time from a tail-tip transection was therefore assessed as an *in vivo* indicator of hemostasis. Mice were exposed to PM or vehicle, and 24 h after exposure, tail-tips were transected and bleeding times were measured. Bleeding times were significantly shortened after PM exposure when compared with vehicle controls (Fig 7), indicating that the propensity for clot formation was enhanced. The total blood loss 20 min after tail-tip transection was not significantly different between PM exposed and control groups (results not shown).

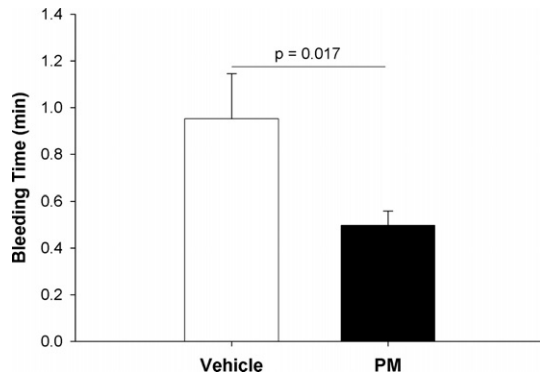


Fig 7. Bleeding times 24 h after vehicle or PM exposure. Tail-tips were surgically transected 24 h after exposure and bleeding time was measured. Values for bleeding time represent mean bleeding time \pm SE, n = 12 in each group.

DISCUSSION

Studies have linked human exposure to air pollution with increased cardiovascular mortality because of ischemic heart disease, heart failure, arrhythmia, and cardiac arrest.¹³ Increases in air pollution have also been associated with an increased incidence of hospitalization for these same cardiovascular complications 24 h after peak ambient pollution levels.¹³ Population-based studies by Liao et al⁵⁶ have shown that short-term exposure to coarse PM was positively associated with plasma inflammatory and hemostatic risk factors for cardiovascular disease. Although evidence suggesting a link between pollution and hypercoagulability is accumulating, there is still little evidence to suggest that PM directly affects the clotting cascade in otherwise healthy animals. The results of this study provide evidence that pulmonary exposure to ambient PM induces acute-phase inflammation and alters hemostatic factors associated with blood clot formation and resolution.

Multiple observations from this study support the concept that exposure to PM induces a state of hypercoagulability conducive to thrombus formation in healthy animals. The number of circulating platelets, the concentration of sP-selectin, and fibrinogen in plasma were increased by PM exposure (Figs 1 and 3). The amount of TFPI in plasma, which should down-regulate the activity of the tissue factor pathway, was reduced by PM exposure (Fig 5). Plasma tPA level was unchanged (Fig 6, A), but plasma PAI-1 level was increased (Fig 6, B), which is expected to decrease the activity of available tPA. The time for coagulation to occur was decreased after PM exposure, as indicated by shorter bleeding times after tail-tip transection (Fig 7). Thus, PM exposure induced multiple procoagulant

changes predicted to contribute to an environment conducive to thrombus formation.

Alterations in platelet number and function play a pivotal role in the pathogenesis of acute coronary syndromes.^{57,58} Increases in platelet number, size, and activity are considered risk factors for MI.^{59–61} Reed et al¹⁵ has shown that total platelet numbers were increased in rodents exposed to hardwood smoke by whole-body inhalation. The increase in platelet number observed in response to PM exposure was consistent with these earlier studies, but the increase was small and unlikely to be clinically relevant by itself. Platelet activation has also been shown to be altered with PM exposure. Nemmar et al²⁰ have demonstrated that circulating platelets were directly activated by interacting with diesel exhaust particles. It should be noted that some studies have not demonstrated an increase in circulating platelet number or activity with PM exposure.^{20,62} This discrepancy could be a result of differences in exposure methods, duration of administration, dose administered, time of measurement, or innate characteristics of PM used in those studies. sP-selectin can facilitate procoagulant activity,^{44,45,63} and increased sP-selectin levels have been linked to acute myocardial infarction, peripheral arterial occlusive disease, plaque destabilization, and atrial fibrillation.^{64–68} sP-selectin is typically thought to be an indicator of platelet activation state. However, Burger et al⁴⁵ have demonstrated that the primary source of circulating P-selectin may be activated endothelial cells. In either case, sP-selectin levels serve as a marker of an activated vasculature/blood interface that would promote thrombus formation.

In contrast to the results in this study, Khandoga et al⁶⁹ demonstrated that PM administered intravenously did not increase endothelial expression of P-selectin in mice, although sP-selectin was not measured. Their findings may be related to the time of assessment or the route of administration, resulting in a lack of appreciable pulmonary inflammation in their model.¹³ A link between sP-selectin levels and the degree of pulmonary inflammation in response to PM exposure is an interesting concept because it suggests that the capacity of PM to alter thrombogenic potential may be linked to a generalized inflammatory condition as opposed to a specific effect of the particles. More studies must be conducted to test this hypothesis.

Increased fibrinogen levels have been associated with the progression of atherosclerotic lesions and are considered a risk factor for future cardiovascular events.⁴⁷ The results of this study (Fig 3) are consistent with human ambient particle exposure studies by Ghio et al,³⁴ in which plasma fibrinogen levels were increased 24 h after particle inhalation. Thus, adminis-

tration of PM by either inhalation or instillation resulted in increased fibrinogen levels.

Increased TAT complex concentrations within the plasma are indicative of activation of the coagulation pathway.⁵⁰ In human studies, increased TAT levels have been linked to MI, unstable angina, and atrial fibrillation.⁷⁰ TAT concentrations measured 24 h after PM exposure were not altered compared with control values (Fig 4), indicating that at the time point investigated evidence for activation of the coagulation pathway was not detected. These results are in agreement with those of Nadziejko et al,⁷¹ who demonstrated that inhaled fine PM did not affect plasma TAT levels in rats at 12 and 24 h post-exposure.

TFPI is a glycoprotein that is released primarily by activated endothelial cells and acts as a primary inhibitor of clot formation by inhibiting thrombin production.^{51,52} In this study, plasma TFPI was significantly decreased after PM exposure (Fig 5). This report is the first to address the ability of PM to alter TFPI protein expression. Decreased TFPI levels have recently been linked to an increased risk of deep vein thrombosis in humans.⁷²

Occlusion of microvessels *in vivo* is affected by both thrombus formation and resolution. Observations indicate that PM exposure may also affect the resolution of clots through alteration of the fibrinolytic pathway. tPA converts plasminogen to plasmin, which promotes clot lysis.⁷³ PAI-1 is the major inhibitor of tPA and thereby promotes clot retention.⁵⁴ Although plasma tPA levels were unaltered, plasma PAI-1 levels were increased significantly, which would be expected to impair fibrinolysis (Fig 6). Increased PAI-1 levels and subsequently impaired fibrinolysis are associated with cardiovascular disease, insulin resistance, and abdominal obesity.^{54,73,74} This study is the first demonstration that PM exposure can alter the expression of inhibitors of both clot formation and resolution in a procoagulant manner.

Hemostasis is a balance between coagulation and fibrinolytic processes.⁷⁵ Therefore, a tail-tip transection was performed as an overall indication of the effect of PM exposure on hemostasis *in vivo*. In this study, it was demonstrated that bleeding time was significantly reduced 24 h after PM exposure (Fig 7). Bleeding time is a function of vascular reactivity, coagulation status, and platelet function.⁷⁶ The lack of significant difference in total blood loss between the experimental and control groups is consistent with the presence of only a mild thrombotic tendency in the PM-exposed animals. In this study, evidence of altered endothelial function includes reduced plasma TFPI, increased sP-selectin, and increased PAI-1 expression. In addition, it was previously demonstrated that aortic relaxation to acetylcho-

line is impaired 24 h after PM exposure.¹⁰ Platelet number in this model was increased; however, platelet activation was not detected as evidenced by the absence of an increase in platelet/monocyte adhesion determined by flow cytometry. Thus, the reduction in bleeding time observed in this model may be due primarily to endothelial activation and subsequent prothrombotic alterations in coagulation factors responsible for clot formation and resolution. It is important to note that bleeding times have been used extensively to study pharmacologic, pathophysiologic, and genetic alterations in hemostasis in humans and animals.⁷⁶ These results are consistent with studies that have looked directly at clot formation *in vivo*. Nemmar et al²⁰ demonstrated that intratracheal diesel exhaust particle exposure enhanced arterial and venous thrombus formation in an *in vivo* endothelial injury model. Likewise, Radomski et al³⁵ showed that exposure to nanoparticles resulted in increased thrombosis induced by ferric chloride endothelial injury in rat carotid arteries.

Speculations. Taken together, the results of this study provide evidence that pulmonary exposure to PM alters thrombogenic potential through effects on clot formation and resolution, which may be particularly relevant in a setting of preexisting atherosclerotic disease in which individuals are susceptible to thrombus formation and vessel occlusion. Furthermore, the results define a set of easily measured hemostatic parameters by which particle exposure time courses and particle toxicity may be further investigated.

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