



## Antibacterial activity of *Glycyrrhiza glabra* roots against certain gram-positive and gram-negative bacterial strains

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**Abstract:** The present study aimed to evaluate the antibacterial potency of grinded crude material (root of *Glycyrrhiza glabra*) against some gram-positive and gram-negative bacterial strains. Two solvents (methanol and acetone) were used to extract the phytochemicals from the test material. Four different concentrations (100%, 75%, 50% and 25%) of methanolic and acetonic extract were used to investigate the inhibiting properties against *Salmonella typhi*, *Escherichia coli*, *Vibrio cholerae*, *Staphylococcus aureus*, *Bacillus cereus* and *Bacillus subtilis* strains. Among methanol and acetone extracts, later exhibited low antibacterial activity. The 100% (w/v) concentration of both extracts showed maximum inhibition against *B. subtilis* followed by *E. coli*, *S. aureus*, *B. cereus*, *S. typhi* and *V. Cholerae*. Maximum activity in acetonic extract was obtained against *B. cereus* followed by *S. typhi*, *E. coli*, *V. cholerae* and *S. aureus* and minimum in *B. subtilis*. A reverse pattern of inhibition activity was found in both extracts (methanolic and acetonic) against *B. subtilis*. Maximum activity was found in methanolic extract against *B. subtilis* (18.6 mm) but it was only 14.3 mm against this strain in acetonic extract. The antibacterial activity of the crude samples corresponded to that of concentration. Hence there was positive correlation of antibacterial activity with the test material.

**Keywords:** Antibacterial activity, *Glycyrrhiza glabra*, Gram-positive bacteria, Gram-negative bacteria

### INTRODUCTION

Today, the increasing failure of chemotherapeutic and antibiotics resistance exhibited by microorganisms have been a major problem and this leads to the screening of medicinal plants for their potential for antimicrobial activity (Laxmi *et al.*, 2011). In general antimicrobial nature of the drug plants is due to the secondary metabolite in the form of generation of new chemical component some of them are highly effective against certain pathogenic and they can be exploited for their industrial applications. As the *G. glabra* has been used since ancient times as a folk medicine and still has its more significance in indigenous system of medicine. Its root contains commercially important chemical called licorice. The chemicals components responsible for antioxidant and antibacterial activity present in *Glycyrrhiza glabra* root have been reported such as Glycyrrhizin, Glycyrrhizic acid etc (Tang and Eisenbrand, 1992); glabridin, glabrene, glabrol, licoflavonol, glycyrol, licoricone, formononetin, phaseollinisoflavan, hispaglabridin A and B, 3-hydroxyglabrol, 3'-methoxyglabridin (Kinoshita *et al.*, 1976; Mitscher *et al.*, 1978, 1980; Saitoh *et al.*, 1978; Fukai *et al.*, 1996, 2002a,b, 2003; Glenn *et al.*, 2005); glabranin isomer, narigenin, lupiwightenone (Biondi *et al.*, 2003,

2005). Therefore, it is aimed to turn our investigations to natural products from *G. glabra* roots for antibacterial potential so as to develop new drug molecule. The bacterial strains used in the present study are such as *B. subtilis*, *B. cereus*, *E. coli*, *S. typhi*, *S. aureus*, *V. cholerae*. *B. subtilis* is a gram-positive and rod shaped bacterium, which has the ability to form a tough, protective endospore, allowing the organisms to tolerate extreme environmental conditions. *B. cereus* is an endemic, soil dwelling, gram-positive, rod shaped beta haemolytic bacterium. It is the cause of "Fried Rice Syndrome" as the bacteria is classically contracted from fried rice dishes that have been kept at room temperature for hours (Glenn *et al.*, 2005). *E. coli* is a gram-negative, rod shaped bacterium found in lower intestine of warm blooded organisms (endotherms). Virulent strains of *E. coli* can cause gastroenteritis, urinary tract infections and neonatal meningitis. *S. aureus* is a facultative anaerobic gram-positive coccial bacterium also known as "golden staph". *S. aureus* is frequently found in human respiratory tract and on skin. It is the common cause of skin infections (e.g. boils) and food poisoning. *V. cholerae* is gram-negative comma shaped bacterium. *V. cholerae* secretes cholera toxin, a protein that cause profuse,

watery diarrhoea during the course of infection. Sweetness of *G. glabra* root is mainly due to presence of glycyrrhizin component. *Glycyrrhiza glabra* L. has been used since long in indigenous medicine system either alone or with the combination of other drug plant materials. The antimicrobial activity of *G. glabra* against *Mycobacterium tuberculosis* has been established (Gupta *et al.*, 2008).

Licorice extracts have been used for more than 60 years in Japan to treat chronic hepatitis and also have therapeutic benefits against other viruses, including human immunodeficiency virus (HIV), cytomegalovirus (CMV) and Herpes simplex. Fukai *et al.* (2002a, b) reported the Anti-*Helicobacter pylori* and antibacterial activities of flavonoids from licorice extracts. The present study was undertaken to evaluate the antibacterial activity of *G. glabra* against gram- positive and gram- negative bacterial strains.

## MATERIALS AND METHODS

**Plant material:** The roots of *G. glabra* were procured locally from Hansa Pharmacy, located in Prem Nagar Ashram, Haridwar. The roots were washed with sterilized distilled water, shed hot air dried and then grind into coarse powder under sterilized condition. The grinded powder was packed in sterilized poly bags than kept at room temperature in research laboratory.

**Test organisms/ bacterial strains:** Pure cultures of *B. cereus* (MTCC 6728), *S. typhi* (MTCC 3216), *S. aureus* (MTCC 7443), *V. cholerae* (MTCC 3904), *B. subtilis* (MTCC 441) were obtained from microbial type culture collection centre of institute of microbial technology (IMTECH) Chandigarh, India and *E. coli* from SGPGI Lucknow. All the organisms were subcultured on nutrient agar medium (NAM), *V. cholerae* was subcultured on Luria Bertani Agar (LBA) and incubated at 37±1°C for 24 hours and preserved at low temperature.

**Preparation of root extract:** The solvents used for the extraction procedure were acetone and methanol of analytical grades. These two solvents already have been reported as excellent solvent for extraction of maximum phytochemicals of *G. glabra* species and for high performance liquid chromatography i.e. HPLC (Gatto *et al.*, 2002). Further ethyl alcohol and other solvents also have been used by Meena *et al.*, 2010. After weighing 125gm of grinded root powder it was extracted using 500ml of the individual solvent (25%w/v) for 24 hrs in soxhlet extractor and was then subjected to filtration through filter paper (Whatman No.1). The solvent was allowed to evaporate under controlled temperature to get the volume of 125ml. The final extract was so further dried to obtain 1.0 ml of extract solution represented 1.0gm of powdered material. The obtained extract was 100% concentrated and was used as the stock solution which

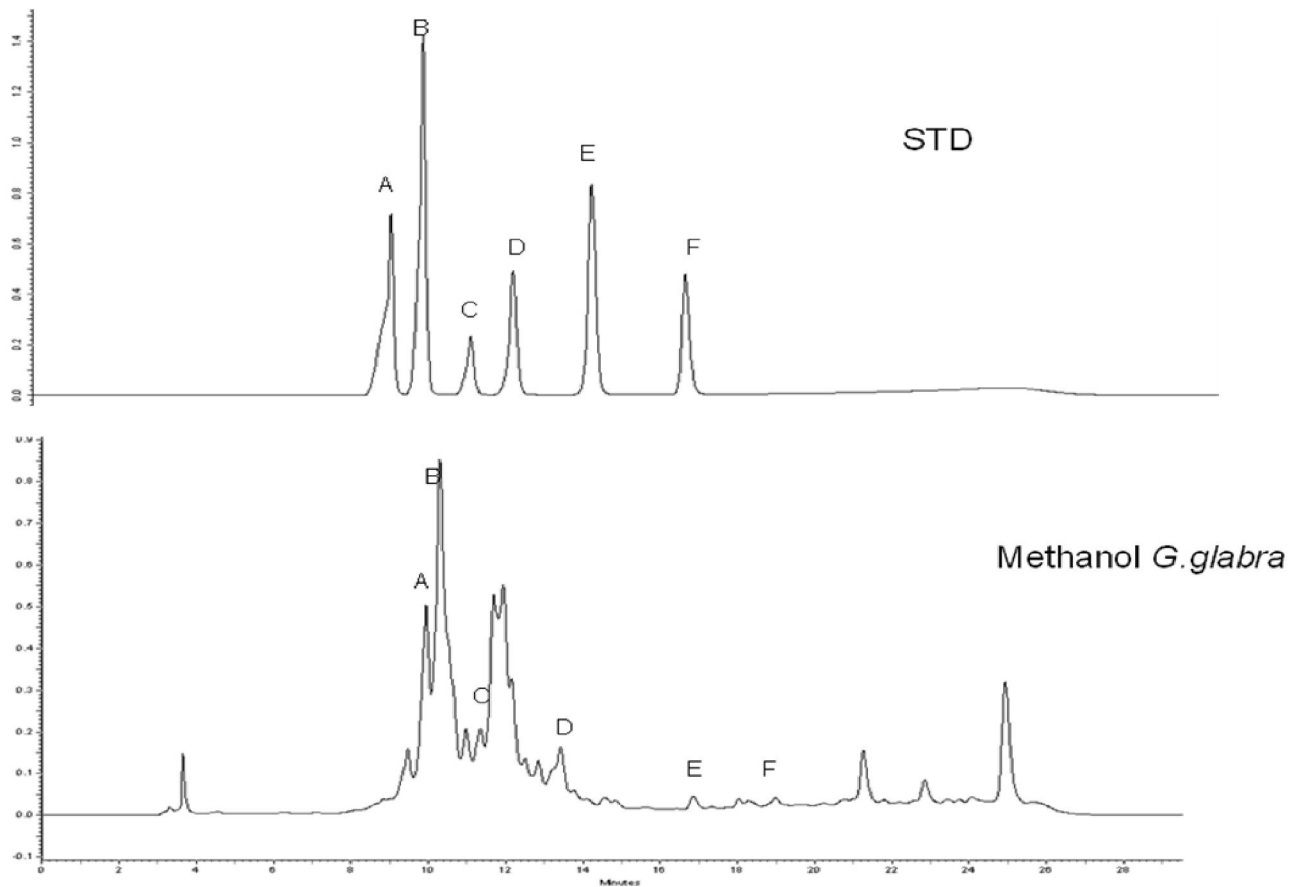
was further diluted to prepare 75%, 50% and 25% concentration of the extract. Methanol and acetone (100%) were used as control.

**Antibacterial activity:** The antibacterial activity of *G. Glabra* was tested by Well-agar diffusion method. About 100µl of standardized microbial stock suspension ( $1 \times 10^5$ cfu/ml) of 24 hrs old cultures of test organism was thoroughly mixed with melted nutrient agar medium (NAM) and poured into sterile petriplates. Five wells of 6mm diameter were made in agar medium using sterile borer and filled with 100µl of each of the extract concentration. All the solvents served as negative control. Zones of inhibition obtained around well was measured after an incubation period of 24hours at 37°C was used as positive control.

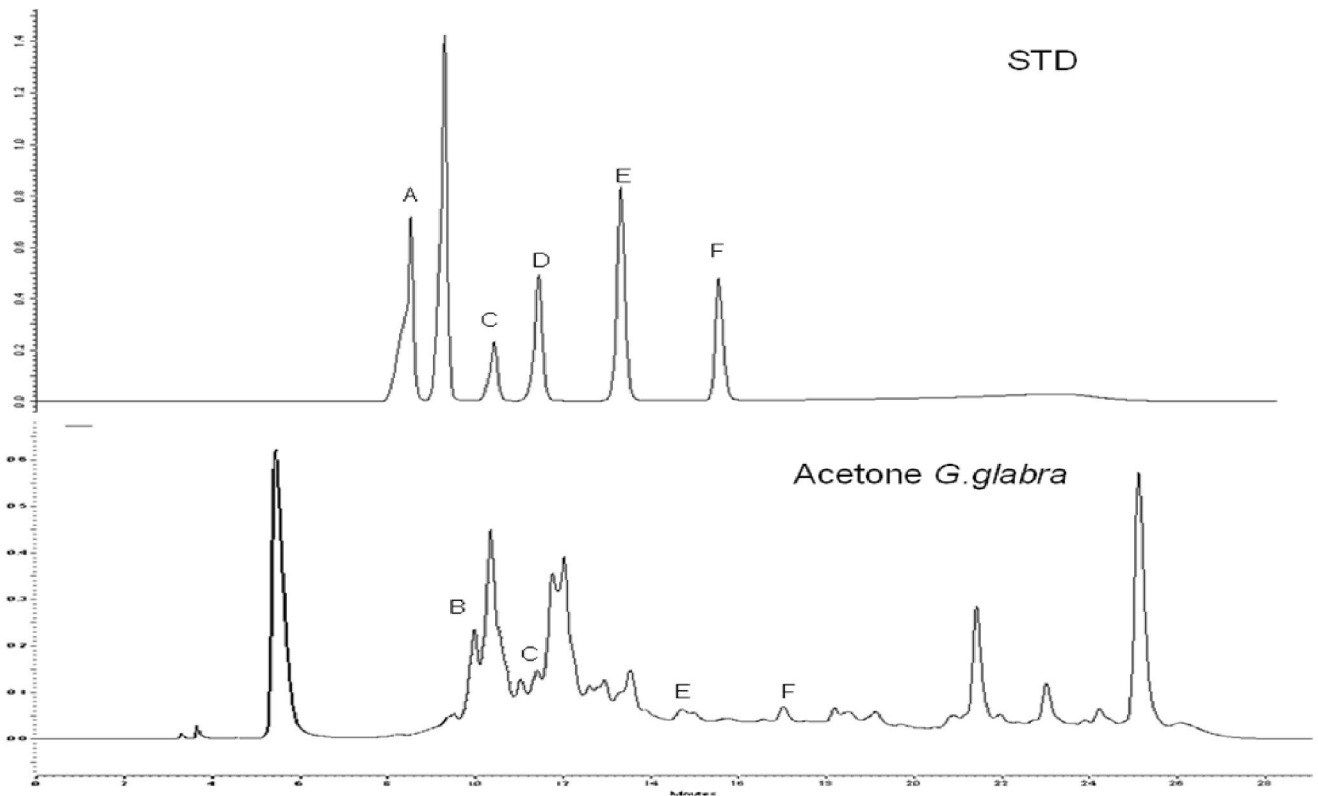
**Phytochemical analysis by high performance liquid chromatography (HPLC):** HPLC has ability to separate and identify the compounds present in any specific sample that can be dissolved in a liquid in trace concentrations as low as parts per trillion. Due to this versatility this is being used in pharmaceutical industry. Therefore, in the present investigation, phytochemical analysis of *G. glabra* of methanolic and acetonic extract was investigated by HPLC. It is the advanced form of Column chromatography that pumps sample mixture/ analytes in a solvent at high pressure through column with chromatographic packing material. The column of HPLC used was made up of stainless steel.

## RESULTS AND DISCUSSION

In the present study, maximum effective inhibition in methanolic extract at 100% was found against *B. subtilis* (18.6 mm) followed by *E. coli* (18.3 mm), *S. aureus*, *B. cereus* (17.6 mm) and *S. typhi* (16.3 mm), whereby the minimum inhibition zone was recorded against *V. cholerae*. Acetonic extract did not show same trend of antimicrobial activity of bacterial strains as were found in methanolic extract. Maximum effective inhibition in 100% acetonic drug extract was recorded against *B. cereus* (16.3 mm) followed by *S. typhi* (16.0 mm), in *E. coli* (15.3 mm), in *V. cholerae* and *S. aureus* (15.0 mm), whereas the minimum inhibition zone was (14.3) recorded against *B. subtilis*. In general declined effective pattern of inhibition zone with dilution was recorded in all dilutions of both extract (Table 1). Makky *et al.* (2012) studied the phytochemicals and their role in antimicrobial activity of six drug plants including *G. glabra* against antibiotic resistance bacterial strain (ARB) isolated from pharmaceutical product and from hospital. The methanolic extract of *G. glabra* showed antibacterial activity against both gram-positive and gram-negative antibiotic resistant bacterial strains (ARB) isolated from pharmaceutical product i.e *Alcalignes xylosoxidans* (UNO9D) and *Staphylococcus xylosus* (ASP13D). Gupta



**Fig. 1.** Methanolic extract of *G. glabra*. A-Chlorogenic acid; B-Caffeic acid; C-Rutin; D-Mycricitin; E-Quercetin; F-Kaempferol; STD-standard.



**Fig. 2.** Acetic extract of *G. glabra*. A-Chlorogenic acid; B-Caffeic acid; C-Rutin; D-Mycricitin; E-Quercetin; F-Kaempferol; STD- standard.

**Table 1.** Antibacterial activity of methanolic and acetonetic extract of *G. glabra* (Mean±SD of three replicates).

Test organisms	Extract concentration (%)	Effective inhibition zone(mm)	
		Methanol	Acetone
<b>Control (methanol/acetone)</b>	Absolute (100%)	--	--
<i>S. typhi</i>	100	16.3 <sup>**</sup> ±0.57	16.0 <sup>**</sup> ±1.0
	75	14.3 <sup>**</sup> ±0.57	13.3 <sup>**</sup> ±0.57
	50	13.0 <sup>**</sup> ±1	11.6 <sup>**</sup> ±0.57
	25	12.3 <sup>**</sup> ±0.57	10.3 <sup>**</sup> ±0.57
<i>E. coli</i>	100	18.3 <sup>**</sup> ±1.15	15.3 <sup>**</sup> ±1.15
	75	15.0 <sup>**</sup> ±0	13.6 <sup>**</sup> ±0.57
	50	13.6 <sup>**</sup> ±0.57	12.0 <sup>**</sup> ±1.0
	25	11.3 <sup>**</sup> ±0.57	10.0 <sup>**</sup> ±0.0
<i>V. cholerae</i>	100	15.3 <sup>**</sup> ±1.15	15.0 <sup>**</sup> ±1.0
	75	12.3 <sup>**</sup> ±0.57	12.6 <sup>**</sup> ±0.57
	50	10.6 <sup>**</sup> ±1.15	11.3 <sup>**</sup> ±0.57
	25	8.3 <sup>**</sup> ±0.57	6.3 <sup>**</sup> ±1.52
<i>S. aureus</i>	100	17.6 <sup>**</sup> ±1.15	15.0 <sup>**</sup> ±1.0
	75	15.3 <sup>**</sup> ±0.57	12.6 <sup>**</sup> ±0.57
	50	13.6 <sup>**</sup> ±0.57	11.3 <sup>**</sup> ±1.15
	25	12.0 <sup>**</sup> ±0	9.3 <sup>**</sup> ±0.57
<i>B. cereus</i>	100	17.6 <sup>**</sup> ±1.52	16.3 <sup>**</sup> ±1.52
	75	14.3 <sup>**</sup> ±0.57	14.6 <sup>**</sup> ±1.15
	50	13.6 <sup>**</sup> ±0.57	13.0 <sup>**</sup> ±1.0
	25	12.6 <sup>**</sup> ±0.57	11.0 <sup>**</sup> ±1.0
<i>B. subtilis</i>	100	18.6 <sup>**</sup> ±0.57	14.3 <sup>**</sup> ±0.57
	75	16.3 <sup>**</sup> ±0.57	13.6 <sup>**</sup> ±0.57
	50	14.0 <sup>**</sup> ±0	12.3 <sup>**</sup> ±0.57
	25	12.6 <sup>**</sup> ±0.57	9.6 <sup>**</sup> ±0.57

Well size in each case: 6 mm; \*\* Well size in each case: 6 mm; significantly different at 1% level of ANOVA, (—): No activity.

**Table 2.** Phytochemical analysis of *G. glabra*.

Extract type	Quantification on percent dry weight basis of different compounds					
	Chlorogenic acid	Caffeic acid	Rutin	Myricitin	Quercetin	Kaempferol
Methanol	0.014008	0.062226	0.05312	0.016671	0.003467	0.007102
Acetone	ND	0.034316	0.087007	ND	0.006814	0.013876

(ND: Not detected)

et al. (2008) have also found the antibacterial activity of *G. glabra* against *Mycobacterium tuberculosis*.

Trend of variant behaviour of different crude extract against all test bacterial strains may be due to the presence or absence as well as quantitative variations of chemicals responsible for bioefficacy. Drug efficacy loss in term of reduction of inhibition zone in mm in last dilution i.e 25% drug concentration in comparison of 100% concentration in methanolic extract was recorded i.e 4.0 mm against *S. typhi*, 7.0 mm against *E. coli*, 7.0 mm against *V. cholerae*, 5.6 mm against *S. aureus*, 5.0 mm against *B. cereus* and 6.0 mm against *B. subtilis*. In acetonetic extract total decreased value is 5.7 mm against *S. typhi*, 5.3 mm

against *E. coli*, 8.7 mm against *V. cholerae*, 5.7 mm against *S. aureus*, 5.3 mm against *B. cereus* and 4.7 mm against *B. subtilis* was recorded. Total loss of drug potency at 25% concentration in comparison of 100% of each specific crude drug extract against specific bacterial strains may be either due to maximum dilution or biologically active compounds which were present in very small traces and were reduced surely responsible for the much loss of the bioefficacy. But the potency loss ratio was quiet different against test strains among different crude extract. A definite ratio of reduction of extract potency in term of reduction of inhibition zone at last concentration could not be observed. In methanolic extracts, maximum loss

of drug potency was found in *E. coli* and *V. cholerae* (7 mm) followed by *B. subtilis* (6 mm) and lowest value was found against *B. cereus*. In acetonic extract maximum reduction of drug plant was found against *V. Cholerae* i.e 8.7 mm followed by *S. aureus* 5.7 mm and minimum against *B. subtilis* i.e., 4.9 mm.

Results of phytochemical analysis based on HPLC revealed that both methanolic and acetonic extracts showed variation in terms of absence or presence of certain compounds as well as in their quantification on percent dry weight basis of different compounds. Two components i.e. chlorogenic acid and myricitin were not found in acetonic crude extract of *G. Glabra* (Figs.1, 2). In general lowered value bioefficacy was recorded in acetonic extract (Table 1) may be due to the absence of certain effective biological components as it is evident by Table 2 in which chlorogenic acid and myricitin were absent and possibility cannot be ignored about involvement of these two in the bioefficacy. Chlorogenic acid compound also possesses inhibitory effect on tumor formation in mice showed anti cancerous property (Mou-Tuan Huang *et al.*, 1988). Fukai *et al.* (2002 a) reported certain flavonoids for licorice such as glabridin, glabrene, licochalcone A, licoisoflavone B which showed antibacterial activity against drug resistant *H. pylori*. Fukai *et al.* (2002 b) further reported antibacterial activity of flavonoid against methicillin resistant strain of *S. aureus*.

Caffeic acid outperformed the other antioxidants reducing aflatoxin production by more than 95 %. These studies are the first to show that the oxidative stress that would otherwise trigger or enhance *Aspergillus flavus* aflatoxin production can be stymied by caffeic acid. This opens the door to using natural fungicide methods by supplementing trees with antioxidants.

Chlorogenic acid is reported to be a chemical sensitizer responsible for human respiratory allergy to certain types of plant material (Freedman *et al.*, 1964). Quercitin seems to exert antibacterial activity against almost all the strains of bacteria known to cause respiratory, gastrointestinal, skin and urinary disorders (Rigano *et al.*, 2007). Quercitin appeared active against different viruses (Kaul *et al.*, 1985) including HIV (Mahmood *et al.*, 1996), probably due to inhibition of reverse transcriptase (Nakane and Ono 1990).

## Conclusion

It was concluded that both methanolic /acetonic) extracts of *G. glabra* had potential in *in vitro* antibacterial activity against all the studied gram-positive and gram-negative bacterial strains. However, the study needs evaluation of various components (chlorogenic acid, caffeic acid, quercitin, myricitin, kaempferol, rutin) detected in the ethanolic and methanolic extracts for the antibacterial

activity. As the extracts obtained are of plant origin, therefore it would be safer than modern medicines in terms of side-effects for their use in antibacterial activity of various microbes.

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