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## 'What I really needed was a voice'

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*Document Version*

Publisher's PDF, also known as Version of record

*Publication date:*

2018

[Link to publication in University of Groningen/UMCG research database](#)

*Citation for published version (APA):*

Steenbakkens, A. T. (2018). 'What I really needed was a voice': The psychosocial needs of youth in family foster care and the impact of traumatic experiences [Groningen]: Rijksuniversiteit Groningen

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# **‘What I really needed was a voice’**

The psychosocial needs of youth in family foster care  
and the impact of traumatic experiences

**Anne Steenbakkers**

This study was funded by Fonds Slachtofferhulp

**Cover design** Jamie Marijnissen

**Layout** Nicole Nijhuis

**Printed by** Gildeprint

**ISBN** 978-94-034-0563-6

**ISBN** 978-94-034-0564-3 (Electronic version)

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# **‘What I really needed was a voice’**

The psychosocial needs of youth in family foster care  
and the impact of traumatic experiences

## **Proefschrift**

ter verkrijging van de graad van doctor aan de  
Rijksuniversiteit Groningen  
op gezag van de  
rector magnificus prof. dr. E. Sterken  
en volgens besluit van het College voor Promoties.

De openbare verdediging zal plaatsvinden op

donderdag 17 mei 2018 om 11.00 uur

door

**Annemarie Theodora Steenbakkers**

geboren op 18 februari 1989  
te 's-Gravenhage

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Prof. dr. D. Shemmings

Prof. dr. M.C. Timmerman

‘Een stem hebben, daar had ik vooral behoefte aan. Dat het aan me gevraagd wordt en dat je er dan samen naar kijkt. Want eigenlijk kun je zelf op dat moment niet goed beschrijven waar je behoefte aan hebt.’

Nicole (pseudoniem), 23 jaar oud

‘What I really needed was a voice. That someone would ask me and that we then discuss this together. Because in that moment, it is very hard to describe what your needs are.’

Nicole (pseudonym), 23 years old



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