

1 **WORKING TITLE:**

2 **MECHANICAL STIMULATION CONTROLS CANOPY ARCHITECTURE AND IMPROVES VOLUME**
3 **UTILIZATION EFFICIENCY IN BIOGENERATIVE LIFE-SUPPORT CANDIDATE CROPS**

4

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11

12 **ABSTRACT**

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16 *Key Words*

17 Thigmomorphogenesis, Plant Dwarfing, *Capsicum annum* ‘California Wonder’, Pepper,
18 Bioregenerative Life-Support

19

20 **ABBREVIATIONS**

21 VUE – Volume Utilization Efficiency

22 ALS – Advanced Life Support

23 MS – Mechanical Stimulation

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30 **1. INTRODUCTION**

31 It has long been recognized that mechanical stimulation (MS; stress), such as wind action, rubbing,
32 constriction, shaking, and encounters with physical barriers can have a dramatic influence on
33 plant morphological development¹⁻⁵. Jaffe (1973) demonstrated that daily MS to partially
34 mature internode tissue, applied by rubbing stem tissue between two fingers, could induce
35 dramatic reductions in internode length resulting dwarf phenotypes in a range of crop species.
36 Jaffe (1973) coined the term thigmomorphogenesis, (*thigma* being the Greek word for *touch*) to
37 describe these long term morphological responses to touch. Over the ensuing 40 years many
38 others have followed up on Jaffe's work, most notably Cary Mitchell's group at Purdue (West
39 Lafayette, IN, USA) and Janet Braam at Rice University (Houston, TX, USA). It is now known that
40 thigmomorphogenesis includes a wide range of responses including, but are not limited to,
41 shortening of internodes, stem thickening, reduced leaf expansion, changes in chlorophyll
42 content, and alterations in plant hormone levels⁵⁻¹¹.

43
44 A significant amount of thigmomorphogenesis research conducted during the 1980s-90s was
45 sponsored by the National Aeronautics and Space Administration (NASA)^{1,4,10,12,13}. Given the
46 physical rigours of spaceflight it is important to understand how mechanical and vibrational
47 stimuli affected plant growth, and importantly, how MS could be used to counter the absence of
48 a gravity vector that may otherwise result in plants with leggy growth or being susceptible to
49 breakage¹⁴. The research findings were fairly consistent, at least in terms of the effects of MS on
50 plant architecture; MS results in shorter more compact plants^{3,11,13,15}. These findings were
51 significant in that mass and volume are major limiting factors in the design and development of
52 bioregenerative life-support systems. Taking advantage of thigmomorphogenesis to produce
53 dwarf plant architectures, thereby reducing mass and volume requirements, is of interest.

54
55 Crops selected for use in bioregenerative systems need to conform to the many constraints of
56 spaceflight. As noted, a major constraint are the extremely limited real estate available for plant
57 production. Unlike most terrestrial agricultural applications that strive to optimize the use of a
58 given *area* of arable land, spaceflight agriculture requires researchers to maximize *volume* use

59 efficiency (VUE). This can be achieved through genetic manipulations, chemical interventions
60 (e.g., exogenous growth regulators), the selection of dwarf cultivars, and through specific
61 horticultural management practices utilizing standard crop species¹⁶⁻²⁰. These dwarfing
62 mechanisms are now being combined with advances in light emitting diode (LED) systems which,
63 due to their cool operating temperature, allows for close proximity of the crop and light source,
64 enabling significant improvements in VUE. Volume use efficiencies have improved to the point
65 that viable stacked or vertical agricultural production industries have emerged, in addition to
66 other applications such as molecular farming that often employ multi-layered or vertical
67 production architectures (Goto, 2012).

68
69 Public and private efforts are rapidly advancing both the notion and the technology required to
70 send humans to the Moon and Mars for extended periods. Bio-regenerative or advanced life-
71 support (ALS) systems utilizing plants and other biological machinery to sustain human life have
72 long been considered critical for such extended missions beyond low Earth orbit²¹. The plants and
73 associated microbial communities in these bio-regenerative systems provide, in whole or in part,
74 critical life-support services including food production, air revitalization (oxygen production and
75 carbon dioxide removal), and wastewater recycling^{22,23}. Modifying the architecture of any given
76 crop, through such responses as thigmomorphogenesis, could help reduce the equivalent system
77 mass (ESM) of bio-regenerative systems ultimately leading to viable 'agriculture in space'
78 (Drysdale et al, 2003).

79
80 The objective of the presented study was to re-examine thigmomorphogenesis as a tool for
81 improving VUE in bioregenerative life-support and vertical agriculture system designs, while
82 adding to the knowledge base in this domain. The data obtained from the fruiting study were also
83 used to generate a rudimentary VUE model for vertical agriculture applications, given recent
84 advances (lighting) in controlled environment system technology.

85

86 **2. MATERIALS & METHODS**

87 Two experiments were conducted to determine the vegetative response, and fruiting response
88 of *Capsicum annuum* 'California Wonder' to mechanical stimulation (MS). Response data were
89 used as a baseline for volume utilization efficiency calculations for hypothetical spaceflight and
90 vertical agriculture applications.

91

92 **2.1 Vegetative Response Study**

93 **2.1.1 Plant Material Preparation and Growth Conditions:** Four seeds of *Capsicum annuum*
94 'California Wonder' (Lake Valley Seed Company Inc., Boulder, CO) were sown in each of 18, 1.67L
95 pots containing a standard potting media (Fafard ProMix 2B, Sun Gro Horticulture Distribution
96 Inc., Agawam, MA), in which 8.3 g/L of 18-6-8 slow release fertilizer (Nutricote Total, Florikan
97 E.S.A. Corp., Sarasota, FL) was incorporated. Plants were hand watered daily with deionized
98 water and supplemented with a half strength Hoagland's solution twice per week for the duration
99 of the trial. The chamber was maintained at a 23/20°C day/night temperature profile, a 16-h
100 photoperiod, 400 $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ PPF, constant relative humidity of 65%, and 800 ppm CO₂.

101

102 **2.1.2 Layout:** Pots were randomly assigned to positions in a 3 x 6 grid within the growth chamber.
103 Treatment levels (1-control; 2-mechanically stimulated) were randomly assigned to each grid
104 position in a completely randomized design structure. The experiment was replicated to validate
105 the results.

106

107 **2.1.3 Treatment Application:** Mechanical stimulation (MS) was initiated after a 1-week
108 acclimation period following transplanting into pots. Tightly wrapped cotton-tipped inoculation
109 sticks (InoculatorZ™, Biolog Inc., Hayward, CA) were used to apply gentle but firm strokes along
110 each side of the most recently developed internode at an application rate of 10 stroke per side
111 (total of 40). The internode was supported during the treatment by the placing two fingers on the
112 internode opposite to the point of MS. The MS was applied twice daily on weekdays and once
113 daily on weekends. Treatments were applied in the morning between 09:00-10:00 (2-3 h after
114 lights came on) and in the evening (16:00-17:00), for the duration of the experiment. In order
115 to avoid confounding the MS dwarfing effect with the amount of incident light between the

116 treatments, the MS plants were placed on vertical risers, as needed, to ensure that the top of
117 each of the 18 plants was at the same height. The treatments were applied for seven weeks
118 after which the plants began to flower and the experiment was ended.

119
120 **2.1.4 Measurements:** After the seven-week treatment period plants were destructively
121 harvested. Shoot fresh mass (SFM), shoot dry mass (SDM), root dry mass (RDM), leaf area (LA),
122 number of leaves, height to first bifurcation, number of nodes to first bifurcation, total height,
123 stem diameter at the cotyledon and sixth nodes, relative chlorophyll levels (SPAD), and number
124 of flower initials were all measured the day of harvest.

125 126 **2.2 Fruit Production Study**

127 **2.2.1 Plant Material Preparation:** Seeds of *Capsicum annum* 'California Wonder' (Lake Valley
128 Seed Company Inc., Boulder, CO) were sown in mineral wool starter plugs (Grodan AO, Rockwool
129 BV, Roermond, NL), placed in a germination tray, covered with a humidity dome, and placed in a
130 controlled environment growth chamber (Environmental Growth Chambers, Chagrin Falls, OH.
131 USA). The chamber was maintained at a constant 26°C during the germination period, with a 16-
132 h photoperiod, relative humidity of 65%, and ambient CO₂ (chamber had CO₂ monitoring but no
133 active control; levels ranged between 380-420 ppm). After two weeks, 10 seedlings were selected
134 for uniformity and transplanted into 1.67L pots with media prepared as described in section 2.1.1.
135 After 8 weeks' growth in the pots, all plants were pruned to open up the center of the plant to
136 allow proper air movement. The leaf area, fresh mass, dry mass, and flowers on the removed
137 tissue were measured and included in the final tally for each plant.

138
139 **2.2.2 Layout:** The light distribution in the chamber used for this study varied significantly along
140 the long axis of the chamber, ranging from 240 -350 $\mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ photosynthetically active
141 radiation (PAR) at canopy height; blocking on light intensity was implemented to accommodate
142 the lack of uniformity. Pots were randomly assigned to one of five block positions within the
143 growth chamber. Treatment levels (1-control; 2-mechanically stimulated) were randomly

144 assigned to one of the two positions within each block in a randomized complete block design
145 structure.

146
147 **2.2.3 Treatment Application:** Mechanical stimulation (MS) was initiated after a 1-week
148 acclimation period following transplanting into 1.67 L pots. The MS was applied once daily in the
149 morning within 2-3 hours of the lights coming on for the duration of the experiment (11-weeks).
150 Once the plants had bifurcated, each of the most recently matured internodes on each branch
151 received MS, with the application per internode reduced to 10 strokes. In order to avoid
152 confounding the MS dwarfing effect with the amount of incident light between the treatments,
153 the MS plants were placed on scissor lifts (Fisherbrand Lab Jacks, Fischer Scientific) to ensure that
154 the top of the MS plant was at the same canopy height as the control plant in each block. As the
155 plants began to branch, the uppermost internode on each primary branch received the MS. The
156 MS was only applied once daily during this trial, with treatments applied between 09:00-10:00
157 for the 11-week duration (12-weeks total in pots) of the trial.

158
159 **2.2.4 Measurements:** After 12 weeks the plants were destructively harvested. Similar to the
160 previous experiment SDM, LA, height to first bifurcation, number of nodes to first bifurcation,
161 total height, diameter at first true leaf node, and SPAD readings were recorded. Additional fruit
162 number, total fruit fresh mass, total fruit volume, and total fruit dry mass data was recorded for
163 each plant. Resources were insufficient to allow leaf counts or root measurements during this
164 study. Plants from each block were placed on a black drop cloth and photographed from above.
165 A 100-cm ruler was included in the frame to allow post-harvest measurement of shoot diameters
166 (ImageJ, U. S. National Institutes of Health, Bethesda, Maryland, USA).

167
168 **3. RESULTS**

169 **3.1 VEGETATIVE STUDY**

170 Significant reductions were observed for all growth metric, although the shoot to root dry mass
171 ration did not differ (Fig. 1 A-H). The relative chlorophyll levels (SPAD) were significantly greater

172 in MS leaves (Fig. 2). The stem thickness of MS plants increased at the first node, relative to the
173 control plants, but the difference was reversed at the sixth node (Fig. 3)

174

175 **3.2 FRUITING STUDY**

176 The reductions in plant metrics observed in the vegetative study were not observed at the time
177 of harvest of mature, fruit bearing plants, with the notable exception of total plant height (Fig. 4).

178 The reduced number of flowers observed in the vegetative study was also noted in the fruiting
179 study with significantly fewer fruit being produced by the MS plants (Fig.5 A). Although there were
180 fewer flowers and resulting fruit produced, the total fruit volume, fresh mass and dry mass were
181 not significantly different between the control and MS groups (Fig. 5 B-D)

182

183 **4. CALCULATIONS**

184 Data from the fruiting trial were used as the basis for volume use efficiency (VUE) calculations.

185 The calculations focus on vertical components of VUE as crown diameter (area utilization),
186 reductions, although statistically significant, were not considered practically significant except on
187 extremely large scales; scales not likely to be realized in any practical spaceflight application. It
188 is assumed that the vertical use improvements are additive with respect to VUE. It is accepted
189 that the following calculations are relatively simplistic in that they assume static interactions
190 between plants in terms of light competition and other environmental factors. In the growth
191 study from which the data were gathered, care was taken to ensure a uniform access to light
192 although neighbour shading did occur. In less regulated systems some plants height
193 heterogeneity will increase resulting in further variation through shading and other competitive
194 effects. Regardless, the exercise is valuable for highlighting the potential for using MS as a tool
195 for improving VUE in controlled environment agricultural systems.

196

197 **4.1 Vertical Use Calculations**

198 The mean shoot heights for the control and MS plants were $59.0 \pm \text{SD } 1.4$ cm and $47.2 \pm \text{SD } 1.5$
199 cm respectively (Figure 4C), which translates to a 20% plant height reduction. For the purposes of
200 this calculation the mean plus the standard deviation will be used in order to buffer the crop

201 variance. Assuming that in a stacked plant production system there is a total fixed height
202 requirement for lighting and rooting hardware of 30 cm, then the total vertical distance required
203 for control and MS plants is approximately 90.4 cm (60.4 + 30 cm) and 78.7 cm (48.7 + 30 cm)
204 respectively. This represents an overall reduction in system height of 12.9% under MS. Carrying
205 this calculation forward, in the total height required to accommodate six stacked trays of control
206 plants (6 x 90.4 cm = 542.4 cm; round to 555 cm), one additional layer could conceivably be
207 included, if MS were employed (7 x 78.7 cm = 550.9 cm; Figure 6). Clearly this example is not
208 feasible in current spaceflight scenarios given the nearly 6 m vertical distance required to realize
209 the additional layer of plants; however, it is relevant to vertical farming in terrestrial settings
210 where significant production increases could be achieved. Recognizing this spaceflight limitation,
211 it still may be possible to grow plants otherwise unsuited for spaceflight production systems (e.g.,
212 Lada, Veggie, or proposed “salad machine” concepts) based on their crown architecture under
213 conditions where MS is absent²⁴. Applying MS to these plants may prevent them from outgrowing
214 the plant production hardware, making them viable test species.

215

216 **5. DISCUSSION**

217 Mechanical stimulation of *Capsicum annuum* (cv California Wonder) resulted in significant
218 reductions in overall plant height in both the vegetative and fruiting study (Fig. 1H, 4C). The
219 reductions were sufficient enough to realize improved VUE potential in life-support and other
220 vertically integrated production systems (Fig. 6), although the mode of that improvement differs
221 between terrestrial and spaceflight applications. The potential for improving VUE is greatest in
222 terrestrial settings where large volumes (e.g., warehouse scale production facilities) can be
223 exploited, such as the scales modelled in Fig. 6. Long term space applications, such as a growth
224 chamber system on the Lunar or Martian surface, could also realize these VUE improvements. In
225 the near-term, spaceflight cropping system applications will be tightly constrained in the vertical
226 dimension, as well as the horizontal. This said, MS in concert with other interventions such as
227 root restriction¹⁸ or on its own, could be used to expand the species options for existing plant
228 production hardware (e.g., Veggie) by reducing the vertical space requirements for typically taller
229 crops such as *Capsicum spp.*

230
231 Crown diameter was also significantly reduced in the presented fruiting study, but unlike other
232 horticultural interventions (e.g., root restriction) examined by the authors¹⁸, the reductions were
233 not sufficient in terms of area utilization to justify an increased planting density under conditions
234 of MS. The observed crown diameter reductions would only result in improved plant densities on
235 scales currently impractical for both terrestrial and spaceflight applications (e.g., 12 m wide
236 production benches; calculations not shown).

237
238 Other vegetative production metrics were reduced under the MS treatment during the vegetative
239 experiment (Figure 1-3); however, those vegetative differences did not persist or become evident
240 in the fruiting trial (Fig. 4), with the notable exceptions of total height and stem thickness (Fig. 4H
241 and E). Some of the discrepancy between the vegetative and fruiting studies may lie in an increase
242 in light competition/shading effects. During the fruiting study, there was insufficient room at
243 maturity to exclude all incidence of shading between neighbouring plants. This increased light
244 competition may have dampened some of the thigmomorphogenic effects through shade
245 adaptation responses which tend to elongate plants and increase leaf area^{25,26}.

246
247 In addition to being able to squeeze crop plants into a smaller volume and still maintain
248 productivity, MS could also be used as a countermeasure to ensure crop plants develop
249 structurally sound support tissue under microgravity conditions. Humans require significant
250 countermeasure interventions to reduce the negative impacts of microgravity of bone and muscle
251 tissue²⁷; it stands to reason that crop plants making up part of a bioregenerative life-support
252 system may also benefit from microgravity countermeasures. In the absence of a significant
253 gravity vector plant cell walls and, by elaboration, supporting tissues (e.g., branches supporting
254 fruit) can be modified, although consensus on the degree and direction of the modifications is
255 elusive^{14,28-32}. Very little (if any) research has examined the effects of direct mechanical stimuli
256 on crop plants in a microgravity setting. Having said this, it should be noted that the vibrational
257 environment of space research platforms, such as the International Space Station (ISS), do impose
258 a certain baseline level of mechanical stimulation to all plant experiments, but it is low—typically

259 < 0.001 g acceleration. Clearly the approach taken for this study required human intervention for
260 each plant, which would translate into “crew time” in space. But automated systems for
261 applying thigmo- or seismic- stimuli might be envisioned. For example, allowing canopies to
262 grow through a grid and mechanically shaking the grid each day to stimulate all the plants at
263 once But such approaches would require validation for efficacy.

264
265 Given the importance that crop plants will play in the future of human exploration, it is imperative
266 that attention be directed to all the various spaceflight environment parameters that will
267 influence the ability of the crops to deliver their life-support functions. Concurrently, potential
268 interventions, such as MS, that could contribute to improvements in VUE as well as providing
269 countermeasures to the rigours of the spaceflight environment should be considered.

270 271 **6. CONCLUSIONS**

272 Thigmomorphogenesis can be utilized to improve volume utilization efficiency in peppers
273 (*Capsicum annuum* cv. California Wonder), a candidate crop for fresh food production in space.
274 The effect occurred primarily through a reduction in average plant height. Reductions in
275 vegetative growth metrics during the juvenile growth phase (growth leading up to and including
276 early anthesis) were not observed during the mature or fruiting phase, with the notable exception
277 of reduced plant height. Early flower production and fruit set was reduced under MS; however,
278 the total edible biomass was not reduced, with MS plants producing fewer but larger fruits. The
279 overall reduction in plant height due to MS was sufficient to realize theoretical improvements in
280 VUE for large vertical farming systems. The reduced heights observed could improve VUE in
281 single tier spaceflight hardware (e.g., Veggie; Massa 2016 (this issue)) in that crops that would
282 not normally fit in these spaceflight systems may be accommodated if MS can be applied.
283 Although the potential for using MS to induce thigmomorphogenic phenotypes has long been
284 appreciated, it is only recently that the growth systems themselves could take advantage of the
285 modified crop architecture associated with MS. It is with this in mind that renewed attention
286 should be given to developing procedures for environmentally modifying crops for spaceflight
287 applications.

288

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295

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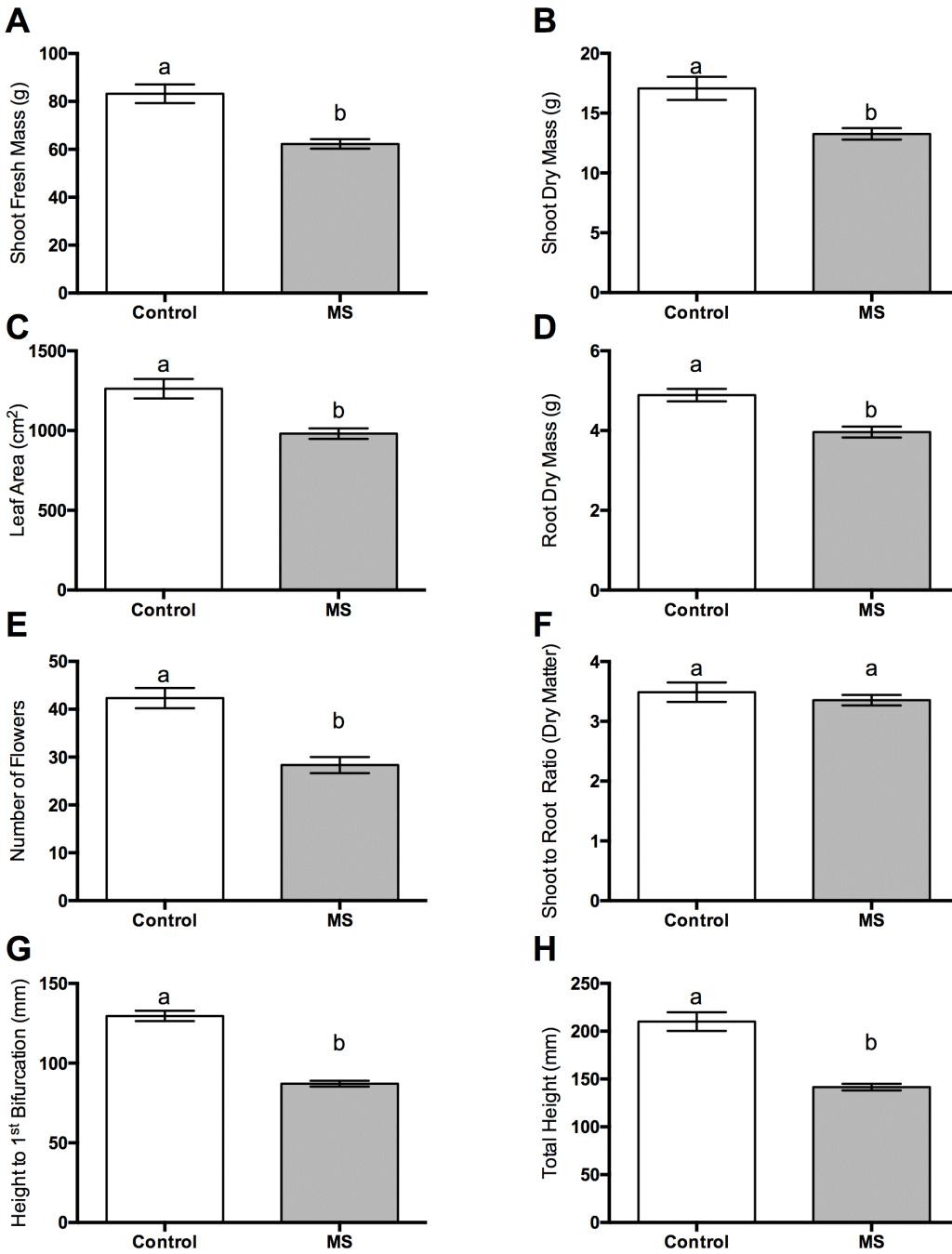
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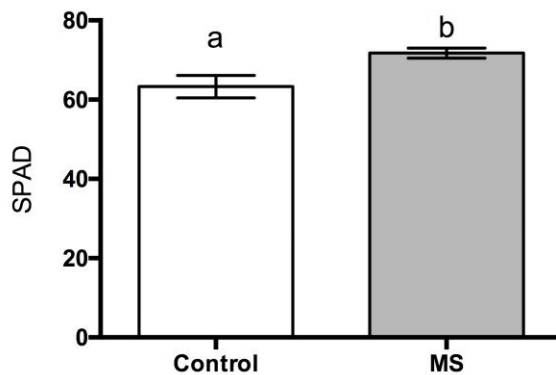
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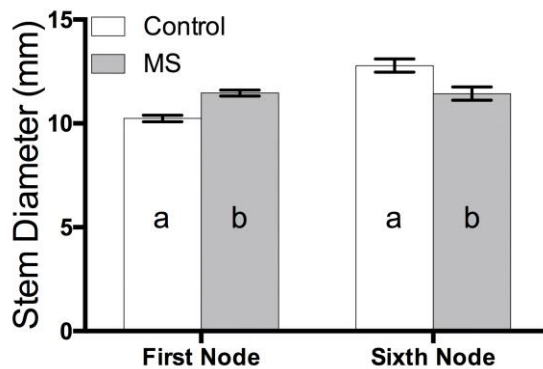


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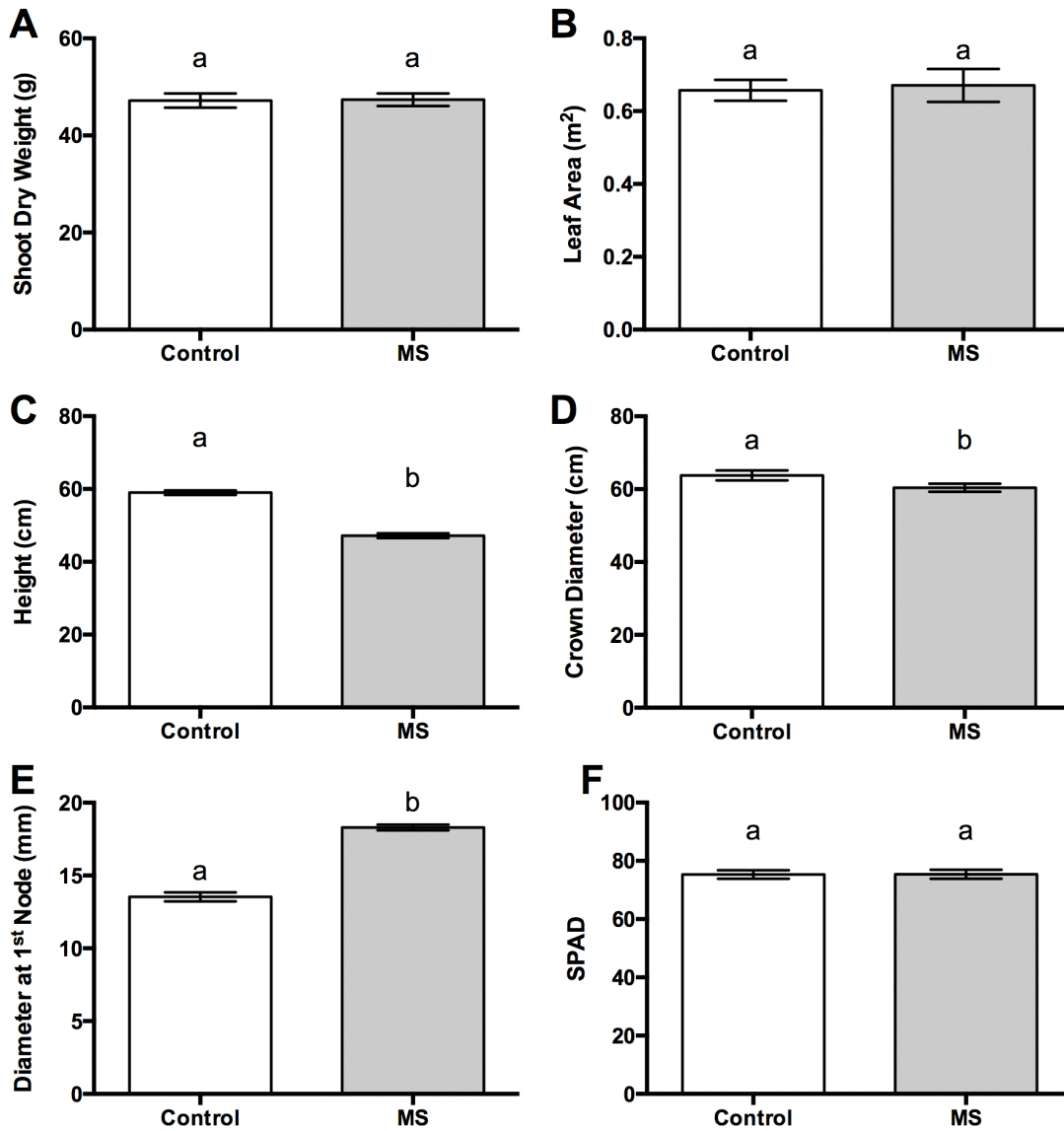
363 Figure 1: Plant growth response to mechanical stimulation during juvenile and early anthesis growth stages: (A) Shoot fresh mass;
364 (B) Shoot dry mass; (C) Leaf area; (D) Root dry mass; (E) Flower production; (F) Shoot to root dry matter ratio; (G) Height at the
365 first stem bifurcation; (H) Total height. Columns with the same letter appearing above do not differ at $p \leq 0.05$. Error bars are the
366 SEM.



367
368 Figure 2: Relative chlorophyll levels (SPAD) in the last fully expanded leaf under control and mechanical stimulation treatments.
369 Columns with the same letter appearing above do not differ at $p \leq 0.05$. Error bars are the SEM.



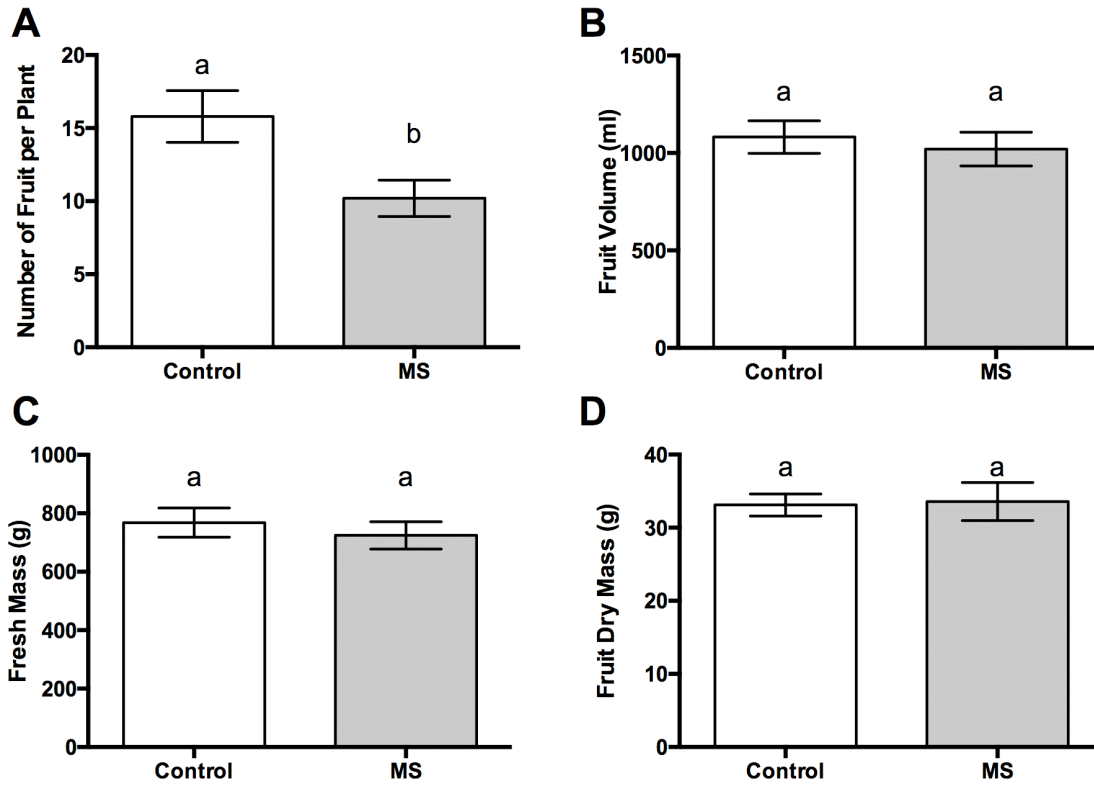
370
371 Figure 3: Stem diameter at the first and sixth node for control and mechanically stimulated pepper plants. Bars within each grouping
372 (e.g., first node) with the same letter do not differ at $p \leq 0.05$. Error bars are SEM.



373

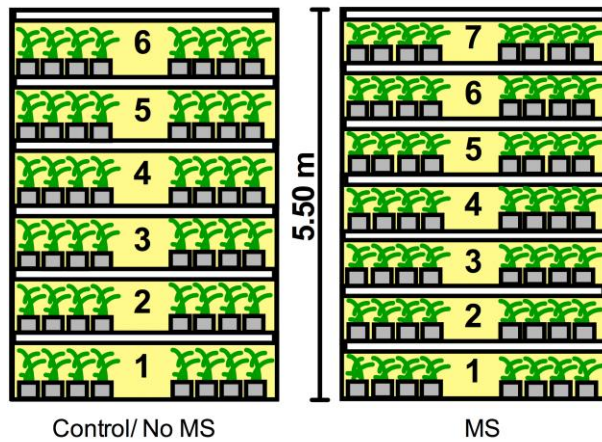
374 *Figure 4: Vegetative shoot metrics for control and mechanically stimulated pepper plants during fruit set and maturation: (A) Shoot*
 375 *dry mass; (B) Leaf area; (C) Total height; (D) Crown diameter; (E) Stem diameter at the first node; (F) Relative chlorophyll level*
 376 *(SPAD). Columns with the same letter appearing above do not differ at $p \leq 0.05$. Error bars are the SEM.*

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378
 379 *Figure 5: Fruit production metrics for control and mechanically stimulated pepper plants: (A) Average number of mature fruit per*
 380 *plant; (B) Mean total fruit volume per plant; (C) Mean total fruit mass per plant; (D) Mean total fruit dry mass per plant. Columns*
 381 *with the same letter appearing above do not differ at $p \leq 0.05$. Error bars are the SEM.*

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383
 384 *Figure 6: Theoretical Volume Utilization Efficiency improvement potential in stacked crop production system based on the mean*
 385 *height reductions observed in the fruiting experiment presented.*