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The imprints of bars on the vertical stellar population gradients of galactic bulges

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ABSTRACT

This is the second paper of a series aimed to study the stellar kinematics and population properties of bulges in highly inclined barred galaxies. In this work, we carry out a detailed analysis of the stellar age, metallicity and [Mg/Fe] of 28 highly inclined ($i > 65^{\circ}$) disc galaxies, from S0 to S(B)c, observed with the SAURON integral-field spectrograph. The sample is divided into two clean samples of barred and unbarred galaxies, on the basis of the correlation between the stellar velocity and h_3 profiles, as well as the level of cylindrical rotation within the bulge region. We find that while the mean stellar age, metallicity and [Mg/Fe] in the bulges of barred and unbarred galaxies are not statistically distinct, the [Mg/Fe] gradients along the minor axis (away from the disc) of barred galaxies are significantly different than those without bars. For barred galaxies, stars that are vertically further away from the mid-plane are in general more [Mg/Fe]-enhanced and thus the vertical gradients in [Mg/Fe] for barred galaxies are mostly positive, while for unbarred bulges the [Mg/Fe] profiles are typically negative or flat. This result, together with the old populations observed in the barred sample, indicates that bars are long-lasting structures, and therefore are not easily destroyed. The marked [Mg/Fe] differences with the bulges of unbarred galaxies indicate that different formation/evolution scenarios are required to explain their build-up, and emphasizes the role of bars in redistributing stellar material in the bulge-dominated regions.

Key words: galaxies: abundances – galaxies: bulges – galaxies: evolution – galaxies: formation – galaxies: kinematics and dynamics – galaxies: stellar content.

1 INTRODUCTION

In the era of IFU spectroscopy, the spatially resolved spectroscopic information, along with modern stellar population models, have provided new insights into our understanding of the role of bars on the formation and evolution of disc galaxies. Barred galaxies represent a considerable fraction of the entire disc galaxy population (e.g. Eskridge et al. 2000; Knapen, Shlosman & Peletier 2000; Whyte et al. 2002; Grosbøl, Patsis & Pompei 2004; Marinova & Jogee 2007). They are considered as key drivers of the internal secular evolution in disc galaxies by re-distribution of the angular momentum, triggering of star formation and the morphological transformation of galaxies in general, as demonstrated

observationally (e.g. Kormendy 2013) and theoretically (e.g. Athanassoula 2013).

Most stellar population studies of barred systems focus on faceon disc galaxies and the stellar population gradients along the bars major axis (see Sánchez-Blázquez 2016, and references therein). Moorthy & Holtzman (2006) analysed long-slit spectra of 38 faceon spirals of type S0–Sbc and reported a trend towards younger ages for the bulges of barred galaxies. They concluded that a positive age gradient is a direct indicator of the existence of a bar. Pérez & Sánchez-Blázquez (2011) studied the age and metallicity gradients in the bulge region of a sample of 20 early-type barred galaxies. Using the long-slit spectra along the bar major axis, they found that at a given velocity dispersion (σ), the bulges of barred galaxies seem to be more metal rich than the bulges of unbarred galaxies. They measured mostly negative metallicity gradients for the bulges in their sample, suggesting a strong link between the metallicity of

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the bulge and the presence of a bar. They also indicated that bulge population distributions and gradient measurements could be biased against the existence of the bulge substructures, such as a nuclear ring or an inner disc. Similar results have been obtained by Coelho & Gadotti (2011), that claim the current star formation is enhanced in the centres of barred galaxies, and consequently the measured mean stellar age of bulges is strongly affected by the bar.

A detailed and unbiased study of the extended stellar population in the bulges of barred and unbarred galaxies requires high inclinations to ensure minimal contamination by the stellar disc. None the less, the number of works, dedicated to study the stellar populations in highly inclined barred galaxies is still very low and is limited to a few nearby cases (e.g. Jablonka, Gorgas & Goudfrooij 2007; Pérez & Sánchez-Blázquez 2011; Williams et al. 2011). Understanding the variations of stellar population parameters of bulges at different heights from the disc provides stronger constraints on the formation and evolution scenarios of bulges. More specifically, comparing the vertical gradients of the stellar population parameters in bulges with and without bars can provide very important new information to expand our understanding of bars nurture and its role in formation and evolution of disc galaxies.

Using long-slit spectroscopy, Jablonka et al. (2007) studied the vertical gradients of stellar population properties in the bulges of 32 edge-on galaxies, spanning a wide range of Hubble types, from S0 to Sc. They found that the central parts of the bulges are mostly younger and more metal rich than their outer regions and the outer parts of the bulges have higher $[\alpha/Fe]$ than the inner parts. They found no meaningful differences between the stellar populations of nearly edge-on barred and unbarred galaxies, although they were not in the position to precisely distinguish bulges with and without bars. It has been widely accepted that boxy-/peanut-shaped bulges (hereafter BP bulges), found in about half of edge-on galaxies, are bars viewed from the side (e.g. Kuijken & Merrifield 1995; Bureau & Freeman 1999; Merrifield & Kuijken 1999; Athanassoula 2005). Williams et al. (2011) studied the stellar kinematics and populations in five edge-on galaxies, dominated by BP bulges, using long-slit spectroscopy. They measured the vertical gradients in the bulges and claimed that BP bulges in their sample do not form a homogeneous class of objects. Later, Williams, Bureau & Kuntschner (2012) analysed the central and the major axis profiles in the stellar populations of 28 highly inclined S0-Sb disc galaxies, presented in Bureau & Freeman (1999) and Chung & Bureau (2004), mostly with BP bulges. They found that at a given σ , gradients in BP bulges are shallower than those in elliptical galaxies, but that the stellar populations at the very centres of disc galaxies with or without BP bulges do not differ from those of early-type galaxies.

As we stated earlier, only a limited number of studies have been dedicated to investigate the stellar population properties of bulges in highly inclined barred galaxies, and on top of that, the results are mostly inconsistent (see Sánchez-Blázquez 2016, and the references therein). This might be, at least in part, due to the lack of a reliable and robust method to distinguish barred and unbarred galaxies in highly inclined systems. The presence of a bar is not generally apparent if the bar is oriented close to or exactly parallel to the line of sight, even in edge-on galaxies, (see e.g. Bureau et al. 2004; Athanassoula 2016; Molaeinezhad et al. 2016). Therefore, previous results might be highly biased (see Peletier et al. 2007).

In the first paper of this series (Molaeinezhad et al. 2016, hereafter Paper I), we studied the connection between bulge morphology and kinematics in 12 mid- to highly inclined disc galaxies, observed with the SAURON integral-field spectrograph. We suggested that the strong positive correlation between the stellar velocity (V) and

the h₃ Gauss-Hermite moment appears to be the most reliable indicator for the presence of bars among all other bar diagnostics, even in cases with end-on orientation of the bar (see Bureau & Athanassoula 2005; Athanassoula 2016, for more details). This is followed by introducing a method to quantify cylindrical rotation that is robust against inner bulge substructures such as inner discs, which are likely more common in barred galaxies. Our results also confirmed high levels of cylindrical rotation in barred galaxies with BP bulges. In this work, we study the stellar population properties and in particular, the vertical gradients along the minor axis in the bulges of 28 highly inclined $(i > 65^\circ)$ disc galaxies, observed with the SAURON integral-field spectrograph. Using the kinematic criteria introduced in Paper I, we are able to secure an unbiased classification of barred and unbarred galaxies in our sample, and compare the stellar population properties and vertical gradients in each class of bulges.

The paper is organized as follows. In Section 2, we describe the sample and give a summary of optical properties and kinematics of the galaxies in our sample. Section 3 is dedicated to the line-strength measurements and present the results of our stellar population analysis. In Section 4, we briefly discuss the possible scenarios to interpret these results. Finally, we summarize our findings and draw our conclusions in Section 5.

2 SAMPLE AND IFU OBSERVATIONS

2.1 Sample selection and properties

Our sample consists of 28 highly inclined $(i > 65^\circ)$ galaxies with high S/N IFU observations, that can be used to study the stellar population gradients along the minor axis. The sample is drawn from the complete, magnitude-limited sample of 260 nearby galaxies in the ATLAS3D survey (Cappellari et al. 2011), complemented with the sample of highly inclined galaxies introduced in Paper I. For the ATLAS3D survey, we focused on disc galaxies, and only kept those galaxies whose inclination, as measured via the best-fitting mass-follow-light JAM models (Cappellari et al. 2013), are above 65°. This criterion allows us to access the clean vertical extent of the bulge, less disrupted by contamination of dust, disc and/or central components. We visually inspected the sample to discard galaxies with irregular morphology or low-quality IFU data (with poor spatial sampling in the regions of interest). In addition, we discarded galaxies where the emission line *cleaning* of the spectra was particularly problematic in the short wavelength range provided by the SAURON spectrograph. Our final sample comprises 20 galaxies from the ATLAS3D sample (hereafter S2), along with eight galaxies from our original sample of Paper I (hereafter S1). The basic photometric properties of these 28 galaxies are presented in Table 1.

2.2 Observations

The SAURON observations of both samples S1 and S2 are described in detail in Paper I and Cappellari et al. (2011), respectively. Briefly, the spectroscopic observations of the S1 sample were carried out between 2011 and 1999 October with the SAURON integral-field spectrograph (Bacon et al. 2001) attached to the 4.2-m William Herschel Telescope (WHT) of the Observatorio del Roque de los Muchachos at La Palma, Spain. We used the low spatial resolution mode of SAURON which gives a 33 × 41 arcsec field of view (FoV), with a spatial sampling of 0.94 arcsec × 0.94 arcsec. This setup produces 1431 spectra per pointing over the SAURON

Table 1. Properties of our sample of galaxies.

Galaxy	Sample	PA (deg)	V_{hel} (km s ⁻¹)	M_K	T-type	incl.	σ_0 (km s ⁻¹)	Dust	m _{cyl}	Bar	Zdisc	$x_{\rm B}$	ZB (arcsec)
(1)	(2)	(3)	(4)	(5)	(6)	(deg) (7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)
NGC3098	S2	88.5	1397	-22.72	-1.5	90	126.2	Ν	0.54 ± 0.20	N?	1.5	10	9
NGC4026	S2	177.5	985	-23.03	-1.8	84	158.1	Ν	0.54 ± 0.13	Υ	3.0	12	10
NGC4036	S2	261.2	1385	-24.40	-2.6	75	181.9	F	0.26 ± 0.24	Ν	2.0	12	9
NGC4179	S2	142.8	13	-23.18	-1.9	86	167.5	Ν	0.59 ± 0.12	Y	2.0	13	10
NGC4251	S2	99.0	1066	-23.68	-1.9	80	128.8	Ν	0.73 ± 0.08	Y	2.0	12	9
NGC4270	S2	109.8	2331	-23.69	-2.0	80	139.6	Ν	0.58 ± 0.12	Y	1.5	13	10
NGC4346	S2	98.8	832	-22.55	-2.0	77	127.0	Ν	0.63 ± 0.11	Y	3.5	12	12
NGC4425	S2	25.8	1908	-22.09	-0.6	90	82.8	Ν	0.53 ± 0.15	Y	3.0	14	8
NGC4435	S2	10.0	791	-23.83	-2.1	68	152.8	D	0.51 ± 0.14	Y?	3.0	11	9
NGC4461	S2	8.1	1924	-23.08	-0.8	71	133.0	Ν	0.58 ± 0.15	Y	3.5	13	9
NGC4474	S2	79.4	1611	-22.28	-2.0	89	87.9	Ν	0.55 ± 0.17	Y?	2.0	10	9
NGC4521	S2	166.3	2511	-23.92	-0.1	90	185.8	Ν	0.71 ± 0.08	Y	2.0	10	8
NGC4710	S2	27.4	1102	-23.53	-0.9	88	104.7	D	0.54 ± 0.20	Y	3.0	19	13
NGC4762	S2	29.6	986	-24.48	-1.8	90	133.7	Ν	0.66 ± 0.13	Y	1.0	10	7
NGC5103	S2	140.6	1273	-22.36	_	90	111.2	Ν	0.37 ± 0.21	Ν	2.0	9	8
NGC5326	S1	130.0	2520	-23.77	-	65	144.9	Ν	0.35 ± 0.20	Ν	2.5	10	8
NGC5353	S2	140.4	2198	-25.11	-2.1	80	281.2	D	0.57 ± 0.11	Y	3.0	15	9
NGC5422	S1	152.3	1838	-23.69	-1.5	90	161.8	Ν	0.69 ± 0.08	Y	2.5	16	10
NGC5475	S1	166.2	1671	-22.88	-	79	115.0	Ν	0.25 ± 0.25	Ν	2.5	12	8
NGC5574	S2	62.7	1589	-22.30	-2.8	89	81.9	Ν	0.51 ± 0.23	Y	2.0	11	9
NGC5611	S2	64.6	1968	-22.20	-1.9	74	137.4	Ν	0.40 ± 0.24	Ν	1.5	10	9
NGC5689	S1	84.0	2160	-24.00	_	81	157.4	D	0.64 ± 0.09	Y	3.0	17	13
NGC5707	S1	35.0	2212	-23.22	-	80	131.8	Ν	0.25 ± 0.20	Ν	1.5	11	8
NGC5746	S1	170.0	1727	-24.99	_	81	202.8	D	0.61 ± 0.09	Y	3.5	22	15
NGC5838	S1	40.1	1341	-24.13	-2.6	72	246.0	Ν	0.47 ± 0.17	Y	2.0	11	9
NGC5854	S2	54.8	1663	-23.30	-1.1	74	104.7	Ν	0.38 ± 0.26	Y	3.5	13	10
NGC5864	S2	65.6	1874	-23.62	-1.7	74	110.7	Ν	0.59 ± 0.12	Y	1.5	13	10
NGC6010	S1	102.9	2022	-23.53	_	90	159.2	D	0.45 ± 0.19	Y	3.5	11	10

Notes. (1) Galaxy name. (2) Sample – S1: Molaeinezhad et al. (2016) sample. S2: Extracted from the ATLAS3D survey. (3) Position angle (N–E) of the dust free minor axis. (4) Heliocentric velocity, taken from Cappellari et al. (2011). For galaxies not in the ATLAS3D sample, values are taken from NED. (5) Total galaxy absolute magnitude in *K*-band, taken from Peletier & Balcells (1997) and Cappellari et al. (2011), for samples S1 and S2, respectively. (6) Morphological T-type from HyperLeda (Paturel et al. 2003). (7) Inclinations derived from the best-fitting mass-follow-light JAM modelling (Cappellari et al. 2013), or if not available, derived from disc ellipticity in *R* band from Peletier & Balcells (1997), corrected for finite disc thickness. (8) Central velocity dispersion, defined as the maximum σ within the bulge analysis window, from our data. (9) Dust features – D: dusty disc, F: dusty filament, N: none (Taken from Cappellari et al. 2011). (10) Level of cylindrical rotation (m_{cyl}) within the bulge analysis window and its uncertainty. Values of m_{cyl} are generally between 1 (pure cylindrical rotation) and 0 (no sign of cylindrical rotation). (11) Detection of a bar, based on the kinematic analysis as in Paper I. The Question mark (?) indicates cases where bar detection is uncertain. (12) Vertical extent of the region, close to the disc plane which is most likely disrupted by contamination of dust and/or central components. (13) and (14) Analysis window of the bulge along the major and minor axis, respectively. See Section 2 for more details.

FoV. Additionally, a dedicated set of 146 lenses provides simultaneous sky spectra 1.9 arcmin away from the main field. The spectral resolution delivered by the instrument is \sim 4.2 Å (full width at halfmaximum) and covers the narrow spectral range 4800–5380 Å. The IFU observing strategy and the data reduction of the S2 as described in Cappellari et al. (2011) is similar to the S1 sample, which guarantees the homogeneity of data for our sample. The stellar kinematics data, published here for S1 is the same as was presented in Paper I. Kinematics maps of the S2 sample were presented in details in Krajnović et al. (2011). In order to ensure meaningful and accurate stellar population parameters all the data were Voronoi binned, following Cappellari & Copin (2003), to a target SNR = 60. We describe our procedures to extract the population parameters in Section 3.

2.3 Sample morphological and kinematic classification

2.3.1 Morphological analysis

In our study of the stellar population properties of bulges, the choice of highly inclined galaxies ensures minimal contamination by the stellar disc. However, at these inclinations the bar component is not easily distinguishable if it is not inclined enough or has not vertically thickened enough to be clearly recognized above the disc plane, and/or beyond a possible large classical bulge. It is worth noting that throughout this study, the bulge of a galaxy is referred to the excess of light that is above the main exponential disc.

A major concern in such studies is the disc contamination that could severely bias the bulge morphology analysis. For this purpose, as we did in Paper I, we have used GALFIT (Peng et al. 2002) to find the best exponential disc model and subtract it from the original image. These subtracted images have been used to delimit the region of interest in our galaxies: the 'photometric bulge'. The extent of the bulge in the radial (x) and vertical (z) directions has been evaluated by integrating the residual images, along the minor (or major) axis, and determining the region in which more than 90 per cent of light comes from the bulge. We have made use of *i*-band images from the Sloan Digital Sky survey DR10 (Ahn et al. 2014) for this purpose. In addition, we have produced unsharp masked (median filtering) images to highlight the high-frequency features of the images and reveal possible structures with no radial symmetries. These are presented in Appendix A, together with the bulge region obtained



Figure 1. Distribution of the level of cylindrical rotation (m_{cyl}) for the galaxies with positive V-h₃ correlation (red histogram) and those with mostly negative or null correlation (blue histogram).

from our GALFIT analysis. The radial and vertical extent of our bulges (in arcsec) are listed in Table 1.

2.3.2 Kinematic classification

Bureau & Athanassoula (2005) suggested, using N-body simulations, a number of major-axis stellar kinematic features that can be used as bar diagnostics in highly inclined systems: (1) a doublehump rotation curve; (2) a broad central velocity dispersion peak with a plateau (and possibly a secondary maximum) at moderate radii and (3) an h₃ profile correlated with velocity over the projected bar length. All these diagnostics have been successfully expanded beyond the disc plane by Iannuzzi & Athanassoula (2015), who studied the imprints of bars on the 2D line-of-sight kinematics of simulated disc galaxies. In Paper I, we tested this approach on 12 mid- to highly inclined galaxies, all of them included in the S1 sample, and confirmed that the correlation between the stellar line of sight velocity (V) and the h₃ Gauss–Hermite parameter is a very reliable bar diagnostic tool. The success of this method is the ability to unveil the hidden bar, when the bar is not clearly visible in photometric data, due to its orientation or strength. We have taken advantage of this approach to detect the presence of bars in our sample of galaxies. The diagnostic plots showing the degree of correlation can be found in Appendix A.

In addition, a typical kinematic feature of most barred galaxies with BP bulges is cylindrical rotation (e.g. Kormendy & Illingworth 1982; Bureau & Freeman 1999; Falcón-Barroso et al. 2006; Paper I). In such systems, the mean stellar rotation speed shows little difference at different height above the disc plane. In Paper I, we introduced a method to quantify the level of cylindrical rotation in bulges. This quantity (m_{cyl}) shows the importance of this property in bulges and is generally a value between +1 which indicates pure cylindrical rotation and 0 where there is no sign of cylindrical rotation within the bulge analysis window. Fig. 1 shows the distribution of m_{cyl} for the galaxies in our sample, separated into two categories of galaxies with positive V-h₃ correlations and those with negative or null V-h₃ correlations. As expected, the galaxies with relatively high values of m_{cyl} are mostly those showing positive correlation between V and h₃, while those with lower m_{cyl} values do not show a significant correlation. The m_{cyl} values and related uncertainties are presented in Table 1.

As our goal is to have two clean classes of barred and unbarred systems, we use the combination of both bar diagnostic tools, the correlation V-h₃ and the level of cylindrical rotation, to define the galaxies belonging to each class. In this study, 'barred' galaxies refer to those systems that show remarkably positive correlation between V and h₃ in the areas above the mid-plane within the bulge analysis window, while those galaxies with non-positive V-h₃ and $m_{cyl} < 0.55$ are marked as 'unbarred' system. Not surprisingly, all galaxies with BP bulges in our sample belong to the 'barred' class.

3 STELLAR POPULATION QUANTITIES

Besides stellar kinematics, we have also measured line-strength indices of the S1 and S2 galaxies in the recently defined Line Index System (LIS) LIS-8.4 Å (Vazdekis et al. 2010). This method has the advantage of circumventing the use of the so-called Lick/IDS fitting functions for the model predictions, which requires the determination of often uncertain offsets to account for differences in the flux calibration between models and observations.

The wavelength range provided by SAURON (4800–5380 Å) constrains the set of spectral indices that can be used to estimate stellar population parameters, i.e. age, metallicity and [Mg/Fe]. We have used the three available indices that are measured across the full field for all galaxies, namely the H β_0 age indicator (i.e. the optimized H β index of Cervantes & Vazdekis 2009), as well as the metallicity- and [Mg/Fe]-sensitive indices Fe5015 and Mgb (Trager et al. 1998). Note that the [Mg/Fe] abundance ratio is of particular interest for the present study, as it measures – for a fixed initial mass function – the different time-scale of the ejection of magnesium and iron into the interstellar medium. Thus, the [Mg/Fe] is believed to be a 'chemical clock' to estimate star formation time-scales for the bulk of a stellar population (e.g. Thomas et al. 2011; Vazdekis et al. 2015; Martín-Navarro 2016).

Our analysis relies on α -MILES stellar population models, from Vazdekis et al. (2015, hereafter V15). The models, constructed from MILES stellar spectra, have been computed, in a self-consistent manner, at both solar scale and for $[\alpha/Fe] = +0.4$, over a range of metallicities, with the aid of theoretical stellar spectra from Coelho et al. (2005, 2007), and using BaSTi (either scaled-solar or α -enhanced) isochrones from Pietrinferni et al. (2004, 2006). Note that throughout this work, we adopt the notation [Mg/Fe], rather than $[\alpha/Fe]$, as our estimate of abundance ratios relies entirely on Mg- and Fe-sensitive features, i.e. Mgb5177 and Fe5015.

The α -MILES models cover the (optical) MILES spectral range ($\lambda\lambda \sim 3500-7400$ Å), in the metallicity and age range of $-2.27 \leq [Z/H] \leq +0.4$ and $0.03 \leq t \leq 14$ Gyr, respectively. For both scaled-solar and α -enhanced SSP models, we have produced an interpolated grid of model line-strengths with a step of ~0.06 Gyr in age, and ~0.017 dex in metallicity. The scaled-solar and α -enhanced grids are then interpolated/linearly extrapolated to cover the [Mg/Fe] range from -0.1 to +0.8 dex, with a step of 0.009 dex in [Mg/Fe]. Note that the extrapolation does not affect at all our results, as the integrated, average profiles of [Mg/Fe] for barred and unbarred galaxies exceeds only slightly (by ~0.05 dex; see Fig. 7) the value of [Mg/Fe] = +0.4 for which V15 α -enhanced models have been computed.



Figure 2. Left column, panel (a): the index–index diagram of $H\beta_o$ versus [MgFe50]' for all Voronoi bins (grey filled circles) within the bulge analysis window of NGC 5689, a representative barred galaxy with BP bulge in our sample. Left column, panel (b): the Mgb versus Fe5015 diagram for this galaxy. Overlaid are the MILES SSP models for different ages and metallicities. The green and red grids correspond to the scaled-solar and α -enhanced SSP models, respectively. Coloured symbols indicate average Voronoi bin values at various heights from the major axis. Middle column: the absorption line-strength maps of $H\beta_o$, Mgb and Fe5015, respectively (from top to bottom). Right Column: computed SSP-equivalent maps of age, metallicity and [Mg/Fe], respectively.

For each spectrum, we derive the SSP-equivalent age, metallicity and [Mg/Fe], by minimizing the following equation:

$$\chi^{2} = \sum_{i} \frac{(\mathrm{EW}_{\mathrm{obs},i} - \mathrm{EW}_{\mathrm{mod},i})^{2}}{\sigma_{\mathrm{obs},i}^{2}},\tag{1}$$

where the index *i* runs over the available indices (H β_o , Fe5015, and Mg*b*), EW_{obs,*i*} and EW_{mod,*i*} are observed and model line-strengths, while $\sigma_{obs,i}$ denote uncertainties on observed line-strengths. The minimization is performed over the grid of SSP model predictions, with varying age, metallicity and [Mg/Fe] (see above). Uncertainty on best-fitting parameters are estimated from N = 1000 bootstrap iterations, where the fitting is repeated after shifting observed line strengths according to their uncertainties.

Fig. 2 shows the line-strength indices and resulting stellar population parameters for NGC 5689, a representative barred galaxy with BP bulge in our sample. In the left column, panel (a) shows the H β_o versus [MgFe50]' for all Voronoi bins (grey filled circles) within the bulge analysis window of NGC5689. Coloured symbols indicate representative values of Voronoi bins at various heights from the major axis (see Section 3.2 for more details). Overlaid are the MILES SSP models for different ages and metallicities. Panel (b) presents the Mgb versus Fe5015 diagram for this galaxy. The green and red grids correspond to the scaled-solar and [Mg/Fe]-enhanced SSP models, respectively. The middle column of the figure shows the H β_o , Fe5015 and Mgb index maps, while the right column presents the age, metallicity and [Mg/Fe] maps obtained with the procedure outlined above.

3.1 Comparison of the mean stellar population parameters of bulges of barred and unbarred galaxies

The majority of stellar population studies in bulges focus on the integrated properties inside a certain aperture, near the centre. These studies could therefore strongly depend on the presence (or not) of different subcomponents (e.g. a young stellar central disc, nuclear cluster; see Peletier et al. 2007). This effect is particularly important in highly inclined galaxies, where the main disc contamination is a problematic issue. To avoid these difficulties, we limit our analysis of the bulge stellar populations to a window well beyond the disc plane. More specifically, the regions of interest in our bulges are limited to the clean (e.g. dust free) side of the galaxies, between $-x_{\rm B}$ and $+x_{\rm B}$ along the major axis and $z_{\rm disc}$ to $z_{\rm B}$ along the minor axis of galaxies. The $z_{\rm disc}$ indicates the vertical extent of the region, close to disc plane that might be contaminated by dust and/or central components (evaluated by visual inspection of the velocity maps).

In order to investigate stellar populations of bars and the influence of bars on bulges of nearby galaxies, we compare the key stellar population parameters within the bulge analysis windows of our sample. Fig. 3 shows the distributions of the mean SSP-equivalent age, metallicity and [Mg/Fe] for our two classes of bulges. A Kolmogorov–Smirnov test (hereafter K–S) indicates that the difference between the two populations of bulges is not significant. This is in agreement with results of Jablonka et al. (2007) who found no significant difference between the stellar populations of early-type (S0–S(B)b) edge-on barred and unbarred galaxies.



Figure 3. Distribution of mean SSP-equivalent age, metallicity and [Mg/Fe] within the bulge analysis window of barred (red histogram) and unbarred (blue histogram) galaxies in our sample. P_{K-S} indicates the probability that the two distributions are drawn from the same population.

A key aspect to constrain bulge formation scenarios is the correlation of the stellar population properties of bulges, with the total mass of their parent galaxies. Fig. 4 shows the distribution of the mean SSP-equivalent age, metallicity and [Mg/Fe] of the bulges (within the bulge analysis window) versus the dynamical mass (M_{JAM}) estimates from Cappellari et al. (2013), within one effective radius $(R_{\rm eff})$ of galaxies. The central stellar populations (within a circular aperture with a radius of z_{disc}) are also shown (grey filled circles). As this figure shows, no significant correlations of the stellar population parameters with the dynamical mass are found, except for metallicity, where more massive galaxies harbour on average more metal-rich bulges. In good agreement with the results by Jablonka et al. (2007), most of bulges in our sample, independent of the presence of the bar, are more metal rich, younger and less [Mg/Fe]enhanced in the central regions. Jablonka et al. (2007) argued that the outer regions of bulges, which are generally older and more metal poor than central regions consist of the first stars to form, supporting those scenarios in which star formation proceeds from the outer parts inwards. Here, we provide a different explanation and interpret the observed stellar population properties in the central regions of bulges as due to higher (and possibly unsought) contamination level of main disc components in stellar population patterns of bulges.



slit at different heights from the disc plane, normalized to z_B . The related errors are calculated as the standard error of the means in each pseudo-slit. In order to evaluate the vertical gradients in age, metallicity and [Mg/Fe] in our bulges, we fit an error-weighted straight line to the individual profiles excluding the regions close to



Table 2. Linear fit age, metallicity and [Mg/Fe] gradients to the bulge region and the mean values within the bulge region.

Galaxy	Bar	(age)	$\langle [M/H] \rangle$	$\langle [Mg/Fe] \rangle$	$\nabla \log(age)$	∇ [M/H]	∇ [Mg/Fe]	∇log(age)	∇ [M/H]	∇ [Mg/Fe]
		(Gyr)	(dex)	(dex)	$(\text{dex}/z_{\text{B}})$	(dex/z_B)	(dex/z_B)	(dex kpc ⁻¹)	(dex kpc ⁻¹)	(dex kpc ⁻¹)
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
NGC3098	Unbarred	14.00 ± 0.61	-0.36 ± 0.04	0.32 ± 0.01	0.06 ± 0.04	-0.15 ± 0.01	-0.01 ± 0.03	0.08 ± 0.04	-0.19 ± 0.02	-0.01 ± 0.04
NGC4026	BP	14.00 ± 3.04	-0.32 ± 0.10	0.49 ± 0.02	0.35 ± 0.17	-0.31 ± 0.04	0.04 ± 0.03	0.54 ± 0.21	-0.48 ± 0.07	0.06 ± 0.05
NGC4036	Unbarred	4.45 ± 0.99	-0.04 ± 0.02	0.42 ± 0.05	-0.15 ± 0.17	-0.04 ± 0.03	-0.04 ± 0.08	-0.19 ± 0.21	-0.06 ± 0.03	-0.05 ± 0.10
NGC4179	BP	8.82 ± 3.97	-0.22 ± 0.13	0.52 ± 0.08	0.35 ± 0.37	-0.39 ± 0.09	0.17 ± 0.12	0.49 ± 0.47	-0.54 ± 0.13	0.23 ± 0.17
NGC4251	BP	3.23 ± 0.22	-0.02 ± 0.07	0.35 ± 0.08	0.03 ± 0.06	-0.22 ± 0.02	0.25 ± 0.03	0.04 ± 0.09	-0.38 ± 0.03	0.43 ± 0.05
NGC4270	Bar	12.91 ± 3.03	-0.21 ± 0.04	0.36 ± 0.05	-0.21 ± 0.28	0.02 ± 0.09	0.13 ± 0.05	-0.20 ± 0.27	0.02 ± 0.08	0.12 ± 0.05
NGC4346	Bar	6.77 ± 3.04	-0.27 ± 0.16	0.35 ± 0.10	0.51 ± 0.22	-0.51 ± 0.05	0.03 ± 0.13	0.78 ± 0.26	$-0.78~\pm~0.08$	0.04 ± 0.20
NGC4425	BP	6.23 ± 1.67	-0.12 ± 0.03	0.29 ± 0.12	-0.31 ± 0.27	-0.08 ± 0.06	0.38 ± 0.07	-0.50 ± 0.39	-0.13 ± 0.10	0.60 ± 0.11
NGC4435	Bar	5.82 ± 1.51	-0.09 ± 0.06	0.45 ± 0.10	-0.16 ± 0.27	-0.22 ± 0.06	0.35 ± 0.14	-0.34 ± 0.55	-0.48 ± 0.13	0.75 ± 0.30
NGC4461	Bar	9.77 ± 1.55	-0.14 ± 0.08	0.50 ± 0.11	-0.14 ± 0.16	-0.20 ± 0.10	0.34 ± 0.09	-0.16 ± 0.18	-0.22 ± 0.11	0.39 ± 0.10
NGC4474	Bar	12.50 ± 2.37	-0.22 ± 0.05	0.31 ± 0.05	0.08 ± 0.23	-0.14 ± 0.06	0.10 ± 0.10	0.16 ± 0.42	-0.26 ± 0.11	0.19 ± 0.19
NGC4521	Bar	9.77 ± 1.61	-0.07 ± 0.04	0.31 ± 0.10	-0.25 ± 0.09	-0.11 ± 0.05	0.32 ± 0.05	-0.30 ± 0.10	-0.13 ± 0.06	0.38 ± 0.06
NGC4710	BP	8.55 ± 2.72	-0.34 ± 0.13	0.36 ± 0.06	0.75 ± 0.24	-0.54 ± 0.07	-0.13 ± 0.11	0.89 ± 0.27	-0.64 ± 0.09	-0.15 ± 0.13
NGC4762	Bar	$5.68~\pm~0.48$	-0.05 ± 0.04	0.45 ± 0.04	0.13 ± 0.04	-0.12 ± 0.05	0.13 ± 0.05	0.58 ± 0.04	-0.52 ± 0.05	0.37 ± 0.05
NGC5103	Unbarred	12.09 ± 3.84	-0.41 ± 0.16	0.34 ± 0.05	0.44 ± 0.33	-0.47 ± 0.16	-0.09 ± 0.12	1.05 ± 0.70	-1.11 ± 0.38	-0.22 ± 0.28
NGC5326	Unbarred	$4.32~\pm~0.80$	-0.04 ± 0.06	0.05 ± 0.05	-0.00 ± 0.14	-0.19 ± 0.04	-0.12 ± 0.06	-0.00 ± 0.11	-0.13 ± 0.03	-0.08 ± 0.04
NGC5353	BP	$6.23~\pm~1.08$	0.06 ± 0.01	0.38 ± 0.10	-0.22 ± 0.09	-0.03 ± 0.01	0.35 ± 0.01	-0.29 ± 0.10	-0.04 ± 0.02	0.47 ± 0.01
NGC5422	BP	13.32 ± 1.56	-0.10 ± 0.05	0.23 ± 0.11	-0.16 ± 0.08	-0.17 ± 0.02	0.34 ± 0.09	-0.16 ± 0.08	-0.17 ± 0.02	0.34 ± 0.09
NGC5475	Unbarred	$4.59~\pm~0.98$	-0.05 ± 0.04	0.27 ± 0.05	0.33 ± 0.13	-0.14 ± 0.04	-0.07 ± 0.10	0.59 ± 0.17	-0.25 ± 0.07	-0.13 ± 0.18
NGC5574	Bar	2.95 ± 0.56	-0.14 ± 0.07	0.26 ± 0.03	0.21 ± 0.15	-0.22 ± 0.02	0.05 ± 0.06	0.30 ± 0.20	-0.32 ± 0.03	0.08 ± 0.09
NGC5611	Unbarred	12.09 ± 0.24	-0.42 ± 0.03	0.27 ± 0.04	-0.02 ± 0.01	-0.08 ± 0.07	-0.12 ± 0.13	-0.04 ± 0.02	-0.12 ± 0.10	-0.18 ± 0.15
NGC5689	BP	4.45 ± 0.85	-0.09 ± 0.08	0.30 ± 0.07	0.24 ± 0.12	$-0.25~\pm~0.04$	0.15 ± 0.07	0.14 ± 0.10	-0.15 ± 0.03	0.09 ± 0.04
NGC5707	Unbarred	5.82 ± 1.68	-0.09 ± 0.01	0.21 ± 0.05	-0.33 ± 0.14	-0.03 ± 0.01	0.04 ± 0.12	-0.44 ± 0.16	-0.04 ± 0.02	0.06 ± 0.17
NGC5746	BP	$9.50~\pm~2.98$	-0.02 ± 0.03	0.19 ± 0.07	-0.42 ± 0.17	0.04 ± 0.03	0.25 ± 0.04	-0.24 ± 0.14	0.03 ± 0.02	0.14 ± 0.02
NGC5838	Bar	11.95 ± 2.84	-0.09 ± 0.05	$0.42~\pm~0.05$	$0.22~\pm~0.22$	-0.15 ± 0.05	$0.09~\pm~0.08$	0.29 ± 0.27	-0.19 ± 0.07	0.11 ± 0.10
NGC5854	BP	4.05 ± 0.87	-0.24 ± 0.07	0.31 ± 0.05	0.27 ± 0.14	-0.24 ± 0.01	0.06 ± 0.09	0.36 ± 0.17	-0.31 ± 0.02	0.09 ± 0.12
NGC5864	BP	6.50 ± 1.53	-0.12 ± 0.04	$0.37~\pm~0.10$	-0.22 ± 0.19	-0.09 ± 0.07	0.31 ± 0.09	-0.26 ± 0.22	$-0.10~\pm~0.08$	0.37 ± 0.10
NGC6010	Bar	8.27 ± 1.88	-0.02 ± 0.15	$0.22~\pm~0.09$	0.25 ± 0.17	-0.48 ± 0.06	0.20 ± 0.12	$0.29~\pm~0.18$	-0.54 ± 0.07	0.23 ± 0.14

Notes. (1) Galaxy name. (2) Bar presence based on our kinematic analysis as in Paper I. (3), (4) and (5) Mean SSP-equivalent age, metallicity and [Mg/Fe] within the bulge analysis window, respectively. (6), (7) and (8) Vertical gradients in age, metallicity and [Mg/Fe]. Gradients calculated in the range $z_{disc} < z < z_B$, normalized by the vertical extent of the bulge (z_B) in arcsec. (9), (10) and (11) Vertical gradients in age, metallicity and [Mg/Fe], expressed in physical units (dex kpc⁻¹).

disc plane (z_{disc}), which are most likely affected by contamination of dust and/or central components. The slope of the lines (vertical gradients) and the related errors for all galaxies in our sample are listed in Table 2.

Fig. 5 demonstrates the means and the vertical gradients of the SSP-age, metallicity and [Mg/Fe] of bulges as a function of level of cylindrical rotation (m_{cyl}) for all galaxies in our sample. These results reveal a trend towards steeper positive vertical gradients in [Mg/Fe] for bulges with higher level of cylindrical rotation, which are mostly barred systems (lower right panel). However, as noted earlier, cylindrical rotation cannot be considered a reliable kinematic property to identify the full population of barred galaxies, as this feature strongly depends on bar orientation and galaxy inclination.

In the left-hand panels of Fig. 6, we present the vertical profiles of the SSP-equivalent metallicity and age for the two classes of bulges in our sample, together with the error-weighted averaged profiles. To derive the averaged profiles, the individual data points are binned so that each non-overlapping bin contains the same number of data points. The error-weighted average and the corresponding error in each bin are determined using the maximum-likelihood method (see Taylor 1982), so that data points with smaller uncertainties in each bin contributed more to the computed mean than those with larger error bars. The right-hand panels show the distribution of average values in each class. The individual SSP-equivalent population profiles, along the minor axis for all bulges in our sample are presented in Appendix B. The figure shows that the mean age profiles for our sample are rather consistent, in mean values and slope, for both barred and unbarred galaxies. The metallicity gradient is negative

in both cases too, although it appears to be somewhat flatter for unbarred systems. Mean values, though, are very similar for both types of bulges.

More interestingly, as shown in Fig. 7, the distribution and gradients of [Mg/Fe] are remarkably different for barred and unbarred galaxies. [Mg/Fe] gradients are mostly positive in barred galaxies, while for unbarred ones they are mostly flat. A K–S test gives a probability of 10^{-4} that vertical [Mg/Fe] gradients of the barred and unbarred bulges are drawn from the same distribution.

A major concern, in this kind of studies is that our gradient measurements could be severely biased against the physical scaleheight of the bulges. To test this, we have computed the correlation between the [Mg/Fe] gradients scaled to the physical size of the bulge along the minor axis, in kpc units and normalized to z_B , in arcsec. Our results, not shown here, are very consistent in both cases without major differences, except for few cases with relatively small bulges. We have also investigated whether the gradients measured in our galaxies depend on the potential level of contamination introduced by the projection of main disc behind the bulges in those galaxies with lowest inclinations in our sample. We have confirmed that the average and slope values obtained for the full sample are consistent with those for the least inclined galaxies alone.

These results leave us with a very intriguing picture with very similar average stellar population values for barred and unbarred galaxies, consistent mean age profiles, slightly steeper metallicity gradients in barred galaxies, but most notably a drastic difference in the vertical [Mg/Fe] gradient between them. In the next section, we will describe the implications of these results and outline possible



Figure 5. Mean and vertical gradients of the stellar age, metallicity and [Mg/Fe] of bulges as a function of the level of cylindrical rotation (m_{cyl}) for all galaxies in our sample. In each panel, the vertical dashed lines indicate the mean level of cylindrical rotation for barred and unbarred bulges, respectively, while the horizontal dashed lines show the averaged stellar population properties (upper panels) and vertical gradients (lower panels), respectively.



Figure 6. Left-hand panels: the vertical profiles of the SSP-equivalent metallicity and age for the two classes of bulges in our sample. The grey lines correspond to the individual profiles for each galaxy. For each class of bulges, the individual data points are binned so that each non-overlapping bin contains the same number of data points. Hatched regions indicate the error-weighted averaged profiles and the corresponding uncertainty, following the maximum-likelihood method, in each bin. Lines represent the best linear fits to the data sets, while data points belong to the regions, close to the disc plane are not included in the fitting process. Right-hand panels: Distribution of the vertical gradients in age and metallicity for both classes of bulges in our sample. The gradients have been calculated in dex/ z_B , where the z_B is the vertical extent of the bulge/bar in arcsec.

scenarios that might explain them. We will also compare them with those from the closest barred galaxy known: the Milky Way (MW).

4 DISCUSSION

The results presented here pose a challenge to many theories about the formation and evolution of barred galaxies. A common approach to investigate their influence on the formation and evolution of bulges is to compare the stellar population properties of galaxies with and without bars. If bars follow a different evolutionary path, we would expect different abundance patterns in bulges of barred and unbarred galaxies.

Most bulge studies in the literature show similar and relatively broad distributions in mean SSP-equivalent ages and mostly no vertical gradients in age, independent of the bulge classification (e.g. Falcón-Barroso, Peletier & Balcells 2002; Jablonka et al. 2007; Peletier et al. 2007; Morelli et al. 2008). This is in agreement with earlier findings for early-type galaxies (e.g. Mehlert et al. 2003; Sánchez-Blázquez et al. 2006). Furthermore, the flatness of the vertical age profiles in barred galaxies in our sample could in principle support those formation scenarios of bulges in which the bulge forms with very little influence from the disc (e.g. mergers or monolithic collapse), as expected in bulges of unbarred galaxies. It is worth noting that the fact that old stellar populations are observed in bulges of galaxies does not necessarily mean that bars are old structures, as bar might have formed recently out from old stars, coming from the disc (Sánchez-Blázquez et al. 2011). The fact that barred galaxies contain old stellar populations is, however, in marked contrast to the internal secular evolution scenario expected in these systems, in which the barred bulges are produced



Figure 7. The integrated, error-weighted average profiles of the variations of the [Mg/Fe], with increasing height (*z*) from the disc plane for both barred and unbarred galaxies in our sample. The inset histogram shows the distribution of the vertical gradients in [Mg/Fe] for both classes of bulges in our sample. Gradients have been measured in the range $z_{\text{disc}} < z < z_{\text{B}}$, normalized by the vertical extent of the bulge (z_{B}) in arcsec. $P_{\text{K-S}}$ gives the probability that the two distributions are drawn from the same populations, as derived from a K–S test.

through radial and vertical transport of disc material (which is typically young), due to instabilities and resonances (see Kormendy & Kennicutt 2004; Martinez-Valpuesta & Shlosman 2004; Moorthy & Holtzman 2006). Originally, it was thought that if bulges formed secularly, stars that have been scattered furthest from the disc are the oldest stars and therefore a positive age gradient is expected (Freeman 2008). Considering the stellar age pattern of bulges in our sample, and more specifically barred galaxies, one could naïvely conclude that a pure secular evolution scenario via the bar buckling process, which is the widely acceptable mechanism to form bulges in barred galaxies, cannot explain the observed properties of bulges, because then the stars at large-scale heights should be younger. The only solution we see that bars were formed long time ago, and were not destroyed later on. The disc itself was later rejuvenated with newly formed stars from infalling gas close to the mid-plane, as we are seeing in our own MW. This leads to these bulges having old ages overall, except in the mid-plane, where in general younger stars are being seen.

Both sample of bulges show negative metallicity gradients along the minor axis, a behaviour that have been formerly interpreted as a direct evidence against the secular evolution scenario of bulges. However, more recent numerical models show that, the negative metallicity gradient in secularly formed bulges can be consistently reproduced, depending on the original disc radial gradients (Martinez-Valpuesta & Gerhard 2013), vertical gradients of the composition of two-component disc (Bekki & Tsujimoto 2011) or both (Di Matteo et al. 2014). Other bulge formation scenarios, mergers and monolithic collapse, also predict such metallicity gradients (Eggen, Lynden-Bell & Sandage 1962; Larson 1974; Arimoto & Yoshii 1987). Therefore, the negative metallicity gradients along the minor axis of bulges of barred and unbarred galaxies do not allow us to single out the bulge formation and evolutionary scenarios.

The most striking feature found in our data is that bulges of barred galaxies are in general more [Mg/Fe]-enhanced at higher latitudes than similar regions of bulges in unbarred systems. This result appears to reveal that both kinds of bulges have different origins. Bulges of unbarred galaxies are often denoted as 'classical' or 'elliptical-like' bulges based on the remarkable resemblance they have in many properties (from morphology to stellar populations) to elliptical galaxies. If, as suggested in the literature, they have similar formation and evolution channels, then bulges of unbarred galaxies have been formed through merger of monolithically collapsed clouds at high redshifts (Baugh, Cole & Frenk 1996), similar to low-luminosity ellipticals (e.g. Moorthy & Holtzman 2006). In that situation, the material that forms those bulges comes typically from low-mass systems where the [Mg/Fe] is typically low. While there is some level of enrichment in this process (that is why the typical [Mg/Fe] values are higher than in disc material), the final mixture of all that material is lower than the one they could have if they were made of primordial stars (those that formed quickly at very early epochs).

For barred galaxies, the high [Mg/Fe] abundance ratio found at high latitudes implies that stars at higher *z* in barred galaxies formed much faster compared to those in the inner regions. The reason why this is not clearly seen in the age gradients, where one may expect a more positive gradient in barred, relative to unbarred systems, is that beyond ~6 Gyr it is more and more difficult to distinguish formation events on time-scales of the order of less than 1 Gyr. Our age diagnostic, the $H\beta_0$ index, will not give us that level of precision with the typical observational uncertainties we have in the $H\beta_0$ equivalent width (see Cervantes & Vazdekis 2009, for details).

Since young populations are not observed at high z in barred galaxies, it is clear that the bar was made of stars that formed long time ago. The alternative is that the bar will selectively push old material vertically from a disc made of young and old stars (like the ones we observed in the nearby Universe), which is not easy to explain. The high [Mg/Fe] observed in those outer regions seem to imply that whatever process that formed these stars with such high [Mg/Fe] must have formed very quickly. We are thus saying that the bars we observed today (at least in our sample) were bars that formed long time ago. Numerical simulations of barred galaxies suggest they are made from disc instabilities and go through a particularly important buckling phase where a lot of material gets pumped-up to higher latitudes above the disc plane (see Martinez-Valpuesta & Shlosman 2004; Athanassoula 2005; Debattista et al. 2006; Martinez-Valpuesta, Shlosman & Heller 2006; Saha, Martinez-Valpuesta & Gerhard 2012). If true, our observations are setting an important constraint on the time that process occurred. The mean age values and especially the positive [Mg/Fe] gradients suggest this process took place very early on in the life of galaxies. These results go along the lines of recent works in the literature pointing at the early formation of bars (see e.g. Seidel et al. 2015, 2016) and those analysing the evolution of the bar fraction in disc galaxies as a function of redshift (see Sheth et al. 2008; Melvin et al. 2014).

The MW is a particular case of a barred system where we can directly resolve the distribution of the different kinematic and chemical stellar populations. The bulge is known to consist of predominantly old stars (~10 Gyr) with a very small fraction (up to 3.5 per cent) of the stars younger than 5 Gyr (Clarkson et al. 2008, 2011). The origin of these intermediate-age stars is still under debate and different mechanisms have been suggested to interpret the observational results (see Gonzalez & Gadotti 2016, for a detailed review of all arguments). The metallicity distribution function of stars in the Galactic bulge is broad, asymmetric (Rich 1990; Ibata & Gilmore 1995; Zoccali et al. 2003, 2008) with a clear vertical gradient of ~0.6 dex kpc⁻¹ decreasing towards high latitudes (e.g. Zoccali et al. 2008; Ness et al. 2013). The vertical metallicity gradient of the MW bulge is around -0.6 dex kpc⁻¹ (Zoccali et al. 2008),

 $-0.06 \text{ dex } \text{deg}^{-1} = -0.43 \text{ dex } \text{kpc}^{-1}$ (Gonzalez et al. 2013) and $-0.45 \text{ dex kpc}^{-1}$ (Ness et al. 2013). In any case, the three measurements are higher than the average value we measured in bulges of barred galaxies (∇ [M/H] = -0.3 dex kpc⁻¹). In principle, it could seem that the MW is somehow different to the rest of the galaxies. This difference could be partially due to different method we use to measure the vertical gradients. In case of MW, we are always using the minor axis, but in external galaxies we are averaging over the entire extent of the bulge (including those bulge regions away from the minor axis). In order to understand the difference, we have used the simulations by Martinez-Valpuesta & Gerhard (2013) to compute the gradients along the minor axis and also averaging within longitude $-5^{\circ} < l < +5^{\circ}$. The vertical gradients decrease by 28 per cent, from -0.46 to -0.33 dex kpc⁻¹, respectively. Moreover, it is worth noting that when looking at bulges of external galaxies we are integrating foreground and background light, and in the MW we always have a magnitude limit avoiding many background stars. These two explanations can explain the differences with the MW.

Finally, the α -element abundances of the MW bulge show that stars with [Fe/H] < -0.3 are more α -enhanced than metal-rich stars ([Fe/H] > -0.3) (Cunha & Smith 2006; Lecureur et al. 2007; Rich et al. 2007). While the measurements in the MW come from individual stars, they seem to be consistent with those from unresolved stellar populations in our galaxy sample. In this respect, as shown for the stellar kinematics in Paper I, the MW is no different from the typical barred galaxy in the nearby Universe.

On the theoretical side, there has been mounting evidence supporting the long-lasting nature of bars (e.g. Athanassoula 2003; Debattista et al. 2006; Martinez-Valpuesta, Shlosman & Heller 2006; Athanassoula, Machado & Rodionov 2013). More recently Debattista et al. (2016, private communication) studied, in the context of the MW analysis, the influence of an evolving long-lasting bar on the stellar populations in the bulge-dominated region, offering a somewhat alternative scenario. By means of a pure N-body simulation, they show that the stellar populations of disc material that have different initial in-plane kinematics separate when a bar forms. The population that has hotter radial kinematics also has hotter vertical kinematics and becomes the vertically thick and boxshaped part of the bar, while the radially cooler population is vertically thin. In this scenario, the declining metallicity profile towards higher latitudes and vertically rising abundance ratio in the Galactic bulge are interpreted as a result of this separation of initially nearly co-spatial populations. This is an interesting evolutionary scenario, but how the original superposition of differentiated discs could be formed is still unknown. While this scenario is also consistent with our observations of more distant galaxies, we are not yet in position to robustly disentangle the different chemo-kinematic components of our galaxies, as done in the MW. In fact, while we agree on the final set of observed properties in the galaxies we see today, we provide a different explanation to the way we get to those properties. Current attempts to do so are limited to very dramatic cases of largescale counter-rotating disc components (e.g. Coccato et al. 2013; Johnston et al. 2013). Meanwhile, more chemo-dynamical simulations are also necessary to confirm this issue and explain possible segregation processes, induced by bars, to produce the vertical gradients in stellar population of secularly formed bulges.

5 CONCLUSIONS

This paper investigates the imprints of bars on the stellar population properties of bulges and more specifically, the vertical gradients of stellar populations. For this purpose, we have carried out a detailed analysis of the stellar age, metallicity and [Mg/Fe] of 28 highly inclined ($i > 65^\circ$) disc galaxies ($i > 65^\circ$), from S0 to S(B)c, observed with the SAURON integral-field spectrograph. The choice of highinclination galaxies ensures minimal contamination by the stellar disc. Following the approach, applied in Paper I, the sample is divided into two clean samples of barred (n = 21) and unbarred galaxies (n = 7). Comparing the stellar population properties and vertical gradients of bulges in these two classes, we find that while:

(i) the distribution of the mean stellar age, metallicity and [Mg/Fe] in the bulges of barred and unbarred galaxies are not statistically distinct;

(ii) galaxies in our sample span a wide range of vertical gradients in SSP-equivalent stellar ages and there is no significant difference between barred and unbarred galaxies;

(iii) both classes of bulges present negative metallicity and the gradients are not statistically distinct for barred and unbarred galaxies. A similar pattern has been reported for the BP bulges of MW.

We see a strong difference in the vertical gradient in [Mg/Fe] in barred and unbarred galaxies. The vertical gradients in [Mg/Fe] for barred galaxies are mostly positive, while for unbarred galaxies the profile is almost flat. In other words, bulges of barred galaxies are in general more [Mg/Fe]-enhanced at higher latitudes than regions, close to disc plane and therefore demonstrate a positive [Mg/Fe] gradients along the minor axis.

Such high level of [Mg/Fe] ratio in barred bulges together with the relatively old population of bar material, as old as unbarred bulges in our sample, suggests that bars are long-lasting structures made of old material. The origin of such [Mg/Fe]-enhanced stars is not yet clear, but a simple interpretation would be that the buckling phase leading to the formation of the bar took place long time ago (>10 Gyr). More detailed chemo-dynamical studies are still needed to shed more light on this issue. What it seems clear is that the positive vertical gradient in [Mg/Fe] is a characteristic feature of barred bulges and therefore different evolution mechanisms are required to interpret the stellar population differences observed between bulges of barred and unbarred galaxies.

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APPENDIX A: UNSHARP IMAGES FOR INDIVIDUAL GALAXIES

For each galaxy in our sample, we present here the SDSS colour image and an unsharp masked image in the *i* band, obtained from SDSS DR10 (Ahn et al. 2014). The bulge region, obtained from our GALFIT analysis is shown as a blue rectangle on top of the colour image. We also present the *V*-h₃ correlation profiles for all galaxies in our sample. These profiles show the level of correlation of *V* and h₃ within the bulge zone in pseudo-slits parallel to the major axis of the galaxies at different heights (*z*) from the disc plane. These measurements have been performed on the dust-free side of the galaxies. Negative values indicate negative correlation, while values closer to +1 mean stronger positive correlation. Different shaded regions mark the disc plane, the bulge-/bar-dominated parts and the regions beyond *z*_B.



Figure A1. On the top left we demonstrate a colour SDSS image, while the blue rectangle shows the bulge region, obtained from our GALFIT analysis. Below, we show the unsharp masked *i*-band image. Right-hand panel show the V-h₃ correlation profile. Different shaded regions mark the disc plane, the bulge-/bar-dominated parts and the regions beyond z_B . For more details please refer to the text.



Figure A1 – continued



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APPENDIX B: SSP PROFILES FOR INDIVIDUAL GALAXIES

Here, we present the individual SSP-equivalent stellar population profiles, along the minor axis for all bulges in our sample. The top axis is in physical units, showing the physical extent of the bulge in kpc, while the bottom axis is normalized to $z_{\rm B}$, in arcsec.

The gradients have been calculated in dex/z_B. We also present the index–index diagram of H β_o versus [MgFe50]' (and the Mgb versus Fe5015) of the average Voronoi bin values at various heights from the disc plane. Overlaid are the MILES SSP models for different ages and metallicities. The green and red grids correspond to the scaled-solar and α -enhanced SSP models, respectively. The points are colour-coded according to their distances from the disc plane.



Figure B1. Left-hand panel: the SSP-equivalent age, metallicity and [Mg/Fe] profiles, along the minor axis. The top axis is showing the physical extent of the bulge in kpc and the bottom axis is normalized to z_B , in arcsec. In each panel, we indicate the mean SSP-equivalent age, metallicity and [Mg/Fe] within the bulge analysis window, as well as the vertical gradients (measured in dex/ z_B). Middle (and right-hand) panel: the index–index diagram of H β_o versus [MgFe50]' (and the Mgb versus Fe5015) of the average Voronoi bin values at various heights from the disc plane. Overlaid are the MILES SSP models for different ages and metallicities, correspond to the scaled-solar (green) and α -enhanced SSP models (red), respectively.



Figure B1 – continued



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