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Published in: Scientific Reports

DOI: 10.1038/s41598-017-07750-3

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version Publisher's PDF, also known as Version of record

Publication date: 2017

Link to publication in University of Groningen/UMCG research database

Citation for published version (APA): ter Veer, E., Ngai, L. L., van Valkenhoef, G., Mohammad, N. H., Anderegg, M. C. J., van Oijen, M. G. H., & van Laarhoven, H. W. M. (2017). Capecitabine, 5-fluorouracil and S-1 based regimens for previously untreated advanced oesophagogastric cancer: A network meta-analysis. Scientific Reports, 7, [7142]. DOI: 10.1038/s41598-017-07750-3

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SCIENTIFIC REPORTS

Received: 26 January 2017 Accepted: 3 July 2017 Published online: 02 August 2017

OPEN Capecitabine, 5-fluorouracil and S-1 based regimens for previously untreated advanced oesophagogastric cancer: A network meta-analysis

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As evidence is inconsistent and based on either isolated Asian or Western studies, we conducted a network meta-analysis (NMA) to examine efficacy and safety of 5-FU (5-fluorouracil), capecitabine and S-1-based first-line treatment of advanced esophagogastric cancer in Asian and Western patients. Medline, EMBASE, CENTRAL and conferences ASCO and ESMO were searched up to January 2016 for randomized-controlled-trials comparing 5-FU, capecitabine or S-1-based regimens with equal chemotherapy backbones. Direct and indirect data for overall survival (OS) and progression-freesurvival (PFS) were combined on the Hazard Ratio (HR)-scale using random-effects NMA and calculated as combined HRs and 95% credible intervals (95% Crl). Grade 1-2 and grade 3-4 adverse events were compared with pair-wise meta-analysis. Fifteen studies were identified including capecitabine (n = 945), 5-FU (n = 2,132) or S-1 (n = 1,636). No differences were found in respectively OS and PFS for capecitabine-based versus 5-FU-based regimens (HR = 0.89, 95%CrI = 0.76-1.04 and HR = 0.98, 95%Crl = 0.75-1.32), S-1-based versus 5-FU-based regimens (HR = 0.92, 95%Crl = 0.82-1.04 and HR = 0.88, 95%Crl = 0.70–1.11) and S-1-based versus capecitabine-based regimens (HR = 1.03, 95%Crl = 0.87-1.22 and HR = 0.89, 95%Crl = 0.65-1.20). Effects were similar in Asian and Western subgroups. Toxicity profiles were different but a lower frequency of relevant adverse events was observed with S-1 In conclusion, as efficacy was similar, choosing fluoropyrimidines should be based on their individual toxicity profiles.

Advanced esophagogastric adenocarcinoma (AEGC) of the stomach, gastro-esophageal junction (GEJ) or esophagus is one of the major causes of cancer-specific mortality¹. In the late nineties, it was shown that survival could be extended by palliative chemotherapy². After two decades of clinical studies, fluoropyrimidines are still the cornerstone of first-line treatment for advanced esophagogastric cancer. In addition to 5-fluorouracil (5-FU), also two novel fluoropyrimidine compounds have been introduced in first-line treatment of AEGC: capecitabine and S-1. Capecitabine is more frequently prescribed in Western countries, whereas S-1 is more frequently prescribed in Asian countries. Usually, a fluoropyrimidine is combined with either a platinum agent, a taxane or irinotecan^{3,4}.

Whether 5-FU, capecitabine and S-1 based chemotherapy regimens are equally effective in first-line treatment of AEGC is still under debate⁵. There is evidence that there is no difference in efficacy between the three fluoropyrimidines and that S-1 has a more favourable toxicity profile from a previously conducted pair-wise meta-analysis⁶. However, Asian patients may respond differently to S-1 than Western patients, which might be explained by variations in metabolism⁷. The two novel oral fluoropyrimidines capecitabine and S-1 were

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Figure 1. Flowchart of included studies. Flowchart of references derived from database search (left) and from conference search (right).

compared in only a three small phase II RCTs in an Asian patient population, which makes it difficult to explore the specific benefits of capecitabine-based or S-1 based regimens on a global scale^{8–10}.

Furthermore, the differences in efficacy and toxicity between capecitabine-based and 5-FU-based regimens have not been addressed previously with meta-analysis including the newest studies. After completion of the REAL-2 study, which found that capecitabine and 5-FU-based regimens were equally effective¹¹, a pooled analysis of the REAL-2 trial and the ML17032 trial¹² indicated a small benefit in survival of capecitabine-based over 5-FU based regimens¹³. Since then, another RCT on this topic has been conducted with conflicting results¹⁴. Given the available evidence, differences in efficacy between capecitabine-based and 5-FU-based regimens are difficult to explore by pair-wise analyses alone, and network-meta-analyses (NMA) may be more appropriate.

In NMA, a common comparator is used to estimate indirect relative effects between treatments¹⁵. Both direct and indirect relative treatment estimations can be combined into a combined effect-size. The benefit of this approach is that the precision of the effect estimate is increased and cross-validated among all available studies¹⁶. Moreover, in case of a low number of direct head-to-head RCTs, NMA can increase power to detect statistically significant differences. Therefore, we conducted a systematic review with NMA to examine the relative efficacy and safety of 5-FU, capecitabine and S-1 based regimens in first-line treatment of AEGC.

Results

Description of the included studies. A total of 5,145 unique titles were retrieved through the database search, of which 22 RCTs remained after screening the titles and abstracts. After full-text assessment, 12 were excluded and ten were found eligible. In addition, five studies retrieved from the conference search were found eligible (Fig. 1). In total, 15 studies containing 4,713 patients were eligible^{8–12, 14, 17–25}. The number of patients that received capecitabine-based, 5-FU-based and S-1 based regimens was 945, 2,132 and 1,636 respectively (Fig. 2 and Table 1). HRs for OS and PFS could be extracted in 14 and 9 studies respectively.

No major differences in study characteristics were observed (Table 1). The number of Western and Asian studies was five (n = 2652 patients, 56.3%) and ten (n = 2061 patients, 43.7%), respectively (Table 1). Seven (46.7%) studies were rated as low risk of bias for the primary outcome OS (Supplementary Figure 1A). Two (13.3%) and three (20.0%) studies were rated as unclear risk of bias on only one item or two items, respectively. The other three studies (20.0%) were rated as unclear on three items or were reported as abstract only. The risk of bias assessment for PFS is summarized in Supplementary Figure 1B.

Efficacy. For OS, no significant differences were found by NMA for capecitabine-based (n = 798) compared to 5-FU-based regimens (n = 780), combined HR 0.89 (95%CrI 0.76–1.04), for S-1 based (n = 1353) compared to 5-FU-based regimens (n = 1224), combined HR 0.92 (95%CrI 0.82–1.04), and for S-1 based (n = 164) compared to capecitabine-based regimens (n = 165), combined HR 1.03 (95%CrI 0.87–1.22) (Fig. 3A). The results of the current NMA for S-1 based versus 5-FU-based and S-1-based versus capecitabine-based were in line with the results of the pair-wise meta-analysis (reported previously)⁶.

For the secondary outcome PFS, no significant differences were found by NMA for capecitabine-based (n = 753) compared to 5-FU-based regimens (n = 740), combined HR 0.98 (95%CrI 0.75–1.32), for S-1 based



Figure 2. The network meta-analysis. Studies that contained 5-FU, capecitabine or S-1 based regimens with an equal backbone were analysed in a 3-node network. The size of each node corresponds to the number of patients that were randomized to receive S-1 (n = 1636), capecitabine (n = 945) and 5-FU based therapy (n = 2132). The lines connect the regimens that were directly compared in head-to-head RCTs. The thickness of the lines corresponds to the number of RCTs. Abbreviations: 5-FU: 5-fluorouracil.

(n = 1201) compared to 5-FU-based regimens (n = 1063), combined HR 0.88 (95%CrI 0.70–1.11) and for S-1 based (n = 99) compared to capecitabine-based regimens (n = 101), combined HR 0.89 (0.95%CrI 0.65–1.20) (Fig. 3B). A statistically significant portion of heterogeneity was found for S-1 based compared to 5-FU-based regimens $(I^2 = 72.0\%)$. No possible explanation of the heterogeneity was found by inspection of baseline characteristics of these studies (Table 1). Moreover, omitting studies one by one did neither result in substantial changes of the pooled HR nor in a reduction of the heterogeneity, indicated by the I² (data not shown).

Sub-group NMA showed that the efficacy of regimens with capecitabine, S-1 and 5-FU in Asian and Western studies was in line with the overall results of the entire study population: no differences in Asian and Western patients were observed in terms of OS and PFS (Table 2).

Toxicity. In Fig. 4A,B and C, the occurrence of grade 1-2 and 3-4 AEs is shown for respectively capecitabine-based versus 5-FU-based, S-1 based versus 5-FU-based and S-1 based versus capecitabine-based regimens. Per comparison, we indicated if a specific AE occurred in both Asian and Western studies, Western studies only or Asian studies only.

For 5-FU-based compared to capecitabine-based regimens, also thrombo-embolic AE's were extracted from a separate published article of the REAL-2 study²⁶. Compared to 5-FU-based regimens, capecitabine-based regimens were associated with a higher rate of grade 1-2 and grade 3-4 hand-foot syndrome in both Asian and Western patients (Fig. 4A). In Western patients only, capecitabine-based regimens were associated with a higher rate of grade 2-3 deep venous thrombosis (DVT), but with a lower rate of grade 1-2 stomatitis and mucositis compared to 5-FU regimens. None of the adverse events showed a statistical significant difference between capecitabine-based and 5-FU-based regimens in Asian patients only.

S-1 based regimens were associated with a lower incidence of several grade 1-2 AEs and grade 3-4 dehydration compared to 5-FU-based regimens in both Asian and Western patients (Fig. 4B). In Western patients only, S-1 based regimens were associated with more grade 1-2 hand-foot syndrome, but with less catheter-related complications, and grade 3-4 mucositis, stomatitis, febrile neutropenia and toxicity-related-deaths compared to 5-FU-based regimens, as we described previously⁶. In Asian patients only, S-1 based regimens were associated with more grade 1-2 abdominal pain and grade 3-4 fatigue, but with less grade 1-2 nausea and weight loss compared to 5-FU-based regimens.

Finally, as Western studies have not been conducted to assess S-1 versus capecitabine therapy regimens, only three Asian studies reported toxicity for this comparison. A lower rate of grade 3-4 neutropenia and grade 1-2 hand-foot syndrome was found for S-1 based regimens compared to capecitabine-based regimens in Asian patients only (Fig. 4C).

Publication bias. No evidence for publication bias was found in the Funnel plots for all comparisons and outcomes (Supplementary Figure 2).

Discussion

This network meta-analysis of all available RCTs that have been conducted in the past decade provides a precise and cross-validated effect estimate of the fluoropyrimidines 5-FU, capecitabine and S-1 in the first-line treatment of advanced esophagogastric cancer. We showed that there is no difference in overall survival and progression-free-survival between 5-FU, capecitabine and S-1-based chemotherapy. In clinical practice, oral fluoropyrimidines capecitabine and S-1 are generally more convenient for patients compared to infusional 5-FU. On the other hand, for patients with dysphagia, which is common in gastro-oesophageal cancer, infusional 5-FU may be more suitable.

| | | | Ethnicity | Male | Age | Stage IV | WHO \geq 2 | GEJ | Stomach |
|--|-----|------------------------|---------------------|----------|-------------------|-----------|--|--|-----------|
| Study | N | Arms | Asian or Western | N (%) | median (range) | N (%) | N (%) | N (%) | N (%) |
| Capecitabine vs 5-FU | | | | | | | | | |
| | 250 | Epi+Cis+Cap | Western | 201 (81) | 64 (25-82) | 192 (77) | 31 (12) | 68 (28) | 102 (42) |
| Cumpingham 2000ll* | 244 | Epi+Ox+Cap | | 202 (83) | 62 (25-80) | 185 (76) | 24 (10) | 53 (22) | 104 (44) |
| Study Capecitabine vs 5-FU Cunningham 2008 ^{11*} Kang 2009 ¹² Ocvick 2012 ¹⁷ Van Cutsem 2015 ¹⁴ S-1 vs 5-FU Ajani 2010 ¹⁸ Ajani 2015 ¹⁹ Boku 2009 ²⁰ Huang 2013 ²¹ Jin 2008 ²² Li 2015 ²³ Nishikawa 2012 ²⁴ Sawaki 2009 ²⁵ S-1 vs Capecitabine Kim 2012 ⁸ Kobayashi 2015 ⁹ | 263 | Epi+Cis+5-FU | | 214 (81) | 65 (22-83) | 209 (80) | 31 (12) | 72 (29) | 90 (36) |
| | 245 | Epi+Ox+5-FU | | 199 (81) | 61 (33–78) | 189 (77) | 21 (9) | D ≥ 2 GEJ N (%) 2) 68 (28) 0) 53 (22) 2) 72 (29)) 55 (23) 10) 0 (0) 11) 0 (0) 11) 0 (0) 28 (33) 28 (33) 2 82 (16) 88 (17) 16 (7) 5 (4) 0 (0) 0 (0) 0 (0) ian NA 80 NA) 0 (0) 4) 0 (0) 22 (18) 10 (8) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) | 87 (37) |
| Kang 200012 | 160 | Cis + Cap | Asian | 103 (64) | 56 (26-74) | 160 (100) | †16 (10) | $HO \ge 2$ GEJ 1 (12) 68 (28) 4 (10) 53 (22) 1 (12) 72 (29) 1 (12) 72 (29) 1 (12) 55 (23) 1 (10) 0 (0) 1 (10) 0 (0) 1 (11) 0 (0) 1 (12) 2 (29) 1 (12) 3 (29) 1 (10) 0 (0) (5) 0 (0) (2) 35 (39) (3) 28 (33) (0) 82 (16) (0) 88 (17) (0) 5 (4) (1) 0 (0) (1) 0 (0) (1) 0 (0) (1) 0 (0) (1) 0 (0) (1) 0 (0) (1) 0 (0) (1) 0 (0) (1) 0 (0) (1) 0 (0) (2) 10 (8) (3) 10 (8) (4) 0 (0) (3) 0 (0) (4) 0 (0) (4) | 160 (100) |
| Kallg 2009 | 156 | Cis+5-FU | | 108 (69) | 56 (22-73) | 156 (100) | †17 (11) | | 156 (100) |
| Omisk 2012 | 45 | Epi+Cis+5-FU | Western | 34 (76) | 55 (20-72) | 37 (82) | IV WHO ≥ 2 GEJ N (%) N (%) 7) 31 (12) 68 (28) 6) 24 (10) 53 (22) 0) 31 (12) 72 (29) 7) 21 (9) 55 (23) 00) †16 (10) 0 (0) 00) †16 (10) 0 (0) 0) 3 (6) 0 (0) 0) 2 (5) 0 (0) 0) 2 (2) 35 (39) 0) 3 (3) 28 (33) 6) 0 (0) 88 (17) 00) 0 (0) 16 (7) 00) 3 (1) 0 (0) 00) 3 (1) 0 (0) 00) 3 (1) 0 (0) 00) 3 (1) 0 (0) 00) 3 (1) 0 (0) 010 10 (14) 0 (0) 01 0 (1) 0 (0) 01 0 (1) 0 (0) 01 0 (1) 0 (0) 01 0 (0) 0 (0 | 45 (100) | |
| OCVICK 2012 | 40 | Epi+Cis+Cap | | 32 (80) | 56 (40-77) | 35 (88) | | 0 (0) | 40 (100) |
| Van Cutsem 2015 ¹⁴ | 89 | DTX + Ox + 5-FU/ Lv | Western | 61 (69) | ††58 | 89 (100) | 2 (2) | 35 (39) | 75 (84) |
| | 86 | DTX + Ox + Cap | | 64 (74) | ††59 | 86 (100) | 3 (3) | 28 (33) | 75 (87) |
| S-1 vs 5-FU | | | | | | | | 1 | |
| 41 | 521 | Cis+S-1 | Western | 382 (73) | 59 (18-83) | 497 (96) | 0 (0) | 82 (16) | 438 (84) |
| Ajani 201018 | 508 | Cis+5-FU | | 347 (68) | 60 (20-85) | 488 (96) | 0 (0) | 88 (17) | 417 (82) |
| Alian 1 201 519 | 239 | Cis+S-1 | Western | 124 (52) | 56 (25-86) | 239 (100) | 0 (0) | 16 (7) | 223 (93) |
| Ajani 2015 ¹⁹ | 122 | Cis+5-FU | | 60 (49) | 56 (27-83) | 122 (100) | 0 (0) | 5 (4) | 117 (96) |
| D - 1 2000 ²⁰ | 234 | S-1 | Asian | 175 (75) | 64 (58-69) | 234 (100) | 3 (1) | $O \ge 2$ GEJ 6) N (%) 12) 68 (28) 10) 53 (22) 12) 72 (29) 9) 55 (23) (10) 0 (0) (11) 0 (0) (11) 0 (0) (11) 0 (0) (11) 0 (0) (11) 0 (0) (11) 0 (0) (11) 0 (0) (11) 0 (0) (11) 0 (0) (12) 28 (33) (13) 82 (16) (16) 88 (17) (16) 5 (4) (10) 0 (0) (10) 0 (0) (11) 0 (0) (12) 0 (0) (14) 0 (0) (10) 0 (0) (10) 0 (0) (10) 0 (0) (10) 0 (0) (10) 0 (0) (10) 0 (0) (10) 0 (0) <td>234 (100)</td> | 234 (100) |
| Воки 2009-0 | 234 | 5-FU | | 176 (75) | 64 (57-69) | 234 (100) | 3 (1) | | 234 (100) |
| Livere 20122 | 119 | PTX+S-1 | Asian | 89 (75) | 56 (18-74) | 112 (94) | N (%) N (%) 31 (12) 68 (28) 24 (10) 53 (22) 31 (12) 72 (29) 21 (9) 55 (23) †16 (10) 0 (0) †17 (11) 0 (0) 3 (6) 0 (0) 2 (2) 35 (39) 3 (3) 28 (33) 0 (0) 82 (16) 0 (0) 82 (16) 0 (0) 5 (4) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) Median KPS 80 NA Median KPS 80 NA 8 (11) 0 (0) 10 (14) 0 (0) 10 (0) 0 (0) 3 (3) 0 (0) 3 (3) 0 (0) 3 (1) 0 (0) 10 (14) 0 (0) 3 (3) < | NA | NA |
| Huang 2013 ²¹ | 110 | PTX+5-FU/Lv | | 76 (69) | 54 (19-72) | 102 (93) | Median KPS 80 | NA | NA |
| Jip 2008 ²² | 74 | Cis+S-1 | Asian | 55 (74) | 57 (24-80) | 74 (100) | WHO ≥ 2 GE N (%) N (31 (12) 68 (24 (10) 53 (31 (12) 72 (21 (9) 55 (†16 (10) 0 (0) 21 (9) 55 (†16 (10) 0 (0) 2 (19) 55 (10 (10) 0 (0) 2 (2) 35 (3 (3) 28 (0 (0) 82 (0 (0) 82 (0 (0) 86 (0 (0) 5 (3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 10 (14) 0 (0) 10 (14) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) 0 (0) | 0 (0) | 74 (100) |
| JIII 2008 | 73 | Cis+5-FU | | 61 (84) | 58 (33-77) | 73 (100) | | 0 (0) | 73 (100) |
| L: 2015 ²³ | 120 | Cis+S-1 | Asian | 84 (70) | 53 (25-76) | 120 (100) | WHO ≥ 2 GEJ N (%) N (%) 31 (12) 68 (21) 24 (10) 53 (22) 31 (12) 72 (29) 21 (9) 55 (22) †16 (10) 0 (0) 117 (11) 0 (0) 2 (2) 35 (39) 3 (3) 28 (31) 0 (0) 82 (10) 0 (0) 82 (10) 0 (0) 88 (11) 0 (0) 5 (4) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) 3 (1) 0 (0) Median NA MEPS 80 NA 8 (11) 0 (0) 7 (6) 22 (11) 4 (3) 10 (8) 0 (0) 0 (0) 3 (3) 0 (0) 3 (3) 0 (0) 3 (3) 0 (0) 0 (0) 0 (0) | 22 (18) | 70 (58) |
| LI 2015 | 118 | Cis+5-FU | | 85 (73) | 55 (21–76) | 118 (100) | | 10 (8) | 73(63) |
| Nichikawa 2012 ²⁴ | 77 | PTX+S-1 | Asian | 53 (69) | 67 (40-82) | 77 (100) | 0 (0) | 0 (0) | 77 (100) |
| Nisilikawa 2012 | 80 | PTX+5-FU | | 60 (75) | 67 (47-90) | 80 (100) | 0 (0) | 0 (0) | 80 (100) |
| Sawaki 2009 ²⁵ | 88 | S-1 | Asian | 66 (75) | 63 (32–77) | 68 (77) | 3 (3) | 0 (0) | 88 (100) |
| Sawaki 2009 | 89 | 5-FU/Lv | | 71 (80) | 65 (44–77) | 65 (73) | 4 (4) | 0 (0) | 89 (100) |
| S-1 vs Capecitabine | | | | | | | | | |
| Kim 2012 ⁸ | 65 | Ox + S-1 | Asian | 44 (68) | 60 (28–77) | 47 (72) | 0 (0) | 0 (0) | 65 (100) |
| Kim 2012 ⁸ | 64 | Ox + Cap | | 45 (70) | 61 (20–75) | 46 (72) | 0 (0) | 0 (0) | 64 (100) |
| Kobayashi 2015 ⁹ | 54 | Cis+S-1 | Asian | 30 (55) | 65 (44–74) | 54 (100) | 1 (2) | 0 (0) | 54 (100) |
| Kobayashi 2015 ⁹ | 55 | Cis + Cap | | 45 (81) | 65 (25–74) | 55 (100) | 2 (4) | 0 (0) | 55 (100) |
| Lee 2008 ¹⁰ | 45 | S-1 | Asian | 37 (82) | 71 (65-82) | 45 (100) | 2 (4) | NA | NA |
| Lee 2008 | 46 | Сар | | 30 (65) | 71 (66–78) | 46 (100) | 4 (9) | NA | NA |

Table 1. Baseline characteristics. Abbreviations: 5-FU: 5-fluorouracil, Cap: capecitabine, Cis: cisplatin, DTX:docetaxel, Epi: Epirubicin, GEJ: gastro-esophageal junction, KPS: Karnofsky Performance Status, Lv: leucovorin,Ox: oxaliplatin, PTX: paclitaxel. Notes: *This study also included patients with esophageal carcinoma. †KPS \leq 80was given instead of WHO. ††Mean age was given instead of median age, performance status.

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In addition to what was already known from previously conducted meta-analyses and pooled analyses^{2, 13}, this NMA shows important new insights that are directly relevant for clinical practice. First, as there are only three small phase II RCTs in Asian populations that compared S-1 based and capecitabine-based regimens⁸⁻¹⁰, with the results derived from our indirect comparison we now can be more confident that S-1 based regimens have equal efficacy compared to capecitabine-based regimens in both Asian and Western patients. Combined with the other evidence for efficacy of S-1 based and 5-FU based regimens in Asian and Western patients presented in this NMA, we can conclude that the three fluoropyrimidines are equally effective in Western and Asian patients. This finding is important for both clinical practice and future RCTs, as practically all globally used first-line chemotherapy and targeted therapy regimens have fluoropyrimidine backbones⁵.

Second, we found that the fluoropyrimidines have a different toxicity profile in Asian patients, Western patients and in the population as a whole. Capecitabine-based regimens were associated with a higher incidence of clinically relevant adverse events hand-foot syndrome in Asian and Western patients and with DVT in Western patients compared to regimens including conventional 5-FU. However, there is a substantial risk of catheter-related (thrombo-embolic) complications with 5-FU, which is administrated by continuous venous infusion. Also, 5-FU based regimens are associated with a clinically relevant increased incidence of stomatitis and

Α

| | | | | Hazard Ratio | Hazard Ratio |
|--|-------------|--------|--------|-------------------|--------------------|
| Studies | LogHR | SE | Weight | Random, 95% Cl | IV, Random, 95% Cl |
| Capecitabine versus 5-FU | | | | | |
| Ocvirk 2008 | -0.3701 | 0.2204 | 2.4% | 0.69 [0.45, 1.06] | |
| Kang 2009 | -0.1632 | 0.1365 | 6.2% | 0.85 [0.65, 1.11] | |
| Cunningham 2008 | -0.1166 | 0.0544 | 32.0% | 0.89 [0.80, 0.99] | -#- |
| Van Cutsem 2015 | 0.2888 | 0.2488 | 1.9% | 1.33 [0.82, 2.17] | |
| Pair-wise meta-analysis | | | 42.6% | 0.89 [0.76, 1.03] | \bullet |
| Effect: P = 0.12; Heterogeneity: I ² = | = 27%, P = | 0.25 | | | |
| Network meta-analysis | | | | 0.89 [0.76, 1.04] | ◆ |
| Effect: P = 0.14; Heterogeneity: I ² = | = 0%, P = 0 | .85 | | | |
| S-1 versus 5-EU | | | | | |
| lin 2008 | -0 6461 | 0 2857 | 1 3% | 0 52 [0 30 0 92] | |
| Boku 2009 | -0 1928 | 0.2007 | 11.0% | 0.82 [0.68, 1.00] | |
| Aiani 2010 | -0.0872 | 0.0694 | 22.4% | 0.92 [0.80, 1.05] | |
| Nishikawa 2012 | -0.0408 | 0 1855 | 3.1% | 0.96 [0.67, 1.38] | |
| Aiani 2015 | -0.0138 | 0 133 | 6.1% | 0.99 [0.76, 1.28] | |
| Li 2015 | 0.0446 | 0.1975 | 2.8% | 1.05 [0.71, 1.54] | _ |
| Sawaki 2009 | 0.1727 | 0.1725 | 3.6% | 1.19 [0.85, 1.67] | |
| Pair-wise meta-analysis | | | 50.5% | 0.92 [0.82, 1.03] | |
| Effect: P = 0.16; Heterogeneity: I ² = | = 26%, P = | 0.23 | | 0.02 [0.02, 1.00] | • |
| Network meta-analysis | | | | | |
| Effect: $P = 0.17$; Heterogeneity: $I^2 = 0\%$, $P = 0.83$ | | | | 0.92 [0.82, 1.04] | |
| S 1 vorcus Canasitabina | | | | | |
| S-1 versus Capechabille | 0 101 1 | 0.0040 | 4 40/ | | |
| NUDAYASHI 2015 | -0.1014 | 0.2819 | 1.4% | 0.90 [0.52, 1.57] | |
| | 0.0003 | 0.1969 | 2.1% | 1.00 [0.72, 1.57] | |
| Lee 2008 | 0.1044 | 0.2627 | 1.0% | 1.11[0.00, 1.80] | |
| Pair-wise meta-analysis Effect: P = 0.81; Heterogeneity: I ² = | = 0%, P = 0 | .85 | 5.7% | 1.03 [0.79, 1.35] | - |
| Network meta-analysis | | | | 1.03 [0.87, 1.22] | + |
| Effect: $P = 0.92$; Heterogeneity: $I^2 =$ | = u%, P = 0 | .85 | | | |
| | | | | | |
| | | | | | 0.2 0.5 1 2 5 |

Favours experimental Favours comparator

в

| | | | Hazard Ratio | Hazard Ratio |
|--|---|--------|-------------------|---------------------------------------|
| Studies | LogHR SE | Weight | Random, 95% Cl | I Random, 95% Cl |
| Capecitabine versus 5-FU I | pased | | | |
| Kang 2009 | -0.2162 0.1254 | 11.7% | 0.81 [0.63, 1.03] | |
| Cunningham 2008 | -0.081 0.0662 | 17.2% | 0.92 [0.81, 1.05] | |
| Van Cutsem 2015 | 0.3628 0.2338 | 5.5% | 1.44 [0.91, 2.27] | + |
| Pair-wise meta-analysis Effect: P = 0.64; Heterogeneity | : I ² = 58%, P = 0.09 | 34.4% | 0.95 [0.76, 1.18] | |
| Network meta-analysis Effect: P = 0.89; Heterogeneity | : l² = 38%, P = 0.24 | | 0.98 [0.75, 1.32] | + |
| S-1 versus 5-FU-based | | | | |
| Huang 2013 | -0.4451 0.1549 | 9.4% | 0.64 [0.47, 0.87] | — — |
| Boku 2009 | -0.2594 0.0953 | 14.4% | 0.77 [0.64, 0.93] | _ - - |
| Ajani 2015 | -0.1499 0.1433 | 10.2% | 0.86 [0.65, 1.14] | |
| Ajani 2010 | -0.0099 0.0719 | 16.7% | 0.99 [0.86, 1.14] | |
| Sawaki 2009 | 0.2698 0.1674 | 8.6% | 1.31 [0.94, 1.82] | + |
| Pair-wise meta-analysis | | 59.4% | 0.88 [0.73, 1.08] | ◆ |
| Effect: P = 0.12; Heterogeneity | : I ² = 72%, P = 0.006 | | | |
| Network meta-analysis Effect: P = 0.14; Heterogeneity | : I ² = 0%, P = 0.85 | | 0.88 [0.70, 1.11] | - |
| S-1 versus Capecitabine | | | | |
| Kobayashi 2015 | -0.2724 0.2147 | 6.2% | 0.76 [0.50, 1.16] | |
| Pair-wise meta-analysis Effect: P = 0.12; Heterogeneity | : I ² = 27%, P = 0.25 | 6.2% | 0.76 [0.50, 1.16] | |
| Network meta-analysis Effect: P = 0.14; Heterogeneity | : I² = 0%, P = 0.85 | | 0.89 [0.65, 1.20] | - |
| | | | | · · · · · · · · · · · · · · · · · · · |
| | | | | 0.2 0.5 1 2 5 |
| | | | | Favours experimental Favours control |

Figure 3. Results of the network meta-analysis for capecitabine, 5-FU and S-1 based regimens. (**A**) Forest plot of network meta-analysis for overall survival. (**B**) Forest plot for progression free survival. The lower pooled effect-size represents the combined hazard ratio and 95% Credible Intervals (95%CrI) derived from network-meta analysis. Abbreviations: 5-FU: 5-fluorouracil.

mucositis compared to regimens including oral fluoropyrimidines. On the other hand, S-1 based regimens were associated with less clinically relevant adverse events compared to regimens including conventional 5-FU, such as less febrile neutropenia and toxicity related deaths in Western patients and less grade 1-2 hand-foot syndrome compared to regimens including capecitabine in Asian patients. Although S-1 regimens also showed a lower rate of grade 3-4 hand-foot syndrome compared to capecitabine regimens (0% versus 3%), this difference did not reach statistical significance. From clinical perspective, occurrence of hand-foot syndrome is a very relevant

| | Overall survival | | Progression free survival | | | |
|----------------------|------------------|------------------|---------------------------|------------------|--|--|
| | Asian | Western | Asian | Western | | |
| Capecitabine vs 5-FU | 0.84 (0.59–1.18) | 0.92 (0.64–1.36) | 0.82 (0.49–1.36) | 1.06 (0.63-2.03) | | |
| S-1 vs 5-FU | 0.90 (0.71-1.13) | 0.94 (0.62–1.47) | 0.84 (0.60-1.20) | 0.94 (0.52-1.66) | | |
| S-1 vs capecitabine | 1.08 (0.78-1.52) | 1.02 (0.58–1.81) | 1.03 (0.61–1.74) | 1.00 (0.44-2.28) | | |

Table 2. Network meta-analysis stratified by Asian and Western studies in overall survival and progression free survival. Relative effects in combined hazard ratio and 95% Credible Intervals (95% CrI) derived from network-meta analysis for capecitabine, 5-FU and S-1 based cytotoxic regimens stratified by Asian studies and Western studies for overall survival and progression free survival. No significant differences were found among Asian and Western patients in efficacy between all fluoropyrimidines. Abbreviations: 5-FU: 5-fluorouracil.

parameter to monitor the well-being and quality of life of the patients receiving oral capecitabine. In a recently published phase III RCT in metastatic colorectal cancer, the occurrence of hand-foot syndrome, which was the primary endpoint, was significantly reduced in S-1 treated patients compared to capecitabine treated patients, without compromising efficacy²⁷. These results are in line with our current findings for advanced esophagogastric cancer. The decision which fluoropyrimidine to prescribe for the individual patient should therefore be based on differences in toxicity profile.

We should also acknowledge some limitations of our work. This NMA was based on extracted summary data from published articles rather than on individual patient data. Second, many articles do not report adverse events that occurred less than a predefined percentage per study arm, which was most often a percentage of 5%. Although we provided a large overview of the toxicity profiles associated with these fluoropyrimidines in both Asian and Western patients, some adverse events may not have been included in the analyses. Third, for the analyses we assumed that the efficacy and toxicity of compounds that were identical in both arms of studies (i.e. cisplatin in the comparison S-1 plus cisplatin versus 5-FU plus cisplatin), was equal in both arms, so that the differences in efficacy and toxicity could be attributed to the fluoropyrimidines only (in this example: S-1 versus 5-FU). Due to slight differences in dosage (e.g. the dose of cisplatin in the FLAGS study¹⁸), effects cannot fully be attributed to differences in the fluoropyrimidines, but may be due to differences in the companion drug.

In conclusion, we found no difference in overall survival and progression-free-survival between 5-FU, capecitabine and S-1-based first-line chemotherapy for advanced esohagogastric cancer in both Asian and Western patients. The three fluoropyrimidines showed a different toxicity profile, and some relevant adverse events were observed with a lower frequency for S-1 based compared to 5-FU-based regimens (i.e. toxicity-related-death and febrile neutropenia) and capecitabine-based regimens (i.e. hand-foot syndrome).

Material and Methods

Protocol. The protocol was registered in PROSPERO with registration number: CRD42014015177.

Literature search. We searched databases Medline, EMBASE and the Cochrane Central Register of Controlled Trials (CENTRAL) and meeting abstracts from the American Society of Clinical Oncology (ASCO) and European Society for Medical Oncology (ESMO) for randomized controlled trials up to January 2016. Medical subject headings (MeSH) and text words for esophagogastric cancer and for each treatment option, as described previously (Supplementary Table 1)²⁸. The titles and abstracts were screened by NHM and MA. EtV and NHM screened the full articles. Disagreements were discussed with HvL until consensus was reached.

Study selection. We included prospective phase II or III randomized controlled trials comparing first-line 5-FU, capecitabine or S-1 based chemotherapy regimens with equal backbones for previously untreated patients with pathologically proven metastatic, unresectable or recurrent adenocarcinoma of the stomach, esophagus, or GEJ.

Data extraction and quality assessment. The primary outcome of our analyses was overall survival (OS). In addition, progression-free-survival (PFS), grade 1-2 (mild), and grade 3-4 (severe) adverse events (AE) were secondary outcomes. The Cochrane Risk of bias tool (version 5.1.0) was used to assess the quality of the included studies. Items were scored as low, high or unknown risk of bias.

Statistical Analysis. Hazard ratios (HR) with 95% confidence intervals (95%CI) were extracted for time-to-event outcomes OS and PFS. Random effects pair-wise meta-analysis was conducted for direct comparisons simultaneously in R and Review Manager 5.3. For the NMA, studies were analysed in a 3-node network. Random-effects NMA was conducted using JAGS and the GeMTC package in R^{29, 30} (https://drugis.org/soft-ware/r-packages/gemtc). For the between studies heterogeneity and the relative treatment effects, vague priors were set. Four independent Markov chains were generated and ran for 5,000 adaptations and 20,000 inference iterations per chain to calculate the posterior distribution. Convergence of the Markov chains was assessed using Brooks-Gelman-Rubin diagnostic and the length of running time was extended if needed. HRs and 95% credible intervals (95%CrI) were calculated as effect-size to represent the combined direct and indirect relative treatment effects. In addition, the incidence of grade 1-2 and 3-4 adverse were compared using dichotomous pair-wise meta-analysis with Risk Ratios (RRs). In case of statistically significant heterogeneity, as determined by the Q-test, heterogeneity was explored by sensitivity analyses.



Figure 4. Toxicity of capecitabine, 5-FU and S-1 based regimens. (A) Toxicity of capecitabine-based compared to 5-FU-based regimens. (B) Toxicity of S-1 based compared to 5-FU-based regimens. (C) Toxicity of S-1 based compared to capecitabine-based regimens. The table shows the number of patients receiving that experienced grade 1-2 and grade 3-4 adverse events and the associated sample sizes for each treatment. The bar chart shows the percentage of both Western and Asian patients (overall) that experienced grade 1-2 and grade 3-4 adverse events (overall) that experienced grade 1-2 and grade 3-4 adverse events and the associated sample sizes for each treatment. The bar chart shows the percentage of both Western and Asian patients (overall) that experienced grade 1-2 and grade 3-4 adverse events and corresponds to the 'overall' column in the table. The number of adverse events that occurred in the Western subgroup or the Asian subgroup specifically are shown in the 'Western' and 'Asian' columns of the table. Bold indicates a statistically significant difference (P < 0.05) in a the occurrence of a given adverse event between two regimens determined by pair-wise meta-analysis. The number of adverse events for Western and Asian patients in Fig. 4B and C are a graphically representation of the data as published elsewhere⁶. However, in the current figures, additional adverse events were included, as well as the pooled number of adverse events of Western and Asian patients. Abbreviations: 5-FU: 5-fluorouracil, Cap: capecitabine, Trt: treatment.

To evaluate differences in efficacy between fluoropyrimidines in Asian and Western patients, sub-group NMAs were conducted for studies in Asian and Western populations. Publication bias was assessed by funnel plots. All meta-analyses were performed using random-effects models and tested two-sided with $\alpha = 0.05$.

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Acknowledgements

This work was supported by an unrestricted grant from Nordic Pharma.

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Additional Information

Supplementary information accompanies this paper at doi:10.1038/s41598-017-07750-3

Competing Interests: Dr. Martijn G. H. van Oijen has received unrestricted research grants from Bayer, Lilly, Merck Serono, and Roche. Prof. Dr. Hanneke W. M. van Laarhoven has served as a consultant for Celgene, Lilly, and Nordic, and has received unrestricted research funding from Bayer, BMS, Celgene, Lilly, Merck Serono, MSD, Nordic, and Roche. Dr. Gert H. M. van Valkenhoef has served as a consultant for Johnson & Johnson. All other authors have no disclosures to report.

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