

University of Groningen

Injury prevention in team sport athletes

Dallinga, Joan

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version

Publisher's PDF, also known as Version of record

Publication date:

2017

[Link to publication in University of Groningen/UMCG research database](#)

Citation for published version (APA):

Dallinga, J. (2017). Injury prevention in team sport athletes: The role of screening tools and injury prevention programs [Groningen]: Rijksuniversiteit Groningen

Copyright

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

Take-down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

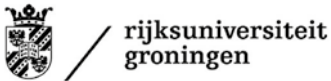
Injury prevention in team sport athletes

The role of screening tools and injury prevention programs

Joan Dallinga

The studies in this thesis have been conducted at the Center for Human Movement Sciences, part of the University Medical Center Groningen, University of Groningen and the School of Sport Studies, Hanze University of Applied Sciences Groningen.

This thesis was financially supported by:



Paranimfen: Annelies Binnema & Susanne Dallinga
Cover by: Jorn Dost
Lay-out by: Liske van der Vliet (Persoonlijkproefschrift.nl)
Printed by: Ipskamp Printing
ISBN: 978-90-367-9774-0 (printed version)
ISBN: 978-90-367-9773-3 (electronic version)

© Copyright: J.M. Dallinga, Leiden, The Netherlands

All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording or any information storage or retrieval system, without prior written permission of the copyright owner.



rijksuniversiteit
 groningen

Injury prevention in team sport athletes

The role of screening tools and injury prevention programs

Proefschrift

Ter verkrijging van de graad van doctor aan de
 Rijksuniversiteit Groningen
 op gezag van de
 rector magnificus Prof. dr. E. Sterken
 en volgens besluit van het College voor Promoties.

De openbare verdediging zal plaatsvinden op

maandag 3 juli 2017 om 12:45 uur

door

Joan Martine Dallinga

geboren op 21 augustus 1985
 te Groningen

Promotor

Prof. dr. K.A.P.M. Lemmink

Copromotor

Dr. A. Benjaminse

Beoordelingscommissie

Prof. dr. R.L. Diercks

Prof. dr. G.M.M.J. Kerkhoffs

Prof. dr. R. Seil

TABLE OF CONTENTS

Chapter 1	General introduction	7
Chapter 2	Which screening tools can predict injury to the lower extremities in team sports? A systematic review	19
Chapter 3	Dynamic postural stability differences between male and female players with and without ankle sprain.	57
Chapter 4	Effect of interventions on potential, modifiable risk factors for knee injury in team ball sports: a systematic review.	77
Chapter 5	An intervention study to determine the effect of internal versus external focus instructions to reduce ACL injury risk factors in female athletes. A pilot study	115
Chapter 6	Innovative video feedback on jump landing improves landing technique in males	137
Chapter 7	Summary and General discussion	161
	Nederlandse samenvatting	185
	Dankwoord	193
	About the author	197
	Previous SHARE dissertations	201

