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Research Article

Influence of Miscibility of Protein-Sugar Lyophilizates on Their Storage Stability

Maarten A. Mensink,¹ Matthew J. Nethercott,^{2,3} Wouter L. J. Hinrichs,^{1,6} Kees van der Voort Maarschalk,^{1,4} Henderik W. Frijlink,¹ Eric J. Munson,^{2,6} and Michael J. Pikal⁵

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For sugars to act as successful stabilizers of proteins during lyophilization ARSTRACT and subsequent storage, they need to have several characteristics. One of them is that they need to be able to form interactions with the protein and for that miscibility is essential. To evaluate the influence of protein-sugar miscibility on protein storage stability, model protein IgG was lyophilized in the presence of various sugars of different molecular weight. By comparing solid-state nuclear magnetic resonance spectroscopy relaxation times of both protein and sugar on two different timescales, *i.e.*, ¹H T₁ and ¹H T₁ $_{\rho}$, miscibility of the two components was established on a 2-5- and a 20-50-nm length scale, respectively, and related to protein storage stability. Smaller sugars showed better miscibility with IgG, and the tendency of IgG to aggregate during storage was lower for smaller sugars. The largest sugar performed worst and was phase separated on both length scales. Additionally, shorter protein ¹H T_1 relaxation times correlated with higher aggregation rates during storage. The enzymelinked immunosorbent assay (ELISA) assay showed overlapping effects of aggregation and chemical degradation and did not correspond as well with the miscibility. Because of the small scale at which miscibility was determined (2-5 nm) and the size of the protein domains $(\sim 2.5 \times 2.5 \times 5 \text{ nm})$, the miscibility data give an indirect measure of interaction between protein and sugar. This reduced interaction could be the result of steric hindrance, providing a possible explanation as to why smaller sugars show better miscibility and storage stability with the protein.

KEY WORDS: homogeneity; immunoglobulin G (IgG); phase separation; solid-state nuclear magnetic resonance spectroscopy (ssNMR); steric hindrance.

INTRODUCTION

Protein pharmaceuticals have become increasingly important in the pharmaceutical industry over the past decade, with 10 out of the 41 drugs approved by the American Food and Drug Administration (FDA) in 2014 being proteins (1).

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- ¹Department of Pharmaceutical Technology and Biopharmacy, University of Groningen, Antonius Deusinglaan 1, 9713 AV, Groningen, The Netherlands.
- ² Department of Pharmaceutical Sciences, University of Kentucky, 789 South Limestone Street, Lexington, Kentucky 40536-0596, USA.
- ³ Present Address: Kansas Analytical Services, Fort Collins, Colorado, USA.
- ⁴ Process Technology, Corbion Purac, Gorinchem, The Netherlands.
- ⁵ Department of Pharmaceutical Sciences, University of Connecticut, Storrs, Connecticut, USA.
- ⁶ To whom correspondence should be addressed. (e-mail: W.L.J.Hinrichs@rug.nl; eric.munson@uky.edu;)

Most protein formulations are produced as solutions requiring refrigerated storage and handling, the so-called cold chain. This is both costly and impractical. The cold chain can be circumvented by drying the protein formulation in the presence of a stabilizer, using methods such as lyophilization and spray drying (2, 3). For these situations, sugars are often used as stabilizers.

Much research has been done into the mechanism by which these sugars stabilize proteins both during drying and storage (4–6), producing several widely discussed theories regarding these mechanisms (*e.g.*, vitrification theory, the water replacement theory, and refinements focusing on local mobility of the protein) (5, 7). For each of those theories, interactions between protein and sugar are needed, and for that, miscibility of the protein and sugar is a necessary condition.

To qualify solids as miscible or immiscible, it is important to define the scale of this miscibility and the technique used to quantify miscibility. Two substances can appear miscible using a technique that measures a larger domain size, while showing phase separation using a technique that measures a smaller domain size. Therefore, a definition of miscibility should be accompanied by a qualification of the scale at which it was established. In this manuscript, miscibility was determined using solid-state nuclear magnetic resonance spectroscopy (ssNMR). The method uses the concept of spin diffusion to determine the homogeneity of mixed systems (8). In homogeneous systems, spin diffusion causes magnetization transfer between neighboring nuclei, resulting in similar relaxation times for both nuclei. For phase separated systems, magnetization transfer does not occur and the relaxation times of different components are not averaged.

Spin diffusion is a time-dependent phenomenon and the length scale of spin diffusion L is correlated to the relaxation time as follows:

$$L = \sqrt{6Dt} \tag{1}$$

D is the spin diffusion coefficient, which is typically assumed to be 10^{-12} cm²/s (9, 10) and *t* is the relaxation time. When relaxation times of different timescales are compared, this principle allows differentiation of homogeneity on different length scales. In particular, a spin-lattice relaxation time (¹H T₁) is typically 1–5 s, corresponding to a spin diffusion over a distance of approximately 20–50 nm, while a rotating frame spin-lattice relaxation time (¹H T₁_ρ) is usually 5–50 ms during which spin diffusion occurs over a distance of around 2–5 nm.

By comparing ¹H T₁ and ¹H T_{1ρ} relaxation times of different components in a mixture, in this case protein and sugar, it is thus possible to establish the intimacy of mixing on two different length scales (Fig. 1). If a system is fully miscible, both the relaxation times will be similar for both components. If a system is phase separated, both ¹H T₁ and ¹H T_{1ρ} values will be different for the sugar and protein. When the ¹H T_{1ρ} values are different, but the ¹H T₁ values are similar, this indicates phase separation on the 2–5-nm scale but miscibility on the 20–50-nm scale (partial phase separation). Using these relaxation times, it is thus possible to determine miscibility of these systems on two different length scales.

Recently, it was shown that larger and molecularly more rigid sugars (*e.g.*, oligo- and polysaccharides with a backbone through the sugar ring) are less efficient stabilizers of proteins than smaller sugars (*e.g.*, disaccharides) (11). It was found that these larger sugars form fewer hydrogen bonds with the protein during the last part of lyophilization (12). This lack of interactions could be responsible for phase separation in these protein-sugar mixtures. Therefore, the influence of protein-sugar miscibility on protein stability will be investigated in this manuscript.

MATERIALS AND METHODS

Materials

Immunoglobulin G (IgG, from bovine serum) was obtained from Sigma-Aldrich, St. Louis, MO, USA. Trehalose was acquired from Ferro Pfanstiehl (Waukegan, IL, USA) and dextrans 1.5, 5, and 70 kDa from Pharmacosmos (Holbaek, Denmark). Inulins 1.8 and 4 kDa were generous gifts from Sensus (Roosendaal, The Netherlands). Sodium phosphate buffer components used for the formulations and dialysis (monobasic as monohydrate, dibasic as heptahydrate) were purchased at Fisher Scientific.

Formulation Preparation

IgG was received frozen and thawed slowly on ice prior to use. The protein solution (IgG) was dialyzed at least three times for a minimum of 3 h against 2 mM sodium phosphate buffer (pH 7.5, SPB) at 4°C using a Spectra/Por® 6 dialysis tube membrane with a molecular weight cutoff of 2000 Da. After dialysis, the protein solution was filtered using Millex-GV low-protein binding PVDF syringe filters with a 0.22-µm pore size and 33-mm diameter. Subsequently, protein concentration was determined spectroscopically at 280 nm, using absorption coefficients $A_{1 \text{ cm}}^{1\%} = 14$ (13). The protein stock solution concentration was adjusted to 10.71 mg/mL by dilution with filtered SPB. Sugar stock solutions were prepared by dissolving sugars in SPB to a concentration of 100 mg/mL. If needed, solutions were heated to dissolve the sugar. All formulations were also filtered using 0.22 µM PVDF filters. Protein and sugar solutions were mixed to achieve an end concentration of 6 mg/mL protein and 44 mg/ mL sugar (12% protein on dry solids basis). When IgG and dextran 70 kDa were mixed, some hazing was observed in the resulting solution. The solutions were transferred to Schott Fiolax® tubular vials of 10 mL with a 13-mm opening. For samples for physicochemical testing, a fill volume of 5 mL was used, and for stability testing, a fill volume of 1 mL was used.

Lyophilization

Freeze-drying was conducted using a SP Scientific LyoStar 3 (Warminster, PA, USA) equipped with Praxair ControLyo[™] controlled ice nucleation technology. Compared to slow freezing, controlled nucleation is expected to reduce the risk of phase separation during freezing by saturation of either of the components and increase sample homogeneity. Controlled nucleation is thus expected not to have a negative impact on miscibility. Samples were placed on a shelf precooled at 5°C and kept at that temperature for 30 min. The temperature was then lowered to -5° C at a rate of 1° C/min and held at that temperature for 30 min. Controlled nucleation was then induced using argon as a carrier gas, followed by further cooling to -40°C at a rate of 1°C/min. After 60 min at that temperature, the pressure was lowered to 87 µbar and the temperature was raised to -25° C at 1° C/min. Sample temperature of at least five vials was monitored using thermocouples. Shelf temperature was lowered to -28°C if primary drying was not done after 30 h or if the product temperature would exceed -33°C. The end of primary drying was established by comparative pressure measurement (i.e., Pirani vs. MKS Baratron) (14). After primary drying was completed, the shelf temperature was slowly raised to 40°C at a rate of 0.1°C/min and secondary drying was continued for 6 h at this temperature. Lastly, the vials were stoppered in the freeze dryer at 87 µbar using Flurotec[™] stoppers and were sealed with aluminum crimpers upon removal from the freeze dryer. All samples were stored at -20°C up until the moment of analysis. Water content of the lyophilizates was determined using Karl Fisher coulometry and was found to be $\leq 0.25\%$ for all tested formulations.



Fig. 1. Illustration of the effect of spin diffusion on measured area for three different degrees of miscibility. Modified with permission from Yuan *et al.* (8). Copyright 2015 American Chemical Society

Solid-State Nuclear Magnetic Resonance Spectroscopy

All solid-state NMR spectra were acquired using a Tecmag Redstone HF3 (Tecmag, Houston, TX) spectrometer operating at 100.6 MHz for ¹³C (9.4 T static magnetic field). The lyophilized powders were packed into 7-mm zirconia rotors and sealed with Kel-F end-caps (Revolution NMR, LLC, Fort Collins, CO) in a glovebox purged with dry nitrogen gas with a relative humidity of <1%. Experiments were performed using a 7-mm double resonance magic angle spinning (MAS) probe (Agilent, Palo Alto, CA). All ¹³C spectra were acquired under MAS (15) at 4 kHz, using ramped-amplitude cross-polarization (CP) (16), total sideband suppression (TOSS) (17), and spinal64 decoupling (18) with a ¹H decoupling field of about 66 kHz. A 2-ms contact time was used in all experiments. 3-Methylglutaric acid was used to optimize spectrometer settings, and the methyl peak was referenced to 18.84 ppm (19). All spectra were acquired at ambient temperature.

Determination of Phase Separation

To evaluate phase separation of the protein and sugar, the ¹H T₁ and ¹H T_{1p} values were determined. The ¹H T₁ relaxation values were measured using a saturation recovery experiment through ¹³C observation. The peak areas were integrated and plotted in KaleidaGraph (Synergy Software, Reading, PA) and fitted to the following equation to determine ¹H T₁ times for the protein and the sugar peaks individually:

$$M = M_0(1 - e(-t/T_1))$$
⁽²⁾

where *M* is the integrated signal intensity, M_0 is an amplitude parameter from the fit, τ is the recovery delay time, and ¹H T_1 is the obtained spin-lattice relaxation time. The protein peak was integrated in the ~164–180-ppm region, whereas for the sugar peak, the ~90–106-ppm region was used. Only the central one third of the peaks was used. These peaks were chosen because of the lack of overlap between the two species in those areas. For the ¹H $T_{1\rho}$ experiment, the spin locking time was varied from 1 to 30 ms. Similar to the

 1 H T₁ experiments, Kaleidograph was used for integration and fitting of the data using formula 3.

$$M = M_0 e \left(-t/T_{1p}\right) \tag{3}$$

The symbols are the same as used in formula 2. ${}^{1}H T_{1p}$ is the rotating frame spin-lattice relaxation time.

Data acquisition parameters for the ¹H T₁ experiments were a 1-s recycle delay, 2048 acquisition points (51.2 ms acquisition time), a 3.8- μ s ¹H 90° pulse (~66 kHz decoupling field), a 2-ms contact time, and a 4-kHz MAS frequency. Twelve time points (0.1, 0.3, 1.2, 1.8, 3.0, 4.0, 9.0, and 15 s) were used in the ¹H T₁ determination, and 500 acquisitions were acquired per T₁ point. Data acquisition parameters for the ¹H T_{1rho} experiments were a 4-s recycle delay, 2048 acquisition points (51.2 ms acquisition time), a 3.8- μ s ¹H 90° pulse (~66 kHz decoupling field), a 2-ms contact time, and a 4-kHz MAS frequency. Eight spin locking times (1, 2, 3, 5, 10, 15, 20, and 30 ms) were used, with 500 acquisitions per T₁ point. Data acquisition for the ¹³C spectra was a 4-s recycle delay, a 2-ms cross-polarization contact time, 2048 acquisition points (51.2 ms acquisition time), and 1000 acquisitions.

Data processing was done the same way for all spectra and was done in the TNMR software package (Tecmag, Houston, TX). The first 512 points (13.3 ms acquisition time) were used and Fourier transformed with 20 Hz of line broadening. The spectra (supplemental 1) were individually phased and integrated using abovementioned limits and the fit to the equations above. The central one third of the peaks was used for the integration to obtain the best data and minimize error of the peak integrations. The error presented for the peaks is the error of the fit from the KaleidaGraph fitting. Protein and sugar relaxation times were considered different if they were more than two fitting errors apart.

Storage Stability

To evaluate the stabilizing effects of the different sugars, the different formulations were subjected to an accelerated storage stability test. Samples were stored at 60° C up to 90 days. Samples were taken from the freezer at different time points, so they could all be analyzed together, eliminating assay variations. The storage temperature was below the glass transition temperature (Tg) of all samples tested, and they therefore remained physically as original during storage.

High Pressure Size Exclusion Chromatography (HPSEC)

HPSEC was conducted to provide information on aggregation of the IgG. The samples which were reconstituted with 1 mL ultrapure water were diluted further to a concentration of 1 mg/mL IgG with 20 mM NaH₂PO₄ with 150 mM NaCl (pH 7.5). The samples were filtered using a 0.45- μ m filter before being injected on a Superose 6 GL 10/30 column in 100- μ L aliquots. The mobile phase was the same as the dilution buffer, and the flow used was 0.5 mL/min. Detection was done spectrophotometrically at 214 nm.

Baseline corrections based on the signals between 6 and 7 and 26–27 min were carried out for the obtained chromatograms. The area under the curve of the monomer peak (\sim 16 min) was determined from half height to half height of the peak. Degradation kinetics were established by correlating monomer peak area and the square root of storage time and carrying out a linear regression analysis; the slope of that curve was used as a measure for the aggregation rate. To limit aggregation after reconstitution of the samples, each sample was measured only once.

Enzyme-Linked Immunosorbent Assay (ELISA)

Since HPSEC only provides information about the aggregation of IgG but does not give information about functionality, an ELISA was conducted on the same samples to provide additional information. The integrity of the epitope of IgG was used as a measure for its stability. This was established using a bovine IgG ELISA kit supplied by Bethyl (Montgomery, TX, USA). Lyophilized samples were reconstituted using 1 mL of ultrapure water and diluted to concentrations between 500 and 7.8 ng/mL using diluent buffer, which consisted of 50 mM Tris with 0.14 M NaCl and 0.05% Tween 20 (pH 8.0). Analysis was carried out on 96well plates, which were pre-incubated with affinity-purified bovine IgG coating antibody for an hour at room temperature and subsequently blocked with blocking solution, using the diluent buffer, at the same temperature for 30 min. The diluted samples were incubated for an hour at room temperature, followed by incubation of horseradish peroxidase-conjugated bovine IgG detection antibody for an hour. Lastly, a substrate solution containing 3,3',5,5'tetramethybenzidine (TMB) was added and incubated in the dark during 15 min at room temperature. The reaction was stopped by addition of 0.18 M H₂SO₄, after which the conversion of TMB by peroxidase was measured spectrophotometrically at 450 nm. The plates were washed five times with diluent buffer between all steps up to the addition of TMB. The absorbance was related to an unprocessed reference sample, giving an indication of the amount of epitopes still intact. Results were not related to t = 0 as some formulations already showed loss of epitopes during lyophilization. Each sample was measured in four dilutions, and results from the two optimal dilutions were averaged. A

duplicate analysis of a large part of the formulations provided nearly identical results.

RESULTS

Solid-State Nuclear Magnetic Resonance Spectroscopy

For the formulations of trehalose, dextran 1.5 kDa, and both inulins, the ¹H T₁ relaxation times of protein and sugar are indistinguishable (Fig. 2a). For dextran 5 and 70 kDa, the values of the protein and sugar are clearly different, with a bigger difference in ¹H T₁ relaxation times for the formulation of dextran 70 kDa. This is indicative of phase separation at the 20–50-nm scale for formulations with dextran 5 and 70 kDa and IgG. For the formulations with IgG and trehalose, both inulins, and dextran 1.5 kDa, there is no indication of phase separation on this scale.

In addition to phase separation, there is a trend in the ¹H T_1 relaxation time, where the lower molecular weight sugar systems had the longest relaxation time, and the protein relaxation time decreases as the sugar molecular weight increases. Since ¹H T_1 relaxation times are indicators of molecular mobility, the longer relaxation times would correlate with a lower molecular mobility (20, 21). The absolute ¹H T_1 relaxation time of IgG is highest for the smallest sugar trehalose and decreases when the molecular weight of the combined sugar increases, suggesting less molecular mobility of the protein when incorporated in the low molecular weight sugar.

The ¹H T_{1p} relaxation times of IgG do not show an increase with lower molecular weight (Fig. 2b). ¹H T_{1p} relaxation times are indistinguishable for trehalose and IgG, somewhat different for the inulin formulations, and even more different for the formulations containing dextran. This indicates miscibility down to the 2–5-nm scale for trehalose. The other formulations show immiscibility on this scale. Therefore, combinations of IgG with both inulins and dextran 1.5 kDa are classified as partially phase separated, whereas dextrans 5 and 70 kDa are phase separated and trehalose and IgG are fully miscible.

Storage Stability—HPSEC

During storage at 60°C, the formulation containing trehalose shows nearly no aggregation of IgG (Fig. 3). For the other sugars, there is an increasing degree of IgG aggregation with increasing molecular weight of the sugar, with the exception of dextran 5 kDa. The formulation with dextran 1.5 kDa shows ~20% of aggregation of IgG after 90 days of storage, and for inulin 1.8 kDa and dextran 5 kDa, this is ~40%. Inulin 4 kDa shows ~50% loss of monomer, and lastly there was no clear difference in aggregation between the formulation without sugar and that with dextran 70 kDa. The aggregation results correlate with the ¹H T₁ relaxation times of the protein and are consistent with the more stable samples being fully or partially miscible and the phase separated samples having the poorest stability.



Fig. 2. Spin-lattice relaxation times (¹H T₁, *left*) and rotating frame spin-lattice relaxation times (¹H T₁, *right*) of both protein and sugar from lyophilizates of IgG with various sugars. The formulations are ordered by molecular weight of the sugar, increasing from left to right

Storage Stability—ELISA

As with aggregation, the formulation of IgG and trehalose shows little or no change in amount of intact epitopes during storage (Fig. 4). Inulin 4 kDa shows a loss of around 30% of epitopes, and the formulations with dextran 70 kDa and the formulation without sugar lost ~40% of epitopes. Remarkably, the smaller inulin 1.8 kDa and the two smaller dextrans 1.5 and 5 kDa show a bigger loss of intact epitopes than the formulation without sugar, a total loss of \sim 50%, \sim 70%, and \sim 60%, respectively. This indicates a deteriorative effect of the sugar on the protein, which could indicate that the reducing groups of the sugar reacted with the amine groups of the protein, the so-called Maillard reaction. Initial Maillard browning could affect the functional epitopes of IgG and therewith the ELISA data, but because of the molecular weight of these sugars compared to that of IgG, it would likely not impact HPSEC results significantly. Some discoloration was observed in the samples with dextran 1.5 kDa, dextran 5 kDa, and inulin 1.5 kDa after 90 days. Most discoloration was found in the formulation containing dextran 1.5 kDa. There was no observable discoloration for formulations with trehalose, inulin 4 kDa and dextran 70 kDa. It should be noted, however, that other chemical degradation reactions could not be ruled out.

DISCUSSION

In this study, the influence of miscibility of protein-sugar lyophilizates on the storage stability was investigated using model protein IgG. Miscibility was evaluated by comparing ssNMR relaxation times at two timescales, providing information on miscibility on 2-5- and 20-50-nm length scales. When ${}^{1}H$ T₁ relaxation times of protein and sugar were different for a single sample, this indicated immiscibility of the system already on the larger 20-50-nm scale and these combinations were classified as immiscible. When ${}^{1}H T_{1}$ relaxation times were similar, but ¹H T₁₀ relaxation times, with a diffusion length scale of 2-5 nm, were different, the combination was considered partially phase separated. If both ${}^{1}\text{H}$ T₁ and ${}^{1}\text{H}$ T₁₀ relaxation times were similar, there was no indication of phase separation and the sample was deemed miscible. Table I shows the classifications of all the tested combinations, based on this rationale.

Previously, we reported that smaller and molecularly more flexible sugars were better capable of stabilizing



Fig. 3. Amount of unaggregated IgG (soluble monomer) of IgG lyophilized with various sugars during storage at 60°C during 90 days



60°C during 90 days

proteins during lyophilization (11), as they were less inhibited by steric hindrance and configurational inflexibility and therewith better able to form hydrogen bonds with the protein during lyophilization (12). Here, it was found that miscibility and absolute ¹H T₁ relaxation times decreased with increasing molecular weight of the sugar used. ¹H T₁ relaxation times have been shown to be predictive for physical stability of amorphous systems (22) and protein storage stability (20), presumably because the molecular mobility involved in generating the ¹H T₁ relaxation process is similar to the molecular mobility that causes degradation. Here too, protein ¹H T₁ relaxation times correlate with protein aggregation rates (Fig. 5).

The overall size of IgG is significantly larger than 2-5 nm, with a total maximum length of \sim 16 nm (23). However, the protein is not a sphere and its subdomains (chains) are smaller, with dimensions of approximately $2.5 \times 2.5 \times 5$ nm (24). Therefore, these miscibility data likely describe the ability of sugars to enter empty spaces in the protein's threedimensional structure and form intimate contact. Thus, the miscibility we describe here could possibly indirectly indicate steric hindrance of the protein and sugar. This is in line with our previous findings, as a close proximity of the sugar to the protein is prerequisite for hydrogen bonding and therewith stabilization. It is therefore not surprising that the smallest sugar tested, disaccharide trehalose, is the best stabilizer of IgG as represented by both the HPSEC and ELISA storage stability data and that stabilizing capacity diminishes with increasing molecular weight of the stabilizer.

The ELISA data do not correlate as well with the miscibility data as the HPSEC results do. Most likely, this is because of an additional mechanism of degradation, presumably the Maillard reaction or other chemical degradation reactions. Inulin without the glucose end group and dextran both have a reducing end group, which is relatively more abundant in lower molecular weight sugars (25). This would explain why the smaller dextrans (1.5 and 5 kDa) and smaller inulin (1.8 kDa) maintain less functional epitopes than the protein without sugar. As mentioned previously, chemical bonding of a sugar of 1.5-5 kDa, as happens in the initial steps of the Maillard cascade, does not have a large impact on the total mass and three-dimensional size of IgG, which has a molecular weight of approximately 150 kDa. Therefore, HPSEC is insensitive to Maillard reactions with relatively small oligosaccharides, unlike the ELISA assay which will detect these changes if they impact the functional epitope directly or indirectly do so by causing conformational changes.

In this study, a sugar-to-protein weight ratio of approximately 7:1 was used, which is on the low end of ratio's commonly used in protein-sugar lyophilizates (26). The sugarto-protein ratio most likely influences miscibility. As the relative amount of sugar increases, saturation of the microenvironment of the protein can occur, resulting in phase separation. This was not observed here, as the formulation with trehalose was found to be miscible. However, using this concept, it should be possible to establish at which sugarprotein ratio saturation occurs by measuring different sugar-

	MW (kDa)	20-50 nm	2-5 nm	Classification
Trehalose	0.3	•	٠	Miscible
Dextran	1.5	•	•	Partially phase separated
Inulin	1.8	•	•	Partially phase separated
Inulin	4	•	•	Partially phase separated
Dextran	5	•	•	Phase separated
Dextran	70	•	•	Phase separated

Table I. Classification of Miscibility Based on ssNMR Relaxation Times of Protein-Sugar Lyophilizates

MW molecular weight, • similar relaxation times, • different relaxation times



Fig. 5. Correlation between protein aggregation rate (loss of monomer per the square root of time during storage as determined with HPSEC) *versus* protein ¹H T_1 relaxation times for the different formulations

protein ratios of one formulation. Knowing at which point saturation occurs could be useful information for formulation development.

Considering the above, smaller non-reducing sugars are preferred for stabilizing proteins as they are less limited by steric hindrance and are thus more miscible with the protein. However, these sugars are generally characterized by a lower Tg, and with that, care should be taken that vitrification of the formulation is maintained during storage (27). That is, one should not exceed the glass transition temperature. This is particularly a problem in case of higher levels of residual moisture or moisture sorption, as water has a strong plasticizing effect on sugar glasses (28). In cases where the Tg would not be adequate for the planned storage conditions (*i.e.*, approximately 10–20°C higher than the storage temperature (29)), combining a large polysaccharide with a nonreducing disaccharide is a suitable alternative (30, 31). This limits steric hindrance as much as possible, while achieving a high enough Tg (11).

CONCLUSION

In summary, ssNMR is able to detect miscibility on a level close to the size of the protein molecules and the obtained miscibility classifications and ¹T H₁ relaxation times correlate well with aggregation rates of IgG during storage. The ELISA storage stability data show degradation by both aggregation and Maillard browning or other chemical degradation reactions, which cannot be deconvoluted accurately. Smaller sugars show better protein-sugar miscibility as they are less influenced by steric hindrance, and this makes them more suitable as stabilizers of proteins.

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