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## Guided peer support groups for psychosis

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# Guided Peer Support Groups for Psychosis

A randomized controlled trial

Uitgave in de RGO*c*-reeks, nummer 18

The work described in this thesis was performed at the University Center for Psychiatry, University Medical Center Groningen, University of Groningen, The Netherlands, in collaboration with:

- Adhesie, Deventer
- GGz Friesland, Leeuwarden
- Parnassia Psychiatric Institute, Den Haag

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Cover illustration: Heleen van der Tuin, Groningen (www.heleenvdtuin.nl). It symbolizes the meaning of peer support groups by offering participants a home and some sunshine by telling their stories to peers in a group context.

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#### RIJKSUNIVERSITEIT GRONINGEN

# Guided Peer Support Groups for Psychosis A Randomized Controlled Trial

#### Proefschrift

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door

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Voor mijn ouders,

Bert, Jelmer en Lies

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