



University of Groningen

Depression vulnerability: is it really what you think?

van Rijsbergen, Gerard

IMPORTANT NOTE: You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

Document Version Publisher's PDF, also known as Version of record

Publication date: 2014

Link to publication in University of Groningen/UMCG research database

Citation for published version (APA): van Rijsbergen, G. (2014). Depression vulnerability: is it really what you think? understanding the impact of emotion and cognition on the course of depression [S.I.]: [S.n.]

Copyright Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

Downloaded from the University of Groningen/UMCG research database (Pure): http://www.rug.nl/research/portal. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.

Depression vulnerability: Is it really what you think?

Understanding the impact of emotion and cognition on the course of depression

Gerard van Rijsbergen

Paranimfen

Lonneke van Tuijl Gemma Kok

The studies presented in this manuscript were funded by ZonMW: The Netherlands association for health research and development, ZonMW Preventie programma grant number 2200.0029, ZonMW Doelmatigheid, Kosten en Effecten grant number 171002401, ZonMW OOG Geestkracht grant number 100002035 and ZonMW Diseasemanagement Chronische Ziekten grant number 300020014. Funding sources did not play any role in data collection or analysis of the data.

Financial support for the lay-out and printing of this thesis by Stichting Sint Christophorileen tot Oldehove / Weijenbergh-Gorter-Sinia Stichting is gratefully acknowledged.

© Gerard van Rijsbergen, 2014

All rights reserved. No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the author.

Artwork and lay-out: Douwe Oppewal, www.oppewal.nl Cover illustration: Ronald Derkzen, www.rodekuif.nl Printed by: Ipskamp Drukkers, Enschede

ISBN printed book: 978-90-367-7188-7 ISBN e-book: 978-90-367-7187-0



Depression vulnerability: is it really what you think?

Understanding the impact of emotion and cognition on the course of depression

Proefschrift

ter verkrijging van de graad van doctor aan de Rijksuniversiteit Groningen op gezag van de rector magnificus prof. dr. E. Sterken en volgens besluit van het College voor Promoties.

De openbare verdediging zal plaatsvinden op

donderdag 18 december 2014 om 11.00 uur

door

Gerard David van Rijsbergen

geboren op 16 februari 1987 te Groningen

Promotores

Prof. dr. C.L.H. Bockting Prof. dr. S.D. Hollon

Beoordelingscommissie

Prof. dr. T.K. Bouman Prof. dr. E.H. Koster Prof. dr. J. Spijker Voor mijn lieve, sterke ouders

Je kunt de golven niet tegenhouden. Maar je kunt wel leren surfen. *Khaled Hosseini*

CONTENTS

Chapter 1	General Introduction	9
Chapter 2	Mood Reactivity rather than Cognitive Reactivity is Predictive of Depressive Relapse: A Randomized Study with 5.5-Year Follow-up	29
Chapter 3	Personality and Cognitive Vulnerability in Remitted Recurrently Depressed Patients	49
Chapter 4	The Scars of Childhood Adversity: Stress Sensitivity and Depressive Symptoms in Remitted Recurrently Depressed Adult Patients	65
Chapter 5	Can a One-item Mood Scale do the Trick? Predicting Relapse over 5.5-Years in Recurrent Depression	81
Chapter 6	How do you feel? Detection of Recurrent Major Depressive Disorder Using a Single-Item Screening Tool	91
Chapter 7	Understanding Emotion and Emotional Scarring in Recurrent Depression	107
Chapter 8	General Discussion	123
References		141
Nederlandse samenvatting		157
Dankwoord		167
Curriculum Vitae		171
List of publications		175