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## SUPPORTING INFORMATION

### *Interpretation of transition voltage spectroscopy*

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a. *Analytical expression for  $V_m$  using Stratton.* We start with eq. 1 in the main text, which expresses the current through a rectangular barrier:

$$I \propto \sinh\left(\frac{eV\tau}{\hbar}\right)$$

To find  $V_m$ , we put the derivative in a Fowler-Nordheim plot to zero. Substituting  $y = 1/V$ , we find:

$$\begin{aligned} \frac{d\ln(I/V^2)}{d1/V} &= \frac{d}{dy}(\ln(\sinh(\frac{e\tau}{y\hbar})) + 2\ln(y)) \\ &= \frac{2}{y} - \frac{e\tau}{\hbar} \frac{1}{y^2} \coth(\frac{e\tau}{\hbar y}) = 0. \end{aligned}$$

Thus:

$$y_m = \frac{e\tau}{2\hbar} \coth\left(\frac{e\tau}{\hbar y_m}\right)$$

By re-substituting  $y_m = 1/V_m$ , equation 2 in the main text is obtained.

b. *Full formulation of the Simmons formula.* According to ref [1], a full expression for the current density,  $J$ , through a barrier between two similar metal electrodes over the entire voltage range is given by:

$$\begin{aligned} J &= c\{\tilde{A} + \tilde{B} + \tilde{C}\} \\ c &= \frac{4\pi me}{h^3} \\ \tilde{A} &= eV \int_0^{\eta-eV} \exp(-A\sqrt{\eta + \bar{\phi} - E_x}) dE_x \\ \tilde{B} &= -\bar{\phi} \int_{\eta-eV}^{\eta} \exp(-A\sqrt{\eta + \bar{\phi} - E_x}) dE_x \\ \tilde{C} &= \int_{\eta-eV}^{\eta} (\eta + \bar{\phi} - E_x) \exp(-A\sqrt{\eta + \bar{\phi} - E_x}) dE_x. \end{aligned}$$

Here,  $A = (4\pi\Delta s/h)\sqrt{2m}$ , where  $\Delta s = s_2 - s_1$  is the width of the barrier at the Fermi energy of the metal and  $\bar{\phi}$  is the average barrier height. In ref [1], parts of the integrands are neglected. The consequence of this is that for small  $A$  and/or small  $\phi$ , the commonly used Simmons expression gives unphysical results. Below, we calculate the full integrands.  $\tilde{A}$  and  $\tilde{B}$  are of the same form:

$$- \int_{e_1}^{e_2} \exp(-A\sqrt{\eta + \bar{\phi} - E_x}) d(-E_x) > 0$$

By substituting  $y^2 = \eta + \bar{\phi} - E_x$  and  $d(-E_x) = d(\eta + \bar{\phi} - E_x) = dy^2 = 2ydy$ , this becomes:

$$- \int_{y_1}^{y_2} \exp(-Ay) \cdot 2ydy$$

Here,  $y_{1,2} = \sqrt{\eta + \bar{\phi} - e_{1,2}}$ . These integrals can be solved by partial integration [1]. Boundaries for  $\tilde{A}$  are  $e_1 = 0$ ,  $e_2 = \eta - eV$ ,  $y_1 = \sqrt{\eta + \bar{\phi}}$ ,  $y_2 = \sqrt{\bar{\phi} + eV}$ , yielding:

$$\tilde{A} = \frac{2eV}{A^2} \{ (A\sqrt{\bar{\phi} + eV} + 1) \exp(-A\sqrt{\bar{\phi} + eV}) - (A\sqrt{\eta + \bar{\phi}} + 1) \exp(-A\sqrt{\eta + \bar{\phi}}) \}.$$

Boundaries for  $\tilde{B}$  are  $e_1 = \eta - eV$ ,  $e_2 = \eta$ ,  $y_1 = \sqrt{\bar{\phi} + eV}$ ,  $y_2 = \sqrt{\bar{\phi}}$ , yielding:

$$\tilde{B} = \bar{\phi} \frac{2}{A^2} \{ (A\sqrt{\bar{\phi}} + 1) \exp(-A\sqrt{\bar{\phi}}) - (A\sqrt{\bar{\phi} + eV} + 1) \exp(-A\sqrt{\bar{\phi} + eV}) \}.$$

Like  $\tilde{A}$  and  $\tilde{B}$ ,  $\tilde{C}$  can again be solved by substituting  $y^2 \equiv \eta + \bar{\phi} - E_x$  and  $d(-E_x) = d(\eta + \bar{\phi} - E_x)$  and partial integration.

$$\tilde{C} = -2 \int_{y_1}^{y_2} y^3 \exp(-Ay) dy$$

Boundaries for  $\tilde{C}$  are  $e_1 = \eta - eV$ ,  $e_2 = \eta$ ,  $y_1 = \sqrt{\bar{\phi} + eV}$ ,  $y_2 = \sqrt{\bar{\phi}}$ , so that:

$$\begin{aligned} \tilde{C} = \frac{2}{A} \{ & (\bar{\phi}^{3/2} + \frac{3}{A}\bar{\phi} + \frac{6}{A^2}\sqrt{\bar{\phi}} + \frac{6}{A^3}) \exp(-A\sqrt{\bar{\phi}}) \\ & - ((\bar{\phi} + eV)^{3/2} + \frac{3}{A}(\bar{\phi} + eV) + \frac{6}{A^2}\sqrt{\bar{\phi} + eV} + \frac{6}{A^3}) \exp(-A\sqrt{\bar{\phi} + eV}) \} \end{aligned}$$

Taking all integrals together, we can calculate J. Note that for relatively high and/or thick barriers, i.e. if  $A\sqrt{\bar{\phi} \pm eV} \gg 1$ , the full expression for J reduces to eq. (26) of reference [1]:

$$\begin{aligned} J = J_0 \{ & (\phi - eV/2) \exp(-A\sqrt{\phi - eV/2}) - \\ & (\phi + eV/2) \exp(-A\sqrt{\phi + eV/2}) \}. \end{aligned}$$

where,  $J_0 = e/(2\pi\hbar s^2)$ .

Figure 1 shows  $V_m$  versus  $1/d$  for each of the three equations mentioned above; eq. 26 of ref [1], (black), eq. 1 (Stratton) in the main text (blue) and the full Simmons expression (red). For thick barriers all three collapse on a single line. The maximum deviation between the three is in the order of a few percent for thin barriers (around  $d = 5\text{\AA}$ ). These differences are negligible compared to the spread in the experimental data as discussed in the Letter.

*c. The inclusion of an image potential using Simmons.* For the calculations including the image potential it is essential to use the full formulation of Simmons. Eq. 35 of reference [1] was used to calculate  $\bar{\phi}$ :

$$\bar{\phi} = \frac{1}{\Delta s} \int_{s_1}^{s_2} \left\{ \phi_0 - \frac{eVx}{s} - \frac{1.15\lambda s^2}{x(s-x)} \right\} dx.$$

Here,  $\lambda = e^2 \ln 2 / 8\pi\epsilon_r s$ , where  $\epsilon_r$  is the dielectric constant.  $s_1$  and  $s_2$  are the positions where the barrier is equal to the Fermi energy of the metal and were found numerically. Figure 2 shows the dependence of  $V_m$  on  $d$  for different  $\phi_0$  (see figure 2a) and different  $\epsilon_r$  (see figure 2b) using these equations.

*d.  $V_m$  for alkanes using a simple coherent model of molecular transport.* In Figure 3 of the Letter, we assumed  $E_{HOMO} = -4$  eV [2]. We also calculated  $V_m$  versus  $d$  for  $E_{HOMO} = -2.14$  [3] and  $-3$  eV (see Figure 3a).  $V_m$  saturates at a voltage  $V_{sat}$  above  $d > 9\text{\AA}$  for all three cases.  $V_{sat}$  scales linearly with  $E_{HOMO}$ , thereby justifying TVS as a spectroscopic tool (see Figure 3b).

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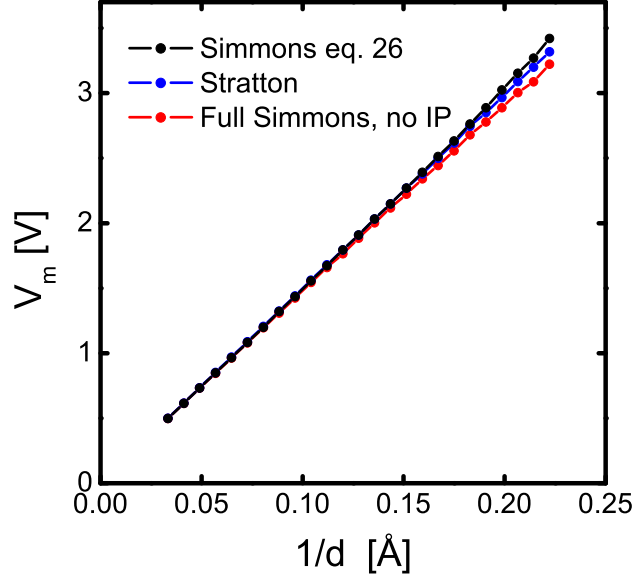


FIG. 1:  $V_m$  versus  $1/d$  for a barrier with  $\phi=4\text{eV}$  and  $d=1\text{nm}$ . Clearly,  $V_m$  is roughly proportional to  $1/d$  using the three equations mentioned above; eq. 26 of ref [1] (black), eq. 1 in the main text (Stratton, blue) and the full Simmons expression (red).

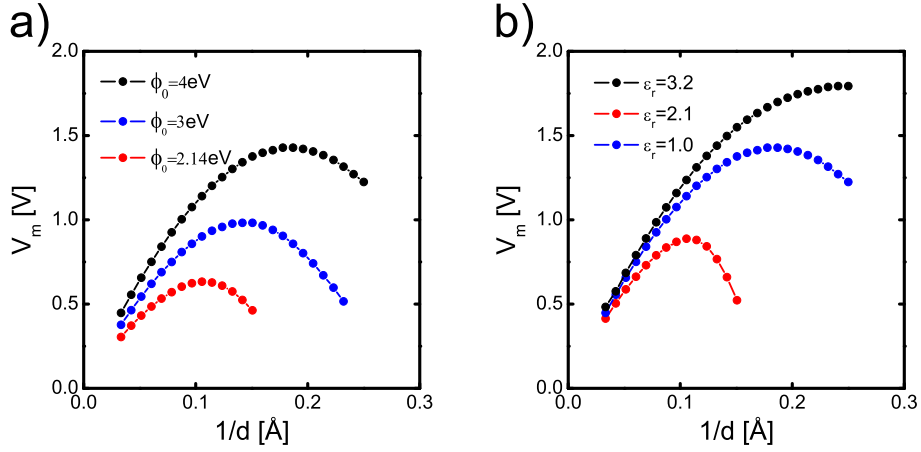


FIG. 2:  $V_m$  versus  $1/d$  for **a)** different  $\phi_0$  (figure 2a,  $\epsilon_r = 2.1$ ) and **b)** different  $\epsilon_r$  (figure 2b,  $\bar{\phi} = 4eV$ ) using the full Simmons expression with image potential.

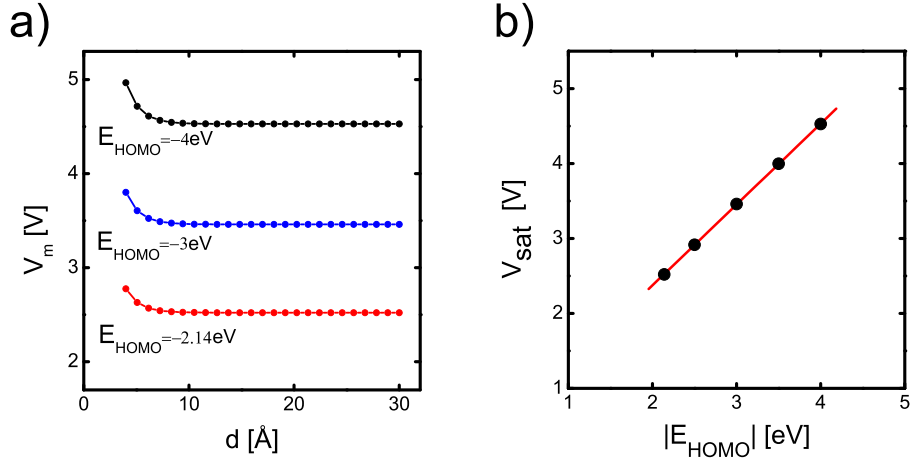


FIG. 3: **a)**  $V_m$  calculated using our coherent level model (see main text) for several positions of the HOMO. For  $d > 9\text{\AA}$ ,  $V_m$  saturates to a value  $V_{sat}$  **b)** Plot demonstrating that  $V_{sat}$  scales linearly with the position of the molecular HOMO level.