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A mathematical description of nerve fiber bundle trajectories and their variability in the human retina

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Abstract: We developed a mathematical model wherein retinal nerve fiber trajectories can be described and the corresponding intersubject variability analyzed. The model was based on traced nerve fiber bundle trajectories extracted from 55 fundus photographs of 55 human subjects. The model resembled the typical retinal nerve fiber layer course within 20° eccentricity. Depending on the location of the visual field test point, the standard deviation of the calculated corresponding angular location at the optic nerve head circumference ranged from less than 1 to 18°, with an average of 8.8°.

Keywords: glaucoma; neuro-ophthalmology; perimetry; optic nerve head

Introduction

The loss of retinal nerve fiber bundles (RNFB) is a morphological sign of clinically manifest optic neuropathy. This has led to the use of standardized fundus photography of the retinal nerve fiber layer (RNFL) as a diagnostic tool, especially in glaucoma (Iwata, Nanba & Abe, 1982; Airaksinen, Nieminen & Mustonen, 1982; Airaksinen & Alanko, 1983; Sommer, D'Anna, Kues & George, 1983; Airaksinen, Drance, Douglas, Mawson & Nieminen, 1984; Airaksinen, Drance, Douglas, Schulzer & Wijsman, 1985; Quigley, Enger, Katz, Sommer, Scott & Gilbert, 1994; Tuulonen, Alanko, Hyytinen, Veijola, Seppanen & Airaksinen, 2000). More recently, morphometric methods for analyzing and quantifying the optic nerve head (Heidelberg Retina Tomograph HRT; Heidelberg Engineering GmbH, Heidelberg, Germany; Rohrschneider, Burk, Kruse & Völcker, 1994), the peripapillary RNFL (nerve fiber analyzer GDx; Carl Zeiss Meditec Inc., Dublin, California, USA; Weinreb, Dreher, Coleman, Quigley, Shaw & Reiter, 1990; Dreher & Reiter, 1992) or both (optical coherence tomograph OCT; Carl Zeiss Meditec AG, Jena, Germany; Hee, Izatt, Swanson, Huang, Schuman, Lin, Puliafito & Fujimoto, 1995) have been introduced.

A detailed knowledge of nerve fiber bundles trajectories is a prerequisite for a topographically precise prediction of circumscribed visual field loss from localized optic nerve head or peripapillary RNFL damage, and vice versa, which in turn is a prerequisite for new diagnostic techniques like fundus oriented perimetry (FOP; Schiefer, Flad, Stumpp, Malsam, Paetzold, Vonthein, Denk & Sample, 2003) and scotoma oriented perimetry (SCOPE; Paetzold, Sample, Selig, Krapp, Vonthein & Schiefer, 2005). Several attempts have been made to describe these nerve fiber bundle trajectories (Wigelius, 2001; Weber & Ulrich, 1991). A more detailed description of nerve fiber bundle trajectories was given by Garway-Heath, Poinoosawmy, Fitzke & Hitchings (2000). They found a considerable variability and because of that variability they reported their findings as a schematic drawing showing a limited number of visual field sectors connected to 40° optic disc sectors. Obviously, this approach is not detailed enough to enable the new

diagnostic techniques as listed above (FOP and SCOPE). Moreover, the drawing could erroneously be misinterpreted because of the sharp borders between the sectors.

The aim of the present study was to develop a robust mathematical framework wherein an elaborate description of the average course and variability of nerve fiber bundle trajectories can be given. For this purpose, nerve fiber bundle trajectories were extracted from fundus photographs and fitted by a mathematical model.

Methods

Patient data and data acquisition

All data were analyzed retrospectively and anonymously, according to the tenets of the Declaration of Helsinki. We collected digitized fundus images of 65 eyes of 65 subjects from the glaucoma services of five centers (University Eye Hospital Oulu, Finland; University Eye Hospital Mannheim, Germany; Hamilton Glaucoma Center, University of California, San Diego, USA; University Eye Hospital Freiburg, Germany; Centre for Ophthalmology, University of Tübingen, Germany). Fundus photographs of 10 eyes were excluded because the foveola could not be located precisely. One randomly chosen eye of each subject was included in the study. Thus, fundus images of 55 eyes of 55 subjects were analyzed. All visible RNFBs were electronically traced as far as visible by one of the authors (B.S.), resulting in 1660 RNFB trajectories traced with 16,816 sampling points. Only a limited number of these 1660 trajectories could be used because to be eligible for this study, trajectories had to have a minimum length and a minimum number of sampled data points and had to start within a certain distance from the center of the optic disk (see below).

Twenty seven of 55 fundus images were used to fit the nerve fiber trajectories by a mathematical model. The remaining 28 images were

reserved as a test sample for an independent check of the model (validation procedure, see below).

Preprocessing

The position of the foveola and the center of the optic disc were marked on each image. The images were superimposed by translation in order to center the foveola, followed by rotation and zooming to align the centers of the optic discs (Fig. 1A), using graphic software (CorelDraw 10.0, Corel Inc., Ottawa, Canada). Tracings from left eyes were mirrored along the vertical axis to match tracings from right eyes.

Fitting fibers

The trajectories of the fibers were fitted in a modified polar coordinate system (r, φ) , with its center located in the center of the optic disc at an eccentricity of 15°, 2° above the horizontal meridian. Here, r represents the distance from the center of the disc and φ the corresponding angle, as illustrated in Fig. 1B. Details are given in the Appendix.

The basic assumption (see Discussion) was that a nerve fiber trajectory can be described in the above mentioned polar coordinate system (r, φ) by:

$$\phi(\phi_{0}, r) = \phi_{0} + b(\phi_{0}) \cdot (r - r_{0})^{c(\phi_{0})}$$
(1)

where $\varphi_0 = \varphi(r=r_0)$ is the angular position of the trajectory at its starting point at a circle with radius r_0 around the center of the disc, *b* a real number and *c* a positive real number. As mentioned above, to be eligible for this study, fiber recordings had to have a minimum length and a minimum number of sampled data points and had to start within a certain distance from the center of the optic disk. Table 1 summarizes these inclusion criteria as a function of φ_0 . As it was not possible to follow the fibers closer than typically 3-5° to the center of the disk, r_0 was set to 4°. In this study, the analyses were limited to $180 \ge \varphi_0 \ge 60°$ (superior region) and $-60 \ge \varphi_0 > -180°$ (inferior region).

The fitting process consisted of three phases. First, all individual fibers were fitted by Eq. (1). In this fitting, c was quantized to (0.5, 1.0, 1.5, ...) and for each value of c, *RMS* values were calculated for each fiber according to:

$$RMS = \sqrt{\frac{1}{n} \sum_{i=1}^{n} (\phi_i - \hat{\phi}_i)^2}$$

(2)

where *n* is the number of sampled data points in the fiber, φ_i the measured value of φ for the *i*-th data point and $\varphi_i^{}$ the corresponding fitted value. The *c* value yielding the lowest *RMS* value was recorded. Next, *c* was plotted as a function of φ_0 for all fibers together and the resulting relationship was substituted in Eq. (1). Finally, all fibers were fitted again to evaluate *b* as a function of φ_0 , including 95% limits (the range of *b* covering 95% of the included fibers). The variability of $\ln(b)$ was assumed to be independent of φ_0 and the 95% limits were calculated as plus or minus two times the standard deviation of the residuals, assuming normal distribution of the data. Normality was checked using a Shapiro-Francia W' test (Altman, 1991). All fits were performed with ASYST 3.10 (Asyst Software Technologies, Rochester, NY, USA), using the curve.fit and gauss-newton.fit routines.

Validation procedure

As an independent check, b values were determined for a test sample of fibers from a second, independent group of 28 fundus images, using c as a function of φ_0 as determined before. The resulting bvalues were compared to the 95% limits of b as found using the original sample.

б

An inverse of the model was evaluated numerically. For each point of the 30-2 6x6° grid of the Humphrey field analyzer (Carl Zeiss Meditec Inc., Dublin, California, USA), the average value and the 95% limits of the corresponding angular location at the optic nerve head circumference were determined. These angular locations were transformed from our modified polar coordinate system to regular clock hours (with 0° corresponding to 3 o'clock in the right eye, and so on), to enable an easier interpretation. For the inverse model, Mathematica 4.0.1.0 (Wolfram Research Inc., Champaign, IL, USA) was used.

Results

A mean of 30 RNFBs (range 3 to 118) could be traced in each image, with a mean of 10 sampling points per RNFB (range 3 to 48). Superimposition of the electronically traced fiber segments resembled the typical RNFL course within approximately 20° eccentricity (see Fig. 2A). One hundred and thirty three fibers fulfilled the strict criteria as stated in Table 1. The mean *RMS* was 0.87°, with a SD of 0.55° and a range from 0.10° to 2.70°. The median *RMS* was 0.69°. Figure 2B shows a typical fit with an *RMS* value of 0.69°. Of these 133 fibers, 54 were located in the superior region $(180 \ge \varphi_0 \ge 60°)$ and 38 in the inferior region $(-60 \ge \varphi_0 > -180°)$. For the independent check, another 163 fibers fulfilled the criteria, of which 65 were located in the superior region and 58 in the inferior region.

Figure 3 shows c as a function of φ_0 for the superior (A) and the inferior (B) region. As can be seen in this Figure, c increases from the nasal side of the disk to the temporal side, from 0.5 to about 3 in the superior hemifield and from 0.5 to about 1.5 in the inferior hemifield. The continuous line in Fig. 3A is described by:

and in Fig. 3B by:

 $c = 1.0 + 0.5 \tanh\{(-\phi_0 - 90)/25\}$

Figure 4 presents b as a function of φ_0 for the superior (A) and the inferior (B) region. Figure 5 shows the corresponding fits. Datapoints from both the original (diamond) and the independent (+) sample are shown. The continuous lines in Fig. 5A are described by:

$$\ln b = \beta_{_{\rm S}} + 3.9 \tanh\{-(\phi_{_{\rm O}} - 121)/14\}$$
(5)

where $\beta_s = -1.9$ for the mean value, -1.3 for the upper limit and -2.5 for the lower limit of ln *b*. The residuals were normally distributed (W' = 0.980). The continuous lines in Fig. 5B are described by:

$$\ln(-b) = \beta_{i} + 1.5 \tanh\{-(-\phi_{0} - 90)/25\}$$
(6)

where $\beta_i = 0.7$ for the mean value, 1.3 for the upper limit and 0.1 for the lower limit of $\ln(-b)$. The residuals were normally distributed (W' = 0.960).

Figure 6A presents the resulting model for the nerve fiber trajectories, in 10-degree steps. Figure 6B gives the corresponding upper and lower limits, in 30-degree steps. Figure 7 shows the reciprocal representation, with points from the $30-2~6\times6^\circ$ grid of the Humphrey Field Analyzer connected to the corresponding parts of the optic nerve head circumference. Depending on the location of the visual field test point, the standard deviation of this angular location at the optic nerve head circumference (calculated as one quarter of the 95% limits) ranged from less than 1 to 18°, with an average value of 8.8° (median 7.3°).

8

(4)

Discussion

This article presents a mathematical description of nerve fiber bundle trajectories in the human retina. The resulting model is robust as it relies on a limited number of free variables. Despite that, the model appeared to be flexible enough to describe a wide range of nerve fiber bundle trajectories as found in this study.

As mentioned in the Introduction, several descriptions of nerve fiber bundle trajectories have been given before. In his thesis, Wigelius (2001) gave a mathematical description that had an implicit solution similar to the course of the trajectories presented in this study. However, his aim, to fit the trajectory density on a circle around the optic disc and to estimate local RNFL thickness, was not achieved. Weber and Ulrich (1991) developed a RNFB map based on scotoma borders in RNFB defects. This map showed an about similar pattern as our model but was less complete and fine. Garway-Heath et al. (2000) estimated the correspondence of individual visual field test points (Humphrey Field Analyzer 24-2 6x6° grid) and the circumference of the optic nerve head by tracing edges of RNFL defects from photographs of normal tension glaucoma patients. Our model appears to be in good agreement with their results. The variability at the level of the optic nerve head circumference they found, depicted by a standard deviation of 7.2° , appears to be surprisingly similar to our mean value of 8.8° (median 7.3°). We showed that this standard deviation depends largely on the location of the visual field test point (from less than 1 to 18°). Hoffmann, Medeiros, Sample, Boden, Bowd, Bourne, Zangwill & Weinreb (2006) studied the association between patterns of visual field loss and RNFL thickness measurements using scanning laser polarimetry. Visual field defects in the superior hemifield were associated with RNFL defects in the inferior hemiretina, and vice versa, but a detailed topographic association could not be found.

Although the variability found in this study was in good agreement with earlier findings (see above), sources of variability other than

real variability in the wiring of the human retina have to be considered. One possible source of variability is the choice of our basic equation used to describe individual nerve fiber trajectories, Eq. (1). We started our modeling with Taylor polynomials. It turned out that most fibers could be easily be described with just a single term of such a polynomial, but different powers were needed in different regions. That resulted in the use of Eq. (1). The quality of this approach was quantified with an RMS value, and a fit of a trajectory with a median RMS value was presented in Figure 2B. Obviously, the variability found in this study was not related to the choice of our basic equation. Another source of variability might be the evaluation process of the parameters b and c. As this evaluation process required non-linear fitting, parameters b and cwere evaluated in a two-stage process. To check this process, the final results were checked graphically by drawing, for a large number of fibers, individual measured trajectories and the calculated limits wherein they should be, given their clock hour at the disk margin. The vast majority of the trajectories indeed run within the limits, without giving the impression that the limits were too wide. Hence, the variability must reflect real variability in the wiring of the human retina.

The model as presented in this study was built in a novel coordinate system, described in the Methods and Appendix sections. The choice of a coordinate system is essentially arbitrary as long as proper transformations are performed going from one system to the other (Boyer, 1949). Usually, a system is chosen that makes the mathematics as simple as possible. In nerve fiber trajectory analysis, the horizontal raphe and the center of the optic disc are the natural anatomical beacons. Since the horizontal raphe is not entirely straight (but slightly bended between fovea and disc), it cannot serve as a classical cartesian x-axis. Likewise, the disc cannot serve as the center of a classical polar coordinate system, because the disc is located slightly above the x-axis as defined by the straight part of the horizontal raphe. The modified polar coordinate system as used in this study fits in the anatomy of the retina, having the disc in the center and the horizontal raphe defined by a single φ value. Our modified polar coordinate system belongs to the general family of "curvilinear coordinate systems";

it fulfills all requirements of a curvilinear system: same number of coordinates, one-to-one projections (bijections) and smooth functions. It should be stressed that the transformations do not distort the image; distortions only occur when dimensions are reduced, like plotting earth [3D] on a map [2D].

This analysis was based on a heterogeneous set of fundus images. Photographs were collected from anonymized databases and biometric data were not available. This lack of biometric data precluded the determination of the influence of axial length from this dataset. We will address the influence of axial length in a future study. It is known that age, media opacities and myopia are inversely correlated with visibility of the RNFL (Tuulonen et al., 2000; Tanito, Itai, Ohira & Chihara, 2004; Bowd, Weinreb, Williams & Zangwill, 2000; Serguhn & Gramer, 1997; Jonas & Dichtl, 1996; Jonas & Schiro, 1993). As a result, the fibers included in this study may form a biased sample. We had the option to exclude fundi with only a limited number of visible trajectories completely, but that would have increased rather than decreased the inevitable selection bias.

Visibility of the RNFBs and of RNFL defects is best in the peripapillary region and deteriorates towards the periphery (Jonas, Nguyen & Naumann, 1989; Jonas & Schiro, 1993). Moreover, fundus photographs only reveal a two-dimensional impression of the RNFL, which is in reality arranged in a three-dimensional pattern: the most superficial RNFB layers (adjacent to the vitreous body) represent the central region; the deeper layers originate from the retinal periphery (Airaksinen & Alanko, 1983; Minckler, 1980). As a consequence of this arrangement, fibers from the periphery - even if visible in the periphery - cannot be traced back to the optic disk. For these reasons, the analyses were limited to 20° eccentricity.

Measured trajectories were virtually absent in the papillomacular bundle (160° < $|\varphi_0| \leq 180°$). The extrapolation as presented here obviously depends on the model and may actually reflect a rather poor description of the papillomacular bundle. Likewise, too little information was available from the nasal region and therefore we limited the current model to $|\varphi_0| \geq 60°$. If the model would be

applied to glaucoma, these would be no real limitations since the papillomacular bundle and the nasal retina are rarely affected in all but the end stage of this disease.

In summary, this study confirms the presence of considerable variability of the nerve fiber bundle trajectories in the human retina, yields a detailed location-specific estimate of the magnitude of this variability, and provides a useful mathematical tool for further analyzing it.

Appendix

The trajectories of the RNFBs were described in a modified polar coordinate system (r, φ) with its center located in the center of the optic disc (Fig. 1B). The transformation from the cartesian coordinate system with its center at the fovea (x, y) to this polar coordinate system is done in two steps. First, transformation to a modified cartesian coordinate system with its center located at the center of the optic disk (x', y'):

x' = x - 15 (7)

 $y' = y-2(x/15)^2$ for x > 0 (8a)

$$y' = y$$
 else (8b)

Second, transformation to polar coordinates (r, φ) :

$$r = sqrt[(x')^{2}+(y')^{2}]$$
(9)

$$\varphi = \arctan\left(y'/x'\right) \tag{10}$$

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Tables

Table 1. Inclusion criteria for fiber recordings

```
- onset distance from (0,0): r_{min} \leq 5^{\circ}
- minimum length of a fibre:
0 \leq |\phi_0| \leq 60^{\circ} r_{max} > 10^{\circ}
60 < |\phi_0| \leq 90^{\circ} r_{max} > 15^{\circ}
90 < |\phi_0| \leq 150^{\circ} r_{max} > 20^{\circ}
150 < |\phi_0| \leq 180^{\circ} r_{max} > 15^{\circ}
- number of datapoints per fibre: n \geq 6
```

 r_{\min} = onset of the fiber measured from the center of the optic disk; r_{\max} = length of the fiber measured from the center of the optic disk; n = number of sampled datapoints.

Figure legends

Fig. 1. Illustration of the superimposition process. First, images are translated in order to center the foveolae. Next, the images are zoomed and rotated in order to center the optic disks (A). Illustration of the modified polar coordinate system (B); for details see Appendix.

Fig. 2. Superimposition of all 1660 sampled fibers (A). Example of a fit by Eq. (1) of a single fiber with c = 0.5, $\varphi_0 = 68^\circ$, n = 9 and RMS = 0.69 (B).

Fig. 3. Parameter c (as defined in Eq. [1]) as a function of φ_0 for the superior (**A**) and the inferior (**B**) hemifield. The continuous lines represent the corresponding fits as described in Eqs. (3) and (4).

Fig. 4. Parameter *b* (as defined in Eq. [1]) - raw data - as a function of φ_0 for the superior (**A**) and the inferior (**B**) hemifield.

Fig. 5. Parameter b - fitted data - as a function of φ_0 for the superior (A) and the inferior (B) hemifield. Datapoints from both the original (diamond) and the independent (+) sample. The lines represent the average values and the 95% limits of the corresponding fits as described in Eqs. (5) and (6).

Fig. 6. Final model, average trajectories in 10-degree steps (A) and upper and lower limits of trajectories in 30-degree steps (B).

Fig. 7. Final model, reciprocal representation, with points from the 30-2 6x6° grid of the Humphrey Field Analyzer connected to the corresponding parts of the optic nerve head. The optic nerve head is presented upright; the visual field grid as projected on the retina, *i.e.*, mirrored along the *x*-axis.

















