



Original Article

Enhancement of bactericidal activity against group B streptococci with reduced penicillin susceptibility by uptake of gentamicin into cells resulting from combination with β -lactam antibiotics



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ABSTRACT

Combined effects of penicillin (PEN) and gentamicin (GM) against *Streptococcus agalactiae*, i.e. group B streptococci (GBS), are known to occur, but synergy has not been examined in strains with reduced PEN susceptibility, usually called PEN-resistant GBS (PRGBS). We therefore studied combined effects of β -lactam antibiotics and GM in cultures of 3 PRGBS strains belonging to serotype Ia or III that were isolated from Japanese adults with invasive infections. Killing kinetics were determined at 2-h intervals from 0 to 6 h after exposure to ampicillin (AMP) or cefotaxime (CTX) combined with GM. Concentrations of GM in bacterial cells were measured by liquid chromatography-tandem mass spectrometry. Morphologic changes after exposure to agents were observed by transmission electron microscopy.

Combining AMP or CTX with GM synergistically increased bactericidal activity against PRGBS beyond that of either β -lactam alone. GM concentrations in bacterial cells increased 5- to 8-fold when GM was combined with AMP or CTX. Electron microscopically, bacterial cells showed aggregates of strands and ribosomal damage most likely reflecting enhanced GM uptake into bacterial cells. This uptake appeared to result from cell wall damage caused by β -lactam antibiotics.

This study suggests that combining β -lactam antibiotics with GM might be useful against severe PRGBS infection.

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1. Introduction

Streptococcus agalactiae, also referred to as group B streptococci (GBS), is a cause of serious invasive infections that occur in infants as 2 distinct clinical syndromes, early-onset disease (EOD) and late-onset disease (LOD) [1–7]. The most common invasive diseases caused by GBS in infancy, sepsis and meningitis, carry high likelihood of mortality or permanent sequelae [8–11]. In elderly persons, GBS can cause various severe infections that result in

significant morbidity including sepsis, meningitis, and pneumonia, especially in the presence of underlying conditions such as diabetes, renal disorders, and immune compromise [12–17].

GBS with reduced penicillin (PEN) susceptibility, often termed PEN-resistant GBS (PRGBS), also show reduced susceptibility to cefotaxime (CTX). PRGBS was first reported from Japan in 2008 [18], subsequently emerging in the US [19] and Canada [20,21].

To date, PRGBS with amino acid substitution(s) in penicillin-binding protein (PBP2X) have been isolated infrequently from elderly patients, and are notable for having capsular type III or Ia [17,18]. Strains representing these capsular types are well known to cause severe infections in neonates, usually transmitted from their mothers at delivery [6,22]. For pregnant carriers of such PRGBS, risk of serious neonatal infection is high.

Conventionally, PEN antibiotics have been first-line agents for treatment of invasive GBS infections. In the 1980s, combined

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treatment of PEN-susceptible GBS (PSGBS) in culture with PEN and a low concentration of an aminoglycoside (AG) was found to show enhanced bactericidal activity [23–25], a finding also supported by results of animal experiments [26,27]. Combination therapy with an AG and a β -lactam agent has been found to produce a better clinical response than β -lactam antibiotics alone, but this conclusion was not based on a controlled clinical trial [28]. Presently, combination therapy with ampicillin (AMP) plus gentamicin (GM) is recommended for invasive GBS (iGBS) infections in neonates [29]. However, details of the mechanisms underlying this apparent synergy remain unclear.

In the present in vitro study, we aimed to clarify the putative synergistic effect of combinations of β -lactam antibiotics (AMP or CTX) with GM against PRGBS.

2. Materials and methods

2.1. Bacterial strains

As shown in Table 1, GBS strains used in this study were selected from GBS isolates (infants, $n = 139$; adults, $n = 443$) collected in the course of large-scale surveillance of invasive streptococcal and pneumococcal infections performed throughout Japan between April 2010 and March 2013 [17,22].

Nine PRGBS isolates, all obtained from adult patients with either pneumonia or bacteremia of unknown primary focus, were identified genetically [17]. Capsular type and sequence type (ST) of these PRGBS were identified by the methods described below: capsular type III [ST10 ($n = 1$), ST24 ($n = 3$), and ST464 ($n = 2$)]; capsular type Ia [ST1 ($n = 1$) and ST10 ($n = 1$)]; and capsular type Ib [ST358 ($n = 1$)]. Three of these PRGBS strains showing an MIC of 1 $\mu\text{g}/\text{mL}$ to CTX were used in the study.

PSGBS strains used as controls were 1 strain from an elderly patient with pneumonia [17] and 2 strains from neonates, 1 with meningitis and 1 with bacteremia [22].

Antimicrobial susceptibility to PEN, AMP, CTX, and GM was measured according to the standards of the Clinical and Laboratory Standards Institute (www.clsi.org).

Capsular types of all strains were identified by our real-time PCR method [30], which is a modification of the procedure described by Poyart et al. [31]. Multilocus sequence typing (MLST) was performed with reference to the MLST website (<http://pubmlst.org/agalactiae/>). Amino acid substitutions near the conserved amino acid motif Ser-Ser-Asn (SSN) in PBP2X encoded by the *pbp2x* gene were identified by sequencing.

Isolates were grown by routine methods on sheep blood agar II plates (Nippon Becton Dickinson, Tokyo, Japan) at 37 °C in a 5% CO₂ atmosphere.

2.2. Killing kinetics

Time-kill curves of PRGBS strains were measured for AMP, CTX, and GM individually, and for combinations of AMP or CTX with GM. Concentrations of these antibiotics were based on the minimum inhibitory concentrations (MICs) shown in Table 1: 1 $\mu\text{g}/\text{mL}$ of AMP ($4 \times \text{MIC}$) or of CTX (MIC) for each strain, respectively, and 0.5 or 2 $\mu\text{g}/\text{mL}$ of GM. Killing curves of PSGBS strains were measured for combinations of 0.25 $\mu\text{g}/\text{mL}$ of AMP ($2 \times \text{MIC}$) or 0.125 $\mu\text{g}/\text{mL}$ of CTX ($2 \times \text{MIC}$) with GM (0.5 and 2 $\mu\text{g}/\text{mL}$), amikacin (AMK, 0.5 and 2 $\mu\text{g}/\text{mL}$), or arbekacin (ABK, 0.5 and 2 $\mu\text{g}/\text{mL}$).

After overnight culture on sheep blood agar II plates, bacterial cells were inoculated into tubes containing 10 mL of Müller-Hinton (MH) broth supplemented with 5% defibrinated sheep blood to attain a final concentration of 10⁶ CFU/mL. After incubation at 37 °C for 1 h, 500 μL of bacterial suspension was inoculated into tubes containing 9.5 mL of fresh MH broth similarly supplemented with sheep blood and containing each antibiotic to be tested. All tubes were incubated continuously with gentle shaking, and samples were taken at 2-h intervals. These samples were serially diluted 10-fold with MH broth, after which 100 μL of each diluted sample was plated on 3 blood agar plates. Numbers of colonies grown on the blood agar plates after overnight incubation at 37 °C in a 5% CO₂ atmosphere were recorded. These experiments were repeated 3 times.

2.3. Assay of concentrations of GM

Concentrations of GM in bacterial cells (PRGBS: KK1949) were measured by liquid chromatography-tandem mass spectroscopy (LC/MS/MS).

Before LC/MS/MS, bacterial cells were cultured in 400 mL of Todd-Hewitt (TH) broth containing antimicrobial agents as outlined above. Cells were collected after 1, 2, or 4 h by centrifugation at 2200 $\times g$ for 10 min. Subsequently, cells were washed once with TES buffer. Bacterial wet weight (mg) was recorded after complete removal of buffer. Cells then were mixed with 4 mL of TES buffer and 100 μL of mutanolysin (10 units/ μL ; Sigma, Aldrich, Germany) and kept in a water bath at 35 °C for 15 min. Finally, cells were disrupted by ultrasonication (Insonator 201 M, Kubota, Tokyo, Japan) at 200 W for 15 min while maintaining the temperature below 4 °C. After 2 serial centrifugations of the sonicated cells at 12 000 $\times g$ for 10 min, the supernatant was subjected to measurement of the GM concentration as described below.

GM was measured using an LC/MS/MS system (high-performance LC, or HPLC, LC-30AD; Shimadzu, Kyoto, Japan; MS/MS, Qtrap 6500; AB SCIEX, Framingham, MA). ABK was used as the internal standard (IS). Each 100 μL sample was transferred to a tube. The

Table 1
Streptococcus agalactiae strains used in this study.

Strain no.	Age of patient ^a	Site of isolation	Capsular type	Sequence type	AA substitutions in PBP2X				MIC ($\mu\text{g}/\text{mL}$)			
					Gly398	Val405	Gly429	Gln557	PEN ^d	AMP	CTX	GM
<i>PSGBS</i>												
KK0132	71 y	Blood	III	1	Gly	Val	Gly	Gln	0.063	0.125	0.063	64
KK1104	10 d	CSF ^b	III	17	Gly	Val	Gly	Gln	0.063	0.125	0.063	64
KK0220	36 d	Blood	III	17	Gly	Val	Gly	Gln	0.063	0.125	0.063	>64
<i>PRGBS</i>												
KK1419	29 y	PE ^c	Ia	10	Ala	Ala	Gly	Glu	0.25	0.25	1	64
KK1949	73 y	Blood	III	10	Ala	Ala	Gly	Glu	0.25	0.25	1	64
KK2145	85 y	Blood	Ia	1	Ala	Ala	Asp	Gln	0.25	0.25	1	>64

^a y: years old, d: days after birth.

^b CSF: cerebrospinal fluid.

^c PE: pleural effusion.

^d PEN, penicillin G; AMP, ampicillin; CTX, cefotaxime; GM, gentamicin.

standard solution (20 μL), IS solution consisting of ABK solution (20 μL), and 30% trichloroacetic acid (TCA, 50 μL) were added and mixed with the sample using a vortex agitator. The mixture was centrifuged at $9100 \times g$ for 10 min at 4 $^{\circ}\text{C}$, after which the supernatant was filtered through a membrane with a 0.2- μm pore size. The resulting samples were used for measurement.

GM was separated chromatographically on an analytical column (Capcell Pak ADME, 2.1×50 mm, 5 μm , Shiseido) using a gradient of 5 mM heptafluorobutyric acid (HFBA) in water with 5 mM HFBA in acetonitrile as the mobile phase at 40 $^{\circ}\text{C}$. The flow rate was set at 0.5 mL/min.

The tandem mass spectrometer was operated in positive-ion mode. GM C1 major component was used for quantitation in this

study. GM was monitored as the precursor ion at 478 m/z and as the product ion at 322 m/z . ABK as IS was monitored as the precursor ion at 553 m/z and as the product ion at 425 m/z . The assay was linear over an interval from 0.025 to 1 $\mu\text{g/mL}$ for GM. The experiment measuring uptake of GM into bacterial cells, including the assay, was repeated 3 times.

2.4. Observation by transmission electron microscopy (TEM)

PRGBS strain KK1949 was grown in TH broth, thus avoiding contamination of TEM samples by eliminating any need for sheep blood cells, at 37 $^{\circ}\text{C}$ in a 5% CO_2 atmosphere for 2 h. Ten milliliters of the culture was inoculated into 100 mL of fresh TH broth containing

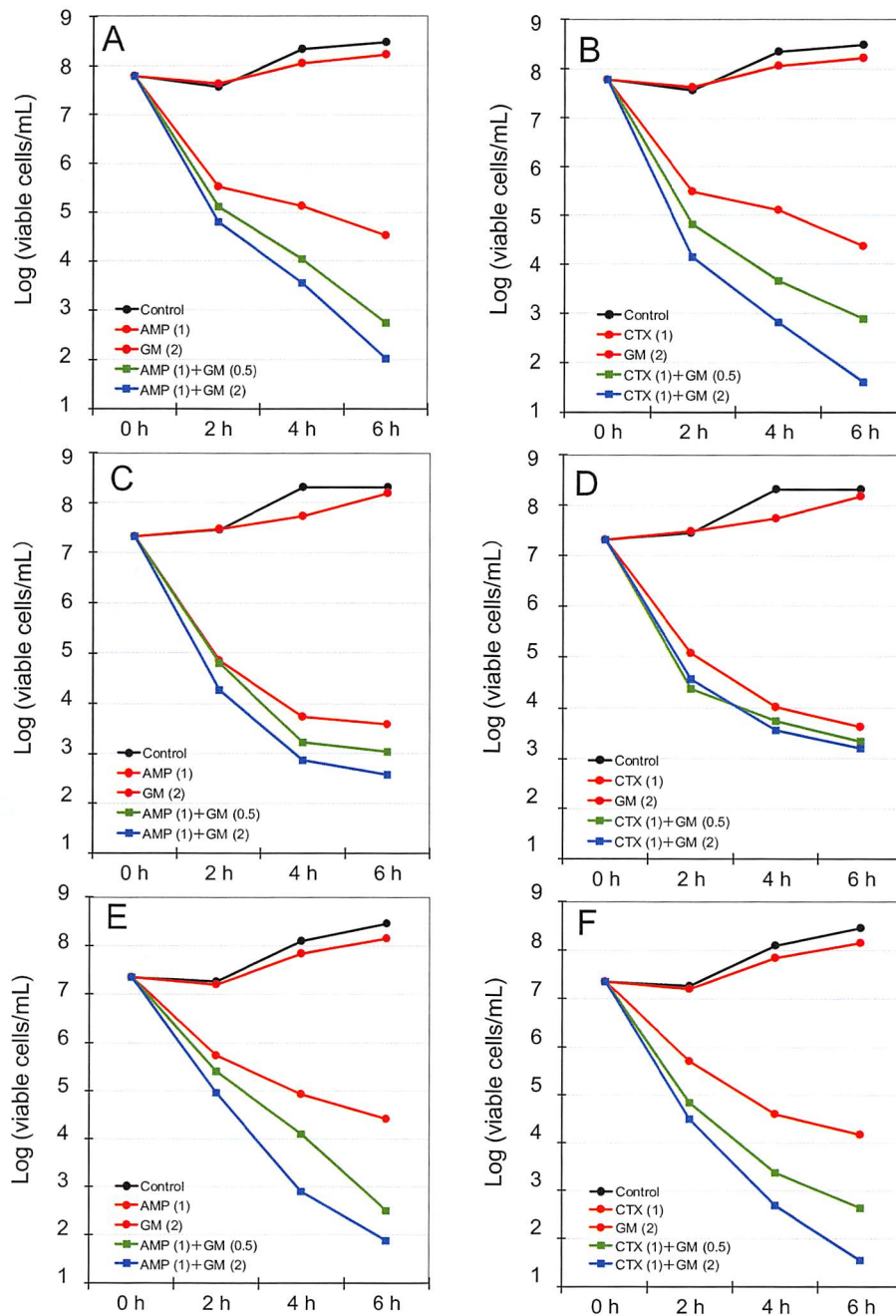


Fig. 1. Time-kill curves against PRGBS for AMP, CTX, and GM alone, and for combination of AMP or CTX with GM. Each plot shown in the killing curves presents the median for results of experiments repeated 3 times. A and B, strain KK1949; C and D, PRGBS KK1419; E and F, KK2145. Time-kill curves were measured from time zero until 6 h later. The concentrations of agents used are 1 $\mu\text{g/mL}$ for AMP, 1 $\mu\text{g/mL}$ for CTX, and 2 $\mu\text{g/mL}$ for GM. Combinations of AMP or CTX with GM involved 0.5 $\mu\text{g/mL}$ or 2 $\mu\text{g/mL}$ of GM.

each antimicrobial agent, followed by culture at 37 °C for 2 h. Concentrations of antibiotics were as follows: AMP (1 µg/mL, 4 × MIC), CTX (1 µg/mL, MIC), and GM (2 µg/mL, 1/32 of MIC). Antibiotic concentrations in cultures with combinations of AMP or CTX plus GM were the same as above.

For pre-fixation of bacterial cells, glutaraldehyde (25% solution, Wako Pure Chemical Industries, Osaka, Japan) was added to the cultures (final concentration, 0.5%), which were fixed at room temperature for 30 min. Cells then were harvested by centrifugation at 2200 ×g for 5 min and fixed with 2.5% glutaraldehyde at 4 °C for 2 h. After washing twice with 0.1 M phosphate buffer (pH 6.8), cells were post-fixed with 1% osmium tetroxide (2% w/v OsO₄, TAAB, Reading, UK) at 4 °C overnight.

Samples were embedded in 1.5% low-melting agar (Agarose LE, Wako Pure Chemical Industries, Osaka, Japan) and cut into 1-mm cubes, which were dehydrated by serial passage from 50% to 70%, 80%, 90%, 95%, and 100% ethanol, with changes at 10-min intervals. After a final change from ethanol to methyl glycidyl ether (QY2, Nissin EM, Tokyo, Japan), the cubes were embedded in resin [methyl nadic anhydride (MNA), 3.49 mL; quetol 812 (Q-812), 5.98 mL; nonenyl succinic anhydride (NSA), 2.30 mL; 2, 4, 6, Trisdimethylaminomethyl phenol (DMP-30), 0.2 mL; Nissin EM] to solidify gradually over several days at 37 °C, 42 °C, and finally 45 °C.

An ultra-thin section of each sample was cut with an ultramicrotome (Reichert Ultracut S, Leichert Technologies, Depew, NY). Each section was then stained with 4% uranyl acetate solution for 15 min followed by lead citrate solution for 7 min. These ultra-thin sections were observed and photographed using TEM (JEM-1400 type, JEOL Ltd, Tokyo, Japan) at 120 kV.

2.5. Ethics

The study was performed with the approval of the Ethical Review Board of the Keio University School of Medicine (approval no., 20140130; approval date, July 25, 2014).

3. Results

3.1. Characteristics and antibiotic susceptibility of PRGBS

Characteristics and antibiotic susceptibilities of PRGBS and PSGBS strains are compared in Table 1. The 3 PRGBS strains all were isolated from samples from normally sterile sites in adults with GBS infection.

MICs (0.25 µg/mL) of PEN and AMP for these PRGBS strains were 2 or 4 times greater than those for PSGBS strains (PEN, 0.063 µg/mL; AMP, 0.125 µg/mL), while those for CTX (1.0 µg/mL) were 16 times greater than for PSGBS strains (0.063 µg/mL). Four amino acid substitutions affecting resistance, including Val405Ala and Gln557Glu, were identified near the conserved amino acid motif Ser-Ser-Asn in PBP2X in these PRGBS strains.

3.2. Killing kinetics of β-lactam antibiotics and GM for PRGBS

Fig. 1 shows time-kill curves against three PRGBS strains for AMP, CTX, and GM alone as well as curves for combinations of AMP or CTX with GM. PRGBS strains studied were KK1949 (Fig. 1A and B), KK1419 (Fig. 1C and D), and KK2145 (Fig. 1E and F). MICs of AMP, CTX, and GM for these isolates were 0.25 µg/mL, 1.0 µg/mL, and ≥64 µg/mL, respectively.

Bactericidal activity against PRGBS was shown by 1 µg/mL of either AMP or CTX alone, but not by GM alone. Bactericidal activity of AMP and CTX clearly increased when GM was included at a low concentration (0.5 µg/mL or 2 µg/mL). Viable PRGBS cells decreased with time, from 10⁷ cells/mL initially to 10⁴ to 10⁵ cells/mL at 2 h and to 10² to 10⁴ cells/mL at 4 h when AMP or CTX was combined with GM. Enhancement of bactericidal effect by a combination of CTX at 1 µg/mL with GM was weaker against KK1419 than against the other strains, but clear enhancement in that strain with the combination was evident for CTX at 2 µg/mL.

As shown in Supplement 1, bactericidal activity of AMP and CTX against PSGBS KK1104, a hypervirulent strain with capsular type III and ST17, also increased in time-kill curves obtained in the presence of GM, AMK, or ABK at low concentrations.

3.3. Uptake of GM into GBS cells

Intracellular GM concentrations after treatment of PRGBS KK1949 strain with GM alone and in combination with AMP or CTX against were measured using LC/MS/MS at 1, 2, and 4 h after exposure to the antibiotic(s).

As shown in Fig. 2, the concentration of GM in cells after combined exposure with AMP or CTX increased markedly over time compared with GM treatment alone (5- to 8-fold at 1, 2, and 4 h, respectively). Although some differences were found among individual GM concentrations, concentrations increased 5 times or more in all strains upon combined exposure with AMP or CTX.

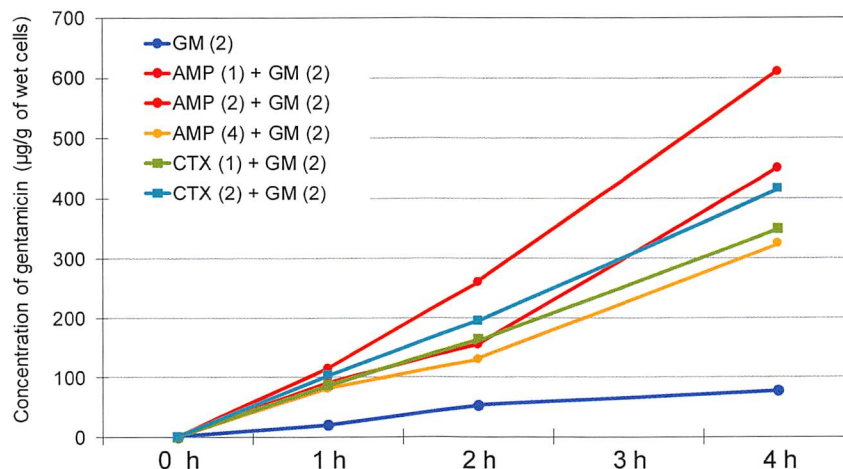


Fig. 2. Uptake of GM into cells of the KK1949 PRGBS strain. Concentrations of GM in cells after exposure in combination with AMP or CTX were measured by liquid chromatography-tandem mass spectrometry (LC/MS/MS). Each plot of the GM uptake shows the median for results of experiments repeated 3 times.

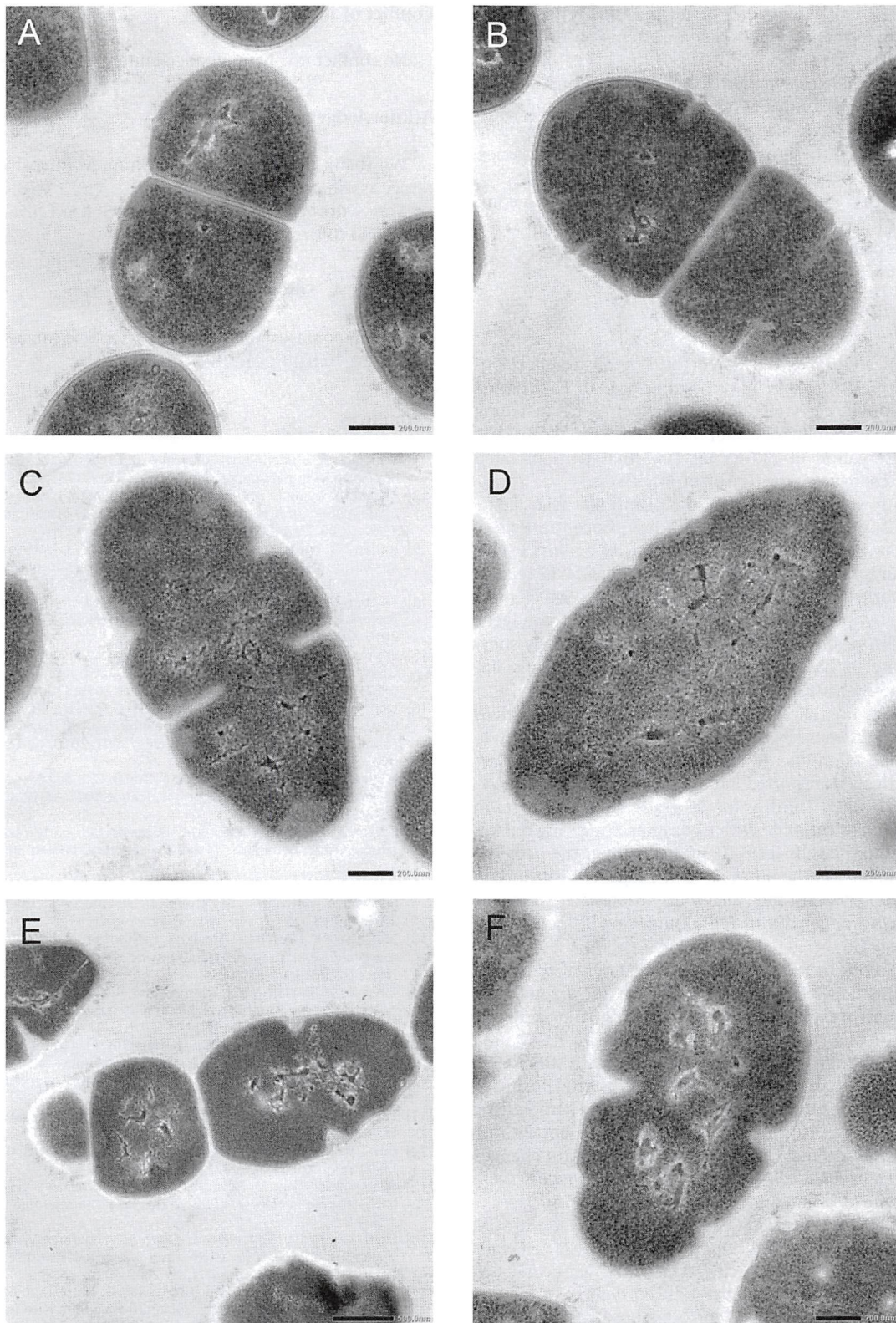


Fig. 3. Morphologic changes of the KK1949 PRGBS strain after exposure to antimicrobial agents at 2 h. Observations were performed by TEM (JEM-1400 type) at 120 kV. A, Control without any agents; B, 2 µg/mL of GM; C, 1 µg/mL of AMP; D, 1 µg/mL of CTX; E, 1 µg/mL of AMP plus 2 µg/mL of GM; F, 1 µg/mL of CTX plus 2 µg/mL of GM. The black bar shows 200 nm.

3.4. Morphologic changes

Morphologic changes of PRGBS KK1949 bacterial cells are shown in Fig. 3, as demonstrated by TEM after 2-h exposures to

AMP (1 µg/mL), CTX (1 µg/mL), and GM (2 µg/mL) alone, as well as to combinations of AMP or CTX with GM.

Compared to bacterial cells grown without antibiotic (control, Fig. 3A), no morphologic changes were observed in cells exposed to

GM alone (Fig. 3B), while abnormal, elongated cells reflecting inhibition of septum formation were observed after exposure to AMP (Fig. 3C) or CTX (Fig. 3D) alone.

More dramatic changes resulted from combinations of AMP (Fig. 3E) or CTX (Fig. 3F) with GM. Changes particularly typical of AGs were abnormal nucleic acid strand aggregates resulting from inhibition of protein synthesis as well as degradation of ribosomes. Elongated cells reflected the action of the β -lactam antibiotic.

Low-magnification images of KK1949 after exposure to a combination of AMP (1 μ g/mL) or CTX (2 μ g/mL) with GM (2 μ g/mL) are shown in Supplement 2.

4. Discussion

In the present study, we elucidated the synergistic effect obtained against 3 PRGBS strains by combining AMP or CTX with a small amount of GM by carrying out in vitro experiments including killing kinetics, measurement of GM uptake into bacterial cells, and morphologic observation of PRGBS by TEM that demonstrated enhancement of changes characteristic of AG effects.

Previous in vitro studies of combinations of antimicrobial agents reported that PEN or AMP combined with low concentrations of GM resulted in an increase in bactericidal activity against PSGBS [23–25]. Clinically, the combination of PEN and GM is recommended widely for treatment of infective endocarditis, which most often is caused by streptococcal and staphylococcal pathogens [32,33]. Such Gram-positive streptococcal pathogens usually show little susceptibility to GM alone. Nevertheless, mechanisms underlying this synergy have been incompletely understood.

The antimicrobial activity of AGs on gram-negative bacilli is thought to involve 3 steps [34,35]. First, the AG binds ionically to the cell membrane in an energy-independent manner (EIP). Second, the AG is actively transported into bacterial cells by an energy-dependent phase (EDP-I). Third, as the AG gradually accumulates in the cells, AG molecules combine with ribosomes, triggering further transport of AG into the cells (EDP-II). In this manner the bacterial cells are rapidly killed. On the other hand, the natural resistance to AGs among streptococcal and anaerobic bacterial pathogens apparently reflects a deficiency of EDP-II involving lack of aerobic energy production [35].

As described in our results, the time-kill bactericidal activity of AMP or CTX against PRGBS and PSGBS was increased significantly by combination with an amount of GM as small as 0.5 or 2 μ g/mL. GM concentrations in PRGBS cells measured by LC/MS/MS increased 5- to 8-fold when GM was combined with AMP or CTX. Electron microscopic examination of PRGBS cells after exposure to GM with a β -lactam antibiotic showed abnormalities characteristic of AG-induced damage resulting from enhanced GM uptake into the cells. Such intracellular changes were similar to changes observed when *Escherichia coli* and *Pseudomonas aeruginosa* were exposed to 1 μ g/mL of GM in a previous study [36].

We believe that the synergistic effect of AMP or CTX with GM against PRGBS progresses through 3 steps. First, bacterial cell walls are damaged by β -lactam agents such as AMP and CTX. Second, GM enters the cells through the β -lactam-induced defects in the cell walls. Third, GM rapidly binds to 30S and 50S ribosomes, disrupting protein synthesis.

Even though the first-line agent of choice for invasive PRGBS infections most likely would be VCM, combination therapy using a β -lactam agent with GM may well see increasing use against PRGBS treatment in the future, especially in neonatal infections. Such combination therapy also may be helpful in avoiding selection of highly resistant PRGBS with amino acid substitutions in PBP1A or PBP2B, thus maintaining effectiveness of β -lactam agents.

Conflict of interest

No conflict involving financial interests exists.

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Appendix A. Supplementary data

Supplementary data related to this article can be found at <http://dx.doi.org/10.1016/j.jiac.2017.02.010>.

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