



# forum



Monday's earthquake

## Earth shattering experience

**By Pamela K. Streff**  
It begins with a gentle shaking ... a rumbling noise is heard. The walls start to creak, the floor rolls beneath the feet and Californians breathe a sigh of relief. A moderate earthquake is fairly harmless, a lot like a good amusement park ride. The heart pounds, muscles tighten and your stomach feels as though it could leap from your throat. It is the reminding that is painful. The reminding that as residents of the Golden State we are all sitting on a potential timebomb. For when the earth turns to jello beneath the feet, there is nothing

of luck. Where you are when and if the "big one" rumbles will all be a matter of the moment. If you aren't an especially lucky person and don't carry a lucky rabbit's foot around with you, it would probably be wise to move to a lower risk area of the country if that's possible. Californians accept earthquakes and the potential "big one" as a part of their day-to-day existence, something people in other parts of the country cannot understand.

But, Californians cannot understand why anyone would be so foolish as to live where the Mississippi River could wash away our homes, or where a Great Plains tornado could blow your house away like in the "Wizard of Oz." So, we live our lives taking chances. We drive the freeways every day, sleep in the shadow of nuclear reactors and we live on the fault line.

## letters

### Goodbye SJSU

Editor:  
Goodbye to San Jose State, the institutional factory of the West. Its production line graduates are incompetent at best.  
Goodbye to the library, where no matter how hard you look, it's impossible to find a smiling employee or the right book.  
Goodbye to Building U, and its little groupies who show, that in providing tomorrow's leadership they have a long, long way to go.  
Goodbye to the Spartan Daily, whose senseless patter lacks imagination, misspelled words and misleading headlines call for the editor's resignation.  
Goodbye to the Engineering Department, whose pupils are certainly meek, after four semesters of walking by there I never heard one speak.  
Goodbye to the frat houses, that shelter the insecure, "If I lick enough boots," they say, "Maybe I'll get somewhere."  
Goodbye to "chairpersons," "womens lib" and "equal rights," and all the adolescents begging for the spotlight.  
Goodbye to the parking problem, a non-solvable bane that will be Johnny Bunzel's only claim to fame.  
Goodbye to the reserve book section, that is how and smelly, where students bow their heads in silence practicing their look of gloom.

Goodbye to all the minorities, constantly clamoring and complaining, why don't they do something constructive instead of habitual disdain?  
Goodbye to the Revolutionary Student Brigade, a battalion of would be's who must be hesitatingly dedicated to boring the rest of us.  
Goodbye to the Spartans Pub, whose patrons are barely alive, they should change its name to the Spartan Dive.

Goodbye to the Activites Department, whose most exciting presentation was a speech by a retired security guard that got a standing ovation.  
Goodbye to all the "psychology" and "undeclared" majors rushing to and fro, wasting everyone's time and energy, maybe someday they will grow.  
Goodbye to all the sourpusses that litter the campus galore, they've all found a home here and unfortunately will breed more.

Goodbye to all the glassy eyed students desperately clutching their books, too bad their heads are as empty as their locks.  
Goodbye to the winos who beg, load and sob, at first I thought they were the professors but they turned down the job.  
Goodbye to the Business Department, as they prepare their lots of suit wearing, wind up company robots.  
And Goodbye to the City of San Jose the mother of congestion, whose mayor corners the market in mental regression.

Charles Yount  
Environmental Studies

Pamela Streff is a Spartan Daily reporter

anyone can do. There is no denying we are taking a chance with our lives and property by living in California. Major earthquakes have shown their muscle several times in the past century. The Santa Barbara quake of last summer and the LA quake of 1973 are testimony amid the small quakes that a greater danger lurks. Californians living in the fault-infested Bay Area have the opportunity to experience a dozen or more minor earthquakes a year. Extra sensitive or paranoid individuals scream earthquake every time a big truck rolls by or when the heavyweights in the apartment above thunder across their floor. But every year, there is at least one good quake almost everyone feels. And it's then that we start to wonder: When will we have the "big one?" The 4.8 Richter reading for the quake Monday night was the strongest quake in San Jose since 1957 and it was the second quake in two weeks for the Bay Area. Major steps in predicting earthquakes have been made in recent years. Now, seismologists believe animals, dogs in particular, can predict or feel when quakes are about to happen. Well, that's one better than human beings can do. The predictability of quakes is increasing each year as knowledge of the earth's movements increases. Maybe if the "big one" will wait just a few more years, we will be able to warn people before a quake happens. Then we will have mass panic on our hands as Californians flee from their state. So, what should a person do during a quake? All sorts of advice has been handed down, especially in recent years. Stay clear of windows, stand in doorways, watch for falling objects, etc., etc. What it boils down to is a matter

### Keeping up with the Joneses

## Racquetball, the vogue sport

**By Chuck Bustillos**  
Nostalgia. Its meaning serves up different memories for each individual who pauses to remember when...  
Chuck Bustillos is a Spartan Daily reporter

myself. Only mine doesn't really concern a personality or fad. It concerns a sport. Well, it used to be strictly a sport. While tennis was the vogue sport of the early '70s, racquetball has aced it as the "in" sport of the late '70s. Supposedly, if you don't play racquetball, you're not keeping up with the Joneses. I remember the first time I tried my luck at this somewhat new game. It was in my sophomore year in high school. Coming home from

football practice to tackle a stack of homework just didn't set too well with me. I called up my buddy Phil to see if he'd like to check out this new racquetball place that had opened. I'd never even played the sport before. Anything to get out of geometry. Like a couple of novices, the two of us arrived clad in cut-offs eager to attack this crazy battle with the walls. One hour and only \$1.50 later, two exhausted bodies emerged from the sunken "pit." Exhausted. But it was great. Recently, those hours of exertion have been subject to an unattractive face-lift. Whereas I used to be able to just walk in to get a court, now I have to face the possibility of waiting. As if gas lines aren't annoying enough. But that's not so bad, people; taking part in an energetic and vigorous game of racquetball is better than sitting around and downing another six pack of Coors. More people are attending racquetball facilities as the interest in the sport grows. But these people are spending less time on the courts than they are socializing on a Lite or Perrier. These places have turned into international social centers. The sport has regressed from a gutsy game to a conveyer belt of hokey commercial novelties. Anyone caught walking onto a court with a Sears brand racquet and a can of black balls is about as welcome as a leper. No, you have to have your Ektelon racquet, Voit rollout bleu balls and your Patrick Copenhagen shoes. And clothes, well Halston should be entering this fashion game soon. I can clearly remember when racquetball was tee-shirts and gym shorts, a "cheapo" racquet and playing to your opponent's backhand. Now, the competition aspect takes a back seat to the hustling commercialism. There's a new club going up in Southern California that will include roof-top disco dances, sun deck, hot tubs, restaurant, lounge, swimming pool, television room, Sunday brunches and classes in such areas as yoga, fencing, camping and dancing. Oh yea, I almost forgot. You can even play racquetball, too.

## Finals approaching, hardly comforting

**By Dan Wood**  
In less than two short weeks, the time every college student dreads will have arrived. Finals week. This is the time when otherwise normal young adults, turn into maniacs filled with anxiety, trying to cram a semester's worth of

considering the amount of time and money that goes into a college education. Why should a student have to do less than his best, just because the system says all those exams must be taken in one week? There has to be a better way. The whole problem with finals is

Dan Wood is a Spartan Daily reporter

learning into a matter of days. With this all but impossible task comes an array of side effects, ranging from nailbiting to an incredible surge in the sales of coffee and No Doz. Another thing that always seems to crop up about this time of the semester is an inevitable multiplicity of cries questioning the merits of a system which includes finals week. When a student has up to five or even more exams within the space of less than a week, it seems only logical that it will be impossible for him to give his best effort on every test. One often has to decide which classes are more important or which he thinks he has a better chance of success in and concentrate on those subjects. In the rest of the classes, he merely hopes for survival (a.k.a. not dropping his grade too much). It hardly seems fair that this should be the case, especially

the amount of importance which is placed on them. It is not uncommon for a letter grade to drop one or even two whole points because of the outcome of one test. If finals must be held, they could weigh no more heavily on the final grade than any other test during the semester. The way it is now, it seems almost like the first 15 weeks of the semester don't even matter. Everything boils down to that one five-day period at the end. At this point, the suggestion of keeping up with your work throughout the semester seems out of place. If you're like me, you haven't kept up, and you'll pay the price. So what is there left to do? Give it the best shot you can under the circumstances, and hope for the best. Hardly comforting, is it?



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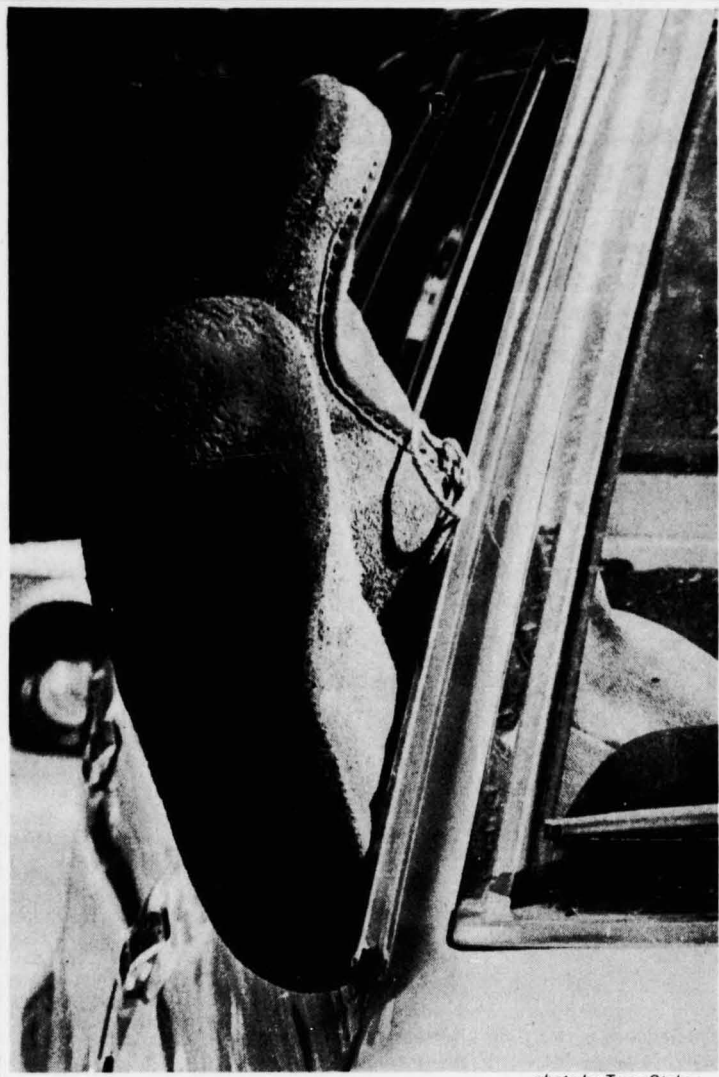


photo by Terry Steima

### Kick up those heels to tunes

Anyone who has a moment's free time in these hectic days before finals may do as SJSU sophomore Ron Yamaguchi did yesterday. He eased on out to the old auto and kicked back to his favorite music before class.

# 'Ragtime' is hottest thing in Moscow

MOSCOW (AP) — E.L. Doctorow's American best-seller "Ragtime" is the hottest book in Moscow right now. In fact, too hot for Soviet authorities to handle — but not for the thriving black market.

Communist Party's Central Committee has denounced the novel as pornographic and what is being whispered as a new government crackdown on U.S. books available in translation.

The decision, secretly made in April, puts the book into the underground market in pirated books — especially new American novels — where bestsellers bring anywhere from \$45 to \$150.

"It's a business," a Soviet writer explained. "Anyone who wants to read American books can get them this way."

The pirating is done by Russians who have access to copying machines, like Xerox, which are heavily controlled. The prices are a healthy chunk in a country where the average monthly salary is \$240.

One enterprising Muscovite is known to have collected 3,000 popular books from abroad just to reproduce and sell them.

There are also recent graduates of Moscow language institutes who sit at typewriters most of the day and translate U.S. books, like Mario Puzo's "The Godfather."

Some Soviets go to the apartments of translators to hear the books read in Russian. Many writers say they were able to "read" the works of Vladimir Nabokov this way.

The Xerox copies of U.S. books appeared on the Moscow scene only in the last three years, writers say, now that bound novels sold on the black market have become scarce.

The typical Moscow bookstore is stocked with copies of Angela Davis' autobiography — and little else American.

Buyers who show a badge from the elite Writer's Union can browse

through a special tiny bookstore in central Moscow that occasionally has U.S. works for sale. In recent years, writers have seen Arthur Hailey's "Airport," Truman Capote's "In Cold Blood," and Robert Penn Warren's "All The King's Men," as well as works by science fiction writers Isaac Asimov and Ray Bradbury.

The editors of important Soviet journals as well as Soviet ministers and their aides have special reading privileges. They receive a list of U.S. books available in translation and merely underline the novels they want to read.

At the first International Book Fair held in Moscow in 1977, Soviet publishers bought the rights to 119 American books.

So where are they? Many books meet the same fate as "Ragtime," a kaleidoscopic look at the 1920s that was translated in full and appeared in the September and October 1978 issues of Foreign Literature, a widely sought but hard-to-get journal that prints foreign works.

The Central Committee, writers said, determined that the book was "not only bad for women to read, but for men, too" and has indefinitely delayed its publication in book form — despite earlier publicity here that it would be made available.

"It signals a definite change of policy for a while," one Soviet writer told The Associated Press.

Now, underground copies of "Ragtime" are being hurried out into the waiting arms of readers anxious to see what all the fuss is about, and the issues of Foreign Literature are prized.

The Central Committee is said to be pressuring the journal to present more works by authors of the socialist countries.

In July and August of this year, the journal is slated to publish John Updike's novel, "Marry Me," about adultery and other problems of upper-middle-class life in America. The book contains explicit sex but Updike has long been viewed here as a "suitable" writer because he chronicles the decay of modern American society.

Why are American books so popular in the Soviet Union? One emigre writer explained it this way:

"The thinking person in the Soviet Union takes delight in discovering a new proof that a profound, serious spiritual life exists in the Western world, refuting Soviet propaganda, which declares that all culture of the West, especially American culture, consists of nothing but ... triviality."

## High demand helps illegal market

(Continued from Page 1)

Because the code dictates that the investigation be conducted after the placement has already been made, it is not the case worker's job to determine where or how the parents acquired the baby.

An adoptions case worker, objecting to the post-investigation of the baby and family, said, "Our department has tried to change the requirements so that the investigation must be conducted before the placement of the child.

We met with strong opposition from a prominent attorney in Los Angeles whose handling of independent adoptions is his livelihood—the code was never changed," she added.

In her book, "Baby Selling, the Scandal to Black Market Adoptions," Nancy C. Baker says the determining factor in whether an adoption should be categorized as black market is the importance of the money involved in the transaction. The sum ranges from as little as \$500

to \$50,000 or more.

Merritt said the black market exists because the adoptive parents are promised an infant. Agencies cannot guarantee prospective parents a newborn child.

Some 80 percent of unwed mothers keep their babies today, whereas a decade ago, 80 percent gave them up for adoption. There are about 200 prospective adoptive parents for every available baby.

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SJSU Marching Band and KEZR radio will host a roller skating party from 3:30 until 10:30 p.m. today at the Aloha Roller Rink, on Blossom Hill Road. The money raised will go to help the band. All are welcome. Call Rick Wilson, 252-8141, for more information. No blue jeans allowed. \$2 admission.

Student Health Service

is holding a health fair from 9 a.m. until 4 p.m. today in the Student Union.

Human Resource Administration Club (HRAC) will meet at 2:30 p.m. today in Business Tower, room 51. Sally Ewald, sales manager of Western Airlines, will speak on interviewing techniques. Officers will also be elected.

A special one day conference on Sickle Cell Trait and Sickle Cell Disease has been scheduled on Friday, May 11, from 8:30 a.m. to 3:30 p.m. at the Santa Clara County Health Department Auditorium, 2220 Moorpark Ave. in San Jose.

Experts will be providing updated information regarding testing, counseling, diagnosis, medical management and research activities surrounding Sickle Cell Trait and Sickle Cell Disease.

United Farm Workers Support Committee will meet at 5 p.m. tomorrow in the S.U. Costanoan Room.

Environmental Health Club will meet at 12:05 p.m. today in Duncan Hall, room 243. Ken Stuart from the state health department will speak on careers in the health field.

"People who are tired of waiting for a baby, hear through the grapevine that a baby is available. That is the basic reason the market flourishes," Merritt added.

The Child Welfare League of America estimates that one-third of the yearly independent adoptions, or 5,000 adoptions are black market sales. To date, the only convictions of the felony of baby selling in the United States are those of Ronald Silverton and Wayman Wilkes, both attorneys in Los Angeles.

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University Chorus and Choralists will hold a concert at 8:15 tonight in the Concert Hall in the Music Building.

Tau Delta Phi (Tower List fraternity) is holding a faculty forum at 11 a.m. today in the Old Science Building, room 112. Speakers will be Hal Hodges from the Sociology Department, and James Asher and Dale Wise from the Psychology Department who will discuss new developments in human consciousness. All students and faculty are invited to attend.

Undergraduate Social Work Organization will meet to elect officers from 12:30 until 1:30 p.m. today in the Social Work building, second floor. Call Lorraine Perez, 842-5995 for more information.

El Concilio will hold a Chicano Resource Center celebration from 11 a.m. until 3 p.m. today in the Seventh Street barbecue pits. Call 277-2404 for more information.

The Chicano Business Students Association will hold an election meeting at 3:30 p.m. today in the S.U. Pacheco Room.

Speech Communication Department will host visiting Professor Herman Cohen who will lecture on "The Influence of the Social Sciences on Small Group Research" at 3:30 tomorrow in Business Classrooms, room 14.

Representatives from the county will be on campus from noon until 4 p.m. tomorrow outside the Student Union to discuss what services will increase and the new lines being created on routes to SJSU.

School of Education Reading Lab is holding mini-courses in Education Building, room 235. "Concentration and Improvement" will be held at 2 p.m. today and 3 p.m. tomorrow. "Preparing for and Taking Exams" is at 3 p.m. today and at 2 p.m. tomorrow. Call 277-3597 for more information.

Faculty book talks will be held at 12:30 p.m. today in room A of the Faculty Dining Building. G.L. Collins will review "The Berrigans."

**Allocations granted**  
(Continued from Page 1)

to the allocation granted to agriculture, defense, emergency vehicles and public transportation actually caused consumption to increase by 1.6 percent. Figures were not yet available for April but were expected to April but more than 7 percent.

If the level of exceptions remains the same for May, consumption will have to be cut by 9 percent, according to the survey.

Major unknowns facing the petroleum industry, Lundberg said, are how substantial the exceptions will be and how much distillate will have to be set aside for heating oil for next winter.

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# arts and entertainment



Artie Shaughnessy and Bunny Flingus, played by Gregory L. Mortensen and Wendy Howard-Benhan, plot their escape to Hollywood in SJSU's Theatre Arts Department production of "House of Blue Leaves."

## 'House of Blue Leaves' shows drama, powerful acting talent

By James P. Wagner

Although John Guare's "House of Blue Leaves" never really answered the musical question raised in the first act, ("Where in the Devil is Evelyn?") even the staunchest theater critic wouldn't call this minor oversight a defect.

Vaulting from high comedy to devastating drama, SJSU Theatre Arts Department's Saturday performance

### Play review

of "House of Blue Leaves" not only comically prodded a few sacred cows, the play dramatized the pity of a life

built on empty hopes.

"House of Blue Leaves" will continue its engagement at the SJSU University Theater tomorrow through Saturday at 8 p.m. with a 2:30 p.m. matinee tomorrow. Tickets are \$3 general and 1.50 student.

The play concerns the life of Artie Shaughnessy, a zoo keeper and aspiring song writer, who lives on the hope of making the big time with his trite ditties.

"I'm too old to be a young talent," laments Artie in a brief soliloquy, played by Gregory L. Mortensen whose portrayal of the woe-begotten songsmith was both powerful and convincing.

Artie's motivation to break away from his dismal life comes from Bunny Flingus, a woman of innumerable occupations who recognizes the "genius" of Artie's songs as a ticket out of Queens in New York City to a fata morgana in Hollywood.

Bunny, the flashy, snappy, red-haired "New York Broad," was played to the hilt by Wendy Howard-Benhan, whose tacky-lady performance provided a consistent comedic delight throughout the play.

While Artie and Bunny plot their exodus to the western promised land, Artie's wife, Bananas, stays home to nurture a potent psychosis. Bananas' sickness is a symptom rather than a cause of Artie's problems, a casualty of 17 years of empty hopes. Bananas' plight illuminates a major theme of the play.

In her portrayal of Bananas, Mollie Collison scored the evening's most memorable performance. Her pleading expression, her disheveled hair and the tortured twiddling of her fingers brought vividly to life the Italian beauty who just stayed home and quietly went mad.

The complex plot unfolds on Oct. 4, 1965, the day of the Pope's momentous arrival in the United States to end the war in Vietnam.

The scene for the planned madness is a top-floor Queens tenement. On this particular day, Artie's home hosts a cavalcade of loonies including Ronnie, Artie's brother who is AWOL in order to blow up the Pope and make the evening news; a trio of daffy nuns, each with a peculiar fate; Corrinna Stroller, a Hollywood starlet and Billie Einhorn, Artie's old friend who made it big producing flashy Hollywood comedies.

Although the play's vehicle is comedy, it is at heart a story of broken dreams and despair; a stab at the sell-out mentality pervading society's most sacred institutions and a story of one man's denial as his life, built from a card house of hopes, topples.

The events of the play lead to a climax of intense drama, a scene which alone is worth the price of admission.

Scenic design by Donamrie Reeds ably captured the milieu of a Queens tenement, replete with tacky garage-sale furniture, '60s memorabilia which held the action in time and place and the ashen New York skyline peering into the apartment from offstage.

Costumes by Dawn Rice captured the essence of the characters, with sound and lighting by Cathie Heatlie and Kenneth R. Dorst bringing realism into the theater.

Director Earl R. Hughes brought to "House of Blue Leaves" his years of experience both on and off-broadway providing a fine evening's entertainment.

## Percussionist Elvin Jones

# Jazz artist at SJSU

By Peter G. Bliss

Elvin Jones, winner of the Down Beat Jazz Critics Poll for the 16th straight year, will be performing at Morris Dailey Auditorium, tomorrow at 8 p.m.

The 51-year-old percussionist is being brought to the university by Dan Sabanovich, a 1971 graduate of San Jose State University and owner of Creative Percussion Studio in San Jose.

Jones, a native of Michigan, was born into a musical family. By age 13 he was practicing 8-10 hours a day.

He has played with such notables as Miles Davis, Bud Powell, the Pepper Adams-Donald Byrd Quintet, Art Farmer and John Coltrane.

According to Rolling Stone Magazine, "Elvin Ray Jones is a musician whose place in the history of art is already fixed: as the percussionist of the already legendary John Coltrane quartets, quintets and sextets of the Sixties, Elvin is universally considered to be the primary rhythmic innovator of the extraordinary, inspired, radical period now called the "jazz revolution."

Jones' unique style was explained by Sabanovich as being "based on the complete independence of all four limbs, but does not depend for its strength on any unnecessary stress being placed on one particular component of the drum set or set the basic pulse of a performance itself."

Jones said his method to writing music starts with



Elvin Jones shown at work and at play. The jazz percussionist will be performing his craft tomorrow night at Morris Dailey Auditorium.

and purrs through his drums, the love flowing out into the posture of his hands, held almost delicately poised while containing that unleashed power till it breaks loose, coming at you from all directions at once."

Jones describes music as "free" and says, "As long as it's good and the presentation is honest and sincere, the people will like it or at least appreciate that what they've heard is good."

Besides Jones, tomorrow night's performers will include Dance improvisations with Ed Mock and Friends, plus "It's All Over," a new musical ensemble featuring Ota, who is scheduled to sing "songs of life with a voice of love."

The event will be one night only and is being sponsored by The Bilingual Arts and Cultural Foundation, The SJSU ASPB, The Black Senior Center of San Jose and Evidence Music International.

Tickets are available at all B.A.S.S. outlets. Admission is \$6, with a \$1 discount for seniors and students.

a melody n his head. He then picks out the notes on a piano, puts it down on paper and then "worry with it for a while till it really becomes something coherent. That's the Jones method."

Jones basically prefers playing to live audiences.

"You can only go so far in a recording," he said. "You get too technical a response from records, you can't get the dimension of emotion and feeling and energy."

According to Applause Magazine, "Elvin shouts

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Tickets for the concert are \$2.50 for students and \$3 for general admission. Tickets will be available at the theater.

The ensemble is a group of three dancers and three musicians who perform original compositions. The music is based on jazz, the dancing on tap, and both are subject to improvisation.

Members of the ensemble will also teach master classes in tap on Tuesday.

Classes will include Intermediate Tap, Advanced Tap and a lecture-demonstration. The classes will begin at 10:00 a.m. in the Dance Studio, PER 262. Classes will be open to the public.

Admission is \$2 for the entire session.

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GATE OF HELL

Instrument offers 'variety'

Students experience bell-like sounds of Javanese Gamelan

**By Don Vetter**  
The 13 students sit quietly in lotus-like positions, some wide-eyed and in rapturous attention watching two artists perform on the ancient instrument. Others close their eyes and seemingly absorb the bell-like sounds. The two percussionists systematically go through the fixed melody, creating their music on an instrument which resembles a series of octagonal pie plates on a wooden frame. For most of these music composition students this has been the first time they have "experienced" the Javanese gamelan. For others, like Trish Neilson, accompanying instructor Lou

Harrison, the gamelan is a concert instrument. Harrison constructed the gamelan which the students sit around and within.

The gamelan is made up of a variety of wooden frames and boxes supporting different metal forms which produce the instrument's sound.

A full gamelan would cover the entire SJSU Concert Hall stage, according to Harrison. The melody students heard was played on only one piece of the gamelan.

The instrument occupies all 400 square feet of room 1412 in the Music Department.

and published composer and an elected member of the National Institute of Arts and Letters whose limited membership includes the likes of Leonard Bernstein and William Schumann.

"I've been listening to Asian music since I was a kid," Harrison said.

During his childhood in San Francisco, he would visit the Chinese opera which at the time only cost 25 cents.

"I ended up listening to more Chinese opera than I



Trish Neilson and instructor Lou Harrison demonstrate the Gamelan. Harrison's compares its melody to the configuration of a tree trunk.

photo by Shannon Leso

Concert Hall. Also performing will be the gamelan De Gong group playing contemporary music on the Javanese instrument.

"hoping to find some place to put it."

The SJSU "Gamelan Betty" (the instrument's official name in honor of a contributor to the Music Department) is different from a second gamelan on campus which is made of the more traditional bronze.

Harrison, who studied traditional as well as Oriental music under Henry Cowell, said that other media such as voice and strings are added to the gamelan "creating a

whole different sound."

For the upcoming concert, the gamelan will be transported to the Concert Hall, along with Oriental rugs, lamps and incense.

"Experiencing" the gamelan has been common for Harrison for a large part of his life. Presenting impromptu jam sessions of performing complete gamelan concerts is a way to spread what he calls "the fastest growing movement in music today."

A full Gamelan takes 60 people to play

The gamelan according to Harrison, has a "trunk melody" rooted with gongs and dividing instruments. Its sound can be viewed as the trunk of a tree, the gamelan's melody having different branches and various flowers, he added.

Harrison is an internationally recognized

did European," he said.

Music played on the Javanese gamelan has much more variety than music played on more familiar instruments, Harrison said.

According to Harrison, French composer Claude Debussy once commented that gamelan music "makes European music sound like a barbarous noise fit for a traveling circus."

On May 18, the SJSU gamelan group under Harrison's direction will perform at 8:15 p.m. in

A full gamelan would take 60 people to play, Harrison said. Next spring, he will complete the half built SJSU gamelan and is

Question corner

Question Corner's staff of crack researchers is waiting for your inquiries on questions about the campus community.

Send letters c/o "Question Corner," Spartan Daily, San Jose State University, 125 S. Seventh St., San Jose, CA. Letters can be dropped off in the Daily Office, JC 208, from 9 a.m. to 5 p.m. as well.

flashback

Four years ago today:

An ex-CIA agent charged the agency with "domestic spying" and lashed out at its "covert and clandestine" operations before a group of 35 persons in San Jose.

Mel Crane, an urgent for the CIA's "clandestine operations" from 1951 to 1959 said, "The CIA has penetrated the U.S. scene through domestic spying."

SJSU faculty members were torn between teaching and publishing, the result of an Academic Senate handbook rule that said that scholarly achievement or professional activity (such as publishing) was a requirement for promotion.

One year ago today:

While students celebrated worldwide conservation measures during Earth Week, SJSU custodians were being told to stop recycling aluminum

cans on the SJSU campus.

In a memo from the office of night supervisor, the custodians were warned that, "No aluminum or other recyclable goods are to be collected during state hours.

"This practice will no longer be tolerated," the memo read. "If you are caught there is a possibility of disciplinary action being taken against you."

The State Alcoholic Beverage Control accepted a formal protest designed to postpone or possibly block the issuance of a license to sell wine in the Spartan Pub.

The protest had been filed by a member on the California Council on Alcoholic Problems because he didn't believe SJSU was "the proper area for wine."

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# sports

*Close-knit brothers carve out names for themselves*

## Thomases' success: A family affair

**By Chuck Bustillos**  
Inside the Thomas home in Hanford sits a spacious trophy case full of various awards.

Carefully placed and as colorful as floral arrangements are trophies and plaques with different first names engraved into them. Jewerl, Bill, Kenny, Larry.

To most athletes buried in such decorum, the heart and soul of the award centers around the individual winner's boastful ego. The feat was totally a solo effort.

Such is not the case with the aforementioned quartet of brothers. The indented first names are secondary. It's the six

letters of the last name which spell out their total accomplishments.

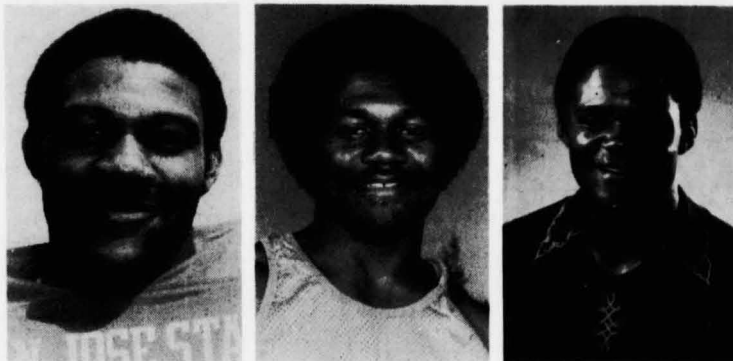
Jewerl, Bill and Kenny Thomas are all SJSU athletes. Larry will be attending classes here in the fall. While each has attained numerous honors in his athletic endeavors they credit their success to the support that they receive from one another.

"I think the biggest accomplishment we've made is that we've had the opportunity of being together," starting Spartan running back Jewerl said. "We all get to be here and share in each other's success."

That almost didn't materialize.

Jewerl, at 21 the eldest of six children, had been playing football at UCLA. Bill was wrestling for the Bruins while Ken wasn't even going to pursue college after he got out of high school. After a series of events, all three ended up at SJSU.

"I left there (UCLA) because I was discontented with the situation down there," Jewerl said. "I was the only freshman on the offensive team getting any



Pictured are the three Thomases who have achieved athletic excellence at SJSU -- Jewerl (left), the football team's standout halfback; freshman sprinter Ken (center) and Bill, who is on the wrestling team.

playing time when we went and won the Rose Bowl (1976). The next year Coach (Dick) Verneil left and it seemed like that no

freshman in high school, I went to the wrestling tournaments and watched Jewerl and I'd said I wanted to be as good.

appeared that the racing might have come to an abrupt halt for Kenny.

After being stricken with Slaughter's Disease, a

ching them. Sophomore year I was ready to roll."

Each of them played football, wrestled and ran track in high school. Ken also played basketball for a couple of years. As their parents became more involved in their athletics, Bill said that they became their staunchest critics.

"They never told us we did good when actually we didn't," he said. "My mother, she caught on to the game of football and what it was all about. She would tell us, 'You played a lousy game.' She got to know how good we were and she helped us a lot to become better athletes."

While their parents might be their strictest critics, they also are their biggest fans.

"What we do off our natural abilities, they accept for what it is," Kenny said. "No more, no less. Whatever we did, they were always proud of us and we like it that way because there was never any pressure that a lot of kids have today about doing well in sports. We were their kids and what we did made them happy. We enjoyed doing it. We continue to try and make them proud of us."

Bill commented on the joy of watching his brothers compete.

"The biggest charge I get is going out and watching them," Bill said. "I went out last Friday and

watched Jewerl play football and make a 75-yard touchdown, although it got called back. Then the next day I watched Kenny beat Clancy Edwards, I was in the stands yelling. It makes me feel good inside because I grew up with them, that's MY brother out there, he's MINE."

Each brother is stoutly built. Even "little" brother Larry, 18, who Jewerl says will probably play football and track, is 5-10, 196 pounds.

The Thomas brothers have received strong support from the San Joaquin Valley area where

they grew up but it's the family support which instills them with their inspirational motivation.

"When we were younger, we used to count our trophies," Bill said. "Then after a while, it's not like that's MY trophy in there, it's OUR trophy. It's the family's trophy. Everybody contributes what they have to the family. That's what it's all about really. It's just good."

And who knows, when Larry ventures up to the SJSU campus, it might even be much better for the Thomases.

*'In our family everyone is proud of each other . . . All we give each other is constructive criticism'*

matter what I did, I wasn't going to get to play."

Former head Spartan Football coach Lynn Stiles was aware of Thomas' playing ability and lured him up the coast to SJSU. Jewerl eventually convinced both Kenny and Bill, who had been attending UCLA on a wrestling scholarship, to saunter up to San Jose as well.

The biggest age gap between the four eldest Thomas brothers is only a year and five months, which prompted Jewerl to comment, "We're a real close-knit family, I guess that's the key to it all right there."

There was never any competing by one of the brothers to out do the other. And there still isn't.

"There might be competition in other families but not ours," Jewerl said. "In our family everybody is proud of each other. If we see something that the other is doing wrong, we tell him about it. All we give each other is constructive criticism. There are enough negative things going on in the world without having negative input on your family."

There was not a negative trace in Bill's respect for his older brother either.

"I always looked up to him (Jewerl)," Bill, 20, said. "When I was a

That's one of the main reasons I've done as well. I wanted to be as good as my brother. He inspired me a lot and I was proud to be able to play football with him when I was a sophomore and he was a senior."

After Ken finished his senior year at Hanford High School, Jewerl had a "big brother" influence on him as well.

"I really intended to say home and work," Kenny, 19, said. "But Jewerl got the coaches to come down and talk to me and I signed a letter of intent last July. I'm really happy I did."

So are the Spartan track coaches. Last week Ken nosed out defending national amateur 100 and 200 meter champion Clancy Edwards in the San Jose invitational.

Each brother seemed to agree that being able to view each other's accomplishments added a sweeter taste to the individual's triumphs.

"With all three of us going to school here, we're able to share each other's success," Jewerl said. "If we were each going to a different school, it wouldn't be as great getting the news second-hand. It's not like being there to cheer your brother on. I get a big kick out of actually being there."

"I feel motivated to run when I know I have a part of my family out there backing me up," Kenny said. "They'll cheer for me 100 percent no matter which way the race goes."

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# sports



## backstreets

By Steve Carp

### Nicolosi firing: A tactless act

It's sad to know that distaste runs past the athletic department. I had hoped that when Bob Murphy gave Ivan Guevara the boot back in March, it would be the last time we'd see tactlessness at SJSU.

Not so. I've been following the Music Department's recent decision to hire Carl Chevallard as band director and let Bill Nicolosi go. I got the same ill feeling in my heart that I had after Murphy did his lumberjack imitation on Guevara.

I think the decision to hire anyone other than Nicolosi stinks! I will confess, I'm no music expert but I know a good marching band when I see one and the SJSU marching band wasn't good; wasn't great; it was fabulous!

This is not to cut Chevallard down, as he hasn't done anything wrong. In fact, he'll probably do an excellent job here. What irks me (and others who appreciated the band's efforts) is the utter contempt this school has for loyalty.

Bill Nicolosi is one of the hardest-working guys I've met. I remember during August when he and Scott Pierson were standing out in the heat, trying to mold a group of individuals into a unit.

I remember talking to Nicolosi during the football season and asking him why he pushed himself and his band so hard. He replied that his goal was to give this school a band it could be proud of and hopefully add a touch of class to the football games.

And he was right. The Spartan band was a class outfit, from drum major Rick Wilson down to the last sousaphone player. These people didn't play for money. They didn't play for themselves. They played for SJSU and were proud of it.

I remember at last year's Stanford football game when the famous Stanford band came on the field and did its zany antics, much to the delight of the crowd.

Then, the nattily-attired SJSU band entered, entertained and got a standing ovation from the crowd - in Stanford Stadium. It made the Spartan's loss to the Cardinals somewhat bearable.

What I'm getting at is that when a position becomes available and someone who has actually been filling the position doesn't get it, there's something wrong.

I saw Bill Nicolosi at the Spartan Foundation banquet last week. He looked like he was at a funeral - probably his own - instead of what should have been a good time.

In Bill Nicolosi, I saw a man who was stabbed in the back but was not going to die.

Fortunately for the band and the school, Pierson and his wife Pat, who had as much to do as Nicolosi with the band getting where it is, will return as will drum major Wilson among others.

It's gratifying to know that Nicolosi had enough class to be at the banquet, to have the faithful band members behind him, playing the school fight song to kick off the evening.

It was amazing to walk by the ROTC field on San Carlos Street the morning of a home football game and see the band out there practicing and getting ready.

I remember being in the press box and seeing Gail Fullerton for the first time. She was standing next to me, watching the band perform and when it was over, she applauded like crazy, as did the rest of the crowd.

I said to Fullerton, "Pretty good, huh?" An ear-to-ear grin was her response and I knew the band was A-O.K.

Now, I'm not so sure.

## Four teams bunched within a game of each other

# Confusion reigns in NCBA race

**By Dan Wood**  
If you thought the first half race in the Northern California Baseball Association was confusing, you haven't seen anything yet.

With one weekend of play remaining in the second half, a mere one game separates the top four teams in the standings.

When this weekend is completed, there could be a champion, or there could be a two-way tie, a three-way tie, or a four-way tie.

University of Pacific leads the pack with an 11-4 mark, while Fresno State, SJSU and Santa Clara are all 10-5.

In the event of a two-way tie, the team which won the second half series between the two contenders will be declared champion.

Should there be a three-way tie, if any team has won their series from each of the other two, that team would be declared champion.

Otherwise, a playoff would be held, with one team receiving a bye while the other two played a single game. The winner of that would then play the team which had the bye for the title.

In the event of a four-way tie, a playoff would

held with all four teams involved. The pairings would be determined by a draw, with the winners of the first-round games squaring off in a championship tilt.

SJSU, would subsequently face off with the Spartans in a best of three playoff for the overall league championship, and a berth in the NCAA regionals.

If SJSU captures the

title this weekend:

•Pacific - The Tigers can assure themselves of the crown by sweeping their series with Fresno. Should the Tigers win two-out-of-three, they would still win the championship unless Santa Clara sweeps St. Mary's.

•Fresno State - If the Bulldogs sweep Pacific, they will be the champions unless Santa Clara sweeps St. Mary's.

•SJSU -- For the Spartans to emerge in sole possession of first place, they must sweep USF, and Fresno State must win two-out-of-three from Pacific.

•Santa Clara - For the Broncos to capture the second half flag, they must sweep St. Mary's, have Fresno beat Pacific at least once and have USF beat SJSU at least once.

UOP has the only clear road to the title, but they have a tough task ahead in trying to sweep Fresno. The Bulldogs will be facing not only the Tiger players, however, but also the rabid Stockton fans.

SJSU and Santa Clara have seemingly easier matchups with non-contenders, but both the Spartans and Broncos must depend on help from the others.

In the event of a two-way, or three-way tie, here

is how the series matchups stand to this point.

•Pacific - The Tigers won their series with SJSU, lost to Santa Clara, and have Fresno remaining.

•Fresno State - The

Bulldogs beat SJSU, lost to Santa Clara, and have Pacific remaining.

•SJSU - The Broncos beat Pacific and Fresno State, but lost to SJSU.

## NCBA standings

	W	L	Pct.	GB
Pacific	11	4	.733	-
Fresno State	10	5	.667	1
SJSU	10	5	.667	1
Santa Clara	10	5	.667	1
St. Mary's	7	8	.467	4
Nevada Reno	5	13	.278	7 1/2
San Francisco	1	14	.067	10

Friday's results  
Fresno State 6, SJSU 5  
Santa Clara 5, Nevada Reno 3  
St. Mary's 9, San Francisco 4

Saturday's results  
SJSU 10-3, Fresno State 6-10  
Santa Clara 4-2, Nevada Reno 3-1

Sunday's results  
St. Mary's 5-6, San Francisco 1-3  
(second game called after 6 innings, rain.)

Friday's games  
SJSU at San Francisco, 2:30 p.m.  
St. Mary's at Santa Clara, 2:30 p.m.  
Fresno State at Pacific, 7:30 p.m.

Saturday's doubleheaders (all noon)  
San Francisco at SJSU  
Fresno State at Pacific  
Santa Clara at St. Mary's

Should any of this become necessary, the dates, sites and times would be determined later.

The winner of the second half, unless it is

second half as well, they would be the automatic champions, having won both halves.

Following is a list of how each team could win

## Guevara likes Berry appointment

By Steve Carp

The selection of Bill Berry as basketball coach may surprise some, but not Ivan Guevara.

Guevara, the man Berry replaced, was very pleased with the selection of the Michigan State assistant and thinks he'll do a fine job with the Spartans of the West.

"Bill has a very fine background. This job calls for a teacher and he's worked for two coaches I have a lot of respect for because of their teaching ability," Guevara said, referring to Cal's Dick Edwards and MSU's Jud Heathcote.

Guevara, who saw Berry operate when the new coach ran Cal's JV squad, says that he can do the job here at SJSU.

"He has good knowledge of the area. He's a coach with outstanding credentials. He's a person with a national reputation. I think the school was very lucky to get him."

Berry, who will be introduced to San Jose at a press conference tomorrow (it was hoped to have been yesterday), had high praise of the man he takes over for.

"One of the reasons I came here was because of the national reputation San Jose has, and I think Ivan had a lot to do with that," said Berry.

Guevara hopes that Berry will not have to work under the same handicaps that he had such as a large teaching load, small recruiting budget, lack of communications and two full-time assistants instead of the one that Guevara had.

"It's a good choice. Let's now give him what he needs to win," said Guevara.

Interim Athletic Director Jon Crosby is working on giving Berry those things.

"Bill will have to teach," said Crosby. "How much, I don't know. I hope to be in constant contact with him and with all my coaches and we're hoping to keep the budget from getting cut and maybe even increasing it."

Crosby said that since he doesn't have the new budget yet, he couldn't say how much money basketball will get. He did say the new coach will have at least two assistants. Whether or not they will be full-time will be known when the budget is released.

## Batten rated 30th in nation

SJSU's Paul Batten, the No. 2 player on the Spartans' men's tennis team, is rated 30th in the Michelob Light Collegiate Tennis Standings released last week.

Batten makes his first appearance in the standings.

No. 1 Spartan player Nial Brash, who holds a victory over UCLA's Fritz Buehning this season, fell off the rankings despite his triumph over Buehning, who is fourth in last week's ratings.

Southern Cal's Robert Van't Hof, with 297 points, nabbed the top spot in the standings while Andy Kohlberg of the University of Tennessee is second at 231. Erick Iskersky of Trinity (Texas) University, Buehning and Southern Methodist's Mark Turpin follow in that order.



ASSOCIATED STUDENTS PROGRAM BOARD  
SAN JOSE STATE UNIVERSITY

The First Annual  
milkSHAKE,  
babyRATTLE,  
& tootsieROLL Night.

"Come shake your bootie,  
Come rattle your mind,  
You'll roll in the aisles,  
and have a real Gooooood time!"  
with ...

SVT/Jack Casady, Nick Buck, Bill Gibson, and Brian Marnell  
Special guest ... Terry and the Pirates with Terry Dolan,  
Greg Douglas from the Steve Miller Band,  
and David Hayes and Jeffery Meyers from  
the Jesse Colin Young Band.

The Hire Wire Radio Choir/three nuts from San Jose  
on their way to greater stuff and beginning  
the First Annual milkSHAKE, babyRATTLE, & tootsieROLL Night  
from Marin County in the Progressive Mode of Rock  
we present FAFNER'S LAIR

IT'S ALL FREE FREE FREE! and of course the PUB will be  
OPEN if YOU'RE old enough to Drink.  
That's this Friday Night, May 11 starting at 7 p.m.  
in the Student Union Amphitheater.

YES, the Pub will be open, Virginia!

ANOTHER EVENT  
SUPPORTED BY SJSU STUDENT FEES

ASSOCIATED STUDENTS PROGRAM BOARD  
SAN JOSE STATE UNIVERSITY

COME SMOKE  
A  
PIPE  
FULL

First Annual  
San Jose State U.  
Pipe Smoking Contest  
No entry Fee

First fifty entrants receive  
a free corncob pipe

Rules: Contestants will be provided with — two wood matches, a  
briar pipe (or bring your own) and 3.3 grams of Sir Walter Raleigh  
Aromatic Pipe Tobacco.  
Prizes will be awarded to those who keep their pipes lit the longest

Wednesday, May 16, at 1 p.m. Student Union Amphitheater

Fill out the coupon below and drop it  
off at the Information Desk, first  
floor of the Student Union before May  
14, 1979

PRIZES  
1st prize: \$75 & 6 antique pipes  
2nd prize: \$50 & 5 antique pipes  
3rd prize: \$25 & 4 antique pipes  
4th prize: a T-Shirt & 3 antique pipes  
5th prize: a T-Shirt & 1 antique pipe

Sponsored by Public Relations Student Society of  
America (PRSSA).

Prizes provided by Brown and Williamson Tobacco Corporation

First Annual  
San Jose State U.  
Pipe Smoking Contest  
May 16 at 1 p.m.  
Student Union Amphitheater  
Name: \_\_\_\_\_  
Class: \_\_\_\_\_  
Local Address: \_\_\_\_\_



classifieds

announcements

PRO DJ (SJSU student) with own equipment and records will spin the disks at your small party. \$5/hr. 288-3219.

MEN/WOMEN JOBS
CRUISE FREIGHTERS
No experience. High Pay! See Europe, Hawaii, Australia, So. America. Career Summer! Send \$3.85 for info. to SEAWORLD, Box #1035, San Jose, CA 95080.

SIERRA Club meeting Tues. 7:30 pm Guadalupe Rm student union. Outdoor and conservation activities.

CIRCLE OF LIFE FELLOWSHIP
Classes in Psychic Development, Meditation, Aquarian Gospel, Prosperity. 298-4509.

COLOR IS THE FASHION FOR SPRING! Let me determine your most flattering colors as well as give you a personalized style description. These are YOUR unique fashion building blocks that you can use and adapt for the rest of your life. I give you about 70 colors out of a set of 500 together with your personal style description in a portfolio. By appt. only. References. Sliding scale of fees. Inquire details colors. Carol Lynne Bowman, M.A., 247-2504, 5:30-7:00 p.m. most eves, 11am-1pm Saturdays. Also, Dress for Success for the Business-minded. You never have to make a clothes mistake again.

DISCO EXPERIENCE
Mobile Disco and Light Shows with Peter B. Tremendous sound systems and lighting effects available for all occasions. Call (408) 267-3156.

GAY men and women
SJSU Gay Student Union meets Thurs. at 8 p.m. in the Guadalupe Room of the SJSU Student Union. We provide an informal social setting which is conducive to meeting people and learning about the gay community. Be all you can be attend. For more information call 298-5455. Our schedule for April and May is: April 5th Wine and Cheese night; April 12th Easter break, no meeting; April 19th Movie night; April 26th Creativity night; May 3rd Miniature Golfing; May 10th Dance; May 17th Variety Show.

NEEDED SJSU Grad. student for AS Council. Must be tenacious!

HEALTH Food Sandwiches, Vegetable Burger, Creps, Drinks, Margarets, 126 E. San Salvador, 10-3.

EARN College credit for breaking glass, sign up now for next semester Spartan Gardens Recycling Center. 1, 2 and 3 credits for 3, 6 and 9 hours weekly. For more info, call Tom at 293-5603. Recycling, the better way.

BE A GOURMET Cook with Easy and Elegant, the SJSU Associates cookbook. Contains tried and tested recipes of faculty wives. Only \$5.00 at the Spartan Bookstore. Makes a great gift for birthdays or Mother's Day.

BASEBALL CARDS WANTED
Quick Cash. Dr. Lapin, BUS Tower 763, or call 837-0191.

WANTED TO BUY: Baseball cards, all years and types, especially Bowman, Goudy, Post, Lea, Top Prices paid. Call Peter Field, 629-6939.

TRADE Paint your house, inside/outside (your paint) in exchange for 400 sq. ft. of storage 3 years. H and R Painting, 731 S. Third, No. 1, S.J.

THE SKI CLUB is having elections on Thursday, May 3 in the Eng. Bldg. 132 at 7:30 p.m. Come show who you want and where you want to go next year. Absentee ballots available in front of Student Union. Winter skiing on Sun. May 6 Details at meeting. Mexico is coming! No, not for skiing but for sunbathing, swimming, drinking, etc. Air fare, 7 nights lodging and 8 days for only \$290. June 2-9. Call Joe at 288-2529 for more information.

EARN College Credit for breaking glass, sign up now for next semester Spartan Gardens Recycling Center. 1, 2, and 3 credits for 3, 6 and 9 hours weekly. For more info, call Tom at 293-5603. Recycling, the better way.

LOST: '75 Locke HI class ring. If found please call Ron at 292-9297. REWARD!

MORE ANNOUNCEMENTS!!!
LAUGH: Can you make people do it? If you think you can, we need you. Creative Realities is taping a television pilot featuring nightclub comedy. We need writers. Send us a sample of your stuff. Who knows? Comedy may be that career you're looking for. We also need television production people. Send resumes and production credits. 13682 Manteca Way, Saratoga, CA 95070.

WANT to smoke a pipe? Come join us in the fun at the S.U. Amphitheater May 15 from 1:30 p.m. Prizes and free pipes. Sponsored by PRSSA.

AN AUCTION of 25 to 30 bicycles will be held on May 11th beginning at 12:30 p.m. in the S.U. Amphitheater, SJSU. Sale will be made to the highest bidder on an item by item basis. Bikes may be inspected from 9:12 p.m. on May 11th at the auction site. All bikes must be licensed upon

purchase by University Police at a cost of \$3. Auction procedure information sheet may be picked up in the Purchasing Department, Room 110, Administration Bldg., 7th and San Fernando Sts.

FREE! FREE! FREE! FREE! Beautiful kittens, born 4-9-79, free to a good home. Call 286-9544.

WOMYN: We need you to share your womyn's energy at our Pagan and Goddess study group as we explore our relationships to nature, the moon, Amazons and witchcraft. Call Sarah at 225-6140.

automotive

'74 CHEVROLET Nova Hatchback. AM/FM stereo cassette, new steel radial tires, 6 cyl. 3 spd., 20 mpg. \$2,695. Call 238-6276.

'68 OLDS Convertible Delmont 88. Runs well, needs body work. \$650. Call Dave at 737-9794.

GOOD '67 VW Bug selling for parts or \$400. 30,000 on rebuilt engine. Call 292-3698.

'72 PLYMOUTH Satellite Sebring. Excellent condition, 100,000 miles, \$1,100. Call John, 279-6279 days.

'74 CHEVROLET Nova hatchback coupe. New 6 cyl. engine, 2 speed. AM/FM stereo cassette, \$2,250. Call 238-6276.

'72 Z40 Z. Good condition, many extras, \$3,500. Call 779-5741.

'76 SUBARU 35 mph, 4 spd. trans., 39k miles, exc. cond. \$2,000. Call Bill, 294-9643 before 9 a.m. and after 9:30 p.m. Afternoon and eves., call 379-5826.

'71 FIAT 128, 4 spd., 2 dr. sedan. 52k miles. Call 247-8547 after 6 p.m.

for sale

DEAR STUDENT, FACULTY AND STAFF: Your insurance needs: AUTO, HOME, FIRE, HEALTH. If you are not already with State Farm, call for an appointment at my office or home and we'll set up a time convenient for you on campus, at your home, or at my office. Let's get together and give you better coverage for less money. CALL: MORY STAR, 253-3277 or 446-3649.

STEREO for sale: also records and tapes. No. to sell fast. Best offer. Pils call 298-7231 (ask for Mary) if interested.

HANDSOME SCULPTURE pedestal in birch, 3'x3'x3'. Supports large, heavy sculptures. Fine detailing. \$270. Other sizes available. Santa Clara Artists Foundry. 249-5947, 2892 B. Scott Blvd., Santa Clara.

DIRT BIKE: '71 Yamaha DT1 250, set up for off road enduro. Like new. Pacifico Tank. PH. 269-0590.

'88 VW BUS. Good cond. rebuilt engine and trans. Camper. Call (415) 367-9669 after 6 p.m., wknds.

PENTAX Spomatic II cameras and lenses. All exc. cond. Call Steve at 926-6526.

BASSOON, \$525. Call Tad at 294-8952.

ENGLISH Viscount touring bike, 10 spd., hardy rider. New \$275, sale \$160 cash. Call 246-1119 between 6 and 11 a.m. and after 10 p.m.

RECAPS \$9.99. White wall 83 series. Life time guarantee. 83 series, large, \$12.99. Radial, 70 series, recaps and mud and snow, \$16.99. Exc. used tires \$6.00. THE TIRE MARKET (Discount Tire Warehouse) Dell and Sunnyoaks Ave., Campbell. Call 378-0690.

LOOK: Kodak chemicals and supplies at wholesale prices! 100 8x10 ea. Ektachlor 74 RC \$30.16. Poly RC \$22.43. Poly SW \$17.92. Tri X, Plus X, Pan X, 30's \$1.70. 20's \$1.21. 100 f.t., \$11.04. VPS 36's \$2.72. 20's \$1.95, 120 pro pk. \$8.40. Gal. fixer \$1.48. HCA \$1.56. Dektol \$1.68. Microdol \$2.52, D516 \$1.60, PK 36's \$4.12.

OVERSEAS JOBS: Summer, year round. Europe, S. America, Australia, Asia, etc. All fields. \$500-\$1,200 monthly, expenses paid, sightseeing. Free information. Write: IJC, Box 52, Corona Del Mar, CA 92625.

FALL jobs. Earn \$3.50-4.00 per hr tutoring. Positions open in all academic areas, 15-20 hrs. per wk. Apply at: ASPRIE, Old Science Bldg., Rm 200. Call 7-3554 for more info.

COMPANIONS SLEEP IN OR OUT Assist the elderly in their own homes. Choose your own hours. No fees. Call us now! Quality Care 246-7042.

PROCESS SERVER Highest paying in Santa Clara Co. You must be a citizen, over 18, and have reliable transportation. Work is not dangerous, but not for the faint hearted. Apply at 210 S. First St., 11a.m. to noon, or call 297-4664 for appointment.

FORTRAN I need help with Cyb. 5 programming. Experience please. Pay negotiable. Call eve. 277-3368.

A SIMPLE LITTLE BUSINESS: Operate wholesale distribution co. from own home or area of five (5) unique diversified lines. Immediate cash flow, 295-5028.

help wanted

'76 KAWASAKI K2 400. Exc. cond., low miles, extras. \$875. Call 266-0460 or 266-4222, leave message.

'76 KAWASAKI K7400. 13k miles, exc. cond. Luggage rack and Bell helmet. Electric starter, disc brakes. \$700. Call Pete, 279-9860.

STEREO amplifier, 75 watts/channel, \$100. Cassette recorder, \$20. Cassette deck for car, \$30. All in exc. cond. Will consider offers. Call Bill, 294-9643 before 9 a.m., 379-5826 at terminus and eves.

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ADDRESSERS Wanted immediately! Work at home no experience necessary excellent pay. Write American Service, 8350 Park Lane, Suite 127, Dallas, TX 75233.

NURSING Flexible Hours/Good Pay. Aides/Ord., \$5.00/hr.; LVN's, \$6.50/hr.; RN's, \$8/hr. Some Experience Required. Call 287-1749 for Appt.

JOBS IN ALASKA: Summer jobs. High paying. \$800-\$2,000 per mo. Nat'l Parks, Fisheries, Logging, and more. How and where to get jobs. Send \$2 to Alaska, P.O. Box 2480, Goleta, CA 93018.

BE A YOGI... BEAR! AMUSEMENT PARK FUN! Ride operators, costume characters, food services, merchandise sales, maintenance. Immediate part time openings. Full time summer. Apply NOW in person FRONTIER VILLAGE AMUSEMENT PARK.

MOVIE: "Huge Wednesday." 365 beautiful surf girls wanted. 8 ft. competition and waves. Contact Rich Kraynick Productions.

RECEPTIONIST: Pt time M/W/F mornings. Near San Jose Air port. Call Linda at 279-2800.

ON CAMPUS JOB OPPORTUNITIES FOR FALL SEMESTER. Applications are now being taken. Fifteen to 20 hours per week. Hourly wage from \$2.95 to \$4.17. Position opening for SCALE staff coordinators, responsible for recruiting, interviewing, screening, and placing interns. Coordinators are needed in the following areas: ARTS ADMINISTRATION; COUNSELING; EDUCATION; FRIENDS AND NEIGHBORS (Board and Care); RECREATION; MULTICULTURAL EXPERIENCES; and PUBLIC RELATIONS (this person only handles public relations for SCALE). If you are in need of a flexible job that fits into your school routine, then we have a position for you. Contact SCALE, a student volunteer clearing house that provides units of credit through SJSU academic departments for volunteer/internship placements in the community. SCALE is located in the office of Student Programs and Services. Call 277-2187.

WAREHOUSEMAN Driver \$4.00 per hr, work 1pm to 5pm, three to five days/wk to fit your school schedule. Good driving record required. Phone Mrs. Emm, 298-4900 Year round opportunity.

NEED a Female English Tutor for a female student. Near Almaden and Emporium store. Call 279-2024, ask for Abdul.

EASY EXTRA INCOME: \$500-\$1,000 stuffing envelopes. Guaranteed. Send self addressed, stamped envelope to: DEXTER ENTERPRISES, 3039 Shrine Pl., L.A., CA 90007.

HIGH Sierra youth camp needs sailing instructors (July-August). Call (213) 822-0131 collect.

SPRING/Summer job: River rafting guides. Responsible persons. Male or female. No experience necessary. Call Gary at 294-1618 after 6 p.m.

WANTED: part time female helper. \$3.50/hr., 7-14 hrs/wk, flexible. Must have car. Begin June 1. Call Fran at 289-1996.

COMMUNITY service program needs dependable persons to help elderly/disabled. Earn \$5. Loc. Flex. hrs. FT/PT. Call 964-4881.

PART TIME full time direct sales people for Therapeutic Pillow. Will Train. Call 779-5503.

ATTENTION Students needing extra cash. Unique way for you to earn money at home for summer, school, vacation, etc. Please send 25 cents and a stamped, self addressed envelope immediately to Carrie M. Dupree, P.O. Box 241, Ablyn, Wash. 98002.

NEED 3 young women to serve in a sales role with her peers. Products are related to the natural cosmetics/health industry. Plenty of rewards for the vivacious types. Call 733-4915 eves.

JOB opportunities. Janitor, office cleaning, part time. Mon, thru Thurs eves, and Sun. Mornings. Call 448-2252.

TEACH OVERSEAS! All fields, all levels. For details, send self addressed, stamped, long envelope to: Teaching, Box 1049, San Diego, CA 95112.

MOTHER's helper needed. M.F. days, flexible hours, \$3/hr., beginning 6/18. Call Pam, 268-0438 (home), or 395-2160 ext. 756 (work).

OVERSEAS JOBS: Summer, year round. Europe, S. America, Australia, Asia, etc. All fields. \$500-\$1,200 monthly, expenses paid, sightseeing. Free information. Write: IJC, Box 52, Corona Del Mar, CA 92625.

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A SIMPLE LITTLE BUSINESS: Operate wholesale distribution co. from own home or area of five (5) unique diversified lines. Immediate cash flow, 295-5028.

ADVERTISING: Part time. Excellent pay, exper. for ad majors. Local media. Call collect. (415) 835-1781.

SUMMER INTERNERSHIP PROGRAM: Learn business techniques. If you qualify, we'll train you for a rewarding summer in sales. Call Kevin E. Sullivan at (408) 246-1991 for an appointment. New England Life, Of Course! Equal Opportunity Employer. M/F.

ADMINISTRATIVE ASSISTANT for the A.S. Leisure Services. \$2.95/hr., flexible schedule. Hiring now and for next fall. Contact John Cagnetta, 277-2971.

MOVIE: "Huge Wednesday." 365 beautiful surf girls wanted. 8 ft. competition and waves. Contact Rich Kraynick Productions.

RECEPTIONIST: Pt time M/W/F mornings. Near San Jose Air port. Call Linda at 279-2800.

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McDonald's yet, but watch us grow. We are in business to make money, but why not have fun doing it? We can't offer you the moon, but we can promise an experience you'll remember. Phone Mr. Jackson at 295-9038 or reply to: Special Projects, P.O. Box 2667, San Jose, CA 95159. SPECIAL PROJECTS.

SUMMER roommate needed. Rent \$100, \$60 dep. Call 277-2894 (day mes. ph.). or 287-0500 (eves.).

ROOMMATE M/F 20-30 share beautiful Victorian home. Responsible non-smoker. 4 blocks to campus. \$120 plus 1/5 utilities. Call 925-1396 now.

WE NEED men/women to help market the remarkable fresh air machines. Need gen. generators are nature's way of cleansing the indoor air we breathe. We would like to show you how to earn excellent commission demonstrating full or part time. Party plans available and you can sell all summer long from your home anywhere in the U.S. Contact Ms. Craig, 866-6066.

ESTIMATOR/PURCHASING Agent. Immediate opening for self-starter that likes to work with people. Previous experience with plans helpful. Call 275-0923 days, or 354-1050 eves.

RECEPTIONIST TYPIST: No experience required but helpful. \$600/mo. Call LAW OFFICE, 998-2834.

MOTHER OLSON'S Two Houses across St. from campus, kitchen, facilities, linen and maid/sew., T.V. parking everything furnished, \$30 per wk share. \$50 wk single, 122 N. 8th St. 279-9504.

SAN JOSE RESIDENCE CLUB Great guys and gals, kitchen facilities, game room, color TV linen and maid serv. fireplace, courtyard, parking, \$32 per wk share, \$55 single, 202 S. 11th St. Call first 293-7374.

HOUSE FURNISHED. Avail. June 1. Close to campus. Security, private yard w/BBQ, garage, cable TV, W/D. Perfect couple to house sit my home on a permanent basis, and make my payment of \$275/mo. plus your utilities. Please send short application/resume to "owner," c/o George Stump, 1058 N. 4th St., No. 1, San Jose, CA 95112.

FEMALE roommate to share a room at Valley West Apts. \$105 a month. Reliable person. Tennis crts., pool. Call 292-9771.

1 BDRM. apt on S. 8th St. Clean. \$165 rent, \$200 deposit. Call Clay at 732-0940 ext. 241 or 294-7332.

FEMALE roommate needed to share rent in large 3 bdrm. house. Own room. Fireplace, fruit trees, greenhouse, chickens. Clean, walk to school. \$100. Call Danny at 292-8946.

ROOMMATE needed. Quiet 2 bdrm. in Los Gatos, \$127.50 plus 1/2 utilities. Non-smoker. Call Jeff, 255-8401 or 268-1937.

1 BDRM. furn. apt. Clean, quiet, 2 blocks from SJSU. \$200 plus deposit, all util. No smoker. Call 288-8356.

3 BDRM., 2 ba., mature adults. Quiet, clean env. 467 S. 8th St.

SHARE Victorian with 5 others. Parking, washer, fireplace, 3 bathrooms. Lots of storage space, female only. Available June 1. Rent \$125/mo., \$125 dep. 406 S. 11th St., call 289-1291.

EXTRA large (2 or 3 students). Adults only. Modern 2 bdrm., 2 ba., nicely furn. \$300/mo. 550 S. 11th St. Call 733-6433.

M/F to share duplex w/ 2 kids. Sep. entrance and quarters. Share kitchen and util. \$200/mo. Call 967-2130.

ATO is now renting large air conditioned rooms for the summer. Stop by 234 S. 11th St. or call 998-9707 or 289-8252.

APARTMENTS: 2 and 3 bdrm. For appt. to see, call 287-7590, 9 a.m. to 4 p.m. 11th St. close to campus.

SUMMER roommate wanted (f). Large clean furn. 2 bdrm. apt. Walking distance to SJSU. Must be quiet, non-smoker, \$120/mo. Call Tammy, 286-3561.

SUMMER ROOM. Furn. in leg. 3 bdrm. apt. King waterbed, TV, W/D, pool, much more. Consider smoker. O.K. \$112.50 plus util. Call Mike at 298-1386.

SEMI ROOMMATE: Cheerful, reasonable woman, 28, seeks room 3.5 weeknights/wk. Non-smoker, quiet. \$45/mo. Call Jacquie, (408) 722-7730.

2 FEMALE roommates needed. One temporary for summer, one permanent starting in June. Pool, jacuzzi, sauna, etc. Appt. approximately \$130/mo. Call 866-1975.

SUMMER roommate needed. Rent \$100, \$60 dep. Call 277-2894 (day mes. ph.). or 287-0500 (eves.).

ROOMMATE M/F 20-30 share beautiful Victorian home. Responsible non-smoker. 4 blocks to campus. \$120 plus 1/5 utilities. Call 925-1396 now.

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# A look at the Moonies

(Continued from page 6)

When the new recruit falls into this dream he or she begins to have feelings of guilt; "I must do something! I can't wander around this world without helping those who need help and guidance so desperately! How can I help?"

The new recruit is now a true recruit. His conscience has been tapped, his emotions have been strung out from one extreme to the other, and his insecurities have been heightened. For this person, there is no turning back without an incredible struggle with his moral and social conscience.

The dinner is only one means by which Unification Church members are constantly finding and recruiting new members.

Many of the organizations already mentioned are alleged to be recruiting arms of the church - people join these organizations simply to join and are not told until much later that the group is actually a part of Rev. Moon's conglomerate.

One of the biggest and best financially supported organizations is the Collegiate Association for the Research of Principles, (CARP).

This group is located on 150 college campuses throughout the nation, including Hawaii and Alaska. It exists, members say, only to "research the principles of Moon," to debate world problems and to discuss these ideas using Moon's Divine Principle to answer the question.

Members say that CARP was founded in Japan in 1964 by a group of college students for this purpose.

However, it has been learned that if a student joins CARP from a campus, he or she will eventually end up in one of the many camps which also dot the nation.

In California there are at least six camps where recruits go to "hear" Divine Principle lectures. After approximately one week at the camp all recruits will go to a place in Calistoga known as Camp K - a three-acre ranch owned by the church.

It is there that "advanced lectures" are heard, and there that new recruits are chosen for their new positions - either as primary fundraisers on the streets, or as members of an organization such as CARP.

It is during the time at these camps that new members "give" up all their possessions for "storage"

and that they are then left with only the clothes they wear.

Ex-members of the church report that during this time they are not allowed to read newspapers, watch TV or communicate with their families and friends. According to a woman who recently escaped from the church last January, when letters are received they are opened and read before being passed out.

This woman, who wishes to remain anonymous, stated that she found a large number of letters in a storeroom which had never been passed out. Among them were letters addressed to her. Often, outgoing letters are written by a "leader" (a current member) for the new recruits. When telephone conversations are allowed, members will stand by and prompt the recruit as to what to say.

At SJSU, CARP petitioned and gained recognition as a campus organization in November 1978. According to the rules of the Office of Programs and Services, an organization must have 15 student members to sign the petition.

It has been learned from CARP president Dale Milne that some of the students who signed the petition were students from other CARP organizations who enrolled in SJSU simply to start the organization. According to Milne, these students have now transferred to other campuses.

Milne, 33, became president of the Moon-affiliated organization just this semester. He feels that he responds more to the staff member Kizashi Takemura, a 10-year CARP member from Japan.

"President is kind of an honorary title," Milne said.

One of the allegations against the church is that members who have been in a number of years are given "empty" titles to appease their need for advancement.

However, Milne does believe he provides information and takes on responsibility. But, "Kizashi and Loretta do most of the organizational work," he said.

Milne does not know exactly how many CARP members there are at SJSU. "Some members give 100 percent to the group, some only 50 percent or 10 percent."

According to Loretta Paquette, another "staff member" of CARP who travels from campus to campus, there are five members at SJSU.

Many newspapers have given accounts of yet another recruitment method which CARP uses. This is the weekend seminar series where potential members are invited to a local house which is either owned by the church or leased to CARP members from an outside source.

During the weekend there are extensive lectures on the Divine Principle, lasting as long as three hours at a time. Guests are given hard, straight-backed chairs and sit in front of a blackboard where the "staff member" will draw diagrams and charts to accompany the lecture. There is a long discussion session after each lecture and prayers precede each meal and lecture.

CARP has a songbook which contains many traditional religious songs, contemporary songs ("The Impossible Dream") and many church songs.

Often, lines or stanzas are changed slightly to further the indoctrination process. There are many songs which seem to speak of Moon himself, and there are songs which speak of going to one of the many houses around the Bay Area.

Since the Unification Church claims not to influence new members to leave their outside lives, it is of particular interest to note that one song of the church reads like this:

"Grab your coat and get your pack/ Leave your worries on the Campus/ Just direct your feet to the Sunny side of Hearst Street./ Get off the BART and do your part/ Leave your troubles, leave them on the train tracks./ Come and get your seat at 6502 Dana Street./ etc.

There are many unanswered questions concerning the Unification Church. During the Watergate years the church and people associated with it were investigated by Congress. The Unification Church was suspected of being linked with the Korean Central Intelligence Agency (KCIA) and of trying to influence the outcome of the Nixon impeachment proceedings.

However, nothing concrete could ever be found against the church. Many of the questions stem from the church's wanting to "unify" all the world religions under one religion - the Divine Principle - as conceived by Rev. Moon.

Many of the speeches given by Rev. Moon suggest possible overthrow of world governments and replacing these governments with the laws of the

Divine Principle.

Members of the church dispute these allegations saying that the only goal of the church is to prepare the world for the Second Coming of Christ.

When members are asked point-blank if Rev. Moon is the new Messiah, the reply is almost the same in every case. They say that Rev. Moon is their personal saviour and that they, "personally," feel he is the new Messiah. However, they disclaim any common belief in his being the man to "bring the Kingdom of God on Earth."

It has been reported by ex-members that upon leaving the confines of the church they have been followed, have had their phones tapped and their houses watched. Many times, threatening phone calls are received.

Mark Matsuzaki, West Coast director of CARP, said no steps are taken to stop those opposed to the movement. However, Rev. Moon himself stated in a speech called "Indemnity and Unification," Master Speaks, Feb. 14, 1974:

"To simplify this, in other words, so far the world can be against us and nothing happened. Now when they are against us, then they are going to get the punishment. So from this time of peak every people or every organization that goes against the Unification Church will gradually come down or drastically come down and die. Many people will die - those who go against our movement."



Mary T. Lee photo by David Korner

## Mary T. Lee selected Daily's fall editor-in-chief

Mary T. Lee was selected as the fall semester editor-in-chief for the Spartan Daily Monday over seven other candidates for the position.

The selection was made by the Editor Selection Board, comprised of four journalism teachers, three current editors of the Spartan Daily and the Chairman of the Department of Journalism and Advertising, who sat as chairman of the board.

Lee, 28, will be a senior next semester. She is majoring in journalism.

She covered academic administration this semester for the Daily.

She was the editor-in-chief of the De Anza Community College

newspaper, La Voz, during the fall semester 1977. She won first place awards in both editorial and news writing during her three semesters on the staff of La Voz.

An investigative team primarily composed of returning reporters will be among the changes that Lee plans for this fall's Daily. The team would be responsible for in-depth reporting as well as investigative reporting, Lee said.

"In covering day-to-day news, we often don't have time to do background stories and in-depth features on what's happening," Lee said.

The other editorial positions for the fall staff should be filled by Friday, Lee said.

## Association seeking fundraising applicants

Still looking for a job after graduation? The California State Student Association is accepting applications for a newly-formed position of fundraiser.

petition for two other such positions has been light. They received approximately 10 applications in one month, she said.

The position will entail various duties such as seeking private donations and government grants. It also involves developing travel programs, insurance plans and conferences on behalf of the CSSA.

The position, open to all CSUC students and recent alumni, will pay \$585 a month plus a 17 percent commission not to exceed a total of \$15,000 the first year. It has been established on a one-year trial basis in an effort to make the expanding association self-supporting.

The best qualified candidates would have experience in fundraising or public relations, according to June Robertson, CSSA liaison. "Grant-writing would be probably the main thing we're looking for," she said.

Applications are available in the Placement Office, the Dean of Students office and the A.S. office on the second floor of the S.U. and must be received no later than June 1. Interviews will be held in June and the winning candidate will start as soon after July 1 as possible. Robertson said com-

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# SUMMER Fantasies



AR. A. S. Miller

# Symbolic magic turns to drudge as summer heat brings out bugs

By James P. Wagner

"There ain't no cure for those summer time blues . . ."

Summer vacation is an existential crisis.

It's a test, like those laboratory rats, who when faced with an overwhelming

number of tantalizing choices, break down.

Summer vacation is a three-month microcosm of life itself, where after the symbolic death of finals, we are thrust reborn into a 90-day void, a chasm of infinite choices, a formidable block of

time which must be filled.

To those who possess a degree of enterprise, fate has predestined the course through summer. Internships, summer jobs, summer school and the like eat most of the time from June to September for industrious people.

To others, summertime is a drudge.

It seems it's all been done a thousand times before: the summer job at the pizza parlor, laying by the pool or at the beach and turning over and over, basting on a self-propelled spit to get that complete, perfect tan so everyone thinks you're really having a great time.

There are mosquitos who buzz away their two-week lives on hot, sticky summer nights just to torment you.

There is ingesting huge quantities of iced tea, watermelon, cold cuts and melting ice cream.

And, there's spending a lot of time thinking about all the time wasted by thinking about all the other things that could be done -- the exciting things summer should be made of, but somehow aren't.

Learn surfing. But, learn mouth-to-mouth resuscitation and how to set a broken bone first.

Back packing through the Sierras is a possibility. But, make wilderness reservations a couple of months in

advance and bring plenty of rash medicine and anti-bug spray.

Do something really exciting. Venture onto a nude beach. Just ignore the exhibitionists and don't stay out too long or intravenous Coppertone will be needed.

The boredom that typifies most summer jobs can be alleviated by using just a modicum of creativity. When things get slow at the pizza parlor, try putting the pepperoni on *before* the bell peppers, or try serving up a raw hamburger, just to catch the customer's reactions.

Try some adventures at home. Explore those forgotten corners and cupboards which fill up with all the unwanted relics of a forgotten past.

Even when summer aspirations acheive fruition, they seem to backfire. Remember that trip to Mexico that turned into a gastric nightmare? Or spending two weeks in Tahoe babysitting a singularly obnoxious sibling while the folks hit the casinos? Or spending the summer with midwestern relatives who ate liver or boiled cabbage at last twice a week?

Alas, for most of us summer is a time to be endured. We secretly relish the time for a return to higher education, only to lament that vacation ended too, too soon.

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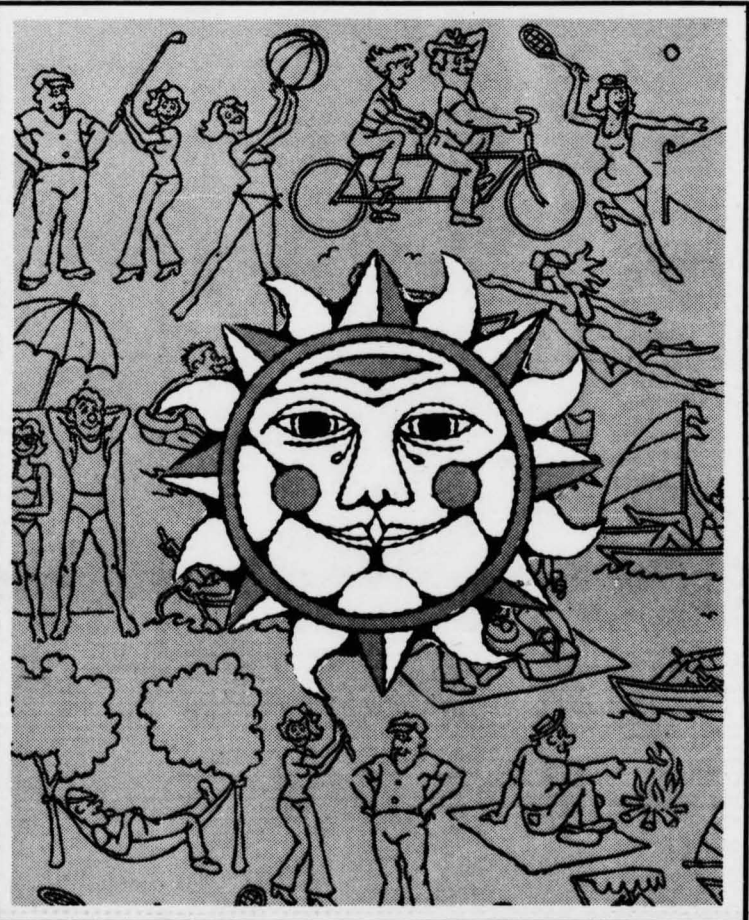
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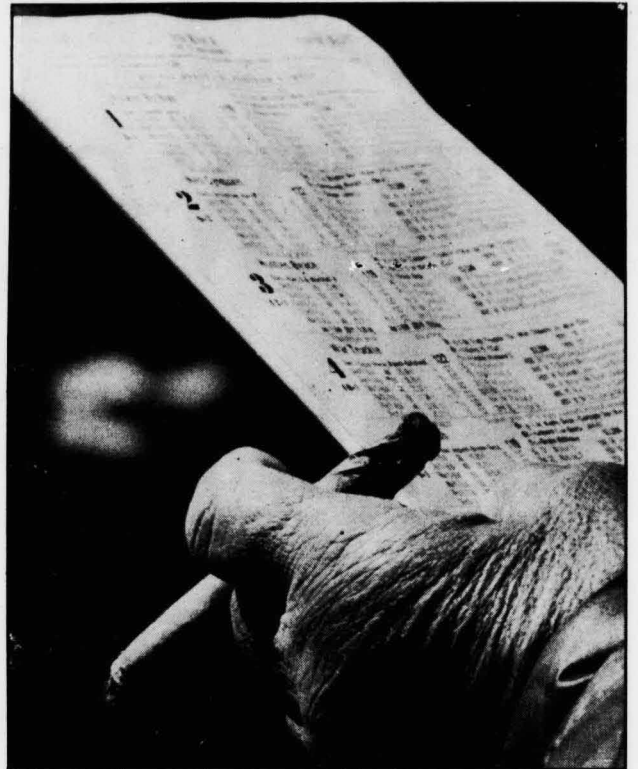
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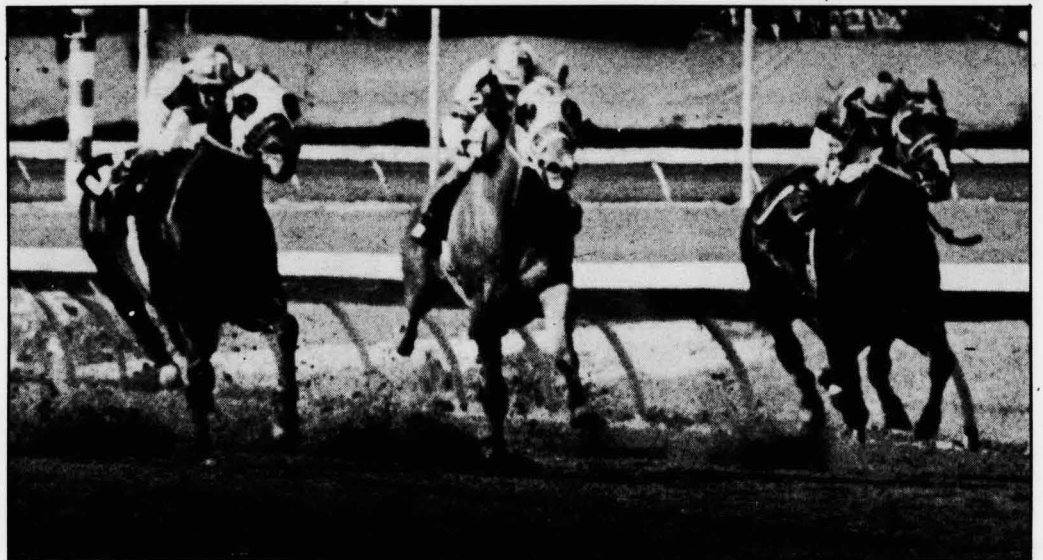
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## A day at the races

By Steve Carp

A constant buzzing can be heard. It lingers overhead like a heavy cloud. There's paper of all sorts strewn about. Cups, bottles and half-eaten sandwiches accompany the paper.

All of a sudden, everything else is cast aside and all eyes focus on a mechanical barrier that is stretched across a dirt path.

The eyes follow the machines that have been let loose from the roadblock. Dirt flies every which way, whips crack in the spring air and shouts of agony and ecstasy can be heard.

In 18, maybe 20 seconds, it's over. Like a hurricane that came out of the clear blue, and then just as quickly disappeared, things return to normal.

Why do people come here, knowing the odds are highly stacked against them walking out with more than they came in with? Why do they have conniptions (literally) over something they have no control over? Why do they like to abuse themselves?

Why, why, why?

While it's true that there are more losers than winners at the track (that's why they're in business!), it's also true that racing provides exciting entertainment and the horse, in full gait, might be one of the world's most beautiful spectacles.

The drama that is racing unfolds nine times a day at two Bay Area tracks, Bay Meadows and Golden Gate Fields. The two plants handle three types of

racing: thoroughbreds, standardbreds or harness racing and quarter-horses.

The thoroughbreds are more of the distance variety and run with small men on their backs that have a touch of velvet in their hands.

The quarter-horses are a little smaller than the thoroughbred and run shorter distances. Most quarter-horse races are all-out sprints and it's been said that should you blink an eye, they're already by you.

The harness horses are just that. Sulkies are harnessed to the horse and the driver sits behind the horse and "drives" sitting in "the bike." Most harness races are a mile in distance and are run in two minutes or less.

A quarter-horse race is usually over

in 20 seconds. The average quarter-horse race is 350 yards, with the longest being 870 yards.

Thoroughbreds run from five furlongs to 2-1/4 miles. The thoroughbred game is an exquisite one, with a long history rich in tradition. In fact, thoroughbred racing has been called "The Sport of Kings" due to its regal roots (Racing was originally run exclusively for royalty).

Barry, an 18-year-old from Hayward, has been going to the track for almost a year. He, like so many others, went to the track on a whim and became hooked.

"Now," he continued, "I go once a week or when my wallet can afford it."

(Continued from Page 29)



## backstreets

By Steve Carp

By Steve Carp

Since I had to do the racing story for this publication, I figured to do a little "punting" myself.

Armed with \$30 (borrowed, I might add. God forbid I'd be advanced money from the journalism department to gamble), I was more pessimistic than optimistic when I walked in.

I did a couple of interviews and set out to make the first plunge of the afternoon. I wanted to pace myself so I wouldn't be tap city before I knew it.

With that in mind, I bet \$2 win, \$2 place on "Tweak." I was going back to a nag named "Fair Press" but in light of the recent Supreme Court decisions involving journalists, I didn't think it would be a wise move.

Anyway, "Tweak" went off at 5-1 and finished third, only a half length from the winner.

So I'm down four bucks and luckily for me, there's no Daily Double (you have to pick the winner of the first two races to win), otherwise I'd be deeper in the hole.

In the second, I bet \$2 on a first-time starter, "Razas Rocket." The horse's trainer was the leading one on the grounds and the rest of the field wasn't much to write home about.

Shockingly, "Razas Rocket" won easily at 9-1 and I'm in the black, up \$16. Immediately, I run from the cashier's windows, (I had to ask a cop for directions) to get a taco to celebrate.

More interviews. I interview a nice couple. The guy tells me he likes the No. 3 horse. I agree and set out to bet him.

But for some reason, I change my mind. I remember what some guy told me about the inside being dead and the outside winning a lot. I look at the board and see the same trainer who handles "Razas Rocket" has a horse entered, "Over and Above."

Quickly, I bet \$2 win, \$2 place on "Over and Above," who goes off at 4-1.

Sure enough, he's over and above the rest of the field and prevails over - you guessed it -- No. 3, who was 5-2. My second straight winner and now I'm up \$32.

The fourth race was the easiest. "Skill and Science," an appropriate name for a horse, methodically wired the field. Actually, he buried it, winning for fun. Starting to feel less cautious, I'd bet \$5 to win and at 5-2, "Skill and Science" puts me up \$47.50 and now that I've got my hat trick, what else is there?

Unfortunately, the streak ended next race. It was an evenly-matched affair and I went off the winner to bet a horse named "Mr. Meats," who ran like a reject from the Alpo factory. The nag cost me \$4 but I'm still comfortably ahead.

In the sixth, a "distance" race (870 yards), I figure it's time to start stepping out. I bet \$10 on "California Seven," a 7-1 shot who had won two of his last four starts.

"California Seven" gets left at the gate and finishes up the track. Surprisingly, I'm not too upset although I'm starting to become concerned.

The photographer goes out to the car to get it started and I tell him I'm going to stay for one more race. I knew I was going to leave a winner but the question was, "How much?"

All the way up, I was thinking how to write a sympathetic piece about myself, the columnist who gets his ass handed to him on a silver platter by the Q's.

Now, I'm thinking how to make it humble even though it's near impossible. I decide to call it straight, like it happened (as you've been reading).

The seventh race is about to start. I haven't bet an inside horse all day, following the old man's advice and I'm not about to start now.

I go to the No. 6 horse, "Ragtime Wrangler," who's the second choice at 3-1. There's an even-money shot that looks real tough but he's inside my horse and the favorites haven't won all day either.

With \$6 win, \$4 place, "Ragtime Wrangler" jogs, the even-money shot is off the board and I'm chirping like a canary.

I make my fourth and final trip to the cashier's and with a cheshire cat smile, find out I've taken the track for 72 bucks, which ain't bad pickin' in anybody's book.

As I'm leaving the track, a crazy thought enters my mind, "What the hell am I doing beating my head against the wall as a sportswriter when I can be enjoying myself winning at the track?"

Editors note: Backstreets is a regular feature of the Spartan Daly sports pages.

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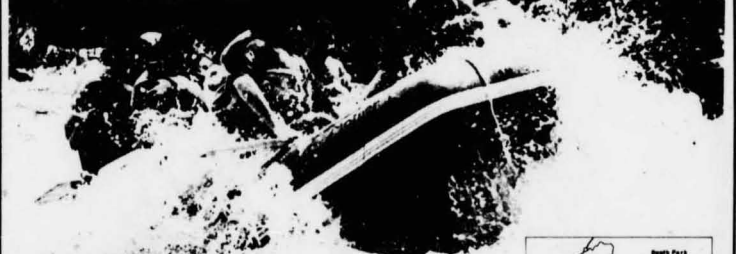
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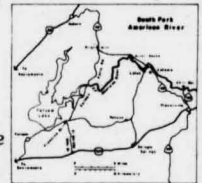
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# Underwater frontiers await scuba divers

By J.S. Whaley

For those people who want to try something different this summer that is relatively inexpensive, an exciting change of pace and doesn't require travelling long distances, scuba-diving may be just the sport to help people pass their idle summer hours.

First, some myths about scuba-diving should be dispelled. A person does not have to be in perfect physical shape to dive. Expert swimming ability is unnecessary but the prospective diver should be proficient at it. Diving masks with prescription lenses are available for those persons with vision problems.

Anyone from about 15 to 60 years of age or more can learn to scuba-dive easily.

the effects of pressure and depth on the human body.

The second part of the instruction is where the student, outfitted in new equipment, practices the ideas learned in class with fellow students in the pool.

The last sessions are usually held in the ocean, where the students demonstrate all they have learned to the satisfaction of the instructor. Private classes last from five to seven weeks whereas the SJSU course would last a semester.

At the end of the training, the student must pass a written exam to be certified as a safe and proficient diver. Without the certification, a diver is unable to have air cylinders filled, thus effectively barring the person from diving.

## Summer spent scuba-diving is exciting, close, inexpensive

Learning to dive requires a minimal amount of training from experts. The training can cost anywhere from \$40 at a recreation department, to \$70 at a private school to \$80 if taken as a two-unit class at SJSU.

A decision as to where to take the class is of the utmost importance. A good instructor can make the difference in whether or not the student learns to dive properly. The interested person should shop around and talk to anyone who has taken a class somewhere.

The other major cost for beginning divers is the purchase of a mask, fins, and snorkel. Some instructors will ask the learner to buy boots and gloves as well. This basic equipment is required for either scuba-diving or snorkeling.

Scuba is an acronym meaning self-contained underwater breathing apparatus. The difference between scuba diving and skin diving is the use of an air cylinder, in scuba, as opposed to a snorkel with skin diving.

"It's important that this equipment fit well," said Frank Barry, 29, manager of Stan's Skin Diving Shop in San Jose.

"It's almost impossible to train people with water constantly going up their nose due to a leaky mask.

The equipment comes in a wide range of styles and brand names. To be outfitted properly will cost from \$50 to \$100.

"The prospective diver should weigh the advice of the instructor, shop around and wait awhile before buying expensive equipment that may not be just what is needed," Barry said.

"About 8 percent of the people who go through a dive class will never dive again," he said. "since the different dive shops know this, the unscrupulous shop owners will try and sell these people expensive equipment they don't need and won't use."

The training is usually divided into two parts. Instruction is similar to a class lecture where the student learns basic information such as safety procedures, use of more advanced equipment and

This is not an actual law, but ethical dive shops have agreed to keep the above policy so as to insure safety in the sport and prevent possible lawsuits, according to Barry.

Any other equipment the beginner will need is supplied for the class, and can be rented for a nominal fee when the person is ready to try a dive with friends.

Eventually the person who gets heavily involved in diving can spend literally thousands of dollars on every type of gadget available and there are many.

Even someone who wants to dive only occasionally might want to buy an air cylinder, a regulator, an air vest, and other basic items that the diver would have to rent otherwise.

With sound advise and adequate knowledge, equipment that will last a lifetime can be purchased.

The diver is now ready to enter the underwater world where life abounds and every direction holds new and amazing discoveries.

Any fears are quickly forgotten as the diver floats above the seabed, dimly visible fifty feet below. As the diver descends, forests of kelp stretch upward to the surface.

The color and beauty of the sea from this perspective is an overwhelming experience not quickly forgotten.

Many divers like the sport just to observe the underwater environment, or explore, but there are other activities.

Underwater photography is a challenging and rewarding hobby, with unlimited possibilities for pictures. With a spear-gun and a fishing license, a diver can find out what its like to spear a 20 to 30 pound rock cod and try to hang on.

Scuba diving is unique and one of the few sports in the world that offers unexplored frontiers. Scuba-diving offers freedom from the conventional or routine. It may be just what some person needs to add a little excitement to their summer.





## Bay Area waters offer the snorkler food, fun

By J.S. Whaley

Snorkeling can be a fun and interesting sport, but more than fun it can also be the means by which the participant ends up with an abalone steak for dinner.

Snorkeling is not only appropriate for the occasional vacation to Hawaii or Mexico, but is also a sport that is popular in the Bay Area.

It is true that the water temperature along the California coast is not as enticing as the tepid waters off Hawaii, but it is also true that California, particularly the area around the Monterey Bay, has some of the most interesting and unusual marine life in the world.

Other locations, such as Tomales Bay and Bodega Bay to the north of San Francisco, boast a large quantity of delicious abalone, available by law to divers only with snorkeling equipment and a fishing license. Scuba diving equipment cannot be used to gather abalone north of Point Lobos State Reserve.

Due to the temperature of the water off the California coast, equipment not necessary in warmer locations must be used.

Besides the standard mask, fins and snorkel, a wetsuit is required to keep the wearer warm, and because of the buoyancy of the wetsuit, a weightbelt is added to allow the snorkeler to descend.

Add to this an inflatable vest to keep the diver afloat without any effort, and the prospective snorkler is ready to make the big plunge.

As its name implies, the wearer of a wetsuit does get wet. It keeps the wearer warm by allowing only a small amount of water to trickle in between the diver and the suit. The water then warms up from the body heat and is quite comfortable if the suit fits well.

All this equipment can be rented from a scuba or skin diving shop for a

reasonable amount, around \$10 to \$20. People who snorkel frequently though, will probably want to purchase at least the mask, fins and snorkel because they can be made to fit better and be more comfortable to the wearer.

Those interested in taking a class in snorkeling will probably have to buy the aforementioned equipment as a requirement for taking the class. Instructors usually ask students to buy at least these basics.

Classes are available from private schools which operate through dive shops, junior colleges, recreation departments and SJSU, among others.

The cost varies from an entrance fee of a few dollars at a junior college to \$50 at a private school and more if taken at a private school or at SJSU.

## Book air fares at the earliest possible date

The silver birds are taking off in ever greater numbers, apparently unaffected by the fuel crunch that motorists must deal with this summer.

But if you plan to fly anywhere this summer, the word from the airlines is to book now. Fares on domestic flights with any airlines are going up by four percent May 15. Flights to Hawaii will cost approximately four percent more.

Some airlines offer reduced student fare or stand-by fares. There are special family travel packages available also.

If you don't mind picking up your ticket up at the travel agency rather than the airport, you can book through a travel agent. There is no extra charge; the airline picks up the tab.

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### No longer rinky dink

## Sport's role changes; new twists to old game

Remember the first time you ventured out into the cold, cruel world of cement and asphalt on roller skates and promptly kissed the ground with your kneecaps?

Those were the days of metal skates with metal wheels, brass skate keys and no ankle supports?

Mother always had a ton of band aids on hand and lots of love and candy whenever the battered skater limped home.

But the sport of skating and skating techniques have changed.

Today, it's do it wherever and however you can. Disco skating is the latest thing and portable headphones-like radios make it easy to take the music along everywhere.

Safety equipment has made it easier for us with tender bones and soft seats. Knee pads, elbow pads, gloves and helmets have saved many a suicidal roller skater from hurting themselves after rolling off the edge of a cliff or into a lake.

Skates today are made so that the wheels are attached to a shoe which laces all the way up past the ankle. It

may save many twisted ankles but it won't help you to stand up any better.

And the wheels? Ah, yes. Those confounded metal ones have been replaced by a supposedly all new plastic type of material which makes hardly an noise at all.

Tell that to someone the next time he finds himself suddenly plastered against a skater going down a hill.

Skating rinks are a great place to start for the beginner, but what's the fun in going around in circles for an hour or two?

That is, unless you manage to set a lap record of one lap per hour ... with lots of pit stops in-between.

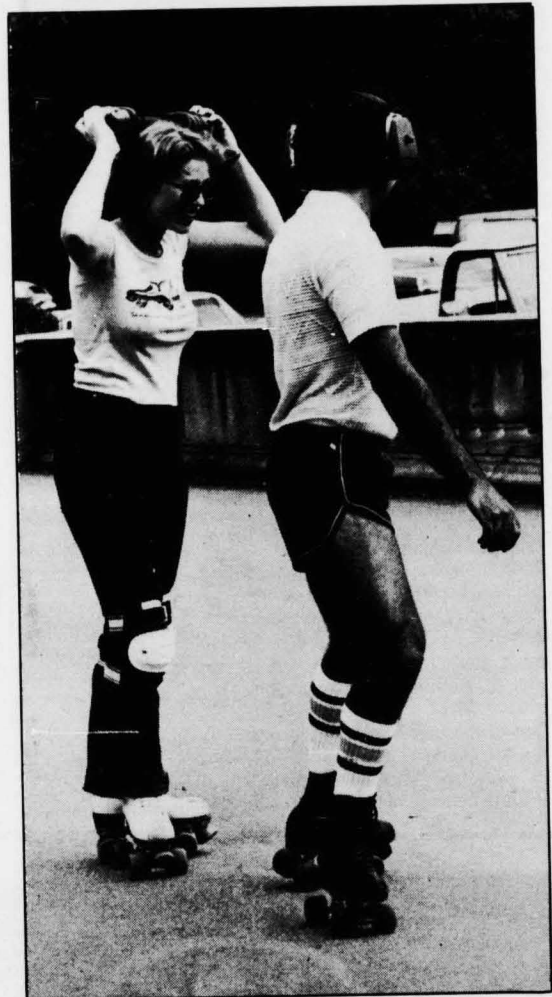
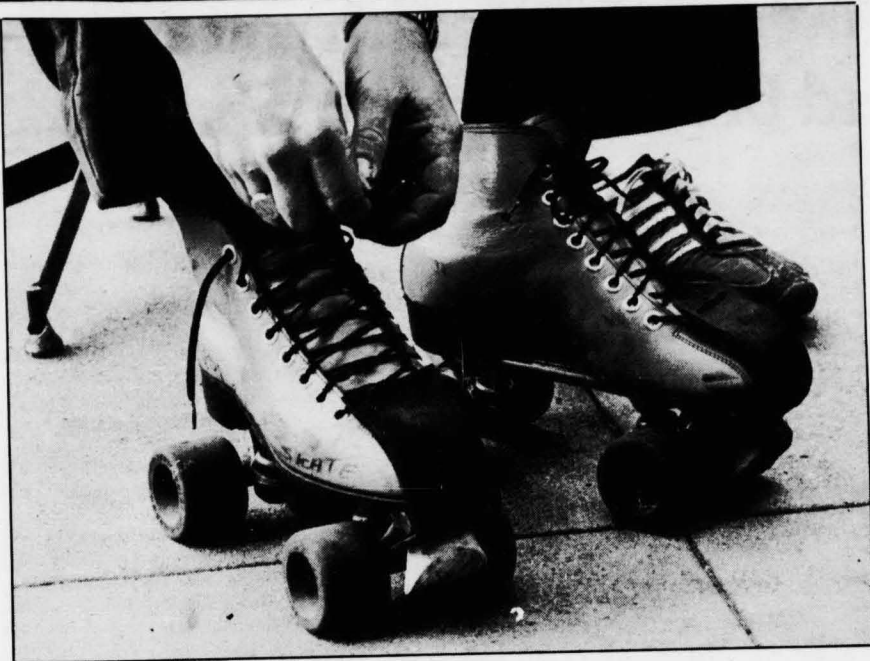
The great outdoors is the place to roller skate. Out there among the birds and the bees and trees and cars, it may become the quickest mode of transportation.

It's cheap, uses no gas and gets 30 miles to a gallon of hot air.

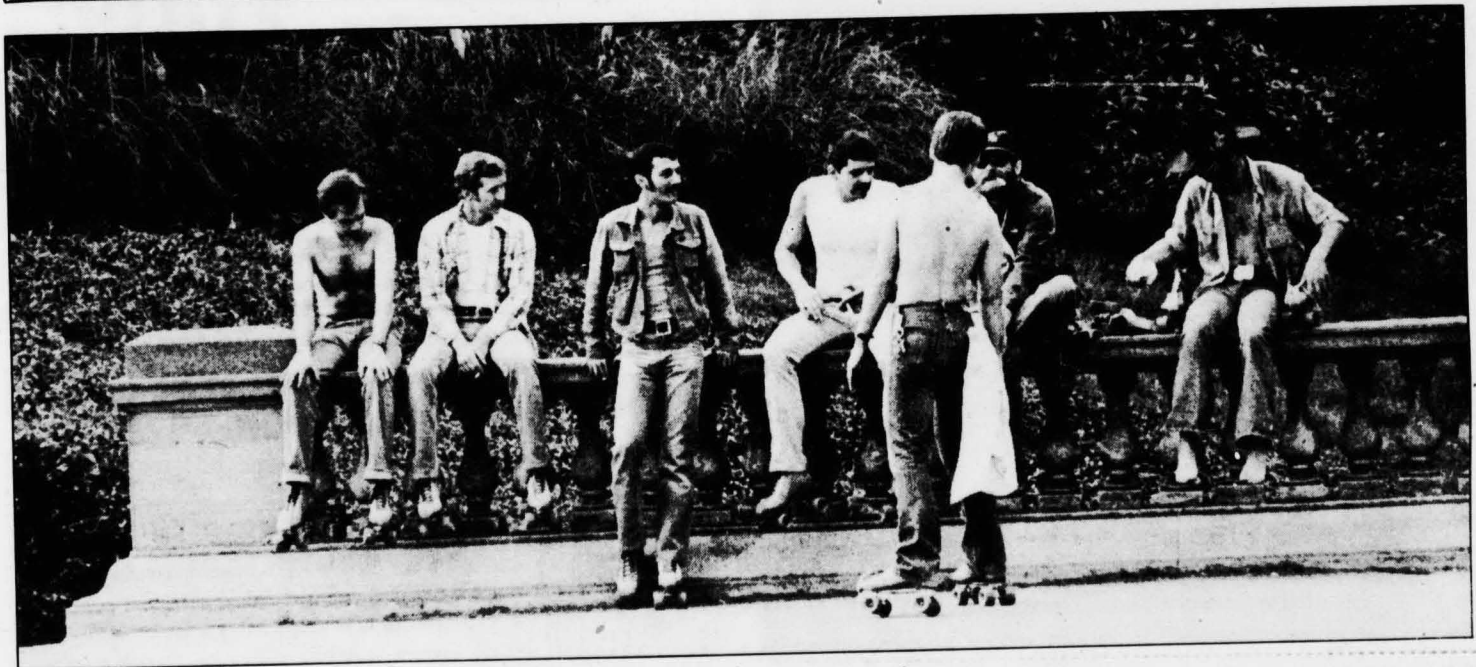
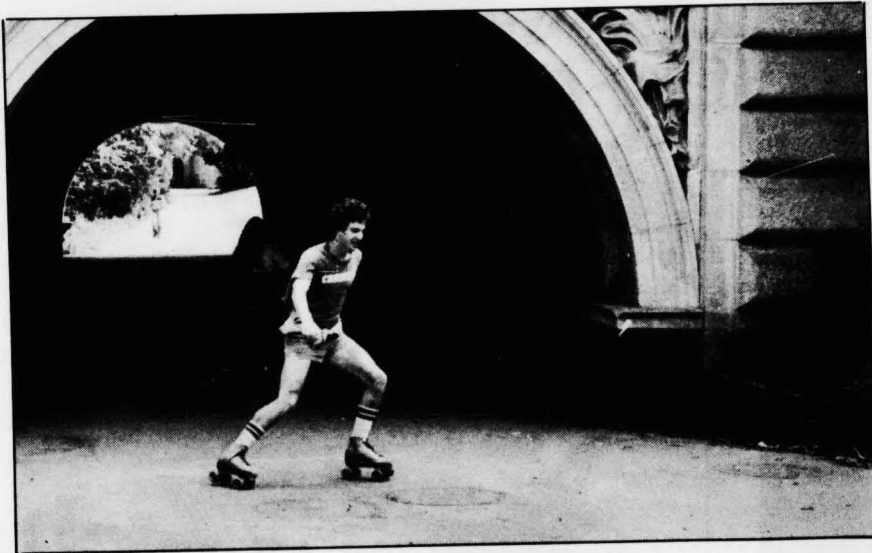
But it's good to see some things in America's fasting rising sport never change.

People still fall down.





Story by Cindy Tong  
Photos by Ellie Harland



# Exercise, diet puts one on the health road; skating, dancing and brushing teeth all help

By Darcy Asvitt

With summer right around the corner, thoughts of long days spent at the beach are entertained.

But if the thought of shedding bulky winter sweaters causes one to hide in the closet, don't despair.

A diet and exercise program can put anyone on the right road to health and fitness. Start now and come end of June, you'll be romping on the beach in a swim suit, hardly remembering those "closet" days.

For successful dieting, it is important to have the right frame of mind. Don't think of it as dieting, but instead, begin a new way of life. Because once those unwanted pounds are shed, no one wants to go back to old eating habits.

Try not to get discouraged mid-way through the "new beginning."

Accentuate the positive. Envision ones self in new clothes, or think of how great the feeling will be when set goals are reached.

Don't dwell on how hard it is to lose weight. Nothing good ever came easy.

One of the best exercises there is, and also the hardest, is to simply push oneself away from the table -- before that second helping of apple pie a la mode.

Proper nutrition, exercise and rest are all essential to succeed at dieting. Following are some tips which also help.

-- Drink lots of water. It not only flushes out the toxins in the body, but

class. People are more likely to exercise when they "have to" in a class instead of relying on self-discipline to exercise at home.

-- Never shop when hungry. High calorie snacks and a high bill are the

create diversions in other ways, preferably with strenuous physical activity.

-- Never drink liquids at all during meals. Liquids tend to dilute the food too much and interfere with digestive juices.

-- When starting to reach for that candy bar or piece of cake, stop and ask if this is what is really wanted.

-- Keep busy. Inactivity and boredom are grounds for overeating.

There are numerous activities that combine fun with shaping up and burning calories.

For instance, roller skating is one new craze that slims the legs and trims hips and waist. Skating burns up about 360 calories an hour, just about the same number of calories as a piece of chocolate fudge cake.

Dancing is also a great way to mix fun with shaping up. Disco, ballet, tap, belly dancing, jazz and ballroom dancing are just to name a few. Join a class and learn how.

Other activities that are fun and burn up calories and tone muscles are bicycling, jogging, tennis, racketball and swimming.

Watching calories doesn't necessarily mean one has to starve or live on carrots and water. Satisfy that



leaves one with a full feeling.

-- Don't have high calorie snacks on hand. It's hard to maintain control when goodies are around. If they aren't there in the first place, no one can eat them.

-- Brush your teeth a lot. Usually people don't want to eat just after brushing their teeth.

-- Join a gym or body conditioning

usual result.

-- Don't eat anything after 7 p.m.. There isn't much chance to burn off calories in the evening.

-- Eat slowly and take small bites. This enables the stomach to signal when it's had enough to eat.

-- Understand eating habits. Don't eat when bored, tense or before exams. Find out when likely slip-ups occur and

(Continued on Page 11)

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# Fitness of mind and body are related

By Debbie Hunsinger

Fitness of the mind and fitness of the body.

Americans are discovering the two go hand in hand, according to Thomas Tutko, SJSU psychology professor

Since the turn of the century, Americans have had more time and freedom and "all the basics" such as food, clothing and shelter have been taken care of, Tutko said.

"The next level you move after all that is you become concerned about yourself," he said.

Especially in the last 15 to 20 years Americans have realized "you can't feel good if you are tired all the time.

Tutko, author of several books on sports and coaching, will teach psychology of coaching in the fall in the human performance department. He

also has worked as a psychiatrist for many types of athletic teams. Through his involvement in this area he has monitored the changes in society.

He said about 44 percent of the people in the U.S. have an interest to some degree in physical fitness and exercise, while 15 percent of the population could be called avid health nuts. However, he said another 15 percent are almost totally opposed to exercise, many because they think the additional strain on the body is not healthy.

Tutko explained that this movement is an outcrop of the "me" generation of 10 years ago. He said people of this generation were more concerned about what they could do for themselves.

As a result, the mental aspect of

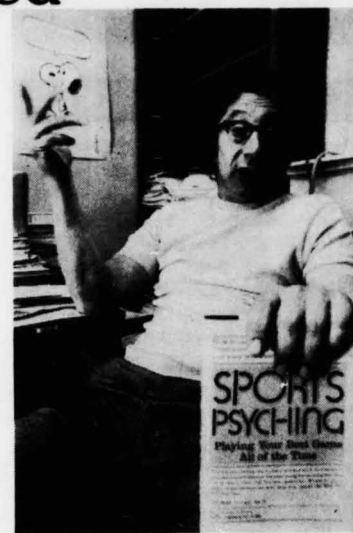
exercise and health, although "still a fuzzy area," will become a more integral part of our education," Tutko predicted.

People are finding there is a delicate balance between being physically fit and psychologically fit, and once a person adopts a routine of physical activity their "self concept changes," he said.

They become more outgoing, self-assured and assertive, and by taking care of their cardiovascular system they improve the quality of their life in length and style, he said.

"People are not only more active but they usually have more energy also," he said.

"Even if it starts out as a fad, the more you do it the more you feel the difference and the idea will rub off on you," he said.



## Healthy diet tones bodies

(Continued from page 10)

sweet tooth and bathroom scale with these low calorie recipes.

### Chocolate Mousse

- 1t. unflavored gelatin
- x/2 cup cold water
- 1 package low calorie chocolate pudding mix.

- 1/2 cup crushed ice
- 3 egg whites

In small saucepan, dissolve gelatin in cold water. Add pudding mix and blend well. Simmer the mixture, stirring constantly until it thickens. Cool to room temperature. Beat the egg whites, slowly adding the crushed ice, until mixture holds a peak. Fold the egg whites gently into the pudding mix. Mix well. Spoon into dessert glasses and chill for at least one hour.

4 servings: 40 calories each.

### Ruby Ice

- 2 10-ounce packages frozen raspberries, thawed
- 2 egg whites
- 1/4 cup granulated sugar

At least five hours before serving:

Press raspberries through a sieve and discard seeds. In a chilled bowl beat egg whites until soft peaks form. Beating constantly, slowly add sugar, then beat until stiff peaks form. Fold raspberry puree into this meringue. Freeze, stirring occasionally until consistency of soft sherbet. Serve in

chilled dishes.

Activities	Calories Expended per minute
Walking, 2 mph	2.8
Walking, 3.5 mph	4.8
Bicycling, 5.5 mph	3.2
Bicycling rapidly	6.9
Running, 5.7 mph	12.0
Running, 7.0 mph	14.5
Swimming, 2.2 mph	26.7
Swimming (breaststroke) 2.2 mph	30.8
Swimming (backstroke) 2.2 mph	33.3
Tennis	7.1

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# Windsurf on the bay

By John Jones

Grasping the boom with both hands and with two feet planted firmly on the 12-foot long board, you begin to move faster and faster across the surface of the water as the wind fills the sail.

No, it's not sailing, but instead one of the newest water sports -- windsurfing.

Many persons in the Bay Area are heading for the water to hop aboard the sail-donned surf boards that, according to many salesmen of the craft, require very little skill to operate.

All it takes to maneuver a windsurfer, according to Mike Locatelli, salesman at a Santa Cruz sporting goods store, "is a little bit of balance and the will to go out and do it."

Unfortunately, it also takes a sizeable investment, approximately \$700, for the purchase of the windsurfer, and an additional \$85 to \$145 for a wet suit to protect against the chilly



waters in the Bay Area.

Many of the stores which sell the windsurfer and wet suits, also offer lessons for their customers. Even though the boards are touted as easy to use, some people may need instruction on the handling of the booms which steer the craft.

The lessons, available from several company's which sell the boards, cost approximately \$45 for two, three-hour lessons.

Windsurfer rentals are also available from some stores which sell the boards. Due to the amount of equipment being rented, a person must have a card from the North American Windsurfing School certifying that the person knows how to operate a windsurfer.

The best conditions for windsurfing, according to a windsurfer salesman in the East Bay, is light, one-to-two mile per hour winds, especially

while a person is learning to ride the board.

Many areas around the Bay Area, such as the Foster City Lagoon, the Oakland estuary, and the bay off of Marina Green are popular windsurfing spots.

Windsurfing is a relatively new sport in the United States, after enjoying a long and still popular life in Europe.

photos by Terry Stelma



# Rocky's comeback

Rocky will be on the comeback trail, a slain president's brother will start up a search for an assassin and Butch Cassidy and the Sundance Kid will resume their frontier hijinks.

These and other celluloid sagas will be unreeling in the next few months on local screens as area movie houses make their bid for summer audiences.

For release this summer, United Artists has filmed a sequel to "Rocky," that story of the travails and eventual triumph of a struggling boxer. The studio is coy about divulging any plot line to the sequel which, surprisingly enough, is entitled "Rocky II."

Silvester Stallone and Talia Shire have returned in their original roles as the Philly boxer and his girlfriend.

From Avco Embassy pictures this summer will come "Winter Kills." This unseasonally titled release stars Jeff Bridges as the brother of an assassinated U.S. president who discovers a conspiracy involved in the death of the chief executive.

Also on the screen in "Winter Kills" will be John Huston, Elizabeth Taylor, Tony Perkins, Richard Boone and Japanese great Toshiro Mifune.

Butch will be back with the Sundance Kid at his side next month in Twentieth-Century Fox's "Butch and Sundance: The Early Days."

Now for the catch: Paul Newman and Robert Redford will be no where in sight. Fox has signed on two "relative unknowns"---Tom Berenger and William Katt---to portray the duo in dungarees.

Billed as "hilarious and exciting" entertainment, the sequel to the earlier hit chronicles the Western pair's first forays into crime.

A 19-year-old youth develops into a fanatic italoophile in "Breaking Away," another summer release from Fox. This strange passion for things Italian adds up to complications since the young man in question resides in the All-American midwest.

The film on the pangs of growing up climaxes with the racing of a miniature Indy 500, reflection of the youth's adoption of the Italian predilection for racing as a sport.

"Breakaway" features Dennis Christopher in the leading role.

A sports flick of another sort will debut when the Avco Embassy release "Golden Girl" makes it to the screen this summer.

"Golden Girl" is the story of a young woman, "psychologically and physically" programmed to win four gold medals at the summer Olympics. It stars Susan Anton.

The production has been mounted as a vehicle to introduce TV personality Anton to the big screen. In her movie debut, Anton gets veteran support from James Coburn, Curt Jurgins and Robert Culp.

The world of professional bowling, believe it or not, serves as the backdrop for another Fox film, "Dreamer."

"Dreamer," described as a heartwarming tale of love and ambition, stars Tim Matheson (of "Animal House" renown), Susan Blakely and Jack Warden.

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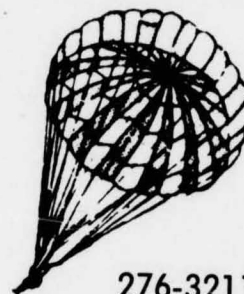
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Coming up with a bite is great fun

## Dig out a fishing pole; it's fresh fish for dinner

By Maureen Johnson

With the weather warming and the sun shining, what better time to dig into that cluttered closet, pull out the old fishing pole and head for the nearest lake or reservoir?

Sitting motionless in a rowboat or on shore, relaxing and with mind wandering, that tug on the line can bring you back to the present moment and the possibility of fresh fish for dinner suddenly becomes real.

Even with the myriad of fishing equipment ranging from fly fishing, bait-casting outfits, or cane poles, fishing needn't be a complex matter. All that's really needed for fresh water fishing on lakes and reservoirs is a good trout rod and reel, a few accessories, and fresh bait.

For trout fanciers, the opening of trout season began April 28, a date which brought more than a million trout fishermen to their favorite fishing spots. Some fishermen say salmon eggs are more effective than traditional worm bait for trout fishing.

But there are some basics one ought to know before setting out on a fishing venture this spring or summer. First, locate a copy of the 1979 California Sport Fishing Regulations. Even for non-beginners, there are changes from year to year in types of equipment allowed, hours which fishing is permitted, and places which are open or closed to fishing.

Copies of the regulations are available free of charge at sporting goods stores or by writing the Department of Fish and Game, 1416 Ninth St., Sacramento, CA 95814.

In addition, a fishing license is necessary for anyone 16 years of age and older, and is a must for all kinds of catches. The cost is \$5 for California residents, and \$20 for non-residents.

The regulations go into effect March 1 of each year, lasting until the final day of February of the following year, and include a vast variety of valuable information on what kinds of fish, fishing hours, special gear provisions, and what types of fish can be taken in the 5,000 lakes, 30,000 miles of streams or 1,100 miles of ocean frontage in the various California districts.

Reservoirs are stocked every other week starting in April and March by the California State Fish and Game Department.

Some of the local reservoirs within easy distance are: Anderson Reservoir, east of Morgan Hill, Almaden Reservoir in San Jose, Coyote Reservoir, northeast of Gilroy, Lexington Reservoir, south of Los Gatos, Uvas Reservoir, west of San Martin, and Stevens Creek, south of Monta Vista.

Rainbow trout have been stocked at Coyote, Lexington, and Stevens

Creek Reservoirs, and Uvas Reservoir has been stocked with bass, blue gill and crappie.

The California Delta is another nearby fishing spot, popular with many boating and fishing enthusiasts.

Game fish at the Delta include striped bass, catfish, crappie, blue gill and others. Chick first with bait and tackle shops for information on tide conditions, and the best areas to fish.

## Not running is serious stuff -- a person could get hurt

By Don Vetter

Slap, slap, slap. Ouch!

The rhythmic pace of my waffle-soled running shoes on the pavement is broken by the shooting pain in my ankle which I just twisted on a fallen pine cone.

Slap, limp, slap, limp.

I continue on, gallantly forgetting about the pain in my ankle, the fuzziness in my vision and the dog nipping at my \$48 nylon warm-up suit.

It is never this bad in the monthly running magazine. Full color glossies show sweatless couples jogging down the pine lined way, neighbors offering them Gatorade as they run by.

Another runner is approaching and I quickly straighten up and look healthy. He passes and smiles. I revert to my previous posture and continue my trek.

Slap, limp, slap, limp.

The beat goes on.

My doctor didn't tell me that running was a leading cause of bone spurs, shin splints and Achilles tendon disorders. She did tell me that it was very aerobic, or exercise that allows me to meet the oxygen needs of the human body.

Now I wonder why an oxygen mask was not provided with my track suit.

Another group of runners approaches from the horizon and I wonder whatever happened to the loneliness of the long distance runner. A whole family, mom, dad and the kids, pass me in a cloud of dust as I run on.

Slap, limp, slap, limp.

Only three more miles to go.

By this time I begin to doubt my choice of running as a new form of exercise. Everyone was doing it and I never did like to miss the boat.

The doctor did mention that there were other ways to increase my heart rate. Cycling, swimming and even moderate walking were some of the exercises she suggested. I couldn't help but laugh at the thought of jumping rope, but I was told that it was an alternative to running also.

Slap, limp, slap, limp.

My feet still pound the pavement.

In most exercise programs it is wise to start out moderately and at one's own pace, to take athletics on your own terms.

Sure, I did 10 miles the first day, but the next morning I couldn't even tie my shoes.

Slap, limp, slap, limp.

It's boring to just run around a quarter mile track -- I can't go fast enough to get dizzy and I always get lapped by a local 12-year-old brat and his dog.

The ultimate decision was to go into the neighborhood and take my chances in order to enjoy the scenery. The dog I've been dragging the past mile leads me to wonder if your logic was beneficial.


Slap, limp, slap, limp.

I pant up the driveway to my home.

Collapsing on the porch, I vow never to do it again. What seemed like a four hour test of torture has turned out to be only 20 minutes, but torture just the same.

Peeling away my clothes, I vow never to run again, but I realize I will. The feeling after running is what it's all about, like a sigh that lasts all day that only costs me 20 minutes.

Slap, slap, slap my feet kiss the shower tile.



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# Tourists flock to Shakespearean festival

By Debbie Hunsinger

William Shakespeare has been dead for more than 350 years but his name still has a magnetic effect.

More than 255,000 people are expected to flock to this season's Oregon Shakespearean Festival in Ashland, Ore., between February and October. Some 574 performances of 11 plays will be presented in the two indoor and one outdoor theaters.

As the oldest Shakespearean festival in North America and one of the six largest non-profit professional theaters in the country, it is a major tourist attraction in northwestern U.S.

For someone facing the dismal prospects of another summer crawling

by with no plan of action, these few facts can mean the difference between just another summer and one that'll never be forgotten.

The Ashland festival offers a variety of special ticket plans. San Jose Box Office, 912 Town and Country Village, has been designated a special branch ticket agency and all tickets purchased there guarantee seating and tickets are reserved at the Festival Box Office.

Discounts are available to groups of 15 or more from Feb. 27 to June 29 and from Sept. 3 to Oct. 27. This does not, however, include events on Friday evenings and Saturdays nor the summer months of heavy traffic.

A valid student identification card is all that's necessary to take advantage of another discount when all tickets not sold one-half hour before performance are sold at reduced prices. This opportunity is also open to senior citizens.

In addition, standing-room-only tickets for the outdoor stage are also sold at reduced prices and are refundable if they are bought from someone with a regular ticket.

Regular prices offered Feb. 27 through June 7 and Oct. 2 through 27 vary from \$3.50 to \$7.50, depending on the performance and the seat. Summer prices, June 8 through Sept. 30, are \$1 higher.

Backstage tours, matinees,

rehearsals open to public viewing, moves, concerts and "park talks" with actors, directors and technicians are all special features of the festival.

For those interested in receiving college credit for attending plays, summer classes begin June 18 and continue through July at Southern Oregon State College, Ashland, and are sponsored with University of California, Santa Barbara.

This season's performance schedule includes three Shakespeare plays.

The first, "Macbeth," runs March through October and is the story of a soldier-hero who follows his ambition for power and ends as a forsaken tyrant before he is killed. The scene is Scotland and England.

"As You Like It," another of Shakespeare's, is the tale of a wicked duke exiled into the forest, followed by his daughter and her friend, who uncover the strengths of love and loyalty. It runs June through September.

The third, "A Midsummer Night's Dream," runs June through October and deals with the courage of young lovers in defying parental authority in a setting outside Athens.

For more information, call the Festival Box Office, (503) 482-4331, or the Administrative Offices, (503) 482-2111.

# Skiers find snow on Mt. Ashland in June

By James P. Wagner

Mt. Ashland really isn't Southern Oregon's forgotten ski area. It's just ignored by Californians, and that's just fine with Ashland residents.

Mt. Ashland's typically long season will extend into the first or second weekend of June this year, weather permitting. So, while California skiers bemoan the end of the Sierra ski season, there are three to four weeks more spring skiing in Southern Oregon.

A home-town atmosphere prevails at Mt. Ashland. The spectacular slopes are uncrowded, even on weekends, which is a refreshing break to the few Californians who frequent Mt. Ashland's snowy slopes.

And, for Mt. Ashland's dedicated corps of regulars, it's a perpetual old-home week on the breathtaking, expert ski runs.

Mt. Ashland peaks out of the Siskiyou range five miles south of Ashland, Ore. on Interstate 5.

Two chair lifts and three surface lifts boost skiers to six intermediate and expert runs down Mt. Ashland's north slope.

It is not a beginners paradise -- in fact, the difficulty of most of Mt. Ashland's runs are said to have

discouraged many beginning skiers from pursuing the sport.

However, a group of trained ski instructors provide excellent tutelage to novices on the area's lone beginner run, in spite of Mt. Ashland's difficulty.

Along with great alpine skiing, daily cross-country outings skirting the mountain's northern and eastern slopes provide aficionados with excellent opportunities to pursue this burgeoning sport.

And, along with spectacular skiing, the view from the rocky peak of Mt. Ashland provides lovers of alpine aesthetics with an incredible view of towering Mt. Shasta, across roughly 60 miles of broad, misty valley.

A rustic, Swiss-style lodge nestles at the base of the ski runs, providing succor to the often snow-beaten skiers. A giant, perpetually burning gas fireplace dominates the center of the lodge. A cafeteria provides sandwiches, hot food and drinks and a scenic bar on the lodge's top floor provides weary skiers with more invigorating refreshment.

The town of Ashland, Ore. waits 15 miles across the California-Oregon border on Interstate 5 to provide lodging and a great diversity of entertainment to

skiers and lovers of the arts alike.

Ashland boasts the nation's oldest outdoor Shakespearean theater. The play season has been extended recently to year-round performances, providing theater lovers with plays by a world-renowned Shakespeare company.

Besides the eternal beauty of Shakespeare, play-goers and skiers can indulge in the more temporal pleasures of Ashland's lively bar scene. Watering holes run the gamut from down-home country to a sophisticated jazz club, with fine international restaurants.

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# Nancy Foot . . .

As a sailor on the 54-foot cement boat, the Stone Witch, Nancy Foot helped lead the sea assault on the Diablo Canyon power plant last year. Now she and the rest of the Stone Witch crew are making plans to sail to the Pacific to investigate--and protest--nuclear activity there. A staff member of the San Francisco Greenpeace Organization, Nancy sees herself as "an activist concerned with the fate of the world."

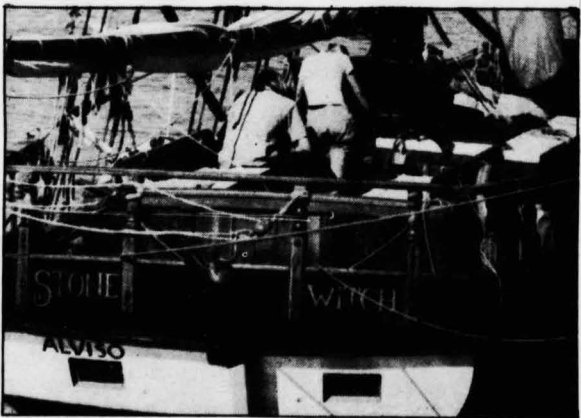
"As a sailor I see the oil spills, the garbage, the dead animals that float in our water," she said. "I know that it's wrong and has to be changed."

But sometimes she just sails for fun.

Standing 5 feet 1 inch tall, weighing 107 pounds, she can haul up a main sail, handle a tiller, and climb a mast as well as any sailor and better than most. As a crew member, Nancy enjoys the opportunity to sail in the old style: the Stone Witch's builder and captain, Alan Olson, with a feel for the past, used the traditional square sail and crow's nest with a modern hull design and cement construction.

The Stone Witch was built in Alviso, took seven years from start to finish, and is now docked at Pier 31 in San Francisco. When it slips out of the dock for a day on the bay, from six to twelve sailors crew the ship -- including Olson's seven-year-old daughter Maggie.

"Sailing appears to be a man's world," Nancy said, "but it doesn't have to be. You can rig a boat so that a woman can sail anywhere."



# . . . A unique sailor on a unique ship



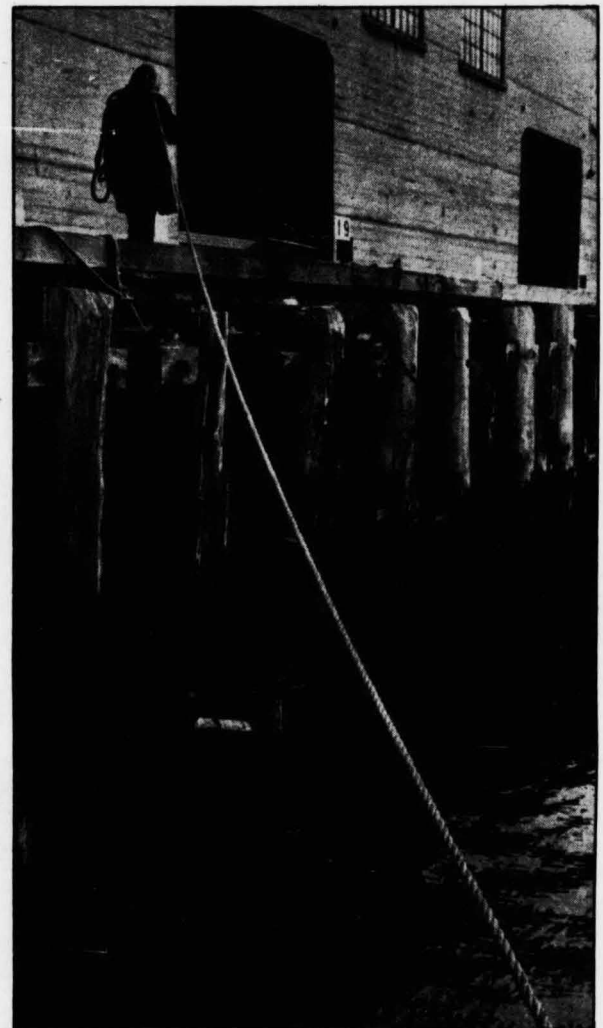
And all ends well.

After a full day on the bay, we head for home.

The sail starts by hauling up the main . . .  
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Until the winds pick up and catch young sailor  
Maggie Olson in the crow's nest.  
Nancy climbs up for the rescue . . .

photo story  
by Sharon Hall



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# Northern wineries make some good vino

By Peter G. Bliss

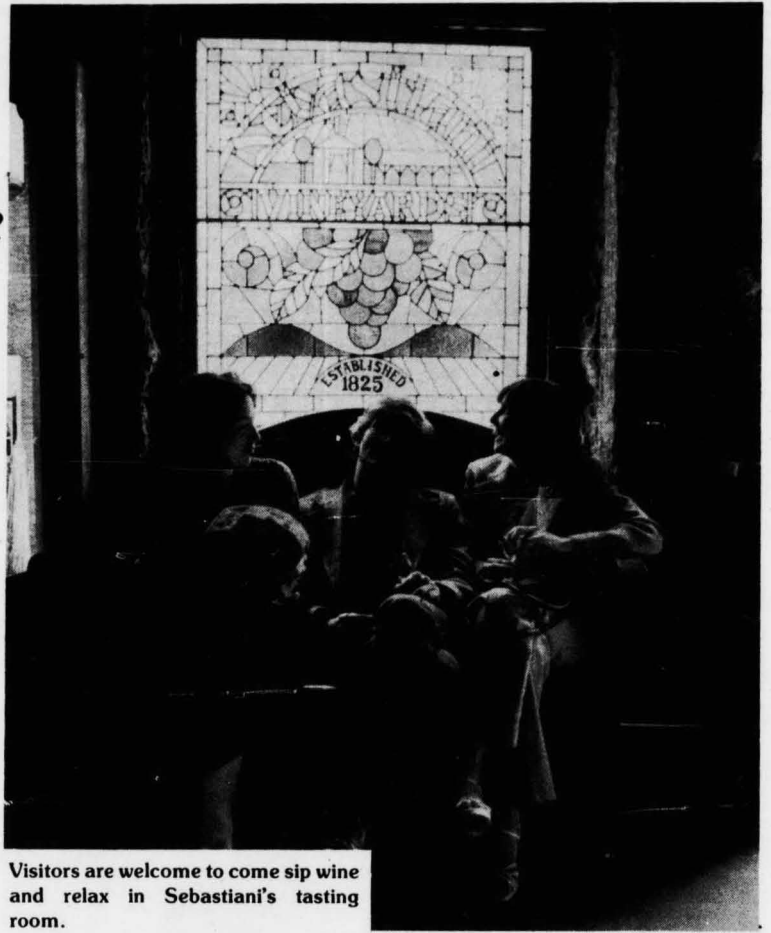
Vacations are just one more thing on a growing list of many activities and expenses that average wage-earners and especially students are going to have to carefully budget to get the full benefit from their shrinking dollar.

It is possible, however.

During spring break, I made an inexpensive trip through some of the most beautiful countryside this state has to offer: Sonoma and Napa Counties.

Besides the scenic landscapes, these two counties contain perhaps some of the highest quality wineries and vineyards that can be found among the hundreds speckling the state. This is also the best growing climate for the most exclusive of all grapes -- the cabernet sauvignon variety.

(Continued on Page 25)



Visitors are welcome to come sip wine and relax in Sebastiani's tasting room.

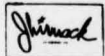
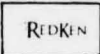
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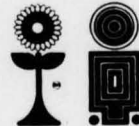
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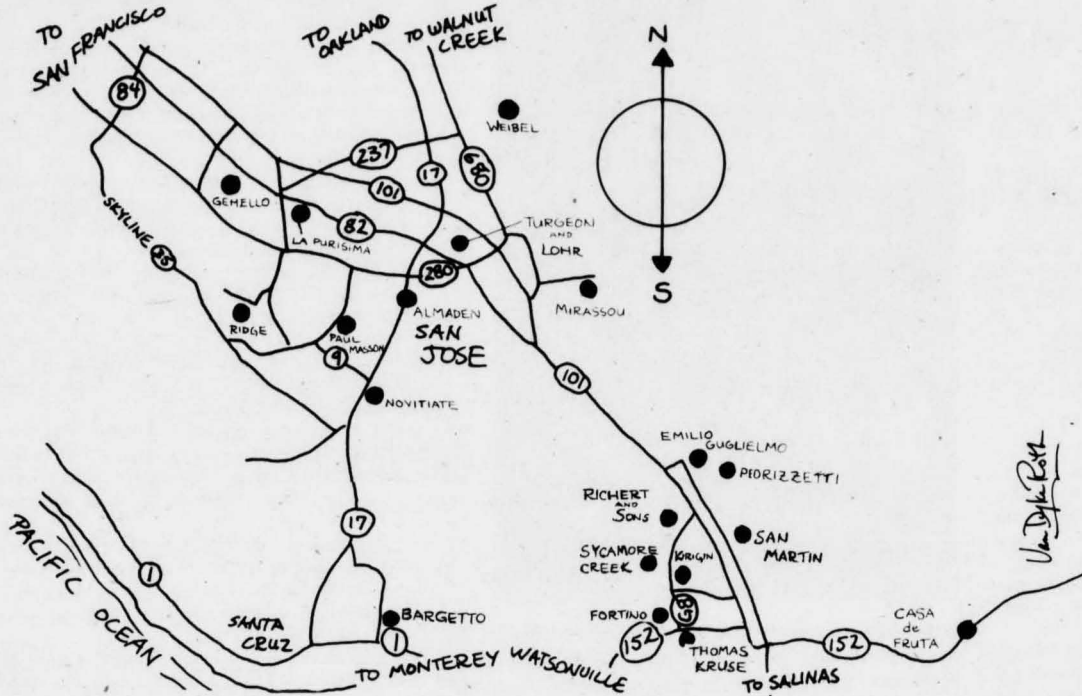


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# A guide to Santa Clara wineries



Santa Clara County boasts some of the finest wineries in the state. From Morgan Hill to Mountain View you can find many vintages to please your palate. Such world renowned blends

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**EWERT'S photo**

# The Big Apple is polished, open for business

By Steve Carp

It's an awesome place, New York City. It can be a real scare. But it can also be the time of your life. If you want it to be.

New York is in the midst of a revival as far as tourism is concerned. The city spent several million dollars on a promotional campaign to promote a better image, and it seems to be paying off.

For most of you who are going there this summer, you will be among millions of visitors, most of whom want to see the same thing.

But fear not, because there is so much to see in New York that you won't have to worry about waiting on line all day to get on the ferry to the Statue of Liberty.

First of all, no matter how you get there, make sure you are near a subway or bus line wherever you intend to stay. This is the most important part of your experience for several reasons.

New York is not the best place to have a car. In fact, unless you are living in Westchester or Long Island, stay away from cars. Because there are few parking spaces in Manhattan and in the other boroughs where there are things everyone goes to see, the spaces are at a premium.

The roads are probably the worst this side of Calcutta. Driving on the moon is easier, and smoother. Also, with gas costing what it does, who'd want to drive?

The subway, for all its criticisms, is cheap, almost a bargain at 50 cents. You can ride from Brooklyn to the Bronx, from Queens to Manhattan for the same half a buck. The only place the subway doesn't go is Staten Island, and it has its own mini-subway system.

Three different lines of the subway go to all the major interest points. Most subway change booths have maps that are color-coded and can visibly show you what train goes where.

The things to remember about riding the subway are to dress casual and comfortably. This is to stand the heat when the air conditioners don't work and also lessens your chances of getting mugged or accosted on the trains.

New York police have confirmed that those who don't look rich usually aren't mugged. Not to scare you, but I've seen the same thing happen in Philadelphia, Boston and here in San Francisco on BART.

Trains usually run on time and the best times to ride, believe it or not, are late at night or during the rush-hour. Late at night, police protection is at its peak in the trains and on the station platforms.

During the rush-hour, you don't have to worry about safety. It's wall-to-wall; but it's also fun.

The average trip from any of the boroughs to midtown-Manhattan takes about a half-hour. On weekends, you can ride the subway and the buses for half-fare. Just remember to hang on to your chit when purchasing your tokens at the change booth.

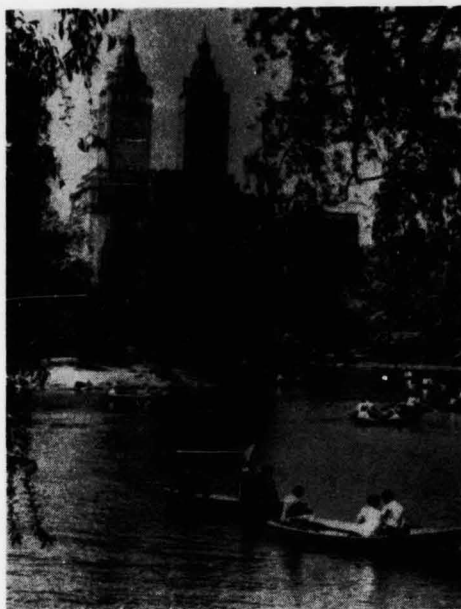
The buses also get around but aren't as versatile as the subway. Each borough has its own bus system, and you can get around easily on the buses to neighborhood shopping centers. Bus fare is also 50 cents and transfers are available for the other routes. Ask the driver if you're not sure about whether or not you have transfer privileges. If not, purchase an "Add-a-Ride" ticket for a quarter to guarantee cheaper transfer to another bus.

Unless you're Rockefeller, don't use the taxis. They're expensive, hard to find and can't get you anywhere the mass transit system can't.

If you have to use the cabs, here's some advice. Be sure of where you're going and know some of the streets along the way. While most cabbies are honest, you want to be sure not to get ripped off by a bad apple.

Fare is 85 cents to turn the meter on and 10 cents for every 1/8 of a mile.

Now that you have an idea how to get around this place, where do you go? A good idea is to have a plan of attack and stick to it. What you want to do is see the



**With the twin towers of a Manhattan hotel in the background, boaters enjoy a sunny day on Central Park lake. Central Park is a focal point of many summer activities in New York city and many concerts, festivals and sports events are held within the famous park.**

things that interest you first, and make sure you get to them.

If you like the arts and theater, for instance, you want to see the museums and maybe take in a couple of Broadway shows. If you're a sports freak, you'd like to know when the Mets or the Yankees are home and, as well, the soccer Cosmos.

Since New York is so big and there are many museums and shows, a suggestion would be to concentrate on going to a museum in the morning, and a matinee in the afternoon, leaving the night free for whatever turns you on.

There are several advantages to this. One is that the museums are not as crowded in the mornings and you don't have to deal so much with the tours and groups that swamp the big museums.

As far as theaters go, matinees are good because choice seats for first-run shows are generally available at the door. For those who are on austerity budgets but want to see a show, fret not. You can purchase ducats for the big shows at Broadway and 43rd Street at a place called "Tkts". Be prepared to wait in line for a couple of hours, and there's no guarantee you'll get in. But it's fun anyway so try it. You never know who you'll meet in those lines.

If you're not into the museum scene or the shows, there's plenty to see. Beaches abound and while they aren't paradise, they are clean and safe for the most part. Riis Park and Neponsit beaches at the Rockaways in Queens is the best bet. The subway takes you right to the doorstep. Manhattan Beach in South Brooklyn is also a good spot to sun and surf.

For the sports nuts, the Yankees play at Yankee Stadium in The Bronx while the Mets host the National League at Shea Stadium in Queens. The subway is the best and most fun way to get there and you are let off in front of either ballpark.

For the soccer fan, the Cosmos are kicking it around at Giants Stadium in the Meadowlands in New Jersey. Buses from the Port Authority Terminal go right to the stadium and tickets can be purchased most of the time. (By the way, the Earthquakes will be there to play the Cosmos July 29th.)

The best time to see the famous sights in New York is in the evening. The Empire State Building, Statue of Liberty, Lincoln Center, and all the other

sights that you've heard about are more impressive and less crowded after five o'clock.

Walking around mid-Manhattan or Wall Street after the crowds are gone is an awe-inspiring experience. You get to appreciate the vastness of the city when it isn't so busy. The skyscrapers look bigger than they are, and it is truly an incredible thing that makes New York so unique.

There are probably those of you who don't want to play tourist all the time, and maybe you'd like to do as the natives do. For you people, here's a quickie guide to the nightclub and disco scene.

First of all, forget about getting into the big discos, like "Studio 54," "Regine's" and "Elaine's." For one, for all you've heard, it's not worth the price or the hassle getting in. The sound in "54" isn't so hot, "Regine's" is for the rich and chic and "Elaine's" is a combination of both. You also have to know someone to get in (usually one of the owners).

There are plenty of places to boogie. There are clubs on Long Island and in Westchester that cater especially to the college set. "Rumbottoms" on Long Island and "Glen Island Casino" in Westchester are two of the better ones.

In Manhattan, "Jimmy Weston" on East 54th Street is a hot spot as is "Shepherd's" on Park Ave. The other boroughs have their discos but they're usually for the local yokkels and aren't as good as the Manhattan or Long Island spots.

As far as music, New York is a stop that every big and little musician plays. Whatever you're into, you'll find it.

The big-name groups usually appear at Madison Square Garden, The Palladium (14th St. and 3rd Ave.) and the Nassau Coliseum in Uniondale on Long Island. Tickets for Garden shows sell out quick. The Village Voice newspaper is a good guide for seeing who'll be appearing.

For those who like good entertainment in a smaller place, there are smaller halls that attract top-line names. Carnegie Hall, Avery Fisher Hall and Alice Tully Hall at Lincoln Center are excellent places to see a show as is Radio City Music Hall, a New York institution.

The Voice is good for finding out about these shows as well as who will appear at the nightclubs, your best bet for having a good time while seeing some excellent shows.

"The Bottom Line" is probably the king of rock clubs in New York. The up-and-coming stars tryout their stuff at this club and occasionally, some of the older heroes drop in and give one more jam.

"The Other End" is another rock club that gets big-name groups that aren't popular enough to play the big halls but too big to play the bars.

"CBGB's" is the self-proclaimed "New-Wave" club in New York. CBGB's is an experience as the characters off-stage are competing with the characters on-stage for attention. It's usually a madhouse and it may not be the most sanitary place on earth, but it's a trip you won't forget.

"Max's Kansas City" is also dedicated to "New-Wave" music. Some of the bigger name new-wave bands are playing Max's and this former country western hangout has become a Big Apple rock hot-spot.

If you're on Long Island, "My Father's Place" is Roslyn's answer to The Bottom Line. Many groups that play the Line, also gig at My Father's Place. It's intimate, acoustically good and a place to have a good time.

There are festivals, street exhibits and block parties that are not only fun but interesting. Summertime is when these events happen and add to the atmosphere of New York.

If there's one thing to remember about visiting New York, it's this: don't expect to see everything because if people who've lived there all their lives don't, you can't either.

But don't let that stop you from having a "Big Apple ball."

# Water skiers fly together



It's a beautiful cloudless day in July. The water in the lagoon is calm and perfect for a good day of water-skiing.

As the boat pulls the skier through the water, the skier displays skillful manuevurs, the crowd in the stands bursts into applause.

Does this sound like a scene from a movie? Or a day of a long awaited for vacation?

It's neither of these, but an average day on the job for the water-skiers of Marineworld/Africa U.S.A. in Redwood City.

This is one job that is exciting as it appears, according to Gary Warren,

director of the ski show.

"The actual show is extremely exciting. No two shows are alike so it doesn't get boring," Warren said.

Warren has been waterskiing for 24 years and has been with Marineworld for 10 years.

As director of the ski show, Warren works up the routines and decides the order of the acts.

The order of the acts is very important for flow and continuity according to Warren.

Athletic ability is one thing they look for when considering an applicant. Other qualities they look for include, attractiveness, outgoing personalities



photos by J.L. Sousa

and size, Warren said.

Knowing how to water-ski is not a prime prerequisite, like most might think. According to Warren, an experienced skier is sometimes harder to train than someone who hasn't skied because they have to unlearn bad habits.

Aside from being an exciting job and keeping in shape at the same time, the ski team gets national exposure.

Skiers have been featured in national waterski magazines and have done various commercials and promotional films, Warren said.

"There is always something going on," Warren declared. "There's never a dull moment."

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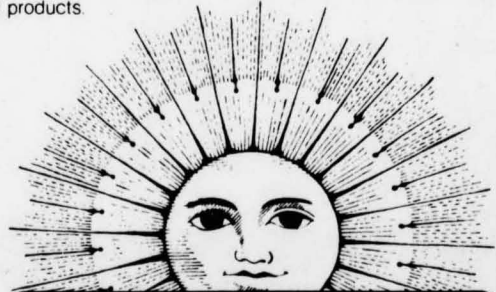


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## it was once sand dunes, now it's a cultural oasis

By Cindy Tong

Almost 100 years ago, it was nothing but barren wasteland and shifting sand dunes.

Today, it is a haven for lovers, a playground for sports enthusiasts, an endless picnic place for families and an art and cultural center for museum goers.

Golden Gate Park, nestled in the outskirts of San Francisco's core city limits, is a man-made park consisting of 5,000 species of shrubs and plants, one million trees, 11 man-made lakes and knolls.

Surrounded on four sides by Fulton Street, Lincoln Way, Stanyon Street and Ocean Beach, this three-mile long and one-half-mile wide garden has something for everyone.

Roller skating anyone? America's latest fad is one of the most popular attractions in the park.

With over 27 miles of hiking and bike trails which are closed to autos on Sundays, anyone can learn to skate and see the sights without having to worry about being run over.

Biking is also another popular attraction in the park, which has a separate seven-and-one-half mile paved bike trail which takes bicyclists through a scenic route of the area.

There are several skate and bike rental shops along the perimeter of the park which are fairly inexpensive, and the equipment is kept in good condition.

Along Fulton, vans such as Superskates and The Easy Rider Roller Skate Rentals make it convenient for persons to rent their skates and roll right into the park.

Golden Gate Park's main road, Kennedy Drive, is closed to auto traffic from Stanyon Street to 25th Avenue to allow skaters, bicyclists, joggers, skateboarders and strollers to take advantage off the open roads and scenic routes.

The park also offers a number of museums and exhibits of ancient and contemporary art and resting sites.

The music concourse with park benches among rows of neatly lined trees provides weary strollers a rest spot

and free musical entertainment Sunday afternoons on stage.

The Japanese Tea Garden, surrounded by bonsai trees, waterfalls, 250 cherry blossom trees and dominated by a towering pagoda, has a teahouse which serves tea and cookies.

A stroll along Rhododendron Dell lined with many rare rhododendrons and the Styring Arboretum and Botanical Gardens is a spectacle of wide open spaces, green rolling hills and rare flowers.

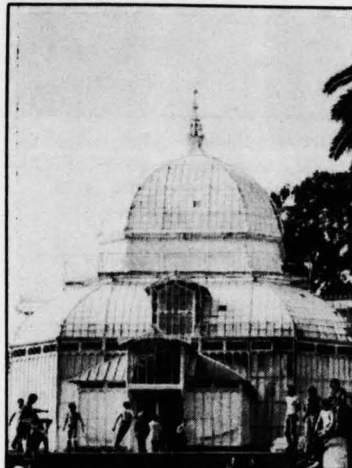


photo by Ellie Harland

A replica of the Royal Botanical Gardens at Kew near London, England, the Conservatory of Flowers is a domed structure built with individual glass panes and is the hot house for tropical flowers and plants.

Also included in the museum is the Avery Brundage jade collection and other Brundage artifacts from Japan, Southeast Asia and Tibet.

The museum is open every day from 10 a.m. to 5 p.m., and the last tour is conducted at 3:30. Admission to the museum is \$1 for adults, 50 cents for persons 12 to 17 and free to seniors and children under 12.

The Asian Art Museum is housed within the M.H. DeYoung Museum, which is the site of this summer's King Tut exhibit.

(Continued on page 29)

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# Exploratorium

## Science made interesting

By Cindy Tong

San Francisco is a gold mine of things to see and do, but for the explorer, scientist and adventurer rolled into one, it's more than cable cars and hills.

Exploring San Francisco's Exploratorium at the Palace of Fine Arts is more than walking through a museum or art gallery. It's a place to see, touch and experiment with different projects and journey into a world of scientific fantasy. And with the exception of a few special exhibits, it's all free.

Built in 1915 as part of the Panama-Pacific International Exposition, the rotunda which houses the Exploratorium is the only remaining structure from the one mile square block area project.

Abandoned for a time after the Exposition, the rotunda has also been a storage site for military jeeps during World War II and telephone books during the 60s as well as a house for indoor tennis courts.

The Exploratorium idea was conceived in 1969 by physicist Frank Oppenheimer. From eight exhibits and trailer for an office, he has expanded the Exploratorium to house over 400 exhibits, a store and a staff of technicians and explainers, with more additions to come this summer.

The Exploratorium is situated in San Francisco's Marina district across from the Yacht Harbor at 3601 Lyon St., and is around the corner from the on and off ramps of the Golden Gate Bridge.

The Exploratorium is easy to spot with its clay-red rotunda surrounded by towering pillars, vast courtyards, winged statues and a lagoon.

Parking is always available in the lots behind the rotunda as well as in the front and along the sides of the building.

As visitors enters the Exploratorium, they are greeted by a gigantic structure which looks like it was transported from Dr. Frankenstein's

laboratory, complete with electrodes, coils and an umbrella.

How does it work? The only way to find that out is to put a small donation in the barrel connected to the contraption.

A staff of explainers is made available to the public and will be on hand to explain the displays and experiments inside.

The world of sight, sound, touch, motion and behavior is at everyone's disposal. Each exhibit is complete with simple and clear directions as to how to work it and what makes it work.

The Exploratorium is sectioned off into many areas, and each area has a number of displays and exhibits in one category.

"Patterns" combines the use of gravity and motion with a pendulum to allow anyone to create his or her own graphic design on paper for a minimal thirty-five cents to fifty cents, depending on the color or colors used.

The Shadow Box, one of the more popular exhibits, is a huge box covered on three sides with phosphorescent plastic. At the sound of a beeper, stike a pose and hold it until the light flashes.

When the light clears, a shadow remains on the wall.

The original Montgomery glider, on loan from Santa Clara University, actually flew in 1883 and now hangs above the "Motion" Exhibits.

Here, one can learn how motion is used in our everyday lives. Learn how gyroscopes work and what makes a bicycle wheel spin.

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Several isolation booths are set up to allow one to experiment with the glockenspiels and the Enchanted Tree that lights up when spoken to.

(Continued on Page 29)



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## Angel Island is ideal place for everyone

By Darcy Asvitt

Angel Island has something for everyone. It is the ideal place for those who just want to enjoy the splendor of nature or those who like the more active side of life.

Only 40 minutes away from the Berkeley Marina by ferry, Angel Island offers peaceful serenity and beauty in the setting of a lush green island situated in the San Francisco Bay.

A state park, Angel Island is a haven for picnickers and hikers alike.

There are endless walking and bicycle trails set among woody scenery. There are also numerous different trees and plants to observe.

Also, a photographer's paradise, Angel Island has a spectacular panoramic view of some of the delights of the Bay Area.

From the island it is possible to view the Bay Bridge, Golden Gate Bridge, Alcatraz, San Francisco, and Tiboron.

There is a lot of soft grass areas for the more sedate, who like to just laze in the sunshine and watch the boats sail by.

For the more sports-minded, there are areas for fishing, swimming, and kite-flying.

The island is also a good place to



photos by Shannon Leso

share a day with that special someone. What could be more romantic than a cozy picnic for two, of french bread,

cheese and fruit, atop a hilly island? A gentle sea breeze, the glorious view -- ah, don't forget the wine.

The ferry costs \$3.75 round trip and the ride alone is worth the trip.

The ride is especially fun for those of us who don't usually have access to a boat. The ferry provides a pretty smooth ride but for those who have shaky stomachs even on solid ground it's advised to ride on the upper deck.

The ferry leaves Berkeley Marina at 10 a.m. for Angel Island and departs the island at 5 p.m.

In between those times there is no way to leave the island except by private boat (or by swimming), so plan to spend the day.

Although Angel Island is a great place for fun in the sun, it wasn't always a recreational playground. Before the island was given to the park services in 1962, it was used as a missile site, military base, prisoner of war camp, immigration station and quarantine station.

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# Bare bottom sunbathing -- hot summer fun

By Stephen Cohodas

One of the hotter in-state political issues this summer may very well be nude sunbathing and swimming along California's coast.

The state department of parks and recreation has proposed 8 parks to be designated in whole or part "clothing optional." The proposal has already received the attention of Governor Brown who labelled the idea "inappropriate."

The parks in the central coast area under consideration for the change in status are the southern portion of Andrew Molera State Park near Monterey, Pomponio State Beach in San Mateo County and Redrock Beach in Mt. Tamalpais State Park in Marin County.

For those who don't care to wait for the state to act a network of "underground locales" exist along much the same stretch of coastline.

South of San Francisco are seven beaches where you can enjoy un-cumbered fun-in-the-sun this summer. Here's a list:

**Devil's Slide:** Close to San Francisco, this is a pay-to-enter beach with outhouses. Take I-280 from San Jose to San Bruno and exit on Skyline Blvd. Follow it to Highway 1 and turn south driving past Pacifica. The beach, also known as Montara Beach, literally drops into the sea on the first big hill past Pacifica.

**Red, White and Blue Beach:** In the American tradition, this is a pay-to-enter beach. From downtown Santa Cruz, go north a little more than 9 miles. Look for a red, white and blue painted mailbox on the west side of the road. Take the road which begins there to the parking lot. There are picnic sites and showers available. The entrance fee has ranged from three to five dollars in the past.

**San Gregorio:** Known as Bare Bottom Beach and San Gregorio Nude Beach, this one is located south of Half Moon Bay. Take I-280 to Highway 92 through the coastal range to Highway 1. Drive 0.8 miles south of Half Moon Bay and be on the lookout for Tunitas Creek Bridge. From here the beach is 1.3 miles up the road.

**Bonny Doon:** Travel north from Santa Cruz and watch for Bonny Doon Road just north of Davenport and south of Swanton. Park on the roadside and hike to the beach across the railroad tracks. The beach is free.

**Hole-in-the-Wall Beach:** Just north of Red, White and Blue. Named because you have to walk through a hole in the wall to get there. Roughly 11 miles north of Santa Cruz near Davenport.

According to a Santa Cruz entertainment magazine, many smaller

beaches which aren't designated one way or the other can be found between Big Sur and Monterey. These public beaches are considered "generally nude and private" with little concern about harassment from local police. The penalties for nude sunbathing are about as severe as those for smoking marijuana.

In Santa Cruz County, where a majority of the beaches are located, the law defines nudity as being "devoid of opaque covering" which covers the hip section of the body. Topless bathing is legal.

According to county officials, the penalty is a fine of not more than \$100

provided there are no more than 3 arrests within a 12 month period. If you happen to be unlucky enough to be caught in a police sweep (no one has been arrested or fined in two years according to county officials) more than 3 times this summer, you can expect to receive a \$500 fine and 6 months in jail.

For your personal protection on the beach, SJSU Health Center Director Dr. Raymond Miller recommends staying out of the sun between 10 a.m. and 2 p.m. this is the "critical period," he said, when background radiation from the sun's ultra-violet rays is most intense.

(Continued on Page 29)



## Reuben's

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By Bob Dawson

As one winds up Highway 17 toward Santa Cruz, the air begins to cool and the smog begins to thin. At the summit the cover on the hillsides has become evergreen forest. It is easy to forget the city is only a few miles behind.

Deep in the heart of that forest, in some of the last virgin redwoods in California, is Roaring Camp and Big Trees Narrow Gauge Railroad. It's more than an escape from the city. It's a journey into yesteryear.

"All aboard!" shouts the conductor. The whistle screams out its purpose and the locomotive belches with a cloud of steam. As the train pitches gently forward the conductor welcomes everybody aboard and says this is one of the last steam powered passenger trains in America. Its roots reach back to the days of the California gold rush and lumber industry. Narrow gauge railroads (3' between rails) were needed then to negotiate the tight curves of the



photos by Bob Dawson

mountain terrain.

On the outskirts of Roaring Camp the train passes a one-room schoolhouse which, even today, watches over the achievements of eight students.

The last glimpses of civilization fade quickly as the forest envelopes the train with its deep shadows and dark greens. Crossing over an old-fashioned wooden trestle offers an excellent vantage of fern-covered slopes with spotlights of sun casting down through the treetops above. The climb into the mountains provides a spectacular view of Roaring Camp and the surrounding redwood forests all the way to the horizon.

Moving back into the forest, the trees ahead shimmer through the hot breath of the locomotive. What could it of been like to pioneer this area?

There is a stop near the top of Bear Mountain where passengers can get off the train and wander through a stand of awe-inspiring redwoods. Reaching up to small patches of sky, some of these trees are over 1,000 years old. Standing next to one of these giants, craning to see the tops, one can't help but feel very humble.

The summit of Bear Mountain is the half-way point of your journey. There is a picnic area here and, on weekends and holidays when the train makes more than one run, passengers are invited to enjoy a picnic in the forest and catch a later train for the return.

The kids like to take the trail back and, since its a more direct path, they might even beat the train. or the ride back offers about another half hour of relaxation.

A huge gust of steam from the engine and several bursts from the

whistle announce the arrival back at Roaring Camp. Back in the station, the journey is over but the experience continues.

The smell of charcoal leads to a dining room under the trees with tables arranged by the side of a bubbling creek. Ducks and geese splash in the water and curse at stingy diners. The chuck wagon barbecue features a variety of savory steaks. Grilled over an open pit and served with western style beans and fresh apple cider, the open air barbecue is a fine finish to an encounter with yesteryear.

On the way out, a stroll through the general store might lead to some rare finds of old-fashioned glassware, cast iron cookware and ceramics. One of the many flavored candy sticks, perhaps blueberry or sassafras, will help one hang on to the 1880's beyond the parking lot and preserve that feeling just a little while longer.

(Continued on Page 27)

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Through aeons of time it finned the fish and winged the bird and fanged the beast. Endlessly it worked, evolving its form until it produced the crowning glory of them all. With tireless energy it blows the bubble of each individual life and then silently, relentlessly, dissolves the form and absorbs the spirit into itself again.

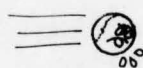
And yet you ask "Can Chiropractic cure appendicitis or the flu?" Have you more faith in a spoonful of medicine than in the power that animates the living world?

--B.J. Palmer D.C. Ph.D.

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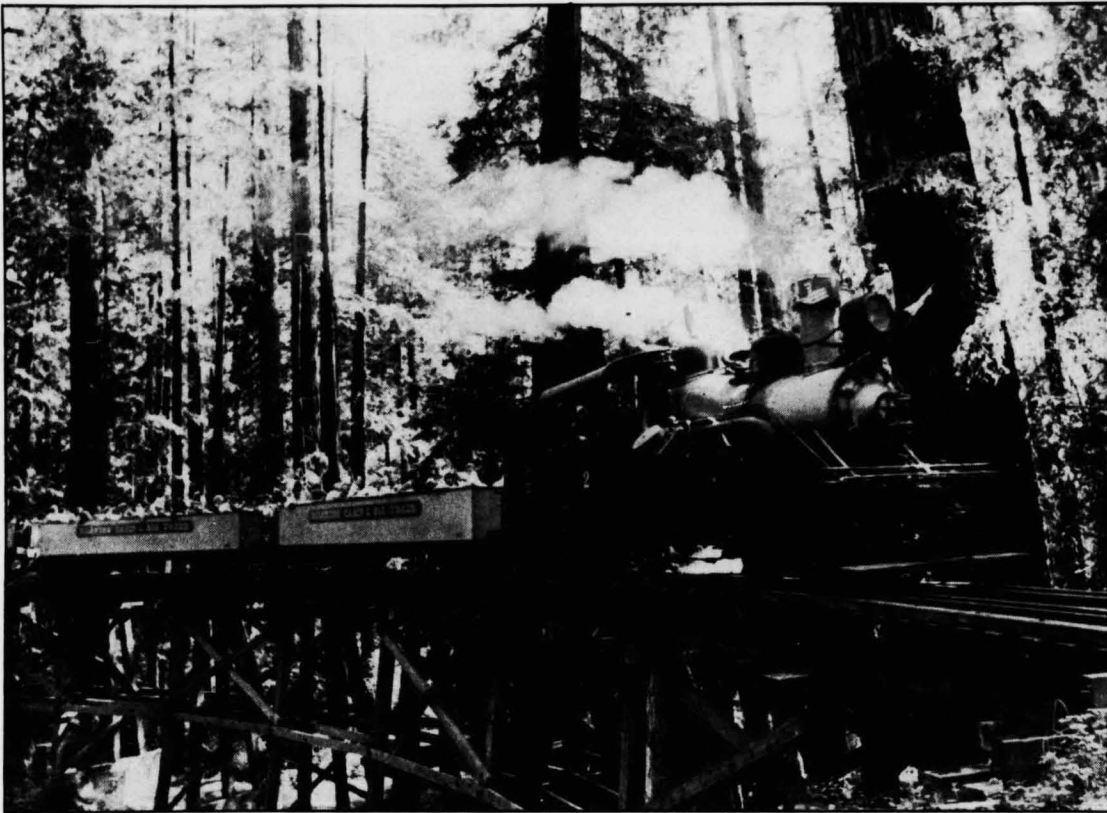
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(Continued from Page 26)  
 As the cook hugs everyone and smiles her good-byes, one wonders if all the people who settled this area were as

genuinely kind as these.  
 If you're going - from Santa Cruz take highway 9 to Roaring Camp just south of Felton. Or take highway 17 to

Glenn Canyon exit west. Mt. Hermon Road will take you to Felton. Go 1/2 mile north in Graham Hill Road to Roaring Camp.

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# Forgotten coastline offers areas of quiet solitude

By Don Vetter

Bushes of artichokes and brussels sprouts sway unbothered in the wind, and on the beaches below these shelves of agriculture, a couple can quietly share a sunset.

Fortunately, for people aware of its existence, the coastline to the north of Santa Cruz and into San Mateo County is a relatively forgotten land of beautiful scenery and uncluttered beaches.

Discovering these beaches can take only a day, whether enjoying the whole day at one spot or traveling all the way up scenic Highway 1.

Collectively, beaches, towns, side roads and farm lands all offer enough scenery that one doesn't even have to step from the car, but the fresh ocean

winds, hidden arroyos and tide pools teeming with life beckon the visitor to the greater outdoors.

Pack a lunch, camera, binoculars and beach equipment and get an early start on the Highway 17 traffic from the Santa Clara Valley. Reaching Santa Cruz, turn north on Highway 1 toward Half Moon Bay.

The trip up the coast to Half Moon Bay and return will take from six to eight hours, depending on time spent at each spot and any side trips taken, and requires a full tank of gas when starting off.

## Natural Bridges State Beach

First and maybe only stop for the day, Natural Bridges is named for the sandstone arches carved by ocean

waves and wind. Just on the northern outskirts of Santa Cruz, take a left turn on Western Drive going north on Highway 1 and follow the signs.

The area features a small, well-kept beach area and easily accessible tidepools and eucalyptus groves that become the homes for migrating monarch butterflies from September to November.

Group tours of the tidepools are conducted by University of California at Santa Cruz students. Use of the Wilder Ranch area to the north of the state beach may be arranged by calling 423-4609.

## Greyhound Rock State Beach

The countryside takes on a different appearance in the next 10 miles from Davenport to Greyhound Rock State Beach. The land changes from rolling farm and grazing lands to forested cliffs that almost touch the sea.

The main entrance to Greyhound Rock is just below the Big Creek

## San Gregorio State Beach

San Gregorio beach is the entrance way to the farming community of San Gregorio that was once a seaside resort for San Mateo County sportsmen in the 1800's.

The beach itself is known for its beautiful cypress trees which offer a romantic front drop for an evening's sunset.

Traveling inland on Highway 84 leads past San Gregorio and into the redwood groves near La Honda and Woodside.

## Tunitas Creek Road

Along the Santa Cruz-San Mateo Coast there are many side roads off Highway One which lead to such adventures.

Three miles north of Highway 84, Tunitas Creek Road leaves the coast and travels through the rolling ranch lands of sheep, horses and cows.

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## Ano Nuevo State Reserve is a must for all nature lovers

Lumber Co. sign on the west side of the road. There is also access a mile north at Waddell Creek.

The beach gets its name from a smooth topped rock that seemingly grew beyond the breakwater. The beach is also the starting point for the Sea to Skyline Trail that travels to Big Basin Redwoods State Park through Rancho Del Oso and Canada de la Salud.

## Ano Nuevo State Reserve

This area is a must stop for all nature lovers. It is a landing place for migratory birds, site of one of the few remaining active dune fields on the California coast and home for a large colony of elephant seals.

Just inside the San Mateo County border, Ano Nuevo derives its name from Punto del Ano Nuevo -- New Years Point -- sighted by the chaplain of Spanish explorer Don Sebastain on January 3, 1603.

From December to March, the reserve is only open for guided tours in order to minimize disturbance to the elephant seals during mating season.

Before you know it, the road winds through towering redwoods and the peaks of King Mountain, leading back to the well-beaten path of Skyline Boulevard.

## Half Moon Bay State Beach

Once known as Spanishtown, Half Moon Bay is the agricultural center for the coast farms, though the city itself is a growing residential area.

Four beach areas make up the Half Moon Bay State Beach system with Francis Beach off Kelly Avenue offering the widest range of facilities including overnight camping. The other areas include Dunes Beach off Young Avenue, Venice Beach, left on Venice Boulevard and Roosevelt Beach off Roosevelt Avenue.

Should the day tour venture this far north, a quick return over the mountains on Half Moon Bay Road, Highway 92, through pumpkin patches and Christmas tree farms connects with Interstate 280 and back to the Santa Clara Valley.

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# The 'continued from' page

## Old world charm found at Buena Vista Winery

(Continued from Page 18)

Unless trying to break some type of world's record in wine tasting it is really best to take it easy and if possible to stay overnight in the area and make it a two-day trip.

With the explosive rise in the price of gas, it will be the biggest expense of the trip; it is best to carpool.

Many of the liquor stores in this area carry detailed maps of the wine country which help direct people to the front doors of the wineries.

So, with map in hand, full tank of gas and a light lunch packed with all kinds of good things from the deli, it is time to head out.

The first stop of my wine tasting trip was the Buena Vista Winery. It is located about two miles out of the town of Sonoma. Its bottling capabilities are of a limited scale compared to most of

the wineries in the valley.

It was here in 1857 that Count Harazthy, a Hungarian nobleman immigrant, planted his vines. The 1906 Earthquake devastated hundreds of thousands of the stored bottles, while prohibition finished off the business of winemaking here until it was started again in 1943 under the new name of Buena Vista.

The original building still stands and houses the tasting room that is unique in comparison to the others. It was built into the side of the mountain by Chinese coolie laborers. The interior walls are carved out of the limestone that comes from the mountain's core, while the facade was built from stone that is also indigenous to the area. It is a very impressive piece of architecture.

The handmade wine of the flourishing Buena Vista Winery is some

of the finest that I've tasted and recommend the visit just on its merits of serving a little bit of early California history.

The second stop on the journey was the ever popular Sebastiani Vineyards, located about a mile and a half from Buena Vista.

This winery and vineyard is one of the last family-owned businesses of this kind.

Unlike the self-paced tour at the Buena Vista Winery, the Sebastiani people have put together a guided tour that takes the visitor through a path of most of the wines they have aging and stored in casks.

Along with the wines, Sebastiani also boasts a large collection of wood carvings and carved oak wine barrels. These works are all done by their resident printer-turned-artisan Earl

Brown. These carvings alone are worth the trip to this winery.

One of the best places to eat lunch in Sonoma is on the lawn in the small town square park located in the middle of town and about a mile from Sebastiani's winery.

Take some time and enjoy the slower pace of this town; that's what a vacation is all about.

By the time one finishes visiting this establishment, it is probably time to start heading home. Remember to watch the gas gauge so as to not get trapped without fuel, even though Sonoma would be a beautiful place to be stranded in.

## Exploratorium

(Continued from Page 23)

The world of "Electricity" lets the future Thomas Edisons connect wires to light bulbs and horns.

Perhaps the most popular exhibit within the Exploratorium is the Tactile Dome in the "Touch" exhibits where one can crawl, feel, stumble and slide through a maze in total darkness.

Because this exhibit is so popular, the Exploratorium requires persons to call and make reservations at least two months ahead of time. There is a charge of \$1.50 per child or \$2 per adult.

The Exploratorium also has a store where graphic posters, mobiles, experiments, games and gadgets can be bought.

The Exploratorium is open Wednesdays through Sundays from 1 to 5 p.m. and Wednesdays nights from 7 to 9.

For more information on the Exploratorium and special events, write to: Exploratorium, 3601 Lyon Street, San Francisco, 94123, or phone: (415) 563-7337.

## Nude sunning

(Continued from Page 25)

Miller advocates building up a tolerance against sunburn for fair-skinned persons. He strongly advises the use of a protective sun shield. Olive oil and other non-shield ointments keep the skin moist but do not protect against the sun's rays.

For SJSU students, the health center will be open this summer to treat sunburns. For those who are not students, the Health Center recommends the following procedures:

For a moderate sunburn apply a cold, wet compress or cold water. Ocean water will do in a pinch at the beach.

At home, moderate sunburn can be treated by taking a lukewarm bath in tepid water.

Most importantly, when you're on the beach, the Health Center advises, watch the sun's rays on your eyes and those sensitive spots which usually never see the light of day.

## Golden Gate Park offers fun times

(Continued from Page 22)

The academy's Hall of Science has exhibits of wildlife from around the world and a Discovery Room, a touch museum for children.

The current attraction at the academy is an art and objects exhibit from the Ice Age.

"Planetary Odyssey," is currently showing at the planetarium every day at 2 p.m. and on weekends at 12:30, 2 and 3:30 p.m. with evening shows on Wednesdays and Thursdays at 7:30.

The planetarium has an admission

charge for its showings of \$1.50 for adults and 50 cents for persons 17 and under.

"Exploring the Skylight of the Season" is a special show offered by the planetarium of the San Francisco night sky on Saturday and Sunday mornings for 50 cents.

No additional admission is required for the Steinhart Aquarium, housing 14,000 different species of aquatic animals live tanks and a fish roundabout

where dolphins, whales and other schools of fish swim in a circular tank.

Also within the aquarium is a reptile exhibit with many types of snakes, such as the two-headed snake, lizards and an alligator and crocodile pit.

"Lazerium Starship," a lazer light show set to music is a special attraction of the academy with shows on Friday evenings at 7:30, 9 and 10:30 and Sunday evenings at 5, 7:30 and 9.

"The Best of Lazerium" is a special showing on Saturdays at 7:30, 9 and 10:30 p.m.

Tickets can be purchased at the Lazarium box office one half hour before the shows begin or at any BASS ticket outlet for \$3.25. Children under 5 are not allowed.

A cafeteria is located downstairs and outdoor eating spots are located throughout the park.

If the above still has no appeal, Golden Gate Park also has 15 and three quarter miles of roads and scenic drives. The park also houses a number of man-made lakes. Spreckles Lake is the site for model yachts and other model boats and races are often held during the weekend.

Stow Lake provides the daring sailor with row boats, electric motor boats and pedal boats.

Row boats are rented at \$5.50 an hour to \$7 an hour depending on the number of hales and the schools of moswim ins are relar tank\$4 an h Also w5 an hou aquariependingreptile number owith mans and peof snaks for t as the ented ated snaken hour.ds and aThe boatter and Stow Lale pit.en Tuesd"Lazerigh Sundahip." a10 a.m: to 4 p.m. but will open every day during the summer.

Golden Gate Park is easily accessible from I-280 off the 19th Avenue exit, which runs directly through the park.

Whether it's outdoor sports, sunning, cultural enrichment or just plain "for the heck of it," the park is a great getaway spot without having to go very far to do it.

## Horse racing the day away

(Continued from Page 4)

Barry claims that the excitement of watching your horse win is unparalleled.

"It's such a high to see your horse come to the wire in front. It's such a great feeling to walk to the other side," he said, pointing toward the cashier's windows.

Contrary to many, the track is not a haven for seedy, undesirable characters. Families are in abundance with kids scooping up losing tickets and proudly comparing stacks of ducats with each other. One eight-year old proudly declared he had "a million bucks" and he was going to "cash" the tickets in with his dad.

If the tyke only knew how many unhappy people would like to have back the money they'd spent on the tickets he was clutching.

Then, there's the old-timers, who are the backbone of racing.

John, a 54-year-old from San Mateo comes out to the track a couple of times a week. He likes the races but also likes to win.

"It's nothing special. For me, it's something to do. I enjoy the action both on and off the track.

"It's a tough game to try to beat. Me? I don't bet serious -- \$50-75 a card. Sometimes I win, sometimes I lose. I lose more than I win, though."

Then why does he come back?

"Like I said, it's a way to kill an afternoon, and I like to be outside, especially when it's nice," John said, pointing to the blue skies above.

The track also attracts lots of young couples. Whether or not a racetrack can be considered romantic is open to debate. But most of the couples who attend the races are there for the excitement and the atmosphere of being outdoors. To them, the track is a happening.

Dennis and Karrie are sitting half-way up the stretch, eating ice cream and popcorn and taking it all in. The pair talk quietly about a lot of things, few connected with racing.

Dennis seems to be the spokesman for the two. "I come here every week. I enjoy the competition of the sport and I like to bet."

"The No. 3 horse is going to win," he proudly proclaimed. "I can't see him losing."

Dennis' horse ran second, losing in a photo finish.



### A glimpse of history

# Area ghost towns sleep in their past reflections

By their nature ghost towns are hidden, off the beaten path. They offer a link to the past, a glimpse of history. A ghost town's abandoned buildings and vacant streets hold secrets of past lives. These towns can be found in almost every state and in almost every area. Not to be the exception, the Bay Area has a few ghost towns of its own:

#### **DRAWBRIDGE**

Three miles up the train tracks from Alviso, in the quiet vastness of the south bay salt flats and marshland, is nestled the ghost town of Drawbridge.

In the tradition of ghost towns, Drawbridge is an eerie, desolate place, where it is easy to imagine, while walking down the creaking boardwalks, that the whistling wind is the groan of a past resident or the movement in a shack's attic is a caged soul rather than an old barn owl.

A couple dozen grey wooden buildings, crumbling and slowly sinking into the soft bay mud, are all that is left of this town that once was a bridge was founded in 1880 when the Southern Pacific Coast Railroad built a line connecting Santa Cruz to Alameda. A drawbridge, on over Coyote River was needed to allow boats to pass, gave the town its name and its first citizen, the bridge keeper.

The town and the land around it is now under the protection of the National Fish and Game Department and has been dubbed a wildlife refuge. Because of this and past vandalism, Drawbridge is not open to the public.

#### **NEW ALMADEN**

Though the actual ghost town and mines of New Almaden are off limits to the public because they are unsafe, the visitor to the New Almaden area can explore an old cemetery and an excellent museum to experience the past, as it existed in this quicksilver mining community.

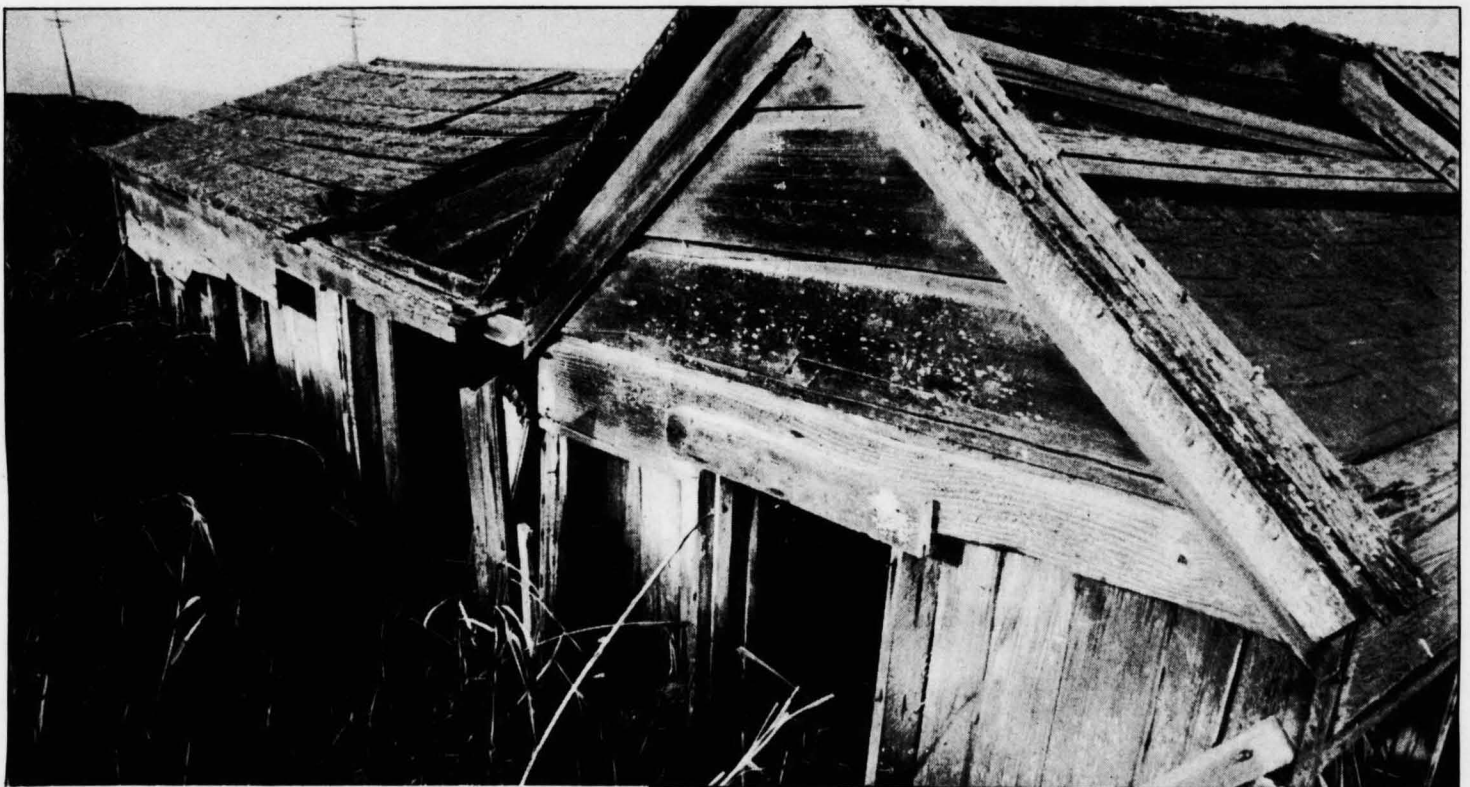
The first New Almaden mercury mines were dug in the 1850s under the direction of the Mexican government. Dubbed Nuevo (new) Almaden (mine) because the Almaden mine in Spain was already in existence, the California mine supplied all the mercury for the gold rush and mercury for Northern Army bullets in the civil war after the U.S. government took it over.

The closed-up mines, and abandoned mining buildings are on the hill two miles to the north of the town of New Almaden.

To get to New Almaden, take the Almaden Expressway south until it turns into Almaden road. Almaden road turns west and becomes New Almaden's main street.

New Almaden also boasts the Hacienda Cemetery where pioneers from the 1850s are buried. Although vandals and thieves have destroyed many of the headstones, several are intact for persons to visit.

The cemetery, which is maintained by California Pioneers of Santa Clara County Inc., is free of charge to the public. The cemetery is on both sides of Bertram road about one-half mile from Almaden road.





**SARGENT'S STATION**

The south end of Santa Clara county and Northern San Benito county abound with old settlements and ghost towns. This area near Gilroy is the site of more than a dozen Spanish land grant ranches.

Because these ranches are now owned by other private groups, permission by the owner is necessary before entering private property to explore old settlements.

One such settlement is Sargent's Station, about seven miles south of Gilroy. This small town has been a cattle ranch, oil town and picnic resort.

Much of the equipment used to drill for oil in the 1930s is still there, including several tanks filled with low grade oil. The buildings and property of Sargent's Station have been kept up by the present owner.

Today many of the buildings are abandoned. Visitors should contact the actual ghost town and mines of New Almaden are off limits to the public because they are unsafe, the visitor to

the New Almaden area can explore an old cemetery and an excellent museum to experience the past, as it existed in this quicksilver mining community.

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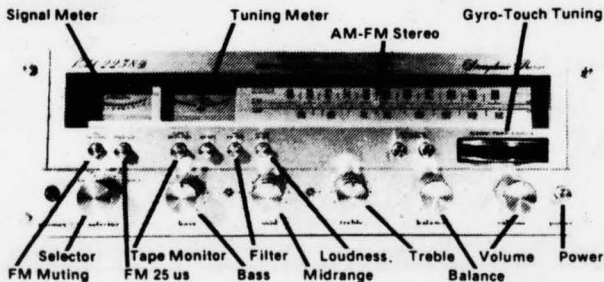
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