OPINION

Trends in Biotechnology

**Towards Protein-Based Viral Mimetics for Cancer Therapies**

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Abstract

High resistance and recurrence rates, along with elevated drug clearance, compel the use of maximum tolerated drug doses in cancer therapy, resulting in high-grade toxicities and limited clinical applicability. Promoting active drug accumulation in tumor tissues would minimize such issues and improve therapeutic outcomes. A new class of therapeutic drugs suitable for the task has emerged based on the concept of virus-mimetic nanocarriers, or ‘artificial viruses.’ Among the spectrum of materials under exploration in nanocarrier research, proteins offer unparalleled structural and functional versatility for designing virus-like molecular vehicles. By exhibiting ‘smart’ functions and biomimetic traits, protein-based nanocarriers will be a step ahead of the conventional drug-protein conjugates already in the clinics in ensuring efficient delivery of passenger anti-tumor drugs.

Protein nanoparticles; Drug delivery; Biomaterials; Biomimetics; Protein engineering; Targeted therapy
Drug-based cancer therapies

Since age is a main factor of risk, the high prevalence of cancer in high-income countries places this disease as a second highest cause of death (around 1 in 4 deaths), after cardiovascular diseases [1]. Despite possible compensatory effects of early detection, the high mortality among cancer patients stresses the limitation of current treatments, many of which are essentially based on surgery and adjuvant chemotherapy [2]. Low molecular weight cytotoxic chemicals, such as 5-Fluorouracil, Cisplatin or Doxorubicin have been developed and used for decades and they represent the current basis of treatment for most cancers [3]. These drugs induce DNA damage, leading to tumor cell death, and are administered at maximum tolerated doses. The resulting high systemic drug levels cause severe toxicities related to DNA damage in highly proliferative healthy tissues (e.g. bone marrow), which worsens patients’ quality of life [4]. Poor drug penetration due to abnormal tumor architecture and composition [5], and clearance through hepatic metabolism [6] or renal clearance (with a cut-off around 7 nm; see Glossary) [7] are additional factors that hamper a desired dose reduction to safer, less toxic values.

Renal filtration can be largely minimized by increasing the molecular size of the drug, through conjugation to large molecules such as proteins, which act as carriers. In addition to allowing longer circulation times in the bloodstream, drug-protein conjugation reduces hepatic clearance and increases drug concentration in tumors, compared to free-drug administration. This is because its nanometric size promotes higher nanoconjugate accumulation in tumor tissue because of the enhanced permeability retention (EPR) effect; that is, a form of passive targeting [8;9] (Box 1). In this regard, nab-paclitaxel has been incorporated into treatment regimens for advanced breast, lung or pancreatic cancer. In nab-paclitaxel, the
bound albumin stabilizes paclitaxel and in effect increases the size of the drug. Because of the many possible benefits of having drugs that are larger than small molecules, nanoparticles (usually ranging from 10 to 100 nm) are promising agents in the development of cancer therapies [10]. Most nanoparticles currently used in the clinic exhibit passive targeting (e.g. liposomal doxorubicin, nab-paclitaxel) [11]. In this context, only about 5 % of the injected therapeutic reaches the tumor because the high accumulation (50-80 % of the dose) of nanoparticles in the mononuclear phagocytic system (MPS) especially in the liver [12-14]. This process could be attenuated through the covalent attachment of polyethylene glycol (PEGylation) to the nanoparticle [15] (Box 1). However, the penetration of nab-paclitaxel into tumors might also benefit from indirect effects. Thus, the albumin component of the nanoparticle may bind to SPARC, a protein secreted by stromal fibroblasts to the tumor extracellular space, or to the gp60 receptor, facilitating nab-paclitaxel endothelial transcytosis [16;17].

**Cell targeting in cancer treatments**

A relevant and distinctive property of cancer tissues is that the proteins that drive tumor progression, such as cytokine, hormone or grow factor receptors are differentially overexpressed in cancer stem cells (CSC), as compared to healthy tissues [18]. Such differential expression can enable the molecular tagging of cancer cells for the delivery of next generation drugs. Molecular tags are already implemented in combination with conventional therapies to inhibit signalling from a specific target protein (eg, VEGF, EGFR, HER-2 or B-Raf) [19]. Although less aggressive than in chemotherapy, toxicity can also arise if target activity is inhibited in normal tissues, and resistance can develop through target or pathway mutation (e.g. EGFR amplification) or the activation of alternative or compensatory pathways [18].
Learning from these lessons, cell targeting in cancer treatment should be primarily exploited to engineer the biodistribution of conventional, well-known drugs as cargos in long-circulating nanoconjugates, aimed to increase the effective drug concentration in tumor cells. In this regard, if the administered drugs would be introduced in such a way that they only (or preferentially) penetrate tumor cells, doses could be largely reduced and toxicity issues essentially minimized. CSCs are responsible for tumor and metastasis initiation and maintenance and closely associated with aggressiveness. Active drug targeting aimed at eliminating CSCs is then a promising anticancer strategy. This therapeutic approach takes advantage of the differential expression of membrane receptors between CSCs and the bulk of the tumor, mainly composed of differentiated cells [20].

**Proteins, virus-like functions and artificial viruses**

In nature, animal viruses, which are nanoscale in size, exhibit exquisite specificity for cell surface receptors displayed on target cells. The specific interactions that trigger infection are mediated by cross-molecular interactions between peptide motifs in capsid proteins that act as ligands, and target surface cell proteins that act as receptors for the virus. The multivalency of ligand-receptor binding based on the repetitive and regular architecture of viruses ensures a high degree of tissue and cell penetrability, and increases the likelihood of interaction. In parallel, an increasing number of peptides and protein domains have been described as tumor-homing peptides. They exhibit the ability to specifically bind cell-surface protein markers in CSCs or in more differentiated cells [21-23], with an important degree of discrimination between specific tumor types [24]. Alternatively, nonspecific cell-penetrating peptides have been
engineered to be activated by local stimuli, such as low pH, or by metalloproteases, which are present in tumor tissues [25].

All these categories of peptides are valuable tools in enabling the targeting of drugs to specific tumors or tumor cell sub-populations, provided they functionalize nano-sized vehicles in a multivalent and regular distribution. The ‘artificial virus’ concept was proposed to define any manmade biocompatible nanomaterial exhibiting virus-like characteristics and size, with the potential to be cell-targeted carriers in molecular therapies [26]. Metals, polymers, carbon nanotubes or lipids may be suitable for nanoparticle fabrication [27]. However, proteins are likely the most convenient materials for the construction of effective viral mimetics in therapy, since they are the ultimate supporters of biological functions and specificity in molecular interactions. Being fully biocompatible, proteins have been produced since decades in cell factories by cost-effective scalable bioproduction (or by chemical synthesis if short peptides), to be used, among other applications, as pharmaceuticals [28;29]. In this regard, the regulatory issues linked to the administration of proteins to humans have been already well addressed, and the number of endotoxin-free and generically recognized as safe (GRAS) microorganisms available for biological production of proteins is lately expanding [30]. In addition, precise protein engineering by conventional genetic approaches allows the modulation of their functional and structural properties in a very versatile way.

Furthermore, cost-effective large-scale production of difficult-to-express proteins and nanostructured protein materials is now becoming feasible due to accumulating advances in genetics and systems biotechnology [31;32] and the increasing availability of cell factories adapted to complex protein production.
challenges [30;33;34]. The multiple virus-like functions necessary for molecular transport and intracellular delivery can only be achieved by proteins, and different functions can be assumed by protein complexes or by the construction of single chain modular polypeptides that recruit diverse functional domains from independent origins [35]. The unique functional and structural plasticity of proteins is ideal for the generation of multifunctional vehicles adapted to the targeted transportation of specific drug types, including nucleic acids (in non-viral gene therapy) and chemicals (in chemotherapy). Although protein-based viral mimetics have great potential for use in cancer therapy [36], rapid development of therapeutic artificial viruses has been unfortunately impaired by still limited structural comprehension of protein-protein interactions and by the lack of universal tools to predict and engineer precise contacts between designed polypeptides. The ability to arrange building blocks in regular patterns to generate multivalent constructs of defined nanoscale size, is an unavoidable requirement for the de novo generation of virus-like assemblies. Although control over particle size has been more easily reached in the design of liposomes and related polymer-based vehicles, the issue is much more challenging in the case of protein vehicles. Some recent successes in the computing-assisted design of complex protein nanostructures [37;38] permit to envisage, however, the feasibility of tailoring multimeric protein nanomaterials.

**Emerging nanoarchitectonic principles, viral mimetics and antitumoral drug delivery**

In this context, protein science has benefited from multiple approaches to engineering protein self-assembly [36;39], which have resulted in the generation of a wide range of nanoparticles and nanostructured materials [40]. The most promising routes to reach functional protein nanoparticles include: exploitation of
the amphiphillic character of peptides and proteins, the adaptation of natural oligorimerization domains and the manipulation of charge distribution to modulate electrostatic protein-protein interactions (Table 1). A fraction of these constructs tend to mimic viral features through the self-organization of multifunctional building blocks in virus-like assemblies, within the viral size range and with regular or filamentous morphologies (Figure 1). Among such constructs, those empowered with protein segments that bind cancer cell markers display specificity for cancer cells in vitro and reach tumor tissues in vivo, thus promoting a desired biodistribution map while avoiding renal filtration [41]. The repetitive nature of the building blocks in both spherical and filamentous nanoparticles allows for a multivalent display of cell ligands. The multivalent and regular ligand display in artificial viruses favours cell binding and endosomal-mediated uptake, as is the case in natural viruses, e.g. human rhinovirus 14 particles, which bind to different molecules of the cell surface receptor ICAM-1 (Figure 1 H). When loaded with conventional anti-tumor drugs, drug stability is often enhanced and the specificity and efficacy of cell killing is dramatically improved in comparison to soluble free drugs (Table 1). Some multifunctional proteins of this kind have already entered clinical trials [42].

In a paradigmatic example of viral mimetics, multifunctional single chain proteins were developed based on the linear fusion of three main cassettes: an amino terminal cationic peptide, a core scaffold protein and a carboxy terminal polyhistidine [43]. Such an engineering scheme is extremely efficient in promoting the self-organization of the whole chimera under aqueous physiological conditions [41], as nanoparticles of regulatable size between 10 and 80 nm [44]. This is irrespective of the particular scaffold protein used as building block core, and the particular amino acid sequence of the amino
terminal segment. These constructs are stable in vivo and escape renal filtration, exhibiting a high degree cellular penetrability both in cell culture and in vivo [41;45-47]. The regular disposition of the building blocks as planar toroid entities (Figure 1) [41] ensures a symmetric presentation of functional motifs on the particle surface. When the carboxy terminal region of the building block corresponds to a cancer relevant ligand, such as the tumor homing peptides T22 and A5 (which bind the cancer cell markers CXCR4 and CD44 respectively), high cell specificity has been achieved both in cell culture and in vivo [41;46;47]. T22-empowered CXCR4-targeted protein nanoparticles penetrated CXCR4+ cells in both primary tumor and metastatic foci in colorectal cancer mice models [46;48]. It is already possible to load artificial viruses with expressible DNA for gene delivery [48]. Coupling artificial viruses to anti-tumor compounds would be a logical next step.

**Concluding remarks and future perspectives.**

In summary, the versatility of protein engineering regarding structure and function offers unique opportunities for the construction of viral mimetics adapted to targeted drug delivery in molecular cancer therapies. Long-term experience in the biofabrication of enzymes and protein drugs ensures cost-effective large-scale biofabrication under GMP and the overcoming of any regulatory constraint for clinical use. Surpassing other materials of common use in Nanotechnology, self-assembling peptides and proteins are exceptional building blocks that allow efficient design and fabrication of biocompatible artificial viruses for the treatment of cancer. These entities can then be tailored to overcome the current limitations of chemotherapy associated with poor effectiveness and toxicity, by promoting longer circulation time and enhancing selective delivery of the cargo drug into target cancer cells. The rapidly growing
list of tumor-homing peptides and the refining of nano-architectonic protein engineering principles has already generated excitement for first-generation prototypes in the still nascent area of artificial virus design. Although these viral mimetics can be loaded with conventional chemical drugs or nucleic acids, the versatile nature of their protein building blocks makes them fully adaptable to any next generation passenger drug that might be incorporated into the clinical use in the future.

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Legends

**Box 1. Nanoparticle-based drug delivery in cancer**

Nanotechnology can improve cancer therapy by manipulating the functional components of drug vehicles and their architecture and size to ensure adequate biodistribution and accumulation in tumor (Figure 1). Drug-protein conjugation avoids renal filtration by enlarging the drug size over 7 nm and reduces liver clearance, especially when blocking phagocytosis by the MPS (for instance by PEGylation). These effects determine a long circulation time for the nanoconjugate in the bloodstream that improves tumor penetration. In addition, active targeting to tumor cells or cancer stem cells (e.g. CXCR4⁺ cells) promotes tumor accumulation and improves the antitumoral effect. This approach allows the targeting of cell surface receptors that are overexpressed in tumor cells by designing nanoconjugates that incorporate a specific ligand. Specific and multivalent binding would be triggering receptor-mediated endocytosis and drug release in the cytosol. This strategy promises to achieve high antitumor effect, while low drug accumulation and reduced adverse effects in normal tissues as compared to the administration of the free drug or plain drug-protein conjugates.

**Figure 1.** Schematic diagram showing how cell-targeted, nanoscale viral mimetics used as drug carriers improve drug biodistribution and efficacy in cancer therapy.
**Glossary box**

**Active targeting:** Directioning of ligand-driven nanoparticles to tumor cell types displaying specific membrane receptors used as targets

**Biodistribution:** Map of where compounds or drugs occur in the body of an animal or human being upon administration

**Blood circulation time:** Time that a nanoconjugate remains detectable in the bloodstream

**Cancer stem cells:** Cells responsible for maintaining the tumor due to their capacity for self-renewal and differentiation

**Cell penetrating peptides:** Peptides able to translocate the cell membrane and to allow the internalization of associated compounds

**EPR effect:** Enhanced permeability and retention of nanoparticles in tumor tissue because of their irregularly fenestrated vessels and impaired lymphatic drainage

**GRAS:** A distinctive label given by the American Food and Drug Administration to substances of microorganism to design that their addition to food is safe

**Hepatic clearance:** Inactivation of a drug through hepatic metabolism

**MPS:** Mononuclear phagocytic system responsible for phagocytosis and degradation of particular nanoparticle types

**Nanoconjugate:** Therapeutic molecule composed of a drug covalently bound to a nanoparticle

**PEGylation:** Attaching polyethylene-glycol molecules to nanoparticles to alter their physicochemical properties

**Passive targeting:** Directioning of nanoparticles to tumors by virtue of the EPR effect

**RGD:** Arginine, glycine, and aspartic acid tripeptide frequently used in drug delivery and tissue engineering because of its ability to bind certain cell surface integrins

**Renal clearance:** Elimination from the body of drugs smaller than ~7 nm, by filtration through the kidney

**Trancytosis:** Endosomal transport of molecules from one side of the cell to the opposite side

**Tumor-homing peptides:** Peptides that show high affinity for proteins overexpressed at the surface of cancer cells and that are used as agents for drug targeting
Table 1. Diversity of engineering strategies to control protein-protein contacts in protein-based viral mimetics, illustrated by representative examples.

<table>
<thead>
<tr>
<th>Building structure or self-assembling principle</th>
<th>Morphology and size</th>
<th>Example cargo</th>
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<th>References</th>
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<tbody>
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<td>Peptide amphiphiles</td>
<td>Fibrils; 100-900 nm in length. Nanofibers; unidentified length</td>
<td>Cytotoxic peptides (KLAK)</td>
<td>Transformed cells</td>
<td>[55]</td>
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<td>Peptide amphiphiles</td>
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<td>Branched peptide amphiphiles</td>
<td>Capsular spheres; 10-20 nm</td>
<td>Radionuclides</td>
<td>Human breast cancer in orthotopic mice models</td>
<td>[53]</td>
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<tr>
<td>Branched cationic peptides</td>
<td>Capsular spheres; 20-500 nm</td>
<td>Model eosin Y dye</td>
<td>Not defined. Potential in cancer therapy suggested</td>
<td>[56]</td>
</tr>
<tr>
<td>Self-assembling peptides fused to PEG</td>
<td>Planar fibrous; 50h length. Single layer nanofibers; unidentified length</td>
<td>Curcumin</td>
<td>Hepatic cancer in xenograft mice models</td>
<td>[58]</td>
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<td>RGD-containing self-assembling peptide</td>
<td>Regular toroids; 15-30 nm</td>
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<td>Cationic end-terminal domains in modular proteins</td>
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<td>Doxorubicin</td>
<td>Human breast cancer cells</td>
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<td>Hollow dodecagonal nanoparticles; 25 nm Nanospheres; 20 nm Polyhedral nanoparticles; 16 nm Nanoparticles; 20 nm Spheres; 400 nm Nanoparticles; 120 nm Nanoparticles; 140 nm and 260 nm respectively Nanospheres</td>
<td>Doxorubicin</td>
<td>Not defined. Tested in mice tumour models</td>
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<td>Not defined. Tested in H22 tumor-bearing mice</td>
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<td>Carboplatin</td>
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<td>[62]</td>
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<td></td>
<td></td>
<td>Organic</td>
<td>Several tumor cell</td>
<td>[63]</td>
</tr>
</tbody>
</table>
bovine serum albumin       255 nm-470 nm       selenocompound       lines

PEG: Polyethylene glycol

RGD: Arg-Gly-Asp motif

References


[12] Y. Malam, M. Loizidou, A.M. Seifalian, Liposomes and nanoparticles:


