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Kerlin, Douglas, H., Boyce, Kane, Marfurt, Jutta, Simpson, Julie, A., Kenangalem, Enny, Cheng, Qin, Price, Ric, N., & Gatton, Michelle L. (2012) An analytical method for assessing stage-specific drug activity in Plasmodium vivax malaria : implications for ex vivo drug susceptibility testing. *PLoS Neglected Tropical Diseases*, *6*(8), e1772.

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http://dx.doi.org/10.1371/journal.pntd.0001772

- 1 An analytical method for assessing stage-specific drug activity in *Plasmodium vivax* malaria:
- 2 implications for *ex vivo* drug susceptibility testing
- 3
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#### 25 Abstract

26 The emergence of highly chloroquine (CQ) resistant P. vivax in Southeast Asia has created an urgent need for an improved understanding of the mechanisms of drug resistance in these parasites, the 27 28 development of robust tools for defining the spread of resistance, and the discovery of new 29 antimalarial agents. The ex vivo Schizont Maturation Test (SMT), originally developed for the study 30 of P. falciparum, has been modified for P. vivax. We retrospectively analysed the results from 760 31 parasite isolates assessed by the modified SMT to investigate the relationship between parasite 32 growth dynamics and parasite susceptibility to antimalarial drugs. Previous observations of the 33 stage-specific activity of CQ against P. vivax were confirmed, and shown to have profound 34 consequences for interpretation of the assay. Using a nonlinear model we show increased duration 35 of the assay and a higher proportion of ring stages in the initial blood sample were associated with 36 decreased effective concentration (EC<sub>50</sub>) values of CQ, and identify a threshold where these 37 associations no longer hold. Thus, starting composition of parasites in the SMT and duration of the 38 assay can have a profound effect on the calculated EC<sub>50</sub> for CQ. Our findings indicate that EC<sub>50</sub> 39 values from assays with a duration less than 34 hours do not truly reflect the sensitivity of the 40 parasite to CQ, nor an assay where the proportion of ring stage parasites at the start of the assay 41 does not exceed 66%. Application of this threshold modelling approach suggests that similar issues 42 may occur for susceptibility testing of amodiaquine and mefloquine. The statistical methodology 43 which has been developed also provides a novel means of detecting stage-specific drug activity for 44 new antimalarials.

45

#### 46 Author Summary

47 The schizont maturation test (SMT) was developed to monitor drug resistance in malaria parasites. 48 The SMT examines differences in the rate of parasite development when exposed to different drug 49 concentrations, providing an estimate of drug efficacy. While the assay is effective when examining 50 resistance in *Plasmodium falciparum*, there are concerns regarding its suitability for testing other 51 malaria species, particularly if the drug only targets particular life-cycle stages of the parasite. Blood 52 samples taken from Plasmodium vivax infected individuals exhibit significant heterogeneity in the 53 parasite life-cycle stages present. If a drug targets the early stage parasites, but only late stage parasites are present in the sample, the test will show an erroneously high degree of resistance. In 54 this study, we estimate thresholds which can be used to identify when test results can be considered 55 accurate should the drug being tested only affect specific life stages of the parasites. Chloroquine is 56 57 used as a case study but the method developed also allows the identification of stage-specific 58 activity in other malarial drugs in *P. vivax*. For field researchers, this threshold modelling approach

- will allow for increased confidence in the reliability of *P. vivax* resistance results and provides a novel
  means of detecting stage-specific drug activity for new antimalarials
- 61

## 62 Introduction

Malaria continues to pose a significant threat to human health globally. Currently, as many as 2.6
billion people are at risk of *P. vivax* infection, with an estimated 72-390 million cases per year [1,2].
Historically, malaria research has focussed on *P. falciparum*, due to its reputation as the most lethal
human malaria parasite. Although *P. vivax* is less pathogenic than *P. falciparum*, it still poses a
serious public health burden and is being increasingly recognised as a cause of severe and fatal
disease, particularly in children and pregnant women [2,3].

69

70 A number of recent publications have highlighted the increasing recognition of the clinical 71 importance of *P. vivax* and the renewed emphasis placed on research into this species [2,4,5,6]. 72 Further, the emergence of highly chloroquine (CQ) resistant P. vivax in Southeast Asia (CQ remains a 73 front-line treatment for vivax malaria as it is affordable, well tolerated and safe, and its long half-life 74 ensures protection from early relapses [7,8]) has created an urgent need for an improved 75 understanding of the mechanisms of drug resistance in these parasites, the development of robust 76 tools for defining the spread of resistance, and the discovery of new antimalarial agents. To glean 77 insights into the development of resistance in *P. vivax*, a modified form of the *ex vivo* Schizont 78 Maturation Test (SMT) has been developed and applied to fresh isolates directly from patients 79 [9,10,11,12].

80

The central tenant of the SMT is that drug activity on susceptible parasites will completely stop or slow the growth in a dose-dependent manner, with reduced susceptibility being manifest by an ability of parasites to mature to schizont stages in the presence of higher concentrations of drug. The standard assay is conducted for 30 hours, the time required for parasites to reach maturation without drug, and the proportion of schizonts at the conclusion of the assay is used as an indicator of parasite maturation.

87

The SMT was initially developed for testing drug susceptibility in *P. falciparum* [13,14], where almost all parasites in the peripheral circulation are at the immature ring stage. However, in infections due to non-falciparum species, trophozoite and schizont stages are commonly present in the peripheral circulation. To accommodate this, a modified SMT has been developed in which the control wells 92 are monitored until the number of schizonts exceeds 40% of parasites prior to harvest (i.e., assays
93 are conducted for variable lengths of time)[15].

94

95 For the results of the SMT to be valid, a sample, irrespective of the drug resistance phenotype of the 96 parasites, must have had sufficient exposure to the drug to affect a response. The diversity in 97 parasite life cycle stages in *P. vivax* infections creates a significant confounding factor, particularly 98 since there is an apparent marked variation of drug susceptibility in different erythrocytic life cycle 99 stages. In previous work, it has been demonstrated that the trophozoite stages of *P. vivax* are 100 almost completely resistant to CQ, and continue to mature no matter how high the concentration of 101 drug [15,16]. It follows that, if a drug only acts on ring stage parasites, but the sample contains a 102 majority of trophozoites and schizonts, the parasite is likely to be erroneously categorised as 103 resistant simply because there were no susceptible life cycle stages present in the assay.

104

105 In this study we develop a statistical methodology to identify stage specific drug activity in the SMT.

106 We use CQ against *P. vivax* as a case study and demonstrate that stage specific drug activity has

107 profound consequences for the interpretation of SMT results. We also examine stage-specific drug

108 effects for other commonly used drugs and simulate the growth dynamics of *P. vivax* parasites

109 within the SMT to provide recommendations on how to improve the reliability of SMT results.

110

### 111 Methods

## 112 Ethics Statement

Ethical approval for the collection of blood samples for drug susceptibility testing was obtained from
the ethics committees of the National Institute of Health Research and Development, Ministry of
Health (Jakarta, Indonesia), and the Human Research Ethics Committee of NT Department of Health
& Families and Menzies School of Health Research (Darwin, Australia). Written informed consent

117 was obtained from adult patients and parents and/or guardians of enrolled children.

118

119 Data collection and ex vivo drug susceptibility testing

120 Blood samples were collected from patients attending outpatient clinics in Timika, Papua Province,

121 Indonesia, as previously described [15]. Only patients infected with a single species of Plasmodia

were included in the study; the majority of samples contained *P. vivax* or *P. falciparum*, although a

limited number of *P. malariae* and *P. ovale* isolates were also available [17].

124

SMTs were conducted on these samples following World Health Organisation guidelines for drug
susceptibility testing [18], with modifications developed to aid the application of the test to *P. vivax*

[15]. Venous blood (5mL) was collected by venipuncture, and after removal of host white blood cells
using a CF11 column, 800µL of packed infected red blood cells (IRBC) were used for the SMT. Assays
conducted for up to 7 drugs: CQ, artesunate, amodiaquine, lumefantrine, mefloquine, piperaquine
and pyronaridine [15].

131

The proportion of parasite life cycle stages (i.e., rings, trophozoites and schizonts, as defined by Russell et al [12,15]) in each isolate was assessed at 0 hours, 24 hours, and then at non-uniform times until 40% of the parasites in the control well reached mature schizonts. At this point, the assay was terminated, and wells under serial drug concentrations were harvested. The proportion of parasites in each stage of the erythrocytic cycle at time of harvest was reported for each drug concentration, as was the duration of the assay.

138

139 Dose Response Modelling

140 The estimated drug response (*R*) of each isolate was derived from the ratio between the proportion

141 of schizonts at harvest in the treatment well compared to that in the control well. Only data

satisfying the following criteria were included in the dose response modelling:

143 1. *R* < 1.5 for all drug concentrations,

144 2. R > 0 for the lowest drug concentrations,

145 3. R < 0.5 for at least one drug concentration.

146

The sigmoid E<sub>max</sub> dose-response curve (equation 1) was fitted to all available data simultaneously,
 with mixed-effects modelling used for CQ data.

 $R_{ij} = E_{\max_{i}} - (E_{\max_{i}} - E_{0}) \times \frac{C_{ij}^{\gamma_{i}}}{(C_{ij}^{\gamma_{i}} + EC_{50_{i}}^{\gamma_{i}})}$ (Equation 1)

 $R_{ii}$  represents the drug mediated growth inhibition response (the ratio between the proportion of 150 schizonts at harvest in the treatment well compared to the control well) for the i<sup>th</sup> isolate at the j<sup>th</sup> 151 concentration, c<sub>ii</sub> represents the drug concentration. E<sub>max</sub> and E<sub>0</sub> represent the maxima and minima 152 153 of the dose response curve and  $\gamma$  the slope of this curve. The EC<sub>50</sub> value represents the effective 154 concentration at which 50% of the parasite population exhibit a response to the drug. Inter-isolate variability was included for  $E_{max}$ ,  $EC_{50}$  and  $\gamma$ . The drug plate batch was also incorporated as a random 155 156 effect, to control for batch-to-batch variability. Predicted values for EC<sub>50</sub> for each isolate were 157 calculated from Empirical Bayes estimates.

EC<sub>50</sub> values for parasite samples collected from April 2004 and May 2007 have previously been 159 160 reported (Russell 2008). However the methodology used to calculate  $EC_{50}$  for CQ differs between the 161 previous report and the current study due to the use of mixed-effects modelling. 162 Statistical analysis 163 164 165 For each of the seven drugs tested, linear regression models were used to characterise the 166 relationship between the EC<sub>50</sub> values derived for each isolate and the following independent 167 variables: assay duration, the proportion of rings at 0 hours, and delay between venepuncture and 168 assay. The  $EC_{50}$  values were not normally distributed and therefore,  $In(EC_{50})$  was used as the 169 dependent variable. 170 171 Where a relationship between one of the independent variables and In(EC<sub>50</sub>) was found a non-linear 172 threshold model was constructed to determine the threshold at which the association ceased to exist (Equation 2). 173  $EC_{50} = b + (Duration < c) * a * (Duration - c),$ 174 (Equation 2) 175 a represents the rate of decline in EC<sub>50</sub> when the duration of the assay is less than the threshold, b176 the mean  $EC_{50}$  values for samples where the duration exceeds the threshold, and c the threshold. A 177 threshold model was preferred over other non-linear models due to the greater interpretability of 178 parameters. 179 180 A threshold model of the same form was also fitted to define the relationship between the 181 proportion of rings at time 0 and  $EC_{50}$ . The threshold models were fitted to the data using nonlinear 182 regression. 183 184 Characterising the duration of the erythrocytic cycle 185 A simulation approach was used to estimate the duration of each stage of the erythrocytic life cycle 186 in both P. vivax and P. falciparum. Estimates were also made of stage durations using the limited 187 data available for P. malariae and P. ovale to validate the methodology. Poisson distributions were 188 selected to represent the duration of each stage, as random deviates produced by sampling the distribution are always positive, and the parameters of the distributions allow for biologically 189 190 meaningful interpretation. We assumed the duration of each stage could be drawn from a 191 probability distribution, and estimate the mean of each Poisson distribution ( $\lambda$ ). 192

One hundred simulations of the growth dynamics within a culture well, each containing 200 parasites, were conducted. It was assumed each parasite began life as a ring, transitioned to a trophozoite, then to a schizont. The length of time spent in each stage was determined by sampling from the relevant probability distribution. At selected time points, the proportion of parasites in each stage was calculated. As parasites completed the schizont stage, they were assumed to die, and subsequently, proportions were calculated based only on the remaining surviving parasites.

A systematic search of the parameter space for the mean duration in each life cycle stage ( $\lambda$ ) was conducted to determine the optimal values for each Poisson distribution. The mean model fit from three simulation experiments (totalling 300 simulations) for each combination of parameters was used and the search examined potential parameters in increments of 0.5 hours.

204

205 The optimal fit was determined by minimising the sums-of-squares between the simulation results 206 and data on proportion of parasite at each life cycle stage from the control wells, for a subset of the 207 original field samples. The subset of field samples used had 1) 100% rings at 0 hours, 2) data for at 208 least 3 time points, and 3) an assay duration >42 hours. This subset was used to ensure only samples 209 with young ring stage parasites were included in the fitting process. A penalty equivalent to a 210 difference of 20 between data and simulation results was applied for any later time points where the 211 death of the entire simulated parasite population meant that no direct comparison could be made to 212 the data.

213

All statistical analyses and simulations were conducted using the R statistical computing softwarepackage [19].

216

217 Results

218 Description of initial samples (at 0 hours)

219 SMT results for parasites sourced from 784 patients with single-species infections of either *P. vivax* 

220 (*n* = 345) or *P. falciparum* (*n* = 439) were analysed; 289 (84%) *P. vivax* and 331 (75%) *P. falciparum* 

isolates met the inclusion criteria for statistical analysis. Among these, 141 P. vivax (49%) and 216 P.

*falciparum* (65%) isolates reached the 40% schizont threshold at harvest. The time between

venepuncture and start of the assay (the 'delay') was significantly correlated with the duration of the

assay for isolates of *P. falciparum* (correlation co-efficient (r) = -0.211, p < 0.001), but not *P. vivax* (r =

225 -0.065, p = 0.226).

227 There was a significantly higher mean proportion of ring stage parasites in samples at the start of the

assay (0 hours) for *P. falciparum* (0.922) compared to *P. vivax* (0.588) (Wilcoxon rank sum test, p

- 229 <0.001). 87.5% (189/216) of *P. falciparum* isolates contained 100% ring stage parasites at 0 hours,
- compared to only 2.8% (4/141) of *P. vivax* isolates.
- 231

## 232 Predictors of CQ susceptibility

233 There was a significant negative association between the CQ assay duration (hours) and the ln (EC<sub>50</sub>) values for *P. vivax* ( $r^2 = 0.219$ , p < 0.001; Figure 1a). A similar, but weaker relationship was observed 234 for *P. falciparum* ( $r^2 = 0.097$ , p < 0.001; Figure 1b). Figure 1 suggests some bimodality in the 235 236 distribution of results, but this is predominantly due to the lack of sampling between ~32 and 40 237 hours. The proportion of rings at the start of the assay was also significantly negatively associated 238 with the ln(EC<sub>50</sub>) values for both *P. vivax* ( $r^2 = 0.245$ , p < 0.001) and *P. falciparum* isolates ( $r^2 = 0.206$ , p < 0.001; Figure 2). In both species there was a significant negative correlation between the 239 proportion of rings at the onset of assay and assay duration ( $r^2 = 0.621$ , p < 0.001;  $r^2 = 0.185$ , p < 0.001;  $r^2 = 0.001$ ;  $r^2 = 0.001$ ;  $r^2 = 0.000$ ;  $r^2 = 0.0000$ ;  $r^2$ 240 241 0.001, for *P. vivax* and *P. falciparum*, respectively).

242

The threshold model for assay duration was successfully fit to the *P. vivax* data (Figure 3, Table 1). The threshold value, *c*, represents the point at which the assay duration was no longer significantly associated with estimates of EC<sub>50</sub>. We interpret this threshold as the point at which assay duration was sufficiently long to guarantee that the target parasite stage/s were present and exposed to the drug. Although there was a relationship between assay duration and EC<sub>50</sub> for *P. falciparum* we were unable to fit a threshold model as fitting procedures did not identify an appropriate non-linear model and associated threshold point.

250

A threshold model to determine the relationship between the initial proportion of rings and the  $EC_{50}$ was also only possible for *P. vivax*; we were unable to fit a threshold model to the *P. falciparum* data. For *P. vivax* the proportion of rings at the onset of assay was found to have a significant non-linear relationship with  $EC_{50}$  (Figure 4; Table 2). Samples with less than 65% ring stage parasites at time 0 had higher and more variable  $EC_{50}$  values than those isolates with a greater proportion of ring stage parasites.

257

258 Comparisons with other drugs

Of the six other drugs tested, threshold models were successfully fitted to data for amodiaquine and mefloquine in *P. vivax*. Confidence intervals around the estimated threshold points showed distinct overlap, suggesting no significant differences between the two drugs, or CQ (Table 3).

262

#### 263 *Characterising the duration of the erythrocytic cycle*

264 In the simulations of the growth dynamics under *ex vivo* assay conditions, the  $\lambda$  parameter for the 265 Poisson distributions represented the duration of each parasite life cycle stage in P. vivax. The mean 266  $\lambda$  was 19.1 hours (95% Cl 11 , 29) for rings, 23.1 hours (95% Cl 11, 36) for trophozoites, and 2.2 hours 267 (95% CI 0, 7) for the schizonts. The total duration of the P. vivax erythrocytic cycle was estimated as 268 44.5 hours (95% Cl 29, 62). Similar simulations of *P. falciparum* growth gave mean estimates of the  $\lambda$ 269 parameter of 23.3 hours (95% Cl 14, 33) for ring stage parasites, 21.4 hours (95% Cl 11, 33) for 270 trophozoites, and 3.7 hours (95% CI 0, 10) for schizonts; estimates produce a total duration of 48.4 271 hours (95% Cl 32, 66). These estimates of an *ex vivo* life cycle do not include the age of the rings 272 before the start of the assay and the growth time of schizonts after the end of the assay, thus the 273 true life cycle is expected to be longer than reported.

274

To validate the methodology, the growth dynamics of a small number of SMT results were also
simulated for *P. malariae* (n=39) and *P. ovale* (n=13) isolates. The total duration of the erythrocytic
cycle was estimated to be 75.6 hours (95% CI 59, 93) in *P. malariae* and 53.9 hours (95% CI 34, 79) in

- 278 *P. ovale*.
- 279

#### 280 Discussion

281 Despite being developed initially for P. falciparum parasites, the Schizont Maturation Test (SMT) has 282 seen considerable use in testing drug susceptibility of P. vivax. However, little consideration has 283 previously been given to whether the application of the SMT to P. vivax is appropriate. In this study, 284 we demonstrate that the stage-specific dynamics of drug activity may impact on the validity of SMT 285 results. If a particular drug targets ring stage parasites, but is tested in an isolate predominantly 286 containing mature stage parasites, the drug will appear to be ineffective, resulting in an 287 overestimate of resistance. Assay duration and the proportion of rings in the initial sample both 288 provide proxy indicators of the likelihood that early stage parasites will be exposed to drugs. Previous experimental work has identified that trophozoite stage *P. vivax* parasites are insensitive to 289 290 CQ [15,16]; our results support this finding. We apply statistical analysis techniques to show that the 291 heterogeneity of erythrocytic life cycle stages present in peripheral blood samples taken from

patients infected with *P. vivax* necessitates additional criteria be applied to the SMT to ensure thevalidity of the results.

294

295 The significant negative relationship between the time of venepuncture and start of the SMT and 296 duration of the SMT for *P. falciparum* was not unexpected. The onset of fever is usually associated 297 with the start of a new erythrocytic cycle, meaning the sum of the time elapsed between 298 establishment of the SMT and SMT duration will be more indicative of total duration of the 299 erythrocytic cycle than the SMT duration alone. Hence, parasites which have a delay between 300 venepuncture and start of SMT will enter the SMT in a more advanced state, requiring less time to 301 develop to 40% schizonts. This effect is most likely more dominant in *P. falciparum* samples due to 302 the high synchronicity in parasites when obtained from the patient, compared to *P. vivax*.

303

For both *P. vivax* and *P. falciparum* isolates, there were significant negative relationships between the duration of the assay and estimated EC<sub>50</sub> values (i.e., short duration assays were associated with reduced susceptibility to drugs). There are a number of possible explanations for these results, none of which is mutually exclusive and all of which are specific to the drug/parasite combination:

- Later stage parasites are more tolerant to the drug then ring stage parasites; the higher the
   proportion of ring stage parasites the lower the EC<sub>50</sub>,
- The drug effect is cumulative over time which results in longer exposure times having a
   greater relative effect for the same drug concentration,
- 312 3. Resistant parasites grow faster.
- 313

314 When stage-specific drug activity is a consideration, as with CQ against P. vivax [15,16], we 315 hypothesised that samples more advanced in their development, as characterised by short assay 316 duration or a low proportion of ring stage parasites in the initial blood sample, would appear to be 317 less susceptible to a drug because a significant number of parasites present in the assay had 318 developed beyond the target stage. Support for this hypothesis is provided by the threshold 319 modelling. While the linear models we have described are appropriate for the *P. falciparum* SMTs, 320 examination of the trends in P. vivax suggest a distinctly non-linear pattern for some drugs, including 321 CQ. The threshold modelling indicates that the  $EC_{50}$  for CQ in *P. vivax* parasites stabilises once the sample has been exposed to the drug for at least 33.7 hours (CI 28.2, 39.3). The simulation 322 323 modelling of parasite development time suggests that P. vivax parasites spend an average of 25.3 324 hours as trophozoites and schizonts before termination of the assay. If the SMT is terminated when 325 the control well reaches 40% schizonts, and this occurs after 33.7 hours (mean duration threshold),

326 it follows that the SMT must have exposed sufficient ring stage parasites to the drug, resulting in 327 EC<sub>50</sub> reaching its minimum. Combining the results from the threshold and life cycle modelling, an 328 assay lasting 33.7 hours will have exposed 86.5% of the parasites to CQ for at least one hour at ring 329 stage. Using the upper 95% confidence limit for mean assay duration, a more conservative threshold 330 estimate of 39 hours, we can predict that 95% of the parasites were exposed to CQ for at least 2 331 hours at ring stage. We propose that this threshold represents the duration of the assay which is 332 sufficient to guarantee that a significant proportion of the ring stage P. vivax parasites have been 333 exposed to the drug (i.e. there is no longer any association between duration and  $EC_{50}$ ). Assay 334 durations shorter than this threshold expose a greater proportion of tolerant mature stage parasites 335 to the drug, and thus the EC<sub>50</sub> values derived from these samples will be artificially elevated.

337 Similar dynamics are apparent when examining the composition of the initial blood samples. The 338 disparity in the degree of developmental stage heterogeneity in the initial samples between P. vivax 339 and P. falciparum is striking. P. falciparum isolates are markedly more synchronous, presumably 340 because the mature stages (trophozoites and schizonts) are sequestered in deep tissues and organs, 341 rather than in the peripheral circulation. Nearly all P. falciparum samples contain only rings, and are, 342 therefore, ideal for SMT. In contrast, P. vivax isolates tend to show significantly greater 343 heterogeneity in the life cycle stages, with trophozoites and schizonts regularly occurring. The 344 presence of these advanced stages at the onset of SMT makes the interpretation of drug 345 susceptibility results more difficult. Our modelling suggests that the initial sample should contain a 346 minimum of 66% ring stage parasites, preferably >90% ring stage parasites (upper 95% confidence 347 interval of the threshold parameter), to ensure the target life cycle stages are sufficiently present in 348 a sample. However, this significantly reduces the number of samples from which drug sensitivity 349 data can be obtained potentially introducing a sampling bias. It should be noted that, by selecting 350 only those samples that achieve 40% schizonts, we also introduce bias against those parasites that 351 do not grow well in culture.

352

336

Processes for synchronising parasitemia have also been proposed as a means of decreasing stage heterogeneity of *Plasmodium* isolates for *ex vivo* characterisation [20,21]. Although such methods may have utility and permit testing of some field isolates that would otherwise be excluded from testing, the removal of mature trophozoite parasites inevitably results in a reduction in parasite count, which is itself another important parameter for reliable quantification of parasite growth.

359 An alternate approach to specifying a definitive threshold is to apply the same types of threshold 360 models which we have developed here using all available data. Such an approach would have three 361 advantages. First, it would allow all the field samples to be used, thus reducing the potential for bias 362 in the SMT samples. Second, it would allow the development of resistance to be monitored over time by looking for changes in the threshold duration and minimum  $EC_{50}$ . Third, it can be used to 363 364 look for stage-specific drug action in current and new antimalarial drugs. Similar patterns and 365 threshold values were found for CQ, amodiaquine and mefloquine, suggesting all of these drugs 366 have their main effect on ring stage P. vivax parasites. Such a relationship was not observed for the 367 other antimalarials investigated (i.e., artesunate, lumefantrine, piperaquine and pyronaridine). 368 Differences between the stage specific activity of each drug and its variation between parasite 369 species may prove highly informative in elucidating the mechanisms of arug action as well as innate 370 and acquired drug resistance. While it is always possible to investigate stage-specific drug activity 371 using carefully planned laboratory experiments, as reported by Russell et al. [15], the methodology 372 presented here can identify stage specificity through far less laborious means, and can use 373 previously collated results.

374

375 Our simulation of parasite development in the SMT and subsequent estimate for the duration of 376 each life cycle stage is the first attempt to model parasite development times for *P. vivax*. It is 377 important to note that the estimates are relative to the parasite development in the restricted 378 conditions of the SMT control well and may not represent the length of the life stages in vivo, or 379 indeed in potential in vitro culture. It should also be expected that the estimated duration of the 380 ring stage underestimates the true duration due to the delay in obtaining the blood sample after 381 parasite rupture and establishing the SMT. More expansive sampling over the first 24 hours of the 382 assay would likely reduce the confidence intervals of the estimated development times.

383

384 In summary, a threshold modelling approach was applied to data from a modified SMT to investigate 385 resistance to CQ in P.vivax. We identified patterns which suggest a non-linear relationship between 386 drug susceptibility in the parasite and both the duration of an assay and the proportion of ring stage 387 parasites in the initial sample, which signifies tolerance of late stage parasites to CQ. Consequently, 388 we recommend that P. vivax isolates should contain a minimum of 66% ring stage life cycle stages, and that assay duration should exceed 34 hours to ensure this stage-specific effect does not 389 390 artificially inflate the reported EC<sub>50</sub>. More conservative thresholds would require a minimum of 90% 391 ring stage parasites and a minimum assay duration of 40 hours. An alternative approach would be 392 to use the statistical methodology which has been developed. For field researchers, this threshold

- 393 modelling approach will allow for increased confidence in the reliability of resistance results. This
- approach also provides a novel means of detecting stage-specific drug activity for new antimalarials,
- as demonstrated by our analysis of the susceptibility to amodiaquine and mefloquine.
- 396

# 397 Acknowledgements

- 398 We are grateful to Lembaga Pengembangan Masyarakat Amungme Kamoro and the staff of
- 399 the Rumah Sakit Mitra Masyarakat (RSMM) hospital in Timika for their support in conducting
- 400 the drug susceptibility studies. We also thank all the laboratory staff members at the Malaria
- 401 Research Facility of the Papuan Health and Community Development Foundation (PHCDF) for
- 402 their support in sample collection and processing. We thank the Australian Red Cross blood
- 403 transfusion service for the supply of human sera. The opinions expressed herein are those of
- 404 the authors and do not necessarily reflect those of the Australian Defence Force Joint Health
- 405 Services.
- 406

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465

467	Figure legends
468	Figure 1. Relationship between assay duration and $ln(EC_{50})$ for (A) <i>P. vivax</i> (n = 141) and (B) <i>P.</i>
469	falciparum (n = 216)
470	
471	Figure 2. Relationship between the proportion of ring stage parasites at start of assay (0 hours) and
472	In(EC <sub>50</sub> ) for (A) <i>P. vivax</i> and (B) <i>P. falciparum</i>
473	
474	Figure 3. Threshold modelling results for the relationship between assay duration and estimated CQ
475	EC <sub>50</sub> values in <i>P. vivax</i>
476	
477	Figure 4. Threshold modelling results for the relationship between the proportion of rings in the
478	initial sample and estimated CQ EC <sub>50</sub> values in <i>P. vivax</i>
479	

480 Table 1. Parameter estimates for threshold modelling of the relationship between assay duration

Parameter	Estimate	95% Confidence Intervals		P-value
		Lower	Upper	
Threshold ( <i>c,</i> in hours)	33.73	28.15	39.31	< 0.001
Change in EC₅₀ per increase of one hour assay duration when assay duration < c (a)	-82.01	-131.69	-32.33	0.002
Mean EC <sub>50</sub> when duration > <i>c</i> ( <i>b,</i> in nmols/l)	141.91	-19.05	302.87	0.086

# 481 and CQ EC<sub>50</sub> in *P. vivax*

482

484 Table 2. Parameter estimates for threshold modelling of the relationship between the proportion of

Parameter	Estimate	95% Confidence Intervals		P-value
		Lower	Upper	
Threshold ( <i>c</i> )	0.65	0.42	0.89	< 0.001
Change in EC <sub>50</sub> when proportion of rings at hour 0 < <i>c</i> ( <i>a</i> )	-1693.2	-2470.7	-9 15.7	< 0.001
Mean EC <sub>50</sub> when proportion of rings at hour 0 > c ( <i>b</i> , in nmols/l)	139.69	-7.49	286.87	0.065

485 rings samples at hour 0 and CQ EC<sub>50</sub> in *P. vivax* 

486

488 Table 3. Comparison of the threshold points for amodiaquine, chloroquine and mefloquine, when

Drug	Threshold	95% Confidence Intervals		P-value
	Estimate ( <i>c,</i> hrs)	Lower	Upper	_
Chloroquine	33.73	28.15	39.31	< 0.001
Amodiaquine	31.13	27.84	35.7	0.01
Mefloquine	39.14	32.94	45.34	< 0.001

489 analysing the relationship between assay duration and EC<sub>50</sub> in *P. vivax* 

490