IMAGING MODALITIES RELEVANT TO INTRACRANIAL PRESSURE ASSESSMENT IN ASTRONAUTS

Ashot E. Sargsyan¹, Larry A. Kramer², Douglas R. Hamilton¹, Jennifer Fogarty³, JD Polk³

- 1. Space Medicine, Wyle Integrated Science and Engineering, Houston, TX, USA.
- 2. University of Texas Health Sciences Center at Houston.
- 3. Space Life Sciences Directorate, NASA Lyndon B. Johnson Space Center, Houston, TX, USA.

Disclosure Information

82nd Annual Scientific Meeting Ashot E. Sargsyan

I have no financial relationships to disclose.

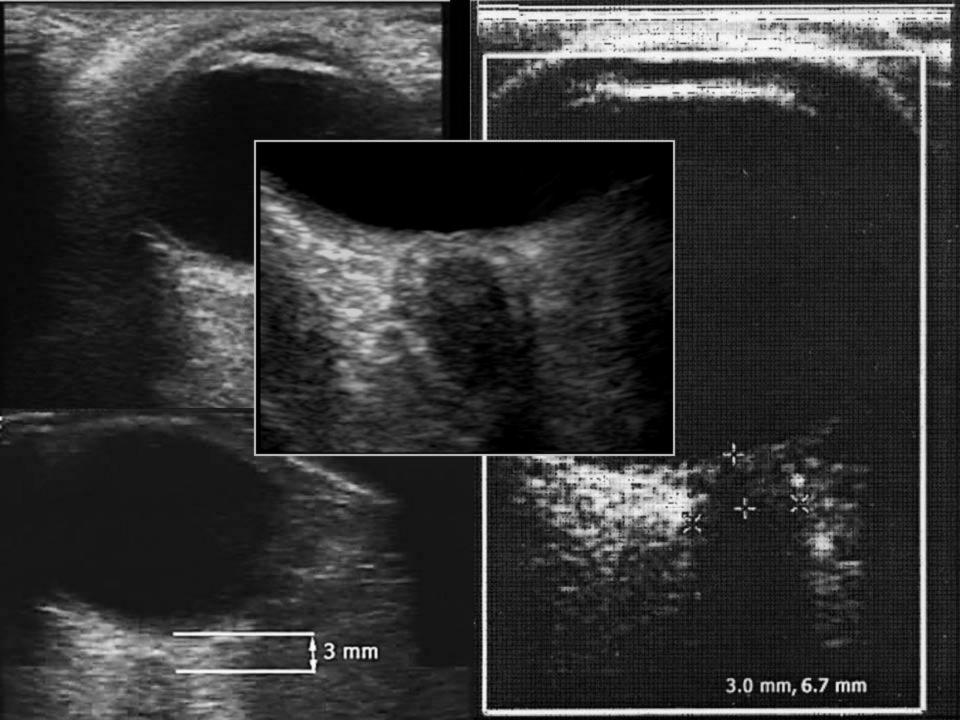
I will not discuss off-label use and/or investigational use in my presentation

Learning Objectives

- 1: To review the morphological changes in orbit structures caused by elevated ICP, and their imaging representation.
- 2: To learn about the similarities and differences between MRI and sonographic imaging of the eye and orbit.
- 3: To learn about the role of MRI and sonography in the noninvasive assessment of intracranial pressure in aerospace medicine, and the added benefits from their combined interpretation.

Introduction

- Intracranial pressure (ICP) elevation has been inferred or documented in a number of space crewmembers.
- Recent advances in noninvasive imaging technology offer new possibilities for ICP assessment.
- No standards or applicable evidence-based guidelines/criteria are available for immediate use.
- NASA and its ISS partners adopted a battery of occupational health monitoring tests including:
 - Magnetic resonance imaging (MRI) pre- and postflight;
 - High-definition sonography of the orbital structures in all mission phases including during flight.
- We hypothesize that joint consideration of data from the two techniques has the potential to improve quality and continuity of crewmember monitoring and care.



Macroscopic Anatomical Substrate

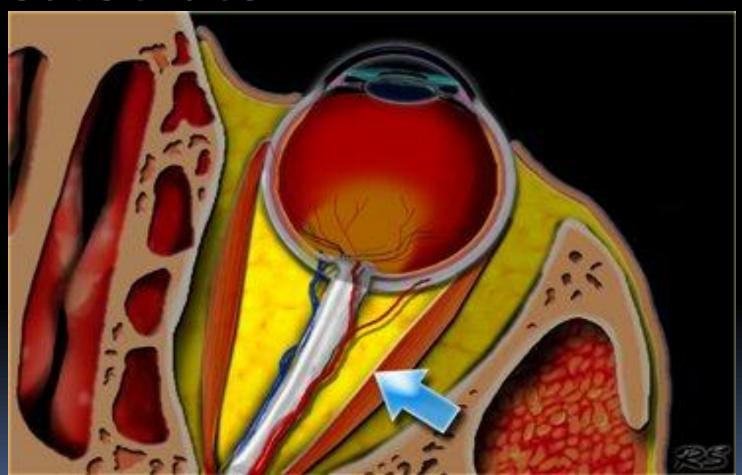
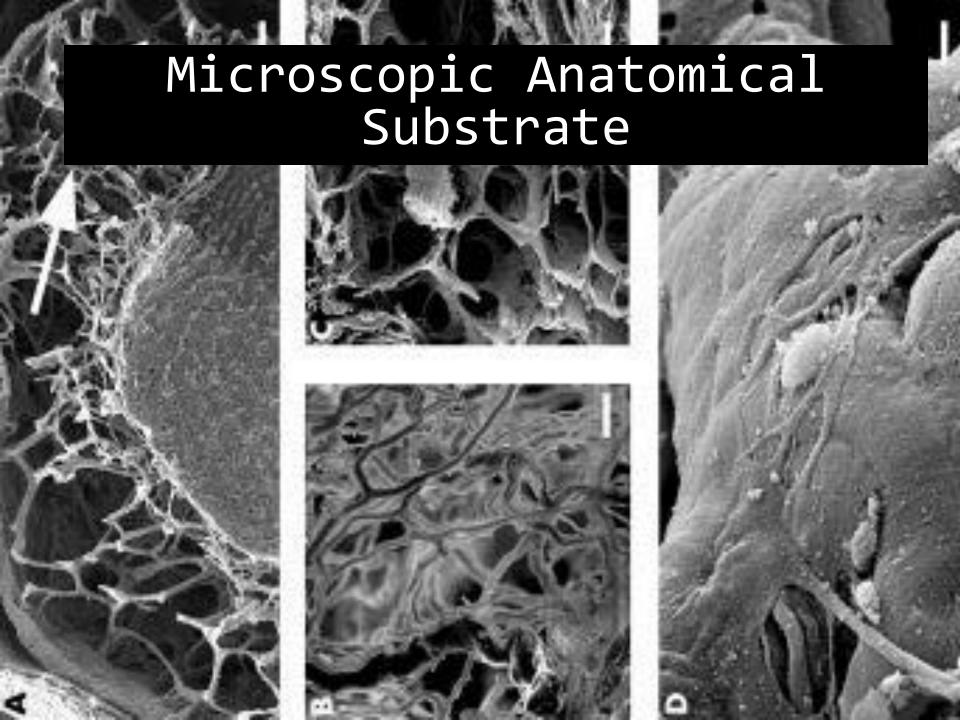


Image Source: Orbital Pathology *by David Youssem*Neuroradiology department of the Johns Hopkins Hospital in Baltimore http://www.radiologyassistant.nl

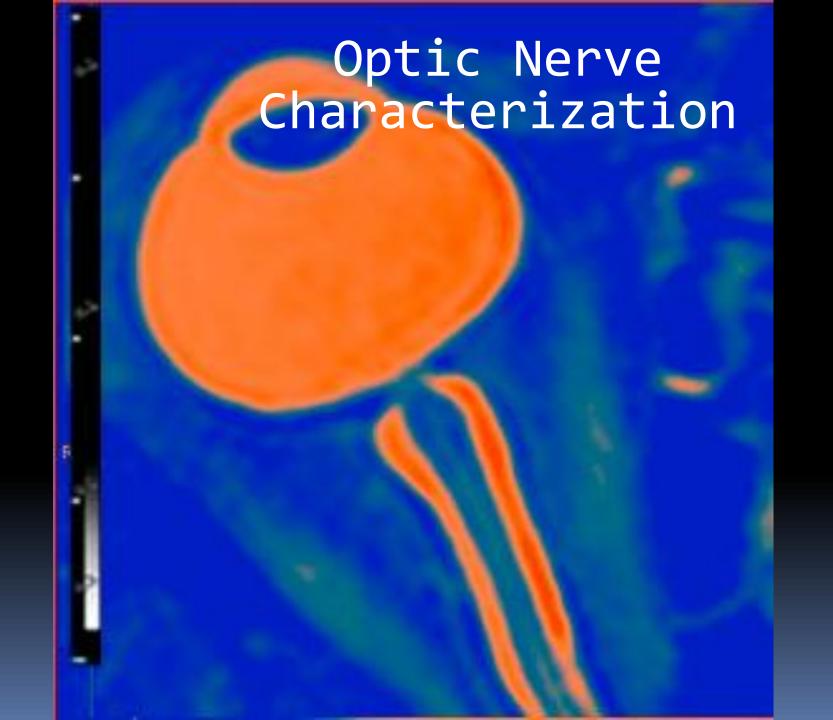


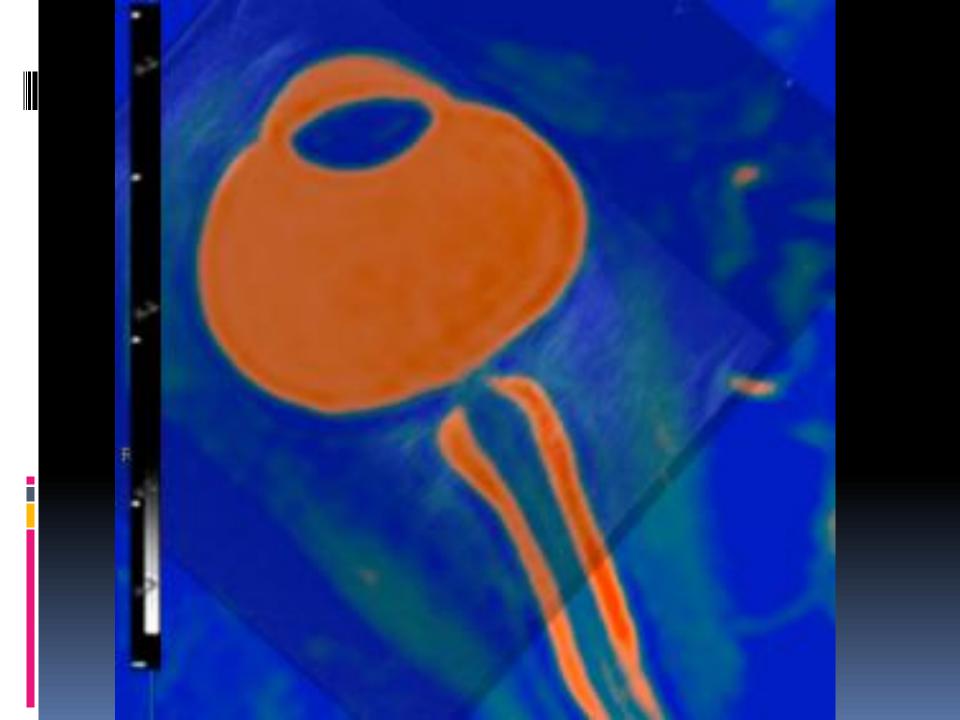
Methods

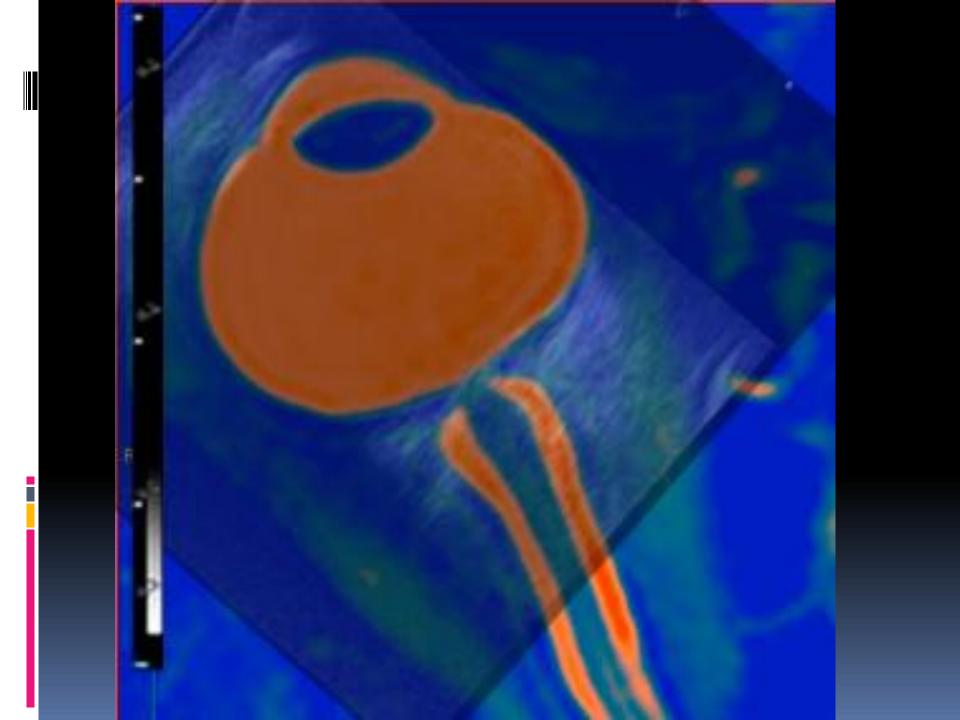
- Identification of redundant parameters in MR and sonographic data sets
- Comparisons of MR and sonographic measurements of the optic nerve and optic nerve sheath
- Comparison of posterior globe curvature measurements from MR and sonographic images
- Assessment of the potential of image "fusion" between MR and sonography

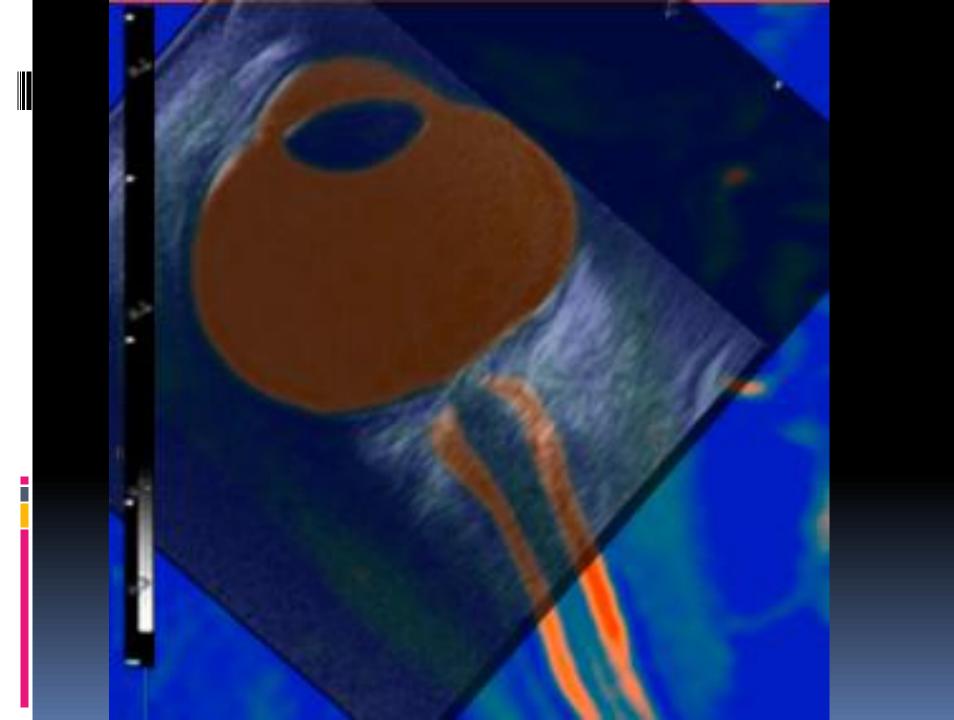
Methods

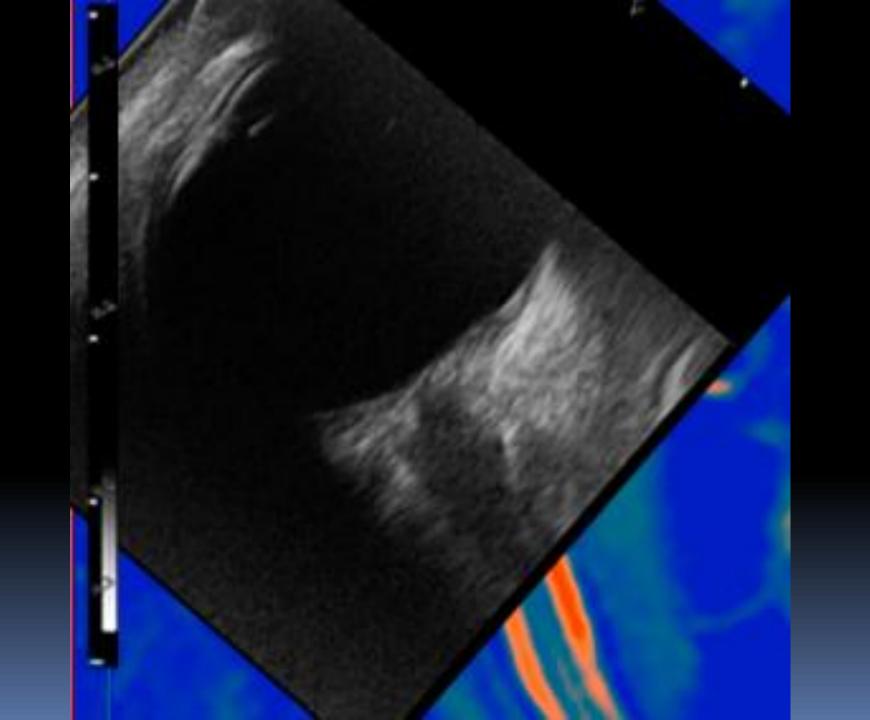
PARAMETER	US	MRI	FORMAT
Anterior chamber survey	X		free text based on entire image set
Posterior chamber survey	X		free text based on entire image set
Antero-posterior Diameter	X		numerical
Papilledema/Disc Edema			semi-quantitative: 0-3
Globe flattening			semi-quantitative: 0-3
Optic Nerve Sheath Diameter			within 3-5 mm from retina; numerical
Characterization of optic nerve	Χ		free text based on entire image set
sheath structure			
Optic Nerve Diameter	X	X	within 3-5 mm from retina; numerical
Optic Sheath-Nerve Ratio			calculated, numerical, unitless
ON tortuosity			semi-quantitative: 0-3
ON sheath hypoechogenicity	X		
ON T2-hyperintensity		X	semi-quantitative: 0-3
Survey of intracranial CSF spaces		X	free text based on entire image set
Characterization of sella turcica and		X	free text based on entire image set
pituitary			
Assessment of CSF production rate		X	numerical
Characterization of CSF flow		X	numerical
through the Sylvian aqueduct			
Other Notes:	Х	Х	free text
Compared with: [dates]			
IMPRESSION:			

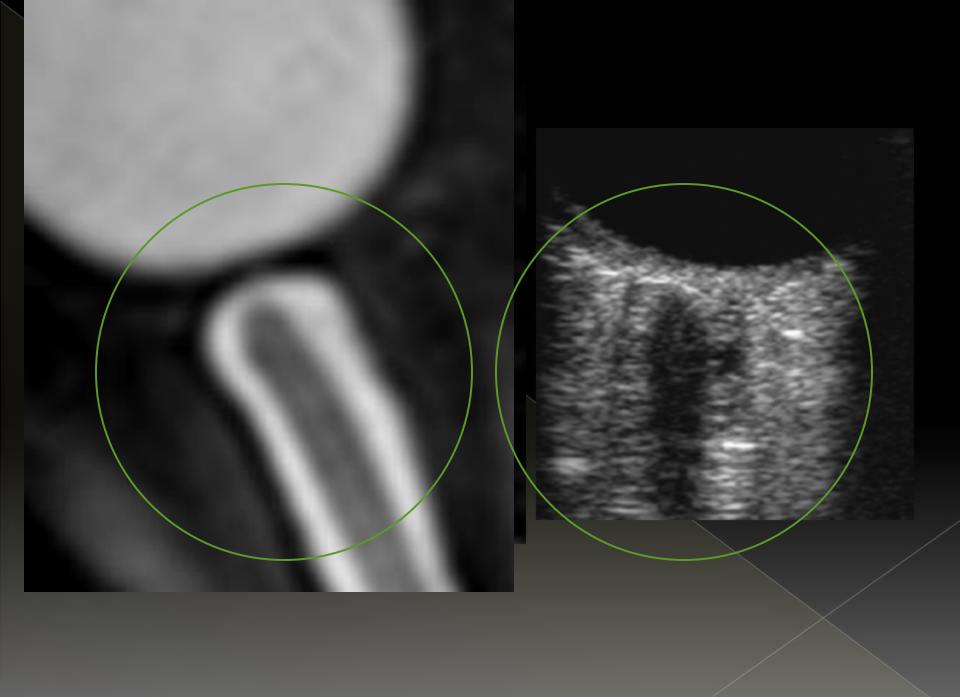




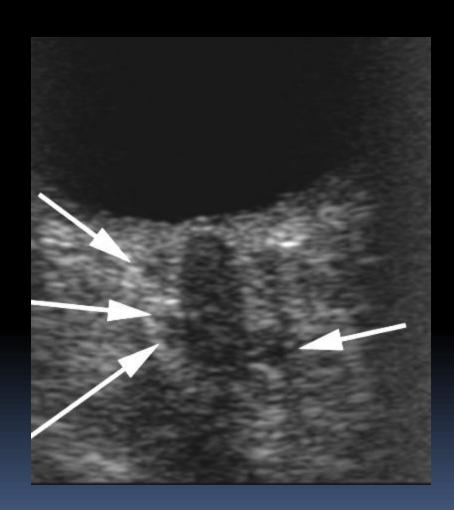




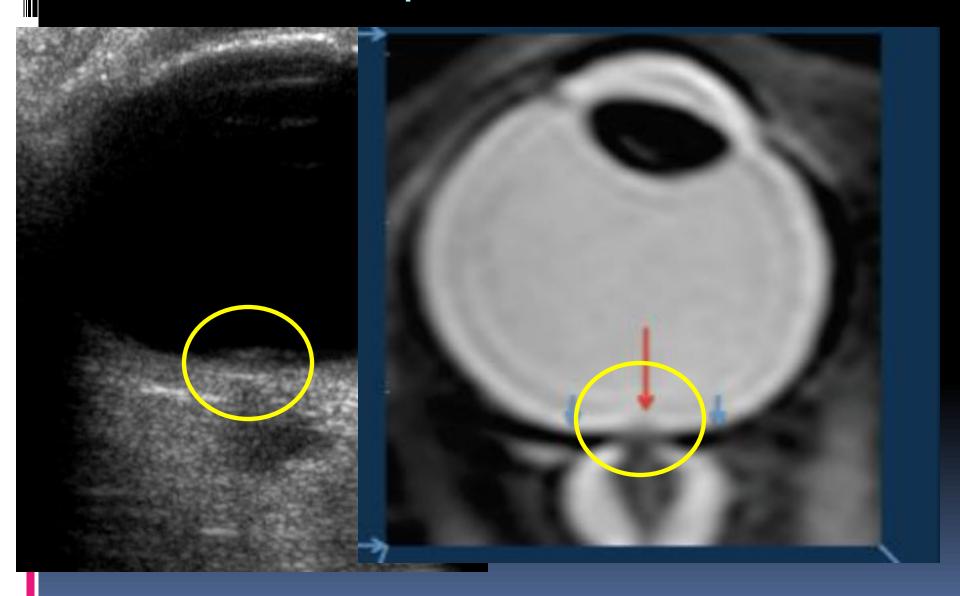




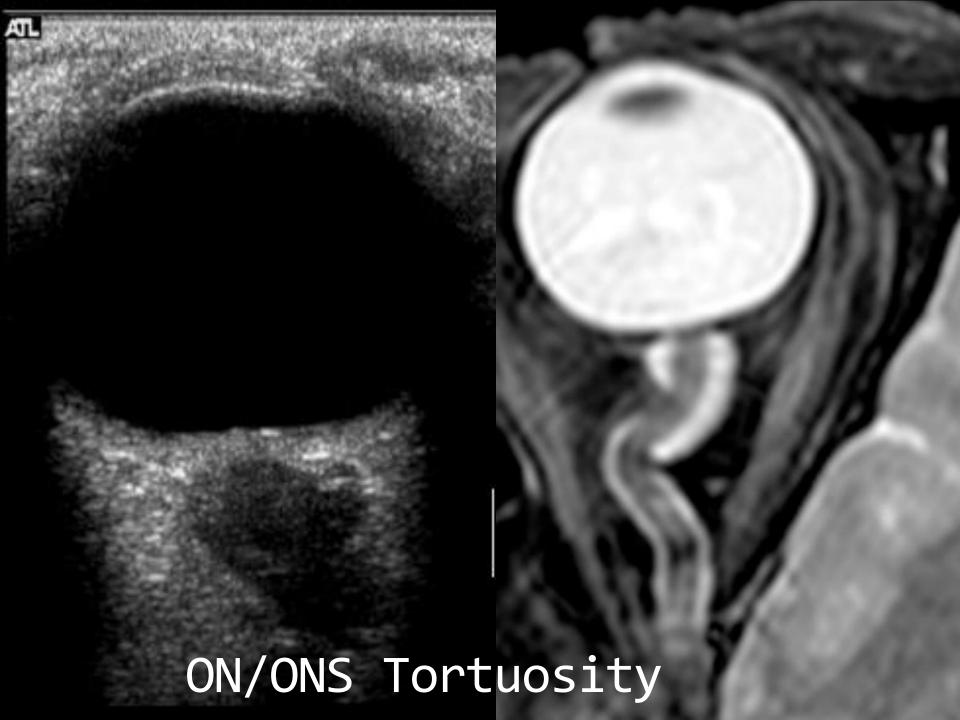
ONS Structure

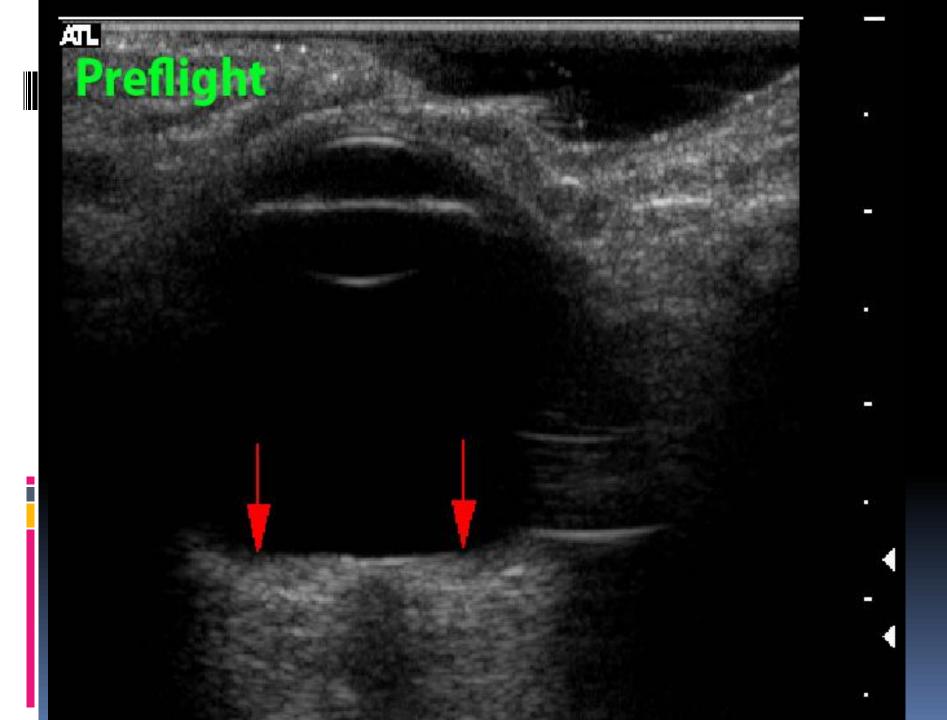


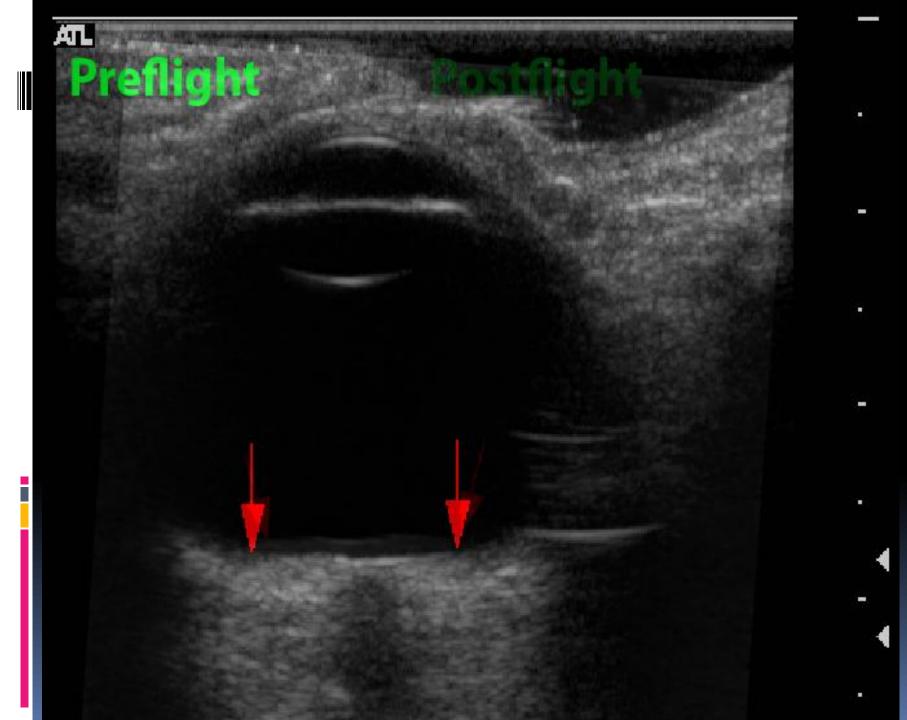
Papilledema

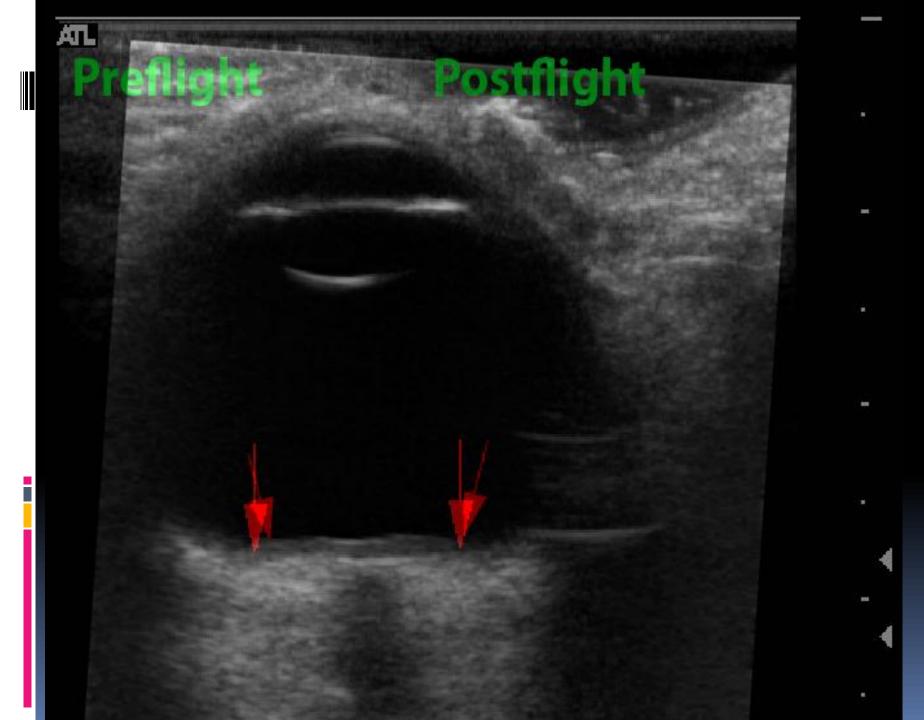


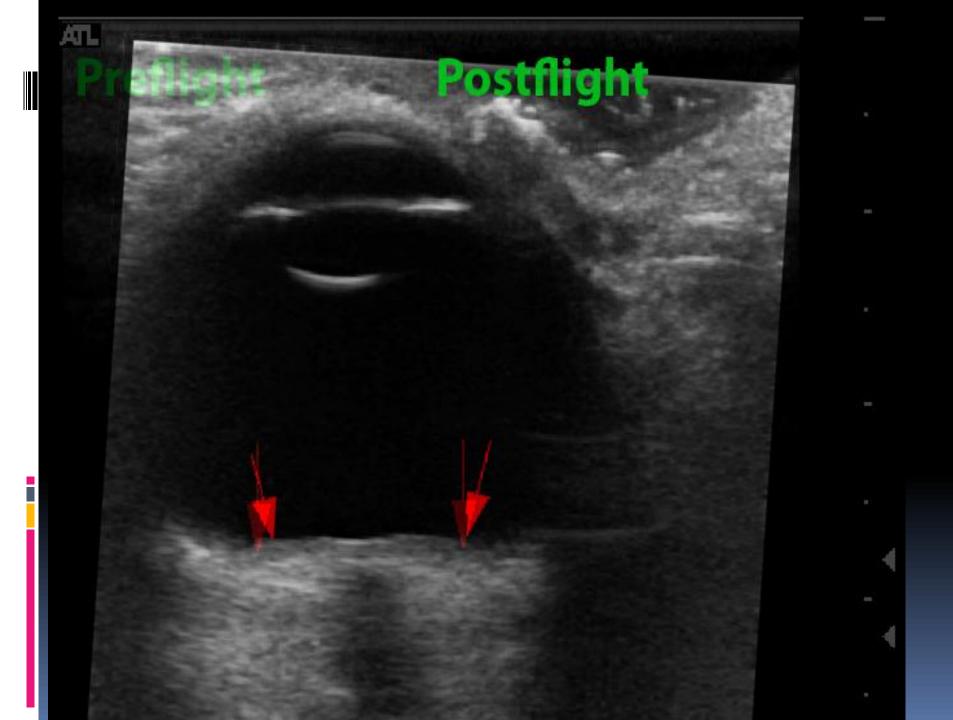
EDDD KENNY L12-5 ATL Map 3 150dB/C5 Persist Med Fr Rate High 2D Opt:Res G P ♠ R 3.0 12.0

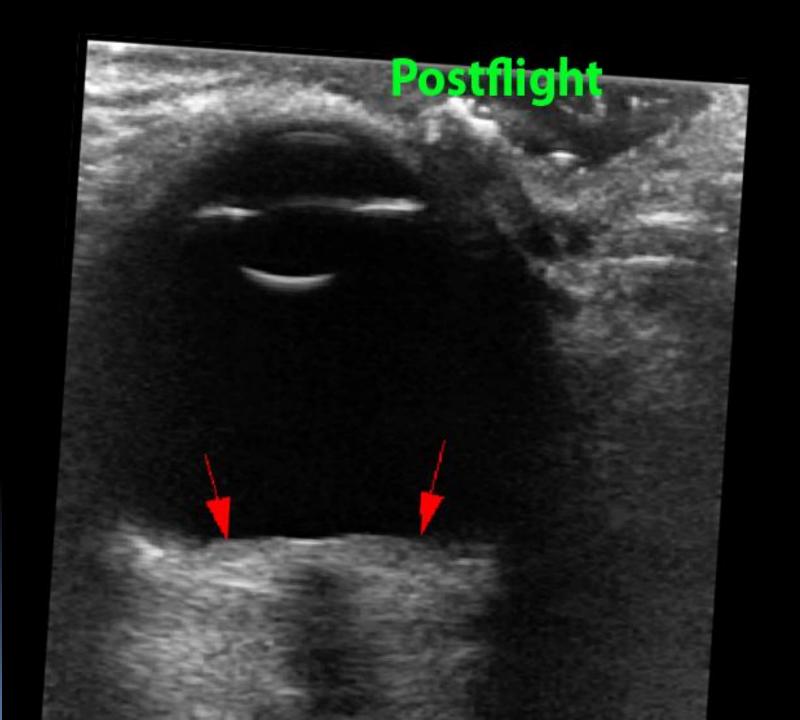


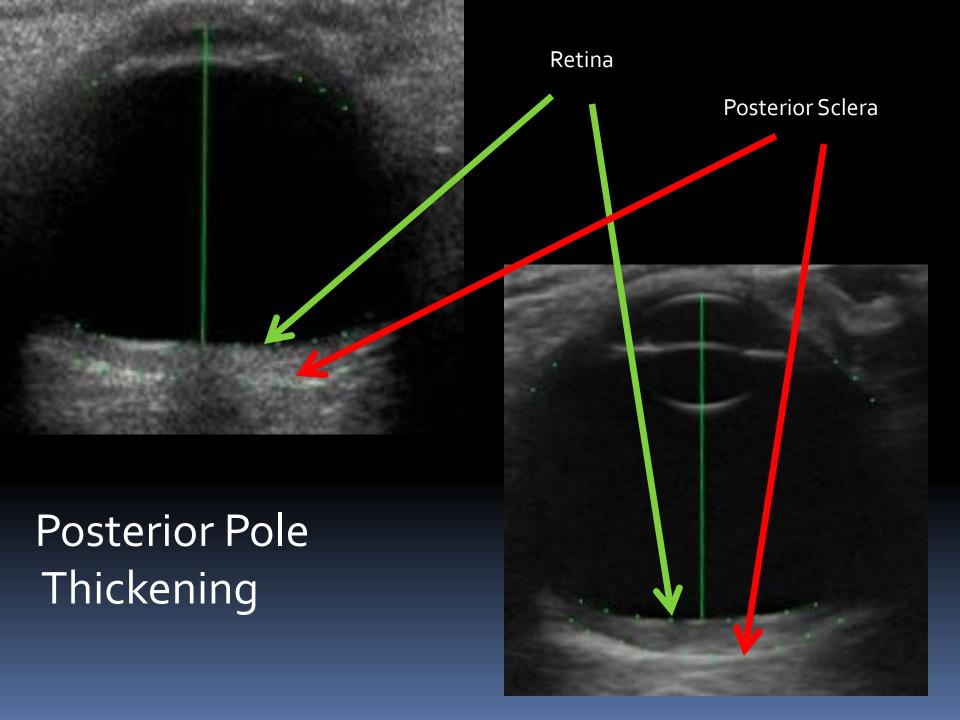


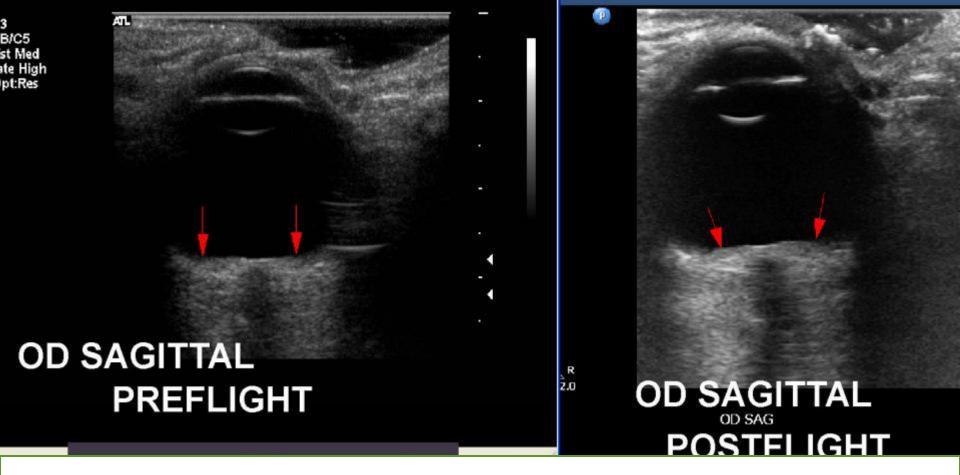




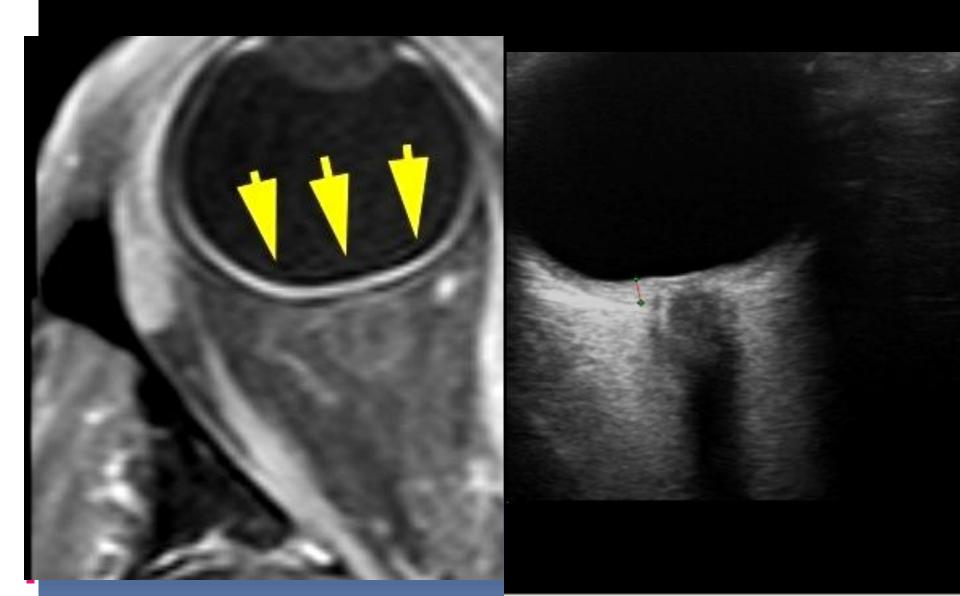


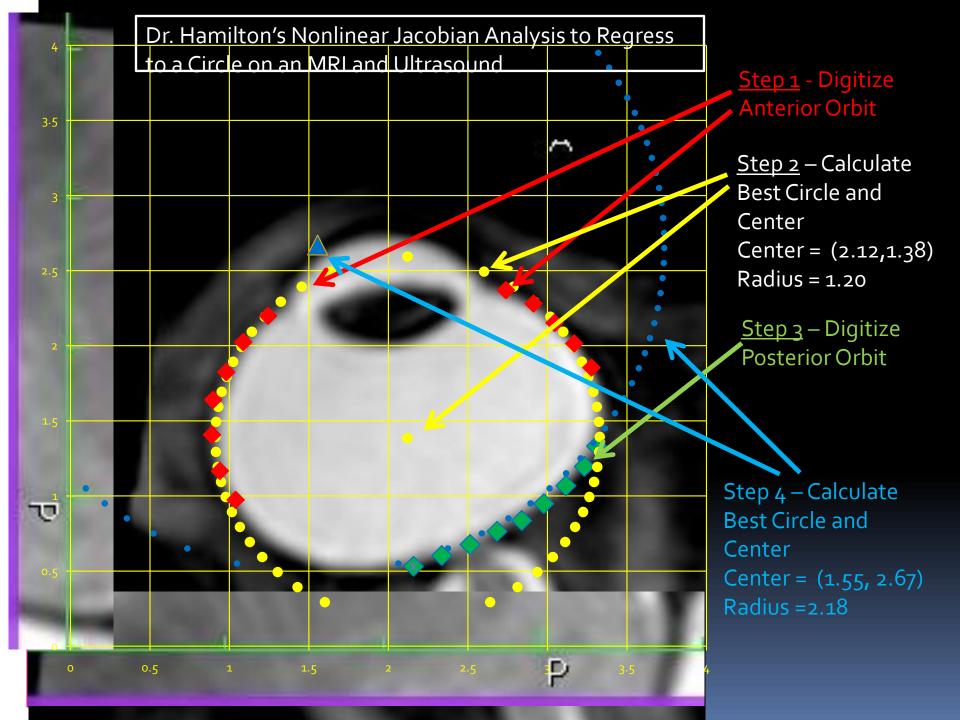


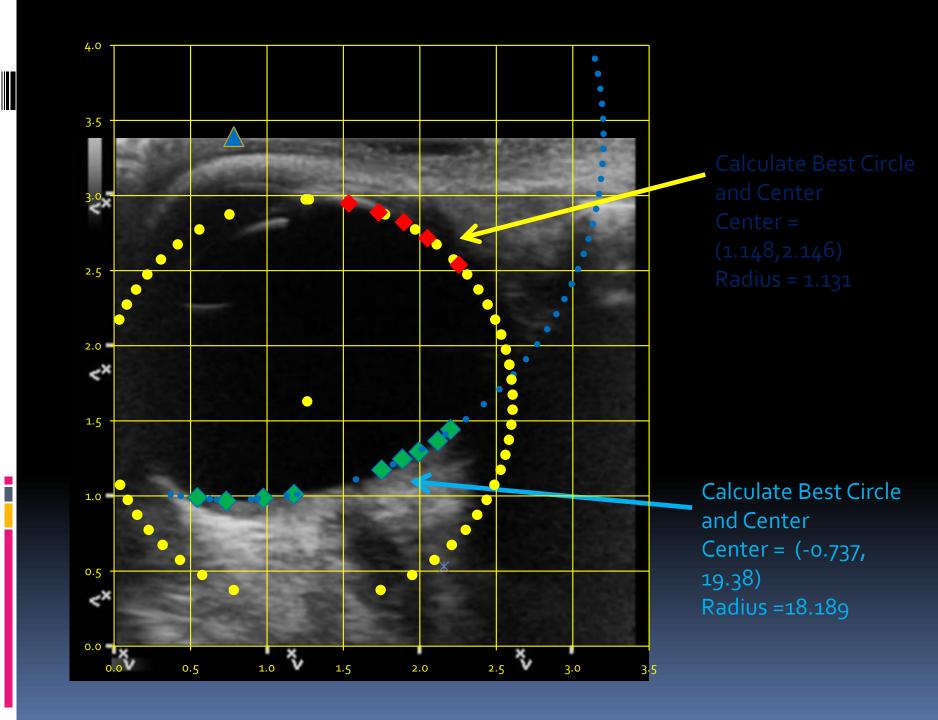


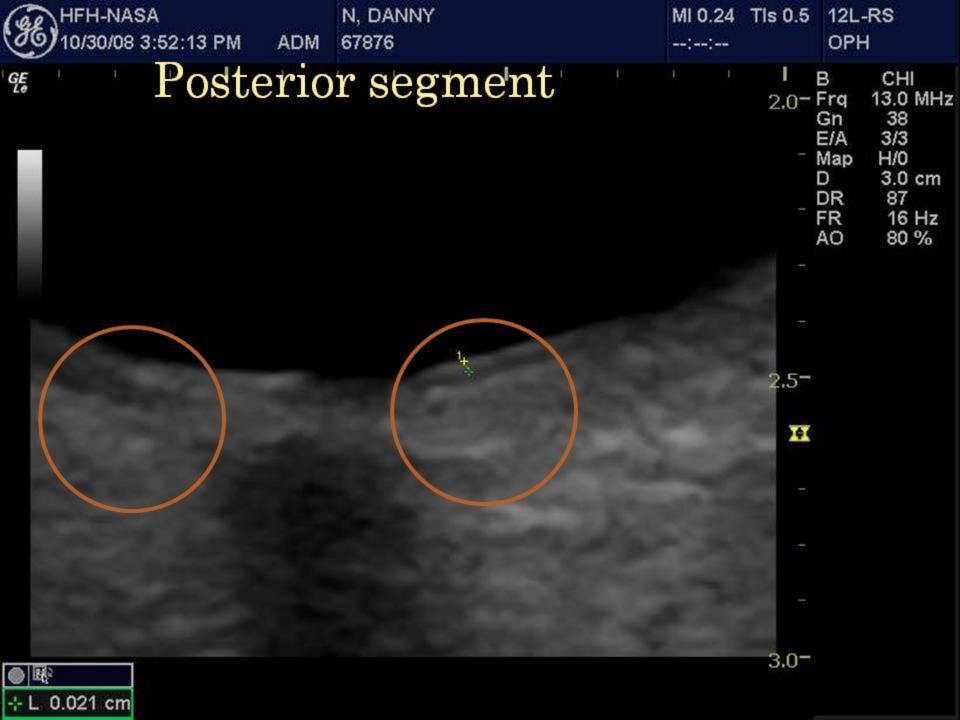


Globe Flattening



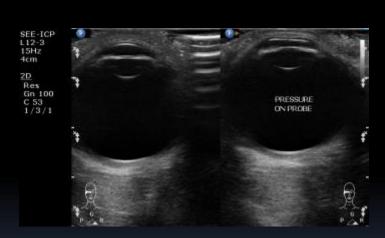








Real-time - maneuvers



Results and Conclusion

- MRI and sonography are tomographic methods, however images obtained by the two modalities are based on different physical phenomena and use different acquisition principles.
- Consideration of the images acquired by these two modalities allows cross-validating findings related to the volume and fluid content of the ON subarachnoid space, shape of the globe, and other anatomical features of the orbit.
- Each of the imaging modalities also has unique advantages, making them complementary techniques.