1	Efficacy and safety of a non-mineral oil adjuvanted injectable vaccine for the protection
2	of Atlantic salmon (Salmo salar L.) against Flavobacterium psychrophilum
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### 25 Abstract

Flavobacterium psychrophilum is the causative agent of Rainbow Trout Fry Syndrome which 26 27 has had a major impact on global salmonid aquaculture. Recent outbreaks in Atlantic salmon 28 in Scotland and Chile have added to the need for a vaccine to protect both salmon and trout. 29 At present no licensed vaccines are available in Europe, leaving antibiotics as the only course 30 of action to contain disease outbreaks. Outbreaks generally occur in fry at temperatures between 10-15 °C. Recently outbreaks in larger fish have given added impetus to the 31 32 development of a vaccine which can provide long term protection from this highly 33 heterogeneous pathogen. Most fish injectable vaccines are formulated with oil emulsion 34 adjuvants to induce strong and long lasting immunity, but which are known to cause side 35 effects. Alternative adjuvants are currently sought to minimise these adverse effects.

36 The current study was performed to assess the efficacy of a polyvalent, whole cell vaccine 37 containing formalin-inactivated F. psychrophilum to induce protective immunity in Atlantic 38 salmon. The vaccine was formulated with an adjuvant containing squalene and aluminium 39 hydroxide, and was compared to a vaccine formulated with a traditional oil adjuvant, 40 Montanide ISA 760VG, and a non-adjuvanted vaccine. Duplicate groups of salmon (23.5  $\pm$ 6.8 g) were vaccinated with each of the vaccine formulations or phosphate buffered saline by 41 42 intraperitoneal injection. Fish were challenged by intramuscular injection with F. 43 *psychrophilum* six weeks post-vaccination to test the efficacy of the vaccines. Cumulative 44 mortality reached 70% in the control salmon, while the groups of salmon that received 45 vaccine had significantly lower mortality than the controls (p = 0.0001), with no significant 46 difference in survival between vaccinated groups. The squalene/alum adjuvant was safe, more 47 readily metabolised by the fish and induced less histopathological changes than the traditional 48 oil adjuvant.

49 Keywords: Flavobacterium psychrophilum, RTFS, vaccine, salmon, adjuvant

50

# 51 **1 Introduction**

52 Rainbow trout fry syndrome (RTFS), caused by *Flavobacterium psychrophilum*, is one of the 53 most significant disease problems facing the salmonid aquaculture industry worldwide [1]. 54 Rainbow trout (Oncorhynchus mykiss) are the species most affected although there are 55 increasing problems in Atlantic salmon (Salmo salar) hatcheries in Scotland and Chile. 56 Disease episodes tend to occur between 10-15 °C, with necrotic lesions often seen on the skin 57 surrounding the dorsal fin and tail, while in very small fish no clinical signs are apparent and 58 death occurs due to septicaemia. F. psychrophilum is a highly heterogeneous pathogen, which 59 makes development of cross-protective vaccines to control this devastating disease 60 problematic [2]. Antibiotic treatment is relied on to treat outbreaks, which has led to increased 61 levels of antibiotic resistance in F. psychrophilum isolates [3-5], highlighting the urgent need for prophylactic treatments for RTFS. 62

63 The majority of inactivated whole cell or sub-unit vaccines available to the aquaculture 64 industry are formulated in oil emulsions [6]. Adjuvanted vaccines are injected 65 intraperitoneally, and provide protection via a prolonged release of antigen from the oil 66 component stimulating primarily local inflammatory reactions followed by a systemic 67 immune response [7]. While oil-based adjuvants have provided increased efficacy of vaccines for aquaculture, problems with side-effects at injection sites have resulted in the down grading 68 69 of fish at harvest due to adhesions between the body wall and abdominal organs and spinal 70 deformities [8-10]. Therefore, there is a need to develop adjuvants for use in injectable 71 vaccines for salmonids, which balance the efficacy-safety profile. A previous study using an 72 adjuvant containing squalene and aluminium hydroxide to formulate a vaccine for treatment of viral haemorrhagic septicaemia (VHS) in Olive flounder (*Paralichthys olivaceus*), resulted
in an efficacious vaccine inducing long term protection without injection site reactions,
adhesions or pigmentation [11].

The current study was performed to assess the efficacy of a polyvalent, whole cell vaccine containing formalin-inactivated *F. psychrophilum*, with and without different adjuvants, to induce protective immunity in Atlantic salmon fry. A mixture of squalene/aluminium hydroxide was tested as an alternative adjuvant to the traditional oil adjuvant (Montanide) and compared to protection achieved by vaccine without adjuvant. Immune responses were investigated post-vaccination/pre-challenge by ELISA and western blot in addition to immune gene expression and histological investigation of the injection site.

83

### 84 2 Materials and Methods

### 85 2.1 Atlantic Salmon Fry

Atlantic salmon eggs were supplied by AquaGen (Norway) and transported on ice to the 86 87 aquarium at the Institute of Aquaculture, Stirling. On arrival eggs were subjected to an iodophor surface disinfectant treatment according to the manufacturer's instructions 88 89 (Buffodine, Evans Vanodine, UK). Five replicates of 10 eggs were removed and confirmed to 90 be F. psychrophilum free using a nested PCR for the 16S rRNA gene with modifications 91 [12,13]. The eggs were maintained in flow-through de-chlorinated tap water at 10 °C until 92 hatch, and thereafter maintained in a 100 L flow-through tank (5 L min<sup>-1</sup>). The fry were fed to 93 satiation daily (Inicio feed, 1.1 mm, BioMar, UK). All experimental procedures with live fish were carried out in accordance with the UK Animals (Scientific Procedures) Act, 1986 and 94 95 associated guidelines, EU Directive 2010/63/EU for animal experiments and were approved by the Ethics Committee of the Institute of Aquaculture, University of Stirling, UK. 96

97

# 98 2.2 Preparation of formalin inactivated bacteria

- 99 Two isolates of *F. psychrophilum* recovered from trout and one recovered from salmon in the
- 100 UK in 2013 were used to make the whole cell vaccine (Table 1) as described in [14].
- 101

Table 1. Details of the isolates of *F. psychrophilum* included in the experimental vaccine: species,
geographical source and serotype.

ISOLATE	FISH SPECIES	SOURCE	SEROTYPE [15]
AVU-1T/13	Rainbow Trout	England	Th
AVU-2T/13	Rainbow Trout	Scotland	Fd
AVU-3S/13	Atlantic salmon	Scotland	FpT

104

### 105 **2.3 Preparation of Vaccine formulations and Vaccination**

The formalin-inactivated vaccine (formalin killed cells: FKC) was emulsified with squalene/alum adjuvant [(5 (v/v) % squalene (Sigma, Australia), 20 (v/v) % glycerol (Ameresco, USA), 0.5 (v/v) % Tween 80 (Sigma-Aldrich, USA) and 0.5 (w/v) % aluminium hydroxide (Sigma, USA)] or with Montanide ISA760VG (Seppic, France) (Montanide 70: FKC 30). The vaccine formulations were stored at 4 °C and the stability of the emulsion was examined macro and microscopically following a period of 7 days.

Fish (23.5  $\pm$  6.8 g) were randomly separated into 100 L flow-through tanks with aeration at 15 °C. The experimental design of the vaccination trial is summarised in Table 2. Fish were anaesthetised with benzocaine (Sigma, 0.004%) and given one of the vaccine formulations by intra-peritoneal injection (50 µl per fish). Control groups were injected i.p. with 50 µl of sterile PBS. Fish were euthanized by an over-dose of benzocaine and sampling carried out at various time points (Table 2). Tissues (spleen, liver, kidney, intestine and heart) from three fish per replicate were collected and immediately fixed in formaldehyde in PBS (100 mL 35% formaldehyde and 900 mL DW) for histology. Head-kidney from three fish per duplicate group (n=6) was placed immediately in RNA-later (Sigma) and stored at 4 °C overnight. RNA-later was removed and tissues stored at -70 °C until RNA extraction. Blood was sampled from the caudal vein using a 23 G needle and syringe from three fish per duplicate group (n=6) stored overnight at 4 °C, centrifuged at 3000 x g 5 min for collection of serum which was stored at -20 °C until analysis.

125

Groups	No. Fish/ replicate	lnnoculum (50 μl i.p.)	Challenge (no.CFU/fish)	Sampling point (samples taken)
Control (unvaccinated)	21 x 2	PBS	Homologous (4.0 x 10 <sup>7</sup> )	Day 2 pv (tissues qPCR)
Vaccine (FKC)	21 x 2	FKC		6 wpv (Blood, tissues)
Vaccine + squalene/alum	21 x 2	FKC: Squalene/alum		
Vaccine + Montanide	21 x 2	FKC: Montanide		

126 **Table 2.** Experimental design of vaccination trial and sampling.

127

# 128 **2.4 Experimental infection of vaccinated fish**

129 Vaccinated and control fish were experimentally infected with a homologous isolate of F. psychrophilum (AVU-3S/13) at 4.0 x 107 CFU/fish six weeks post-vaccination (wpv) by 130 131 intramuscular injection. The fish were maintained as above and monitored for 21 days post 132 infection (dpi). Moribund fish or mortalities were removed and sampled by streaking head 133 kidney, spleen and any lesions on Modified Veggietone (MV) medium [veggitones GMO-free sova peptone (Oxoid, UK), 5 g L<sup>-1</sup>; yeast extract (Oxoid, UK), 0.5 g L<sup>-1</sup>; magnesium sulphate 134 heptahydrate (Fisher chemicals, UK), 0.5 g L<sup>-1</sup>; anhydrous calcium chloride (BHD), 0.2 g L<sup>-1</sup>; 135 dextrose (Oxoid, UK), 2 g L<sup>-1</sup>; agar (solid medium; Oxoid, UK), 15 g L<sup>-1</sup>; pH 7.3] to confirm 136

specific mortality. A sub-sample of colonies recovered was examined for the presence of *F*. *psychrophilum* using a nested PCR method [12,13].

139

### 140 **2.5 ELISA for detection of specific IgM in serum**

141 Enzyme-linked immunosorbent assay (ELISA) was used to assess specific IgM titre to F. 142 psychrophilum in serum according to [16] with some modifications. F. psychrophilum vaccine isolates and a heterologous isolate were used to coat the plates at  $1 \times 10^8$ /mL in PBS 143 144 and incubated overnight at 4 °C. The dilution of fish serum used was optimised by first 145 titrating sera from each group (1:32 to 1:1024). Fish serum samples at the optimised dilution 146 of 1:64 in PBS were added to the wells (100 µl/well) in duplicate and incubated overnight at 4 147 °C. Specific IgM was detected using anti-trout IgM monoclonal antibody (Aquatic 148 Diagnostics Ltd., 1/33 in PBS, 1h) followed by incubation with anti-mouse-HRP (1/4000, 149 Sigma, 1h). The absorbance was read on a BioTek HT Synergy spectrophotometer at 450 nm.

150

### 151 **2.6 SDS-PAGE and Western blotting**

# 152 **2.6.1** Sodium dodecyl sulphate polyacramide gel electrophoresis (SDS-PAGE)

153 Suspensions of the three vaccine isolates and a heterologous isolate of F. psychrophilum were aliquoted into 1.5 ml microcentrifuge tubes (1 mL of 2 x 10<sup>8</sup> cfu/mL), and centrifuged for 15 154 155 min at  $3000 \times g$ . Bacterial pellets were resuspended in 100 µl of DW and 30 µl of 5 X sample 156 buffer (250mM Tris-HCl, 30% glycerol, 10% SDS, 0.5M dithiothreitol, 0.2% bromophenol 157 blue) and boiled for 15 min. Finally, the samples were centrifuged at  $10,000 \times g$  for 10 min 158 prior to analysis of the supernatants. A preparation of broad-range molecular weight markers (5 µl) (Bio-Rad) were added to the first well of a 12% polyacrylamide gel (Bio-Rad) and 15 159 160 µl of each sample were added to the remaining wells. The gel was run at 130 V for

- approximately 90 min. The gel was stained in 50 mL of Coomassie (QC Colloidal Coomassie
  Stain, Bio-Rad) according to the manufacturer's instructions.
- 163

#### 164 **2.6.2 Western blot analysis**

165 Bacterial components separated by SDS-PAGE as described above were transferred onto nitrocellulose membranes by semi-dry transfer (Pierce<sup>™</sup> Power Blotter, ThermoFischer 166 Scientific) applying 25 V (1.3A) for 7 min. The nitrocellulose membranes were then 167 incubated overnight at 4 °C in 5 % (w/v) casein in distilled water (DW). After washing 3 168 times with Tris buffered saline with Tween (TBS: 10 mM Tris base, 0.5 M NaCl pH 7.5 with 169 170 0.1% [v/v] Tween 20) for 5 min at each wash, the membranes were incubated for 3 h at 22 °C 171 with a 1/20 dilution of fish serum in TBS (serum was a pool from 2 fish from each treatment 172 group, with a titre of 1/512, taken six wpv as described in Section 2.6). The membranes were washed as previously described and incubated for 1 h at 22 °C with a 1/20 dilution of anti-173 174 trout IgM monoclonal antibody in TBS (ADL). The membranes were again washed and 175 incubated for 1 h at 22 °C with a 1/200 dilution of anti-mouse horse radish peroxidase 176 (Sigma) in TBS. After washing, bands were visualised by adding chromogen and substrate 177 (ImmPACT<sup>TM</sup> DAB Peroxidase substrate kit). The reaction was stopped by soaking the 178 membranes in DW for 5 min.

179

## 180 2.7 Histology

Formalin fixed tissues were embedded in paraffin and sectioned using a Microtome (Shandon Finesse). Tissue sections were de-waxed and dehydrated in xylene (2 x 3 min), 100% ethanol (2 min), methylated spirit (1.5 min) and stained with haematoxylin and eosin. Slides were 184 examined using an Olympus BX40 microscope for signs of inflammation or adverse reactions
185 to the vaccine/adjuvants and scored for inflammation and lipid droplets at the injection site.

186

### 187 **2.8 Isolation of total RNA and cDNA synthesis**

188 RNA was extracted from 30 - 40 mg of each head-kidney sample using TRI Reagent (Applied 189 Biosystems) following the manufacturer's protocol. The resultant RNA pellet was re-190 suspended in 30 µL of nuclease-free water. Following spectrophotometric quantification 191 (Nanodrop ND-1000, Thermo Fisher, Leicestershire, UK) and quality checking by gel 192 electrophoresis (1% agarose gel stained with ethidium bromide), samples were stored at -70 193 °C until required. RNA was reverse transcribed to construct cDNA using a high-capacity 194 cDNA Reverse Transcription kit (Applied Biosystems, USA) according to the manufacturer's 195 instructions. Briefly, 10 µl of RNA was added to 10 µl of 2X RT master mix (10X RT buffer, 196 25X dNTP Mix 100 mM, 10XRT Random Primers and oligo-dT mix, Reverse Transcriptase, 197 RNase Inhibitor, nuclease-free water). The thermal cycle conditions consisted of 25 °C for 10 198 min, 37 °C for 120 min and 85 °C for 5 min. The cDNA was aliquoted and stored at -20 °C 199 prior to use.

200

# 201 **2.9 Quantitative Real Time PCR (qRT-PCR)**

Head-kidney samples were analysed by qRT-PCR for the expression of cytokines (*IL-1* $\beta$ , *IL-*8, *IL-10*, *IFN-* $\gamma$ ) and immune genes (*CD4*, *CD8*). Real time PCR was performed on first strand cDNA using the Eppendorf® RealPlex<sup>2</sup> Mastercycler gradient S instrument with SYBR® Green I (Thermo Scientific) master mix and primers as shown in Table 3.

206

207 **Table 3.** Primers used for qPCR including product size and sequences.

208	Gene	Primers	Product size	Reference	Efficiency (E)
209	IL-1β	F: GCTGGAGAGTGCTGTGGAAGA R: TGCTTCCCTCCTGCTCGTAG	73	[17]	0.90
210	IL-10	F: CTGTTGGACGAAGGCATTCTAC R: GTGGTTGTTCTGCGTTCTGTTG	129	[18]	0.95
	IFNγ	F: CTAAAGAAGGACAACCGCAG R: CACCGTTAGAGGGAGAAATG	159	[19]	0.96
211	CD8α	F: AATCAATGGTAACGCGCTTG R: TGGCTGTGGTCATTGGTGTA	101	[20]	0.97
212	CD4	F: GAGTACACCTGCGCTGTGGAAT R:GGTTGACCTCCTGACCTACAAAGG	121	[19]	0.85
213	IL-8	F: ATTGAGACGGAAAGCAGACG R: CGCTGACATCCAGACAAATCT	136	[21]	0.85
214	Elongation factor 1α	F:CGGCAAGTCCACCACCAC R:GTAGTACCTGCCAGTCTCAAAC	205	[21]	0.94
214	B-actin	F: ACTGGGACGACATGGAGAAG R: GGGGTGTTGAAGGTCTCAAA	157	[21]	0.91
215	•	•	•		•

Briefly the 20 µl reaction consisted of 5 µl of cDNA and 15 µl of master mix prepared using 1 216 217 µl of the forward and reverse primers (0.3 µM), 10 µl SYBR® Green I and 3 µl of nuclease 218 free water. The cycling conditions consisted of 95°C initial denaturing for 15 s, followed by 219 40 cycles of 15 s denaturing at 95 °C, 30 s annealing at 58 °C and 30 s extension at 72 °C. 220 RT-minus and non-template controls were included on every plate. Melting curve analysis 221 was performed from 60 °C to 95 °C in 0.1 °C/s increments to assess the specificity of the RT-222 PCR products. Serial 10-fold dilutions of the cDNA were prepared in nuclease free water 223 starting and the Ct values were used to generate a standard curve plot of cycle number versus 224 log concentration in the *realplex* software V2.2 (Eppendorf). The quality of the standard 225 curve was judged by the slope of the curve and the correlation coefficient (r). The slope of the 226 line was used to estimate the efficiency of the target amplification using the equation E=  $(10^{-1/\text{slope}})$ -1. Elongation factor- $\alpha$  and  $\beta$ -actin were used as reference genes to 227 228 correlate for potentially different loading amounts of RNA and for variation in cDNA 229 synthesis efficiencies [22]. The threshold cycle (Ct) was determined at the linear slope in a log fluorescence/Ct plot. The expression results were analysed using the 2  $^{-\Delta\Delta}$  Ct method [23]. 230

The gene expression data were normalised to the reference genes and expressed as a
comparison of vaccinated fish compared to control fish using REST 2009<sup>™</sup> software [24].

233

### 234 2.10 Statistical Analysis

235 Minitab software version 16 (Minitab Inc., Pennsylvania) was used to perform basic 236 descriptive statistics and SPSS<sup>TM</sup> for survival analysis. Relative percentage survival (RPS) 237 was calculated at the time point corresponding to when mortality had ceased in the control 238 group (3 consecutive days of no mortality). Kaplan-Meier survival curves were generated and 239 the log-rank test was used to compare the survival curves for the vaccinated fish and 240 unvaccinated fish [25,26]. The relative percent survival (RPS) of this trial was calculated 241 using the following equation [27]:

- 242

 $RPS = [1 - \frac{average \% mortality of vaccinated fish}{average \% mortality of unvaccinated fish}] x 100$ 

243

244 Specific antibody levels were analysed by one-way ANOVA followed by Welch's test.

245

### 246 **3. Results**

# 247 **3.1 Vaccine Efficacy**

All vaccinated groups showed significant protection to disease challenge compared with the controls when average percentage survival was calculated (p = 0.0001, Fig 1). Pairwise comparisons of individual tanks are given in supplementary table 1. Average cumulative mortality reached 70% in the control salmon. The vaccine formulation of formalin-killed cells (FKC) combined with Montanide ISA 760VG gave the highest protection (RPS of 95.2%), vaccine (FKC) without adjuvant and vaccine formulated with squalene/alum adjuvant also induced good protection with RPS values of 85.71% and 75.17% respectively. No significant
difference in survival was found between vaccinated groups. DNA samples extracted from
selected bacterial colonies recovered from fish that had died post-challenge were positive for *F. psychrophilum* by nested PCR.



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Figure 1. Cumulative percentage survival of salmon vaccinated by intraperitoneal injection with *Flavobacterium psychrophilum* formalin killed bacterin with and without adjuvant and challenged 630 degree days post-vaccination by intramuscular injection with one of *F. psychrophilum* vaccine strains (AVU-3S/13). Survival of each duplicate tank is shown. Average Relative percent survival (RPS): FKC: formalin-killed cells (85.71%); FKC & Squalene: formalin-killed cells emulsified with squalene and alum adjuvant (RPS 75.17%); FKC & Montanide: formalin-killed cells emulsified with Montanide ISA 760VG (RPS 95.24%). Controls were given sterile phosphate buffered saline by intraperitoneal injection.

266

### 267 **3.2 Nested PCR for detection of** *F. psychrophilum*

The eggs were free of *F. psychrophilum* (Fig. S1a) and *F. psychrophilum* was detected in moribund and dead fish sampled during the challenge (Fig. S1b).

270

# 271 **3.3 Specific antibody response**

Antibody levels (IgM) were measured at a 1:64 dilution as this gave the best resolution between groups. Antibody levels of vaccinated fish screened against a *F. psychrophilum* 

vaccine isolate (AVU-3S/13, serotype FpT) 6 wpv were significantly elevated in the group

which received the Montanide adjuvanted vaccine (p = 0.002) when compared to fish that received either PBS, unadjuvanted vaccine or vaccine emulsified with squalene/alum (Fig. 2 A). The levels of IgM to a heterologous isolate of *F. psychrophilum* (AVU-1T/07, serotype Th) were also significantly elevated in both groups of fish given the vaccine emulsified with adjuvants compared to fish injected with PBS or the unadjuvanted vaccine (p = 0.010) (Fig. 2 B).



281

Figure 2. Specific antibody (IgM) levels to *F. psychrophilum* in vaccinated salmon 6 weeks post vaccination (A:
to homologous isolate *F. psychrophilum* \*denotes significantly different to other groups p=0.002; B: to a
heterologous isolate *F. psychrophilum*; groups that do not share a letter are significantly different (p=0.01). The
line denotes the mean antibody level of each group, n=6, 1:64 serum dilution.

286

### 287 **3.4 SDS-PAGE and Western blot**

288 Distinct bands ranging from 10-250 kDa were evident in the SDS-PAGE profiles of the F. 289 *psychrophilum* isolates used to prepare the polyvalent vaccine (and a heterologous isolate 290 AVU-1T/07) following staining with Coomassie (Fig 3A). Banding profiles of the isolates 291 were similar, with the exception of a slight difference in the band between 20-25kDa in the 292 heterologous isolate. When blots of these isolates were incubated with immune sera sampled 293 6 wpv (pooled sera with a titre of 512 by ELISA), the strongest staining was seen with serum 294 from fish vaccinated with the Montanide and squalene/alum vaccine preparations (Fig. 3B) reflecting the results obtained by ELISA. Bands ranging from 15 to 250 kDa were recognised 295

by the Montanide group, whereas the serum from fish given unadjuvanted vaccine recognised bands between 37-250 kDa with much weaker staining. This was also the case with serum from fish given vaccine emulsified with squalene/alum adjuvant, with bands recognised between 37-75 kDa. These bands also stained weakly in control fish administered PBS.

300





**Figure 3.** SDS-PAGE and western blotting of *F. psychrophilum* isolates. (A) Whole cell lysates from a heterologous isolate and vaccine isolates Lanes: (1) molecular weight markers (2) AVU171/07, (3) AVU-1T/13, (4) AVU-2T/13, (5) AVU-3S/13) were separated by SDS-PAGE and stained with Coomassie stain. Arrows indicate high intensity bands at 10-15, 20, 37-50, 75, 100 kDa. (B) Western blot analysis of the whole cell lysates (as shown in A) with serum from vaccinated or unvaccinated (control) fish. Serum used was a pool from 2 fish from each treatment group (titre 1/512, six wpv). Arrows indicate high intensity bands at 15kDa and between 37-75kDa. Molecular mass standards (kDa) are indicated.

310

### 311 **3.5 Histology**

Internal organs of spleen, kidney, liver, heart and digestive tract were examined histologically for signs of inflammation or adverse reactions to the vaccine/adjuvants six weeks postvaccination. No histological changes were observed in the PBS injected fish. In fish administered the unadjuvanted vaccine, inflammatory cell accumulation was observed at the injection site and around the spleen, intestine and pancreatic tissue in one of the six fish sampled (Fig. 4 A, B). Another two fish had very few inflammatory cells in normal adipose 318 tissue around the pancreas. Vaccine emulsified with squalene and alum induced inflammatory 319 cell infiltration higher than the FKC group but distantly less than the groups given vaccine 320 formulated with Montanide ISA760VG adjuvant (Table 4). Lipid droplets were observed 321 among the inflammatory cells, which originated from the squalene component of the adjuvant 322 (Fig. 4 C, D). All six fish vaccinated with Montanide ISA760VG adjuvant showed 323 inflammatory cell responses (Fig. 4 E, F). Three fish had severe inflammatory cell 324 accumulations in a wide area of injection site around pancreas, intestine, liver and spleen. In 2 325 fish, the capsule of the spleen and liver was not obvious due to infiltrated inflammatory cells 326 accompanied by newly produced fibrous tissue in the capsule area, and these changes may 327 lead to adhesions of internal organs. Scoring of histological changes in the different groups is 328 shown in Table 4.

**Table 4.** Scoring of histological reactions to injection with PBS: Phosphate buffered saline, FKC: Group vaccinated with formalin-killed cells of *F. psychrophilum*; FKC & squalene/alum: group vaccinated with formalin killed cells of *F. psychrophilum* mixed with squalene and alum adjuvant and FKC and Montanide: group vaccinated with formalin killed cells of *F. psychrophilum* mixed with Montanide ISA760VG adjuvant; (n=6).

Treatment Group	Injection site inflammation	Injection site lipid droplets	Tissue adhesion
PBS	- (0/6)	-	0/6
	++ (1/6)	-	0/6
FKC	± (2/6)		
	++ (1/6)		
FKC &	+ (2/6)		
Squalene/alum	± (1/6)	+	0/6
	+++ (3/6)		
FKC &	+ (2/6)		
Montanide	± (1/6)	+	2/6

334

335 -Absent, + Minimal, ++ Mild, +++ Moderate



336

**Figure 4.** Atlantic salmon vaccinated with *F. psychrophilum* formalin killed cells (FKC) (A) inflammatory cell infiltrations near outer pancreas (B) Basophilic and polymorphic inflammatory cells outer spleen (bar =  $50 \mu m$ ). Atlantic salmon vaccinated with formalin killed cell (FKC) of *F. psychrophilum* mixed with squalene and alum adjuvant. (C) Inflammatory cell infiltrations near outer spleen (D) Basophilic and polymorphic inflammatory cells outer spleen (bar =  $50 \mu m$ ). Atlantic salmon vaccinated with formalin killed *F. psychrophilum* mixed with Montanide adjuvant. (E) Inflammatory cell infiltrations in injection site near outer spleen (E) and intestine (F) were observed from all 6 fish observed (bar =  $50 \mu m$ ).

344

### 345 **3.6 Gene Expression (RT-qPCR)**

The expression of cytokine genes (*IL-1β*, *IL-8*, *IL-10*, *IFN-γ*) and cell marker genes (*CD4*, *CD8*) was examined in the head-kidney 2 dpv. There was a significant up-regulation of the cytokines *IFN-γ* and *IL-10* in fish vaccinated with FKC alone or with FKC in combination with squalene and aluminium hydroxide adjuvant when compared to control fish injected with PBS (p < 0.01) Table 5. There were no significant differences in any of the genes examined in fish vaccinated with FKC and Montanide when compared to control fish.

Table 5. Quantitative PCR (qPCR) expression of genes in the head kidney of salmon day 2 postvaccination with the *F. psychrophilum* vaccines.

Fold change of genes in vaccinated groups compared to controls  $\pm$  SE. (n=6). Expression was compared to controls injected with PBS, and \* indicates significant up-regulation relative to control (p<0.05), \*\*(p<0.01). FKC: Group vaccinated with formalin-killed cells of *F. psychrophilum*; FKC & squalene/alum: group vaccinated with formalin killed cells of *F. psychrophilum* mixed with squalene/alum adjuvant and FKC and Montanide: group vaccinated with formalin killed cells of *F. psychrophilum* mixed with Montanide ISA760VG adjuvant.

Gene	FKC	FKC & Squalene/Alum	FKC & Montanide
IL 10	<b>22.22</b> **± 4.05	<b>24.25</b> ** ± 6.22	1.90 ±0.35
ΙΕΝγ	<b>6.02</b> * ± 2.39	<b>4.10</b> ** ±1.84	$0.90 \pm 0.54$
IL 1b	3.82 ± 0.93	2.31 ±0.69	1.29 ±0.31
IL 8	$1.41 \pm 0.61$	1.21 ±0.56	$1.06 \pm 0.44$
CD4	1.86 ± 0.68	1.37 ±0.85	$1.61 \pm 0.80$
CD8	$1.87 \pm 0.74$	1.28 ±0.57	1.13 ±0.53

360 361

# 362 **4. Discussion**

363 The success of many injectable vaccines for aquaculture has been attributed to the inclusion 364 of adjuvants [6]. Five modes of action of vaccine adjuvants have been proposed: (1) 365 immunomodulation: the ability of many adjuvants to modify the cytokine network. (2) 366 Presentation: the ability of an adjuvant to preserve the conformational integrity of an antigen 367 and to present the antigen to appropriate immune effector cells. (3) CTL induction: induction 368 of CD8+ cytotoxic T-lymphocyte (CTL) responses. (4) Targeting: the ability of an adjuvant to 369 deliver an immunogen to immune effector cells, generally via antigen presentation cells 370 (APCs). (5) Depot generation: generation of a short-term or long-term depot to give a 371 continuous or pulsed release [28]. The use of vaccine adjuvants allows for a reduction in the 372 number of immunisations or the amount of antigen needed for immunisation.

373 Adjuvants are substances which enhance the immune response to an antigen [29] and 374 one of the most effective used in aquaculture is mineral oil [30,31]. However, the traditional 375 oil based adjuvants, such as Montanide, can cause adverse effects [8,32,33]. Therefore, there 376 is a need to develop adjuvants for use in injectable vaccines for salmonids, which balance the 377 efficacy-safety profile. This study compared the efficacy and safety of a novel adjuvant for 378 salmonid aquaculture (Squalene/aluminium hydroxide) with that of the traditional water in 379 polymer emulsion adjuvant Montanide ISA 760VG. Alum salts have a depot effect allowing 380 the antigen to persist and the immune system to react and facilitate uptake into antigen-381 presenting cells (APCs)[34]. MF59, an adjuvant used for humans for over 14 years, is safe 382 and contains a low content of squalene (4.3% w/w), a biodegradable oil naturally found in 383 plants and animals including humans. MF59 induces low injection site reactions and is able to 384 induce fast priming of antigen-specific CD4+ T-cell responses to induce strong and long-385 lasting memory T- and B-cell responses [35].

386

387 The polyvalent vaccine formulated with squalene/aluminium hydroxide against F. 388 *psychrophilum* in this study provided significant protection to Atlantic salmon fry when 389 administered by intraperitoneal injection with less severe side effects observed histologically 390 as to those observed with a traditional oil-based adjuvant. The un-adjuvanted vaccine has 391 previously been shown to provide cross-protection to trout fry against a heterologous isolate 392 of F. psychrophilum by immersion vaccination [14].

393 The vaccine formulated without adjuvant resulted in a high level of protection (RPS 394 85.7%), second only to the group given vaccine combined with the traditional water in

395 polymer emulsion adjuvant Montanide ISA 760VG (RPS of 95.2%). The vaccine formulated 396 with the novel squalene/alum adjuvant also gave good protection with an RPS of 75.2%. The 397 group administered vaccine with Montanide had significantly higher specific antibody (IgM) 398 levels (by ELISA and western blotting) to a homologous vaccine isolate six weeks post-399 vaccination compared with the other vaccine groups. This finding was in agreement with 400 previous studies whereby the inclusion of oil-based adjuvants in vaccines developed for 401 bacterial diseases of salmonids have been shown to stimulate a strong humoral response 402 probably due to the retention of the antigen in the oil component of the vaccine and its 403 subsequent slow release [7,32,36-38]. In the present study, specific antibody levels of the 404 other vaccinated groups to this isolate were not significantly different to those of the control 405 fish. These groups still had relatively high levels of protection perhaps due to even low levels 406 of specific antibodies that are highly potent in conferring protection against F. psychrophilum. 407 Future studies should include a group given adjuvant alone to further dissect the protective 408 mechanisms behind these vaccines.

409 Recent studies have revealed the importance of the link between induction of the innate 410 and adaptive immune response [39]. The type and strength of the signals recognised by the 411 innate receptors, such as PRRs and cytokines, following vaccination affect the type of 412 adaptive immune response induced [40]. When specific antibody was measured to an isolate 413 of *F. psychrophilum* (AVU-1T/07) that was not present in the vaccine (a heterologous isolate) 414 significant antibody levels were induced in both the groups given adjuvanted vaccines 415 compared with controls or vaccine alone. The cross reaction was also observed by western 416 blot with the strongest staining observed in the groups vaccinated with adjuvants 417 (Squalene/Alum; Montanide). The capacity of the adjuvanted vaccine to produce a specific 418 humoral response to a heterologous isolate is a promising indication that the combination of

419 all three serotypes and genetic variants in the vaccine may provide cross protection against 420 other strains of *F. psychrophilum* in Atlantic salmon. Further studies using a number of 421 heterologous isolates for challenge and adjuvant alone groups are warranted to further 422 determine the cross-protective capacity of the vaccine for salmon.

423 Immune gene expression in head-kidney measured in the current study revealed a 424 significant up-regulation of interferon gamma and interleukin-10 cytokines in all the 425 vaccinated groups, except for those administered vaccine with Montanide. A similar pattern 426 was observed when Atlantic salmon fry were experimentally infected with Salmonid 427 alphavirus (SAV) with up-regulation of IFN-y and IL-10 two to four weeks post-infection in 428 head-kidney indicating a pro-inflammatory response [19]. IFN- $\gamma$  is a type II IFN and has 429 regulatory roles in both innate and adaptive immunity, including activating macrophages, 430 enhancing antigen presentation and promoting the Th1 T cell responses. The involvement of 431 IFN- $\gamma$  at such an early stage post-vaccination (day two) suggests the stimulation of antigen 432 presenting cells such as macrophages. IFN- $\gamma$  is a powerful immunopotentiator and therefore 433 needs to be under tight control (IL-10) as shown in studies of higher vertebrates [41]. Similar 434 responses were seen in Atlantic salmon given oil-adjuvanted vaccines i.p. for Aeromonas 435 salmonicida and infectious pancreatic necrosis virus, where gene expression profiling was 436 used to investigate the T cell mediated immune response in spleen and head kidney from 1 to 437 28 dpv [18]. Expression of IFN-y and IL-10 increased 2 dpv in spleen and head kidney in the 438 group vaccinated with the bacterial vaccine (A. salmonicida), suggesting the importance of 439 these cytokines and their interaction following vaccine delivery. In contrast to these studies 440 the group given the F. psychrophilum vaccine formulated with Montanide adjuvant in the 441 present study had no significant up-regulation of gene expression 2 dpv. Gene expression may 442 have been delayed in this group due to the retention of the antigen compared with the other

443 groups as indicated by the inflammatory response observed histologically six wpv in this 444 group.

Moderate inflammatory reactions were observed histologically in the fish administered the vaccine in conjunction with Montanide, whereas fish administered vaccine without adjuvant or the novel squalene/alum adjuvant had less inflammatory cell accumulations at the injection site as was observed when squalene based vaccines were used in humans[35]. This could be an indication of the differing mode of action of the adjuvants as the squalene/alum adjuvant (oil in water adjuvant) may have been more readily metabolised by the fish resulting in less chronic inflammation.

452 Squalene/alum adjuvants have seldom been incorporated into vaccines for 453 aquaculture. Where it has been used the results have been impressive. Squalene/alum adjuvant 454 was used in a vaccine for prevention of F. psychrophilum in Ayu (Plecoglossus altivelis) 455 where it induced specific antibody titres and protection similar to that achieved with 456 Montanide [42]. In addition it has been used to produce an effective vaccine with minimal 457 side effects against VHS in Olive flounder [11]. The inclusion of this adjuvant in the present 458 study produced significant protection in salmon against RTFS with less severe side effects 459 observed histologically as to those observed with a traditional oil-based adjuvant and as such 460 may hold promise for developing future vaccines for aquaculture, although length of 461 protection still needs to be established. Future trials incorporating this adjuvant should 462 therefore include long term efficacy studies and studies on protection in rainbow trout. 463 Alternative methods of vaccine administration should also be tested (e.g. immersion 464 vaccination) to enable vaccination of Atlantic salmon fry.

465

# 466 **Competing interests**

467 Conflicts of interest: the authors declare no conflict of interest.

468

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- 472

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580 581

582 583 Figure S1 a. Nested PCR for detection of *F. psychrophilum* in DNA extracted from eggs. 1% agarose gel

showing second round PCR products. Lane 1: (M) Ladder, Lane 2-6: Trout egg DNA, Lane 7-10: positive *F*. *psychrophilum* DNA, Lane 11: negative water.



586

Figure S1b. Nested PCR for detection of *F. psychrophilum* in colonies recovered from moribund/mortalities
post-challenge. 1% agarose gel showing second round PCR products. M: Ladder, Lane1-16: bacterial DNA
recovered from fish, (-) negative control, (+): positive control.

590

591

592 **Table S1.** Survival analysis of different treatment groups showing results for individual tanks. **Treatment 1**:

593 Control tank 1; 2: Control tank 2; 3: FKC tank 1; 4: FKC tank 2; 5: FKC & squalene tank 1; 6: FKC & Squalene

tank 2; 7: FKC & Montanide tank 1; 8: FKC & Montanide tank 2.

Overall Comparisons <sup>a</sup>					
Wilcoxon					
(Gehan) Statistic	df	Sig.			

37.930 7 .00	37.030 7
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a. Comparisons are exact.

	Pairwise Comparisons <sup>a</sup>						
		Wilcoxon					
(I) treatment	(J) treatment	(Gehan) Statistic	df	Sig.			
1	2	2.770	1	.096			
	3	8.339	1	.004			
	4	1.493	1	.222			
	5	3.973	1	.046			
	6	2.633	1	.105			
	7	8.339	1	.004			
	8	5.299	1	.021			
2	1	2.770	1	.096			
	3	16.143	1	.000			
	4	7.067	1	.008			
	5	11.654	1	.001			
	6	8.468	1	.004			
	7	16.143	1	.000			
	8	12.604	1	.000			
3	1	8.339	1	.004			
	2	16.143	1	.000			
	4	3.212	1	.073			
	5	2.069	1	.150			
	6	2.219	1	.136			
	8	1.000	1	.317			
4	1	1.493	1	.222			
	2	7.067	1	.008			
	3	3.212	1	.073			
	5	.450	1	.502			
	6	.158	1	.691			
	7	3.212	1	.073			
	8	1.183	1	.277			
5	1	3.973	1	.046			
	2	11.654	1	.001			
	3	2.069	1	.150			
	4	.450	1	.502			

	6	.021	1	.884
	7	2.069	1	.150
	8	.268	1	.605
6	1	2.633	1	.105
	2	8.468	1	.004
	3	2.219	1	.136
	4	.158	1	.691
	5	.021	1	.884
	7	2.219	1	.136
	8	.436	1	.509
7	1	8.339	1	.004
	2	16.143	1	.000
	4	3.212	1	.073
	5	2.069	1	.150
	6	2.219	1	.136
	8	1.000	1	.317
8	1	5.299	1	.021
	2	12.604	1	.000
	3	1.000	1	.317
	4	1.183	1	.277
	5	.268	1	.605
	6	.436	1	.509
	7	1.000	1	.317

a. Comparisons are exact.