

## Tissue engineering laboratory models of the small intestine.

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1	Tissue Engineering Laboratory Models of the Small Intestine
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#### 23 Abstract

In recent years, three-dimensional (3D) cell culture models of the small intestine 24 have gained much attention. These models support cell proliferation, migration, and 25 differentiation, and encourage tissue organization which is not possible in two-26 dimensional (2D) culture systems. Furthermore, the use of a wide variety of cell 27 culture scaffolds and support substrates have revealed considerable differences in 28 cell behavior and tissue organization. These systems have been used in combination 29 with intestinal stem cells, organoid units or human colonic adenocarcinoma cell lines 30 such as Caco-2 and HT29-MTX to generate a number of *in vitro* and *in vivo* models 31 of the intestine. Here, we review the current 2D and 3D tissue engineering models of 32 the intestine to determine the most effective sources of intestinal cells and current 33 research on support scaffolds capable of inducing the morphological architecture 34 and function of the intestinal mucosa. 35

#### 36 Keywords

37 Stem cells, Organoid units, Tissue engineering, Caco-2 cells, HT29-MTX cells.

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#### 42 Introduction

Until recently, in vitro intestinal models have been restricted to simple two-43 dimensional (2D) cell culture on standard cell-culture plates or transwell culture 44 inserts<sup>1</sup>. However, three-dimensional (3D) cell culture models are currently under 45 investigation by groups worldwide to determine if these 3D cell cultures can more 46 closely mimic the in vivo environment and support cell differentiation and 3D tissue 47 organization which is not possible in conventional 2D cell culture systems<sup>2-7</sup>. These 48 3D cell culture models have been evaluated for their use in tissue engineering and 49 drug discovery<sup>8,9</sup> and used as an alternative to *in vivo* animal models in drug toxicity 50 studies<sup>10–12</sup>. 51

52 Tissue engineering studies have promised an improved understanding of small intestinal physiology, as well as the response of the small intestine to infection, 53 toxicity and new therapies<sup>13</sup>. Furthermore, using these systems may be possible to 54 55 develop personalized intestinal tissue grafts which can be used to repair the intestine, whilst avoiding the risks of immune system rejection<sup>14</sup>. The most important element 56 for successful tissue engineering of the small intestine is the use of specialized 57 biomaterial scaffolds providing cells a substrate for the deposition of extracellular 58 matrix and subsequent cell adhesion<sup>9,15,16</sup>. These scaffolds are often designed to 59 biodegrade after the deposition of extracellular matrix, when the cells become 60 mechanically independent<sup>14,17</sup> and could be potentially used therapeutically<sup>18</sup>, 61 however matching the degradation rates to synthesis and deposition of new matrix 62 remains a key challenge in tissue engineering<sup>19-21</sup>. This article aims to review 2D 63 and 3D cell culture systems used to culture intestinal cells, to determine whether the 64 use of 3D scaffolds can mimic the *in vivo* environment. Furthermore, recent progress 65 in establishing intestinal stems cells and organoid units in vitro and in vivo. 66

#### 67 The architecture of the small intestine

The small intestine is essentially a tube, which can be divided into four anatomically 68 and functionally distinct layers: mucosa, submucosa, muscularis externa, and 69 serosa<sup>22</sup> (Figure 1). The mucosa is folded into villi which increases the surface area 70 and maximizes digestion and absorption. The number of villi varies, depending on 71 the position along the length of the intestine<sup>22</sup>, with the highest frequency seen in the 72 proximal jejunum, which decreases towards the ileum. Furthermore, the villi 73 morphology differs through the small intestine, decreasing in size from the proximal 74 to the distal end of the small intestine. In the duodenum, the villi are leaf-like, whilst 75 those of the jejunum and ileum having a tongue-like, and then finger-like 76 appearance, respectively. At the base of the villi are crypts of Lieberkuhn<sup>23</sup>. These 77 crypts are tubular glands which descend into underlying muscularis mucosa<sup>24</sup> and 78 79 form the intestinal stem cell niche (Figure 1). This complex villi rich mucosa layer is supported by the underlying submucosa, which is composed of fibrous connective 80 81 tissue and a rich supply of blood and lymphatic vessels and is innervated by the Meissner's nervous plexus. Beneath the submucosa is the muscularis externa, 82 composed of an inner circular and outer longitudinal smooth muscle layers 83 innervated by the Auerbach's plexus, which enables the peristaltic movement of food 84 along the intestine<sup>17</sup>. This laver is finally supported by a single laver of mesothelium 85 called the serosa<sup>22</sup> (Figure 1). 86

87 Intestinal epithelial cell types

The intestinal mucosa contains six main cell types, each with a specialized function. The most abundant are the specialized columnar epithelial cells or enterocytes which are highly polarized cells with tiny microvilli on their apical surface (Figure 1). These

91 enterocytes are responsible for producing of digestive enzymes and the absorption of nutrients<sup>22,25,26</sup>. The second most abundant cell types are unicellular glandular 92 cells known as mucus-secreting goblet cells. Mucins are secreted into the lumen of 93 94 the intestine by these goblet cells, giving rise to an adherent mucus layer which surrounds and coats the intestinal villi<sup>23</sup>. Located at the base of intestinal crypts are 95 paneth cells, which secrete antimicrobial lysozymes protecting the crypt from 96 pathological microorganisms<sup>26,27</sup>. These paneth cells also play an essential role in 97 stem cell niche signals<sup>28,29</sup>. There are also smaller populations of hormone-secreting 98 99 enteroendocrine cells and tuft cells which regulate digestion and absorption (Figure 1). Finally, microfold or M-cells are located within lymphoid peyer's patches and are 100 responsible for transporting antigens from the lumen to the underlying lymphoid 101 tissues<sup>25,26</sup>. 102

103 Importantly, a small population of stem cells are located at the villus base within 104 crypts and are responsible for maintaining intestinal epithelial homeostasis (Figure 1). 105 These stem cells differentiate as they migrate along the length of the villi, replacing 106 cells which are lost at the villus tip. This process of cell renewal ensures that the 107 functions of the intestinal epithelium are maintained throughout life. The capability of 108 these stem cells to undergo self-renewal makes them particularly attractive for tissue 109 engineering and regenerative medicine applications<sup>23</sup>.

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#### 111 Why do we need to engineer a small intestine?

112 The small intestine becomes dysfunctional in a number of diseases including 113 inflammatory driven pathologies (such as ulcerative colitis; Crohn's disease; celiac 114 disease), congenital diseases (such as lactose intolerance and short bowel

syndrome) and cancer. These can become extremely debilitating disorders 115 impacting on quality of life or even life threatening<sup>30–32</sup>. Thus, the ability to replace 116 damaged and malfunctioning tissues with a tissue-engineered small intestine could 117 be of use in these conditions. Furthermore, engineered intestinal tissue could be 118 created using patient-specific explants; small samples of healthy tissue could be 119 collected from a patient and expanded within the laboratory. If these cells could then 120 be utilized in the generation of a tissue-engineered small intestine, this could then be 121 returned to the patient to enable intestinal repair or augmentation. Use of self-tissue 122 123 would avoid the requirement of tissue donors, and the need for lifelong immunosuppression to prevent rejection of tissues<sup>33</sup>. 124

#### 125 **2D cell culture models of the small intestine**

#### 126 The use of cell lines in intestinal engineering

Due to failed attempts to establish long-term primary cell culture of normal small 127 intestine, researchers have successfully utilized cell lines which are derived from 128 gastrointestinal tumours<sup>34</sup>. The human colonic adenocarcinoma cell lines (Figure 2): 129 Caco-2 and HT29-MTX cells are probably the most frequently used cell lines due to 130 their ability to differentiate into enterocyte-like cells and mucus-producing goblet 131 cells, respectively<sup>35–37</sup>, whilst these would not be suitable for tissue enginering 132 applications due to their cancerous nature they are excellent models for in vitro 133 cultures. 134

135 Caco-2 cells can spontaneously differentiate into cells with the ability to form tight 136 junctions and produce large amounts of digestive brush border enzymes, similar to 137 small bowel enterocytes<sup>38–40</sup>. Caco-2 cells express a number of digestive enzymes 138 including sucrase-isomaltase, lactase, peptidase, and alkaline phosphatase. The

expression of these enzymes are used as markers of intestinal differentiation and digestive function<sup>41–47</sup>. However, Caco-2 cells have tight junctions similar to those of the colon, rather than the small intestine, this has led to criticism of their use as a model for the epithelium of the small intestine<sup>48,49</sup>. Furthermore, Caco-2 cell behaviour can be affected by culture condition (serum supplemented and serum free media), passage number, cell density and incubation times<sup>50,51</sup> all of which make it difficult to compare research findings between different studies<sup>52,53</sup>.

Caco-2 cells are often used to mimic small intestinal enterocytes and have been used extensively in absorption and transport studies of nutrients and drugs<sup>54,55</sup>, for example, insulin transport studies<sup>56,57</sup>. Moreover, Caco-2 cells have been used to investigate the cytotoxicity of acrylic-based copolymer protein as an oral insulin delivery system<sup>57</sup>. Caco-2 cells can also be utilized to verify the toxicology when exposed to nanoparticles such as polystyrene, which resulted in increased level of iron absorption<sup>58</sup>.

153 HT29-MTX cells are also a commonly used cell line in intestinal modeling. These cells are derived from human colonic adenocarcinoma cells and are resistant to 154 methotrexate (MTX). HT29-MTX cells are composed entirely of differentiated mucus-155 secreting goblet cells. They maintain this differentiated phenotype in monolayer 156 culture and are used to mimic intestinal goblet cells, and are commonly co-cultured 157 with Caco-2 cells<sup>59–62</sup>. HT29-MTX cells have been utilized in studies investigating the 158 diffusion of drugs across the mucus layer<sup>63–65</sup>, these have been used to test the 159 mucoadhesive and toxicity of nanoparticles as drug delivery systems<sup>66</sup>, and to test 160 adhesion and invasion of Salmonella strains<sup>67</sup> (Table 1). 161

162 2D co-culture studies

In order to mimic the native small intestinal epithelium which is composed of diverse 163 absorptive and secretory cells a number of studies have co-cultured Caco-2 cells 164 alongside HT29-MTX cells<sup>63,64,68-71</sup>. These studies have enabled the formation of a 165 Caco-2 derived enterocyte-like layer, which is interspersed with mucus secreting 166 HT29-MTX cells, and avoided the limitations and drawbacks previously seen in 167 mono-cultures<sup>63</sup>. Walter et al., (1996) co-cultured Caco-2 and HT29-MTX cells in cell 168 culture inserts in a transwell format, where they were shown to produce an adherent 169 mucus layer which covered the cell monolayer. The cells were shown to have 170 structures similar to microvilli, although they were of irregular shape and size<sup>63</sup>. The 171 mucus layer formed by the HT29-MTX cells during co-culture with Caco-2 cells were 172 proposed to play an important role in digestion and bioavailability<sup>68</sup>. Many studies 173 have exploited in vitro co-cultures of Caco-2 and HT29-MTX cells to provide a drug 174 absorption model<sup>63,68</sup>, to study drug permeability<sup>56,64,70,71</sup> and to improve alternative 175 in vitro systems for evaluation cytotoxicity of nanoparticles to replace animal testing<sup>72</sup>. 176 Furthermore, different co-culture ratios of Caco-2 and HT29-MTX cells have been 177 used to investigate the co-culture ratio most physiologically relevant to in vivo 178 situations<sup>52,70,73,74</sup>. 179

Another significant aspect of co-culture is the facility to introduce additional cell types 180 to more closely mimic the native multicellular environment seen in vivo. Antunes et 181 al., (2013), developed the triple co-culture model based on the use of Caco-2 and 182 HT29-MTX cells, incorporating Raji B lymphocytes. The Raji B lymphocytes were 183 selected to stimulate differentiation of Caco-2 cells to M-cells<sup>49,75,76</sup>. This triple co-184 culture system was used to investigate absorption of insulin, demonstrating insulin 185 permeability was greater in triple co-cultures compared to co-culture of Caco-2 and 186 Raji B cells alone<sup>75</sup>. Moreover, *in vitro* triple co-culture model has been used for 187

polystyrene nanoparticle permeability studies that demonstrated the strong influence 188 of HT29-MTX cells and M-cells on the nanoparticle permeation. In this study, cellular 189 uptake of polystyrene nanoparticles was affected by the presence of mucus layers. 190 Where, nanoparticle transport was significantly increased in Caco-2/M cells due to a 191 lack of mucus secretion from M cells<sup>77</sup>. Most recently, the Caco-2/HT29-MTX co-192 culture and Caco-2/HT29-MTX/Raji B triple co-culture models have been 193 used to investigate the intestinal permeability of different 194 successfully biopharmaceutical characteristics of drugs. Where it was shown that higher 195 196 permeability of drugs were observed in more complex models compared with Caco-2 monoculture<sup>76</sup>. Taken together, these studies demonstrated the importance of cell-197 cell interactions which can impact on the physiological function in intestinal cells. 198 199 These models can also be combined with bacterial cells to mimic the microbiotia seen within the small intenstine<sup>6,78,79</sup>. 200

Whilst these 2D static culture models of intestinal cells in Transwells display a number of advantages, these models fail to develop villi morphology<sup>80</sup>. Furthermore, these models fail to undergo cytodifferentiation due to lack of the 3D microenvironment, including luminal flow, and fluid shear stress<sup>80,81</sup>.

#### **3D cell culture models of the small intestine**

A major shortcoming of the research utilizing intestinal cells in 2D culture is that it does not mimic the complex architecture of the small intestine and fails to mimic the *in vivo* phenotype. Thus, several biomaterial scaffolds have been investigated for 3D cell culture and tissue engineering of the small intestine<sup>15,46,82–84</sup> (Table 2). These scaffolds provide a physical structure in which cells migrate and utilize topography to stimulate cell development and formation of tissue networks. Scaffold porosity is a

critical factor in directing cell fate within the 3D scaffold architecture. Pore size is essential for the diffusion of cells inside the 3D scaffolds, pores enable cells to penetrate into the matrix and provide a space for cells to reside and synthesize new extracellular matrix<sup>10,17,19,21,82</sup>. Accordingly, many attempts have been undertaken to develop porous biomaterials such as tubular constructs with mechanical and physical properties well suited to the small intestine<sup>4,85–89</sup>.

The rate of cell growth, however, varies depending on the scaffold used<sup>90,91</sup>. In 3D 218 cell culture models, the interaction between cells and the scaffold is regulated by the 219 material characteristics of the scaffold. Some materials provide natural adhesion 220 sites for cells whilst others provide a substratum for the deposition of extracellular 221 matrix which subsequently provides adhesion sites for cells<sup>16</sup>. The mechanical 222 characteristics and degradation dynamics of the scaffold are important for specific 223 tissue engineering applications<sup>92,93</sup>. The mechanical properties of scaffolds control 224 the shape of cells during tissue reconstruction and provide mechanical cues to cells 225 to tailor differentiation<sup>17,82</sup>, whilst also providing support for load<sup>94</sup>. Scaffolds 226 investigated to date include natural hydrogels (e.g. collagen gels and Matrigel) and 227 synthetic scaffolds (e.g poly-lactic-glycolic acid) which have a number of key 228 advantages and disadvantages. 229

#### 230 3D cell culture using collagen gels

Type I collagen gels are commonly used for 3D culture, as they are easy to prepare, inexpensive, can support a range of cell types<sup>95,96</sup>, and enable encapsulation of cells<sup>97</sup>. Furthermore, pore size, rigidity, and ligand density can be adjusted by changing the collagen concentration or utilizing chemical cross-links<sup>94</sup>. Li *et al.*, (2013) have used collagen gels to seed fibroblasts, Caco-2 and HT29-MTX cells.

This 3D triple co-culture model has been used to evaluate drug permeability and has 236 been shown to have more physiologically relevant drug absorption rates<sup>96</sup>. Pusch et 237 al., (2011) performed 3D co-culture of Caco-2 cells and human microvascular 238 endothelial cells (hMECs), created multilayers of enterocyte-like cells which 239 expressed villin, E-cadherin, and the transporter p-glycoprotein at levels that were 240 similar to that of a normal human jejunum<sup>34</sup>. Whilst Viney *et al.*, (2010) co-cultured 241 intestinal epithelial cell lines (IEC6: a rat small intestinal epithelial cell line; IPI-21: a 242 small boar ileum epithelial cell line, and CRL-2102: a human epithelial cell line 243 derived from colorectal adenocarcinoma) with Rat-2 (fibroblast-like cell) in collagen 244 gels alone or in combination with Matrigel. After 20 days, optimal epithelial cell 245 growth was seen in collagen gels supplemented with Matrigel, where multilayered 246 247 intestinal epithelium were seen, which included clusters of cells similar to the morphology of crypts<sup>98</sup>. This highlighted the importance of the interaction between 248 the cell lines, extracellular matrix and other cell types such as fibroblasts; and how 249 they can impact on the cell proliferation and differentiation<sup>99</sup>. These interactions with 250 localized cells were further demonstrated when rat intestinal sub-epithelial 251 myofibroblasts (ISEMF) were co-cultured with IEC-6 cells on a collagen gel 252 scaffold<sup>100</sup>, where the myofibroblasts induced differentiation of IEC-6 intestinal cells 253 to enteroendocrine cells, which was thought to be mediated by growth factors and 254 cytokines secreted by the myofibroblasts<sup>100</sup>. 255

A major shortcoming of these studies is that they do not reproduce the villus-crypt architecture of the small intestine. To overcome this shortcoming, Wang *et al.*, (2009) investigated the effect of a biomimetic crypt-like microwell on Caco-2 phenotype. A significant positive correlation between the crypt like topography and Caco-2 metabolic activity and migration with low level of differentiation which mimics

cells in crypts of native small intestine was observed<sup>101</sup>. In addition, a number of studies have microfabricated villus-shaped collagen scaffolds into which Caco-2 cells were culutred<sup>82,83,102,103</sup> (Table 2). These studies demonstrated that the culture of Caco-2 cells on these prefabricated villi structures led to the formation of villi which were comparable to those of human jejunum after 3 weeks in culture<sup>83</sup>. However, it has been observed that the transepithelial electrical resistance (TEER) of cells in these villus-like structures were lower than those in cells grown on 2D flat substrate.

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#### 269 Synthetic Polymer Scaffolds

Synthetic scaffolds have also been studied for their ability to reconstruct the small 270 intestine. Synthetic biodegradable copolymers: poly lactic acid(PLA) and poly 271 272 glycolic acid (PGA) forming poly lactic glycolic acid (PLGA) have been investigated for scaffold fabrication in tissue engineering of the small intestine<sup>10,104</sup>. The chemical 273 properties of PLGA co-polymer permitted hydrolytic degradation of the ester bond 274 into the acidic, non-toxic monomers (PLA and PGA) which are removed by natural 275 metabolic pathways. Physical properties of PLGA have been found to be related to 276 the molecular weight of the monomers, the hydrophobic PLA/hydrophilic PGA ratio, 277 the storage temperature and the exposure time to water. Demonstrating the rate of 278 degradation negatively affected cell proliferation, with the fastest degradation rates 279 displaying the poorest viability<sup>19,21</sup>. 280

In addition, Costello *et al.*, (2014) used fabricated PLGA as a porous 3D tissue scaffold which mimicked the shape and size of intestinal villi. They showed that coculture of Caco-2 and HT29-MTX on PLGA resulted in proliferation and differentiation of co-cultured cells. However, these Caco-2 and HT29-MTX cells were

differentiated under the stimulation of epidermal growth factor were added to the basolateral side of scaffolds<sup>82</sup> (Table 2). Although the latest procedures to engineer the small intestine *in vitro* have been shown to have some positive outcomes, the surface area created is not adequate for human therapy and the majority of *in vitro* methods created only epithelium and lacked surrounding mesenchymal structures.

## Recapitulating the dynamic mechanical microenvironment of the small intestine

Under *in vitro* static culture microenvironment, cells can be supplied with nutrients by manual medium replacement. Thus, long term culture under static conditions possesses multiple limitations such as poor delivery of nutrients, accumulation of waste and risk of contamination. To overcome these limitations, and for long term maintenance of intestinal cells in a healthy state, many studies have developed dynamic culture microenvironments.

An automated perfusion system (Minucells and Minutissue) has been used to study the differentiation and drug transport properties of Caco-2 cells<sup>105,106</sup>. The enzymatic activities and permeability coefficient of drugs in differentiated Caco-2 cells in perfusion system were increased when compared to Caco-2 cells differentiated in traditional culture using snapwell inserts<sup>105,106</sup>.

Similarly, microfluidic culture methods play an important role in addressing this issue and assist in the development of enhanced barrier function of Caco-2 cells<sup>107</sup>. Several studies have developed gut-on-a-chip microdevices to mimic the dynamic motion seen in the human small intestine<sup>80,81,108</sup>. Microfluidic gut-on-a-chip microdevices are an alternative *in vitro* model which have the ability to recapitulate the 3D structures of native human intestinal villi. In these models, Caco-2 cells

exposed to dynamic fluid flow and peristalsis-like motions resulted in
cytodifferentiation of Caco-2 cells into four main types of intestinal epithelial cells and
formed proliferative crypts<sup>80,81,108</sup>.

# Intestinal stem cell isolation and its importance in engineering the small intestine

In recent years, there has been an increasing interest in Intestinal stem cells which 314 are found at the base of the crypts within the proliferative compartment (Figure 1). 315 These stem cells give rise to the four main cell lineages: enterocytes, goblet, 316 enteroendocrine and paneth cells and are classified as crypt base columnar cells<sup>109–</sup> 317 <sup>111</sup>. Adult stem cells residing within the crypts have the ability to undergo cell 318 proliferation into transit-amplifying progenitor (TA), which terminally differentiate and 319 give rise to all six intestinal cell types of the mammalian intestine<sup>31,112–114</sup>. The 320 proliferative capacity of these stem cells ensures there are sufficient cells to 321 regenerate any damaged tissue<sup>115</sup> and continually maintain digestion and absorption 322 process. These stem cells are ideal candidates for use in regenerative medicine<sup>116</sup>. 323 The use of stem cell markers is essential for isolation of pure stem cell populations 324 for use in tissue engineering. In the small intestine, there are two stem cell 325 populations within the crypt, classified by location and cycling dynamics<sup>24,25,117</sup>. The 326 first of these stem cells are cycling, slender cells found at the bottom of the crypt 327 between paneth cells, these are known as crypt base columnar cells. These cells 328 express several stem cell markers including Lgr5; CD133 (Prom1); Ascl2; Olfm4; 329 Smoc2 and Sox9<sup>low 118–122</sup>. The second stem cell population are quiescent stem cells, 330 which are located in the crypt directly above the terminally differentiated paneth 331 cells<sup>123</sup>. These quiescent stem cells express Bmi-1, Hopx, mTert, and Lrig1, and 332 Sox<sup>high 124,125</sup>. The locations where stem cells are located in the small intestine are 333

known as the stem cell niche, which is maintained by a range of cells (pericryptal 334 myofibroblast, adjacent epithelial cells, immune cells (lymphocytes) endothelial cells, 335 enteric neurons), which together with basement membrane derived extracellular 336 matrix regulate stem cell differentiation and fate<sup>126–128</sup>. Several regulatory pathways 337 play a role in the maintenance, and proliferation of stem cells<sup>24</sup>; these include: Wnt; 338 Notch; Hedgehog and bone morphogenetic protein (BMP) pathways<sup>129–131</sup>. 339 Canonical Wnt signaling is well recognized as the main regulator of epithelial 340 renewal in the small intestine<sup>118</sup>, with epidermal growth factor (EGF) signaling 341 maintains stemness and prompts proliferation<sup>110,132,133</sup>. Whilst Notch signaling 342 controls differentiation to enterocytes, inhibition of Notch signaling leads to the 343 differentiation towards secretory lineages (including: goblet, paneth, enteroendocrine 344 and tuft cells)<sup>134</sup>. Bone morphogenetic protein (BMP) signaling negatively regulates 345 stem-cell characteristics and promotes differentiation of progenitor cells in the villus 346 compartment, but has no effect on stem cells located in the crypts<sup>135</sup>. Thus the 347 manipulation of these signaling pathways in vitro culture can be used to maintain 348 stem-cell characterisitcs or drive differentiation of cells to appropriate lineages. 349

For the successful extraction of stem cells from intestinal crypts a clear stem cell 350 marker is essential to enable purification of intestinal stem cells, and whilst there are 351 a variety of stem cells markers, Lgr5 (also known as GPR67) has been suggested 352 the most appropriate marker for purification of stem cells<sup>23,24,26,28,116,120</sup>. Lgr5 is 353 expressed in cycling columnar cells in the base of the crypts, but not in the villi<sup>116,136</sup>. 354 Lgr5 is a target of Wnt signaling and these cells are capable of generating all 355 epithelial lineages in *in vitro* culture <sup>18,116,137</sup>. Furthermore, intestinal stem cells are 356 capable of self-organizing into organoid units that recapitulate the intestinal villi and 357

358 crypt domains and reflect main structural and functional properties of the small 359 intestine<sup>138,139</sup>.

#### 360 Intestinal organoids and tissue engineering of the small intestine

#### 361 **3D cell culture of organoids**

Studies over the past two decades have provided promising results in tissue 362 engineering of small intestine due to the successful isolation of intestinal crypts 363 which could form organoid units (Figure 3). The ability to extract complete crypts, 364 which contain progenitor cells, from intestinal tissues has excellent potential to 365 expand in vitro to form organoid units and differentiate following transplantation. Kim 366 et al., (2007) harvested neonatal rats intestinal epithelial organoid units and seeded 367 them on biodegradable polyglycolic acid scaffolds and maintained them within a 368 369 perfusion bioreactor for 2 days. The cells were shown to distribute and adhere to the polymer scaffold<sup>140</sup>. Sato and colleagues (2009) developed a 3D culture system of 370 mouse intestinal crypt known as 'mini-gut' culture or organoid culture. These 3D 371 cultures in Matrigel supplemented with growth factors (R-spondin-1, epidermal 372 growth factor, and the BMP inhibitor: Noggin)<sup>18</sup>. In this system, the crypt-villus 373 organoids developed not only from whole crypts but also from single Lgr5<sup>+</sup> stem 374 cells. These single intestinal stem cells were shown to form crypt-like structures by 375 day 1-4, and then crypt-buds by day 5<sup>18</sup>. In a similar studies conducted by Jabaji et 376 al., (2013),(2014), compared type 1 collagen with Matrigel as an alternative scaffold 377 for growing of isolated crypt units. They showed that the intestinal crypts enlarged 378 and formed enteroids in vitro when cultured in both scaffolds as monoculture and 379 when cultured with myofibroblast for 1 week<sup>141,142</sup>. Intestinal crypts not only isolated 380 from human and mice but also isolated from juvenile and adult porcine. Khalil et al., 381

(2016) developed long-term culture model of juvenile and adult porcine intestinal crypts to generate budding enteroids<sup>143</sup>. More recently, Pastula *et al.*, (2016), modified Sato's 3D culture methods using a combination of Matrigel and collagen and co-cultured the epithelial organoid with myofibroblast, and neuronal cells. Where myofibroblast and neuronal cells supported the growth of epithelial organoids. However, the presence of collagen led to a reduction in the budding of epithelial organoids<sup>7</sup>.

A major disadvantage of these systems is they form closed organoid units, this has 389 recently been overcome by Sachs et al., (2017), where tube formation was induced 390 by culturing the organiods in a contracting floating collagen gel. They concluded that 391 these systems enabled the organoids to align and fuse forming the macroscopic 392 hollow structures. However this model although cellular differentiation was observed 393 villi structures were still missing<sup>144</sup>, whilst Wang et al., (2017) has successfully 394 generated crypt-villus architecture from intestinal stem cells cultured on a fabricated 395 collagen scaffold<sup>145</sup>. Furthermore, application of chemical gradients which were 396 applied to the scaffold promoted and supported cell migration along the crypt-villus 397 axis<sup>145</sup>. Demonstrating a combined approach of microengineered scaffolds together 398 with biophysical cues and chemical gradients could hold the potential for tissue 399 engineering a small intestinal model in vitro<sup>145</sup>. 400

#### 401 In vivo implantation of organoid seeded scaffolds

A number of studies have directly seeded these organoid units onto biodegradable scaffolds to test their ability to regenerate the intestine post-implantation in rodents<sup>85,146,147</sup> and large animals<sup>148</sup>. In 1988, Vacanti *et al.,* isolated organoid units from neonatal rat intestine and seeded these onto a tubular scaffold of polyglycolic

406 acid and poly-L-lactic acid prior to implantation into the omentum of the syngeneic adult rat. These organoid units survived, proliferated and had a characteristic villus-407 crypt structures<sup>149</sup>. Choi and Vacanti, (1997) demonstrated that the organoid units 408 isolated from 6-day-old neonatal rat intestines, seeded on PGA and then implanted 409 into adult rats survived, proliferated, and regenerated small intestine-like 410 structures<sup>146</sup>. Similarly, organoid units isolated from 7-week old Yorkshire swine and 411 cultured on biodegradable scaffolds tubes and then implanted intraperitoneally in the 412 autologous host. In these implants, differentiated intestinal cells innervated 413 muscularis mucosa and intestinal sub-epithelial myofibroblasts were identified<sup>150</sup>. 414 Levin et al., (2013) seeded multicellular organoid units derived from postnatal human 415 small intestine resections onto a biodegradable PGA / PLA polymer<sup>151</sup>. Following 416 417 transplantation into NOD/SCID gamma chain-deficient mice, the human tissue formed a villus-crypt architecture similar to that of the mature human small intestine, 418 which contained all differentiated epithelial cell types and mesenchyme cells which 419 expressing muscular and neural markers<sup>151</sup>. *In vivo* subcutaneous implantation using 420 PGA scaffolds of one week old collagen based enteroids derived from 3D co-cultures 421 of small intestinal crypts and myofibroblast resulted in sustainable re-formed 422 intestinal organoids with differentiated lineages after 5 weeks<sup>141</sup>. Cromeens et al., 423 (2016) produced neomucosa by seeding enteroids derived from LGR5-EGF 424 425 transgenic mice on Matrigel for 10-14 day and then these enteroids released from Matrigel and seeded onto PGA scaffolds and implanted into the peritoneal cavity of 426 immunocompromised NOD/SCID mice. After 4 weeks, neomucosa was produced 427 with a clear crypt domains and blunted villi. The shortcoming of this study was the 428 villi were blunted and did not extend to the length of native small intestinal villi<sup>152</sup>. 429 The main limitations of these attempts to generate small intestinal tissue are the high 430

number of cells required for engineering functional tissue and the absence of
scaffolds which mimic the native intestine and capable of generating intestinal stem
cell niche.

434 **3D cell culture of pluripotent stem cells** 

Multipotent stem cells can generate numerous tissues in the body and have the high proliferative capacity, making them attractive for use in regenerative medicine<sup>153</sup>. Mesenchymal stem cells have been investigated as a promising source of smooth muscle layer for small intestinal tissue engineering. Hori *et al.*, (2002) investigated mesenchymal stem cells to study the feasibility of muscle regeneration, the limitations considered the lack of ability to regenerate smooth muscle layer<sup>154</sup>.

Over recent years, several studies have provided evidence that human induced 441 pluripotent stem cells (iPSCs) can be used to generate intestinal tissue<sup>147,155,156</sup>. A 442 study published in 2011 aimed to direct the differentiation of human pluripotent stem 443 cells to generate fetal intestinal-like immature properites using manipulation of 444 growth factors<sup>155</sup>. Similary, Yoshida *et al.*, (2012) demonstrated that mice pluripotent 445 stem cells were successfully differentiated into smooth muscle in vitro157. Whilst, 446 Watson et al., (2014) generated human intestinal organoids from human iPSCs. In 447 this model, these organoids were embedded in collagen type I and then transplanted 448 into immunocompromised mice for a period of 6 weeks. Following transplantation, 449 iPSCs fully differentiated into all types of small intestinal cells and smooth muscle 450 layers when compared with *in vitro* human intestinal organoids<sup>156</sup>. A recent study 451 conducted by Finkbeiner et al., (2015) also has been shown that the human 452 intestinal organoids derived from iPSCs generated a tissue that looks resemble the 453 native human intestinal tissue when seeded onto PGA/PLA scaffolds and implanted 454

into immunocompromised mice for 12 weeks. While these promising findings, tissue
engineered intestine were supplemented with further neuronal cell types to generate
physiologically functional tissue engineered intestine<sup>147</sup>.

458 Conclusion

In spite of the current limitations, attempts at tissue engineering intestinal tissues in 459 vitro have provided initial knowledge on the behaviour of intestinal cells in 2D and 3D 460 culture (Figure 485) and the performance of stem cells and organoid units following 461 implantation into animals. These models are extremely useful for the study of 462 intestinal physiology, drug absorption studies and toxicity studies. However, to date, 463 they fall short of successfully modeling the in vivo environment. Advanced studies 464 and new approaches are required to provide intestinal tissue composed of mucosa 465 and neuromuscular tissue before treatment of patients with intestinal failure can be 466 achieved. The potential ability of stem cells to differentiate into many intestinal cell 467 types provides the intestinal mucosa an amazing reconstruction capacity, and 468 469 exploitation of this role might make it possible to treat a variety of intestinal diseases.

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475

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