

Computing creep-damage interactions in irradiated concrete

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Abstract

Among the various degradation mechanisms possibly affecting the long-term operation of nuclear power plants, the effects of induced expansion and internal degradation that occur in concrete exposed to high-flux neutron radiation require additional research. Notably, the utilization of short-term test-reactor data to assess the long-term structural significance of light water reactor concrete biological shields necessitates to properly capture the concurrent time-dependent effects, e.g., creep and damage caused by radiation-induced volumetric damage. As this poses significant numerical challenges, a creep-damage algorithm was developed to account simultaneously for the progress of damage and visco-elastic processes in the concrete microstructure. The algorithm uses a time-adaptative scheme in which the instants at which damage occurs are explicitly searched for. This provides a non-local continuum damage procedure with very low sensitivity to the time or loading step. The proposed method is then used to simulate creep and restraint effects on radiation-induced degradation in concrete.

Keywords: irradiation, concrete, numerical model, meso-scale, creep, damage, radiation-induced volumetric swelling

1 Introduction

Potential applications for subsequent license renewal of the U.S. commercial nuclear power plants has modified the perspective of continuous operation beyond 60 years. Aging of non replaceable large components, such as the concrete containment building or the concrete biological shield (CBS), have become a

6 focal point of attention. Among the varied concrete aging mechanisms under
7 consideration, lacks of knowledge on irradiated concrete were identified (Graves
8 et al., 2014).

9 Under neutron irradiation, concrete mechanical properties are affected by
10 fluence exceeding $\approx 10^{19}$ n.cm⁻² (Hilsdorf et al., 1978; Field et al., 2015).
11 Radiation-induced volumetric expansion (RIVE) of aggregate appears as a first-
12 order mechanism explaining irradiation damage of concrete (Seeberger and Hils-
13 dorf, 1982; Field et al., 2015; Le Pape et al., 2015). Neutron high-attenuation,
14 structural restrains and RIVE amplitude (order of magnitude 1%) result in elas-
15 tic stresses in the CBS exceeding the strength of irradiated concrete (Le Pape,
16 2016). Two concurrent mechanisms can relax the developed stresses: damage,
17 i.e., cracking, and viscous or quasi-viscous effects, i.e., creep. Irradiation experi-
18 ments in test reactor are conducted at a rate of about 1 to 2 orders of magnitude
19 higher than in light water reactors (LWRs), i.e., in actual commercial nuclear
20 reactors (Maruyama et al., 2013; Remec et al., 2013). Because of the lack of
21 experimental data at low irradiation flux, some rate effects and structural con-
22 straints are analyzed using numerical simulations at the microstructure level.

23 This raises the question of computing coupled creep and damage processes
24 in a finite element software. The typical procedure consists in using finite differ-
25 ences to account for time-dependent processes (*i.e.* creep), and then Newton-
26 Raphson iterations in-between the time steps to characterize the damage. This
27 may lead to a strong sensitivity to the time or loading step as well as slow
28 convergence rates. Furthermore, such staggered solving procedure assumes that
29 there is a separation between the time scales of the two processes which is
30 violated here. In the present paper, a numerical algorithm is presented to
31 solve creep-damage problems in finite element codes. The algorithm finds *when*
32 damage occurs, notably in the case when it occurs in-between the prescribed

33 time steps. Therefore, the time-sensitivity is greatly reduced and the coupling
34 between visco-elastic and damage processes is directly obtained through the
35 algorithm. Also, the algorithm directly accounts in its formulation for time-
36 dependent mechanical properties, which makes it particularly useful for the
37 simulation of aging processes.

38 The algorithm is applied to the study of irradiated concrete, using a model
39 previously validated (Giorla et al., 2015b) against literature data (Elleuch et al.,
40 1972). Different test conditions are simulated in order to study the difference
41 between short-term and long-term testing, as well as a preliminary investigation
42 of the influence of external restraint on the irradiation-induced expansion and
43 damage.

44 **2 Damage algorithm**

45 This section describes in details a time-adaptative algorithm to simulate the
46 simultaneous progress of damage (using the framework of continuum damage
47 mechanics) and visco-elastic processes. The present approach uses space-time
48 finite elements to compute the time- and history-dependent response of quasi-
49 brittle visco-elastic materials. While the idea of finite elements in space and
50 time has been proposed as early as 1969 (Argyris and Scharpf, 1969; Fried et al.,
51 1969), it is not until the 2000 that it received some attention in the context of
52 solid mechanics (Idesman et al., 2001; Bajer and Dyniewicz, 2009; Dumont and
53 Jourdan, 2012; Giorla et al., 2014), notably for their ability to represent spatial
54 domains that undergo some change over time, like mechanical contact (Adélaïde
55 et al., 2003) or growth of expansive inclusions (Giorla et al., 2015a).

56 Space-time finite elements have several merits that make them preferable
57 to more traditional approaches (finite elements in space combined with finite
58 differences in time) in the context of viscoelastic quasi-brittle materials (Giorla

59 et al., 2014):

- 60 • The time-stepping procedure is independent of the rheological model used
61 for the visco-elastic material (for example generalized Maxwell or Kelvin-
62 Voigt chains), while finite difference schemes must be written separately
63 for each rheology.
- 64 • In space-time finite elements, the displacement field and its derivatives
65 (strain, strain rate, stress, etc) are described as function of time, while
66 with a finite difference scheme, they would be known at discrete instants
67 only. The continuous variations of these fields allows to explicitly find
68 *when* they reach critical values.
- 69 • There is a direct and simple relation between the length of the time step
70 and space-time elementary matrices. Updating the time step has there-
71 fore a very low computational cost, while for finite difference schemes it
72 necessitates to re-assemble the global system matrix and vector of nodal
73 forces (e.g. Zienkiewicz et al. (1968)). This facilitates the use of time-
74 step-adaptative strategies like the one presented here.

75 **2.1 Description of the problem**

76 The solid is considered as a visco-elastic material described by an arbitrary
77 assembly of springs and dashpots and susceptible to continuum damage. The
78 constitutive behavior is described with the following components:

- 79 • The displacement field \mathbf{u} and several internal displacement fields \mathbf{a}_j . For
80 a Maxwell or Kelvin-Voigt material, these internal displacement fields are
81 the displacements associated with each dashpot in the model. ϵ and α_j
82 are the strains derived from these displacement fields. In the following,

83 \mathbf{x} denotes the concatenation of the displacement field and the internal
84 displacement fields: $\mathbf{x} = [\mathbf{u}, \dots, \mathbf{a}_j, \dots]$

85 • A set of partial differential equations relating the stress σ to ϵ , the α_j , and
86 their respective rates $\dot{\epsilon}$ and $\dot{\alpha}_j$. This set of partial differential equations can
87 be written as a symmetric matrix for any spring-dashpot assembly (Biot,
88 1954). Examples for generalized Kelvin-Voigt, generalized Maxwell, and
89 Burgers materials were given by the authors in (Giorla et al., 2014).

90 • A damage variable d which affects the different material properties of the
91 constitutive equations defined above. In this paper, only the case of an
92 isotropic scalar damage variable varying from 0 to 1 is considered, but
93 the algorithm could be extended to other forms of damage or irreversible
94 phenomena, including orthotropic damage or visco-plasticity.

• A failure criterion \mathcal{C} which dictates at which strain or stress damage in-
creases. In the general case, \mathcal{C} can be written as a function of the extended
displacements of the material \mathbf{x} , the damage variable d , and material pa-
rameters. Since all these variables vary in time, the criterion is also de-
scribed as a function of time $\mathcal{C}(t)$. By convention, the failure surface is
described by $\mathcal{C} = 0$, and the physically admissible domain by $\mathcal{C} \leq 0$. \mathcal{C}
must be a continuous and monotonic function of the displacements. A
fully damaged element ($d = 1$) is considered always below its failure sur-
face. The irreversibility conditions are summarized by:

$$\mathcal{C} \cdot \dot{d} = 0, \mathcal{C} \leq 0, \dot{d} \geq 0 \quad (1)$$

The following condition is also required, which is true for quasi-brittle

materials without hardening:

$$\frac{\partial C}{\partial d} \leq 0 \tag{2}$$

95 • Finally, the solid is subject to external forces \mathbf{f}_e on one section of its
96 boundaries, imposed displacements $\hat{\mathbf{x}}$ on another, and internal body forces
97 \mathbf{f}_b (e.g. thermal expansion). The initial values of the displacement fields
98 $\mathbf{x}(t = 0)$ are prescribed.

99 All fields are functions of space and time, including material properties like
100 the stiffness or mechanical strength of the solid. The space-time coordinates
101 (x, y, z, t) are omitted for clarity.

102 2.2 Space-time discretization

103 The solid is considered over a time interval $[t_S, t_F]$. In the following, $_S$ denotes
104 the start of the time interval, $_F$ its finish, and Δt its length. The history of the
105 system up to t_S is already known (either from the initial conditions or from the
106 result of a previous time step).

107 The spatial domain is decomposed in a set of polygonal subdomains. The
108 space-time finite element mesh is obtained by extruding each of these subdo-
109 mains along the time direction between t_S and t_F . Each element has then two
110 corresponding sets of nodes and shape functions, one set located at t_S and the
111 second one at t_F , so that for each node in one set there is another node at the
112 same spatial position in the other set.

113 The shape functions are taken as linear in time. This corresponds to the
114 quasi-static approximation: acceleration effects are neglected.

115 Using this discretization, one can write a system of linear equations in the
116 form of:

$$[\mathbb{K}(d) + \mathbb{L}(d, \Delta t)] \mathbf{x}_F = \mathbf{f}_F(d) - \mathbb{L}(d, \Delta t) \mathbf{x}_S \quad (3)$$

117 With \mathbb{K} the assembled stiffness matrix, \mathbb{L} the assembled viscosity matrix, \mathbf{x}_S
 118 and \mathbf{x}_F the vector of nodal displacements at t_S and t_F respectively, and \mathbf{f}_F the
 119 vector of nodal forces at t_F .

120 The use of prismatic space-time elements ensures the following properties
 121 are true if the material properties are constant in time:

- 122 • \mathbb{K} is independent of the time step.
- 123 • \mathbb{L} is inversely proportional to the time step.

124 Proof is given in the appendix of (Giorla et al., 2014) and not repeated here
 125 for sake of brevity. The case of time-dependent material properties is addressed
 126 in section 2.6.

127 **2.3 Damage algorithm**

128 The system (3) is in principle non-linear. However, it is linear if d is set between
 129 $[t_S, t_F]$ for all elements, as in this case the material undergoes no increase of
 130 damage. A sequence of linear systems could then be constructed by incrementing d
 131 using a step by step procedure similar to that proposed by Rots and Invernizzi
 132 (2004) or Zhu and Yvonnet (2015), accounting for the time dimension. Dunant
 133 et al. (2011) proposed a renormalisation which made such algorithm work when
 134 multiple materials are considered at once. The key difficulty is finding the
 135 instants at which damage should be incremented.

136 The algorithm is based on the fact that damage in an element can not
 137 increase before that element has reached its failure criterion \mathcal{C} . Since the solid
 138 is at equilibrium at the beginning of the time step, there is an interval after
 139 t_S during which damage does not increase. The goal of the algorithm is to

140 find that interval and the next point of equilibrium. This is similar to the
141 work of Dunant and Bentz (2015) which searches iteratively for these points of
142 equilibrium. A proof of convergence of such algorithms is provided in the latter
143 paper for quasistatic problems.

144 The algorithm adjusts the time step such that damage events occurring where
145 \mathcal{C} is reached happen at the beginning of the step. As opposed to other time-
146 adjusting procedures, the current algorithm moves the *start* of the time step
147 instead of the end to ensure damage occurs only when the elements reach their
148 failure criteria, and not before. This is important as the algorithm ensures that
149 the elements are all in a possible state at all times, making computing their
150 viscous behavior correct.

151 The algorithm is described using the following steps. Figure 1 shows a
152 flowchart of the entire procedure.

153 **1. Initialization**

154 The iterations are initialized with $t_0 = t_S$ and $\mathbf{x}_{S,0} = \mathbf{x}_S$. Damage is assumed
155 constant during the time step and equal to its value at the beginning of the time
156 step: $d_0 = d_S$.

157 **2. Resolution**

158 t_i , $\mathbf{x}_{S,i}$ and d_i are known and such that all elements at t_i are strictly below
159 their failure surface ($\mathcal{C}(t_i) < 0$ in all elements), and a system similar to (3) has
160 been built. Resolution of that system gives the displacements at the end of the
161 time step $\mathbf{x}_{F,i}$.

162 **3. Failure criterion**

163 From $\mathbf{x}_{S,i}$, $\mathbf{x}_{F,i}$, d_i and the space-time shape functions, the failure criteria
164 for all elements can be calculated as a function of space and time. Notably, for
165 all elements the first instant at which their failure criterion is reached can be

166 obtained. This can be directly evaluated for simple criteria (constant strength
167 or limit strain), but may necessitate a bisection over time in the general case.

168 **4. Damage increment**

169 t_{i+1} is the first instant at which an element \mathcal{E} reaches its failure criterion.
170 Condition (2) ensures that $t_{i+1} > t_i$ by continuity. The damage in \mathcal{E} is then
171 increased at t_{i+1} by an fixed amount δd . This action must be repeated until \mathcal{E}
172 is strictly below than its failure surface at t_{i+1} . This defines d_{i+1} .

173 **5. Time step adjustment**

174 The irreversibility conditions (1) are satisfied over the interval $[t_i, t_{i+1}]$, so
175 the solution calculated at step 2. gives the actual solution of the problem on
176 that interval and does not need to be calculated again. Therefore, the next time
177 step is $[t_{i+1}, t_F]$. This can be achieved by moving all nodes located at t_i to t_{i+1} .

178 $\mathbf{x}_{S,i+1}$ is obtained as the values of the extended displacements at t_{i+1} from
179 $\mathbf{x}_{S,i}$, $\mathbf{x}_{F,i}$, and the space-time finite element shape functions. \mathbb{K} and is not
180 affected, and \mathbb{L} must be scaled according to that new time interval. Finally,
181 the elementary contributions of the damaged element \mathcal{E} to \mathbb{K} , \mathbb{L} and \mathbf{f} must be
182 re-evaluated. This yields a new assembled system with the same structure as
183 (3).

184 **6. Iteration**

185 Go back to 2. using the new t_{i+1} , $\mathbf{x}_{S,i+1}$ and d_{i+1} .

186 **7. Exit**

187 The algorithm has converged when no element reaches its failure surface
188 before t_F (step 3.). This always occurs after a finite number of iterations due
189 to the fixed damage increment δd .

190 **2.4 Non-locality**

191 The damage pattern obtained from a given stress-strain relationship depends
192 strongly on the mesh if the relationship has been defined from the local stress
193 and strain of the elements. This in turns means that given a domain and
194 boundary conditions, the energy dissipated by the initiation and propagation of
195 damage is not constant with the mesh. Problematically, this energy converges
196 to 0 as the mesh is refined as the elements damaged coalesce into a single band
197 of vanishing width. To palliate this defect, Pijaudier-Cabot and Bazant (1987)
198 proposed to transform the formulation of the stress-strain relationship from a
199 local to a non-local one.

200 To make the proposed algorithm non-local, the strains are smoothed using
201 a kernel of radius r_{nl} when calculating the failure criterion \mathcal{C} . The radius is
202 characteristic of the size of the fracture process zone, a consequence of the un-
203 derlying microstructure of the material. For example, the characteristic distance
204 for concrete models is frequently taken as 1 to 2 times the largest aggregate di-
205 ameter. This corresponds to the width of observed networks of microcracks
206 forming around a main crack when the concrete is failing in tension (Otsuka
207 and Date, 2000).

208 The variable to be smoothed can in principle be chosen freely. However, in
209 practice, it is preferable to smooth strains, as these are defined independently
210 of the material properties and can therefore be meaningfully scaled and added
211 (Jirásek, 1998). The internal strain fields associated with the dashpots are also
212 smoothed using the same kernel as they represent a certain fraction of the strain
213 history of the material. The stresses are then evaluated using the non-local
214 strains and the local mechanical properties.

215 The equilibrium problem solved is local, but the failure criterion is non-local.
216 This is physically explained by t Smoothing the failure criterion ensures that

217 damage forms over the prescribed radius. Figure 2 shows the damage pattern
218 obtained for a plate subject to uni-axial tension for different mesh sizes. The
219 material is a generalized Kelvin-Voigt chain with one module, with a linear-
220 softening strain-stress relation. The width of the damage band is independent
221 of the characteristic size of the elements in the mesh.

222 This procedure is numerically more efficient than solving the complete non-
223 local problem by introducing the smoothing couplings in the system of equa-
224 tions. Indeed, we find that only the criterion needs to be non-local using the
225 solving strategy described in this paper. Nonetheless, the problem is discretized
226 not only in space but also in time, and the sensitivity to this latter discretisation
227 should also be assessed.

228 **2.5 Time-step sensitivity**

229 The algorithm is adaptative in time and is not affected by the prescribed the
230 time (or load) step. This property is shown on a simple case with a single
231 square element on which a tensile displacement is applied at a constant rate.
232 The material is the same as the one used in the previous test case, with a
233 stress-strain curve presenting a linear softening branch. The time step is varied
234 between 0.001 and 0.5 in arbitrary units, with the larger time step chosen so
235 that the first step occurs beyond the peak. The resulting stress-strain curves
236 with the different time steps are shown in Figure 3. For all time steps, the
237 algorithm gives as a result the exact behavior of the element for the considered
238 strain. Furthermore, the damage algorithm (not shown in the graph) always
239 finds the exact peak of the material behavior and initiates damage at this time.
240 This illustrates the robustness of the algorithm to large time (or load) steps.

241 Of course, when the material has a time-dependent behavior, the time steps
242 must be chosen to be able to capture it.

243 **2.6 Time-dependent material properties**

244 The algorithm remains valid with little modifications when the material proper-
245 ties are function of time, due to (for example) ageing, irradiation or temperature
246 effects.

- 247 • \mathbb{K} only depends on the elastic properties at t_F as it is a representation of
248 the instantaneous response of the material.
- 249 • \mathbb{L} depends on the rate of the viscous properties. However, it can be di-
250 vided into two parts: the first is inversely proportional to the time step,
251 and independent of the rate of the viscous properties, while the second is
252 independent of the time step and depends only on the rate of the viscous
253 properties. The two parts can be stored independently in the memory
254 in the memory so that the adjustment of \mathbb{L} with the time step remains
255 simple.
- 256 • If the strength (or limit strains) of the material are time-dependent, the
257 algorithm can also be used as written. In this case, the failure crite-
258 rion becomes a more elaborate function of time but retains its continuity
259 properties. Therefore, the instant at which an element reaches its failure
260 criterion can still be obtained with an appropriate bisection, by evaluating
261 \mathcal{C} at different instants.

262 **2.7 Matrix conditioning**

263 Since \mathbb{L} is inversely proportional to the time step and \mathbb{K} is constant, the condi-
264 tioning number of the final assembled matrix $\mathbb{K}+\mathbb{L}$ increases when the time step
265 decreases. Therefore, resolution of (3) with a conjugate gradient solver becomes
266 increasingly difficult after each iteration of the damage algorithm (Gilbert and
267 Nocedal, 1992). However, when the time step ($f_F - t_i$) becomes much smaller

268 than the characteristic time of the viscoelastic processes, the problem may be
269 considered as "instantaneous" and rate effects neglected.

270 When this occurs, the viscoelastic variables \mathbf{a}_j can be fixed to their last
271 computed values, leaving only the displacements \mathbf{u} as unknown in (3). The con-
272 tribution of \mathbb{L} to the global system then vanishes, unless the material behavior
273 depends explicitly on the strain rate $\dot{\epsilon}$ (this would be the case, for example, of a
274 single Kelvin-Voigt unit). This approximation greatly improves the condition-
275 ing number of the global system matrix for very small time steps, and therefore
276 improves the resolution of (3).

277 In the present work, this threshold is taken equal to 1 second.

278 **3 Application to irradiated concrete**

279 The algorithm is applied to meso-scale simulations of concrete specimens subject
280 to irradiation-induced expansion and degradation. Concrete is represented at its
281 meso-level with aggregates embedded in a cement paste matrix. The simulations
282 are carried out in two dimensions using plane strain assumption to limit the
283 computational time. The model, previously validated in (Giorla et al., 2015b)
284 on irradiation experiments from the literature (Elleuch et al., 1972), is briefly
285 summarized here.

286 **3.1 Microstructure**

287
288 The aggregates are generated as random polygons following the work of
289 Beddow and Meloy (1980). The polar radius r of each vertex is calculated as
290 an harmonic function of the polar angle θ and the average radius of the particle
291 r_0 :

$$r = r_0 \left[1 + \sum_{j=1}^m e^{-p \log(j)-b} \cos(j\theta + \alpha_j) \right] \quad (4)$$

292 With p and b parameters describing the shape of the particles, and α_j random
 293 numbers uniformly taken between 0 and 2π . p and b are taken equal to 0.9
 294 and 1.9 respectively from the work of Wang et al. (1999), while the radii are
 295 generated using a Fuller and Thompson (1907) curve between 8 and 0.5 mm.
 296 The number of vertexes in each aggregate is randomly taken between 6 and
 297 10. Only the largest aggregates are represented; the cement paste mechanical
 298 properties are increased to account for the missing aggregate fraction.

299 The aggregates are randomly placed (from the largest to the smallest) in a
 300 10×10 cm sample with a minimum interdistance of 0.5 mm. The sample is
 301 then meshed with a conforming Delaunay triangulation so that the node density
 302 is relatively constant throughout the sample. The relative size of the sample
 303 and the aggregates were chosen so that the microstructure was representative
 304 of the material, and avoid the variability induced by the presence of unusually
 305 large aggregates as observed in a previous works (Giorla et al., 2015b).

306 The microstructure and a detail of the finite element mesh is shown in Fig-
 307 ure 4. The mesh is composed of 19,174 linear elements, for a computational
 308 time ranging between 24 and 48 hours.

309 **3.2 Constitutive behaviors**

310 In the following, $_p$ denotes properties of the cement paste, and $_a$ the aggregates.

311 **Cement paste**

312 Cement paste is simulated as a viscoelastic quasi-brittle damage material
 313 with thermal deformation. Creep is simulated with an aging logarithmic model
 314 assuming a separation of the short-term recoverable creep ϵ_r and the long-

315 term non-recoverable creep ϵ_c . The rheological model is thus composed by
316 an elastic spring in series with a Kelvin-Voigt unit (short-term creep) and a
317 time-dependent dashpot (long-term creep) as with the B3 model (Bažant and
318 Baweja, 2000) or the model more recently proposed by Hilaire et al. (2014).
319 This assembly is shown in Figure 5.

320 The corresponding set of constitutive differential equations is:

$$\sigma = (1 - d) \mathbb{C}_e : [\epsilon - \epsilon_r - \epsilon_c - \epsilon_{imp}] \quad (5)$$

$$\sigma = (1 - d) [\mathbb{C}_r : \epsilon_r + \mathbb{E}_r : \dot{\epsilon}_r] \quad (6)$$

$$\sigma = (1 - d) \left[1 + \frac{t}{\tau_c} \right] \mathbb{E}_c : \dot{\epsilon}_c \quad (7)$$

321 With \mathbb{C}_e the elastic stiffness tensor of the material, \mathbb{C}_r and \mathbb{E}_r the stiffness
322 and viscosity tensors of the Kelvin-Voigt module, \mathbb{E}_c the initial viscosity tensor of
323 the time-dependent dashpot, ϵ_{imp} the imposed deformation (shrinkage, thermal
324 strains, etc), and τ_c the characteristic time of the logarithmic creep. This system
325 can be made symmetric by subtracting the elastic equation (5) to each viscous
326 relation (6-7).

327 To limit the number of calibration parameters, the different creep properties
328 are assumed equal: $\tau_c \mathbb{C}_r = \mathbb{E}_r = \mathbb{E}_c$. Also, the Poisson ratio of all springs
329 and dashpots are constants and equal, following experimental observations on
330 biaxial long-term creep tests by Charpin et al. (2015).

331 The cement paste is assumed to fail only in tension. The failure criterion \mathcal{C}_p
332 is written so that the material exhibits a linear softening branch after the peak:

$$\mathcal{C}_p = \|\bar{\epsilon}\| - \frac{E_{soft}}{E_{soft} + E_{inst}} \epsilon_{y,t} \quad (8)$$

333 With $\|\bar{\epsilon}\|$ the maximum principal component of the averaged (non-local)

334 strains, E_{soft} the slope of the softening branch (a material parameter), E_{inst}
 335 the current instantaneous modulus, accounting for the damage and the evolution
 336 of the creep processes, and $\epsilon_{y,t}$ the strain at the end of the softening branch.
 337 In practice, E_{soft} is obtained from the tensile strain at the peak ϵ_t , the tensile
 338 strain at the end of the softening branch $\epsilon_{y,t}$, and the Young modulus of the
 339 material E.

340 **Aggregates**

341 The aggregates mechanical behavior is taken as a purely elastic and made
 342 of homogeneous phases undergoing the same RIVE. The strain ϵ_Φ imposed by
 343 the irradiation-induced swelling is given as a function of the neutron fluence Φ
 344 by Zubov and Ivanov (1966) equation:

$$\epsilon_\Phi = \frac{\kappa \epsilon_{max} (e^{\delta\Phi} - 1)}{\epsilon_{max} + \kappa e^{\delta\Phi}} \quad (9)$$

345 With ϵ_{max} the final deformation, and κ and δ two parameters controlling
 346 the shape of the sigmoid curve.

347 Cracking of aggregates is neglected as it is expected that the much less
 348 resistant cement paste will fail first. This hypothesis will be verified a posteriori
 349 by measuring the stresses in the aggregates.

350 **3.3 Material properties**

351 The mechanical properties, given in Table 1, are chosen to represent a proto-
 352 typical concrete used for the construction of nuclear power plants in the 70s. In
 353 order to provide a basis of comparison, the mechanical properties of the cement
 354 paste and the aggregates are calibrated so that the elastic and strength macro-
 355 scopic properties of the sample are similar to the one used by Le Pape (2016)
 356 for a structural analysis of a biological shield (Young's modulus $E = 34$ GPa,

357 compressive strength $f_c = 40$ MPa).

358 The creep properties are provided by the analysis of uniaxial creep exper-
 359 iments on pure cement paste samples by Le Roy (1995) (water/cement ratio
 360 0.5). The Poisson ratio is assumed to be constant in time. The creep properties
 361 are adjusted with the temperature using an Arrhenius-type law. The activation
 362 energy E_{act} is taken equal to 5000 K according the recommendations of Bažant
 363 and Baweja (2000).

364 Thermal deformations are accounted for using the thermal expansion co-
 365 efficients θ_p and θ_a from the radiation experiments of Elleuch et al. (1972).
 366 Shrinkage is neglected as the effect of irradiation is not well understood yet.

Table 1: Material properties for the cement paste and the aggregates. (1) back-
 calculated using the target Young’s modulus and compressive strength; (2) typ-
 ical value for concrete; (3) calibrated on the creep experiments of cement pastes
 with a water-cement ratio of 0.5 of Le Roy (1995); (4) arbitrary parameter; (5)
 from the experimental data of Elleuch et al. (1972).

Cement paste				
Elastic properties	E_p	20	[GPa]	(1)
	ν_p	0.2	[-]	(2)
Creep properties	η_c	40	[GPa.d]	(3)
	τ_c	2	[d]	(3)
	E_{act}	5000	[K]	(2)
Failure properties	ϵ_t	0.4	[mm/m]	(1)
	$\epsilon_{y,t}$	0.5	[mm/m]	(1)
	r_{nl}	0.5	[mm]	(1)
	δd	0.1	[-]	(4)
Thermal properties	θ_p	9	$[10^{-6} \text{ 1/K}]$	(5)
Aggregates				
Elastic properties	E_a	60	[GPa]	(2)
	ν_a	0.2	[-]	(2)
Thermal properties	θ_a	7.5	$[10^{-6} \text{ 1/K}]$	(5)

367 **3.4 Test conditions**

368 The model is tested in 8 different conditions in order to assess the relevance
369 of creep in the analysis of irradiation-induced damage. The conditions are the
370 combination of three different factors:

- 371 • With/Without creep. For the simulation without creep, the differential
372 equations (6-7) are ignored and ϵ_c and ϵ_r are both set to 0. Otherwise,
373 the same numerical procedure is adopted.
- 374 • Slow/Fast irradiation. The neutron fluence is taken as a linear function
375 of time up to 4×10^{19} n/cm². The fluxes are chosen to represent fast-flux
376 experiments in test reactors (duration of irradiation 47 days) of pressurized
377 water reactors operation (duration 80 years) respectively.
- 378 • Free/Restrained. In the later case, the vertical displacements of the bot-
379 tom and top edges of the sample are blocked, but the sample is still free
380 to deform in the horizontal direction. In both cases the middle point of
381 the bottom edge is fixed to avoid global displacement of the sample.

382 The temperature is supposed homogeneous throughout the sample and equal
383 to 65 °C which is the design operating conditions in commercial test reactors
384 (Field et al., 2015). Effect of irradiation on relative humidity is neglected due
385 to lack of supporting data.

386 **4 Results and Discussion**

387 The expansions and average damage in the cement paste were calculated at each
388 step of the simulations. The values of the expansions correspond to maximum
389 displacement variation between two opposite edges of the sample, as if they were
390 measured with an external extensometer or a micrometer. Damage is obtained

391 as the average of the damage scalar d over the elements representing the cement
392 paste. Note that in Fig. 6-9, the marks (circles) correspond to the actual
393 simulation results, while the curves are obtained using the `loess` smoothing
394 function from the R statistical software package (R Core Team, 2012).

395 Figure 6 shows the respective evolutions of concrete volume increase as a
396 function of the neutron fluence for all studied cases.

397 When unrestrained, the expansion is isotropic and its evolution with fluence
398 is identical for the four studied cases (underlying grey curve) This result was
399 expected as the RIVE imposes an elastic deformation to the aggregates which
400 does not depend on the neutron flux.

401 When restrained, the expansion can only develop laterally. The vertically-
402 restrained RIVE results in the creation of significant stresses, which, in turn,
403 cause the development of creep. Creep presents a significant effect on the evo-
404 lution of the volumetric expansion and internal damage. An important and
405 sudden deformation increase is observed corresponding to the formation and
406 opening of a compressive fracture through the sample. When creep is consid-
407 ered, the development of this fracture occurs at a higher fluence and in a more
408 progressive manner. Once this fracture opened, the remaining of the microstruc-
409 ture produces a micro-cracking pattern similar to that developed in unrestrained
410 conditions. During this later phase, the volume increases at a similar rate for
411 all cases, although the rates and amplitudes appear smaller when expansion is
412 restrained. Creep increases the expansion during this later stage by an amount
413 that seems to be higher for low-flux irradiation.

414 The damage as a function of the neutron fluence is plotted, respectively, in
415 Figure 7 for the unrestrained condition and Figure 8 for the restrained case. The
416 damage evolutions in the simulations neglecting creep are similar regardless of
417 the time scale of the irradiation, i.e., slow or fast flux, which demonstrates the

418 stability of the damage algorithm. At a given fluence level, creep contributes to
419 the reduction of average damage. It appears that creep causes a latency effect on
420 the initiation of damage. This latency effect, i.e., apparent shift in fluence, de-
421 creases with the neutron flux because lower flux permits the relaxation through
422 a viscoelastic process. This observation illustrates the competition between the
423 two mechanical energy dissipation playing a role in the stress relaxation: the
424 formation of cracks and the viscous relaxation. Notably, in the restrained case
425 accounting for creep effects, the initiation and propagation of damage is much
426 smoother, and vertical cracks can be observed in the sample.

427 Finally, Figure 9 shows the volume increase as a function of the damage for
428 the restrained case. The results of the simulations in the unrestrained case are
429 plotted in grey solid lines. When creep is considered, the material exhibits a
430 much larger expansion for the same degree of damage for a long-term irradiation
431 exposure. This also indicates that for the long-term scenario, damage in the
432 material would be much lower for the same level of expansion when calculated
433 with creep than what would be obtained with a purely elastic simulation. This
434 indicates a strong need for accounting for visco-elastic effects in the analysis of
435 the long-term durability of CBS.

436 **4.1 Creep of Irradiated Cement Paste and Concrete**

437 The current model assumes that the creep properties of the material remains
438 unaffected by irradiation. This is a rather simplistic approximation which is
439 dictated by the poor understanding of the effects of irradiation on shrinkage
440 and creep: (1) The mechanistic understanding of unirradiated creep is still
441 controversial despite decades of research, and, (2) Very limited data on shrinkage
442 and creep of irradiated cementitious materials are available in the literature
443 (Gray, 1971; McDowall, 1971).

444 Under gamma irradiation for 10 months at a dose of 0.114 kGy h^{-1} , Mc-
445 Dowall (1971) found that the creep rate of concrete (10 MPa) decreases while
446 the shrinkage rate is increased. The specimens were sealed in copper foils, al-
447 though venting radiolytic gas is permitted through a gas bubbler filled with
448 water. While moisture transport through vapor diffusion is not allowed, gas
449 transport could lead to a partial, though limited, 'drying' of the specimens.
450 Hence, it can be assumed, by lack of better data, that the effects on creep and
451 shrinkage rates are primarily attributed to gamma-ray exposure.

452 Gamma irradiation induced hydrogen production of absorbed water and
453 nano-confined water are respectively two and one order(s) of magnitude higher
454 than that of bulk water in controlled-nanopore (8-300 nm) boro-silicate glasses
455 (Rotureau et al., 2005; Le Caër et al., 2005). The microstructure of calcium-
456 silicate hydrates (C-S-H) suggests that similar radiolytic effects could be ob-
457 served in cement pastes potentially causing change primarily at the nanoscale.
458 A possible irradiation-induced drying mechanism of absorbed and nano-confined
459 water could result in the collapse of C-S-H as it is observed after drying under
460 sustained moderate temperature (Jennings et al., 2007; Maruyama et al., 2014).
461 Hence, such a mechanism could possibly cause the increase of the apparent
462 viscosity, and thus, the decrease of the creep rate under gamma irradiation.
463 Concurrently, radiolysis of absorbed water at the C-S-H surface can result in
464 releasing the disjoining pressure (Beltzung and Wittmann, 2005), and hence,
465 increasing the shrinkage rate.

466 Under concurrent neutron and gamma irradiation, shrinkage and, subse-
467 quently, creep (6.9 MPa) of Portland cement grout specimens were tested by
468 Gray (1971) at varied temperatures ranging from $20 \text{ }^\circ\text{C}$ to nearly $95 \text{ }^\circ\text{C}$. For
469 about 15 d, the creep specimens were subjected to irradiation in Herald test
470 reactor (UK). Fast neutron fluence is not specifically reported but can be es-

471 timated at $\approx 0.75 \times 10^{19}$ n.cm⁻² with a flux of $\approx 5 \times 10^{12}$ n.cm⁻²s⁻¹. The
472 deformation history reconstructed from Gray’s data is presented in Figure 10.
473 Creep kinetics at 60 to 95 °C (average ≈ 70 °C) under concurrent irradiation is
474 one order of magnitude higher than creep of specimens out-of-pile before or after
475 irradiation in a similar range of temperature. The relative humidity and loss of
476 mass of the specimens were not monitored. Neutron-induced radiolytic effects
477 on water are similar in nature to gamma ray effects (Kontani et al., 2010), and
478 thus, should lead to a decrease of the creep rate following the observation of Mc-
479 Dowall. This indicates the possibility of an additional mechanism, even though
480 experimental data support that neutron irradiation has a limited effect on the
481 macroscopic mechanical properties on cement paste (Gray, 1971; Elleuch et al.,
482 1972). The possible mechanisms of neutron-induced damage on the solid phase
483 of cement hydrates remain poorly understood and requires further investigation.

484 **4.2 On the Role of Temperature**

485 The effects of temperature were not specifically studied in this article but need
486 to be discussed as an additional source of discrepancy between test reactor
487 data obtained at 40 to 250 °C and the actual behavior of concrete in LWRs at
488 < 65 °C. In addition to the known effects of temperature (Naus, 2010), specific
489 interactions between temperature and irradiation exist: (1) Dehydration caused
490 by combined drying and radiolysis results in important shrinkage strains in the
491 cement paste (Elleuch et al., 1972). (2) Thermal expansion aggravate the RIVE
492 of aggregate leading to the development of cracks in the paste (Le Pape et al.,
493 2015). (3) Temperature increase allows the annealing of neutron-irradiation-
494 induced point defects. Hence, RIVE rate is higher at lower temperature (Bylov
495 et al., 1981). These effects are not accounted for in the present model and
496 require further research.

497 5 Conclusion

498 A numerical algorithm was presented in this paper to compute creep and contin-
499 uum damage with space-time finite elements. The algorithm adapts the length
500 of the time step to the rate of the damage process, thus allowing an accurate
501 characterization of the viscoelastic dissipation in the material. This decreases
502 greatly the sensitivity of the procedure to the time or loading step, even when
503 the material is directly loaded after its peak in the stress-strain curve. The
504 method is non-local by considering average strains during the evaluation of the
505 instant at which failure occurs.

506 The algorithm was applied to the study of radiation-induced expansion and
507 degradation. Concrete was simulated at the meso-scale with aggregates repre-
508 sented by polygonal inclusions embedded in a cementitious matrix. The expan-
509 sion was driven by the radiation-induced swelling of the aggregates, while the
510 damage propagated in the viscoelastic cement paste. Different scenarios were
511 evaluated to investigate the rate and restraint effects on the overall expansion
512 and damage. Imposing a restraint on the expansion causes an increase of the de-
513 formation in the lateral direction, and fracture formation was observed through
514 the sample during the early stages of the irradiation. However, accounting for
515 creep in the simulation reduces the damage onset and propagation for the same
516 level of expansion. The final volumetric expansion rate as a function of the
517 fluence seemed independent of the conditions and rate of irradiation. These
518 results are of practical interest for the interpretation of irradiation experiments
519 conducted in test reactor, i.e., fast flux and unrestrained expansion, in the per-
520 spective of analyzing the effects of neutron irradiation on the concrete biological
521 shield in actual light water reactors (LWRs) conditions. In other words, the ob-
522 tained results suggest that creep can play a favorable role in terms of LWRs
523 long-term operation by delaying the initiation of damage to a higher fluence

524 exposure.

525 Still, several questions remain open on the effects of radiation on creep,
526 including the role of gamma radiation, as well as the strong coupling with tem-
527 perature. Confirmatory experimental results complementing those obtained by
528 McDowall (1971) and Gray (1971) are required to better understand interac-
529 tions between creep and radiation-induced swelling and damage in concrete.
530 The proposed algorithm can serve as a numeric tool to carry out this analysis
531 at the concrete mesoscale and formulate a more complete material model. A
532 set of probabilistic simulations could then be performed with varying condi-
533 tions in order to express a numerical macroscopic model that could be used in
534 a structural analysis.

535 The algorithm itself has a generic and highly flexible formulation, which
536 makes it suitable for the analysis of several creep-degradation phenomena in
537 concrete. It was used in previous publications in the context of alkali-silica
538 reaction (Giorla et al., 2015a), radiation-induced volumetric expansion (Giorla
539 et al., 2015b), or snap-back analysis of visco-elastic materials (Dunant and Hi-
540 laire, 2015). It could be applied to analyze early-age cracking, loading rate
541 effects on concrete failure, or other long-term durability phenomena such as
542 delayed ettringite formation.

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555 7 Notations

556 The following symbols are used in this paper:

557 \mathbf{a}_j = internal viscous displacement of the dashpots of the material
 558 b = parameter controlling the shape of the aggregate particles (4)
 559 \mathbb{C} = fourth-order elastic stiffness tensor
 560 \mathcal{C} = failure criterion (8)
 561 d = scalar damage variable
 562 \mathbb{E} = fourth-order viscosity tensor
 563 E = elastic Young's modulus
 564 E_{act} = activation temperature of the Arrhenius law for creep
 565 \mathbf{f} = forces applied on the system
 566 \mathbb{K} = global assembled stiffness matrix (3)
 567 \mathbb{L} = global assembled viscosity matrix (3)
 568 p = parameter controlling the shape of the aggregate particles (4)
 569 r = radius of the aggregate particles (4)
 570 r_{nl} = radius of the non-local averaging
 571 t_F = time at the end of the time step
 572 t_S = time at the start of the time step
 573 \mathbf{u} = displacement field
 574 \mathbf{x} = global unknown of the problem (3)
 575 α_j = second-order internal viscous strain tensors, deriving from \mathbf{a}_j
 576 Δt = time step
 577 δ = scale parameter for the Zubov and Ivanov curve (9)
 578 ϵ = second-order strain tensor, deriving from \mathbf{u}

579 ϵ_{max} = amplitude of the RIVE (9)
580 ϵ_t = limit strain at the peak of the stress-strain curve (8)
581 $\epsilon_{y,t}$ = limit strain at the end of the softening curve (8)
582 η = uni-axial viscosity
583 θ = thermal expansion coefficient
584 κ = shape parameter for the Zubov and Ivanov curve (9)
585 ν = Poisson ratio
586 σ = second-order stress tensor
587 τ_c = characteristic time of the logarithmic creep
588 ϕ = neutron fluence (9)

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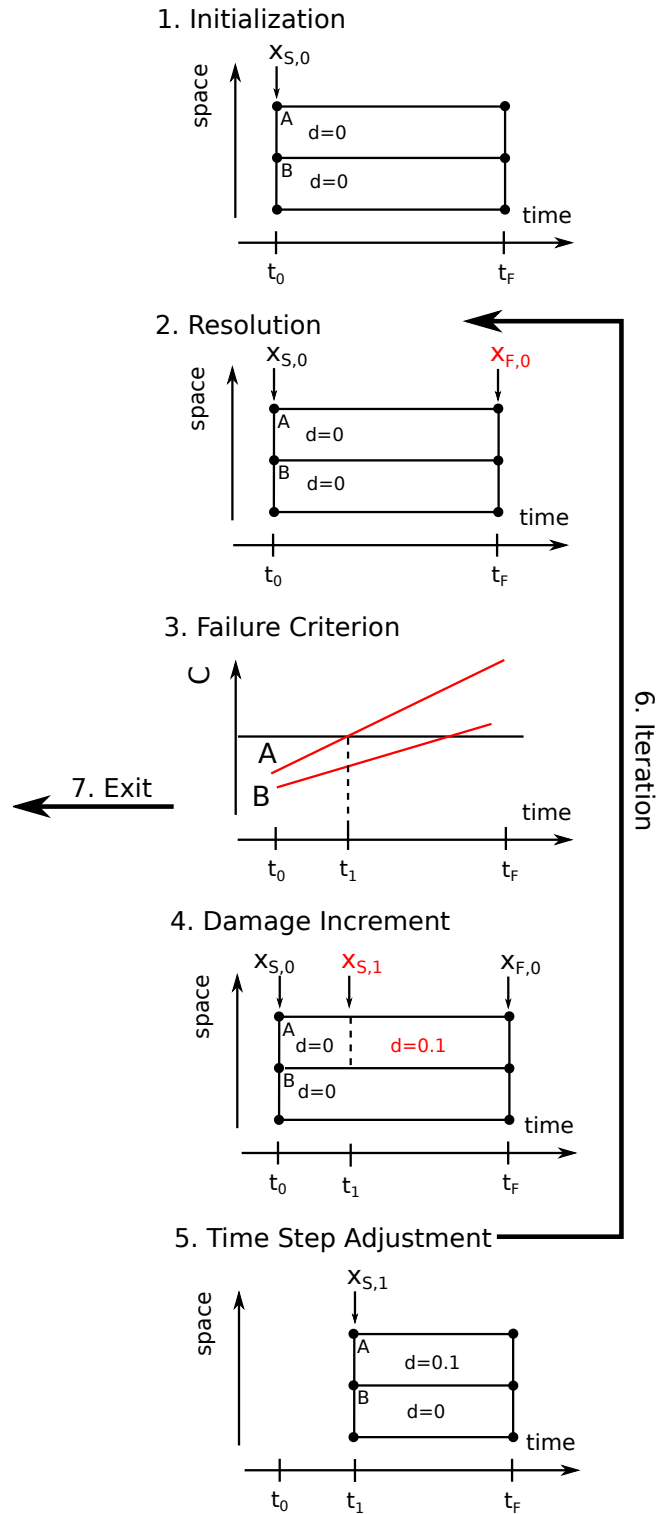


Figure 1: Flowchart of the algorithm with two space-time finite elements (with 1 space dimension). Red indicates values that have been calculated at the corresponding step of the algorithm. Arrows show at which instant corresponds each displacements \mathbf{x} .

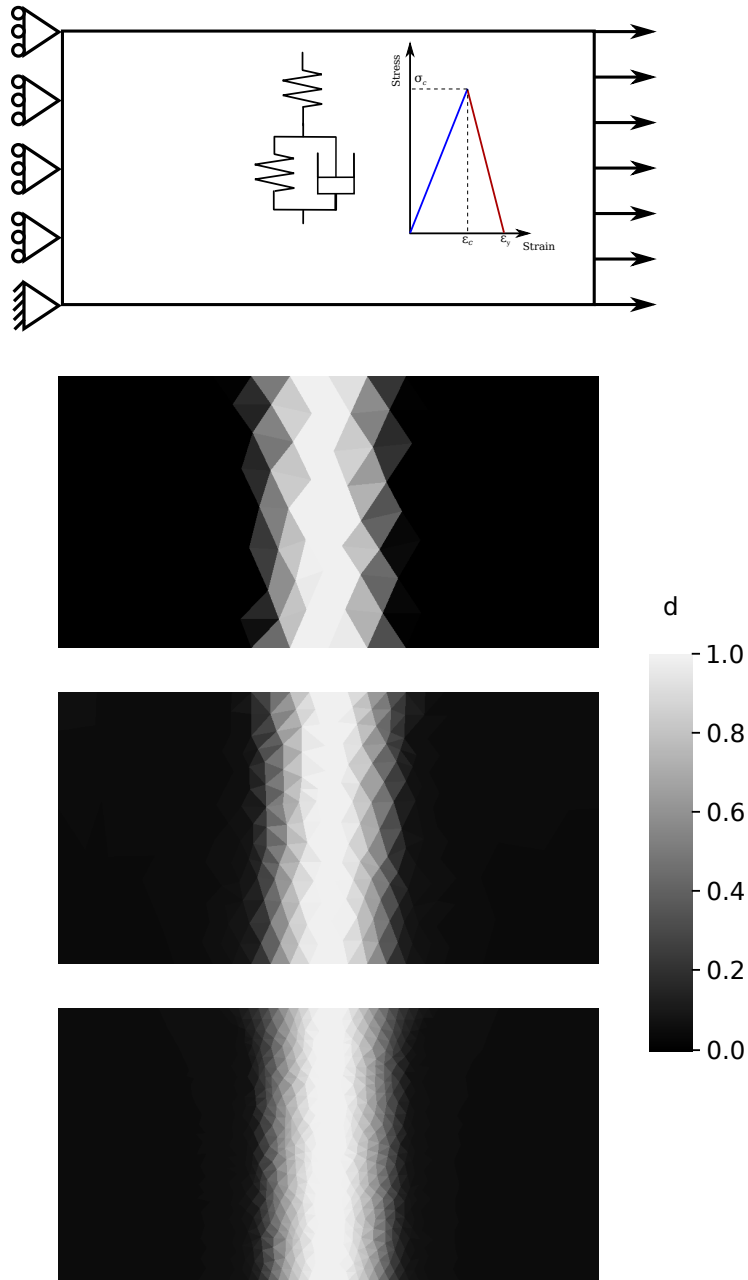


Figure 2: Damage pattern after failure obtained for a uniform plate subject to uni-axial tension with three different mesh sizes. Grey level indicates the value of the scalar damage variable (white = 1). The strength of one element in the center of the plate was reduced by 0.1 % to enforce the location of the damage band.

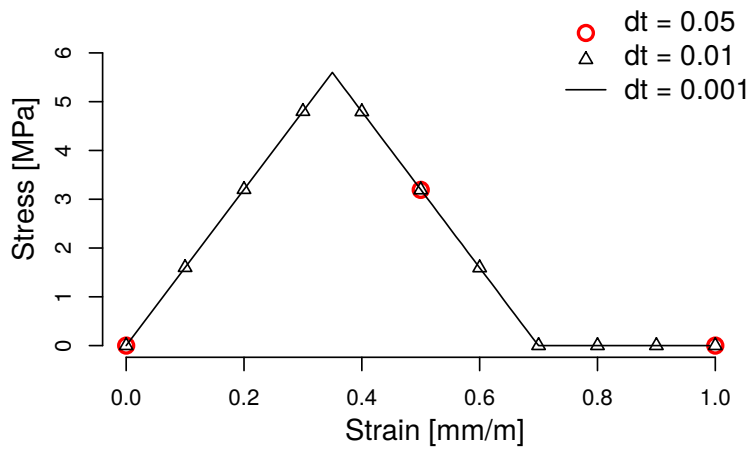


Figure 3: Stress-strain curves for a single element loaded in displacement (constant strain rate) with different time steps. The post-peak behavior is recovered by the algorithm even when the element is loaded beyond its peak.

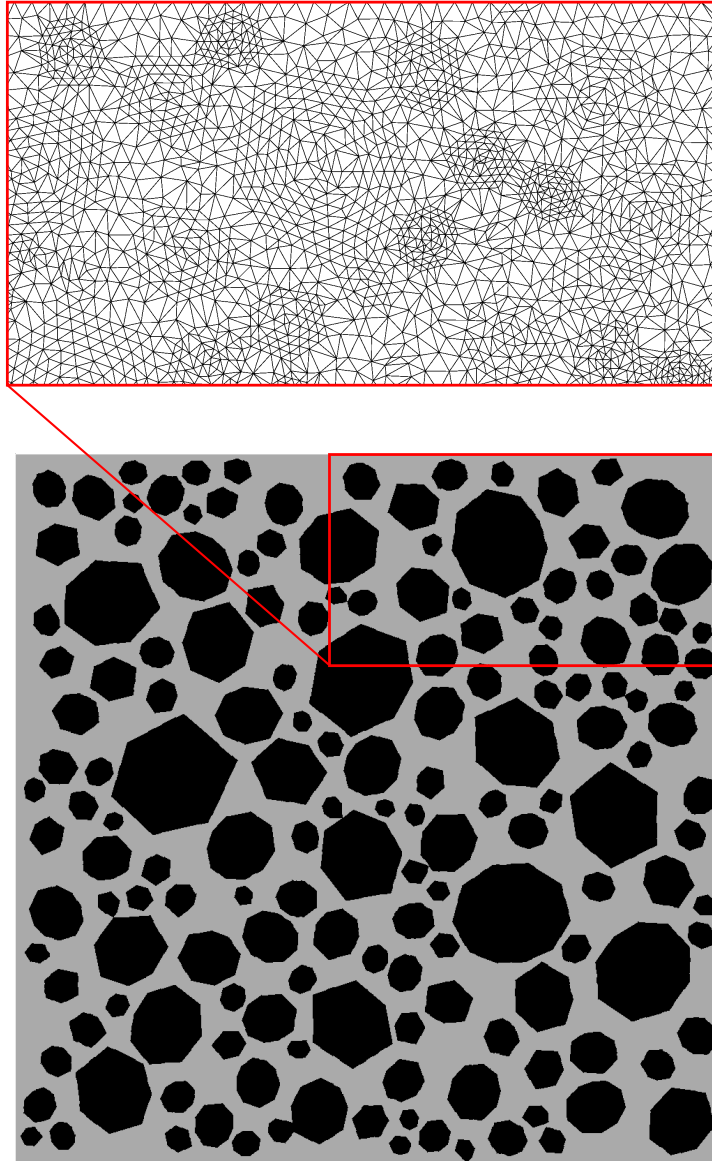


Figure 4: Microstructure and zoom-in on the details of the finite element mesh.

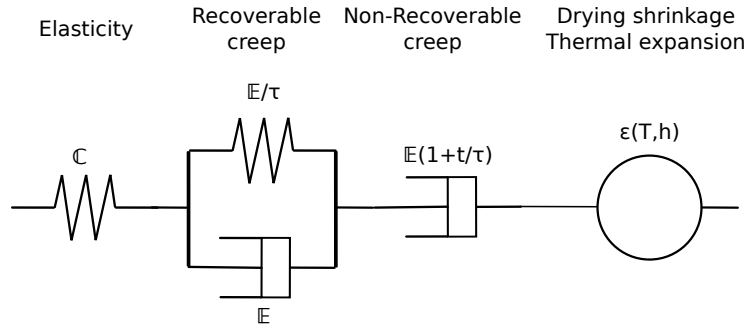


Figure 5: Spring-dashpot model for the cement paste.

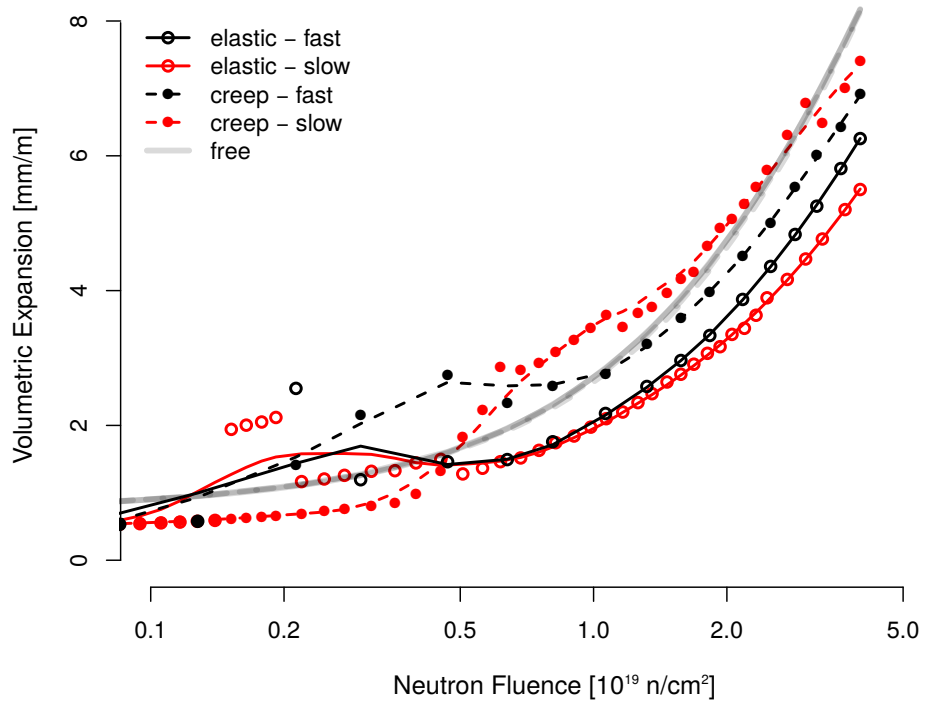


Figure 6: Volumetric expansion as a function of the neutron fluence for the restrained case.

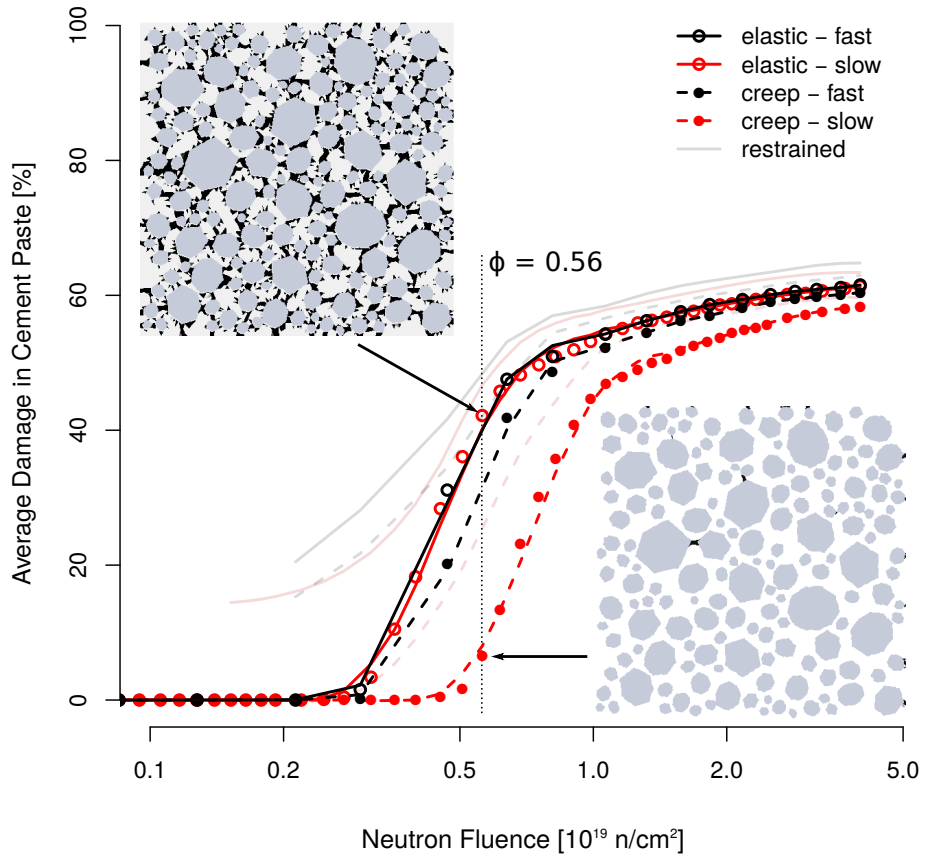


Figure 7: Damage in the cement paste as a function of the fluence for the free boundary condition. Trends for the restrained case are indicated in grey. The microstructures correspond to the free, long-term, elastic simulation (left) and free, long-term, visco-elastic simulation (right) for a neutron fluence of 0.56.

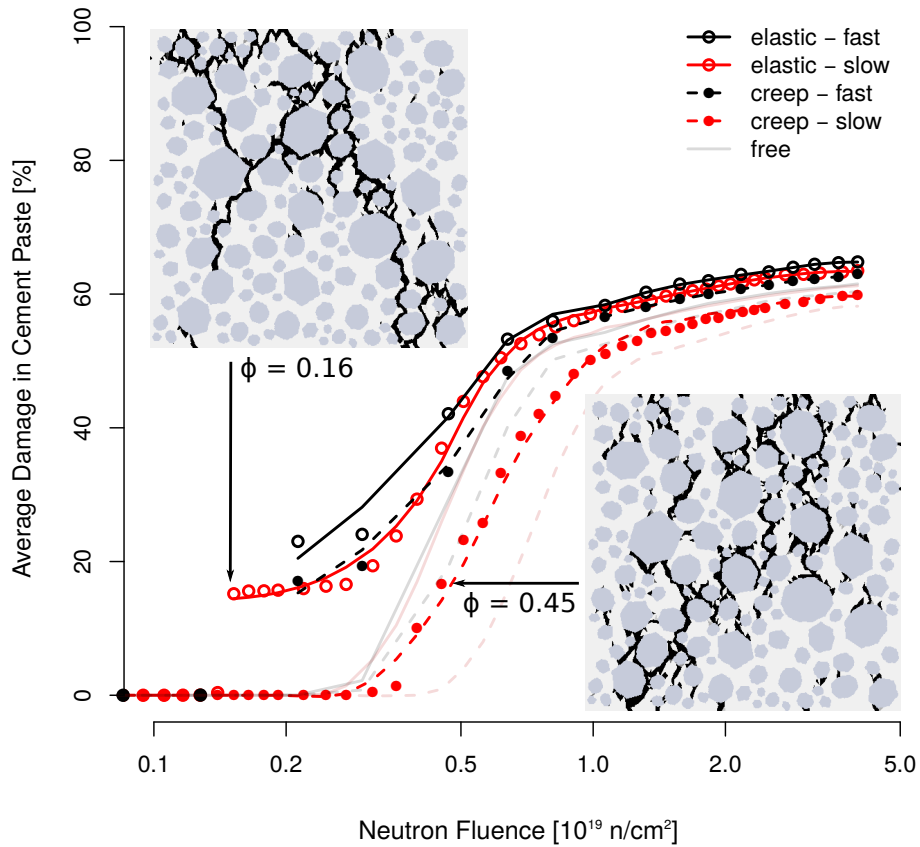


Figure 8: Damage in the cement paste as a function of the fluence for the restrained boundary condition. Trends for the free case are indicated in grey. The microstructures correspond to the restrained, long-term, elastic simulation (left) and restrained, long-term, visco-elastic simulation (right) for the fluence at which the macro-crack percolates.

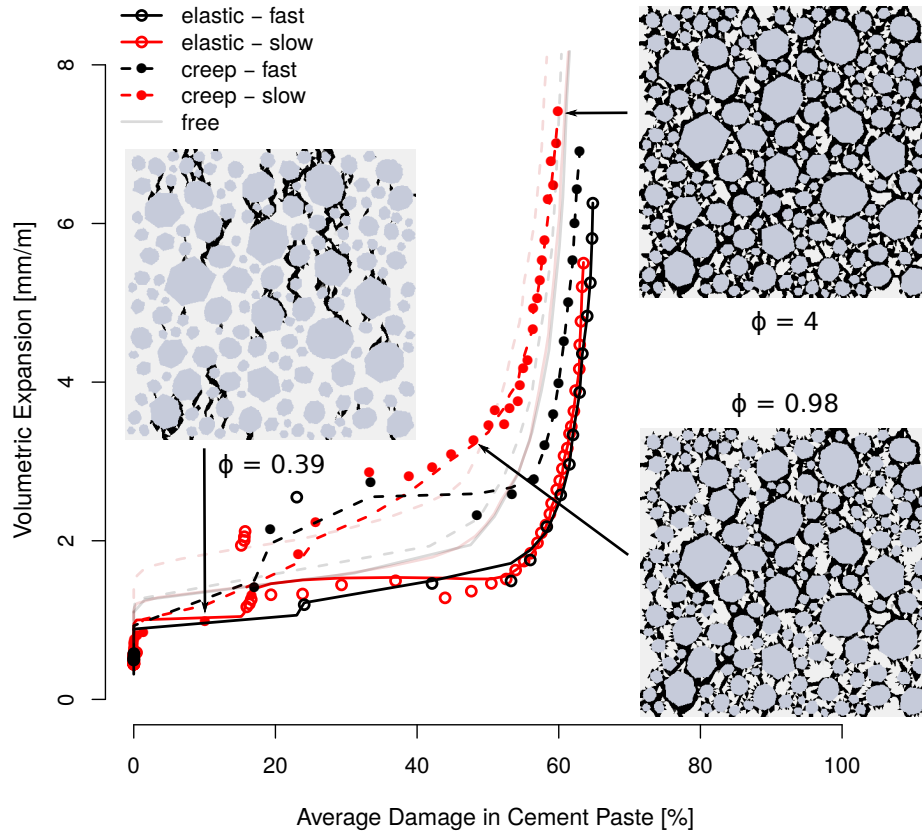


Figure 9: Volumetric expansion as a function of the damage for the restrained case. The microstructures correspond to the restrained, long-term, visco-elastic simulation at three stages of the damage process: initiation and propagation of a compressive macro-crack ($\phi = 0.39$), initiation of diffuse micro-cracks ($\phi = 0.98$) and further opening of the micro-cracks ($\phi = 4$).

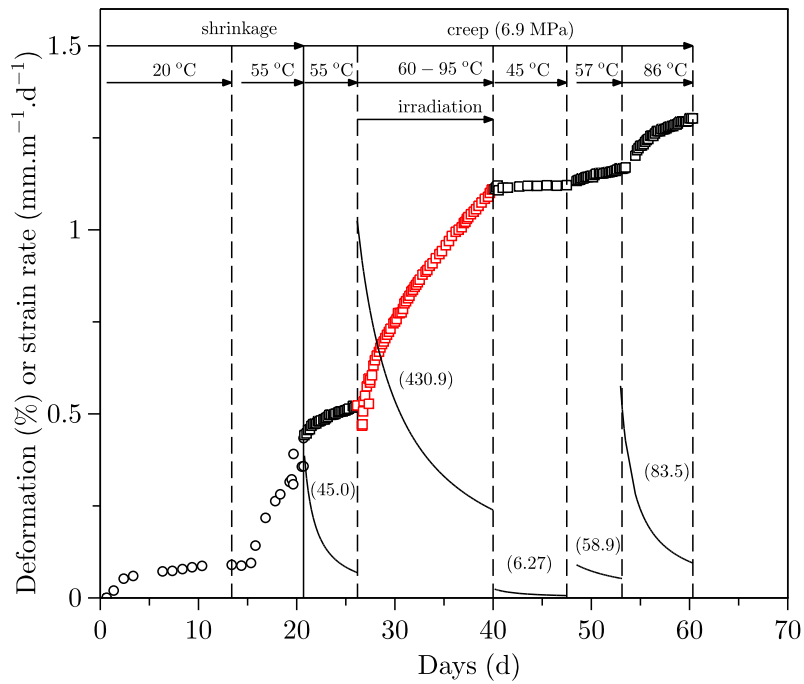


Figure 10: Measured shrinkage (\circ) and creep (\square) strain of Portland cement grout. (\square) correspond to creep under irradiation. Reconstructed from Gray's data. Numbers in brackets indicate the creep kinetics parameter, a , given in $\mu\text{m m}^{-1} \text{d}^{-1}$, assuming a logarithmic fit $\varepsilon = \varepsilon_0 + a \log(1 + t - t_0)$. Solids line: creep kinetics.