

1 **This gut ain't big enough for both of us. Or is it? Helminth-microbiota interactions in**  
2 **veterinary species**

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14 **Gastrointestinal helminth parasites share their habitat with a myriad of other**  
15 **organisms, i.e. the commensal microbial flora. Increasing evidence, particularly in**  
16 **humans and rodent models of helminth infection, points towards a multitude of**  
17 **interactions occurring between parasites and the gut microbiota, with a profound**  
18 **impact on both host immunity and metabolic potential. Despite this information, the**  
19 **exploration of the effects that parasite infections exert on the commensal gut microbes**  
20 **of veterinary species is a field of research in its infancy. In this article, we summarise**  
21 **studies that have contributed to current knowledge of helminth-microbiota interactions**  
22 **in species of veterinary interest, and identify possible avenues for future research in this**  
23 **area, which could include the exploitation of such relationships to improve parasite**  
24 **control and delay or prevent the development of anthelmintic resistance.**

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27 **Key words:** Gastrointestinal parasites, gut microbiota, alpha diversity, host-parasite  
28 interactions, livestock species, alternative intervention methods

46 **Gut micro- and macrobiota: cooperation or competition?**

47 The gastrointestinal (GI) tract of vertebrates is inhabited by a vast array of organisms, i.e. the  
48 **micro-** and **macrobiota** (see Glossary). The former is composed largely of commensal  
49 microorganisms, which play a vital role in host nutrition and maintenance of energy balance,  
50 in addition to supporting the development and function of the vertebrate immune system [1-  
51 3]. On the other hand, the macrobiota includes parasitic helminths, which are mostly  
52 considered detrimental to host health *via* a range of pathogenic effects that depend on parasite  
53 size, location in the GI tract, burden of infection, metabolic activity and interactions with the  
54 host immune system [4]. Sharing the same environment within the vertebrate host, it is  
55 plausible that the GI microbiota and parasitic helminths interact with each other, and the  
56 results of such interactions may impact, directly or indirectly, on host health and homeostasis  
57 [5-7]. For instance, helminths and microbiota compete for host nutrients while, in parallel, the  
58 known immune-modulatory properties of a range of parasites may translate into  
59 modifications of mucosal and systemic immunity to the resident bacteria [8]. The complex  
60 relationships occurring between helminths and microbiota have long been neglected;  
61 however, recent studies pointing towards a role of these interactions in the overall  
62 pathophysiology of helminth disease [5-7, 9-28] are drawing attention to this little-known  
63 area of research. Nevertheless, current knowledge of helminth-microbiota interplay relies  
64 heavily on studies of helminth-infected humans or rodent models [5, 7, 11-15, 18-22, 25, 26],  
65 while the impact that parasites exert on the commensal flora of species of veterinary interest  
66 is still poorly understood. Given the production losses and the considerable morbidity and  
67 mortality associated to a range of helminth diseases in livestock [29-33], as well as the global  
68 threat of emerging anthelmintic resistance [34-36], the exploration of the complexities of  
69 host-helminth-microbiota interactions in species of veterinary interest is timely and relevant.  
70 The implications of this newly acquired knowledge will be multiple, from a better  
71 understanding of the systems biology of parasites, to the collection of information that could  
72 form a solid basis for the development of novel intervention strategies against GI helminths.  
73 In this article we provide an overview of current knowledge of helminth-microbiota  
74 interactions in species of veterinary interest, suggest potential applications of this knowledge  
75 in veterinary clinical medicine, and outline avenues of future research that, in our view, will  
76 be pivotal to translate research findings into practice. Given that mice are, in principle, a  
77 veterinary species and that mouse models of infection are often used in veterinary research  
78 [37-39], data available for these hosts will be considered here alongside that from other  
79 animal species.

80

81 **A matter of (animal and helminth) species**

82 Current studies of helminth-microbiota interactions in veterinary species involve a range of  
83 animals and parasites, and are characterised by a vast heterogeneity in experimental designs  
84 and techniques which, taken together, lead to a variety of findings (Table 1). In spite of these  
85 variations, a small number of specific changes in the composition of the host gut microbiota  
86 have been consistently observed in helminth-infected animals, irrespective of (host and  
87 parasite) species. Such changes are therefore likely to represent genuine helminth-associated  
88 alterations to the resident commensal flora. For instance, populations of *Lactobacillaceae*,  
89 gram positive bacteria of the phylum Firmicutes with an important role in carbohydrate  
90 metabolism [40], are frequently expanded in the presence of helminths in the GI tract of  
91 animals, including mice infected with the roundworm *Heligmosomoides polygyrus* [5, 6, 12,  
92 14], the whipworm *Trichuris muris* [15] and the hookworm *Nippostrongylus braziliensis*  
93 [13]. Interestingly, *Lactobacillaceae* were also increased in the biliary ducts of hamsters  
94 infected by the trematode *Opisthorchis viverrini* [26], and in the faecal microbiota of cats  
95 with patent infections by the roundworm *Toxocara cati* [17]. *Lactobacillaceae* are known to  
96 exert immune-modulatory functions in the host gut, primarily by promoting an expansion of  
97 T regulatory cells, which underpins their use as a probiotic supplement for GI inflammatory  
98 diseases [41]. In particular, in a recent key study, Reynolds and co-workers [5] not only  
99 demonstrated that experimental infections of mice with *H. polygyrus* were accompanied by a  
100 marked expansion in populations of *Lactobacillaceae*, but also that increased worm burdens  
101 could be observed following administration of *Lactobacillus* species to mice prior to  
102 experimental parasite infection [5]. This finding led the authors to hypothesise the occurrence  
103 of a form of mutualism between *Lactobacillaceae* and selected GI helminths, whereby each  
104 promotes the activation of T regulatory mechanisms, thus reducing the effect of the host  
105 immune response on the counterpart. Unlike for the *Lactobacillaceae*, knowledge of the  
106 impact of GI helminth infections on populations of other microbes is inconsistent, being  
107 largely dependent on species of hosts and parasites under consideration. For instance,  
108 *Enterobacteriaceae* are increased in *H. polygyrus*-infected mice [5, 14]. As these bacteria are  
109 able to tolerate oxidative stress [42, 43], their expansion is linked to the onset of intestinal  
110 inflammation following parasite infection. In addition, a marked increase in bacteria of the  
111 genus *Mucispirillum* (family *Deferribacteraceae*) has been associated to infections by *T.*  
112 *muris* and *T. suis* in mice and pigs, respectively, likely as a consequence of the increased  
113 production of host mucin in response to helminth colonisation [11, 15, 24]. Conversely, the

114 microbiota of *T. muris* infected-mice displays a marked reduction in abundance of genera of  
115 the phylum Bacteroidetes, e.g. *Prevotella* and *Parabacteroides* [11, 15], which results in an  
116 overall decrease in microbial species **richness** and diversity (i.e. **alpha diversity**) in the GI  
117 tract.

118

### 119 **The impact of helminth infections on microbial richness and diversity**

120 Alpha diversity is defined as the mean species diversity within a population of microbes, and  
121 it is dependent on both **microbial richness** (i.e. the number of species making up a microbial  
122 population) and **evenness** (i.e. the relative abundance of each microbial species in a  
123 population) [44]. While an increased alpha diversity in the GI microbiota is generally  
124 associated with a ‘healthy’ gut homeostasis, many inflammatory GI and/or systemic diseases  
125 are accompanied by a reduced alpha diversity [45-47]. Consistent with this knowledge, a few  
126 studies have reported a marked decrease in alpha diversity in correspondence of the acute  
127 phase of infection by parasitic helminths. Examples include rabbits infected by the nematode  
128 *Trichostrongylus retortaeformis* [7] and mice infected by *T. muris* [11, 15]. In contrast, in  
129 humans and primates, natural or experimental infections by GI helminths (e.g. *T. trichiura*  
130 and *Necator americanus*) were accompanied by a general increase in microbial alpha  
131 diversity [18-20, 27]. However, in most studies conducted to date in a range of animal-  
132 helminth systems, the alpha diversity of the gut microbiota remained unchanged following  
133 parasite infection [6, 13, 16, 17, 23, 25, 28]. Whilst obvious differences in animal and  
134 parasite species, as well as in experimental set-ups, might account for these contrasting  
135 observations, it is plausible that the acute onset of inflammation that follows parasite invasion  
136 of the GI tract is accompanied by an initial decrease in microbial alpha diversity, and that this  
137 is restored (or increased) in concomitance with the establishment of chronic infections. Thus,  
138 the time of sampling, and hence the stage of parasite infection, is an important variable that  
139 may significantly impact on the findings of such studies. Nonetheless, determining the impact  
140 that helminths exert on the alpha diversity of the gut microbiota of species of veterinary  
141 interest, and particularly on that of livestock, is of paramount importance, as the gut  
142 metabolism of these species (and consequently their productivity) is greatly dependent on the  
143 maintenance of a ‘healthy’ commensal flora.

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### 145 **Helminth-associated alterations in host metabolism**

146 Several studies have examined the functional effects of helminth infection on host  
147 metabolism [6, 7, 10, 11, 16, 23, 24], either directly by evaluating differences in levels of

148 faecal metabolites in infected *vs* non-infected hosts [11, 24], or indirectly by inferring  
149 helminth-associated changes in host metabolism based on expansion or reduction of selected  
150 bacterial populations in response to parasite infection [48]. Of note, bacterial taxa and/or  
151 metabolic markers associated with fibrolytic potential and carbohydrate and protein transport  
152 and metabolism have been shown to be altered in response to parasite infection [6, 10, 11, 16,  
153 24]. In particular, studies in both *T. suis*-infected pigs and *T. muris*-infected mice have  
154 inferred a down-regulation in these metabolic pathways in the colon [10, 11, 24]. In mice  
155 infected by *T. muris*, suggested changes were linked to a reduction in *Prevotella* and  
156 *Parabacteroides* (phylum Bacteroidetes), which are known to play an important role in  
157 degradation of proteins and carbohydrates [49]. In contrast, increases in carbohydrate, protein  
158 and lipid metabolism have been speculated to occur as a consequence *H. polygyrus* and  
159 *Haemonchus contortus* infections in mice colons and goat abomasa, respectively [6, 16]; in  
160 particular, in the latter study, such increases were concurrent with an expansion in *Prevotella*  
161 species [16]. The authors of this study hypothesized that, given that infections by *H.*  
162 *contortus* are generally associated with overall protein loss, changes in abomasal microbiota  
163 in response to *Haemonchus*-driven pathology could reflect an attempt of the vertebrate host  
164 to functionally compensate for protein deficiency [16]. Whether changes in microbiota  
165 composition and metabolism are caused by direct interactions of the microbial flora with  
166 helminth parasites or, indirectly, by changes in mucosal immunity as a response to parasite  
167 infection, remains to be determined. Establishing causal relationships between helminths and  
168 gut microbiota is nonetheless pivotal, as this knowledge will form the necessary basis for the  
169 development of novel parasite control strategies based on the manipulation of the host  
170 commensal flora.

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### 173 **Which came first, the chicken or the egg?**

174 Three main hypotheses have been formulated on the causality of relationships between  
175 parasitic helminths and the resident commensal flora. In particular, helminth-associated  
176 changes in gut microbiota could be (i) secondary to the host immune response to infection [5,  
177 7, 13, 15], (ii) driven by the vertebrate host in a bid to create a hostile environment for the  
178 parasite [50, 51] and (iii) the result of direct interactions with parasite excretory/secretory  
179 (ES) products [14, 52] (Figure 1). The first hypothesis is supported by the findings of several  
180 studies which correlate up-regulation of cytokines following parasite invasion with changes  
181 in microbial composition [5, 7, 14, 15]. For instance, Cattadori and co-workers [7]

182 demonstrated that up-regulation of interferon (IFN)  $\gamma$  following infection of rabbits with *T.*  
183 *retortaeformis* was associated with the expansion of *Pasteurellaceae*, *Clostridiaceae*,  
184 *Ruminococcaceae*, *Peptostreptococcaceae* and *Flammenovirgaceae*, and that that the  
185 *Enterobacteriaceae* were reduced in correspondence with up-regulation of Th2 cytokines [7].  
186 Further support for this hypothesis was provided by a study by Fricke and colleagues [13],  
187 who demonstrated that the effects of *N. braziliensis* infection on the composition of the  
188 murine gut microbiota, host antimicrobial proteins (AMP) and IL-17 expression, were  
189 attenuated in STAT6 *-/-* and IL-13 *-/-* knockout mice, thus presenting evidence of a role of  
190 Th2 responses in parasite-associated modifications in the commensal flora [13]. However,  
191 contrary to these findings, a study examining the effect of *H. polygyrus* on the composition of  
192 the gut microbiota of laboratory mice recorded no differences in parasite-associated microbial  
193 changes between IL4- $\alpha$  *-/-* knockout and wild type mice, thus indicating that, at least in this  
194 instance, Th2 responses were not responsible for the observed modifications [14]. On the  
195 other hand, evidence for an active role of the host in inducing changes in the gut microbiota  
196 following helminth infection has been provided by observations that successful host  
197 responses to helminth infection are linked to increased production of AMPs, such as  
198 lysozymes in cattle [51] and angiogenin 4 in mice [50], albeit it was suggested that these  
199 responses may represent a downstream effect of Th2-mediated immunity [13]. Finally,  
200 although there is no direct evidence of a direct interaction between parasite ES and gut  
201 microbiota, the ES products of *H. polygyrus* are known to contain lysozymes, which could  
202 plausibly have a direct effect on GI microbiota [52]. From this set of observations, it is  
203 evident that the causal relationships between infections by parasitic helminths and changes in  
204 the composition of the commensal flora remain to be thoroughly investigated. While each of  
205 the theories described above is unequivocally valid, the reality may be represented more  
206 accurately by a complex community ecology scenario, whereby all of the factors described  
207 above are inextricably linked. In the immediate future, dissecting these relationships will be  
208 crucial, as knowledge of this area will enable host-parasite systems to be manipulated for  
209 clinical benefit.

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## 212 **Potential avenues in veterinary research**

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214 Knowledge of helminth-microbiota interactions in veterinary species is advancing, and while  
215 further work is required to improve our basic understanding in this field, the potential  
216 possibilities to manipulate such interactions to the benefit of the vertebrate hosts are already

217 evident. For instance, *ad hoc* modifications of the host microbiota could be exploited to either  
218 strengthen the host immune response against the parasite, artificially create a hostile  
219 environment for the latter or minimise the negative effects of parasitism on host metabolism.  
220 Indeed, the administration of a **probiotic** supplement [53] containing selected species of  
221 *Lactobacillaceae* such as *L. taiwanensis*, and *L. casei*, is known to promote the establishment  
222 of *H. polygyrus* in mice, *via* a reduction in Th2 cytokines such as IL-4 and IL-13 and an  
223 increase in T regulatory CD4+ cells (see above) [5, 54]. This raises the question of whether  
224 other microbial species might promote host immunity against parasite infection. Indeed, in  
225 protozoal infections, e.g. by *Giardia intestinalis* and *Eimeria acervulina*, the administration  
226 of probiotic bacteria (including members of the genera *Lactobacillus*, *Bifidobacterium*,  
227 *Enterococcus*, *Pediococcus* and *Bacillus*) have been shown to promote host immune  
228 responses [55-60] that, in the case of *Eimeria*, were driven by an expansion of mucosal  
229 intraepithelial lymphocyte populations and a concomitant increase in the serum levels of  
230 specific antibodies [57]. In addition, previous studies have recorded a marked reduction in the  
231 intestinal stages of *Trichinella spiralis* in experimentally infected mice following  
232 intraperitoneal or oral administration of *L. casei* [61-65]; in one instance, these observations  
233 were accompanied by an increase in IL-4 and reduction in IFN $\gamma$  [64], thus suggesting that the  
234 administration of probiotics had promoted an effective Th2 response. Similarly,  
235 administration of the probiotic *Bifidobacterium animalis* to mice prior to experimental  
236 infections with *Strongyloides venezuelensis* has resulted in a significant reduction of worm  
237 burdens [66]. This finding corroborated previous observations that expansions of  
238 *Bifidobacterium* in humans and pigs are associated with lower burdens of helminth parasites  
239 [20, 67]. Future studies should further explore the potential use of *Bifidobacterium* and other  
240 probiotics to improve host response to helminth infections in veterinary species (Figure 2).  
241 Unlike probiotics, **prebiotics** are dietary supplements composed of non-digestible plant  
242 fibres, which promote the growth of resident gut microbes [68]. Prebiotics have been shown  
243 to have profound effects on the outcome of helminth infections. A primary example comes  
244 from the dietary supplementation of inulin in pigs [69-71, 72]. Inulin is a glycosidic fructan,  
245 that is resistant to digestion in the small intestine of monogastric species, thus acting as a  
246 bacterial substrate in the large intestine, particularly for Lactobacillales [73].  
247 Supplementation of 16% dietary inulin results in 87% and 71% reductions in burdens of  
248 *Oesophagostomum dentatum* and *T. suis*, respectively, in infected swine [69-71, 72]. High  
249 levels of the products of **bacterial metabolism** of inulin, i.e. lactic acid and short chain fatty  
250 acids, are thought to be responsible for this effect, as they lead to a reduction of the luminal

251 pH in the caecum and colon which, in turn, results in death and expulsion of adult worms  
252 [70] (Figure 2). However, thus far, no knowledge is available on the effect of inulin  
253 administration on the composition of the gut microbiota, which would greatly assist the  
254 identification of the bacterial populations implicated in the anthelmintic properties of inulin.  
255 In another study in pigs, diet supplementation with the natural forage chicory, that contains  
256 high levels of fructan, resulted in a 64% reduction in *Ascaris suum* burdens, which was  
257 associated with expanded populations of *Lachnospiraceae* and *Bifidobacterium* and reduced  
258 *Enterobacter* [67]. Interestingly, the same study reported increased *T. suis* burdens following  
259 the supplementation, which contrasts previous observations of the effects of inulin  
260 administration in this animal species [71, 72]. These discrepancies may be linked to  
261 differences in relative doses of the supplements, or to inherent differences between changes  
262 in the composition of gut microbiota associated to the administration of inulin and chicory,  
263 respectively. This contrasting information further emphasises the need for a concurrent  
264 evaluation of the effects of supplement administration to the composition of the commensal  
265 flora which, in our opinion, is a necessary step towards the evaluation of the promise of  
266 dietary interventions as a parasite control strategy alternative to the use of anthelmintics in  
267 veterinary species.

268 In addition to administering dietary supplements with anthelmintic properties, it is also  
269 plausible that dietary alterations *per se* could be exploited to improve host resilience and/or  
270 resistance to infection (Figure 2). Indeed, previous studies have indicated that helminth-  
271 associated alterations in GI microbiota in mice, pigs and rabbits may be linked to changes in  
272 the ability of the commensal flora to metabolise proteins, carbohydrates and lipids which, in  
273 turn, could result in production losses [6, 10, 11, 16, 24]. Interestingly, preventing the natural  
274 behaviour of coprophagy in rabbits infected with *T. retortaeformis* resulted in the restoration  
275 of prior helminth-associated perturbations in GI microbiota [7], thus indicating that some of  
276 the effects of parasitism on the host microbiota and metabolism could potentially be  
277 mitigated by **diet manipulation**. This data indicates that further, more comprehensive,  
278 investigations are needed in order to evaluate the real impact of helminth infections on the  
279 metabolic functions of the microbiota, and thus to develop strategies to minimise such effects  
280 and prevent helminth-associated production losses. Given the global threat of anthelmintic  
281 resistance worldwide, strategic manipulation of diet, in combination with good management  
282 practices, could represent the future of parasite control in production animals in a post-  
283 anthelmintics era.

284



285 **Final considerations and future directions**

286 The exploration of the mechanisms that govern the interactions between parasitic helminths  
287 and the gut microbiota in veterinary species has a number of implications for translational  
288 research in this field. Overall, thus far, research in this area is characterised mostly by  
289 inconsistent findings, with a few exceptions. The reasons for this are three-fold; firstly,  
290 observed changes in gut microbiota are likely to be unique to each host-helminth system, thus  
291 making comparisons between findings unwarranted. Secondly, the current literature is  
292 characterised by a heterogeneity of experimental designs, which span, beside host and  
293 helminth species, time and location of sampling and techniques used to characterise changes  
294 in the microbiota (Table 1 and Box 1). Indeed, all these variables are likely to have a  
295 profound impact on the changes observed and the repeatability of the experiments [6, 15]. In  
296 addition, the lack of appropriate negative control samples in a large number of studies  
297 published to date is likely to have led to misinterpretations of findings. Thirdly, subtle  
298 differences in the baseline composition of the microbiota and individual immune responses to  
299 helminth infections may heavily influence the outcomes of experiments, even in instances  
300 where the host-helminth system, sample location and time point, and analytical techniques  
301 are identical [12]. This knowledge highlights the need for repeatability before conclusions are  
302 drawn. Indeed, it is only through repeated observations of specific sets of findings that  
303 common ‘truths’ begin to emerge. In addition, where possible, a ‘standardisation’ of study  
304 designs will be crucial to minimise biases and, in our opinion, should involve sampling both  
305 the luminal and mucosally associated microbiota throughout the gut, and at several time-  
306 points corresponding to acute and chronic helminth infection. Importantly, in the future,  
307 investigations of the intimate mechanisms that govern the interplay between parasites and GI  
308 flora should include, besides the commensal bacteria, viruses and eukaryotes inhabiting the  
309 gut. Studies of helminth-microbiota interactions under natural conditions of (co)infections  
310 will also assist in translating laboratory findings to ‘real life’ clinical scenarios. Indeed, whilst  
311 knowledge to date suggests that the manipulation of the gut microbiota has the potential to  
312 make both war and peace with helminth infections in veterinary species, more studies are  
313 needed in order to make the most of this potentially powerful tool (see Outstanding  
314 Questions).

315

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501 **Glossary**

502

503 **Alpha diversity:** In ecology, the mean species diversity at the local, within-site or  
504 within-habitat scale. It is dependent on both the number of species making up a  
505 population (richness) and the relative abundance of each species in a population  
506 (evenness).

507

508 **Diet manipulation:** A targeted feeding approach that is aimed at inducing a specific  
509 physiological effect.

510

511 **Macrobiota:** The macroscopic flora and fauna of a region.

512

513 **Microbiota:** The microscopic flora and fauna of a region.

514

515 **Microbial evenness:** Microbial species similarity in abundance within an  
516 environment or population.

517

518 **Microbial metabolism:** The chemical processes that occur within a microbe in order  
519 to maintain life.

520

521 **Microbial richness:** Number of microbial species present in a given sample.

522

523 **Prebiotic:** Dietary supplements that allow specific changes in the composition and/or  
524 activity in the gastrointestinal microflora.

525

526 **Probiotic:** Live micro-organisms which, when administered in adequate amounts,  
527 confer a health benefit to the host.

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536 **Box 1: Techniques for profiling of microbial populations**

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538 A range of techniques are available for microbial population profiling, each with *pros*  
539 and *cons* relating to data generation and analysis, and costs (Figure I). Amongst  
540 ‘traditional’ methods, culturing allows the identification and analysis of specific,  
541 ‘target’ bacteria; however a large number of microbial species inhabiting the  
542 vertebrate gut (>30%) are currently uncultivable [74]. Fluorescence in situ  
543 hybridization (FISH) uses fluorescently labelled oligonucleotide probes that are  
544 hybridised to complementary target bacterial 16S rRNA sequences, thus allowing  
545 separation of species through flow cytometry and subsequent phylogenetic  
546 identification [75]. Terminal restriction fragment length polymorphism (T-RFLP)  
547 consists in applying fluorescently labelled primers to amplify bacterial DNA,  
548 followed by digestion of the 16S rRNA amplicon through restriction enzymes, and  
549 separation by gel electrophoresis [76]. Conversely, in denaturing gradient gel  
550 electrophoresis/temperature gradient gel electrophoresis (DGGE/TGGE) the 16S  
551 rRNA amplicons are denatured by a denaturant/or temperature gradient within the gel,  
552 thus allowing for separation of bacterial taxa according to differences between  
553 sequences. Other techniques that allow both identification of bacterial taxa and semi-  
554 quantitation of taxon abundance include Sanger sequencing or qPCR of cloned  
555 bacterial 16S rRNA amplicons and DNA microarrays [77-79]. While cloning and  
556 qPCR target specific microbial groups, microarrays can be used for unbiased analyses  
557 of bacterial populations and overcome potential errors introduced by PCR  
558 amplification. More recently, studies of helminth-microbiota interactions have taken  
559 advantage of the availability of next generation sequencing technologies; these allow  
560 the unbiased evaluation of microbial populations while simultaneously providing data  
561 on relative abundance of individual species within each sample. These techniques can  
562 either rely on high-throughput amplification of the bacterial 16S rRNA gene (which  
563 includes a PCR step) or on the direct sequencing of whole bacterial genomes, as well  
564 as those of viruses and eukaryotic organisms, within each sample [80]. These  
565 techniques require specific expertise and are relatively costly.

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568

**Table 1.** A summary of currently available studies on host-helminth-microbiota interactions in veterinary species, including study design, microbiota profiling techniques and principal findings.

Host Species	Parasite species*	Time of sampling (days post infection)	Site (S)/type (T) of sample	Method of profiling microbiota	Effect on diversity	Predominant changes reported	Ref.
<b>Rodents</b>							
Mouse ( <i>Mus musculus</i> ) strain C57BL/6	<i>Trichuris muris</i> (N)	13, 20, 27, 35	S - caecum T - faeces, lumen	-High throughput sequencing of 16S rRNA amplicons (Illumina)	↓alpha diversity	Phylum: ↑Firmicutes, ↑Proteobacteria, ↓Bacteroidetes Family: ↑ <i>Lactobacillaceae</i> Genus: ↑ <i>Lactobacillus</i> , ↑ <i>Mucispirillum</i> (caecum only)	[15]
Mouse ( <i>Mus musculus</i> ) strain C57BL/6	<i>Trichuris muris</i> (N)	14, 28, 42, 49, 56, 63, 70, 77, 84, 91	T – faeces	-Denaturing gradient gel electrophoresis - High throughput sequencing of 16S rRNA amplicons (454)	↓alpha diversity	Phylum: ↓ Bacteroidetes Genus: ↓ <i>Prevotella</i> , ↓ <i>Parabacteroides</i> , ↑ <i>Mucospirillum</i>	[11]
Mouse ( <i>Mus musculus</i> ) strain C57BL/6 wildtype and IL4 $\alpha$ -/-	<i>Heligmosoides polygyrus</i> (N)	6, 14, 28	S – ileum, caecum, colon T – lumen	-Culture -Cloned 16S rRNA amplicon qPCR - Denaturing gradient gel electrophoresis	Not assessed	Class: ↑ $\gamma$ -Proteobacteria caecum Family: ↑ <i>Enterobacteriaceae</i> caecum Genus: ↑ <i>Lactobacillus</i> ileum, ↑ <i>Bacteroides</i> caecum	[14]
Mouse ( <i>Mus musculus</i> ) strain C57BL/6 and BALB	<i>Heligmosoides polygyrus</i> (N)	28	S –duodenum T – lumen, faeces	-qPCR	Not assessed	Family: ↑ <i>Enterobacteriaceae</i> , ↑ <i>Lactobacillaceae</i> (duodenum/faeces)	[5]
Mouse ( <i>Mus musculus</i> ) strain C57BL/6 (x2)	<i>Heligmosoides polygyrus</i> (N)	14	S – ileum, caecum T – mucosa	-Cloned 16S rRNA gene sequencing -qPCR total bacteria	Not assessed	Family: ↑ <i>Lactobacillaceae</i> ileum	[12]
Mouse ( <i>Mus musculus</i> ) strain C57BL/6 wildtype and STAT6 -/- IL13-/-	<i>Nippostrongylus brasiliensis</i> (N)	11	S – small intestine T – lumen, faeces	-qPCR - High throughput sequencing of 16S rRNA amplicons (Illumina)	No change	Phylum: ↓Firmicutes, ↑Bacteroides, ↑Actinobacteria Family: ↑ <i>Lactobacillaceae</i> , ↑S4-27 family (bacteroides), ↑ <i>Coriobacteriaceae</i> Species: ↓ <i>Candidatus arthromitus</i>	[13]
Wild mice ( <i>Apodemus flavicollis</i> )	<i>Heligmosoides polygyrus</i> <i>Syphacia</i> spp. <i>Hymenolepis</i> spp. (N, C)	N/A	S – stomach, ileum, caecum, colon T – lumen, mucosa	- High throughput sequencing of 16S rRNA amplicons (454)	No change (but no controls)	Phylum: <i>H. polygyrus</i> - ↓Bacteroides, ↑Firmicutes <i>Syphacia</i> spp.- ↑Bacteroides, ↓Firmicutes Family: <i>Hymenolepis</i> spp ↑S4-27 (Bacteroides) stomach <i>H. polygyrus</i> ↑ <i>Lactobacillaceae</i> ileum	[6]
Rat ( <i>Rattus norvegicus</i> )	<i>Hymenolepis diminuta</i> (C)	58	S – caecum T – lumen	- High throughput sequencing of 16S rRNA amplicons (Illumina)	No change	Family: ↑ <i>Peptostreptococcaceae</i> Genus: ↓ <i>Turibacter</i>	[25]

Host Species	Parasite species	Time of sampling (days post infection)	Site (S)/type (T) of sample	Method of profiling microbiota	Effect on diversity	Predominant changes reported	Ref.
<b>Rodents</b>							
Hamster ( <i>Mesocricetus auratus</i> )	<i>Opisthorchis viverrini</i> (T)	42	S – bile ducts, colorectum T – lumen	- High throughput sequencing of 16S rRNA amplicons (454)	↑alpha diversity	Phylum: ↑Spirochaetes Family: ↑ <i>Lachnospiraceae</i> , ↑ <i>Ruminococcaceae</i> , ↑ <i>Lactobacillaceae</i> , ↓ <i>Porphyromonadaceae</i> , ↓ <i>Erysipelotrichaceae</i> , ↓ <i>Eubacteriaceae</i>	[26]
Rabbits ( <i>Oryctolagus cuniculus</i> )	<i>Trichostrongylus retortaeformis</i> (N)	0,15,30,60	S – duodenum T – mucosa	- High throughput sequencing of 16S rRNA amplicons (454)	↓alpha diversity	Phylum: ↑Proteobacteria, ↑Spirochaetes, ↓Firmicutes Family: ↑ <i>Leptospiraceae</i> , ↑ <i>Desulfobacteraceae</i> , ↓ <i>Ruminococcaceae</i> , ↓ <i>Phyromonadaceae</i> , ↓ <i>Bacteroidaceae</i> Genus: ↑ <i>Leptomena</i> , ↑ <i>Desulfocella</i> , ↓ <i>Bacteroides</i> ↓ <i>Ruminococcus</i>	[7]
<b>Swine</b>							
Pig ( <i>Sus scrofa domestica</i> )	<i>Trichuris suis</i> (N)	53	S – colon T – lumen	-Whole metagenome shotgun sequencing (Illumina)	Not assessed	Phylum: ↓Fibrobacteres, ↓Spirochaetes, ↓Tenericutes, ↓Gammatimonadetes Genus: ↓ <i>Fibrobacter</i> , ↓ <i>Treponema</i> , ↓ <i>Dorea</i> , ↓ <i>Ruminococcus</i> , ↑ <i>Campylobacter</i>	[10]
Pig ( <i>Sus scrofa domestica</i> )	<i>Trichuris suis</i> (N)	21	S – colon T – lumen	-Whole metagenome shotgun sequencing (454) -High throughput sequencing of 16S rRNA amplicons (454)	Not assessed	Phylum: ↑Deferribacteres, Proteobacteria? Genus: ↓ <i>Oscillobacter</i> , ↓ <i>Succinivibrio</i> , ↑ <i>Mucispirillum</i> , ↑ <i>Paraprevotella</i> , ↑ <i>Desulfovibrio</i>	[24]
<b>Ruminants</b>							
Goats ( <i>Capra aegagrus hircus</i> )	<i>Haemonchus contortus</i> (N)	50	S – abomasum T – lumen	-High throughput sequencing of 16S rRNA amplicons (Illumina)	No change	Phylum: ↓Euryarchaeota Order: ↑Pasteurellales Species: ↑ <i>Selenomonas ruminantium</i>	[16]
Cattle ( <i>Bos taurus</i> )	<i>Ostertagia ostertagi</i> (N)	14	S – abomasum T – lumen	-High throughput sequencing of 16S rRNA amplicons (454)	No change	Genus: ↑ <i>Ethanoligenens</i> , ↓ <i>Subdoligranulum</i>	[23]
<b>Companion animals</b>							
Cats ( <i>Felis catus</i> )	<i>Toxocara cati</i> (N)	One time point case control	T – faeces	-High throughput sequencing of 16S rRNA amplicons (Illumina)	No change	Phylum: ↑Actinobacteria Class: ↑Coreobacteriia, ↓Gammaproteobacteria Order: ↑Lactobacillales, ↑Coribacteriales Family: ↑ <i>Enterococcaceae</i> , ↑ <i>Coreobacteriaceae</i> Genera: ↑ <i>Collinsella</i> , ↑ <i>Enterococcus</i> , ↑ <i>Dorea</i> , ↑ <i>Lactobacillus</i> , ↑ <i>Ruminococcus</i> , ↓ <i>Bulleidia</i> , ↓ <i>Jeotgalicoccus</i>	[17]

Host Species	Parasite species	Time of sampling (days post infection)	Site (S)/type (T) of sample	Method of profiling microbiota	Effect on diversity	Predominant changes reported	Ref.
<b>Companion animals</b>							
Cats and dogs ( <i>Felis catus</i> and <i>Canis lupus familiaris</i> )	<i>Ancylostoma caninum</i> (N) (co-infection with <i>Giardia</i> spp.)	One time point case control	T – faeces	-High throughput sequencing of 16S rRNA amplicons (bacterial tag encoded FLX amplicon pyrosequencing)	No change	No compositional changes due to <i>Ancylostoma caninum</i> alone in this study	[28]

569

\* N = nematode, T = trematode, C = cestode

570 **Legends to figures**

571

572 **Figure 1. Current theories of causality of helminth-microbiota interactions in the**  
573 **gastrointestinal system of vertebrate hosts.** (1) Helminth infections induce local  
574 and systemic host immune responses which, in turn, impact on the composition of the  
575 microbial flora; (2) the host epithelial cells produce antimicrobial proteins (AMP) in  
576 response to helminth infections, with subsequent alteration of the microbial flora; (3)  
577 Helminth excretory/secretory products (ES) induce shifts in the gut microbiota  
578 composition.

579

580 **Figure 2. Potential use of microbiota manipulation for controlling helminth**  
581 **infection and disease.** (A) Selected probiotics, e.g. *Bifidobacteria*, could be  
582 administered to promote host Th2 immune responses leading to death and expulsion  
583 of parasites; (B) Prebiotics, e.g. inulin, could be administered to promote growth of  
584 selected bacterial taxa, e.g. lactobacilli, and increase in their metabolites (e.g. short  
585 chain fatty acids (SCFAs) or lactic acids (LA)), leading to a decrease in gut pH and  
586 helminth death and expulsion; (C) Diet manipulation, e.g. increased protein or  
587 carbohydrate, could be used to counteract the changes in microbiota metabolism  
588 associated to helminth infection.

589

590 **Figure I. Pros and cons of ‘traditional’ and ‘modern’ microbiota profiling**  
591 **techniques.**

592

593