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Wearable Haptic Systems for the Fingertip and the Hand: Taxonomy, Review, and Perspectives

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Abstract—In the last decade, we have witnessed a drastic change in the form factor of audio and vision technologies, from heavy and grounded machines to lightweight devices that naturally fit our bodies. However, only recently, haptic systems have started to be designed with wearability in mind. The wearability of haptic systems enables novel forms of communication, cooperation, and integration between humans and machines. Wearable haptic interfaces are capable of communicating with the human wearers during their interaction with the environment they share, in a natural and yet private way. This paper presents a taxonomy and review of wearable haptic systems for the fingertip and the hand, focusing on those systems directly addressing wearability challenges. The paper also discusses the main technological and design challenges for the development of wearable haptic interfaces, and it reports on the future perspectives of the field. Finally, the paper includes two tables summarizing the characteristics and features of the most representative wearable haptic systems for the fingertip and the hand.

Index Terms—Wearable haptics, fingertip haptics, hand exoskeletons, wearable devices, wearable interfaces, cutaneous force feedback,
 tactile force feedback, taxonomy, review

17 **1** INTRODUCTION

ECHNOLOGY for touching remote objects has typically 18 L been used in teleoperation. A robot is controlled as a 19 slave in the remote scenario and a haptic interface feeds back 20 the registered contact forces at the master side, enabling the 21 user to perceive the remote environment. Current technology 22 for teleoperation is very advanced [1], [2], [3], but it is usually 23 neither wearable nor portable, significantly affecting the 24 growth of this field. Despite the fact that haptic interfaces are 25 now widely used in laboratories and research centers, their 26 27 use still remains highly underexploited. One of the main rea-28 sons is that, traditionally, they have been mechanically 29 grounded, and portable uses of haptics have been limited to 30 notification using simple eccentric motors in telephones and pagers. Only recently, more sophisticated haptic systems 31 have started to be designed with *wearability* in mind. 32

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To this end, a variety of new devices, the so-called 33 "wearables," have been developed specifically for this pur- 34 pose. Notable commercial examples of wearables are the Goo- 35 gle Moto 360, the Asus ZenWatch, the Samsung Gear Live, 36 and the Apple Watch. They are easy and comfortable to wear, 37 they often feature a touch screen, and they have functions sim- 38 ilar to smartphones. Google and Apple even developed dedi- 39 cated operating systems, which provide functions and 40 applications customized for their wearable devices. This mar- 41 ket stems from the need for wearability, which is a key ele- 42 ment for a natural interaction with today's technology [4], [5]. 43 Wearability of robotic devices is envisioned to enable novel 44 forms of communication, cooperation, and integration 45 between humans and robots. Specifically, wearable haptics 46 will enable devices to communicate with the human wearer 47 during his or her natural interaction with the environment 48 they share. For example, the Apple Watch features a linear 49 actuator able to make the watch vibrate. The actuator can pro- 50 vide different amounts and patterns of vibration for different 51 events, e.g., during navigation using the Maps app, different 52 vibrations are used to indicate whether the wearer needs to 53 take a left or a right turn. Apple calls this technology "taptics", 54 which is a portmanteau of tactile and haptics. There are even 55 applications specifically designed to exploit the haptic capa- 56 bilities of the wearables. For example, in Android systems, the 57 "Feel The Wear" app enables the user to create custom vibra-58 tion patterns by simply tapping the screen; and in iOS sys- 59 tems, the "Touch Room" app enables users that are far away 60 to feel each other's touch through the screen of the device. 61

Nonetheless, the haptic stimuli provided by these wear- 62 ables are still limited to vibrations, reducing the possibility 63 of simulating rich contact interactions. Toward a more real- 64 istic feeling of touching virtual and remote environments, 65 researchers have historically focused on grounded haptic 66

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Fig. 1. From grounded haptics to more wearable and portable designs. (a) A Phantom Premium, (b) a CyberGrasp, and (c) a fingertip device [5]. As we move from (a) to (c), the wearability of the system is improved at the cost of losing part of the kinesthetic component of the interaction.

interfaces, such as the Sigma or Phantom devices, and 67 68 glove-type haptic displays, such as the CyberGrasp or the Rutgers Master. Although these devices provide compelling 69 force sensations, they are nonetheless guite complex and 70 too expensive in consumer terms. For example, the Sigma.7 71 haptic interface (Force Dimension, CH) and the CyberGrasp 72 (CyberGlove Systems LLC, USA) sell for around 70,000 73 USD. For this reason, it is important to find a trade-off 74 between providing a realistic feeling of touch and the cost, 75 wearability, and portability of the system. 76

77 2 WEARABLE HAPTICS AND THE ROLE OF 78 CUTANEOUS STIMULI

79 In the previous section, we called the Apple Watch a wearable technology, while we referred to a Phantom device as a 80 non-wearable device. However, the definition of what is 81 wearable and what is not is not always so intuitive and 82 straightforward. The Cambridge University Press dictio-83 nary defines a wearable object as something which is simply 84 "suitable for wear or able to be worn." According to this defini-85 86 tion, it seems correct to consider the Apple Watch to be 87 wearable, since it can be easily worn as a normal wristwatch. On the other hand, a tablet PC cannot be considered 88 a wearable object. In the case of audio technologies, modern 89 media players (e.g., the Apple's iPod) can be considered 90 portable objects, but only wireless headphone sets seem to 91 also fit in the wearable objects category. 92

What about haptic technologies?

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As already mentioned before, most haptic devices now 94 available on the market cannot be considered wearable. Con-95 sider, for example, the Omega 3 haptic interface by Force 96 Dimension (7 kg of weight for dimensions $27 \times 39 \times 35$ cm), 97 98 or to the Phantom Premium 1.5 by Geomagic (9 kg of weight 99 for dimensions $25 \times 33 \times 36$ cm, shown in Fig. 1a). These 100 types of haptic devices are very accurate and able to provide a wide range of forces. They are commonly referred to as 101 grounded interfaces, since their base is fixed to the ground. 102 The pursuit of more wearable haptic technologies lead 103 researchers to the development and design of exoskeletons, a 104 type of haptic interface which is grounded to the body [6], 105

[7]. The robotic system is *worn* by the human operator, who 106 feels both the contact force simulating the interaction and the 107 undesired reaction force, which counterbalances the first one 108 (see Fig. 1b). In grounded haptic interfaces this undesired 109 reaction force is counterbalanced by the ground and not felt 110 by the user, thus increasing the illusion of telepresence pro-111 vided by these devices [5], [8] (see Fig. 1a). An example of 112 commercially-available hand exoskeleton is the CyberGrasp, 113 shown in Fig. 1b.

Although exoskeletons can be considered wearable hap- 115 tic systems, they are often quite heavy and cumbersome, 116 reducing their applicability and effectiveness. For this rea- 117 son, we seek to extend the definition of "wearable interface" 118 beyond something that is merely suitable to be worn. A 119 wearable haptic interface should also be small, easy to carry, 120 comfortable, and it should not impair the motion of the 121 wearer. In this respect, we embrace the idea of service tech- 122 nology that Parviz, Lee, and Thrun shared while presenting 123 Google Glass: "We think technology should work for you- 124 to be there when you need it and get out of your way when 125 you don't" [9]. Following this line of thought, the level of 126 wearability of haptic interfaces can be defined by their form 127 factor, weight, shape, area of interest, and ergonomics. For 128 example, we consider the fingertip haptic device shown in 129 Fig. 1c more wearable than the hand exoskeleton shown in 130 Fig. 1b, which we consider in turn more wearable than full- 131 body exoskeletons such as the Raytheon Sarcos's XOS 2 132 robotic suit or the ActiveLink's Dual Arm Power Amplifica- 133 tion Robot. It is also important to highlight that the level of 134 wearability of a device is only related to its design features, 135 and it does not depend on its performance or actuation capa- 136 bilities. Section 4 will discuss more in detail the factors that, in 137 our opinion, mostly affect the wearability of haptic interfaces. 138

A promising approach to increase the wearability of such ¹³⁹ devices consists of moving the grounding of the system (in ¹⁴⁰ red in Fig. 1) closer to the point of application of the stimulus ¹⁴¹ (depicted in blue in Fig. 1). However, as this happens, the ¹⁴² kinesthetic component of the interaction is progressively ¹⁴³ lost, leaving intact only the cutaneous part of the interac-¹⁴⁴ tion [8], [10], [11]. At the extreme of this process, when the ¹⁴⁵ base of the interface is placed at the point of application of ¹⁴⁶

the stimulus, the haptic interface is only capable of providing 147 148 cutaneous cues. This is the case of the fingertip device shown 149 in Fig. 1c. Cutaneous feedback provides indeed an effective 150 and elegant way to simplify the design of wearable haptic interfaces: the high density of mechanoreceptors in the skin 151 and their low activation thresholds [12], [13] allow research-152 ers to develop effective cutaneous-only displays that are 153 compact, comfortable, and inexpensive [5], [14], [15] (as the 154 one in Fig. 1c). Cutaneous feedback has been also proven to 155 play a key role in enhancing the performance and effective-156 157 ness of teleoperation and immersive systems [15], [16], [17], [18], [19], [20], [21]. Cutaneous cues have even been found to 158 be more informative than kinesthetic cues in discrimination 159 of surface curvature [22] and fine manipulation [23]. 160

CLASSIFICATION AND TAXONOMY OF WEARABLE HAPTIC INTERFACES

This section categorizes wearable haptic systems according to the type of tactile stimuli they provide to the wearer, the area where they apply these stimuli, the technologies they employ to apply and sense haptic cues, and their level of wearability. This characterization will be used in Section 5 to classify the systems included in our review and in Tables 2 and 3 to summarize their features and performance.

170 We have restricted our selection to devices that provides 171 mechanical stimulation, taking advantage of cutaneous phenomena. Thus, we have excluded devices based on non-172 173 mechanical principles (e.g., electro-stimulation). We have also excluded a discussion of sensing and rendering techni-174 ques, both important components of the haptic servo. In 175 this respect, we note briefly that many devices may include 176 built-in sensors, such as inertial or force sensors (e.g., FSRs 177 or fingernail sensors), while others may depend on external 178 position sensing, which is often accomplished via marker-179 based or markerless methods using infrared or visible light 180 (RGB) cameras. We do not go into detail on these here, as a 181 full treatment would require a dedicated survey, and exact 182 requirements are often device- and application-specific. 183

184 3.1 Type of Tactile Interaction

As mentioned in the previous section, due to the necessity of 185 relocating actuators toward the effector positions, wearability 186 often restricts haptic interfaces to cutaneous feedback, i.e., 187 grounded on the body itself, close to the point of contact. It fol-188 lows that we should design interfaces to fully exploit somato-189 sensory cues possible to activate through cutaneous-only 190 stimulation. Fortunately, from the somatosensory literature, 191 we can identify several categories of feedback that are possible 192 without resorting to grounded, kinesthetic cues. 193

194 3.1.1 Contact and Pressure Display

Although contact/non-contact and pressure display against
the finger pulp can be considered as a "simple" form of
feedback, requiring only for example a solenoid actuator to
press a plate against the fingertip, contact between the finger pad and a surface represents complex biomechanics
worth some consideration.

The finger pad is an inhomogeneous material whose compression can be likened to a non-linear spring which stiffens with displacement, reaching its maximum compression at small loads. The quick increase in contact area leads to a recruitment of mechanoreceptors correlated with contact force, which partly explains high sensitivity for small forces [24]. Apart from statics, deformation dynamics 207 should also be considered, as the normal loading changes 208 significantly with speed of impact [25]; such facts may affect 209 sensation of pressure, stiffness and other material properties 210 to be displayed. 211

3.1.2 Curvature Display

When feeling a surface with a radius of curvature larger 213 than the finger, the position of the finger follows a 2-dimen-214 sional trajectory (proprioceptive cue), and the angle of the 215 surface normal changes relative to the finger (cutaneous 216 cue). It has been shown that this cutaneous cue dominates 217 in haptic perception of large-radius curvature [26]—that is 218 to say, when scanning a surface horizontally, subjects could 219 identify differences in virtual surface curvature comparably 220 well to the real surface when orientation was displayed via 221 surface normal rotation, but performed poorly when only 222 height information was provided. Such large-radius curvature cues based on surface orientation could be mounted in 224 a wearable fashion similar to contact cues discussed above, 225 with a platform controllable in orientation. 226

3.1.3 Vibrations, Textures, and Materials

In many portable devices, haptic vibrations are used in open 228 loop as icons for notification or to indicate device state. How- 229 ever, vibrations with frequency scaled according to scanning 230 velocity are produced when a finger runs along a surface, 231 and thus form strong perceptual cues for recognizing and 232 differentiating materials and textures. Correlation with 233 exploration conditions is important, as indicated by our diffi- 234 culty in recognizing similar textures at different velocities 235 under a passive condition [27]. Roughness, but also dryness, 236 and material friction properties may be indicated by correla- 237 tion with the finger and material states, and the non-linear- 238 ities thus involved [28]. Additionally, it should be noted that 239 vibration information is present not only at the cutaneous 240 site of interaction, but is in fact available at least up to the 241 forearm [29], [30]. Non-local stimulation may thus be an 242 option, as long as real-time correlates are well maintained. 243 Finally, it has been shown that with clever signal design, it is 244 even possible to produce an illusion of attraction forces at 245 the fingertips using only vibration cues [31]. 246

3.1.4 Softness/Hardness

When we judge the compliance of an object by probing with a 248 finger, one intuitive explanation is that we estimate the pene-249 tration distance of the finger into the object. However, studies 250 show that we are able to distinguish objects of varying com-251 pliance using only cutaneous information [32]; an explanation 252 is that contact area pressure distribution, and therefore skin 253 deformation, are correlated with normal force as a compliant 254 object deforms around the finger probing it. Nonetheless, the 255 exact shape of the pressure distribution is unimportant, com-256 pared with simply the total area of contact [33].

3.1.5 Caress

As an alternative to highly precise cutaneous stimulation on 259 the glaborous skin, for wearable applications it is important to 260 consider the possibilities of the substantial hairy skin. One 261 way is by exploiting the unmyelinated fibers, which are per-262 vasive in hairy skin. These have been shown to respond to 263 "soft" and light touch [34], are slowly conducting compared 264

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to myelinated fibers, and have only very limited somatotopic 265 organization [35], suggesting that stimulation location is less 266 important than for myelinated fibers. However, velocity of 267 268 caress or stroke does play a role in apparent pleasantness of the stimulation; for low velocities, no difference between sites 269 featuring both myelinated and unmyelinated fibers were 270 found, but for faster velocities, pleasantness was greater in the 271 palm area [36]. Slow and light touch is therefore recom-272 mended if pleasant stimulation of the hairy skin is the goal. 273

274 3.1.6 Friction Display

In manipulation tasks using force feedback devices, it is typi-275 cal to render friction using forces on the operator's grasping 276 hand at the end effector. However, it has been shown that 277 adding a small amount of skin stretch at the finger pad, even 278 0.25 mm, can enhance the perception of friction [37] in such 279 280 applications. We note however that fingerpad friction is a 281 complex phenomenon; it can be approximated in a dry state as an elastic polymer, but becomes highly plastic and dissi-282 283 pative under wet conditions due to even small amounts of 284 sweat, increasing area of contact and modifying the mechan-285 ics of the ridges [38]. This leads to an increase in the friction coefficient; conversely, excess wetness will reduce it. The 286 friction coefficient also varies greatly with sliding velocity, 287 as does stick-slip behaviour [39]. The ridged areas are also 288 highly anisotronic in their mechanics [40]. Such behaviour 289 should be considered not only in modeling realistic friction 290 conditions, but also in rendering them using an effector. 291

292 3.1.7 Indentation

Small indentations in the skin create lateral forces as well as 293 normal forces. A simple demonstration can show that the 294 lateral component of the forces is sufficient to give a percept 295 of a bump: applying the index finger along the teeth of a 296 comb and brushing them with a hard object gives a clear 297 impression of a moving indentation under the finger [41]. 298 This effect has been reproduced using a desktop lateral pin 299 300 display. The same apparatus has been used to additionally show that such strain patterns reliably stimulate correlated 301 neural patterns [42]. Therefore lateral pin displays, if made 302 wearable, may be a good candidate for precise display of 303 304 small indentation stimuli, interesting for example in Braille applications, among other categories. 305

306 3.1.8 Push-Button

Related to softness cues already discussed, the contact area 307 of a probing gesture implicitly defines a finger displace-308 ment-contact area relationship. In the softness cue interpre-309 tation, it was proposed to modulate the contact area 310 relationship to present sensations of different hardnesses. 311 However, a dual view is that the deformation represents a 312 313 relationship between contact area and finger displacement. If the contact area relationship is modified, an erroneous esti-314 mation of finger displacement may be induced [43]. Modu-315 lating such relations in real time can create push-button or 316 illusionary movement percepts that could be exploited. 317

318 3.1.9 Proprioception

The above push-button effect is one example of a proprioceptive illusion induced by skin stretch. In fact, there is evidence to suggest that skin has an important role in proprioception, including the stretch associated with the hairy skin at the joints during flexion. It has been shown that participants with anaesthetized forefingers could nonetheless detect finger position associated with skin stretch at the edges of the anaesthetized regions [44]. Thus, manipulating skin laterally around joints may be a useful way to induce position or motion illusions. 328

Another proprioceptive effect that has been known since 329 at least the 1970's is induction of angular estimation errors 330 by means of vibration at the tendons [45], however large 331 amplitudes are required, limiting exploitability for smooth 332 user experiences. It is also possible that certain proprioceptive and kinesthetic effects are achievable by correlating 334 vibration with limb movement [46].

3.1.10 Surface Geometry

A final example of the importance of lateral forces is that we ³³⁷ use them during active exploration for determining surface ³³⁸ geometry, that is to say, the existence of large-scale (size of a ³³⁹ finger) bumps and dents in a surface. Indeed, it has been ³⁴⁰ shown that it is possible to overcome shape cues of a real ³⁴¹ surface by modifying the associated lateral-only forces during interaction [47]. Therefore inducing friction-related ³⁴³ strain patterns correlated with position can lead to the per-³⁴⁴ ception of bumps or divets. This differs from the display of ³⁴⁵ large-radius curvature, Section 3.1.2, in that there is no need for an orientable platform. ³⁴⁷

The above perceptual cues represent exploitable illusions 348 achievable through cutaneous stimulation. The apparatus in 349 many cases that was used to demonstrate them is too bulky 350 for wearable applications, requiring grounded or desktop 351 devices. However, overcoming these constraints and discov- 352 ering new methods to generate comparable stimuli using 353 wearable hardware is considered as a design challenge for 354 wearable haptics—to bring the plethora of options for cutaneous interaction from the lab to the portable, wearable world. 356

3.2 Mechanical Properties

One approach to characterize haptic devices is to group them 358 according to their mechanical properties. Considerations on 359 how these properties affect the wearability of these systems 360 are reported in Section 4. Although the following mechanical 361 characterization is necessary, it is probably not sufficient to 362 guide the development of wearable haptic interfaces. For 363 example, a device might perform extremely well at display-364 ing large-radius surface curvature, but if this parameter is 365 not relevant to the considered task, it may actually perform 366 worse than others in experimental conditions. Measures of 367 the *perceptual* importance of force and position stimuli at the 368 contact point(s) during different tasks are required to ascertain what stimuli are worth providing to the human user [6]. 370

3.2.1 Degrees of Freedom

A prominent feature of a haptic device is the number and the nature of the degrees of freedom at the end-effector. In genarral, a device is underactuated in rendering forces when it provides less than 3-dimensional force feedback and it is underactuated in rendering torques when it provides less than 3-dimensional torque feedback. A fully actuated haptic array device would therefore be able to render 3-degrees-of-freedom (3-DoF) forces and torques at each contact point. Howare would therefore be able to render 3-degrees-of-freeson, it is important to study and understand which force/torque information is more important for the considered task. In array array and the study and understand which force/torare the study and understand which force/torare task. In array array array array array are task. In array arr

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addition to active degrees of freedom, passive DoF are important for tracking and comfort purposes, especially in bodygrounded exoskeletons. Wearable interfaces should in fact
limit the motion of its wearer as little as possible (see also
Section 2).

389 3.2.2 Workspace

In the case of wearable low-DoF devices, we can describe 390 391 the operating volume inside which all other measures are taken as simple geometrical shapes, parallelepideds, 392 spheres, encompassing the reachable locations of the end-393 effector [48], [49]. Since a wearable haptic interface often has 394 a specific shape defining a preferred axis of operation, Hay-395 ward and Astley [48] propose to specify the motion range 396 with three orientations, which are a combination of a solid 397 angle, angle inside which the preferred axis may reach, 398 399 with an angle specifying the amount of rotation around the preferred axis. Once the nature of the solid angle is defined, 400 the orientation motion range can be expressed in steradians. 401

402 3.2.3 Peak Force

Hayward and Astley [48] propose three specifications for 403 peak force: long term, short transient, and persistent tran-404 sient peak force. The long term peak force is defined as the 405 peak force achieved at the thermal equilibrium of the sys-406 407 tem, i.e., when the heat created by the actuation system 408 matches the heat dissipated by the dissipation system (actively or passively). The short transient peak force is 409 defined as a 10 ms square pulse, and a persistent transient is 410 defined as a square signal of 1 s duration. 411

412 3.2.4 Inertia and Friction

Inertia specifications are very important in the characteriza-413 414 tion of haptic interfaces. Inertia is even more important when considering wearable interfaces, which may be worn 415 during daily activities and should therefore impair the 416 motion of its wearer as little as possible (see Section 2). For 417 this reason, inertia can be defined in terms of *perceived* mass 418 at the device end-effector over the various areas of contact 419 and regions of the workspace [48], [50]. Reduction of the 420 inertia can be achieved by mechanical design [51], [52], [53] 421 or, at least for grounded devices, by control [54], [55]. 422

423 3.2.5 Precision and Resolution

The precision of a haptic interface can be defined as the dif-424 ference between the target coordinate and the center of the 425 426 distribution curve of the actual coordinates of the end-effector over multiple trials. It describes the reproducibility of 427 the commanded action. Precision can be evaluated in ren-428 dering both forces and positions. The resolution of a haptic 429 interface can be expressed in two ways: (1) as the ratio 430 431 between the maximum signal measured to the smallest part that can be resolved, or (2) as the degree to which the small-432 433 est deviation from the system equilibrium can be detected. Again, this can be evaluated both for forces and positions. 434 While resolution is a critical feature for a haptic interface, 435 precision seems to matter less [48]. 436

437 3.2.6 Bandwidth

Bandwidth can be described as the rate at which a system is
able to successfully track a given reference. For (wearable)
haptic devices, however, it is still not clear which quantities
are more important. In some cases, the force applied on the

skin seems to be the most relevant quantity, in others the 442 skin indentation. Hayward and Astley [48] proposed to 443 specify the load as a piece of defined material, crafted to 444 resemble a fleshy tissue. The frequency response and the 445 bandwidth can be then measured with the interface loaded 446 by the sample at multiple levels of force. 447

3.3 AREA OF INTEREST

The term "wearable haptics" concedes application of sensing 449 and actuation to many areas of the body. While finger- and 450 hand-related haptics, the focus of the majority of this article, 451 naturally leads to ideas regarding interactivity for grasping 452 and manipulation tasks, wearability indeed can lend itself to 453 feedback applied to a variety of interface locations on the 454 whole surface of the skin—anywhere, in fact, that clothing 455 can be worn. Therefore, in this section we briefly cover areas of interest beyond only the fingers and hands. 457

Of course, the nature of haptic feedback necessitates tight 458 fitting clothing using flexible and elastic materials, or 459 adjustable straps, so as to allow for maximum force trans- 460 mission to the skin. For example, a sports strap such as a 461 velcro arm-band can turn a mobile phone or portable music 462 player into a worn device. A wearable haptic device needs 463 in fact to be expressly designed to take advantage of feed- 464 back applied to a certain area of the body. For instance, in 465 the case of exoskeletons, force feedback may be applied to 466 articulated joints, by means of motors or locking mecha- 467 nisms. However, similar cues may usefully be applied to 468 the backs of finger joints, the wrist, or the elbow, by apply-469 ing lateral skin stretch, inducing a proprioceptive effect [44], 470 e.g., a sense of movement or resistance to motion [56], [57]- 471 without actually causing obstruction, see Section 3.1.9. 472 Depending on the application this may provide a more con- 473 venient and sufficient cue for user interaction scenarios. 474

Vibration applied at or near the joints, in correlation with 475 motion, may additionally provide sensation of angle change 476 [58] or viscoelastic material effects (e.g., stick-slip joint friction) [59]. This can be done not only at the fingers, but at the 478 elbows and knees as well [60]. 479

Apart from the joints, skeletal links (arms, legs) provide a 480 good-sized surface for squeeze [61], twist [62], and 481 caress [63] cues, see Section 3.1.5. 482

The back also provides a large surface that has been 483 exploited in the past in chair designs [64], but has also been 484 embedded in wearable systems as far back as 1998 [65]. 485 Back cues combined with squeezing effects have been 486 embedded in jacket and suit designs in order to provide 487 hugging feedback via vibration [66] or pneumatic force [67]. 488 The jacket provides a convenient form factor for thermal 489 and vibration cues covering the torso and neck, which has 490 been used for affective feedback [68]. Full-body suits (legs, 491 torso, arms) have also been explored for haptic stimulation 492 in relation to musical applications [69], [70].

The neck provides a convenient stimulation location, par- 494 ticularly for headband/headphone [71] and helmet form 495 factors.

Finally, one finds a plethora of belt designs in the haptics 497 literature, for informing users of distance cues [72], [73], non-498 verbal social cues [72], directional/navigational cues [73], 499 [74]. A belt design can also incorporate a squeeze effect, similar to the jacket designs intended for hugging feedback [75]. 501

We note here that the majority of devices applied to the 502 back, torso, neck, and waist strictly makes use of open-loop 503

vibrational cues, with the exception of squeeze for hugging
devices. There appears therefore to be plenty of low-hanging fruit for designs that take advantage of other haptic
modalities, such as skin stretch, and also for designs that
incorporate action-perception feedback more significantly.

509 4 DESIGN GUIDELINES FOR WEARABILITY

From the previous sections, we begin to see some character-510 istics of devices that may be considered wearable and how 511 to categorize them according to their mechanical features, 512 area of interest, and sensing/actuation capabilities. We will 513 514 now discuss in detail which aspects make these haptic devi-515 ces more or less wearable, with the objective of defining target requirements and guidelines for the design of wearable 516 interfaces (see Table 1). In our opinion, the wearability of 517 haptic systems can be defined as a combination of the fol-518 lowing factors. 519

520 4.1 Form Factor

When we judge the wearability of a system, an important 521 aspect is its form factor. Intuitively, small and compact devi-522 ces are more wearable than big and large devices. However, 523 the absolute form factor of a wearable system may be mis-524 leading-rather, it needs to be compared to the part of the 525 body to which it is attached; i.e., a device that is considered 526 unobtrusive if worn on the forearm may become cumber-527 some if worn on the fingertip. Moreover, it is also important 528 529 to take into account how the device is shaped and fits the body. Smooth designs that follow the natural shape of the 530 body rather than protrude and get in the way of natural 531 movement should be preferred. 532

In this respect, choice of actuators is critical, since they 533 are usually the bulkiest (and heaviest) components. This 534 is particularly challenging for finger- and hand-mounted 535 536 devices, since the amount of force that fingers can exert with respect to their dimension is higher than any other 537 limb. On the other hand, wearable fingertip devices for 538 providing normal indentation, lateral skin stretch, and rel-539 ative tangential motion stimuli have different require-540 ments of transparency as compared to haptic interfaces 541 for providing kinesthetic feedback: kinesthetic devices 542 have to be highly backdrivable to allow free active motion 543 of the user, while fingertip devices, regardless of the actu-544 ation system, do not obstruct the movement of the finger, 545 since they act only on the fingerpad. For this reason, small 546 servomotors coupled with high-ratio reduction systems 547 548 can be suitable for fingertip devices. In different applications, for providing vibrotactile feedback, researchers can 549 550 employ eccentric, resonant mass, voice coil, or solenoid actuators. Eccentric and resonant mass actuators are usu-551 ally simpler, but they often suffer from slow spin-up time, 552 and they cannot separately control frequency and ampli-553 tude of the vibration (eccentric mass) or change the fre-554 555 quency of the vibration at all (resonant mass). Voice coils 556 and solenoids represent a more versatile solution, since they can reproduce any vibration profile within their 557 dynamical limits. Moreover, they have the advantage of 558 being capable of applying a constant force. 559

560 4.2 Weight

Intuitively, lightweight devices are more wearable than heavy devices. However, the absolute weight of a system may again be misleading. Rather, it needs to be compared

TABLE 1 Target Objectives for the Design of Wearable Interfaces

Form factor	Wearable devices should alter the body size of the wearer as little as possible
Waight	Wearable devices should fire the wearer as
weight	little as possible.
Impairment	Wearable devices should limit the motion of its weater as little as possible
Comfort	Wearable devices should be comfortable to wear and easy to adapt to the wearer limb size and shape.

to the strength of the musculo-skeletal support of the part of 564 the body on which it is worn. A device that is considered 565 lightweight if worn on the leg may become too heavy to 566 carry if worn on the wrist. 567

4.3 Impairment

Zatsiorsky and Prilutsky [76] found 230 joints in the human 569 body, controlled by 630 skeletal muscles, which lead them to a 570 grand total of 244 degrees of freedom for a human. Many of 571 these may be considered partial, or debated, but regard- 572 less of the real numbers, it is important to consider the 573 impairment caused by wearable haptic systems. Wearable 574 interfaces must be able to naturally fit the human body 575 without impairing it or interfering with its actions, they 576 should ensure the correct kinematic compatibility with 577 the considered human limb [77], and they should be able 578 to function without requiring any additional voluntary 579 action [78]. For example, many wearable fingertip devices 580 place their actuators on the back of the finger, but actuate 581 thin and light linkages placed in contact with the finger 582 pulp (as in Figs. 1c, 2a, and 3c). This configuration mini- 583 mizes interference during multi-finger simulation of 584 grasping; on the other hand, since the end effector of 585 such devices is always placed in proximity of the finger- 586 tip, grasping a real object with bare fingers is often diffi- 587 cult. Similarly, hand exoskeletons usually occupy the 588 space over the back of the hand and fingers, to enable 589 users to clench their fist or grasp real objects while wear- 590 ing the device (as in Fig. 4c). Similar considerations apply 591 also to arm and leg exoskeletons, with the general conse- 592 quence that wearable devices always cover a part of the 593 body, and the interaction of that part with the real envi- 594 ronment is severely limited. Finally, in exoskeletons, the 595 kinematics design is driven by human anatomy, and 596 mechanical joints are constrained to follow those of the 597 wearer. To adjust these devices for different limb sizes, a 598 good approach is to adopt kinematics with variable link 599 lengths and remote center rotation mechanisms. A further 600 requirement for exoskeletons is to assure the same range 601 of motion of human articulations: if, for some joints, this 602 is not a challenging requirement, for the most complex 603 ones, such as the shoulder or the thumb articulations, this 604 result is very difficult to achieve. In these cases, the 605 approach used by designers is to assure the range of 606 motion used by humans in the most common tasks. 607

4.4 Comfort

Wearing a haptic device for long periods can often result in 609 major discomfort. Sharp edges, tight fabric bands, rough 610 surfaces, and hot parts are some of the causes of discomfort 611 when wearing haptic systems. In our opinion, one of the 612

568

(a) Gabardi et al. [85]

(b) Pacchierotti et al. [86]



Fig. 2. Three representative wearable haptic devices providing normal indentation to the fingertip through a moving platform.



(a) Minamizawa et al. [14]



(b) Tsetserukou et al. [112]



(c) Leonardis et al. [113], [114]

Fig. 3. Three representative wearable haptic devices providing lateral skin stretch and/or relative tangential motion to the fingertip.



Fig. 4. Three representative wearable haptic devices providing kinesthetic stimuli to the hand.

most relevant and common discomfort factors with wear-613 able haptic systems is the pressure exerted by the worn 614 device. This is particularly relevant when the wearer use 615 the device for long periods. Unfortunately, most haptic 616 devices need to be fastened tightly to convey the requird 617 haptic cues at the given point of application. Moreover, it is 618 also important to consider the high variability in the size 619 and shape of human limbs [79], [80]. To be comfortable to 620 wear, wearable interfaces should be adaptable to different 621 limb sizes. In this respect, a good solution is to use ergo-622 nomically-shaped shells, made of a deformable material, 623 with soft padding and adjustable straps. Comfort considera-624 625 tions should be also involved when designing end-effectors: 626 applying high torques and shear forces to the skin is not 627 easy, as slip and unpleasant feelings may arise. A proper 628 design of the end-effectors in contact with the skin can ensure better feedback and kinematic precision. 629

A REVIEW OF WEARABLE HAPTIC DEVICES 5 630

This section reviews the literature on wearable haptics, cate-631 632 gorizing the considered systems according to their area of 633 interest and the type of cutaneous stimuli they can provide to the human user. In this respect, Biggs et al. [6] provide an in-634 depth review of haptic interfaces and define a list of four 635 primitives of cutaneous sensation: normal indentation, lateral 636 skin stretch, relative tangential motion, and vibration. The 637 large variety of tactile sensations that humans experience can 638 be considered combinations of these few building blocks. 639

5.1 Fingertip

Wearable devices for the hand often focus their attention on 641 the fingertip, since it is the most sensitive part and the one 642 that is most often used for grasping, manipulation, and 643 probing the environment. We divide this section into three 644 sections, categorizing the devices according to the cutane- 645 ous stimuli they can provide. Table 2 summarizes the fea- 646 tures of the devices reviewed in this section. 647

5.1.1 Normal Indentation

Normal indentation displays convey cutaneous stimuli 649 through one or multiple moving tactors, providing spatially 650 distributed tactile information through the indentation of 651 the tactors into the skin. Contact/pressure, curvature, and 652 softness/hardness display, as described in Section 3.1, fall 653 under this category. 654

Moving Platforms. A popular technique to provide cuta- 655 neous feedback to the fingertips is through a moving plat- 656 form, that can orient and/or translate on the finger pulp. 657

In 2008, Frisoli et al. [81], [82] presented first the concept 658 of a fingertip haptic display for improving curvature dis- 659 crimination through a moving platform. The device is 660 designed to bring a plate into contact with the fingertip at 661 different orientations, defined by the normal to the virtual 662 surface at the point of contact. The system is composed of a 663 parallel platform and a serial wrist; the parallel platform 664 actuates a translation stage for positioning the plate rela- 665 tively to the fingerpad, while the wrist is in charge of adjust- 666 ing its orientation. The device is actuated via sheathed 667

640

Device	End-effector	Actuation technology	Type of provided stimuli	Weight at the fingertip (g)	Dimensions at the fingertip (mm)
Solazzi et al. [83]	rigid circular platform	4 DC motors	contact, pressure, curvature	56	$55 \times 45 \times 35$
Gabardi et al. [85]	rigid circular platform	2 servo motors + 1 voice coil	contact, pressure, curvature, vibration	30	$66 \times 35 \times 38$
Prattichizzo et al. [5]	rigid triangular platform	3 DC motors	pressure, curvature	30	$45 \times 24 \times 31$
Scheggi et al. [91]	rigid circular platform	1 servo motor	contact, pressure	20	$30 \times 26 \times 35$
Chinello et al. [94]	rigid circular platform	3 servo motors	contact, pressure, curvature	25	$45 \times 35 \times 43$
Kim et al. [98]	8×4 pin array	linear ultrasonic actuators	pressure, curvature		$18 \times 25.5 \times 13.5^{\ddagger}$
Sarakoglou et al. [100], [101]	4 imes 4 pin array	DC motors	pressure, curvature	30	$32 \times 12 \times 15$
Caldwell et al. [102]	4×4 pin array + 4 air pockets	pneumatic actuators	pressure, curvature, softness, friction, vibration	20	$30 \times 30 \times 12$
Koo et al. [104]	4×5 cell array	dielectric elastomer actuators	pressure, curvature		$22 \times 20 \times 14^{\ddagger}$
Frediani et al. [105]	soft membrane	dielectric elastomer actuators	softness	15	$27 \times 50 \times 10^{\ddagger}$
Moy et al. [110]	5×5 cell array	solenoid 3-way pneumatic valves	pressure, curvature, softness		$12 \times 12 \times 30$
Gleeson et al. [115]	rigid tactor	2 servo motors	friction	39	$24 \times 24 \times 41^{\ddagger}$
Solazzi et al. [116]	rigid tactor	Shape Memory Alloys	friction	20	$30 \times 30 \times 25$
Minamizawa et al. [14]	fabric belt	2 DC motors	pressure, friction	35	$50 imes 33 imes 34^{\ddagger}$
Pacchierotti et al. [117]	fabric belt	2 servo motors	pressure, friction	35	$37 \times 18 \times 21$
Bianchi et al. [118]	stretchable fabric	2 DC motors + 1 servo motor	contact, softness	100	$100 \times 60 \times 36$
Tsetserukou et al. [112]	rigid tactor	2 DC motors	contact, pressure, friction	13.5	$26.1\times32\times38.5$
Leonardis et al. [113], [114]	rigid tactor	3 servo motors	contact, pressure, friction	22	$20 \times 30 \times 39$
Girard et al. [119]	rigid tactor	2 DC motors	friction	22	$20.4 \times 35 \times 34.1$
Schorr and Okamura [120]	rigid tactor	3 DC motors	contact, pressure, friction	32	$21.5\times48.8\times40.2$
Pabon et al. [121]	3 motors per finger, 5 fingers	Eccentric Rotating Mass (ERM) motors	vibration		as a work glove
Sanfilippo et al. [122]	1 motor per finger pad, 5 fingers	Eccentric Rotating Mass (ERM) motors	vibration	20 [‡]	as a work glove
Foottit et al. [123]	1 motor per finger pad, 5 fingers	Eccentric Rotating Mass (ERM) motors	vibration		as a work glove

 TABLE 2

 Wearable Haptic Devices for the Fingertip Considered in Section 5.1

No superscript in the last two columns indicates quantities directly measured or found in the cited papers, while superscript \ddagger indicates quantities estimated from graphics included in the cited papers. Symbol . indicates that we were not able to retrieve the data in any of the aforementioned ways.

tendons. A more portable and improved design solution of 668 the same concept was then developed in [83], [84] and 669 named Active Thimble. A voice-coil actuator was introduced 670 for simulating fast contact transition, and the overall system 671 mobility was reduced to 3-DoF: two degrees of freedom for 672 the orientation and one linear degree of freedom to control 673 the contact force at the fingertip. Gabardi et al. [85] further 674 improved the Active Thimble by replacing sheathed tendon 675 actuation with DC motors mounted directly on the joints 676 (see Fig. 2a). Moreover, they increased the portability and 677 wearability of the system by reducing the overall weight 678 and dimensions. The total weight of this device is now only 679 30 g for $66 \times 35 \times 38$ mm dimensions. 680

Prattichizzo et al. [5] presented a wearable 3-DoF fingertip device for interaction with virtual and remote environments. It consists of two platforms: one is located on the back of the finger, supporting three small DC motors, and the other is in contact with the volar surface of the fingertip. The motors shorten and lengthen three cables to move

the platform toward the user's fingertip and re-angle it to 687 simulate contacts with arbitrarily oriented surfaces. The 688 direction and amount of the force reflected to the user is 689 changed by properly controlling the cable lengths. Three 690 force-sensing resistors near the platform vertices measure 691 the fingertip contact force for closed-loop control. Pac- 692 chierotti et al. [86] presented an improved version of the 693 same device that achieves higher accuracy by using motors 694 with encoders and a single force sensor. It consists again of 695 two platforms connected by three wires (see Fig. 2b). Three 696 small electrical motors, equipped with position encoders, 697 control the length of the wires, moving the mobile plat- 698 form toward the fingertip. One force sensor is placed at 699 the platform's center, in contact with the finger pulp. More 700 recently, Kim et al. [87] integrated this device with four 701 IMU sensors to track its position in 3-dimensional space. 702 They included IMUs on the mobile platform, over the DC 703 motors, on the dorsal side of the palm, and on the palmar 704 side of the proximal phalanx. 705

However, although these two platform-equipped devices 706 have been successfully employed in various scenarios [88], 707 [89], [90], [91], they are not able to make and break contact 708 709 with fingertip, which is known to be important in tactile interaction [92], [93]. In this respect, Chinello et al. [94] pre-710 711 sented a 3RRS wearable fingertip device. It is composed of 712 two parallel platforms: the upper body is fixed on the back 713 of the finger, housing three small servo motors, and the 714 mobile end-effector is in contact with the volar surface of the fingertip (see Fig. 2c). The two platforms are connected 715 by three articulated legs, actuated by the motors, in order to 716 717 make and break contact with the skin, move the mobile platform toward the user's fingertip, and re-angle it to simulate 718 contacts with arbitrarily-oriented surfaces. The device was 719 also successfully used to render contact forces in virtual 720 reality applications [95]. 721

Pin-Arrays. Already in 1993, Shimizu et al. [96] investi-722 gated the haptic recognition of familiar objects by the early 723 blind, the late blind, and the sighted with two-dimensional 724 and three-dimensional stimuli produced by an array of 725 pins. The authors considered two different arrangements of 726 the tactors. One consisted of 1,827 pins arranged with 3-mm 727 interspacing. The other consisted of 3,927 pins with 2-mm 728 interspacing. Each pin, made of resin, was curved at the 729 top. The diameter of the pins was 2.75 mm for the 3-mm 730 arrangement, and 1.75 mm for the 2-mm arrangement. In 731 732 1995, Howe et al. [97] developed a pin-array display aimed at rectifying the deficit of cutaneous feedback in surgical 733 robotics. The display raises pins against the human fingertip 734 skin to approximate a desired shape. It is composed of a 735 6×4 array of pins actuated via shape memory alloy (SMA) 736 wires, with a center-to-center pin spacing of 2.1 mm. The 737 authors validated the system by carrying out an experiment 738 of remote palpation. Although these kinds of displays are 739 very flexible and quite effective, they usually employ a large 740 number of actuators that require bulky control and actu-741 ation modules 742

In constrast, Kim et al. [98] achieved a lightweight and 743 wearable design for a haptic display composed of an 8×4 744 pin array, with a spatial resolution of 1.5 mm and an overall 745 dimension of $17 \times 34 \times 32$ mm. The authors placed three 746 747 devices on a glove, being able to provide the human user with cutaneous stimuli to the thumb, index, and middle fin-748 gers. Sarakoglou et al. [99] also proposed a compact 4×4 tac-749 tor array, actuated remotely through a flexible tendon 750 transmission. The center-to-center pin spacing is 2 mm, the 751 diameter of each pin is 1.5 mm, and the maximum displace-752 ment is 2 mm. The total weight of the device is 275 g, of which 753 10 g are loaded on the actuated finger. Similarly, the device 754 presented in [100], [101] is composed of a 4×4 pin array. 755 The pin array is embedded in a finger clip mechanism that 756 enables the device to be easily worn on the fingertip. The 757 weight of this device is 300 g, of which 30 g are loaded on the 758 759 actuated finger. Caldwell et al. [102] presented a device able 760 to combine normal indentation and shear stimuli, with the objective of stimulating a wide range of mechanoreceptors, 761 with localized stimuli from DC to 400 Hz. They used a 4×4 762 pin array to provide information about shape and edges. The 763 spatial separation of the pins was 1.75 mm, while the overall 764 dimensions of the array was 15×15 mm. Pins had a diame-765 ter of 1.75 mm at tip. To replicate friction and drag sensa-766 tions, Caldwell et al. [103] used pneumatic Muscle Actuators 767 (pMA). A pneumatic actuator was mounted on each lateral 768

face of the device, between the pin-array module and an 769 outer aluminum containment shell. The overall dimensions 770 of the combined haptic device was $30 \times 30 \times 12$ mm. All 771 these implementations managed to achieve a compact 772 design, but they still require quite a bulky external drive unit 773 for the actuation and control systems. Koo et al. [104] 774 addressed the wearability challenge of such devices by using 775 dielectric elastomer actuators, that can provide cutaneus 776 stimuli without any electromechanical transmission. Their 777 device is composed of a 4×5 array of stimulating cells. The 778 total active area for the device is 11×14 mm, and the centers 779 of tactile stimulating elements are 3 mm apart. Each element 780 is 2 mm in diameter, the initial height is 0.1 mm, and the max-781 imum displacement is 0.45 mm. The entire device is flexible 782 and lightweight like a bandage. Similarly, Frediani 783 et al. [105] described a wearable wireless fingertip display, 784 able to mechanically stimulate the fingertip. The device was 785 also based on dielectric elastomer actuators. The actuators 786 were placed in contact with the finger pulp, inside a plastic 787 case, which also hosted a compact high-voltage circuitry. A 788 custom wireless control unit was fixed on the forearm and 789 connected to the display via low-voltage leads.

Pneumatic Systems. Similarly to pin arrays, another popu- 791 lar set of wearable systems providing stimuli via normal 792 indentations are pneumatic jets and balloon-based systems. 793 The group of James C. Bliss was one of the first to use air jets 794 for sensory substitution of visual cues for the visuallyimpaired. One of their first devices consisted of a 12×12 796 array of air jets placed in contact with the index fingertip. 797 The contour of each letter was displayed to the finger using 798 the air provided by the jets [106], [107], [108]. Kim et al. [109] 799 presented a wearable air-jet display to provide click-like sen- 800 sations in an augmented reality environment. The display is 801 composed of a 5×5 jet array in contact with the finger pad 802 and of 5 additional air jets placed on each side of the finger- 803 tip. Each jet has a diameter of 2.4 mm. Moy et al. [110] tried 804 to achieve a compact design for a fingertip device using a bal- 805 loon-based end-effector, developing a one-piece pneumatically-actuated tactile display molded from silicone rubber. 807 The tactile display consists of a 5×5 array of elements. Ele- 808 ments are placed 2.5 mm apart from each other and have a 809 diameter of 1 mm. The contact area is 12×12 mm. Pin and 810 air balloon arrays provide spatially distributed tactile infor- 811 mation through multiple moving tactors. This means that, in 812 addition to normal stresses, they can also provide tactile 813 information by changing the contact area between the skin 814 and the display. To a similar end, Gwillian et al. [111] 815 described an adjustable aperture wearable air-jet pneumatic 816 lump display that directs a thin stream of pressurized air 817 through an aperture onto the finger pad. Increasing the air 818 pressure increases the normal force provided at the fingertip, 819 while increasing the air-jet aperture increases the contact 820 area. The display is designed to produce the sensation of a 821 lump with minimal hardware requirements. 822

5.1.2 Lateral Skin Stretch and Relative Tangential Motion

Lateral skin stretch is a feedback modality in which a shear 825 force is applied to the skin. It exploits the high sensitivity of 826 human skin to tangential stretch and can provide the user 827 with directional information. Skin stretch and tangential 828 motion stimuli can then be combined to provide the 829 illusion of slip. Caress, friction, indentation, push-button, 830

823

proprioception, and large-radius surface curvature display,as described in Section 3.1, fall under this category.

In 2005, Provancher et al. [124], [125] designed a skin stretch display featuring a roller that translates along the finger and makes and breaks contact with the user's fingertip. The roller is suspended beneath the user's fingertip, and it is either free to rotate or not, portraying rolling and sliding contacts, respectively. The actuation system is driven via two sheathed push–pull wires.

Gleeson et al. [115] introduced a 2-DoF fingertip device 840 that laterally stretches the skin of the fingertip using a 7 mm 841 hemispherical tactor. Its two RC servo motors and compli-842 ant flexure stage can move the tactor along any path in the 843 plane of the finger pad. The device is capable of rendering 844 1 mm of displacement at arbitrary orientations within a 845 plane, with a rate of 5 mm/s. The device has been also used 846 to guide a human user navigating an unknown space [126]. 847 Similarly, Solazzi et al. [116] presented a 2-DoF skin-stretch 848 device actuated by Shape Memory Alloy actuators. 849

Minamizawa et al. [14] developed a wearable fingertip 850 851 device able to render the weight of virtual objects by provid-852 ing, at the same time, cutaneous stimuli tangential and nor-853 mal to the finger pulp. It consists of two DC motors that move a belt that is in contact with the user's fingertip (see 854 Fig. 3a). When the motors spin in opposite directions, the 855 belt presses into the user's fingertip, and when the motors 856 857 spin in the same direction, the belt applies a tangential force to the skin. It weighs only 35 g for $50 \times 33 \times 34$ mm dimen-858 sions. This device was also used in [127] to display remote 859 tactile experiences: an instrumented glove registers the 860 interaction forces in the remote environment, and three 861 wearable fingertip devices feed those forces back to the 862 human user. A similar device, composed of two servo 863 864 motors and a belt, was also used by Pacchierotti et al. [117] for multi-finger manipulation of virtual objects and by Hus-865 sain et al. [128] for the control of a robotic sixth finger, but 866 in this case the device was not placed on the fingertip as 867 in [14], [127], but instead in contact with the proximal finger 868 phalanx. This configuration allowed improved markerless 869 optical tracking of the fingertips, and avoided preventing 870 use of the fingertips to interact with real objects. Bianchi 871 et al. [118], [129] adopted a similar design for their fabric-872 based wearable display. Two DC motors move two rollers 873 attached to an elastic fabric in contact with the fingertip, 874 875 varying its stiffness. A lifting mechanism can independently regulate the pressure exerted by the fabric on the fingertip. 876

877 In addition to soft end-effectors, Tsetserukou et al. [112] 878 presented a 2-DoF wearable fingertip device featuring a rigid tactor in contact with the fingertip. It is composed of 879 two DC motors driving a five-bar linkage mechanism 880 mounted at the sides of the fingertip (see Fig. 3b). Similarly 881 to [14], when motors rotate in the same direction, the link-882 age slides tangentially on the finger pad. On the other hand, 883 when motors rotate in the same direction, the linkage moves 884 towards or away from the fingertip. Leonardis et al. [113], 885 886 [114] presented a 3RSR wearable skin stretch device for the fingertip. It moves a rigid tactor in contact with the skin, 887 providing skin stretch and making/breaking contact sensa-888 tions. An asymmetrical 3RSR configuration allows compact 889 890 dimensions with minimum encumbrance of the hand workspace and minimum inter-finger interference (see Fig. 3c). 891 This device has also been used for upper limb rehabilitation 892

of patients affected by cerebral palsy [130]. Similarly, Girard 893 et al. [119] developed a wearable haptic device able to simu- 894 late 2-DoF shear forces at the fingertip. It is composed of a 895 parallelogram structure actuated by two DC motors that 896 move a tactor in contact with the fingertip. It weighs only 22 g 897 for a total dimension of $20 \times 34 \times 35$ mm. The tactor's maxi-898 mum displacement is 2 mm in both directions. More recently, 899 Schorr and Okamura [120] presented a wearable device able to make and break contact in addition to rendering shear and 901 normal skin deformation to the finger pad. The device is com- 902 posed of a delta parallel mechanism, which has three transla-903 tional DoF, enabling both normal, lateral (ulnar and radial) 904 and longitudinal (distal and proximal) skin deformation. It 905 weighs 32 g for $21.5 \times 48.8 \times 40.2$ dimensions. It has an oper-906 ational workspace of $10 \times 10 \times 10$ mm, and it can apply maxi- 907 mum normal and lateral forces of 2 N and 7.5 N, respectively.

5.1.3 Vibration

In addition to the above-mentioned types of cutaneous feed- 910 back, there is also a growing interest in vibrotactile stimuli. 911 Vibration/texture, push-button, and caress display, as 912 described in Section 3.1, fall under this category. The small 913 and lightweight form factor of vibrotactile actuators have 914 enabled researchers to develop highly-wearable interfaces 915 using such technology. 916

One of the first example of vibrotactile motors used to 917 build wearable haptic devices has been presented by Cheng 918 et al. [131] in 1997. The authors used a 5DT² sensing glove 919 (Fifth Dimension Technologies, South Africa), that provided 920 the hand pose, together with a Red Baron tracker (Logitech, 921 Switzerland), that provided the position of the wrist. Two 922 vibrotactile motors per fingertip were used to provide cuta- 923 neous feedback about the interaction with virtual objects. 924 Later, Pabon et al. [121] developed a low-cost vibrotactile 925 data-glove composed of two goniometric sensors and three 926 vibrotactile motors per finger. Kurita et al. [132] used vibro- 927 tactile stimuli to improve tactile sensitivity. Results showed 928 that applying white noise vibrations to the side of the finger- 929 tip improved two-point discrimination, texture discrimination, and grasping force optimization. Romano et al. [133] 931 presented a vibrotactile glove focusing on providing tactile 932 cues associated with slip between the glove and a contact 933 surface. Relative motion is sensed using optical mouse sensors embedded in the glove's surface, and this information is 935 conveyed to the wearer via vibrotactile motors placed inside 936 the glove against the wearer's finger pad. Krishna et al. [134] 937 used a similar vibrotactile glove to deliver facial expressions 938 to visually-impaired people. Three vibrotactile motors per 939 fingertip provide cutaneous information about human emo- 940 tions. More recently, Muramatsu et al. [135], Galambos and 941 Baranyi [136], Sanfilippo et al. [122], and Foottit et al. [123] 942 presented vibrotactile gloves with one vibrotactile motor per 943 finger pad. The glove presented by Muramatsu et al. also 944 embeds one bend sensor per finger to detect the grasping 945 pose, and the glove presented by Foottit et al. uses IMU and 946 optical bend sensors to track the hand orientation and grasp-947 ing pose, respectively. Vibrotactile feedback at the fingertips 948 has been also used by Bial et al. [137] for outdoor navigation 949 and by Murray et al. [138] for telemanipulation. 950

5.2 Whole Hand

In addition to fingertip devices, researchers have also 952 focused on the design and development of wearable haptic 953 interfaces providing cutaneous and kinesthetic stimuli to 954

909

Device	End-effector	Actuation technology	Type of pro- vided stimuli	Weight at the hand (g)	Dimensions (mm)
Leonardis et al. [150]	1 contact point per finger phalanx, 5 fingers	2 DC motors	kinesthetic	950	$40 \times 100 \times 200$
Tanaka et al. [153]	pneumatic actuators for the palm, four fingers, and four finger pads	4 bellows actua- tors + 2 air jet nozzles	kinesthetic, pressure	232	
Bouzit et al. [154]	contact at the finger pad, 4 fingers	RMII-ND cus- tom pneumatic actuators	kinesthetic	80	
Sarakoglou et al. [160]	2 contact points per finger, 4 fingers	7 DC motors	kinesthetic	250	
In et al. [141], [142]	1 tendon per finger, 2 fingers	1 DC motor	kinesthetic	80	as a work glove
Arata et al. [168]	1 tendon per finger, 4 fingers	1 DC motor	kinesthetic	320	
Nycz et al. [169]	1 tendon per finger, 4 fingers	4 DC motor	kinesthetic	113	
Polygerinos et al. [170]	1 hydraulic actuator per finger, 5 fingers	5 soft fiber-rein- forced actuators	kinesthetic	285	$20\times10\times200^{\ddagger}$
Allotta et al. [171]	2 contact points per finger, 4 fingers	4 servo motors	kinesthetic	330	$60\times90\times200^{\ddagger}$
Ma and Ben-Tzvi [174], [175]	contact at the finger pad, 2 fingers	2 DC motors	kinesthetic	180	$40\times90\times200^{\ddagger}$
Agarwal et al. [176]	3 contact points per finger, 1 finger	series elastic actuators	kinesthetic	80	
Choi et al. [178]	1 contact point per finger, 3 fingers (+ the thumb)	3 DC motors	kinesthetic	55	$38\times 38\times 200$
Kim et al. [177]	contact at the finger pad, 1 finger	1 servo motor + 1 linear resonant actuator	contact, kines- thetic, vibration	80	$25 \times 60 \times 150$
Fu et al. [165]	2 contact points per finger, 2 fingers	8 DC motor	kinesthetic		
Lambercy et al. [180]	contact at the finger pad, 1 finger	1 servomotor	kinesthetic	126	
Khurshid et al. [143], [144]	2 contact points per finger,	1 DC motor +	contact, pres-	205	
	2 fingers	1 voice coil	sure, kinesthetic, vibration		
Stergiopoulos et al. [185]	2 contact points per finger, 2 fingers	1 DC motor + 1 voice coil	contact, pres- sure, kinesthetic, vibration		
Lelieveld et al. [186]	3 contact points per finger, 1 finger	4 DC motors	kinesthetic	60	
Chiri et al. [188], [189]	2 contact points per finger, 1 fingers	1 DC motor	kinesthetic	115	
Cempini et al. [192]	2 contact points per finger, 2 fingers	4 DC motors	kinesthetic	438	
Iqbal et al. [145]	1 contact points per finger, 4 fingers	4 DC motors	kinesthetic	460	
Gollner et al. [201]	32 contact points distributed on the hand	32 shaftless coin vibrating motors	vibration	35 [‡]	as a work glove
Martinez et al. [202]	10 contact points distributed on the hand	10 shaftless coin vibrating motors	vibration	20 [‡]	as a work glove

TABLE 3 Wearable Haptic Devices for the Whole Hand Considered in Section 5.2

No superscript in the last two columns indicates quantities directly measured or found in the cited papers, while superscript [‡] indicates quantities estimated from graphics included in the cited papers. Symbol . indicates that we were not able to retrieve the data in any of the aforementioned ways.

the whole hand. Heo et al. [139] presented in 2012 a review 955 on hand exoskeleton technologies for rehabiliation. A non-956 published report on the state-of-the-art of hand exoskele-957 tons has been also prepared by the University of Bolo-958 959 gna [140]. In this section we report on hand exoskeletons that directly addressed challenges related to the wearability 960 of the system. Similarly to Section 5.1, we divide this section 961 in two section, categorizing the devices according to the 962 haptic stimuli they can provide. Table 3 summarizes the fea-963 tures of the devices reviewed in this section. 964

965 5.2.1 Kinesthetic Stimuli

Already in 1992, Bergamasco [146] introduced guidelines for providing haptic feedback to the hand by analyzing the contact forces arising during exploratory and manipulative 968 procedures. A few years later, he presented the kinematic 969 scheme of a wearable finger exoskeleton that consisted of 970 four links connected by revolute joints, one corresponding 971 to each joint of the finger [147]. For each joint of the exoskel- 972 eton, the flexion-extension direction of the finger was actu- 973 ated, and all joints integrated rotation sensors, including 974 adduction-abduction movements at the metacarpophalan-975 geal joint. Later on, Bergamasco's PERCRO laboratory pro-976 posed several revised versions of this first concept, 977 considering multi-finger designs and improving the overall 978 wearability of the system [148], [149], [150]. In 2002, 979 researchers at the Keio University presented a wearable 980 multi-finger non-isomorphic device actuated by passive 981

clutches [151]. Each finger had 4 degrees of freedom. In the 982 983 same year, Springer and Ferrier [152] presented a 1-finger exoskeleton device using a four-link serial planar linkage to 984 985 transmit kinesthetic force from the palm to the fingertip; 986 and Tanaka et al. [153] presented a haptic glove able to provide kinesthetic feedback to four fingers using pneumatic 987 balloon actuators and cutaneous feedback to two finger 988 pads using air jet nozzles. Pneumatic actuators were also 989 used by Bouzit et al. [154] for the well-known Rutgers 990 Master II, which can provide kinesthetic force up to 16 N to 991 992 the thumb, index, middle, and ring fingers. It uses pneumatic actuators arranged in a direct-drive configuration in 993 the palm. Moreover, the structure also serves as a position 994 measuring exoskeleton by integrating non-contact Hall-995 effect and infrared sensors. Unlike other hand exoskeletons, 996 the end-effector of the Rutgers Master II is placed on the 997 intermediate phalanx of the fingers, leaving the fingertips 998 free to interact with the environment (similarly to [117] 999 and [155]). Pneumatic actuators were later used in the wear-1000 able hand exoskeletons presented in [156], [157], [158], 1001 [159], which resulted in more compact and lightweight 1002 designs. Hand exoskeletons able to provide kinesthetic 1003 feedback have also often been used in rehabilitation applica-1004 tions for hand-related injuries. For example, Sarakoglou 1005 et al. [160] proposed a wearable hand exoskeleton exerciser 1006 1007 for the rehabilitation of hand-related injuries. It enables the execution of finger therapy regimes, and it can be used as a 1008 1009 motion analysis and lost finger mobility diagnosis tool. The exoskeleton provides 1-DoF kinesthetic feedback to the 1010 thumb and 2-DoF kinesthetic feedback to the index, middle, 1011 and ring fingers. Similarly, Wege and Hommel [161] devel-1012 1013 oped a wearable hand exoskeleton for rehabilitation able to provide kinesthetic feedback to four degrees of freedom of 1014 1015 the finger. The exoskeleton moves the fingers by a construction of levers, which are connected through Bowden cables 1016 to the motors. Several research groups have indeed used 1017 force reflecting hand exoskeletons for rehabilitation pur-1018 poses [77], [139], [150], [161], [162], [163], [164], [165], [166]. 1019 However, of course, wearability is often not the main design 1020 goal of these systems. 1021

An extremely wearable version of such hand interfaces 1022 1023 has been presented by In et al. [141], [142], which proposed a jointless hand exoskeleton weighting only 80 g (see Fig. 4a). 1024 As discussed in Section 4, reducing the weight and form fac-1025 tor of haptic interfaces is indeed important toward a good 1026 wearability of the system. The exoskeleton of In et al. is com-1027 posed of tubes and wires that run along the finger. Pulling 1028 the wires toward the palm provides the wearer with kines-1029 1030 thetic feedback along one direction. The challenges of adaptation of this jointless exoskeleton to different hand and 1031 finger sizes is discussed in [167]. Another lightweight hand 1032 exoskeleton has been presented by Arata et al. [168]. The 1033 mechanism is driven through large deformations of a com-1034 pliant mechanism body, and it weighs 320 g. It is designed 1035 to distribute 1-DoF actuated linear motion into three rota-1036 tional motions of the finger joints, which translate into nat-1037 1038 ural finger flexion/extension. The portability of this exoskeleton has been significantly improved by Nycz 1039 1040 et al. [169] using a remote actuation system. A push-pull Bowden cable is used to transmit actuator forces from a 1041 backpack to the hand. This remote actuation approach 1042 reduced the hand exoskeleton weight by over 50 percent 1043 without adverse effects to functionality. 1044

More recently, Polygerinos et al. [170] developed a five- 1045 fingers soft robotic glove actuated by hydraulic multi- 1046 segment soft actuators. The actuators are designed to repli- 1047 cate finger and thumb motions suitable for typical grasping 1048 movements. Moreover, the actuators are placed on the dor- 1049 sal side of the hand, leaving the palm free to interact with 1050 the environment. The exoskeleton weights 285 g and fea- 1051 tures 1 active DoF per finger. Allotta et al. [171] and Conti 1052 et al. [172], [173] developed a compact four-fingers hand 1053 exoskeleton weighting 330 g. Each finger module has 1-DoF and it is composed of a parallel kinematic chain. The end-1055 effector is placed at the fingertip, and the device is 1056 grounded on the palm and on the intermediate phalanx. Ma 1057 and Ben-Tzvi [174], [175] of the George Washington Univer- 1058 sity made the wearability of the system the main require- 1059 ment of their two-finger exoskeleton. Each finger consists of 1060 three parts: a three-link exoskeleton, an actuator unit, and 1061 two actuation cables. The DoF of the metacarpophalangeal 1062 (MCP), proximal interphalangeal (PIP), and distal interpha- 1063 langeal (DIP) joints of each finger are coupled together with 1064 one actuator module. The total weight of the two-finger pro-1065 totype is 180 g. Agarwal et al. [176] presented a wearable 1066 hand exoskeleton with series elastic actuation capable of 1067 bidirectional and independent joint torque control at the fin- 1068 ger joints. It weighs 80 g. The design of the exoskeleton also 1069 allows the replacement of the stiffness elements without 1070 having to remove the cables, making it easy to adjust for dif- 1071 ferent users. Kim et al. [177] developed a wearable hand 1072 exoskeleton able to provide 1-DoF kinesthetic feedback to 1073 each finger and vibrotactile stimuli at the fingertip. The 1074 actuators are placed on the back of the palm, and the weight 1075 of a one-finger prototype is 100 g. Choi et al. [178] presented 1076 a wearable interface able to render forces between the 1077 thumb and three fingers to simulate objects held in preci- 1078 sion grasps. Using brake-based locking sliders, the system 1079 can withstand 100 N of force between each finger and the 1080 thumb. Time-of-flight sensors provide the position of the 1081 fingers and an IMU provides orientation tracking. The total 1082 weight of the device is 55 g, including a 350 mAh battery 1083 that enables the device to be used for around 5 hours and 1084 1,500 grasps. Finally, Achibet et al. [179] recently presented 1085 a passive wearable exoskeleton providing kinesthetic feed- 1086 back to four fingers. It is composed of independent finger 1087 modules made of a bendable metal strip, anchored to a plate 1088 on the back of the hand and ending at the fingertip. Each 1089 strip offers a range of motion to the fingertip of 7.3 cm. The 1090 full range can be reached with a force of 2.5 N. Near the fin- 1091 gertip, the metal strip can also house a vibrotactile motor 1092 for the rendering of textures. 1093

In addition to weight and form factor, the adaptability of 1094 the system to different limb sizes is indeed another main 1095 design challenge for wearable haptic systems (see Section 4). 1096 In this respect, Fu et al. [165] developed a compact hand 1097 exoskeleton able to actuate the MCP, PIP, and DIP joints of 1098 each finger. It is composed of three main parts: an adaptive 1099 dorsal metacarpal base, a Bowden cable driven actuator, 1100 and up to five adaptive dorsal finger exoskeletons. Each fin-1101 ger module has a 2-DoF adaptation system to adjust to different finger sizes. A similar adaptive approach has been 1103 also devised for the dorsal metacarpal base. Finally, each 1104 joint is equipped with force sensors. Brokaw et al. [164] presented a passive linkage-based device able to provide extension moments to the finger joints to compensate for finger 1107



Fig. 5. Three representative wearable haptic devices providing vibrotactile stimuli to the hand.

flexor hypertonia. It is designed to follow the normal kine-1108 matic trajectory of the hand during pinch-pad grasping. The 1109 finger attachment points can be extended to adjust to differ-1110 1111 ent finger lengths, while the thumb attachment can be rotated to match the current user's thumb orientation. Lam-1112 bercy et al. [180] developed a palm-grounded thumb exo-1113 1114 skeleton able to provide forces up to 10 N at the fingertip while weighing less than 150 g. To adapt the exoskeleton to 1115 1116 hands of different sizes, the lateral position and orientation of the actuators can be adjusted to ensure proper alignment 1117 1118 with the MCP joint. Moreover, the links can be shifted to match the thumb length. More recently, Khurshid 1119 et al. [143], [144] developed a wearable device able to pro-1120 vide kinesthetic grip force feedback, along with indepen-1121 pressure, dently-controllable fingertip contact, 1122 and vibrotactile stimuli. The device is worn on the user's thumb 1123 and index fingers, and it allows to control the grip aperture 1124 1125 of a PR2 robotic hand (see Fig. 4b). It is composed of a rotational joint, whose axis is aligned with the MCP joint of the 1126 index finger, and two rigid links. The first link is secured 1127 around the proximal phalanx of the thumb, and it contains 1128 a lockable sliding linkage to easily adjust the distance 1129 1130 between the MCP joint and the side of the thumb piece. The second link is fixed and secured to the index finger. A DC 1131 1132 motor actuates the revolute joint, providing kinesthetic 1133 feedback to the hand, while one voice-coil actuator per finger provides cutaneous stimuli at the fingertip. Bianchi 1134 et al. [181] presented a scaling procedure to automatically 1135 adapt the rehabilitation hand exoskeleton of [171], [172], 1136 [173] to different patients. 1137

Another relevant design challenge for wearability is ensur-1138 ing kinematic coupling between the wearer and the exoskele-1139 ton joints, impairing as little as possible the motion of the 1140 wearer (see again Section 4). For instance, Stergiopoulos 1141 1142 et al. [185] developed a two-finger exoskeleton for virtual reality grasping simulation. It allows full finger flexion and 1143 extension and provides kinesthetic feedback in both direc-1144 1145 tions. It has 3-DoF at the index finger and 4-DoF at the 1146 thumb. Lelieveld et al. [186] proposed two lightweight wearable 4-DoF exoskeletons for the index finger. The first 1147 1148 design is a statically balanced haptic interface composed of a rolling-link mechanism and four constant torque springs 1149 for active kinesthetic feedback. The second design consid-1150 ers a rolling-link mechanism with a mechanical tape brake 1151 for passive kinesthetic feedback. Yang et al. [187] have 1152 1153 recently presented a jointless tendon-driven hand exoskeleton which focuses on correctly replicating natural finger 1154 motion during grasping. They used two staggered tendons 1155 per finger, able to couple the movement of the PIP and 1156 DIP as well as the MCP and PIP during finger flexion. Chiri 1157 et al. [188], [189] focused on the development of an ergo-1158 nomic hand exoskeleton featuring full kinematic coupling 1159

with the wearer joints, called HANDEXOS. The PIP and DIP 1160 joints are implemented with revolute DoF, aligned along the 1161 PIP and DIP axes, and they are equipped with an idle pulley 1162 for the actuation cable routing. For the MCP joint, the authors 1163 considered a self-aligning architecture consisting of a paral- 1164 lel chain made of two revolute and one linear DoF. It weigths 1165 115 g. Later, the BioRobotics Institute proposed many 1166 revised versions of this first concept, improving the overall 1167 wearability and comfort of the system, also considering reha- 1168 bilitation applications [77], [190], [191], [192], [193]. Similarly, 1169 Iqbal et al. [194] of the Italian Institute of Technology (IIT) 1170 developed a Revolute-Revolute (RRR) wearable 1171 mechanism able to provide high forces (up to 45N) at the 1172 proximal phalanx of the thumb and index fingers. Following 1173 this, the IIT proposed several revised versions of this first 1174 concept, considering multi-finger designs, improving the 1175 overall wearability and performance of the system, and 1176 addressing rehabilitation applications [145], [195], [196], 1177 [197], [198], [199]. For example, the latest hand exoskeleton 1178 presented by Iqbal et al. [145] in 2015 weights 460 g, provides 1179 4 DoF per finger (1 active), and can provide up to 8 N at the 1180 fingertip (see Fig. 4c). Recently, Sarac et al. [200] presented 1181 an underactuated hand exoskeleton with one actuator per 1182 finger and a linkage kinematics capable of automatically 1183 adapting to user hand size. 1184

5.2.2 Vibration

Due to the small form factor and low mass of vibrotactile 1186 actuators, exoskeletons providing only vibrotactile feedback 1187 can more easily achieve high wearability levels compared to 1188 systems that provide kinesthetic feedback. One of the first 1189 examples of vibrotactile gloves has been developed by 1190 Uchiyama et al. [182] for providing directions and spatial 1191 representation to wheelchair users who have severe visual 1192 impairment. The vibration signals are provided through a 1193 3-by-3 array of vibrotactile actuators placed on the back of 1194 the hand (see Fig. 5a). One year later, Kim et al. [183] used a 1195 similar approach to increase the immersiveness of multime- 1196 dia experiences such as movies and computer games. They 1197 developed a glove housing twenty vibrotactile actuators and 1198 devised a mapping algorithm between tactile sensations and 1199 multimedia content (see Fig. 5b). Sziebig et al. [203] devel- 1200 oped a vibrotactile glove for virtual reality applications com- 1201 posed of six vibrotactile actuators, five on the fingertips and 1202 one on the palm. Hayes [204] provided vibrotactile feedback 1203 on the hand for haptic-enabled music performances. She 1204 integrated two vibrotactile motors on the palm to recreate 1205 the vibrations produced by an acoustic instrument. The fin- 1206 gertips are left free to interact with the environment. Karime 1207 et al. [205] presented a vibrotactile glove for wrist rehabilita- 1208 tion of post-stroke patients. The glove houses a triple axis 1209 accelerometer on the wrist to register tilt angles, and two 1210

(a) Reactive Grip Motion Controller by Tactical Haptics.

(b) Tactai Touch[™] system by Tactai.



(c) VR Touch system by GoTouchVR.

Fig. 6. Gaming is one of the most promising application for wearable haptic technologies. For example, (a) the "Reactive Grip" motion controller provides skin stretch and relative tangential motion to the hand to recreate the compelling sensation of holding in-game objects; (b) the "Tactai TouchTM" fingertip device is able to provide pressure, texture, and the sensation of making and breaking contact with virtual objects; and (c) the "VR Touch" fingertip device is able to provide pressure and the sensation of making and breaking contact with virtual objects.

vibrotactile actuators on the back of the hand to indicate 1211 requested movements. Gollner et al. [201] presented a vibro-1212 tactile system to support deafblind people's communication. 1213 The glove is made of stretchy fabric equipped with 35 fabric 1214 pressure sensors on the palm and 32 shaftless coin vibrating 1215 1216 motors on the back. The control unit is integrated in a case mounted on the forearm. More recently, Martinez et al. [202] 1217 presented a vibrotactile glove for the identification of virtual 1218 3D objects without visual feedback. They arranged twelve 1219 1220 vibrotactile actuators on the palm and fingers, and they con-1221 trolled them through a microcontroller on the wrist.

Systems similar to the ones reported in this section, featuring different arrangements of vibrotactile actuators across the hand, have shown promising results in various applications, such as robot-assisted surgery [206], guidance of visually-impaired people [207], virtual reality [208], [209], [210], rehabilitation [211], [212], [213], and enhanced cinematic experiences [184] (see Fig. 5c).

1229 **6 PERSPECTIVES**

The wearability of haptic interfaces have significantly 1230 1231 broadened the spectrum of possible applications of haptic technologies. Wearable haptic systems have in fact enabled 1232 1233 the use of haptic devices in everyday life. They naturally fit 1234 the human body without constraining it, and they can func-1235 tion without requiring any additional voluntary action. In 1236 this way, users can seamlessly perceive and interact with 1237 the surrounding environment in a natural yet private way. The variety of new opportunities wearable haptics can bring 1238 in social interaction, health-care, virtual reality, remote 1239 assistance, and robotics are exciting. Wearable haptic tech-1240 nologies have the potential to transform the way humans 1241 physically interact with the world. 1242

The primary advantage of wearable haptic devices is their 1243 reduced form factor compared to grounded devices, a fea-1244 ture that opens the possibility of easily engaging in multi-1245 contact interactions. With wearable haptics, multi-contact 1246 haptic feedback does not require more cumbersome and 1247 1248 complex systems, but rather multiple instances of similar 1249 designs—this seems particularly promising for grasping and 1250 rehabilitation applications. Robotic hands will be able to provide information about the forces exerted at each individual 1251 1252 fingertip, enabling a finer control of telemanipulation. Similarly, rehabilitation exoskeletons will be able to provide clini-1253 cians with information about forces exerted by the patient at 1254 each fingertip. Together with the multi-contact revolution, 1255

recent advancements in actuation and power technologies 1256 enable researchers to make wearable haptic devices wireless 1257 and have low power requirements. In fact, many of the wearable devices for the fingertip reviewed in Section 5.1, can run 1259 on a standard lithium-ion battery and communicate wirelessly with the external computer unit. This feature seems 1261 particularly promising for consumer applications, such as gaming and immersive environments, and assistive technologies, such as guidance for the visually-impaired. 1264

In our opinion, gaming applications represent a fantastic 1265 market for wearable haptic technologies. The gaming indus- 1266 try achieved USD 92bn of revenues in 2015 and it is estimated to reach USD 119bn by 2019, with mobile gaming 1268 accounting for almost 50 percent of the revenues [214]. Hap- 1269 tic technologies entered the gaming theater back in 1997, 1270 when Sony introduced its DualShock controller for PlaySta- 1271 tion and Nintendo its Rumble Pak for the Nintendo 64. Both 1272 devices were able to provide a compelling vibrotactile feed- 1273 back on particular events, such as a race car hitting the 1274 retaining wall or a plane crashing on the ground. The Dual- 1275 Shock used two vibrotactile motors embedded in its han- 1276 dles, while the Nintendo 64's Rumble Pak used a single 1277 motor. Wearable haptics can take the immersiveness of 1278 such systems to the next level: a haptic vest can replicate the 1279 feeling of being hit by bullets in First Person Shooters (FPS) 1280 games, vibrotactile bracelets can reproduce the vibrations of 1281 the steering wheel of a race car driven in rough terrain, and 1282 fingertip devices can relay the feeling of touching in-game 1283 objects in action role-playing games (ARPG) and massively 1284 multi-player role-playing games (MMRPG). This opportu- 1285 nity is already being exploited by a few start-up companies. 1286 Immerz (USA) raised USD 183,449 on Kickstarter for their 1287 "KOR-FX" gaming vest. It converts audio signals coming 1288 from the game into vibrotactile haptic stimuli that allow the 1289 wearer to feel in-game events such as explosions and 1290 punches. A similar experience is promised by the "Feedback 1291 jacket" by Haptika (PK), the full-body suit "Teslasuit" by 1292 Tesla Studios (UK), the "3RD Space Vest" by TN 1293 Games (USA), the "SUBPAC M2" by StudioFeed (USA), 1294 and the "Hardlight Suit" by NullSpace VR (USA). 1295

In addition to vibrotactile systems, the hand-held 1296 "Reactive grip" controller by Tactical Haptics (USA) provides relative tangential motion and skin stretch to the hand 1298 (see Fig. 6a). When the sliding tactor plates move in the 1299 same direction, the controller conveys a force cue in the corresponding direction along the length of the handle. When 1301 the sliding plate tactors move in opposite directions, the 1302 1303 controller provides the user with a torque cue [215]. Microsoft (USA) has also presented two hand-held control-1304 lers for virtual reality interaction: the NormalTouch and 1305 TextureTouch [216]. The first one renders object surfaces 1306 using a 3-DoF moving platform in contact with the fingertip, 1307 1308 while the second one uses a 4×4 pin array. Such interfaces have the potential of making the next generation of hapti-1309 1310 cally-enhanced game controllers.

1311 More recently, a few start-up companies have taken up 1312 the challenge of designing wearable haptic devices for the 1313 fingertips, mainly targeting virtual reality and gaming 1314 applications. Tactai (USA) is working on a fingertip wearable haptic device able to render pressure, texture, and the 1315 1316 sensation of making and breaking contact with virtual objects [217], [218]. It can apply up to 6 N to the fingertip, 1317 and it weighs 29 g for $75 \times 55 \times 30$ mm dimensions (see 1318 Fig. 6b). GoTouchVR (France) developed a 1-DoF wearable 1319 device equipped with a mobile platform able to apply pres-1320 1321 sure and make/break contact with the fingertip. It can exert up to 1.5 N on the skin, it weighs 40 g for $50 \times 12 \times 30$ mm 1322 1323 dimensions, it is wireless, and the battery guarantees up to 2 hours of playtime (see Fig. 6c). WEART (Italy) is develop-1324 ing a wearable device composed of a static upper body and 1325 a mobile end-effector. The upper body is located on the nail 1326 side of the finger, while the mobile end-effector is in contact 1327 with the finger pulp. The device is able to render pressure, 1328 texture, and the sensation of making and breaking contact 1329 with virtual objects. It uses a servo motor to move the plat-1330 form and a voice coil motor to provide vibrotactile stimuli. 1331 The device can apply up to 8 N to the fingertip, and it 1332 weighs 25 g for $50 \times 145 \times 135$ mm dimensions. Finally, we 1333 1334 gladly acknowledge a strong connection between these companies and academic research. For example, Tactical 1335 1336 Haptics CEO William R. Provancher is an Adjunct Associate Professor at the University of Utah, Tactai CSO Katherine 1337 J. Kuchenbecker is an Associate Professor at the University 1338 of Pennsylvania, and WEART co-founder Domenico Pratti-1339 chizzo is Full Professor at the University of Siena (and, for 1340 full disclosure, last author of this paper). Many of the devi-1341 ces reviewed in Section 5 come from their research labs. 1342

The development of wearable haptic systems from gam-1343 ing applications goes together with the recent development 1344 and commercialization of wearable and unobtrusive virtual 1345 reality headsets, such as the Oculus Rift and the HTC Vive. 1346 In this respect, there are already some promising examples 1347 of applications integrating virtual reality headsets with 1348 wearable haptic systems [85], [119], [219], and we expect to 1349 1350 see many more of them in the next years. Tactical Haptics, 1351 Tactai, and GoTouchVR have already been showing demon-1352 strations of their wearable haptics systems featuring immersive environments displayed through these virtual reality 1353 1354 headsets [218], [220], [221]

Robotic teleoperation and telepresence are other promis-1355 ing fields for wearable haptics technologies. Being able to 1356 reproduce haptic stimuli in different parts of our body, 1357 simultaneously and seamlessly, can significantly improve 1358 1359 the performance, applicability, and illusion of telepresence of teleoperation systems. We believe that the low cost of 1360 1361 wearable devices can take teleoperation and telepresence applications to the consumer market. For example, tactile 1362 gloves could improve the experience of online shopping. 1363 Think of being able to feel, from home, the fabric of a new 1364 piece of clothing you are about to buy on Ebay, the softness 1365

of a pillow you are getting shipped from Amazon, or being 1366 able to gently squeeze a vegetable on Ocado to check if it is 1367 ripe. Another robotic application we think wearable haptics 1368 can positively impact is telecommuting. In 2015, 37 percent 1369 of U.S. workers have worked remotely, 7 percent more than 1370 in 2007 and 28 percent more than in 1995 [222]. While telecommuting is popular for office workers, it is of course more problematic when dealing with manual workers. However, 1373 technological advancements in the field of robotics, including the wearability of haptic interfaces, can allow a broader range of workers to access the benefits of remote working. 1376

We would also like to mention the significant impact that 1377 wearable haptics technologies can have in assistive applica- 1378 tions and, in general, in the delivery of private and effective 1379 notifications. While smartphones and smartwatches already 1380 deliver notifications through vibrotactile stimuli, the wear- 1381 ability of more complex haptic devices can improve the 1382 range of stimuli we are able to perceive. Systems providing 1383 wearable haptic guidance can guide firefighters in environ- 1384 ments with reduced visibility, help the visually-impaired to 1385 walk around in their cities, and warn pedestrians and drivers 1386 about imminent dangers. We find skin stretch devices partic- 1387 ularly promising for this purpose. By exploiting the high sen- 1388 sitivity of the human skin to tangential stretch, a single tactor 1389 can provide effective directional and torsional information 1390 with very small movements. For example, we could safely 1391 provide drivers with directional information by using a sim- 1392 ple skin stretch haptic band fastened to their leg or arm. 1393

Finally, developing wearable haptic devices has signifi-1394 cantly pushed the research forward on cutaneous technolo-1395 gies. In fact, as mentioned in Section 2, cutaneous feedback 1396 provides an effective way to simplify the design of haptic 1397 interfaces, as it enables more compact designs. However, 1398 cutaneous stimuli are useful in many other applications, 1399 and we therefore expect research on wearable haptics to 1400 benefit other fields. For example, the cutaneous technology 1401 used by the wearable fingertip devices of the University of 1402 Siena [5], [20], initially employed in applications of immersive multi-contact interaction [90], [91], have also been used 1404 for non-wearable applications, such as robot-assisted surgery [223] and needle insertion [19].

Moreover, we have also witnessed advancements in the 1407 fields of tracking and force sensing for wearable haptics. 1408 Indeed, interaction with a virtual environment requires a sys- 1409 tem to track the position and, depending on the task, even the 1410 orientation of the wearable devices or the part of the human 1411 body where the feedback is provided. The most common sol- 1412 utions are optical tracking systems with infrared cameras and 1413 reflective markers mounted on the devices. The advantages 1414 are good accuracy, refresh rate (typically 120 Hz or higher) 1415 and wearability, since markers are small and light, while the 1416 main drawback is related to occlusion issues. An alternative 1417 solution is using IMU units mounted on the devices, and 1418 eventually integrate them with an optical tracking system to 1419 improve the precision over long sessions. The highest level of 1420 wearability can be achieved by vision-based markerless sys- 1421 tems, capable of directly identifying the pose of the devices or 1422 of the human body using no extra components. It is also 1423 important to sense the force applied by the wearable devices 1424 on the human body. One promising wearable solution is fin- 1425 gernail sensors, capable of estimating fingertip forces by 1426 means of photoplethysmography [224] or photoelastic- 1427 ity [225]. A more common solution is to equip the tactor with 1428

force sensitive resistors: FSR are cheap, flexible, light, and
compact, but they can detect normal force only. Recently, Leonardis et al. [114] presented a fingertip device with a light and
compact 3-DoF optical force sensor embedded in the tactor.

To summarize, we see wearable haptics as having a 1433 strong role in applying and developing research in cutane-1434 ous haptics, as well as in bringing current technologies to a 1435 wider commercial market in the very near future. This arti-1436 cle has surveyed the current state of the art in both sectors, 1437 and provided a review of cutaneous stimuli that have been 1438 exploited or could be exploited by future work. We hope to 1439 support the notion that the "wearables" technology trend 1440 will continue to play a strong role in pushing haptics for-1441 ward throughout the coming decade. 1442

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