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**Physiological responses of cultured bovine granulosa cells to elevated temperatures under low and high oxygen in the presence of different concentrations of melatonin**

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**Abstract**

Our understanding of the effects of temperature on granulosa cell (GC) physiology is primarily limited to *in vitro* studies conducted under atmospheric (~20% O<sub>2</sub>) conditions. In the current series of factorial experiments we identify important effects of O<sub>2</sub> level (i.e. 5% vs 20% O<sub>2</sub>) on GC viability and steroidogenesis, and go onto report effects of standard (37.5°C) vs high (40.0°C) temperatures under more physiologically representative (i.e. 5%) O<sub>2</sub> levels in the presence of different levels of melatonin (0, 20, 200 and 2000 pg/mL); a potent free-radical scavenger and abundant molecule within the ovarian follicle. Cells aspirated from antral (4 to 6 mm) follicles were cultured in fibronectin-coated wells using serum-free M199 for up to 144 h. At 37.5°C viable cell number was enhanced and luteinization reduced under 5 vs 20% O<sub>2</sub>. Oxygen level interacted (P<0.001) with time in culture to affect aromatase activity and cell estradiol (E<sub>2</sub>) production (pg/mL/10<sup>5</sup> cells). These decreased between 48 and 96 h for both O<sub>2</sub> levels but increased again by 144 h for cells cultured under 5% but not 20% O<sub>2</sub>. Progesterone (P<sub>4</sub>) concentration (ng/mL/10<sup>5</sup> cells) was greater (P<0.001) under 20 vs 5% O<sub>2</sub> at 96 and 144 h. Cell number increased (P<0.01) with time in culture under 5% O<sub>2</sub> irrespective of temperature. However, higher doses of melatonin increased viable cell number at 40.0°C but reduced viable cell number at 37.5°C (P=0.004). Melatonin also reduced (P<0.001) ROS generation at both O<sub>2</sub> levels across all concentrations. E<sub>2</sub> increased with time in culture at both temperatures under 5% O<sub>2</sub>, however P<sub>4</sub> declined between 96 to 144 h at 40.0 but not 37.5°C. Furthermore, melatonin interacted (P<0.001) with temperature in a dose dependent manner to increase P<sub>4</sub> at 37.5°C but to reduce P<sub>4</sub> at 40.0°C. Transcript expression for *HSD3B1* paralleled temporal changes in P<sub>4</sub> production, and those for *HBA* were greater at 5% than 20% O<sub>2</sub>, suggesting that hemoglobin synthesis is responsive to changes in O<sub>2</sub> level. In conclusion, 5% O<sub>2</sub> enhances GC proliferation and reduces luteinization. Elevated temperatures under 5% O<sub>2</sub> reduce GC proliferation and P<sub>4</sub> production. Melatonin reduces ROS generation irrespective of O<sub>2</sub> level and temperature, but interacts with temperature in a dose dependent manner to influence GC proliferation and luteinization.

**Keywords:** Granulosa cells, Oxygen level, Melatonin, Heat stress, hemoglobin

## 30 1. Introduction

31 Thermal stress can have a detrimental effect on ovarian function and endometrial receptivity  
32 in the cow leading to reduced expression of estrus, impaired post-fertilisation development of  
33 oocytes and implantation failure [1-3]. It is particularly problematic in the metabolically  
34 challenged high-yielding dairy cow that struggles to dissipate heat under moderate to high  
35 (typically  $\geq 25^{\circ}\text{C}$ ) ambient temperatures [4,5]. Reduced blood flow to the ovary in such  
36 animals can contribute to observed delays in emergence of dominant/pre-ovulatory follicles  
37 [6] which in turn can indirectly compromise oocyte quality. However, the effects of heat  
38 stress are also believed to directly and negatively affect both pre- and early-antral stages of  
39 follicle development, and the pool of germinal vesicle-stage oocytes contained therein [7].

40 In order to gain a better understanding of the mechanisms underlying the effects of thermal  
41 stress on follicular development several studies have undertaken short-term *in vitro* culture of  
42 granulosa and/or thecal cells simulating normal or high core-body temperatures. They  
43 confirmed reductions in cell viability associated with upregulation of apoptotic pathways and  
44 reduced steroidogenic capacity [1,8,9]. However, whilst providing valuable insights into  
45 underlying mechanisms, these and other related studies [10], invariably cultured cells under  
46 atmospheric ( $\sim 20\%$ )  $\text{O}_2$  levels often in the presence of serum. To the best of our knowledge  
47 there are no *in vitro* culture studies that have assessed the effects of thermal stress on somatic  
48 cells of the ovary under more physiological  $\text{O}_2$  levels ( $\sim 5\% \text{O}_2$ ), although one recent study  
49 considered temperature and atmospheric environment in the context of ROS generation  
50 during bovine oocyte maturation [11]. This issue is important because it is believed that both  
51 bovine and porcine GCs cultured under low  $\text{O}_2$  are more prolific, glycolytic and estrogenic  
52 than GCs cultured in  $5\% \text{CO}_2$  in air [12,13]. A low  $\text{O}_2$  culture environment probably better  
53 recapitulates intra-follicular atmospheric conditions as fractional  $\text{O}_2$  concentrations in  
54 follicular fluid range between 2 and 9% [14,15].

55 Variable concentrations (10 to  $> 400 \text{ pg/mL}$ ) of the indole amine melatonin have been  
56 reported in follicular fluid of different species including the cow [16-20]. Melatonin is  
57 believed to exert protective effects on ovarian cells during thermal stress due to its capacity to  
58 act as a potent antioxidant [21]. However, as with the studies described earlier, *in vitro*  
59 culture experiments with melatonin have to date invariably been conducted under  
60 atmospheric  $\text{O}_2$  conditions [17, 22] so that the described modes of action and benefits of  
61 melatonin may be specific to these situations and less representative of intra-follicular

62 processes. Culturing under low O<sub>2</sub> may provide a more physiologically relevant system to  
63 investigate the effects of this potent antioxidant in helping to attenuate thermal stress on  
64 somatic cells within the ovarian follicle. The current series of experiments, therefore, sought  
65 initially to characterise the effects of O<sub>2</sub> level (i.e. 5% vs 20% O<sub>2</sub>) on GC viability and  
66 steroidogenesis and then to investigate the effects of standard (37.5°C) vs high (40.0°C)  
67 temperatures under low (i.e. 5%) O<sub>2</sub> levels in the presence of different concentrations of  
68 melatonin (0, 20, 200 and 2000 pg/mL).

## 69 **2. Materials and methods**

70 All reagents were obtained from Sigma–Aldrich unless otherwise stated.

### 71 *2.1. Granulosa cell culture*

72 Antral follicles (4 to 6 mm) were aspirated from abattoir derived ovaries using a 21 G needle  
73 and GCs prepared for serum-free culture. These GCs were therefore likely to represent a  
74 population of largely luminal GCs and cumulus cells. Compared to mural GCs (scraped from  
75 dissected follicles of comparable size) these cells are more estrogenic [12] and mitotically  
76 active [23]. Viable cells (determined by trypan blue exclusion [24]) were re-suspended in 1 ml  
77 of pre-warmed M199 culture medium supplemented with (Penicillin (50 IU/ml),  
78 Streptomycin (50 µg/ml), bovine serum albumin free fatty acid (BSA; 1 mg/ml), testosterone  
79 (100 ng/ml), FSH (1 ng/ml; Cat. No. F2293), insulin (10 ng/ml), transferrin 2.5 (µg/ml),  
80 sodium selenite (4 ng/ml) and L-glutamine (365 µg/ml)) prior to plating in fibronectin coated  
81 wells (Nunclon Delta, Thermo Fisher, Denmark) at seeding densities depicted in Table S1.  
82 Fibronectin facilitates the attachment and proliferation of GCs [25], whilst low insulin (10  
83 ng/mL) in serum-free media allows cells to form aggregates, proliferate and maintain a  
84 primary GC phenotype [26]; hence their responsiveness to trophic hormones [27].

85

### 86 *2.2. Experimental designs*

#### 87 *2.2.1. Experiment 1.A. Effect of atmospheric vs physiological O<sub>2</sub> level on cell number,* 88 *steroidogenesis and aromatase activity*

89 This was a 2 x 3 factorial experiment with two O<sub>2</sub> levels (~5 vs 20%; using two humidified  
90 incubators (Model Innova CO-14, New Brunswick Scientific, Edison, NJ, USA) at 37.5°C)

91 and three culture endpoints (48, 96 and 144 h from seeding)), replicated five times using a 6-  
92 well plate format (Table S1). 80% of media was replaced every 48 h during culture. Upon  
93 harvesting, spent media and cell pellets were snap frozen in liquid N and stored at -80°C until  
94 analysis.

95 *2.2.2. Experiment 1.B. Effect of melatonin on cell number, steroidogenesis and gene*  
96 *expression under atmospheric vs physiological O<sub>2</sub> levels*

97 This was a 4 x 2 x 3 factorial experiment with four levels of melatonin (0, 20, 200, and 2000  
98 pg/ ml), two O<sub>2</sub> levels (~5 vs 20%; using two humidified incubators at 37.5°C) and three  
99 culture endpoints (48, 96 and 144 h from seeding), replicated four times using a 12-well plate  
100 format (Table S1). Melatonin levels for this and subsequent experiments were selected on the  
101 basis of concentrations reported previously in ovarian follicular fluids [16-20], and from a  
102 small pilot study where we determined melatonin concentrations by ELISA  
103 (MyBioSource.com; San Diego, CA, USA; Bovine kit - MBS743340) in follicular fluids  
104 from 15 heifers slaughtered at a local abattoir (Figure S1). Simple and geometric means for  
105 ovarian follicular-fluid melatonin in that study were 1,600 (95% CI = 173 - 3036) and 320  
106 pg/mL respectively. Media were changed and cells harvested as described for Experiment  
107 1A.

108 *2.2.3. Experiment 1.C. Effect of O<sub>2</sub> level and melatonin on ROS*

109 This experiment adopted the factorial arrangement described for Experiment 1B but using a  
110 96-well format (Table S1). Media were changed as described for Experiment 1A. Generation  
111 of ROS was assessed at 48, 96 and 144 h of culture (described later).

112 *2.2.4. Experiment 2.A. Effect of temperature and melatonin on cell number, steroidogenesis*  
113 *and gene expression under physiological O<sub>2</sub> levels*

114 This experiment adopted a factorial arrangement similar to Experiment 1B but treatments  
115 (37.5 vs 40.0 °C; using two humidified incubators at 5% O<sub>2</sub> with four melatonin doses (0, 20,  
116 200 and 2000 pg/ml)) commenced after 48 h of culture (Table S2). Incubator temperature  
117 was monitored using two thermometers (temperature loggers, EL-USB-1, Lascar Electronics,  
118 Salisbury, UK) in addition to that built into the incubator. Media were changed and cells  
119 harvested as described for Experiment 1A.

120 2.2.5. *Experiment 2.B. Effect of temperature and melatonin on ROS production under*  
121 *physiological O<sub>2</sub> levels*

122 This experiment also adopted the factorial arrangement described for Experiment 1B but  
123 using a 96-well format (Table S2) and with treatments described for Experiment 2A. Media  
124 were changed as described for Experiment 1A. Generation of ROS was assessed at 96 and  
125 144 h of culture (described later).

126 2.3. *Hormone analyses*

127 Progesterone and E<sub>2</sub> production by GCs after 48, 96 and 144 h of culture in Experiment 1A,  
128 1B and 2A was assessed by ELISA using commercial kits provided by Ridgeway Research  
129 Ltd, Gloucestershire, UK (P<sub>4</sub> product code RIDGE-P), and DRG GmbH, Marburg, Germany,  
130 (E<sub>2</sub>; product code EIA-2693)) as described previously [28,29]. Spent media were initially  
131 diluted (P<sub>4</sub>, 1:100; E<sub>2</sub> 1:20) and analysed in duplicate. Inter- and intra-assay CV for P<sub>4</sub> were  
132 11.1% and 5.1% respectively, and corresponding values for E<sub>2</sub> were 8.6% and 6.8%.

133 2.4. *Aromatase activity (Experiment 1A)*

134 Granulosa cells (~1 x 10<sup>6</sup> cells/tube) were homogenized in 200 µl of aromatase buffer  
135 solution PH 7.4 (20 mM TES, 10 mM EDTA, 150 mM KCL, protease inhibitor) on ice using  
136 tissue and cell homogenizer (Fast Prep-24, model 6004-500, Strasbourg, France) for 30s.  
137 Homogenates of two wells per plate were pooled. The protein was then extracted by  
138 centrifugation at 1000g for 5 min at 4°C, quantified (BCA method [30] and samples stored at  
139 -80°C until assayed for aromatase activity as described by Satoh et al. [31] and Tinwell et al.  
140 [32] with slight modifications. Briefly, duplicate aliquots of 60 µg cell protein were incubated  
141 for 25 min at 37°C with testosterone (100 nM) and NADPH (10 mM) (Santa Cruz, sc  
142 202725; Cofactor, Cytochrome P450 reductase) in aromatase working buffer (final reaction  
143 volume of 200 µl/tube at pH 7.5). Enzyme activity was then terminated by heating the tube at  
144 100°C for 5 min. In addition, background E<sub>2</sub> (i.e. intracellular E<sub>2</sub>) was estimated for each  
145 sample after heat inactivation prior to enzyme reaction. Following centrifugation,  
146 supernatants were stored at -80°C until E<sub>2</sub> assay by ELISA. The experiment was replicated 5  
147 times.



## 148 2.5. Transcript expression (Experiments 1B and 2A)

149 Methodologies reported were those used previously in our laboratory [28]. Briefly, total RNA  
150 was extracted from cultured GCs using RNeasy Mini Kit (Qiagen Ltd., West Sussex, UK)  
151 and treated with DNase (Promega, Southampton Science Park, Southampton, UK) to remove  
152 genomic DNA contamination. DNase-treated RNA was then transcribed into complementary  
153 DNA (cDNA) using Omniscript cDNA synthesis kit (Qiagen Ltd) in a 20  $\mu$ l volume  
154 according to manufacturer's instruction. Quantitative Real time PCR (qPCR) was performed  
155 using a Roche LightCycler 480 (Roche Diagnostics Ltd, Penzberg, Germany) with gene-  
156 specific primers and TaqMan probes (Eurofins Genomics, Ebersberg, Munich, Germany) that  
157 were labelled with the 6-carboxyfluorescein (FAM) and tetramethylrhodamine (TAMRA) at  
158 5' and 3' ends respectively (Table S3). PCR was performed in 20  $\mu$ l volume containing 10  $\mu$ l  
159 of 2x Probe Master mix, 0.3  $\mu$ M each primer, 0.2  $\mu$ M Taqman probe and 1  $\mu$ l cDNA. Before  
160 quantification, standard curves using each primer/probe set for a particular gene were  
161 generated and only those which gave an efficiency of 1.8 to 2.0 used. To ensure no genomic  
162 DNA contamination, -RT for genes were performed. A negative control (without cDNA) was  
163 also included in each qPCR run. Four biological replicates were conducted per experiment  
164 and cDNA from each sample was run in duplicate for each gene.

165 Several housekeeping genes (*RPL19*, *RPLP0*, *B2M* and *TBP*) were tested (Table S3) and it  
166 was found that *TBP* was the most stable housekeeping gene when analysed by NormFinder  
167 and RefFinder. Hence, all target genes in this study were normalized to *TBP*. Relative  
168 quantification was calculated using the formula of [33].

## 169 2.6. Measurement of ROS (Experiments 1C and 2B)

170 Reactive oxygen species generated from cultured GCs were measured by Nitroblue  
171 tetrazolium (NBT; N6876, Sigma-Aldrich) as previously described [34-36] but with some  
172 modifications. Briefly, media were removed and 50  $\mu$ l of 1 mg/ml NBT added to each well  
173 and incubated for 2 min. Reactions were terminated by adding 100  $\mu$ l of 1 M HCl. Solutions  
174 in each well were then removed and wells washed three times with PBS. Then 150  $\mu$ l of  
175 dimethyl sulfoxide (DMSO) was added to each well to solubilise formazan produced inside  
176 the cells. Finally, 10  $\mu$ l of 1 M NaOH was added to each well and shaken for 20 min. Colour  
177 production was measured at 630 nm using a plate reader (Thermo Fisher, Loughborough,



178 UK). Optical density (OD) was adjusted to viable cell number as assessed by crystal violet  
179 assay.

## 180 2.7. Statistical analyses

181 Results were analysed by ANOVA using GenStat (GenStat, 17<sup>th</sup> ed.). For Experiment 1A  
182 terms fitted to this 2 x 3 factorial model were O<sub>2</sub> (physiological vs atmospheric) and time in  
183 culture (48, 96 and 144 h). A third interactive term, melatonin (0, 20, 200 and 2000 pg/ml),  
184 was included for Experiments 1B and 1C). Oxygen level, melatonin and culture duration  
185 were considered as fixed effects and blocked by culture date, incubator and plate. For  
186 Experiments 2A and 2B, terms fitted to these 2 x 4 x 2 factorial models were temperature  
187 (37.5°C vs 40.0°C), melatonin (0, 20, 200 and 2000 pg/ml) and time in culture (96 and 144  
188 h). For transcript expression in Experiment 1B and 2A, terms fitted to these 2 x 2 x 2 factorial  
189 models were environmental treatment (1B, physiological vs atmospheric O<sub>2</sub>; 2A, 37.5°C vs  
190 40.0°C), melatonin (0 and 2000 pg/ml) and culture duration (96 and 144 h). These models  
191 were blocked by culture date, incubator and plate. Again, temperature, melatonin and culture  
192 duration were considered as fixed effects. Estradiol (pg/ml) and P<sub>4</sub> (ng/ml) production were  
193 expressed per 10<sup>5</sup> cells. Natural log transformations of these data were used to correct for  
194 heteroscedasticity of the residuals. The data are shown as natural logs of the means with a  
195 SED.

196

## 197 3. Results

### 198 3.1. Experiment 1A. Atmospheric vs physiological O<sub>2</sub> levels on cell number and 199 steroidogenesis

200 Granulosa cell number in 6-well plates declined between initial plating and 48 h of culture  
201 (1.5 to 1.0 x 10<sup>6</sup> cells/well; SED = 0.049; P<0.001) but subsequently recovered (P<0.001)  
202 with time so that, by the end of culture, cell density was similar to that initially seeded. Mean  
203 cell number averaged across all time points was greater under low than high O<sub>2</sub> level (1.19 vs  
204 1.03 x 10<sup>6</sup> cells/well; SED = 0.027; P = 0.004).

205 There was a culture time by O<sub>2</sub> levels interaction (P = 0.014) which indicated that the  
206 increase in P<sub>4</sub> production between 48 h and 96/144 h was greater under high than low O<sub>2</sub>  
207 level (Fig 1A). Granulosa-cell E<sub>2</sub> production declined between 48 and 96 h of culture (Fig

208 1B). However, there was a culture time by O<sub>2</sub> level interaction (P<0.001) which indicated  
209 that, in contrast to 20% O<sub>2</sub> where E<sub>2</sub> production didn't change, E<sub>2</sub> production increased  
210 between 96 and 144 h for cells cultured under 5% O<sub>2</sub>. Consequently, at both 96 and 144 h,  
211 the E<sub>2</sub>: P<sub>4</sub> ratio was greater (P<0.001) for cells cultured under 5% than under 20% O<sub>2</sub>. The  
212 temporal pattern of E<sub>2</sub> production depicted in Fig 1B was confirmed by determining  
213 aromatase activity (Fig. 2). Testosterone conversion to E<sub>2</sub> in the presence of NADPH  
214 indicated a decline (P = 0.014) in aromatase activity at 96 and 144 h for cells cultured under  
215 20% O<sub>2</sub> but not for cells cultured under 5% O<sub>2</sub>

### 216 3.2. Experiment 1 B. Effect of melatonin on GCs cultured under 5% or 20% O<sub>2</sub>

217 Confirming observations from Experiment 1A, cell numbers using a 12-well format declined  
218 between 48 and 96 h of culture but increased again by 144 h (647,250 vs 595,391 vs 658,906  
219 cells/ml; SED = 15,000; P<0.001). At 20 pg/mL, melatonin increased (P<0.001) cell number  
220 relative to non-treated cells for both O<sub>2</sub> levels, but higher doses melatonin did not alter cell  
221 number relative to non-treated cells (621,479, 673,938, 603,604 and 590,308 cells/well for 0,  
222 20, 200 and 2000 pg/mL respectively; SED = 16,258).

223 Again confirming results from Experiment 1A, P<sub>4</sub> production increased (P<0.001) between  
224 48 h and 96/144 h, and was lower (P = 0.024) under 5% than 20% O<sub>2</sub> (data not shown).  
225 Similarly, E<sub>2</sub> production matched that of Experiment 1A, declining (P<0.001) by 96 h and  
226 remaining low by 144 h under 20% O<sub>2</sub>, but increasing again (P<0.001) by 144 h under 5%  
227 O<sub>2</sub> (data not shown). In contrast to cell number, melatonin had no effect on P<sub>4</sub> and, at 20  
228 ng/ml only, marginally reduced (P = 0.023) E<sub>2</sub> production relative to untreated cells (log E<sub>2</sub> =  
229 7.09 vs 7.24 pg/ml/10<sup>5</sup> cells; SED = 0.063). Transcript expression for selected genes involved  
230 in steroidogenesis, apoptosis and O<sub>2</sub> metabolism varied with time in culture and, for *HSD3B1*,  
231 *SOD1* and *HBA* there were O<sub>2</sub> level by culture time interactions (Table 1). However, there  
232 was no effect of melatonin on transcript expression. Consistent with measured concentrations  
233 of P<sub>4</sub> in spent culture media, *HSD3B1* mRNA expression increased (P = 0.003) with time for  
234 cells cultured under 20%. However, this was not the case under 5% O<sub>2</sub>. *HBA* mRNA  
235 expression was greater (P = 0.015) under 5% than 20% O<sub>2</sub>, but decreased (P = 0.006) with  
236 time under these conditions. In contrast, transcripts for the antioxidant enzymes *SOD1* and 2  
237 were broadly similar for both O<sub>2</sub> treatments, and *ASMT* expression was unaffected by  
238 treatment.

239 *3.3 Experiment 1C. Effect of O<sub>2</sub> level and melatonin on ROS*

240 Using a 96-well format ROS generation determined by Nitroblue tetrazolium assay did not  
241 differ between 5% and 20% O<sub>2</sub> culture treatments. However, ROS generation increased  
242 between 48 and 96 h and then declined to 144 h (0.26 vs 0.32 vs 0.28 OD units/10<sup>5</sup> cells for  
243 48, 96 and 144 h respectively; SED = 0.011; P<0.001). The inclusion of melatonin to culture  
244 media under both O<sub>2</sub> levels reduced (P<0.001) ROS generation irrespective of dose (0.31,  
245 0.27, 0.25 and 0.26 OD units/10<sup>5</sup> cells for 0, 20, 200 and 2000 pg/ml respectively; SED =  
246 0.012).

247 *3.4. Experiment 2A. Effect of temperature on cell proliferation and steroidogenesis at 5% O<sub>2</sub>*  
248 *in the presence or absence of melatonin*

249 Working with a 12-well plate format, viable cell number by 48 h of culture in basal media  
250 and under standard temperature (i.e. 37.5°C) decreased from 6.00 to 4.54 x 10<sup>5</sup> cells. At this  
251 time plates were randomly allocated to standard or high temperature (40.0°C) incubators and  
252 melatonin treatments introduced. Cell number subsequently increased (P<0.001) with time in  
253 culture to 7.05 x 10<sup>5</sup> cells by 144 h, and this was independent of temperature. However, there  
254 was an interaction (P = 0.004) between temperature and melatonin treatment which indicated  
255 that the inclusion of melatonin increased viable-cell number at 40.0°C but reduced viable-cell  
256 number at 37.5°C, particularly at the higher doses (Fig. 3). Cell number was greater at 37.5°C  
257 than 40.0°C when melatonin was not included in the media.

258 Consistent with Experiments 1A and B, P<sub>4</sub> production increased between 48 and 96 h for  
259 cells cultured at both 37.5°C and 40.0°C. In contrast to 37.5°C, however, P<sub>4</sub> production  
260 declined (P<0.001) between 96 and 144 h culture at 40.0°C (Fig. 4A). The pattern of E<sub>2</sub>  
261 production during the 144 h culture period (Fig. 4B) was similar to that observed in  
262 Experiments 1A and B at 5% O<sub>2</sub> for both 37.5°C and 40.0°C. There was an interaction (P =  
263 0.007) between melatonin dose and temperature on P<sub>4</sub> production (Fig. 5). Whereas the  
264 higher concentrations of melatonin (i.e. ≥ 200 ng/ml) increased P<sub>4</sub> production at 37.5°C they  
265 reduced P<sub>4</sub> production at 40.0°C. The two lower doses of melatonin (i.e. 20 and 200 pg/ml)  
266 reduced E<sub>2</sub> by GCs whereas the highest dose (2000 pg/ml) had no effect (data not shown).  
267 Consequently, the E<sub>2</sub>:P<sub>4</sub> ratio increased (P<0.001) between 96 (1.47:1) and 144 h (2.51:1) of  
268 culture, and the overall effect of melatonin was similar to that observed for E<sub>2</sub>; that is the two

269 lower doses of melatonin decreased this ratio ( $P < 0.001$ ) whereas the highest dose had no  
270 effect.

271 In contrast to the effects of  $O_2$  level (Table 1), temperature generally had little effect on  
272 transcript expression in cultured GCs (Table 2). Importantly, however, there was a  
273 temperature  $\times$  time of culture interaction ( $P = 0.009$ ) for *BAX* mRNA expression. Consistent  
274 with the results of Experiment 1B (Table 1), there was a decline in *BAX* mRNA expression  
275 with time at  $37.5^\circ\text{C}$ , but this did not occur at  $40.0^\circ\text{C}$  (Table 2). Transcript expression for  
276 *ASMT* was greater ( $P = 0.019$ ) at  $40.0^\circ\text{C}$  than at  $37.5^\circ\text{C}$ . There was no significant effect of  
277 melatonin on transcript expression.

### 278 3.5. Experiment 2B. Effect of temperature and melatonin on ROS production at 5% $O_2$

279 Production of ROS by bovine GCs was not affected by temperature. The presence of  
280 melatonin at all three concentrations reduced ( $P < 0.001$ ) ROS production by cultured GCs  
281 (0.31, 0.26, 0.25 and 0.27 OD units/ $10^5$  cells for 0, 20, 200 and 2000 pg/ml respectively; SED  
282 = 0.01) at both temperatures.

283

## 284 4. Discussion

285 The most significant novel findings to emerge from this study were, firstly, the relatively  
286 small overall effect that elevated temperature ( $40.0$  vs  $37.5^\circ\text{C}$ ) had on GC physiology when  
287 these cells were cultured under low (5%)  $O_2$  as opposed to atmospheric (20%)  $O_2$  and,  
288 secondly, the interaction between melatonin dose and temperature on viable cell number and  
289  $P_4$  production at low  $O_2$  levels. Extended culture of GCs at  $40.0^\circ\text{C}$  led to a decline in  $P_4$   
290 production, a response which was exacerbated with the inclusion of high-dose ( $\geq 200$  pg/mL)  
291 melatonin (Fig. 5). In contrast, at  $37.5^\circ\text{C}$   $P_4$  production remained high at 144 h and the  
292 inclusion of high-dose melatonin appeared to contribute to this increase. The corresponding  
293 changes in viable cell number with increasing dose of melatonin for low and high  
294 temperatures (Fig. 3) suggest that high doses of melatonin interacted with temperature to  
295 differentially influence the extent of GC luteinisation at low  $O_2$  levels.

296 In contrast to temperature,  $O_2$  level had a more marked effect on GC physiology. Unlike GCs  
297 cultured under atmospheric (20%)  $O_2$  levels, GCs cultured under low  $O_2$  retained their  
298 primary GC phenotype to a greater extent, being more proliferative and estrogenic (Fig. 1).

299 These observations are consistent with those of [12] for GCs from small-medium sized  
300 follicles cultured in 5% O<sub>2</sub>, and indicate that studies investigating environmental effects on  
301 cultured primary GCs are best carried out under low O<sub>2</sub> levels which better represent the  
302 ovarian follicle [14,15].

#### 303 4.1. Responses to O<sub>2</sub> level

304 Cell proliferation, and hence mean cell number, from 48 h of culture in the current study was  
305 greater at 5% than 20% O<sub>2</sub>, an observation consistent with that of Shiratsuki et al. [13]. The  
306 increase in aromatase activity and E<sub>2</sub> production between 96 and 144 h for GCs cultured  
307 under 5% O<sub>2</sub> in our study (Fig. 1B and 2) is also in general agreement with observations of  
308 Roberts and Echtenkamp [12]. Collectively, these results suggest that under 5% O<sub>2</sub> from  
309 around 96 h of culture a population of proliferating and steroidogenic cells exists which, in  
310 contrast to cells cultured under 20% O<sub>2</sub>, better represent luminal GCs observed in medium-  
311 sized growing antral follicles. The decline in aromatase activity and E<sub>2</sub> production under 20%  
312 O<sub>2</sub> may be due to our use of fibronectin-coated plates. Plates pre-coated with attachment  
313 factors such as serum have been found to reduce E<sub>2</sub> production by GCs cultured under 20%  
314 O<sub>2</sub> [27]. In our study, the assumption is that the steady decline in aromatase activity (pg  
315 E<sub>2</sub>/mg protein) up to 144 h under 20% O<sub>2</sub> was due to a parallel decline in enzyme. However,  
316 we were not able to confirm the mechanism of this decline. It was not possible to establish  
317 differential transcript expression for *CYP19A1* which, for GCs in our system, was close to the  
318 detection limit of the method and so the data are not presented. Transcript levels for *HSD3B1*  
319 (which catalyzes the conversion of pregnenolone to P<sub>4</sub>) were greater at 20% than at 5% O<sub>2</sub>,  
320 and increased with time in culture at 20% O<sub>2</sub>, consistent with increased production of P<sub>4</sub> by  
321 these cells (Fig. 1A).

322 Of the transcripts measured (Table S3) the only other to be affected by O<sub>2</sub> level was *HBA*  
323 (Hemoglobin alpha) (Table 1); transcript expression for Hemoglobin beta (*HBB*) was barely  
324 detectable and unresponsive to culture conditions. In fact transcript expression for *HBA* at 48  
325 h culture was similar to that for freshly aspirated GCs (data not presented), but under low O<sub>2</sub>  
326 declined with time during culture. Transcripts for *HBA* and *HBB* have previously been  
327 reported in mouse and human granulosa and cumulus cells [37], and transcripts for *HBA* were  
328 recently reported in bovine GCs in a micro-array study that assessed the effects of plating  
329 density on gene expression [38]. Working with aspirated GCs from small to medium (<  
330 6mm) antral follicles, this latter study adopted a culture system similar to ours (i.e. serum free

331 media with 10 ng/mL insulin), but under 20% O<sub>2</sub>. Of the 906 transcripts upregulated by  
332 increased plating density, those for *HBA* were the most affected, which the authors suggested  
333 was due to increased hypoxic conditions. This would certainly be consistent with current  
334 theories for the role of hemoglobin within the ovarian follicle [39] and with observations  
335 from the present study where *HBA* mRNA expression was 1.6 fold greater on average at 5%  
336 than 20% O<sub>2</sub>. Brown et al. [37] found hemoglobin transcript expression to be regulated by  
337 gonadotrophins (hCG) in the mouse and proposed a model that linked increasing *HBA*  
338 mRNA levels to events leading to follicular maturation and luteinization. In keeping with this  
339 model our findings that *HBA* mRNA levels decrease with time under 5% O<sub>2</sub> are consistent  
340 with a population of proliferating and estrogenic GCs.

#### 341 4.2. Responses to temperature

342 Studies assessing the effects of elevated temperature on cultured bovine, porcine and murine  
343 GCs have invariably been conducted in 5% CO<sub>2</sub> in air for variable periods of time often in  
344 the presence of high levels of gonadotrophins and/or growth factors and serum [9,10,40,41];  
345 that is under conditions that favour or promote luteinization. For bovine and murine GCs  
346 cultured in this way elevated temperatures were found to increase BAX/BCL-2 and Caspase-  
347 3 mediated apoptosis and to reduce steroidogenesis [9,41]. Results from the current study  
348 where GCs were cultured under 5% O<sub>2</sub> in serum free media were less dramatic. Elevated  
349 temperature did reduce viable cell number in the absence of melatonin but had little effect on  
350 apoptotic gene expression (Table 2). Progesterone production declined with time in culture  
351 for GCs cultured at 40.0°C but not 37.5°C (Fig. 4A). The inhibitory effect of elevated  
352 temperature on P<sub>4</sub> production occurred in the absence of differences in transcript expression  
353 for *HSD3B1* (Table 2). Instead this may have been due to reduced expression of  
354 steroidogenic acute regulatory protein (*STAR*) and cytochrome P450 (*CYP11A1*) as observed  
355 by Li et al. [9] in bovine GCs, but not determined in the current study. The absence of an  
356 effect of elevated temperature on E<sub>2</sub> production (Fig. 4B) contrasts with the observations of  
357 Li et al. [9] who also reported a decline in *CYP19A1*. Insufficient details of the culture system  
358 employed by these authors negates a more direct comparison. However, it is clear that  
359 aromatase activity in our study was not impeded by elevated temperature. It may be that the  
360 provision of a readily available substrate for aromatization (i.e.100 ng/mL testosterone) under  
361 5% O<sub>2</sub> in our study helped alleviate the effects of elevated temperature on E<sub>2</sub> production.

#### 362 4.3. Responses to melatonin



363 Elevated (atmospheric) levels of O<sub>2</sub> [42] and temperature [7] each can disturb the intricate  
364 balance between the generation of ROS and antioxidant defence mechanisms leading to  
365 increased oxidative stress during either embryo or cell culture. However, neither O<sub>2</sub> level nor  
366 temperature affected ROS generation in the current series of experiments, but the inclusion of  
367 melatonin at all three levels significantly reduced ROS production by GCs. The antioxidant  
368 and anti-apoptotic properties of melatonin are well recognized [21], and variable levels of this  
369 indole amine are found in ovarian follicular fluid [16-18]. It is believed that follicle levels are  
370 derived from both systemic and local sources within the ovary [43, 44], and the current study  
371 confirmed the presence of transcripts for *ASMT* (Acetylserotonin O-methyltransferase) and  
372 *AANAT* (Aralkylamine N-acetyltransferase) involved in melatonin synthesis in bovine GCs.  
373 However, transcripts for *AANAT* were extremely low and barely detectable, and those for  
374 *ASMT* were unaffected by O<sub>2</sub> level and only marginally increased at 40°C. These responses  
375 may have been influenced by the level of tryptophan (10 µg/mL) in our basal medium  
376 (M199, Sigma-Aldrich). Kim et al. [45] observed that adding an additional 50 µg/mL of  
377 tryptophan to M199 (Gibco) during human GC culture lead to an 8- to 60-fold increase in  
378 expression of these two transcripts.

379 The most striking and novel observation in our study was the differential effect of the two  
380 higher doses of melatonin (i.e. 200 and 2000 pg/mL) on viable cell number and P<sub>4</sub> production  
381 at 37.5 and 40.0°C (Fig. 3 and Fig. 5). The levels were within the range used previously in  
382 culture studies with bovine cumulus and GCs (i.e. pg/mL to µg/mL levels [22, 45-47]) and,  
383 for the most part, comparable to levels reported in human, porcine and bovine follicular fluid  
384 (i.e. 10 to 300 pg/mL [16-20]). The higher doses of melatonin employed in the current study  
385 could therefore be considered to be towards the upper end of physiological. The stimulatory  
386 effect of increasing doses of melatonin on P<sub>4</sub> at 37.5°C is consistent with previous reports for  
387 human and bovine GCs cultured at 37°C but in the presence of serum and under atmospheric  
388 O<sub>2</sub> levels [22, 48]. The concomitant reduction in GC numbers in the current study further  
389 suggests that the higher doses of melatonin induced GCs to luteinise under these conditions.  
390 This is in stark contrast to GCs cultured at 40.0°C where the effects of higher doses of  
391 melatonin were to increase cell proliferation and reduced P<sub>4</sub> production. Although melatonin  
392 has previously been found to increase sheep GC numbers at high (43°C) temperatures (in the  
393 presence of 10% FCS and under atmospheric O<sub>2</sub> [49]), a suppressive effect on P<sub>4</sub> production  
394 has not previously be reported.



#### 395 4.4. *Conclusions and perspective*

396 The results demonstrate that culturing GCs under low O<sub>2</sub> more accurately reflects the  
397 follicular environment resulting in the expression of a more physiological phenotype than is  
398 seen under atmospheric O<sub>2</sub> concentrations. This more physiological approach revealed a  
399 lesser impact of elevated temperature on GC function than has previously been reported.  
400 However, it should be noted that granulosa cells were cultured in the absence of theca cells  
401 and in the presence of high levels of androgen, so we cannot rule out a potential theca-cell  
402 mediated impact of temperature on granulosa cell function. Nevertheless, the results do  
403 strongly support the need to consider O<sub>2</sub> concentration more carefully when investigating the  
404 impact of heat stress on ovarian function. As anticipated, the potent antioxidant melatonin  
405 consistently reduced ROS. However, the effects of melatonin on GC function were dependant  
406 on O<sub>2</sub> concentration, once again emphasising the importance of considering culture  
407 conditions when designing these experiments.

408

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556

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558

**559 Figure captions**

560 **Fig. 1.** Effect of atmospheric (20%) or physiological (5%) O<sub>2</sub> level on granulosa-cell P<sub>4</sub> (A)  
561 and E<sub>2</sub> (B) production after 48, 96 and 144 h of culture in Experiment 1.A. A 2 x 3 factorial  
562 arrangement replicated 5 times. Data were log<sub>e</sub> transformed prior to analysis. Superscripts  
563 highlight differences (P<0.05) between groups.

564

565 **Fig. 2.** Effect of atmospheric (20%) or physiological (5%) O<sub>2</sub> level on aromatase activity in  
566 granulosa cells after 48, 96 and 144 h of culture in Experiment 1A. A 2 x 3 factorial  
567 arrangement replicated 5 times. Data were log<sub>e</sub> transformed prior to analysis. Superscripts  
568 highlight differences (P<0.05) between groups.

569

570 **Fig. 3.** Effect of melatonin (pg/ml) and incubation temperature from 48 h culture on  
571 granulosa-cell number averaged across 96 and 144 h of culture at 5% O<sub>2</sub> in Experiment 2.A.  
572 A 4 (melatonin) x 2 (temperature) x 2 (time points) factorial arrangement replicated 4 times.  
573 Data were log<sub>e</sub> transformed prior to analysis. Superscripts highlight differences (P<0.05)  
574 between groups.

575

576 **Fig. 4.** Effects of incubation temperature on granulosa-cell P<sub>4</sub> (A) and E<sub>2</sub> (B) production in  
577 vitro after 96 and 144 h of culture at 5% O<sub>2</sub> in Experiment 2.A. A 4 (melatonin) x 2  
578 (temperature) x 2 (time points) factorial arrangement replicated 4 times. Cells were incubated  
579 for 48 h at 37.5°C and thereafter exposed to 37.5°C or 40.0°C. Data were log<sub>e</sub> transformed  
580 prior to analysis. Superscripts highlight differences (P<0.05) between groups. Hatched bars  
581 represent P<sub>4</sub> and E<sub>2</sub> production after 48 h culture at 37.5°C in 5% O<sub>2</sub> prior to commencement  
582 of treatments.

583

584 **Fig. 5.** Effect of incubation temperature and melatonin dose (pg/ml) on granulosa-cell P<sub>4</sub>  
585 production in vitro in Experiment 2.A. A 4 (melatonin) x 2 (temperature) x 2 (time points)  
586 factorial arrangement replicated 4 times. Cells were incubated for 48 h at 37.5°C in 5% O<sub>2</sub>  
587 and then exposed to 37.5°C or 40.0°C in the presence or absence of melatonin. Data were  
588 log<sub>e</sub> transformed prior to analysis. Superscripts highlight differences (P<0.05) between  
589 group.



590 **Table 1.** Normalized transcript expression in GCs cultured under physiological (5%) and atmospheric (20%) oxygen levels.

591

Oxygen (O <sub>2</sub> )	5%			20%			SED	O <sub>2</sub>	Significance (P)		
	Culture time (h)	48	96	144	48	96			144	h	O <sub>2</sub> x h
<b>Steroidogenesis</b>											
<i>HSD3B1</i>		11.02 <sup>a</sup>	11.47 <sup>a</sup>	11.47 <sup>a</sup>	11.25 <sup>a</sup>	12.06 <sup>b</sup>	13.17 <sup>c</sup>	0.31	0.028	<0.001	0.003
<b>Apoptosis</b>											
<i>BAX</i>		11.99 <sup>ab</sup>	11.67 <sup>ab</sup>	11.37 <sup>a</sup>	12.12 <sup>b</sup>	11.27 <sup>a</sup>	11.43 <sup>a</sup>	0.37	-	0.015	-
<i>P53</i>		11.39	11.38	11.40	11.37	11.41	11.45	0.034	-	-	-
<i>HSPA1A</i>		13.13 <sup>a</sup>	11.94 <sup>b</sup>	11.92 <sup>b</sup>	12.52 <sup>ab</sup>	11.69 <sup>b</sup>	12.08 <sup>ab</sup>	0.53	-	0.018	-
<b>O<sub>2</sub> metabolism</b>											
<i>SOD1</i>		11.31	11.93	11.49	11.89	11.30	11.41	0.34	-	-	0.045
<i>SOD2</i>		14.55 <sup>a</sup>	14.12 <sup>ab</sup>	13.80 <sup>b</sup>	14.59 <sup>a</sup>	13.49 <sup>b</sup>	13.23 <sup>b</sup>	0.29	-	<0.001	-
<i>HBA</i>		15.43 <sup>a</sup>	11.62 <sup>b</sup>	10.51 <sup>b</sup>	8.65 <sup>c</sup>	7.82 <sup>c</sup>	7.51 <sup>c</sup>	1.11	0.015	<0.001	0.006
<b>Melatonin synthesis</b>											
<i>ASMT</i>		9.11	9.41	9.27	9.4	9.24	9.33	0.35	-	-	-

592

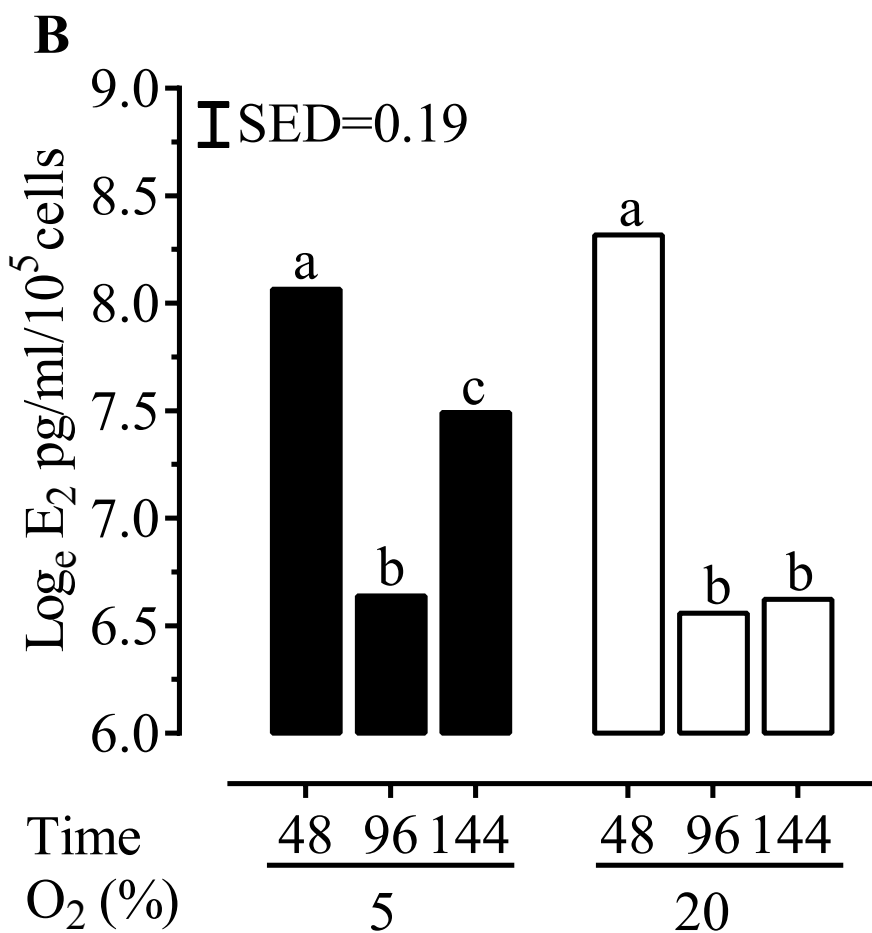
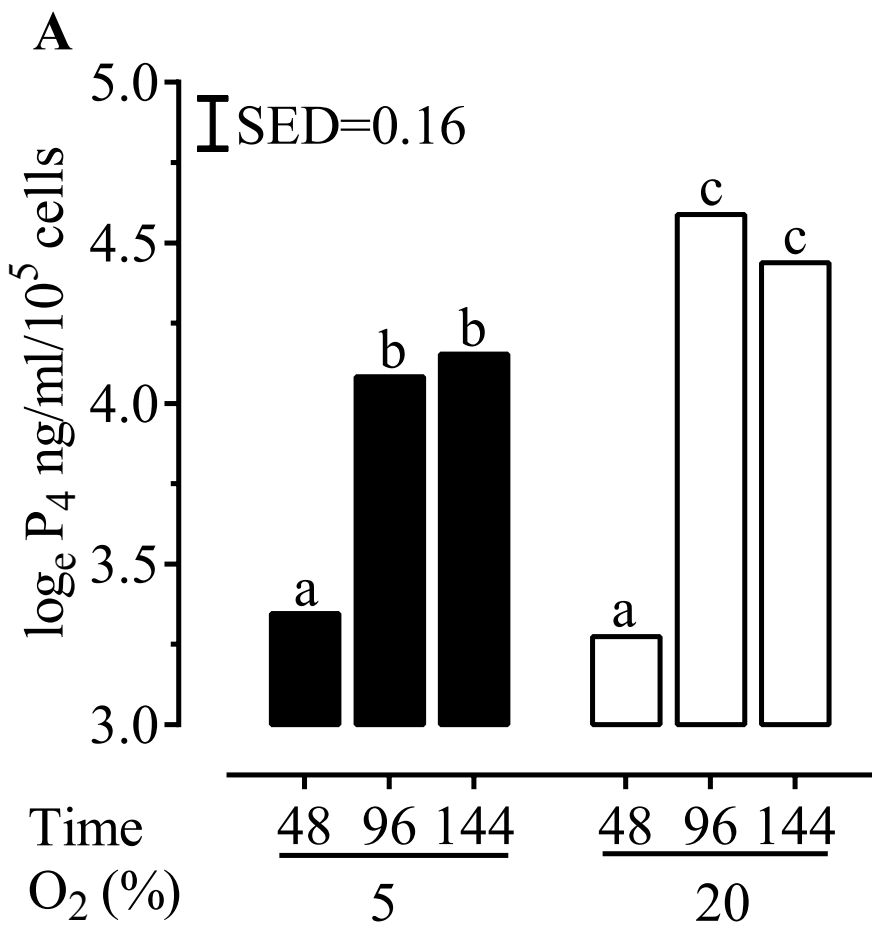
593

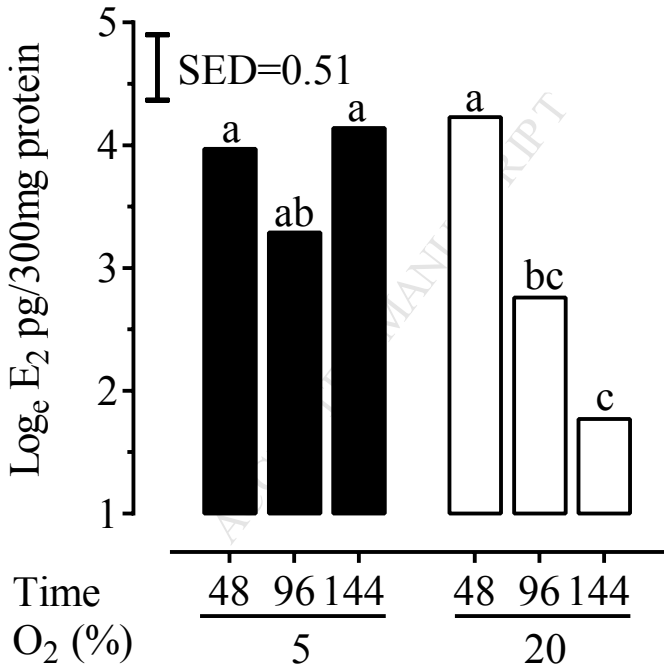
594 **Table 2** Normalized transcript expression in GCs cultured under normal (37.5°C) and high (40.0°C) temperatures.

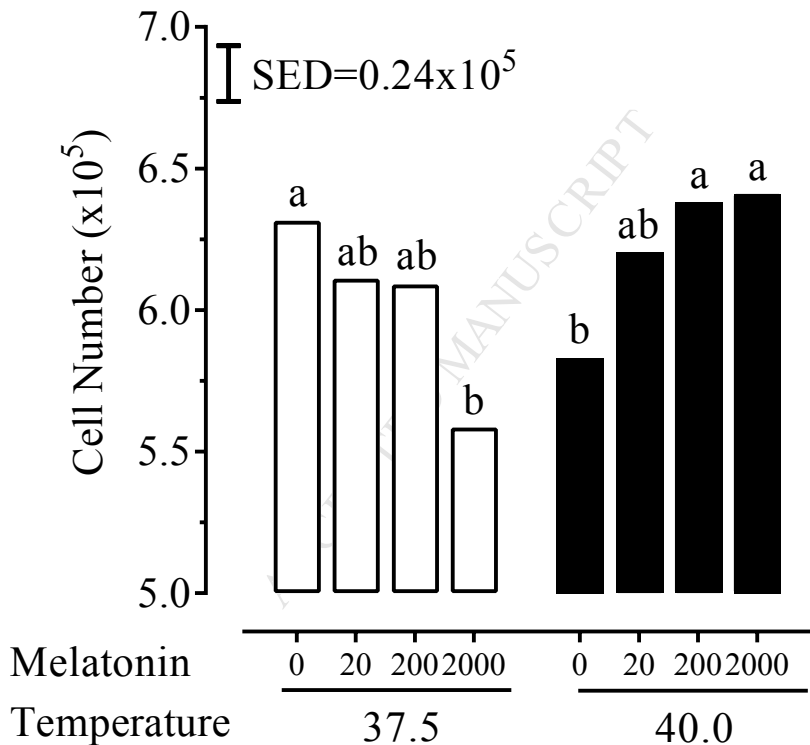
595

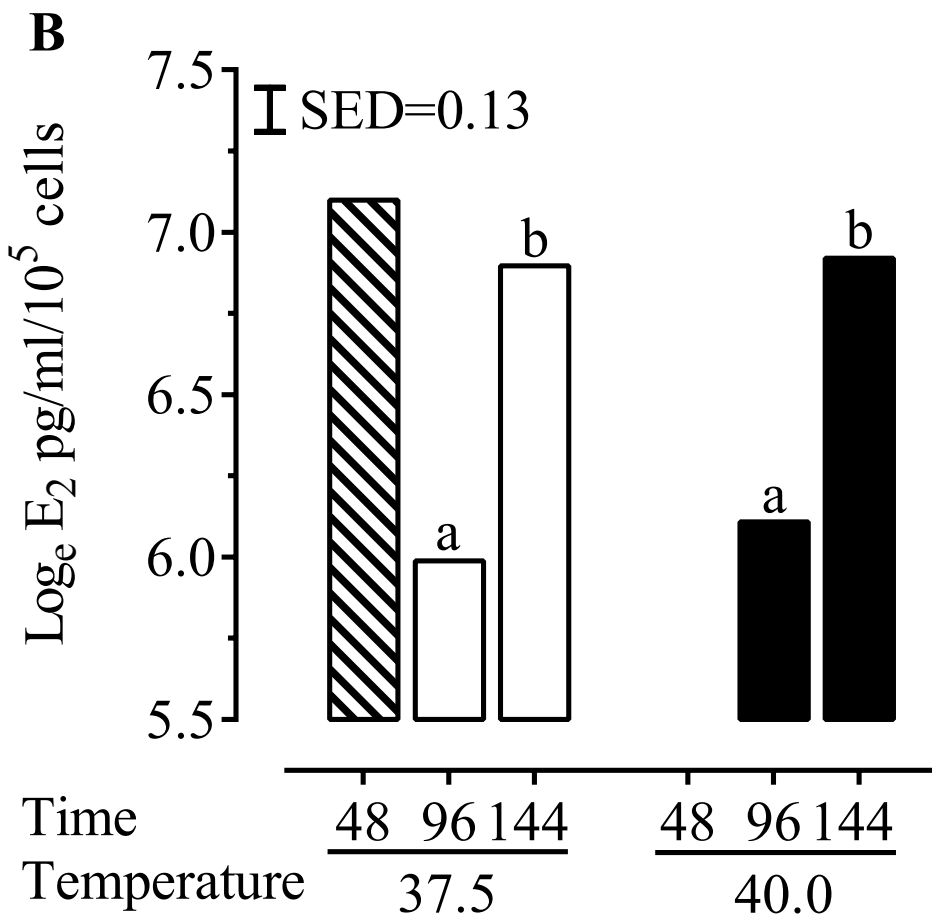
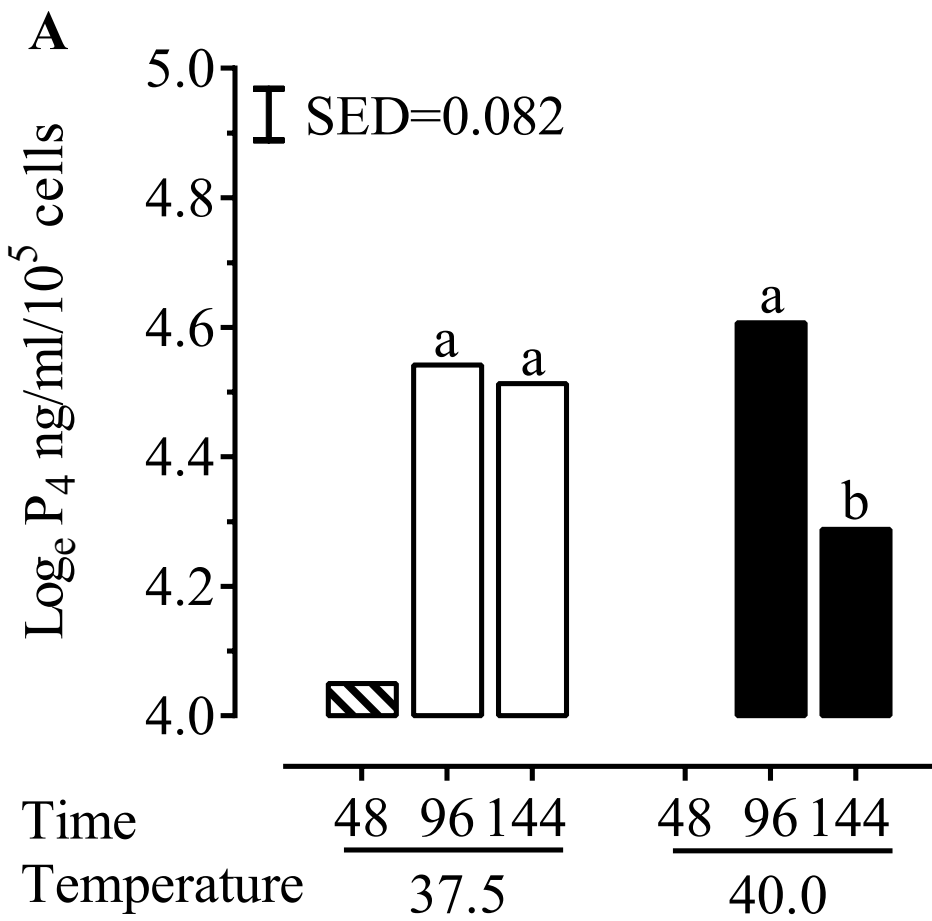
Temperature (°C)	37.5		40.0°C		SED	Significance (P)			
	Culture time (h)	96	144	96		144	°C	h	°C x h
<b>Steroidogenesis</b>									
<i>HSD3B1</i>		13.32	13.42	14.03	13.42	0.31	-	-	-
<b>Apoptosis</b>									
<i>BAX</i>		12.56 <sup>a</sup>	12.19 <sup>b</sup>	12.49 <sup>a</sup>	12.66 <sup>a</sup>	0.12	0.068	-	0.009
<i>P53</i>		12.58	12.39	12.54	12.86	0.36	-	-	-
<i>HSPA1A</i>		13.9	13.72	14.38	14.2	0.40	-	-	-
<b>O<sub>2</sub> metabolism</b>									
<i>SOD1</i>		12.69	12.6	13.09	12.41	0.31	-	-	-
<i>SOD2</i>		14.02	13.96	14.21	14.24	0.18	-	-	-
<i>HBA</i>		14.08	13.54	15.25	14.6	1.04	-	-	-
<b>Melatonin synthesis</b>									
<i>ASMT</i>		10.38	10.03	10.94	10.98	0.49	0.019	-	-

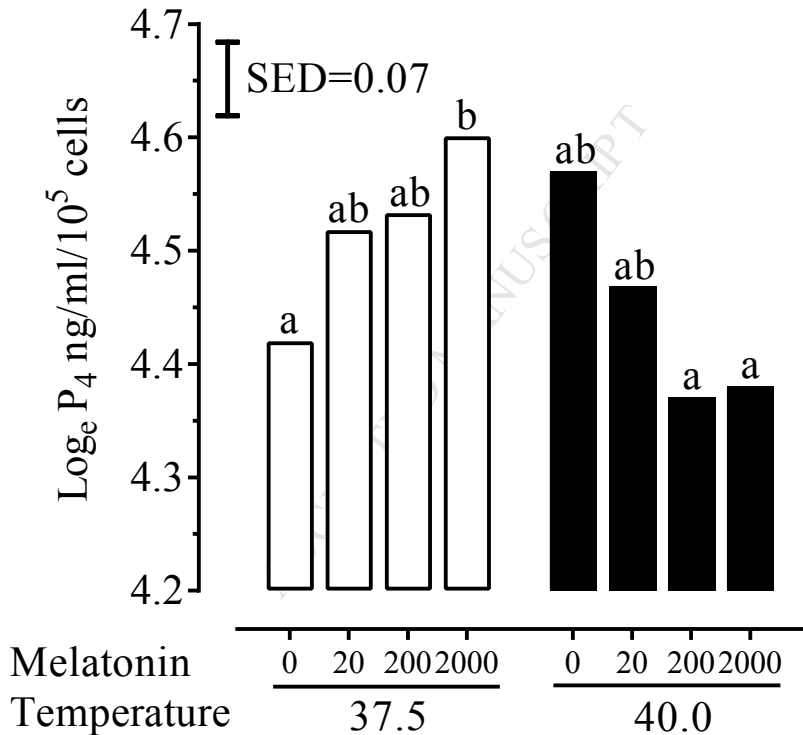
596













- Granulosa cells cultured under 5% than 20% O<sub>2</sub> better retain primary phenotype
- Culturing granulosa cells under 5% than 20% O<sub>2</sub> lessens impact of heat stress
- Melatonin interacts with temperature to affect cell number and progesterone at 5% O<sub>2</sub>