

29 of the non-Newtonian droplet generation process and relevant phenomena for future
30 studies.

31 **Keywords:** Carreau-Yasuda; microfluidics; fluid dynamics; level-set simulation;
32 emulsification.

33

34 **1. Introduction**

35 Microfluidic applications are commonly found in coating flows, formation of
36 suspensions, emulsions and foams, heat transfer and fluid flow (Stone *et al.*, 2004;
37 Squires and Quake, 2005; Pipe and McKinley, 2009). Since the start of the micro total
38 analysis system (μ TAS), the manipulation of droplets in confined microfluidic
39 channels has been highlighted as a useful technology platform for a broad range of
40 application in many scientific fields such as biology, biomedical studies, chemical and
41 synthesis, and drug delivery. Many of these fields involve handling non-Newtonian
42 fluids characterised by a nonlinear relationship between shear stress and the
43 deformation rate. Previously, most of the studies of droplet formation in
44 microchannels have employed traditional Newtonian-Newtonian systems (Cramer *et al.*,
45 2004; Garstecki *et al.*, 2006; Anna and Mayer, 2006; Utada *et al.*, 2007, Xu *et al.*,
46 2008), and little attention has been given to non-Newtonian fluids. However, it has
47 been identified that non-Newtonian microfluidic applications are increasingly taking
48 the centre ground of scientific and commercial interests, demanding research and
49 investigation (Stone *et al.*, 2004).

50 Diverse forces, including surface tension and viscous forces, govern drop dynamics,
51 and the rheology of the fluid can be important when non-Newtonian fluids are involved
52 (Chhabra and Richardson, 2008). As a general rule, non-Newtonian fluids can be
53 classified into three groups, namely purely viscous fluids, time dependent fluids, and
54 viscoelastic fluids (Chung *et al.*, 2008). Each of the above mentioned non-Newtonian
55 fluid possesses distinct characteristics of their own; however, no single constitutive
56 equation has been established to describe the rheogram of all such fluids.
57 Understanding the dynamical mechanisms of monodispersed micro or nanodroplets
58 formation of non-Newtonian fluids in microfluidic channels is essential to ensure that
59 specific requirements such as, drop size, patterns and productivity are met.

60 Previously, some researchers have focused on the analysis of the dynamics and
61 deformation of droplets with viscoelastic properties in this area (Husny and Cooper-
62 White 2006; Steinhaus *et al.*, 2007; Arratia *et al.*, 2009; Qiu *et al.*, 2010), yet a
63 thorough understanding of relevant physics behind their creation for other non-
64 Newtonian fluid types is still limited.

65 Near monodispersed droplets can be generated by a number of methods in
66 microfluidic devices including breakup in co-flowing streams (Cramer *et al.*, 2004,
67 Utada *et al.*, 2007) breakup in cross-flowing stream (Garstecki *et al.*, 2006; Xu *et al.*,
68 2008; Husny and Cooper-White 2006; Qiu *et al.*, 2010), breakup in elongational
69 strained flows (Anna and Mayer, 2006), and breakup in microchannel emulsification
70 (MCE) (Sugiura *et al.*, 2001; Kobayashi *et al.*, 2002; Kobayashi *et al.*, 2005; Van Der
71 Zwan *et al.*, 2009). The T-junction microchannel is one of the most frequently used
72 microfluidic configurations based on the physical mechanism of droplet breakup in a
73 cross-flowing stream. According to this mechanism, viscous shear-stress from the
74 continuous stream of the horizontal channel overcomes surface tension at the liquid-
75 liquid interface and pulls off droplets of the dispersed phase entering from the vertical
76 channel. Cross-flow shear in a T-junction microchannel remains one of the most
77 utilised microfluidic configurations, owing to the ease of droplet formation, inherent
78 droplet size controllability, periodicity of droplet formation, and design simplicity
79 (Thorsen *et al.*, 2001; Nisisako *et al.*, 2002; Tice *et al.*, 2004; Garstecki *et al.*, 2005).
80 Those investigations of the emulsification process for non-Newtonian-Newtonian
81 systems found in the literature have been performed using T-shaped microchannels.
82 For instance, Husny and Cooper-White (2006) investigated polymeric droplet creation
83 and the breakup dynamics of low viscosity, elastic polyethylene oxide (PEO) fluids
84 and Newtonian fluids by cross-flow shear. Gu and Liow (2011) investigated the
85 formation of shear-thinning xanthan gum droplets in oil in a T-junction microchannel
86 under different flow conditions. Apart from empirical works, Sang *et al.* (2009)
87 developed both numerical and analytical models with an interface capturing scheme
88 to explore the influence of the material behaviour of Newtonian, Bingham and power-
89 law fluid on the formation of droplets. Qiu *et al.* (2010) also performed a numerical
90 study of the formation of Newtonian droplets in a continuous phase with shear-
91 thinning properties under the cross-flow condition using the volume-of-fluid (VOF)
92 formulation. Most of the previous studies, especially the numerical ones, have

93 focused on the Newtonian droplets formed in the non-Newtonian phase; however,
94 there have been far fewer attempts to develop a predictive model for the relevant
95 physics, evolution and formation of non-Newtonian droplets in a T-junction
96 microfluidic cell.

97 Due to the existence of a high surface-to-volume ratio within a micro-scaled device,
98 interfaces between fluids play a significant role in many physical processes such as
99 droplets collision, coalescence and breakup (Christopher *et al.*, 2009). There are two
100 main approaches to represent the interface evolution problem either explicitly or
101 implicitly within the Navier-Stokes (NS) equation discretized on a fixed grid: interface
102 tracking and interface capturing. These methods are widely used in computation of
103 flow problems with moving boundaries and interfaces. Interface tracking of the
104 moving boundary is based on an explicit description of the interface by the
105 computational mesh. Boundary integral (Hou *et al.*, 2001) and front tracking
106 (Tryggvason *et al.*, 2001) methods are examples of interface tracking methods.
107 Interface tracking approaches provide higher numerical accuracy, but their
108 applicability is limited to Stokes flow. In contrast to interface tracking methods,
109 interface motion can be simply obtained by the advection of the corresponding phase
110 function in the interface capturing method. The interface capturing method uses a
111 separate phase function, discretised on the fixed grid, to implicitly represent the
112 interface (Bonometti and Magnaudet, 2007). In implicit approaches, there are three
113 common interface capturing methods that have been developed to solve
114 incompressible two-phase problems. These are the volume-of-fluid (VOF) (Rider and
115 Kothe, 1998), lattice-Boltzmann method (LBM) (Takada *et al.*, 2000), and level-set
116 method (LSM) (Osher and Sethian, 1988). In each of the above reference methods,
117 the main challenge is to accurately advect the phase boundary and correctly compute
118 terms concentrated at the interface, such as interfacial tension. The functional
119 discontinuities of the VOF method present at the interface lead to low accuracy in the
120 computation of the mean curvature, causing errors in the surface tension force. Apart
121 from the VOF method, the variation of interfacial tension has made difficulties in the
122 application of LBM to this problem as this parameter cannot be adjusted
123 independently. However, the above mentioned limitations can be overcome by LSM
124 as it allows any interfacial tension values to be chosen. The level-set method is a
125 simple and versatile method for tracking moving interfaces and shapes. It permits

126 numerical computations of such objects involving curves and surface to be performed
127 on a fixed Cartesian grid without having to parameterise them. It is a robust scheme
128 that is relatively easy to implement (Osher and Sethian, 1988). Although the main
129 drawback of classical LS description is the difficulty of ensuring volume conserving
130 advection of fluid phases, a conservative LSM has been devised to overcome this
131 (Olsson and Kreiss, 2005; Sethian, 1999).

132 This paper describes a numerical study carried out to develop a predictive model for
133 droplet generation of a non-Newtonian fluid at a microfluidic T junction. A conservative
134 LS approach coupled with the Carreau-Yasuda stress model has been adopted in the
135 present computational model. Systematic sets of numerical simulations were carried
136 out to monitor the evolution of droplet size, which turns out to be effectively governed
137 by the physical properties of the tested fluids, flow rates, and viscosity. These key
138 parameters that control the formation of microdroplets of shear-thinning liquids such
139 as sodium carboxymethylcellulose (SCMC) have not previously been examined in
140 detail. In the present study, the continuous phase is a Newtonian fluid with a constant
141 viscosity, whereas the dispersed phase has properties equivalent to shear-thinning
142 SCMC solutions with concentration ranging from 0 wt% to 1.20 wt%. This provides a
143 realistic means of computing the dynamics of droplet breakup process in a T-junction
144 micro-scaled device when the shear-thinning non-Newtonian effects are present. It
145 should also be noted that within the considered weight percentages, the variation in
146 density is minimal enabling the use of a constant value of 998.2 kg/m^3 . Furthermore,
147 the surface tension between the lowest and the highest concentrations are 22.14 and
148 18.87 mN/m. Therefore a constant value of 20.74 mN/m is used for all the cases
149 except for the parametric study on the interfacial tension. Both the concentration and
150 the contact angle were treated as independent parameters in this study.

151

152 **2. Computational Model**

153 **2.1 The Conservative Level-Set Method**

154 The conservative level-set method (LSM) was employed to simulate the filament
155 development and the detachment of the droplets at various operating conditions and
156 fluid properties inside a microchannel T-junction. The conservative LSM proposed by

157 Olsson and Kreiss (2005) and Olsson *et al.* (2007) was employed in the present study.
 158 The LSM relies on an implicit representation of the interface and the equation of
 159 motion is numerically approximated using schemes built from hyperbolic-
 160 conservatives law (Osher and Sethian, 1988). This approach has been used to
 161 describe the interface between two immiscible fluids which is defined by the 0.5
 162 contour of the level set (phase) function (ϕ) assuming the continuous phase ($\phi = 0$)
 163 flowing in the main horizontal channel and the dispersed phase ($\phi = 1$) fills a channel
 164 orthogonal to the main channel. In this implicit method, the model comprises of the
 165 following governing equations.

166 Incompressible Navier-Stokes equation

$$167 \quad \rho \frac{\partial \mathbf{u}}{\partial t} + \rho(\mathbf{u} \cdot \nabla) \mathbf{u} = \nabla \left[-pI + \eta(\nabla \mathbf{u} + (\nabla \mathbf{u})^T) \right] + F_{st} \quad (1)$$

168 Continuity equation

$$169 \quad \nabla \cdot \mathbf{u} = 0 \quad (2)$$

170 Level-set equation

$$171 \quad \frac{\partial \phi}{\partial t} + \mathbf{u} \cdot \nabla \phi = \gamma \nabla \cdot \left[\varepsilon \nabla \phi - \phi(1 - \phi) \frac{\nabla \phi}{|\nabla \phi|} \right] \quad (3)$$

172 Symbols ρ , η , and σ denote the density, dynamic viscosity, and the surface tension
 173 respectively. The pressure is given by p while I denotes the identity matrix. The γ
 174 denotes the re-initialization parameter approximates the maximum speed occurring
 175 in the computational domain (Sethian, 1999). The ε denotes an artificial thickness of
 176 the interface, which is assumed to be the maximum mesh size in subdomains in the
 177 neighbourhood of the interface. In this work, the parameters γ and ε with the value of
 178 0.065 m/s and 5.8×10^{-6} m were selected, based on the maximum flow velocity in
 179 microchannel dimensions selected for simulation and optimum mesh size,
 180 respectively after a mesh convergence analysis. The surface tension force, F_{st} , acting
 181 at the interface between two fluid phases can be calculated by Equation 4 below.

$$182 \quad F_{st} = \sigma k(\phi) \mathbf{n}_\Gamma \delta_{sm}(\phi) \quad (4)$$

183 where k denotes the local interfacial curvature, \mathbf{n}_r is the unit normal vector to the
 184 interface pointing into the droplet, and the smeared out Dirac delta function
 185 concentrated at the interface between two fluids is given by $\delta_{sm}(\phi)$. These can be
 186 expressed as shown below.

187 The interfacial curvature is given by

$$188 \quad k(\phi) = -\nabla \cdot \mathbf{n}_r \quad (5)$$

189 The delta function is approximated by

$$190 \quad \delta_{sm}(\phi) = 6|\phi(1-\phi)| |\nabla\phi| \quad (6)$$

191 Since the surface tension and local interfacial curvature term are easily represented
 192 in terms of the level-set function, the LSM can be used to compute the changes in
 193 the droplet topology due to the flow. The density and the viscosity of the two fluids at
 194 any point can be calculated using the two equations given below:

$$195 \quad \rho = \rho_1 + (\rho_2 - \rho_1)\phi \quad (7)$$

$$196 \quad \eta = \eta_1 + (\eta_2 - \eta_1)\phi \quad (8)$$

197 where ρ_1 and ρ_2 are the densities of continuous phase and dispersed phase, and η_1
 198 and η_2 are the viscosities of continuous phase and dispersed phase.

199 Equations (1) – (8) were solved using the COMSOL Multiphysics (Version 4.3) two
 200 phase flow module.

201

202 **2.2 Rheological Constitutive Model**

203 To implement the shear thinning non-Newtonian fluids, the Carreau-Yasuda viscosity
 204 model has been implemented within the level set formulation. The Carreau-Yasuda
 205 constitutive model is defined by the following equation (Eq. (9)) (Carreau, 1972;
 206 Yasuda and Cohen, 1981):

$$207 \quad \eta(\dot{\gamma}) = \eta_\infty + (\eta_o - \eta_\infty)[1 + (\lambda_{CY}\dot{\gamma})^a]^{\frac{n-1}{a}} \quad (9)$$

208 where η_0 and η_∞ denote the zero shear viscosity and the infinite shear viscosity
 209 respectively whereas λ_{CY} denotes the relaxation time and a denotes fitting parameter.
 210 The n is the shear-thinning power-law exponent and $\dot{\gamma}$ is the shear rate. We
 211 generalize the shear rate ($\dot{\gamma}$) in the Carreau-Yasuda model using the following
 212 invariant of the velocity gradient tensor in Cartesian coordinates.

$$213 \quad \dot{\gamma} = \sqrt{\frac{1}{2} \left[4 \left(\frac{\partial u}{\partial x} \right)^2 + 2 \left(\frac{\partial u}{\partial y} + \frac{\partial v}{\partial x} \right)^2 + 4 \left(\frac{\partial v}{\partial y} \right)^2 \right]} \quad (10)$$

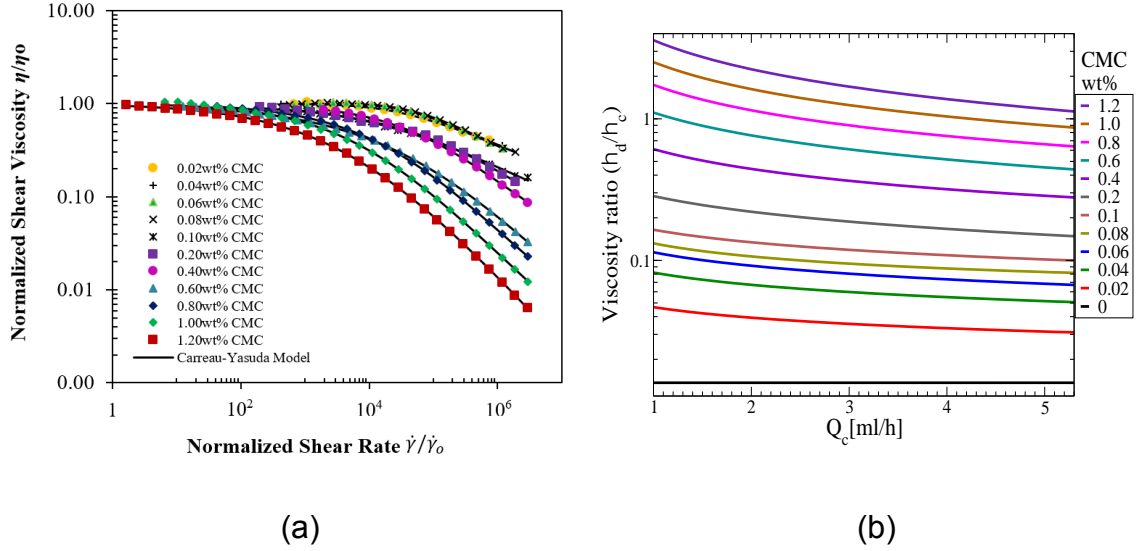
214 The rheological parameters of Carreau-Yasuda stress model were experimentally
 215 determined using a controlled stress rheometer (MC 302, Anton Paar) for all SCMC
 216 polymer concentrations. All the measurement data were seen to be fitted well to
 217 Carreau-Yasuda model for all SCMC concentrations. Experimentally measured
 218 normalised shear-viscosity is plotted against the normalised shear rate for SCMC
 219 solutions at various concentrations in Figure 1a. These measurement data are also
 220 summarized in Table 1 and used in numerical calculations subsequently. For shear
 221 thinning fluids, the flow modifies the viscosity and so the effective viscosity at the flow
 222 conditions in a given simulation becomes an important quantity. To aid later
 223 interpretation we estimate this by using the wall shear rate in the continuous phase.
 224 Figure 1b shows the effective viscosity ratio ($\lambda_\eta = \eta_d/\eta_c$) against continuous phase
 225 flow rate, Q_c , where we used the downstream wall shear rate in the continuous phase
 226 as a 'typical' shear rate and computed the disperse phase viscosity via equation 9.

227 In the present work, a key output quantity is the effective droplet diameter (d). An
 228 integration operator was used to find the area corresponds to the dispersed phase
 229 where $\phi > 0.5$ in order to calculate the effective droplet diameter (Equation 11).

$$230 \quad d = 2 \cdot \sqrt{\frac{1}{\pi} \int_{\Omega} (\phi > 0.5) d\Omega} \quad (11)$$

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Figure 1: (a) Normalized shear viscosity plotted against normalized shear rate for a series of SCMC shear-thinning solutions with different concentrations. (b) Effective viscosity ratio against continuous phase flow rate, Q_c , with the shear-thinning computed from equation 9 using the wall shear rate in the continuous phase.

Table 1: Rheological properties of SCMC polymer solution.

SCMC Solution wt%	Carreau-Yasuda Model Constant				
	η_0 (Pa.s)	η_∞ (Pa.s)	λ_{CY} (s)	n	a
0.02	0.0070	0.0003	0.0400	0.7121	0.9653
0.04	0.0121	0.0000	0.0325	0.7102	1.6980
0.06	0.0171	0.0000	0.0256	0.6775	1.3728
0.08	0.0195	0.0028	0.0143	0.4886	1.1319
0.10	0.0420	0.0007	0.0572	0.6242	0.4734
0.20	0.0742	0.0006	0.0041	0.3528	0.3856
0.40	0.1946	0.0040	0.0138	0.3157	0.5534
0.60	0.7995	0.0022	0.0147	0.1995	0.3660
0.80	1.6469	0.0057	0.0515	0.2444	0.4782
1.00	4.1143	0.0031	0.1604	0.2869	0.5000
1.20	10.2644	0.0000	0.2069	0.2297	0.4175

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242 2.3 Geometry and Boundary Conditions

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A T-junction geometry with 220 μm (w_c) main channel width and a 90 μm (w_d) side channel was created and meshed with quadrilaterals elements. These dimensions are selected to match the microchannel geometry created for validation experiments. An entrance thickness (h) of 73.5 μm was prescribed in the computational domain in order to define the depth of the microchannel. The continuous phase flows along the

248 horizontal main channel whereas the dispersed phase is introduced through the
 249 narrow side channel. The geometry of the microfluidic T-junction with structured 2D
 250 mapped mesh is illustrated in Figure 2. In microfluidics systems, all flow tends to be
 251 laminar. The domain boundary of the continuous ($\partial\Omega_1$) and dispersed phase ($\partial\Omega_2$)
 252 were set up with laminar inflow conditions by defining the volumetric flow rates of
 253 continuous phase and dispersed phase.

$$254 \quad \partial\Omega_1 = \begin{cases} u_x = u \cdot \mathbf{n} = u_o \\ u_y = 0 \\ h \int_{\partial\Omega_1} u \cdot \mathbf{n} dy = Q_c \end{cases} \quad (12)$$

$$255 \quad \partial\Omega_2 = \begin{cases} u_x = 0 \\ u_y = u \cdot \mathbf{n} = u_o \\ h \int_{\partial\Omega_2} u \cdot \mathbf{n} dx = Q_d \end{cases} \quad (13)$$

256 where \mathbf{n} is unit vector that has a direction normal to the inlet boundaries, h is the
 257 entrance thickness of microchannel, Q_c and Q_d denote the flow rates of the
 258 continuous and dispersed phase flow rates respectively. The domain boundary
 259 condition at the outlet ($\partial\Omega_3$) is set to a pressure with no viscous stress.

$$260 \quad P = 0 \text{ Pa} \quad (14)$$

261 No-slip boundary condition was applied to all other wall boundaries. The numerical
 262 simulations were performed at a time step $\Delta t = 2.57 \times 10^{-5}$ seconds, calculated using
 263 the Courant-Friedrichs-Lewy (CFL) number. The Courant number is defined as:

$$264 \quad C = \frac{\Delta t \cdot U}{\Delta X} \quad (15)$$

265 where Δt is the time-step used during simulations, U is the maximum fluid velocity
 266 and ΔX is the computational cell size. A Courant number of 0.25 was used in the
 267 current simulations considering as a robust value to maintain the stability of the
 268 calculations (Kashid *et al.*, 2010; Schneider *et al.*, 2011).

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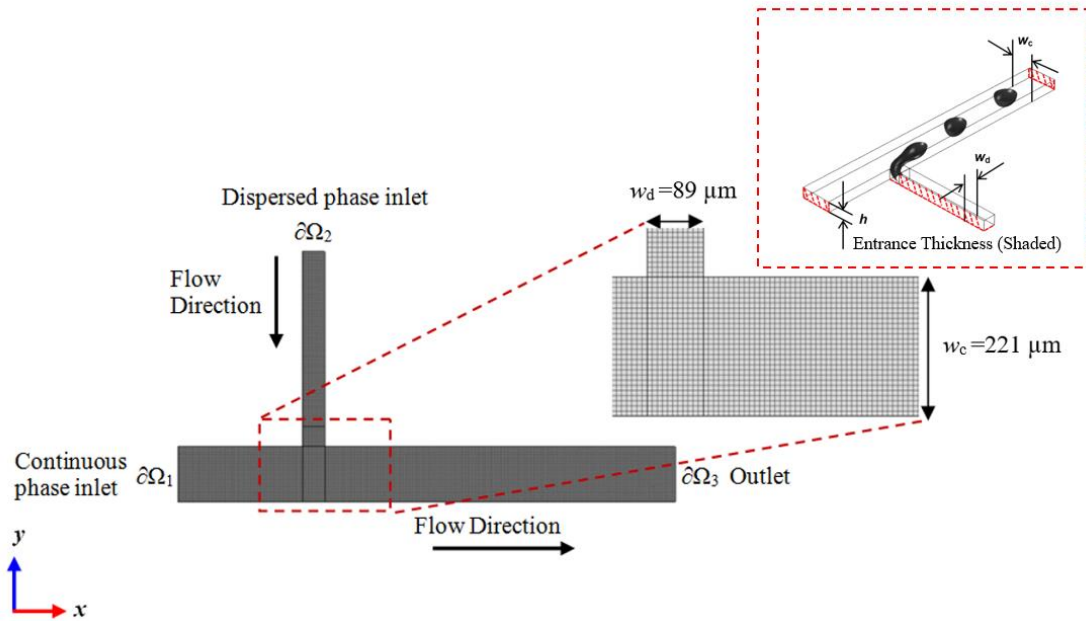
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Table 2: Mesh convergence analysis for the dependence of effective droplet diameter on the number of quadrilaterals elements.

Number of Elements	Degree of Freedom	Effective Droplet Diameter (μm)	Relative Error%
976	13590	172.46	6.960
2072	28727	162.63	1.586
4024	54152	158.81	4.684
7644	101947	150.52	0.249
12166	161405	150.90	0.388
15963	207662	150.31	

274



275

276 Figure 2: The T-shaped geometry used for the simulations with two-dimensional
277 (2D) quadrilaterals mesh elements.

278

279 3. Mesh Convergence Analysis

280 Prior to the parametric study, mesh sensitivity analysis was performed to quantify the
281 dependency of simulation results on mesh size. A flow rate ratio, Q of 0.05 (where
282 $Q_c = 2.0$ ml/h and $Q_d = 0.1$ ml/h) was used in this analysis. The data is recorded at
283 0.0005 seconds intervals, which were sufficiently small to capture the breakup
284 phenomenon of the fluid-fluid interfaces. A 2D structured mapped mesh was
285 generated and meshes of varying degrees of resolution were set up for the domain.
286 The effect of mesh size was examined by increasing the number of mesh elements
287 from 976 (coarsest grid) to 15963 (finest grid). Table 2 summarized the mesh

288 convergence test for the dependence of effective droplet diameter on the number of
289 mesh elements. An acceptable relative error of 0.38% between the last two finer
290 meshes was considered. The relative error of the measurement shows the error
291 deviation in relation to the measured values of droplet diameter between the two
292 different mesh resolutions. Therefore, an optimal grid resolution containing 7644
293 elements with cell sizes equal to 0.0082 mm was selected for the subsequent study.

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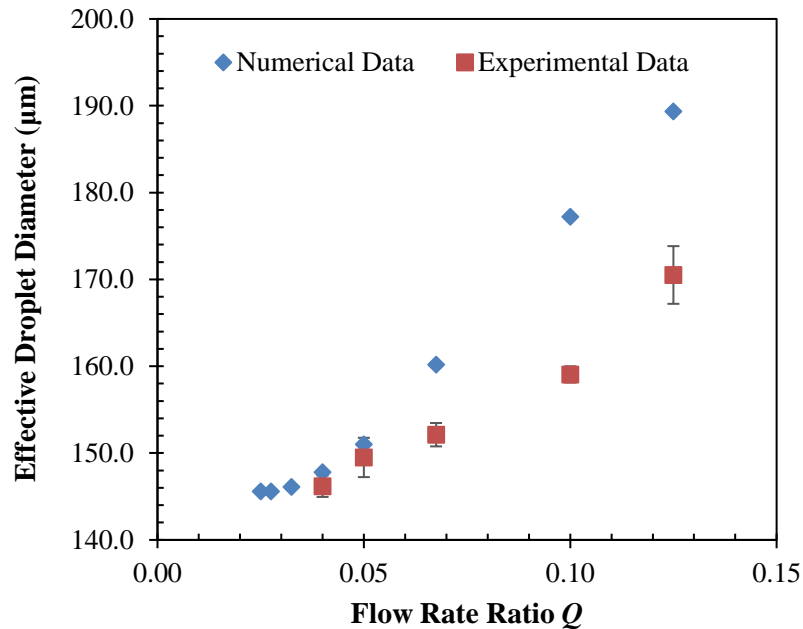
295 **4. Numerical Model Validation**

296 At a very preliminary stage, a validation of the 2D numerical model of formation of the
297 water droplets was carried out against a matching laboratory experiment. The
298 geometry and the properties of the fluids used in the numerical simulation were set
299 to the values measured in the lab. Deionised water and olive oil (highly refined, low
300 acidity, Sigma Aldrich) were used in the experiment to generate droplets in a T-
301 junction microchannel.

302 The comparison with the experiments is carried out to estimate the differences
303 between the numerical and experimental approaches for a known system. Figure 3
304 illustrates the comparison of effective droplet diameter as a function of the applied
305 flow rate ratio, Q , between numerical and experimental results.

306 As shown in Figure 3, both the experimental measurement and the simulated
307 prediction indicate that the effective diameter of the dispersed phase droplets
308 increases with the increasing flow rate ratio. As the flow rate ratio increases the
309 numerical computations over predicts the effective droplet diameter. The discrepancy
310 between the simulated and the measured droplet diameters is roughly 11% at the
311 highest flow rate ratio tested and for lower flow rates it shows a reasonably good
312 agreement. Syringe pump induced oscillation of flow rate implied a source of
313 fluctuation in the microfluidic flow, which might affect the droplet diameter.
314 Additionally, the temperature dependence of the physical and rheological properties
315 of each working fluid in experiments may have contributed to the deviation in droplet
316 diameter from numerical simulation as they were assumed to remain constant in the
317 numerical model. Besides, the difficulties of numerical dissipation in advection step
318 of fluid simulation may arise for larger flow rate ratio. In order to reduce the numerical

319 dissipation of the scheme, a reasonable range of low flow rate ratio, $0.04 \leq Q <$
320 0.0675 , has been selected for the subsequent modelling studies of non-Newtonian
321 flow in order to ensure higher reliability and accuracy of the numerical model.



322

323 Figure 3: Comparison of effective droplet diameter between 2D numerical and
324 experimental result in the range of Q applied. Error bars indicate the standard
325 deviation in effective droplet size measurement of 30 droplets under fixed
326 experimental condition.

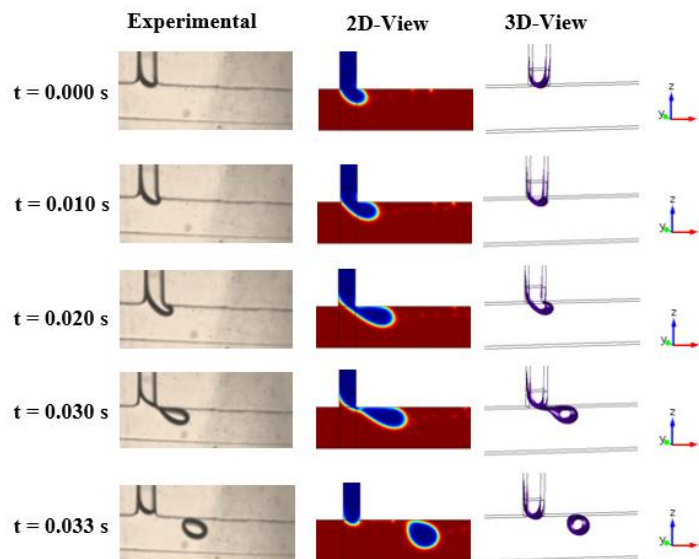
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328 A preliminary validation test of the 3D structure was also performed at the prescribed
329 Q of 0.05. A grid resolution containing 88257 elements with cell sizes equal to 0.0188
330 mm was selected for the study. Figure 4 illustrates a sequence of snapshot of droplet
331 formation for the 2D and 3D model representation against laboratory experiments at
332 Q of 0.05. As seen in Figure 4, a dripping phenomenon, in which droplets are being
333 sheared off before they fill the channel cross-section, were observed for the
334 experimental model. Both 2D and 3D simulations predict similar droplet breakup
335 process.

336 An effective droplet diameter was calculated based on the area of droplet in 2D
337 model, whereas the droplet volume was used to calculate the effective diameter in
338 3D model. Note that this approach produces two different values for any given droplet

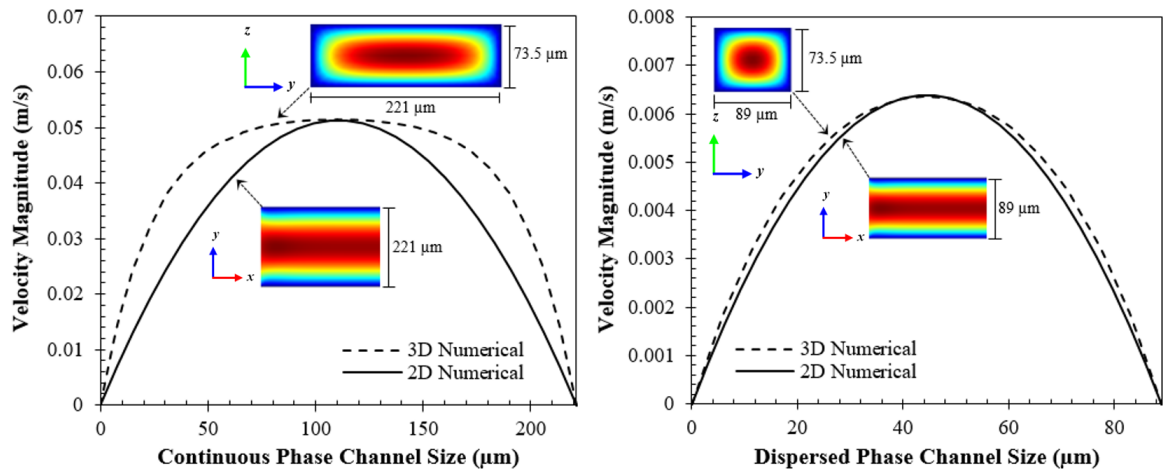
339 as one is on the projected area as seen from the top projection (looking down on to
 340 w_c) and the other is on the volume dispensed based on the total volume fed and the
 341 frequency of the droplets. An error of 1.56% between experimental value of 102.36
 342 μm and numerical value of 100.77 μm were obtained in the 3D case. While the 2D
 343 model presented an error percentage of 2.21% between the experimental and
 344 numerical results of 149.5 μm and 152.88 μm , respectively (see Figure 3). Such
 345 discrepancy between 2D and 3D implementation are may attributed to the boundary
 346 effects in the third coordinate's direction.

347 The velocity profiles are not significantly affected in the simplest 2D model when
 348 compared to that of 3D channel. A comparison on both, the main and the side
 349 channels show (see Figure 5) the maximum velocity remains same while the
 350 distribution changed due to wall effects in the 3D case. Nevertheless, based on this
 351 comparison, we have concluded that the flow system can be modelled using 2D
 352 geometry with acceptable results compared to 3D and experiments. As it is
 353 computationally too costly for extensive tests of 3D model to resolve the typical nano-
 354 sized interface and motion (Liu and Zhang, 2009) of microdroplets, the present
 355 parametric analyses were implemented based on 2D model.



356

357 Figure 4: Snapshots of three-dimensional (3D) and two-dimensional (2D)
 358 simulations of the water-in-oil droplet breakup process in microchannel and
 359 corresponding to experiments (for system: Q_c : 2.0 ml/hr and Q_d : 0.1ml/hr, $Q=0.05$).
 360 The colour bar specifies the dispersed phase as the area where colour distinction is
 361 from 0 to 0.5 and continuous phase the area from 0.5 to 1.0. The iso-surface of 0.5
 362 denotes the interface where the droplet is identified as solid blue rounded shape.



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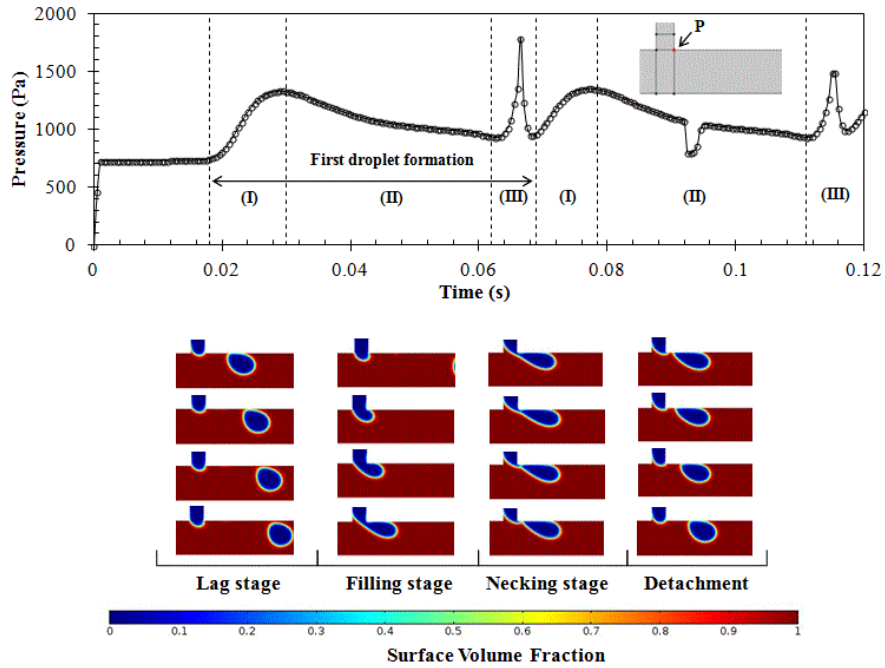
364 Figure 5: Comparison of velocity profiles for 3D and 2D continuous and dispersed
365 phase microchannel.

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367 5. Results and Discussion

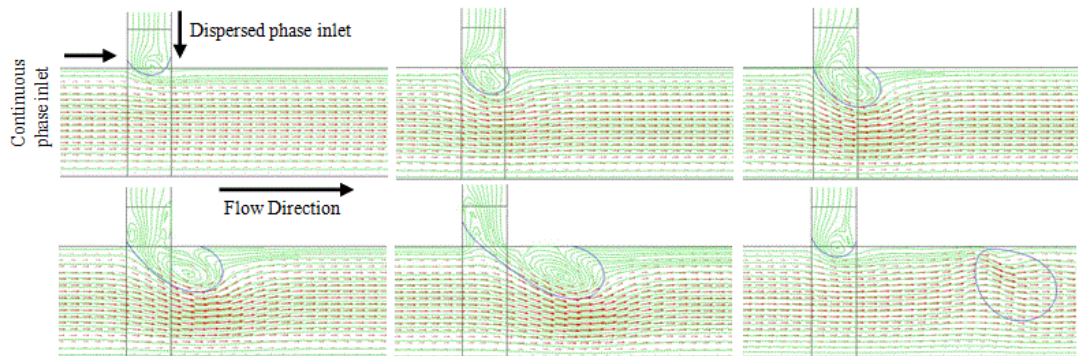
368 5.1 Droplet formation and breakup mechanism

369 The simulations closely follow the experimental observations of the formation and the
370 detachment of a droplet in the microfluidics T-junction. First, the tip of the dispersed
371 phase filament enters the main channel and partially blocks it, which results in the
372 continuous phase having to travel through a smaller cross-sectional area at the T-
373 junction. This causes higher drag at the interface between the two phases and, over
374 time, the dispersed phase entering the T-junction is slowly convected downstream.
375 Due to the drag applied by the continuous phase, the dispersed phase filament thins
376 out forming a neck. The pressure gradient across the forming liquid filament and the
377 drag at the interface further distort the droplet in the downstream direction until they
378 overcome the surface tension and a droplet is formed (Garstecki *et al.*, 2006;
379 Garstecki *et al.*, 2005; Glawdel *et al.*, 2012). The fully detached droplet flows
380 downstream in the main channel, while the dispersed phase retracts into side
381 channel. This break-up process is continuously repeated, and the size of the droplets
382 produced can be varied by altering the fluid flow rates, the channel dimensions or by
383 changing the physical properties of the two phases. The results in Figure 6 and 7
384 were computed using the numerical scheme outlined in Section 2 with both the
385 dispersed and continuous phases being Newtonian fluids with viscosities of 9.3×10^{-4}
386 Pa.s and 6.8×10^{-2} Pa.s, respectively.



387

388 Figure 6: Evolution of the pressure at point P during droplet breakup. P denotes the
 389 point at the junction and reflects the evolution of breakup mechanism. The droplet
 390 formation process can be divided into three stages: (I) lag stage, (II) filling stage,
 391 and (III) necking stage.



392

393 Figure 7: Streamline and velocity field representation of the process of droplet
 394 breakup in a model of the T-shaped.

395

396 Variations in pressure at the leading edge of the T junction indicated by point P during
 397 the growth of the dispersed phase filament and the detachment of the drop is given
 398 in Figure 6. It shows that the pressure increases gradually until the drop starts to yield
 399 under the shear and the pressure build up and then decreases until the breakup. The
 400 breakup of the droplet is marked by the sharp peak. Then the filament starts to grow
 401 again and the pressure at point P starts to increase. The sudden depression in the
 402 pressure during the formation of the second drop indicates first drop exiting the

403 computational domain boundary. It should be noted that the pressure inside the
 404 droplet is higher than that of the continuous phase in the neighbourhood. Since the
 405 boundary condition applied assumes the droplets to be entering the constant
 406 pressure as they leave the domain, the pressure field shows a sudden reduction
 407 spread over the time it takes a droplet to cross the outlet boundary completely. This
 408 phenomenon can be observed in all subsequent parametric studies.

409 The streamlines are overlaid on the velocity field in Figure 7 to investigate the flow
 410 development within the dispersed phase filament and the growing droplet. In Figure
 411 7, at the start of the formation process, a recirculation flow is generated close to the
 412 interface due to the shear applied by the continuous phase flow. This region expands
 413 gradually when the dispersed phase enters the main stream and elongates
 414 downstream. When detached, the droplet is carried by the continuous phase and the
 415 initial flow is disturbed and the recirculation flow no longer exists.

416 The droplet detachment mechanism has been modelled by Husny and Cooper-White
 417 (2006) for Newtonian fluids, and we use this model here to illustrate the influence of
 418 physical properties of the fluids on the droplet size. We consider forces and velocities
 419 along the main channel. The droplet detaches when it becomes sufficiently large that
 420 the cross-flow drag force from the continuous phase, which pulls the droplet
 421 downstream, matches the interfacial tension force joining the droplet to the side
 422 channel. The interfacial tension force is given by

$$423 \quad F_{\sigma} = \frac{\pi\sigma w_d^2}{d}, \quad (16)$$

424 where d is the droplet diameter. The cross-flow drag force is given by

$$425 \quad F_D = 3\pi\eta_c(v^* - v_d)df(\lambda_{\eta}) \quad (17)$$

426 where v^* is the continuous phase velocity at the height of the droplet centre, v_d is the
 427 droplet velocity, $\lambda_{\eta} = \eta_d/\eta_c$ is the viscosity ratio and $f(\lambda_{\eta}) = (\frac{2}{3} + \lambda_{\eta})/(1 + \lambda_{\eta})$
 428 captures the effect of the disperse phase viscosity on the droplet drag. When $\lambda_{\eta} \gg 1$
 429 then the disperse phase viscosity is sufficiently high that the droplet is solid-like and
 430 equation 17 reduces to the drag from Stokes flow around a solid sphere. Conversely,
 431 for smaller values of λ_{η} , internal flow within the droplet becomes possible and this
 432 acts to reduce the drag on the droplet from the continuous phase. We note

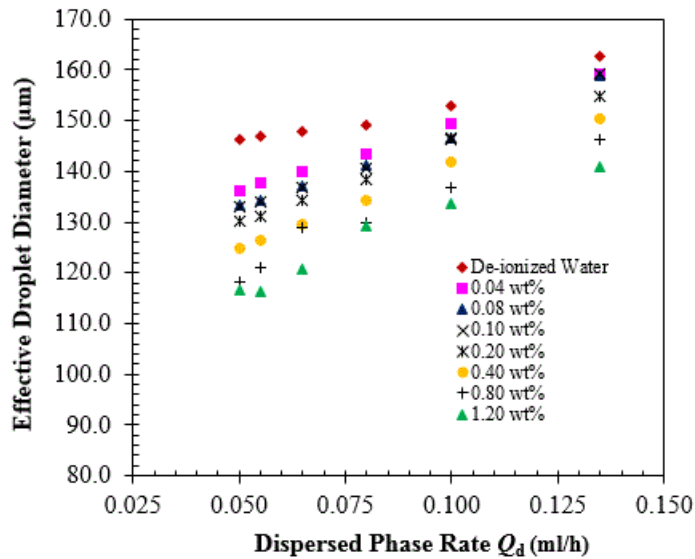
433 that $2/3 < f(\lambda_\eta) < 1$, so this model predicts a fairly modest effect of the disperse
434 phase viscosity.

435

436 **5.2 Effect of Dispersed Phase Rate**

437 In the first series of numerical simulations, the effect of the dispersed phase flow rate,
438 Q_d , on the droplet diameter was systematically examined for a fluid with physical
439 properties equivalent to SCMC solutions with concentrations ranging from 0.00 wt%
440 to 1.20 wt%. Similarly, the continuous phase properties were selected to reflect those
441 of olive oil ($\eta_c = 0.068$ Pa.s). A contact angle of 180° , representing complete
442 repulsions of the working liquid by the channel surface was applied. This is to reflect
443 the wall being wetted with the oil, forming a lubricating layer preventing the formation
444 of three phase contact line at the channel surface.

445 For a constant continuous phase flow rate, Q_c , of 2.00 ml/hr, the droplet size, d , was
446 measured with increasing Q_d between 0.05 ml/hr and 0.135 ml/hr. Results are shown
447 in Figure 8. Here d increases with increasing Q_d and with increasing SCMC
448 concentration and, as Q_d increases then the results for different SCMC concentration
449 becomes more tightly bunched. The droplet size increases with Q_d as, for larger Q_d ,
450 larger volumes of the dispersed phase fluid enter the main channel before the filament
451 is pinched off. The increase in drop size does not replicate the threefold increase of
452 the dispersed phase flow rate, because the formation time shortens. However, it
453 should be noted that the frequency of droplet shedding increases in line with
454 conservation of mass. The effect of SCMC concentration can be explained as follows.
455 Figure 1b shows that, for all Q_c in this study, there is a considerable increase in the
456 effective η_d with SCMC concentration even when shear thinning is accounted for. This
457 increase in η_d leads to smaller droplets because, as equation 17 shows, larger η_d
458 leads to an increase in the cross-flow drag force, due to internal flow inside the droplet
459 being suppressed. This effect, combined with the shear thinning, also explains why
460 the results at different SCMC concentrations become more closely packed with
461 increasing Q_d . As Q_d increases flow within the droplets becomes faster and hence
462 shear thinning lowers the effective viscosity. As figure 1 shows, shear thinning is
463 stronger in the more concentrated SCMC solutions, thus with increasing flow rates
464 the range of effective viscosity ratios narrows and so does the range of droplet sizes.



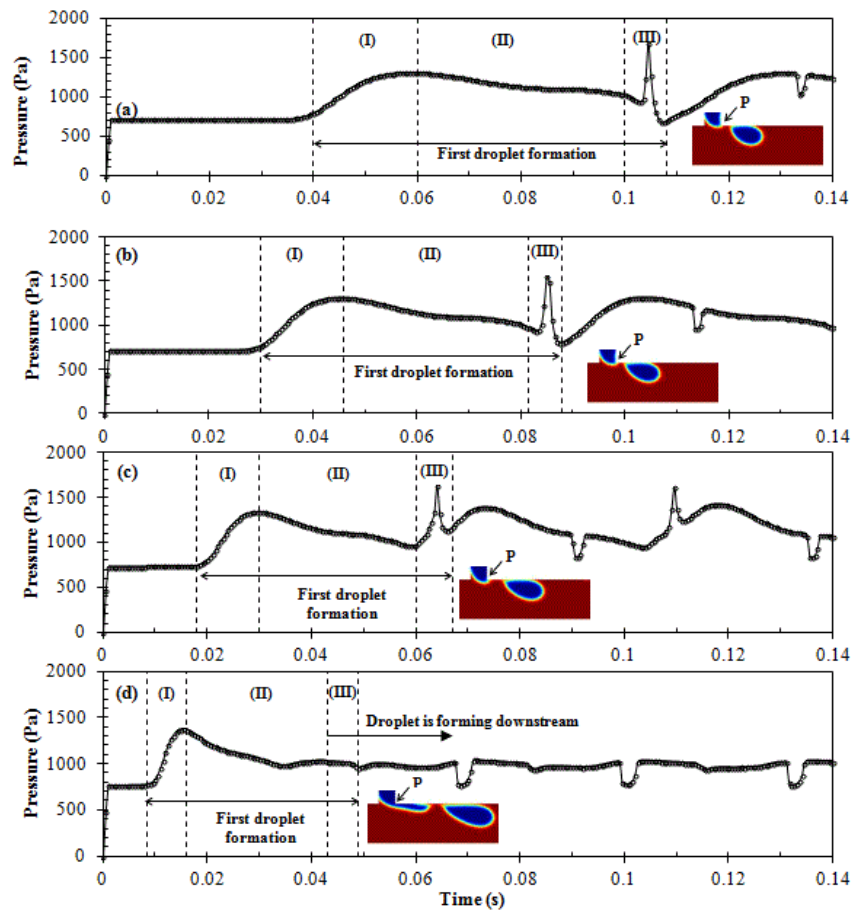
465

466 Figure 8: Effect of Q_d on the effective droplet diameter of SCMC solutions for
 467 various SCMC concentrations. The continuous phase flow rate Q_c is kept constant
 468 at 2.00 ml/hr for all cases reported.

469

470 The time dependence of the pressure at the corner of T-junction during SCMC droplet
 471 breakup at different Q_d were systematically investigated and are plotted in Figure 9.
 472 At the necking point, there is a pressure spike at the time of detachment. Moreover,
 473 the magnitude of pressure depends on the specific location of the droplet detachment.
 474 When the Q_d is small, the droplets are pinched off at the T-junction. When $Q_c > Q_d$,
 475 droplet does not have time to fill the main channel fully producing elongated slugs.
 476 The droplet breakup occurs immediately after a short filament is formed filling the
 477 main channel partially and the droplet detachment occurs at the junction⁴¹. These
 478 observations are also supported by Tan *et al.* (2008) who reported that the shear force
 479 from the continuous phase is sufficiently large to induce the dispersed phase to form
 480 droplets at the T-junction of the microchannel at the low dispersed phase rates. When
 481 Q_d increases, the filament grows at faster rates, partially blocking the main channel.
 482 This leads to detachment of the droplets at increasing frequency. This is clearly shown
 483 in the Figure 9. The distinct pressure peak at point P at the corner decreases as the
 484 filament no longer retracts into the side channel. As the Q_d increases further, the
 485 filament begins to extend in the main channel and the droplet detachment takes place
 486 downstream of the T-junction. As the filament grows beyond the corner of the T-
 487 junction, the pressure at corner of the junction becomes less important. Downstream

488 detachment of the droplets occurs more readily for fluids with high η_d because they
 489 are more able to resist fragmentation of the filament of disperse phase as it forms.



490

491 Figure 9: Pressure profile of 0.20 wt% SCMC for the effects of Q_d on SCMC droplet
 492 breakup process at each Q_d : (a) 0.050 ml/hr, (b) 0.065 ml/hr, (c) 0.100 ml/hr, (d)
 493 0.200 ml/hr (for system: $Q_c = 2.00$ ml/hr). P denotes the pressure at the corner of T-
 494 junction. The sharp peak with given data values reflects the droplet breakup at the
 495 corner of the side channel as shown in the extracted images. At high Q_d , the
 496 pressure peak becomes insignificant as the detachment point is located
 497 downstream of the junction.

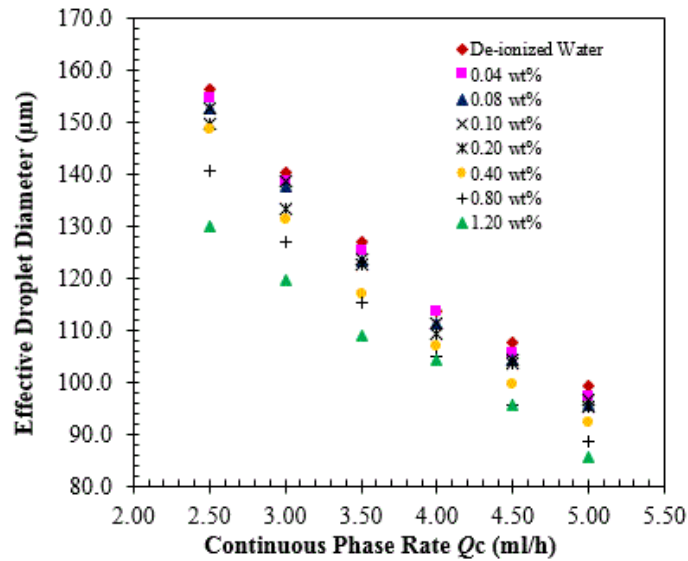
498

499 5.3 Effect of Continuous Phase Rate

500 As discussed in section 5.1, droplet formation at the T junction is dominated by the
 501 balance of the interfacial force with the viscous stresses imposed by the continuous
 502 phase. The size of the droplets can be tuned by changing Q_c , which alters the viscous
 503 stresses on the droplets (DeMenech *et al.*, 2008). Since the channel width of the
 504 continuous phase ($w_c = 221 \mu\text{m}$) is larger than dispersed phase channel width ($w_d =$
 505 $90 \mu\text{m}$), the dispersed phase stream does not occupy the entire width of the channel

506 downstream of T-junction. Thus the breakup is controlled by the local shear-stress of
507 the continuous phase acting on the dispersed phase droplet, which can be estimated
508 via equation 17. For a constant Q_d at 0.20 ml/h, the droplet diameter was measured
509 with the variation in Q_c (2.50 ml/h to 5.00 ml/h). Results are illustrated graphically in
510 Figure 10.

511



512

513 Figure 10: Effect of Q_c on the effective droplet diameter of SCMC solutions for
514 various SCMC concentrations. The dispersed phase flow rate Q_d is kept constant at
515 0.20 ml/h for all cases reported.

516

517

518 Figure 10 shows that SCMC droplet size can be controlled in the T-junction
519 microchannel by varying the flow rates of the continuous phase when the disperse
520 phase is kept constant. As Q_c is increased, the simulation results show a reduction in
521 droplet size (see Figure 10). This is because at higher Q_c , the shearing effect imparted
522 by the continuous phase on the dispersed phase is larger, and as a result, smaller
523 droplets will be pinched off. According to Husny *et al.* (2003), this is because, a higher
524 Q_c imparts a higher cross-flow drag force on the droplet. Consequently, this leads to
525 a decrease in the droplet growth time, resulting in a reduction in final droplet volume.
526 This result also agrees with Thorsten *et al.* (2001) and Tan *et al.* (2008) who reported
527 that droplet size decreased with increased continuous phase flow rate. Figure 10 also
528 shows that decreased SCMC concentration leads to larger droplets. This is for the

529 same reason as in Figure 8, namely that a lower disperse phases viscosity enables
530 stronger internal flow in the droplet, reducing the cross-flow drag force. Also similarly
531 to Figure 8, increasing the flow rate Q_c causes the variation of droplet size with SCMC
532 concentration to lower. As above, this is because the more concentrated SCMC
533 solutions have a larger zero shear viscosities but also stronger shear thinning. Hence
534 increasing Q_c narrows the separation of η_d values across the concentration range
535 (see figure 1b). With increased SCMC concentration we also see increased formation
536 of extended filaments into the downstream region. The increased η_d opposes the
537 breakup of the disperse phase filament and results in longer threads (Zhang and
538 Basaran, 1995; Nunes *et al.*, 2013). This prediction is corroborated by reported
539 experimental observations at a T-junction microfluidics (Gu and Liow, 2011).

540 Figure 11 illustrates the evolution of pressure of the entire droplet formation process
541 as observed at the trailing edge of the side channel (marked by point P in the sub-
542 figure) for 0.20 wt% SCMC at each continuous phase flow rate. The average pressure
543 increases from Figure 11 (a) to (d) in accordance with the increase of the flow rate.
544 However, the pronounced sharp pressure peaks, as previously mentioned in section
545 5.1, are not observed at lower Q_c . As Q_c decreases, the position of the necking and
546 detachment point is shifted downstream, leading to the jetting phenomenon where a
547 long neck of dispersed thread is developed before the droplets are sheared off in the
548 main channel. It is worth noting that the pressure at which the droplets pinch off
549 initially varies slightly, as it takes several cycles of droplet production to reach steady
550 state. As Q_c increases, the gap between the emerging droplet and main channel wall
551 is increased. Here the emerging dispersed phase filament does not have sufficient
552 time to obstruct the main channel before detachment.

553

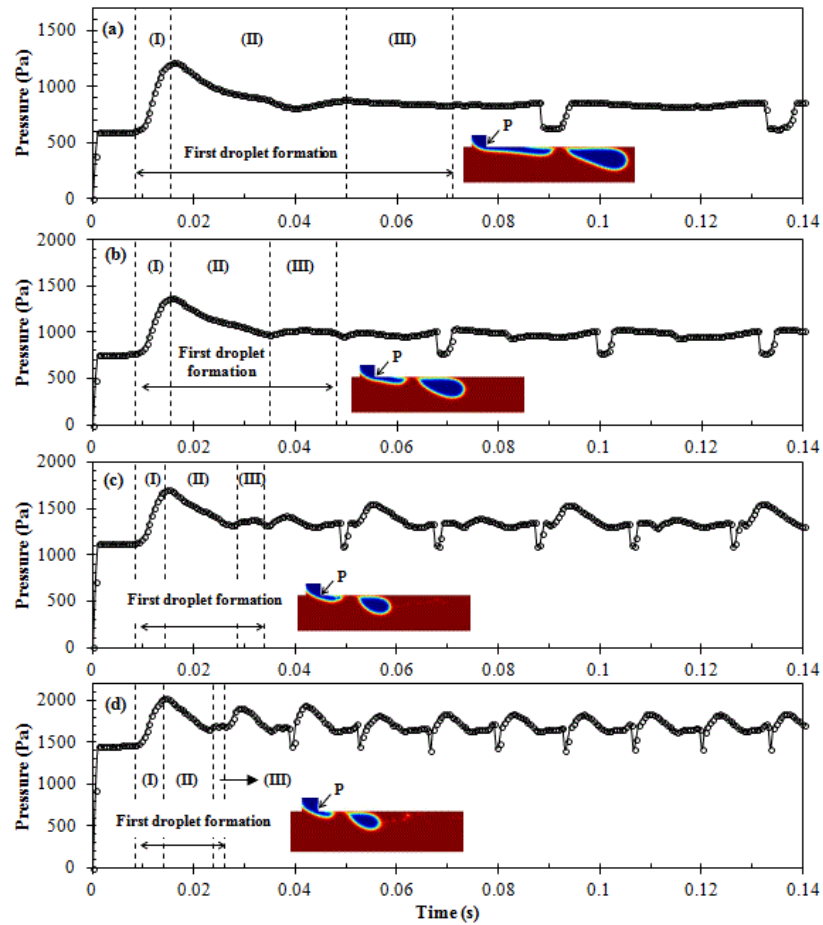
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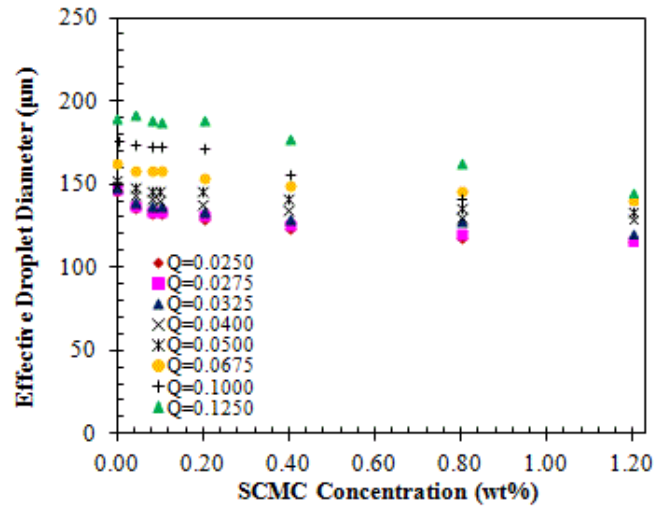
560

561 Figure 11: Pressure profile of 0.20 wt% SMC for the effects of Q_c on SMC droplet
 562 breakup process at each Q_c : (a) 1.50 ml/hr, (b) 2.00 ml/hr, (c) 3.00 ml/hr, (d) 4.00
 563 ml/hr (for dispersed phase flow rate $Q_d=0.20$ ml/h). P denotes the pressure at the
 564 corner of T-junction. After the first droplet is pinched off, the pressure fluctuates
 565 abruptly and repeatedly. The lack of a sharp pressure peak occurs when the
 566 detachment point is located downstream of the junction.

567

568

569



570

571 Figure 12: Effect of SCMC concentration on effective droplet diameter for various
 572 flow rate ratios Q (with fixed $Q_c = 2.00$ ml/h and 0.05 ml/h $< Q_d < 0.25$ ml/h).

573

574 5.4 Effect of Sodium Carboxymethylcellulose (SCMC) Concentration

575 The present parametric analysis aims to assess the role of the dispersed phase
 576 SCMC concentration on the formation of droplets in a Newtonian continuum. The
 577 viscosity and degree of shear thinning both increase with the increasing concentration
 578 and molecular weight. Figure 12 plots our results to emphasize the influence of SCMC
 579 concentration. Increasing the concentration of SCMC reduces d , and increasing the
 580 flow rate reduces the influence of concentration. These two effects are explained by
 581 the viscosity and degree of shear thinning, respectively, and their increase with
 582 concentration (see Figure 1b and equation 17). This is consistent with experiments
 583 by Gu and Liow (2011) who saw a decrease of droplet size with increasing polymer
 584 concentration, for fluids in which the polymers increase the viscosity and the strength
 585 of shear thinning. There is a notable contrast with experiments of Husny and Cooper-
 586 White (2006) who reported no observable change in droplet diameter with increasing
 587 polymer molecular weight but a strong change in the filament characteristics.
 588 However, their polymer solutions were Boger fluids, meaning that the polymer
 589 influenced the elasticity but not the shear viscosity. This illustrates the potential to
 590 tailor the droplet size and formation mechanism by controlling the shear-thinning and
 591 elasticity through choice of polymer concentration and molecular weight.

592 Figure 13 demonstrates the pressure distribution during droplet breakup at the T-
593 junction corner for the concentration of 0.00 wt%, 0.20 wt% and 0.80 wt% SCMC
594 solution. For the fixed Q of 0.05, the droplets pinch off near to the corner of junction,
595 resulting sharp pressure peaks when the SCMC concentration is lower. However,
596 when higher concentrations are encountered, a progressive necking and breakup of
597 the dispersed phase filament occurs downstream, resulting in less pronounced
598 pressure peaks. This is due to the higher viscosity of the dispersed phase stabilising
599 the filament and not due to the influence of elasticity, which is absent in our
600 calculations.

601

602 **5.5 Effect of Continuous Phase Viscosity**

603 Several types of oil with different viscosities, namely mineral oil, olive oil and peanut
604 oil, were modelled as the continuous phase (From data in Loizou *et al.* (2014)). Table
605 3 shows the experimental data of viscosities and interfacial tensions of different
606 continuous phase systems and we note that as η_c increases the interfacial tension
607 decreases, both of which are associated with smaller droplets. Numerical simulations
608 were performed to examine the effect of the continuous phase on the SCMC droplet
609 breakup process at a constant Q value of 0.05 (where $Q_d = 0.10$ ml/hr; $Q_c = 2.00$
610 ml/hr).

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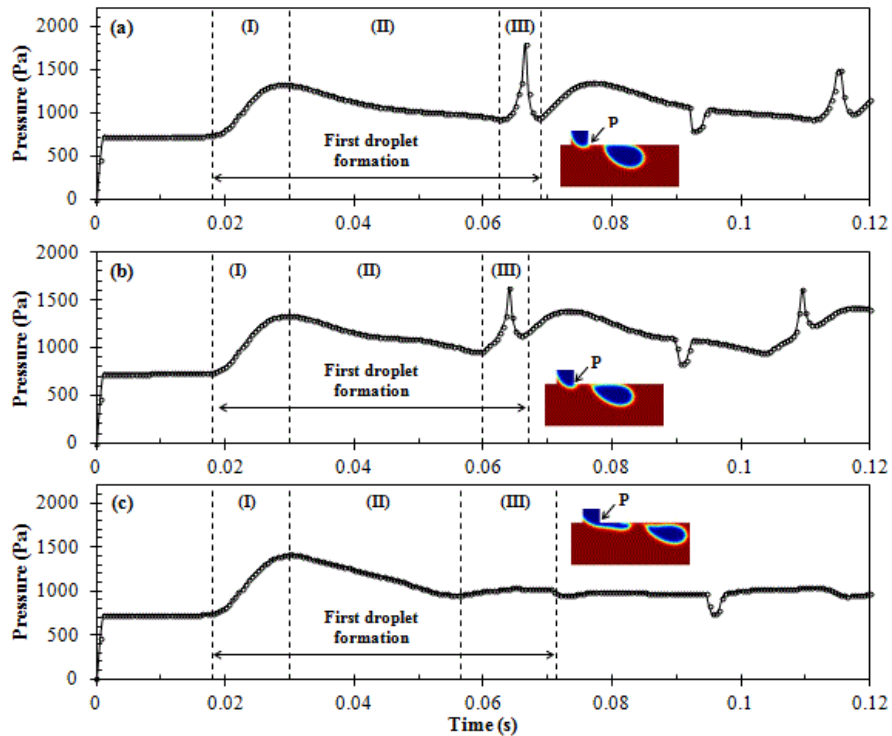
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621 Figure 13: Pressure profile of (a) 0.00 wt%, (b) 0.20 wt%, (c) 0.80 wt% SCMC
 622 droplet breakup process (for system: $Q_d = 0.10$ ml/h; $Q_c = 2.00$ ml/h). P denotes the
 623 pressure at the corner of T-junction. The sharp pressure peak reflects the droplet
 624 breakup point as shown in the extracted images. The absence of a sharp pressure
 625 peak means that the detachment point is located downstream of the junction.

626

627 These results are presented in Figure 14, which illustrates that the droplet diameter
 628 decreases as η_c increases, as anticipated. Larger η_c produces a larger drag force
 629 from the continuous phase onto the droplet, meaning that it detaches at a smaller
 630 size (see equation 17). Data from Husny and Cooper-White (2006) show that
 631 increasing the viscosity of continuous phase decreases the droplets size. The findings
 632 of this study are also consistent with those earlier experimental studies (Garstecki *et al.*,
 633 2006; Gu and Liow, 2011; Yeom and Lee, 2011). For the oils we modelled, the
 634 interfacial tension also reduces as the viscosity increases and this is expected to
 635 further reduce the droplet size, as the interfacial tension resists detachment of the
 636 growing droplet (see equation 16). Indeed, Figure 14 shows that the properties of the
 637 continuous phase strongly influence the droplet size, whereas the disperse phase
 638 properties, which are varied via the SCMC concentration, have a smaller secondary
 639 effect.

640 Figure 15 illustrates the variation in SCMC droplet diameter for different viscosities of
 641 the continuous phase. As above, increased viscosity ratio reduces the droplet size,
 642 but this effect is small compared to the influence of the continuous phase viscosity.
 643 We note that the strongest effect of the SCMC occurs at lower concentrations where
 644 the difference in viscosity ratio between neighbouring concentrations is most
 645 pronounced (see Figure 1b). The pressure profile of 0.20 wt% SCMC droplets under
 646 different η_c at fixed flow rate ratio Q are illustrated in Figure 16. As observed from
 647 Figure 16, the build-up of the pressure at the corner of the junction increases as η_c
 648 decreases. The pressure peaks are less marked in the case of larger η_c . This appears
 649 to correlate with droplet size and also downstream distance of the detachment point.
 650 Consequently, sharp peaks were clearly observed only for smaller η_c .

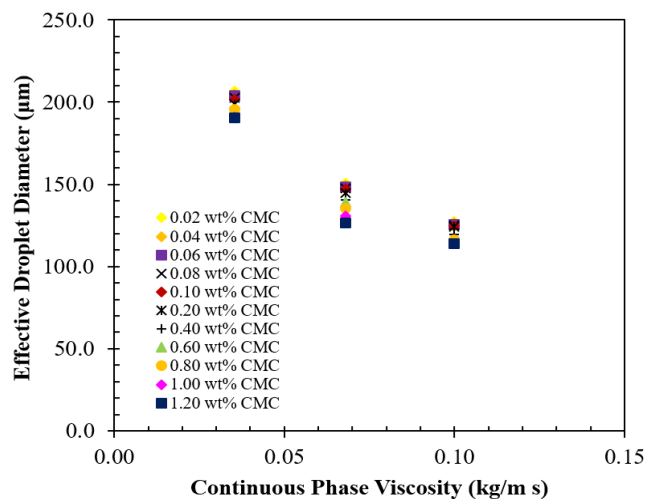
651 Table 3: Physical properties of the continuous phase systems.

Continuous Phase System	Dynamic Viscosity (mPa.s)	Interfacial tension between oil and water (0wt% SCMC) (mN/m)
Mineral oil	35.40 ± 0.00	41.37 ± 2.90
Olive oil	68.10 ± 0.67	20.74 ± 0.47
Peanut oil	98.80 ± 0.39	18.80 ± 1.31

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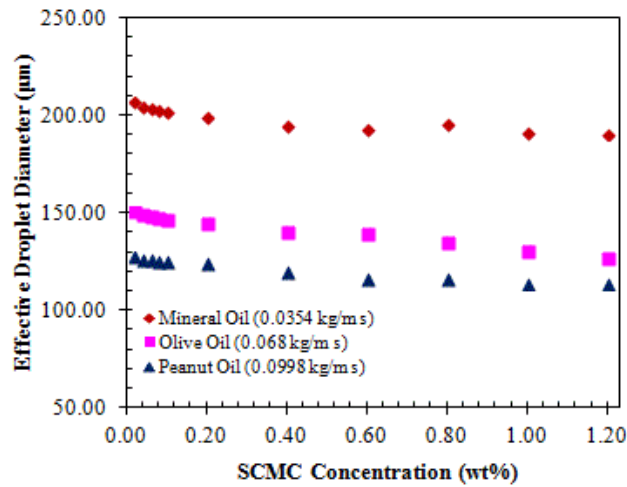
655

656 Figure 14: Effect of η_c on effective droplet diameter of SCMC droplets (for system:
 657 $Q_d = 0.10$ ml/hr; $Q_c = 2.00$ ml/hr).

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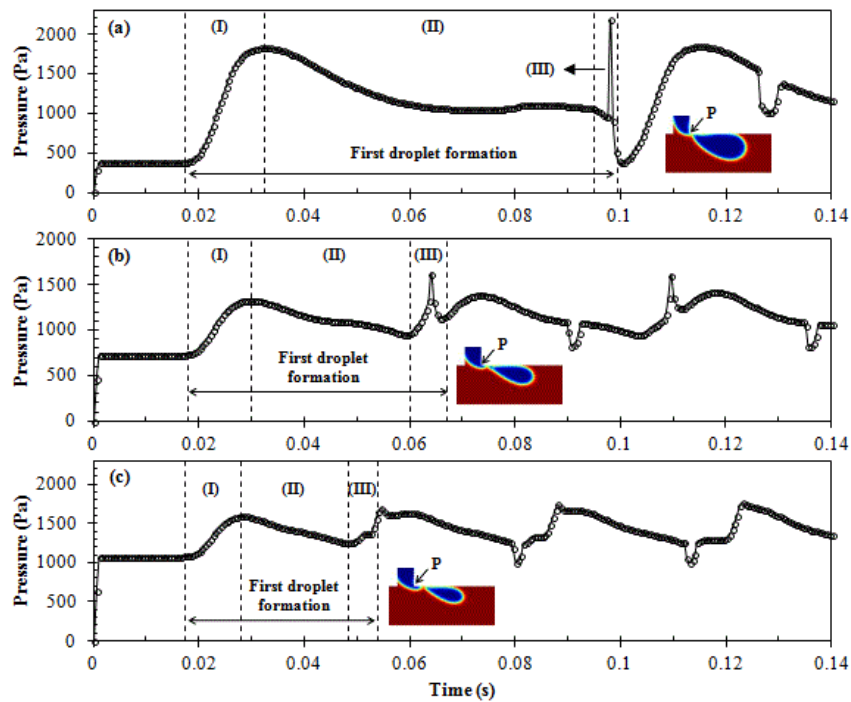
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661

662 Figure 15: Effect of η_c on effective droplet diameter of SMC droplets (for system:
663 $Q_d = 0.10$ ml/hr; $Q_c = 2.00$ ml/hr).



664

665 Figure 16: Pressure profile of 0.20wt% SMC droplets breakup for the system with
666 different continuous phase viscosities: (a) Mineral oil ($\eta_c = 0.0354$ Pa.s), (b) Olive oil
667 ($\eta_c = 0.068$ Pa.s), (c) Peanut oil ($\eta_c = 0.0998$ Pa.s) (for system: $Q_d = 0.10$ ml/hr;
668 $Q_c = 2.00$ ml/hr). P denotes the pressure at the corner of T-junction. The sharp peak with
669 given data values reflects the droplet breakup point as shown in the extracted
670 images. The pressure peak becomes insignificant when the detachment point is
671 located downstream of the junction.

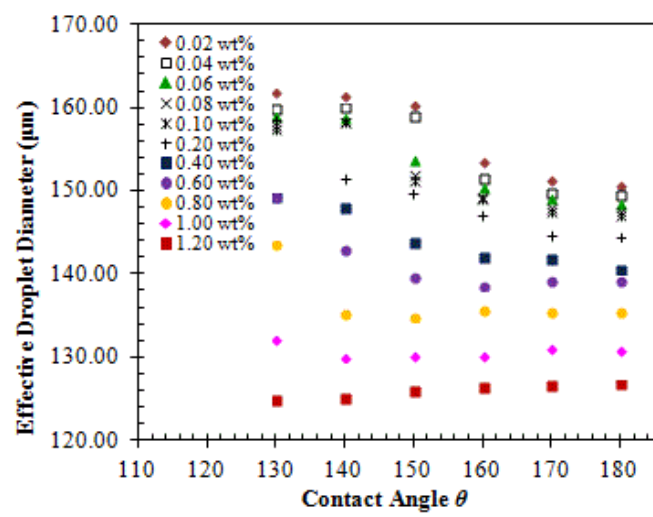
672 **5.6 Effect of Contact Angle**

673 The influence of the contact angle (θ) on drop shape size and production has been
674 the focus of several investigations of Newtonian fluids (Bashir *et al.*, 2011;
675 Kumacheva and Garstecki, 2011). However the role of the contact angle on non-
676 Newtonian droplets with shear-thinning behaviour has not been widely studied. Due
677 to the resulting high surface area to volume ratios of micro-sized devices, the
678 interaction between the solid surface of the microchannel and the fluid has been a
679 major focal point in affecting the dynamics of the droplet formation process. In a
680 microfluidic geometry with a T-junction configuration, the continuous and dispersed
681 phases were initially dispensed separately at the desired flow rates through the
682 microchannel with hydrophobic walls. The continuous phase needs to wet the
683 channel walls preferentially in order to separate the dispersed phase, which tends to
684 be non-wetting, from the walls and eventually it breaks into droplets. The propensity
685 of the two flowing immiscible liquids to wet the channel walls is of utmost importance
686 for the droplet formation process to take place and be stable (Rosengarten *et al.*,
687 2006). The magnitudes of surface wettability can be characterized by static contact
688 angles, whereas the dynamic effects are not explicitly taken into account.

689 A focus of the present study is to highlight the effect of the wetting characteristic of
690 the channel walls on the non-Newtonian SCMC droplet formation process. The
691 contact angle of the SCMC droplets at the channel walls was varied from 130° to 180°
692 and implemented in the simulations. Considering a three-phase coexisting system,
693 this range of contact angles covers partial wetting behaviour to complete non-wetting
694 behaviour. Olive oil was selected as the carrier fluid along the main channel, while a
695 SCMC polymer solution was used as the dispersed phase fluid supplied from the
696 orthogonal channel. Figure 17 illustrates the effect of different wetting conditions on
697 the droplet diameter of each SCMC concentrations. As elucidated in Figure 17, the
698 droplet diameter decreases as θ increases for a fixed flow rate ratio Q of 0.05, for the
699 lower CMC concentrations. Here, θ has a strong impact on the reduction in droplet
700 size for concentrations from 0.02 wt% to 0.80 wt%, causing a step change in droplet
701 diameter at about 150° . Interestingly, the effect of θ on the droplet diameter was found
702 to be opposite at higher concentration at CMC solution (> 0.80 wt%), showing a weak
703 increase with increasing θ for almost all rates.

704 In addition, the numerical simulation predicts that the droplet diameter was observed
 705 to be largely independent of θ when it is larger than 150° , which is in agreement with
 706 numerical results from Sang *et al.* (2009) and Bashir *et al.* (2011). Sang *et al.* (2009)
 707 reported that larger contact angles ($\theta \geq 165^\circ$), corresponding to poor wettability of the
 708 dispersed phase to the channels wall, had a negligible effect on the resulting diameter
 709 of 1,6-hexanediol diacrylate droplet in polyvinyl aqueous solution, in their VOF
 710 simulations. Bashir *et al.* (2011) also reported that the size of the resulting water
 711 droplets in n-Dodecane oil solution remains constant in the super-hydrophobic (θ
 712 $\geq 165^\circ$) regime using LSM. For smaller θ , Liu and Zhang (2009) reported that the
 713 droplet interfaces are prone to be normal to the channel walls.

714



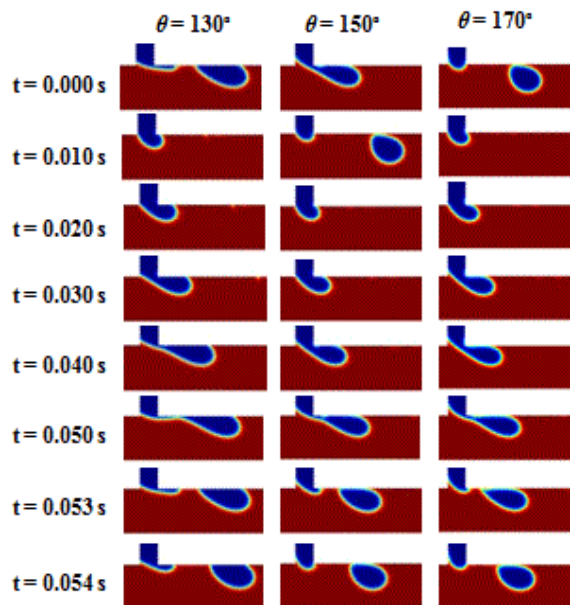
715

716 Figure 17: Effect of contact angle on the effective droplet diameter of
 717 SCMC solutions (for system: $Q_d = 0.10$ ml/hr; $Q_c = 2.00$ ml/hr).

718

719 Our simulations show that decreasing the contact angle promotes the formation of
 720 downstream filaments. For example, in Figure 18 decreasing θ causes the formation
 721 mechanism to change from corner detachment to downstream detachment via a
 722 filament, because the dispersed thread has strong tendency to attach to the wall
 723 surface at smaller θ . Thus a larger contact angle reduces the adhesion force between
 724 the dispersed fluids with the channels wall, meaning that the cross-flow drag force
 725 will detach the droplet earlier, leading to smaller droplets (Bashir *et al.*, 2011;
 726 Davidson and Cooper-White, 2006). When the concentration increases above 0.80

727 wt%, the droplet diameter increases with increasing θ , but the dependence was very
 728 slight (see Figure 17). Correspondingly, Figure 19 shows higher SCMC
 729 concentrations and for these high-viscosity disperse phases, the filament is present
 730 even at high θ . Thus increasing θ merely shortens the filament and does not remove
 731 it. As there is no change in the mechanism, the effect of θ is weaker at these higher
 732 SCMC concentrations. Indeed for the highest SCMC concentrations the filament is
 733 already so long that the corner has virtually no effect. The solutions, in these cases,
 734 appear to be self-similar, with θ determining the downstream position of the
 735 detachment but with little effect on the detachment dynamics. Hence, once the initial
 736 filament is formed, θ has very little effect on the droplet size.



737

738 Figure 18: Snapshots of two-dimensional (2D) simulations of the effect of contact
 739 angle on 0.20 wt% SCMC-in-olive oil droplet breakup process at different wetting
 740 conditions: (a) $\theta=130^\circ$ (b) 150° (c) $\theta=170^\circ$ (for system: $Q_d = 0.10\text{ ml/hr}$; $Q_c = 2.00$
 741 ml/hr).

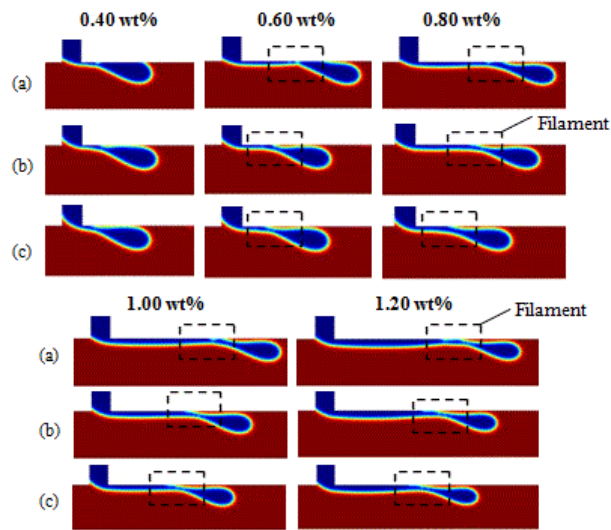
742

743 Our above findings are confirmed in Figure 20, which shows the variation in droplet
 744 diameter for various concentrations at fixed θ . Here, the droplet diameter decreases
 745 with increased SCMC concentration, for the reasons discussed in section 5.2, and θ
 746 has less influence over the droplet diameter at higher viscosity because the droplets
 747 form via a downstream filament for all θ values.

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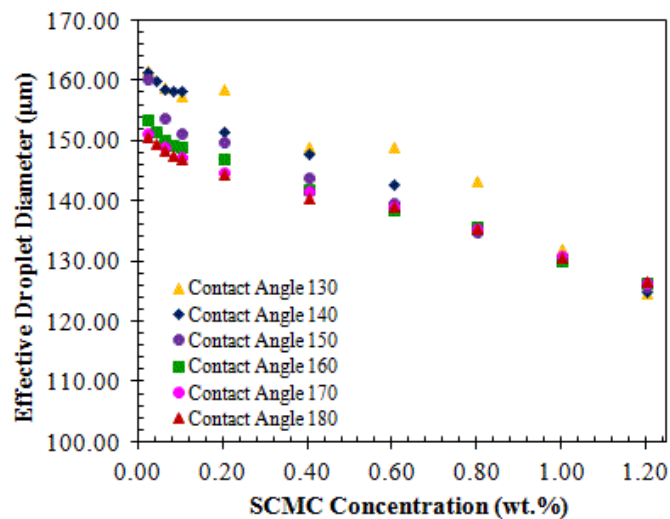
751

752 Figure 19: Filament thinning profile prior to pinch-off for SCMC concentrations
753 above 0.40wt% at contact angle: (a) 130°, (b) 150°, (c) 170° (for system:
754 $Q_d/Q_c=0.05$). The dashed box denotes the region where the formation of thin
755 filament.

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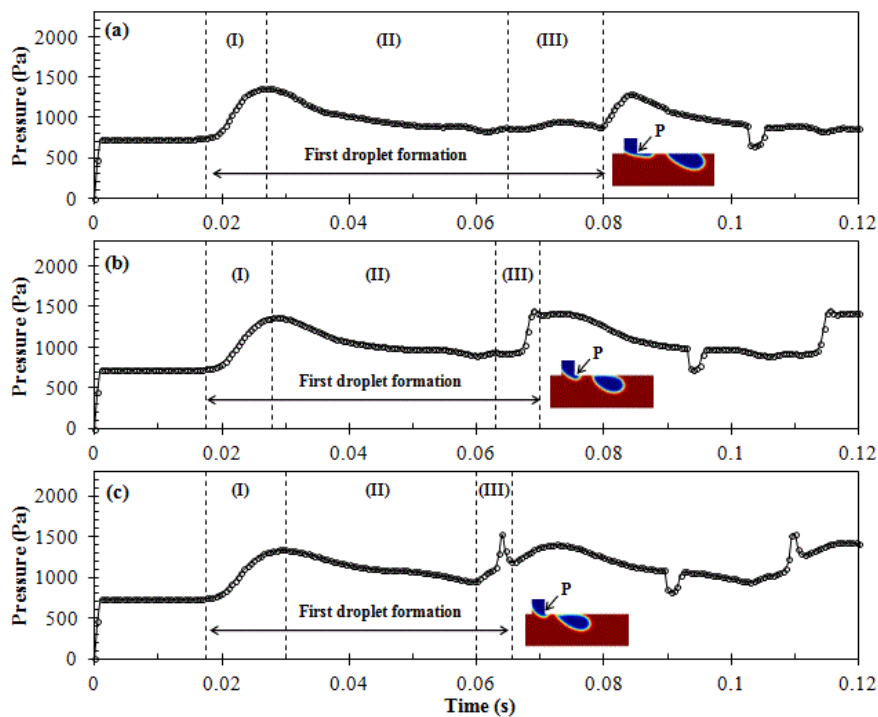
760 Figure 20: Variation in effective droplet diameter of SCMC droplets for various
761 SCMC concentrations at each wetting condition (for system: $Q_d = 0.10$ ml/hr; $Q_c =$
762 2.00 ml/hr).

763

764

765 Figure 21 illustrates the pressure profile of 0.20 wt% SMC droplet breakup at
766 different wetting conditions. On the basis of the results shown in Figure 21, smaller
767 pressure peaks for the breakup process were found for the smaller θ . This is because
768 the wettability drives the fluid toward the surface, thus the contact area between the
769 droplets and solid surface increases which contributes to an elongation of the filament
770 prior to droplet pinch off.

771



772

773 Figure 21: Pressure profile of 0.20 wt% CMC droplets breakup for different wetting
774 conditions: (a) 130° , (b) 150° , (c) 170° (for system: $Q_d = 0.10$ ml/hr; $Q_c = 2.00$ ml/hr).
775 P denotes the pressure at the corner of T-junction. The sharp peak in the pressure
776 reflects the droplet breakup point as shown in the extracted images. The pressure
777 peak becomes insignificant when the detachment point is located downstream of
778 the junction.

779

780 5.7 Effect of Interfacial Tension

781 By considering the resisting force in the process of emulsification, it is generally
782 accepted that interfacial tension is a significant element that markedly influences the
783 evolution of the interface when droplets are forming⁵⁶⁻⁵⁷. In our simulations, six groups

784 of cases with increasing values of interfacial tension from 0.010 N/m to 0.035 N/m
785 were simulated. To obtain preferentially complete wetting of the continuous phase, a
786 contact angle θ of 180° was employed. Figure 22 illustrates the interfacial tension
787 effect on the droplet diameter. The simulation predicts that the SCMC droplet
788 diameter increases when the interfacial tension is increased, which is in agreement
789 with the numerical results from Bashir *et al.* (2011) and Peng *et al.* (2011). The larger
790 interfacial tension gives rise to a stronger driving force that attempts to minimize the
791 surface area, ultimately inhibiting the break-up process. A larger interfacial force
792 tends to delay the droplet formation process and resists the detachment of the
793 droplets at higher surface tension (see equation 16). Consequently, a larger droplet
794 diameter is required to balance the cross-flow drag force and the interfacial tension.
795 This is illustrated in Figure 23, which shows a sequence of snapshots of droplet
796 formation with the interfacial tension of 0.010 N/m, 0.020 N/m, and 0.035 N/m for 0.20
797 wt% concentration of SCMC.

798 According to Laplace's law, the interfacial tension forces necessitate a pressure drop
799 across the interface to maintain the interface at equilibrium against collapse. As
800 described by the Young-Laplace law (Adamson and Gast, 1997), the pressure
801 difference across a fluid interface is directly proportional to the interfacial tension and
802 inversely proportional to the radius of curvature. Therefore, the higher the surface
803 tension, the larger the required pressure difference across the interface. Figure 24
804 illustrates the plot of pressure profile for the 0.04 wt% SCMC solution at the corner of
805 the T-junction at different interfacial tension. Here, higher interfacial tension leads to
806 a greater pressure peak when the droplets break-up. A study made by Bashir *et al.*
807 (2011) has reported that the tension across the interface of two phases may not be
808 sufficient to prevent filament formation at lower interfacial tensions.

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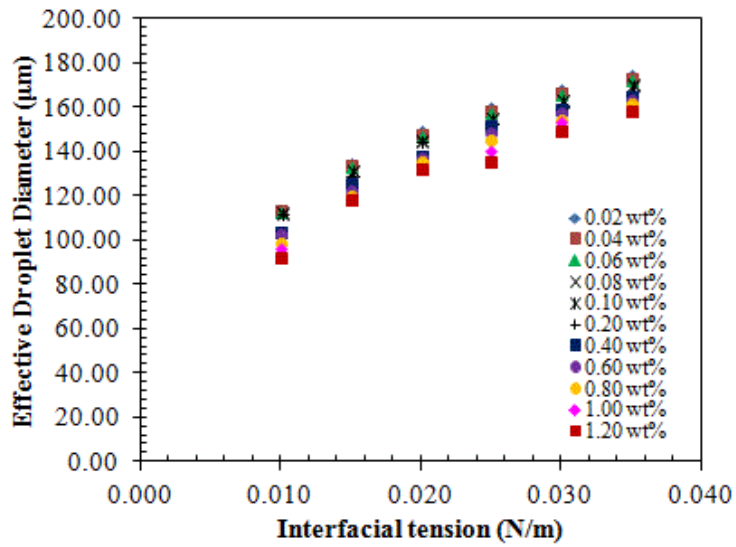
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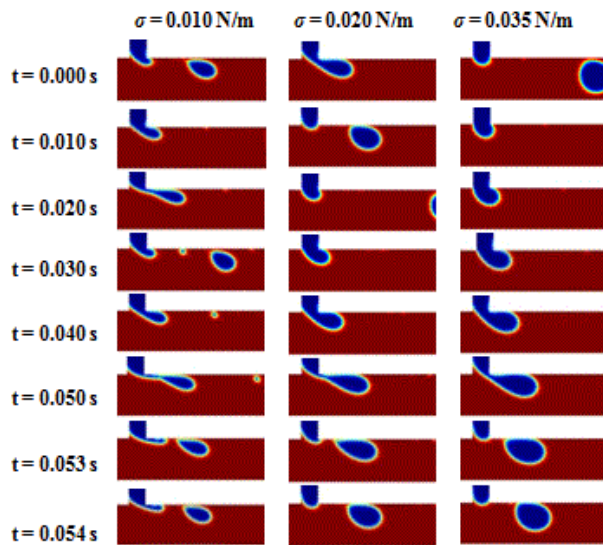
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817 Figure 22: Effect of interfacial tension on the effective droplet diameter of SMC
818 solutions (for system: $Q_d = 0.10$ ml/hr; $Q_c = 2.00$ ml/hr).



819

820 Figure 23: Snapshots of two-dimensional (2D) simulations of the effect of interfacial
821 tension on 0.20 wt% SMC-in-olive oil droplet breakup: (a) $\sigma = 0.010$ N/m, (b) $\sigma =$
822 0.020 N/m, (c) $\sigma = 0.035$ N/m (for system: $Q_d = 0.10$ ml/hr; $Q_c = 2.00$ ml/hr).

823

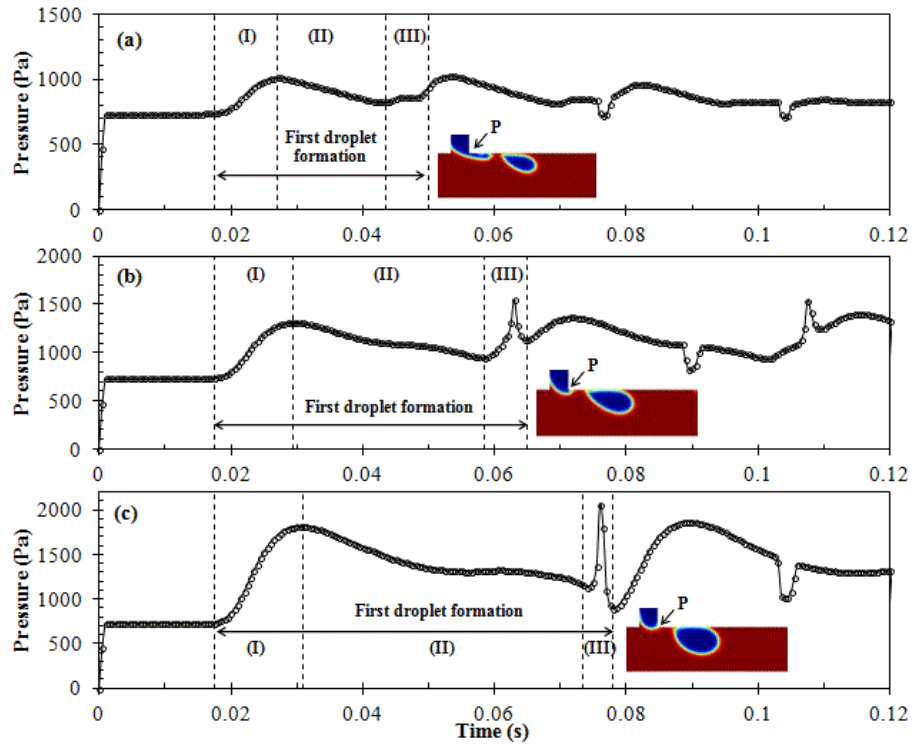
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830 Figure 24: Pressure profile of during 0.20wt% SCMC droplet breakup for different
831 interfacial tensions: (a) $\sigma = 0.010$ N/m, (b) $\sigma = 0.020$ N/m, (c) $\sigma = 0.035$ N/m (for
832 system: $Q_d = 0.10$ ml/hr; $Q_c = 2.00$ ml/hr). P denotes the pressure at the corner of T-
833 junction. The sharp peak with given data values reflects the droplet breakup point
834 as shown in the extracted images. The pressure peak becomes insignificant when
835 the detachment point is located downstream of the junction.

836

837 6. Conclusions

838 Emulsifying non-Newtonian solution in microfluidics in a controllable manner is one
839 of the most difficult and least understood emulsification problems. The droplet
840 formation of SCMC droplets in a Newtonian continuum was investigated for different
841 flow conditions such as the volumetric flow rates of the continuous and dispersed
842 phases, SCMC polymer concentration, continuous phase viscosity, interfacial
843 tension, and contact angle. With thorough parametric studies, the evolution of SCMC
844 droplet diameter and pressure distribution as function of these controlling parameters
845 was elaborated.

846 We varied the SCMC concentration, which modified the rheology of the disperse
847 phase, increasing the viscosity and degree of shear thinning with increased SCMC
848 concentration. We investigated the effect on droplet size. The strongest effects on the
849 droplet size come from the continuous phase properties and flow rate, the interfacial
850 tension and the contact angle. However, the disperse phase rate and rheology has a
851 smaller, but still important effect. The effect of the disperse phase rheology is manifest
852 in the viscosity ratio, which influences the mechanism by controlling the appearance
853 and length of the downstream filament and has a direct effect on the droplet diameter.
854 Diameters generally get smaller with increased SCMC concentration. Differences
855 between the SCMC fluids become smaller with increased flow rates because stronger
856 shear thinning in the more concentrated fluids narrows the difference in effective
857 viscosity at higher flow rates.

858 All of these effects can be explained qualitatively by the idea that droplets detach
859 when the drag on the droplet from the continuous phase balances the interfacial force
860 that joins the droplet to the bulk region of disperse phase. Increasing the continuous
861 phase viscosity or flow rate increase the drag force. Conversely, increasing the
862 interfacial tension increases the force resisting detachment. The effect of the disperse
863 phase viscosity is less direct. As the disperse phase viscosity decreases, internal
864 flows within the droplet become possible and these lower the drag on the droplet.
865 This explains the direction of the changes in droplet size with η_d . However, based on
866 the modelling of Husny and Cooper-White¹¹, the effect is expected to be fairly modest
867 and may not fully explain the changes in droplet size seen in our simulations. For
868 example figure 8 shows a fairly marked drop in the diameter between de-ionised
869 water and 0.04wt% SCMC solution. This may be because, even for Newtonian fluids,
870 the full effect of is not correctly captured, perhaps because the walls interrupt the flow
871 past the droplet in ways that are not included in the model of Husny and Cooper-
872 White. Alternatively there may be qualitatively new effects that are introduced by
873 shear thinning. Candidates for these non-Newtonian flow effects include the following.
874 We assumed that the effective viscosity inside the droplet is determined by the wall
875 shear rate in the continuous phase. However the internal flow in the droplet may be
876 lower than this, meaning that the true η_d is lower than our estimate, which would lead
877 to smaller droplets. Secondly, shear thinning may drastically change the nature of the
878 internal flow inside the droplet, leading to quantitatively different effects on the drag.

879 For example, it is likely that a shear thinning fluid can localise the shear inside the
880 droplet to the region close to the droplet interface, in an effect similar to plug-flow in
881 a channel. This would suppress most of the internal flow and give greater drag and
882 hence smaller droplets.

883 Finally, we contrasted our finding with the experiments of Husny and Cooper-White
884 (2006), who studied Boger fluids. By varying the elasticity at fixed η_d , Husny and
885 Cooper-White (2006) changed the formation mechanism with negligible effect on the
886 droplet diameter. In contrast, by varying the viscosity and shear thinning of the
887 disperse phase, without elasticity, we showed a direct influence on the droplet size.
888 The combination of these two studies shows the potential to tailor the droplet size
889 and formation mechanism by controlling the shear-thinning and elasticity through
890 choice of polymer concentration and molecular weight.

891

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898 **Nomenclature**

- 899 a Fitting parameter in Carreau-Yasuda model
- 900 d Effective droplet diameter (μm)
- 901 F_{st} Surface tension force acting on the interface (N/m^3)
- 902 F_D Cross flow drag force (N/m^3)
- 903 h Depth of the channel (μm)
- 904 I Identity matrix
- 905 k Curvature of fluid-fluid interface

906	n	Power-law exponent for Carreau-Yasuda Model
907	\mathbf{n}_r	Unit normal vector at the interface
908	p	Pressure (N/m ²)
909	Q	Flow rate ratio
910	Q_c	Flow rate of the continuous phase (ml/hr)
911	Q_d	Flow rate of the dispersed phase (ml/hr)
912	t	Time-step (s)
913	u	Velocity component in x-direction (m/s)
914	U	Maximum fluid velocity (m/s)
915	$u \cdot \mathbf{n}$	Velocity component normal to the domain boundary (m/s)
916	u_o	Initial velocity (m/s)
917	v	Velocity component in y-direction (y-direction) (m/s)
918	v^*	Continuous phase velocity (m/s)
919	\mathbf{u}	Velocity field
920	w_c	Width of the continuous phase channel (μm)
921	w_d	Width of the dispersed phase channel (μm)
922	x	Longitudinal coordinates axes
923	X	Computational cell size (m)
924	y	Lateral coordinates axes
925		
926	Greek Symbols	
927	η	Dynamic viscosity of fluid (Pa.s)
928	η_d	Dynamic viscosity of the dispersed phase (Pa.s)

929 η_c Dynamic viscosity of the continuous phase (Pa.s)

930 η_0 Zero shear viscosity (Pa.s)

931 η_∞ Infinite shear viscosity (Pa.s)

932 λ_η Viscosity ratio (η_d/η_c)

933 λ_{CY} Relaxation Time in Carreau-Yasuda Model(s)

934 ρ Fluid density (kg/m³)

935 τ Shear stress (Pa)

936 $\dot{\gamma}$ Shear rate (1/s)

937 γ Reinitialization parameter (m/s)

938 ε Thickness of the interface (m)

939 σ Interfacial tension (mN/m)

940 ϕ Level set function

941 δ_{sm} Dirac delta function concentrated at interface

942 Ω Computational domain

943 $\partial\Omega$ Domain boundary

944

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