

1 **Root morphology and biomechanical characteristics of high altitude alpine**
2 **plant species and their potential application in soil stabilization**

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11 **Abstract**

12

13 Glacial forefields host young, poorly developed soils with highly unstable
14 environmental conditions. Root system contribution to soil stabilization is a well-
15 known phenomenon. Identifying the functional traits and root morphology of pioneer
16 vegetation that establish on forefields can lead us to useful information regarding the
17 practical application of plants in land restoration of high altitude mountain sites.

18 This study aims to gather information on the root morphology and biomechanical
19 characteristics of the 10 most dominant pioneer plant species of the forefield of Lys
20 Glacier (NW Italian Alps).

21 X-ray Computed Tomography (X-ray CT) was used to visualize and quantify non-
22 destructively the root architecture of the studied species. Samples were cored
23 directly from the forefield. Data on root traits such as total root length, rooting depth,
24 root diameter, root length density and number of roots in relation to diameter classes

25 as well as plant height were determined and compared between species. Roots were
26 also tested for their tensile strength resistance.

27 X-ray CT technology allowed us to visualize the 3D root architecture of species intact
28 in their natural soil system. X-ray CT technology provided a visual representation of
29 root–soil interface and information on the exact position, orientation and elongation
30 of the root system in the soil core. Root architecture showed high variability among
31 the studied species. For all species the majority of roots consisted of roots smaller
32 than 0.5 mm in diameter. There were also considerable differences found in root
33 diameter and total root length although these were not statistically significant.
34 However, significant differences were found in rooting depth, root length density,
35 plant height and root tensile strength between species and life forms (dwarf shrub,
36 forb, graminoid). In all cases root tensile strength decreased with increasing root
37 diameter. The highest tensile strength was recorded for graminoids such as *Luzula*
38 *spicata* (L.) DC. and *Poa laxa* Haenke and the lowest for *Epilobium fleischeri* Hochst.
39 The differences in root properties among the studied species highlight the diverse
40 adaptive and survival strategies plants employ to establish on and thrive in the harsh
41 and unstable soil conditions of a glacier forefield. The data determined and
42 discovered in this study could provide a significant contribution to a database that
43 allow those who are working in land restoration and preservation of high altitude
44 mountain sites to employ native species in a more efficient, effective and informed
45 manner.

46
47 Keywords: alpine species; glacier forefield; root phenotyping; soil stabilization; X-ray
48 CT

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51 **1. Introduction**

52

53 Glaciers in alpine regions are affected by climate change twice as much as the
54 global average with respect to other ecosystems (Bradley et al., 2014) which
55 results in accelerated glacial retreat. Retreating glaciers expose young soils that are
56 low in nutrients (carbon and nitrogen) (Bradley et al., 2014; Lazzaro et al., 2010) and
57 highly unstable (Matthews, 1999). Mass wasting and erosion processes are common
58 in these forefields creating an inhospitable environment for plant colonization
59 (Siomos, 2009). Vegetation establishment on glacier forefields requires species with
60 strong adaptive strategies and with high stress and disturbance tolerances (Robbins
61 and Matthews, 2009). In spite of the harsh environment, vegetation cover increases
62 quickly (Matthews, 1999) due to the rapid colonization of pioneer species. Pioneer
63 species can grow quickly on nitrogen poor soils due to their high reproduction
64 capacity and photosynthetic activity, (Stöcklin and Bäumler, 1996) and tolerance
65 against abiotic stresses e.g., extreme temperatures, ultraviolet radiation,
66 atmospheric pressure, shortage of mineral nutrients (Jones and Henry, 2003 Körner,
67 2003; Stöcklin et al., 2009).

68 Successful colonization and establishment of alpine species on glacial forefields may
69 provide important information on the practical aspects of land reclamation and
70 habitat restoration (Robbins and Matthews, 2009). Root traits (architectural,
71 morphological, physiological and biotic) play an important role in both the physical
72 and, even though the present study will not discuss further, also the chemical
73 development of young soils (Bardgett et al., 2014; Massaccesi et al., 2015) bringing
74 about increased structural stability in the forefield (Bardgett et al., 2014) and

75 decreasing the frequency and severity of any mass wasting and erosion processes.
76 The biomechanical characteristics of roots such as tensile strength is a useful
77 parameter for the quantification of the reinforcement potential; in particular for
78 quantifying the added soil cohesion provided by plant roots. Determining the tensile
79 strength of roots and their distribution in the soil profile can provide information on
80 the increased shear strength of the soil provided by root reinforcement which can
81 also determine plants' resilience to solifluction, frequently occurring in a periglacial
82 environment (Jonasson and Callaghan, 1992). Quantitative data on root traits and
83 architecture is one of the most significant variables considered when plants are
84 evaluated for soil stabilization (Stokes et al., 2009). However data on root traits of
85 alpine species remains scarce (Hu et al., 2013; Jonasson and Callaghan, 1992;
86 Nagelmüller et al., 2016; Onipchenko 2014; Pohl et al., 2011; Zoller and Lenzin,
87 2006) which limits our understanding of the role these plants can play in root-soil
88 interactions on the forefield.

89 Traditional techniques applied to examine the root system such as rhizotron or mini
90 rhizotron, the use of paper pouches, synthetic soil media are all limited by the visual
91 tracking of roots and/or creating an artificial environment that can lead to
92 distorted/deceptive results. Destructive root phenotyping methods can also produce
93 misleading results (Mooney et al., 2012) as they involve the separation of roots from
94 the soil media meaning the relationship of the roots to the soil and to each other can
95 no longer be observed (Pierrér et al., 2005). Additionally, repeated analysis on the
96 same root system over time cannot be carried out e.g., dynamics of root growth or
97 derivation of root demography (Koebernick et al., 2014).

98 Non-destructive imaging techniques such as Neutron Radiography, Magnetic
99 Resonance Imaging (MRI) and X-ray Computed Tomography (X-ray CT) have been

100 effectively used in root phenotyping as they overcome the limitations of traditional
101 techniques and are able to provide results on intact root systems in undisturbed soil.
102 Research involving modeling (e.g., Water Erosion Prediction Project (WEPP) or
103 Chemicals, Runoff and Erosion from Agricultural Management Systems
104 (CREAMS)) also benefits from the enhanced quality of numerical data on root traits
105 provided by these state of the art techniques (Lobet et al., 2015; Tasser and
106 Tappeiner, 2005).

107 X-ray CT has already been successfully employed in many studies focusing on plant
108 roots (e.g., Aravena et al., 2011; Mooney et al., 2006; Pierret et al., 1999;
109 Wantanabe et al., 1992) to obtain clear, 3D images of intact root systems in the soil
110 without the paramagnetic (Materials that are attracted by an externally applied
111 magnetic field and form internal, induced magnetic fields in the direction of the
112 applied magnetic field. (Boundless, 2016)) impact on the image quality found in MRI
113 (Mooney et al., 2012; Koebernick et al., 2014). Whilst the majority of X-ray CT
114 studies have been carried out on agricultural species such as wheat (Jenneson et
115 al., 1999; Gregory et al., 2003; Mooney et al., 2006), maize (Lontoc-Roy et al.,
116 2006), soybean (Tollner et al., 1994), potato (Han et al., 2008) and tomato (Tracy et
117 al., 2012), a few studies can be found on tree roots (Pierret et al., 1999; Kaestner et
118 al., 2006; Paya et al., 2015) and grasses (Pfeifer et al., 2015). As yet, no research
119 has been carried out on the root architecture of alpine species under natural soil
120 conditions using the X-ray CT.

121 In the majority of these studies, sieved, pre-prepared, organic matter-poor soils were
122 used as the plant growth matrix, as the greater amount of organic particles can make
123 root differentiation from soil particles more difficult, hampering root segmentation (i.e.
124 the process of partitioning a [digital image](#) into multiple segments). Moreover, the

125 moisture distribution within undisturbed soil is more inconsistent which may also
126 complicate the image segmentation process due to variations in image grayscale
127 range of the roots under investigation (Pfeifer et al., 2015). While there have been a
128 number of studies on the relationship between the natural soil matrix and the roots
129 that permeate it, these studies have tended to focus on aspects of soil architecture
130 rather than the architecture of the root (e.g., soil macropores, soil pore space) (e.g.,
131 Hu et al., 2016; Kuka et al., 2013).

132

133 The aim of the present study is to investigate and compare the root architecture and
134 root traits of the ten most dominant pioneer plant species of the forefield of Lys
135 Glacier (NW Italian Alps) in their natural soil system by producing accurate 3D
136 images of their root system using X-ray CT. The value of the X-ray CT is verified by
137 comparing the obtained results with other commonly employed techniques.
138 Moreover, root tensile strength measurements will be made to understand the
139 biomechanical role of the plant species on soil stabilisation. The retrieved information
140 is discussed in the light of the potential future use of the studied species for slope
141 soil reinforcement.

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143

144 **2. Materials and methods**

145

146 **2.1 Study site**

147

148 Plant sampling was carried out on the recently deglaciated forefield of the Lys
149 Glacier in the Aosta Valley (North West Italy). The glacial till was deposited in 2004

150 at an altitude of 2300 m above sea level on a bedrock of granitic gneiss and
151 paragneiss belonging to the Monte Rosa nappe (D'Amico et al., 2014). The climate
152 is alpine subatlantic with a mean annual rainfall of 1200 mm. The mean annual air
153 temperature is -1 °C (Mercalli, 2003) with a winter temperature below -4 °C on
154 average. The sampling site is south facing with a soil texture of loamy sand and an
155 udic moisture regime (Soil Survey Staff, 2010). The chemical properties of the soil at
156 the study site correspond to a slightly acidic soil (pH 5.8 - 6.7) with very low amounts
157 of total nitrogen (TN) and total organic carbon (TOC) (0.002-0.017 g kg⁻¹ and 0.018-
158 0.217 g kg⁻¹ respectively) with available phosphorus (P) of 1.3-4.7 mg kg⁻¹ (Hudek et
159 al., 2017). Pioneer alpine plants, mostly graminoid and forb species colonize the site
160 (e.g., *Epilobium fleischeri* Hochst., *Linaria alpina* (L.) Mill., *Trisetum distichophyllum*
161 (Vill.) P. Beauve.), a detailed vegetation survey of the moraine can be found in
162 D'Amico et al. (2014).

163

164 2.2 Sampling approach

165

166 The ten most common plant species of the forefield were selected. These were
167 sampled between August and September 2015; *E. fleischeri*, *T. distichophyllum*,
168 *Trifolium pallescens* Schreb., *Luzula spicata* (L.) DC., *Silene exscapa* All., *Minuartia*
169 *recurva* (All.) Schinz and Thell., *Festuca halleri* All. *Poa laxa* Haenke, *Salix helvetica*
170 Vill. and *Leucanthemopsis alpina* (L.) Heyw (Table1). A total of 60 soil columns, (i.e.
171 6 columns per species) were excavated. During sampling, special care was taken to
172 avoid individuals with any visible neighbouring plant effects (Gaudet and Keddy,
173 1988) and to keep plant size as equal as possible for all 60 samples. One sample
174 from each species was cored 10 samples in total) with their own PVC cylinder

175 (maximum sample height of 20 cm x diameter of 7.4 cm). After coring, the ten soil
 176 columns were carefully secured and placed in plastic bags and transported to the
 177 laboratory. In the laboratory the cored samples were placed in a climate chamber
 178 until the X-ray CT tests were undertaken. The climate chamber was set to provide
 179 conditions so as to delay root decay using a photoperiod of 14 hours, a relative
 180 humidity of 65 % and temperatures of 15 °C by day and 10 °C by night.

181 The remaining five replicates of each species (a total of 50) were excavated with a
 182 trowel. The 50 soil columns containing the root system of the individuals were placed
 183 in plastic bags, transported to the laboratory and stored at 3.5 °C until
 184 measurements were undertaken (Bast et al., 2015).

185 **Table 1** The selected 10 pioneer plant species of the forefield of Lys Glacier
 186 according to their Latin and common names, lifeforms, succession and family.

Species	Common name	Life form	Succession	Family
<i>Epilobium fleischeri</i> Hochst.	Alpine willowherb	Forb	Early	Omagraceae
<i>Trisetum distichophyllum</i> (Vill.) P.Beauve.	Tufted hairgrass	Graminoid	Early	Poaceae
<i>Trifolium pallescens</i> Schreb.	Pale clover	Forb	Early	Fabaceae
<i>Luzula spicata</i> (L.) DC.	Spiked woodrush	Graminoid	Mid	Juncaceae
<i>Silene exscapa</i> All.	Moss campion	Forb	Mid	Caryophyllaceae
<i>Minuartia recurva</i> (All.) Schinz and Thell.	Recurved sandwort	Forb	Late	Caryophyllaceae
<i>Festuca halleri</i> All.	Haller's Fescue	Graminoid	Late	Poaceae
<i>Poa laxa</i> Haenke	Banff Bluegrass	Graminoid	Ubiquitous	Poaceae
<i>Salix helvetica</i> Vill.	Swiss willow	Dwarf shrub	Ubiquitous	Salicaceae
<i>Leucanthemopsis alpina</i> (L.) Heyw.	Alpine Moon Daisy	Forb	Ubiquitous	Asteraceae

187

188 2.3 Non-destructive root phenotyping

189

190 The cored samples from the PVC cylinder were scanned using a Phoenix V|TOME|X
 191 M 240 high resolution X-ray CT system (GE Sensing and Inspection Technologies,
 192 Wunstorf, Germany). The scanning parameters (Table 2) were optimized to allow
 193 balance between a large field of view and a high resolution. Due to the height of the

194 cylinder (20 cm) two separate scans (upper and lower part of the sample) were
195 made to cover and image the entire sample. Each sub-scan was then reconstructed
196 using DatosRec software (GE Sensing and Inspection Technologies, Wunstorf,
197 Germany) and then manually combined in VG Studio MAX v2.2 (Volume Graphics
198 GmbH, Heidelberg, Germany) and exported as a single 3D volumetric dataset. To
199 distinguish the root system from the soil material image processing techniques were
200 applied. Roots were segmented from the reconstructed CT data by using the region
201 growing method (Gregory et al., 2003) in VG Studio MAX v2.2. Quantification of 3D
202 root traits was undertaken using RooTrak software (Mairhofer et al., 2012). RooTrak
203 was able to provide quantitative data on the root volume (total mass of the root
204 system; mm³), root area (root area in direct contact with the soil; mm²), the root
205 system's maximum vertical and horizontal length (mm) as well as the convex hull
206 (the region of soil explored by the root system; mm³) (Mairhofer et al., 2015).

207

208 **Table 1** Scanning parameters for X-ray CT.

209

210 2.4 Destructive root phenotyping

211

212 Following X-ray CT scanning, the roots were extracted from the soil column by
213 carefully cleaning the soil matrix from the roots with a water jet under a sieve mesh
214 to retain remnants of roots that may come loose during the cleaning process. The
215 washed roots were then placed into a 15 % ethanol solution and stored at 3.5 °C.
216 Then the root systems were scanned with a flatbed scanner (EPSON Expression
217 11000XL). The images from scanning had a 600 dpi resolution and were used for
218 two dimensional image analysis. This was with the aim to compare the CT scanned

219 results with the results of a, traditional technique (Paez-Garcia et al., 2015). Root
220 traits such as total root length, average root diameter, and the root system's
221 maximum vertical and horizontal length were considered for analysis.

222 The remaining 50 plant samples (five replicates of each species were followed the
223 same cleaning, storing and scanning method as before . All 2D scanned images
224 were analyzed with the WinRHIZO 2013e and ImageJ software. The data collected
225 on root traits were total root length, root length distribution (%) in different diameter
226 classes, average root diameter, root length density, rooting depth and total plant
227 height. Additionally plant height was measured according to the standardized
228 measurement of plant functional traits (Pérez-Harguindeguy et al., 2013).

229

230 2.5 Root tensile strength

231

232 Root tensile strength tests were performed to determine root resistance to breaking
233 under tension ([Bischetti et al., 2005](#); Pohl et al., 2011). The complete root system,
234 kept in a 15 % ethanol solution was first cut into individual root segments. Randomly
235 selected undamaged roots with the widest available range of diameters were then
236 selected for testing. Before testing, root diameter at three points of the root segment
237 were measured with a digital caliper to obtain the average root diameter of the
238 individual root sample. This is necessary as the exact position of root rupture is
239 unknown before testing.

240 Root tensile strength were measured in the laboratory using an electromechanical
241 universal testing machine, MTS Criterion, Model 43 (MTS Systems, Eden Prairie,
242 MN, USA). Plant roots were secured between clamps at both ends. The clamps
243 consist of two metal discs (washers) covered with drafting tape holding the roots in

244 place. The speed reduction of the device was maintained at a steady 10 mm min⁻¹ as
245 it was suggested in other studies (Bischetti et al., 2005; Bordoni et al., 2016; De
246 Baets et al., 2008; Yang et al., 2016) and the tensile force was measured by a load
247 cell (500N) connected to a computer to record the results. Roots broke when they
248 could no longer resist tensile force. Measurement results were excluded from data
249 analysis when root rupture occurred near the clamp. Measurement was considered
250 to be successful when the rupture occurred in the middle of the root section

251

252 2.6 Statistical analysis

253

254 In the present study comparative data analysis on root traits between the non-
255 destructive and destructive technique was only respected when comparing the
256 maximum vertical and horizontal length of the root system due to the lack of data
257 available on very fine roots (< 0.5 mm) on the 3D images.

258 Results obtained from X-ray CT scanning (RooTrak) on the root system's maximum
259 vertical and the maximum horizontal length were compared with results obtained
260 from the destructive method (ImageJ) by applying Pearson's correlation test. Once
261 the normality and homogeneity of variance were verified a one-way analysis of
262 variance (ANOVA) was used to detect differences in the measured root properties
263 (root length density, total root length, mean root diameter, rooting depth, root length
264 distribution within diameter classes) and plant height among the studied species. In
265 cases when significant differences were found between the groups, the Tukey post
266 hoc test was run to detect where the differences occurred between the groups.

267 The relationship between root tensile strength and root diameter was evaluated by
268 fitting a regression curve (power law equation). Analysis of covariance (ANCOVA)

269 was performed to compare tensile strength results between the 10 studied species
270 and to take root diameter into consideration as a covariant. Both tensile strength and
271 root diameter values were log transformed before the analysis. All assumptions were
272 tested before carrying out ANCOVA (linearity, homogeneity and normality). All
273 statistical analysis was carried out using the statistical software SPSS Statistics 22
274 (IBM SPSS, 2013).

275

276 **3. Results**

277

278 3.1 Non-destructive root phenotyping

279

280 X-ray CT was successfully used to reveal the 3D root architecture of the studied 10
281 species. Tap roots and thicker lateral roots (diameter >0.5 mm) were identified in all
282 cases while individual examples of thinner lateral roots (diameter < 0.5 mm) were
283 only identified for *S. helvetica*, *P. laxa*, *L. spicata* and *F. halleri*, (diameters of 0.35,
284 0.35, 0.25 and 0.25 mm, respectively). Even though it was not possible to extract the
285 entire root system, a visual representation of root–soil contact in the undisturbed
286 position, orientation and elongation of the core root system was possible. It should
287 be noted that due to the size limitation of the PVC cylinder and the difficulty of
288 identifying root position when coring, the tap root and/or lateral roots were cut off by
289 the edge of the cylinder therefore the max vertical and horizontal root length in the
290 present study is approximate and should only be taken into consideration as part of
291 data validation for RooTrak.

292 The maximum vertical and horizontal root length data obtained from the 3D images
293 were underestimated by an average of 42% and overestimated by 26% respectively

294 when compared to measured data with ImageJ. The results from the Pearson's
295 correlation tests between RooTrak and ImageJ showed a weak positive correlation
296 ($r= 0.57$, $p=0.084$) for maximum vertical root length and a very weak negative
297 correlation ($r= -0.38$, $p=0.275$) for the maximum horizontal root length (Figure 3b).
298 Because the p-values are non-significant at the $p=0.05$ level, there is inconclusive
299 evidence about the association between the variables.

300

301

302

303 The highest root volume, root area and convex hull (Table 3) were all recorded for *T.*
304 *pallescens* (1530 mm³, 7752 mm², 505384 mm³ respectively). The lowest root
305 volume was recorded for *M. recurva* and *P. laxa* (144 and 150 mm³ respectively)
306 while the lowest value of root area (1146, 1547 and 1677 mm²) and convex hull
307 (24117, 45612, 60237 mm³) was recorded for *S. helvetica*, *P. laxa* and *M. recurva*
308 respectively. Results from *F. halleri* and *L. spicata* were excluded from the
309 comparison as it was difficult to identify and segment the high number of fine (< 0.25
310 mm), overlapping roots and in many cases it was not possible at all. Therefore
311 including the results of *F. halleri* and *L. spicata* would have caused misleading
312 overall results.

313

314

315

316 **Table 3.** Values of root traits analyzed with RooTrak (volume, area, maximum
317 vertical and horizontal length of the root system, convex hull), ImageJ (maximum

318 vertical and horizontal length of the root system) and WinRHIZO (total root length
319 and average root diameter) of the X-ray CT scanned samples.

320

321 The highest total root length (roots 0.1-0.5 mm in diameter) was recorded for *T.*
322 *distichophyllum*, *L. spicata* and *S. exscapa* (192.7, 100.3 and 95.3 m respectively)
323 and the lowest for *P. laxa* and *F. halleri* (10.5 and 20.7 m respectively). The rest of
324 the species results fell between the values of 50.5 and 62.2 m (Table 3).

325

326 Average root diameter ranged between 0.16 and 0.31 mm. The lowest root
327 diameters were recorded for *L. spicata* and *E. fleischeri* (0.16 mm and 0.17 mm
328 respectively) and the highest for *F. halleri* and *T. pallescens* (0.31 mm and 0.30 mm
329 respectively) (Table 3).

330

331 **Figure 3** a., Linear relationship between RooTrak and ImageJ data on the maximum
332 vertical and b., horizontal root length for the 10 studied alpine species.

333 The overall root architecture for each species displayed considerable variation
334 (Figure 1 a-j). To determine and differentiate root system architecture between the
335 species the root type classification established by Lichtenegger and Kutschera,
336 (1991) was applied:

337 *E. fleischeri* showed a dominant pole root system with strong horizontal root
338 spreading indicating the intense clonal growth of the plant. *T. pallescens* showed a
339 cone shape and *S. exscapa* a wider cone shape upward extended root type. *S.*
340 *helvetica* and *M. recurva* had a discoid shaped root system due to the shallow depth
341 of rooting but large lateral spreading. *P. laxa*, *F. halleri* and *L. spicata* all showed a

342 cone shape downwards dilated root type while *L. alpine* had an umbrella shaped and
343 *T. distichophyllum* a cylindrical shaped root type.

344

345 **Figure1.** Root architecture of the 10 studied pioneer alpine species detected by X-
346 ray CT scanning. Scale bars: a., 35 mm, b., 25 mm, c., 40 mm, d., 15 mm, e., 10
347 mm, f., 15 mm, g., 15 mm, h., 30 mm, i., 45 mm, j., 20 mm.

348

349 **Figure 2** a., Image of the core root system b., the core root system in relation to the
350 soil matrix and c., the washed entire root system of *T. pallescens*. Scale bar a.,
351 45 mm b., 40 mm and c., the ruler uses cm.

352

353 The natural soil matrix showed a great variation in terms of soil structure among the
354 cored samples. Figure 5 a-c shows examples of the structural diversity of the
355 samples. The soil matrix in Figure 5 a., indicates a deposition of glacial till with little
356 reorganization due to slope processes as Figure 5 b., and c., are fluvio-glacial and
357 lake depositions with visible silt and sand layers.

358

359 **Figure 5** Examples of the grayscale CT images of the soil matrices a., glacial till with
360 *T. distichophyllum* b., and c., fluvio-glacial and lake depositions.

361

362 3.2 Destructive root phenotyping

363

364 Root length density results (Table 4) varied greatly among the studied species (9–85
365 cm cm⁻³). The lowest density was recorded for *E. fleischeri*, *M. recurva* and *T.*
366 *pallescens*, with 9.29 and 33 cm cm⁻³ respectively and the highest was recorded for

367 *T. distichophyllum* and *L. spicata* with 85 and 81 cm cm⁻³ respectively. There was
368 significant difference found in root length density among the species (F (9, 22) =
369 4.78, p <0.001). Post-hoc comparisons using the Tukey HSD test indicated that root
370 length density differed significantly (p <0.05) between *E. fleischeri* and *L. spicata*, *T.*
371 *distichophyllum*, *S. helvetica* and *F. halleri* as well as between *M. recurva* and *L.*
372 *spicata*. There was no statistically significant difference in root length density
373 between the other species. However, the difference between *T. pallescens* and *L.*
374 *spicata* showed a substantial trend toward significance (p=0.078) as well as between
375 *M. recurva* and *T. distichophyllum* (p=0.062). Specifically, the results suggest that
376 out of the ten studied species, only *E. fleischeri*'s and *M. recurva*'s root system
377 resulted in a significantly lower root length density when compared to the majority of
378 the studied plants. It should be noted that in most but not all cases, higher root
379 length density was found among the graminoid (*L. spicata*, *T. distichophyllum*, *F.*
380 *halleri*) and the dwarf shrub (*S. helvetica*) species.

381

382 Total root length results (Table 4) showed no significant differences between the
383 species (F (9, 39) =1.07, p=0.417) even though the mean results showed moderate
384 variability among them (75.3–368.5 m). The shortest length was recorded for *E.*
385 *fleischeri*, and *S. exscapa*, with 75.3 and 106.2 m respectively and the highest for *L.*
386 *alpina* and *S. helvetica* with 368.5 and 342.3 m respectively.

387

388 **Table 4** Plant height (mm), rooting depth (mm) measured with ImageJ, total root
389 length (m), mean root diameter (mm) and root length density (cm cm⁻³) of the 10
390 studied alpine species measured with WinRhizo.

391

Commented [SS1]: Why not putting letters in table? As it is looks difficult to read...

392 Table 5 shows the root length distribution in different diameter classes (%). Eight out
393 of ten species had their highest root count (57-36 %) in the diameter class $0 < L \leq 0.1$
394 mm with the exception of *T. distichophyllum* and *S. helvetica* which had it at
395 $0.1 < L \leq 0.2$ (41 %) and $0.2 < L \leq 0.3$ mm (37 %) respectively. *T. pallescens* and *S.*
396 *helvetica* also had roots larger than 2 mm in diameter as the other species rarely
397 exceeded 1 mm in diameter.

398

399 **Table 5** Root length distribution (%) of the 10 pioneer alpine plants in relation to
400 different diameter classes (mm).

401

402 **Figure 4** Root length distribution (%) in relation to root diameter classes (mm) for the
403 10 studied alpine species

404

405 The mean root diameter results (Table 3) also showed no significant differences
406 between the species ($F(9, 22) = 1.78, p = 0.129$) values. The results ranged between
407 0.21 mm and 0.47 mm. The lowest mean root diameter was recorded for *T.*
408 *distichophyllum* with 0.21 mm and the highest for *T. pallescens* with 0.47 mm.

409

410 Rooting depth results (Figure 6), determined by ImageJ showed considerable
411 variation among the species, ranging from 9 to 19.7 cm. The deepest penetrating
412 root system was recorded for *E. fleischeri* and the shallowest for *S. helvetica*. A one-
413 way ANOVA was used to compare the rooting depth results (Table 4) between the
414 10 species which showed significant difference at $F(9, 38) = 2.38, p < 0.03$. The
415 Tukey HSD test indicated that *E. fleischeri* had a significantly longer rooting depth
416 than *S. helvetica* and *F. halleri*.

Commented [SS2]: Insert letters in table 4

417 Plant height also varied between the species, ranging from 15 to 65 cm (Table 4).
418 The highest plant height was recorded for *E. fleischeri* (65 mm) and the lowest for *M.*
419 *recurva* (15 mm). There was significant difference found at $F(9, 29) = 57.73$, $P <$
420 0.001) between the studied species.

421

422 **Figure 6** Plant height (cm) and rooting depth (cm) of the 10 studied alpine plant
423 species.

424

425

426 3.3 Root tensile strength

427

428 There was a great variation in the tensile strength results among the studied species
429 (Table 6). The highest mean tensile strength was found at the graminoid and shrub
430 species ranging between 138-86 MPa and the lowest among the forbs ranging
431 between 60-29 MPa. The results showed that graminoid species have comparable
432 tensile strength results to the dwarf shrub *S. helvetica*. When the significant
433 differences were tested between the studied species taking root diameter into
434 consideration as a covariate the results showed significant differences between the
435 studied species at $F(8, 256) = 8.338$, $p < 0.001$. In all cases the assumptions,
436 homogeneity and normality were satisfied, except for one case *E. fleischeri* for which
437 the variances were non-homogeneous. Therefore *E. fleischeri* was excluded from the
438 comparison. The corrected mean values indicate the resistance ranking of species
439 with decreasing order: *P. laxa*, *F. halleri*, *T. distichophyllum*, *S. helvetica*, *T.*
440 *pallescens*, *S. exscapa*, *L. spicata*, *M. recurva*, *L. alpine*.

441 Tensile strength and the related root diameter values were plotted (Figure 7) to show
442 the relationship between root tensile strength and root diameter which confirmed the
443 power law relationship meaning that with increasing root diameter root tensile
444 strength decreased.

445

446 **Table 6** Life forms, the number of samples (n) tested, the range of root diameters
447 (mm), root tensile strength (MPa) values, scale factor (α) rate of strength decrease
448 (β) and the goodness of fit (R^2) of the 10 studied alpine species.

449

450 **Table 7** ANOVA table with multiple comparisons of root tensile strength (MPa)
451 between the studied plant species.

452

453 **Figure 7** The relationship between root tensile strength (MPa) and root diameter
454 (mm) for the 10 studied alpine species

455

456

457 **4. Discussion**

458

459 **4.1 Non-destructive root phenotyping**

460

461 The X-ray CT scanning has provided the first ever 3D images of the intact core root
462 system of 10 different pioneer alpine plant species in their natural soil matrix. Visual
463 information on the vertical and horizontal spreading as well as the rooting angle and
464 branching of thicker roots in connection to the soil matrix were visible and could be
465 important information when determining the significance of the root system on soil

466 reinforcement in future studies (e.g. the resistance of the root system to uprooting or
467 its protective role against shallow landsliding). During the use of X-ray CT several
468 challenges and limitations were discovered; Some aspects made it difficult to decide
469 on the scanning parameters. There was a limited amount (Stöckli and Bäumler,
470 1996; Pohl et al., 2011) or no data available on the root traits of the studied species
471 prior to testing. They also had varying characteristics in terms of life form, family
472 (Körner, 2003; Pignatti, 2003; Broglio and Poggio, 2008) and succession (Damico et
473 al., 2014; Stöcklin and Bäumler, 1996) indicating different root architecture and
474 anatomy. Additionally they had never been subject to study with current state of the
475 art phenotyping techniques. The samples were cored from their natural habitat in a
476 heterogenic soil matrix and the soil absorbed a high level of the X-rays resulting in
477 prohibitively long scans to achieve the necessary beam penetration. The tracking of
478 individual roots during segmentation was extremely difficult as the heterogenic soil
479 matrix made it difficult to differentiate roots from other organic particles in the soil
480 (Figure 4 a, b, and c). Additionally the root system contained vast amounts of
481 overlapping roots and neighbouring plant roots were invariably cored together with
482 the test sample even when, from the surface, samples appeared free from any
483 neighbouring plant effects.

484 Roots with a diameter >0.5 mm are visible on the 3D images. These thicker roots
485 allow us to estimate the location of thinner roots (Stokes et al., 2009). Not being able
486 to detect the thinner roots on the present 3D images was not due to the limitations of
487 the X-ray CT technology, rather the issue of resolution, sample size and the
488 heterogenic soil matrix. In general, in homogeneous background the minimum
489 resolution should be set twice as high as the cored sample is long in millimeters and
490 set even higher if the background is heterogenic (Kaestner et al., 2006). A higher

491 resolution setting however would have resulted in a prohibitively prolonged scanning
492 and segmenting time. The method suggested by Kaestner et al. (2006) was
493 successful at detecting roots with a diameter <0.5 mm in homogeneous background,
494 however roots in heterogeneous soil matrix (Figure 4 a-c) remained challenging.
495 Cored samples of reduced length and diameter may have allowed for the detection
496 and segmentation of the finer roots within the system but the compromise would be
497 the smaller PVC cylinders would not have been suitable for sampling the species
498 from the field without causing damage i.e. preventing disturbed soil conditions within
499 the sample. A factor to possibly bear in mind for future work conducted on alpine
500 species with fine root systems would be to take two sets of cores when assessing
501 the different scales in root architecture.

502 Interestingly, although it was not possible to segment using the available software;
503 many of the fine roots were often visible to the naked eye when manually scrolling
504 through the greyscale images providing a unique insight into the complexity of these
505 alpine species.

506

507

508

509 4.2. Analysis of root architecture and root traits

510 *S. exscapa* and *T. pallescens* both have a dominant tap root morphology with a large
511 number of tillers. Their tap root and thicker lateral roots are often found growing
512 through cracks in the bedrock thereby anchoring the plant and stabilizing the soil
513 from shallow landsliding. The number of lateral roots and the diversity of their
514 branching angles resulting in a larger shear zone indicate an increased soil stability
515 (Abe and Ziemer, 1991). Both *S. exscapa* and *T. pallescens* have dense, fine root

516 networks that can play an important role in reducing soil erosion. Root nodules are
517 clearly visible on the roots of *T. pallescens* reflecting the existing association the
518 plant has with symbiotic nitrogen-fixing bacteria (Holzmann and Haselwandter,
519 1988).

520 *S. helvetica* also has a dominant taproot morphology with the potential of growing
521 through cracks in the bedrock though it has a shallower rooting depth than *S.*
522 *exscapa* or *T. pallescens*. *S. helvetica* has a large lateral spread in the upper soil
523 layer with a dense fine root network which can provide increased support in soil
524 erosion control and horizontal anchoring.

525 The uniform length of the umbrella shaped root system of *L. alpina* could be easily
526 uprooted therefore, its potential as soil reinforcement might be limited although it is
527 capable of trapping a significant amount of soil due to its dense fine root network
528 (Hudek et al., 2017) and reducing soil erosion.

529 The dominant pole type of root system of *E. fleischeri* showed the greatest rooting
530 depth with intensive rhizome spreading. The main feature of the plant's strategy is
531 rapid colonization of open space through wide lateral clonal spreading (Stöckli and
532 Bäumler, 1996) which is a typical strategy for early successional plants such as
533 *Hieracium staticifolium* All., *Achillea moschata* (Wulfen) or *Cerastium pedunculatum*
534 Gaudin (Stöckli and Bäumler, 1996). Its root system does not have notable
535 anchoring properties, its survival strategy relies on an elaborate network of rhizome
536 spreading, widely spaced ramets and rapid colonization (Alpandino, 2011). In this
537 way the plant is able to quickly overcome diverse mass wasting processes.
538 Additionally its short and fragile fine root (<1mm) network is unclearly able to provide
539 additional soil stabilization (Bischetti et al., 2009) even though plant biomass and
540 allometry are stated being a significant element when plants are evaluated for soil-

541 root reinforcement (Gonzalez-Ollauri and Mickovski, 2016). In general the function of
542 these roots is limited to water and nutrient uptake to support plant growth (Stokes et
543 al., 2009; Tasser and Tappeiner, 2005).

544 *T. distichofillum* also uses horizontal spreading through clonal growth as a strategy
545 for rapid colonization but with shorter distance between ramets (Alpandino, 2011). It
546 also has a dense lateral root system with moderate rooting depth and a high
547 percentage of fine and very fine roots throughout the entire root system. This can
548 make the plant more resilient to uprooting and at the same time, through the
549 elaborate network of rhizome spreading, able to overcome diverse mass wasting
550 processes (Körner, 2003). Its dense fine and very fine roots trap soil providing
551 erosion control. *P. laxa* is a plant with clumped clonal growth form with short distance
552 between ramets. *F. halleri* and *L. spicata* both form compact tussocks with a dense
553 fibrous root system. This phalanx type of clonal growth results in a slow horizontal
554 spreading (Alpandino, 2011). These types of root morphology can make the plants
555 extremely resilient to uprooting and a potentially effective plant in erosion control.

556 The root architecture of the species showed a wide range of root types dictated by
557 genetic characteristics (Gray and Sotir, 1996) and environmental factors e.g.,
558 nutrient availability or soil temperature (Nagelmüller et al., 2016; Khan et al., 2016).
559 Root plasticity too has effects on root architecture, it is essential in coping with and
560 overcoming stress (Bardgett et al., 2014; Poorter et al., 2012; Stöcklin and Bäumler,
561 1996) as well as strengthening the resilience of pioneer species to the harsh
562 environmental conditions.

563 Even though *E. fleischeri* had a significantly higher rooting depth compared to the
564 other species, in general, rooting depth was uniformly shallow which is in line with
565 previous findings (Lichtenegger, 1996; Jonasson and Callaghan, 1992; Pohl et al.,

2011) on alpine species. This is influenced by two main controlling environmental factors; soil temperature and water availability (Lichtenegger, 1996; Körner, 2003). Alpine vegetation in general have a shallower rooting system than species from lowlands as at high altitudes with increasing soil depth, soil temperature and water fluctuations decrease at a higher rate than in the lowlands (Lichtenegger, 1996). This also can reflect on root distribution within the different soil horizons, indicating that the high root density in the upper soil layer quickly decreases with increasing soil depth (Lichtenegger, 1996).

Root length density has a great influence on soil stability (Bardgett et al., 2014; Stokes et al., 2009) by altering the hydrological properties of the soil and increasing the resistance of the roots for disruptive forces. All studied species had a large amount of fine and very fine roots which is common in alpine species (Körner, 2003; Pohl et al., 2011). In general, fine and very fine roots have a rapid turnover supplying a large amount of carbon to the soil and increasing the organic content of the soil. Together with the physical and chemical contribution they gradually increase the aggregate stability of the soil which reduces the susceptibility of the soil to erosion processes (Pohl et al., 2011; Hudek et al., 2017). Additionally, both live and dead roots provide potential preferential flow paths in hillslopes, securing the stability of the soil by reducing pore water pressure (Ghestem et al., 2011). On the other hand, bypass flow can lead to perched water tables, saturating the soil that can develop positive pore-water pressure that could trigger landslides (Ghestem et al., 2011).

Glacier forefields are nutrient limited soils; fine and very fine roots (< 0.5 mm) however, provide strong symbiotic links between the plant and the fungus systems and it has been proven that mycorrhizal fungi increases the water and nutrient uptake of the plant (Smith and Read, 2008) and promote root growth (Ola et al.,

591 2015) which also influences RLD (Bast et al., 2014; Graf and Frei 2013; Tisdall,
592 1991). The dense fine root system of the studied species is also able to mechanically
593 bind the soil particles thereby contributing to increased soil stabilization (Pohl et al.,
594 2011; Norris et al., 2008).

595 In the present study the total root length values showed non-significant difference
596 between the species and life forms while the highest values were recorded among
597 the graminoid species as was with the work of Pohl et al. (2011) though in the
598 present study the measured values greatly exceed those of Pohl et al. (2011). This
599 can be attributed to the fact that at the sampling site of Pohl et al., (2011) sampling
600 was carried out on managed ski slopes where soil compaction inhibits root growth
601 (Nagel et al., 2012; Pfeifer et al., 2014) while in the case of our study on the recently
602 deglaciated forefield, sampling was performed on a site relatively free from human
603 interference and soil compaction was not an inhibiting factor for root growth.

604 Under natural conditions species grow together creating a complex underground root
605 network/structure due to the diversity of root types, enlarging the protective role of
606 plants on soil stabilization at different levels and soil layers (Pohl et al., 2009;
607 Reubens et al., 2007). Plant richness should therefore be encouraged when plants
608 are considered for soil conservation purposes such as land reclamation.

609

610 4.3. Root tensile strength

611

612 The tensile strength results of the present study were 3-7 times higher than those
613 found in literature data on the same alpine species (*L. spicata*, *L. alpina*) (Pohl et al.,
614 2011) and other alpine and arctic graminoid and forb species (Pohl et al., 2011,
615 Jonasson and Callaghan, 1992). Root tensile strength is mainly effected by the

616 genetic properties of the plant (Gray and Sotir, 1996) while additional factors such as
617 age (Reubens et al, 2007), ecological conditions and management
618 practices(Bischetti et al., 2009) can result in varying tensile strength values for the
619 same species. Gonzallez-Ollauri et al. (2017) highlighted that root tensile strength
620 can vary with changes in root moisture content which closely links to soil moisture
621 content (i.e. dry roots have a lower level of tensile strength compare to roots with
622 optimum root moisture). Root diameter has direct influence on root tensile strength
623 as root tensile strength is calculated by the ratio between the breaking force (N) and
624 the root cross section area (mm²) which depends on root diameter (Bischetti et al.,
625 2016). In general, fine and medium size roots (in diameter 0.01-10.00 mm) have
626 higher values of tensile strength compared to roots with a larger diameter (> 10.00
627 mm). Larger sized roots act primarily as individual anchors mobilising only a small
628 amount of their tensile strength before slipping through the soil (Bischetti et al.,
629 2005). However, fine and medium sized roots can mobilize their entire tensile
630 strength and due to their higher surface area, have superior resistance to uprooting
631 (Gray and Sotir, 1996). In the present study the diameter of the tested roots ranged
632 between 0.03 mm and 1.66 mm, these values are smaller than what is found in the
633 literature data which can be one of the explanation for the considerably higher tensile
634 strength results. Additionally the samples in Pohl et al. (2011) were collected from a
635 managed ski slope which confirms results observed by Bischett et al. (2009) that
636 ecological conditions and management can alter tensile strength.

637 Both the ANCOVA and the plotted tensile strength results enabled it to demonstrate
638 the significant relationship between tensile strength and root diameter and can be
639 used to make comparisons between species.

640
641

642 **5. Conclusions**

643

644 This study aimed to provide information on root morphology and root traits on
645 pioneer alpine species from a recently deglaciated site in the Italian Alps with the
646 view to determine the plants' efficiency in soil stabilization. To provide unique visual
647 3D data on the root architecture of a wide variety of alpine pioneer species under
648 intact natural soil conditions, we applied a state of the art non-destructive plant
649 phenotyping technique, X-ray CT. This is the first study that uses the X-ray CT
650 technique to image the root system of alpine plants undisturbed in their natural
651 alpine soil matrix.

652 Results showed great variation in global root architecture between the studied
653 species. X-ray CT could successfully identify roots >0.25, 0.35 mm in diameter at the
654 resolution used for scanning. With complementary use of destructive phenotyping
655 techniques, quantitative data on root traits and the plants biomechanical
656 characteristic allowed us to determine species' efficiency in soil stabilization. The
657 high tensile strength results of graminoid and the dwarf shrub species combined with
658 a dense elaborate root morphology, provide many anchoring points and enhanced
659 plant resilience to solifluction in a periglacial environment. Forbs longer, anchoring
660 root system with lower but comparable tensile strength to the garminoid and dwarf
661 shrub species, could advocate their suitability as protection against shallow
662 landsliding. With the exception of one or two species (*E. fleischeri*, *M. recurva*) all
663 studied plants might play an important role in soil erosion control due to their dense
664 elaborate fine and very fine root system.

665

666

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667 **Acknowledgements**

668 This research was enabled by the Transnational Access capacities of the European
669 Plant Phenotyping Network (EPPN, grant agreement no. 284443) funded by the FP7
670 Research Infrastructures Programme of the European Union. As well as receiving
671 funding from the European Union's Horizon 2020 research and innovation
672 programme under the Marie Skłodowska-Curie grant agreement No 609402 - 2020
673 researchers: Train to Move (T2M). The Hounsfield Facility received funding from
674 European Research Council (Futureroots Project), Biotechnology and Biological
675 Sciences Research Council of the United Kingdom and The Wolfson Foundation.
676 The authors wish to thank Alessio Cislighi, Enricho Chiaradia and Gian Battista
677 Bischetti for the access to and support with the tensile testing machine and Michele
678 Lonati for his help on the identification of graminoid species.

679

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925 **Table and Figure Captions**

926 **Table 1** The selected 10 pioneer plant species of the forefield of Lys Glacier
927 according to their Latin and common names, lifeforms, succession and family.

928

929 **Table 2** Scanning parameters for X-ray CT.

930

931 **Table 3** Values of root traits analyzed with RooTrak (volume, area, maximum vertical
932 and horizontal length of the root system, convex hull), ImageJ (maximum vertical and
933 horizontal length of the root system) and WinRHIZO (total root length and average
934 root diameter) of the X-ray CT scanned samples.

935

936 **Table 4** Plant height (mm), rooting depth (mm) measured with ImageJ, total root
937 length (m), mean root diameter (mm) and root length density (cm cm^{-3}) of the 10
938 studied alpine species measured with WinRHIZO.

939

940 **Table 5** Root length distribution (%) of the 10 pioneer alpine plants in relation to
941 different diameter classes (mm).

942

943 **Table 6** Life forms, the number of samples (n) tested, the range of root diameters
944 (mm), root tensile strength (MPa) values, scale factor (α) rate of strength decrease
945 (β) and the goodness of fit (R^2) of the 10 studied alpine species.

946

947 **Table 7** ANOVA table with multiple comparisons of root tensile strength (MPa)
948 between the studied plant species.

949

950 **Figure 1 a - j** Root architecture of the 10 studied pioneer alpine species detected by
951 X-ray CT scanning. a., *E. fleischeri*; b., *F. halleri*; c., *L. alpine*; d., *L. spicata*; e., *M.*
952 *recurva*; f., *P. laxa*; g., *S. helvetica*; h., *S. exscapa*; i., *T. pallescens*; j., *T.*
953 *distichophyllum*; Scale bars: a., 35 mm, b., 25 mm, c., 40 mm, d., 15 mm, e., 10
954 mm, f., 15 mm, g., 15 mm, h., 30 mm, i., 45 mm, j., 20 mm.

955

956 **Figure 2** a., Image of the core root system b., the core root system in relation to the
957 soil matrix and c., the washed entire root system of *Trifolium pallescens*. Scale bar
958 a., 45 mm b., 40 mm and c., the ruler uses cm.

959

960 **Figure 3 a.**, Linear correlation between RooTrak and ImageJ data on the maximum
 961 vertical and *b.*, horizontal root length for the 10 studied alpine species.

962

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 964 10 studied alpine species

965

966 **Figure 5** Examples of the grayscale CT images of the soil matrices *a.*, glacial till with
 967 *T. distichophyllum b.*, and *c.*, fluvio-glacial and lake depositions.

968

969 **Figure 6** Plant height (cm) and rooting depth (cm) of the 10 studied alpine plant
 970 species.

971

972 **Figure 7** The relationship between root tensile strength (MPa) and root diameter
 973 (mm) for the 10 studied alpine species.

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975

976 **Table 1** The selected 10 pioneer plant species of the forefield of Lys Glacier
 977 according to their Latin and common names, lifeforms, succession and family.

978

Species	Common name	Life form	Succession	Family
<i>Epilobium fleischeri</i> Hochst.	Alpine willowherb	Forb	Early	Omagraceae
<i>Trisetum distichophyllum</i> (Vill.) P.Beauve.	Tufted hairgrass	Graminoid	Early	Poaceae
<i>Trifolium pallescens</i> Schreb.	Pale clover	Forb	Early	Fabaceae
<i>Luzula spicata</i> (L.) DC.	Spiked woodrush	Graminoid	Mid	Juncaceae
<i>Silene exscapa</i> All.	Moss campion	Forb	Mid	Caryophyllaceae
<i>Minuartia recurva</i> (All.) Schinz and Thell.	Recurved sandwort	Forb	Late	Caryophyllaceae
<i>Festuca halleri</i> All.	Haller's Fescue	Graminoid	Late	Poaceae
<i>Poa laxa</i> Haenke	Banff Bluegrass	Graminoid	Ubiquitous	Poaceae
<i>Salix helvetica</i> Vill.	Swiss willow	Dwarf shrub	Ubiquitous	Salicaceae

Leucanthemopsis alpina (L.) Heyw. Alpine Moon Daisy Forb Ubiquitous Asteraceae

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982 **Table 2** Scanning parameters for X-ray CT.

Voltage (kV)	Current (μA)	Number of projections	Exposure time (ms)	Resolution (μm)	Signal averaging	Total scanning time
180	160	2160	250	54	4/1	2h17min

983

984 **Table 3** Values of root traits analyzed with RooTrak (volume, area, maximum vertical
985 and horizontal length of the root system, convex hull), ImageJ (maximum vertical and
986 horizontal length of the root system) and WinRHIZO (total root length and average
987 root diameter) of the X-ray CT scanned samples.

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Plant species	Root type	RooTrak				ImageJ		WinRHIZO			
		Volume (mm ³) (total mass of the root system)	Area (mm ²) (root area in direct contact with the soil)	Depth (mm) (root system's maximum vertical distance)	Width (mm) (root system's maximum horizontal distance)	Convex hull (mm ²) (region of soil explored by the root system)	Vertical length (mm)	Horizontal length (mm)	Total root length (m) (roots 1-5 mm in diameter)	Total root length (m) (roots 0.1-0.5 mm in diameter)	Average root diameter (roots 0.1-0.5 mm in diameter)
<i>T. distichophyllum</i>	Cylindrical	353	3399	63	68	65774	75	70	1.81	192.7	0.21
<i>E. fleischeri</i>	Pole	967	3711	105	65	90931	115	70	0.05	59.2	0.17
<i>T. pallescens</i>	Cone↑	1530	7752	132	72	505364	225	70	1.97	51.6	0.30
<i>S. exscapa</i>	Cone↑	385	2383	102	70	357053	173	69	1.84	95.3	0.24
<i>L. spicata</i>	Cone↓	306	2106	39	71	27046	137	70	1.60	100.3	0.16
<i>F. halleri</i>	Cone↓	828	5866	67	71	60318	107	55	0.65	20.7	0.31
<i>M. recurva</i>	Discoid	144	1677	44	68	60237	164	50	1.96	50.5	0.29
<i>P. laxa</i>	Cone↓	150	1547	33	72	45612	119	34	0.22	10.5	0.26
<i>L. alpina</i>	Umbrella	542	4666	126	72	224012	141	69	1.06	62.2	0.26
<i>S. helvetica</i>	Discoid	435	1146	35	73	24117	49	39	1.90	56.5	0.28

988

989 **Table 4** Plant height (mm), rooting depth (mm) measured with ImageJ, total root
990 length (m), mean root diameter (mm) and root length density (cm cm⁻³) of the 10
991 studied alpine species measured with WinRHIZO.

Plant species	Plant height (mm)	Rooting depth (mm)	Total root length (m)	Mean root diameter (mm)	Root length density (cm cm ⁻³)
<i>T. distichophyllum</i>	50	133	336.9	0.21	85
<i>E. fleischeri</i>	65	197	75.3	0.23	9
<i>T. pallescens</i>	47	133	197.6	0.47	33
<i>S. exscapa</i>	20	153	106.2	0.33	49
<i>L. spicata</i>	30	117	202.1	0.22	81
<i>F. halleri</i>	32	101	297.8	0.35	59

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<i>M. recurva</i>	15	118	135.9	0.32	29
<i>P. laxa</i>	51	119	210.1	0.28	47
<i>L. alpina</i>	20	127	368.5	0.26	53
<i>S. helvetica</i>	25	90	342.3	0.27	68

992

993 **Table 5** Root length distribution (%) of the 10 pioneer alpine plants in relation to

994 different diameter classes (mm).

	0<L<0.1	0.1<L<0.2	0.2<L<0.3	0.3<L<0.4	0.4<L<0.5	0.5<L<0.75	0.75<L<1	1<L<1.5	1.5<L<2	2<L<5
<i>T. distichophyllum</i>	33	41	15	5	2	1	1	0	0	0
<i>T. pallescens</i>	49	19	10	5	4	6	2	2	1	1
<i>S. exscapa</i>	42	30	12	5	3	4	2	2	0	0
<i>L. spicata</i>	57	27	9	3	1	1	0	0	0	0
<i>F. halleri</i>	37	22	15	8	5	7	3	2	1	0
<i>M. recurva</i>	36	30	13	6	3	5	3	3	1	0
<i>P. laxa</i>	49	19	12	6	4	5	3	2	0	0
<i>L. alpina</i>	36	29	14	7	5	5	2	1	0	0
<i>S. helvetica</i>	9	25	37	6	4	4	1	2	3	9

995

996 **Table 6** Life forms, the number of samples (n) tested, the range of root diameters

997 (mm), root tensile strength (MPa) values, scale factor (α) rate of strength decrease

998 (β) and the goodness of fit (R^2) of the 10 studied alpine species.

Species	Life form	n	d range (mm)	Mean Tr (MPa)	α	β	R^2	p
<i>T. distichophyllum</i>	Graminoid	30	0.05-1.15	86	23.26	0.62	0.56	<0.001
<i>E. fleischeri</i>	Forb	32	0.04-1.56	58	3.61	1.15	0.67	<0.001
<i>T. pallescens</i>	Forb	32	0.05-1.66	44	10.55	0.88	0.65	<0.001
<i>S. exscapa</i>	Forb	30	0.03-1.14	54	11.85	0.84	0.65	<0.001
<i>L. spicata</i>	Graminoid	30	0.03-0.37	138	9.54	1.01	0.71	<0.001
<i>F. halleri</i>	Graminoid	30	0.05-0.46	94	17.92	0.75	0.70	<0.001
<i>M. recurva</i>	Forb	30	0.03-0.35	60	6.24	1.11	0.78	<0.001
<i>P. laxa</i>	Graminoid	30	0.03-0.56	113	21.65	0.75	0.82	<0.001
<i>L. alpina</i>	Forb	32	0.05-0.59	29	8.67	0.75	0.71	<0.001
<i>S. helvetica</i>	Dwarf shrub	30	0.03-0.78	110	11.34	0.94	0.78	<0.001

999

1000 **Table 7** ANOVA table with multiple comparisons of root tensile strength (MPa)

1001 between the studied plant species.

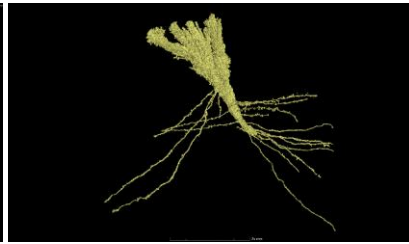
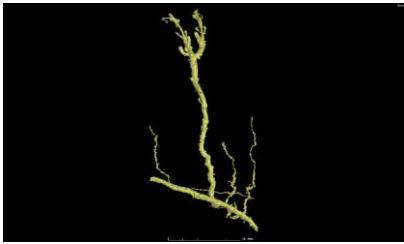
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1003 **Figure 1 a - j** Root architecture of the 10 studied pioneer alpine species detected by

1004 X-ray CT scanning. a., *E. fleischeri*; b., *F. halleri*; c., *L. alpina*; d., *L. spicata*; e., *M.*

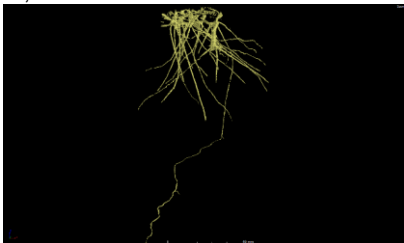
1005 *recurva*; f., *P. laxa*; g., *S. helvetica*; h., *S. exscapa*; i., *T. pallescens*; j., *T.*

1006 *distichophyllum*; Scale bars: a., 35 mm, b., 25 mm, c., 40 mm, d., 15 mm, e., 10
1007 mm, f., 15 mm, g., 15 mm, h., 30 mm, i., 45 mm, j., 20 mm.



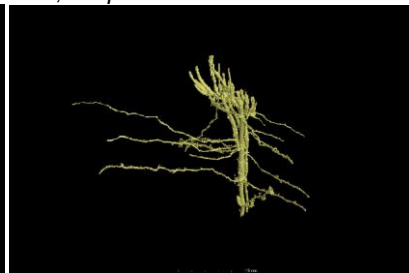
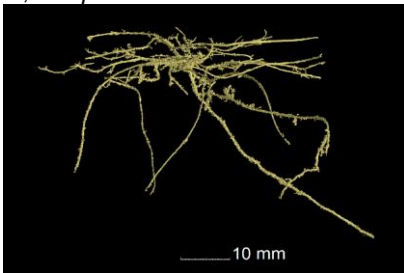
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1009 a., *E. fleischeri*

b., *F. halleri*



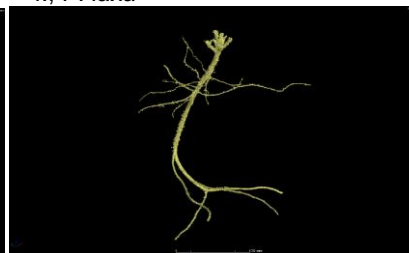
1010
1011 c., *L. alpina*

d., *L. spicata*



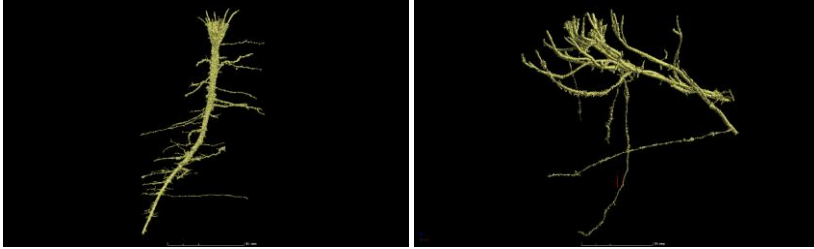
1012
1013 e., *M. recurva*

f., *P. laxa*



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1015 g., *S. helvetica*

h., *S. exscapa*



i., *T. pallescens*

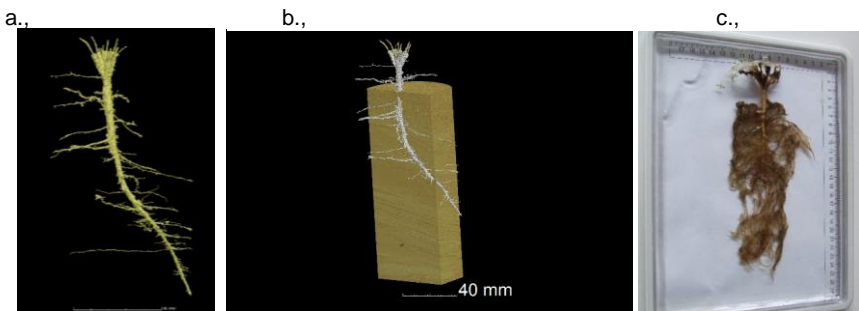
j., *T. distichophyllum*

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1018 **Figure 2** a., Image of the cored root system b., the core root system in relation to the
1019 soil matrix and c., the washed entire root system of *Trifolium pallescens*. Scale bar
1020 a., 45 mm b., 40 mm and c., the ruler uses cm.

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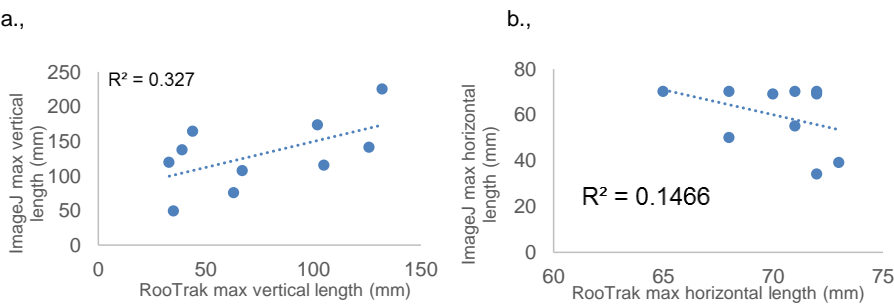


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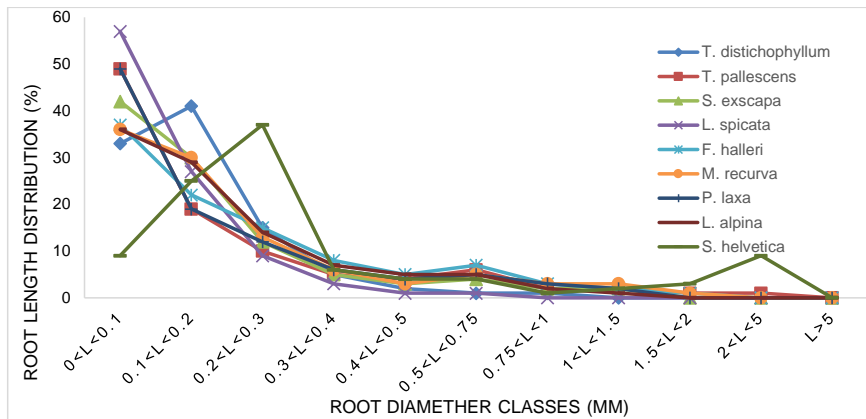
1026 **Figure 3** a., Linear relationship between RooTrak and ImageJ data on the maximum
1027 vertical and b., horizontal root length for the 10 studied alpine species.

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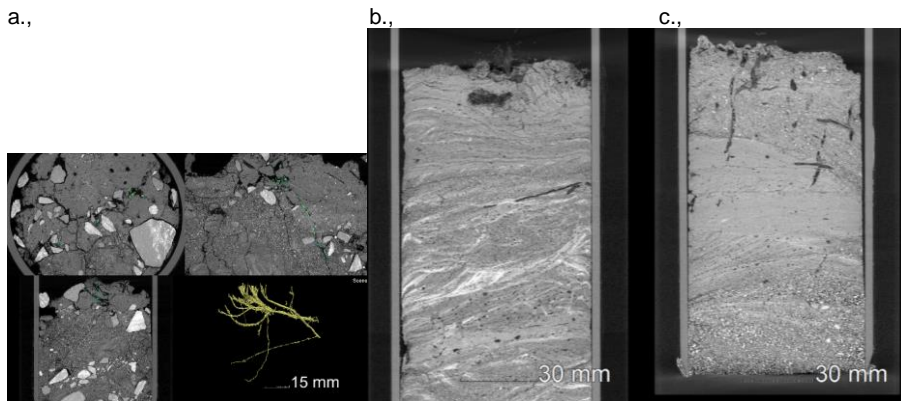
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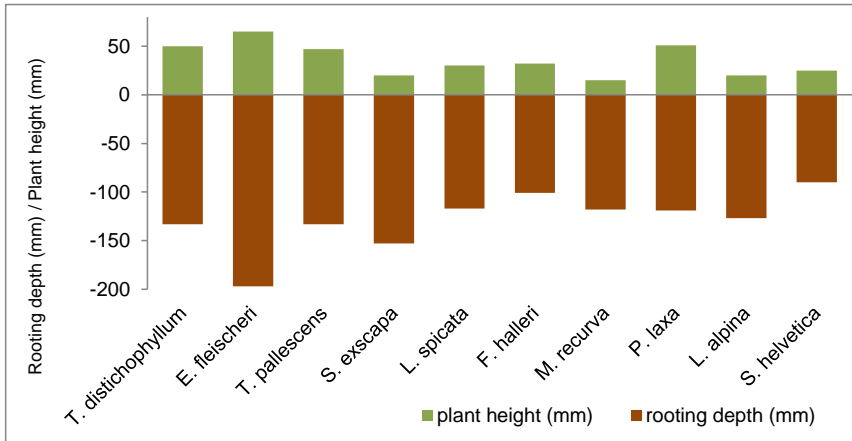
1030 **Figure 4** Root length distribution (%) in relation to root diameter classes (mm) for the
 1031 10 studied alpine species



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 1035 **Figure 5** Examples of the grayscale CT images of the soil matrices a., glacial till with
 1036 *T. distichophyllum* b., and c., fluvio-glacial and lake depositions.



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1041 **Figure 6** Plant height (cm) and rooting depth (cm) of the 10 studied alpine plant species.

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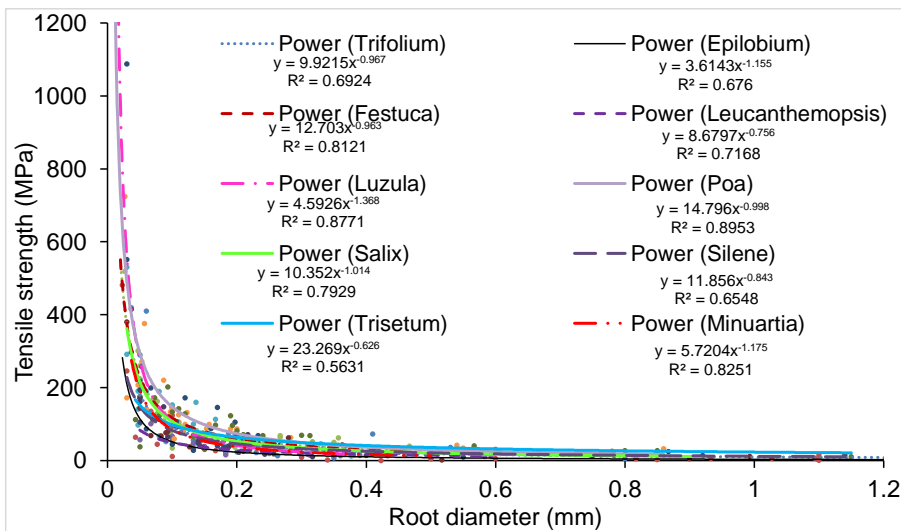
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1046 **Figure 7** The relationship between root tensile strength (MPa) and root diameter

1047 (mm) for the 10 studied alpine species



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