



Title	Spatial and temporal characterization of endometrial mesenchymal stem-like cells activity during the menstrual cycle
Author(s)	Xu, S; Chan, RWS; Ng, EHY; Yeung, WSB
Citation	Experimental Cell Research, 2017, v. 350 n. 1, p. 184-189
Issued Date	2017
URL	http://hdl.handle.net/10722/238756
Rights	This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License.

1 **Spatial and Temporal Characterization of Endometrial Mesenchymal Stem-like**
2 **Cells Activity during the Menstrual Cycle**

3

4 Xu Shan^{a,†}, Rachel W.S. Chan^{a,b,†}, Ernest H.Y. Ng^{a,b}, William S.B. Yeung^{a,b}

5

6 ^aDepartment of Obstetrics and Gynaecology, ^bCentre of Reproduction, Development
7 of Growth, LKS Faculty of Medicine, The University of Hong Kong.

8 [†] Equally contributed

9

10 **Correspondence:** Rachel W.S. Chan, Department of Obstetrics and Gynecology, The
11 University of Hong Kong, Pokfulam, Hong Kong (Fax: 852-2816-1947; Email:
12 rwschan@hku.hk)

13

14 **SHORT RUNNING TITLE:**

15 Endometrial mesenchymal stem-like cells (eMSCs) activity across the menstrual
16 cycle.

17

18

19 **ABSTRACT**

20 The human endometrium is a highly dynamic tissue with the ability to cyclically
21 regenerate during the reproductive life. Endometrial mesenchymal stem-like cells
22 (eMSCs) located throughout the endometrium have shown to functionally contribute
23 to endometrial regeneration. In this study we examine whether the menstrual cycle
24 stage and the location in the endometrial bilayer (superficial and basalis portions of
25 the endometrium) has an effect on stem cell activities of eMSCs (CD140b⁺CD146⁺
26 cells). Here we show the percentage and clonogenic ability of eMSCs were constant
27 in the various stages of the menstrual cycle (menstrual, proliferative and secretory).
28 However, eMSCs from the menstrual endometrium underwent significantly more
29 round of self-renewal and enabled a greater total cell output than those from the
30 secretory phase. Significantly more eMSCs were detected in the deeper portion of the
31 endometrium compared to the superficial layer but their clonogenic and self-renewal
32 activities remain similar. Our findings suggest that eMSCs are activated in the
33 menstrual phase for the cyclical regeneration of the endometrium.

34

35 **Keywords:** Adult stem cells, endometrial repair, menstrual cycle, endometrial stem
36 cells.

37

38 INTRODUCTION

39 In response to the cyclical changes in ovarian sex steroids, estrogen and progesterone,
40 the human endometrium displays cyclic and rapid changes in proliferation and
41 differentiation. The inner mucosal lining of the uterus is composed of the lumen
42 epithelium supported by stroma and mature glands. The endometrium is comprised of
43 two layers: the basalis which persists into the next cycle to give rise to a new
44 functionalis that is shed during menses [1]. Approximately 400 cycles of shedding
45 and renewing take place during the lifespan of a woman's reproductive years. The
46 menstrual cycle is divided into 3 phases: proliferative, secretory and menstrual [2, 3].
47 Endometrial regeneration commences at the beginning of menstrual phase and the
48 growth continues into the proliferative phase. In the estrogen dominating proliferative
49 phase, 5-7 mm of endometrial tissue is generated within 10 days [3]. The secretory
50 phase is characterized by glandular secretion and stromal maturation in response to
51 progesterone from the corpus luteum [4]. In the late secretory phase, luteolysis of the
52 corpus luteum causes withdrawal of estrogen and progesterone that triggers
53 breakdown of the functionalis and shedding of a substantial amount of tissue [5].

54 In recent years, a distinct adult stem cell population known as endometrial
55 mesenchymal stem-like cells (eMSCs) have been shown to be responsible for
56 endometrial remodeling [6]. Endometrial stromal cells co-expressing two surface
57 markers: CD140b and CD146 are enriched with eMSCs and are localized to
58 perivascular regions in the functionalis and basalis layers [7]. These cells are
59 clonogenic, have broad differentiation capacity, display properties and phenotype
60 similar to other mesenchymal stem cells [8-10]. Although eMSCs share a core genetic
61 profile with bone-marrow mesenchymal stem cells in stemness, several genes mainly
62 related to endometrial functions such as, vasculogenesis, angiogenesis, inflammation,

63 immunomodulation and cell communication are specifically upregulated in eMSCs
64 [11].

65 EMSC expressing CD140b and CD146 have been identified in proliferative and
66 secretory endometria and can be isolated from hysterectomy or endometrial biopsy
67 tissues [7, 8, 11]. However, the characterization of eMSCs at menstruation is limited
68 and no studies have compared the properties of eMSCs in the different layers of the
69 endometrium (superficial vs. deep portion of the endometrium). We hypothesize that
70 1) more eMSCs reside in the basalis but their stem cells activities will be similar
71 between the endometrial layers. 2) These eMSCs will exhibit unique properties at
72 menstruation for the repair and regeneration of the endometrium. Therefore, this study
73 aims to investigate the changes of eMSCs during the menstrual phases (proliferative,
74 secretory and menstrual) and in the endometrial layers.

75 **MATERIAL AND METHODS**

76 **Human tissues**

77 Full thickness endometrial tissue was collected from 30 ovulating women, 35- to 50-
78 years old undergoing total abdominal hysterectomy (TAH) for benign non-
79 endometrial pathologies (supplementary data TableS1). They had not taken hormonal
80 therapy for three months before surgery. The phase of the menstrual cycle was
81 categorized into proliferative (n = 14; range: 40 to 48 years old; median: 45yr; mean:
82 44 yr) and secretory (n = 16, range: 35 to 50 years old; median: 44yr; mean: 42 yr) by
83 experienced histopathologists based on hematoxylin-eosin-stained endometrial
84 sections. Menstrual endometrial tissues were obtained from 11 ovulating women aged
85 from 31- to 40- years old attending the infertility clinic on day 2-3 of their menstrual
86 cycle (median: 38yr; mean: 36 yr, supplementary data TableS2). Ethic approval was

87 obtained from the Institutional Review Board of the University of Hong
88 Kong/Hospital Authority Hong Kong West Cluster. Written consents were signed by
89 recruited subjects after detailed counseling prior to participation of the study. All the
90 samples were processed within 24 hours after collection.

91

92 **Single cell suspensions of endometrial epithelial and stromal cells**

93 For TAH samples (Fig 1A), the endometrial layer was scraped off from the
94 underlying myometrium, minced and digested with PBS containing collagenase type
95 III (0.3 mg/ml, Worthington Biochemical Corporation, Freehold, NJ, USA) and
96 deoxyribonuclease type I (40 µg/ml, Worthington Biochemical Corporation) for one
97 hour at 37°C, as described previously [12]. To separate the superficial layer, a gentle
98 scrape on top of the endometrial layer most distal from the myometrium was
99 performed. The deeper portion of the endometrium was defined as the remnant tissue
100 1mm-area from the endo-myometrial junction (Fig 1B) [13]. Menstrual samples were
101 obtained on day 2 of the menstrual cycle by aspiration. They were digested as
102 described above. In brief, red blood cells were removed using Ficoll-Paque (GE
103 Healthcare, Uppsala, Sweden) density-gradient centrifugation. Leukocytes were
104 eliminated using anti-CD45 antibody-coated Dynabeads (Invitrogen, Waltham, MA,
105 USA). Epithelial cells were removed from the stromal cells by using anti-CD326
106 (EpCAM) antibody-coated microbeads (Miltenyi Biotec Inc., San Diego, CA, USA).
107 The freshly purified stromal cells (6000 – 8000 cells/cm²) were plated onto 100 mm
108 dishes (BD Biosciences, San Jose, CA, USA) coated with fibronectin (1 mg/ml,
109 Invitrogen) and cultured in growth medium containing 10% FBS (Invitrogen), 1%
110 antibiotics (Invitrogen) and 1% L-glutamine (Invitrogen) in DMEM/F-12 (Sigma-

111 Aldrich, St Louis, MA, USA). Stromal cells were expand in culture for 7-14 days in a
112 humidified carbon dioxide incubator at 37°C. Medium was changed every 7 days until
113 it reach 80% confluence.

114

115 **Flow cytometry**

116 The expression of eMSC markers (co-expression of CD140b and CD146) on freshly
117 purified endometrial cells were analyzed using multicolour flow cytometry
118 (Supplementary data Figure S1). Endometrial cells were labeled with phycoerythrin
119 (PE)-conjugated antibody against platelet-derived growth factor receptor beta
120 (PDGFR β) (CD140b, 2.5 μ g/ml, PR7212 clone, mouse IgG₁, R&D Systems,
121 Minneapolis, MN, USA) and fluorescein isothiocyanate (FITC)-conjugated anti-
122 CD146 antibody (1 mg/ml, OJ79c clone, mouse IgG₁, Thermo Fisher Scientific,
123 Waltham, MA, USA) or isotype matched controls. The cells were then labeled with
124 allophycocyanin (APC)-conjugated anti-CD45 antibody (10 μ g/ml, Thermo Fisher
125 Scientific) before resuspension in 0.1% BSA/PBS for flow cytometric analysis using
126 BD Fortessa (BD Biosciences, San Jose, CA, USA) in the University of Hong Kong
127 Faculty Core Facility. Flow cytometry data were analyzed using the FlowJo software
128 (Tree Star, Ashland, OR, USA).

129

130 **Magnetic bead selection for endometrial mesenchymal stem-like cells**

131 EMSCs isolated by sequential beading with magnetic beads coated with anti-CD140b
132 and anti-CD146 antibodies were used for various functional assessments. In brief,
133 cultured stromal cells were trypsinized, re-suspended in 0.5% BSA/PBS and
134 incubated with PE-conjugated anti-CD140b antibody (10 μ l/10⁶ cells) for 45 min at
135 4°C. The cells were then incubated with anti-mouse IgG1 coated microbeads

136 (Miltenyi Biotec Inc.) for 15 min at 4°C and the cell suspensions were applied to
137 Miltenyi MS columns with a magnetic field to collect the CD140b⁺ cells. The stromal
138 CD140b⁺ population were seeded in fibronectin-coated 100-mm culture dishes (BD
139 Biosciences) containing growth medium and cultured at 37°C in 5% CO₂ for 7 to 10
140 days to allow detachment of the microbeads during cell expansion. The CD140b⁺
141 cells were then trypsinized and incubated with anti-CD146 antibody coated
142 microbeads (Miltenyi Biotec Inc.) for 15 min at 4°C. The CD140b⁺CD146⁺ cells
143 (eMSCs) were obtained after column separation and the phenotype was confirmed by
144 dual immunofluorescence (Supplementary data Fig S2).

145 **Dual Immunofluorescence**

146 Double immunofluorescent staining was performed to evaluate the phenotypic of
147 CD140b⁺CD146⁺ cells. Some of the eMSCs were plated at clonal density of 10-30
148 cells/cm² on fibronectin coated 12-well plates and culture for 15 days. Cells were
149 fixed with 4% paraformaldehyde for 20 min. Permeabilization was performed using
150 0.1% Triton-X 100 for 10 min and blocked with 2% BSA for 30 min. Cells were
151 incubated with primary antibodies; anti-human CD140b (R&D Systems) and anti-
152 human CD146 (Abcam, Cambridge, UK) antibodies at 4°C overnight. The following
153 day, cells were incubated with the secondary antibodies; donkey anti-mouse
154 antibodies conjugated with Alexa Fluor 564 (Invitrogen) and goat anti-rabbit
155 antibodies conjugated with Alexa Fluor 488 (Invitrogen). The cell nuclei were
156 detected by DAPI (Thermo Scientific). All washing steps were performed with PBS
157 and conducted at room temperature unless specified. Images were captured using a
158 Carl Zeiss LSM inverted confocal microscope and a Zeiss LSM Zen 2010 software
159 (Carl Zeiss, Munich, Germany) at the University Of Hong Kong Core Facility.

160 **Colony initiating cell assay**

161 For assessment of colony-forming ability, eMSCs were plated in triplicates at a clonal
162 density of 10-30 cells/cm² on fibronectin coated 100 mm dishes or 6-well plates and
163 cultured for 15 days as previously described [14]. Cells were cultured in growth
164 medium, incubated at 37°C in 5% CO₂ and medium changed every seven days.
165 Regular monitoring of the cells was performed under an inverted microscope (Nikon)
166 to ensure colonies derived from single cells. Colony forming units (CFUs) were
167 stained with toluidine blue (Sigma-Aldrich) on day 15. Large CFUs were defined as
168 colonies with ≥4,000 cells and small CFUs were those with ≤4,000 cells. The colony
169 forming ability was determined by the number of CFUs formed divided by the
170 number of cells seeded, multiplied by 100.

171

172 **In vitro serial cloning**

173 Individual large stromal CFUs from passage 1 (P1) were trypsinized using cloning
174 rings (Sigma-Aldrich) to determine the self-renewal capacity of the cells in different
175 stages of the menstrual cycle. Two individual large CFUs per patient samples
176 obtained from the clonogenic assays were used for serial cloning. The cell number of
177 each CFUs was determined and the cells were re-seeded at a density of 35 cells/cm²
178 [14]. The process continued until the cells could no longer form CFUs. Similar
179 procedure was carried out for the difference between large and small CFUs.

180

181 **Total cell output assay**

182 The proliferative potential of CFUs derived eMSC in different menstrual phases was
183 examined by separately pooling 6 large CFUs, and expanding them in culture with a
184 seeding density of 2,000 cells/cm² [14]. The growth of the cells was closely
185 monitored and passaged every 4 to 7 days when the culture was 80% confluent. The
186 process continued until senescence of the cells. The cumulative population is the sum
187 of output cell number at each passage.

188

189 **Statistical analysis**

190 Data were analyzed using GraphPad PRISM software (version 5.00; GraphPad
191 Software Inc., San Diego, CA, USA). Distribution normality was examined using the
192 D'Agostino and Pearson test. Mann-Whitney test was performed to determine
193 statistical significance between two groups. For comparing three groups, the data
194 were analyzed using Kruskal-Wallis test, follow by Dunn's post-test. Wilcoxon
195 matched pairs test was performed to compare proportion of eMSCs in the superficial
196 and deep portion of the endometrium. Data are presented as mean ± SEM. Results
197 were considered statistically significant when P < 0.05.

198

199 **RESULTS**

200 *Proportion of CD140b⁺CD146⁺ cells in different menstrual phases and endometrial* 201 *layers*

202 The expression for the eMSC markers (CD140b⁺CD146⁺ cells) in freshly isolated
203 endometrial cells was analyzed by flow cytometry to determine the percentage of
204 eMSCs in the total endometrial population. The proportion of eMSCs was similar

205 among the three phases of the menstrual cycle (Fig 2A). The percentage of cells co-
206 expressing CD140b⁺CD146⁺ cells in the menstrual phase was $3.83 \pm 1.31\%$ (n = 7), in
207 the proliferative phase was $1.60 \pm 0.52\%$ (n = 10) and in the secretory phase
208 endometrium was $2.41 \pm 1.71\%$ (n = 6).

209 Assessment of eMSCs in different endometrial layers by flow cytometry showed a
210 significantly higher percentage of CD140b⁺CD146⁺ cells in the deep portion of the
211 endometrium than in the superficial layer (n = 4, P < 0.05, Fig 2B).

212 We also examine the expression of CD140b⁺CD146⁺ cells in large and small CFUs by
213 dual immunofluorescence. In general, more co-expressing cells were detected within
214 large CFUs compare to small CFUs (supplementary data S3A, S3B).

215

216 ***The clonogenic and self-renewal activity of eMSCs in different menstrual phases***
217 ***and endometrial layers***

218 To examine the effect of menstrual cycling on the clonogenic activity of eMSCs,
219 cloning efficiencies were compared among samples obtained in the menstrual,
220 proliferative and secretory phases using magnetic bead selection. The cloning
221 efficiencies were determined from the number of large and small CFUs relative to the
222 total number of seeded cells. Fig 3A shows the clonogenic activity of eMSCs in the
223 menstrual phase that formed large CFUs ($0.79 \pm 0.35\%$, n = 9) was similar to that in
224 the proliferative phase ($0.60 \pm 0.21\%$, n = 9) and the secretory phase ($0.44 \pm 0.15\%$, n
225 = 12). There was also no difference in the cloning efficiencies for small CFUs
226 (menstruating, $3.62 \pm 1.50\%$, n = 9; proliferative, $2.25 \pm 0.90\%$, n = 9; secretory, 4.02
227 $\pm 0.86\%$, n = 12) (Fig 3B).

228 The self-renewal ability of large CFUs in different menstrual phases was assessed
229 using a serial cloning strategy (Fig 3C). Clonally derived eMSCs in menstruating
230 endometrium underwent significantly more rounds of self-renewal (5.25 ± 0.48 , $n = 4$)
231 than those in the secretory phase (3.33 ± 0.24 , $n = 9$, $P < 0.05$) but not those in
232 proliferative phase (3.75 ± 0.25 , $n = 4$, $P = 0.06$).

233 Large CFUs from eMSCs in the menstrual phase samples were able to serially clone \geq
234 5 rounds, where 0.21% of eMSCs were able to initiate CFUs in the second round,
235 0.80% of in the third round, 0.23% in the fourth and 0.015% in the fifth round (Fig
236 3D). For the proliferative phase samples, some of the large CFUs could passage ≥ 3
237 rounds, where 0.45% of the cells could initiate CFUs in the second round and 0.75%
238 in the third round. Similarly, some of the large CFUs in secretory phase could passage
239 ≥ 4 rounds, where 0.26% of the cells initiated CFUs in the second round, 0.01% in the
240 third round and 0.75% in the fourth round.

241 The percentage of eMSCs that formed large CFUs was $0.63 \pm 0.28\%$ ($n = 5$) in the
242 superficial layer and $2.28 \pm 1.02\%$ ($n = 5$, Fig 3E, $P = 0.25$) in the deep portion of the
243 endometrium. There was no statistical difference in the formation of small CFUs in
244 superficial ($3.51 \pm 1.54\%$) and deep ($3.02 \pm 1.70\%$, Fig 3F) layers. The self-renewal
245 activity of large CFUs was similar between the superficial ($3.20 \pm 0.58\%$, $n = 5$) and
246 the deep layer of the endometrium ($2.60 \pm 0.40\%$, $n = 5$, Fig 3G).

247 In general, eMSCs that formed large CFUs could under more rounds of self-renewal
248 (3.67 ± 0.67 , $n = 3$) than small CFUs (0.33 ± 0.33 , $n=3$) although this was not
249 statistically different (supplementary data S3E, $P = 0.07$).

250

251 *Proliferative potential of eMSCs in different menstrual phases*

252 The proliferative potential was determined by serial passaging clonally derived
253 eMSCs until senescence (Fig 4A). The eMSCs from the menstrual phase (6.41 ± 3.82
254 $\times 10^{11}$, n = 5) and the proliferative phase ($2.02 \pm 1.75 \times 10^{11}$, n = 6) produced larger
255 cumulative cell number than those from the secretory phase ($1.10 \pm 0.61 \times 10^9$, n = 4,
256 $P < 0.05$). The number of cells yielded at each passage is shown in Fig 4B. The total
257 time required for the large CFUs to reach senescence was 106.40 ± 10.29 days for the
258 menstruation phase, 90.17 ± 7.82 days for proliferative phase and 84.25 ± 5.23 days
259 for the secretory phase.

260

261 **DISCUSSION**

262 In this study, we identified and characterized the putative population of endometrial
263 stromal stem/progenitor cells in three phases of the menstrual cycle and in superficial
264 and deep portions of the human endometrium. We showed that the percentage and
265 clonogenicity of eMSCs ($CD140b^+CD146^+$ cells) were relatively consistent across the
266 menstrual cycle. An intriguing finding from this study was that eMSCs in the
267 menstrual phase exhibited the greatest self-renewal ability and yielded a higher output
268 of cells. These findings support the notion that endometrial stem cells are responsible
269 for the repair of the endometrium after menstruation. We also showed that more
270 eMSCs resided in the deep endometrial portion but their stem cell properties were
271 similar across the endometrial layers. Hence, eMSCs can readily be obtained from
272 both layers of the endometrium.

273 Endometrial regeneration starts at menstruation [15, 16]. Therefore, it is logical that
274 the niche at this stage should activate stem cells for endometrial repair. Consistently,
275 our data showed that eMSCs obtained during menstruation exhibit better proliferative

276 and self-renewal activity than secretory phase. This was not surprising, since in the
277 secretory phase the growth of the endometrium has ceased and decidualization begins
278 [3, 17]. Also, endometrial regeneration continues into the proliferative phase [18],
279 therefore the eMSCs from menstruation and proliferative samples were similar. In
280 adults, homeostasis between the quiescent and activated states of stem cells are
281 important to protect stem cells from losing their potential to self-renewal whilst
282 support ongoing tissue regeneration. The observed phenomenon displayed by eMSCs
283 at menstruation indicates the resident stem cells are responsive to local and systemic
284 signals provided by the niche cells during the tissue breakdown. Although
285 menstruation endometrium displayed a higher percentage of eMSCs, it was not
286 statistically significant. In this study, two methods were used for the collection of
287 endometrial samples. Endometrial aspirations correspond to the superficial parts of
288 the breakdown tissue and hysterectomy samples are full thickness endometrium. Due
289 to the limitation in obtaining hysterectomy samples during menstruation, our current
290 data do not represent the percentage of eMSCs from deep portion of the endometrium.
291 In addition, more active eMSCs detected from menstruation endometrium may be due
292 to the age differences between the sample groups.

293 Published report examining samples from proliferative and secretory phase
294 demonstrated eMSCs comprises 1.5% of endometrial stromal cells, similar to our
295 current finding [8]. Large CFUs from menstrual phase eMSCs and stromal cells can
296 passage up to five times and display similar proliferative potentials [19]. In this study,
297 a lower clonogenic activity was observed this is likely to be related to the different
298 technical methods used for isolating eMSCs [8].

299 The endometrium is functionally comprised of a polarized gradient of cells with
300 different phenotypes. The functionalis undergo a striking progression of histological

301 changes in the menstrual cycle, while the basalis remains relatively unchanged. The
302 existence of putative stem cells in the lower endometrial layer has been well-
303 documented [17, 20, 21]. Here we also found the relative percentage of eMSCs
304 residing in the deeper portion of the endometrium was higher than the superficial
305 layer. Although eMSCs are well distributed throughout the endometrium, no
306 comparative study has been conducted between the endometrial layers [7, 8, 11]. In
307 this study, we demonstrated that the clonogenic activity and self-renewal
308 characteristic of eMSCs in both endometrial layers were similar. These findings
309 support the stem cell theory that eMSCs shed during menstruation may contribute to
310 the pathogenesis of endometriosis [6, 22]. Although the superficial layer contains
311 relatively lower numbers of eMSCs, it has been proposed that endometriotic lesions
312 initiated by endometrial stem/progenitor cells would be more severe than lesions
313 initiated by more differentiated cells [23]. Several functional studies support the
314 presence of endometrial stem cells in ectopic endometriotic lesions [24-26]. A recent
315 gene expression profiling study provided new important information on the molecular
316 phenotype and relationship between eMSCs vs. its progeny stromal fibroblast and
317 their respective roles in endometriosis [27]. The authors demonstrate the differential
318 expression of eMSC lineage genes from normal and endometriotic samples. In
319 addition, eMSCs from women with endometriosis exhibit progesterone resistant and
320 endometrial stromal fibroblast inherit this inability to decidualize *in vitro*. These
321 findings indicate gynecological disorder such as endometriosis can affect eMSCs.

322 Given that the unique microenvironment at menstruation can active eMSCs, a better
323 understanding between the communications of niche cells to stem/progenitor cells is
324 necessary for future cell-based therapies in tissue engineering applications. This study
325 also confirms that a higher eMSC subpopulation reside in the deeper portion of the

326 endometrium. Studies understanding how eMSCs respond to shifting physiological
327 cues during the menstrual cycle are needed. In addition, the molecular events
328 governing the transition between quiescence and activation of eMSCs remain to be
329 explored.

330

331 **ACKNOWLEDGEMENTS**

332 We are grateful to all the women who agreed to donate their tissue sample for this
333 study. We sincerely acknowledge Ms. Joyce Yuen the project nurse and all
334 gynecologists especially Dr Charleen Cheung at Queen Mary Hospital for the
335 collection of samples. We are also grateful to the staffs at Faculty Core Facility, the
336 University of Hong Kong for their technical assistance in this study.

337

338 **AUTHOR DISCLOSURE STATEMENT**

339 The authors declare no financial or commercial conflict of interest.

340

341 **FIGURE LEGEND**

342 **Figure 1 – Hematoxylin and eosin staining of the human endometrium.** (A) Full
343 thickness of human endometrium. (B) Depth of the scrape showing the remnant deep
344 endometrial portion after separation from the superficial layer. Superficial layer, deep
345 portion of the endometrium and myometrium are separated by dotted lines. The upper
346 superficial layer contains multiple glands supported by loose stroma, while the lower
347 portion consists of branched glands with dense stroma. Scale bar: 100 μ M.

348 **Figure 2 – Proportion of eMSCs during the menstrual cycle and in different**
349 **layers of the endometrium.** (A) Percentage of CD140b⁺CD146⁺ cells in
350 menstruation, proliferation and secretory endometrium. (B) The relative percentage of
351 CD140b⁺CD146⁺ cells in the superficial compared to the deep portion of
352 endometrium. Results shown as mean ± SEM. * $P < 0.05$. Numbers in parentheses
353 indicate sample size. EMSCs, endometrial mesenchymal stem-like cells; SEM,
354 standard error of the mean.

355 **Figure 3 – The clonogenic and self-renewal activity of eMSCs in different cycle**
356 **stage and endometrial layers.** Cloning efficiency of human eMSCs from
357 menstruation, proliferative and secretory endometrium for (A) large and (B) small
358 CFUs. (C) Number of serially cloned passages of the large CFUs at different
359 menstrual stage. (D) Percentage of large CFUs at each passage of serial cloning. The
360 clonogenicity of human eMSCs from superficial and deep portion of the endometrium
361 for (E) large and (F) small CFUs. (G) Number of serial passage for large CFUs in
362 different endometrial layers. Results shown as mean ± SEM. * $P < 0.05$. Numbers in
363 parentheses indicate sample size. CFUs, colony-forming units; eMSCs, endometrial
364 mesenchymal stem-like cells; SEM, standard error of the mean.

365 **Figure 4 – Long-term Proliferative potential of eMSCs in different menstrual**
366 **stage.** (A) The total cumulative output of eMSCs in different menstrual stage. (B)
367 Growth curve of eMSCs in menstrual (circle), proliferative (square) and secretory
368 (triangle) phase. Each point represents the cell yield obtained at each passage. Results
369 shown as mean ± SEM. * $P < 0.05$. Numbers in parentheses indicate sample size.
370 EMSCs, endometrial mesenchymal stem-like cells; SEM, standard error of the mean.

371 **Supplementary Figure S1 – Gating strategy for co-expression of CD140b and**
372 **CD146 in human endometrial cells.** (A) Freshly isolated human endometrial cells
373 were analyzed by flow cytometry for expression of cell surface markers. Viable cells
374 were selected by their forward scatter (FSC) and side scatter (SSC) profile. (B) Cell
375 properties; SSC area (SSC-A) versus SSC height (SSC-H) to gate out cell doublets
376 and aggregates to ensure the signal arises from single cell. Leukocytes were removed
377 by electronic gating using CD45-APC. Single parameter histograms for individual
378 markers CD146-FITC, CD140b-PE. (C) Grey line indicates background fluorescence
379 with isotype matched IgG control. Percentage of CD140b⁺CD146⁺ cells from (D)
380 superficial portion, (E) deep portion and (F) full thickness endometrium.
381 Representative dot-plots for co-staining of CD140b and CD146.

382 **Supplementary Figure S2 – Immunofluorescent staining of CD140b and CD146**
383 **on endometrial stromal cells after microbeads isolation.** (A) The surface marker
384 CD140b (red) on endometrial stromal cells was confirmed by immunofluorescence
385 after CD140b⁺ microbeads selection. (B) All cells co-expressed CD140b (red) and
386 CD146 (green) after the second CD146⁺ microbeads isolation. DAPI nuclear stain
387 (blue). Scale bar: 100 μM.

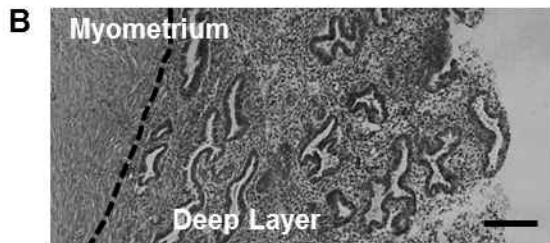
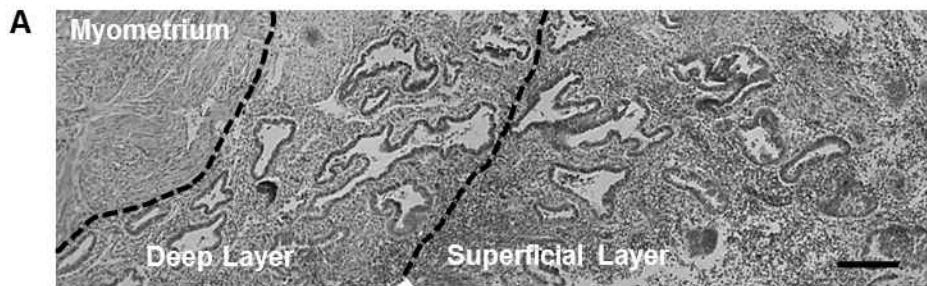
388 **Supplementary Figure S3 – Phenotypic Expression and Serial Activity of large**
389 **and small eMSC CFUs.** Representative images showing the co-expression of
390 CD140b (red) and CD146 (green) cells on (A) large and (B) small CFUs. DAPI
391 nuclear stain (blue). Images showing the negative control of (C) mouse IgG and (D)
392 rabbit IgG. (E) Number of passage from large and small CFUs (n=3). Results shown
393 as mean ± SEM. Scale bar: 100 μM.

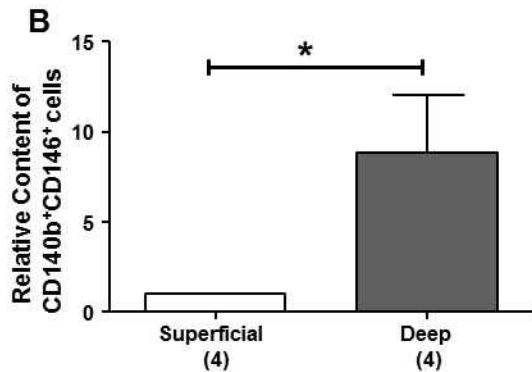
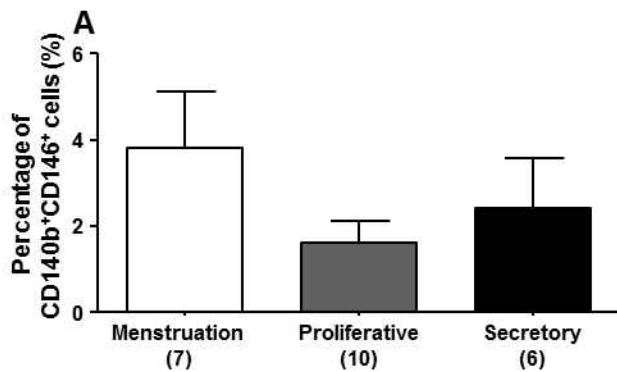
394

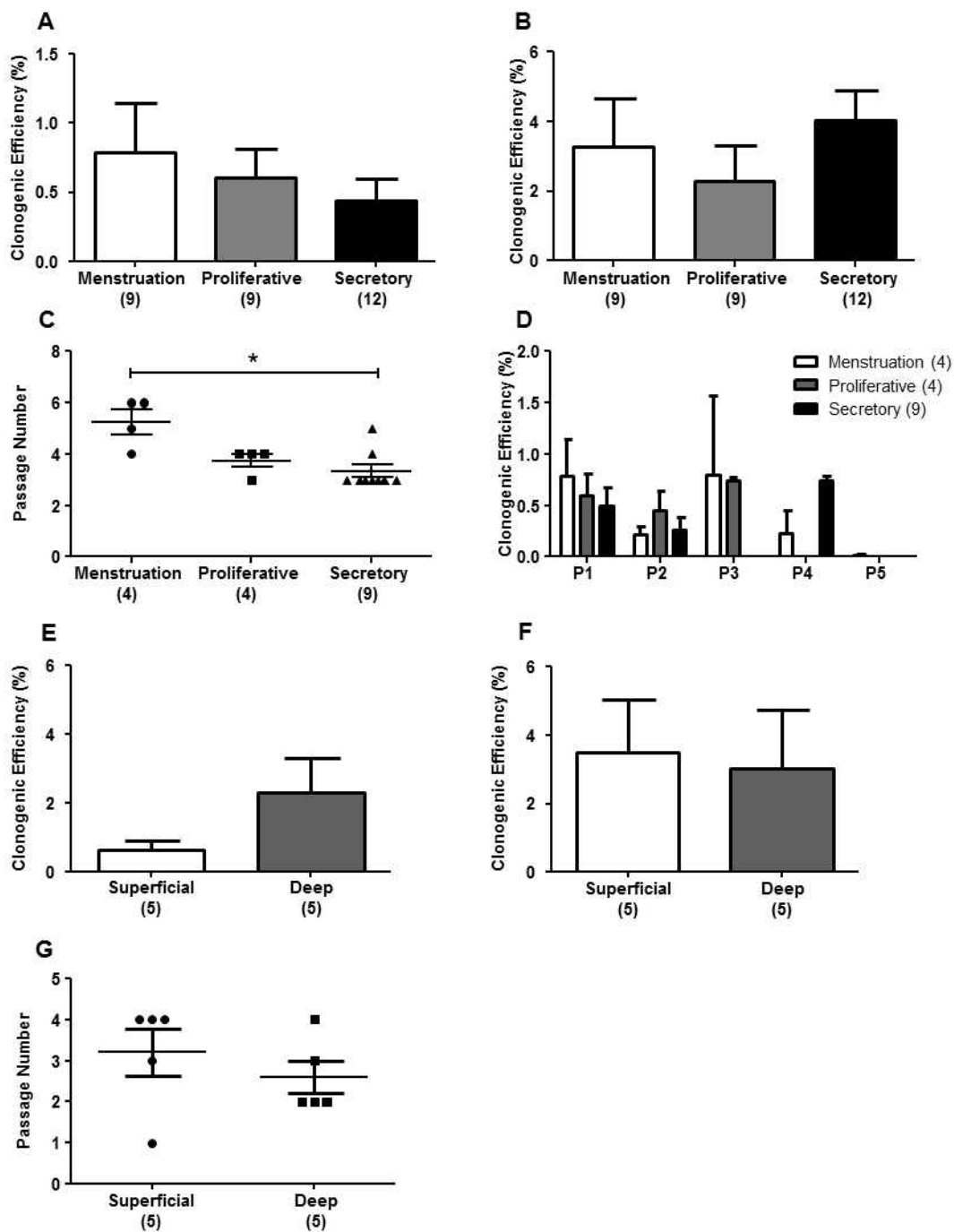
395 **REFERENCES**

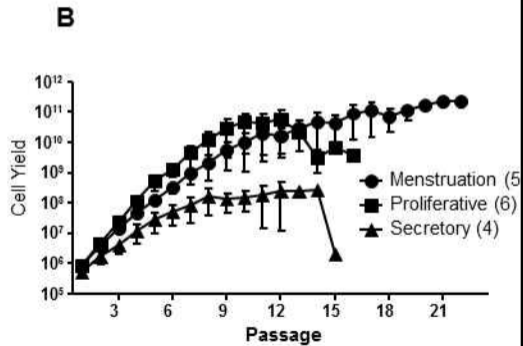
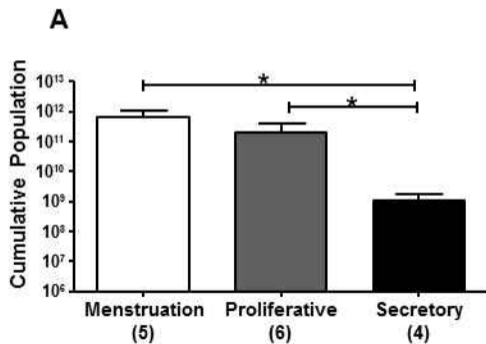
- 396 1. Stewart CL and EB Cullinan. (1997). Preimplantation development of the
397 mammalian embryo and its regulation by growth factors. *Dev Genet.* 21(1):91-
398 101.
- 399 2. Jabbour HN, RW Kelly, HM Fraser, and HO Critchley. (2006). Endocrine
400 regulation of menstruation. *Endocr Rev.* 27(1):17-46.
- 401 3. McLennan CE and AH Rydell. (1965). Extent of endometrial shedding during
402 normal menstruation. *Obstet Gynecol.* 26(5):605-621.
- 403 4. Gargett CE, RW Chan, and KE Schwab. (2008). Hormone and growth factor
404 signaling in endometrial renewal: role of stem/progenitor cells. *Mol Cell*
405 *Endocrinol.* 288(1-2):22-29.
- 406 5. Padykula HA, LG Coles, JA McCracken, NW King, Jr., C Longcope, and IR
407 Kaiserman-Abramof. (1984). A zonal pattern of cell proliferation and
408 differentiation in the rhesus endometrium during the estrogen surge. *Biol*
409 *Reprod.* 31(5):1103-1118.
- 410 6. Gargett CE, KE Schwab, and JA Deane. (2015). Endometrial stem/progenitor
411 cells: the first 10 years. *Human Reproduction Update.*
- 412 7. Rajaraman G, J White, KS Tan, D Ulrich, A Rosamilia, J Werkmeister, and
413 CE Gargett. (2012). Optimization and Scale-up Culture of Human
414 Endometrial Multipotent Mesenchymal Stromal Cells: Potential for Clinical
415 Application. *Tissue Eng Part C Methods.*
- 416 8. Schwab KE and CE Gargett. (2007). Co-expression of two perivascular cell
417 markers isolates mesenchymal stem-like cells from human endometrium. *Hum*
418 *Reprod.* 22(11):2903-2911.
- 419 9. Wolff EF, X-B Gao, KV Yao, ZB Andrews, H Du, JD Elsworth, and HS
420 Taylor. (2011). Endometrial stem cell transplantation restores dopamine
421 production in a Parkinson's disease model. *Journal of Cellular and Molecular*
422 *Medicine.* 15(4):747-755.
- 423 10. Santamaria X, EE Massasa, Y Feng, E Wolff, and HS Taylor. (2011).
424 Derivation of Insulin Producing Cells From Human Endometrial Stromal Stem
425 Cells and Use in the Treatment of Murine Diabetes. *Mol Ther.*
- 426 11. Spitzer TLB, A Rojas, Z Zelenko, L Aghajanova, DW Erikson, F Barragan, M
427 Meyer, JS Tamaresis, AE Hamilton, JC Irwin, and LC Giudice. (2012).
428 Perivascular Human Endometrial Mesenchymal Stem Cells Express Pathways
429 Relevant to Self-Renewal, Lineage Specification, and Functional Phenotype.
430 *Biology of Reproduction.* 86(2):58, 51-16.
- 431 12. Chan RW, KE Schwab, and CE Gargett. (2004). Clonogenicity of human
432 endometrial epithelial and stromal cells. *Biol Reprod.* 70(6):1738-1750.
- 433 13. Khan KN, A Fujishita, M Kitajima, H Masuzaki, M Nakashima, and J
434 Kitawaki. (2016). Biological differences between functionalis and basalis
435 endometria in women with and without adenomyosis. *European Journal of*
436 *Obstetrics & Gynecology and Reproductive Biology.* 203:49-55.
- 437 14. Xiang L, RW Chan, EH Ng, and WS Yeung. (2014). Nanoparticle labeling
438 identifies slow cycling human endometrial stromal cells. *Stem Cell Res Ther.*
439 5(4):84.
- 440 15. Garry R, R Hart, KA Karthigasu, and C Burke. (2009). A re-appraisal of the
441 morphological changes within the endometrium during menstruation: a

- 442 hysteroscopic, histological and scanning electron microscopic study. *Human*
443 *Reproduction*. 24(6):1393-1401.
- 444 16. Gaide Chevronnay HlsP, C Selvais, H Emonard, C Galant, E Marbaix, and P
445 Henriët. (2011). Regulation of matrix metalloproteinases activity studied in
446 human endometrium as a paradigm of cyclic tissue breakdown and
447 regeneration. *Biochimica et Biophysica Acta (BBA) - Proteins &*
448 *Proteomics*. 1824(1):146-156.
- 449 17. Ferenczy A, G Bertrand, and MM Gelfand. (1979). Proliferation kinetics of
450 human endometrium during the normal menstrual cycle. *Am J Obstet Gynecol*.
451 133(8):859-867.
- 452 18. Ferenczy A and C Bergeron. (1991). Histology of the human endometrium:
453 from birth to senescence. *Ann N Y Acad Sci*. 622:6-27.
- 454 19. Gargett CE, KE Schwab, RM Zillwood, HP Nguyen, and D Wu. (2009).
455 Isolation and culture of epithelial progenitors and mesenchymal stem cells
456 from human endometrium. *Biology of Reproduction*. 80(6):1136-1145.
- 457 20. Padykula HA, LG Coles, WC Okulicz, SI Rapaport, JA McCracken, NW King,
458 Jr., C Longcope, and IR Kaiserman-Abramof. (1989). The basalis of the
459 primate endometrium: a bifunctional germinal compartment. *Biol Reprod*.
460 40(3):681-690.
- 461 21. Bonatz G, W Klapper, A Barthe, K Heidorn, W Jonat, G Krupp, and R
462 Parwaresch. (1998). Analysis of telomerase expression and proliferative
463 activity in the different layers of cyclic endometrium. *Biochem Biophys Res*
464 *Commun*. 253(2):214-221.
- 465 22. Starzinski-Powitz A, A Zeitvogel, A Schreiner, and R Baumann. (2001). In
466 search of pathogenic mechanisms in endometriosis: the challenge for
467 molecular cell biology. *Curr Mol Med*. 1(6):655-664.
- 468 23. Gargett C. (2007). Uterine stem cells: What is the evidence? *Human*
469 *Reproduction Update*. 13(1):87 - 101.
- 470 24. Chan RWS, EHY Ng, and WSB Yeung. (2011). Identification of Cells with
471 Colony-Forming Activity, Self-Renewal Capacity, and Multipotency in
472 Ovarian Endometriosis. *The American Journal of Pathology*. 178(6):2832-
473 2844.
- 474 25. Gargett CE, KE Schwab, JJ Brosens, P Puttemans, G Benagiano, and I
475 Brosens. (2014). Potential role of endometrial stem/progenitor cells in the
476 pathogenesis of early-onset endometriosis. *Molecular Human Reproduction*.
477 20(7):591-598.
- 478 26. Kao AP, KH Wang, CC Chang, JN Lee, CY Long, HS Chen, CF Tsai, TH
479 Hsieh, and EM Tsai. (2011). Comparative study of human eutopic and ectopic
480 endometrial mesenchymal stem cells and the development of an in vivo
481 endometriotic invasion model. *Fertil Steril*. 95(4):1308-1315 e1301.
- 482 27. Barragan F, JC Irwin, S Balayan, DW Erikson, JC Chen, S Houshdaran, TT
483 Piltonen, TL Spitzer, A George, JT Rabban, C Nezhat, and LC Giudice.
484 (2016). Human Endometrial Fibroblasts Derived from Mesenchymal
485 Progenitors Inherit Progesterone Resistance and Acquire an Inflammatory
486 Phenotype in the Endometrial Niche in Endometriosis. *Biol Reprod*. 94(5):118.

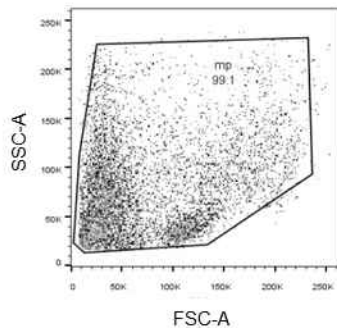




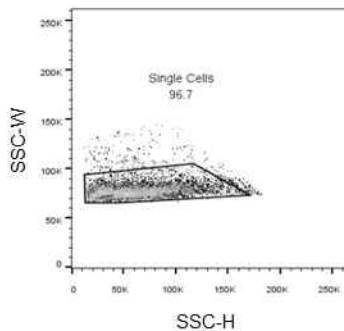




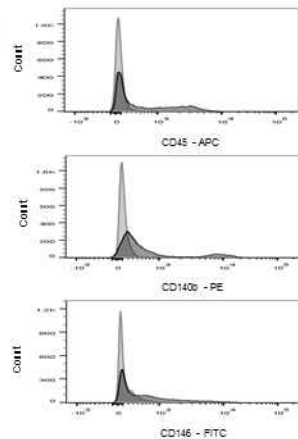
A



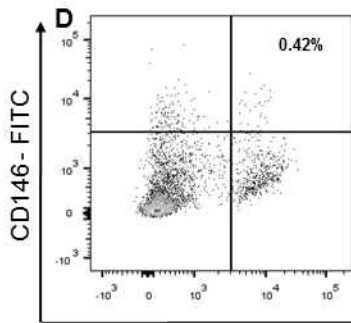
B



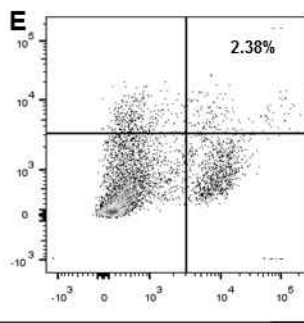
C



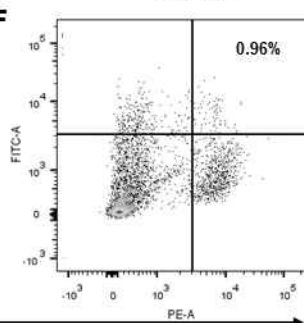
D



E

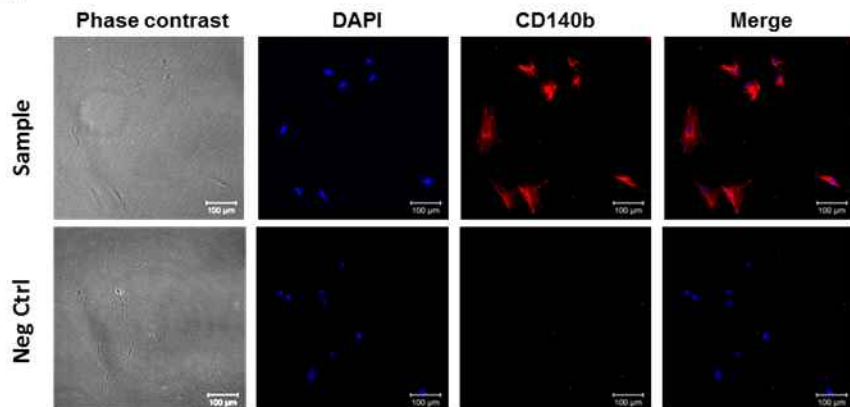


F

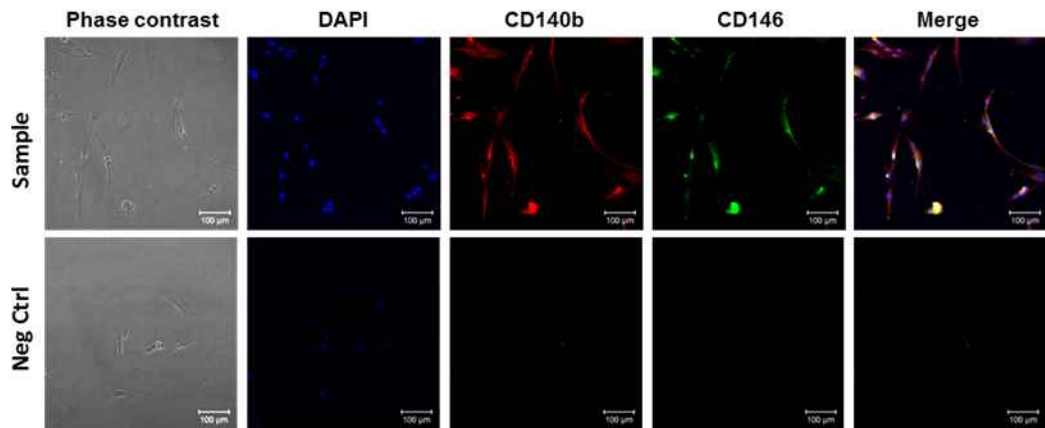


CD140b-PE

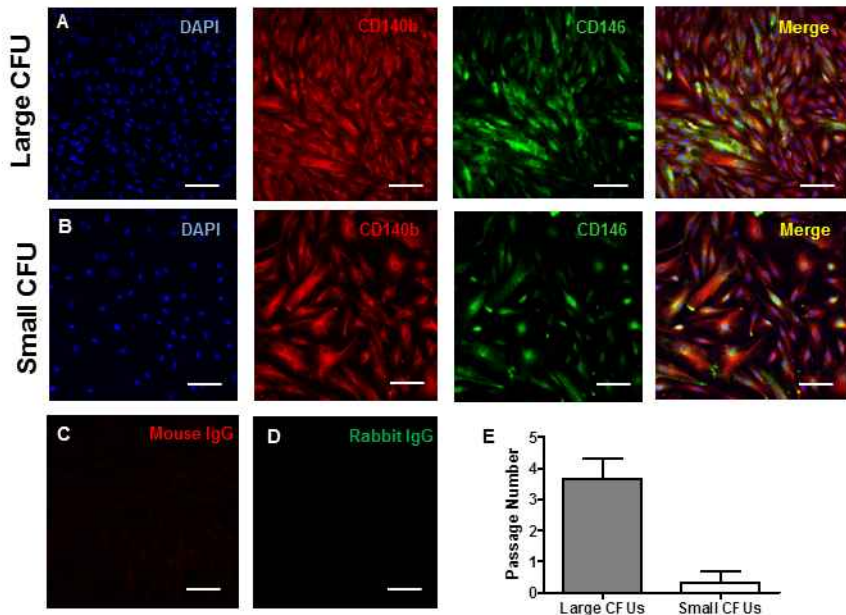
A



B



Xu et al – Supplementary Fig S3



Supplementary Table S1 - Pathological Characteristic of Full Thickness Endometrial Samples

	Age	Menstrual Phase	Pathology
1	47	proliferative	leiomyomas
2	47	proliferative	leiomyomas
3	45	proliferative	leiomyomas
4	44	proliferative	leiomyomas
5	41	proliferative	adenomyosis
6	41	proliferative	adenomyosis + leiomyomas
7	40	proliferative	leiomyomas
8	48	proliferative	leiomyomas
9	43	proliferative	leiomyomas
10	47	proliferative	adenomyosis
11	47	proliferative	leiomyomas
12	45	proliferative	adenomyosis + leiomyomas
13	48	proliferative	leiomyomas
14	41	proliferative	leiomyomas
15	44	secretory	leiomyomas
16	50	secretory	leiomyomas
17	48	secretory	adenomyosis
18	44	secretory	leiomyomas
19	43	secretory	leiomyomas
20	45	secretory	leiomyomas
21	42	secretory	leiomyomas
22	40	secretory	leiomyomas
23	48	secretory	adenomyosis + leiomyomas
24	48	secretory	leiomyomas
25	46	secretory	leiomyomas
26	40	secretory	leiomyomas
27	36	secretory	leiomyomas
28	35	secretory	leiomyomas
29	36	secretory	leiomyomas
30	37	secretory	leiomyomas

Supplementary Table S2 – Age of Menstruation Samples

	Age	Menstrual Phase
1	39	Menstrual
2	31	Menstrual
3	40	Menstrual
4	40	Menstrual
5	38	Menstrual
6	38	Menstrual
7	37	Menstrual
8	32	Menstrual
9	34	Menstrual
10	39	Menstrual
11	33	Menstrual