

Table 3

Summary of Moderation Models on Anxiety, Depression, PTSD, Sexual Concerns, Dissociation and Anger.

Dependent variable	b1 (SE)	b2 (SE)	b3 (SE)	R ²	R ² Change
Anxiety (<i>n</i> = 236)	2.83** (.68)	-.17** (.03)	.31** (.11)	.34**	.02**
Depression (<i>n</i> = 236)	1.89** (.61)	-.21** (.03)	.04 (.10)	.31**	.00
PTSD (<i>n</i> = 237)	3.60** (.89)	-.30** (.04)	.10 (.14)	.35**	.00*
Sexual Concerns (<i>n</i> = 235)	4.80** (.96)	-.12* (.04)	.20 (.15)	.20**	.01*
Dissociation (<i>n</i> = 237)	2.26* (.80)	-.24** (.03)	-.04 (.12)	.25**	.00
Anger (<i>n</i> = 237)	3.89** (.77)	-.15** (.03)	.39**	.21**	.04**

Note. Mindfulness was mean-centered prior to analyses. b1 = Direct effect of CSA on dependent variables at the average mindfulness level. b2 = Direct effect of mindfulness on dependent variables when no CSA. b3 = Changes in the effect of CSA on dependent variables when mindfulness increases by one standard deviation (moderation effect). Controlling for gender in all analyses.

* $p < .05$, ** $p < .01$