

1 Influence of dietary protein / lipid ratio and fish oil substitution on fatty acid composition and  
2 metabolism of Atlantic salmon (*Salmo salar*) reared at summer water temperatures

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18 *Running title: Protein level and oil source in salmon diets*

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21 *Keywords: Atlantic salmon; Rapeseed oil; Polyunsaturated fatty acids (PUFA);  $\beta$ -oxidation*

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24 *Abbreviations: DE: digestible energy; DP digestible protein; FCR: feed conversion ratio; FM: fish*  
25 *meals; FO: fish oil; HUFA: highly unsaturated fatty acid; PPV: protein productive value; RO:*  
26 *rapeseed oil; SGR: specific growth rate; TGC: thermal growth coefficient; VO: vegetable oil*

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28

## 29 **Abstract**

30 A factorial, two-way, experimental design was used for this 10-week nutritional trial, aiming  
31 to elucidate the interactive effects of decreasing dietary protein/lipid level and substitution of fish  
32 oil (FO) with rapeseed oil (RO) on tissue fatty acid (FA) composition and metabolism of large  
33 Atlantic salmon (*Salmo salar* L.) reared at summer water temperatures (11.6 °C). The six  
34 experimental diets were isoenergetic and formulated to include either fish oil (FO) or rapeseed oil  
35 (RO - 60% of the added oil) at three dietary protein/lipid levels, specifically 350 g/kg / 350 g/kg,

36 330 g/kg / 360 g/kg and 290 g/kg / 380 g/kg of protein/lipid. Final weight, SGR and TGC were  
37 positively affected by the dietary RO inclusion at the expense of FO, while no significant effects  
38 were seen on growth due to the decreasing protein level. The oil source had a significant effect on  
39 muscle and liver FA composition. However, the changes in muscle and liver FA indicate selective  
40 utilization or retention of individual FA and moderate reductions in tissue EPA and DHA. Pyloric  
41 caeca phospholipid FA composition was significantly affected by the two factors and, in some  
42 cases, significant interactions were also revealed. Liver and red muscle  $\beta$ -oxidation capacities were  
43 significantly increased due to RO inclusion, while an interactive effect of the protein level and the  
44 oil source was shown for the white muscle  $\beta$ -oxidation capacity. The results could explain, at least  
45 partially, the better performance that was shown for the RO groups and the enhanced protein  
46 sparing effect.

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48

## 49 **Introduction**

50 In recent years, one of the main research topics in aquaculture nutrition has been the  
51 replacement of fish meals (FM) and fish oils (FO) in the diets for fish exploiting alternative sources  
52 for protein and lipid, respectively. The use of FM and FO in fish nutrition, especially in the  
53 intensive culture of carnivorous species such as Atlantic salmon has been common practice for  
54 years and, to a great extent, still is today. This is because they constitute excellent sources of  
55 essential amino acids and fatty acids (FA), and especially of highly unsaturated fatty acids  
56 (HUFA)<sup>(1-3)</sup>. However, the need for reduction in the consumption of these commodities in aqua  
57 feeds is required for a number of reasons, including environmental and economic concerns,  
58 including sustainability issues, price increases etc<sup>(4-8)</sup>. In addition, there are issues regarding the  
59 quality of the final product, as there is a potential risk of contamination of FM and FO with organic  
60 pollutants<sup>(9-13)</sup>.

61 Numerous commodities have been successfully tested as alternatives to FM and FO. In the  
62 case of FO replacement, vegetable oils (VO), including rapeseed oil (RO), have been included,  
63 either as single replacements or as part of VO blends. The effects of such dietary alterations have  
64 been recently reviewed<sup>(13-15)</sup> and can be summarized as causing no detrimental effects on growth  
65 and feed utilization<sup>(16-22)</sup> or notably, in some cases enhancing growth<sup>(21,23,24)</sup>. However, the dietary  
66 inclusion of RO at expense of FO leads to significant changes in tissue FA compositions, which  
67 reflect the FA compositions of the diets, and FA metabolism, including  $\beta$ -oxidation. It should be  
68 noted that RO's content of 18:2n-6 and 18:3n-3 is moderate and at a ratio of 2:1 and thus, should  
69 result only in modest deposition of these FA in fish tissues and, perhaps, enhance the endogenous  
70 conversion of 18:3n-3 to 20:5n-3 and 22:6n-3. Also, RO contains high levels of monounsaturated

71 FA, especially 18:1n-9, which are preferred substrates for energy production by Atlantic salmon  
72 and hence, growth rates of the fish should not be compromised<sup>(16,25-27)</sup>. Alterations of fish tissue FA  
73 profile are of importance given the role of HUFA and especially EPA and DHA, to human health  
74 and the increasing demand of consumers for nutritious and health promoting products<sup>(13)</sup>. Fish are  
75 unique sources of these FA and hence, their nutritional characteristics should not be compromised.

76 However, there are issues regarding FM and FO replacement in fish diets which remain  
77 unclear. For instance, the authors of the afore mentioned reviews have pointed out that the  
78 simultaneous reduction of both FM and FO could be challenging due to the expected reduction in  
79 essential FA and amino acids.

80 In those terms, the investigation of the replacement of FO with a vegetable oil like RO, with  
81 a concurrent reduction of FM is of considerable interest. The use of energy dense diets can be a  
82 potentially useful approach towards the reduction of FM, as such diet formulations, require less  
83 protein by exploiting lipids for energy production and hence, can be potentially advantageous for  
84 the nutrition of carnivorous species, like Atlantic salmon<sup>(28,29)</sup>. Research findings agree that these  
85 diets are performing well in terms of the fish growth and feed utilization, while a sparing effect on  
86 protein by increased dietary oil has also been shown<sup>(23,24,30-34)</sup>. However, in most of these studies  
87 relatively high dietary protein/lipid levels were used and, hence, how much protein reduction can  
88 occur, without performance loss, still needs to be elucidated. Moreover, the dietary protein/lipid  
89 content and the FO replacement with RO, affect tissue FA composition and FA metabolism,  
90 including catabolism via  $\beta$ -oxidation which influences fish growth, while other interactions may  
91 also occur<sup>(14,23,24,35)</sup>.

92 In an earlier trial we investigated the interactive effects of the dietary protein/lipid ratio and  
93 the inclusion of RO at the expense of FO in the diets of salmon in cold (winter) water  
94 temperatures<sup>(24)</sup>. The results of that study showed a positive effect on fish growth, as well as a  
95 protein sparing effect but also changes in tissues FA composition. Given that, water temperature is a  
96 key-factor in fish nutrition and FA retention and metabolism<sup>(36)</sup>, the impact of even lower dietary  
97 protein/lipid ratios and different lipid sources, in Atlantic salmon reared at high (summer) water  
98 temperatures is of considerable interest. Moreover, the positive effects of RO inclusion on growth  
99 have been associated with changes in the digestibility of FA. The uptake and digestibility of lipids  
100 and ultimately the utilization of diets could be affected by the intestine phospholipid FA  
101 composition and the consequent alterations occurring due to dietary FA changes, especially when  
102 high lipid diets are used.

103 Hence, the aim of this study was to elucidate the interactive effects of FO replacement with  
104 RO at various dietary protein/lipid ratios on tissue FA compositions and metabolism, including FA

105  $\beta$ -oxidation and phospholipid FA compositions of pyloric caeca, of large Atlantic salmon at high  
106 water temperatures.

107

## 108 **Materials and methods**

### 109 *Fish and facilities*

110 The 10 week feeding trial was carried out at the Fjord Research Station AS (Helgeland,  
111 Dønna, Norway, 66°N) using Atlantic salmon (*Salmo salar*) of initial mean weight of 2053g.  
112 Eighteen sea cages of 125 m<sup>3</sup> (5x5x5m) were used with approximately 93 fish randomly distributed  
113 in each cage. Prior to the experiment the fish were acclimatised to the trial cages for 63 days at  
114 12°C, being fed a commercial diet from BioMar AS (9 mm; 360 g/kg protein and 350 g/kg fat).  
115 During the experimental period the average water temperature was 11.6 ± 1.1 °C and the salinity  
116 32.5 ± 0.4 g L<sup>-1</sup>, while the fish were subjected to natural photoperiod. Mortalities were recorded and  
117 dead fish were removed daily. Experimental procedures complied with the Norwegian code of  
118 practice for the care and use of animals for scientific purposes. There are no aspects of this trial that  
119 would cause aggravated or unnecessary harm or stress to the fish involved.

120

### 121 *Experimental diets and feeding*

122 Following a factorial (two-way 3x2) experimental design, six diets were formulated at three  
123 different dietary protein/fat levels and two different levels of FO substitution. Regarding the  
124 protein/lipid level the diets contained 350 g/kg / 350 g/kg (high protein - HP), 330 g/kg / 360 g/kg  
125 (medium protein - MP) and 290 g/kg / 380 g/kg (low protein - LP). For the oil source, FO or RO  
126 were used within each dietary protein/fat level, where crude RO comprised 60% of the total added  
127 oil in the RO diets, the remainder being FO. All diets were isoenergetic (gross energy, GE 25 kJ g<sup>-1</sup>).  
128 The diets were formulated to meet all known nutritional requirements of salmonid fish<sup>(3)</sup> and  
129 were produced as practical-type extruded pellets (9 mm) at the BioMar TechCentre (Brande, DK).  
130 The ingredients, proximate and fatty acid compositions of the experimental diets are shown in  
131 Tables 1 and 2, respectively. Feeding was carried out by hand to satiation on a daily basis, including  
132 two daily meals with a minimum of 4 hours between them. A lift-up system was used to collect  
133 uneaten feed, which was recorded for accurate calculations of feed intake and FCR.

134

### 135 *Sampling procedure*

136 At the start of the trial the fish were bulk weighed. At the end (10th week) the fish were  
137 individually weighed after being anaesthetized in MS-222 (metacain, 8mg/L). At the end of the trial  
138 another three fish per cage were sampled at random for lipid and fatty acid composition of muscle,  
139 liver and pyloric caeca phospholipids and for  $\beta$ -oxidation determination. Fish were killed with a

140 sharp blow to the head and samples of liver and pyloric caeca were dissected and immediately  
141 frozen in liquid nitrogen. Muscle samples, representative of the edible portion, were obtained by  
142 cutting a steak between the dorsal and ventral fins (NQC), which were then skinned, de-boned and  
143 homogenized. For  $\beta$ -oxidation determination samples of liver, red and white muscle were taken  
144 separately and immediately frozen in liquid nitrogen. Samples from the six experimental diets were  
145 also taken to determine proximate and FA compositions. All samples were kept at -20 °C until  
146 further analysis.

147

#### 148 *Lipid extraction and fatty acid analyses*

149 Total lipids of tissues and diet samples were extracted by homogenization in 20 volumes of  
150 chloroform/methanol (2 : 1, v/v) containing butylated hydroxytoluene (0.01% w/w, BHT) as  
151 antioxidant<sup>(37)</sup>. Fatty acid methyl esters (FAME) were prepared from total lipid by acid-catalysed  
152 transesterification using 2 mL of 1% H<sub>2</sub>SO<sub>4</sub> in methanol plus 1 mL toluene, as described by  
153 Christie<sup>(38)</sup>, and FAME extraction and purification as described by Tocher & Harvie<sup>(39)</sup>. FAME  
154 were separated and quantified by gas-liquid chromatography (Carlo Erba Vega 8160, Milan, Italy)  
155 using a 30 m x 0.32 mm capillary column (CP wax 52CB; Chrompak Ltd., London, UK). The  
156 carrier gas was hydrogen and the temperature programming used was from 50 to 150 °C at 40 °C  
157 min<sup>-1</sup> and then to 225 °C at 2 °C min<sup>-1</sup>. Individual methyl esters were identified by comparison with  
158 known standards and by reference to published data<sup>(40)</sup>.

159 In the case of phospholipid FA composition of pyloric caecae, a phospholipid (PL) fraction  
160 was prepared from 0.5 mg of total lipid applied to a 20 x 20 cm silica gel 60 TLC plate (VWR,  
161 Lutterworth, England) and developed in iso-hexane/diethyl ether/acetic acid (80:20:1 v/v/v) and  
162 dried for a few minutes at room temperature. The plate was sprayed lightly with 2, 7,  
163 dichlorofluorescein (0.1% w/v) in 97% methanol (v/v) and the PL bands on the origin scraped from  
164 the plate and placed in a 15 ml test tube. FAME were prepared by acid-catalysed transesterification  
165 in 2 ml of 1% H<sub>2</sub>SO<sub>4</sub> in methanol at 50°C overnight<sup>(38)</sup>. The samples were neutralised with 2.5 ml of  
166 2% KHCO<sub>3</sub> and extracted with 5 ml isohexane/diethyl ether (1:1 v/v) + BHT. The samples were  
167 then re-extracted with 5 ml isohexane/diethyl ether (1:1) and the combined extracts dried and  
168 dissolved in 0.3 ml of isohexane prior to fatty acid analysis.

169

#### 170 *Peroxisomal $\beta$ -oxidation capacity*

171 Liver and red and white muscle were weighed and homogenized in 20% (w/v) ice-cold  
172 buffered sucrose solution containing 0.25M sucrose, 0.04M potassium phosphate buffer (pH 7.4),  
173 0.15M KCl, 40mM KF and 1mM N-acetyl cysteine. The resulting total homogenates were then  
174 centrifuged at 1880 × g for 10 min at 2°C. The resulting post-nuclear fractions were collected, and

175 portions were used immediately to determine  $\beta$ -oxidation capacity. The latter was determined as  
176 acid-soluble products using radiolabelled [1- $^{14}\text{C}$ ]-palmitoyl-CoA as a substrate as described by  
177 Frøyland *et al* <sup>(41)</sup>.

178 Briefly, 250  $\mu\text{L}$  of assay medium were added to 2ml eppendorf tubes. Then 10  $\mu\text{L}$  of [1-  
179  $^{14}\text{C}$ ]palmitoyl-CoA substrate (0.1  $\mu\text{Ci}/100 \mu\text{M}$ ) were added to each tube. The samples were pre-  
180 incubated at room temperature for 2 min. The reaction was started by the addition of homogenate  
181 (30-50  $\mu\text{l}$  for liver and red muscle and 300-500  $\mu\text{l}$  for white muscle, homogenized in 20% (w/v) ice-  
182 cold buffered sucrose solution as described above) and the reaction continued for 10 min. The  
183 reaction was stopped by addition of 150  $\mu\text{L}$  of 1.5 M KOH. Then 25  $\mu\text{L}$  FAF-BSA (100mg/ml)  
184 were added, the tubes were vortexed and 500  $\mu\text{L}$  of ice-cold 4M  $\text{HClO}_4$  (perchloric acid) were  
185 added. The tubes were centrifuged at 1880 x g for 10 min. Aliquots of 500  $\mu\text{L}$  were placed in  
186 scintillation vials, 2.5 ml of scintillant added and the radioactivity determined in a scintillation  
187 counter. The protein content of the samples was determined according to the Lowry method<sup>(42)</sup>.

188

#### 189 *Calculations and statistical analysis*

190 The following formulae were applied to the data:

191 Feed Conversion Ratio (FCR) = feed intake (g) x wet weight gain<sup>-1</sup> (g)

192 Specific Growth Rate (SGR, %/day) = 100 x  $[\ln W_1 - \ln W_0]$  x (days)<sup>-1</sup>

193 Thermal Growth Coefficient (TGC, x 1000) = 1000 x  $[(W_1)^{1/3} - (W_0)^{1/3}]$  x (days x Temp. °C)<sup>-1</sup>

194 Protein productive value (PPV, g protein gain x g protein ingested<sup>-1</sup>) =  $[(P_1 W_1 - P_0 W_0) \times (P_F \times$   
195 cumulative feed intake)<sup>-1</sup>]

196 where  $W_0$  and  $W_1$  are the initial and final fish mean weights in grams,  $P_0$  and  $P_1$  are the initial and  
197 final protein concentrations of the fish,  $P_F$  is the protein concentration of the feed on a dry matter  
198 basis, and cumulative feed intake was determined in grams on a dry matter basis.

199 Factorial (two-way) ANOVA was used to analyse the effects of the protein/fat ratio (protein  
200 level), dietary RO inclusion (oil source) and their interactions on FA composition of tissues and  $\beta$ -  
201 oxidation. When the interaction of the two factors was significant, multiple comparison testing was  
202 performed for both factors to investigate the simple main effects, that is the main effect of one  
203 factor at a given level of the other, while the main effects were not taken into account<sup>(43)</sup>. Data  
204 which were identified as non-homogeneous (Levene's test) were subjected to square root, log or  
205 arcsin transformation before analysis. Differences were regarded as significant when  $P < 0.05$ <sup>(43)</sup>.  
206 All the data are presented as means  $\pm$  SD (n = 3) and all statistical analyses were performed using  
207 SPSS 14.0 (SPSS Inc, 2005). The graphs were created using Prism 4 (Graphpad Software Inc., San  
208 Diego, USA).

209

## 210 **Results**

### 211 *Diet proximate and fatty acid composition*

212 The analysed protein / lipid content of the diets, was 349 g/kg / 350 g/kg, 333 g/kg / 358  
213 g/kg, 293 g/kg / 384 g/kg for HP, MP and LP, respectively (Table 1). The Digestible Protein /  
214 Digestible Energy (DP/DE) ratio was 14.5, 13.5 and 12.3 for the HP, MP and LP diets, respectively;  
215 DP and DE were calculated using the ADC values for protein and energy found in this trial  
216 (Karalazos et al., 2010 Aquaculture, submitted for publication). The diets contained either 100% FO  
217 or a blend of 40% FO and 60% RO with a consequential effect on the total lipid FA profiles (Table  
218 2). Briefly, the FO diets contained approximately 36% total saturated FA, largely 16:0 (approx.  
219 20%), except for the HP-FO diet which had a slightly higher total saturated FA content (40.4%).  
220 The total monoenes were 26%, predominantly 18:1n-9 and 16:1n-7. The total n-6 PUFA were low  
221 (4.5%), half of which was 18:2n-6. Lastly, the total n-3 PUFA were as high as 32%, mainly as EPA  
222 and DHA (18.5% and 8%, respectively). The 60% inclusion of RO resulted in the reduction of 16:0,  
223 and consequently of the total saturated FA, by half, compared to the FO diets. The total monoenes  
224 almost doubled, largely due to the high amount of 18:1n-9 (38.5%). The total n-6 PUFA in the RO  
225 diets increased 3-fold, up to 14%, mainly as 18:2n-6 (13% of total FA). EPA decreased by 70% and  
226 DHA by more than half (values were 6% and 3%, respectively) and hence the total n-3 PUFA were  
227 reduced by half (17%). The n-3/n-6 PUFA ratio was 7 and 1.2 for the FO and RO diets,  
228 respectively.

229

### 230 *Growth*

231 At the beginning of the trial fish had a mean weight of 2053g. At the end of the trial all  
232 groups showed good performance, mean weight ranging from 3340.2g to 3664.2g, for HP-RO and  
233 MP-RO, respectively (Table 3). The oil source had a significant effect (two-way ANOVA,  $P <$   
234 0.05) on growth; specifically fish fed the RO diets had higher final weight, SGR and TGC  
235 compared to fish fed the FO diets. There was no significant effect due to the protein level and no  
236 significant interactions were shown. FCR was not affected by any of the factors and varied from  
237 0.99 to 1.10. Lastly, PPV was significantly affected by both factors. LP diets had significantly  
238 higher PPV than the other two groups (0.41, 0.43 and 0.47, for HP, MP and LP, respectively), while  
239 the RO groups had higher PPV compared to the FO groups (0.42 vs. 0.46, for FO and RO,  
240 respectively). These results are described in detail in Karalazos et al., 2010 Aquaculture, submitted  
241 for publication.

242

243 *Tissue fatty acid compositions*

244 The total lipid content and the fatty acid composition of muscle and liver from fish fed the  
245 six experimental diets for 10 weeks are shown in Table 4 and 5, respectively. The muscle total lipid  
246 varied from 138.0 to 156.5 mg lipid g<sup>-1</sup> tissue. The liver lipid content was much lower, compared to  
247 that of muscle, ranging from 50.1 to 64.9 mg lipid g<sup>-1</sup> tissue. Neither the dietary protein level nor  
248 the RO inclusion affected the muscle and liver lipid contents and no significant interactions were  
249 shown by two-way ANOVA.

250 Regarding the FA composition of muscle and liver, they were significantly affected by the  
251 RO but not by the protein level and no significant interactions between the two factors were shown.  
252 Specifically, the inclusion of RO resulted in a significant increase of 18:1n-9, total monoenes,  
253 18:2n-6, 20:2n-6, total n-6 PUFA and 18:3n-3. On the other hand, all saturates, including total  
254 saturated FA, 16:1n-7, 22:1, AA, EPA, DHA, total n-3 FA and the n-3/n-6 ratio were significantly  
255 reduced when the fish were fed the diets containing RO.

256 Notably in muscle, EPA was reduced by half (10.4 vs. 5.2%, for FO vs. RO, respectively),  
257 while the reduction in DHA was more moderate (7.8 vs. 5.0% for FO vs. RO, respectively). 18:1n-9  
258 increased from 20.9% to 35.1%, 18:2n-6 from 6.6% to 11.6% and 18:3n-3 from 2.0% to 4.6% for  
259 FO and RO groups, respectively. Similarly in liver, EPA was reduced from 16.0% to 9.9% and  
260 DHA from 16.2% to 13.2% for FO and RO groups, respectively. The increase between FO and RO  
261 groups for 18:1n-9, 18:2n-6 and 18:3n-3 was 13.8% vs. 27.9%, 1.9% vs. 7.6% and 0.5% v. 2.9%,  
262 respectively.

263 The differences ( $\Delta$ ) between diet and muscle fatty acid concentrations for the six  
264 experimental diets are shown in Table 6, where negative  $\Delta$  values indicate lower values in muscle  
265 compared with diet, whereas positive values indicate accumulation in tissues relative to diet. Thus,  
266 the saturated FA, ARA, EPA, and the total n-3 PUFA were utilized to a higher extent by the fish fed  
267 the FO diets compared to the RO groups. DHA appeared to be slightly utilized in the FO groups but  
268 was accumulated in the muscle in the RO groups. On the contrary, 18:1n-9, 18:2n-6 and 18:3n-3  
269 were found in higher concentrations in the muscle in the FO groups but were utilised in the RO  
270 groups. Likewise, the differences ( $\Delta$ ) between diet and liver fatty acid concentrations for the six  
271 experimental diets are shown in Table 7. In liver the 14:0 and 16:0 were utilized in all groups,  
272 although lower  $\Delta$  values were found in the FO groups. Similarly to the muscle, 18:1n-9, 18:2n-6  
273 and 18:3n-3 in liver were much more utilized in the RO groups compared to the FO ones. Lastly,  
274 18:0, ARA and DHA were accumulated in liver in all groups.



275

276 *Pyloric caeca phospholipid FA composition*

277 Pyloric caeca phospholipid FA composition (Table 8) was significantly affected mainly by  
278 the dietary oil source, although in some cases a significant main effect due to the protein level,  
279 and/or significant interactions between the two factors were also shown (two-way ANOVA,  $P <$   
280 0.05). Pyloric caeca phospholipid comprised almost half as n-3 PUFA (41.6-49.9%), mainly DHA  
281 and EPA, followed by saturated FA (24.3-30.5%), largely 16:0, and monoenes (15.0-24.0%) while  
282 n-6 PUFA were less than 9% (5.3 -9.0%). DHA was the most abundant FA varying from 18.9% to  
283 25.8% and being affected significantly both by the oil source (FO > RO) and the protein content  
284 (reduced with lower protein content). EPA was also found at high levels (16.1-22.1%) and was  
285 affected significantly by both factors, while significant interactions were also found. As shown in  
286 Figure 1 the RO groups had a significantly lower EPA content at all protein levels, whereas EPA  
287 content was significantly higher for the LP diet compared to HP but only when FO was the oil  
288 source. Regarding total saturated FA there was a significant effect due to the oil source (FO > RO)  
289 and the same pattern was shown for 16:0. Total monoenes, and mainly 18:1n-9 were significantly  
290 increased due to the dietary inclusion of RO. However, significant interactions were found for  
291 18:1n-9 showing an effect of protein content (higher 18:1n-9 level for the LP diet vs. HP and MP)  
292 but only for the RO diets. Total n-6, mainly 18:2n-6, were increased in fish fed the RO diet, while  
293 ARA was decreased. Noticeably, all n-6 FA were at relatively low levels. Significant interactions  
294 were shown for 18:2n-6 resulting in a significantly higher content in fish fed LP diets compared to  
295 HP and MP for the RO diets.

296

297 *Peroxisomal  $\beta$ -oxidation capacity*

298 The peroxisomal palmitoyl-CoA oxidation capacity in liver, red and white muscle is shown  
299 in Table 9. The peroxisomal  $\beta$ -oxidation capacity in liver ranged from 6.6 to 12.5 pmol/min/mg  
300 protein, in red muscle from 26.7 to 36.3 pmol/min/mg protein and in white muscle from 1.1 to 1.6  
301 pmol/min/mg protein. In liver and red muscle  $\beta$ -oxidation capacity was significantly affected by the  
302 oil source ( $P = 0.035$  and  $P = 0.034$  for liver and red muscle, respectively). Specifically, RO  
303 inclusion resulted in significantly higher  $\beta$ -oxidation in both liver (7.2 vs. 9.7, for FO and RO,  
304 respectively) and red muscle (28.2 vs. 33.7, for FO and RO, respectively). However, in white  
305 muscle there was a significant interaction of the two factors (protein level and oil source) and  
306 hence, the simple main effects of the two factors were tested, as demonstrated in Figure 2.  
307 Specifically, the HP group had a significantly higher  $\beta$ -oxidation capacity than MP and LP when  
308 FO was the oil source, whereas in contrast, the  $\beta$ -oxidation capacity in HP was lower than the other  
309 two groups when RO was included in the diet. Regarding the effects of the oil source on  $\beta$ -oxidation

310 capacity at the three protein levels, the ranking was FO > RO for HP, RO > FO for MP while FO  
311 and RO did not significantly differ at LP.

312

## 313 **Discussion**

### 314 *Growth*

315 The effects and interactions of the two factors on growth are thoroughly discussed in  
316 Karalazos et. al. 2010, Aquaculture, submitted form publication. Briefly, it was shown that, in  
317 agreement with previous studies<sup>(23,30-34)</sup> no negative effects on growth and FCR were observed  
318 when the fish were fed with low protein / high lipid diets, even at protein levels below 300 g/kg.  
319 This is much lower than what had been previously tested and of significant importance regarding  
320 the tolerance in low protein diets and the utilization of lipid for energy. Moreover, the dietary  
321 inclusion of RO at expense of FO had a positive effect on final weight, SGR and TGC. Such an  
322 effect had been reported by a couple of studies<sup>(23,24)</sup> and possibly relates to the positive effect of low  
323 n-3 FA diets towards higher growth for large salmon<sup>(21,44)</sup>. This effect is probably explained by the  
324 higher digestibility of the RO, and other VO, FA, and hence better utilization of the dietary oil for  
325 energy by the fish. This theory is confirmed by the digestibility results of the present study  
326 (Karalazos et. al. 2010, Aquaculture, submitted form publication). Moreover, the increased  $\beta$ -  
327 oxidation and the changes in the pyloric caeca phospholipids discussed below could also have  
328 played a significant role.

329 Lastly, a positive effect of increased dietary lipid content on protein retention and, hence, on  
330 protein sparing has been previously reported<sup>(23,24,32,33)</sup> and was also confirmed in the present study  
331 as the LP diets showed a higher PPV. The inclusion of RO at the expense of FO resulted in a  
332 positive effect on PPV, also. The potential effects of dietary VO in protein sparing in fish are  
333 largely unknown, however the results of the present study are supported by the increased  $\beta$ -  
334 oxidation capacity that was shown in tissues of Atlantic salmon fed with RO diets compared to the  
335 FO diets. The results showing increased catabolism of FA for energy production may suggest a  
336 protein sparing effect. The  $\beta$ -oxidation results are discussed further below.

337

### 338 *Tissue fatty acid composition*

339 Tissue total lipid FA composition reflects the FA composition of the diet, usually following  
340 linear correlations between the concentrations of individual FA in the diet and the  
341 tissues<sup>(16,17,19,21,24,45,46)</sup>. The results of the present study are in agreement with the previous studies  
342 showing a reduction in saturated FA, 16:1n-7, 20:4n-6, EPA, DHA and n-3/n-6 ratio, respective to  
343 the reductions in the dietary FA, with inclusion of RO. Similarly, the increase of 18:1n-9, 18:2n-6  
344 and 18:3n-3 in the diets containing RO, compared to the FO diets, was reflected in muscle and liver

345 FA. It is clear that, since the FA compositions of the diets were affected by the oil source only, the  
346 changes in the muscle and liver FA compositions were also due to the dietary RO inclusion and, as  
347 expected, the dietary protein level had no significant effect on the tissue FA composition.

348         The changes in muscle and liver FA indicate selective utilization or retention of individual  
349 FA. It has been shown previously that when specific FA are in abundance in the diets they are  
350 selectively utilized for energy production, via  $\beta$ -oxidation, and perhaps to a lesser extent for  
351 desaturation and elongation. In contrast, when FA, and especially n-3 HUFA, are limited in the diet  
352 they are retained or deposited in the tissues<sup>(16,17,19)</sup>. For example, in the present study 18:1n-9 was  
353 increased almost 4-fold, 18:2n-6 more than 5-fold and 18:3n-3 9-fold in the diets when FO was  
354 replaced with RO, however the respective increases in muscle were less than or around 2-fold for  
355 all of the above FA, while in liver it was approx. 2-fold for 18:1n-9, less than 4-fold for 18:2n-6 and  
356 less than 6-fold for 18:3n-3, indicating selective utilization of these FA in the RO groups. On the  
357 other hand, although the reduction of EPA and DHA was more than 60% in the RO diets the  
358 decrease in muscle was approximately 50% for EPA and 35% for DHA, while in liver the reduction  
359 was approximately 35% for EPA and 20% for DHA indicating a selective retention of these FA in  
360 the tissues when the dietary supply was reduced. These results are also supported by the  $\Delta$  values  
361 for muscle and liver, that is the differences between diet and tissue fatty acid concentrations. It was  
362 shown that, when provided at high concentrations, 18:1n-9, 18:2n-6 and 18:n-3 were highly utilised  
363 in both muscle and liver and EPA and DHA were accumulated in the tissues when dietary supply  
364 was reduced. In other animals, the selective retention of essential FA in specific tissues is believed  
365 to occur by a mechanism of reacylation of sn-2-monoacylglycerols by hepatic microsomal activity  
366 of monoacylglycerol acyltransferase (MGAT), during lipolysis<sup>(47)</sup>. However, the moderate  
367 reductions of EPA and DHA shown in the present study may also be partially affected by the  
368 enhanced endogenous desaturation and elongation of dietary 18:3n-3<sup>(48-50)</sup>.

369         Furthermore, it is noteworthy that the results of the present trial suggest that the inclusion of  
370 RO up to 60%, at the expense of FO, in diets of Atlantic salmon at various dietary protein / lipid  
371 levels caused only moderate reductions in tissue EPA and DHA. This was also shown by Karalazos  
372 et al<sup>(24)</sup> where fish were reared at low water temperatures. Reductions in n-3 HUFA affect the  
373 quality of the final product, compromise its high nutritional value for the human consumer and  
374 should be avoided<sup>(13)</sup>. Hence, such results, leading to moderate reductions of EPA and DHA, are  
375 promising for the use of VO in commercial diets, although the present trial was conducted over a  
376 short time period, which could have masked the full extent of the FA changes that could occur over  
377 the whole production cycle of salmon.

378

379 *Pyloric caeca phospholipid FA composition*

380 Phospholipids are of importance in lipid digestion in fish, playing a significant role in the  
381 structure of cell membranes, of lipoproteins for the transport of lipids in the blood and lymph and  
382 also in forming intra-luminal mixed micelles along with bile salts and dietary lipids<sup>(51)</sup>.  
383 Phospholipids in fish contain mainly 16:0 and 18:1n-9 at the sn-1 position and 20:5n-3 and 22:6n-3  
384 at the sn-2 position<sup>(26)</sup>. Hence, the intestine phospholipid FA composition and the consequent  
385 alterations occurring due to dietary FA changes may affect the uptake and digestibility of lipids and  
386 ultimately the utilization of diets, especially when high lipid diets are used. Pyloric caeca is a major  
387 site in the intestine duct for nutrient uptake and the most significant section for lipid uptake after  
388 their digestion<sup>(52)</sup>. In the present study focus was given to the interactive effects of the protein/lipid  
389 level and oil source in the FA composition of pyloric caeca.

390 In the present study it was shown that, regardless of the dietary treatment, n-3 PUFA was the  
391 major FA group in pyloric caeca phospholipids, consisting mainly of DHA and EPA, followed by  
392 saturated FA, largely 16:0, and monoenes (15.0-24.0%) while n-6 PUFA were less than 9% (5.3 -  
393 9.0%), which is in accordance with previous reports<sup>(26)</sup>. The high abundance of these FA could  
394 have also been enhanced by their high recovery rate into enterocyte phospholipids<sup>(53,54)</sup>.

395 However, the dietary changes had significant effects on the phospholipids FA, mainly due to  
396 the oil source but also due to protein/lipid level, although to a small extent, while significant  
397 interactions were also observed. Specifically, the dietary inclusion of RO at expense of FO, resulted  
398 in significant reductions of DHA, EPA, 16:0 and 20:4n-6, and significant increases of 18:1n-9 and  
399 18:2n-6. On the other hand, the effect of the protein content was also significant in some cases with  
400 contradicting results, including 18:0 (HP < LP) and DHA (HP > LP). Lastly, significant interactions  
401 of the two factors were also revealed by two-way ANOVA for some FA, including 18:1n-9 and  
402 18:2n-6 with a significant increase due to the protein content (HP > LP) only for the RO groups,  
403 while EPA had a significant decrease due to the protein content (HP < LP) only for the FO groups  
404 (for these FA the effect of the oil source was significant at all protein/lipid levels). These changes  
405 reflected the changes in the dietary FA compositions, similarly to the muscle and liver total lipid FA  
406 compositions, although to a relatively smaller extent. However, altering the relative proportions of  
407 FA in intestine phospholipids, as an effect of the use of vegetable oils in the diets and more  
408 interestingly of the protein/lipid level or the interactive effects of the two factors, is most likely to  
409 affect their structure and consequently their role in the digestion and uptake of lipids and nutrients.  
410 The present study showed that lipid digestibility was improved due to RO inclusion but also (for FO  
411 only) due to low protein/high lipid diets (data presented and discussed in Karalazos et. al. 2010,

412 Aquaculture, submitted for publication). However, the clarification of the exact mechanisms  
413 involved requires further investigation.

414

#### 415 *Peroxisomal $\beta$ -oxidation capacity*

416 The peroxisomal  $\beta$ -oxidation activity was measured in liver, red and white muscle.  
417 Conducting the assay on-site was not possible and hence the samples of tissues had to be frozen on  
418 dry ice and transferred to the Institute of Aquaculture in Scotland where analysis took place.  
419 Therefore, the measurement of the total  $\beta$ -oxidation activity was not possible and the results  
420 obtained represent the peroxisomal  $\beta$ -oxidation capacity. Previous studies in Atlantic salmon have  
421 shown that different tissues/organs have very different  $\beta$ -oxidation capacities as a result of their  
422 unique and different energy requirements, depending on their functions<sup>(55-60)</sup>. In agreement with  
423 that, between the three tissues assessed in the present study, red muscle had the highest  $\beta$ -oxidation  
424 activity and white muscle the lowest. However, it should be noted that the  $\beta$ -oxidation capacities of  
425 these tissues, and the consequent ranking, were expressed on a tissue protein content basis.  
426 Considering that white muscle accounts for more than 60% of the total body mass of Atlantic  
427 salmon, it becomes clear the its role in energy production for the fish is the most significant<sup>(55,56)</sup>.

428 It is well documented that tissue  $\beta$ -oxidation capacities are affected by various factors,  
429 including the diet and especially the dietary FA composition<sup>(50,56,57,60,61)</sup>. Specific FA, such as 16:0,  
430 18:1n-9, 22:1n-11 and 20:1n-9 are readily catabolized, although 18:3n-3, 18:2n-6 and even EPA  
431 and DHA are also good substrates for  $\beta$ -oxidation, especially when provided at high levels<sup>(56,59,62)</sup>.  
432 Hence, dietary changes, incorporating VO, could affect the  $\beta$ -oxidation capacities of tissues.  
433 However, the results of previous studies are contradictory. Tocher et al.<sup>(50)</sup> showed that  $\beta$ -oxidation  
434 capacity was not affected either by the oil content or the oil type in diets of Atlantic salmon. On the  
435 contrary, Stubhaug et al.<sup>(56)</sup> reported that dietary RO inclusion had a positive effect on  $\beta$ -oxidation.  
436 The results of the present study showed a significant increase in liver and red muscle  $\beta$ -oxidation  
437 capacities due to RO inclusion. This could explain, at least partially, the better performance that was  
438 shown for the RO groups and the enhanced protein sparing effect. However, in white muscle an  
439 interactive effect of the protein level and the oil source was shown, suggesting a higher  $\beta$ -oxidation  
440 capacity for the FO groups than the RO ones at the HP level, whereas RO groups had higher values  
441 for the other two protein levels, although the difference was significant only for the MP diet. The  
442 higher  $\beta$ -oxidation capacity of the HP-FO group could be due to the higher content of saturated FA  
443 in that diet, although if the hypothesis is correct it remains unclear why such an effect was not  
444 reflected in the other two tissues.

445

446 **Conclusions**

447 In conclusion, the investigation of the interactive effects of dietary protein/ lipid level and  
448 FO replacement showed that, low protein / high lipid diets can be used safely in large Atlantic  
449 salmon nutrition with regard to the growth and FCR, while the inclusion of RO at the expense of  
450 FO can enhance the growth of the fish by, increased protein sparing and  $\beta$ -oxidation. In terms of the  
451 the tissue FA compositions, they were significantly affected by the RO inclusion reflecting the FA  
452 composition of the diets. However, the reduction in EPA and DHA, resulting from the dietary FA  
453 changes, was only moderate and hence, the impact on the final product quality, in terms of the  
454 nutritional value for the human consumer, was limited. Further studies on the longer term use of  
455 diets are therefore warranted.

456

457 **Acknowledgements**

458 This work was carried out with support from BioMar AS. V. Karalazos was supported by  
459 the State Scholarships Foundation (IKY), Greece.

460 V. K. wrote the manuscript with assistance from all other authors especially J. G. B. and E.  
461 Å. B.; E. Å. B. was responsible for all aspects of the feeding trial, with assistance from V. K. in  
462 sample collection; V. K. was responsible for all aspects of analysis, with assistance and technical  
463 advice for  $\beta$ -oxidation analysis from J. R. D. and D. R. T. All authors read and approved the  
464 findings of the study.

465 None of the authors had a conflict of interest.

466

467

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- 625

626 **List of Figures**

627

628 Figure 1. Means of 18:1n-9 (a) and 20:5n-3 (b) (g/100g total fatty acids) of total phospholipids of  
629 pyloric caeca from Atlantic salmon fed the six experimental diets, in a two-way ANOVA, showing  
630 the effects of the two factors and their interaction.

631 *For each oil source, values denoted with different letters are significantly different; uppercase or*  
632 *lowercase letters correspond to FO or RO, respectively. Within each protein level the significant*  
633 *differences between FO and RO values are marked with an asterisk.*

634

635 Figure 2. Means of the peroxisomal  $\beta$ -oxidation capacity (pmol/min/mg protein) of white muscle  
636 from Atlantic salmon fed the six experimental diets, in a two-way ANOVA, showing the effects of  
637 the two factors and their interaction.

638 *For each oil source, values denoted with different letters are significantly different; uppercase or*  
639 *lowercase letters correspond to FO or RO, respectively. Within each protein level the significant*  
640 *differences between FO and RO values are marked with an asterisk.*

641

642

643

644 **Table 1.** Diet formulations, proximate compositions (g/kg) and energy content (kJ/g) of the six  
 645 experimental diets fed to Atlantic salmon for 10 weeks.

	HP-FO	MP-FO	LP-FO	HP-RO	MP-RO	LP-RO
Component (g/kg)						
Fishmeal*	402	340	268	402	340	268
Oil seed and legume seed meals	181	190	190	181	190	190
Binder	135	130	190	135	130	190
Fish oil	304	330	351	122	132	141
Rapeseed oil <sup>†</sup>	0	0	0	182	198	211
Premixes <sup>‡</sup>	9	10	11	9	10	11
Composition (g/kg)						
Moisture	49	69	69	51	73	67
Dry Matter	951	931	931	949	927	933
Protein	353	338	291	345	328	296
Lipid	350	349	386	351	368	382
Ash	81	75	63	79	73	63
Gross Energy (kJ/g)	25.25	25.22	25.32	25.47	25.41	25.36
DP/DE <sup>§</sup>	15.4	14.0	12.3	13.7	13.0	12.3

646

647 \*South-American, Anchoveta oil

648 <sup>†</sup>European, non-GM, double-low quality rapeseed oil

649 <sup>‡</sup>Vitamin and mineral premixes prepared according to BioMar A/S commercial standards. Includes  
 650 crystalline amino acids and Carophyl pink to provide 40mg/kg astaxanthin (DSM Roche, Basel,  
 651 Switzerland)

652 <sup>§</sup>Digestible Protein/Digestible Energy

653

654

655 **Table 2.** Fatty acid compositions (g/100g total fatty acids) of the six experimental diets fed to  
 656 Atlantic salmon for 10 weeks.

Fatty Acid	HP-FO	MP-FO	LP-FO	HP-RO	MP-RO	LP-RO
14:0	8.8	8.5	8.3	3.4	3.0	2.8
16:0	23.2	20.3	20.2	12.1	10.9	10.2
18:0	5.9	4.9	5.0	3.8	4.3	3.5
20:0	0.6	0.5	0.5	0.7	0.8	0.7
22:0	1.3	1.2	1.2	1.9	2.5	1.7
Total saturates*	40.4	35.9	35.7	22.0	21.7	19.1
16:1n-7	8.0	8.8	8.7	3.3	3.1	3.0
18:1n-9	9.5	10.9	11.3	37.7	37.7	40.0
18:1n-7	3.2	3.3	3.4	3.7	3.0	3.1
20:1n-9	1.5	1.4	1.3	1.6	1.5	1.5
22:1	1.7	1.7	1.5	1.3	1.1	0.9
24:1n-9	0.5	0.5	0.6	0.4	0.4	0.3
Total monoenes <sup>†</sup>	24.7	26.8	27.0	47.9	47.1	49.1
18:2n-6	2.1	2.4	2.7	12.5	13.0	13.8
20:2n-6	0.1	0.2	0.2	0.1	0.1	0.1
20:4n-6	1.1	1.1	1.1	0.4	0.5	0.4
22:5n-6	0.3	0.3	0.3	0.1	0.1	0.1
Total n-6 <sup>‡</sup>	4.1	4.6	4.8	13.2	14.0	14.8
18:3n-3	0.6	0.7	0.8	6.2	6.3	6.7
18:4n-3	2.1	2.3	2.2	0.8	0.8	0.7
20:4n-3	0.6	0.7	0.6	0.2	0.2	0.2
20:5n-3	17.6	19.0	18.8	5.8	6.0	5.8
22:5n-3	1.9	2.0	2.0	0.7	0.7	0.6
22:6n-3	8.0	8.0	7.9	3.2	3.2	3.0
Total n-3 <sup>§</sup>	30.8	32.7	32.5	16.9	17.3	17.1
Total PUFA	34.9	37.3	37.3	30.1	31.3	31.9
(n-3) / (n-6)	7.5	7.1	6.8	1.3	1.2	1.2

657

658 \* Includes 15:0

659 <sup>†</sup> Includes 16:1n-9 & 20:1n-7

660 <sup>‡</sup> Includes 18:3n-6, 20:3n-6 & 22:4n-6

661 <sup>§</sup> Includes 20:3n-3 & 22:4n-3

662

663 **Table 3.** Growth and performance of Atlantic salmon fed the six experimental diets for 10 weeks (Mean values (n 3) and standard deviations)

	HP-FO		MP-FO		LP-FO		HP-RO		MP-RO		LP-RO		TWO-WAY ANOVA <i>P</i>		
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	protein	oil	prot x oil
Start Weight, g	2031.7	8.3	2097.0	9.6	2031.7	32.6	2065.3	28.5	2055.7	47.2	2038.3	18.6			
End Weight, g	3340.2	136.0	3491.1	134.2	3352.9	156.2	3591.8	158.7	3664.2	148.0	3405.7	92.1	0.085	0.032	0.483
FCR <sup>*</sup>	1.07	0.06	1.10	0.09	1.06	0.05	0.99	0.05	1.02	0.05	1.09	0.11	0.587	0.262	0.376
SGR <sup>†</sup>	0.86	0.07	0.88	0.07	0.86	0.08	0.95	0.05	0.99	0.03	0.88	0.06	0.262	0.025	0.422
TGC <sup>‡</sup>	3.41	0.29	3.54	0.32	3.44	0.34	3.85	0.25	4.04	0.17	3.53	0.26	0.202	0.021	0.414
PPV <sup>§</sup>	0.40	0.03	0.41	0.01	0.44	0.02	0.43	0.01	0.44	0.02	0.51	0.06	0.003	0.003	0.294

664

665 \* Feed Conversion Ratio

666 † Specific Growth Rate

667 ‡ Thermal Growth Coefficient

668 § Protein Productive Value

669

670 **Table 4.** Total lipid (mg lipid/g tissue) and fatty acid compositions (g/100g total fatty acids) of muscle from Atlantic salmon fed the experimental diets  
 671 for 10 weeks (Mean values (n 3) and standard deviations)  
 672

	HP-FO		MP-FO		LP-FO		HP-RO		MP-RO		LP-RO		TWO-WAY ANOVA <i>P</i>		
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	protein	oil	prot x oil
Total Lipid (mg lipid/g tissue)	142.1	14.2	142.2	24.5	138.0	9.7	147.5	13.3	156.5	14.1	143.8	3.8	0.621	0.242	0.843
<i>Fatty acid</i>															
14:0	5.8	1.3	5.6	0.4	5.7	0.3	3.4	0.1	3.2	0.1	3.4	0.3	0.766	0.000	0.988
16:0	17.4	2.9	16.3	1.3	17.0	1.5	12.4	0.4	11.9	0.2	12.3	0.7	0.677	0.000	0.941
18:0	4.0	0.7	3.7	0.4	3.8	0.4	3.1	0.1	3.1	0.0	3.1	0.2	0.695	0.001	0.903
Total saturated*	28.6	4.8	26.9	2.7	28.3	3.0	20.5	1.6	19.7	1.1	20.5	2.1	0.705	0.000	0.957
16:1n-7	6.9	0.4	7.3	0.2	7.1	0.3	4.3	0.1	4.0	0.1	4.2	0.1	0.977	0.000	0.106
18:1n-9	21.3	0.6	21.3	0.9	20.2	1.1	33.7	1.5	36.3	1.4	35.3	0.7	0.131	0.000	0.090
18:1n-7	3.6	0.1	3.8	0.3	3.8	0.3	3.4	0.4	3.0	0.2	3.4	0.1	0.427	0.004	0.214
20:1n-9	2.7	0.1	2.8	0.0	2.5	0.2	2.9	0.2	3.0	0.1	2.8	0.1	0.033	0.004	0.632
22:1	2.5	0.2	2.5	0.2	2.2	0.2	2.1	0.2	2.0	0.2	2.0	0.2	0.147	0.001	0.489
24:1n-9	0.5	0.1	0.6	0.1	0.5	0.1	0.4	0.1	0.4	0.0	0.5	0.2	0.571	0.425	0.216
Total monoenes <sup>†</sup>	37.7	0.4	38.6	0.6	36.7	1.7	47.1	1.9	49.0	1.5	48.4	1.0	0.190	0.000	0.336
18:2n-6	6.8	0.6	6.5	0.4	6.6	0.0	11.3	0.1	11.7	0.2	11.8	0.4	0.862	0.000	0.177
20:2n-6	0.4	0.1	0.4	0.0	0.4	0.0	0.6	0.0	0.7	0.0	0.6	0.1	0.194	0.000	0.484
20:3n-6	0.2	0.0	0.3	0.0	0.2	0.0	0.2	0.0	0.2	0.0	0.2	0.0	0.224	0.000	0.308
20:4n-6	0.7	0.1	0.8	0.1	0.7	0.1	0.4	0.0	0.4	0.0	0.4	0.0	0.875	0.000	0.476
Total n-6 <sup>‡</sup>	8.5	0.8	8.4	0.3	8.3	0.1	12.8	0.2	13.2	0.2	13.3	0.5	0.797	0.000	0.379
18:3n-3	2.1	0.3	2.0	0.2	2.0	0.0	4.6	0.1	4.7	0.1	4.6	0.3	0.924	0.000	0.637
18:4n-3	1.3	0.1	1.4	0.1	1.4	0.1	0.8	0.0	0.8	0.0	0.8	0.1	0.855	0.000	0.475
20:4n-3	1.0	0.1	1.0	0.1	1.0	0.1	0.7	0.0	0.7	0.0	0.7	0.0	0.746	0.000	0.419
20:5n-3	9.9	1.6	10.6	1.2	10.7	0.9	5.7	0.3	5.0	0.1	5.0	0.6	0.996	0.000	0.338



22:5n-3	3.1	0.5	3.3	0.2	3.5	0.2	2.1	0.2	1.8	0.1	1.8	0.2	0.924	0.000	0.184
22:6n-3	7.6	1.5	7.7	1.0	8.0	0.6	5.4	0.5	4.8	0.4	4.7	0.8	0.924	0.000	0.574
Total n-3 PUFA <sup>§</sup>	25.2	3.8	26.1	2.7	26.7	1.9	19.6	1.2	18.1	0.6	17.8	1.9	0.981	0.000	0.451
Total PUFA	33.7	4.4	34.5	2.9	35.0	2.0	32.4	1.4	31.3	0.7	31.1	2.4	0.996	0.039	0.680
(n-3) / (n-6)	2.9	0.3	3.1	0.2	3.2	0.2	1.5	0.1	1.4	0.0	1.3	0.1	0.761	0.000	0.049

673

674 \* Includes 15:0, 20:0, 22:0

675 † Includes 16:1n-9 & 20:1n-7

676 ‡ Includes 18:3n-6, 22:4n-6 & 22:5n-6

677 § Includes 20:3n-3 & 22:4n-3

678

679

680 **Table 5.** Total lipid (mg lipid g<sup>-1</sup> tissue) and fatty acid compositions (g/100g total fatty acids) of liver from Atlantic salmon fed the experimental diets  
 681 for 10 weeks (Mean values (n 3) and standard deviations)  
 682

	HP-FO		MP-FO		LP-FO		HP-RO		MP-RO		LP-RO		TWO-WAY ANOVA <i>P</i>		
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	protein	oil	prot x oil
Total Lipid (mg lipid/g tissue)	61.4	5.1	64.9	7.1	53.8	8.1	60.7	3.3	54.9	11.0	50.1	5.8	0.094	0.182	0.535
<i>Fatty acid</i>															
14:0	2.7	0.8	2.8	0.7	2.7	0.7	1.5	0.3	1.3	0.3	1.4	0.3	0.997	0.000	0.907
16:0	14.2	1.1	14.3	1.8	15.6	1.0	10.5	0.5	11.5	1.3	12.0	1.1	0.144	0.000	0.759
18:0	7.9	0.3	7.6	1.0	7.7	0.9	5.2	0.2	5.6	0.6	5.3	0.5	0.955	0.000	0.705
Total saturated*	25.5	1.7	25.9	2.6	26.9	2.2	18.2	0.8	19.6	2.0	20.2	1.6	0.355	0.000	0.899
16:1n-7	4.6	0.6	4.9	0.6	4.4	0.7	2.4	0.0	1.9	0.2	2.0	0.2	0.467	0.000	0.269
18:1n-9	14.8	1.0	14.5	1.4	12.0	1.4	29.8	2.6	26.9	4.5	27.1	4.0	0.038	0.000	0.106
18:1n-7	4.3	0.1	4.4	0.3	3.9	0.2	3.3	0.3	2.7	0.4	3.0	0.2	0.148	0.000	0.103
20:1n-9	2.2	0.1	2.1	0.2	1.6	0.2	3.8	0.2	3.6	0.3	3.1	0.3	0.001	0.000	0.776
22:1	0.9	0.1	0.8	0.1	0.8	0.1	0.7	0.1	0.5	0.1	0.5	0.1	0.033	0.000	0.442
24:1n-9	0.6	0.1	0.7	0.2	0.6	0.1	0.5	0.0	0.5	0.1	0.6	0.1	0.834	0.164	0.739
Total monoenes <sup>†</sup>	27.7	1.3	27.7	2.4	23.5	2.4	40.7	2.8	36.3	5.1	36.3	4.5	0.125	0.000	0.467
18:2n-6	1.9	0.2	1.9	0.2	1.9	0.3	7.6	0.3	7.2	0.7	8.2	0.7	0.298	0.000	0.355
20:2n-6	0.4	0.0	0.4	0.0	0.4	0.1	1.7	0.0	1.9	0.1	1.7	0.2	0.203	0.000	0.299
20:3n-6	0.3	0.0	0.3	0.0	0.3	0.0	0.3	0.0	0.3	0.0	0.3	0.0	0.954	0.082	0.598
20:4n-6	2.7	0.2	2.4	0.3	3.0	0.3	1.7	0.3	2.0	0.5	2.1	0.5	0.196	0.001	0.329
Total n-6 <sup>‡</sup>	5.9	0.3	5.7	0.1	6.3	0.1	11.8	0.0	11.8	0.1	12.6	0.3	0.000	0.000	0.162
18:3n-3	0.5	0.0	0.6	0.1	0.5	0.1	2.9	0.1	2.7	0.4	3.1	0.3	0.391	0.000	0.352
18:4n-3	0.4	0.0	0.4	0.1	0.4	0.1	0.2	0.0	0.1	0.0	0.1	0.0	0.614	0.000	0.651
20:4n-3	1.3	0.1	1.5	0.2	1.3	0.2	0.8	0.0	0.7	0.0	0.8	0.0	0.897	0.000	0.132
20:5n-3	15.3	1.1	15.6	0.2	17.2	0.9	9.1	0.9	10.5	1.3	10.1	1.1	0.068	0.000	0.236
22:5n-3	6.9	0.4	7.7	1.1	6.6	0.6	3.3	0.1	3.2	0.2	3.0	0.1	0.033	0.000	0.364

22:6n-3	16.3	1.1	15.0	1.2	17.2	1.5	12.3	1.3	14.2	2.2	13.0	2.4	0.738	0.003	0.199
Total n-3 PUFA <sup>§</sup>	40.9	1.6	40.8	0.3	43.3	0.2	29.3	2.1	32.3	3.2	30.9	3.2	0.120	0.000	0.114
Total PUFA	46.8	1.8	46.5	0.2	49.6	0.2	41.1	2.0	44.1	3.1	43.5	3.2	0.141	0.000	0.293
<u>(n-3) / (n-6)</u>	<u>7.0</u>	<u>0.4</u>	<u>7.2</u>	<u>0.1</u>	<u>6.9</u>	<u>0.1</u>	<u>2.5</u>	<u>0.2</u>	<u>2.7</u>	<u>0.3</u>	<u>2.5</u>	<u>0.3</u>	<u>0.155</u>	<u>0.000</u>	<u>0.967</u>

683

684 \* Includes 15:0, 20:0, 22:0

685 † Includes 16:1n-9 & 20:1n-7

686 ‡ Includes 18:3n-6, 22:4n-6 & 22:5n-6

687 § Includes 20:3n-3 & 22:4n-3

688

689

690 **Table 6.** Differences ( $\Delta$ )<sup>\*</sup> between diet and muscle fatty acid concentrations (g/100g total fatty acids) for the six experimental treatments

Fatty Acid	HP-FO	MP-FO	LP-FO	HP-RO	MP-RO	LP-RO
14:0	-3.0	-2.9	-2.6	0.0	0.1	0.6
16:0	-5.8	-3.9	-3.2	0.3	1.0	2.1
18:0	-1.9	-1.3	-1.2	-0.6	-1.2	-0.4
Total saturates <sup>†</sup>	-11.8	-9.0	-7.4	-1.4	-1.9	1.4
16:1n-7	-1.1	-1.5	-1.6	1.0	0.9	1.2
18:1n-9	11.7	10.4	8.9	-4.0	-1.4	-4.7
Total monoenes <sup>‡</sup>	13.0	11.7	9.7	-0.8	1.9	-0.7
18:2n-6	4.7	4.1	3.9	-1.2	-1.2	-2.0
20:4n-6	-0.4	-0.4	-0.4	0.0	-0.1	0.0
Total n-6 <sup>§</sup>	4.4	3.8	3.5	-0.4	-0.8	-1.5
18:3n-3	1.5	1.3	1.2	-1.6	-1.6	-2.1
20:5n-3	-7.7	-8.4	-8.1	-0.1	-1.0	-0.8
22:6n-3	-0.4	-0.2	0.1	2.2	1.6	1.8
Total n-3 <sup>□</sup>	-5.6	-6.6	-5.8	2.7	0.8	0.7

691

692 <sup>\*</sup> Negative  $\Delta$  values indicate lower values in muscle compared with diet, whereas positive values indicate accumulation in muscle relative to diet.

693 <sup>†</sup> Includes 15:0, 20:0, 22:0

694 <sup>‡</sup> Includes 16:1n-9, 18:1n-7, 20:1n-9, 20:1n-7, 22:1 & 24:1n-9

695 <sup>§</sup> Includes 18:3n-6, 20:2n-6, 20:3n-6, 22:4n-6 & 22:5n-6

696 <sup>□</sup> Includes 18:4n-3, 20:3n-3, 20:4n-3, 22:4n-3 & 22:5n-3

697

698 **Table 7.** Differences ( $\Delta$ )<sup>\*</sup> between diet and liver fatty acid concentrations (g/100g total fatty acids) for the six experimental treatments

699

Fatty Acid	HP-FO	MP-FO	LP-FO	HP-RO	MP-RO	LP-RO
14:0	-6.2	-5.7	-5.6	-1.9	-1.7	-1.4
16:0	-9.0	-6.0	-4.6	-1.6	0.6	1.7
18:0	2.0	2.7	2.8	1.5	1.3	1.7
Total saturates <sup>†</sup>	-14.9	-10.0	-8.8	-3.7	-2.0	1.1
16:1n-7	-4.1	-3.9	-4.3	-1.1	-1.5	-1.3
18:1n-9	5.3	3.6	0.7	-7.9	-10.8	-13.0
Total monoenes <sup>‡</sup>	3.0	0.8	-3.5	-7.2	-10.8	-12.8
18:2n-6	-0.3	-0.5	-0.7	-4.9	-5.8	-5.7
20:4n-6	1.6	1.3	1.9	1.3	1.6	1.7
Total n-6 <sup>§</sup>	1.8	1.1	1.5	-1.5	-2.2	-2.2
18:3n-3	-0.1	-0.2	-0.3	-3.3	-3.5	-3.6
20:5n-3	-2.2	-3.4	-1.7	3.3	4.5	4.3
22:6n-3	8.3	7.0	9.3	9.1	10.9	10.1
Total n-3 <sup>□</sup>	10.1	8.1	10.9	12.4	15.0	13.8

700

701 <sup>\*</sup> Negative  $\Delta$  values indicate lower values in liver compared with diet, whereas positive values indicate accumulation in liver relative to diet.

702 <sup>†</sup> Includes 15:0, 20:0, 22:0

703 <sup>‡</sup> Includes 16:1n-9, 18:1n-7, 20:1n-9, 20:1n-7, 22:1 & 24:1n-9

704 <sup>§</sup> Includes 18:3n-6, 20:2n-6, 20:3n-6, 22:4n-6 & 22:5n-6

705 <sup>□</sup> Includes 18:4n-3, 20:3n-3, 20:4n-3, 22:4n-3 & 22:5n-3

706

707 **Table 8.** Fatty acid compositions (g/100g total fatty acids) of total phospholipids of pyloric caeca from Atlantic salmon fed the experimental diets for  
 708 10 weeks (Mean values (n 3) and standard deviations)

<i>Fatty acid</i>	HP-FO		MP-FO		LP-FO		HP-RO		MP-RO		LP-RO		TWO-WAY ANOVA <i>P</i>		
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	protein	oil	prot x oil
14:0	2.4	0.1	2.3	0.1	2.4	0.2	1.2	0.1	1.2	0.3	1.1	0.1	0.808	0.000	0.698
16:0	20.5	0.3	21.0	0.3	20.9	0.5	16.7	0.3	17.1	0.8	16.9	0.4	0.340	0.000	0.946
18:0	6.1	0.2	6.7	0.5	6.4	0.6	5.9	0.4	6.3	0.1	6.7	0.2	0.037	0.480	0.327
Total saturated*	29.5	0.4	30.5	0.8	30.3	0.8	24.3	0.2	25.2	1.1	25.4	0.9	0.079	0.000	0.847
16:1n-7	2.9	0.1	2.9	0.3	3.0	0.3	1.3	0.0	1.3	0.2	1.2	0.1	0.902	0.000	0.548
18:1n-9	6.2	0.4	6.2	0.2	6.2	0.3	14.6	0.6	15.2	0.4	16.5	0.3	0.006	0.000	0.004
18:1n-7	3.5	0.1	3.5	0.1	3.6	0.1	2.9	0.1	2.9	0.2	3.4	0.2	0.002	0.000	0.006
20:1n-9	0.8	0.1	0.8	0.1	0.7	0.0	1.4	0.2	1.5	0.1	1.3	0.2	0.134	0.000	0.790
22:1	0.2	0.1	0.2	0.1	0.2	0.0	0.2	0.2	0.4	0.3	0.1	0.1	0.231	0.785	0.659
24:1n-9	1.1	0.1	1.0	0.1	0.9	0.1	1.0	0.1	1.0	0.0	1.0	0.1	0.394	0.682	0.375
Total monoenes <sup>†</sup>	15.2	0.5	15.0	0.7	15.0	0.6	21.9	1.0	22.6	1.2	24.0	0.7	0.162	0.000	0.076
18:2n-6	1.1	0.1	1.1	0.1	1.3	0.2	4.6	0.1	4.6	0.2	5.2	0.2	0.000	0.000	0.008
20:2n-6	0.2	0.0	0.2	0.0	0.2	0.0	0.9	0.1	0.9	0.2	0.8	0.1	0.481	0.000	0.550
20:3n-6	0.2	0.0	0.2	0.0	0.2	0.0	0.4	0.0	0.3	0.1	0.3	0.0	0.022	0.000	0.046
20:4n-6	3.0	0.2	2.8	0.1	3.0	0.2	2.2	0.1	2.1	0.1	2.0	0.1	0.487	0.000	0.321
22:5n-6	0.6	0.0	0.6	0.0	0.6	0.0	0.5	0.0	0.5	0.0	0.5	0.0	0.109	0.000	0.854
Total n-6 <sup>‡</sup>	5.4	0.2	5.3	0.1	5.5	0.0	8.8	0.2	8.5	0.4	9.0	0.2	0.049	0.000	0.612
18:3n-3	0.3	0.0	0.3	0.0	0.3	0.0	1.9	0.0	1.8	0.1	2.0	0.1	0.008	0.000	0.054
18:4n-3	0.3	0.0	0.3	0.1	0.3	0.1	0.2	0.0	0.2	0.0	0.2	0.0	0.911	0.000	0.827
20:4n-3	0.4	0.0	0.4	0.0	0.4	0.0	0.5	0.0	0.4	0.0	0.4	0.0	0.010	0.424	0.417
20:5n-3	19.3	0.6	20.7	0.2	22.1	0.2	16.1	1.1	16.1	0.3	16.7	1.0	0.004	0.000	0.041
22:5n-3	3.8	0.2	3.7	0.1	3.5	0.3	3.5	0.1	3.6	0.1	3.2	0.1	0.003	0.024	0.464
22:6n-3	25.8	0.7	23.8	0.9	22.7	0.6	22.6	0.1	21.3	1.4	18.9	0.2	0.000	0.000	0.384
Total n-3 PUFA <sup>§</sup>	49.9	0.9	49.2	0.9	49.3	0.6	45.0	1.2	43.7	1.9	41.6	1.2	0.034	0.000	0.129
Total PUFA	55.3	0.8	54.4	0.9	54.8	0.6	53.8	1.1	52.2	2.3	50.6	1.2	0.071	0.001	0.216

709	<u>(n-3) / (n-6)</u>	9.2	0.5	9.4	0.2	9.0	0.1	5.1	0.2	5.1	0.1	4.6	0.1	0.014	0.000	0.666
710	* Includes 15:0, 20:0, 22:0															
711	† Includes 16:1n-9 & 20:1n-7															
712	‡ Includes 18:3n-6 & 22:4n-6															
713	§ Includes 20:3n-3 & 22:4n-3															
714																
715																

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717 **Table 9.** Peroxisomal  $\beta$ -oxidation capacity (pmol/min/mg protein) of liver, red and white muscle from Atlantic salmon fed the experimental diets for  
 718 10 weeks (Mean values (n 3) and standard deviations)

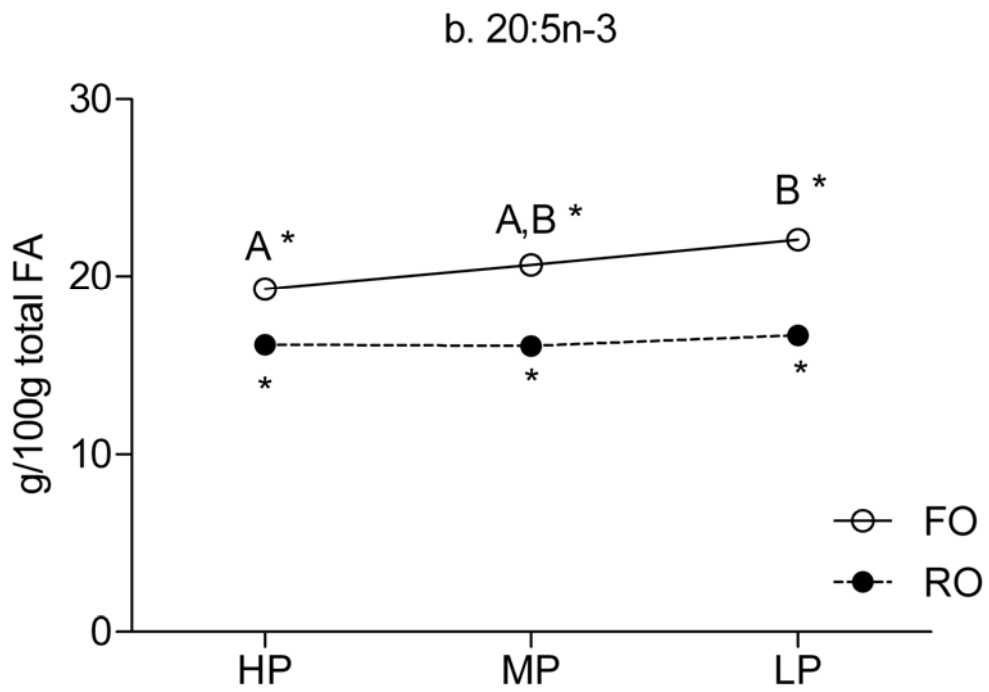
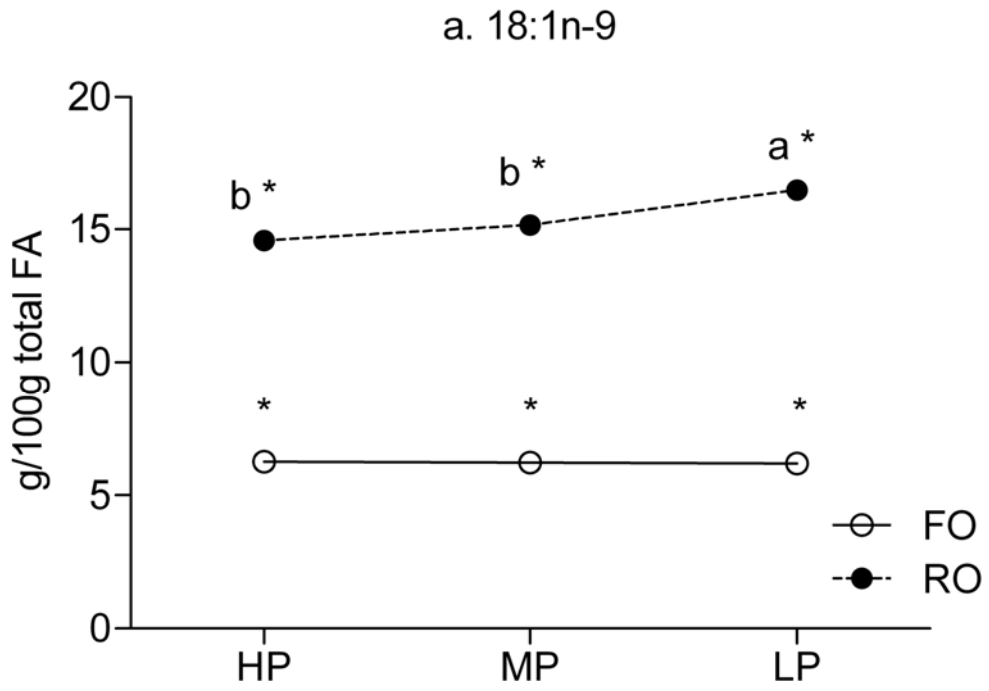
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	HP-FO		MP-FO		LP-FO		HP-RO		MP-RO		LP-RO		TWO-WAY ANOVA <i>P</i>		
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	protein	oil	prot x oil
Liver	7.2	2.6	6.6	0.9	7.7	1.8	7.8	1.1	8.7	3.7	12.5	1.9	0.121	0.035	0.288
Red Muscle	30.0	2.6	28.0	2.6	26.7	4.6	36.3	8.2	31.2	4.4	33.6	4.5	0.430	0.034	0.796
White Muscle	1.6	0.1	1.2	0.1	1.3	0.0	1.1	0.1	1.6	0.0	1.4	0.2	0.908	0.719	0.000

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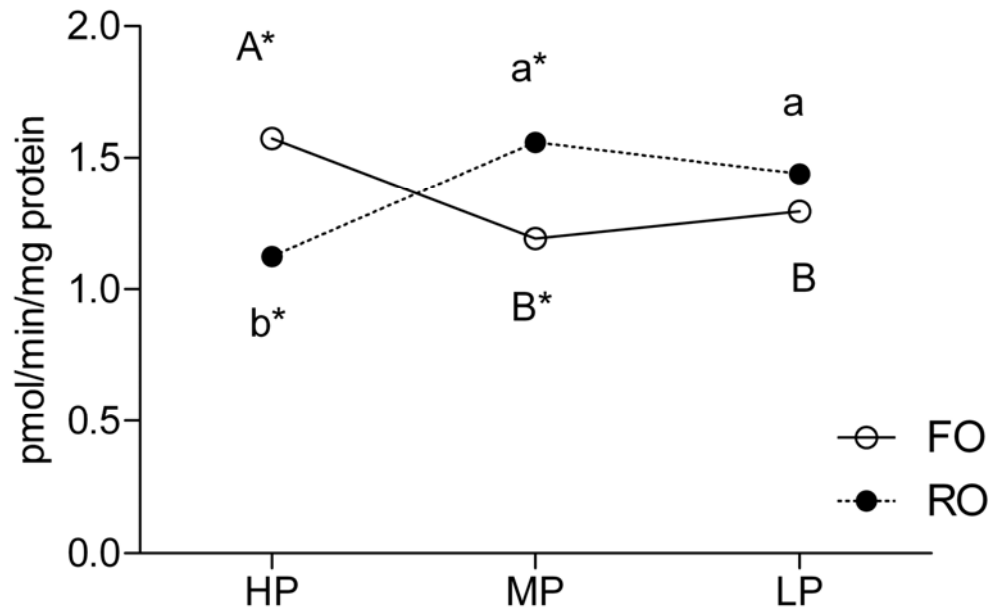
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726 Figure 1.

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731 Figure 2.

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