

The effects of daily ration on growth and smoltification in 0+ and 1+ Atlantic salmon (Salmo salar) parr.

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Abstract

The effects of long-term variations in feed ration were studied during two experiments on Atlantic salmon parr. In the first experiment, three duplicate groups of approximately 500 salmon parr were fed at rates of 100%, 66% or 33% of the manufacturer's recommendation from shortly after first feeding. Each group were exposed to a photoperiod regime which was expected to result in smoltification 9 months after first feeding. In the second experiment, three duplicate groups of 550 fish were fed 100%, 66% or 33% of the manufacturer's recommendation from first feeding and exposed to a simulated natural photoperiod, which was expected to result in smoltification 13 months after first feeding.

In both experiments fish size increased with ration, with recruitment to the upper modal group (UMG) of the population also related to ration (85-96%, 64-88% and 28-42% UMG fish for the full, two-thirds and one-third ration groups respectively, recorded at the conclusion of each experiment). Throughout each experiment the full and two-thirds ration fish maintained similar whole body lipid concentrations, although lipid concentrations in the one-third ration fish were generally lower. At the conclusion of experiment 1, gill Na^+ , K^+ -ATPase activity in UMG fish fed full rations reached $9.5 \mu\text{mol ADP hydrolysed. mg}^{-1} \cdot \text{protein}^{-1} \cdot \text{h}^{-1}$, whereas ATPase activities were lower in the other ration groups. In experiment 2, all groups had similar gill Na^+ , K^+ , -ATPase activities at the conclusion of the experiment ($6.4\text{-}9.3 \mu\text{mol ADP hydrolysed. mg}^{-1} \cdot \text{protein}^{-1} \cdot \text{h}^{-1}$). Following 24h seawater challenges, conducted during the parr-smolt transformation, UMG fish from the full and two-thirds groups of experiment 1 displayed high survival rates (100%) and low serum osmolalities (335 mOsm.kg^{-1}), with lower survival rates (75%) and higher serum osmolalities (370

mOsm.kg⁻¹) recorded in the one-third ration fish. In experiment 2 similar survival rates (100%) and serum osmolalities (350 mOsm.kg⁻¹) were found in all ration groups.

It is concluded that under accelerated production regimes, feed restriction may result in underyearling Atlantic salmon smolts developing a poor hypo-osmoregulatory ability. Variations in ration significantly influence growth, although it is believed that growth is dependant on the maintenance of a specific lipid level in the body.

Keywords: Atlantic salmon, parr, growth, smoltification, nutrition, photoperiod

1. Introduction

Photoperiod and feed manipulation are used in the salmon farming industry to influence growth (Storebakken and Austreng, 1987a; Handeland and Stefansson, 2001), maturation (Bromage et al., 1984; Rowe et al.; 1991) and smoltification (Skilbrei, 1991; Duston and Saunders, 1992). During freshwater production of Atlantic salmon, high growth rates allow individuals to achieve the size threshold for smoltification within short periods of time (Elson, 1957; Kristinsson et al., 1985; Skilbrei, 1988) and these growth rates can be achieved by manipulating both dietary and photoperiod regimes (Solbakken et al., 1994; Thrush et al., 1994; Helland and Grisdale-Helland, 1998; Handeland and Stefansson, 2001). Under a naturally changing photoperiod, the decision to smolt is made during the decreasing photoperiod and the parr-smolt transformation is then completed on the increasing phase (Duston and Saunders, 1992). Consequently, in commercial production, photoperiod regimes can be manipulated so that fish smolt out-of-season and at ages of one year or less (Thrush et al., 1994; Duncan et al., 1998).

Increases in feed ration enhance growth (Reinitz, 1983; Storebakken and Austreng, 1987a; Silverstein et al., 1998) as well as increasing lipid deposition (Reinitz, 1983; Johansson et al., 1995; Hillestad et al., 1998). Smoltification results in a reduction in body lipid (Saunders and Henderson, 1978; Woo et al., 1978; Rowe et al., 1991), and a nutritional threshold may influence which individuals can successfully undergo the parr-smolt transformation (Thorpe, 1986; Shearer, 1994). However, although the effects of growth on smoltification are well documented (Kristinsson et al., 1985; Skilbrei, 1988), the direct effects of feed ration are poorly understood and previous studies have focused on the effects of ration during the parr-smolt transformation rather than during the preceding year (c.f. Dickhoff et al., 1989; Larsen et al., 2001).

Consequently, the current study aimed to test the hypothesis that daily feed rations applied throughout freshwater development do not influence smoltification in Atlantic salmon. In order to investigate this and to identify possible mechanisms linking feed ration, growth and smoltification, groups of salmon were fed one of three daily rations from early development onwards. Furthermore, these groups were also exposed to one of two commercially important photoperiod regimes, which resulted in different growth rates and yearly timings of smoltification.

2. Materials and methods

2.1. Fish stock and rearing conditions: Atlantic salmon (*Salmo salar*) of a Scottish stock were maintained at the Niall Bromage Freshwater Research Facility, Scotland (56°N) under ambient water temperatures, except during early development when water temperatures were artificially elevated (Fig. 1). Water flow rates were

approximately 1 l.s^{-1} , oxygen concentrations were $>8\text{mg.l}^{-1}$ and fish were fed commercial feed (EWOS Micro; EWOS Ltd., Scotland, UK), supplied throughout the light phase of the photoperiod using automatic feeders. The daily feed ration for each tank of fish was re-calculated at two week intervals. Daily feed rates were based on feed tables recommended by the manufacturer and were calculated from fish weights taken at the sampling points or by batch weighing. In order to minimise the development of feeding hierarchies and inter-individual size differences in the groups, feed was supplied continuously throughout the light phase of the photoperiod and water flow rates were adjusted to improve the dispersal of food in the tank.

Experiment 1: The fish in this experiment were destined to become 0+ smolts and to aid their development in less than 1 year the eggs were fertilised at the beginning of the spawning season. First feeding occurred on 10th March 2001 and from that point approximately 2500 fish were reared in each of two, 2m square tanks. Due to hatchery constraints, experimental feed regimes could not be applied from first feeding and the fish were fed at the manufacturers' recommended rate. On 29th May, 500 fish were placed into each of six, 1m square tanks. Duplicate groups were then fed at 100%, 66% or 33% of the daily ration recommended by the feed manufacturer until the conclusion of the experiment in mid December. All groups were exposed to LD24:0 from first feeding until mid August, when they were exposed to an 8 week period of short days (LD7:17) (Fig. 1). In mid October all groups were returned to LD24:0 and held for a further 8 weeks, after which the experiment was terminated.

Experiment 2: The fish in this experiment were destined to become 1+ smolts and consequently they developed from eggs that were fertilised during the middle of the

spawning season. First feeding occurred on 22nd April 2001 and from that point 2500 fish were placed into each of three, 1m square tanks. From first feeding each group was fed at 100%, 66% or 33% of the daily ration recommended by the feed manufacturer. In late June, 550 fish from each treatment were placed into each of two, 1m square tanks. Fish were maintained on their originally designated rations until the conclusion of the experiment in mid May. All groups were exposed to LD24:0 until late June after which they were exposed to a simulated natural photoperiod (Fig. 1).

2.2. Sampling regime: Batch weighings of each treatment group were taken at monthly intervals from first feeding until mid May and late June in experiments 1 and 2 respectively. Subsequently, 50 individual fork length ($\pm 1\text{mm}$) and weight ($\pm 0.1\text{g}$) measurements were taken per tank at either two week (experiment 1) or monthly (experiment 2) intervals. At each sample point, 6 samples per tank were taken for analysis of whole body lipid concentration, using the Soxhlet extraction method. Individual fish were typically used for each sample, although in some cases fish had to be pooled to gain the necessary tissue weight for analysis. Fish taken for whole body fat determination were dried to a constant mass at 100°C and then homogenised prior to analysis. The lipid was then extracted using petroleum ether (Fisher Scientific; Loughborough, UK). Due to the high number of samples taken, each sample extraction was not replicated, with the six samples taken for each tank used to gain an appropriate tank mean.

Gill samples were taken for the determination of Na^+ , K^+ -ATPase using the method detailed by McCormick (1993). In experiment 1, gill samples were taken in mid September and at two week intervals from mid October until the conclusion of the

experiment. In experiment 2, an initial sample was made in mid February and then at two week intervals from mid March until the conclusion of the experiment. At each sample point 10 randomly selected individuals were removed from the population. Gill samples were then taken from all of the upper modal group (UMG) fish in the sub-sample. UMG fish were determined based on their size relative to other fish in their tank as well as the presence of body silvering. Gill Na^+ , K^+ -ATPase activities were determined for individual fish and tank means were then derived from these values.

At two week intervals from late September (experiment 1) and mid February (experiment 2) 15 randomly selected individuals per treatment were given a standardised seawater challenge similar to that outlined by Clarke and Blackburn (1977; 1978). Although the effects of the seawater challenge were only to be investigated in UMG fish, a random selection of fish from each treatment were tested in order to avoid the population structures of the experimental groups being affected. The test was conducted for 24h in 50l of 10°C aerated seawater (35‰), made using artificial sea salt (Instant Ocean; Animal House, Batley, UK). Following the challenge, all fish were removed and the numbers of surviving UMG fish counted. All surviving UMG fish were culled and blood was removed from the caudal vein and centrifuged at 2500rpm for 15 min. at 4°C. Serum was removed and stored at -80°C until analysis, when osmolality was determined using a freezing point depression osmometer (Advanced Instruments Inc.; Massachusetts, USA). Due to constraints of space, individuals from both treatment replicates were challenged in the same tank and consequently, for analytical purposes, individual fish constitute the statistical unit.

At the final sample point of each experiment the remaining fish were culled, with the numbers of upper (UMG) and lower (LMG) modal group fish recorded based on size (experiment 1: UMG fish > 140mm, experiment 2: UMG fish > 110mm) and the presence of body silvering.

2.3. Calculations and statistical analysis: Condition factor (CF) was calculated as:

weight (g).fork length (cm)⁻³.100. Data were analysed using Minitab v14. Changes in weight, condition factor, whole body lipid concentration, gill Na⁺, K⁺-ATPase, serum osmolality and population structure were compared using a General Linear Model.

Tank means were used as the statistical unit except for serum osmolality data, where space constraints led to individuals being used as the statistical unit. To analyse the seawater survival data, 95% confidence intervals were calculated (Fowler and Cohen, 1987) and compared such that if the confidence intervals did not overlap the proportions were considered significantly different (P<0.05). To improve statistical analysis, natural log transformations were used for the weight data with arcsine transformations used for the whole body lipid concentration and population structure data. Residual plots were used to confirm normality and homogeneity of variance. A significance level of 5% was applied to the statistical tests (Zar, 1999).

3. Results

3.1. Growth:

Fish in all groups increased in weight over time (P<0.001) (Fig. 2). In experiment 1, fish in the full and two-thirds ration groups were heavier than those in the one-third ration group (P<0.05) from late June onwards (Fig. 2a) and the fish fed full rations

were heavier than those given two-thirds rations from late July ($P<0.05$). In experiment 2, the full and two-thirds ration fish were heavier than the one-third ration fish from late July ($P<0.001$) and the full ration fish were heavier than the two-thirds ration fish from mid August ($P<0.001$) (Fig. 2b).

In experiment 1, the CF of fish from the full and two-thirds ration groups increased from early June to peak levels in early and late September respectively ($P<0.01$) (Fig. 3a). The CF of both groups then declined ($P<0.001$). For fish in the one-third ration group, CF declined over time ($P<0.001$). The full and two-thirds ration fish had similar CF's at each of the sample points throughout the experiment and their CF's were significantly higher than those in the one-third ration group from early July onwards ($P<0.05$).

In experiment 2, the CF of all groups initially increased ($P<0.001$) and then declined with the passage of time (Fig. 3b) ($P<0.001$). At each sampling point the full and two-thirds ration fish had CF's that were similar to each other. The CF's of the one-thirds ration fish were similar to those of the full and/or the two-thirds ration fish during the majority of the experiment, with the exceptions of late July, early September, early October and early April ($P<0.05$).

3.2. Percentage whole body lipid:

In experiment 1, the percentage body lipid of fish from the full and two-third ration groups increased from early June to peak levels ($P<0.001$) in late September and early October respectively (Fig. 4a). Percentage body lipid in the one-third ration fish increased less dramatically ($P<0.01$) and peaked in late October. Percentage body

lipid in all groups then decreased during the latter stages of the experiment ($P<0.05$). At each sample point throughout the experiment the full and two-thirds ration fish had similar percentage body lipids, although the lipid concentration of the one-third ration fish was lower from early July onwards ($P<0.01$), with the exceptions of late July, mid August and late October.

In experiment 2, relative lipid content reached a peak in all groups in early October ($P<0.001$) and subsequently declined ($P<0.001$) (Fig. 4b). At each time point throughout the experiment, the full and two-thirds ration fish had similar lipid concentrations. The full ration fish had higher percentage lipid than the one-third ration fish at each time point from late July until early January and then from early April until the conclusion of the experiment ($P<0.05$) with that of the two-thirds ration fish higher between late July and early November ($P<0.01$).

3.3 Gill Na^+ , K^+ -ATPase activity:

The gill Na^+ , K^+ -ATPase activity of upper modal group fish from all groups increased during the respective sampling periods of each experiment ($P<0.05$) (Fig. 5). In experiment 1, all groups initially had similar gill Na^+ , K^+ -ATPase activities at the respective sample points (Fig. 5a). Then in late November gill Na^+ , K^+ -ATPase activity in the two-thirds ration fish became higher than in the one-third ration fish ($P<0.05$) and at the conclusion of the experiment the gill Na^+ , K^+ -ATPase activity of the full ration fish was higher than both the two- and one-third ration fish ($P<0.001$). In experiment 1, at each sampling point during the experiment, all groups had similar gill Na^+ , K^+ -ATPase activities (Fig. 5b).

3.4 Seawater survival and serum osmolality:

In experiment 1, the seawater survival of UMG fish increased in all groups over the course of the sampling period ($P<0.05$) (Fig. 6a). Survival reached 100% in the full and two-thirds ration fish in mid and late October respectively, with the survival of the one-third ration fish reaching a maximum of 75% in late November. With the exception of mid October, the survival of the full and two-thirds ration UMG fish remained similar at each respective sample point, whereas survival in the one-third ration group was lower at all time points ($P<0.05$) except in mid and late November.

In experiment 2, survival reached 100% in mid March for the full and two-thirds ration fish and in late March for the one-third ration group (Fig. 6b). From late March onwards survival rates were similar in all groups.

In experiment 1, serum osmolality decreased in all groups over the course of the experiment ($P<0.001$) reaching a minimum in late November (Fig. 6a). Serum osmolality then increased in all groups although this rise was not significant. Serum osmolality was typically similar at each sampling point for the full and two-thirds ration UMG fish, with levels in the one-third ration fish generally higher ($P<0.05$). In experiment 2, serum osmolality declined in all treatments over the experiment ($P<0.05$) (Fig. 6b) and osmolality was generally the same in all treatments at each time point.

3.5. UMG/LMG ratio:

In both experiments, the proportion of UMG fish present at the conclusion of the experiment (Fig. 7) increased with ration. UMG fish predominated in the full and two-thirds ration groups of both experiments ($P<0.05$). For the one-third ration

groups, in experiment 1 there were similar percentages of UMG and LMG fish, whereas in experiment 2, LMG fish predominated.

4. Discussion

The present study has shown that variations in daily feed ration throughout freshwater development can influence smoltification in Atlantic salmon parr and that the effects of ration are also influenced by the photoperiod production regime used in fresh water.

In the current study ration was found to influence the growth of fish as well as affect the incidence of fish entering the upper modal group of the population, and consequently the number of individuals choosing to undergo smoltification. In both experiments growth was correlated with ration, with groups fed the respective rations rapidly diverging in weight, and indeed similar findings are well documented (Storebakken and Austreng, 1987a, Stead et al., 1996; Shearer et al., 1997).

Furthermore, in both experiments the incidence of UMG fish was higher in the high ration groups. With a size threshold believed to influence smoltification (Elson, 1957; Kristinsson et al., 1985; Skilbrei, 1988) it is likely that the differential growth of individuals within the respective ration treatments directly affected the number of individuals attaining the size threshold for entry into the UMG and hence the number of smolting individuals.

The current study lends support that lipid accumulation is influenced by ration (Reinitz, 1983; Storebakken and Austreng, 1987a; Silverstein et al., 1998) and the suggestion that a lipostatic mechanism influences growth in salmon (Silverstein et al.,

1997; Jobling and Johansen, 1999; Johansen et al., 2001) has been discussed previously in relation to the 1+ fish (see Berrill et al., 2004). In both experiments, the full and two-thirds ration fish maintained similar lipid contents, whilst exhibiting distinct differences in size, which suggests that growth is dependent on the maintenance of a certain lipid level. However, although the lipid concentration of the one-third ration fish from experiment 1 was generally lower than for fish from the other ration groups, in experiment 2 concentrations were only lower until December. Clearly in experiment 1 the one-third ration fish were not able to reach the required lipid level regulated by the lipostatic mechanism, despite large reductions in body size, but for the fish in experiment 2 it seems that this was possible from December onwards. It is difficult to conclude with certainty why this difference has occurred, but it may be that differences in experiment duration, rearing temperature or photoperiod may have been influential.

Previously, reductions in condition have been used as an indicator of smoltification (Solbakken et al., 1994; Duncan and Bromage, 1998). In both experiments, the condition of the full and two-thirds ration fish decreased during the parr-smolt transformation and in both ration groups a high incidence of smoltification was found. However, reductions in condition were also observed in the one-third ration fish and in particular in those from experiment 1, where their condition profile was similar to the full and two-thirds ration fish. In the one-third ration groups smoltification rates (i.e. UMG fish) and smolt status (based on gill Na^+ , K^+ -ATPase and serum osmolality) were low but it seems likely the individuals had been influenced to some degree by the stimulatory winter photoperiod, which resulted in a decline in condition. This implies that the size or nutritional threshold for smoltification (Elson,

1957; Skilbrei, 1988; Shearer, 1994) may be low, or rather that such thresholds may be more a measure of those fish that will complete the parr-smolt transformation as opposed to those which could display a reduction in condition as a result of the smoltification stimuli. However, given that condition factor has been shown to be correlated with lipid content (Herbinger and Friars, 1991), it is also possible that combined with a reduction linked to smoltification (Komourdjian et al, 1976; Saunders and Henderson, 1978), condition may have decreased as a result of a reduction in fat content that, in particular for the experiment 2 fish, could have resulted from low rates of feed intake during winter (Metcalf and Thorpe, 1992). Consequently, for experiments that consider a range of photoperiod manipulations, it may not be appropriate to use condition as an accurate measure of smoltification.

In both experiments upper modal group full ration fish, as well as two-thirds ration fish from experiment 2, achieved gill Na^+ , K^+ -ATPase activities that are indicative of smoltification (Handeland and Stefansson, 2001). However, there were clear differences in the gill Na^+ , K^+ -ATPase activities recorded in the two experiments. At the conclusion of experiment 1 the ATPase activities of the two- and one-third ration UMG fish were lower than in the full ration fish, whereas in experiment 2 all groups maintained similar enzyme activities. Furthermore, following seawater exposure, survival rates in the UMG one-third ration fish from experiment 1 were lower than the other ration groups, with serum osmolality found to be higher in these fish. In experiment 2 both survival and serum osmolality following seawater challenge were similar in all groups. This all implies that the development of hypo-osmoregulatory ability in UMG fish from experiment 1 was lower in the feed restricted groups compared to the full ration fish. It therefore seems that the accelerated production

regime used restricted the development of hypo-osmoregulatory ability in some way. Furthermore, in experiment 1, the serum osmolality of all groups increased slightly at the conclusion of the experiment. Although this increase was not significant, it may imply that under the accelerated production regime of experiment 1, the UMG fish passed through the window when smoltification is possible more rapidly than in the production regime used in experiment 2.

It is difficult to find reasoning for the differences in hypo-osmoregulatory ability between the UMG fish from experiments 1 and 2. However, the observed differences in lipid concentration may provide some insight into this finding. The lipid content of UMG fish from experiment 1 decreased less significantly than in those from experiment 2 during their respective spring photoperiods. Similarly Nordgarden et al. (2002) did not observe a change in the levels of muscle or body lipid during smoltification in 0+ Atlantic salmon smolts, although for smolts produced under a natural photoperiod reductions in muscle, liver and visceral fat are well documented during smoltification (Woo et al.; 1978; Helland and Grisdale-Helland, 1998). Therefore it may be that accelerated production regimes do not allow individuals to mobilise long-term lipid reserves to aid the development of hypo-osmoregulatory mechanisms, favouring short-term stores such as the liver, which is known to increase in weight with feed ration (Storebakken and Austreng, 1987b). Consequently if feed is restricted in 0+ smolts, insufficient energy may be available for the development of full hypo-osmoregulatory ability.

In summary, the effects that long-term variations in daily feed ration have on the incidence of smoltification appear to be mediated through changes in growth.

However, in situations where feed is a limiting factor, the use of photoperiod manipulation may result in hypo-osmoregulatory ability being compromised. The mechanisms which result in the poor development of hypo-osmoregulatory ability in feed restricted underyearling smolts are not clear, but in order to understand these processes further it will be important to consider the role of different energy stores in smolt development, and whether these stores are used differentially under different production regimes.

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Fig. 1. Water temperatures and photoperiod regimes experienced by Atlantic salmon parr reared using either a 0+ (a) or 1+ (b) photoperiod regime. Between 'x' and 'y'

water temperatures were elevated above ambient.

Fig. 2. Changes in weight of Atlantic salmon parr fed different daily rations from early development and reared using either a 0+ (a) or 1+ (b) photoperiod regime (mean \pm S.E.M., n=2). Figure legends denote the daily rations experienced in the respective experiments. The 0+ photoperiod regime has been shown to aid interpretation. Different lettering denotes statistical differences ($P < 0.05$). Where lettering has been stacked it is displayed in the same order as the graph lines.

Fig. 3. Changes in condition factor of Atlantic salmon parr fed different daily rations from early development and reared using either a 0+ (a) or 1+ (b) photoperiod regime (mean \pm S.E.M., n=2). Figure legends denote the daily rations experienced in the respective experiments. The 0+ photoperiod regime has been shown to aid interpretation. Different lettering denotes statistical differences ($P < 0.05$). Where lettering has been stacked it is displayed in the same order as the graph lines.

Fig. 4. Changes in the whole body lipid concentration of Atlantic salmon parr fed different daily rations from early development and reared using either a 0+ (a) or 1+ (b) photoperiod regime (mean \pm S.E.M., n=2). Figure legends denote the daily rations experienced in the respective experiments. The 0+ photoperiod regime has been shown to aid interpretation. Different lettering denotes statistical differences ($P < 0.05$). Where lettering has been stacked it is displayed in the same order as the graph lines.

Fig. 5. Changes in the gill Na^+ , K^+ -ATPase activity of upper modal group juvenile Atlantic salmon fed different daily rations from early development and reared using either a 0+ (a) or 1+ (b) photoperiod regime (mean \pm S.E.M., n=2). Figure legends denote the daily rations experienced in the respective experiments. Different lettering denotes statistical differences ($P < 0.05$). Where lettering has been stacked it is displayed in the same order as the graph lines.

Fig. 6 Changes in the serum osmolality and survival of seawater challenged (35‰ for 24h) upper modal group juvenile Atlantic salmon that were fed different daily rations from early development and reared using either a 0+ (a) or 1+ (b) photoperiod regime (mean \pm S.E.M., n=1-15). Figure legends denote the daily rations experienced in the respective experiments. Closed, black symbols relate to changes in serum osmolality, Open, grey symbols relate to changes in survival. Different lettering denotes statistical differences ($P < 0.05$). Where lettering has been stacked it is displayed in the same order as the graph lines.

Fig. 7 The structure of Atlantic salmon parr populations recorded at the conclusion of experiments in which groups were fed different daily rations from early development and reared using either a 0+ (a) or 1+ (b) photoperiod regime. Figure legends denote the daily rations experienced in the respective experiments. Closed bars denote the length-frequency structure of a population sample (n=100), open bars denote the percentage of upper (UMG) and lower (LMG) modal group fish from the entire population (mean \pm S.E.M., n=2). Differences in lettering denotes statistical differences ($P < 0.05$). Capital lettering denotes between treatment differences in either UM or LM groups, lower case lettering denotes within treatment differences between

UM and LM groups.

Fig. 1

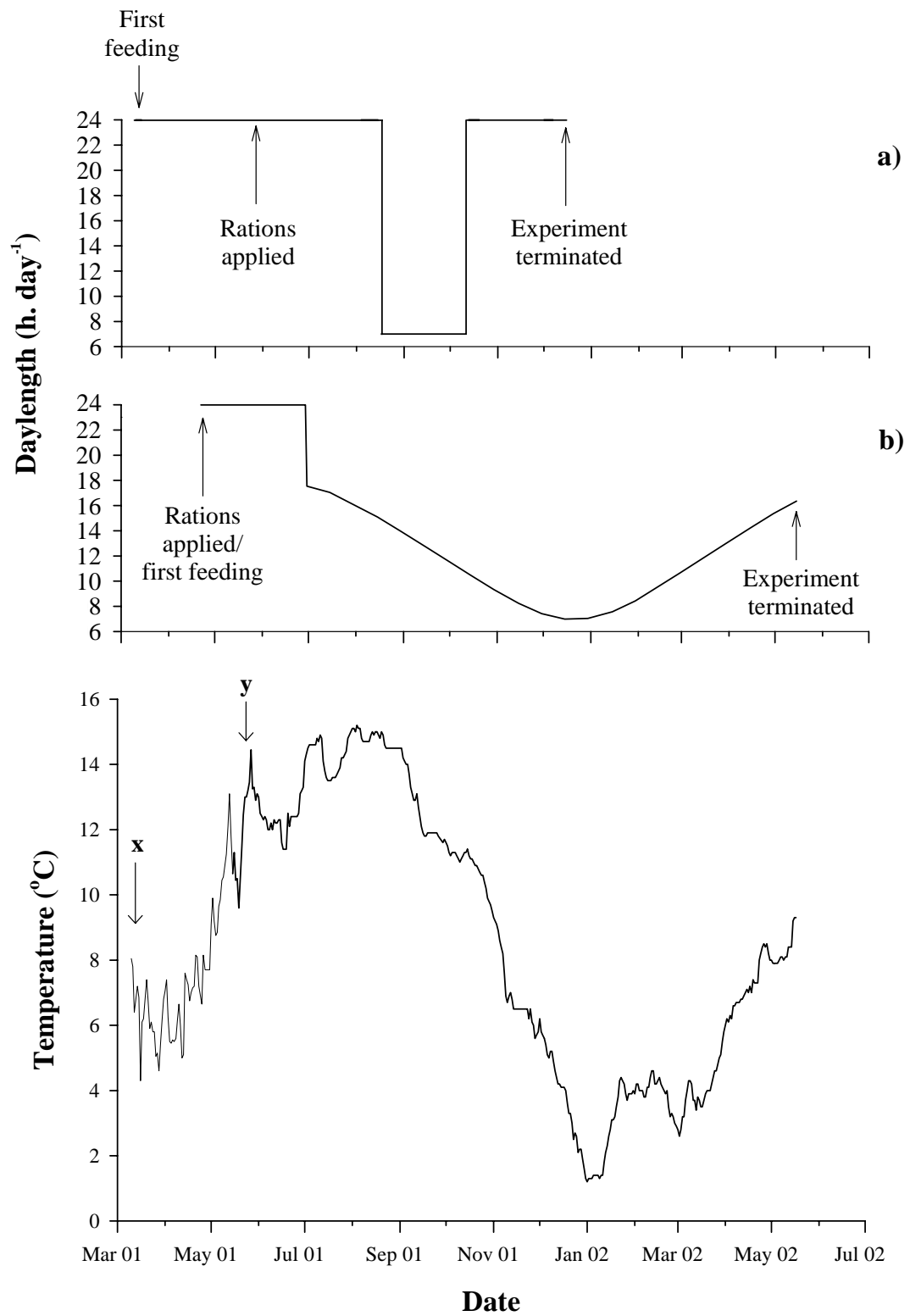


Fig. 2

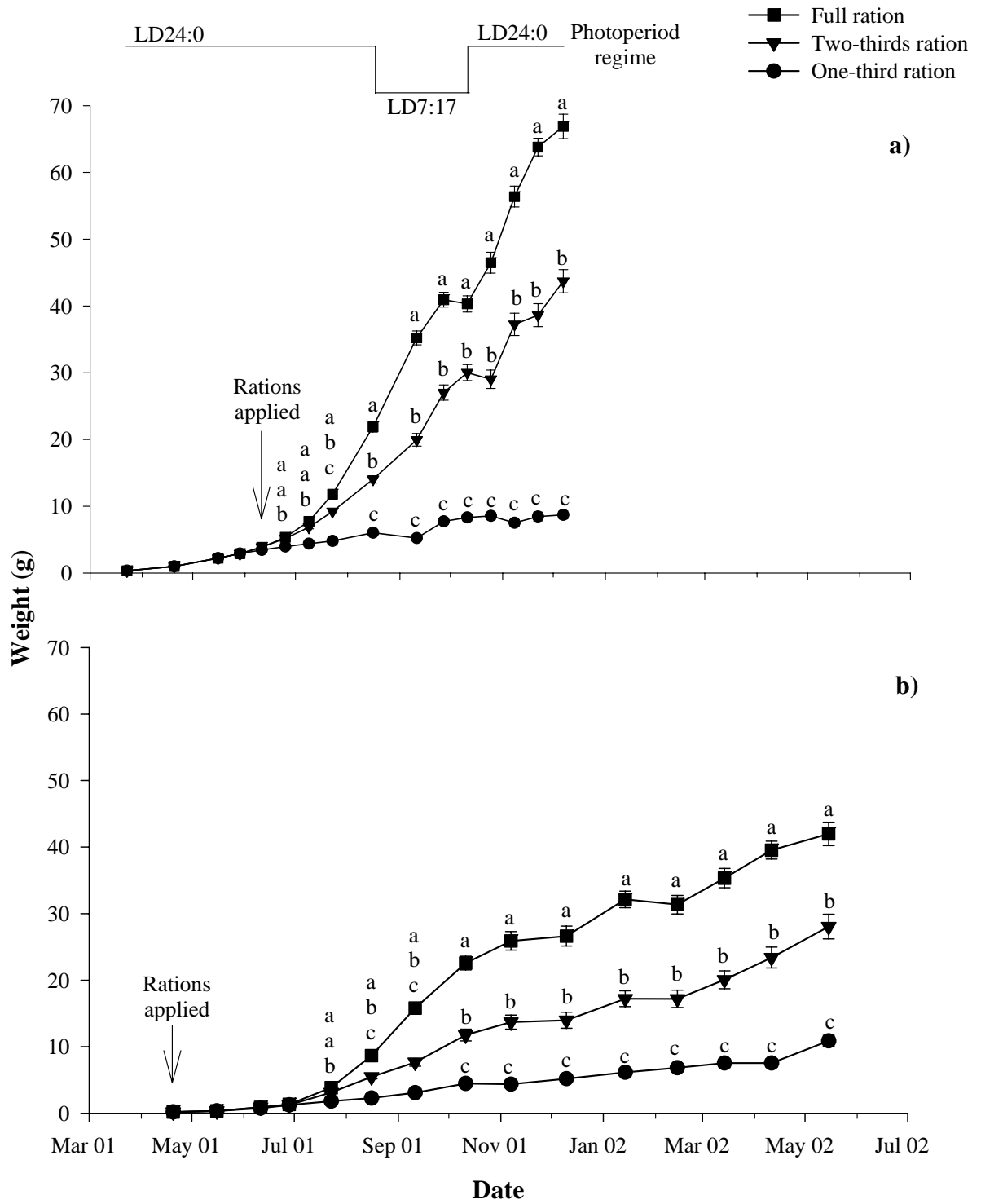


Fig. 3

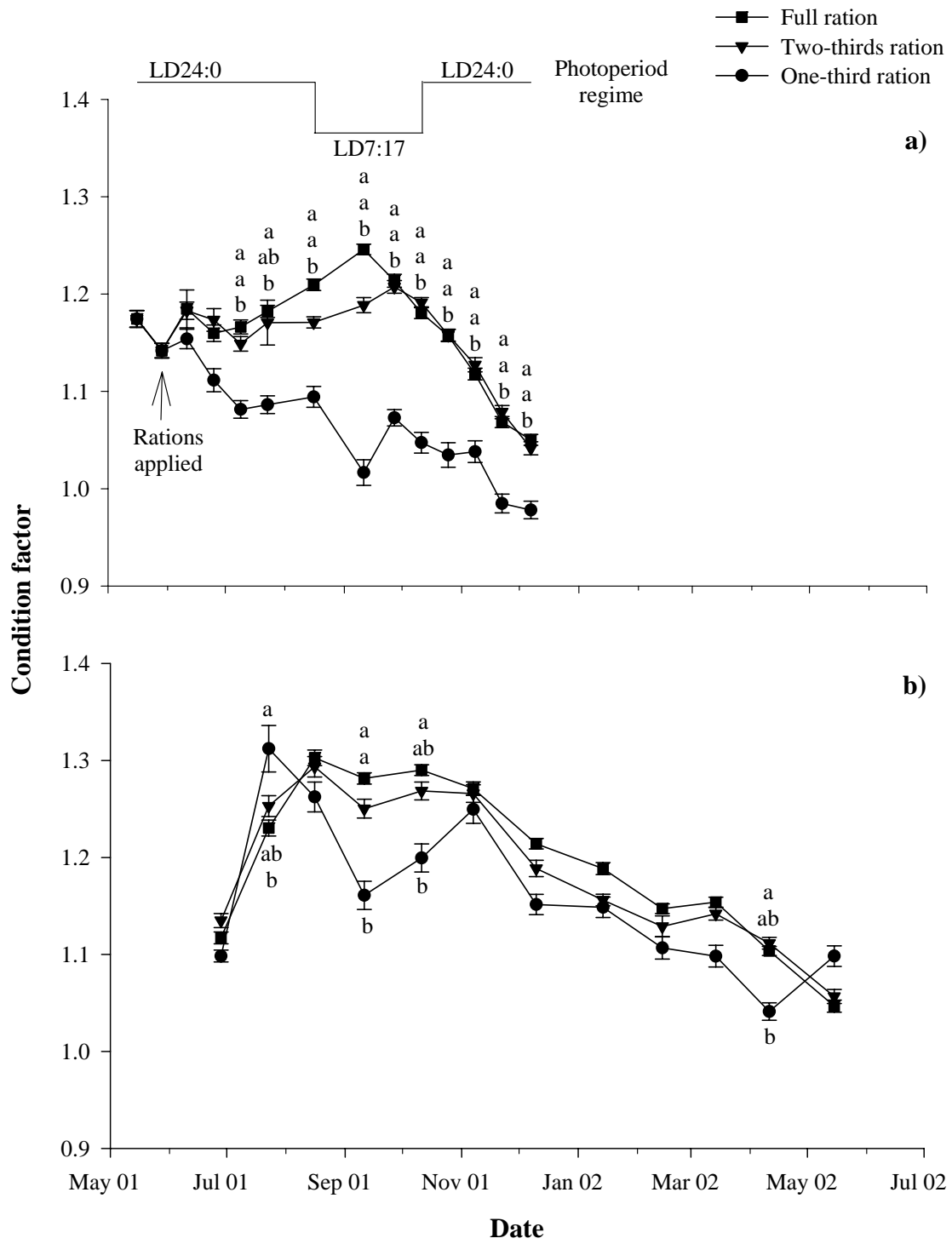


Fig. 4

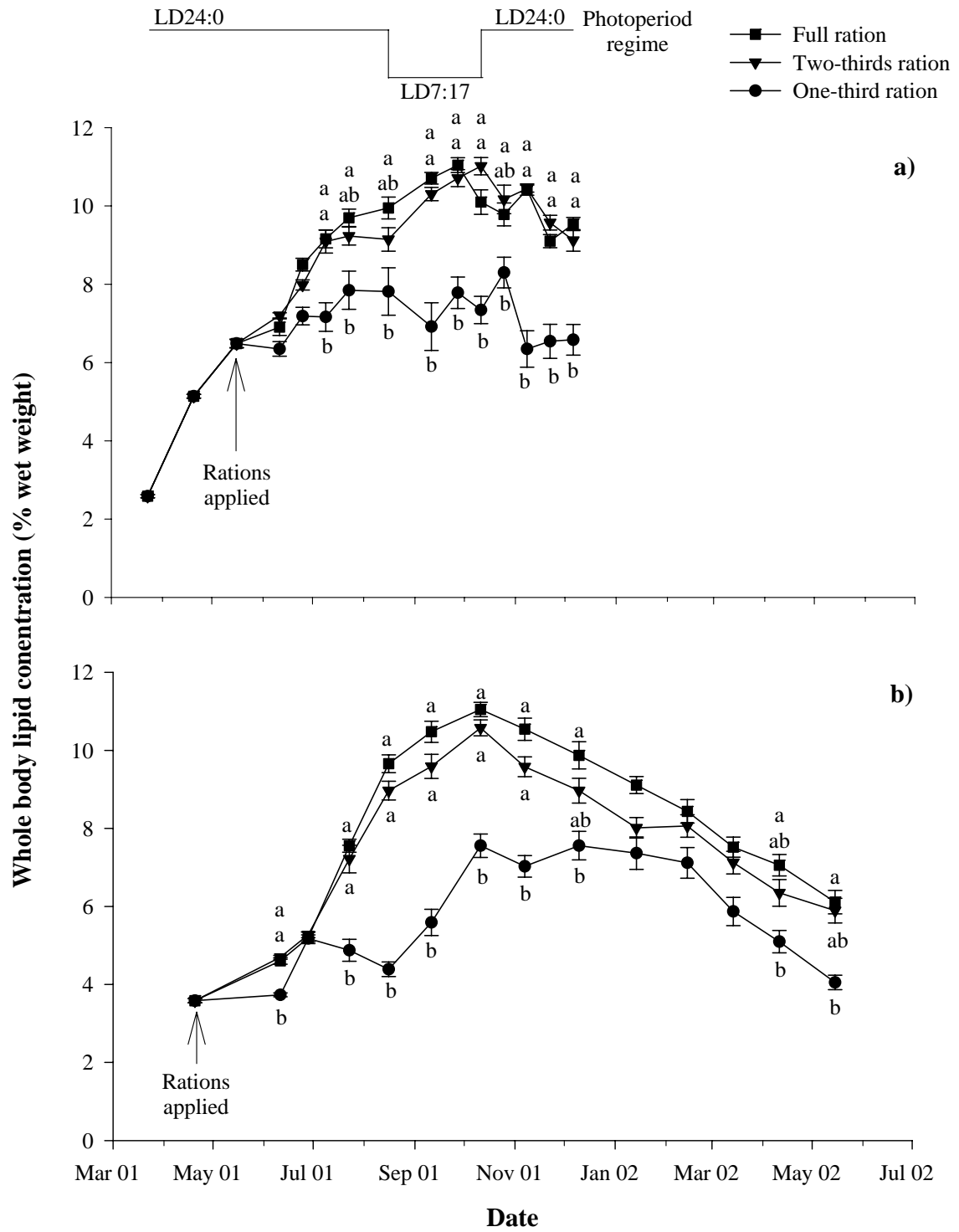


Fig. 5

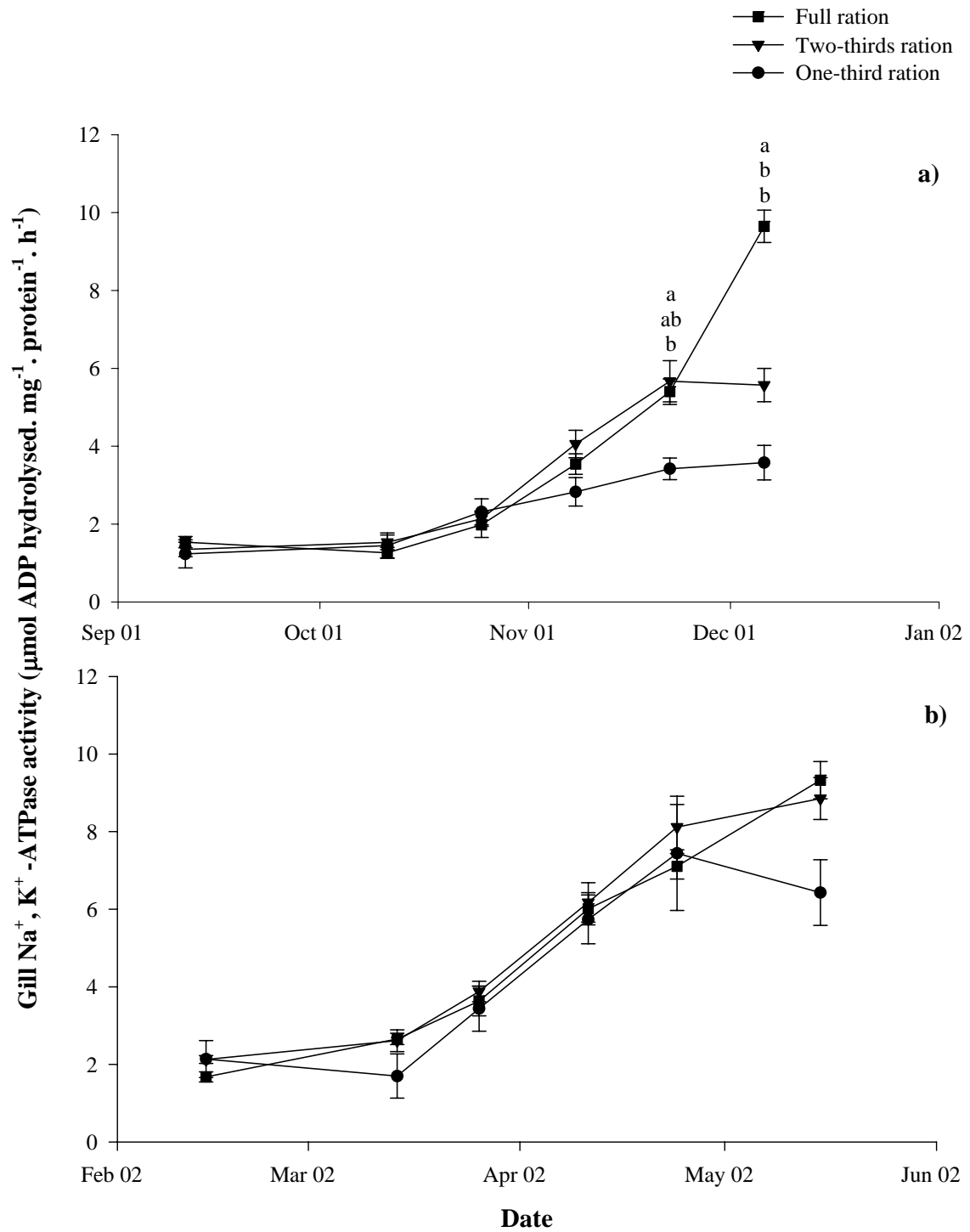


Fig. 6

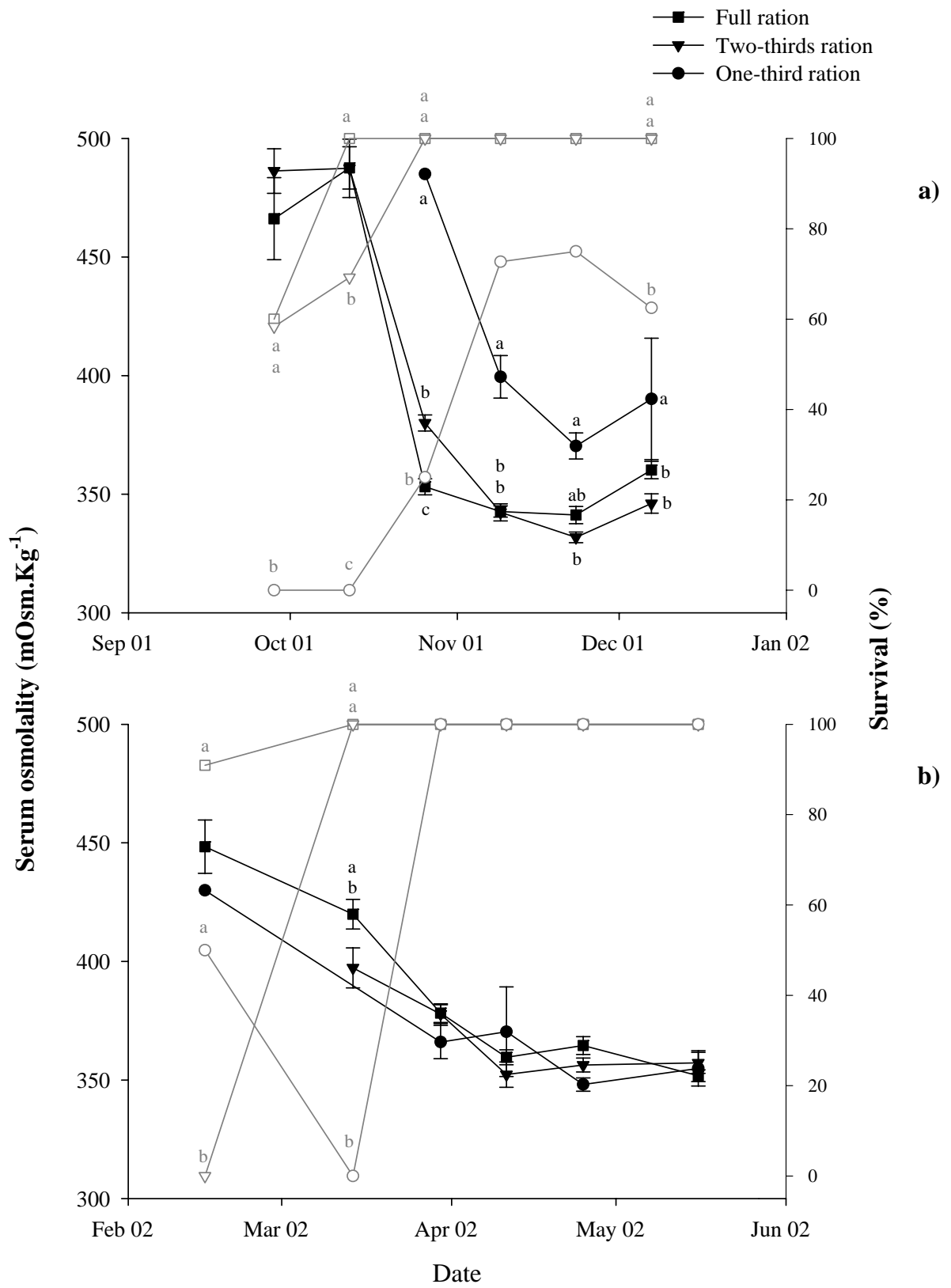


Fig. 7

