

Highly Unsaturated Fatty Acid Synthesis in Marine Fish: Cloning, Functional Characterization and Nutritional Regulation of Fatty Acyl $\Delta 6$ Desaturase of Atlantic Cod (*Gadus morhua* L.)

**Douglas R. Tocher^{*}, Xiaozhong Zheng, Christian Schlechtriem, Nicola
Hastings¹, James R. Dick and Alan J. Teale**

Institute of Aquaculture, University of Stirling, Stirling FK9 4LA, Scotland, United Kingdom

Running Title: $\Delta 6$ DESATURASE IN ATLANTIC COD

Keywords: Highly unsaturated fatty acids; Biosynthesis; $\Delta 6$ Desaturase; Gene expression, Nutritional regulation; Marine fish; Cod.

Mailing address: Dr Douglas R Tocher. Institute of Aquaculture, University of Stirling, Stirling FK9 4LA, Scotland, United Kingdom. Tel: +44 1786 467996; Fax +44 1786 472133;

E-mail: d.r.tocher@stir.ac.uk

*To whom correspondence should be addressed. Dr Douglas R Tocher. Institute of Aquaculture, University of Stirling, Stirling FK9 4LA, Scotland, United Kingdom. Tel: +44 1786 467996; Fax +44 1786 472133; E-mail: d.r.tocher@stir.ac.uk

Abbreviations: FO, fish oil; HUFA, highly unsaturated fatty acids (carbon chain length $\geq C_{20}$ with ≥ 3 double bonds); ORF, open reading frame; Q-PCR, quantitative real-time polymerase chain reaction; RACE, rapid amplification of cDNA ends; UTR, untranslated region; VO, vegetable oil.

¹Present address: Roslin Institute, Roslin, Midlothian EH25 9LS, Scotland, United Kingdom

ABSTRACT: This study reports the cloning, functional characterization, tissue expression and nutritional regulation of a $\Delta 6$ fatty acyl desaturase of Atlantic cod (*Gadus morhua*). PCR primers were designed based on the sequences of conserved motifs in available fish desaturases and used to isolate a cDNA fragment from cod liver, with full-length cDNA obtained by Rapid Amplification of cDNA Ends. The cDNA for the putative desaturase was shown to comprise 1980bp, including a 261bp 5'-UTR, a 375bp 3'-UTR, and an ORF of 1344 bp that specified a protein of 447 amino acids. The protein sequence included three histidine boxes, two transmembrane regions, and an N-terminal cytochrome b₅ domain containing the haem-binding motif HPGG, all characteristics of microsomal fatty acyl desaturases. The cDNA displayed $\Delta 6$ desaturase activity in a yeast expression system. Quantitative real time PCR assay of gene expression in cod showed that the $\Delta 6$ desaturase gene was highly expressed in brain, followed by liver, kidney, intestine, red muscle and gill, and at much lower levels in white muscle, spleen and heart. The expression of the $\Delta 6$ desaturase gene did not appear to be under significant nutritional regulation, with levels in liver and intestine being barely altered in fish fed a vegetable oil blend by comparison with levels in fish fed fish oil. This was reflected in enzyme activity, as hepatocytes or enterocytes showed very little highly unsaturated fatty acid biosynthesis activity irrespective of diet. Further studies are required to determine why the $\Delta 6$ desaturase appears to be barely functional in cod under the conditions tested.

Fish are the only major dietary source for humans of n-3 highly unsaturated fatty acids (HUFA), eicosapentaenoate (EPA; 20:5n-3) and docosahexaenoate (DHA; 22:6n-3) (1) and, with traditional fisheries declining, aquaculture supplies an increasing proportion of the fish in the human food basket (2). However, the current high use of fish oils, derived from feed-grade marine fisheries, in aquaculture feeds is not sustainable, and will constrain growth of aquaculture activities (3,4). Vegetable oils, a sustainable alternative to fish oil, can be rich in C₁₈ polyunsaturated fatty acids (PUFA) such as linoleic (18:2n-6) and α -linolenic (18:3n-3) acids, but lack the n-3HUFA abundant in fish oils (5). The extent to which fish can convert C₁₈ PUFA to C_{20/22} HUFA varies with species, and is associated with their capacity for fatty acyl desaturation and elongation (6). Marine fish are unable to produce EPA and DHA from 18:3n-3 at a physiologically significant rate (5) due to apparent deficiencies in one or more enzymes in the desaturation/elongation pathway (7,8). Thus, flesh fatty acid compositions in marine fish fed vegetable oils are characterized by increased levels of C₁₈ PUFA and decreased levels of n-3HUFA, compromising their nutritional value to the human consumer (9,10).

Until depletion of the commercial stocks in the 1990's, Atlantic cod (*Gadus morhua* L.) was the most valued food fish obtained from the North Atlantic (11). In recent years significant progress has been made in the culture of cod and the life cycle has been closed, allowing production independently of wild fisheries (12). The large and highly developed market for cod along with the high market price and the decreasing quotas set to preserve wild stocks has greatly increased interest in cod culture in recent years (13-15). However, the establishment of large-scale, sustainable cod culture will require solutions to several nutritional issues including broodstock and larval nutrition and replacement of dietary fish oil with alternatives in on-growing diets (16-18).

Our overall aim is to determine what regulates HUFA biosynthesis in fish and how it can be optimized to enable fish to make effective use of dietary vegetable oil. Recently, fatty acyl desaturases, critical enzymes in the pathways for the biosynthesis of the long-chain C_{20/22} HUFA from shorter chain C₁₈ PUFA, have been cloned from several teleosts (19,20). The cDNAs for $\Delta 6$

and $\Delta 5$ desaturases have been cloned from Atlantic salmon (*Salmo salar* L.) (21,22) whereas, in contrast, only $\Delta 6$ desaturase cDNAs have been cloned from marine fish (23,24). The expression levels of both $\Delta 6$ and $\Delta 5$ desaturases in salmon were shown to be up regulated in fish fed vegetable oil by comparison with levels in fish fed fish oil (25,26). The specific objectives of the study described here were to investigate fatty acid desaturation and the regulation of the HUFA synthetic pathway in Atlantic cod. Thus, we describe the cDNA cloning, functional characterization, and tissue distribution of a fatty acyl desaturase of cod, and report the effects of nutrition on the expression of fatty acyl desaturase and elongase genes in cod fed diets containing either fish oil or a blend of vegetable oils.

MATERIALS AND METHODS

Cloning of putative fatty acyl desaturase from cod. Liver tissue was obtained from Atlantic cod fed for 3 months with the vegetable oil diet described below. Total RNA was extracted from liver using TRIzol[®] reagent (GibcoBRL, NY, U.S.A.). 3'-RACE cDNA was synthesized using MMLV reverse transcriptase (Promega, Madison, WI, U.S.A) primed by the oligonucleotide, NotIpolyT, 5'-GATAGCGCCCGCGTTTTTTTTTTTTTTTTTTT-3'. 5'-RACE-cDNA was synthesized using the SMART[™] RACE cDNA amplification kit (Clontech, NJ, U.S.A). Available fish desaturase sequences were aligned to enable the design of the degenerate forward primer, 5'-CARCAYCAYGCNAARCCNAA-3' and reverse primer, 5'-RAANARRRTGYTCDATYTG-3'. These were used for PCR isolation of a cod desaturase cDNA fragment. PCR amplification was performed using Thermoprime plus DNA polymerase (ABgene, Surrey, UK) under the following touchdown PCR conditions: initial denaturation at 95 °C for 1 min, 10 cycles of denaturation at 95 °C for 15 s, annealing at 62 °C for 30 s (-1.5 °C /cycle), and extension at 72 °C for 90 s, then 6 cycles of denaturation at 95 °C for 15 s, annealing at 52 °C for 30 s and extension at 72 °C for 90 s, followed by 24 cycles of denaturation at 95 °C for 15 s, annealing at 51 °C for 30 s and extension at 72 °C for 90 s. The PCR products were cloned into pBluescript KS II⁺ vector (Stratagene, La Jolla,

CA, U.S.A.). The nucleotide sequences were determined by standard dye terminator chemistry using a Perkin Elmer ABI-377 DNA sequencer following the manufacturer's protocols (Perkin Elmer, Applied Biosystems). Following isolation of a cDNA fragment flanked by the above primers, the specific forward primer 5'-GCCGATGAACATAGACCACG-3' was designed for 3' RACE PCR together with primer Not1PolyT under the following conditions: initial denaturation at 95 °C for 1 min, 25 cycles of denaturation at 95 °C for 20 s, annealing at 56 °C for 30 s, and extension at 72 °C for 2 min. The reverse primer, 5'-GGTGTTGGTGGTGATAGGGCAT-3', was used in conjunction with forward UPM (universal primer mix, long and short), 5'-CTAATACGACTCACTATAGGGCAAGCAGTGGTATCAACGCAGAGT-3' and 5'-CTAATACGACTCACTATAGGGC-3', to perform 5'RACE PCR. Amplification involved an initial step at 95 °C for 1 min and 70 °C for 3 min, and 5 cycles of denaturation at 95 °C for 30s, annealing at 60 °C (-1°C /cycle) for 30s and extension at 72 °C for 2 min, followed by 24 cycles of denaturation at 95 °C for 30s, annealing at 56 °C for 30s and extension at 72 °C for 2 min. Nucleotide sequences were determined as above and the 3' and 5' RACE PCR fragment sequences aligned to assemble the full nucleotide sequence of the cod putative desaturase cDNA using BioEdit version 5.0.6 (Tom Hall, Department of Microbiology, North Carolina State University, USA).

Heterologous expression of desaturase ORF in Saccharomyces cerevisiae. Expression primers were designed for PCR cloning of the cod putative desaturase cDNA ORF. The forward primer, 5'-CGGAATTCAAGCTTAAGATGGGAGGTGGAGGGCA-3' contained a *HindIII* site (underlined) and the reverse primer, 5'-GCTCTAGACTCGAGTCACTTATGGAGATAAGCATC-3' contained an *XhoI* site (underlined). PCR was performed using high fidelity DNA polymerase (Roche Diagnostics Ltd., Lewes, East Sussex, UK) following the manufacturer's instructions. Amplification involved an initial denaturation step at 95 °C for 2 min, followed by 30 cycles of denaturation at 95 °C for 30 s, annealing at 58 °C for 30 s, and extension at 72 °C for 90 s followed by a final extension at 72 °C for 10 min. Following PCR, the DNA fragments were restricted and

ligated into the similarly digested yeast expression vector pYES2 (Invitrogen Ltd, Paisley, UK). Ligation products were then used to transform Top10F' *E. coli* competent cells (Invitrogen Ltd, Paisley, UK) which were screened for the presence of recombinants. Transformation of the yeast *S. cerevisiae* (strain InvSc1) with the recombinant plasmids was carried out using the S.c.EasyComp Transformation Kit (Invitrogen Ltd, Paisley, UK). Selection of yeast containing the desaturase/pYES2 constructs was on *S. cerevisiae* minimal medium (SCMM) minus uracil. Culture of the recombinant yeast was carried out in SCMM^{-uracil} broth as described previously (19), using galactose induction of gene expression. Each culture was supplemented with one of the following PUFA substrates; α -linolenic acid (18:3n-3), linoleic acid (18:2n-6), eicosatetraenoic acid (20:4n-3), dihomo- γ -linolenic acid (20:3n-6), docosapentaenoic acid (22:5n-3) and docosatetraenoic acid (22:4n-6). PUFA were added to the yeast cultures at concentrations of 0.5 mM (C₁₈), 0.75 mM (C₂₀) and 1 mM (C₂₂) as uptake efficiency decreases with increasing chain length. Yeast cells were harvested, washed, dried, and lipid extracted by homogenization in chloroform/methanol (2:1, by vol.) containing 0.01% butylated hydroxytoluene (BHT) as antioxidant as described previously (19). Fatty acid methyl esters (FAME) were prepared, extracted, purified by thin layer chromatography (TLC), and analyzed by gas chromatography (GC), all as described below. The proportion of substrate fatty acid converted to the longer chain fatty acid product was calculated from the gas chromatograms as $100 \times [\text{product area}/(\text{product area} + \text{substrate area})]$. Unequivocal confirmation of fatty acid products was obtained by GC-mass spectrometry of the picolinyl derivatives as described in detail previously (19).

Fish and diets. Atlantic cod were from a stock held at the Institute of Aquaculture and were fed a commercial fishmeal and oil-based diet prior to the trial. Fish with a mean body weight of 87 ± 5 g, were stocked randomly (at 20 fish/tank) into two 1.5 m tanks of 400-L capacity supplied with recirculated seawater (37 ppt) at a constant temperature of 10 °C at 400 L/h and were subjected to a photoperiod regime of 12-h light:12-h dark. Fish were fed at a rate of 1.5% biomass/day in two portions (9 am and 2 pm) for three months before sampling. The diets were manufactured in-house

and only differed in the oil added to the basal mix (Table 1). In one diet, fish oil (FO) was the only added oil and in the other fish oil was replaced by a vegetable oil (VO) blend containing rapeseed, linseed and palm oils in a 2 : 2 : 1 ratio (Table 2). The diets were formulated to meet all the known nutritional requirements of marine fish (27). The experiment was conducted in accordance with British Home Office guidelines regarding research on experimental animals.

After 90 days, the fish weighed $258 \pm 21\text{g}$ and there was no significant difference between weights of fish on different dietary treatments. Twelve fish per dietary treatment were sampled, with six used for the preparation of hepatocytes and enterocytes from liver and pyloric caeca, respectively. Tissue samples were collected from the other six fish, with liver and caecal tissue collected from all six fish, and brain, heart, kidney, gill, spleen, adipose tissue, white and red muscle collected from three of these fish for RNA extraction and gene expression studies, and liver, caeca and white muscle collected from four fish for lipid and fatty acid analyses. All tissue samples were frozen immediately in liquid nitrogen and stored at -80°C prior to further analyses.

Cod tissue RNA extraction and quantitative real time PCR (Q-PCR). Total RNA extraction was performed as described above. Five μg of total RNA was reverse transcribed into cDNA using M-MLV reverse transcriptase first strand cDNA synthesis kit (Promega UK, Southampton, UK). Gene expression of the fatty acyl $\Delta 6$ desaturase and fatty acid elongase (28) genes in tissues from cod fed the different diets was studied by quantitative real-time PCR (Q-PCR). The PCR primers were designed according to the $\Delta 6$ desaturase (accession no. DQ054840), and published elongase (accession no. AY660881) cDNA sequences. For the $\Delta 6$ desaturase, the forward and reverse primers were 5'-CCCCAGACGTTTGTGTCAG-3', and 5'-CCTGGATTGTTGCTTTGGAT-3', respectively. For the elongase, the forward and reverse primers were 5'-TGATTTGTGTTCCAAATGGC-3' and 5'-CTCATGACGGGAACCTCAAT-3', respectively. PCR products sizes were 181 and 219 bp, respectively. Amplification of cDNA samples and DNA standards was carried out using SYBR Green PCR Kit (Qiagen, Crawley, West Sussex, UK) and the following conditions: 15 min denaturation at 95°C , 45 cycles of 15 s at 94°C , 15 s at 55°C and

30 s at 72 °C. This was followed by product melt to confirm single PCR products. Thermal cycling and fluorescence detection were conducted in a Rotor-Gene 3000 system (Corbett Research, Cambridge, UK), with expression of target genes quantified and normalized as described previously (29).

Lipid extraction and fatty acid analyses. Total lipids of livers, pyloric caeca, flesh (white muscle) and diet samples were extracted by homogenization in chloroform/methanol (2:1, v/v) containing 0.01 % BHT as antioxidant (30). FAME were prepared from total lipid by acid-catalyzed transesterification using 2 ml of 1% H₂SO₄ in methanol plus 1 ml toluene (31) and FAME extracted and purified as described previously (32). FAME were separated and quantified by gas-liquid chromatography (Fisons GC8600, Fisons Ltd., Crawley, U.K.) using a 30 m x 0.32 mm capillary column (CP wax 52CB; Chrompak Ltd., London, U.K). Hydrogen was used as carrier gas and temperature programming was from 50°C to 180°C at 40°C/min and then to 225°C at 2°C/min. Individual methyl esters were identified by comparison to known standards and by reference to published data (33).

Activity of the HUFA biosynthesis pathway in hepatocytes and enterocytes. Hepatocytes and enterocytes were prepared from livers and pyloric caeca by collagenase treatment of chopped tissue and sieving through 100 µm nylon gauze essentially as described in detail previously for salmonid and sea bass tissues (26,34). Approximately twice as much cod liver tissue was used for digestion due to the high fat content and consequently lower yield of cells (35). Viability, as assessed by trypan blue exclusion, was > 95% at isolation and decreased by less than 5% over the period of the incubation for both cell types. The enriched enterocyte preparation was predominantly enterocytes although some secretory cells are also present. One hundred µl of the hepatocyte and enterocyte suspensions were retained for protein determination according to the method of Lowry *et al.* (36) following incubation with 0.4 ml of 0.25% (w/v) SDS/1M NaOH for 45 min at 60 °C.

Five ml of each hepatocyte or caecal enterocyte suspension were dispensed into 25 cm² tissue culture flasks and incubated at 20 °C for 2 h with 0.3 µCi (~ 1 µM) [1-¹⁴C]18:3n-3, added as a BSA

complex (37). After incubation, cells were harvested, washed, and lipid extracted as described previously (26), and total lipid transmethylated and FAME prepared as described above. The FAME were separated by argentation (silver nitrate) thin-layer chromatography (38), located on the plate by autoradiography for 14 days, and quantified by liquid scintillation after being scraped from the plates as described previously (39).

Materials. [1-¹⁴C]18:3n-3 (50-55 mCi/mmol) was obtained from NEN (Perkin Elmer LAS (UK) Ltd., Beaconsfield, U.K.). Eicosatetraenoic (20:4n-3), docosapentaenoic (22:5n-3) and docosatetraenoic (22:4n-6) acids (all > 98-99% pure) were purchased from Cayman Chemical Co., Ann Arbor, USA. Linoleic (18:2n-6), α -linolenic (18:3n-3), eicosatrienoic (20:3n-6) acids (all >99% pure), collagenase (type IV), FAF-BSA, BHT and silver nitrate were obtained from Sigma-Aldrich Co. Ltd. (Poole, U.K.). TLC (20 x 20 cm x 0.25 mm) plates pre-coated with silica gel 60 (without fluorescent indicator) were purchased from Merck (Darmstadt, Germany). All solvents were HPLC grade and were from Fisher Scientific (Loughborough, UK).

RESULTS

Sequence analyses. The full length of the putative cod desaturase cDNA (mRNA), as determined by 5' and 3' RACE PCR, was shown to be 1980bp which included a 5'-UTR of 261bp and a 3'-UTR of 375bp. Sequencing revealed that the cDNA included an ORF of 1344 bp, which specified a protein of 447 amino acids (GenBank accession no. DQ054840). The protein sequence included all the characteristic features of microsomal fatty acyl desaturases, including two transmembrane regions, three histidine boxes and an N-terminal cytochrome b₅ domain containing the haem-binding motif, H-P-G-G (Fig.1). Phylogenetic analysis comparing the cod desaturase sequence with desaturases from other fish species and human Δ 5 and Δ 6 desaturases, clustered the cod most closely with tilapia, sea bream and turbot, and more distantly from carp, zebrafish, and salmonids (Fig.2). A pair-wise comparison between fish and human desaturase sequences showed the amino acid sequence predicted by the cod putative desaturase ORF showed greatest identity to that of

gilthead sea bream $\Delta 6$ desaturase (82%), and 64 and 56% identity to the human $\Delta 6$ and $\Delta 5$ cDNAs, respectively (Table 3).

Functional characterization. The fatty acid composition of the yeast transformed with the vector alone showed the four main fatty acids normally found in *S. cerevisiae*, namely 16:0, 16:1n-7, 18:0 and 18:1n-9, together with the exogenously derived fatty acids (Fig. 3A and C). The most prominent additional peaks were observed in the profiles of transformed yeast grown in the presence of the $\Delta 6$ desaturase substrates, 18:2n-6 and 18:3n-3 (Fig.3A-D). Based on GC retention time and confirmed by GC-MS, the additional peaks associated with the presence of the cod desaturase cDNA were identified as 18:3n-6 (Fig.3B) and 18:4n-3 (Fig.3D), corresponding to the $\Delta 6$ desaturation products of 18:2n-6 and 18:3n-3, respectively. Approximately, 33.5% of 18:3n-3 was converted to 18:4n-3, and 17.5% of 18:2n-6 was converted to 18:3n-6 in yeast transformed with the cod desaturase. No additional peaks representing desaturated fatty acid products were observed in the lipids of transformed *S. cerevisiae* incubated with 20:3n-6 or 20:4n-3 (Fig.3E and F), indicating no $\Delta 5$ desaturase activity. Similarly, the cod desaturase cDNA did not express any $\Delta 4$ desaturase activity as evidenced by the lack of additional peaks representing desaturated products of 22:5n-3 or 22:4n-6 (data not shown).

Fatty acyl desaturase and elongase gene expression in cod tissues. The fatty acyl $\Delta 6$ desaturase and PUFA elongase genes were expressed in all cod tissues examined. For the desaturase, the abundance of transcript was clearly greatest in brain followed by liver, kidney, intestine, red muscle and gill, and by much lower levels in white muscle, spleen and heart (Fig.4). The abundance of elongase transcript was very high in brain and gill, with lower levels in kidney, spleen, intestine and heart, and a surprisingly low level of expression in liver.

Effect of diet on fatty acid compositions of flesh, liver and pyloric caeca. The FO diet contained around 25% total saturates, predominantly 16:0, approximately 46% total monoenes, with 26% as the long chain monoenes 20:1 and 22:1, 3.7% n-6PUFA predominantly 18:2n-6, and almost 25% n-3PUFA, with almost 20% as the n-3HUFA, 20:5n-3 and 22:6n-3 (Table 2). The VO diet provided

slightly lower levels of total saturates and monoenes and a similar level of n-3PUFA, but was characterized by increased proportions of 18:1n-9, 18:2n-6 and 18:3n-3 and decreased proportions of n-3HUFA and long chain monoenes. Therefore, the VO diet showed levels of 18:1n-9, 18:2n-6 and 18:3n-3 of around 26%, 10% and 13%, respectively, whereas the combined level of 20:5n-3 and 22:6n-3 was reduced by half to 10% (Table 2).

The total lipid content of liver was greater than 50% of the wet weight consistent with it being the major lipid storage organ in cod, whereas flesh had a low lipid content of 1% with pyloric caeca containing around 3% total lipid (Table 4). Dietary VO had no significant effect on tissue lipid contents. The rank order of the major fatty acids from total lipid of flesh from cod fed FO was 22:6n-3 > 16:0 > 20:5n-3 > 18:1n-9 > 20:1n-9 (Table 4). The changes in fatty acid composition of the diets in response to replacement of FO with VO, described above, were reflected in the flesh fatty acid compositions with increased proportions of 18:1n-9, 18:2n-6 and 18:3n-3, and decreased proportions of n-3HUFA. Pyloric caeca showed a similar fatty acid composition to flesh with dietary VO having a very similar effect. However, consistent with the higher storage (neutral) lipid content, liver fatty acid composition was characterized by higher levels of monounsaturated fatty acids. Thus, the rank order of the major fatty acids from total lipid of liver from fish fed FO was 18:1n-9 > 16:0 > 20:1n-9 > 22:6n-3 > 22:1 > 20:5n-3 > 16:1n-7 (Table 4). However, substitution of FO with VO resulted in similar changes to liver fatty acid composition as in the other tissues, with increased proportions of 18:1n-9, 18:2n-6 and 18:3n-3 and decreased proportions of n-3HUFA.

Effects of diet on the HUFA biosynthesis pathway in hepatocytes and enterocytes. Total activity of the HUFA biosynthesis pathway as measured by the recovery of radioactivity in the summed desaturated products of [1-¹⁴C]18:3n-3 was around 7-fold higher in enterocytes than in hepatocytes in cod (Fig.5). In both cell types, the rate of synthesis of pathway products was unaffected by dietary treatment. The rate of the HUFA biosynthesis pathway in cod hepatocytes was between 40- and 120-fold lower than that observed in hepatocytes of Atlantic salmon smolts of similar size and assayed at the same time of year and fed similar diets (26) (Fig.6). Similarly, the rate of the

pathway in cod enterocytes was between 8- and 17-fold lower than that observed in salmon enterocytes. Furthermore, in contrast to the situation in cod, the rate of the HUFA biosynthesis pathway in salmon was significantly higher in both cell types from fish fed a VO blend compared to fish fed FO.

Effect of diet on expression of fatty acyl desaturase and elongase genes in liver and intestine. The effect of diet on the normalised expression of the $\Delta 6$ desaturase and PUFA elongase genes was determined in liver and intestine (pyloric caeca). The expression of both genes tended to be increased in terms of absolute copy number but the data were characterized by a high degree of variation. Therefore, the only statistically significant effect of diet was increased expression of PUFA elongase in the liver (Fig.7).

DISCUSSION

The study reported here revealed that Atlantic cod express a fatty acyl desaturase and functional analysis in yeast confirmed the cod enzyme as a $\Delta 6$ desaturase. Comparing the protein sequence with that of a range of other desaturases of fish and human showed the cod $\Delta 6$ sequence to be more similar to the human $\Delta 6$ than to the human $\Delta 5$, but most similar to the $\Delta 6$ desaturases previously cloned from other marine fish, gilthead sea bream (*Sparus aurata*) and turbot (*Psetta maximus*) (20,22). Phylogenetic analysis of the desaturase sequences reflected classical phylogeny, showing the cod (Paracanthopterygii; Gadiformes) branching from the Acanthopterygia (cichlids, perciformes and pleuronectiformes) line, and further separated from both the carp and zebrafish (Ostariophysi; cyprinids), and salmonids (Salmoniformes; salmonidae) (42). Along with the cloning of $\Delta 6$ desaturase cDNAs of sea bream and turbot, the work described has confirmed that marine fish have, and express, the gene required for the first step in the HUFA biosynthesis pathway, $\Delta 6$ desaturation, suggesting that any deficiencies in this pathway in marine fish would be at a further step such as chain elongation and/or $\Delta 5$ desaturation. This is consistent with biochemical data suggesting deficiencies in these steps in turbot and sea bream cell lines (7,8).

However, despite expressing an apparently active $\Delta 6$ desaturase, the activity of the HUFA biosynthesis pathway in both hepatocytes and enterocytes in cod was very low, and considerably lower than the activities measured in salmon hepatocytes and enterocytes (26,43). Indeed, the activities were so low that it was not possible to accurately quantify individual products, although in enterocytes, in which the activity was slightly higher, we were able to confirm that only $\Delta 6$ desaturated products (18:4n-3, 20:4n-3 and 22:4n-3) were observed on the autoradiographs. Furthermore, the majority product was 18:4, and so very little HUFA (defined as $\geq C_{20}$ and ≥ 3 double bonds) was actually produced, and neither EPA nor DHA were detected in cod. In contrast, functional expression in the yeast system had shown that the cod $\Delta 6$ had substantial enzymatic activity towards 18:3n-3. This perhaps highlights the known limitations of heterologous expression systems that will be using the endogenous yeast transcription system rather than the cod transcription machinery. It is also clear that it is essential that gene expression at the protein level should also be studied to confirm translation of the $\Delta 6$ desaturase gene in cod tissues. However, in the same yeast system, the salmon $\Delta 6$ gene gave over 60% conversion of 18:3n-3 (22) compared to 33% for the cod $\Delta 6$. Therefore, consistent with the salmon expressing higher HUFA synthesis activities, the salmon $\Delta 6$ was more active than the cod $\Delta 6$ in a comparative system although this comparison is limited by the considerations mentioned above. Conversely, conversion of 18:2n-6 by the cod $\Delta 6$ exceeded that of the salmon $\Delta 6$ (18% vs. 14%) in the yeast expression system (22). This was interesting as it had previously been shown that the cod PUFA elongase was unique among the fish desaturase and elongase genes functionally characterized so far by being more active towards the n-6 substrate than the equivalent n-3 substrates (28). The reason for the cod genes being relatively more active towards n-6 substrates is unclear.

In addition to being considerably lower than in salmon, the rate of the HUFA biosynthesis pathway observed in cod was even lower than that observed in previous studies in other marine fish. The rate of desaturation of ^{14}C -18:3n-3 to all products in sea bass (*Dicentrarchus labrax*) was around 0.2 pmol.h⁻¹.mg protein⁻¹ in hepatocytes and between 0.7 and 1.1 pmol.h⁻¹.mg protein⁻¹ in

caecal enterocytes, but this latter figure still represented only 2.1% of total radioactivity recovered, with 97.9% of total radioactivity recovered as the substrate [1-¹⁴C]18:3n-3 (34). The activities in cod were around 10-fold lower at 0.02 and 0.15 pmol.h⁻¹.mg protein⁻¹ in hepatocytes and enterocytes, respectively. It was perhaps noteworthy that the HUFA biosynthesis activities were higher in enterocytes than in hepatocytes in both sea bass and cod. This may be a real biological difference as intestine is now acknowledged as a site of significant fatty acid metabolism, at least in salmonids (44). However, it is possible that part of that difference may be due to the practical problems in isolating cells from such a lipid-rich tissue as cod liver. Despite using twice as much liver as caeca (in terms of wet weight), the cell yield of hepatocytes was very low and may have been a contributing factor. Problems of low yield from lipid rich livers and also analyzing autoradiography data from very low activity samples (see above) were encountered in the previous study in sea bass (34).

Expression of the cod $\Delta 6$ desaturase was greatest in brain followed by liver, kidney and intestine, whereas expression of the PUFA elongase was very high in brain and gill with a low level of expression in liver. In salmon, the expression of both $\Delta 6$ and $\Delta 5$ desaturases and the PUFA elongase were highest in intestine, liver and brain (22). Mammalian $\Delta 6$ and $\Delta 5$ desaturases also show relatively high expression in liver and brain, as well as heart and kidney (45,46). A third desaturase gene in humans (FADS3) also shows highest expression in brain, heart and liver (47). In contrast, intestine does not appear to be a site of high desaturase expression in mammals (48). In mouse, a PUFA elongase was expressed to the greatest extent in testis and liver followed by brain and kidney (49). In rat, two elongases were isolated with one, a PUFA elongase (rELO1), being expressed highly in lung and brain whereas the other, responsible for elongating saturated fatty acids (rELO2), was only expressed in liver (50). The tissue expression analysis in cod also showed that expression of PUFA elongase exceeded $\Delta 6$ desaturase expression. This was in contrast with the situation in salmon where both $\Delta 6$ and $\Delta 5$ desaturase expression exceeded expression of PUFA elongase in all tissues (22). This may be real biological difference between cod and salmon, but

there may be other contributing factors. For example, in salmon, there are at least two other desaturase gene sequences in the genome (Zheng, unpublished data). The entire DNA gene sequences for these two desaturases are not known, and the cDNAs have not been isolated, and so the fatty acid specificities, tissue distributions, and hence possible functions, if any, of these desaturases are not known. The function of the third (FADS3) desaturase gene in humans is also unknown at the present time (47).

Mammalian desaturase genes have been demonstrated to be subject to nutritional regulation. The expression of $\Delta 6$ desaturase in liver was increased in mice fed triolein (18:1n-9), an EFA-deficient diet, compared to mice fed corn oil, a diet rich in 18:2n-6 (45). Similarly, the expression of both $\Delta 6$ and $\Delta 5$ desaturases was 4-fold higher in rats fed a fat-free diet or a diet containing triolein compared to that in rats fed either safflower oil (18:2n-6) or menhaden oil (n-3HUFA) (46). Similar results have been obtained in salmonids with dietary linseed oil (rich in 18:3n-3) increasing the expression of liver $\Delta 6$ desaturase in rainbow trout, and liver $\Delta 5$ desaturase and elongase in Atlantic salmon, compared to levels in fish fed fish oil (20,25). In recent studies, expression levels of both $\Delta 6$ and $\Delta 5$ desaturases were increased in liver of salmon fed a vegetable oil blend (rich in C₁₈ PUFA) compared to levels in fish fed fish oil, but elongase expression was not increased (22,26). In the present study, the expression of $\Delta 6$ desaturase in cod liver and intestine was not significantly increased in fish fed vegetable oil compared to that in fish fed fish oil, although expression of the PUFA elongase was increased in liver by dietary vegetable oil. The expression of the genes was generally reflected in the activity of the HUFA biosynthesis pathway and in the fatty acid compositions of the tissues which showed no evidence of any $\Delta 6$ desaturase or PUFA elongase activity, with 18:4n-3 and 20:4n-3 levels not maintained, and 18:3n-6 levels only very low and 20:3n-6 not observed at all, in fish fed vegetable oil. Previously, increased desaturase expression was reflected in higher enzyme activities in both mice (45) and salmon (25,26). In the only other study on a marine fish, expression of $\Delta 6$ desaturase in sea bream liver was higher in fish fed a

HUFA-free diet compared to that in fish fed a HUFA-rich diet, but activities were not measured in that study (23).

In conclusion, the study described here has demonstrated that Atlantic cod express a fatty acyl desaturase gene, the product of which shows substantial $\Delta 6$ desaturase activity in an heterologous yeast expression system. The $\Delta 6$ desaturase was highly expressed in brain followed by liver, kidney, intestine and all tissues examined. These data reinforce the impression that the poor ability of marine fish, such as cod, to synthesise HUFA is not due to lack of a $\Delta 6$ desaturase, but rather to deficiencies in other parts of the biosynthetic pathway. However, cod hepatocytes and enterocytes showed very little $\Delta 6$ desaturase or HUFA biosynthesis activity. The expression of the $\Delta 6$ desaturase and PUFA elongase genes did not appear to be under significant nutritional regulation, being generally similar in livers and intestine of fish fed the VO diet compared to fish fed the FO diet, with this reflected in unchanged enzyme activities in hepatocytes and enterocytes. Further studies are required to determine why the $\Delta 6$ desaturase appears to be barely functional in cod.

ACKNOWLEDGMENTS

XZ and part of this work were supported by the Biotechnology and Biological Sciences Research Council (BBSRC) of the UK (BB/C51237X/1). CS was supported by a Marie Curie Intra-European Fellowship (MEIF-CT-2006023068). NH was in receipt of a Natural Environment Research Council (NERC) studentship. We thank Dr. J. Gordon Bell for formulation and manufacture of the experimental diets.

REFERENCES

1. Simopoulos, A.P. (2000) Human Requirements for n-3 Polyunsaturated Fatty Acids, *Poult. Sci.* 79, 961-970.
2. Tidwell, J.H. and Allan, G.L. (2002) Fish as Food: Aquaculture's Contribution, *World Aquaculture* 33, 44-48.

3. Tacon, A.G.J. (2004) Use of Fish Meal and Fish Oil in Aquaculture: A Global Perspective, *Aquatic Resources, Culture and Development* 1, 3-14.
4. Pike, I. (2005) Eco-efficiency in Aquaculture: Global Catch of Wild Fish Used in Aquaculture, *Internat. Aquafeed* 8, 38-40.
5. Sargent, J.R. Tocher, D.R. and Bell, J.G. (2002) The Lipids, in *Fish Nutrition*, 3rd edn. (Halver, J.E. and Hardy, R.W., eds.), pp. 181-257, Academic Press, San Diego.
6. Tocher, D.R. (2003) Metabolism and Functions of Lipids and Fatty Acids in Teleost Fish, *Rev. Fisheries Sci.* 11, 107-184.
7. Ghioni, C., Tocher, D.R., Bell, M.V., Dick, J.R. and Sargent, J.R. (1999) Low C₁₈ to C₂₀ Fatty Acid Elongase Activity and Limited Conversion of Stearidonic Acid, 18:4n-3, to Eicosapentaenoic Acid, 20:5n-3, in a Cell Line from the Turbot, *Scophthalmus maximus*, *Biochim. Biophys. Acta* 1437, 170-181.
8. Tocher, D.R. and Ghioni, C. (1999) Fatty Acid Metabolism in Marine Fish: Low Activity of Δ 5 Desaturation in Gilthead Sea Bream (*Sparus aurata*) Cells, *Lipids* 34 (1999) 433-440.
9. Izquierdo, M., Obach, A., Arantzamendi, L., Montero, D., Robaina, L. and Rosenlund, G. (2003) Dietary Lipid Sources for Seabream and Seabass: Growth Performance, Tissue Composition and Flesh Quality, *Aquacult. Nutr.* 9, 397-407.
10. Regost, C., Arzel, J., Robin, J., Rosenlund, G. and Kaushik, S.J. (2003) Total Replacement of Fish Oil by Soybean or Linseed Oil With a Return to Fish Oil in Turbot (*Psetta maxima*). 1. Growth Performance, Flesh Fatty Acid Profile, and Lipid Metabolism, *Aquaculture* 217, 465-482.
11. Kurlansky, M. (1998) *Cod: A Biography of the Fish That Changed the World*. Johnathan Cape, London.
12. Brown, J.A., Minkoff, G. and Puvanendran, V. (2003) Larviculture of Atlantic Cod (*Gadus morhua*): Progress, Protocols and Problems, *Aquaculture* 227, 357-372.
13. Morais, S., Bell, J.G., Robertson, D.A., Roy, W.J. and Morris, P.C. (2001) Protein/Lipid Ratios in Extruded Diets for Atlantic Cod (*Gadus morhua* L.): Effects on Growth, Feed Utilization, Muscle Composition and Liver Histology, *Aquaculture* 203, 101-119.
14. Hemre, G.-I., Karlsen, O., Mangor-Jensen, A. and Rosenlund, G. (2003) Digestibility of Dry Matter, Protein, Starch and Lipid by Cod, *Gadus morhua*: Comparison of Sampling Methods, *Aquaculture* 225, 225-232.
15. Hemre, G.-I., Karlsen, O., Eckhoff, K., viet, K., Mangor-Jensen, A. and Rosenlund, G. (2004) Effect of Season, Light Regime and Diet on Muscle Composition and Selected Parameters in Farmed Atlantic Cod, *Gadus morhua* L., *Aquacult. Res.* 35, 683-697.
16. Lall, S.P. and Nanton, D. (2002) Nutrition of Atlantic Cod, *Bull. Aquacult. Assoc. Can.* 102, 23-26.

17. Pavlov, D., Kjorsvik, E., Refsti, T. and Andersen, O. (2004) Broodstock and Egg Production, in *Culture of Cold Water Marine Fish*. (Moksness, E. Kjorsvik, E. and Olsen, Y. eds.), Blackwell, Oxford.
18. Salze, G., Tocher, D.R., Roy, W.J. and Robertson, D.A. (2005) Egg Quality Determinants in Cod (*Gadus morhua* L.): Egg Performance and Lipids in Eggs From Farmed and Wild Broodstock, *Aquaculture Res.* 36, 1488-1499.
19. Hastings, N., Agaba, M., Tocher, D.R., Leaver, M.J., Dick, J.R., Sargent, J.R. and Teale, A.J. (2001) A Vertebrate Fatty Acid Desaturase With $\Delta 5$ and $\Delta 6$ Activities, *Proc. Natl. Acad. Sci. U.S.A.* 98, 14304-14309.
20. Seiliez, I., Panserat, S., Kaushik, S. and Bergot, P. (2001) Cloning, Tissue Distribution and Nutritional Regulation of a $\Delta 6$ -Desaturase-Like Enzyme in Rainbow Trout, *Comp. Biochem. Physiol.* 130B, 83-93.
21. Hastings, N., Agaba, M.K., Tocher, D.R., Zheng, X., Dickson, C.A., Dick, J.R. and Teale, A.J. (2004) Molecular Cloning and Functional Characterization of Fatty Acyl Desaturase and Elongase cDNAs Involved in the Production of Eicosapentaenoic and Docosahexaenoic Acids from α -Linolenic Acid in Atlantic Salmon (*Salmo salar*), *Mar. Biotechnol.* 6, 463-474.
22. Zheng, X., Tocher, D.R., Dickson, C.A., Dick, J.R., Bell, J.G. and Teale, A.J. (2005) Highly Unsaturated Fatty Acid Synthesis in Vertebrates: New Insights With the Cloning and Characterisation of a $\Delta 6$ Desaturase of Atlantic Salmon, *Lipids* 40, 13-24.
23. Seiliez, I., Panserat, S., Corraze, G., Kaushik, S. and Bergot, P. (2003) Cloning and Nutritional Regulation of a $\Delta 6$ -Desaturase-Like Enzyme in the Marine Teleost Gilthead Seabream (*Sparus aurata*), *Comp. Biochem. Physiol.* 135B, 449-460.
24. Zheng, X., Seiliez, I., Hastings, N., Tocher, D.R., Panserat, S., Dickson, C.A., Bergot, P., Teale, A.J. (2004) Characterisation and Comparison of Fatty Acyl $\Delta 6$ Desaturase cDNAs From Freshwater and Marine Teleost Fish Species, *Comp. Biochem. Physiol.* 139B, 269-279.
25. Zheng, X., Tocher, D.R., Dickson, C.A., Bell, J.G. and Teale, A.J. (2004) Effects of Diets Containing Vegetable Oil on Expression of Genes Involved in Polyunsaturated Fatty Acid Biosynthesis in Liver of Atlantic Salmon (*Salmo salar*), *Aquaculture* 236, 467-483.
26. Zheng, X., Torstensen, B.E., Tocher, D.R., Dick, J.R., Henderson, R.J. and Bell, J.G. (2005) Environmental and Dietary Influences on Highly Unsaturated Fatty Acid Biosynthesis and Expression of Fatty Acyl Desaturase and Elongase Genes in Liver of Atlantic Salmon (*Salmo salar*), *Biochim. Biophys. Acta* 1734, 13-24.
27. U.S. National Research Council (1993) *Nutrient Requirements of Fish*, National Academy Press, Washington D.C.

28. Agaba, M.K., Tocher, D.R., Dickson, C.A., Zheng, X., Dick, J.R. and Teale, A.J. (2005) Cloning and Functional Characterisation of Polyunsaturated Fatty Acid Elongases from Marine and Freshwater Teleost Fish, *Comp. Biochem. Physiol.* 142B, 342-352.
29. Whelan, J.A., Russell, N.B. and Whelan, M.A. (2003) A Method for Absolute Quantification of cDNA Using Real-Time PCR, *J. Immun. Method.* 278, 261-269.
30. Folch, J., Lees, M. and Sloane-Stanley, G.H. (1957) A Simple Method for the Isolation and Purification of Total Lipids from Animal Tissues, *J. Biol. Chem.* 226, 497-509.
31. Christie, W.W. (2003) Preparation of Derivatives of Fatty Acids, in *Lipid Analysis: Isolation, separation and Structural Analysis of Lipids*, vol. 15. pp. 205-225, J. Barnes and Associates, Bridgewater, UK,
32. Tocher, D.R. and Harvie, D.G. (1988) Fatty Acid Compositions of the Major Phosphoglycerides from Fish Neural Tissues: (n-3) and (n-6) Polyunsaturated Fatty Acids in Rainbow Trout (*Salmo gairdneri*, L.) and Cod (*Gadus morhua*) Brains and Retinas, *Fish Physiol. Biochem.* 5, 229-239.
33. Ackman, R.G. (1980) Fish Lipids, part 1, in *Advances in Fish Science and Technology*. (Connell, J.J., ed.), pp. 87-103, Fishing News Books, Farnham.
34. Mourente, G., Dick, J.R., Bell, J.G. and Tocher, D.R. (2005) Effect of Partial Substitution of Dietary Fish Oil by Vegetable Oils on Desaturation and Oxidation of [1-¹⁴C]18:3n-3 and [1-¹⁴C]20:5n-3 in Hepatocytes and Enterocytes of European Sea Bass (*Dicentrarchus labrax* L.), *Aquaculture* 248, 173-186.
35. Bell, J.G., Strachan, F., Good, J. and Tocher, D.R. (2006) Effect of Echium Oil on Growth, Fatty Acid Composition and Metabolism, Gill Prostaglandin Production and Macrophage Activity in Atlantic Cod (*Gadus morhua* L.), *Aquaculture Res.* 37, 606-617.
36. Lowry, O.H., Rosebrough, N.J., Farr, A.L. and Randall, R.J. (1951) Protein Measurement With the Folin Phenol Reagent, *J. Biol. Chem.* 193, 265-275.
37. Ghioni, C., Tocher, D.R. and Sargent, J.R. (1997) The Effect of Culture on Morphology, Lipid and Fatty Acid Composition, and Polyunsaturated Fatty Acid Metabolism of Rainbow Trout (*Oncorhynchus mykiss*) Skin Cells, *Fish Physiol. Biochem.* 16, 499-513.
38. Wilson, R. and Sargent, J.R. (1992) High Resolution Separation of Polyunsaturated Fatty Acids by Argentation Thin-Layer Chromatography, *J. Chromatogr.* 623, 403-407.
39. Stubhaug, I., Tocher, D.R., Bell, J.G., Dick, J.R. and Torstensen, B.E. (2005) Fatty Acid Metabolism in Atlantic Salmon (*Salmo salar* L.) Hepatocytes, and Influence of Dietary Vegetable Oil, *Biochim. Biophys. Acta* 1734, 277-288.
40. Saitou, N. and Nei, M. (1987) The Neighbor-Joining Method. A New Method for Reconstructing Phylogenetic Trees, *Mol. Biol. Evol.* 4, 406-425.

41. Zar, J.H. (1984) *Biostatistical Analysis*, 2nd edn. Prentice-Hall, Englewood Cliffs.
42. Nelson, J.S. (1994) *Fishes of the World*. 3rd edn. John Wiley and Sons, New York.
43. Tocher, D.R., Fonseca-Madrigal, J., Bell, J.G., Dick, J.R., Henderson, R.J. and Sargent, J.R. (2002) Effects of Diets Containing Linseed Oil on Fatty Acid Desaturation and Oxidation in Hepatocytes and Intestinal Enterocytes in Atlantic Salmon (*Salmo salar*), *Fish Physiol. Biochem.* 26, 157-170.
44. Bell, M.V., Dick, J.R. and Porter, A.E.A. (2003) Pyloric Ceca are a Major Site of 22:6n-3 Synthesis in Rainbow Trout (*Oncorhynchus mykiss*), *Lipids* 39, 39-44.
45. Cho, H.P., Nakamura, M.T. and Clarke, S.D. (1999) Cloning Expression and Nutritional Regulation of the Human $\Delta 6$ Desaturase, *J. Biol. Chem.* 274, 471-477.
46. Cho, H.P., Nakamura, M.T., Clarke, S.D. (1999) Cloning Expression and Nutritional Regulation of the Human $\Delta 5$ Desaturase, *J. Biol. Chem.* 274, 37335-37339.
47. Marquardt, A., Stöhr, H., White, K. and Weber, B.H.F. (2000) cDNA Cloning, Genomic Structure, and Chromosomal Localization of Three Members of the Human Fatty Acid Desaturase Family, *Genomics* 66, 175-183.
48. Leonard, A.E., Bobik, E.G., Dorado, J., Kroeger, P.E., Chuang, L.-T., Thurmond, J.M., Parker-Barnes, J.M., Das, T., Huang, Y.-S. and Murkerji, P. (2000) Cloning of a Human cDNA Encoding a Novel Enzyme Involved in the Elongation of Long Chain Polyunsaturated fatty acids, *Biochem. J.* 350, 765-770.
49. Leonard, A.E., Kelder, B., Bobik, E.G., Chuang, L.-T., Lewis, C.J., Kopchick, J.J., Murkerji, P. and Huang, Y.-S. (2002) Identification and Expression of Mammalian Long-Chain PUFA Elongation Enzymes, *Lipids* 37, 733-740.
50. Inagaki, K., Aki, T., Fukuda, Y., Kawamoto, S., Shigeta, S., Ono, K. and Suzuki, O. (2002) Identification and Expression of a Rat Fatty Acid Elongase Involved the Biosynthesis of C18 Fatty Acids, *Biosci. Biotechnol. Biochem.* 66, 613-621.

Legends to Figures

FIG. 1. Comparison of the deduced amino acid sequence of the $\Delta 6$ polyunsaturated fatty acyl desaturase from Atlantic cod with that of $\Delta 6$ and $\Delta 5$ desaturases from Atlantic salmon and human, and the zebrafish $\Delta 6/\Delta 5$ bifunctional desaturase. Deduced amino acid sequences were aligned using ClustalX. Identical residues are shaded black and similar residues are shaded grey. Identity/similarity shading was based on the BLOSUM62 matrix and the cut off for shading was 75%. The cytochrome b_5 -like domain is dot-underlined, the two transmembrane regions are dash underlined, the three histidine-rich domains are solid underlined and asterisks on the top mark the haem-binding motif, H-P-G-G.

FIG. 2. Phylogenetic tree of cod $\Delta 6$ desaturase and desaturases from other fish species (Atlantic salmon, zebrafish, cherry salmon, rainbow trout, seabream, common carp, turbot and tilapia), mammals (mouse and human), fungus (*Mortierella alpina*) and nematode (*Caenorhabditis elegans*). The tree was constructed using the Neighbour Joining method (40) using *CLUSTALX* and *NJPLLOT*. The horizontal branch length is proportional to amino acid substitution rate per site. The numbers represent the frequencies with which the tree topology presented here was replicated after 1000 bootstrap iterations. Sequences marked with an asterisk are not functionally characterized.

FIG. 3. Functional expression of the Atlantic cod putative fatty acyl desaturase in transgenic yeast (*Saccharomyces cerevisiae*). Panels A and C show the fatty acids extracted from yeast transformed with pYES vector without insert and grown in the presence of 18:2n-6 and 18:3n-3. Panels B, D, E and F show the fatty acid compositions of yeast transformed with pYES vector containing the putative desaturase insert and grown in the presence of 18:2n-6, 18:3n-3, 20:3n-6 and 20:4n-3, respectively. The first four peaks in all panels are the main endogenous fatty acids of *S. cerevisiae*, namely 16:0 (1), 16:1n-7 (2), 18:0 (3) and 18:1n-9 (with 18:1n-7 as shoulder) (4). Peak 5 in panels A and B, and peak 7 in panels C and D are the exogenously added substrate fatty acids, 18:2n-6 and 18:3n-3, respectively. Peaks 6 and 8 in panels B and D were identified as the resultant desaturated products, namely 18:4n-3 and 18:3n-6, respectively. Peaks 9 and 10 in panels E and F are the exogenously added substrate fatty acids, 20:3n-6 and 20:4n-3, respectively. Vertical axis, FID response; horizontal axis, retention time.

FIG. 4. Tissue distribution of fatty acyl $\Delta 6$ desaturase and PUFA elongase genes in Atlantic cod. Transcript (mRNA) copy number was determined by quantitative real-time PCR (Q-PCR) and normalized as described in the Materials and Methods Section. Results are expressed as means \pm

SEM (n = 4). L, liver; H, heart; G, gill; WM, white muscle; RM, red muscle; I, intestine; B, brain; A, adipose; S, spleen; K, kidney.

FIG. 5. Effect of diet on highly unsaturated fatty acid (HUFA) synthesis in hepatocytes and caecal enterocytes after feeding the experimental diets for 90 days. Results are means \pm S.D. (n = 4) and represent the rate of conversion (pmol.h⁻¹.mg protein⁻¹) by desaturation/elongation of [1-¹⁴C]18:3n-3 to all desaturated products. There was no significant effect of diet as determined by the Student t-test (41).

FIG. 6. Comparison of highly unsaturated fatty acid (HUFA) synthesis in Atlantic salmon hepatocytes and cod hepatocytes and enterocytes. Presentation of results as described in legend to Fig.5. The salmon data were obtained in salmon smolts of similar size (220g) to the cod in the present trial and assayed at the same time of year (July). The salmon were fed similar FO and VO blend (26). An asterisk denotes a significant effect of diet as determined by the Student t-test (P < 0.05) (41).

FIG. 7. Effect of dietary vegetable oil on the expression of fatty acyl Δ 6 desaturase and elongase genes in liver and intestine (pyloric caeca) from Atlantic cod. Transcript (mRNA) copy number was determined by quantitative real-time PCR (Q-PCR) and normalized as described in the Materials and Methods Section. Results are expressed as means \pm SEM (n = 4). An asterisk denotes a significant effect of diet as determined by the Student t-test (P < 0.05) (41).

TABLE 1
Formulations and proximate compositions of experimental diets^a

	Fish oil	Vegetable oil
Fishmeal ^b	670	670
Soyabean meal ^c	86	86
Wheat ^d	90	90
Vitamin mix ^e	10	10
Mineral mix ^f	24	24
Carboxymethylcellulose	15	15
Fish oil ^g	100	-
Rapeseed oil ^h	-	40
Linseed oil ⁱ	-	40
Palm oil ^j	-	20
Choline chloride	4	4
Antioxidant mix ^k	1	1
<u>Proximate composition</u>		
Protein	50.0 ± 0.1	50.0 ± 0.2
Lipid	15.7 ± 0.1	15.3 ± 0.1
Ash	10.4 ± 0.1	10.4 ± 0.1
Fibre	1.6 ± 0.2	1.6 ± 0.3
Moisture	12.1 ± 0.0	13.3 ± 0.1

^aFormulation in g.Kg⁻¹. Proximate compositions are percentages of total diet and are means ± S.D. (n=3).

^bLT94, Norsemeal Ltd., London, UK.

^cCargill, Swinderbury, UK.

^dJ.D. Martin, Tranent, UK.

^eSupplied (per kg diet): KH₂PO₄, 22g; FeSO₄.7H₂O, 1.0g; ZnSO₄.7H₂O, 0.13g; MnSO₄.4H₂O, 52.8 mg; CuSO₄.5H₂O, 12 mg; CoSO₄.7H₂O, 2 mg.

^fSupplied (mg/kg diet): ascorbic acid, 1000; myo-inositol, 400; nicotinic acid, 150; calcium pantothenate, 44; all-rac-a-tocopheryl acetate, 40; riboflavin, 20; pyridoxine hydrochloride, 12; menadione, 10; thiamine hydrochloride, 10; retinyl acetate, 7.3; folic acid, 5; biotin, 1; cholecalciferol, 0.06; cyanocobalamin, 0.02.

^gFOSOL, Seven Seas Ltd., Hull, UK.

^hTesco, Cheshunt, UK.

ⁱCroda, Hull, UK.

^jUnited Plantations Bhd, Jenderata Estate, Teluk Intan, Malaysia.

^kDissolved in propylene glycol and contained (g/L): butylated hydroxy anisole, 60; propyl gallate, 60; citric acid, 40.

All the other ingredients were obtained from Sigma Chemical Co. Ltd., Poole, Dorset, UK.

TABLE 2
Fatty acid composition of experimental
diets for Atlantic cod (*Gadus morhua*)^a

	Fish oil	Vegetable oil
14:0	6.5	2.6
16:0	15.4	14.3
18:0	1.9	2.5
Total saturated ^b	24.7	20.2
16:1n-7 ^c	6.0	3.1
18:1n-9	11.7	26.4
18:1n-7	2.6	2.5
20:1n-9 ^d	11.1	5.7
22:1n-11 ^e	14.9	6.2
Total monoenes	46.4	43.9
18:2n-6	2.7	10.3
20:4n-6	0.5	0.2
Total n-6 PUFA ^f	3.7	10.7
18:3n-3	1.3	13.6
18:4n-3	2.8	0.9
20:4n-3	0.5	0.2
20:5n-3	8.4	4.0
22:5n-3	0.9	0.3
22:6n-3	10.8	6.1
Total n-3 PUFA ^g	24.8	25.1
Total PUFA ^h	28.9	35.9

^aResults are presented as percentages of total fatty acids by weight and are means of analyses of two samples.

^bTotals contain 15:0, 17:0, 20:0 and 22:0 at up to 0.4%.

^cContains n-9 isomer present at up to 0.1%.

^dContains n-11 and n-7 isomers present at up to 0.4%.

^eContains n-9 and n-7 isomers at up to 1.0%.

^fTotals contain 20:2n-6, 20:3n-6 and 22:5n-6 at up to 0.2%.

^gTotals contain 20:3n-3 present at up to 0.1%.

^hContains C₁₆ PUFA present at up to 0.4%.

TABLE 3

Identity matrix showing the results of a pair-wise comparison between the amino acid sequences of fish and human fatty acyl desaturases^a

	Gilthead		Rainbow	Atlantic	Atlantic	Zebrafish	Human $\Delta 6$	Human $\Delta 5$
	seabream $\Delta 6$	Turbot $\Delta 6$	trout $\Delta 6$	salmon $\Delta 6$	salmon $\Delta 5$	$\Delta 6/\Delta 5$		
Atlantic cod $\Delta 6$	82	77	76	75	76	70	64	56
Gilthead seabream $\Delta 6$		84	76	76	77	68	65	57
Turbot $\Delta 6$			72	72	73	68	62	56
Rainbow trout $\Delta 6$				94	92	65	65	57
Atlantic salmon $\Delta 6$					91	65	65	58
Atlantic salmon $\Delta 5$						64	63	57
Zebrafish $\Delta 6/\Delta 5$							65	56
Human $\Delta 6$								61

^aPercentage of identical amino acid residues

TABLE 4

Total lipid content and fatty acid composition of total lipid from liver, pyloric caeca and flesh (white muscle) of Atlantic cod fed diets containing fish oil (FO) or a vegetable oil blend (VO)^f

Fatty acid	Liver		Pyloric caeca		Flesh	
	FO	VO	FO	VO	FO	VO
Lipid content	58.3 ± 3.1	52.7 ± 5.2	3.1 ± 0.4	3.2 ± 0.5	1.0 ± 0.2	1.0 ± 0.2
14:0	4.5 ± 0.4	2.2 ± 0.2 *	2.9 ± 0.8	1.6 ± 0.2 *	2.0 ± 0.4	1.0 ± 0.1 *
16:0	14.6 ± 0.7	12.1 ± 0.5 *	17.7 ± 0.6	15.2 ± 0.3 *	18.2 ± 0.8	16.1 ± 0.9 *
18:0	2.6 ± 0.5	2.9 ± 0.1	3.4 ± 0.4	4.0 ± 0.6	3.0 ± 0.2	3.5 ± 0.1 *
Total saturated ^b	22.2 ± 0.8	17.5 ± 0.6 *	24.4 ± 0.5	21.2 ± 0.6 *	23.5 ± 0.7	20.8 ± 0.9 *
16:1n-7 ^c	6.6 ± 0.5	3.9 ± 0.4 *	3.2 ± 0.8	2.3 ± 0.4	2.9 ± 0.6	1.6 ± 0.3 *
18:1n-9	18.7 ± 0.7	31.8 ± 1.3 *	11.5 ± 0.6	22.5 ± 2.3 *	11.4 ± 1.8	17.7 ± 1.7 *
18:1n-7	4.1 ± 0.4	3.5 ± 0.1	3.0 ± 0.1	2.7 ± 0.1	2.5 ± 0.2	2.3 ± 0.2
20:1n-9 ^d	12.1 ± 0.9	7.1 ± 0.7 *	6.7 ± 1.1	4.6 ± 0.2 *	4.7 ± 1.2	2.9 ± 0.4 *
22:1	8.4 ± 0.5	3.7 ± 0.4 *	5.7 ± 2.0	3.1 ± 0.6	2.6 ± 1.3	1.4 ± 0.2
24:1n-9	0.6 ± 0.1	0.4 ± 0.0	1.9 ± 0.2	1.4 ± 0.3	0.7 ± 0.1	0.6 ± 0.0
Total monoenes	50.5 ± 0.6	50.4 ± 0.7	32.2 ± 4.3	36.7 ± 2.9	24.8 ± 5.0	26.5 ± 2.2
18:2n-6	3.7 ± 1.0	10.7 ± 0.2 *	2.3 ± 0.3	8.6 ± 1.1 *	2.9 ± 0.2	8.8 ± 0.6 *
20:3n-6	0.5 ± 0.3	0.4 ± 0.4	0.2 ± 0.0	0.3 ± 0.2	0.1 ± 0.0	0.1 ± 0.0
20:4n-6	0.4 ± 0.0	0.2 ± 0.0 *	1.7 ± 0.3	0.9 ± 0.2 *	1.2 ± 0.2	0.8 ± 0.1 *
Total n-6 PUFA ^e	5.1 ± 1.2	11.5 ± 0.5 *	4.7 ± 0.2	10.4 ± 0.9 *	4.7 ± 0.3	10.1 ± 0.6 *
18:3n-3	1.3 ± 0.1	10.9 ± 0.9 *	0.8 ± 0.2	7.4 ± 1.6 *	1.0 ± 0.4	7.3 ± 1.2 *
18:4n-3	2.4 ± 0.1	0.9 ± 0.1 *	1.1 ± 0.3	0.5 ± 0.1 *	1.2 ± 0.3	0.4 ± 0.0 *
20:4n-3	0.6 ± 0.0	0.2 ± 0.0 *	0.5 ± 0.0	0.2 ± 0.0 *	0.5 ± 0.1	0.3 ± 0.0
20:5n-3	7.7 ± 0.6	3.7 ± 0.2 *	11.8 ± 1.0	7.1 ± 0.9 *	13.7 ± 1.9	9.8 ± 0.6 *
22:5n-3	0.9 ± 0.0	0.4 ± 0.0 *	1.2 ± 0.2	0.6 ± 0.1 *	1.5 ± 0.1	1.0 ± 0.1 *
22:6n-3	9.3 ± 1.1	4.5 ± 0.3 *	22.5 ± 3.2	15.2 ± 3.6 *	28.7 ± 3.9	23.0 ± 2.4 *
Total n-3 PUFA ^f	22.2 ± 1.8	20.6 ± 0.9	38.1 ± 3.8	31.2 ± 3.1 *	46.5 ± 4.7	41.8 ± 2.1
Total PUFA	27.3 ± 1.1	32.2 ± 1.1 *	42.8 ± 3.9	41.7 ± 2.2	51.2 ± 4.8	52.0 ± 1.8

^aResults are expressed as percentage of wet weight (lipid content) and percentage of total fatty acids (fatty acid composition) and are means ± S.D. (n=4). Asterisks denote a significant effect of diet on the fatty acid composition of each tissue as determined by the Student's t-test (P < 0.05) (41).

^bTotals include 15:0 and 20:0 present at up to 0.3%.

^cIncludes 16:1n-9 at up to 0.2%.

^dIncludes 20:1n-7 at up to 0.4%.

^eTotals include 18:3n-6, 20:2n-6 and 22:5n-6 present at up to 0.4%.

^fTotals include 20:n-3 present at up to 0.2%.

FIG.1

```

                                     ****
Atlantic cod D6      MGGGGQLTEPVETS-----ACGGR-AASVYTWDEVOKHCHRNQDOWLVINRKVYNVTQWAKRHPGGGLRVI 63
Atlantic salmon D6  MGGGGQQNDSEPAKGDGRGGPGGGLGGSVAVYTWEEVORHSHRGDOWLVIDRKYVYNITQWAKRHPGGGLRVI 70
Atlantic salmon D5  MGGGGQQTESSEPAKGDGLEPDGGQGGSAVYTWEEVORHSHRSQDOWLVIDRKYVYNITQWAKRHPGGGLRVI 70
Zebrafish D6/D5     MGGGGQQTDRITDT-----NGR--FSSYTWEEVOKHCHKGDQWVVERKYVYNVSQWKRHPGGGLRLL 60
Human D6            MGKGGNQEGEAAER-----EVSVPTFSWEEVOKHNLRTDRWLVIDRKYVYNITKWSIQHPGGQLRVI 60
Human D5           MAPDPLAAETAAG-----LTPRYFTWDEVAQRSGCEERWLVIDRKYVYNISEFTRRHPGGSLRVI 59
.....
Atlantic cod D6      SHYAGEDATEAFAFAHPNPKLVOKFLKPLLIGELAVTEPSODRNKNAAVVEDFQALRTRAEGLGLFOAQP 133
Atlantic salmon D6  SHFAGEDATDAFVAFHPNPNFVRKFLKPLLIGELAPTEPSODHGKNAVLVODFQALRNRVREGLLRARP 140
Atlantic salmon D5  SHFAGEDATEAFSAFHLDANFVRKFLKPLLIGELAPTEPSODHGKNAALVODFQALRDHVEREGLLRARL 140
Zebrafish D6/D5     GHYAGEDATEAFAFAHPNLQVVRKYLKPLLIGELEAEPESQDRQKNAALVEDFRALRERLEAECCKTQP 130
Human D6            GHYAGEDATDAFRAFHPDLFVGVKFLKPLLIGELAPEEPSODHGKNSKITEDFRALRKTAEDMDNLFKTNH 130
Human D5           SHYAGQDATDPFVAFHINKGLVKKYMNSLLIGELSPEQPSFEPTKNKELTDDEFRELRATVERMGLMKANH 129
.....
Atlantic cod D6      LFFCLHLGHILLLELLAWMSVWLWGTGWRTLLCSFTLAVAOAQAGWLQHDFGHLSVFKLSRWNHIFHKE 203
Atlantic salmon D6  LFFSLYLGHILLLEBALALGLLWVWGTSWSLTLLCSLMLATSOSQAGWLQHDYGHLSVCKKSSWNHVLHKE 210
Atlantic salmon D5  LFFSLYLGHILLLEBALALGLLWVWGTSWSLTLLCSLMLATSOSQAGWLQHDYGHLSVCKKSSWNHKLHKE 210
Zebrafish D6/D5     LFFALHLGHILLLEAIAFMVMVYFGTGWINTLIVAVILATAQSQAGWLQHDFGHLSVFKTSGMNHLVHKE 200
Human D6            VFFLLLLAHIITALESTAWFTVYFNGWIPTLITAVLATSQAGWLQHDYGHLSVYRKPKNHNLVHKE 200
Human D5           VFFLLYLLHILLLDGAAWLTLWVFGTSELPFLLCAVLLSAVQAGWLQHDFGHLSVFSTSKNHLLHHE 199
.....
Atlantic cod D6      IIGHLKASGNWNHRHFQHHAKPNVFSKDPDVNMLH-VFVVGDIOPVEYGIKKKIKYMPYHHHOHOYFFLV 272
Atlantic salmon D6  VIGHLKASANWNHRHFQHHAKPNVLSKDPDVNMLH-VFVLGDKOPVEYGIKKKIKYMPYHHHOHOYFFLI 279
Atlantic salmon D5  VIGHLKASANWNHRHFQHHAKPNVFRKDPDINSLP-VFVLGDTOPVEYGIKKKIKYMPYHHHOHOYFFLI 279
Zebrafish D6/D5     VIGHLKASAGWNHRHFQHHAKPNIFKKDPDVNMLN-AFVVGNVQPVEYGVKKKIKHLPYNHQHKYFFLI 269
Human D6            VIGHLKASANWNHRHFQHHAKPNIFHKDPDVNMLH-VFVLGEWOPIEYGVKKKIKYLPYNHQHEYFFLI 269
Human D5           VIGHLKAPASWNHMHFQHHAKPNCFRKDPDINMHPFFFALGKILSVELGRQKKNYMPYNHQHKYFFLI 269
.....
Atlantic cod D6      GPPLLPVYFHIQLLRAMFSRRDWDVLAWSMSYLRYFCCYAPFYGLLGSVALISFVRFLSHWFVWVTO 342
Atlantic salmon D6  GPPLLPVFFTIQIFQTMFSORNWDVLAWSMTFYLRFFCSYYPFFGFFGSVALITFVRFLSHWFVWVTO 349
Atlantic salmon D5  GPPLLPVFFFNIIQIFRTMFSORDWDVLAWSMSFYLRFFCCYYPFFGFFGSVALISFVRFLSHWFVWVTO 349
Zebrafish D6/D5     GPPLLPVYFQFIQIFHNMISHGMWVDLLWCISYVRMFLCYTOFYGVFWAIILFNFVRFESHWFVWVTO 339
Human D6            GPPLLPMYFQYQIIMTMIVHKNWVDLAWAVSYIREFITYIPFYGILGALLFLNFIRFLSHWFVWVTO 339
Human D5           GPPALLPLYFQWYIFYFVIQRKKWVDLAWMITFYVREFLTYVLLLGLKAFLGLFFIVRFLSNWFVWVTO 339
.....
Atlantic cod D6      MNHLPMNIDHEKQDWLSMQLSATCNIEOSCFNDWFSGHLNFQIEHHLFPTMPRHNYQVLAPLVRALCEK 412
Atlantic salmon D6  MNHLPMEIDHERHODWLTMQLSGTCNIEOSTFNDWFSGHLNFQIEHHLFPTMPRHNYHLVAPLVRTLCEK 419
Atlantic salmon D5  MNHLPMEMDHERHODWLTMQLSATCNIEOSTFNDWFSGHLNFQIEHHLFPTMPRHNYHLVAPLVRTLCEK 419
Zebrafish D6/D5     MSHLPMNIDYEKNQDWLSMQLVATCNIEOSFNDWFSGHLNFQIEHHLFPTVPRHNYWRAAPRVRALCEK 409
Human D6            MNHIVMEIDQEAYRDWFSSQLTATCNIEOSFNDWFSGHLNFQIEHHLFPTMPRHNLHKTAPLVKSLCAK 409
Human D5           MNHIVMHIDDRNMDWVSTQLQATCNVHKSAFNDWFSGHLNFQIEHHLFPTMPRHNYHKVAPLVQSLCAK 409
.....
Atlantic cod D6      HSIPYQEKTLWRGVADVVRSLKNSGDLWDAYLHK 447
Atlantic salmon D6  HGIPYQVKTLQKAIIDVVRSLKKSGDLWDAYLHK 454
Atlantic salmon D5  HGVPYQVKTLQKGMTDVVRSLKKSGDLWDAYLHK 454
Zebrafish D6/D5     YGVKYQEKTLYGAFADIIRSLEKSGELWDAYLNK 444
Human D6            HGIEYQEKPLLRALLDIIRSLKKSGKLWDAYLHK 444
Human D5           HGIEYQSKPLLSAFADIIHSLESGLWDAYLHQ 444

```

FIG.2

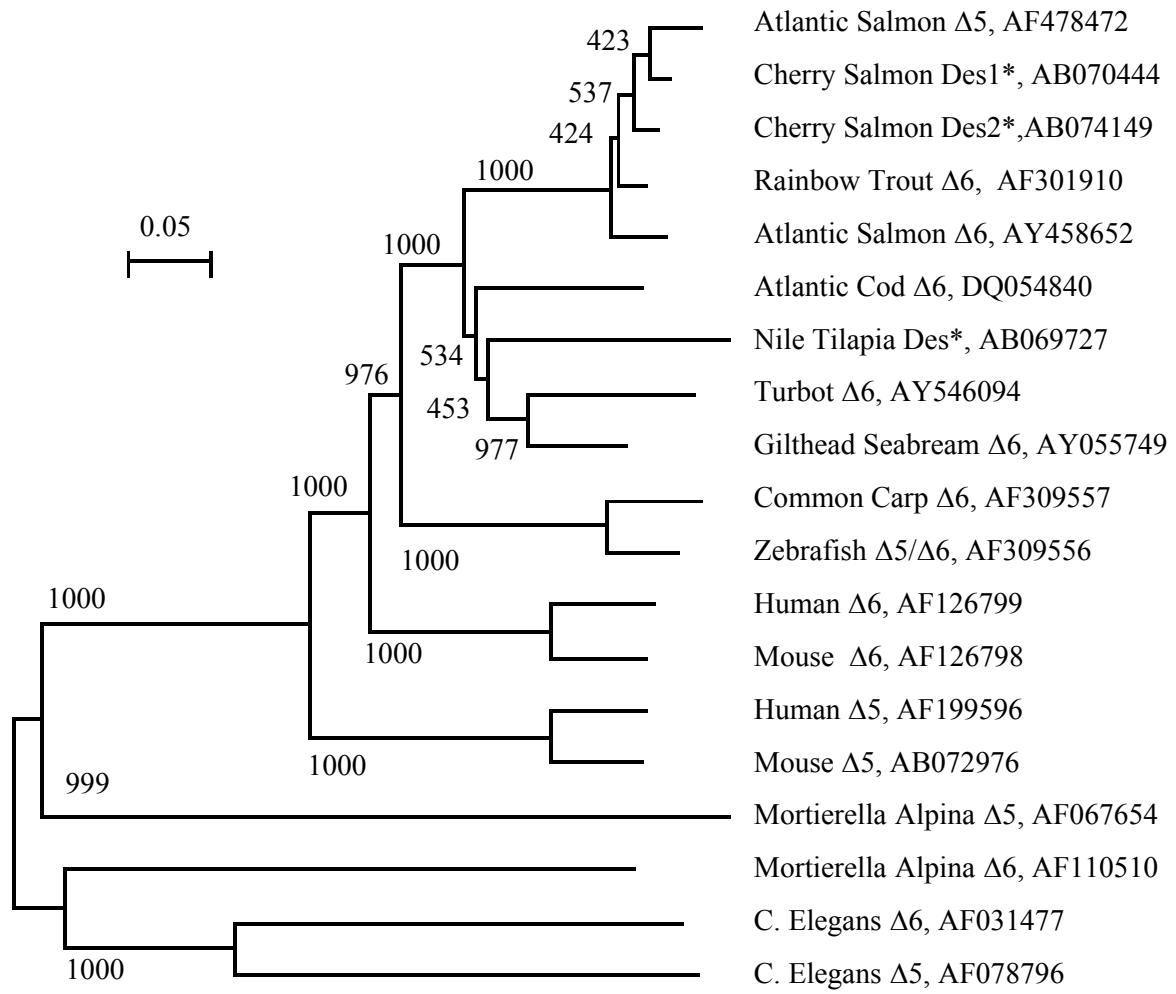
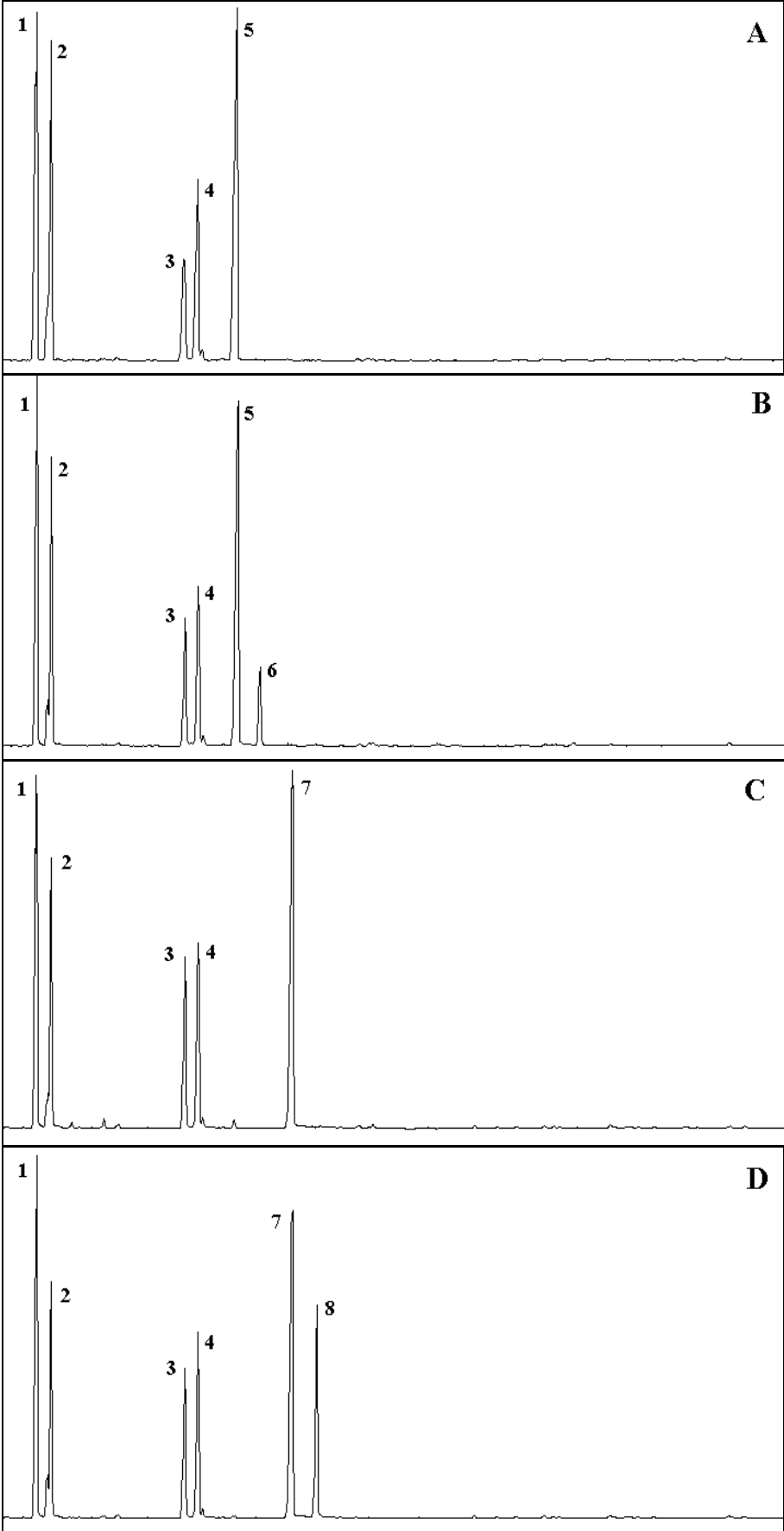


FIG.3



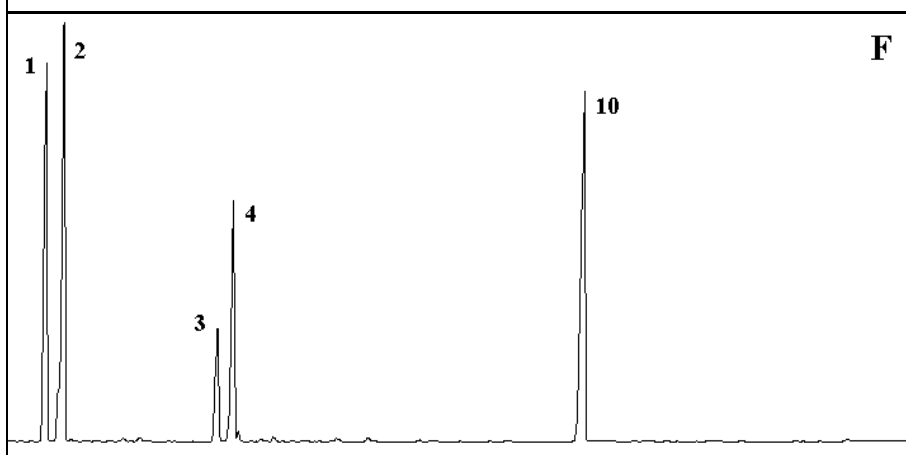
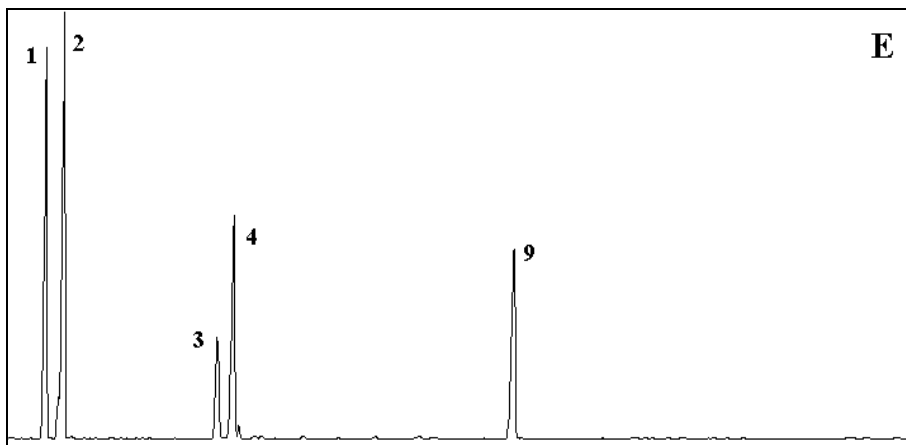


FIG. 4

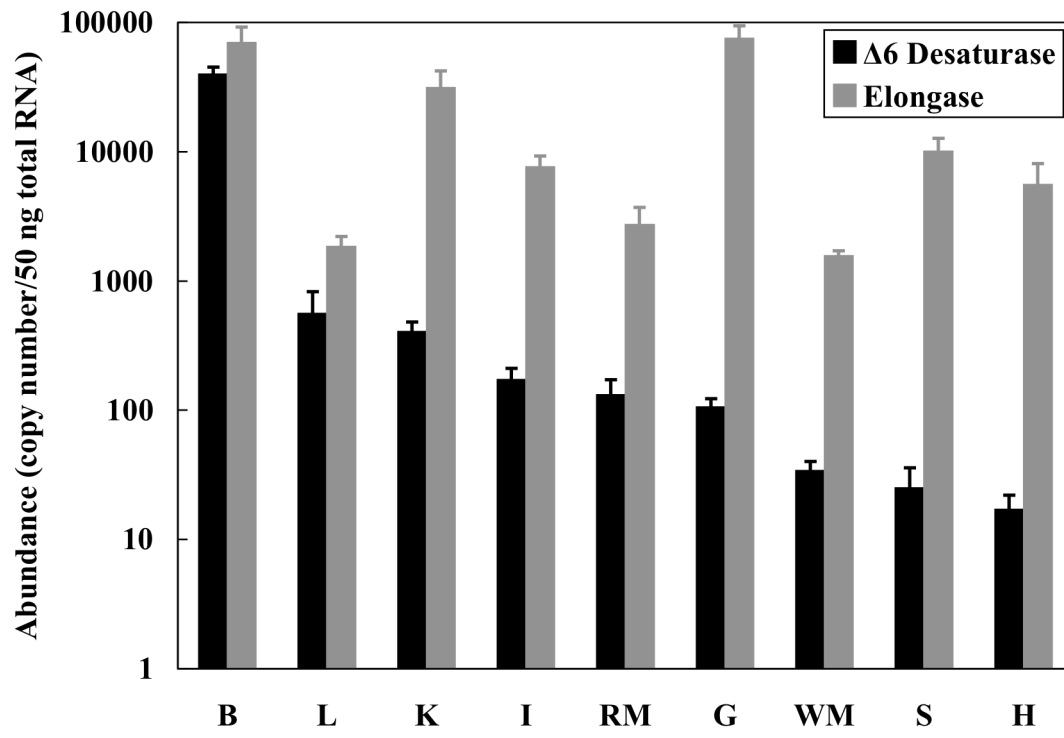


FIG. 5

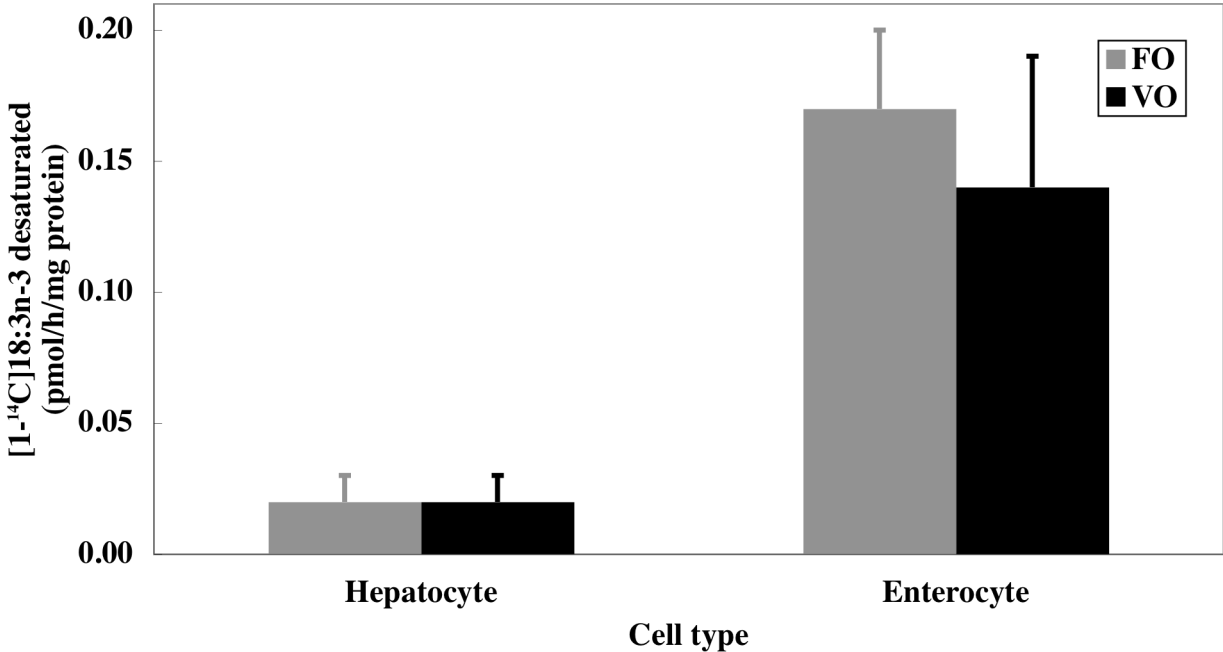


FIG.6

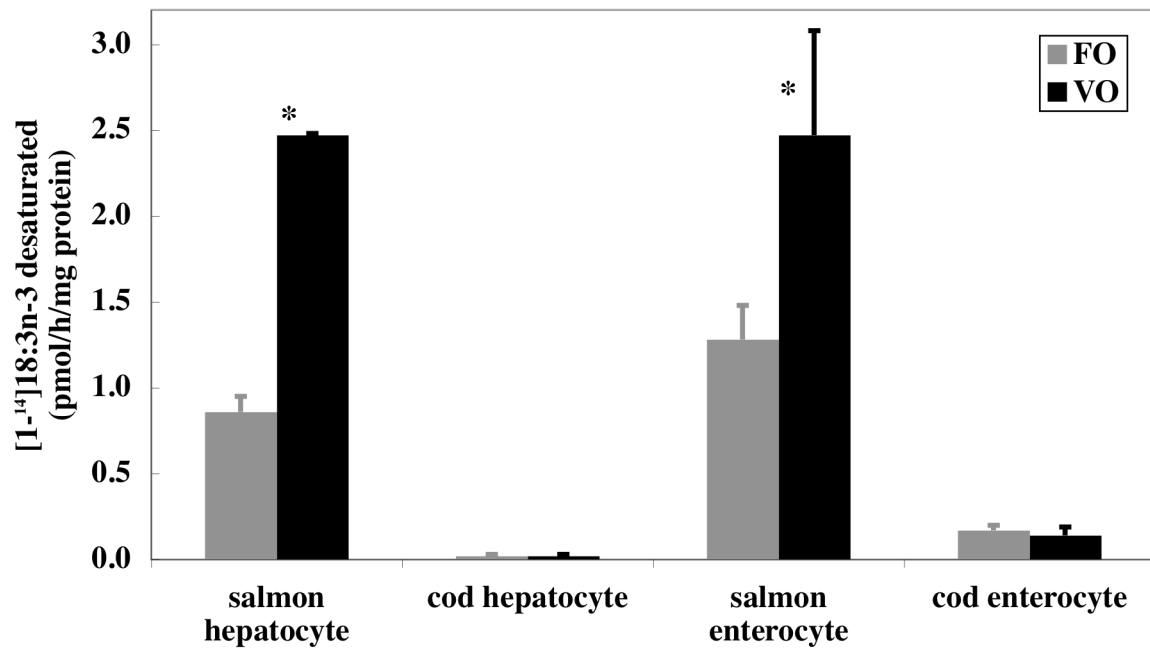


FIG.7

